

# NEW FRONTIERS

A.A. of the Niagara Frontier

November 2019

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



## November is Gratitude Month

*Gratitude is always in order, but many groups have designated November as a particular time to give thanks to the A.A. program. It has been that way since the 1940s, when the General Service Board held small “gratitude dinners,” which were replaced in the 1960s by larger “gratitude” luncheons. These were ended in 1968 because they were deemed too expensive. In 1956 and 1957, there were floor actions at the annual General Service Conferences recommending that Thanksgiving week in those years be designated A.A. Gratitude Week.” **Acceptance may be the answer to all our problems, but gratitude has to be a close second.***

As many in A.A. have discovered, gratitude is a sure cure for self-pity. And can you be resentful at the same time that you’re grateful? Some in recovery will coax their thinking onto spiritual lines with gratitude lists.

**gratitude** \’grat-e-t(y)ud\’n. a strong feeling of appreciation to someone or something for what the person has done to help you.

### A Full and Thankful Heart...

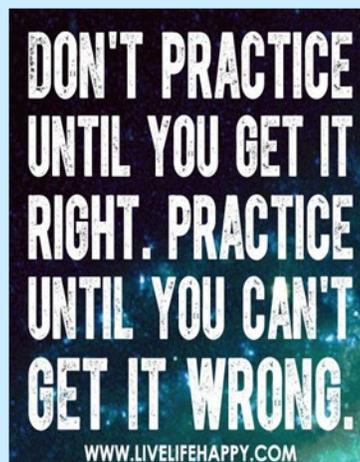
One exercise that I practice is to try for a full inventory of my blessings and then for a right acceptance of the many gifts that are mine—both temporal and spiritual. Here I try to achieve a state of joyful gratitude. When such a brand of gratitude is repeatedly affirmed and pondered, it can finally displace the natural tendency to congratulate my- self on whatever progress I may have been enabled to make in some areas of living. I try hard to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one’s heart heal must surely result in outgoing love, the finest emotion that we can ever know....Bill W.. ( Reprinted with permission AA Grapevine , Inc )



## His Will....Not Mine

IT is often wisely said in A.A. that we should not become over-anxious, should not expect to get the whole program overnight, but should take the steps one at a time when we feel that we are ready for them. This means that although we are not ready at a given time to take this step or that one and are, therefore, not then taking it, we should be disposing ourselves toward it. It never means that we should plan on avoiding any of the steps.

Practice of the 11th Step is the surest method of disposing oneself toward all the other steps. It was only through seeking contact with God through meditation and prayer that some of us came to believe in Him and became willing to turn our wills and our lives over to Him. The wish to improve that contact, the searching for knowledge of His will for us and the power to carry it out, gives us strength to make amends, to do



the things necessary to remake our lives. Unless we improve our contact with God we will gradually lose it. There will be a slow return to indifference and we will suffer that let-down that so many experience after a few months in

A.A. Gradually old desires return with increasingly great urgency. The alteration in conduct that we have made for a few months has not been sufficiently sustained to lead to a change in character, and the deeper habit patterns reassert themselves. Growth in spiritual understanding alone will dispose us to make the effort to recondition ourselves, to change our emotional attitudes and bring about a true character change.

For specific suggestions for practicing the 11th Step we turn to the book *Alcoholics Anonymous*, as we do on all A.A. questions, before going ahead on our own. Applying the wisdom we find there, we turn with newly awakened interest and intensity to the practices of our particular religious denomination, if we have one; we sometimes select and memorize a few set prayers; we may study the recorded thoughts of others; but in any event we make it a practice in the morning to ask God to guide us during the day, and thank Him at the day's close for His many blessings. We are careful never to pray for our own selfish ends, but ask especially for freedom from self-will

and knowledge of God's will for us.

Some of us have found the following verse helpful on awakening, when all our wishes and hopes for the day rush at us like wild animals; the first thing we must do is shove them all back, and listen to that other voice, letting a calmer, quieter, stronger life flow into us: "Every morning rest your arms awhile upon the window-sill of Heaven and gaze upon your Lord, and with that vision in your heart turn strong to meet your day."

All of which, of course, is calculated to keep us from taking that first drink. It works --it really does.

Reprinted with permission from the AA Grapevine, Sept 1945, Vol. 2, No4)

Nov 2019 Archives Article—Regarding history in the month of November, Dr. Bob died Nov 16, & statements he made in July of that year in his “farewell speech” have some core unforgettable truths that really stabilized me in the beginning of my recovery. His prior speeches about “acquiring the spirit of service” being something we MUST PRACTICE – and the part about tolerance – “We are all inclined to have closed minds, pretty tightly closed.” that’s stayed with me but not clearly as the message from the “farewell” I will quote here:

“There are two or three things that flashed into my mind on which it would be fitting to lay a little emphasis. One is the simplicity of our program. Let's not louse it all up with Freudian complexes and things that are interesting to the scientific mind, but have very little to do with our actual A.A. work. Our Twelve Steps, when simmered down to the last, resolve themselves into the words “Love” and “Service.” We understand what love is, and we understand what service is. So let's bear those two things in mind.

Let us also remember to guard that erring member the tongue, and if we must use it, let's use it with kindness and consideration and tolerance.

And one more thing: None of us would be here today if somebody hadn't taken time to explain things to us, to give us a little pat on the back, to take us to a meeting or two, to do numerous little kind and thoughtful acts in our behalf. So let us never get such a degree of smug complacency that we're not willing to extend, or attempt to extend, to our less fortunate brothers that help which has been so beneficial to us. Thank you very much.” Quotes from [https://www.aa.org/pages/en\\_US/dr-bobs-farewell-talk](https://www.aa.org/pages/en_US/dr-bobs-farewell-talk)

I'm so grateful to be surrounded by people working this program BECAUSE their lives depend on it. I forget that if I get too far from my people. One last message regarding service. I've been blessed to hear repeatedly – cuz I'd not remember it otherwise – a message we all – all alcoholics in WNY – Need to KNOW. Many have been with me when my friend has talked about having been giving a “Cooperation With Professionals” talk with 3 other AA members to a rehab org that's quite popular in this area with over 300 drug and alcohol counselors employed there. In speaking to just the 40 counselors, he asked after the presentation how many knew of AA prior to that day's talk. FIFTEEN had heard of AA and of those, only THREE recommend their clients go to AA. Those numbers NEED TO BE KNOWN because WE ARE FAILING to inform the public of our existence – which is our responsibility to the alcoholics dying left and right. If you don't know what I'm talking about, please ask someone who knows or contact us at ARCHIVES@AREA50WNY.ORG to hook you up to someone who can talk more clearly than I about this topic. From our grateful archives chair Lila M. (real writer back next month).

**11th STEP: “Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out.”**

## Share your Experience, Strength and Hope

Please submit your announcements by the **12th**  
for next month's issue  
Articles can be submitted at any time

**e-mail address: buffaloaa@hotmail.com**

or mail to:  
**Buffalo Central Office**  
111 Crocker (Franklin St. Entrance; Rm's 105-107)  
Sloan, New York 14212

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: quotations from “Alcoholics Anonymous”, “Twelve Steps and Twelve Traditions” and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc. are subject to Grapevine copyright.)

## Heard @ a Meeting

*“It's simple, change your attitude  
or  
change your sobriety date!”*

### IN MEMORIAM Things We Can Not Change

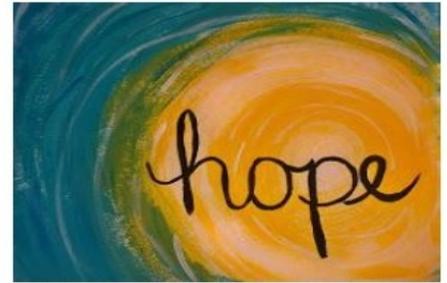
*To all of our members who have lost family and loved ones*  
*Lloyd E. ~ 40 years ~ 7 Clan Group*  
*Bill A. ~ 12 years ~ Thruway & Inspiration*  
*Al McC. ~ 48 years ~ Lockport #1*  
*Our thoughts and prayers are with you*

# NOVEMBER ANNIVERSARIES

<b>Alexander</b>	
Liz K.	33y
<b>Acceptance/Welcome</b>	
Brian M.	7y
Sue H.	26y
<b>All Is Well</b>	
Joe S.	2y
Diana T.	10y
<b>Amherst Snyder</b>	
Alex P.	3m
<b>Any Lengths</b>	
Chris B.	6m
<b>Boulevard Women's</b>	
Anne O.	32y
<b>Coldsprings</b>	
Maxie E.	9y
Blaine H.	29y
Andrew G.	30y
Stanley B.	36y
<b>Courage</b>	
Tracey C.	6m
<b>Derby</b>	
Pat I.	30y
John M.	41y
<b>Easy Does It</b>	
Jeff W.	7y
Steve B.	12y
Elizabeth G.	18y
Carey A.	20y
Suzanne E.	24y
<b>Eyeopener</b>	
Marc S.	1y
Kristin G.	1y
Erika K.	1y
Cathy H.	1y
Bill G.	1y
Liz W.	2y
Joshua A.	2y
David	2y
Kevin C.	3y
Jake W.	5y
Jen W.	5y
Jim C.	9y
Mike C.	13y
Deb M.	13y
Mark P.	16y
Bernie A.	18y
Jay W.	19y
Mary Kay B.	21y
Kathleen D.	28y
Patty K.	36y
<b>Eyeopener South</b>	
Sarah B.	6m
John L.	6m
Matthew C.	1y
Kevin M.	1y
Matthew S.	2y
Joe D.	2y
Christie H.	4y
Briam W.	4y
Nancy M.	6y

<b>Fireside</b>	
Al f.	2y
Alex P.	2y
Chris R.	2y
Iwona P.	19y
Sharon P.	20y
Dick D.	29y
<b>Golden Slipper</b>	
Wayne H.	20y
Andrea H.	34y
<b>Helping Hand</b>	
Chris E.	21y
<b>Holland</b>	
Gina M.	3y
Keith J.	6y
Susan S.	30y
Chris S.	31y
Mike S.	35y
<b>Just For Today</b>	
Jim K.	30y
<b>Kensington</b>	
Paula Z.	6y
Terese R.	13y
<b>Lakeshore</b>	
Tara R.	16y
Marc L.	18y
Mike M.	21y
<b>Marching Forth</b>	
Joe	3m
<b>Marilla</b>	
Brian C.	28y
<b>New Life</b>	
Mark	29y
<b>North Buffalo</b>	
Brian D.	2y
Ryan R.	3y
Tyler D.	6y
Like O.	6y
Dawn Marie C	6y
Dan S.	6y
Brian W.	6y
Tony P.	7y
Kim V.	7y
James S.	7y
Todd S.	8y
Mel D.	8y
Anita H.	8y
Joseph H.	9y
Gary W.	11y
Jay H.	26y
<b>North Evans Men's</b>	
Dave C.	3y
<b>OP Step</b>	
Ryan R.	1y
Jason C.	4y
<b>Questions &amp; Answers</b>	
Linda H.	36y

<b>Renaissance</b>	
Jennifer H.	6m
Allen S.	9m
Joshua O.	9m
Michelle D.	9m
Todd S.	1y
Major G.	2y
Shelly Ann	3y
Tom M.	7y
Sue M.	33y
Mary K	36y
<b>Remember When</b>	
Walter R.	9y
Rolando S.	24y
<b>Sheridan</b>	
Daniel L.	3y
Brad M.	5y
Katie S.	6y
Dan H.	8y
Dave C.	39y
<b>Spiritual Progress</b>	
Kristin R.	4y
Carol M.	9y
Beth V.	11y
Sally Ann C.	34y
<b>Sunday Morning Breakfast</b>	
Jan C.	28y
Patty K.	36y
<b>Swormsville</b>	
Joe B.	8y
Shelly H.	10y
Tracey M.	13y
Kathy S.	14y
Cheri	47y
<b>The Grove</b>	
Missy B.	2y
Brian M.	2y
Erin Y.	2y
Curtis D.	2y
Sasha S.	2y
Ken A.	2y
Tyler V.	3y
Kyle T.	3y
Loren H.	4y
Dan L.	4y
Michael F.	4y
Jeff D.	5y
Bob N.	8y
Chris E.	20y
<b>Tri County</b>	
Jon L.	12y
Mike Mc.	13y
Matty	14y
<b>Thruway</b>	
Scott M.	4y
<b>Turning Point</b>	
John G.	35y
<b>Williamsville</b>	
Tom W.	6y
Ton R.	29y



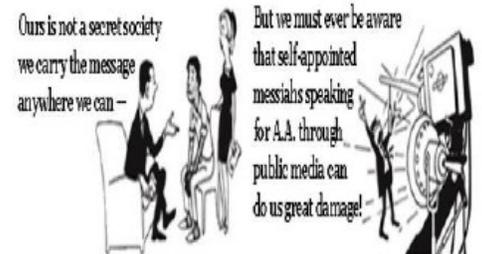
## Group Anniversaries

- 4th Step Stumbers; 23y
- Amherst Snyder; 59y
- Blasdell; 52y
- Blasdell Saturday; 11y
- Changing Our Ways; 8y
- Easy Does It; 29y
- Eyeopener; 36y
- Keep it Simple Sister; 30y
- Lockveiw; 32y
- Lower River; 30y
- McKinley Winners; 40y
- Perserverance; 2y
- Chapter V; 30y
- Reflections; 16y
- Step Action; 13y
- Sunday AM Breakfast; 30y
- The Yorkshire; 2y
- Today; 40y
- Turning Point; 35y
- Twin Cities; 76y
- Women's Westside; 30y

Please remember to

## The Eleventh Tradition

*Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films*



Ours is not a secret society  
we carry the message  
anywhere we can -

But we must ever be aware  
that self-appointed  
messiahs speaking  
for A.A. through  
public media can  
do us great damage!

**Trust God  
Clean House  
Help Others**

**PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)**

**BUFFALO CENTRAL OFFICE**  
**ALCOHOLICS ANONYMOUS**  
(716) 853-0388  
9:00 AM- 12:30PM, 2:00 PM- 4:00 PM

111 Crocker (Franklin St. Entrance)  
SLOAN, NEW YORK 14212  
Fax: 853-0389  
buffaloaa@hotmail.com

Real-Time schedule? Check your website: [www.buffaloany.org](http://www.buffaloany.org)

## **November 2019**

**IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

### **MEETING CHANGES**

- Renaissance group is moving. No meeting Friday, Oct. 18. Will resume Oct. 21, 2005 Sheridan Drive. , Town of Tonawanda
- Contemporary Woman's is now a Closed Women's Group; Open Discussion the last Tuesday of the month.
- Maple Group has Added a Wed. meeting @ 10:30 PM. The Hope Center; 781 Maple Rd., Amherst, NY 14221.
- NEW GROUP: Our Charge; Monday's, 8:00 PM. The Hope Center, 781 Maple Rd., Buffalo 14221
- PPG-Buffalo Group No Longer Meets; was Tues. @ the Hope Center, 6:30 PM. OD, OS last week of the month.

### **SERVICE OPPORTUNITIES: COMMITTEE MEETINGS**

**Nov. 3 , Committee Meeting that meet prior to Central Committee 5:30 PM**

**St. Andrew's Church Parish, 111 Crocker & Reiman, Sloan, 14212,**

Steering Committee (5:30 PM)

Public Information Committee meeting

Treatment Facilities Committee

Corrections Committee

Education & Participation

Nightwatch Committee

Envelope System (6:30 PM)

**Followed By Central Committee 7:00 PM:**

**(Hosted by Kitchen Table Group)**

~ Nov. 4 , Convention Committee Planning Meeting, St. Andrew's Church Parish, 111 Crocker & Reiman, Sloan, 14212

~ Oct. 29,& Nov. 26, Internet Presence Committee Meeting. Central Office,7:00 PM, 111 Crocker ( Franklin St. Entr.) Sloan, 14212

# COMING EVENTS

- ~ Oct. 25-27, **78th Buffalo Fall Convention**. Millennium Hotel, 2040 Walden Ave, Cheektowaga 14225. Flyers & info will be posted when they become available.
- ~ Oct. 29, **Contemporary Woman's Halloween Gathering**, 5:30 pm, 216 Beard St., Buffalo 14214. Honoring our AA Elders & those that came before us. Countdown @ 6PM, Meeting @ 6:30 PM Food & Fellowship. Bring a dish if you wish. Costumes are encouraged, but not required.
- ~ Nov. 9, **Practice Principals # Relationships In AA**, Presented by the Buffalo Education & Participation Committee. 1-4 PM. Kenilworth United Church of Christ, 45 Dalton Dr., Tonawanda 14223. 2 Panels & Refreshments.



***We Now Have a Donate Button on our Website!!!***

**11th STEP:** "Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out."  
**11th TRADITION:** "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."  
**11<sup>th</sup> CONCEPT:** The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

## General Service Assembly

- ~ Nov. 2, **GSA District 5 meets** ( 1st Sat.)12 PM, St. Marks Episcopal Church, 61 Payne Ave.,
- ~ Nov. 10, **GSA District 15 meets** ( 2nd Sunday) at Orchard Park Village Hall (basement) 4295 South Buffalo Street. After the Action Group.
- ~ Nov. 10, **District 11,** ( 2nd Sunday) 5:15, Unitarian Universalist Church, 695 Elmwood Ave, Buffalo, 14222.
- ~ Nov. 11 & 25 are **Archives work nights** @ New Office, @ 6:30pm. The monthly meeting details are available by sending an email to ARCHIVES@AREA50WNY.ORG
- ~Nov. 16, **Archives Committee Meeting:**(3rd Saturday)10 Am @ Buffalo Central Office, 17 Gierlach St, Sloan 14212. WORKNIGHTS; 2nd & 4th Monday's, 7pm.
- ~ Nov.27, **GSA District 16 (Southtown's) Meeting.** 7:00 PM ( 4th Wednesday), at 2063 Southcreek Rd., Eden 14057.
- ~ Nov. 24, **GSA District 8 Meeting,** 5:00 PM, Brothers of Mercy 4240 Ransom Rd., Clarence.. Use Rear entrance.
- ~ Nov. 25, **GSA District 14 Meeting** (last Monday) 6:30 PM, 1864 Seneca St, Buffalo

### Greetings from your Corrections Committee!

Male members: if you have been approved for entry into the Alden Correctional Facility and are interested in maintaining an individual commitment to the men's meeting out there we need to hear from you!

The list of approved members was passed on without any contact information!

Please contact:

Matt H.; 983-6834: mhydockaa@yahoo.com



**There are two types of people to watch in AA;  
those who make it, and those who don't.**

**Alkiespeak- Dr. Bob S.**

Erie County Volunteer Clearance Form  
Please return to Matthew Hydock 716-983-6834 or mhydockaa@yahoo.com

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

NYS Driver's License or DMV Issued ID# \_\_\_\_\_

SSI # \_\_\_\_\_

Home Address \_\_\_\_\_

-----  
(The following info is for committee use)

Name \_\_\_\_\_

Email Address \_\_\_\_\_

Phone # \_\_\_\_\_

## Central Committee Minutes October 6, 2019

I am Responsible . . . . . When anyone, anywhere reaches out for help  
I want the hand of AA to be there,  
And for that, . . . . . I Am Responsible

The meeting was opened at 7 PM by our committee chair Reanne F. Everybody then joined in with the responsibility statement and after a moment of silence the meeting started the serenity prayer. The AA preamble, the purpose of central committee and the 12 traditions were read. A motion to accept last month's minutes was made and seconded. After the readings, Chuck B spoke about the General Service conference. A presentation of the 10<sup>th</sup> tradition was not given due to the volunteer being sick. Come on out to join us next month to hear Crystal S speak on Tradition 11.

### **31 groups were represented**

Groups in attendance break down by zones as follows. **Zone 1-** Buffalo, Main and High **Zone 2-** Acceptance, Brass, Chapter IX, Depth & Weight, Easy Does It, North Buffalo, Questions & Answers, Spiritual Progress, Three Legacies, Welcome **Zone 3** – All Is Well, Cheektowaga, Iron Horse, Southgate, Thruway, Try Again **Zone 4** – Action Group, Orchard Park Step, Tuesday Men's Discussion **Zone 5-** Lock City, Lockport #1 Group, Lockport Ladies **Zone 6** – Derby Group, Lakeshore, North Evans Men's, Sobriety Men's Discussion **Zone 7-** Fresh Start **Zone 8** – Amherst Snyder, Williamsville

### **Committee reports**

**Envelope System-** For the month of September 2019, the totals are: \$757.66 and 51 members. There were no new members. Due to our moving, I need to put new address labels on the envelope system pamphlets, thus my visiting meetings have been put on hold. Please continue to talk about the envelope system at your business meetings.-Dianne D

**Steering committee** – Zone 2,3,7, and 8 are up for re-election. 3,7 and 8 reps are staying because they all started midterm. Central office will be closed from 10/7-10/18 and reopen on the 21<sup>st</sup> for the move. Zone 1,3,4,5,6,7,8 reported zone 2 absent- but had told zone 6 nothing new to report.

**Financial** – See detailed report within this publication

**Treatment-** There will be a treatment table at the convention. District 2 event- Talked with T.S.I. they want AA meeting bi weekly Tuesday or Wednesday. Stutzman 5<sup>th</sup> week commitments are filled for the rest of the year except Wednesday October 30<sup>th</sup>. Reflections are to move back to Lockport in November, supplied them with more books. To my knowledge we missed 4<sup>th</sup> Tuesday Stutzman, the group informed me they will be going in to make formal amends.

**Corrections** – verbal report given

**Central office** – **TOTAL CALL'S INCLUDING AFTER-HOUR'S ; AA Call's: 321, 12-STEP:19, ALANON:0 VISITORS: 415, VOLUNTEERS: 6, Email's:424, Website Hit's;** Will now be reported through the Internet Presence Committee.

**GROUPS WE ARE IN NEED OF CONTACTS FROM ARE:** GROUPS WE ARE IN NEED OF CONTACTS FROM ARE: **HIP (Hope Is Promised)-1, LOW BOTTOM- 3, NORTH JAVA SUNDAY-4, Simplicity-5..** A reminder, if you are your groups contact person & move ...Please contact the Central Office.

Furniture has been moved. Cable Phones and networking will be done on Oct. 10 & 11th. **Hoping you all come and help move boxes and smalls on Saturday Oct. 12th :).** The office is now closed until the 21st. The Seminar was very informative. I have not had a chance to write my full report, with the move and my mother being hospitalize. There were a couple major highlights that I definitely need to try and educate the fellowship on... stay tune to next month..... *Yours in the fellowship of the Spirit...Terry B.*

**Night watch** – no report given

**PIC/CPC** – 2 People in attendance. PIC was invited to Buff State for their Living Library event on October 3<sup>rd</sup>. It was round tables where students rotated every 20 minutes to different books. My title was "How I maintain continuous sobriety" I focused on telling them what AA does and what AA doesn't do. Second round tables for area 50 will be on October 28<sup>th</sup> at Wayside Presbyterian Church 5017 Lakeshore Rd Hamburg. Dinner at 6:30 round tables start at 7pm. Hosted by District 16. We need volunteers to fulfill a commitment for Parish Nurse Ministries on Saturday November 9<sup>th</sup> at Corpus Christi Church 179 Clark St. Buffalo NY 14212. Any questions or concerns please email blopicpc@gmail.com Next meeting will be Sunday November 3<sup>rd</sup> at 5:30pm.

~ Continued on next page

(Central Committee Minutes Continued...)

**Education/Participation** –

The Education and Participation committee met today at 5:30 pm with four members in attendance. We primarily focused on planning our second workshop, which will take place on Saturday November 9th from 1-4 pm at 45 Dalton Drive in Tonawanda, with a topic of “Practicing These Principles: #RelationshipsInAA”. There will be food and two panels focusing on how service and the traditions have helped the speakers navigate the various relationships in their lives, as well as two service presentations. There are flyers available at the sign-in table and there will also be a copy in the November New Frontiers.

We offer a new Intergroup Representative (IR) Orientation beginning at 6:15 right before Central Committee each month. We had no new reps for orientation this month. If you are a new IR or would like more information about what we do at Intergroup, please join us next month! Our next committee meeting will take place on Sunday, November 3rd at 5:30 pm. If you would like to get involved but are unable to attend, please e-mail us at our new address: [buffaloepc@buffaloaany.com](mailto:buffaloepc@buffaloaany.com).

Yours in service, Hannah W.

**Internet Presence- no report given**

**Buffalo AA Fall Convention 2019** –

16 members of the convention committee met on September 9<sup>th</sup> to further prepare for the Buffalo Fall Convention to be held at the Millennium Hotel, October 25,26, and 27. This convention is a continuous series of events including panels, well known speakers from the US and Canada, social events, archives, hospitality, and open meetings. Please urge your home group members to register now for the event. Procrastination is sloth in five syllables. The event for three days of listening and sharing, fellowship, meeting new friends and “Spiritual Growth” is \$20. Also get your friends together and register for the banquet Saturday night- we have a wonderful celebration of sobriety working for us including a scrumptious dinner, sobriety countdown, main speaker followed by a DJ dance. Banquet including registration is \$65. Note the banquet is 70% full now due to early supporters and those of action. Reminder- this convention is self supporting and registration monies for the convention banquet all go to paying for the event costs. Again, please stress to your friends and home groups to attend the convention and banquet you will not only be helping yourself you will be supporting our area central office. Everything is coming together as we close in on the event date less than 3 weeks from now and we humbly request we all rally to announce this event at meetings and let the newcomer and fellow AA’s know about its happening. It and experience “you shall not miss”. -Dean C

**Archives** – verbal report given

**General Service Liaison** – no report given

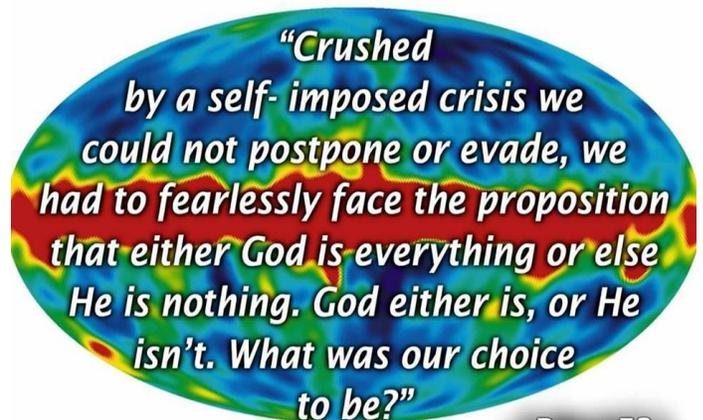
**Old Business**

None

**New Business:**

None

**Motion to Close**



~Page 53,  
Alcoholics  
Anonymous

The Buffalo Education and Participation Committee presents...

**Practicing These Principles:  
#RelationshipsInAA**



Saturday, November 9th  
1-4 PM  
Kenilworth United Church of Christ  
45 Dalton Dr. Tonawanda, NY 14223

Join us as two panels of wonderful speakers share how practicing the AA principles has helped them in their relationships at home, work, and in the home group.

\*Refreshments will be provided between panels.\*

Questions? Call or text Hannah W: (585) 455-9763

2019

Cash Flow Statement	Jul-19	Aug-19	Sep-19	
Beg Bal Cash on hand	31,676.23	35,212.74	33,475.78	
<b>Contributions</b>				
Groups	5,819.14	4,667.35	4,082.93	45,702.22
Central Committee 7th tradition	54.66	58.00	62.00	554.21
Envelope System	1,267.66	672.66	757.66	9,008.94
New Frontiers Subs	63.00		20.00	293.00
Literature/Medallions/Pins	4,791.55	2,869.35	2,451.58	31,965.42
Literature Sales Tax	276.82	226.40	169.78	2,134.30
Literature Postage	24.68	16.48	32.03	194.48
Sales+/-	4.61	50.00	(606.30)	(83.81)
Archives Room Rent				600.00
Committee Meetings	4.00	10.00	7.00	107.00
Misc		120.00		120.00
Transfer from PR				-
Conventions/Day of Sharing				6,275.00
<b>Monthly Income</b>	<b>12,306.12</b>	<b>8,690.24</b>	<b>6,976.68</b>	<b>96,870.76</b>
<b>Expenses</b>				
Building Rent/Utilities	1,000.00	1,000.00	1,000.00	9,000.00
Central Com. Rent	32.00	35.00	35.00	312.00
Payroll Gross	3,054.82	3,054.82	3,054.82	29,020.79
Employment Taxes	233.70	233.70	233.70	2,320.65
Unemployment Surchar	(7.08)	4.30	(7.08)	(55.88)
NYS Sales Tax				2,750.77
Insurance				
State Ins Fund(Travelers)				489.12
Health	711.43	711.43	711.43	6,636.87
D&O Insurance				1,943.86
Liability				-
Postage	201.65	206.35	440.00	2,381.31
Phone/internet	144.18	144.18		1,141.11
Accounting				1,225.00
Paychex	65.82	53.82	53.82	637.60
Advt				
Dex YP	137.15	137.15		1,097.20
Local Edge				1,070.60
Literature Expenses				
Grapevine				375.70
World Services Inc	740.90	836.00		17,813.26
Hazeldon	422.14			422.14
Printers		2,367.63		2,868.29
Medallions	280.95			1,439.35
Office Supplies	818.70	1,255.58	330.02	4,018.65
Copies/ service contract	161.00	161.00	161.00	1,449.00
Copier Lease	129.00	129.00	129.00	1,161.00
Bank Fee's including credit c	67.26	97.24	88.21	566.90
GSA Host				-
Prudent Reserve				
Seminar	575.99		1,130.10	1,706.09
<b>Monthly Expenses</b>	<b>8,769.61</b>	<b>10,427.20</b>	<b>7,360.02</b>	<b>91,791.38</b>
<b>Monthly Income (Loss)</b>	<b>3,536.51</b>	<b>(1,736.96)</b>	<b>(383.34)</b>	<b>5,079.38</b>
<b>End Balance</b>	<b>35,212.74</b>	<b>33,475.78</b>	<b>33,092.44</b>	
Petty Cash	3,000.00	3,000.00	3,000.00	
<b>Total Balance</b>	<b>38,212.74</b>	<b>36,475.78</b>	<b>36,092.44</b>	
<b>PRUDENT RESERVE</b>	<b>28,156.06</b>	<b>28,156.54</b>	<b>28,157.00</b>	
Assets: Literature& Medallions	15,483.85	16,157.58	14,523.25	
Literature Receivable:(outstanding)	862.07	780.47	671.65	
Removed from Stock				
<b>Corrections Facilities</b>	<b>3,526.48</b>	<b>3,572.69</b>	<b>3,744.69</b>	
Contributions	329.21	175.00	235.00	
Bank Fee's	3.00	3.00	3.00	
Expenses	280.00		24.00	
<b>Balance</b>	<b>3,572.69</b>	<b>3,744.69</b>	<b>3,952.69</b>	##
<b>Treatment Facilities</b>	<b>1,922.66</b>	<b>1,305.66</b>	<b>1,602.66</b>	
Contributions	266.00	300.00	342.00	
Expenses	880.00			
Bank Fee's	3.00	3.00	3.00	
<b>Balance</b>	<b>1,305.66</b>	<b>1,602.66</b>	<b>1,941.66</b>	###

Intergroup wants to express our appreciation for those groups and individuals who have made generous financial contributions, and give a special thank you to all the members who have volunteered their time this year to help the sick and suffering alcoholic.

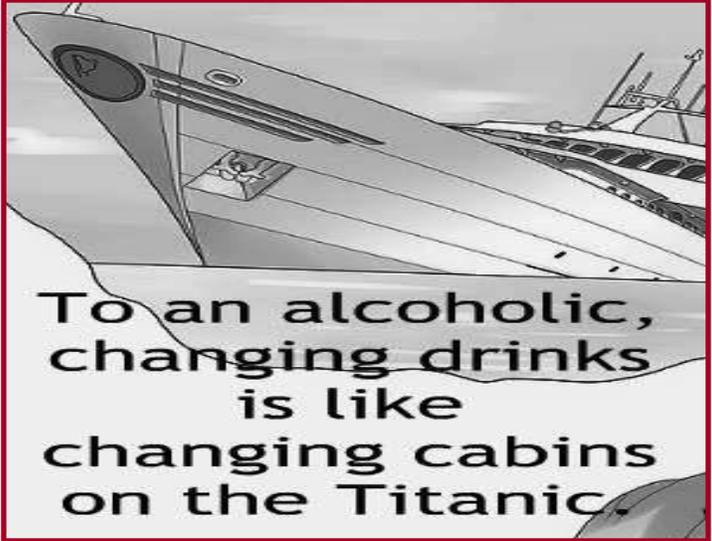
Bill W. wrote of Intergroup Offices, "Though not costly, these agencies are absolutely essential to our continued expansion—to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that A.A. must everywhere function in full strength—and that, under our Tradition of self-support, we are all going to foot the bill."  
*"Self-Support: Where Money and Spirituality Mix" pamphlet*

### Examples of Group Contributions to A.A. Service Entities

Distribution of funds from groups that support four service entities

10% to district  
 10% to area committee  
 30% to G.S.O.  
 50% to intergroup or central office

**50% to Intergroup or Central Office**



**Concept XL: The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.**

- Do we understand how the roles of nontrustee directors and nontrustee appointed committee members help serve and strengthen the committee system?
- How do we encourage our special paid workers to exercise their traditional "Right of Participation"?
- Do we practice rotation in all our service positions?

New Frontiers ~ November 2019

GROUP CONTRIBUTIONS 2019

Ann	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
	7 Clan		0.00		0.00		0.00
	12 Steps/12 Traditions		290.00		0.00		0.00
1	4th Step Stumblers/F.U.N.		20.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
5	5th Tradition (Youngstown)		0.00		0.00		0.00
4	A Day At A Time		0.00		0.00		0.00
3	Abbott Corners		0.81		0.00		0.00
3	Abbott Men's		60.00		0.00		475.00
2	Acceptance/Welcom		0.00		0.00		0.00
8	Achievement		200.00		0.00		0.00
4	Action		220.00		40.00		40.00
2	Age Doesn't Matter		0.00		0.00		0.00
5	AKRON AWARENESS		0.00		0.00		0.00
5	ALBION NEW BEGINNINGS	25.00	100.00		0.00		0.00
5	Albion Sunday Grapevine	30.00	30.00		0.00		0.00
3	Alexander		100.00		0.00		0.00
	All Is Well	125.00	750.00		0.00		0.00
8	Amherst Snyder		0.00		0.00		0.00
6	Amsdell Step		250.00		0.00		0.00
2	Any Age		450.00		0.00		80.00
3	Any Length	80.00	320.00	10.00	10.00	10.00	10.00
4	Arcade/ Yorkshire		0.00		0.00		0.00
6	As Bill Sees It		410.00		0.00		0.00
8	Attitude Adjustment(Williamsville)	50.00	100.00	25.00	50.00	25.00	50.00
6	Attraction		400.00		0.00		0.00
3	A VISION FOR YOU		150.00		150.00		150.00
3	Awareness		5.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
1	BEACON OF HOPE		0.00		0.00		0.00
7	Beginning In Sobriety II	50.00	50.00		0.00		0.00
8	Beginning's Women		300.00		0.00		0.00
5	Big Book Lockport		165.00		0.00		0.00
6	Big Book Study		25.00		0.00		0.00
3	Blasdell		0.00		0.00		0.00
3	Blasdell Saturday		50.00		0.00		0.00
3	Blasdell Monday		0.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		100.00		0.00		0.00
2	Boulevard Women	35.00	65.00		0.00		0.00
2	Brass		0.00		0.00		0.00
7	Buffalo Group		0.00		0.00		0.00
3	Buffalo Creek		114.00		0.00		0.00
	Burt		170.00		0.00		0.00
3	By the Wayside		320.00		30.00		30.00
3	By the Book		200.00		0.00		0.00
6	Carry the Message		100.00		0.00		0.00
7	Casting	50.00	50.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake-Up Call		380.00		0.00		0.00
3	Caz Manor Sunday		0.00		0.00		0.00
7	Central City Café		50.00		0.00		0.00
2	Central Park		0.00		0.00		0.00
6	Changing Our Way's		180.00		0.00		60.00
2	Chapter IX		300.00		50.00		50.00
3	Cheektowaga	125.00	955.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		50.00		0.00		0.00
1	Commitment		150.00		0.00		0.00
	Contemporary Women		0.00		0.00		0.00
1	Complanters		0.00		0.00		0.00
3	Courage		50.00		0.00		0.00
	Daily Reflections		270.00		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
2	Depth & Weight		90.00		0.00		90.00
6	Derby	145.00	275.00		0.00		0.00
6	Desire		100.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
6	Early Bird Step		0.00		0.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst	50.00	270.00	50.00	150.00	50.00	150.00
8	East Amherst Traditions		120.00		0.00		0.00
4	East Aurora		200.00		0.00		0.00
2	Easy Does It		240.00		100.00		60.00
6	Eden		100.00		0.00		0.00
4	Ellicottville	50.00	175.00		0.00		0.00
6	Everybody's		44.00		0.00		0.00
1	Express		0.00		0.00		0.00
8	Eyeopener	622.90	2525.35		0.00		0.00
4	Eyeopener South		902.40		386.74		0.00
8	Fireside	152.99	813.74		0.00		0.00
8	Fireside PM		0.00		0.00		0.00
5	First Step (NF)		0.00		0.00		0.00
	Forestville In The Solution		40.00		0.00		0.00
6	Forestville Sunday Serenity		100.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom		0.00		0.00		0.00
7	Fresh Start		150.00		0.00		0.00
1	Friday Night Lights		0.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS 2019

Ann	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
3	Gardenville		800.00		0.00		0.00
1	GAY & BI MEN LIVING SOBER		0.00		0.00		0.00
8	Georgetown		150.00		0.00		0.00
	Getting Better		0.00		0.00		0.00
6	Gettin With It		0.00		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		750.00		0.00		0.00
5	Golden Slipper	200.00	444.00		0.00		0.00
2	Grand		150.00		0.00		0.00
2	Grand II Joy of Living		350.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
8	H.A.N.D.		50.00		25.00		25.00
1	HAPPY HOUR		40.00		0.00		0.00
7	Hamony	10.00	142.47		39.00		0.00
4	Helping Hand		100.00		125.00		75.00
8	High Noon		80.00		0.00		0.00
8	High View		200.00		0.00		0.00
4	Hillbilly	450.00	450.00		0.00	150.00	150.00
1	H.I.P.		20.00		0.00		0.00
6	Holiday Village		0.00		0.00		0.00
4	Holland		300.00		0.00		0.00
2	Honesty		0.00		0.00		0.00
	Hope's Horizon		0.00		0.00		0.00
2	How It Works/Men's		725.00		0.00		0.00
	I Am Responsible		213.59		0.00		0.00
3	IF HE WERE SOUGHT		0.00		0.00		0.00
	Indepence (NF)		0.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		0.00		0.00		0.00
3	Ironhorse	91.00	629.00		0.00	7.00	45.00
8	IT		0.00		0.00		0.00
3	Just For Today/ Cheektowaga		130.00		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
4	Keep It Simple Sister		75.00		0.00		0.00
2	Keep IT Comin'		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		75.00		0.00		0.00
2	KEYS OF THE KINGDOM		35.00		0.00		0.00
5	KITCHEN TABLE AA		48.02		0.00		0.00
6	Lakeshore		650.00		0.00		100.00
6	Lakeview		150.00		0.00		0.00
3	Lancaster Dailey Reprieve		0.00		0.00		0.00
5	Lasalle		0.00		0.00		0.00
	Lawyer's		0.00		0.00		0.00
5	LewPort		200.00		0.00		0.00
2	Liberty Women		100.00		0.00		0.00
4	Life Today		0.00		0.00		0.00
8	Lighten UP		0.00		0.00		0.00
2	LIGHTHOUSE		0.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
	Living Sober		0.00		0.00		0.00
5	Lock City		50.00		0.00		0.00
5	Lockport #1		200.00		50.00		50.00
5	Lockport Discussion		200.00		0.00		0.00
5	Lockport Ladies		275.00		0.00		0.00
5	Lockport Tuesday		0.00		0.00		0.00
5	Lockview		0.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy		0.00		0.00		0.00
3	LOWBOTTOM		0.00		0.00		0.00
5	Lower River		0.00		0.00		0.00
5	LUNCH BUNCH ALBION		0.00		0.00		0.00
1	Main and High		92.00		0.00		0.00
4	Main Street	100.00	100.00		0.00		0.00
8	Maple		0.00		0.00		0.00
3	Marching Forth	25.00	110.00		0.00		0.00
4	Manilla		292.80		0.00		0.00
3	Matt Talbot		340.00		0.00		60.00
6	McKinley Winners		268.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		50.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day		160.00		0.00		60.00
8	Midnight Discussion		0.00		0.00		0.00
2	Morning After	75.00	200.00		0.00		0.00
3	New Beginnings/St. Vincent		0.00		0.00		0.00
5	Newfane Living Sober		0.00		0.00		0.00
5	New Freedom		0.00		0.00		0.00
3	New Life		192.50		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		134.00		0.00		0.00

*New Frontiers ~ November 2019*

GROUP CONTRIBUTIONS 2019

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
2 North Buffalo		0.00		0.00		0.00
6 North Evans Men's		100.00		0.00		0.00
4 North Java Monday		0.00		0.00		0.00
4 North Java Sunday		0.00		0.00		0.00
1 One Day At A Time		0.00		0.00		0.00
1 ODAT		0.00		0.00		0.00
5 Open Arms		0.00		0.00		0.00
4 Orchard Park Step		746.36		0.00		75.00
8 Our Meeting @ the VA		0.00		0.00		0.00
3 PERSEVERANCE		200.00		0.00		0.00
5 Point of No Return		74.00		0.00		0.00
2 POSITION OF NEUTRALITY		0.00		0.00		0.00
8 PPG-Buffalo		0.00		0.00		0.00
Pride		11.00		0.00		0.00
1 Primary Purpose		15.00		0.00		0.00
4 Principles Bef. Personalities	70.00	70.00		0.00		0.00
2 Purpose/Tonawanda		75.00		0.00		0.00
2 Questions & Answers		150.00		0.00		0.00
6 Quitting Time		380.00		0.00		0.00
4 Ray of Hope		0.00		0.00		0.00
3 Recovery Near the Gardens		20.00		0.00		0.00
7 Remember When		25.00		0.00		0.00
1 Renaissance		1100.00		200.00		200.00
3 Renaissance Women		0.00		0.00		0.00
8 Renewal		0.00		0.00		0.00
3 Ridge		35.00		35.00		35.00
1 Rise and Shine	386.00	849.00		0.00		0.00
1 ROOM TO GROW		0.00		0.00		0.00
7 Rochester		0.00		0.00		0.00
4 Rural is Plural		0.00		0.00		0.00
2 Sally		0.00		0.00		0.00
2 Saturday 12 & 12		0.00		0.00		0.00
8 Saturday Night Alive		0.00		0.00		0.00
6 Sat. Nite Sober		0.00		0.00		0.00
2 Searching For Serenity	75.00	115.00		0.00		0.00
7 Second Chance		0.00		0.00		0.00
2 Serenity		200.00		0.00		0.00
6 Serenity on the Lake		0.00		0.00		0.00
1 SERENITY SANDWICH		0.00		0.00		0.00
6 Serenity Trails		0.00		0.00		0.00
1 Setaside		738.56		0.00		0.00
2 Sheridan		150.00		100.00		0.00
6 Silvercreek Friendship		375.00		0.00		0.00
5 Simplicity		0.00		0.00		0.00
3 Sober Saturday		150.00		50.00		50.00
6 Sober Trails		0.00		0.00		0.00
2 Sober Train		115.00		0.00		0.00
5 Sober Winners		100.00		50.00		0.00
6 Sobriety Men's Disc.		515.00		0.00		0.00
5 Sobriety On The Canal		200.00		0.00		0.00
5 Sobriety on a Sat. Night	100.00	150.00	50.00	75.00	50.00	75.00
5 Sobriety on the Lake		0.00		0.00		0.00
8 Sobriety Sisters		86.22		0.00		0.00
3 South Buffalo		1008.22		5.00		5.00
3 Southgate		50.00		0.00		0.00
4 Southwestern		50.00		100.00		100.00
6 Sparks Of Hope		150.00		0.00		0.00
2 Spiritual Progress		175.00		75.00		0.00
4 Springville Sat.Afternoon		0.00		0.00		0.00
4 Springville Tues. Night		0.00		0.00		0.00
4 Springville Wed. Noon		55.00		0.00		0.00
4 Springville New Life		0.00		0.00		0.00
3 Sprout into Sobriety		0.00		0.00		0.00
8 St. Barnabas		25.00		0.00		0.00
4 St. Mark's		150.00		0.00		0.00
3 Starting Over/By The Book		200.00		0.00		0.00
2 Step Action Group		160.80		0.00		0.00
8 Step it Up (Wehrle)		0.00		0.00		0.00
5 Steps 1, 2 & 3		310.00		0.00		0.00
5 Sunday Grapevine		20.00		0.00		0.00
1 Sunday's Best	10.00	70.00		0.00		0.00
6 Sunday in Cattarugas		112.00		0.00		0.00
3 Sunday Morning Breakfast	100.00	850.00		0.00		0.00
SUNLIGHT OF THE SPIRIT		83.00		0.00		0.00
1 Sunrise Court		300.00		0.00		0.00
8 SUNY Amherst Campus		166.63		0.00		0.00
2 Surrender and Hope		0.00		0.00		0.00
8 TGIF		0.00		0.00		0.00
4 Thankful		100.00		0.00		0.00
7 The Absolutes		0.00		0.00		0.00
1 TheBeginnings Of Recovery		80.00		0.00		0.00
6 The Derby Lunch		60.00		0.00		0.00
1 THE GATEHOUSE		135.00		0.00		0.00
2 The Grove		0.00		200.00		0.00
3 The Herd		430.10		0.00		0.00
1 The Journey		94.50		0.00		0.00
2 The New Group		0.00		0.00		0.00
8 The Noon Meeting		0.00		0.00		0.00
6 THE NORTH COLLINS		220.00		0.00		0.00
4 THE YORKSHIRE		0.00		0.00		0.00
2 Three Legacies	45.04	143.90		0.00		0.00
3 Thruway		0.00		0.00		0.00

GROUP CONTRIBUTIONS 2019

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
TnT		300.00		0.00		0.00
Today	30.00	55.00		0.00		0.00
2 TRANSFORMATION		0.00		0.00		0.00
5 T.O.W.	100.00	150.00	50.00	75.00	50.00	75.00
6 Tri County		0.00		0.00		0.00
3 Try Again	250.00	622.00	50.00	75.00		25.00
4 Tuesday Men's AM		1250.00		0.00		0.00
3 Tuesday Women's		200.00		0.00		0.00
2 Turning Point		0.00		0.00		0.00
5 Twin Cities		300.00		0.00		0.00
5 TWO GOOD GUY'S BOOK STUDY		0.00		0.00		0.00
6 TWO PONDS		41.00		0.00		0.00
8 Unity		50.00		0.00		0.00
2 University Men's Disc.		2000.00		0.00		0.00
3 Valley		300.00		0.00		0.00
3 Victory		0.00		0.00		0.00
3 Victory Women's		144.00		0.00		0.00
VIP		0.00		0.00		0.00
1 Wake Up Call		431.00		0.00		0.00
6 WE ( Women's Experience)		0.00		0.00		0.00
2 WE BELIEVE		50.00		0.00		0.00
8 We Care		1100.00		0.00		0.00
1 Westminster		0.00		0.00		0.00
Westfield		0.00		0.00		0.00
2 Why		10.00		0.00		0.00
8 Williamsville	100.00	170.00		0.00		0.00
6 Willing To Grow		300.00		0.00		0.00
5 Wilson Group		0.00		0.00		0.00
6 Wilson Smith Alumni		0.00		0.00		0.00
8 Women Making the Effort		300.00		40.00		40.00
1 Women's West Side		0.00		0.00		0.00
1 Working	155.00	245.00		0.00		0.00
5 Youngstown		0.00		0.00		0.00
Jeanine Z.		1.99		0.00		0.00
Donna F.		75.00		0.00		0.00
Jane Marie B.		20.00		0.00		0.00
Gratitude Month		80.00		0.00		0.00
Donald L.		25.00		0.00		0.00
Sean M.		550.00		0.00		0.00
Patrick L.		25.00		0.00		0.00
Jeffrey K.		8.00		0.00		0.00
Anonymous	20.00	122.82		0.00		0.00
ESCPAA		879.44		0.00		0.00
Claudia P.		36.00		0.00		0.00
blank entry	100.00	100.00		0.00		0.00
		0.00		0.00		0.00
		0.00		0.00		0.00
		0.00		0.00		0.00
TOTALS	4,082.93	45,702.22	235.00	2,285.74	342.00	2,490.00

**Tradition Eleven: *Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.***

- Do I sometimes promote AA so fanatically that I make it seem unattractive?
- Am I always careful to keep the confidences reposed in me as an AA member?
- Am I careful about throwing AA names around – even within the Fellowship?
- Am I ashamed of being a recovered, or recovering, alcoholic?
- What would AA be like if we were not guided by the ideas in Tradition Eleven? Where would I be?
- Is my sobriety attractive enough that a sick drunk would want such a quality for himself?



**Buffalo Central Office**  
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