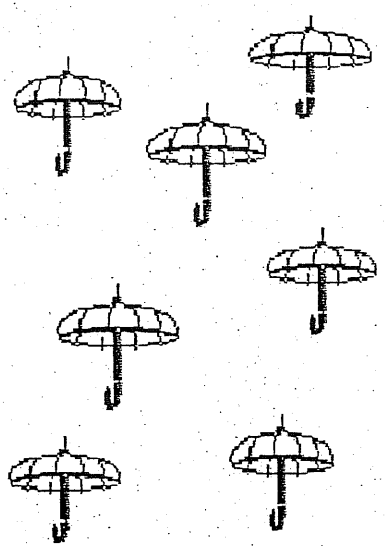


AA

FRONTIERS

Volume 3      Number 4      April 1989  
BASIC PRINCIPLES      STEP 4 - COURAGE

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"Made a searching and fearless moral inventory of ourselves."

### CLASSIC GRAPEVINE

**HAPPINESS IS NOT FOR ME**  
by G.L., Boise Idaho  
Grapevine, January 1971

If there is anything in AA that tests my tolerance, it is the guy or gal who says, "I am a happy alcoholic!" Now, I am glad that I am an alcoholic, for the simple reason that being an alcoholic provides some kind of explanation for my insane behavior during my drinking days. Nearly 18 years of continuous sobriety, however, have convinced me that managing to live without wanting to drink, calls for too much effort most of the time to produce total happiness. Mind you, I haven't thought of drinking in years. My concern is with being on guard against the the kind of thinking which, for me, ultimately leads to

When I see the ground I have covered since joining AA, I could weep for joy at this evidence of my own personal miracle. The thought of starting over all over again is frightening, for I would never have associated myself with AA in the first place if I'd known all that would be required of me. All I wanted to do was stop drinking! That attitude caused me to postpone my sobriety for quite a while, until I was ready to change my ways.

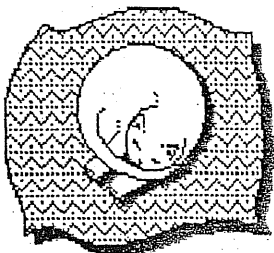
For 4 years, I kept hoping that sobriety would somehow happen to me, that some force would intervene to make me stop drinking permanently against my wishes

Then, at a meeting, I heard a provocative piece of homespun philosophy from a fellow AA, who said "If you stole horses when you were drinking, and you expect to get sober, you not only quit drinking but you quit stealing horses. You do things differently than ever before in your life, or you go back to the bottle until you are ready to fulfill the conditions which produce sobriety."

I came to believe that, if I wanted to stay sober, I had to begin doing certain things that I ought to have been doing all along, and I had to stop doing certain things that made me think less of myself. When I compared sobriety to the hell on earth I had been going through, the sharp contrast kept me sober long enough to discover what my real problems were, and life began to have meaning and balance.

I can't imagine any AA member perpetually bubbling with mirth while he achieved these small measures of growth, so painfully and infrequently. I can't recall ever having made a forward step in improving my life because I wanted especially to be a better person. Instead, such progress followed upon disgust, when I could no longer tolerate being what I was. I had to face gruelling admissions and adjustments in many areas: sex, irresponsibility and juvenile emotions; forgiveness of others and myself; willingness to make amends; making amends. There was a need of self-diminishment, if God was to be dearer and nearer in my life. Criticism and tolerance of others ended when I recognized the slumbering beast within me and my dependence upon God to sustain me against it.

[Continued on p. 7]

*Helen's Corner* ...

## COURAGE TO CHANGE

By Carmela K.  
Westside Women's

So you're thinking about doing a 4th Step? If thoughts were dollars we would all be wealthy. But thoughts are worthless unless we put them into action. There are two words which can stop us and they are searching and fearless.

In scary movies there's always a forbidden door and someone to open it even if they hear howling and scratching. Opening the forbidden door is exactly what the 4th step asks us to do but without fear.

Many of us have made an issue out of knowing how to do a 4th step. But how can this be when the directions are clearly written in the Big Book.

Actually, I believe, the problem lies within us. We are plainly and simply afraid to face what's howling and scratching within.

Question: What did the cowardly lion ask for in the Wizard of Oz? Answer: **Courage.**

Webster's dictionary defines courage as the mental or moral strength to venture, persevere and withstand danger, fear or difficulty. In all honesty, by myself, I can't muster up this type of courage. But there are two sources of courage I can tap whenever I wish and they are 1) I can ask God to give me the courage not only to do a 4th step but also just to face life one day at a time and 2) I can be reassured by the example of countless numbers of AA's who in 54 years have demonstrated courage by doing the impossible and have stayed sober.

With the help of God and our AA family we can all face the words searching and fearless with faith and courage.

In reality we can only change those parts of ourselves that we can see and accept as needing change. There is an old saying- "He who does not learn from history is doomed to repeat it."

The 4th step, taken with courage, is our way of learning to avoid the potholes in our personalities. Remember: it's not over until the fat lady sings!

I attended my first Alcoholics Anonymous meeting New years Day 1986, but decided I wasn't ready for the fellowship until April 13th of the same year. After 3 1/2 more months in the bars, I decided I needed to change my life and found the courage to accept the fact that I was powerless over alcohol and my life was unmanageable. The courage to let go of wet people, places, and things was not an easy task since my spouse was one of the wet people to let go and let God take care of.

Courage to come to believe that a power greater than myself could restore me to sanity was easy since nothing else worked. Being raised Catholic and believing God was a punishing God stood in the way.

I found I had to keep an open mind and listen at tables to see how others raised Catholic overcame this fear. After accepting the 2nd Step, the 3rd Step was easier to take, which I do upon rising in the morning.

Step 4 is an everyday step for me that I take with no fear and feel stronger each time I do. Keeping an open mind and a willingness to change takes courage and I get that courage from my Higher Power, meetings and sharing with others. Courage to admit my wrongs, courage to be a sponsor, courage to help the newcomer is growth for me and I owe it to my Higher Power whom I choose to call God as I understand him today.

To the newcomer "Don't pick up the first drink, make a meeting, say prayer" and **courage will come to you through your Higher Power as you understand Him.**

[Continued from pg. 1]

I don't know how many deaths and rebirths have followed one upon the other, and the matter is not done yet! For the recovering, growing alcoholic, the curtain comes down on one act and immediately rises on another. When I think of the kind of person I would like to be, I see that I have done nothing and am nothing; but when I compare what I am with what I was and was not, I am a most grateful alcoholic.

My friends would hardly think of me as a glum, cantankerous killjoy, but they don't know me like I know me. I'm running scared most of the time, and so lean heavily upon God, daily. There are other times when I like to lie down and die right now while I'm ahead of the game. Maybe God keeps me weak and dependent upon Him so I may need him all the more.

I can't help feeling that there are other persons who are pretty uncomfortable in the world as I am. On top of that, I make those around me uncomfortable. I am still and shy and withdrawn and easy around people on a one-to-one basis, unless we're talking about AA and alcoholism. I am still sick in the emotions. I have learned that I do not necessarily have to drink alcohol to get intoxicated or to have hangovers. In any case, I am pleased with the progress I have made. I am glad I'm me. But I am not a happy alcoholic.



*GOD GRANT ME THE SERENITY TO  
ACCEPT THE THINGS I CANNOT  
CHANGE.*

*THE COURAGE TO CHANGE THE THE  
THINGS I CAN.*

*AND THE WISDOM TO KNOW THE  
DIFFERENCE.*

***THE BIG BOOK IS ABOUT ME***

by C.F., Londonderry, Northern Ireland  
Grapevine -- May 1978

Sometimes, the question arises: "What is the Big Book really about? With the usual alcoholic contrariness, I can only answer with a question: Who is the Big Book really about?" In dealing with alcoholism and the program of recovery, the book tells us how the first AAs dealt with the major problems engendered by our disease, problems affecting marriage, family, sex, finance, jobs, careers, and finally sanity. Through the Twelve Steps, AAs were enabled to find a new perspective on those areas of self-imposed conflict.

For me, it was simply a question of living or dying. In the course of coming to terms with these problems - in other words, coming to terms with myself - I did not become a marriage counselor, a financial consultant, an efficiency expert or a psychiatrist. These fields are quite rightly occupied by trained, experienced and responsible people who must conform to socially acceptable standards before they can practice. The Big Book tells me, an alcoholic, how I can use the Twelve Steps to cope with my problems and discover who I am. The Third Step gave me a perspective from outside myself, an objective viewpoint from which I could see myself as I am, not as I would like to be, and thus helped me to approach what is now the excitement of living.

I am reminded of Thompson's Hound of Heaven": "I fled Him, down the nights and down the days..." He had to chase me, because I was running away fast. I'm thankful that I stopped running in time, long enough to read the Big Book and begin to understand it.

The Big Book is not about social, mental or medical problems. To my question "Who is the Big Book about?" there is only one answer. The Big Book is about me.

## AA CENTRAL OFFICE

845 Ellicott Square Bldg  
295 Main Street  
Buffalo, New York 14203

(716)853-0388

Executive Secretary - Delphine H.  
Clerical - Helen B. and Barbara H.

## Our Co-Founders



Dr. Bob  
1879-1950



Bill W.  
1895-1971

## CENTRAL COMMITTEE

Chairman - Larry B.  
Recording Secretary - Lue S.  
Financial Secretary - Roger P.

Central Committee meets on the **first Sunday of every month** at 7:00 PM at the COMMUNITY HEALTH CENTER, 80 Goodrich Street (behind Buffalo General Hospital). **OPEN TO ALL AA MEMBERS.**

## SUB-COMMITTEES OF THE CENTRAL COMMITTEE

Correctional Facilities - Martha C.  
Treatment Facilities - Dan M.  
Buffalo Fall Convention - Lloyd E.  
Screeners - Lynn C.  
New Frontiers - Larry B.  
Editorial - Helen S. and Don H.  
Envelope System - Roger P.

**AA MEMBERS** are encouraged to share the fellowship by volunteering for any of these committees. Call the Central Office at **853-0388**.

**REMEMBER: WE ARE RESPONSIBLE.**

## STEERING COMMITTEE

DISTRICT 1 - Central Buffalo: Jack C.  
2 - Northwest Buffalo: Sue G.  
3 - South Buffalo: Jane C.  
4 - Southtowns: Gary H.

DISTRICT 5 - Northern Tier: Jeff P.  
6 - Southern Tier: Dick L.  
7 - Northeast Buffalo: Dick W.  
8 - Eastern Tier: Bernie

**WESTERN NEW YORK GENERAL SERVICE** meets the last Sunday of February, June, September and November. Meetings are held at the ORCHARD PARK MUNICIPAL BUILDING at 2:00 PM. June meeting will be in Jamestown. **EVERYONE IS WELCOME TO ATTEND THE GSO MEETINGS.**

The **NEW FRONTIERS** is your AA newsletter. Our purpose is to present personal stories and subjects directly related to the recovery from alcoholism. For inclusion in the next issue, material must reach the Central Office by **April 15th** for inclusion in the May issue. Your artwork, poems, articles etc. are also welcome.

**NEXT MONTH'S THEME : Step 5 - Integrity**

The **NEW FRONTIERS** will be mailed to you monthly for a yearly cost of \$6.00.

To subscribe EITHER 1) call the Central Office at 853-0388

OR 2) fill out this form (please print)  
and send to the Central Office.

Make checks or money orders payable in  
American funds to: NEW FRONTIERS

NAME \_\_\_\_\_ ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

c/o Alcoholics Anonymous  
845 Ellicott Square Bldg.  
295 Main Street  
Buffalo, NY 14203-2545

# Movin' On In Sobriety

## RESIDE

Jack J. 16 yr.  
 Gungi S. 15 yr.  
 Bob K. 14 yr.  
 Maggie D. 13 yr.  
 Charlie D. 13 yr.  
 Chuck D. 10 yr.  
 Deni D. 8 yr.  
 Jim M. 8 yr.  
 Keith B. 7 yr.  
 Morty G. 6 yr.  
 Hazel I. 6 yr.  
 Marion P. 5 yr.  
 Carol O. 4 yr.  
 Edmund B. 4 yr.  
 Lloyd G. 4 yr.  
 Greg M. 4 yr.  
 Eddie P. 4 yr.  
 Doug B. 2 yr.  
 Roger L. 1 yr.  
 MaryAnn M. 1 yr.  
 Rob R. 1 yr.  
 Day W. 1 yr.  
 Jack S. 1 yr.  
 Rodney M. 9 m.  
 James P. 9 m.  
 Anna B. 6 m.  
 Barbara K. 6 m.  
 James W. 3 m.  
 Sue C. 3 m.  
 Paul P. 3 m.  
 Day W. Jr. 3 m.

## CAZENOVIA

Bea F. 2 yr.  
 John H. 2 yr.  
 John G. 1 yr.  
 Tim P. 9 m.  
 Paul B. 6 m.  
 Kristian T. 6 m.  
 Kathi H. 3 m.  
 Herb M. 3 m.

## SHERIDAN/ HONESTY

Joseph B. 18 yr.  
 Michael S. 13 yr.  
 Harvey S. 13 yr.  
 Kahli M. 10 yr.  
 Larry B. 7 yr.  
 Mark C. 5 yr.  
 Mark S. 4 yr.  
 Chester S. 3 yr.  
 Dorey L. 3 yr.  
 Steven T. 3 yr.  
 Tom Z. 3 yr.  
 C. Busch 2 yr.  
 Tammy T. 2 yr.  
 Shawn T. 1 yr.  
 Tammy A. 1 yr.  
 Vincent D. 1 yr.  
 Paul C. 6 m.  
 Frank C. 3 m.  
 MARCH  
 Rosemary M. 6 m.  
 Dale P. 6 m.

## NEW ZION

Larry B. 7 yr.  
 Tammy Z. 6 yr.  
 Barbara W. 2 yr.  
 Karen G. 1 yr.  
 Jim M. 6 m.  
 Paul S. 3 m.  
 Tim P. 3 m.

## FREEDOM

Kim B. 6 yr.  
 Alice C. 1 yr.  
 Michael B. 1 yr.  
 Dudley D. 6 m.  
 Robert M. 3 m.

## CHEEKTOWAGA

Al L. 35 yr.  
 Ed P. 4 yr.  
 Gary M. 2 yr.  
 Paul E. 1 yr.  
 Karen M. 1 yr.  
 Dan R. 9 m.  
 Joseph S. 6 m.  
 Vince L. 3 m.  
 Earl S. 3 m.  
 Mike O. 3 m.  
 David M. 3 m.  
 Leon D. 3 m.  
 Shawn A. 3 m.

## WE ADMITTED

Ron M. 6 m.  
 Paul H. 6 m.  
 Tina H. 3 m.

## BIDWELL

Donald K. 1 yr.  
 Linda M. 3 m.

## LET GO AND

LET GOD  
 Emma M. 7 yr.  
 Bo H. 3 yr.  
 Mary B. 2 yr.

## HARMONY

Gerald W. 2 yr.  
 Raymond S. 1 yr.  
 Herb N. 1 yr.

## KENSINGTON

Mary H. 8 yr.  
 Patty S. 6 m.

## NORTH JAVA

Ron W. 1 yr.

## IRONHORSE

Dorthea F. 7 yr.  
 Jean B. 7 yr.  
 Scotty S. 5 yr.  
 Mary C. 3 yr.  
 Bea F. 2 yr.  
 Sean McG. 1 yr.  
 Tom S. 1 yr.  
 Dennis Z. 9 m.  
 Ed Y. 9 m.  
 Dennis S. 6 m.

## WOMENS

## WESTSIDE

## DISC.

Cindy G. 4 yr.  
 Carmella K. 3 yr.  
 Barb W. 3 yr.  
 Robin W. 2 yr.  
 Rebecca W. 9 m.  
 Shirley H. 9 m.  
 Patty S. 6 m.

## COLD SPRINGS

Mary H. 8 yr.  
 Lou S. 6 yr.  
 Debbie D. 2 yr.  
 Rob D. 1 yr.  
 Rasheed I. 1 yr.  
 Bernice L. 6 m.  
 Gregory J. 6 m.

## NORTH BUF-

## FALO

Carl S. 33 yr.  
 Joe B. 18 yr.  
 Kerry P. 8 yr.  
 Sarah W. 6 yr.  
 Madelyn C. 4 yr.  
 Peggy P. 3 yr.  
 Maria B. 3 yr.  
 Linda B. 2 yr.  
 Pat E. 1 yr.  
 Jim L. 1 yr.  
 Desmond M. 1 yr.  
 Beth H. 1 yr.  
 Betty G. 6 m.  
 Barry H. 6 m.  
 Larry S. 6 m.  
 Samuel F. 6 m.  
 Christine F. 3 m.  
 Bill G. 3 m.  
 Mari B. 3 m.

## GIVING

Ronald G. 16 yr.  
 Maureen H. 3 yr.

## THRUWAY

Bill C. 11 yr.  
 Denny D. 8 yr.  
 John O. 5 yr.  
 Greg M. 4 yr.  
 Ed P. 4 yr.  
 Bryant G. 4 yr.  
 Paul S. 4 yr.  
 Patricia C. 3 yr.  
 JudyAnn M. 2 yr.  
 John G. 2 yr.  
 Sue S. 3 m.

## NEW FRONTIER

Ed W. 3 yr.  
 Deborah D. 2 yr.  
 Lynn L. 1 yr.  
 Karen G. 1 yr.  
 Marilyn D. 9 m.  
 Bob L. 9 m.  
 Michael P. 9 m.  
 Mike T. 6 m.  
 Jerry M. 6 m.  
 Steven P. 6 m.  
 Don J. 6 m.  
 Tom D. 6 m.  
 Tim H. 3 m.

## SERENITY

Emma L. 25 yr.  
 Ellen B. 8 yr.  
 David R. 1 yr.  
 Jackie H. 6 m.

## BOULEVARD

## WOMENS

Margaret H. 17 yr.  
 Nancy J. 10 yr.  
 Etna M. 5 yr.  
 Margaret B. 1 yr.

## LAKESHORE

Stanley M. 22 yr.  
 Terry B. 2 yr.  
 John B. 2 yr.

## FREEDOM

Elaine B. 5 yr.  
 Eddie S. 4 yr.  
 Lorraine P. 2 yr.  
 Albert W. 1 yr.  
 Harvey S. 1 yr.  
 Joe M. 3 m.

## BRASS

Pat C. 2 yr.  
 Marge H. 3 m.

## SOUTH BUF-

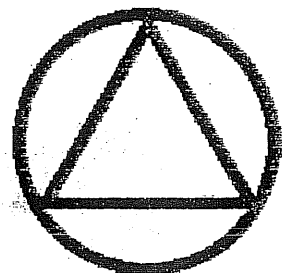
Bill M. 36 yr.  
 Helen K. 7 yr.  
 Thomas S. 19 yr.  
 Margaret D. 7 yr.  
 Dorothy A. 6 yr.  
 Teresa C. 5 yr.  
 Bill H. 4 yr.  
 Mary C. 3 yr.  
 Lela C. 3 m.  
 Karen K. 3 m.  
 Jerry O. 3 m.  
 Michael O'N. 3 m.

## DERBY

Maria B. 3 yr.  
 Deborah D. 2 yr.  
 James L. 1 yr.  
 Joe C. 1 yr.  
 Chris B. 6 m.  
 Mark R. 6 m.  
 Robin C. 3 m.  
 Eugene E. 3 m.

## FALO

Carol C. 2 yr.  
 Becky K. 1 yr.  
 Linda B. 9 m.  
 Sean O. 3 m.  
 MARCH  
 Don R. 19 yr.  
 Scott B. 9 yr.  
 Fred F. 3 yr.  
 Vicky S. 3 yr.  
 Jerrv T. 1 yr.





## ANNOUNCEMENTS

# MEETINGS, MEETINGS, MEETINGS.

### NEW MEETINGS

RENAISSANCE - WEDNESDAY - 12:00 PM Seton Building, Room 312, 3rd floor, 2121 Main Street, Buffalo. Open Discussion, Open Speaker Meeting last week of the month. (next to Sisters Hospital, Main and Humboldt Pkwy.

### MEETING CHANGES

SPIRIT OF HOPE - SATURDAY meets at St. Bartholomew's at 335 Grider Street, Buffalo at 10:00 AM, not as it reads on schedule.

LEW-PORIT - TUESDAY - All meetings are Open Discussion.

HUMBLY WILLING - TUESDAY - meets at the Iroquois Crossroads Center, 1047 Grant St.(rear).

MONDAY NITE - until further notice this Akron group is not a meeting.

### SEASONAL MEETING

SERENITY IN THE PARK will start meeting May 1, MONDAY - 7:00 PM, Delaware Park by the Rose Garden.

### NOTICE

MID-DAY which meets at the MID-CLINIC, 1520 Walden Ave., Cheektowaga on MONDAYS at 12:30 PM needs support.

### REMEMBER

CENTRAL COMMITTEE MEETING SUNDAYS - APRIL 2 and May 7, 7:00 PM at 80 Goodrich Street behind Buffalo General.



## LEADERS EVENTS

APRIL 1 - SATURDAY - APRIL FOOLS DANCE sponsored by the SECOND CHANCE group will be held at the Bingo Hall, St. Columba/Bridget Churches, Hickory and Eagle Streets, Buffalo. Music from 9:00 PM - 1:30 AM with K.C."Jammin". Pizza will be served, 50/50. Donation: \$3.00 in advance, \$4.00 at the door.

APRIL 14 & 15 - LIFE LINE group of Allegany, N.Y. is celebrating their 3rd Anniversary with a RECOVERY weekend to be held at the St. John's Lutheran Church, North 4th Street, Allegheny, beginning that Friday at 8:00 PM.

MAY 9 - TUESDAY - NEW ZION - for this meeting ONLY, will meet in the Jewish Center, Delaware and Summer, Buffalo.

MAY 13 - SATURDAY - FREEDOM group's Spring Dance. St. Amelia's Church, 2999 Eggert Rd., starting at 7:00 PM with Buffet followed at 8:00 PM with Speaker Jim O.W., Waterloo, Ontario. Followed by dancing to the music of First Quality Sounds. Donation: \$6.00. Only 200 tickets will be sold.

MAY 20 - SATURDAY - COMMON PROBLEMS will be sponsoring their annual "50's-60's Dance. Tickets: \$6.00 can be obtained from group members. Watch for more details in next month's notices.

WATCH FOR: BIDWELL GROUP'S GIANT ANNIVERSARY CELEBRATION ON MAY 13TH. DETAILS IN NEXT MONTH'S ANNOUNCEMENTS.

CENTRAL COMMITTEE

April 2, 1989

Chairman, Larry B., opened the meeting with a moment of silence, followed by the Serenity Prayer. The Preamble, Purpose of the Central Committee and the Twelve Traditions were read. The minutes were accepted as read.

(Bernie A., moved/ Reg D., seconded)

54 GROUPS WERE REPRESENTED:

ABBOTT MENS DISC	FRESH START	NORTH BUFFALO
ACTION	FRONTIER	OPEN MIND
AMHERST SNYDER	GIVING	PERRY DISC
BIDWELL	GRAND	RUSH HALL
BIDWELL MONDAY DISC	HAPPY HOUR	SECOND CHANCE
BOULEVARD WOMENS	HARMONY	SECURITY
BRASS	HONESTY	SHERIDAN
CASTING	IGNATIA	SOUTH BUFFALO
COLD SPRINGS	IRON HORSE	SOUTHGATE
COMMON PROBLEMS	KENMORE	SUNRISE COURT
COMMON PROBLEMS AT VA	LAKE VIEW	TUESDAY WOMENS DISC
COMMUNITY CENTER	LIVE & LET LIVE	UNIVERSITY MENS
COURAGE	LIVING SOBER	1ST STEP
DELAWARE DISC	LOVEJOY	TUESDAY MENS DISC
DERBY	MATT TALBOT	WHY
EAST AURORA	MCKINLEY WINNERS	WILLIAMSVILLE
E.C.M.C.	NEW FRONTIER	WE ADMITTED
FIRESIDE	NEW LIFE	NORTH JAVA

The Chairman called for the various reports:  
ENVELOPE SYSTEM: Roger P.

	1988	1989	
MARCH	\$ 532.00	\$ 793.00	\$261.00 (49.1%) Increase
YEAR TO DATE	\$2,830.00	\$2,748.00	\$ 82.00 ( 2.9%) Decrease

STEERING COMMITTEE Sue G.

Steering Committee met 3/28/89. The meeting opened at 6:15PM with the Serenity Prayer. In attendance were Paul H., Jeff P., Delphine H., Roger P., Sue G., Larry B.

Old Business: Guidelines for conventions and vigils to be given to Central Committee by Ron W. Bank charges on small accounts will be taken care of. Accounts to be tied to reserve account.

New Business: Steering Committee Representatives - Paul H. to serve remaining term for Jeff P., to expire 2/90 (District 5); Carol R. will begin her term on 4/25/89; (1C, Art 6) District 3, South Buffalo, that due to continual absence at Steering Committee meetings, Jane C. has been removed from the District 3 position and a representative will be appointed by the committee.

The meeting closed at 8PM with the Lord's Prayer.

FINANCIAL REPORT: Roger P. (See Attached)

Note: Bank charges were imposed before action could be taken. They will be removed. All of the accounts are affiliated.

TREATMENT CENTERS: Dan M.

ECMC is running okay. A meeting will be started at Sheehan Memorial.

CORRECTIONAL FACILITIES: Martha C.

All meetings are running smoothly. If anyone wishes to attend a correctional facility meeting, please contact Central Office.

SCREENERS REPORT: No Report

CENTRAL OFFICE: Delphine H.

A.A. INFORMATION 617

PIC	2	<u>McLEANS/McCALLS SERVICE GROUP</u>	
CPC			
ALANON	43	OUTGOING CALLS	39
ALATEEN	6	INCOMING CALLS	272
ACOA	29		
12 STEP	7	<u>CENTRAL OFFICE</u>	
LITERATURE REQUESTS	68	OUTGOING CALLS	159
REFERRAL TO OTHER AGENCIES	24	OUTGOING MAIL	\$227.50
REFERRAL FROM OTHER AGENCIES	5	VISITORS	153

NEW FRONTIERS: Larry B.

Current issue is two pages shorter than usual due to lack of articles. Please submit.

BUFFALO FALL CONVENTION: Elizabeth G.

Next meeting 4/11 at 6PM at the Hilton

CHRISTMAS VIGIL: No Report

GUIDELINES COMMITTEE: Ron W.

The committee has met and agreed on guidelines to be presented to the Central Committee at its May 7 meeting.

COURTESY REPORTS

GENERAL SERVICE ASSEMBLY: Elvester McR.

No meeting in April. There will be a full body meeting May 21 at 2PM.



RE-CAP

TREATMENT CENTERS:

Bill H. asked if the new meeting was an A.A. meeting or an abuse meeting. Bernie A. asked how often the meeting would meet. In reply, there will be a meeting this week at the hospital. A group will run the meeting. The facility is a 16 bed detox.

GENERAL SERVICE ASSEMBLY:

Elizabeth G. asked about the June convention and Hospitality. In reply, the convention will be July 14-15-16 and slingers are coming.

OLD BUSINESS

- 1.) Discussion about convention reports. Inconsistency is reason for GUIDELINES. It is not that money is made or lost, but that more prudent spending is needed. Central Committee needs to define events such as a Christmas Vigil; what is it? If Traditions are not followed, there is likelihood of trouble in some form. Central Committee ought to oversee allowed expenses. Chairmen are required to give reports to the Central Committee each month. Event committee might keep minutes and submit a copy each month, as does Steering Committee. Reports ought to be clear concerning expenses.

NEW BUSINESS

Discussion about smoking at Central Committee meetings. It was moved by Helen B. and seconded by Bill H. that smoking not be allowed. Further discussion. It was pointed out by Delphine H. that the group was breaking the law by smoking in the building. A motion to second a motion to table was not obtained. It was moved to move the meeting and that was not seconded either. The Chairman tabled the motion. Delphine will try to find out if any area in the building permits smoking and whether we could meet there. It was also pointed out that cleanliness was an issue and that the wishes of the landlord took precedence. That is the responsibility of all.

It was moved and seconded to adjourn. The meeting adjourned with the Lord's Prayer.

Respectfully submitted,  
Ron W., Open Mind Group  
Secretary of the Month

Central Committee Account Financial Statement #504-771-7 March 25, '89 - April 25, '89

54 Groups Contributed.		3915.25
Joint Meeting (expenses 10.29)		31.01
New Frontiers Subscription		18.00
Envelope System		567.00
Literature		2743.17
Miscellaneous - Anonymous	25.00	
In memory - James O'S	145.00	170.00
Total Receipts		7444.43

DISBURSEMENTS

#10 Ellicott Square Court Corp - mth rt		431.00
Community Mental Health Center - mth rt		35.00
Mc Lean/McCalls Service group		122.65
Roger Pratt - stamps for Envelope System		50.00
Barbara N. Haefner		49.01
Helen J. Brady		107.44
Delphine A. Hoy		281.00
Pitney Bowes - meter rental		59.25
ANR Freight System, Inc. - inside delivery charge		26.00
Overnite Transportation Co. - inside delivery charge		23.00
D. F. Williamson, Co. - ink markers		53.20
The Buffalo News - Mth bl		251.60
Helen J. Brady		107.44
Delphine A. Hoy		281.00
Great Bear Spring Co. - mth bl		29.59
Breitweiser Printing Co., Inc. - schedules		892.5
M&T Bank - Federal Withholding tax		563.1
*10 Ellicott Square Court Corp. - '88 utilities' reconciliation pay		205.25
James Rainey - "In All Our Affair" Booklets - 200		230
Barbara N. Haefner		49.01
Helen J. Brady		107.44
Delphine A. Hoy		281
NYS Unemployment Insurance - 1st quarter		20.53
Internal Revenue Service - Federal With. Tax		71.94
A.A. World Services, Inc. - Bal due		223.20
Patrick Kane - Service phone lines		150.00
New York Telephone - mth bl		125.73
A.A. World Services, Inc. - Phamplets & Cards		292.89
The Paper Shop - paper supplies		68.98
Barbara N. Haefner		49.01
Helen J. Brady		107.44
Delphine A. Hoy		281.00
U.S. Postmaster - Meter refill		500.00
Petty Cash		50.00
	Disbursements	6168.42

RE-CAP

Balance Pr Checkbook 3/25/89	12038.40	
Add Receipts 3/25/89 - 4/25/89	7444.43	19482.83
Deduct Expenses 3/25/89 - 4/25/89		6168.42
Balance Pr Checkbook 4/25/89		13314.41
Operating Credit for 4/25/89	1276.01	

M&T Savings Accounts	18724.57		
M&T Checking Accounts	13314.41		
Total Monetary Assets	32038.98		
Projected Prudent Reserve	18000.00		
Reserve Credit	14038.98		

Treatment Center Account		Financial Statement	602-089-5	March 25, '89-April 25, '89	
		This Month	Check Number	Expenses	Accum Totals
Abbott Men's Disc		10.00			20.00
Bidwell Monday Discussion		50.00			50.00
Broadway Bailey		20.00			20.00
Cornplanters Again.					10.00
Courage		100.00			100.00
Delaware Disc					10.00
East Aurora		10.00			40.00
Father Baker					30.00
Fireside		25.00			125.00
Hill Billy					60.00
Lakeshore		5.00			5.00
Let Go & Let God					60.00
New Beginnings					30.00
New Zion					50.00
Remember When		10.00			10.00
South Buffalo		5.00			20.00
Sunday Niters					5.00
TGIF					25.00
Turning Point					50.00
University		20.00			80.00
We Admitted					15.00
We Care		15.00			55.00
Why					20.00
		270.00			890.00
Robert Haefner-cgts-ECMC			589	50.00	
Central office - lit - ECMC			590	190.00	
EXPENSES				240.00	
RE-CAP					
Balance Pr Checkbook 3/25/89			645.18		
Add Receipts	3/25/89-4/25/89		270.00		915.18
Deduct Expenses	3/25/89 -4/25/89				240.00
Balance Pr Checkbook 4/25/89					675.18
Operating Credit for 4/25/89				30.00	

CORRECTIONAL FACILITIES FINANCIAL STATEMENT #484-185-5 MARCH 25, '89 - APRIL 25,

		THIS MONTH		ACCUM TOTALS
ABBOTT MEN'S DISC		10.00		20.00
BROADWAY BAILEY		20.00		20.00
CORNPLANTERS AGAIN				10.00
COURAGE		100.00		100.00
DELAWARE DISC				10.00
FATHER BAKER				30.00
FIRESIDE				50.00
HAND				60.00
HILL BILLY				60.00
HONESTY		20.00		50.00
LAKESHORE		5.00		5.00
LAKE VIEW				20.00
LET GO & LET GOD				60.00
MC KINLEY WINNERS				20.00
NEW BEGINNINGS				30.00
NEW ZION				50.00
NO BUFFALO		10.00		30.00
REMEMBER WHEN		10.00		10.00
SHERIDAN		10.00		40.00
SO. BUFFALO		5.00		20.00
SUNDAY NITERS				5.00
TURNING POINT				50.00
WE ADMITTED				20.00
WE CARE		10.00		40.00
WHY				20.00
		200.00		830.00
	CENTRAL OFFICE-LIT-COLLINS		365	113.25
	CENTRAL OFFICE-LIT-ATTICA		396	200.00
	CENTRAL OFFICE-LIT-WENDE		397	9.00
EXPENSES				322.25
RE-CAP				
BALANCE PR CHECKBOOK 3/25/89			238.07	
ADD RECEIPTS 3/25/88 - 4/25/89			200.00	438.07
DEDUCT EXPENSES 3/25/88-4/25/89				322.25
BALANCE PR CHECKBOOK 4/25/89				115.82
OPERATING DEBIT FOR 4/25/89		(122.25)		

GROUP			Common Hour			Giving		
11th Step			Common Problem		73.00	Golden Slipper		400.00
1st. Things 1st.		30.00	Common Problems at VA			Good Life		
3rd Step			Community Center		30.00	Grand		
6th Step			Cornplanters Again			Grand II Joy Of Living	60.00	60.00
A Day At A Time			Courage	175.00	225.00	Grateful		
A Helping Hand		22.50	Delaware Discussion		70.00	H.A.N.D	185.00	245.00
Abbott Men's Disc at Va			Derby		25.00	Half & Half		
Abbott Mens Discussion	30.00	60.00	Desire		50.00	Hamburg		
Acceptance		125.00	DeVeaux Discussion			Handicappers Sat. Nite		50.00
Achievement		210.00	Downtown Discussion			Happy Hour	20.00	80.00
Action		50.00	Downtown Men's Disc.		45.00	Harmony	5.00	15.00
Active Achievement			Dunkirk		20.00	High View		
Age Doesn't Matter			E.C.M.C.			Hill Billy		480.00
Albion			Early Beginnings		25.00	Honesty	60.00	150.00
All Women			Early Bird			Humbly Willing		
Amherst Snyder	500.00	500.00	Early Start			Ignatia		20.00
Amherst Tree of Life	60.00	60.00	Easier Softer Way			Inner City		60.00
Amsdell Lakeshore			East Amherst			Inspiration		
Any Age			East Aurora	35.00	140.00	Iron Horse	20.00	65.00
Arcade			East Aurora		25.00	Iron Horse at VA		
Attitude Adjustment			Eden-North Collins	40.00	240.00	Kenmore	100.00	100.00
Attraction	15.00	130.00	Ellicott	25.00	95.00	Kensington	25.00	60.00
Beginner's Table			Ellicottville			Ladies Night		
Beginnings			Emergency			Lakeshore	20.00	20.00
Bidwell		10.00	Eternal Vigilance		15.00	Lakeview		20.00
Bidwell Monday Disc.			Everybody's		20.00	Lazy Bee Ranch		
Big Book			Eye Opener	50.00	50.00	Let Go & Let God	25.00	125.00
Blasdell						Lew-port		20.00
Boulevard Women's		40.00	Father Baker		90.00	Liberty Women's		
Brass		40.00	Feelings			Live and Let Live	165.00	165.00
Broadway-Bailey	40.00	40.00	Fireside	420.00	1440.00	Living Sober	25.00	100.00
Brocton Discussion		30.00	Fireside PM	76.00	76.00	Lock City		
Came to Believe	155.75	155.75	Ford		300.00	Lockport #1		
Campus			Fredonia Bkft. Meeting			Lockport Discussion		
Casting		50.00	Fredonia Discussion			Lockport Ladies		
Cathedral Park		80.00	Freedom	25.00	100.00	Lockview		200.00
Caz Manor	50.00	50.00	Fresh Start			Lovejoy		20.00
Cazenovia		10.00	Friday Nite Disc.			Main View Manor		5.00
Central Park			Friendly	140.00	140.00	Marilla		
Chapter IX			Friendship Fireside			Matt Talbot		45.00
Chapter V								
Cheektowaga	80.00	120.00	Frontier	25.00	100.00			
Chevy #1						Mc Kinley Winners		40.00
Clarence Men's Dis		180.00	Gardenville		200.00	Medina		
Cold Springs		50.00	Getting it Together			Medina Sunday		

2043.25

3594.

2545

Mercy			Saturday Night			University Men's	150.00	600.00
Mid-day			Saturday Night Alive			Urban		
Mid-Erie AA Grp.			Saturday Nite Live			V.I.P.		
Midnite			Second Chance			Valley		
Miracle			Security			Veteran's Hospital		
MOD			Serendipity			Victory		
Monday Nite			Serenity	50.00	100.00	We Admitted		30.00
Morning After			Sheridan	30.00	120.00	We Are Not Saints		
NDH-Tonawanda Forge			Silver Creek			We Care	30.00	110.00
Never Too Late			Sober Trail			We Choose Life		
New Awakening			Sobriedad, Un Dia A La Va			We Need You		
New Beginnings		50.00	Sobriety Men's Disc			Wed. Lunchtime	20.00	80.00
New Direction			Somerset			Welcome		
New Frontier	25.00	100.00	South Buffalo	25.00	100.00	Welcome Home		
New Frontier Womans	25.00	25.00	South Town		75.00	West Seneca Sat. Nite		
New Life		20.00	Southgate		8.00	West Valley		
New Westside			Southwestern	20.00	45.00	Westfield		60.00
New Zion		400.00	Spirit of H.O.P.E.		30.00	Westminster		
Niagara Frontier Men's		370	Springville		90.00	WHY		110.00
North Buffalo	80.00	300.00	Springville-no smoking			Williamsville		50.00
North Java			St. Barnabus		60.00	Wilson		
One Day at a Time (ODAT)			Step			Women's Westside Disc.		30.00
Open Arms			Stepping Stones	10.00	20.00	Working		
Open Mind	20.00	50.00	Strozzi			You'll Never Walk Alone		
Pass It On			Sunday Niters	20.00	40.00	Youngstown		
Patchin			Sunday Third		15.00	Native American		22.21
Peaceful			Sunrise Court			54 GRPS. CONTRI.		3915.25
Perry		25.00	SUNY - Amherst Campus	50.00	50.00			
Positively Living			Surburban			ACCUM. TOTAL		13937.96
Positively Living II			Swinging Door	10.00	30.00			
Primary Purpose			T'n'T					
Progress		300.00	TGIF	75.00	150.00			
Purpose		127.00	Thankful		45.00			
Rainbow	20.00	30.00	The Way	30.00	110.00			
Ray of Hope		60.00	Thru-way	300.00	1200.00			
Remember When	50.00	50.00	Thursday Afternoon Disc.					
Renewal			Thursday Nonsmoking					
Rush Hall	25.00	100.00	Today					
			Tri-County					
Rush Manor			Trinity Monday Night	75.00	150.00			
S. S. Sobriety	98.50	98.50	Tuesday Men's Disc.					
Salamanca			Tuesday Women's Disc.		10.00			
Salamanca Freedom			Turning Point		50.00			
Sally Group			Twin Cities	25.00	100.00			
Salvation Army			United Brotherhood					
Saratoga		200.00	Unity		110.00			

1935.50

2708

492.25