

NEW FRONTIERS

A.A. of the Niagara Frontier

May 2017

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



SPIRITUAL BANKRUPTCY AND SPIRITUAL AWAKENING

Recently there was an email that contained a story that made me think about our program of recovery. Here is a summary of the story:

The CEO of a large toothpaste manufacturing plant has a problem. The machine that puts the filled tubes into the individual boxes is not operating correctly. Very frequently the machine missed a box which was sealed and sent empty to the automated shipping machine. Thus, empty boxes are sent to retailers. The retailers are upset, customer satisfaction declined, the shipping and handling costs of replacing the empties were rising and company profits are declining. The CEO called together his engineering staff and demanded a solution. Finally an expensive high tech scale is purchased that weighs each row of boxes prior to packing. If the row doesn't meet the correct weight the production line stops, an alarm sounds, and a technician from the machine maintenance department is called. After the tech identifies and removes the empty everything starts up - till the next "empty" comes along. Within a few weeks the retailers are no longer getting empties, customer satisfaction rises, and profits were on the upswing.

The CEO was pleased and took a walk through the plant to see the new operation. When he got to the high tech scale he spotted a large box fan sitting on a stool, blowing a strong breeze over the

scale. He turned to a nearby machine operator and says "What's this for?" "Oh," says the operator, "the techs got tired of having to walk across the plant to remove an empty box. So they put a fan there. It just blows the empty box off the scale."

The CEO, engineers and techs in the story did not see the real problem- the machine filling the boxes was not working right. Each found a solution to the symptom but did not fix the problem. Before I came to AA I tried to fix many of the symptoms alcoholism manifesting in my life. I tried to fix a broken marriage. To feel better about myself - I earned a college degree and got better jobs. I tried the "religious cure" of super activity in my church. I tried to control where I drank to avoid another DWI. And for a short time I even stopped drinking in an effort to make things better. But I was never able to see the real problem- spiritual bankruptcy.

Once AA began to identify the source of my problem and apply the solution of the Twelve Steps leading to a spiritual awakening, my life began to "show a profit." I have seen so many people just try to fix the symptom and not deal with the problem. I am so grateful that AA fixes the problem not the symptoms.

~Anonymous~



FREE AT LAST, FREE AT LAST

By Frank W.; Preston Group, Dallas

Over the 31 years I've been sober, I have heard many people share their dread of doing the Fourth and Fifth Steps.

That, however, has not been my experience.

Because I was misinformed, lazy and overly self-reliant, it took me a long time to fully admit Step One. But when I finally understood my alcoholic dilemma I became very open-minded about God and Step Two, and made the decision in Step Three.

My Fourth Step ("Made a searching and fearless moral inventory of ourselves") efforts consisted of simply following the directions in the Big Book.

As I wrote the three-column inventory, a pattern was made clear. My thinking was dominated by trying to get my needs met through other people, and I was constantly disappointed.

My way wasn't working because my mind was unreasonably focused on others much of the time. Eventually I came to understand that they were doing the best they could even if my resentments seemed justified.

That led me to what some call the fourth column. I looked at my own mistakes, "where was I to blame." I was to disregard "them" entirely, and look at where I had been selfish, dishonest, self-seeking and afraid.

My pride and prejudice began to diminish from my view as I wrote. For the first time, I saw how self-centered fear had been driving me.

The insight gained from the first part of the process was humbling and valuable, but learning the depth of my fear through the fear inventory was the key.

As I completed the fears inventory it became obvious that I had my fears because my self-reliance failed me. Lack of power was my dilemma in just about every area of my life, including my sex life.

The last part of the Fourth Step covered that in the sex inventory. It was revealed that I misunderstood much

about my sex powers. My sponsor pointed out that the main and probably only thing I should focus on was keeping it simple and not being selfish.

It was after writing most of my Fourth Step, before the Fifth, that I had a life-changing spiritual experience that revolutionized everything.

I discovered that God was inside me all along, and IT is best described as love. The consciousness of my belief came to me!

I am grateful that Tradition Four suggests that "Each group should be autonomous except in matters affecting other groups or A.A. as a whole."

As a recovered alcoholic, this tradition bolsters my sobriety because it reinforces the fact that while we operate individually we are all connected by the same God of love through service.

It also allows me the flexibility in carrying out all the steps and traditions, most notably Tradition Three ("The only requirement for A.A. membership is a desire to stop drinking") and Tradition Five ("Each group has but one primary purpose -- to carry its message to the alcoholic who still suffers.")

The perspective I gained by writing a Fourth Step inventory enabled me to do the Fifth Step ("Admitted to God, to ourselves and to another human being the exact nature of our wrongs").

Sharing my life story honestly and completely with another human being was how I shared it with God because God is in each and every one of us.

Because I chose an appropriate person --- my sponsor --- who had gone through the process himself, he was able to hear my Fifth Step, offer feedback, share some of his experiences and say to me afterward: "You're not so different from me or anyone else. I love and accept you."

The moment I fully admitted and accepted the truth about myself, I understood that the truth had set me free, indeed. I felt connected by the process, and I realized that we are in this together, with common problems and a common solution trudging the road of happy destiny.

The DIALog; May 2015

archives



To Archives Readers: May is an important month in our history for over 60 years because with the conference being held at the end of last month, all of the NEW CHANGES to be enacted for that next year ARE IN ACTION.

I'm interested to find out what new pamphlets will be voted into creation at the end of April & will be actually being PRINTED in May – or all the changes up for vote (“Is there an Alcoholic in your Workplace” might be changed to “Is There a Problem Drinker in your Workplace?”) after this conference that might result in new printings of our pamphlets.

But I realized that a few of us didn't get the gift which I did – so this month, I beg your indulgence to consider a few things that got really kicked off in past months of May – LIKE the 2nd, 3rd and 4th editions of the Big Book. For those who don't know, in AA's service structure, the groups – us – are in charge of everything – no one is 'boss' at all. We elect members to committees who do what we groups want them to do – letting the God Conscience that functions only in our efforts as a SET of people rather than individuals steering things. Groups send issues to the Area where all the other groups vote on whether to send an action (like wanting a new pamphlet) off to the conference with our delegate. The one Area person who represents our WNY 8 counties is called a delegate, who (without any pay) voluntarily goes for one week to do all of the business that all OUR groups want to happen. That delegate is one of a group of just under 150 trusted servants we groups have elected from all over the US and Canada to do OUR WORK for us at that low, “under all of us groups in the US & Canada” level (bottom of the upside-down triangle) that meet this year for the week of April 22, 2017.

In my mind, the Bob W. coming to speak at the archives breakfast represents the first time that I realized God's steering me. He'd been at an event I'd been at with my teammates and we'd stopped at a service plaza for a bite finding him already there doing the same. Of course, I didn't know him, but I'd grabbed a snack and joined the table listening to them chatter about service opportunities and I got that mind-boggling experience where I have food in front of me and I forget to eat. He's talking about how to communicate a spiritual experience to people who DO NOT SPEAK MY LANGUAGE through an interpreter that has no idea what a spiritual experience is. He spoke of his miraculous experience during the creation of the Fourth Edition of our Big Book, sounding like the stories I've heard of Janet N. of Niagara Falls!

I mean really, at least in my language I've got a 2% chance of being understood a little by the non-drunks in my life, even if they're uninterested in the slightest. I've lots of experience tearing down my techno-talk for the non-techies in my life, but to deal with someone not speaking my language at all? And to me – NOT GETTING PAID AT ALL TO DO THIS WORK – for 4 YEARS? What? That's some serious love, from my viewpoint. Bob travels the globe, sometimes 27 out of 30 days a month to be of service in any way needed. He got up to leave and I wanted to beg him to sit, stay, please – just give a few more minutes of this hard-to-believe life your one-day-at-a-time life has given to you! I need to know the possibilities of my recovery. I do.

But the conversation in the service station ended with my mouth hanging open and my mind racing, as he spoke about talking to people in FAR off countries like New Zealand and so many countries that there's right now no Big Book in their language – found there's roughly half of all the worlds languages DO NOT have translations of the Big Book. Not YET.

And then he was gone. And months later the archives committee was talking about speakers and I don't get to vote (as chair) so I just kinda tune out as they talk – and I say “Okay so who am I calling to ask?” so very not excited by this stranger's name ----- AND THEN FOUND OUT IT WAS THATTTTT BOB FROM THE SERVICE STATION!

The Niagara Falls area woman who was delegate for the creation of the Fourth Edition was ALSO ON THAT COMMITTEE WITH HIM – a woman who died the year I came to AA in Niagara Falls who was once on the committee that now keeps me so focused and aware of my path. Janet N. was an Area 50 Archives Committee treasurer years ago and after that became a delegate who was on that conference committee that read literally hundreds of story submissions for the Fourth Edition Big Book.

Her sponsees have told me of her efforts, and my sponsorship team have told me stories she told – about how hundreds of spiritually deep, hard-won recovery story submissions affected her, for LIFE. She would have been an incredible person to meet.

So I found that Bob was in that same committee at Conference that Janet was – and I cannot wait to ask him further about that when he comes to speak at our Archives 7th Annual Breakfast in Buffalo on Saturday, May 6th, 2017!

Feeling Blessed and shockingly grateful, from your grateful Area 50 Archives Committee chair, Lila M.

Those offended by this archives article, please take it to you sponsor – and thanks in advance. If you want to help, talk to me, and “Thank YOU!” in advance.

5th STEP:

“Admitted to God, to ourselves, and another human being the exact nature of our wrongs.”

Share your Experience, Strength and Hope

Please submit your announcements by the **12th**
for next month's issue

Articles can be submitted at any time

e-mail address: buffaloaa@hotmail.com

or mail to:
**Buffalo Central Office
681 Seneca St (lower)
Buffalo, New York 14210**

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Heard @ a Meeting

You can't believe in God
and play God
at the same time

IN MEMORIAM Things We Can Not Change

To all of our members who have lost family and loved ones
Tom M.: Buffalo Creek Group
Our thoughts and prayers are with you

MAY ANNIVERSARIES

Acceptance/Welcome

Kevin B. 3m
 Steve W. 2y
 Sue V. 4y
 Mike F. 4y
 Andrew D. 5y
 Tom M. 12y
 Paul M. 20y
 Jan S. 30y
 Erika F. 30y
 Barb C. 38y

Alexander

Matt S. 11y

Bldv Helping Hand

Ben C. 18y
 Mark P. 32y

Bldv. Women

Lynn C. 5y

Courage

Jeff C. 8y

Eyeopener

Phil G. 2y
 Jeff C. 2y
 Tom L. 3y
 Ken R. 4y
 Tom S. 7y
 Lou T. 8y
 Judi S. 12y
 Larry J. 14y
 Kathy M. 19y
 Bob M. 30y

Eyeopener South

Jason M. 6m
 Kevin B. 6m
 Todd K. 1y
 Scott R. 1y
 Frank P. 1y
 MaryAnn K. 2y
 Chuck K. 12y

Fireside

Jack M. 16y
 Mark P. 32y

Golden Slipper

Loretta G. 1y



Harmony

Robert G. 5y
 Alicia W. 16y
 Jim L. 32y

How It Works

Jason L. 1y
 Bill Q. 2y
 Jim S. 3y
 Steve W. 5y
 Nort L. 5y
 Nadav W. 7y
 Brian D. 18y
 Douglas K. 29y

Ironhorse

Paul Z. 9y
 Mike S. 9y
 Peter K. 11y
 Bill R. 24y

Lockport #1

John P. 2y
 Jerry J. 48y

Lockview

Ed K. 3y
 Tyrone S. 3y
 Mary A. 4y
 Bobby S. 7y
 Jeanine F. 22y

Main & High

Gerold W. 3y
 Winston F. 25y

Marching Forth

Dave D. 34y

New Life

Jiggs 28y
 Roger 29y

Orchard Park Step

Aleks M. 5y
 Jim L. 14y

Purpose

Dan C. 2y
 Patti S. 20y

Remember

When

Sahron C. 1y
 Nathon B. 1y
 Robert G. 5y
 Odetta K. 5y
 Mark W. 16y
 Jarry C. 24y
 Sarah S. 27y
 Arthur E. 27y
 Ivan O. 35y

Renaissance

Nancy O. 2y
 Josh O. 6y
 Kevin O. 6y
 Mike K. 35y

Rise & Shine

Norma B. 3m
 Tiffany H. 5y
 James K. 8y
 Cathy W. 11y
 Jack M. 18y
 Bill P. 19y
 Ivan O. 35y

Sheridan

Falena C. 11y

Spiritual Progress

Terry K. 6m

Sunday Morning

Brianna B. 1y

The Grove

Allison 1y
 Elain K. 1y
 Karen C. 1y
 Shon S. 1y
 Tyrone S. 2y

Tri-County

Ron C. 7y
 Don S. 28y

Thruway

Mary Ellen S. 37y

Williamsville

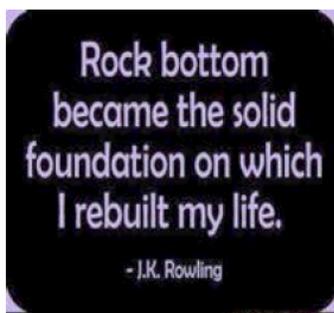
Sara U. 2y
 Chris C. 2y
 Barbara C. 38y



Group Anniversaries

Buffalo Central Office; 75y

BOULEVARD HELPING HAND: 20y
 CARRYING THE MESSAGE: 12y
 COMMON BOND: 17y
 FIRESIDE: 37y
 FIRST STEP (NF): 46y
 HIGH VIEW: 31y
 HOLIDAY VILLAGE: 24y
 JUST FOR TODAY: 18y
 LIBERTY WOMEN: 30y
 LIVING SOBER: 49y
 MIDNIGHT DISCUSSION: 16y
 MORNING AFTER: 38y
 REMEMBER WHEN: 54y
 SEARCHING FOR SERENITY: 28y
 SOBRIETY MEN'S DISC.: 41y
 SOUTH BUFFALO: 72y
 SPRINGVILLE WED. NOON: 21y
 T.G.I.F.: 28y
 THURSDAY NIGHT STEPPERS: 24y
 TnT: 10y
 UNIVERSITY MEN'S DISC.: 48y
 WE: 10y
 WHY: 43y



Please remember to have the anniversaries submitted by the **12th** **END OF BUSINESS DAY** **4:30 PM** of the month previous



PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM

681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210
Fax: 853-0389
buffalooa@hotmail.com

Real-Time schedule? Check your website: www.buffaloaany.org

May 2017

IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.

MEETING CHANGES

- **Fredonia Discussion has MOVED** to St. John's Church, 733 Central Ave (parking off Eagle St.), Dunkirk 14048. Wednesday, 8:30PM.
- **New Group: Rainbow North**; Saturday's 7:15 PM, LGBT, Hope Center, 781 Maple Rd., Williamsville, 14221
- **Sober Trails; No Longer Met** on Monday's, American Legion, Rt. 438, Irving.
- **New Group: Position Of Neutrality**: Thurs. Noon, Northern Erie Services Bldg, 2282 Elmwood Ave., Buffalo 14216 Open Discussion.
- **Depth & Weight has expanded** to having a **Big Book Study. Tuesday's** 8:15 PM. 45 Dalton St., N. Buffalo, 14223. Open Discussion.
- **Step Action group has changed** it's name an **start time**. Will now be Thurs. On Walnut and starts at 7PM. **Open Discussion**. Clubhouse, 344 Walnut St., Lockport 14094
- **New Group: I Am Responsible**; Saturday's, 7PM, OD.; United Methodist Church, 221 Morgan St., Tonawanda, NY 14150.
- **Grace Point Group**, Friday's 7PM; **NO LONGER MEETS**, 39 Kenmore, Kenmore 14226.
- **Open Mind Group, No Longer Meets**. Wed., 8 PM, Unitarian Universalist Church, 695 Elmwood @ W. Ferry, Buffalo.
- **Common Problem Group, No Longer Meets**. Wed. 8PM, Christ the King Church, Main St @ Lamarch, Snyder.
- **New Group: North Evan's Men's Disc.; Saturday's, 9:30AM. The Wesleyan Southtown Campus, 2063 South Creek Rd** (GPS: 2063 Shadagee Rd., Eden,) North Evans)14057 @ Rt 20.

SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

- ~ May 1 **Convention Committee Meeting**, 6:00PM, Buffalo Central Office. 681 Seneca St., Buffalo
~ May 5, **Envelope System Meeting**; FRIDAY, 4:00 PM, Tim Horton's 1750 Niagara Falls Blvd. Tonawanda

~ Oct. 2, **Committee Meeting that meet prior to Central Committee 5:30 PM**
St. Michael's Parish, 651 Washington St., Buffalo 14203
(hosted by Carry The Message)
Steering Committee (4:30 PM)
Corrections Committee Meeting
Public Information Committee meeting
Treatment Facilities Committee
Nightwatch Committee

- ~ May 7, **Corrections Committee Meeting**, 5:30 PM, Buffalo Central Office. 681 Seneca St., Buffalo
~ May 13, **Archives Committee Meeting**; 2nd SATURDAY, 10 AM, Buffalo Central Office, Work night's; 2nd & 4th Monday's.
~ Jun 17, **General Service Assembly**: SATURDAY 12 Noon, Southern- NY Penn ???

COMING EVENTS

- ~May 6, **7th Annual Area 50 Archives Breakfast**; Infant of Prague, 921 Cleveland Ave, Cheektowaga 14225. Doors open @ 9am, breakfast starts at 10 sharp! Tickets can be found at these sellers homegroups: Lovejoy Group, Lockport #1, Thruway Group, Depth & Weight, Williamsville Group, North Buffalo Group, Lake Shore Group, Ironhorse, Beginners Group (NF), Allegany Lifeline, Winners Circle, Morganville, Grove Street, Daily Reflections, Sisters & Brothers and many more! NO TIX SOLD AT DOOR so get them while they are available.
- ~ May 13, **Sober Jam**, Grove St. Christian Church, 85 Grove St. Speaker at 5, Music from 6 to whenever it ends. Giant 50/50. Please bring a dish to pass. If interested in performing contact Guy R. or Michael M. from The Grove Group.
- ~ May 19-21, **NY North Al-Anon Family Groups Spring 2017 Assembly/Convention W AA Presence**, Millennium Hotel, 2040 Walden Ave, Cheektowaga 14225. Flyer on website; www.buffaloany.org.
- ~ July 15, **Main & High Day of Sharing**, "Pass It On". 9:30- 3:45PM. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo (across from Anchor Bar) Registration; \$6.00, Alateen \$6. 50/50, Hot Meal & Refreshments.
- Aug 17-20; **7 Clan Day of Sharing**; 5075 Susies Lane (off Upper Mountain Rd.), Sanborn 14132. See flyer for details.
- ~ Nov. 3-5, **76th Buffalo Fall Convention**. Millennium Hotel, 2040 Walden Ave, Cheektowaga 14225. Flyers & info will be

5th STEP: "Admitted to God, to ourselves, and another human being the exact nature of our wrongs."
 5th TRADITION: " Each group has but one primary purpose—to carry its message to the alcoholic who still suffers."
 5th CONCEPT; throughout our structure, a traditional "Right of Appeal" ought to prevail, so that the minority opinion will be heard and personal grievances receive careful consideration.

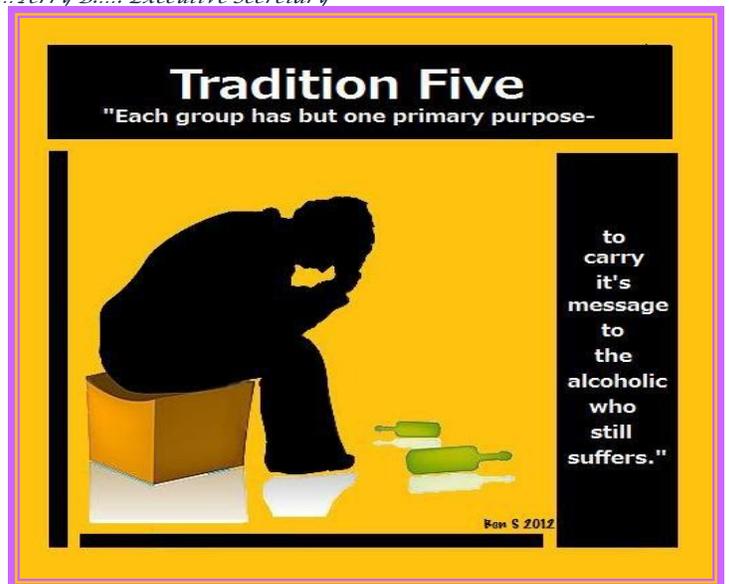
Yours in the Fellowship of the Spirit... Terry B.... Executive Secretary

"We Approach Maturity"

"We are sure there must be a million alcoholics who would join Alcoholics Anonymous tomorrow if only they knew what we do. We keenly realize that any fundamental disunity among us could instantly disillusion tens of thousands who would again turn their faces to the wall. Hence those disruptions common to great wealth, power, or controversy ought never be for us. Too many of the 'million who don't yet know' would surely die"
 AA Co-Founder, Bill W., October 1949

"We Approach Maturity"

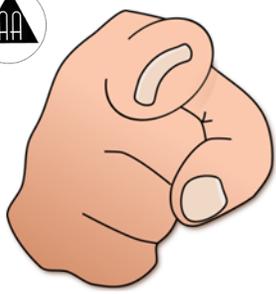
The Language of the Heart



Tradition Five
 "Each group has but one primary purpose-
 to carry its message to the alcoholic who still suffers."

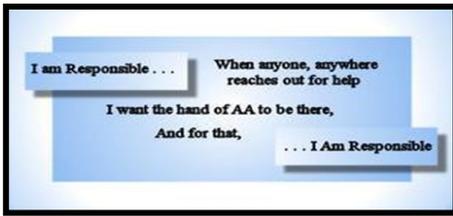
WE NEED YOUR HELP!!!!
ENVELOPE SYSTEM
 HELP ENSURE AA'S FUTURE
 BY PERSONALLY SENDING
 YOUR CONTRIBUTIONS
 and/or
 BY SERVING ON
 THE ENVELOPE COMMITTEE
 Call Buffalo Central Office: 716 853-0388

NIGHTWATCH
 Will your group
 help?
 Sign up for One
 Month!

Everyone had a first contact.
 You can be someone's

Central Committee Minutes April 2, 2017



Meeting was opened up at 7:05 and was kick started by our meeting chair Zach F with the responsibility statement. After a moment of silence was followed and the serenity prayer was said by the group as well. Next we had a couple readings Preamble – by Tom C, Purpose of Central Committee – Raeanne F, and the Traditions – Patty. After the Readings Guy gave a fantastic presentation of tradition Four. Next month Harvey S will teach us a little of his experience on tradition 5. Pat makes a motion to accept last month's meetings subject to change which Harvey S seconded. Correction on last month's meeting was as follows General Service Assembly was hosted by Central Committee, Not the Thruway group.

29 Groups were represented which broke down as follows. 50 people present at meeting

Zone 1 – Set a Side. Zone 2 – Acceptance, Depth & Weight, How it Works Men's Discussion, Mustard Seed 2, Questions & Answers, Sober Train, The Grove, Three Legacies, Welcome. Zone 3 – Abbott Men's Discussion, Any Lengths, Buffalo, Matt Talbot, Thruway. Zone 4 – OP Step, Tuesday Men's Discussion. Zone 5 Golden Slipper, Lockport #1, Lock City, Twin Cities Group. Zone 6 – Changing our Ways, Going to Any Length, Sobriety Men's Discussion. Zone 7 – Fresh Start. Zone 8 – Amherst Snyder, High Noon, Lighten Up, Step it up, Williamsville.

Committee Reports

Corrections – There were 8 people in attendance tonight. Sue is still looking into getting pre-release more available to the men and women in Alden Holding Center. Megan T and Matt R report that the Erie County Holding Centers are going well, Men will be needed in a couple months so if you are interested in helping bring meetings in – please contact me. Dave P area chair met with contacts for the prisons in our area and brought back an updated application packet that I will give to terry to put on our intergroup website. He also reports one facility has no meetings being brought in. We have another order of books for another prison. 1 case BB, 1 case 12 12, 1 case dr bob and the good old timers, 1 aa comes of age. A few living sober came to believe and a bunch of daily reflections. This is awesome for time in mates. Lastly we will be forwarding our committees presentation to terry to be added to our website as well checked out. If you have any questions or concerns please contact me. Thank you for letting me serve. Shannon G

– We met tonight and are currently working on updating the 12 step list. Please bring the 12 step sign-up sheets to your business meeting and encourage your fellow home group members to sign up. Anyone interested in Nightwatch Please see me after the meeting or call me at 7166023623.

2017 Buffalo Fall Convention – We Held our 3rd committee meeting on 3/6/2017. Some concerns were discussed. They will be addressed at our next meeting, which is on 4/3/2017 at 6 pm. The Location of this meeting will be 803a Walden Ave Buffalo, NY 14211. If using MapQuest use 753 Walden ave Buffalo, NY 14211. If anybody has suggestions good, bad, and/or indifferent please contact me at 716 866 6612. Thank you for the opportunity to serve alcoholics anonymous! Your 2017 Buffalo Fall Committee Chair. David G
Steering Report – Held a quorum, did not discuss anything.

PIC/CPC – Emailed BEPCL and offered them information for the staff. Currently filling library commitments. PI recruitment @ Homegroups, looking for members and participation from the fellowship.

Accessibility – we have a pre-conference coming up on April 15th at noon at the hope center. We will talk about changes being purposed for accessibilities and treatment. Also we have a check list is your meeting accessible and safe for those that have medical or other needs. I would like to thank all groups that care of their member when they need a meeting at another location. – Pat

Envelope System - On Friday March 31st 2017 envelope committee met. Present were Diane D., al g., and pat g.

*We are taking the Prototype for a contribution envelope to Evenhouse Printing for an estimate.

* The committee is identifying groups who do not made contributions as those that might benefit most from a presentation by an Envelope Committee Member.

*We wish to thank Terry for including the words "one time contribution" on the new printing of the contribution forms.

* If you have a sponsee who would benefit from service work by doing an envelope system presentation for a group please give them my number: pat g. 998 2677.

Yours in service Pat G.

Central Office - Central Office Report; April 2017

TOTAL CALL'S INCLUDING AFTER-HOURS; AA Call's: 416, 12-STEP: 3, ALANON: 2,

VISITORS: 152, VOLUNTEERS: 3, Email's:462, Website Hit's; 10, 9044 / of them 9,231 Unique Visitors, Total number of visits: 19,372; all up from last month. Number of forms received to add to our 12th Step List: 0. we sent out the Newsletter via online sign-up to 79 person; of them only 37 were open, both increased by 5 from last month. GROUPS WE ARE IN NEED OF CONTACTS FROM ARE: Women Making The Effort-8

* A Reminder, if a group goes a year without a contact person, they will be removed from the schedule.

A reminder that all our deadline dates are the "12th" like everything else in AA. 12 Steps, 12 Traditions...deadlines are the 12th

A question came up over the financial reports; I create all financial reports & do all the data entry. The financial chair only reviews my reports and acts as a second signature on checks

I would like a few more Volunteers... I specifically am looking for volunteers to be available for days I am sick or on vacation. They would need to come in a few hours to train. It involves answering the phone and filling literature orders. Currently I only have 2 volunteers to be able to call, of them one is a snowbird.

Yours in the fellowship of the Spirit...Terry B.

(Central Committee Minutes Continued...)

GSA Liaison - No report. The assembly did not meet. April 15 is the delegates preconference @ hope center. 12 noon.

Treatment - The treatment committee is currently responsible for bringing the hand of Alcoholics Anonymous into 6 facilities. With the help of 35 groups, there are collectively 11 "tfc meetings" a week going on at these facilities.

We met 4/2/17 at St. Michaels Church there were 18 members representing 11 groups. We discussed the start of our new commitments at Turning Point and Reflections. The committee will be bringing a meeting into Reflections starting in April, the facility has asked that only groups coming through TFC come in. The meeting at Turning Point will be open to all of AA on Tuesdays 8pm and the groups currently responsible for that facility will be starting their commitments this month. We also discussed our current budget which is around 200\$. This is less than the cost of a box of books which is 280\$. In the past we have gone through at least 1 box a month, and now that we have taken on two new commitments a month, we will have to limit the amount of books given out per facility unless we have more contributions from the groups. To contribute to Treatment Committee please send money to Central Office and specifically note that it is for the Treatment Committee.

Outside of joining our committee, there are a few areas where AA members, and groups, can be of service through treatment.

1. Individuals may take a speaking commitment at Horizon Village Terrace House on a Thursday at 6pm.
2. All groups who currently have commitments through the Treatment Committee can, and should, send a representative to our monthly committee meeting to inform us about anything more we could be doing to be of service to them, and also to allow us to inform their groups, through them, about anything pertinent to their continued Twelfth step work through TFC.
3. Any group that is interested in taking on a commitment at one of our facilities is more than welcome to contact us and we will do what we can to fit them in. Groups are currently bringing meetings into ECMC, Salvation Army, Turning Point, the V.A., and Reflections
4. Area Treatment is forming a Bridging the Gap program for all of Area 50. At this moment any member willing to help clients leaving Treatment Facilities "bridge the gap" between treatment and AA can sign up on the new "Bridging the Gap Volunteer Form" found on the Area 50 web page. www.wnyarea50aa.org. We will be approaching facilities within the next month to get this program started.

Thank you to all groups and individuals who are involved in this vital 12th step work. To get involved, or if there are any issues you need to contact us about, please email us at buffalotfc@gmail.com or come to our monthly meeting the 1st Sunday of the month 5/7/17 at St. Michaels Church 5:30pm.

Yours' s in service, :Jesse S. Treatment Committee Chair

Old Business

Motion to make a Secret Facebook webpage – Re opened for discussion.

This motion had previously been tabled upon further investigation, clear scope and description to be defined.

Tabled again

New Business

Vote in New Group – I Am Responsible – 221 Morgan St Tonawanda NY 14150 – open, Saturdays at 7pm

-Passed in the schedule unanimously

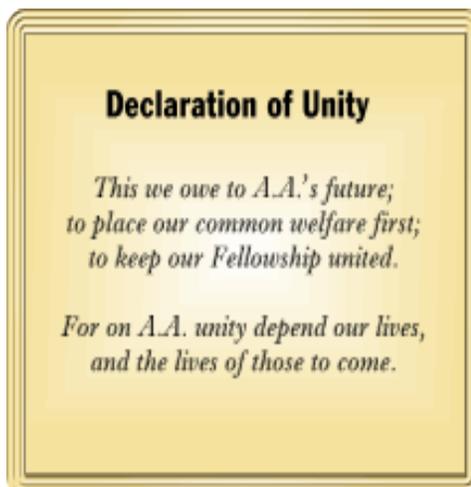
I make a motion effective June 4th 2017. That our Monthly Central Committee meeting be moved back to our central Office located at 681 Seneca St, Buffalo NY 14210. Made by David G., Mikes S seconded this Motion.

Motion to table this motion until next month was made by Dan d and seconded by Justin

Announcements -

We need a co-chair for the 2018 buffalo fall convention from zone 7

Thank you to the question and answers group for the brownies, they were delicious.



New Frontiers ~ May 2017

Cash Flow Statement	Jan-17	Feb-17	Mar-17
Reg Bal Cash on hand	11,967.00	17,903.68	20,985.05
Contributions			
Groups	5,811.55	6,511.86	6,461.77
Joint Meeting	50.00	56.56	84.00
Envelope System	1,415.56	506.83	1,035.66
New Frontiers Subs	23.00	50.00	57.00
Literature/Medallions/Pins	3,880.99	4,706.60	5,043.20
Literature Sales Tax	300.51	295.74	284.38
Literature Postage	49.66	37.56	35.04
Sales+/-	(2.07)		59.11
Archives Room Rent			
Com. Meetings	8.00	39.00	30.00
Mail/Misc.	25.00		
Tax Returns			
Transfer from PR			
GSA Hosting 3/2017			5.00
Gratitude Month (NOV)			
Conventions/Day of Sharing	3,561.32		
Monthly Income	15,123.52	12,204.15	13,095.16
Expenses			
Building Rent/Utilities	1,489.41	1,489.41	1,489.41
St.Michaels Rent	35.00	35.00	35.00
Payroll Gross	2,824.62	2,824.62	2,824.62
Employment Taxes	264.10	264.10	252.80
Unemployment Surcha	(2.40)	(2.40)	(2.40)
NYS Sales Tax			878.80
Insurance			
State Ins Fund(Travelers)		312.00	
Health	623.30	625.39	625.39
D&O Insurance	1,080.00		
Liability	856.00		
Postage	371.57	206.51	241.96
Phone/Internet	138.63	137.97	137.97
Accounting			1,175.00
Paychex	224.52	119.56	119.56
Advt			
Talking Phone Book			
Dex Media	182.80	184.10	184.10
website			
Local Edge			291.60
Yellow Pages			
Literature Expenses			
Grapevine			40.00
World Services Inc		2,300.60	1,751.60
Hazeldon	618.24		
Printers			
Medallions	222.23	304.64	136.06
Petty Cash			
Office Supplies	50.30	76.13	221.98
Copier leasing	(209.00)		
Copies/ service contract	161.00	161.00	161.00
Bank Fee's including credit ca	256.52	84.15	87.38
literature returns reimbursement			
GSA Host			
Convention			
CO Seminar			
Monthly Expenses	9,186.84	9,122.78	10,651.83
Monthly Income (Loss)	5,936.68	3,081.37	2,443.33
End Balance	17,903.68	20,985.05	23,428.38
Petty Cash	3,000.00	3,000.00	3,000.00
Total Balance	20,903.68	23,985.05	26,428.38
PRUDENT RESERVE	23,143.04	23,143.40	23,143.79
Assets: Literature & Medallions	13,544.02	11,046.99	11,396.82
Literature Receivable (outstanding)	722.62	581.35	121.48
Removed from Stock	286.30		
Corrections Facilities	2,260.75	2,767.15	2,476.65
Contributions	509.40	60.00	90.00
Bank Fee's	3.00	3.00	3.00
Expenses		347.50	573.50
Balance	2,767.15	2,476.65	1,990.15
Treatment Facilities	541.60	443.60	535.88
Contributions	185.00	375.28	252.00
Expenses	280.00	280.00	280.00
Bank Fee's	3.00	3.00	3.00
Balance	443.60	535.88	504.88

YTD: 2017

18,785.18

190.56

2,958.05

130.00

13,630.79

880.63

122.26

57.04

-

77.00

25.00

-

-

5.00

-

-

3,561.32

40,422.83

-

-

4,468.23

-

8,473.86

781.00

(7.20)

878.80

-

312.00

1,874.08

1,080.00

856.00

820.04

414.57

1,175.00

463.64

-

-

-

551.00

-

291.60

-

40.00

4,052.20

618.24

-

-

662.93

-

-

348.41

-

(209.00)

483.00

-

428.05

-

-

-

-

28,961.45

11,461.38

Intergroup wants to express our appreciation for those groups and individuals who have made generous financial contributions, and give a **special thank you** to all the members who have volunteered their time this year to help the sick and suffering alcoholic.

Bill W. wrote of Intergroup Offices, "Though not costly, these agencies are absolutely essential to our continued expansion—to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that AA must everywhere function in full strength—and that, under our Tradition of self-support, we are all going to foot the bill"

"Self-Support: Where Money and Spirituality Mix" pamphlet

7TH TRADITION CHALLENGE

"Now that we are sober in A.A., the word 'support' has to do with sharing, people, self-respect, gratitude, and what we are privileged to give - not take - in material terms."



We are self-supporting through our own contributions - Many of our branches are suffering from lack of support (GSO, Area, H&I, Central Office). How much does one drink cost? If it were not for Alcoholics Anonymous, we'd be drinking plenty!

Drop the cost of one drink into your home groups basket when it comes by . . . you can't afford not to!



Concept V: Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

- Do we encourage the minority opinion, the "Right of Appeal," to be heard at our home group, district committee meetings, area assemblies and the Conference?
- What does our group accept as "substantial unanimity"?
- Has our group experienced the "tyranny of the majority" or the "tyranny of the minority"?
- Does our group understand the importance of all points of view being heard before a vote is taken?

New Frontiers ~ May 2017

GROUP CONTRIBUTIONS 2017

Zones	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		MARCH	YEAR	MARCH	YEAR	MARCH	YEAR
			0.00		0.00		0.00
5	7 Clans		0.00		0.00		0.00
5	12 Steps/12 Traditions		100.00		0.00		0.00
1	4th Step Stumblers/F.U.N.		0.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
5	5th Tradition (Youngstown)		0.00		0.00		0.00
2	AA BREAKFAST		0.00		0.00		0.00
4	A Day At A Time	200.00	200.00		0.00		0.00
3	Abbott Corners		0.00		0.00		0.00
3	Abbott Men's		75.00		0.00		75.00
2	Acceptance/Welcome	100.00	100.00		0.00		0.00
8	Achievement		0.00		0.00		0.00
4	Action		0.00		0.00		0.00
2	Age Doesn't Matter		0.00		0.00		0.00
5	Albion Grapevine		0.00		0.00		0.00
5	Albion New Beginnings		0.00		0.00		0.00
3	Alexander		0.00		0.00		0.00
	All Is Well		125.00		0.00		0.00
8	Amherst Snyder	50.00	131.63		0.00		0.00
6	Amsdell Step		0.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	30.00	90.00		0.00		0.00
4	Arcade		0.00		0.00		0.00
6	As Bill Sees It		150.00		0.00		0.00
8	Attitude Adjustment(Williamsville)		50.00		25.00		25.00
5	Attitude Adjustment(NF)		0.00		0.00		0.00
6	Attraction	50.00	150.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
7	Beginning In Sobriety II		75.00		0.00		25.00
8	Beginning's Women		0.00		0.00		0.00
5	Big Book Lockport		0.00		0.00		0.00
6	Big Book Study		0.00		0.00		0.00
3	Blasdell		0.00		0.00		0.00
3	Blasdell Saturday		0.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women		25.00		0.00		0.00
2	Brass		5.00		0.00		0.00
7	Buffalo Group		0.00		0.00		0.00
3	Buffalo Creek		35.00		0.00		0.00
3	By the Wayside		0.00		0.00		0.00
6	Carry the Message		0.00		0.00		0.00
7	Casting		0.00		0.00		0.00
	Castile		0.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake-Up Call		125.00		0.00		0.00
3	Caz Manor		0.00		0.00		0.00
3	Caz Manor Sunday		125.00		0.00		0.00
7	Central City Cafe'		0.00		0.00		0.00
6	Changing Our Way's	100.00	100.00		0.00		0.00
2	Chapter IX		0.00		0.00		0.00
3	Cheektowaga		75.00		0.00		0.00
6	Changing Our Way's		0.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring	20.00	40.00		0.00		0.00
1	Commitment		140.00		0.00		0.00
	Contemporary Women		2.00		0.00		0.00
1	Cornplanters		0.00		0.00		0.00
3	Courage		0.00		0.00		0.00
2	Daily Reflections		0.00		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
2	Dawn of Hope		260.00		0.00		0.00
2	Depth & Weight	45.00	45.00		0.00		0.00
6	Derby		174.00		0.00		0.00
6	Derby Lunch	25.00	25.00		0.00		0.00
6	Desire		0.00		0.00		0.00
2	Desperate		0.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
6	Early Bird Step		0.00		0.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst	500.00	500.00		0.00		0.00
8	East Amherst Traditions		84.00		0.00		0.00
4	East Aurora		200.00		0.00		0.00
2	Easy Does It	30.00	160.00		60.00		30.00 160.00
6	Eden		25.00		0.00		0.00
4	Ellicottville		0.00		0.00		0.00
6	Everybody's		0.00		0.00		0.00
1	Express		1326.00		0.00		0.00
8	Eyeopener	444.07	1600.04		0.00		0.00
4	Eyeopener South		1073.50		429.40		0.00
8	Fireside PM		0.00		0.00		0.00
8	Fireside	310.00	455.00		0.00		0.00
5	First Step (NF)	50.00	50.00		0.00		0.00
6	Forestville Sunday Serenity		0.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom	100.00	100.00		0.00		0.00
7	Fresh Start		75.00		0.00		0.00
1	Friday Night Lights		0.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS 2017

Zones	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		MARCH	YEAR	MARCH	YEAR	MARCH	YEAR
3	Gardenville		275.00		0.00		0.00
8	Georgetown		0.00		0.00		0.00
	Getting Better		185.00		0.00		0.00
6	Gettin With It		0.00		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		0.00		0.00		0.00
5	Golden Slipper		150.00		0.00		0.00
2	Grace Point		0.00		0.00		0.00
2	Grand		0.00		0.00		0.00
2	Grand II Joy of Living		0.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
8	H.A.N.D.		0.00		0.00		0.00
7	Harmony		0.00		0.00		0.00
4	Helping Hand		25.00		0.00		0.00
8	High Noon		150.00		0.00		100.00
8	High View		0.00		0.00		0.00
4	Hillbilly		0.00		0.00		0.00
1	H.I.P.		0.00		0.00		0.00
6	Holiday Village		300.00		0.00		0.00
4	Holland	100.00	100.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty		0.00		0.00		0.00
	Hope's Horizon		0.00		0.00		0.00
2	How It Works/Men's		0.00		0.00		0.00
1	HUDSON & WADSWORTH		0.00		0.00		0.00
	I Am Responsible	30.00	54.00		0.00		0.00
3	IF HE WERE SOUGHT		0.00		0.00		0.00
	Independence (NF)		0.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		0.00		0.00		0.00
3	Ironhorse	101.00	375.05	7.00	7.00		10.00
8	IT		0.00		0.00		0.00
3	Just For Today/ Cheektowaga		0.00		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
4	Keep It Simple Sister		0.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
6	Lakeshore	600.00	600.00		0.00	100.00	100.00
6	Lakeview		0.00		0.00		0.00
3	Lancaster Dailey Reprieve		0.00		0.00		0.00
	Lasalle		0.00		0.00		0.00
	Lawyer's		0.00		0.00		0.00
5	LewPort	50.00	100.00		0.00		0.00
2	Liberty Women	25.00	25.00		0.00		0.00
4	Life Today		0.00		0.00		0.00
8	Lighten UP		0.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
	Living Sober		0.00		0.00		0.00
5	Lock City	100.00	100.00		0.00		0.00
5	Lockport #1		0.00		0.00		0.00
5	Lockport Discussion		0.00		0.00		0.00
5	Lockport Ladies		100.00		0.00		0.00
5	Lockport Tuesday		0.00		0.00		0.00
5	Lockview	100.00	200.00		0.00		0.00
7	Love	20.00	60.00		0.00		0.00
7	Lovejoy		0.00		0.00		0.00
5	Lower River		100.00		0.00		0.00
1	Main and High		20.00		0.00		0.00
4	Main Street		0.00		0.00		0.00
8	Maple		0.00		0.00		0.00
3	Marching Forth	25.00	50.00		0.00		0.00
4	Manilla	35.00	105.00		0.00		0.00
3	Matt Talbot		90.00		0.00		0.00
6	McKinley Winners		0.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		0.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day		0.00		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
2	Morning After	400.00	400.00		0.00		0.00
3	New Beginnings/St. Vincent		0.00		0.00		0.00
5	Newfane Living Sober		0.00		0.00		0.00
5	New Freedom		0.00		0.00		0.00
5	New International		0.00		0.00		0.00
3	New Life	33.00	158.00		0.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
	Niagara Falls Convention		0.00		0.00		0.00
	Niagara Intergroup		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		74.00		0.00		0.00
2	North Buffalo	98.00	294.00		0.00		0.00

RETURN SERVICE REQUESTED

681 Seneca St. (Lower)
Buffalo, NY 14210

NON-PROFIT ORG.
US POSTAGE PAID
PERMIT # 53
BUFFALO, NY

**Have The New Frontier's delivered
To your home every month**



NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP** _____

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**MAKE CHECKS PAYABLE TO: BUFFALO CENTRAL OFFICE, 681 SENECA ST.,
BUFFALO, NY 14210**

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