

NEW FRONTIERS

A.A. of the Niagara Frontier

August 2016

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



Step Eight: Made a list of all persons we had harmed and became willing to make amends to them all.

As I continue to live each twenty-four hours in the Fellowship of Alcoholics Anonymous and attempt to practice its principals in all my affairs, one Step seems to play an increasingly important role in my life and in my relationships with others. This quiet but potent Step is Step Eight.

Many people, myself included, tend to lump Steps Eight and Nine together. By doing this, I never really achieved even a glimmer of the humility and love that Step Eight has to offer. Being a person of impatient actions, I was off and running on Step Nine with a simple list of names tightly grasped in my sweaty hand and a bad case of false humility to go along with it. Needless to say, I came home each evening with a battered sense of justice and my tail tucked underneath me.

As usual, I did not read all the words contained in the Step, and, just as I had done in Step One, I read only the first half before jumping to my next Step. The resulting self-induced pain has, however, taught me much about myself and the principles of this simple program.

Going back to Step Eight, I read the words at last, "...became willing to make amends to them all." As I began to absorb what was being said to me, and as I reviewed the first seven Steps leading up to this one, It suddenly became clear what the message was for me and what the hasty mistake of impatient interpretation had cost me in serenity. The word "identify" held the key to my success with this Step. To become willing means to become willing to identify myself in others. I had been using Step Eight not as preparation for Step Nine, which is the carrying out of that willingness, but as a hiding place for my own real fear of my true shortcomings. The purpose of Step Eight for me is not to hide but to identify. In order not to identify, I either condemned or forgave as if I were some kind of standard for comparison. In this Step I receive the humility to "Identify," to see myself in others and to share their burdens and difficulties by sharing myself. In this Step I truly join the human race. My identification becomes my freedom – freedom from fear and anger. When I can identify my own shortcomings in another, the battleground between us is removed.

I cannot make amends when I am still condemning or forgiving myself or the one I am making amends to, because of the judgment this implies. I have always found condemnation to be a lonely road and have always found forgiveness to be a confusing and impossible task. When I forgive someone I guess what I really mean to say is that I admit I judge others. Forgiving and condemning are God's business, not mine. Only he has the mercy to judge and accept at the same time. My job is to achieve enough humility to see myself in others and to accept both myself and others, by identifying. The willingness to make amends will grow from this act of love. When I become "willing to make amends to them all" I am saying to them, "your pain is my pain; when I hurt you, I hurt myself; I will try not to hurt you anymore."

When I have achieved this kind of willingness to identify, my Higher Power has always set up my amends and allowed both of us to grow from the love involved in such an act.

- E. C., Bowling Green, KY. Reprinted with permission from *The Best of the Grapevine*, Vol. 2. Copyright © The AA Grapevine, Inc. (1986).



Tradition 8: “Alcoholics Anonymous should remain forever nonprofessional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we might otherwise have to engage nonalcoholic's. Such special services may be well recompensed. But our usual A.A. Twelfth Step work is never to be paid for.”

When I sobered up my first sponsor told me, “Anytime somebody requests a volunteer for a service opportunity – the answer is always YES. You raise your hand and start doing Twelfth Step work.” I have lived and recovered by that prescription for almost nine years. So when a fellow AA asked me to write a short piece on Tradition Eight, I said yes. I didn’t know what the article was for or what I would even write about, but I knew it was something I would do. And I would do it without expectation of financial compensation because *this is service work*.

As usual, I had no idea what I’d gotten myself into when I agreed to write this testimony. I simply “say yes first and ask questions later.” I wasn’t sure I even had any experience, strength, and hope to share on Tradition Eight. I couldn’t remember the Tradition off the top of my head and I had to look it up. So I read the entire chapter in the *Twelve Steps and Twelve Traditions* and discovered I had been practicing Tradition Eight all along. It turns out this Tradition sets up guidelines pertaining to Step Twelve (not Step Eight like I had imagined).

In the early days of our society there were conflicts over who could be paid for what services within the Fellowship. We argued over what constituted “professionalism”. Some said that accepting money for *any* kind of service work turned it into a “profession” and violated Eighth Tradition. But the Twelve and Twelve clarifies, “Every time we have tried to professionalize our **Twelfth Step** [emphasis added], the result has been exactly the same: Our single purpose has been defeated. Alcoholics simply will not listen to a paid twelfth-stepper.” (166). So nobody paid my sponsor to tell me her story and bring me to meetings, but what about the rest of the work that must be done in order to keep AA alive and functioning?

Several years ago a non-AA friend of mine asked me who was in charge of AA. She wanted to know if there was a president or CEO. I explained to her that there are intergroup offices around the world and the General Service Office (GSO) in New York, but that no *one* person is in charge of how meetings are run. I told her that Night Owl volunteers are not professional interventionists, they are recovering alcoholics who choose to answer phones twenty-four hours a day so that AA can always be reached. She was curious about intergroup so I told her the Saint Paul AA Intergroup Office is a business and has a full-time employee who is paid to work there. “I don’t understand,” she said. “How come some people get paid to work for AA and others don’t? Isn’t there some kind of conflict there?” I didn’t know how to answer her question until today. Through reading our literature I discovered our insightful founders clarified this too in the chapter I mentioned earlier.

“Take the case of the [AA] club janitor and cook. If a club is going to function, it has to be habitable and hospitable. We tried volunteers, who were quickly disenchanted with sweeping floors and brewing coffee seven days a week. They just didn’t show up. Even more important, an empty club couldn’t answer its telephone, but it was an open invitation to a drunk on a binge who possessed a spare key. So somebody had to look after the place full time. If we hired an alcoholic, he’d receive only what we’d have to pay a non-

alcoholic for the same job. The job was not to *do* Twelfth Step work; it was to make Twelfth Step work possible.” (167)

Our founders had the wisdom and willingness to hash out these controversies so that Alcoholics Anonymous might “stay whole” and so survive. The answer is so simple. We are human. A society totally dependent on alcoholics to volunteer their time and resources would surely fail. Our *own experience* showed that we could not keep up regular club maintenance and correspondence when each of us must also make a living and provide for ourselves and our families. Not to mention that each of us is only sober one day at a time and that an alcoholic on a bender is certainly not capable of the kind of selflessness required to care for others. It was only by accepting our human short-comings that we were able to accept help. We must employ these special workers and make sure they are “well recompensed” in order to carry the message of AA.

To this day the GSO answers thousands of letters from hopeless alcoholics and distributes our literature to intergroup offices and new meetings across the country. The Uptown House right here in St. Paul which houses more than four meetings a day, is cared for by live-in alcoholics. Intergroup has been a priceless resource for my own recovery. I go there to buy medallions for sponsee's and sign up for speaking commitments. I can’t imagine what life would be like for the alcoholic if it weren’t for those “special workers” who keep the wheels turning. Today I am filled with renewed gratitude for the miracle of the Program. Because I said ‘yes’ to a service opportunity, I got to learn a little bit more about the Fellowship and deepen my commitment to my own recovery. This Program truly is the gift that keeps on giving.

!!!ATTENTION !!!

Our monthly
Central Committee
meeting **HAS MOVED to:**
St. Michael’s Parish
651 Washington Street
Buffalo, NY 14203

Buffalo Central Office

Help   **HELP WANTED!**

Needs Support 



On August 28, 1954, the 24 Hours a Day book by Richmond W, an AA member, was published by Hazelden. Most do not even notice that it does not wear the title of being “conference approved literature” and yet it remains the second most purchased book for our fellowship. This does create a reason for a pointed article.

It’s worthwhile to address what Barefoot Bill mentions (<http://www.barefootsworld.net/aa24hoursbook.html>) about the writing of this book, in that at first Richmond was writing the material on cards he kept in his pocket to help his own recovery, until 1948 when he wrote this book.

One of the most interesting things in my understanding of A.A. literature is how many view and take offense to whatever is not “conference approved literature”. The 24 Hours a Day book has it never been “AA conference approved” literature; yet it can be purchased at the AA Central Office in Buffalo. Alcoholics Anonymous never tells anyone what to read or not to read; it is up to the individual.

Let us note that at this viewpoint of the A.A. timeline in our lives, most of us are not aware of how many groups published their own literature before A.A. put into practice that there should even be such a thing as “conference approved.” In fact, it was expressed in the 1951 conference report that we stay away from censoring what A.A. literature was produced by the groups.

I find it really crucial to know that Richmond’s home-group published the little meditation book and distributed it all over the country “under the sponsorship of the group”. When that group found in 1954 that they couldn’t keep up with the popular demand for the book, Richmond asked the New York A.A. office to do the printing and distributing – but that office was already overwhelmed by doing its’ job that was growing madly, along with barely coming up with the funding for the Twelve and Twelve published in April of that year. I find it interesting that all profits made by the book were donated by the writer to the New York Inter-group who passed those funds on to the General Service office in New York.

For many years, people in AA had a copy of the Big Book of Alcoholics Anonymous and a 24 Hours a Day book, the pair being where much of their “daily devotional” studying was done. There’s a book from Hazelden that talks about the creation of this book from an Oxford Group prayer book and the writer’s own personal experience after sobering up with the Oxford Group as AA was starting, got drunk and then came back in via AA, providing in this work as his Experience, Strength and Hope. The book shows the massive influence that the Oxford Group had on AA.

Submitted by David C. (Orchard Park Step Group) and Lila McC. (Daily Reflections in Kenmore)

8th STEP; “Made a list of all persons we had harmed, and became willing to make amends to them all.”

Share your Experience, Strength and Hope

Please submit your announcements by the **12th**
for next month’s issue
Articles can be submitted at any time

e-mail address: buffaloaa@hotmail.com

or mail to:
Buffalo Central Office
681 Seneca St (lower)
Buffalo, New York 14210

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: quotations from “Alcoholics Anonymous”, “Twelve Steps and Twelve Traditions” and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc. are subject to Grapevine copyright.)

Heard @ a Meeting

**There is no substitute
for personal responsibility.**

IN MEMORIAM

Things We Can Not Change

To all of our members who have lost family and loved ones

Karen S. ~ 20 years ~ Courage Group

Robert H. ~ 20+years ~ Action Group?

Robert H.:41 years ~ Brothers Of Mercy Group

Jack L ~ Old, Old Timer

Our thoughts and prayers are with you

AUGUST ANNIVERSARIES

Alexander

Deanne Y. 28y

Amherst Snyder

Henry S. 4y
Mary L. 6y
Joe M. 7y
Sam K. 7y
Katie W. 7y
Kevin G. 10y
Pam K. 15y
Mickey G. 26y
Lynn L. 27y
Tom C. 34y

Any Lengths

Aaron L. 1y

Courage

Benjamin G. 4y
Mike B. 9y
Marge B. 27y

Eyeopener

Harold F. 1y
Don K. 1y
Alison F. 1y
EJ 3y
Clare K. 6y
Sean H. 6y
Kim D. 7y
Scott S. 24y
John L. 33y

Eyeopener South

Greg C. 21y

Fireside

Christine H. 2y
John M. 2y
Michele D. 4y
Barbara H. 5y
Paul M. 8y
Nick K. 9y
Todd P. 10y
Connie D. 18y
Maria F. 20y
Craig C. 21y
Don 25y
Pete W. 27y

Fresh Start

Carol S. 6y
Roosevelt M. 10y
Tina C. 16y

Golden Slipper

Pattie S. 6y
Bob S. 29y

H.A.N.D.

Kevin C. 34y

Harmony

Brian T. 9y
Loretta W. 24y
Neil F. 24y
Theresa D. 25y

Holiday Village

Kathy M. 9y
Judy D. 14y
Shirley Z. 25y
Dawn R. 38y

Holland

Mike S. 2y

How It Works

Karl R. 1y
Steve V. 6y
Chuck B. 27y
David N. 28y
John K. 41y

Ironhorse

Amanda S. 4y
Jan B. 6y
Rich T. 23y
Frank M. 29y
Kate K. 34y

Just For Today

Greg 4y

Kensington

Ellie M. 38y

Lakeshore

Tom T. 23y

Lockport #1

Mark H. 14y

Lockview

Bob B. 3y
Jeff M. 8y
Derrick S. 9y

Marrilla

Ron 32y

North Buffalo

Bob C. 4y
Tom W. 4y
Dennis R. 5y
MJ B. 5y
Josh J. 6y
Tina G. 7y
Joe M. 7y
Gordy M. 8y
Zach W. 12y
Barbara S. 14y
Lisa G. 22y
Kathy T. 26y

Orchard Park Step

Jason C. 9m
Gretchen D. 9m
Colleen O. 2y
Karen G. 6y
Tom T. 23y
David C. 32y
Nancy L. 36y

Remember When

Stefon S. 4y
Valerie H. 12y
Debbie B. 16y
Jerome M. 18y

Renaissance

Renee S. 3m
Jane K. 9m
Barb K. 6y
Melissa D. 13y
Fran K. 23y
Randy G. 29y
Mike M. 29y
Patsy N. 46y

Remember When

Stefon S. 4y
Valie H. 12y
Debbie B. 16y
Jerome M. 18y

Rise & Shine

Teresa C. 2y
Ronita J. 4y
Bryan F. 5y
Dave H. 5y
Elaine E. 6y

Rural is Plural

Tom O. 20y

Serenity

Chuck O. 5y
Steve V. 6y
Ross I. 8y
Paul S. 11y
Lucky 40y

Sheridan

Chris D. 1y
Nicole V. 1y
Christie R. 4y
Lisa M. 29y

Springville New Life

Suzy S. 6y

Sunday Morning Br.

Briana B. 3m

Surrender & Hope

Paul S. 11y
Tim T. 17y
Lucky W. 40y

Thruway

Scott S. 24y
Elizabeth B. 31y
Lee R. 36y
Dave B. 38y

Unity

Andy D. 1y

Williamsville

Melanie H. 12y
Scott S. 24y
Alan D. 37y



Group Anniversaries

Age Doesn't Matter:37y
Alden New Life; 41y
As Bill Sees It:27y
Big Book-Lockport:36y
Commitment:13y
Derby:42y
Fresh Start; 33y
Grand:46y
Ironhorse:41y
Lockport Ladies:27y
Marilla:28y
Point of No Return:10y
St. Barnabas:36y
Sunday's Best:17y
3 Legacies:16y
We Care
Youngstown:32y

Please remember to have the anniversaries submitted by the 12th

END OF BUSINESS DAY; 4:30 PM of the month previous

THE KEY



PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM

681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210
Fax: 853-0389
buffalooa@hotmail.com

Real-Time schedule? Check your website: www.buffaloany.org

August 2016

IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.

MEETING CHANGES

- **New Group; Beacon Of Hope**, Lakeshore Behavior Health, 254 Franklin St. Buffalo, 14202 (Upstairs) Tuesday's at 1:15 PM. Open Meeting
- **Feelings Group**; Wed.7:30 Pm, **NO LONGER MEETS**. First Presbyterian Church, 149 Broad St., Tonawanda.
- **New Group; Twelve & Twelve**, Tuesday's, 8:00 PM. St. Joseph's School, Rear door, 2nd Floor, Gowanda, 14070. Open Meeting
- **Lockview Group** will be **moving** across the street on **Friday's** to the same location they meet on Monday's. United Church of Christ Church, 98 East Ave, Lockport 14094.
- **If He Were Sought** now meets **Tuesday, Thursday, & Saturday's, 10PM**, Never Alone Club, 1864 Seneca St., Bflo South, 14210. Open Discussion.
- **New Group; More Friends of Bill W.**; **Friday 6:30 AM**. WNY Counseling, 388 Evans St, Williamsville, 14221. Open Discussion.
- **New Group; All Is Well, Saturday, 10:30 AM**. Fellowship Wesleyan Church, 1645 Southwestern Blvd, (Across from YMCA) West Seneca, 14224. Open Discussion.
- Through the end of September 2016, **Sunday Morning Breakfast** Group will **not be meeting at Cheektowaga Town Park**. We will instead be **meeting at the Alexander Community Center**, 275 Alexander, Cheektowaga. The building is diagonally across the back area from the current meeting. The meeting will continue to meet from 11AM-Noon.

Support AA through the Envelope System:

This is another way to help carry the AA message by making a personal donation.
Please call Central Office for more details; 853-0388

SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

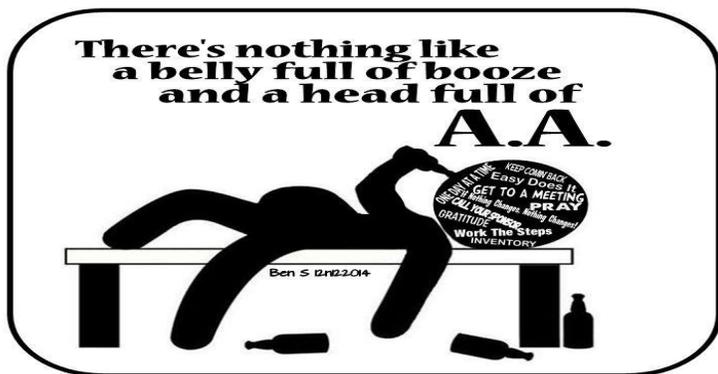
- ~ Aug 3,, **Steering Committee**; **SUNDAY**, 5:00 PM, St. Michael's Parish, 651 Washington St., Buffalo 14203
- ~ Aug 8, **Central Committee Meeting**, **SUNDAY**, 7:00 PM, St. Michael's Parish, 651 Washington St., Buffalo
- ~ Aug 8, **Public Information Committee meeting**, **SUNDAY**, 5:30 PM, St. Michael's Parish, 651 Washington St., Buffalo 14203.
- ~ Aug 8, **Corrections Committee Meeting**, **SUNDAY**, 5:30 PM, St. Michael's Parish, 651 Washington St., Buffalo .
- ~ Aug 8, **Treatment Facilities Committee**, **SUNDAY**, 5:30 PM, St. Michael's Parish, 651 Washington St., Buffalo .
- ~ Aug 13, **Archives Committee Meeting**; **2nd SATURDAY**, 9 AM, Buffalo Central Office
- ~ Aug 13, **General Service Assembly**, **SATURDAY** ,**12 Noon** 6154 E. Morganville Rd., Stafford, NY 14143
- ~ Sept 15, **Convention Committee Meeting**, **3rd Thursday**, 6 PM, Adam's Mark Hotel, .

COMING EVENTS

- ~ Jul 29-31, **NYS Informational Workshop**, The Campus of Canisius College, 2001 Main St., Buffalo, NY 14208. Information & Flyer on website.
- ~ Jul 30, **Friends of Bill W's 6th Anniversary Picnic** at Eastern Park 280 Fillmore Ave, Tonawanda 14150 12. -?, Anniversaries at 3:30. Fun for the family Hawaiian theme, we will provide hot dogs, hamburgers, Italian sausage, salads, desserts, coffee, water, and whatever you bring. Horse shoes, volleyball, kayak launch site, games for the kids. 50/50 This is a free event:)
- ~ Jul 30; **Easy Does It Group Annual Picnic**@ Lincoln Park, Shelter 2. Meeting with anniversaries and an out-of-town speaker at 10:00 followed by a cookout, games, fellowship and fun.
- ~ Aug 26-28; **Sober Trails Pig Roast & Camp Out**. 12897 RT438, Irving 14081. You must supply your own shelter, coolers, food & beverages. Grills permitted. Friday 7:00PM Speaker Meeting, 9:00 Bon Fire & Open Discussion. Saturday 6:00PM & 7:30 PM Speaker, 9:00 Bon Fire Open Discussion. Sunday, 12:00PM & 1:30 Speaker Meeting. Pig Roast 3:00 PM, Please bring a dish to share.
- ~ Sept 30- Oct 2, **Women of AA Annual Fall Spiritual Weekend** at Stella Niagara - Lewiston. Come for a weekend to share sobriety with fellow recovering AA women through speakers, small groups, spiritual advisors and meditation. Information & Flyer on website.
- ~ Oct. 14-16, **75th Buffalo Fall Convention**, Adam's Mark Hotel. 120 Church St, Buffalo, 14202. Info & flyers now on the website; www.buffaloaa.org (under Events)

8th STEP: "Made a list of all persons we had harmed, and became willing to make amends to them all."
8th TRADITION: "Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers."
8th CONCEPT: The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities

Yours in the Fellowship of the Spirit...Terry B.... Executive Secretary



75th Buffalo Fall Convention



October 14th - 16th 2016

Amazing Archives Display & Speakers
Meeting-A-Thon room all weekend!
 All day topic & interest panels, Comfortable new floor plan
 Speaker CDs, New Literature Table, Raffles & 50/50's
 Saturday Night Banquet & Fellowship - Live Entertainment



Our guests this year:
 Don M. - KY, Polly P. - FL, Tina A. - CA
 With Al-Anon and Oldtimers Panels!



Central Committee Minutes July 10th, 2016

The Meeting was opened at 8:08 by Zach with the responsibility statement followed by a moment of silence and the serenity prayer. The AA Preamble was read by: Sean, the purpose of Central Committee was read by: Jenny, and the Twelve Traditions were read by: Mike. The Seventh Tradition was discussed very eloquently by Jill N of Depth & Weight, the topic was set against beautifully soft sunlight filling the room as if it were Gods love, with the cacophony of a symphony created by the melody of dozens of birds outside enjoying a beautiful Sunday evening in downtown Buffalo, NY. Next month the 8th tradition will be discussed by Kristen from 3 Legacies. A motion to accept last month's meeting minutes was brought by Jesse and seconded by Joan .

There were no new group representatives this month. There were 27 groups present. Zone 1: Main and High. Zone 2: Acceptance, Depth & Weight, Friends of Bill W, How it Works, Questions & Answers, Renaissance, Spiritual Progress, Step Action, Three Legacies. Zone 3: Buffalo, Matt Talbot, South Buffalo, Thruway, Tuesday Women's Discussion. Zone 4: Orchard Park Step, Tuesday Men's Discussion. Zone 5: Lockport #1. Zone 6: Carrying the Message, Changing our Ways, Derby, Lakeshore. Zone 7: None. Zone 8: Achievement, Amherst Snyder, Step it Up, Williamsville, Women Making the Effort.

Committee Reports

Envelope System:

Minutes from meeting on June 24th 2016

4:00 PM

5 members were present

1-Finalize Script and Choose Handouts

-Script was reviewed and updated line by line

-Addresses for Central Office, Area 50 and General Services Office were included

-Decisions made regarding which brochures to include in the packet that we leave with home groups following our presentation

2- Begin Assigning Groups for Presentations

-Tabled until new script is finalized

3- Procedure to change "Envelope System name

-No harm in maintaining the name "Envelope System"

-People find comfort in traditions so name change not seen as necessary

-It's more important that group members are educated as to the needs of the organization and how the "Envelope System" helps to solve that need.

Steering Committee: - No written report

Finance – No written report

Treatment – No written report

Corrections: We met today with 7 members in attendance. The Liaisons from Alden, Erie County and State Facilities all gave reports and confirmed their continual support from AA members. As always we could use more (especially with state facilities). If you want to talk further, please contact the chair, Kristine. We also have a Correction presentation completed and will presenting them at groups business meetings. Contact us if you think your group would like to know more about what our committee does. Lastly, at the NYS Informational Workshop on July 30th at 10:30am at Canisius College , Dave N will be on a corrections panel with the topic being "Bridging the Gap" so check it out.

Central Office: Central Office Report; July 2016

TOTAL CALL'S INCLUDING AFTER-HOURS ; AA Call's: 481, 12-STEP: 9,ALANON: 5,

VISITORS: 102, VOLUNTEERS: 3, Email's:364 ,Website Hit's; 93,484/ of them 6,775 Unique Visitors, Total number of visits: 15,471; Number of forms received to add to our 12th Step List: 0

GROUPS WE ARE IN NEED OF CONTACTS FROM ARE: A VISION FOR YOU-6. Reminder, if a group goes a year without a contact person, they will be removed from the schedule.

Communication between the groups and the office are vital to our area. Each group is sent a newsletter with the bulletin of changes and current events within in, to be read at meetings, for the fellowship to stay informed. Yet many groups do not read the bulletin section.

To continue to reach out, we posted our newsletter for free, on the website. Then we took it one step further to help communicate and send the newsletter via Email to anyone that signs up on the website. To date we have 22 people signed up. This month of the 22 sent out only 7 were even opened. Communication is a two-way street. Please help us to help you :)

Night Watch – Rae Anne didn't provide a report just a statement that this committee is need of some members, if you go back through the CC meeting minutes the past year or so, there have been virtually no reports provided, sooooo...

PIC CPC - We have upcoming presentations to the medical students at UB in October, November and December -Getting together as a committee on a day TBD to hang our flyers up on community boards around the area

(Central Committee Minutes Continued...)

-In the process of sending out letters to local high schools to see if the administrations would be interested in having us give a presentation or if there are other ways we could be of service

-Received an invitation to a senior health fair hosted by WNY Independent Living on September 29&30 that we plan on attending

-Two other health fair slots in the works, dates and locations TBD

-Reaching out to Horizon in hopes to give a presentation to the staff

We are a very small committee and could use all of the help we can get, there are many different ways to get involved and to be of service. If you are interested in getting involved or want to learn more about our committee you can contact me or come to our committee meeting the first Sunday of every month, right here at 5:30pm

Current Convention No written report

Archives – No written report

Accessibility - This is something new if anyone is going to be going to a hospital or a facility outside of our area, please get in contact with me so that we can have somebody from that area look you up. An example would be like if you are going to a VA hospital and you're going to have some treatments done there we get somebody from that area to be a buddy to work with you from AA.

NYSIW - We currently have 43 registrants of which 34 for are from outside of Area 50, this represents a great opportunity to fill capacity with local AA's interested in service work. We have one person thus far that has let us know they are arriving by Amtrak. We have produced topics for each panel and have distributed those. Right now we are trying to flesh out the panels by ensuring that as many committee chairs as possible attend, if they do not attend their spot will not be filled and the attending panelists will just receive more time.

Recap

Jenny (Lakeshore) asked envelope system chair how they determine which home groups to visit and provide the topic. The Answer was that they are deferring to which is best for the individual committee members. Jessie asked about how to arrange to have them come to his home group, the answer was yes.

Financial was asked about a flyer that used to exist to drive donations. Terry answered that there is something in a pamphlet about where spirituality and finance mix. And a flyer is available at Central Office.

Pat asked Treatment if they go into hospitals... the answer was they go into ECMC, specifically they go into places where there are drug/alcohol treatment programs

Terry asked Rae Anne if there are meetings of the committee, and was told that Rae Anne has not spoken with the committee chair as of yet so there are no meetings yet. Terry continued that the same people have been answering after hours for months now and should be given relief.

Old Business

No one stood for open Steering committee for Zones 3 or 7. No one stood for GSA liaison.

New Business

A new meeting at 67 E Main St in Gowanda NY at 8pm on Tuesdays called "Twelve and Twelve Group" was voted into the schedule.

The steering committee brought a motion to send Terry B to the Central Committee Seminar in Kansas City in November. In discussion the point was brought up that with Central Committee being in dire financial times is \$1,200 a wise expenditure? Several members brought up that this is considered employee development and that she has benefited in the past. The vote was 16 for and 2 opposed with 4 abstentions. No minority opinion was provided, so the motion carried.

It was brought that we need a co-chair for next year's Fall Convention, no one from zone 5 was able to meet the requirement of 10 years of sobriety. This person needs to come from Zone 5, if no one is found we will move to Zone 6.

Due to the new location of CC, the home group that provides snacks will also need to provide coffee etc. next month is the Brass Group, followed by Williamsville in September.

7th tradition was \$66 this month.

Motion to close was brought and the meeting was closed 8:21

A Declaration of Unity

This we owe to A.A.'s future:
To place our common welfare first;
To keep our fellowship united.
For on A.A. unity depend our lives,



*We are responsible...
when anyone, anywhere,
reaches out for help,
we want the hand of A.A.
always to be there...
and for that,
we are responsible.*

New Frontiers ~ August 2016

Cash Flow Statement	Jan-16	Feb-16	Mar-16	Apr-16	May-16	Jun-16
Reg Bal Cash on hand	16,033.27	14,111.56	10,325.75	15,762.33	17,677.81	19,086.15
Contributions						
Groups	3,560.58	3,931.38	5,443.79	4,462.43	4,227.40	3,117.93
Joint Meeting	72.00	46.40	57.00	82.00	71.00	68.10
Envelope System	1,005.00	532.00	667.00	447.00	637.00	702.00
New Frontiers Subs	20.00	59.00	78.00	72.00	90.00	70.00
Literature/Medallions/Pins	3,123.04	3,157.88	4,859.25	3,385.75	4,663.31	3,238.39
Literature Sales Tax	183.54	193.57	361.69	226.51	330.41	161.81
Literature Postage	9.59	18.85	28.92	20.91	21.12	49.64
Sales +/-	98.02	48.59	(33.38)	117.17	10.00	53.84
Archives Room Rent					270.00	
Com. Meetings at CO	9.00	15.00	24.00	24.00	24.00	11.00
Mail/Misc.						
Acc Credit(Described in letter 6/23/16, Code Drcr)						186.25
Tax Returns						
Transfer from PR			5,000.00			
Income Transfer						
Gratitude Month (NOV)						
Conventions/Day of Sharing						
Monthly Income	8,080.77	8,002.67	16,486.27	8,837.77	10,344.24	7,658.96
Expenses						
Building Rent/Utilities	1,283.79	1,283.79	1,312.49	1,312.49	1,312.49	1,489.41
Payroll Gross	2,769.24	2,769.24	2,769.24	2,769.24	2,769.24	2,796.93
Employment Taxes	270.02	270.02	258.94	252.53	211.86	213.97
Unemployment Surchar	(2.40)	(2.40)	(2.40)	(2.40)	(2.40)	57.60
NYS Sales Tax			3,008.62			896.84
Insurance						
State Ins Fund(Travelers)		312.00				60.00
Health	554.67	535.30	535.30	535.30	535.30	535.30
D&O Insurance	1,071.00					
Liability	1,103.15					
Postage	171.91	628.92	244.90	0.98	400.96	420.00
Phone/Internet	126.07	196.67	138.64	138.64	138.53	138.53
Accounting					1,175.00	
Paychex	200.90	115.13	115.13	121.31	119.48	119.48
Advt						
Talking Phone Book						
Dex Media website	349.80	175.55	175.55	175.55	133.05	181.55
Local Edge		291.60			612.00	
Yellow Pages						
Literature Expenses						
Grapevine		210.00				461.36
World Services Inc	884.76	1,123.03	1,920.80	1,094.85	647.40	1,727.20
Hazelton		1,021.13				
Printers		2,275.00				500.00
Medallions		9.85	105.49			448.33
Petty Cash						
Office Supplies	611.59	40.59	36.99	74.57	445.55	101.98
Copier leasing	209.00	209.00	209.00	209.00	209.00	209.00
Copies/ service contract	161.00	161.00	161.00	161.00	161.00	161.00
Bank Fee's including credit ca	237.98	63.06	60.00	79.23	67.44	75.43
literature returns reimbursement						
Convention add to make Seed \$\$\$		100.00				
CO Seminar						
Monthly Expenses	10,002.48	11,788.48	11,049.69	6,922.29	8,935.90	10,593.91
Monthly Income (Loss)	(1,921.71)	(3,785.81)	5,436.58	1,915.48	1,408.34	(2,934.95)
End Balance	14,111.56	10,325.75	15,762.33	17,677.81	19,086.15	16,151.20
Petty Cash	3,000.00	3,000.00	3,000.00	3,000.00	3,000.00	3,000.00
Total Balance	17,111.56	13,325.75	18,762.33	20,677.81	22,086.15	19,151.20
PRUDENT RESERVE	28,138.32	28,138.77	23,139.18	23,139.18	23,139.96	23,140.33
Assets: Literature& Medallions	11,787.37	14,156.21	12,935.25	11,841.89	11,851.68	10,757.52
Literature Receivable (outstanding)	406.50	532.52	726.18	733.01	333.67	315.14
PIC: Removed from Stock					11.95	
Corrections Facilities	1,928.45	2,047.15	2,149.15	2,206.15	2,516.15	2,378.15
Contributions	270.00	105.00	60.00	323.00	145.00	203.40
Acc Credit(Described in letter 6/23/16, Code Drcr)						23.00
Bank Fee's	3.00	3.00	3.00	3.00	3.00	3.00
Expenses	148.30				280.00	280.00
Balance	2,047.15	2,149.15	2,206.15	2,516.15	2,378.15	2,321.55
Treatment Facilities	655.60	817.60	645.92	827.92	652.92	739.92
Contributions	165.00	391.32	185.00	118.00	370.00	138.68
Acc Credit(Described in letter 6/23/16, Code Drcr)						75.00
Expenses		560.00		280.00	280.00	280.00
Bank Fee's	3.00	3.00	3.00	3.00	3.00	3.00
Balance	817.60	645.92	827.92	652.92	739.92	670.60

YTD: 2016

24,743.51

396.50

3,990.00

389.00

22,427.62

1,457.53

149.03

294.24

270.00

107.00

5,000.00

59,410.68

7,994.46

16,643.13

1,477.34

45.60

3,905.46

372.00

3,231.17

1,071.00

1,103.15

1,867.67

877.88

1,175.00

791.43

1,191.05

903.60

671.36

7,398.04

1,021.13

2,275.00

563.67

1,311.27

1,254.00

966.00

583.14

100.00

59,292.75

117.93

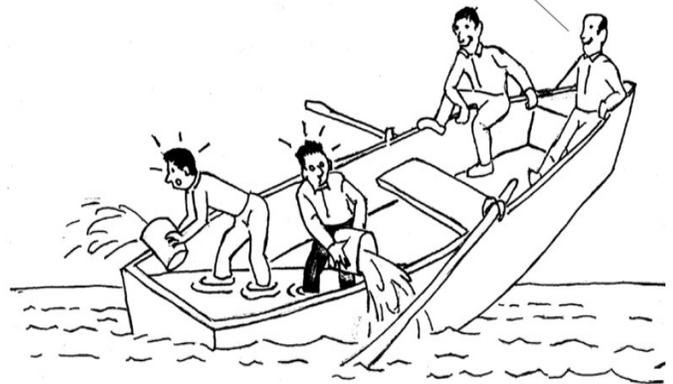
Intergroup wants to express our appreciation for those groups and individuals who have made generous financial contributions, and give a **special thank you** to all the members who have volunteered their time this year to help the sick and suffering alcoholic.

Bill W. wrote of Intergroup Offices, "Though not costly, these agencies are absolutely essential to our continued expansion—to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that AA must everywhere function in full strength—and that, under our Tradition of self-support, we are all going to foot the bill"

"Self-Support: Where Money and Spirituality Mix" pamphlet

To those I may have wronged,
I ask forgiveness.
To those I may have helped,
I wish I did more.
To those I neglected to help,
I ask for understanding.
To those who helped me,
I sincerely thank you so much...

Sure glad the hole isn't at our end.



Concept VIII: The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

- Do we understand the relationship between the two corporate service entities (A.A. World Services, Inc., the A.A. Grapevine) and the General Service Board?
- How can the business term "custodial oversight" apply to the trustees' relationship to the two corporate service entities?
- Does my home group subscribe to G.S.O.'s bimonthly newsletter Box 4-5-9? The A.A. Grapevine? Do I?

New Frontiers ~ August 2016

GROUP CONTRIBUTIONS 2016

Zones	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		JUNE	YEAR	JUNE	YEAR	JUNE	YEAR
			0.00		0.00		0.00
5	7 Clans		0.00		0.00		0.00
5	12 Steps/12 Traditions		0.00		0.00		0.00
1	4th Step Stumblers/F.U.N.		0.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
5	5th Tradition (Youngstown)		0.00		0.00		0.00
2	AA BREAKFAST		0.00		0.00		0.00
4	A Day At A Time		140.00		0.00		0.00
6	A VISION FOR YOU		0.00		0.00		0.00
3	Abbott Corners	50.00	50.00		0.00		0.00
3	Abbott Men's		100.00		0.00		100.00
2	Acceptance/Welcome		200.00		0.00		0.00
8	Achievement		75.00		0.00		75.00
4	Action	100.00	100.00	25.00	25.00	25.00	25.00
2	Age Doesn't Matter		0.00		0.00		0.00
5	Albion Grapevine		0.00		0.00		0.00
5	Albion New Beginnings		0.00		0.00		0.00
3	Alexander		0.00		0.00		0.00
8	Amherst Snyder		162.77		0.00		0.00
6	Amsdell Step		150.00		0.00		0.00
6	Angola Early Bird	67.00	67.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	30.00	180.00		0.00		0.00
4	Arcade		0.00		0.00		0.00
6	As Bill Sees It		230.00		0.00		0.00
8	Attitude Adjustment(Williamsville)		100.00		50.00		50.00
5	Attitude Adjustment(NF)		0.00		0.00		0.00
6	Attraction		130.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
7	Beginning in Sobriety II		0.00		0.00		0.00
8	Beginning's Women		0.00		0.00		0.00
5	Big Book Lockport		50.00		0.00		0.00
6	Big Book Study		40.00		0.00		0.00
3	Blasdell		0.00		0.00		0.00
3	Blasdell Saturday	60.00	90.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women	25.00	25.00		0.00		0.00
2	Brass		10.00		0.00		0.00
7	Buffalo Group		0.00		0.00		0.00
3	Buffalo Creek		40.00		0.00		0.00
	By the Book		0.00		0.00		0.00
3	By the Wayside		125.00		0.00		0.00
6	Carry the Message		0.00		0.00		0.00
7	Casting		0.00		0.00		0.00
	Castle		60.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake-Up Call		400.00		0.00		0.00
3	Caz Manor		0.00		0.00		0.00
3	Caz Manor Sunday		150.00		0.00		0.00
7	Central City Café		75.00		0.00		0.00
6	Changing Our Way's		0.00		0.00		0.00
2	Chapter IX		0.00		0.00		0.00
3	Cheektowaga	100.00	225.00		0.00		0.00
6	Changing Our Way's	50.00	100.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		0.00		0.00		0.00
1	Commitment		0.00		0.00		0.00
8	Common Problem		0.00		0.00		0.00
1	Complanters		0.00		0.00		0.00
3	Courage		50.00		0.00		0.00
2	Daily Reflections		201.50		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
2	Dawn of Hope		0.00		0.00		0.00
2	Depth & Weight	15.00	75.00		0.00		0.00
6	Derby		327.00		0.00		0.00
6	Derby Lunch	30.00	50.00		0.00		0.00
6	Desire		0.00		0.00		0.00
2	Desperate		0.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
6	Early Bird Step		0.00		0.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst		100.00		0.00		0.00
8	East Amherst Traditions	40.00	157.37	10.00	10.00	10.00	10.00
4	East Aurora		400.00		0.00		0.00
2	Easy Does It	30.00	180.00		120.00	30.00	180.00
6	Eden		90.00		0.00		0.00
4	Ellicottville		50.00		0.00		0.00
2	Elmwood		0.00		0.00		0.00
6	Everybody's	33.00	133.00		0.00		0.00
1	Express		0.00		0.00		0.00
8	Eyeopener		835.72		0.00		0.00
4	Eyeopener South	358.50	1216.00	143.40	486.40		0.00
2	Feelings		0.00		0.00		0.00
8	Fireside PM		150.00		0.00		0.00
8	Fireside		516.00		0.00		0.00
5	First Step (NF)		50.00		0.00		0.00
6	Forestville Sunday Serenity	100.00	150.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom		0.00		0.00		0.00
7	Fresh Start		130.00		0.00		0.00
1	Friday Night Lights		0.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS 2016

Zones	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		JUNE	YEAR	JUNE	YEAR	JUNE	YEAR
2	Friends of Bill W.		50.00		50.00		50.00
3	Gardenville		220.00		0.00		0.00
8	Georgetown		0.00		0.00		0.00
	Getting Better		9.00		0.00		0.00
6	Gettin With It		0.00		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		737.00		0.00		0.00
5	Golden Slipper		150.00		0.00		0.00
2	Grace Point		0.00		0.00		0.00
2	Grand		0.00		0.00		0.00
2	Grand II Joy of Living		100.00		0.00		0.00
2	Grateful		25.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
8	H.A.N.D.		0.00		0.00		0.00
7	Harmony		15.00		0.00		0.00
4	Helping Hand		50.00		0.00		0.00
8	High Noon		700.00		0.00		0.00
8	High View		0.00		0.00		0.00
4	Hillbilly		100.00		40.00		0.00
1	H.I.P.		0.00		0.00		0.00
6	Holiday Village		0.00		0.00		0.00
4	Holland		0.00		0.00		0.00
6	Honest Solutions		90.00		0.00		0.00
2	Honesty		0.00		0.00		0.00
	Hope's Horizon		0.00		0.00		0.00
	How It Works/Men's	50.00	250.00		0.00		0.00
1	HUDSON & WADSWORTH		0.00		0.00		0.00
3	IF HE WERE SOUGHT		0.00		0.00		0.00
	Independence (NF)		50.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		0.00		0.00		0.00
3	Ironhorse		657.00		0.00		19.00
8	IT		0.00		0.00		0.00
3	Just For Today/ Cheektowaga	70.00	150.00		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
4	Keep It Simple Sister		0.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
6	Lakeshore	100.00	680.00		0.00		0.00
6	Lakeview		75.00		0.00		0.00
3	Lancaster Dailey Reprieve		50.00		0.00		0.00
	Lawyer's		0.00		0.00		0.00
5	LewPort		0.00		0.00		0.00
2	Liberty Women		75.00		0.00		0.00
4	Life Today		0.00		0.00		0.00
8	Lighten UP		200.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
	Living Sober		50.00		0.00		0.00
5	Lock City		0.00		0.00		0.00
5	Lockport #1		100.00		0.00		200.00
5	Lockport Discussion		0.00		0.00		0.00
5	Lockport Ladies		100.00		0.00		0.00
5	Lockport Tuesday		0.00		0.00		0.00
5	Lockview		0.00		0.00		0.00
7	Love		25.00		0.00		0.00
7	Lovejoy		0.00		0.00		0.00
5	Lower River		50.00		0.00		0.00
1	Main and High		30.00		0.00		0.00
4	Main Street		100.00		0.00		0.00
8	Maple		0.00		0.00		0.00
3	Marching Forth	25.00	50.00		0.00		0.00
4	Manilla	35.00	195.00		0.00		0.00
3	Matt Talbot	150.00	450.98		0.00		0.00
6	McKinley Winners		0.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		20.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day		0.00		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
2	Morning After		300.00		0.00		0.00
2	Mustard Seed II		0.00		0.00		0.00
3	New Beginnings/St. Vincent		0.00		0.00		0.00
5	Newfane Living Sober		25.00		0.00		0.00
5	New Freedom		0.00		0.00		0.00
5	New International		0.00		0.00		0.00
3	New Life		125.00		0.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		35.00		0.00		0.00
2	North Buffalo		100.00		0.00		0.00

681 Seneca St. (Lower)
Buffalo, NY 14210
buffalooa@hotmail.com

RETURN SERVICE REQUESTED

NON-PROFIT ORG.
US POSTAGE PAID
PERMIT # 53
BUFFALO, NY

**Have The New Frontier's delivered
To your home every month**



NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP** _____

Suggested Contributions for SUBSCRIPTIONS;
MAKE CHECKS PAYABLE TO: BUFFALO CENTRAL OFFICE, 681 SENECA ST.,
BUFFALO, NY 14210

1	copy	\$10.00	20 copies	\$60.00
2	copies	13.00	30 copies	80.00
5	copies	24.00	40 copies	100.00
10	copies	40.00		
15	copies	50.00		