

# NEW FRONTIERS

A.A. of the Niagara Frontier

April 2019

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



## From Buffalo to Bourbon Street

-- John H.: West Seneca, New York : *From the August 1996 Grapevine magazine; Reprinted w/permission*

I was in New Orleans, on business from Buffalo, New York. The first four nights I hid in my hotel room; the thought of a meeting never entered my mind. Besides, I was okay. I didn't need all those meetings. After all, I had six years of sobriety.

It was my last night in New Orleans, and I'd become restless so I decided to venture out and buy some trinkets for my family. As I headed for Bourbon Street I thought about how good a scotch on the rocks would taste. I quickly dismissed the thought as insane. But the seductive neon lights beckoned me; the-once-passing thought of a drink became an all-consuming compulsion.

I entered the first club I saw; it was filled with scruffy people gyrating to some jazz. The bartender approached, and calmly and without hesitation, I ordered a scotch on the rocks. I gulped it down and ordered another; that euphoric feeling returned. AA was far from my mind. I was entranced with the laughter and music. My world was wonderful!

Later, as I vomited, I felt like a bus belching greasy exhaust. My head pounded and my mind was in park. Looking around through the misty morning light, I discovered I was sitting on the wet cobblestone sidewalk on Bourbon Street. My visit to the legendary New Orleans landmark had come to a shuddering stop. I tried to stand; the not-too-gentle prodding of a policeman's night stick assisted me.

"Let's go, buddy," he said. "You got a hotel?"

"Yeah."

"Move along then!"

I stumbled toward my hotel, glancing at the many clubs; the neon lights were off, the streets were empty, the glamour was gone. Where were all the people, the scantily clad dancers? Where was that great jazz music I had enjoyed so much only hours earlier? The only rhythm I heard now was the thundering beat of my conscience trying to make some sense out of what had happened.

I tried to justify the fiasco or dismiss it as too trivial to worry about. I sheepishly thought, "Who will know?" Some sly scheme would cover it up. These thoughts were soon to be smashed.



*Continued on Page 2*



*Continued from Cover...*

Shameful feelings overwhelmed me as I walked. I'd never been filled with more remorse or disgust. The words of my sponsor echoed in my head. "Call me before you pick up the first drink, not after."

Once in my hotel room, I glanced in the mirror. What was earlier a sharply pressed, tailored suit was now a mass of stains, scuff marks, and wrinkles. I checked my pockets for money; my cash supply was greatly depleted, but, mercifully, my wallet and credit cards were intact.

Waves of fear and desperation washed over me. My hands were trembling and I was sweating. My flight back to Buffalo was to depart in a few hours. My mind raced: how could I pull myself together to get home? I was a wreck.

I managed to shower, pack, and get myself to the airport. Once in the air, the all-too-familiar request of the stewardess rang in my ear.

"Would you like something to drink sir?"

Without hesitation, I responded, "Two scotches!" Was I insane? I rationalized that it was just to calm my nerves.

I arrived in Buffalo, drunk again! My alcoholism was now in full bloom. This lifestyle was to continue for the next ten years. That decade would put me into many mental institutions, diagnosed as manic-depressive, schizophrenic, and psychopathic; it initiated an endless parade of various drugs; it destroyed my ability to separate fantasy from reality and put me in complete denial of my disease of alcoholism. I would lose two wives and all my self-esteem. At the end, I was in the deepest pit of despair.

One day a man from AA came to visit me at the institution I was in. During a spirited exchange, I explained my failure in AA by pointing out that I was different. I was the hopeless case people had so often spoke about.

He quoted a phrase from chapter five, "How it Works": "There are those, too, who suffer from grave emotional and mental disorders, but many of them do recover if they have the capacity to be honest." He said, "You can lie to everyone else but you can't lie to yourself."

We talked for hours. I began to see myself as I really was. When he left, I felt a glimmer of hope. Maybe he's right, I thought; I'll give it an honest try. I finally started to become honest with my doctors and I can't say they were too surprised.

Soon all my medication was discontinued and it was suggested that I attend one of the in-house AA meetings. I had deprived myself of the opportunity to learn and grow in AA by my own self-perceived ideas that I could handle my disease of alcoholism alone, instead of relying on the strength and wisdom of God and the Fellowship of AA.

I crept into the room for my first in-house meeting. I really believed that I would be chastised severely, forced to complete some form of penance, but once more I was wrong! I was greeted warmly with a firm handshake. Those wasted years, my alcoholism, and Alcoholics Anonymous set me up for what are now the best years of my life.

Coming back into AA and finding the acceptance and love I'd sought in a bottle was a relief beyond description. My life in a bottle was driven by ego, self-seeking, and self-centeredness.

In December 1995, I celebrated four years of sobriety. I now believe in a power greater than myself, whom I choose to call God. I believe that sobriety is a journey, not a destination. I'm an alcoholic and a child of God, and I know I'm loved and accepted as both.

I know that my alcoholism waits patiently to surface again. Meetings are the answer! Let me never forget that the priceless gift of sobriety can be lost with a simple thought--"I can do it alone."





April 2019 Archives Article—Prayers in April, and My Irresponsibility – from Lila M (real writer back next month).

Talking moments ago with my newest sponsee about why I have my bank automatically send funds monthly to the General Service Office in NYC and about how I donate to the intergroup my homegroup belongs to, I realized how blessed I am. When I asked if she'd ever gone to intergroup in her five years of sobriety, she asked what that was, so I asked her where schedules come from.

I asked if she knew that there's a 12step phone number where drunks (or professionals) can call for help with alcoholism – and be answered by drunks like me – and she didn't.

I told her intergroup handles those functions and so much more, like organizing the groups to take meetings into jails/prisons/treatment facilities/hospitals – and is responsible for helping the public know we exist so they can steer drunks to actual recovery. She was amazed that we have FOUR Intergroups in these 8 counties of western New York. We discussed Niagara Intergroup covering those tasks for the groups of Niagara Falls, Genesee Wyoming Intergroup does that for groups out in Batavia, NYPenn Intergroup performs those tasks on our southern border and my dear Buffalo Central Committee does what it can for the rest.

But I asked her 'who pays for that work' and her statement, "The Groups?" shows she's far, far more capable of remembering than I am used to!

Then I spoke to her of General Service, and how our delegate for our area gets together ONCE A YEAR with all the other delegates to do the business of AA in just ONE WEEK – which usually happens in April. Then I read her page "S20" from the Service Manual – I love that part about how we drunks "work to keep AA here for the alcoholic stumbling in the darkness one short block from this room. We need it to ensure the recovery of a child being born tonight, destined for alcoholism. We need it to provide, in keeping with our Twelfth Step, a permanent haven for all alcoholics who, in the ages ahead, can find in AA that rebirth that brought us back to life."

She showed me how blessed I am by having a way to give back to AA via the 7th Tradition what has been given to me for now seven years of recovery. She reminded me of my drunken years when I wasn't responsible for even myself. And she reminded me that you readers may not know to pray for our delegate when he's surviving the 18 hour days to do our business in just a short week – so I'm asking you, my friends, that if you pray, to offer a prayer for strength for my dear friend Chuck as he fulfills our directions! I can't wait to see what we drunks decide to do about having a fifth edition big book!!!! We Miracles MAKE History every single

#### 4th STEP:

*"Made a searching and fearless moral inventory of ourselves."*

### Share your Experience, Strength and Hope

Please submit your announcements by the **12th**  
for next month's issue

Articles can be submitted at any time

**e-mail address: buffaloaa@hotmail.com**

or mail to:  
**Buffalo Central Office**  
17 Gierlach Street  
Sloan, New York 14212

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: quotations from "Alcoholics Anonymous", "Twelve Steps and Twelve Traditions" and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc. are subject to Grapevine copyright.)

### Heard @ a Meeting

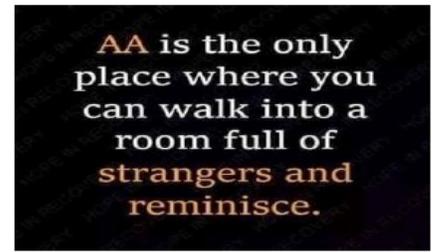
**You can't believe in God  
and play God  
at the same time**

#### IN MEMORIAM Things We Can Not Change

*To all of our members who have lost family and loved ones*  
*John H.: Fry Again Group*  
*Bernie; 18 years ~ New West Side & 7 Clan Groups*  
*Our thoughts and prayers are with you*

## APRIL ANNIVERSARIES

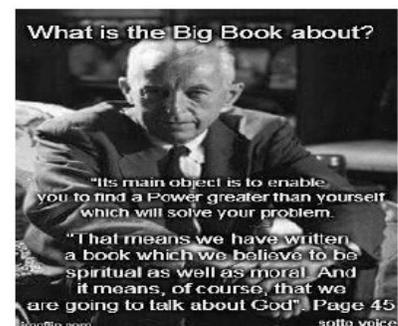
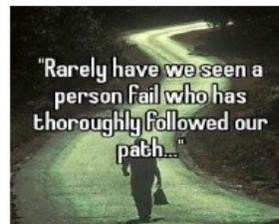
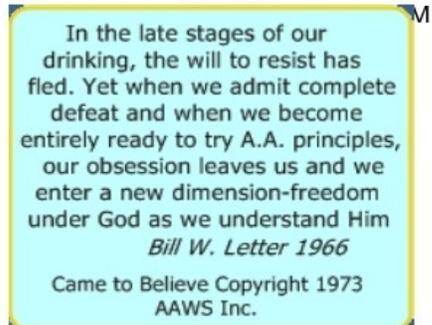
<b>Alexander</b>		<b>Fireside</b>		<b>Remember When</b>	
Augustine C.	21y	Russ	9m	Nelson H.	10y
Greg F.	24y	Barb B.	3y	<b>Rise &amp; Shine</b>	
Vicki B.	28y	Erica J.	3y	Robert	2y
Ron B.	32y	<b>First Step</b>		Tina A.	4y
<b>Acceptance/Welcome</b>		Howard R.	9y	Tom C.	7y
Gabby S.	1y	<b>Fresh Start</b>		Ed P.	17y
Darleen L.	6y	Sandria B.	15y	Sue S.	36y
Starla M.	6y	<b>Golden Slipper</b>		<b>Serenity</b>	
Linda C.	7y	Paul H.	26y	Craig K.	8y
Julia W.	9y	Kurt K.	37y	Robin B.	10y
Joseph O.	11y	<b>Ironhorse</b>		<b>Sheridan</b>	
Harold S.	13y	Justin G.	3y	Caitlin H.	5y
<b>All Is Well</b>		Jerry M.	4y	Jesse D.	5y
Linda J.	2y	<b>Just For Today</b>		Mark H.	25y
Larry F.	8y	Paul C.	24y	<b>Sunday Morning</b>	
Tony V.	9y	Dave M.	30y	<b>Breakfast</b>	
<b>Amherst Snyder</b>		Rita F.	45y	Andy H.	4y
Kevin C.	9m	<b>Kensington</b>		<b>Swormsville</b>	
Katie M.	6y	Sheri M.	3m	Ron S.	3y
Jeff R.	26y	Tim H.	4y	Tom F.	4y
Marty M.	38y	Dick B.	37y	Cindy M.	10y
<b>Any Lengths</b>		Rita F.	46y	Lisa M.	26y
Brian M.	2y	<b>Lakeshore</b>		<b>The Grove</b>	
<b>Coldspring</b>		Walter W.	10y	Erica E.	1y
Wally G.	22y	Terry B.	32y	Chris M.	1y
<b>Courage Group</b>		John B.	32y	Tatina S.	1y
Kathy M.	19y	<b>Lockport #1</b>		Mark F.	1y
<b>Easy Does It</b>		Laurie H.	15y	Mark M.	2y
Margaro	2y	Wally E.	34y	Tommy B.	2y
Justine	5y	Al McC.	48y	Sandie Q.	6y
Eva H.	28y	<b>Main &amp; High</b>		Ed W.	29y
Trish P.	28y	Larry H.	31y	Jerry S.	44y
<b>Eyeopener</b>		<b>Marching Forth</b>		<b>Thruway</b>	
Dave C.	2y	Kay G.	33y	Steve C.	6y
Karen K.	3y	<b>Marilla</b>		Fred S.	32y
Barb B.	3y	Shirley	32y	Bryant G.	34y
Dan Z.	7y	<b>New Life</b>		<b>Williamsville</b>	
Jim S.	9y	Jiggs L.	30y	Mary Claire	6m
Kevin	14y	Roger	31y	Ted W.	9m
Susan Y.	18y	<b>North Buffalo</b>		Kevin	1y
Rick H.	26y	Jonathon J.	2y	Greg K.	3y
Bill F.	28y	Herb N.	5y	Ryan L.	20y
Alan C.	30y	Rachel F.	6y	Doug	22y
Emmet C.	35y	Mike V.	16y	Al McC.	48y
Tammy M.	36y	<b>North Evans Men's</b>			
<b>Eyeopener South</b>		Hank K.	8y		
Ray B.	6m	<b>Purpose</b>			
Scott S.	2y	Ashley W.	3y		
Joanne G.	2y	Kevin C.	18y		
Steve G.	3y	Harold S.	23y		
Susan B.	4y	Dick B.	36y		
Tony V.	9y	Jack G.	41y		
Dean T.	25y	<b>Renaissance</b>			
<b>Helping Hand</b>		Gabby S.	1y		
Nancy T.	39y	Don K.	4y		
<b>Holland</b>		Harold S.	3y		
Julie Ann K.	3y	Caitlin H.	5y		
<b>Eyeopener South</b>		Velvet J.	5y		
Scott S.	2y	Bob M.	7y		
Brady B.	2y	Darlene K.	7y		
Joanne G.	2y	Ann J.	12y		
Bev S.	3y	Tara M.	19y		
Steve G.	3y	Harold S.	23y		
Susan B.	4y	Kate B.	29y		
Tony V.	9y	Jim B.	32y		
		Dick G.	42y		



### GROUPS CELEBRATING

Attraction-49y  
 Big Book Study- 18y  
 Casting-45y  
 Cheektowaga- 62y  
 Contemporary Women-4y  
 East Amherst- 45y  
 First Step; 48y  
 H.I.P.-6y  
 Lewport- 61y  
 Purpose- 44y  
 Ray of Hope- 38y  
 Serenity on the Lake- 20y  
 Victory Women's-14y  
 Welcome- 47y

Please remember to have the anniversaries submitted by the 12th



**PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)**

**BUFFALO CENTRAL OFFICE**  
**ALCOHOLICS ANONYMOUS**  
**(716) 853-0388**  
**9:00 AM- 12:30PM, 2:00 PM- 4:00 PM**

**17 GIERLACH STREET**  
**SLOAN, NEW YORK 14212**  
**Fax: 853-0389**  
**buffalooa@hotmail.com**

*Real-Time schedule? Check your website: [www.buffaloany.org](http://www.buffaloany.org)*

## April 2019

**IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

### MEETING CHANGES

- **NEW GROUP: GRACE & DIGNITY**, Saturday's, 6 PM. WOMEN's. Nickel City Clubhouse, 371 Delaware Ave, Buffalo 14210.
- **VIP Group** is changing its meeting day from Thursday to TUESDAY. Also is changing format from OD to OS. 7 PM. Veterans Hospital, 3495 Bailey Ave, 10th floor, RM 1002B, Buffalo 14215.
- **University Men's Group** has changed its start time to 7:30 PM. University Presbyterian Church, MONDAY & FRIDAY, 3334 Main Street at Niagara Falls Boulevard, Buffalo 14214
- **Age Doesn't Matter on Friday's No Longer Meets**. Tonawanda
- **Sunday Caz MTG has moved** to 1864 Seneca St. Next to Emergency Pizza @7pm Sober Sunday on Seneca. Sober Sunday on Seneca is their new name :)
- **First Step Group NF**, Friday's 8PM, **Has moved** to Holy Trinity Church Hall, **1419 Falls St** , Niagara Falls.
- **Caz Manor** has moved to South Park United Methodist, 2291 South Park Ave., Bflo South 14220. **Now meets M-F**. Also is changing their name to "A Vision For You".
- **Awareness** group has changed its start time to 10:00 AM, Sat. @ Genesis Center, 2161 Seneca St., Bflo South, 14220
- **Alexander Group** has changed their start time to 7:30PM
- **Fireside PM group** will meet at 7 PM, no longer 7:30 PM

### SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

**Apr. 7, Committee Meeting that meet prior to Central Committee 5:30 PM**

**St. Andrew's Church Parish, 111 Crocker & Reiman, Sloan, 14212,**

**Steering Committee (5:30 PM)**

**Public Information Committee meeting**

**Treatment Facilities Committee**

**Corrections Committee**

**Education & Participation**

**Nightwatch Committee**

**Envelope System (6:30 PM)**

**Followed By Central Committee 7:00 PM:**

**(Hosted by Lockport Ladies Group)**

~ Apr. 8 **Convention Committee Planning Meeting**, St. Andrew's Church Parish, 111 Crocker & Reiman, Sloan, 14212

~ Apr. 25 **Internet Presence Committee Meeting**. Central Office, 7:00 PM, 17 Gierlach St., Sloan 14212.

# COMING EVENTS

- ~ Mar. 25, **Dunkirk Monday Night Group 70th Anniversary.** Pot Luck Dinner at 7 pm, Pulled Pork provided. Please bring a dish to share. 8 pm, Speaker. First United Presbyterian Church, 19W. 4th St., Dunkirk 14048.  
**CORRECTED!!!**
- ~ Mar. 29, **Lockport #1- 72nd Group Anniversary. Christ Episcopal Church,** 7145 Fieldcrest Dr. Lockport 14094. Speaker at 8 pm followed by food and fellowship.
- ~ Apr. 6, **District 16 Day of Sharing,** 3 panels: Treatment, Corrections & PIC. 12- 3:30. Lunch supplied. Watermark Wesleyan Campus, 2063 South Creek Rd (GPS: 2063 Shadagee Rd., Eden) 14057.
- ~ Apr. 14 **56th Annual Serenity Palm Sunday Breakfast:** The Saturn Club, 977 Delaware Ave, Buffalo, 14209. Doors open at 9am, breakfast served at 9:30 am, Speaker at 11 am. Tickets \$16. PRESALE TICKETS ONLY. NO TICKETS WILL BE HELD AT THE DOOR OR AVAILABLE FOR PURCHASE AT THE DOOR. (There are a limited number of tickets that will be available to ensure that everyone is able to view and hear the speaker).
- ~ Apr. 20, **GSA District 4 Day of Sharing,** 12pm-3:30 pm. Public Awareness Event. A presentation for community leaders, business owners, health providers, and anyone wanting to know more about Alcoholics Anonymous. St. Andrews Church, Donovan Building (the gym), 1525 Sheridan Drive at Elmwood. Parking in Back.
- ~ Apr. 26-28, **Women of AA Annual Spring Spiritual Weekend at Stella Niagara** - Lewiston.  
Meals and fun provided - see Information and Flyer on website [www.buffaloaaany.org/upcomingevents.htm](http://www.buffaloaaany.org/upcomingevents.htm)
- ~ May 4, **Area 50 Archives Breakfast,** New Location; Leonard VFW Post 6251, 2450 Walden Ave., Buffalo, 14225. Limited quantity of tickets available soon, more information [www.buffaloaaany.org](http://www.buffaloaaany.org) under events.
- ~ May 14 – **Boulevard Helping Hands Anniversary Brunch**  
Oven Baked Omelet's, Eggs, Home fries, Sausage, French toast casserole....  
Coffee, Tea, Juice... Basket Auction (donations welcome) & 50/50 !!  
Come help us celebrate! Wheatfield Community Center: 2800 Church Rd (off Ward Rd) Cost: Requesting \$3 donation.
- ~ Jul 13, **Main & High Day of Sharing,** "Love & Service". 9:30- 3:30PM. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo (across from Anchor Bar) Registration; \$7.00, 50/50, Hot Meal & Refreshments. CD's available.
- ~ July 26-28, **NEW AA WOMENS RETREAT** at Christ the King Seminary –East Aurora  
Only accepting 37 women for this intimate and special experience! ALL single rooms, beautiful setting including lakeside conference center, our own chapel & lounge. **Full refund** available for cancellations up to July 10. **\$145.** Meals included: dinner Friday, 3 meals Sat, and Sunday brunch. For info & registration please email: [retreatnewsaa@gmail.com](mailto:retreatnewsaa@gmail.com) or call 799-4094
- ~ Aug. 3, **AA Zone 7 Picnic, Set Up 9-10:30 am(Need Help...also for breakdown)** Planning Meetings are the last Sat., 11:30 am each month at 200 E. Eagle St. near Michigan Ave., Buffalo. We need all Groups in Zone 7 to help with expenses. For More info call Central Office for contacts.
- ~ Oct. 25-27, **78th Buffalo Fall Convention.** Millennium Hotel, 2040 Walden Ave, Cheektowaga 14225. Flyers & info will be posted when they become available.

## We Now Have a Donate Button on our Website!!!

**4th STEP:** "Made a searching and fearless moral inventory of ourselves."

**4th TRADITION:** "Each group should be autonomous except in matters affecting other groups or A.A. as a whole."

**4th CONCEPT:** At all responsible levels, we ought to maintain a traditional "right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

# General Service Assembly

- ~ Apr. 13 , **GSA Area 50,** Area 50 Pre-Conference Assembly. 10am- 2pm, First Baptist Church, 133 S. Union St. Olean, NY 14760.( Hosted by NY-Penn Intergroup & District 20)
- ~ Apr.. 8 & 22; **2nd & 4th MONDAY** , 6:30PM. Buffalo Central Office, **Archives Work night's.**
- ~ Apr. 20, **Archives Committee Meeting;**(3rd Saturday)10 Am @ Buffalo Central Office, 17 Gierlach St, Sloan 14212. WORKNIGHTS; 2nd & 4th Monday's, 7pm.
- ~ Apr. 24, **GSA District 16 (Southtown's) Meeting.** 7:00 PM( 4th Wednesday), at 2063 Southcreek Rd., Eden 14057.
- ~ Apr. 28; **GSA District 8 Meeting,** 5:00 PM, Brothers of Mercy 4240 Ransom Rd., Clarence.. Use Rear entrance.

ARE YOU A NEW REP FOR  
CENTRAL COMMITTEE  
THERE IS A NEW  
PRESENTATION ORIENTATION  
FOR YOUR FIRST MEETING  
PLEASE COME AT 6:15 PM  
BEFORE  
CENTRAL COMMITTEE  
1ST SUNDAY OF THE MONTH



## Come get involved in the NEW Internet Presence Committee



Every last Tuesday of the month at the Buffalo Central Office  
7:00 PM  
17 Gierlach St.  
Sloan 14212

No  
Tech knowledge  
Needed

**Envelope System**  
"personally helping to ensure AA for the future"

"Every A.A. wants to make sure of his survival from alcoholism, and his spiritual well-being afterward. This is just as it should be. He also wants to do what he can for the survival and well-being of his fellow alcoholics. Therefore he is bound to have a vital interest in the permanence and well-being of A.A. itself."

Bill W., *Language of the Heart*, p. 166  
originally published in the April 1958 Grapevine  
reprinted with permission of The A.A. Grapevine, Inc

## Central Committee Minutes March 3rd 2019

The meeting was opened at 7 PM by our committee chair Raeanne. Everybody then joined in with the responsibility statement and after a moment of silence the meeting started the serenity prayer. The AA preamble, the purpose of central committee

and the 12 traditions were all read.. A motion to accept last month's minutes was made and seconded. (one revision made to minutes under PI/CPS- day of sharing is on April 20th NOT April 12th) After the readings, Jessie spoke on Tradition 3. Come on out to join us next month to hear Joe speak on Tradition 4..38 groups were represented Groups in attendance break down by zones as follows. Zone 1- Buffalo, Main and High, Room to Grow, The Journey Group, Wake Up Call Zone 2 – Acceptance, Brass, Chapter IX, Depth & Weight, Easy Does It, How It Works, Welcome Group Zone 3 – Abbott Men's Discussion, All Is Well, Cheektowaga, Matt Talbot, South Buffalo, Southgate, Thruway, Tuesday Women's Discussion, Valley Zone 4 – Orchard Park Step, Tuesday Men's Discussion, Zone 5- Big Book- Lockport, Kitchen Table, Lock City, Lockport #1, Lockport Ladies, Niagara Frontier Men's Discussion Zone 6 –North Evans Men's, Sobriety Men's Discussion, Zone 7 – Fresh Start, Lovejoy Zone 8–Amherst Snyder, Fireside, Lighten-Up, Stepping Stones- Williamsville, Williamsville.

### Committee reports

#### Envelope System-

Feb-2019 income- \$642.66. Currently 44 members. No new members, down from 66 members in 2018. -Dianne D

#### Steering committee - verbal report given

Financial – See detailed report within this publication

Treatment – 17 people attended. 11 commitments a week. Talked again about good rep of AA Terrace house and 291 Elm last week missed both Thursday and Sunday. Read and bring back up our purpose. Single sheet and pamphlets bought and distributed. Open schedules to pick up remainder of ordered pamphlets. Terrace house wants a call ahead. Room to grow has a fifth week commitment wants a regular monthly commitment asked Rich to switch one of theirs. Books and pamphlets purchase distributed to Detox, Rehab, Terrace, Salvation Army.

Report from Nerassa updated Google Drive

Tuesday women's to take back to group to commit on another six-month in current fourth week Stutzman

Corrections – Met at 5:30 PM eight people were in attendance one new group 6 groups working on getting a more defined list of people that go into the county facilities

-AA correspondence- letters to inmates we need more volunteers

-need more volunteers for bridging the gap

-setting up Calendar for county facilities (doodle)

- discussed bringing back the parole meeting once a month at the county facility

- any groups looking to get involved with corrections please send a rep to the Central committee meeting

#### Central office - Central Office Report; March 3, 2019,

**TOTAL CALL'S INCLUDING AFTER-HOUR'S ; AA Call's: 321, 12-STEP:6, ALANON: 2**

**VISITORS: 272, VOLUNTEERS: 3, Email's:262, Website Hit's; 93763 / of them 7860 Unique Visitors, Total number of visits: 16443..**

**Number of forms received to add to our 12th Step List: None.**

**GROUPS WE ARE IN NEED OF CONTACTS FROM ARE: Sober Trails-6, Ladies Nite Sober-6**

Night watch – no report submitted

PIC/CPC – Five people in attendance. We committed to attend two wellness fairs March 6 at Buffalo Academy visual and performing arts high school and March 20 at Williamsville East high school. We are compiling two letters to be mailed to healthcare facilities and to our legal community. We will get them addressed at our next public information meeting and get them to Terry at central office to have them mailed. Next meeting will be held April 7 at 5:30 PM if you have any questions or concerns please email [Buffalopicpc@gmail.com](mailto:Buffalopicpc@gmail.com) respectfully submitted by Lori H Lockport ladies group

PI/CPC day of sharing hosted by district 4 will be held on April 20 at Saint Andrews church on Elmwood Avenue

(Continued next page)

(Central Committee Minutes Continued... )

**Education/Participation** – The Education and Participation met today at 5:30 pm. This past month, we visited five groups to inform them of the services available to them and encourage them to send a representative to Intergroup. We are also discussing other ways to encourage involvement in service.

We also offer a new Intergroup Representative (IR) Orientation beginning at 6:15 right before Central Committee each month. Today, we had two people in attendance for the orientation. If you are a new IR or would like more information about what we do at Intergroup, please join us next month!

If you are interested in carrying the message of service to AAs throughout the Buffalo region, come to our next committee meeting on Sunday, April 7th at 5:30 pm or e-mail us at [buffaloepc@gmail.com](mailto:buffaloepc@gmail.com).

Yours in service, Hannah W.

**Internet presence committee-** no report submitted

**Buffalo AA Fall Convention 2019** – Convention dates are Oct 25-27. The 2019 Buffalo fall convention has selected a theme for the event: “Spiritual Progress”. Convention committee is now fully staffed. Anyone interested in service should text me at 716-870-6771 to obtain the specific committee chair contact. Color themes are being discussed and it is likely that we will select the colors from the dustcover on the 1st edition of the Big Book- Circus yellow and orange. We will be providing a “social hour” Friday night immediately following the main speaker in place of a Friday night dance. Refreshments will be provided. Additionally we will then be putting on a musical play “I Think I’ll Let Him”. Anyone interested in participation in this event should contact the play director- Claudia 757-869-4158

**Archives** - For Buffalo Central Committee for March 3, 2019 from Area 50 Archives Committee: Thank you for my recovery and the opportunity to be of service in this small way. The Archives Committee reported to 2 of 4 Intergroups in February, had one monthly meeting, displayed Lakeshore Anniversary, and was able to attend two District Day of Sharing. Next Oral History scheduled for March 11th with a North Tonawanda LongTimer that wrote a book on AA in Niagara Falls area.

Thank you to the groups who donate for my opportunity to attend NERAASA with 1005 other registrants in Baltimore, Maryland. Grapevine app is \$1.99/month (less than coffee). 2. Grapevine delivers daily quote for free to email. 3. Diversity truths - GV2014 survey pointed out how we are not in AA an accurate representation of actual our real population (focus efforts towards unserved populace - see GV survey inequalities for further detail).

Donations from Point of No Return, Main & High and Ironhorse were received in January and in February from East Amherst Traditions Group and Ironhorse.

Had display at Lakeshore Group Feb 25 and will display at West Seneca's All Is Well group March 9th, Lockport#1 Match 29th and Buffalo's Rise & Shine on March 30th. March's 22-24 dates will see us at Spring Convention called Cataract City Convention in front of the casino in Niagara Falls with the full display including the full realm of movies.

Please remind any secretaries of groups, committees and any event planning committees to utilize archives as their off-site backup system by sending us their meeting minutes and such.

Still BADLY need a secretary for our once monthly meeting.

Breakfast tickets coming soon – see Tom B. for details. Big WELCOME BACK to our beloved Treasurer Pat M. of the Thruway Group. In love and service, Lila M.

**Accessibility** -

**General Service Liaison** –There was no meeting of the GSA since our last meeting.

Neraasa was last weekend. The body at neraasa discussed some of the agenda items.

Area 50 Committee Meeting @ St John's-Grace Episcopal Church Mar 16 @ 10:00 am – 12:00 pm

There will be a preconference GSA meeting on April 13, 2019. 10:00 am Assembly @ TBD.

Yours in service, Jeff B.

**Old Business: None**

**New Business: None**

**Motion to close**

2019

Cash Flow Statement	Jan-19	Feb-19
Beg Bal Cash on hand	28,013.06	36,024.06
<b>Contributions</b>		
Groups	5,396.72	4,160.97
Central Committee 7th tradition	90.00	45.05
Envelope System	1,962.66	642.66
New Frontiers Subs		110.00
Literature/Medallions/Pins	4,792.50	3,481.75
Literature Sales Tax	330.79	221.03
Literature Postage	40.38	16.01
Sales+/-		64.80
Archives Room Rent.	300.00	
Committee Meetings	5.00	10.00
Misc		
Transfer from PR		
Conventions/Day of Sharing	6,275.00	
<b>Monthly Income</b>	<b>19,193.05</b>	<b>8,752.27</b>
<b>Expenses</b>		
Building Rent/Utilities	1,000.00	1,000.00
Central Com. Rent	35.00	35.00
Payroll Gross	3,054.82	3,054.82
Employment Taxes	261.20	261.20
Unemployment Surchar	(7.08)	(7.08)
NYS Sales Tax		
Insurance		
State Ins Fund(Travelers)		
Health	945.43	711.43
D&O Insurance	1,080.00	863.86
Liability		
Postage	169.95	201.71
Phone/internet	141.00	140.95
Accounting		
Paychex	164.21	51.46
Advt		
Dex YP	137.15	137.15
website		
Local Edge		
Literature Expenses		
Grapevine		
World Services Inc	2,948.40	6,205.75
Hazeldon		
Printers	500.66	
Medallions	184.00	
Office Supplies	198.66	237.00
Copies/ service contract	161.00	161.00
Copier Lease	129.00	129.00
Bank Fee's including credit c	78.65	34.11
GSA Host		
Prudent Reserve		
Workshop		
<b>Monthly Expenses</b>	<b>11,182.05</b>	<b>13,217.36</b>
<b>Monthly Income (Loss)</b>	<b>8,011.00</b>	<b>(4,465.09)</b>
<b>End Balance</b>	<b>36,024.06</b>	<b>31,558.97</b>
Petty Cash	3,000.00	3,000.00
<b>Total Balance</b>	<b>39,024.06</b>	<b>34,558.97</b>
<b>PRUDENT RESERVE</b>	<b>28,153.27</b>	<b>28,153.70</b>
Assets: Literature& Medallions	15,890.77	19,693.77
Literature Receivable:(outstanding)	664.27	1,006.75
Removed from Stock		
<b>Corrections Facilities</b>	<b>2,577.95</b>	<b>2,809.95</b>
Contributions	235.00	243.29
Bank Fee's	3.00	3.00
Expenses		
<b>Balance</b>	<b>2,809.95</b>	<b>3,050.24</b>
<b>Treatment Facilities</b>	<b>1,745.95</b>	<b>2,054.65</b>
Contributions	318.00	88.00
Expenses	6.30	460.00
Bank Fee's	3.00	3.00
<b>Balance</b>	<b>2,054.65</b>	<b>1,679.65</b>

YTD: 2019

9,557.69
135.05
2,605.32
110.00
8,274.25
551.82
56.39
64.80
300.00
15.00
-
-
6,275.00
<b>27,945.32</b>
2,000.00
70.00
6,109.64
522.40
(14.16)
-
-
1,656.86
1,943.86
-
371.66
281.95
-
215.67
274.30
-
-
9,154.15
-
500.66
184.00
435.66
-
322.00
258.00
112.76
-
-
-
<b>24,399.41</b>
<b>3,545.91</b>
-

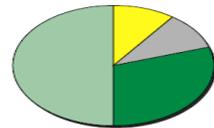
Intergroup wants to express our appreciation for those groups and individuals who have made generous financial contributions, and give a special thank you to all the members who have volunteered their time this year to help the sick and suffering alcoholic.

Bill W. wrote of Intergroup Offices, "Though not costly, these agencies are absolutely essential to our continued expansion—to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that A.A. must everywhere function in full strength—and that, under our Tradition of self-support, we are all going to foot the bill."

"Self-Support: Where Money and Spirituality Mix" pamphlet

### Examples of Group Contributions to A.A. Service Entities

Distribution of funds from groups that support four service entities



10% to district  
10% to area committee  
30% to G.S.O.  
50% to intergroup or central office

50% to Intergroup or Central Office

"We commenced to make many fast friends and a fellowship has grown up among us of which it is a wonderful thing to feel a part of."  
-Bill W.

Concept IV: At all responsible levels, we ought to maintain a traditional "Right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

- Do we understand the spiritual principles underlying the "Right of Participation"?
- What does "in reasonable proportion" mean? Do we understand when it is appropriate for A.A. paid staff to have a vote at the General Service Conference or in our local service structure?
- Do we expect that, because we are A.A. members, we should be allowed to vote at any group, even if we are not active members of that group?

### Spirituality and Money

"While the work of the group treasurer often involves many details, it is important to remember that the money the treasurer oversees serves a spiritual purpose: it enables each group to fulfill its primary purpose of carrying the A.A. message to the alcoholic who still suffers. This is the fundamental work of A.A. and to continue it the group must keep its doors open. The group treasurer is an important part of this Twelfth Step work."

New Frontiers ~ April 2019

GROUP CONTRIBUTIONS 2019

Ann	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		FEB	YEAR	FEB	YEAR	FEB	YEAR
5	7 Clan		0.00		0.00		0.00
5	12 Steps/12 Traditions		0.00		0.00		0.00
1	4th Step Stumblers/F.U.N.		0.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
5	5th Tradition (Youngstown)		0.00		0.00		0.00
4	A Day At A Time		0.00		0.00		0.00
3	Abbott Corners		0.00		0.00		0.00
3	Abbott Men's		0.00		0.00	55.00	55.00
2	Acceptance/Welcome		0.00		0.00		0.00
8	Achievement		0.00		0.00		0.00
4	Action		0.00		0.00		0.00
2	Age Doesn't Matter		0.00		0.00		0.00
5	AKRON AWARENESS		0.00		0.00		0.00
5	ALBION NEW BEGINNINGS	50.00	50.00		0.00		0.00
5	Albion Sunday Grapevine		0.00		0.00		0.00
3	Alexander		0.00		0.00		0.00
	All Is Well		0.00		0.00		0.00
8	Amherst Snyder		0.00		0.00		0.00
6	Amsdell Step		150.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	30.00	60.00		0.00		0.00
4	Arcade/ Yorkshire		0.00		0.00		0.00
6	As Bill Sees It	160.00	160.00		0.00		0.00
8	Attitude Adjustment(Williamsville)		0.00		0.00		0.00
6	Attraction		0.00		0.00		0.00
3	A VISION FOR YOU		0.00		0.00		0.00
3	Awareness		0.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
1	BEACON OF HOPE		0.00		0.00		0.00
7	Beginning In Sobriety II		0.00		0.00		0.00
8	Beginning's Women		100.00		0.00		0.00
5	Big Book Lockport	65.00	65.00		0.00		0.00
6	Big Book Study		0.00		0.00		0.00
3	Blasdel		0.00		0.00		0.00
3	Blasdel Saturday		0.00		0.00		0.00
3	Blasdel Monday		0.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women	10.00	10.00		0.00		0.00
2	Brass		0.00		0.00		0.00
7	Buffalo Group		0.00		0.00		0.00
3	Buffalo Creek		84.00		0.00		0.00
3	By the Wayside		220.00		0.00		0.00
3	By the Book		0.00		0.00		0.00
6	Carry the Message		0.00		0.00		0.00
7	Casting		0.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake- Up Call	140.00	140.00		0.00		0.00
3	Caz Manor Sunday		0.00		0.00		0.00
7	Central City Cafe'		0.00		0.00		0.00
2	Central Park		0.00		0.00		0.00
6	Changing Our Way's		0.00		0.00		0.00
2	Chapter IX		150.00		25.00		25.00
3	Cheektowaga		55.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		0.00		0.00		0.00
1	Commitment		60.00		0.00		0.00
	Contemporary Women		0.00		0.00		0.00
1	Complanters		0.00		0.00		0.00
3	Courage		0.00		0.00		0.00
	Daily Reflections		0.00		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
2	Depth & Weight		90.00		0.00		90.00
6	Derby		0.00		0.00		0.00
6	Desire		0.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
6	Early Bird Step		0.00		0.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst		0.00		0.00		0.00
8	East Amherst Traditions	120.00	120.00		0.00		0.00
4	East Aurora		0.00		0.00		0.00
2	Easy Does It		0.00		0.00		0.00
6	Eden		0.00		0.00		0.00
4	Ellicottville		25.00		0.00		0.00
6	Everybody's		0.00		0.00		0.00
1	Express		0.00		0.00		0.00
8	Eyeopener	371.47	884.60		0.00		0.00
4	Eyeopener South	392.67	392.67	168.29	168.29		0.00
8	Fireside		0.00		0.00		0.00
8	Fireside PM		0.00		0.00		0.00
5	First Step (NF)		0.00		0.00		0.00
	Forestville In The Solution		0.00		0.00		0.00
6	Forestville Sunday Serenity		0.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom		0.00		0.00		0.00
7	Fresh Start		0.00		0.00		0.00
1	Friday Night Lights		0.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS 2019

Ann	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		FEB	YEAR	FEB	YEAR	FEB	YEAR
3	Gardenville		350.00		0.00		0.00
1	GAY & BI MEN LIVING SOBER		0.00		0.00		0.00
8	Georgetown		50.00		0.00		0.00
	Getting Better		0.00		0.00		0.00
6	Gettin With It		0.00		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		300.00		0.00		0.00
5	Golden Slipper		0.00		0.00		0.00
2	Grand		0.00		0.00		0.00
2	Grand II Joy of Living		50.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
8	H.A.N.D.		0.00		0.00		0.00
1	HAPPY HOUR		0.00		0.00		0.00
7	Harmony		16.00		0.00		0.00
4	Helping Hand	25.00	25.00	25.00	25.00	25.00	25.00
8	High Noon		0.00		0.00		0.00
8	High View		0.00		0.00		0.00
4	Hillbilly		0.00		0.00		0.00
1	H.I.P.		0.00		0.00		0.00
6	Holiday Village		0.00		0.00		0.00
4	Holland		100.00		0.00		0.00
2	Honesty		0.00		0.00		0.00
	Hope's Horizon		0.00		0.00		0.00
2	How It Works/Men's	150.00	150.00		0.00		0.00
	I Am Responsible	26.84	61.09		0.00		0.00
3	IF HE WERE SOUGHT		0.00		0.00		0.00
	Independence (NF)		0.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		0.00		0.00		0.00
3	Ironhorse	117.00	218.00		0.00	8.00	16.00
8	IT		0.00		0.00		0.00
3	Just For Today/ Cheektowaga	50.00	50.00		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
4	Keep It Simple Sister		75.00		0.00		0.00
2	Keep IT Comin'		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
2	KEYS OF THE KINGDOM	35.00	35.00		0.00		0.00
5	KITCHEN TABLE AA	48.02	48.02		0.00		0.00
6	Lakeshore		0.00		0.00		0.00
6	Lakeview	75.00	75.00		0.00		0.00
3	Lancaster Dailey Reprieve		0.00		0.00		0.00
5	Lasalle		0.00		0.00		0.00
	Lawyer's		0.00		0.00		0.00
5	LewPort	50.00	50.00		0.00		0.00
2	Liberty Women		50.00		0.00		0.00
4	Life Today		0.00		0.00		0.00
8	Lighten UP		0.00		0.00		0.00
2	LIGHTHOUSE		0.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
	Living Sober		0.00		0.00		0.00
5	Lock City	25.00	25.00		0.00		0.00
5	Lockport #1		0.00		0.00		0.00
5	Lockport Discussion		100.00		0.00		0.00
5	Lockport Ladies		125.00		0.00		0.00
5	Lockport Tuesday		0.00		0.00		0.00
5	Lockview		0.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy		0.00		0.00		0.00
3	LOWBOTTOM		0.00		0.00		0.00
5	Lower River		0.00		0.00		0.00
5	LUNCH BUNCH ALBION		0.00		0.00		0.00
1	Main and High		20.00		0.00		0.00
4	Main Street		0.00		0.00		0.00
8	Maple		0.00		0.00		0.00
3	Marching Forth		0.00		0.00		0.00
4	Manila	37.80	77.80		0.00		0.00
3	Matt Talbot		180.00		0.00		60.00
6	McKinley Winners		36.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		50.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day	60.00	60.00		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
2	Morning After		0.00		0.00		0.00
3	New Beginnings/St. Vincent		0.00		0.00		0.00
5	Newfane Living Sober		0.00		0.00		0.00
5	New Freedom		0.00		0.00		0.00
3	New Life	38.50	77.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		0.00		0.00		0.00



17 Gierlach Street  
Sloan, NY 14212  
buffalaaa@hotmail.com

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