

## HOW DOES BEING AN INTERGROUP REP HELP MY HOME GROUP?

As a Central Committee Rep, you will be the liaison between Intergroup and your home group.

In order to have an informed group conscience, your home group members need to know all facets of an issue to be able to make good decisions. When they are in touch with other member groups in the area, they learn the latest and most accurate A.A. information, about commitments in their area (so they can all participate in carrying the A.A. message), and any changes in our literature, other groups, etc.

In order for the hand of A.A. to always be there as it states in our Responsibility Statement, each individual A.A. member needs to have the best information available so they can help the alcoholic who doesn't know there is a way out.

As an Intergroup Rep you will be able to pick up flyers for the latest events like group anniversaries, conferences and other special events and bring them back to your group.

Intergroup is called the 'front lines' of A.A. because involvement with us means getting the message out first-hand. If you want to help others, try to get involved. Be a Central Committee Rep.



## HOW CAN I GET INVOLVED?

Before Central Committee; the 1st Sunday of the month, Most of the Committee's meet with the exception of the Convention Committee; also Archives; listed below. (More information in the monthly Bulletin)

Archives—2nd & 4th Monday; 6 PM

Central Committee—1<sup>st</sup> Sunday, 7 PM

Nightwatch—1<sup>st</sup> Sunday, 5:30 PM

Corrections—1<sup>st</sup> Sunday, 5:30 PM

Public Information—1<sup>st</sup> Sunday, 5:30 PM

Education & Participation—1<sup>st</sup> Sunday 5:30

Treatment Facilities—1<sup>st</sup> Sunday, 5:30 PM

Convention Committee— Check Bulletin

If you are free during the day, please come down to the office and help us answer the phones or distribute the literature orders or mail our monthly newsletter. It will jumpstart your sobriety!

**Become a Central Committee Rep and learn first-hand how Intergroup carries the A.A. message to others. Your home group will be more informed and we can better serve the suffering alcoholic**

### Buffalo Central Office

17 Gierlach Street  
Sloan, NY 14212  
Open Monday thru Friday  
9:00AM – 12:30 PM  
2:00 PM – 4:30 PM

Phone: (716)853-0388  
Fax: (716)853-0389  
buffaloaa@hotmail.com

### Web Site:

[www.buffaloaaany.org](http://www.buffaloaaany.org)

# Buffalo Area A.A. Central Office



**HOW  
CENTRAL COMMITTEE  
HELPS CARRY  
THE A.A. MESSAGE  
IN THE  
BUFFALO,  
NIAGARA FRONTIER  
AREA**

## I Am Responsible

**When anyone, anywhere,  
reaches out for help,  
I want the hand of A.A.  
always to be there**

**And for that:  
I Am Responsible**

## HOW DID YOU FIND A.A.? (If you got sober in the area, more than likely Intergroup was involved.)

How did you first hear about Alcoholics Anonymous? If you lived in the Buffalo / Niagara Frontier Area, most likely the Area Central Committee/Office was involved.

### Did you call on the phone?

If you called during the day, the **office staff** or one of our **phone volunteers** answered the phone. If you called after office hours, the **answering attendant service** contacts the **Nightwatch Volunteer**.



They **have** people set up to answer your call. All of these people in service are Intergroup volunteers.

**Buffalo Central Office** phone number was in the telephone book...or on a website?

Also, the **Public Information Committee** they also are responsible for running **Public Service Announcements** and their members attend **Health Fairs** where our brochures are available. They also go to area schools and talk to students about AA.

### Did your doctor or your minister/priest or a judge suggest A.A.?



If so, the **P.I.C./ C.P.C.** (**Public Information/Cooperation with the Professional Committee**) probably helped you. This committee operates with volunteers. Their mission is to inform the professionals in our area about A.A.

## Did you attend A.A. meetings while you were in detox, rehab or a mental institution ?



If so, more than likely Buffalo Central Committee was involved. The

### Treatment Facilities Committee

organizes A.A. meetings in the area institutions every week.

## Did you hear the A.A. message while you were incarcerated in one of our local prisons?



If so, Buffalo Central Committee **Corrections Committee** was responsible for taking meetings behind the walls. We have commitments at area prisons every week. It is by taking a meeting into these facilities that many who cannot otherwise get to a meeting will be granted that same privilege as you have.

## Does your home group know about these service opportunities?



Your group's seventh tradition contributions help Buffalo Central Committee/ Office. Reach out to the still suffering alcoholics in these and many other ways. We are available every day, all day to help those in our area who reach out for help.

Besides your group's monetary support, all of the committees need help.

**THE CENTRAL OFFICE IS HERE FOR YOU!!!**  
**IF YOUR IN THE NEIGHBORHOOD STOP IN,**  
**Enjoy your Archives or Purchase literature**  
**This is YOUR office...**

## WHAT DOES THE BUFFALO CENTRAL OFFICE DO?

Buffalo Central Committee has an office which was established and is maintained by A.A. groups in the area. The office provides services to over 300 groups/ week in our area. The Executive Secretary is paid to keep the office open—Supports 12th step work.



Some of the services provided by the office are:

- Answers telephone calls from alcoholics, family members and members of A.A. fellowship as well as those in the helping professions.
- Publishes an accurate, up-to-date list of A.A. meetings
- Sells, packages and ships GSO and A.A. Grapevine literature as well as anniversary pins & medallions.
- Supports 12-step Committees in their efforts and is the contact for many prisons/ institutions/schools/health fairs, etc.
- Supports Intergroup's Special Events such as the Annual Convention in the Fall .
- Prepares flyers, reports, calendars for the A.A. fellowship and at the Reps meetings
- Keeps accurate records of contributions and thanks each group individually.
- Creates, publishes our monthly newsletter 'New Frontiers'.
- Provides housing, and displays for our area 50, WNY, GSA Archives.
- Maintains group histories and information
- Maintains an active volunteer staff for answering the telephone or helping the office staff.
- Updates Website and on-line schedule
- Greets visitors daily.

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