

NEW FRONTIERS

A.A. of the Niagara Frontier

November 2015

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



Gratitude - What is it?

~Reprinted from Dallas Intergroup News

“Gratitude” - that word seems to be a topic of many “discussion” meetings. But how many, who claim to be “Grateful” in these meetings, comprehend the meaning of this often used word? One of my friends seemed to properly define it when he made this statement, “I don’t give a damn what you think or how you feel when you say you are “grateful”. Just tell me what it is that you are doing to show God how much you appreciate what He has done and is doing for you”.

Bill Wilson, in a letter written in 1959, wrote:

“Gratitude should go forward, rather than backward. In other words, if you carry the message to still others, you will be making the best possible repayment for the help given you.”

(As Bill Sees It - pg. 29)

So “Gratitude” is far more than an attitude, as is so often heard in our meetings. “Gratitude” is ACTION!!! That is search out (AA, pg. 96), go to (AA, pg. 102), try to carry this message to other alcoholics! (AA, pg. 60 & 89).

The first example we have of “Gratitude” in past history is Ebby’s efforts to help Bill Wilson. Ebby, two months sober, had heard that Bill was in serious trouble with his drinking. The first thing he had to do was to find out where Bill was, take a subway and go to Bill’s residence with a single thought, “Can I help my old friend?” Ebby “sought out”, “went to” and “tried to carry” his message of hope to a suffering alcoholic.

The second example we are given of “Gratitude” is Bill’s desperate search for an alcoholic he might try to carry his message to on the evening of May 11, 1935. True, his motive was a pretty selfish one. Over the previous five months, he had stayed sober only by searching out and trying to carry his message of hope to serious drinkers in New York. The only success he had was that he, himself, had stayed sober. He knew that his only hope on that most disappointing day was to find a suffering serious drinker to whom he could tell his story. So, he decided to “search out”, “go to” and “try to carry his message of hope” to a problem drinker. It took a call to a local minister plus eleven more telephone calls to reach a lady who said, “Yes, I know of a problem drinker. Please come on out while I will contact him”. Bill’s selfish motive turned into a selfless motive when he finally found a man who did, in fact, want to learn how to live sober. To help insure the sobriety of his new found friend and to help insure his own sobriety, Bill most willingly stayed in Akron until the Fall of 1935. The end result was that a miraculous Solution for Alcoholism became a reality; Alcoholics Anonymous.

Since that time, there have been literally thousands upon thousands of similar demonstrations of “Gratitude” within the Fellowship of Alcoholics Anonymous. One of my favorite such stories is that of a very dear friend who passed away with almost 31 years of Big Book sobriety. His name was Jack F. Jack took sober on February 11, 1991 in Texarkana, TX. He had only been sober a few weeks when he stopped by the Club one day and there was his sponsor having a cup of coffee. His sponsor said, “Good Morning Jack. How’s all going?” Jack said, “Not too good. My damn car is burning oil”. His sponsor said, “Well Jack, there are service stations all up and down the highway”. Jack got a cup of coffee, came back to where his sponsor was sitting and said, “You sound like you are a little put out with me”. His sponsor said, “Yes I am you ungrateful SOB (not abbreviated). You showed up here a few weeks ago with 3 dollars in your pocket. You didn’t have a job. You didn’t have a car. Your wife wouldn’t let you in the house. Today, you have a job, you have a car, you have money in your pocket and your wife has let you back in the bedroom and you are complaining about a car you don’t deserve that is burning some oil. You go over there, sit down and make a list of your blessings. Then, you get off your ass and go find a sick alcoholic and tell him what God has been doing for you that you couldn’t do for yourself”. Jack learned his lesson well. Eight years later, having moved to Dallas, he and a few other “Grateful” members of the old Town North Group dug into their pockets and came up with enough money to start the 24 Hour Club; a refuge for suffering alcoholics.

(Continued on Pg. 2)



(Continued from cover...)

Another on my favorite stories is that of Bob W. Bob is a legend in our part of the country because of the many alcoholics who were sponsored into sobriety by this man. Bob was near death on his parents ranch in West Texas. A sober and "Grateful" member of Alcoholics Anonymous, living in the Panhandle of Texas, heard of Bob's plight from Bob's brother. When he asked where Bob was, it proved to be a 335 mile trip, one way. He picked up a couple of his "Grateful" protégés and drove, uninvited, the 335 miles. Bob was so sick that he was hardly aware that these men had come, uninvited, to see him. Three days later, these men returned to their homes and Bob White was on his way to recovery. They weren't asked but they drove 670 miles and invested 3 days to try to carry a single message; "We have had a spiritual awakening as the result of the Twelve Steps of Alcoholics Anonymous". That is "Gratitude"!!!

Wesley Parish, another legend because of the large number of alcoholics who found sobriety resulting from his "Gratitude" clarified the difference between being "Thankful" and being "Grateful". He said when we are "Thankful" it is enough to say "Thank you". But, if we claim to be "Grateful", we have spent some of our spare time in search of suffering alcoholics so we might have the opportunity to pass on to them what has been so freely given us. It is only by giving that we might receive or as my 2nd Sponsor would say, "Given' is livin', usin' is losin' and lyin' is dyin'" That seems to state why we learn to live by the Twelve Steps, "Our real purpose is to fit ourselves to be of maximum service to God and the people about us. (AA, pg 77)

So it would appear that most folks who claim to be "Grateful" are in reality just "Thankful". So, if you are "Grateful", what have you done to deserve this day of life and sobriety?

PASS IT ON!!!

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What is the Envelope System anyway?

Much of the September Central Committee meeting discussion had to do with the current lack of interest in/support for "The Envelope System". One suggestion was an article in the New Frontiers. What follows is copied from the orange pamphlet from Central Office. You may have some in your literature rack – if not you can print one out from the website <http://www.buffaloaa.org/> under forms.

The Envelope System

The Envelope System was established to allow AA members to directly contribute monies to help defray the costs of operating the Buffalo Central Office, which in turn helps carry the message. By keeping the lines of AA open, through the Central Office, the hand of AA may be ever more accessible to the troubled alcoholic.

Joining the Envelope System gives you the opportunity to put our 12th Step into action and allows you to say in one more way ***I am responsible.***

There are many costs involved in keeping the Central Office open, such as telephone, postage, lights, rent, etc.

To become a contributing member of the Envelope System, is really quite simple, you can fill out the form in (the) pamphlet and fold it up, put a stamp on it and place it in the mail, or call Central Office, leave your name and address to let them know that you are interested. The Envelope Chairman will send you a form, you can decide on how much and how often ... and we are off and running. Now wasn't that easy! What is better, is the feeling you get.

Don't know how much to contribute? Maybe consider putting in what you drank in a day, all right so that is a little silly, maybe. But why not at the cost of a drink per day. What is your sobriety worth?

Anonymity is kept. (end of pamphlet)

Alcoholics Anonymous in New York has much the same system – they call it the Birthday Club. Can you spare a couple bucks each month to keep Buffalo's front line of Alcoholics Anonymous open for the next suffering alcoholic looking for hope?? We even now offer recurring donations by Credit Card. This is how I personally donate, each month a small charge on my credit card is hardly noticed.

Perhaps your home group's 7th Tradition Basket barely covers rent & coffee – this is a way for you personally to support ***our primary purpose.*** Call the office NOW – before you forget!



Here are a few important events in AA history that took place in the month of November; more can be found at http://www.a-lassociates.com/aa/HISTORY_PAGE/dates.htm

- 1895 - William Griffith W. born, East Dorset, VT
- 1934 - Ebby T. carries message to Bill.
- 1934 - Bill W's final drunk begins on Veterans Day and lasts about a month
- 1950 - Dr Bob S dies in Akron, Ohio

From Bill's Memorial speech regarding Dr. Bob:

"Then we were brought together by a woman who was the last person on a long list of people I had been referred to. The only one who had time enough and who cared enough was a woman in Akron, herself no alcoholic. Her name was Henrietta Seiberling. She invited me out to her house and became interested at once. She called the Smiths and we learned that Smithy had come home with a potted plant for dear old Annie and he put it on the dining room table, but as Annie said that, just then, he was on the floor and they could not come over at that moment"

"So then Dr. Bob and I talked to the man on the bed, Bill Dotson, who some of you have heard, A.A. No. 3. Here was another man who said he couldn't get well, his case was too tough, much tougher than ours, besides he knew all about religion. Well, here it was, one drunk talking with another, in fact, two drunks talking to one. The very next day, the man on the bed got out of his bed, and he picked it up and walked, and he has stayed sober ever since. A.A. No. 3, the man on the bed."

"Smithy, unlike me and the man on the bed, was bothered very badly by the temptation to drink. he told me that he had that urge for six or seven years and that it was constant and that his basic release from it was doing what we now call the Twelfth Step. Smitty, greatly out of love and partly being driven began to frantically work on those cases, first in City Hospital in Akron and then as they got tired of drunks in the place, finally over at St. Thomas where there is now a plaque which bears an inscription dedicated to all those who labored there in our pioneering time and describing St. Thomas in Akron as the first religious institution ever to open it's doors to Alcoholics Anonymous".

"Of all that, this meeting here in this historic place in commemoration of Dr. Bob is a great and moving symbol. I know that he looks down on us. I know that he smiles and we know that he is glad".



11 th STEP:

“Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out.”

Share your Experience, Strength and Hope

Please submit your announcements by the **12th**
for next month's issue
Articles can be submitted at any time

e-mail address: buffaloaa@hotmail.com

or mail to:
Buffalo Central Office
681 Seneca St (lower)
Buffalo, New York 14210

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Heard @ a Meeting

**Alcoholism did not
run in my family...
It Galloped :)**

IN MEMORIAM

Things We Can Not Change
To all of our members who have lost family and loved ones
:Bud G, ~ Thruway Group ~ 34 years
Our thoughts and prayers are with you

NOVEMBER ANNIVERSARIES

Alexander

Liz K. 29y

Acceptance/Welcome

Tim D. 3y

Marybeth R. 4y

Anthony L. 5y

Joe L. 11y

Susan M. 29y

Coldsprings

Blaine H. 25y

Courage

Chris B. 13y

Susan S. 26y

Patty K. 32y

Eyeopener South

Nancy M. 2y

Kathleen K. 17y

Fireside

Teresa T. 6y

Gary U. 7y

Iwona 15y

Sharon P. 16y

Mike R. 25y

Dick D. 25y

First Step (NF)

Ed D. 3y

Friends Of Bill W.

David E. 1y

Bob N. 4y

Chris E. 16y

Golden Slipper

Andrea H. 30y

Harmony

Kim A. 4y

John W. 5y

Emanuel J. 8y

Danny C. 23y

Edwin C. 24y

Big Jim R. 25y

Helping Hand

Cheryl 3y

Chris E. 17y

How It Works

Tim P. 6y

Joe Z. 6y

Don M. 8y

Brendan D. 9y

Sean H. 11y

Dave W. 26y

Leon S. 31y

Jerry S. 42y

Ironhorse

Tom M. 3y

Mike Z. 8y

Mike N. 22y

John S. 33y

Just For Today(Cheek)

Jim K. 26y

Kensington

Terese R. 9y

Lakeshore

Brian C. 1y

Jennifer S. 6y

Marc L. 14y

Mike M. 17y

Lewport

Chad P. 13y

Lockview

Matt Z. 1y

Andrea H. 30y

North Buffalo

Chris M. 3m

Ashley U. 6m

Brian W. 2y

Dan S. 2y

Tyler 2y

Janelle P. 2y

Katie S. 2y

Dawn Marie 2y

Luke D. 2y

James S. 2y

Tony P. 3y

Kim K. 3y

Melanie J. 3y

Wendy U. 3y

Megan W. 3y

Ryan R. 3y

Todd S. 4y

Anita H. 4y

Mel D. 4y

Joseph H. 5y

James S. 6y

Gary W. 7y

Jacob 18y

Jay H. 22y

Renaissance

Nancy O. 6m

Meg G. 2y

Tom M. 3y

Sue M. 29y

Mary K. 32y

Remember When

Irving S. 3y

George K. 7y

Terry M. 14y

Rise & Shine

Katie S. 2y

Michael S. 2y

Robyon W. 2y

Joseph O. 2y

Megan W. 3y

Amanda M. 5y

Peter Z. 7y

Kim M. 8y

Tim L. 8y

Tom L. 9y

Neil M. 9y

Torrie L. 10y

Terry M. 14y

Michael R. 21y

Mary Lou Z. 37y

Serenity

SallyAnn C. 29y

Linda H. 31y

Sheridan

Chris D. 3m

Nicole V. 3m

Iracyn N. 1y

Mike M. 8y

Spiritual Progress

Carol M. 5y

Beth V. 7y

Sally Ann C. 30y

Springville New Life

Cheryl N. 3y

Sunday Morning Breakfast

Rebeca M. 3y

Jan C. 24y

The Journey

Katie S. 2y

Craig W. 2y

Jacob 2y

2y 6y

Jerry L. 6y

Mark 6y

Sue E. 12y

Dave Mc. 14y

Christopher 15y

Jeff F. 15y

Turning Point

John G. 30y

Victory Women's

Jenn Z. 14y

Sally 26y

WE- Women's

Nancy K. 2y

Williamsville

James R. 1y

Tom W. 2y



Group Anniversaries

4th Step Stumbers; 19y

Amherst Snyder; 55y

Any Lengths; 21y

Blasdell; 48y

Easy Does It; 25y

Eyeopener; 32y

Keep it Simple Sister; 26y

Lockveiw; 28y

Lower River; 26y

McKinley Winners; 36y

Chapter V; 26y

Reflections; 12y

Stepping Stones Gowanda; 27y

Sunday AM Breakfast; 26y

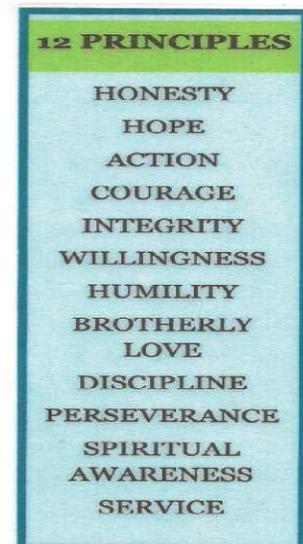
Turning Point; 31y

Twin Cities; 72y

Women's Westside; 26y

Please remember to
have the anniversaries
submitted by
the 12th

END OF BUSINESS DAY 4:30 PM
of the month
previous



PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM

681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210
Fax: 853-0389
buffalooa@hotmail.com

Real-Time schedule? Check your website: www.buffalooany.org

November 2015

IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.

MEETING CHANGES

- **We Don't Know Group** no longer meets on Tuesday. Thursday's only and needs support. 12:15 PM, Buffalo Central Office, 681 Seneca St., Buffalo 14210.
- **Angola Early Bird**; now meets on Monday's & Thursday's. 7:00 AM, Most Precious Blood School, 192 Prospect Ave. (off Lake) 14006.
- **Canaan House Ministries Group**; **NO LONGER MEETS**. Friday 12:30, Canaan Ministries, 1140 Walden Ave, Cheektowaga, 14211.
- **Contemporary Women LBT & Friends (Tuesday's)** The Evergreen Commons facility has moved to 262 Georgia with entrance on 67 Prospect; around the corner from old location.

PLEASE SUPPORT THE ENVELOPE SYSTEM

SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

- ~ Nov 1, **Central Committee Meeting, SUNDAY**, 7 PM, Buffalo Central Office (Hosted by Step Action). Nominations for many Service Positions.
- ~ Nov 1, **Steering Committee; SUNDAY**, 5:30 PM, Buffalo Central Office
- ~ Nov 11, **Convention 2015, Wrap Up Meeting**, 6:00 PM. Buffalo Central Office
- ~ Nov 14, **Archives Committee Meeting; 2nd SATURDAY**, 10 AM,
- ~ Nov 15, **Corrections Committee Meeting, 3rd-SUNDAY**, 6:00 PM, Buffalo Central Office, 681 Seneca St.
- ~ Nov 16, **Treatment Facilities Committee, 3rd-MONDAY**, 6 PM, Buffalo Central Office, 681 Seneca Street. Please, if you or your group is taking a meeting into a treatment facility, could you please send a rep to this meeting?
- ~ Nov 15 **General Service Assembly, SUNDAY**, 12 Noon. Hamburg Town Hall basement.
- ~ Nov 9, **Public Information Committee meeting, 2nd-MONDAY**, Anyone interested in helping the community understand who we are, what we do, and what do not, PLEASE come out and get involved. Help keep A.A. around for your children. 6 PM, Buffalo Central Office.
- ~ Nov 21, **Special Needs Committee Meeting, 3rd-SATURDAY**, 3:30PM, Buffalo Central Office, 681 Seneca St.

COMING EVENTS

~ Oct 24, **Correction Committee Day of Sharing**. 12 Noon doors open. The Hope Center, 781 Maple Rd. (near N. Forest), Amherst, 14221.

~ Oct. 31, **Boulevard Helping Hands Annual Halloween Party**, 6 PM -Doors open, 7 PM-Speaker, 8 PM-Food, Music & Dancing & Frolic. Cash prizes for costumes. Questions call office for Keith S's phone #

~ Nov 6, 7 & 8 - **Women in AA Annual Fall Spiritual Weekend** @ the Saint Columban Center (Derby, NY). Speakers, groups, spiritual advisors & lots of food, fun & fellowship. Home groups encouraged to sponsor a scholarship for a group member. Cost: \$145 (Incl. meals & lodging). Registration form in Sept New Frontiers/ also on Buffalo AA website under events/ or available via e-mail. Service scholarships available. Contact person: Marilyn @ retreatnewsaa@gmail.com.

~ Dec 9, **Main & High Annual Christmas Vigil**, 5-9 PM. Dinner/ Fellowship & Speakers; Please bring a dish to share. Holy Trinity Lutheran Church, 1080 Main St., Buffalo, 14209.

~Dec 24, **Friends of AA Annual Christmas Vigil**; 292 High St, Moot Senior center. 3PM until ? **Donations of toys accepted**. Speaker's (Open Mic Style) 6'ish., Food & Dancing. Santa for the kids! Contact office for phone #'s; Mona W., Andrew G. or Ava P.

11th STEP: "Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out."

11th TRADITION: "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."

11th CONCEPT; The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

Yours in the Fellowship of the Spirit...Terry B.... Executive Secretary



General Service Assembly

I and other AAs from Area 50, Western New York attended the New York State Informational Workshop (NYSIW), in August, and many of term spoke on panels. This event will be held in Buffalo next year. It will be very interesting and I encourage you to attend.

In September we held elections for Officers and Standing Committee Chairs who will serve January 2016 through December 2015 and that was pretty much all we had time for. At the October meeting we shall be able to get back to regular business. Again, I encourage you to attend GSA meetings at any time. At this time, the only one remaining this year is on November 8 at noon at Hamburg Town Hall on South Park Avenue. I hope to see many of you there!

Yours in Service; Sally Ann C; Area 50 General Service Assembly Chair; Panel 64 Alternate Delegate

New Frontiers ~ November 2015

Minutes of Central Committee Meeting, October 4th 2015

There were 22 groups in attendance. Zone 1-none, Zone 2-Acceptance, Brass, How it Works, Liberty Women, North Buffalo, Questions and Answers, Step Action, Three Legacies; Zone 3-Courage, New Beginnings, South Buffalo, Thruway Group, Tuesday Women's discussion; Zone 4-Action Group, Orchard Park Step, Zone 5-Lockport #1, Zone 6-Carrying the Message, Derby Group, We-Women's, Zone 7-None, Zone 8-Williamsville, Women Making the Effort

Meeting was opened at 7pm by Chairperson Dianne, with a moment of silence followed by the serenity prayer. Susan from Liberty Women's identified as a first time rep.

"The AA Preamble" was read by Ashley (Three Legacies), "The Purpose of Central committee" was read by Dennis D (How it Works) . "The Twelve Traditions" was read by Wally (Lockport No. 1) followed by a five minute presentation on the 10th tradition by Rae Ann, which was as well presented as it was received.

Alan (Brass) Dennis (How it works) motioned to accept the minutes of last month's meeting.

Committee Reports:

Envelope System: We received \$590.00 in envelope systems donations this month. It was comprised of the usual 7 monthly credit card donors, 4 monthly cash donors and 1 large quarterly donation. Last month it was suggest that we write an article for the New Frontier. Will that really help the problem with people not donating at all. No one has ever called me in the past 21 months regarding the envelope system nor did the sharing of info at the Central Committee inventory event help publicize the envelope system. I can tell you I've noticed a prevailing trend of just passing the basket around the table and not donating anything. Justifying it with I bought or brought coffee/water/tea etc. from home or maybe just the individual not knowing how important it is to make the effort to donate. I feel that it has to be an individual effort beginning with each and every one of us to remind the newcomers and others that although there are no dues or fees there are expenses. Again, if you would like more info on the envelope system please contact the Central Office.

Steering Committee: Presented by Debi... Welcomed the three new zone rep's who were curious about what they're responsibilities were. They decided they will work on the central committee inventory report at a separate meeting.

Treatment: The treatment committee is currently responsible for bringing the hand of Alcoholics Anonymous into 5 facilities. With the help of 30 groups, there are collectively 9 "TFC meetings" a week going on at these facilities. At our last meeting there were eleven members and 8 groups represented.

Treatment committee was present at the Buffalo Fall convention to ensure that we were available to inform all interested about TFC and what we do.

There are a few areas where AA members, and groups, can be available through treatment.

1. Individuals may take a speaking commitment at Horizon Village Terrace House on a Thursday at 6pm.
2. There are three open weeks for groups to take a commitment at Renaissance House on Wednesday at 8.
3. All groups who currently have commitments through the Treatment Committee can, and should, send a representative to our monthly committee meeting to inform us about anything more we could be doing to be of service to them, and also to allow us to inform their groups, through them, about anything pertinent to their continued Twelfth step work through TFC.

Anyone interested please contact Nadav W. Buffalotfc@gmail.com.

Yours in service,

Jesse S. Treatment Committee Co-chair

Financial: Provided by Chip R. September 2015: *Amounts rounded to the nearest \$1.00 except balances.* Total Income: \$8,428. Literature sales were \$3,247. Group contributions were \$3,875. Total Expenses: \$7,385. Monthly Net: Positive \$1,043. The year to date is a negative \$12,136. Asset Account Balances: Checking Account: \$17,832.62. Petty Cash: \$3,000. Prudent Reserve: \$28,136.42. Inventory: \$14,169.15, with purchases in September of \$659. Corrections Committee: Balance is \$1,669.85. Contributions were \$60 and expenses were \$3. Treatment Committee: Balance is \$1,045.60. Contributions were \$115 & expenses were \$283. Group Accounts Receivable: Balance is \$567.83 from 9 groups. Of that, 7 with \$386.86 are current to 30 days, 2 with 180.97 are over 30 days.

Correctional: Over the last month we have acquired the responsibility of bringing in the male meeting to Erie County Holding Center which has previously been handled outside of the committee by an individual AA member. Our liaison for the Female meeting at this facility is taking on the commitment of organizing this meeting and we are excited to serve in this capacity. We have also continued to organize our day of sharing which is this Month on the 24th from 12-5pm at the Hope Center. We have put together a budget for the event for you to review. It is as follows:

Rent: \$100
Literature: \$10 Pamphlets/ \$42.20 Corrections Kits (including shipping/tax)

Display supplies (Tri-fold board/markers/glue): \$20

Food/utensils: \$70/20

Coffee/supplies: \$20/10

Central Office: TOTAL CALL's INCLUDING AFTER-HOURS ;AA Call's: 416, 12-STEP: 11,ALANON: 5,VISITORS: 110,VOLUNTEERS: 5, Email's:247 ,Website Hit's; 99,216/ of them 6,715 Unique Visitors, Number of visits:15,121;
GROUPS WE ARE IN NEED OFCONTACTS FROM ARE; BOULAVARD WOMEN-2
Number of forms received to add to our 12th Step List: 0

*Please write separate checks for Central Office, Treatment & Corrections contributions.

*Reminder if your group is not meeting during the holiday's please let the central Office know so we aren't sending someone to a closed meeting.

*Reminder that November is Gratitude Month...The Envelope System is a terrific way to put your gratitude into action :)

Seminar Report was read and enclosed in mailing.

New Frontiers: No Report

PIC: No Report

Night Watch: No Report

Convention: The convention is finished, many people had a great time. Alan D. Closed the convention tonight and passed the baton to Sue B. the chair of next year's convention.

(Central Committee Minutes Continued...)

GSA Liaison: No Report

Archives: We thank you for the honor and privilege of serving you this past month. In September we have attended and/or reported to the all four intergroup within Area 50. We participated in the planning meeting of the Buffalo Fall Convention and the Cataract City Spring Convention planning meeting in Niagara Falls. Our archives committee had weekly work nights on Mondays. After 10 months of filling in as the archives chair when Wally needed to step down, at the September General Service meeting, I was elected by default for my first elected two year term as Area 50 archives chair as of January first, 2016. Very grateful to our next term new delegate Wally for pushing me to try and find out what it feels like to, so far, succeed.

We displayed at the Area 50 District 3 Day of Learning in Niagara Falls on Sept 19th and at the Action Group Anniversary in Orchard Park on Sept 20th. Four archives committee members attended the NATIONAL Archives Workshop by Cleveland Ohio in Independence on Sept 24-27th and did a display on that last evening (27th) for Fresh Start Group in Buffalo. The Archives Committee members did a panel at the Buffalo Fall Convention regarding the International Conventions. It is time again for that amazing annual NY-Penn Day of Learning that's in Bradford PA this time on Oct 16, and 17th. We will be displaying at the Corrections D.O. Sharing on Oct 24th. The Oct 29th display will at the Beginners Group Anniversary in Niagara Falls. We look forward to attending the GS Lights on event as well as the display we are doing at Easy Does It also on Nov 14, 2015.

Reminder to Buffalo Central Committee Members that the next Archives Breakfast (last Saturday in April 2016) with Gail L. of Akron, Ohio doing her presentation will sell out fast. Pre-flyers are coming out and posting on webs all around the area. Ty4Debi of Steering Committee!!!! Our effort toward gathering ORAL HISTORIES from the long-time members is in serious need of help from kind, caring individuals. If you are or know of someone who is interested in the stories of those whose recovery has helped shape this area, please know you are welcome to join us on the second Saturday of each month. THIS IS AN INVITATION TO ANY CURIOUS PERSONS OF THIS FELLOWSHIP.

We had donations in Sept from the Fresh Start Group, the incredible Ironhorse, Action Group and the Derby Group! Please note we are a financially autonomous committee with our only resources being group contributions and special events. We receive NO funding from ANY unorganized part of AA for ANYTHING. We rely upon your group and/or individual support to fund our archival work, pay rent for the repository, and participate in archival activities. Note that no funds are used to get members to events and each member pays their own way into events except out of area issues – donations are used ONLY for rent and archival efforts as approved by the entire committee and are protected by the multi-signature checking account. Please send any contributions to: Area 50 Archives Committee, c/o Buffalo Central Office, 681 Seneca Street, Buffalo, NY 14210. We thank you for your continuing support.

Archives displays for your group anniversary or special event with hopefully a 30 day minimum advanced notification are GREAT!!!! Sharing the history of AA crucial and capturing the interest of our primary purpose at YOUR MEETING may assist your PRIMARY PURPOSE efforts more than you can know. And the usual reminder to all AA members of these 8 counties of Western New York – throw NOTHING group-related away without considering your archives committee and your unborn alcoholics to come.

Yours in service, Lila M., Area 50 Archives Chair

Recap

Envelope: Debi asked if her article that she wrote endorsing the envelope system would be included. Sue B. shared her feelings that it won't help but she will include it.

Convention: Tina (Step Action) stated that someone came to her and said that folks were turned down for entry due to lack of funds. Diane D stated that she was there the entire convention and no one was turned away, because it wasn't possible to verify the voracity of the claim the issue was dropped. She also questioned why there would be a contribution can and was stated that this was not unusual or outside the traditions.

Old Business

Elections: up for new position... Co-Chair, Financial Secretary, Recording Secretary, all Committee chairs will be up for Nov. 1.

New Business

Corrections budget was provided by Christine for a total of \$289 for an upcoming day of sharing on October 24th. Motion was seconded by Joan D. Christine was asked what a corrections kit is and it was explained that they are informational kits from GSO

Asked where the money is from, Christine said that it is already in their account they are asking permission to use it.

Asked if there will be a jar put out for attendees to help allay the cost. Christine stated that the committee decided to not to put out the box asking for donations, and instead they would pay it out of their budget. There was further discussion on getting donations from those in attendance.

Was asked if it would have been a good idea to give the central committee a month to bring the request back to the groups to vote on this. And that a lot of people don't know what they're donations are for is presumptuous.

Was stated from the floor that there was a group conscience and we should just vote on it.

A response from the floor was that donations are generally meant to carry the message to the sick and suffering as opposed to providing lunch to recovering alcoholics.

An impassioned statement that this discussion stifles volunteering

Vote was 17-1 minority statement made by Pat. That she would want there to be an effort made to recoup some of the costs. No votes were changed
Vote passed 17-1

Terry presented on some information provided by Chuck B. from GSA, that Area is seeking to have each intergroup within area 50 host the GSA meeting. Luckily GSA already meets in the Buffalo area, so it is generally believed that we are all set.

Terry presented a request by Alanon to have an AA chair for their spring convention. She is not sure what the procedure would be for something like that.

Was asked if Terry could call her and get more information, or maybe the requestor could come to Central Committee to present her request.

Thank you to Courage group for refreshments. Next month will be Step Action providing refreshments.

Motion to close by Dennis D 2nd by Joan D.

Meeting was closed at 8:18 with the Lord's Prayer.



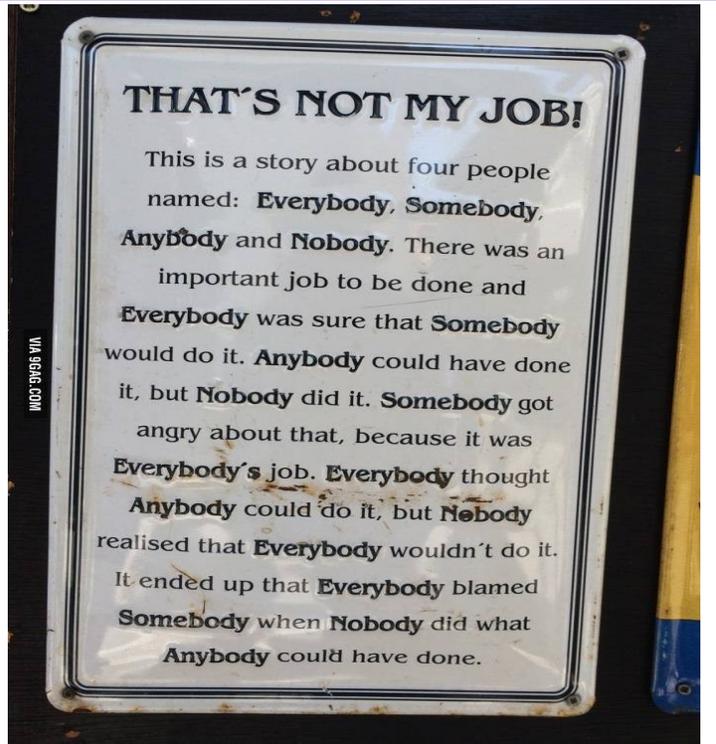
New Frontiers ~ November 2015

Cash Flow Statement	Jun-15	Jul-15	Aug-15	Sep-15
Beg Bal Cash on hand	23,419.75	23,570.64	19,054.01	16,789.41
Contributions				
Groups	3,737.68	3,438.53	4,233.69	3,874.77
Joint Meeting	46.00	42.50	50.50	53.00
Envelope System	655.00	684.00	250.00	425.00
New Frontiers Subs	35.00	60.00	13.00	-
Literature/Medallions/Pins	3,738.68	4,361.75	3,340.03	3,247.11
Literature Sales Tax	247.81	286.22	179.83	215.02
Literature Postage	11.89	11.85	12.34	27.11
Sales +/-		140.00	(140.00)	304.97
Archives Room Rent		240.00		260.00
Com. Meetings at CO	39.00	2.90	30.00	21.00
Mail/Misc.	50.00	30.00		-
Tax Returns				
Transfer from PR				
Income Transfer to Corrections/Treatment				
"Gratitude Month" (NOV)				
Conventions/Day of Sharing				
Monthly Income	8,561.06	9,297.75	7,969.39	8,427.98
Expenses				
Building Rent/Utilities	1,219.19	1,283.79	1,283.79	1,283.79
Payroll Gross	2,635.68	4,287.42	2,769.24	2,769.24
Employment Taxes	201.64	328.00	211.86	211.86
Unemployment Surcharge				
NYS Sales Tax (ANNUAL)				
Insurance				
State Ins Fund(Travelers)	(2.40)	(3.60)	(2.40)	(2.40)
Health	590.42	590.42	590.42	590.42
D&O Insurance				
Liability				
Postage	289.43	613.39	300.00	444.14
Phone/Internet	123.62	123.87	247.63	2.84
Accounting	1,150.00			
Paychex	107.70	171.50	107.70	107.70
Advt				
Talking Phone Book				
Dex Media	173.00	173.00	174.25	174.25
website				
Local Edge				
Yellow Pages				
Literature Expenses				
Grapevine				
World Services Inc	1,226.80	1,839.76	3,424.20	343.84
Hazeldon		418.95		
Printers		2,991.15		
Medallions	78.49			315.61
Petty Cash				
Office Supplies	189.70	136.85	551.19	216.16
Copier leasing	209.00	209.00	209.00	209.00
Copies/ service contract	161.00	161.00	161.00	161.00
Bank Fee's including credit cards fee's	56.90	58.68	66.11	56.38
Literature returns reimbursement				
Seed \$\$				200.00
CO Seminar		431.20		500.94
Transfer to Corrections/Treatment			140.00	
Transfer to Corrections/Treatment				
Monthly Expenses	8,410.17	13,814.38	10,233.99	7,384.77
Monthly Income (Loss)	150.89	(4,516.63)	(2,264.60)	1,043.21
End Balance	23,570.64	19,054.01	16,789.41	17,832.62
Petty Cash	3,000.00	3,000.00	3,000.00	3,000.00
Total Balance	26,570.64	22,054.01	19,789.41	20,832.62
PRUDENT RESERVE	28,134.80	28,135.48	28,135.96	28,136.42
Assets: Literature& Medallions	12,327.52	14,773.75	15,914.49	14,169.15
Literature Receivable (outstanding)	550.70	415.41	446.51	567.83
PIC Removed from Stock				82.48
Corrections Facilities	1,694.55	1,348.85	1,565.85	1,612.85
Contributions	265.40	220.00	50.00	60.00
Bank Fee's	3.00	3.00	3.00	3.00
Expenses	608.10			
Balance	1,348.85	1,565.85	1,612.85	1,669.85
Treatment Facilities	1,445.60	1,524.60	1,346.60	1,213.60
Contributions	82.00	105.00	150.00	115.00
Expenses		280.00	280.00	280.00
Bank Fee's	3.00	3.00	3.00	3.00
Balance	1,524.60	1,346.60	1,213.60	1,045.60

YTD: 2015

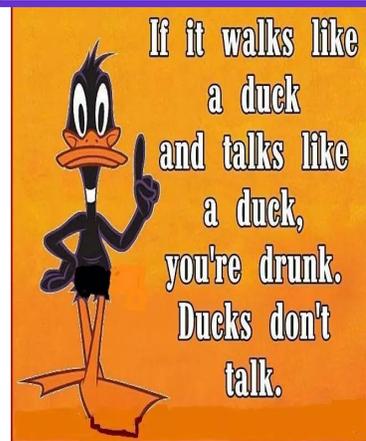
34,247.17
417.95
5,310.00
406.00
34,620.01
2,180.24
121.06
283.03
500.00
195.65
165.00
78,446.11
11,137.17
26,957.82
2,282.92
2,713.45
345.00
5,547.78
1,111.96
3,029.22
1,136.31
1,150.00
1,019.72
1,558.50
1,059.60
358.44
14,915.20
1,453.20
5,096.65
1,203.98
-
2,158.57
1,881.00
1,449.00
-
672.76
200.00
957.14
140.00
90,582.39
(12,136.28)

Intergroup wants to express our appreciation for those groups and individuals who have made generous financial contributions, and give a **special thank you** to all the members who have volunteered their time this year to help the



Bill W. wrote of Intergroup Offices, "Though not costly, these agencies are absolutely essential to our continued expansion—to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that AA must everywhere function in full strength—and that, under our Tradition of self-support, we are all going to foot the bill"

"Self-Support: Where Money and Spirituality Mix" pamphlet



CPI Inflation Calculator

\$ 1.00

in 1942

Has the same buying power as:

\$14.40

in 2015

Calculate

New Frontiers ~ November 2015

GROUP CONTRIBUTIONS 2015

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
			0.00		0.00		0.00
5	7 Clans		40.00		0.00		0.00
5	12 Steps/12 Traditions		0.00		0.00		0.00
1	4th Step Stumblers/F.U.N.		0.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
5	5th Tradition (Youngstown)		0.00		0.00		0.00
2	AA BREAKFAST		0.00		0.00		0.00
6	A ANONYMOUS		50.00		0.00		0.00
4	A Day At A Time		0.00		0.00		0.00
6	A VISION FOR YOU		0.00		0.00		0.00
3	Abbott Corners		100.00		0.00		0.00
3	Abbott Men's		180.00		0.00		90.00
2	Acceptance/Welcome		0.00		0.00		0.00
8	Achievement		50.00		0.00		50.00
4	Action		100.00		0.00		0.00
2	Age Doesn't Matter		0.00		0.00		0.00
8	Akron Awareness		0.00		0.00		0.00
5	Albion Grapevine		15.00		0.00		0.00
5	Albion New Beginnings		15.00		0.00		0.00
3	Alexander		0.00		0.00		0.00
8	Amherst/ Snyder		103.50		0.00		0.00
6	Amsdell Lakeshore		150.00		0.00		0.00
6	Angola Early Bird	25.00	50.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	30.00	270.00		0.00		0.00
4	Arcade		0.00		0.00		0.00
6	As Bill Sees It		150.00		0.00		0.00
8	Attitude Adjustment(Williamsville)		100.00		50.00		50.00
5	Attitude Adjustment(NF)		0.00		0.00		0.00
6	Attraction		235.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
7	Beginning In Sobriety II		0.00		0.00		0.00
8	Beginning's Women		0.00		0.00		0.00
5	Big Book Lockport		0.00		0.00		0.00
6	Big Book Study		75.00		0.00		0.00
3	Blasdel		0.00		0.00		0.00
3	Blasdel Monday Night		0.00		0.00		0.00
3	Blasdel Saturday		45.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		68.00		0.00		0.00
2	Boulevard Women		0.00		0.00		0.00
2	Brass	20.00	60.00		0.00		0.00
	Building Hope		0.00		0.00		0.00
7	Buffalo Group		0.00		0.00		0.00
3	Buffalo Creek		140.00		0.00		0.00
	By the Book	250.00	250.00		0.00		0.00
3	By the Wayside		100.00		0.00		0.00
6	Carry the Message		0.00		0.00		0.00
3	Canaan House	24.35	24.35		0.00		0.00
7	Casting		0.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake- Up Call		450.00		0.00		0.00
3	Caz Manor		250.00		200.00		200.00
3	Caz Manor Sunday	25.00	150.00		0.00		0.00
7	Central City Cafe'		100.00		0.00		0.00
2	Chapter IX		50.00		0.00		0.00
3	Cheektowaga		785.00		0.00		0.00
6	Changing Our Way's		50.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		0.00		0.00		0.00
2	Common Bond		0.00		0.00		0.00
	Common Solution		0.00		0.00		0.00
1	Commitment	200.00	400.00		0.00		0.00
1	Complanters		30.00		0.00		0.00
3	Courage	50.00	50.00		0.00		0.00
2	Daily Reflections		303.00		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
2	Dawn of Hope		25.00		0.00		0.00
6	Derby	220.00	340.00		0.00		0.00
6	Derby Lunch		25.00		0.00		0.00
6	Desire		0.00		0.00		0.00
2	Desperate		0.00		0.00		0.00
1	Downtown Men's		53.47		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
6	Early Bird Step		0.00		0.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst		0.00		0.00		0.00
8	East Amherst Traditions		160.00		0.00		0.00
4	East Aurora		100.00		100.00		0.00
2	Easy Does It	30.00	270.00	30.00	270.00	30.00	270.00
4	Ellicottville	25.00	75.00		0.00		0.00
2	Elmwood		0.00		0.00		0.00
6	Everybody's		50.00		0.00		0.00
1	Express		0.00		0.00		0.00
8	Eyeopener	385.89	1791.70		0.00		0.00
4	Eyeopener South		632.50		213.00		0.00
2	Feelings		0.00		0.00		0.00
8	Fireside PM	500.00	800.00		0.00		0.00
8	Fireside		263.00		0.00		0.00
5	First Step (NF)		50.00		0.00		0.00
6	Forestville Sunday Serenity		100.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom		400.00		0.00		0.00
7	Fresh Start		135.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS 2015

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
2	Friends of Bill W.	30.00	90.00		0.00		30.00
3	Gardenville		412.50		0.00		0.00
8	Georgetown		0.00		0.00		0.00
2	Getting Better		0.00		0.00		0.00
6	Gettin With It		20.00		0.00		0.00
1	Giving		50.00		0.00		0.00
6	Go to Any Length		1100.00		0.00		0.00
5	Golden Slipper		500.00		0.00		0.00
2	Grace Point		0.00		0.00		0.00
2	Grand		0.00		0.00		0.00
2	Grand II Joy of Living	50.00	150.00		0.00		0.00
2	Grateful		25.00		0.00		0.00
3	H.O.W.		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
8	H.A.N.D.		0.00		0.00		0.00
7	Harmony		119.50		0.00		0.00
4	Helping Hand	25.00	125.00		0.00		0.00
8	High Noon		500.00		0.00		0.00
8	High View	200.00	350.00		0.00		0.00
4	Hillbilly		90.00		0.00		0.00
1	H.I.P.		180.00		0.00		0.00
6	Holiday Village		283.00		23.00		23.00
4	Holland		122.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty		0.00		0.00		0.00
	Hope's Horizon		100.00		0.00		0.00
2	How It Works/Men's	75.00	605.00		0.00		0.00
1	HUDSON & WADSWORTH		0.00		0.00		0.00
3	IF HE WERE SOUGHT		0.00		0.00		0.00
	Independence (NF)		55.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		40.00		40.00		40.00
3	Ironhorse	126.00	1194.00		0.00		0.00
8	IT		0.00		0.00		0.00
2	Just Do It		0.00		0.00		0.00
3	Just For Today/ Cheektowaga		57.77		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
4	Keep It Simple Sister		0.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington	50.00	100.00		0.00		0.00
6	Lake Shore	100.00	775.00		0.00		0.00
6	Lakeview		150.00		0.00		0.00
3	Lancaster Dailey Reprieve		58.17		0.00		0.00
	Lawyer's		500.00		0.00		0.00
5	LewPort		10.00		0.00		0.00
2	Liberty Women	75.00	150.00		0.00		0.00
4	Life Today	10.00	25.00		0.00		0.00
8	Lighten UP		200.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
5	Lock City		0.00		0.00		0.00
5	Lockport #1	270.00	570.00		0.00		0.00
5	Lockport Discussion		0.00		0.00		0.00
5	Lockport Ladies		200.00		0.00		0.00
5	Lockport Tuesday		0.00		0.00		0.00
5	Lockview		400.80		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy		0.00		20.00		0.00
5	Lower River		50.00		0.00		0.00
1	Main and High		95.00		0.00		0.00
4	Main Street		0.00		0.00		0.00
8	Maple		0.00		0.00		0.00
4	Manilla	40.00	350.00		0.00		0.00
3	Matt Talbot	53.00	800.25		0.00		0.00
6	McKinley Winners		50.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		0.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day	50.00	100.00		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
2	Morning After		500.00		0.00		0.00
3	New Beginnings/St. Vincent		0.00		0.00		0.00
5	Newfane Living Sober		25.00		0.00		0.00
5	New International		0.00		0.00		0.00
3	New Life		50.00		25.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		30.00		0.00		0.00
5	Niagara Frontier Men's Disc.		76.00		0.00		0.00
2	North Buffalo		800.00		0.00		0.00

RETURN SERVICE REQUESTED

681 Seneca St. (Lower)
Buffalo, NY 14210

NON-PROFIT ORG.
US POSTAGE PAID
PERMIT # 53
BUFFALO, NY

**Have The New Frontier's delivered
To your home every month**



NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP** _____

ANNUAL SUBSCRIPTIONS;

**MAKE CHECKS PAYABLE TO: BUFFALO CENTRAL OFFICE, 681 SENECA ST.,
BUFFALO, NY 14210**

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