

# NEW FRONTIERS

A.A. of the Niagara Frontier

October 2017

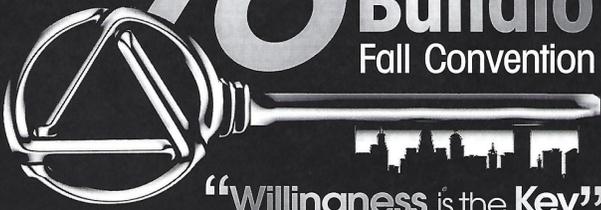
THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



Are you ready to practice *Unity*  
at our

## Buffalo Fall Convention 2017

Banquet Registration must be received by  
October 20th, 2017  
Convention Registration right up to the door



**76<sup>th</sup> Annual Buffalo Fall Convention**

*“Willingness is the Key”*

**NOVEMBER 3-5, 2017 @ THE MILLENNIUM HOTEL**

**AMAZING...**

**ARCHIVES DISPLAY & SPEAKERS  
ALKATHON ROOM ALL WEEKEND!  
ALL DAY TOPIC & INTEREST PANELS  
LITERATURE TABLE SPEAKER CDs RAFFLES & 50/50  
SATURDAY NIGHT BANQUET & FELLOWSHIP  
DANCE! FRIDAY & SATURDAY NIGHT FEATURING LIVE DJ**

**OUR GUESTS THIS YEAR...**

**RALPH W. (CA) JENNIFER K. (TX) BOBBY C. (PA) BUTCH M. (ON)**  
WITH AL-ANON PANELS!

### Willingness is the Key

“ONCE WE HAVE PLACED THE KEY OF WILLINGNESS IN THE LOCK AND HAVE THE DOOR EVER SO SLIGHTLY OPEN, WE FIND THAT WE CAN ALWAYS OPEN IT SOME MORE. THOUGH SELF-WILL MAY SLAM IT SHUT AGAIN, AS IT FREQUENTLY DOES, IT WILL ALWAYS RESPOND THE MOMENT WE AGAIN PICK UP THE KEY OF WILLINGNESS.”

-TWELVE STEPS AND TWELVE TRADITIONS PAGE 55

THE 76<sup>th</sup> ANNUAL BUFFALO FALL CONVENTION WILL BE HELD AT THE MILLENNIUM HOTEL  
2040 WALDEN AVE. BUFFALO, NY 14225 (800) 323-3331

TICKETS INCLUDE ON-SITE PARKING, COFFEE, & SNACKS.

SOUVENIRS - SWEATSHIRTS & LITERATURE FOR SALE



SPECIAL ROOM RATES ARE BEING OFFERED: **DELUXE \$109 DELUXE COURTYARD \$129**  
FOR RESERVATIONS, CONTACT THE HOTEL DIRECTLY; MENTION YOU ARE A FRIEND OF BILL W.

FOR ANY QUESTIONS, CONCERNS, OR SPECIAL NEEDS CONTACT: **DAVE G (716) 866-6612**

MAIL ALL FORMS TO: BUFFALO FALL CONVENTION P.O. BOX 143, GETZVILLE, NY 14068

2017 BUFFALO FALL CONVENTION

NAME TAG \_\_\_\_\_  
FIRST & LAST \_\_\_\_\_  
STREET ADDRESS \_\_\_\_\_  
CITY, STATE, ZIP \_\_\_\_\_  
PHONE \_\_\_\_\_  
EMAIL \_\_\_\_\_  
CREDIT CARD (AMEX, DISCOVER, VISA, M/C) \_\_\_\_\_  
NAME ON CARD \_\_\_\_\_  
CARD # \_\_\_\_\_  
EXP. DATE \_\_\_\_\_ 3 DIGIT CVV \_\_\_\_\_

PLEASE MAKE CHECKS OR MONEY ORDERS PAYABLE TO:  
**BUFFALO FALL CONVENTION**  
P.O. BOX 143 GETZVILLE, NY 14068

PRE-REGISTRATION

BANQUET  FAMILY STYLE  VEGAN OPTION   
CONVENTION & BANQUET UP TO 08/31/17 - \$50  
(PER PERSON) UP TO 09/30/17 - \$55  
UP TO 10/20/17 - \$60  
AA & AL-ANON CONVENTION ONLY - \$20

SCHOLARSHIP FUND - \$3 - \$10 - OTHER \$ \_\_\_\_\_  
**CASH ONLY AT THE DOOR** TOTAL \$ \_\_\_\_\_

PRE-REGISTRATION CUT-OFF DATE:  
OCTOBER 20<sup>th</sup> 2017

GROUPS OF FIVE OR MORE PRE-REGISTER TO  
RECEIVE A SPECIAL GROUP RATE

PLEASE PRINT CLEARLY AND IN BLOCK LETTERS  
ALL INFORMATION MUST BE PRINTED IN BLOCK LETTERS  
PLEASE PRINT CLEARLY AND IN BLOCK LETTERS



## **The man in the mirror**

### **Prone to anger, an alcoholic takes a Tenth Step inventory**

I heard a woman in a meeting say, "If you can spot it, you got it!" She was saying that if something disturbs you about another person, then you have the same characteristic in your personality, or you yourself have done the very thing you object to. When I hear comments such as this, I am reminded of the Tenth Step. It makes it clear to me that I need to take my inventory, not the inventory of others. It also gives me some information about myself.

In my early years in AA, one of the stories in the Big Book told me that if I was taking the inventory of a sponsee, then I was taking my own inventory as well. I also read in the "Twelve and Twelve" about how the things that I object to about others exist in me. These stories motivated me to look at myself, not somebody else. I didn't like the idea that I was looking in the mirror when someone disturbed me, but that knowledge got me looking at myself, and it moved me along in recovery.

The Tenth Step entails working Steps Four through Nine on a daily basis. The Fourth Step was my first attempt at an inventory, and the Tenth Step keeps me doing it.

Step Ten also allows me to address things as they come up in life. The Big Book shows me how to do this, and when I am wrong in my actions and have harmed someone, this Step tells me I need to make amends promptly to that person. Often, I can do this immediately or at least the next day. This was not always the case.

Early in my sobriety, I lashed out in anger at my boss. I tried to make her look bad in front of the rest of the staff. She had given an assignment that I felt I deserved to someone else. I was seething with resentment.

Afterward, I brooded and complained about her for a few days, nursing the resentment. Finally, I worked the Steps and realized I was wrong. Amends were in order and I made them, four days after the incident.

She told me that she did not like being made to look bad in front of everybody. She said that the whole thing had been bothering her since it happened. But she forgave me and we became friends. This was an important step in learning to deal with resentments and swallowing my pride. I had taken responsibility for my actions, actions taken while in sobriety. I don't recommend having temperamental outbursts at work, especially toward your boss, as a way to make friends. But, that was how it worked out for me.

I have been sober for 21 years now. I have had to make amends several times in sobriety for losing my temper, but the amends have come progressively more quickly each time.

It has been a few years since the last time I let somebody have it. Hopefully, I have learned "restraint of tongue and pen." Slow growth is good growth.

The "spot-check inventory" part of Step Ten has saved me from making many more amends. It has taken me a long time, when disturbed, to step back and look at myself before acting.

Earlier in my sobriety, if I was afraid, I would either run away or try to control the situation. Now I tend to step back, reflect, and take more appropriate action.

Sometimes I do nothing, rather than try to control things. Other times, I face up to my fear and do what I am afraid to do instead of running away. It has taken a lot of Step work to be able to do this as frequently as I do it today.

As part of the Tenth Step, I also take an annual or semi-annual inventory similar to the Fourth Step. Taking pen in hand, I start writing. It often seems as if God is guiding my pen, with new things coming up as I write. Both positive and negative things appear.

On a daily basis, I don't work the Tenth Step perfectly, so there are things I need to address. It is also helpful for me to do some writing on the positive attributes in my life.

I then share this inventory with a trusted friend in AA. Often, I receive helpful comments as I do this. This is one of the ways the grace of God works in my life. I find that as I grow spiritually, more and more positive attributes appear on my inventory.

The Tenth Step, in conjunction with the other Steps, keeps me on the right track spiritually. It also gives me a much more happy, joyous and free sober life.

—Paul W., Rochester, NY—  
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October, Vol.0 No.0



October 2017 New Frontiers AA History article time! In AA history October has a number of things that happened in that month that make it important.

One of the changes that happened was that our organization's name changed from being "The Alcoholic Foundation" to being "The General Service Board of Alcoholics Anonymous Inc." in October of 1954.

In May of 1956 the AA Bulletin was changed to being the AA exchange bulletin and later became "Box 459" that I love to read so much - one of the largest connections I have to the world of AA outside my tiny life. The fact that it is free and I can read it (and old Box 459's) on aa.org helps me too. Finding out how it got that name was one of the best ways that I learned about anonymity and the necessity of humility, and I love the message about Michelle in this month's copy! [https://www.aa.org/newsletters/en\\_US/en\\_box459\\_summer17.pdf](https://www.aa.org/newsletters/en_US/en_box459_summer17.pdf)

Another great thing that happened in October 1957 was the publishing of the book called AA Comes of Age that is really a history book of our incredible Fellowship and tells more about the hardships and miracles of our growth than any other book I've read so far.

Sam died on October 31st of 1963 - and if you don't know about Dr. Sam Shoemaker and what he gave to Bill that Bill then gave to us, well, actually that's a whole other story and much more interesting to talk about than I can do in this tiny article. Give me a call if you're interested. I think of and quote from one of his poems often - which can be found by Googling "I Stand By The Door" (which is what I try to do).

Also in October, Marty M. was born in Chicago in 1904 ---- and her existence and willingness to speak to government bodies for us drunks was an incredible part of the formation of what you and I understand the term "alcoholic" to be today.

And for the last 2 October events that happened that I feel were so incredibly important was in October of 1939 there was a disappointing review of the big book in the *Journal of American Medical Association* but because of an article in *Liberty magazine* and some editorials in the *Cleveland Plain Dealer* the membership in Cleveland skyrocketed from a dozen to over 100 - which in the days before the internet would have been quite an amazing thing.

And just a year later in October 1940, Bill went to speak to one of the owners of the *Saturday Evening Post* which at that time had a readership of over three million. It didn't get results immediately but in December just a few months later that Jack Alexander article was assigned to be done by Jack! Most of us know the explosive outcome of that ONE SIMPLE ARTICLE by a man who was known for exposing crooked dealings and finding the dirt on issues that no one else could. His glowing recommendation is one of the first articles about AA that I read when I first came around archives now over 6 years ago. HIGHLY recommend it if you've not read it!

Hopefully next month we'll have a real writer doing this again - but if you have suggestions about historical AA articles, hit me up at [ARCHIVES@AREA50WNY.ORG](mailto:ARCHIVES@AREA50WNY.ORG) or if you have complaints, I'm sure your sponsor would love to hear all about it!

And to all the alcoholics in this area (most of these eight counties of western New York), thank you for your service in keeping the rooms of AA open and the books and pamphlets available - particularly the one my sponsees and I are focused on: "AA for the Woman" found at: [https://www.aa.org/pages/en\\_US/aa-literature](https://www.aa.org/pages/en_US/aa-literature)

Yours In Service, Lila M., Area 50 Archives Committee Chair

## **STEP 10 Continued to take personal inventory and when we were wrong promptly admitted it.**

### Share your Experience, Strength and Hope

Please submit your announcements by the **12th**  
for next month's issue

Articles can be submitted at any time

**e-mail address: buffaloaa@hotmail.com**

or mail to:  
**Buffalo Central Office**  
**17 Gierlach Street**  
**Sloan, New York 14212**

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: quotations from "Alcoholics Anonymous", "Twelve Steps and Twelve Traditions" and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc. are subject to Grapevine copyright.)

### **Heard @ a Meeting**

"I keep hearing about 'real' alcoholics," the newcomer said to her sponsor.

"What is the difference between an alcoholic and a 'real' alcoholic?"

Her sponsor replied: "The same as the difference between 'dead' and 'real dead.'"

### **IN MEMORIAM Things We Can Not Change**

*To all of our members who have lost family and loved ones*

*Anne H.: 4 years ~ Ironhorse Group*

*Bob F.: 42 years ~ Williamsville Group*

*Rudy B.: 27 years ~ Sunday Morning Breakfast*

*Our thoughts and prayers are with you*

# OCTOBER ANNIVERSARIES

## Acceptance/Welcome

Kevin P. 6y  
 Frank A. 7y  
 Jim T. 7y  
 Pete D. 8y  
 Dan A. 9y  
 Jamie O. 11y  
 Peyton R. 11y  
 Mark T. 18y  
 Don K. 19y  
 Ron S. 22y  
 Don S. 22y  
 Kevin N. 29y

## Alexander

Chris H. 14y  
 Joe T. 26y

## Any Lengths

Patricia M. 3y  
 Dick K. 26y  
 Eric B. 34y

## Easy Does It

Tony M. 3m  
 Stephen C. 3m  
 Janelle P. 3m  
 Nate 3m  
 Norm F. 3m  
 Ian B. 3m  
 Liz 6m  
 Cathy R. 6m  
 Vanessa B. 9m  
 Victor 2y  
 Katie A. 3y  
 John M. 3y  
 John P. 3y  
 Courtney S. 7y  
 John M. 33y

## Bldv. Women

Susan D. 3y

## Derby

Rob A. 1y  
 Joe K. 4y

## Eyeopener

Dawn P. 2y  
 John N. 2y  
 Tony B. 3y  
 Jamie O. 11y  
 MaryKay B. 19y  
 Bill B. 24y

## Eyeopener South

Brady B. 6m  
 Joanne G. 6m  
 Eric P. 2y  
 Jason L. 2y  
 CJ A. 4y  
 Susan C. 10y  
 Kevin K. 22y

## Fireside

Todd 10y  
 Tom F. 22y  
 Bill P. 37y

## First Step

Brenda K. 9y  
 Zeny C. 38y  
 Leo S. 41y

## Golden Slipper

Brett W. 1y  
 Dave G. 10y

## H.A.N.D.

Michelle D. 24y

## Harmony

Natalie W. 5y  
 Manny W. 9y  
 Patrick 18y  
 Quentin B. 24y

## Holland

Rich W. 2y  
 Paul S. 29y

## How It Works

John B. 2y  
 John W. 2y  
 Eddie G. 2y  
 Jason F. 4y  
 Dave R. 6y  
 Mark A. 10y  
 Mike B. 12y  
 Tim B. 14y  
 Tony B. 27y

## Just For Today

Tom L. 25y

## Lakeshore

Bob M. 19y  
 John H. 37y

## Lockport #1

Phil N. 1y

## Orchard Park Step

Adam B. 2y  
 Nathan M. 28y  
 Al L. 37y

## Q & A

Kellie S. 9m  
 Robert M. 6y  
 Traci H. 5y  
 Al G. 13y

## Purpose

John T. 19y  
 Ann K. 20y

## Rise & Shine

Alexis N. 6m  
 Joseph K. 1y  
 Dave T. 1y  
 Dave G. 2y  
 Tim L. 2y  
 Shaun Z. 2y  
 Eddie G. 2y  
 John M. 3y  
 Jeremiah G. 6y  
 Kaitlin W. 6y  
 Carlisha M. 10y  
 Charlie H. 30y

## Renaissance

Kevin E. 1y  
 Danielle H. 2y  
 Ann K. 20y  
 Sue B. 28y

## Remember When

David G. 2y  
 Kim C. 5y  
 Greg H. 6y  
 Alfonso A. 18y

## Sheridan

Christine M. 3y  
 Cindy S. 10y  
 Gary B. 23y

## Spiritual Progress

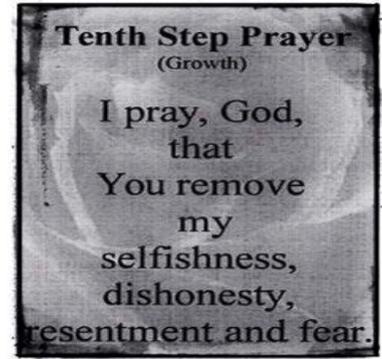
Carolyn 1y  
 Kristen 2y  
 Tracy H. 5y  
 Kim T. 6y  
 Anoinette L. 12y  
 Bettye Ann 13y

## The Grove

Jeremy P. 1y  
 Shawn A. 1y  
 Kathleen S. 1y  
 John H. 2y  
 Billy C. 2y  
 Pat K. 3y  
 John H. 22y

## Williamsville

Henry 12y  
 Keith 25y  
 Chris R. 32y



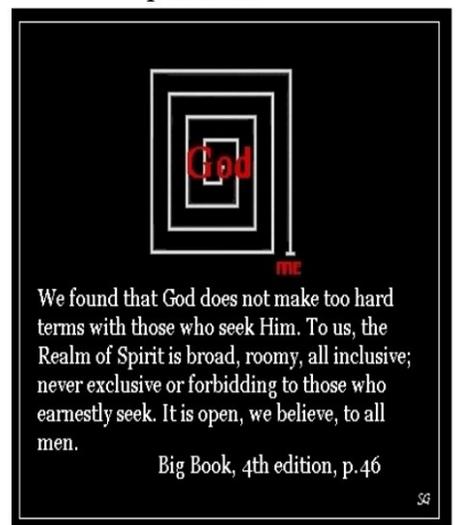
## Group Anniversaries

Amsdell-Lakeshore; 52y  
 Freshstart; 34y  
 Hamburg; 56y  
 Lighten-Up; 28y  
 Lockport Nooners; 12y  
 Maple; 11y  
 Open Mind; 40y  
 Ridge; 20y  
 Step It Up; 25y  
 Silver Creek Friendship; 48y  
 Spingville New Life; 14y  
 St. Mark's; 28y

Please remember to  
*have the anniversaries  
 submitted by  
 the 12th*

**END OF BUSINESS  
 DAY 4:30 PM**

of the month  
 previous



**PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)**

**BUFFALO CENTRAL OFFICE**  
**ALCOHOLICS ANONYMOUS**  
**(716) 853-0388**  
**9:00 AM- 12:30PM, 2:00 PM- 4:30 PM**

**17 GIERLACH STREET**  
**SLOAN, NEW YORK 14212**  
**Fax: 853-0389**  
**buffalooa@hotmail.com**

*Real-Time schedule? Check your website: [www.buffalooany.org](http://www.buffalooany.org)*

## October 2017

**IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

### MEETING CHANGES

- **Somerset Group** Friday's 10:3 am in Appleton; **NO LONGER MEETS.**
- **East Amherst Tradition** start time has **changed to 6:30 PM.** Monday's, Horizon Health, 6495 Transit Rd, Suite 800, East Amherst 14051.
- **North Java Monday** has Changed it's start time to **8:00 PM.** Holy Family Parish, 4316 Rt 98, North Java 14113.  
All Groups that meet at **St. Kolbe Center** ( Reflections; Wed. & Thur. Nite Stepper:Thur.); 176 Clark St., Bflo East 14212: **NO LONGER MEET.**
- **Lockport Ladies Group** has **moved;** VFW Post 2535, 112 Caledonia St., Lockport14094. Saturday 10AM.
- **Dawn Of Hope Group; No Longer Meets.** Fellowship of Gods Word Church, TUESDAY & THURSDAY, 7:30 PM, 116 Broad St. @ Seymour, Tonawanda (City), 14150.
- **E. Amherst Traditions Group** is **changing** their **start time to 6:30 PM in Sept.** Horizon Health, Monday's, 6495 Transit Rd, Suite 800.

### SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

~ Oct. 1, **Committee Meeting that meet prior to Central Committee 5:30 PM**  
**St. Andrew's Church Parish, (Corner of Crocker & Reiman) 34 Francis Ave, Sloan, 14212,**  
**Steering Committee**  
**Public Information Committee meeting**  
**Treatment Facilities Committee**  
**Nightwatch Committee**  
**Envelope System (6:30 PM)**  
**Followed By Central Committee 7:00 PM**  
**(Hosted by Lakeshore Group)**

- ~ Oct.2, **Convention Committee Meeting**, 6:00PM, St. Andrews Church, 34 Francis Dr. Sloan 14212
- ~ Oct.9, **Archives Committee Meeting**; **3rd Saturday; 10:00 AM???**. Buffalo Central Office, Work night's; 4th Monday's.
- ~ Oct. 14, **GSA** Area 50, Panel 66 Delegate - Wally E will present his post conference report of the 67th General Assembly at the Area 50 Assembly to be held at First Presbyterian Church, 4th and Eagle, Dunkirk, NY Host: Dunkirk Monday AA. The Assembly will begin promptly at noon. Lunch is provided. All members of AA are welcome to attend and learn about the business of AA and the many service opportunities available throughout Area 50. Electronic copies of the Final Report of the 67th General Service Assembly are available on the Area 50 Website - [www.area50wny.org](http://www.area50wny.org).
- ~ Oct 18, **GSA District 16 (Southtowns) Meeting**. 7:00 PM( 3rd Monday), at 2063 Southcreek Rd., Eden 14057

## **COMING EVENTS**

- ~ Oct 6-8, **Women of AA Annual Fall Spiritual Weekend** at Stella Niagara - Lewiston. Come for a weekend to share sobriety with fellow recovering AA women through speakers, small groups, spiritual advisors and meditation. Information & Flyer on website.
- ~ Oct 7, **Stone Soup Gathering**, Rain or Shine. 1PM-(PM. Speakers 3PM & 7PM. 9203 Morse Rd. East Concord, NY 14055. Information & Flyer on website.
- ~ Oct. 21, **Memorial for John C.** (past delegate). 1PM - 5PM, The Hope Center, 781 Maple Rd., Amherst.
- ~ Nov. 3-5, **76th Buffalo Fall Convention**. Millennium Hotel, 2040 Walden Ave, Cheektowaga 14225. Flyers & info are out and on the website: [www.buffaloaany.org](http://www.buffaloaany.org).

*Yours in the Fellowship of the Spirit...Terry B.... Executive Secretary*

**10th STEP: Continued to take personal inventory and when we were wrong promptly admitted it.**

**10th TRADITION: Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be draw into public controversy.**

**10<sup>th</sup> CONCEPT: Every service responsibility should be matched by an equal service authority, with the scope of**

### **Motion to Change By-Laws; Presented by Jesse S.:**

To create the Education and Participation Committee which will be a permanent standing committee falling under the same guidelines as all current standing committees. The specific responsibilities of this committee, to be added to Article IV of the Buffalo Central Committee Articles of Incorporation are as follows:

#### **Education and Participation Committee**

1. The purpose of this committee is to foster and encourage group participation in the Buffalo Area Central Committee and to provide training to facilitate participation.
2. The Education and Participation Committee shall consist of not less than three members of A.A.
3. Officers shall be elected internally and shall meet such sobriety requirements as the committee may specify. The chairperson shall be elected by the committee for a term of two (2) years.
4. The duties and responsibilities of the Education and Participation Committee are:
  - A-To foster participation and membership in the Intergroup.
  - B-To welcome new members of the Voting Body of the Central Committee (§2.02b), and to provide them with information regarding the structure and operations of the Central Committee.
  - C-To establish and conduct educational and informational sessions for group secretaries and treasurers, Central Committee Representatives, and others as appropriate.

#### **Background Information:**

The Education & Participation committee is responsible for fostering and encouraging group participation at the Buffalo Area Central Committee. This is done by providing training to new Central Committee Representatives, putting on workshops for the fellowship about various A.A. related topics, and reaching out and educating groups about what the Central Committee does and why we need volunteers.

There is an active "E&P" committee at the Rochester Area Intergroup that has been in existence for 5+ years and has been effective at increasing participation in Rochester area service committees per current and past Rochester E&P committee members. This committee would address ongoing concerns that have been voiced at Buffalo Central Committee regarding participation at this level.

#### **What types of service work can A.A. members do at the Education & Participation committee?**

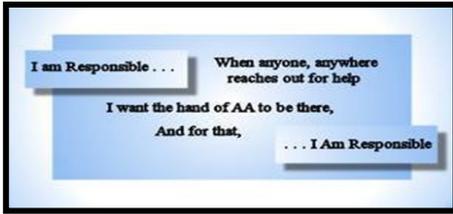
At the Education & Participation Committee, A.A. members learn the ins and outs of the Rochester Area Intergroup so they can visit groups and encourage them to participate, learn to put on local workshops (including selecting topics, finding speakers, promoting, and throwing the event), and provide information to new intergroup reps as well as homegroups. Homegroup information sessions range from secretary and treasurer training to how to run a group conscience or group inventory.

[https://www.rochester-ny-aa.org/pdf\\_files/education\\_participation\\_pdfs/IR\\_Pamphlet\\_Updated\\_Version\\_121815.pdf](https://www.rochester-ny-aa.org/pdf_files/education_participation_pdfs/IR_Pamphlet_Updated_Version_121815.pdf)

Orientation:

"The Education and Participation will hold orientation (greet new IRs, give them packets, let them know where to sign in, and answer questions) for all new IR's"

## Central Committee Minutes September 10th, 2017



The Meeting was opened up at 7:04pm by the committee chair Zach F, with the responsibility statement and the serenity prayer. Next, we had some reading by group members, David read the preamble, Josh read the Purpose and Chuck read the 12 traditions. After the readings Indie gave a 5-minute talk explaining the importance of tradition 9. Come visit us next month to hear Hannah talk about her experience with tradition 10. A motion to accept last month's minutes with the correction of the word "Annual" taken out of the past motion to give the executive secretary was made by Pat and seconded by all.

There were 31 Groups represented and 55 people present at the meeting.

The Represented groups breaks down as follows : Zone 1 – Main and High. Zone 2 – Acceptance, Depth and Weight, How it Works Men's Discussion, North Buffalo, Questions and Answers, Sober Train, Step Action Group, The Grove, Three Legacies, Turning Point, Welcome. Zone 3 – Abbott Men's Discussion, Any Lengths, Buffalo, Matt Talbot, Sunday Morning Breakfast, Thruway. Zone 4 – Orchard Park Step, Tuesday Men's Discussion. Zone 6 – Derby Group, Going to Any Length, Lakeshore, Sobriety Men's Discussion. Zone 7 – Fresh Start. Zone 8 – Amherst Snyder, East Amherst Traditions, Eyeopener, Fireside, Lighten Up, Step it up, TNT Discussion.

### Committee Reports

**Steering committee** – Had a quorum and are going to call for a bylaw change. Motion will be discussed in Old Business. Alan D

**Central Office** - Central Office Report; September 2017,

TOTAL CALL'S INCLUDING AFTER-HOURS; AA Call's: 364, 12-STEP:8, ALANON: 0,

VISITORS: 210, VOLUNTEERS:2 volunteers working 26 days, Email's:421, Website Hit's; 103,634 / of them 10,198 Unique Visitors, Total number of visits: 20,861. Number of forms received to add to our 12th Step List: 1.

GROUPS WE NEED CONTACTS FROM ARE: HUDSON & WADSWORTH-7, PRIMARY PURPOSE-1, CASTING-1

*Yours in the fellowship of the Spirit... Terry B. Executive Secretary*

**Envelopes** – The envelope committee met on Sunday September 10th 2016 in attendance were Diane d and Pat G. 1.the envelope system was established to allow individual AA members to directly contribute money to Buffalo central office to help with operating expenses and ensure that central office can continue to carry the message. 2.please take back to your homegroup this suggestion. When a member has an anniversary of sobriety encourage them to use the envelope system as a way of giving back. For example if you have 16 years sobriety you could give \$16 in a one time payment of \$16... or \$16 monthly for a year. 3. Our committee continues to inform AA groups about the financial needs of central office and how to use the envelope system to help. We do so during business meetings or an announcement times during those meetings. Please help in your home group by keeping a stock of purple envelope system brochures in your literature rack. 4. please reassure groups that with the move to the new location even brochures with the old address will be forwarded. Diane has diligently been changing the central office address on our existing purple brochures. 5 our next committee meeting is Sunday 6:30 p.m. October 1st prior to the central committee meeting at that location. 6. Our committee is losing a valued member and is earnestly asking for volunteers to join us. Yours and service pat g

**PIC/CPC** – Have Completed Putting together packets of Information for primary care doctors so if you have a Doc that would like the information please contact me. We are also considering Health Fairs and are having a problem with scheduling tabling because we need bodies to work them and most health fairs are during the day so if you have an open schedule during weekdays let me know as well. You can email me at [buffaloPICCPC@gmail.com](mailto:buffaloPICCPC@gmail.com). Randy

**Corrections** – 7 people in attendance today. There is going to be a Corrections Connection day of sharing on Dec 1, 2017 where AA's and Correctional employees get together to grow in bringing the message into facilities. I will be reaching out to other intergroups in the area to encourage them to come. Our updated prison application is now on the website. Please spread the word. People interested must print it out and mail it to central office and the committee will send it to where it needs to go. Lastly, we haven't heard anything from the individuals who currently are bringing meetings into the prisons so I will be reaching out to them to give them Big Books and other books. Also at GSA Susan P will be the areas new correction chair starting in January 2018. If you have any questions comments or concerns you can contact me. Shannon S

**Night watch** – Night watch commitments are covered up until October. We will be contacting groups and asking them to take on commitments for the upcoming months. We will be visiting Matt Talbot group next week to see if they are interested in taking a commitment. Raeann F

**Treatment** - The treatment committee is currently responsible for bringing the hand of Alcoholics Anonymous into 6 facilities. With the help of 35 groups, there are collectively 11 "TFC meetings" a week going on at these facilities. We met 8/6/17 at 17 Gierlach St, 530pm. There were 9 members representing 6 groups. We discussed a new group taking a commitment at ECMC and had a conversation with the DCM from district 16 about the possibility of his district taking over the organization of meetings going into Turning Point. Outside of joining our committee, there are a few areas where AA members, and groups, can be of service through treatment.

1. Individuals may take a speaking commitment at Horizon Village Terrace House on a Thursday at 6pm.

2. All groups who currently have commitments through the Treatment Committee can, and should, send a representative to our monthly committee meeting to inform us about anything more we could be doing to be of service to them, and also to allow us to inform their groups, through them, about anything pertinent to their continued Twelfth step work through TFC.

3. Any group that is interested in taking on a commitment at one of our facilities is more than welcome to contact us and we will do what we can to fit them in. Groups are currently bringing meetings into ECMC, Salvation Army, Turning Point, the V.A., and Reflections

4. Area Treatment is forming a Bridging the Gap program for all of Area 50. At this moment any member willing to help clients leaving Treatment Facilities "bridge the gap" between treatment and AA can sign up on the new "Bridging the Gap Volunteer Form" found on the Area 50 web page.

[www.wnyarea50aa.org](http://www.wnyarea50aa.org). This program will be going live after central committee elections this year.

Thank you to all groups and individuals who are involved in this vital 12<sup>th</sup> step work. To get involved, or if there are any issues you need to contact us about, please email us at [buffalotfc@gmail.com](mailto:buffalotfc@gmail.com) or come to our monthly meeting the 1<sup>st</sup> Sunday of the month 10/1/17 at 17 Gierlach St, Sloan NY 14212 5:30pm.

Yours in service, Jesse S. Treatment Committee Chair

(Continued next page)

## *New Frontiers ~ October 2017*

(Central Committee Minutes Continued...)

**GSA Liaison** – Election results are as follows. Delegate – Chuck B, Chair/alt del – Hank K, Co-chair – Patti S, Treasurer – James C, Secretary – Denise M, Accessibility – Carl H, Archives – Lila M, Corrections – Susan P, CPC – Ryan L, Finance – Amy H, Grapevine – Heidi M, GSA Education – Nada W, GSR Ed and Orientation – David D, PIC – Pat K, Treatment – Roman C, Archivist – Tom B, Registrar – Sandra H, Website Chair – Karen S

Next assembly is October 14<sup>th</sup> at the First Presbyterian Church, 4<sup>th</sup> and Eagle St, Dunkirk NY. This will be the Delegates Post Conference Assembly.

**2017 BFC** – The Convention will be held November 3-5, 2017 at the Millennium Hotel 2040 Walden ave, Buffalo NY 14225. The cost is now \$60.00 for banquet and registration. Registration is only 20.00. The cut-off for banquet registration is October 20<sup>th</sup>, if anybody has any suggestion good, bad, and/or indifferent please contact me at 716 8666612. Thank you for the opportunity to serve alcoholics anonymous! Your 2017 BFC Chair David G

**Accessibility** – Everything is going ok a new chair was voted in. I will be working with the new chair to fill him on what is going on.

**Archives** - Thank you for the honor and privilege of serving you this past month. We reported in June to 2 of the 4 intergroups in these 8 counties of Area 50. We had our regular monthly Archives Committee meeting that's now held on Monday night and will be held tomorrow but after that will be held monthly on the 3<sup>rd</sup> Saturday, and we had monthly Archives Worknight. We go back to the 2<sup>nd</sup> and 4<sup>th</sup> Mondays being our working evenings! Yesterday was elections at General Services (the communications organizational layer of AA) and I am grateful I was elected to a second term of being the chair of the Area 50 Archives Committee. I'm personally thrilled because I have so many unfinished work items currently. The Oral Histories of our old-timers is an issue you'll be hearing more about, as two persons were recently completed by the committee. We displayed at the NYSIW in Rochester Aug 4-6 and the anniversary of Three Legacies Aug 20 then Derby Group Anniversary Aug 29<sup>th</sup>. Upcoming this weekend is the NY-Penn Day of Sharing in Olean in September 15-16, where we'll be doing a history presentation. After that are the anniversaries of Orchard Park Step (in Orchard Park Sept 26<sup>th</sup>) and Blvd Women's (in Buffalo Sept 27<sup>th</sup>). The Buffalo Fall Convention is coming up in early November where the full display will be spread out. The Sunday Morning Breakfast Bunch deserves a shout-out for being so organized that they've requested we attend their 30yr anniversary next year even though they don't have a date yet! I aspire to that kind of organized! The August weekend I attended that incredible forum called NYSIW (NY State Informational Workshop), I got to learn exactly what is happening in the other areas of New York ----- so many young people that it blew my mind. Urgent request to all members of AA – please keep an ear out for any AA members who express an interest in our history or of being in service – please let them know we do have the capacity to attend via conference call. As YOUR archives committee, we request groups please ensure that their group histories are archived with GSO in NYC – and if you're unsure, PLEASE request yours so we can find those we are missing. We can send you a form and will forward it correctly for you at no cost whatsoever. Contact me at [ARCHIVES@AREA50WNY.ORG](mailto:ARCHIVES@AREA50WNY.ORG) for further details or how to get involved in this process for the meetings YOU currently attend. We are a financially autonomous committee with our only resources being group contributions and events. We receive NO funding from any part of AA for ANYTHING, so we rely upon your group and/or individual support to fund our archival work, pay rent for the repository, and participate in archival activities. Note that no funds are used to get members to events and each member pays their own way into events except out of area issues – donations are used ONLY for rent and archival efforts as approved by the entire committee and are protected by the multi-signature checking account. Please send any contributions to Area 50 Archives [17 Gerlach Street](http://17GerlachStreet.com) in Buffalo NY 14212. We appreciate anything at all – and we thank you for your support of our mission. I personally thank you for the part your support has had in my recovery. NOTE: Are you now reading your yellow card at your group? We'd love to display the archives at your group anniversary or special event - remember we appreciate a 30 days notice so transportation can be set up! Your PRIMARY PURPOSE efforts may be assisted by this sharing the history of AA at YOUR MEETING more than you can know. And the usual reminder to all AA members of these 8 counties of Western New York – throw NOTHING group-related away without considering your unborn alcoholics to come, which is the purpose we work hard at keeping our area documented accurately and the reason for the existence of this ARCHIVES Committee.

Yours in service, Lila M., your grateful Area 50 Archives Committee Chair

### Old Business

Each chairperson of standing committees within central committee, the executive secretary, the financial chairperson, and recording secretary (if present at time of voting) shall have one vote on any issue put forth before central committee, except for any ad hoc or specialty committee. The Executive Secretary of the Central Office shall not have a vote on any issue or action related to or in connection with his or her compensation or the evaluation of his or her job performance.

~ **Dan D makes a motion to amend the original motion to strike the executive secretary from the list of members allowed to vote. The amendment was approved by the person who made the motion**

Each chairperson of standing committees within central committee, the financial chairperson, and recording secretary (if present at time of voting) shall have one vote on any issue put forth before central committee, with the exception of any ad hoc or specialty committee. The Executive Secretary of the Central Office shall not have a vote.

~ Motion to Table the motion until next meeting was made and seconded but overturned by the body, Discussion on Amended Motion Resumes.

Question was called by Dan D and seconded.

Motion passes with substantial unanimously

### New Business

Motion made – For the Buffalo Intergroup of AA to write a letter of support for the Buffalo Bid for the Empire State Conference of Young People in AA for 2018

~Motioned to table was seconded and overturned by the body, discussion resumed and after discussion the motion was tabled till next month seconded and passed

Jessie S purposed another motion which is included in detail in the new frontiers to create an intergroup education committee, which seconded by Dan D and tabled for two months because the motion requires a bylaw change.

Voted in Zone 3 rep – Congrats Brandon

Motion to close made by Tim b seconded by all



New Frontiers ~ October 2017

GROUP CONTRIBUTIONS 2017

GROUP CONTRIBUTIONS 2017

Zone	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		AUGUST	YEAR	AUG	YEAR	AUGUST	YEAR
			0.00				0.00
5	7 Clans		0.00		0.00		0.00
5	12 Steps/12 Traditions		220.00		0.00		0.00
1	4th Step Stumblers/F.U.N.	20.00	20.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
5	5th Tradition (Youngstown)		0.00		0.00		0.00
2	AA BREAKFAST		0.00		0.00		0.00
4	A Day At A Time		200.00		0.00		0.00
3	Abbott Corners		0.00		0.00		0.00
3	Abbott Men's		145.00		0.00	60.00	180.00
2	Acceptance/Welcome		200.00		0.00		0.00
8	Achievement		125.00		0.00		125.00
4	Action		320.00		15.00		15.00
2	Age Doesn't Matter		0.00		0.00		0.00
5	Albion Grapevine		0.00		0.00		0.00
5	Albion New Beginnings		0.00		0.00		0.00
3	Alexander	100.00	200.00		0.00		0.00
	All Is Well	200.00	600.00		0.00		0.00
8	Amherst Snyder		357.08		0.00		0.00
6	Amsdell Step		200.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	30.00	340.00		20.00		20.00
4	Arcade		0.00		0.00		0.00
6	As Bill Sees It		350.00		0.00		0.00
8	Attitude Adjustment(Williamsville)		100.00		50.00		50.00
5	Attitude Adjustment(NF)		0.00		0.00		0.00
6	Attraction	50.00	350.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
7	Beginning In Sobriety II		75.00		0.00		25.00
8	Beginning's Women	100.00	200.00		0.00		0.00
5	Big Book Lockport		0.00		0.00		0.00
6	Big Book Study	50.00	50.00		0.00		0.00
3	Blasdell		0.00		0.00		0.00
3	Blasdell Saturday	40.00	150.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women		75.00		0.00		0.00
2	Brass		10.00		0.00		0.00
7	Buffalo Group		0.00		0.00		0.00
3	Buffalo Creek		140.00		0.00		0.00
3	By the Wayside		90.00		15.00		15.00
6	Carry the Message	50.00	50.00		0.00		0.00
7	CASTING		0.00		0.00		0.00
	Castile		0.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake- Up Call	240.00	565.00		0.00		0.00
3	Caz Manor		0.00		0.00		0.00
3	Caz Manor Sunday		125.00		0.00		0.00
7	Central City Café'	50.00	175.00		0.00		0.00
6	Changing Our Way's		100.00		0.00		0.00
2	Chapter IX		0.00		0.00		0.00
3	Cheektowaga	100.00	725.00		0.00		0.00
6	Changing Our Ways		0.00		0.00		0.00
8	Ciarence Men's		0.00		0.00		0.00
8	Ciarence Men's II		0.00		0.00		0.00
7	Cold Spring		105.00		0.00		0.00
1	Commitment		290.00		0.00		0.00
	Contemporary Women		2.00		0.00		0.00
1	Cornplanters		0.00		0.00		0.00
3	Courage		0.00		0.00		0.00
2	Daily Reflections		375.00		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
2	Dawn of Hope		260.00		0.00		0.00
2	Depth & Weight	90.00	135.00		0.00	60.00	60.00
6	Derby	200.00	566.00		0.00		0.00
6	Derby Lunch		75.00		0.00		0.00
6	Desire		0.00		0.00		0.00
2	Desperate		0.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
6	Early Bird Step		0.00		0.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst	204.85	704.85		0.00		0.00
8	East Amherst Traditions	120.00	204.00		0.00		0.00
4	East Aurora		200.00		0.00		0.00
2	Easy Does It		320.00		220.00		290.00
8	Eden	40.00	65.00		0.00		0.00
4	Ellicottville		75.00		0.00		0.00
6	Everybody's		103.00		0.00		0.00
1	Express		1326.00		0.00		0.00
8	Eyeopener	527.92	3105.31		0.00		0.00
4	Eyeopener South		1801.50		720.60		0.00
8	Fireside PM		0.00		0.00		0.00
8	Fireside	215.27	1061.49		0.00		0.00
5	First Step (NF)		50.00		0.00		0.00
6	Forestville In The Solution		25.00		0.00		0.00
6	Forestville Sunday Serenity		0.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom	100.00	400.00		0.00		0.00
7	Fresh Start		225.00		0.00		0.00
1	Friday Night Lights		0.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

Zone	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		AUGUST	YEAR	AUG	YEAR	AUGUST	YEAR
3	Gardenville		275.00		0.00		0.00
8	Georgetown		0.00		0.00		0.00
	Getting Better		185.00		0.00		0.00
6	Gettin With It		60.00		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		450.00		0.00		0.00
5	Golden Slipper	150.00	300.00		0.00		0.00
2	Grace Point		0.00		0.00		0.00
2	Grand		0.00		0.00		0.00
2	Grand II Joy of Living	50.00	150.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
8	H.A.N.D.		0.00		0.00		0.00
7	Harmony		0.00		0.00		0.00
4	Helping Hand	25.00	100.00		0.00		0.00
8	High Noon		700.00		0.00		100.00
8	High View		200.00		0.00		0.00
4	Hillbilly		200.00		0.00		200.00
1	H.I.P.		0.00		0.00		0.00
6	Holiday Village		500.00		0.00		0.00
4	Holland		250.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty		0.00		0.00		0.00
	Hope's Horizon		196.00		0.00		0.00
2	How It Works/Men's	75.00	675.00		0.00		0.00
1	HUDSON & WADSWORTH		0.00		0.00		0.00
	I Am Responsible	53.50	235.50		0.00		0.00
3	IF HE WERE SOUGHT		0.00		0.00		0.00
	Indepence (NF)		0.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		0.00		0.00		0.00
3	Ironhorse	41.00	800.05		7.00	3.00	39.00
8	IT		0.00		0.00		0.00
3	Just For Today/ Cheektowaga		50.00		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
4	Keep It Simple Sister		50.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		40.00		0.00		0.00
6	Lakeshore	150.00	1450.00		0.00	100.00	250.00
6	Lakeview	150.00	300.00		0.00		0.00
3	Lancaster Dailey Reprieve		100.00		0.00		0.00
	Lasalle		0.00		0.00		0.00
	Lawyer's	200.00	200.00		0.00		0.00
5	LewPort		150.00		0.00		0.00
2	Liberty Women		75.00		0.00		0.00
4	Life Today		17.00		0.00		0.00
3	Lighten UP	350.00	350.00	35.00	35.00	35.00	35.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
	Living Sober		0.00		0.00		0.00
5	Lock City		100.00		0.00		0.00
5	Lockport #1		200.00		0.00		100.00
5	Lockport Discussion		0.00		0.00		0.00
5	Lockport Ladies		200.00		0.00		0.00
5	Lockport Tuesday		0.00		0.00		0.00
5	Lockview		200.00		0.00		0.00
7	Love		90.00		10.00		0.00
7	Lovejoy		0.00		0.00		0.00
5	Lower River		100.00		0.00		0.00
1	Main and High		40.00		0.00		0.00
4	Main Street		0.00		0.00		0.00
8	Maple		0.00		0.00		0.00
3	Marching Forth	25.00	150.00		0.00		0.00
4	Marilla	45.00	325.00		0.00		0.00
3	Matt Talbot		441.00		0.00		60.00
6	McKinley Winners		0.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		0.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day		50.00		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
2	Morning After		800.00		0.00		0.00
3	New Beginnings/St. Vincent		20.00		0.00		0.00
5	Newfane Living Sober		0.00		0.00		0.00
5	New Freedom		0.00		0.00		0.00
5	New International	20.00	20.00		0.00		0.00
3	New Life	77.00	301.00		0.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
	Niagara Falls Convention		0.00		0.00		0.00
	Niagara Intergroup		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.	218.00	292.00		0.00		0.00
2	North Buffalo	98.00	784.00		0.00		0.00



17 Gierlach Street  
Sloan, NY 14212  
buffalaaa@hotmail.com

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