

# NEW FRONTIERS

April 2009

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER  
We request that this newsletter be kept within the Fellowship to insure anonymity.

## Think Positive - Background & How To Start

**A**t most groups that I have attended, the slogan board is topped with the word **THINK** in big, bold letters. I keep hearing *interpreters* say that; as newcomers, they were told not to think because it was they're thinking that led to drinking.

Well, the slogan says **THINK**, not Don't Think. I feel sure that the originator meant for us to develop **POSITIVE THINKING** as the way to healing and recovery. Actions are preceded by conscious or subconscious thoughts, however fleeting they might be. Actions just don't spontaneously occur, either.

About 2,000 years ago, Roman Emperor and philosopher Marcus Aurelius wrote, "Our life is what our thoughts make it." He added, "The happiness of your life depends on the quality of your thoughts. Happiness is no other than soundness and perfection of your mind." Proverbs tell us: "For as he thinks in his heart, so is he." *Heart* here is your soul - your mind, emotions and will (the 3 areas psychology usually studies). It is NOT your spirit, where the conscience and intuition reside, and what God talks directly to.

Aurelius and Proverbs refer to our thoughts and our life. Both appear on the surface to assume that's all that is needed, just think good thoughts and we'll be OK. Proverbs is quoted "out of context" purposely, just part of a sentence, to illustrate. We know different - we have come to believe a Higher Power is needed in our recovery process or our soul runs our life, which is what got us here!

A train of thought that is repeated over and over becomes a compelling habit that is very difficult to break. Good, healthy, A.A. sober thoughts can be entrenched with prayer and practice. That requires conscious and persistent effort. *We can't change the bad thinking habits of a lifetime overnight.* A lot of the opinions & behaviors that we have today were shaped in our childhood and early experiences.

During the 1920's, Émile Coué, a French psychologist (Feb 1857 - July 1926), used optimistic

autosuggestion (or self-hypnosis) that helped many people around the world. His simple instruction was to get his patients to say *with conviction* every morning and night, "Every day in every way, I am getting better and better." For many of them, it worked!

Coué knew he had something when he discovered "the placebo" while working as a pharmacist. He applied the same principle to other areas where a drug was not used. He also knew the chief impediment to autosuggestion was 'willpower' (sound familiar?). Patients needed to abandon willpower and focus on their imaginative power to succeed. Those of us who believe in a Higher Power, that's who we focus on.

Dr. Norman Vincent Peale (who adapted Coué's ideas) wrote an extremely popular book, "The Power of Positive Thinking" (still in print; available in libraries). *A positive mental attitude is a belief that everything will turn out well if I do my part.*

Every morning I pray, "Lord, help me to remember that nothing can happen to me today that You and I together can't handle." Often, God tests me; but with faith and trust in Him, I overcome those temptations and obstacles, and at the same time get to see how I am GROWING. That is the A.A. way embodied in the Twelve Steps.

Strive to practice positive, loving, forgiving, healing, sober thoughts. Take time upon arising to ask your God to help you avoid alcohol and other temptations that day, and to do good. Pray for others. Thank God at bedtime for another day of sobriety and the lessons you learned.

St. Paul suggests that we "be transformed by the renewing of our mind." In other words, get rid of "stinking thinking." *Change your thoughts and your life will change for the better!*

Gene O.  
First Step Group, Niagara Falls, NY

## What Does "Surrender" Mean?

One of A.A.'s first friends in psychiatry discusses his early experiences & points out "the road beyond the miracle."

*Editor's note: Author Harry Tiebout, M.D., was the first psychiatrist to recognize A.A. and became a friend for many years. He was neither an alcoholic nor a member of A.A. Also, emphasis added in the article is mine.*

My first two or three years of contact with A.A. were the most exciting in my whole professional life. A.A. was then in its miracle phase; everything that happened seemed strange, wonderful, out of this world. Hopeless drunks were being lifted out of the gutter. Individuals who had sought every known means of help, without success, were responding to this new approach. To be close to any such group even by proxy was in itself most electrifying.

In addition, professionally, a whole new avenue to the problem of alcoholism had opened up. Somewhere in the A.A. experience was the key to sobriety. Here was the first authentic clue after many years of fruitless effort. Needless to say, the possibilities ahead were most intriguing. *Perhaps I could learn how A.A. worked and thus could learn something about how people stopped drinking.*

My future was now clear: I would try to discover what made A.A. tick. In this quest for understanding, I would never have gotten beyond first base if it had not been for Bill W. and many of the early members. A study of the Twelve Steps helped a little, but of far greater importance were the many insights already possessed by Bill and the others, in the process through which A.A. brought about its results. I heard of the need to "hit bottom," of the necessity for accepting a Higher Power, of the indispensability of humility—ideas which had never crossed my professional horizon and had certainly never influenced my non-professional thinking or attitudes.

Revolutionary as they were, they nevertheless made sense and I found myself embarked on a tour of discovery. I began to recognize more clearly what "hitting bottom" really implied and I began to do what I could to induce the experience in patients – always wondering what was happening inside the individual as he went through the crisis of hitting bottom. Finally fortune smiled on me again, this time from a patient.

For some period she had been under my new brand of psychotherapy designed to promote hitting bottom. For

reasons completely unknown, she experienced a mild but typical conversion that brought her into a positive state of mind. Led by the newly found spiritual elements, weak though they were, she started attending various churches in town. One Monday morning she entered my office, her eyes ablaze, and at once commenced talking. "I know what happened to me. I heard it in church yesterday. I surrendered."

With that word "surrender" she handed me my first real awareness of what occurred during the period of hitting bottom. *The individual was fighting an admission of being licked, of admitting he was powerless. If and when he surrendered, he quit fighting, could admit he was licked and could accept that he was powerless and needed help. If he did not surrender, a thousand crises could hit him and nothing would happen.* The need to induce surrender became the new therapeutic goal.

The miracle of A.A. was now a little clearer. For reasons still obscure, the program and the fellowship of A.A. could cause a surrender that in turn would lead to a period of no drinking.

As might be expected, I, too, had a thrill all my own. I was getting in on what was happening, always an enjoyable experience.

Still questioning eagerly, I shifted my therapeutic attack.

*I began to recognize more clearly what "hitting bottom" really implied and I began to do what I could to induce the experience in patients - always wondering what was happening inside the individual as he went through the crisis of hitting bottom.*

The job now was to induce surrender. When I tried to cause that I ran into a whole nest of resistances to the idea, totally new territory to be explored. As I continued my tour, *it became ever more apparent that in everyone's psyche there existed an unconquerable ego which bitterly opposed any thought of defeat. Until that ego was*

*somehow reduced or rendered ineffective, no likelihood of surrender could be anticipated.*

The shifts in emphasis from hitting bottom to surrender to ego reduction all occurred during the first five or six years after my initial contact with A.A. I well remember the first A.A. meeting to which I spoke on the subject of ego reduction. A.A., still very much in its infancy, was celebrating a third or fourth anniversary of one of the groups. The speaker immediately preceding me told in detail of the efforts of his local group – which

consisted of two men – to get him to dry up and become its third member. After several months of vain efforts on their part and repeated nose-dives on his, the speaker went on to say: “Finally I got cut down to size and have been sober ever since,” a matter of some two or three years.

When my turn came to speak, I used his phrase, “cut down to size,” as a text around which to weave my remarks. Before long, out of the corner of my eye, I became conscious of a disconcerting stare. It was coming from the previous speaker. Looking a little more directly, I could see his eyes fixed on me in open-eyed wonder. It was perfectly clear that *he was utterly amazed that he had said anything that made sense to a psychiatrist.*

The incident showed that two people, one approaching the matter clinically and the other relying on his own intuitive report of what had happened to him, both came up with exactly the same observation: the need for ego reduction.

During the past decade, my own endeavors have centered primarily upon this problem of ego reduction. How far I have been able to explore that territory is not at all certain. I have, however, made a little progress and I shall try first to acquaint you with some of my findings, and second, to relate them to the A.A. scene as I see it.

As I have already stated, the fact that hitting bottom could produce a surrender which cut the ego to size was evident, fairly soon. In time, two additional facts manifested themselves. The second of these two was that *surrender is essentially a disciplinary experience.*

The first is merely repeating a fact known to you all. It is common knowledge that *a return of the full-fledged ego can happen at any time.* Years of sobriety are no insurance against its resurgence. No A.A. member, regardless of his veteran status, can ever relax his guard against a reviving ego.

Recently one A.A. member, writing to another, reported he was suffering, he feared, from “halitosis,” an obvious reference to the smugness and self-complacency that so easily can creep into the individual with years of sobriety behind him. *The assumption that one has all the answers--or the contrary, that one needs to know no answers and just follow A.A.--are two other indicators of trouble. In both, open-mindedness is notable absent.*

Perhaps the commonest manifestation of the return of the ego is witnessed in the individual who falls from his pink cloud, a state of mind familiar to you all. This blissful state is a logical aftermath of surrender. The ego, which has been full of striving, just quits and the individual senses peace and quiet within. The result is an enormous feeling of release and the person flies right up to his pink cloud, and thinks he has found Heaven on earth. Everyone knows he will come down sometime but it is perhaps not equally clear that it is ego slowly making its comeback which forces the descent from the pink cloud into the

arena of life where, with the help of A.A., he can learn how to become a sober person and not an angel.

I could go on with many more examples familiar to you all to show you *the danger of ever assuming the ego is dead and buried. Its capacity for rebirth is utterly astounding and must never be forgotten.*

My second finding--*that surrender is a disciplinary experience--requires explanation.* In recent articles, I have shown that the ego basically must be continuously forging ahead and that it operates on the unconscious assumption that it, the ego, should not be stopped. It takes for granted its right to go ahead and in this respect has no expectation of being stopped and no capacity to adjust to that eventuality. *Stopping says in effect, “no, you can’t continue,” which is the essence of disciplinary control.* The individual who cannot take a stopping is fundamentally an undisciplined person.

The function of surrender in A.A. is now clear. It produces that stopping by causing the individual to say, “I quit, I give up my headstrong ways. I’ve learned my lesson.” Very often for the first time in that individual’s adult career, he has encountered the necessary discipline that halts him in his headlong pace.

Actually he is *lucky to have within him the capacity to surrender.* It is that which differentiates him from the wild animals. They {the animals} may be cowed (broken, trained) but are never really tamed. They never develop a love for the power of their master that we humans can for the Master who rules us all. And this happens because we can surrender and truly feel, “Thy Will, not mine, be done.” When that is true, we have become in fact “obedient servants of God.” The spiritual life at that point is realty. We have become members of the human race.

*...the ego will return unless the individual learns to accept a disciplined way of life that means the tendency for ego comeback is permanently checked.*

Unfortunately the ego will return unless the individual learns to accept a disciplined way of life that means the tendency for ego comeback is permanently checked.

*This is not news to A.A. members.* They have learned that a single surrender is not enough. Under the wise leadership of the “founding fathers,” the need for continued endeavor to maintain that miracle has been

steadily stressed. *The Twelve Steps urge repeated inventories, not just once, and the Twelfth Step is in itself a routine reminder that one must work at preserving sobriety.* Moreover, it is referred to as Twelfth Step work – which is exactly what it is. By that time, the miracle is for the other fellow.

The Twelve Traditions are also part of the non-miracle aspect of A.A. They represent, as Bill W. has said, the lessons of experience. They serve as guides for the inexperienced; in reality they check the ways of the innocent and unwary.

My stress on the non-miracle elements of A.A. has a purpose. When I made my first acquaintance with A.A., I rode the pink cloud with most of its members. I, too, went through a period of disillusionment and, fortunately for me, I came out with a faith far stronger than anything a pink cloud can supply. Mind you, I'm not selling miracles short; they do loosen the individual up. I now know, however, that truth of the Biblical saying, "By

their works ye shall know them." Only through hard toil and labor can lasting results be obtained.

As a consequence of the need for work to supplement any miracle, my interest in the non-miracle features has grown. I can accept more truly the necessity of organization, of structure that curbs as well as guides. I believe there must be meetings to provide the sense of belonging to a big working organization of which each individual is but a part. And I believe that any group or individual who fails to participate in the enterprises of the organization is rendering himself and his group a disservice by not submitting to the disciplinary values inherent in those activities. He may be keeping his ego free of entanglements but he is also keeping it unstopped. His chances of remaining sober are not of a high order. He is really going it alone and is headed for another miracle which may not come off next time.

*Only through hard toil and labor  
can lasting results be obtained.*

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## Spotlight: Corrections Committee

The Corrections Committee (CorC) serves our area by representing A.A. to our correctional institutions, within our central committee borders. Dan M. is our Chairman, and Milt is the Co-Chairman of the Committee. The CorC meets monthly on the first Sunday of each month, at 6:00 p.m., at the Central Office.

CorC is responsible for meetings held inside of any correctional facilities in our area. This includes recruiting groups to take responsibility for a meeting, requests for additional meetings, and so on. Each facility in our area has at least one AA meeting held in the facility each month. Some have weekly meetings, and at least one has multiple meetings per week (Gowanda).

In case you are interested in helping out the CorC, but do not want to go into a corrections facility, that's OK, they still need your assistance. We are taking meetings into an extremely controlled environment, and there is plenty to do behind the scenes to accomplish that. Like most committees, they could use more people to get involved - total members on the committee itself are two!

Give our Central Office a call, and ask Terry to give your number to the Corrections Committee, you want to get involved! If just one prisoner is helped, isn't it worth it, especially when they are released from prison?

Taking an A.A. meeting to prisons has its own challenges. Each facility has its own rules and

requirements. Someone from the outside gets approved to attend a meeting at Wende, for example, can't just walk into a meeting in Gowanda. Their approval is just for that particular facility. All have some type of form to fill out; all will do a background check. And, even if you have the proper authorization, facilities have been known to lose that paperwork. There is no "OK to go to any WNY corrections meeting card."

For those who find working with alcoholics at a correctional facility worthwhile, the benefits to their sobriety far outweigh the challenges they face in participating at a meeting. These incarcerated people can't just drive to another meeting 'on the schedule', nor ask someone for a ride to the next meeting! Also, there is more than ample reason for someone to surrender to their powerlessness over alcohol, as discussed in the article on page 2. Alcohol was involved in a lot of the activities that got those people behind bars.

If your conscience is still telling you that becoming involved in this committee is something you need to do, make that call and explore the opportunity. Don't let fear get in the way. It just might be one of those decisions you look back on in a couple of years and say, "one of the best things I ever did!"

## Don't Give Up

By Suzette W., Any Lengths Group

I thought I could never fail.  
Taught to fight for myself and win.  
No one hangs with a loser.  
I can't take it anymore!

I've fallen,  
I've found the bottomless pit,  
I messed up.  
So don't come visit to say I told you so.

Oh, can you save me?  
I need someone to rescue me,  
When I get a little bit crazy,  
When I go a little to far.  
Can you show me the truth?  
I need someone to save me from myself.

Don't Give Up,  
Because I have friends.  
Just For Today,  
I know I can make life good.  
Don't Give Up,  
I still have some faith.  
This Will Pass,  
I don't have many needs.  
Don't Give Up,  
I'll find the place where I belong.

No where left to turn,  
Heaven almost took my hand.  
I got caught up in the world's way,  
Cost me so much that I couldn't think straight.

I've fallen,  
I've found the bottomless pit,  
I've messed up,  
So don't come visit to say I told you so.

Don't Give Up  
You with the sad eyes.  
Don't Be Afraid,  
There are people who care for you.  
Just For Today,  
I can deal with the shame.  
Don't Be Dispirited,  
Courage is on the way.  
This Will Pass,  
Good things have never come easy.

Whatever may come,  
Whatever may go,  
The past cannot be undone.  
How do I live with what I have done?

Don't Give Up,  
Rest my head, I worry too much.  
Just For Today,  
It's going to be all right.  
Don't Give Up,  
When times get rough,  
My God is there for me.

That bitter taste of losing everything.  
Losing those who I thought were friends,  
They turned their heads, embarrassed.  
Every misstep and slip was noted,  
No apparent way to be redeemed.

I've fallen,  
I've found the bottomless pit,  
I've messed up,  
So don't come visit to say I told you so.

Don't Give Up,  
I can be redeemed.  
Just For Today,  
I have so much to give.  
Don't Give Up,  
I don't have to be afraid of who I am.

It is easy to feel that I am alone.  
Feeling like nobody knows my pain.

Don't Give Up,  
Just be myself.  
Just For Today,  
The good inside is breaking through.

Just call on Me  
I will see you through  
I will never leave you alone

He will be there for you  
I know who you really are  
We will show you the way.

It's time for me to lift and fly.  
I'm going to raise my voice,  
And make a joyful noise!  
The Best is Yet to Come!

**Archives:** We at the New Frontiers were informed recently that Tom B. has submitted his resignation from his position as the Archivist for Area 50. Marty, our Area 50 Archive Committee Chairman reported this verbally to the Central Committee at our March 7, 2009 meeting. The GSA handles archives; they are not a sub-committee of our WNY Central Committee, as one who attends Central Committee meetings might believe (I've become educated too).

The Archivist position is an *appointed* position. It technically has no term, is not voted on by Central Committee or Area 50, etc. Since there is no 'term end date' for the

position, Tom has decided this is the best time for him for a change. He will not be a stranger to our archives; he will not be as involved as he was. A successor has not been appointed yet.

We all appreciate your dedication to A.A.s' Archives, and work here in WNY, caring for and displaying our heritage. You and your team have done a great job in the displays we've seen. Hosting the national convention last year was simply extraordinary.

There will be no changes in any scheduled events for the Archives Committee as of press time. Wally has been involved with the committee, and volunteered to pick up the slack and the workload until Area 50 picks the replacement.

**Quotes to Note: Need a topic for your next discussion table?**

It is of practical value to learn to like yourself. Since you must spend so much time with yourself you might as well get some satisfaction out of the relationship.

.....Norman Vincent Peale (1898 - 1993 AD)

Although the world is full of suffering, it is full also of the overcoming of it.

.....Helen Keller (1880 - 1968 AD)

Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me – watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill fitting on you. Keep company with me and you'll learn to live freely and lightly.

.....The Message (Matthew 11:28-30, 0050 AD)

When 2 people meet, there are really six people present. There is each man as he sees himself, each man as the other person sees him, and each man as he really is. {Now how many 'people' are at your table today??? - Ed}

.....William James (1842 - 1910 AD)

IN MEMORIAM  
 Things We Can Not Change  
Father Bernie  
Tim C.  
Cecil: Casting Group  
George L: Thruway Group  
Joe R.: Williamsville area, over 58 years of sobriety  
Sharon C.: Tonawanda area, over 22 years of sobriety  
Gerry L.: Tonawanda area, over 21 years of sobriety  
 To all our members who have lost family & loved ones: our prayers are with you.

**Share your Experience, Strength and Hope**

Please submit your announcements by the 12<sup>th</sup> for next months issue.

Articles can be submitted at any time.

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The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole.

# APRIL ANNIVERSARIES

## Alexander

Chris S. 4y  
 Augustine C. 11y  
 Everett J. 13y  
 Chuck P. 20y  
 Ron B. 22y

## Amherst/Snyder

Alan B. 1y  
 Jeanine L. 1y  
 Victor C. 4y  
 Chris T. 5y  
 Doug C. 12y  
 Jennifer P. 15y  
 Amy H. 18y  
 Carole O. 20y  
 Fred S. 22y  
 Dee C. 25y  
 Marty M. 28y  
 Rita F. 35y

## Big Book Lockport

Zanette B. 1y  
 Laurie H. 5y  
 Luann G. 5y  
 Mike O. 7y

## Carry The Message

Felix P. 6m

## Coldsprings

Dorothy F. 12y

## Courage Group

Kathy M. 8y  
 Marie D. 15y

## Easy Does It

Sue A. 3m  
 Kirsten A. 9m  
 Barbara H. 1y  
 Laura P. 2y  
 Jim B. 12y

## Freedom

Shelly H. 1y  
 Dan L. 20y  
 LouAnn L. 20y

## Fresk Start

Sandria B. 5y

## Golden Slipper

Kelly R. 3y  
 Dan e. 4y  
 Tom W. 6y  
 Paul H. 16y  
 Don S. 17y  
 Jerry B. 20y

## H.A.N.D.

Chris R. 4y  
 Bryant G. 24y

## Ironhorse

Tom K. 3m  
 Ken P. 6y  
 Scott S. 25y  
 Mike H. 35y

## Kensington

Dick B. 26y  
 Rita F. 35y

## Lakeshore

Tom P. 12y  
 Greg H. 20y  
 Terry B. 22y  
 John B. 22y

## Lighten Up

Robert B. 6y

## Living In the Solution

Lisa S. 6m  
 Edward Z. 2y  
 Sean M. 7y  
 Darnell W. 9y  
 Eliza B. 9y  
 Tara S. 9y  
 Bernard A. 10y  
 Larry H. 11y

## Lockport #1

Wally E. 24y  
 Al McC. 38y

## Lovejoy

Tom B. 13y

## Main & High

Wally G. 12y  
 Larry H. 21y

## North Buffalo

Paul P. 3y  
 Dick H. 5y  
 Charles S. 6y  
 Justin 6y  
 Mike V. 7y  
 Donna D. 7y  
 Dan W. 10y  
 Mona T. 13y  
 Dan L. 17y  
 Eva H. 18y  
 Tom R. 21y  
 Bruce G. 22y  
 Wally 39y

## Remember When

Jerome C. 6m  
 Rudy C. 9m  
 Tony A. 1y  
 Aisha S. 2y  
 Andrew R. 2y  
 Henry M. 2y  
 Greg J. 4y  
 Elbert L. 6y  
 Terrence G. 8y  
 Pee-Wee 8y

## Rise & Shine

LaToya L. 3y  
 Ed P. 7y  
 Veronica C. 9y  
 Charles F. 12y  
 Therese B. 13y  
 Teresa W. 13y  
 Bruce G. 22y  
 Bill B. 30y

## Serenity on the Lake

Jim Mc. 18y  
Sheridan  
 Mark H. 12y  
 Mark H. 15y  
 Lisa M. 16y

## Southtown

Debbie 5y  
 Ed H. 30y

## Spiritual Progress

Colleen B. 3y  
 Laurie M. 6y  
 Sue L. 9y

## Sunday Morning

### Breakfast

Mark Mc 11y  
Surrender & Hope

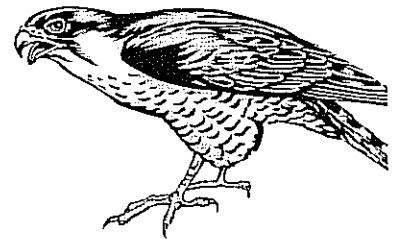
Julie S. 6m  
 David C. 5y  
 Harold S. 10y  
 Red B. 15y  
 Debbie M. 16y

## Thruway

Gary G. 4y  
 Brenda B. 6y  
 Paul C. 14y  
 Ed W. 19y  
 Bryant G. 24y

## We Care

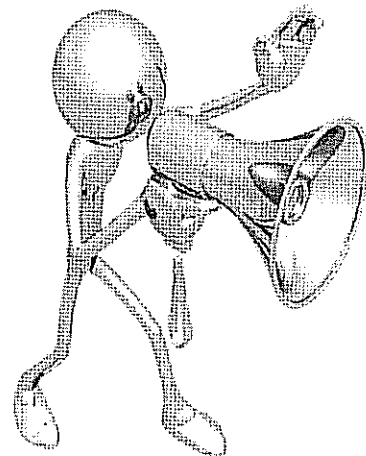
Bob W. 1y  
 Mark C. 2y  
 Gdavid G. 8y  
 John D. 9y  
 Ed W. 19y  
 Larry B. 19y  
 Bill R. 27y





## GROUPS CELEBRATING

A.M. Sobriety-4y  
 Attraction-39y  
 Casting-35y  
 Cheektowaga- 52y  
 East Amherst- 35y  
 H.O.W.- 18y  
 Humboldt-20 1y  
 Lewport- 51y  
 Purpose- 34y  
 Ray of Hope- 28y  
 Serenity on the Lake- 10y  
 Victory Women's- 4y  
 Welcome- 37y

Please remember to have the anniversaries submitted by the 12th of the month previous



sunday	monday	tuesday	wednesday	thursday	friday	saturday
	<p><b>1</b> APRIL FOOL'S DAY</p> <p>1966: Sister "Igey" Ignatia dies at age 77.</p>	<p><b>2</b></p>	<p><b>3</b></p> <p>1941: First AA meeting is held in Florida.</p>	<p><b>4</b></p> <p>1960: <i>Chicago Daily News</i> reports that Fr. Edward Dowling, a Jesuit priest who helped start the first AA group in St. Louis, has died at age 82.</p>		
<p><b>5</b></p> <p>Steering Committee, 5 PM, Central Office, 681 Seneca Street.</p> <p>Central Committee Meeting, 7 pm, Corrections Committee Meeting, 6:00 PM, General Service Assembly, 12 Noon, Hamburg Town Hall, 5999 South Park Ave., Hamburg.</p>	<p><b>6</b></p> <p>*1940: First AA pamphlet, titled simply "AA," is published.</p>	<p><b>7</b></p> <p>*1940: The "Texas Prayer," used to open meetings in Texas, is written by Larry J. of Houston.</p>	<p><b>8</b></p> <p>*1941: Ruth Hock reports 1,600 letters for help have arrived since the <i>Saturday Evening Post</i> article on AA by Jack Alexander.</p>	<p><b>9</b> PASSOVER</p>	<p><b>10</b></p> <p>1939: First 10 copies of The Big Book arrive at the AA office in Newark, N.J. Corwall Press printed 4,650 copies.</p>	<p><b>11</b></p> <p>1941: Bill and Lois W. move into Stepping Stones, located at Bedford Hills, N.Y.</p>
<p><b>12</b> EASTER</p> <p>1942: <i>Windsor Daily Star</i> in Ontario, Canada, reports over 400 AAs at testimonial dinner for Dr. Bob, AA's cofounder.</p>	<p><b>13</b></p> <p>**1939: New York psychiatrist Dr. Howard suggests swapping the "you must" in The Big Book with "we ought."</p>	<p><b>14</b></p> <p>Casting's Group 35th Anniversary, Jessie Nash Health Center, 608 William St., Buffalo, 8 PM.</p>	<p><b>15</b></p> <p>Seven days without a meeting makes one weak.</p>	<p><b>16</b></p> <p>1973: Dr. Jack Norris, Chairman of AA General Service Board, presents one-millionth copy of The Big Book to President Nixon.</p>	<p><b>17</b></p> <p>1941: Second group in Los Angeles forms: the "Hole in the Ground."</p>	<p><b>18</b></p> 
<p><b>19</b></p> <p>NERRASSA Planning Committee Meeting, Orchard Park Town Hall, 12 Noon.</p> <p>1940: First AA group in Little Rock, Ark., is formed.</p>	<p><b>20</b></p> <p>*1960: Bill W. refuses to be on the cover of <i>Time</i> magazine to preserve AA's anonymity tradition.</p>	<p><b>21</b></p> <p>Public Information Committee meeting, Buffalo Central Office, 6 PM.</p>	<p><b>22</b> EARTH DAY</p>	<p><b>23</b></p> <p>1940: Dr. Bob writes trustees to refuse Big Book royalties, but Bill W. insists on them for Dr. Bob and Anne.</p>	<p><b>24</b></p> 	<p><b>25</b></p> <p>Archives Committee Meeting, 9 am, Buffalo Central Office, 681 Seneca</p> <p>68th Buffalo Fall Convention Meeting, 12 NOON Buffalo Central Office</p>
<p><b>26</b></p> <p>1939: Bank forecloses on Bill and Lois W.'s Brooklyn home. They stay with Hank P., the first of over 50 moves before they buy a home in 1941.</p>	<p><b>27</b></p> <p>*1968: Sybil C., archivist and the first woman member in Los Angeles, dies in late April.</p>	<p><b>28</b></p>	<p><b>29</b></p> <p>Serenity on the Lake 10th Anniversary, 7 PM; Pizza &amp; wings followed by a speaker at 8 PM.</p> <p>*1940: Bill W. and Hank P. transfer their stock in Works Publishing Co. to the Alcoholic Foundation.</p>	<p><b>30</b></p> <p>1989: <i>My Name Is Bill W.</i> broadcasts on ABC at 9:00 p.m.</p>		<p><b>Alcoholics die one of two ways: drunk or sober.</b></p>

\* OCCURRED SOME TIME DURING THIS MONTH \*\* OCCURRED SOME TIME DURING THE YEAR



**PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)**

*BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
(716) 853-0388  
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM  
Schedule on line at: [www.ny-aa.org](http://www.ny-aa.org) &  
[www.Buffaloaany.org](http://www.Buffaloaany.org)*

*681 SENECA STREET (Lower)  
BUFFALO, NEW YORK 14210  
Fax: 853-0389  
[www.buffaloaany.org](http://www.buffaloaany.org)  
[buffalooa@hotmail.com](mailto:buffalooa@hotmail.com)*

**APRIL 2009**

**MEETING CHANGES:**

- IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.
- IF YOUR GROUP IS NOT RECEIVING THE BULLETIN (New Frontiers), PLEASE CALL THE CENTRAL OFFICE TO UPDATE THE GROUP CONTACTS. THANK-YOU.
- Surrender & Hope group, Saturday's 6PM, will now have an open speaker meeting the last week of each month. 257 Deerpark @ Colvin.
  - **Helping Hand Group** will be moving May 16 To: St John Vianny Church, 2950 Southwestern, Orchard Park. Wednesday, 4 PM.
  - Second Chance, Monday's time is listed wrong in new schedule. They start at 6 PM. SS Columa-Brigid, 75 Hickory @ Eagle, Buffalo.
  - **Amherst Snyder Group**, Thursday night meeting effective April 16<sup>th</sup> will **NO LONGER MEET**. Monday's @ 8 PM remains the same. **INSTEAD Friday will re-start** its open meeting on April 17<sup>th</sup> at 8:30 pm at Cleveland Drive Presbyterian Church, 735 Cleveland Drive in Cheektowaga.
  - **Living in the Solution Group** has added a **Saturday Night meeting**. 8 PM, Amity Club, 340 Military Rd. Buffalo.
  - **As Bill See's It Group** is now a Closed Meeting; Open last week of the month. Hamburg Presbyterian Church, 177 Main St., Hamburg, Wednesday.
  - **All meeting at Cazenovia Manor have been suspended** until further notice, due to construction.
  - **Open Mind Group** has moved. 8:00 PM @ Unitarian Universalist Church, 695 Elmwood Ave, Buffalo
  - **TnT; church has changed its name; Crossroads Lutheran**. Tuesday, 6 PM, 4640 Main St., Snyder
  - **Southtowns Group** is now a closed meeting, Open Last. South Park United, 519 McKinley Pkwy, Buffalo. Tuesday 8PM.
  - **3 Legacies group** is now only 1 hr long. Monday's, Kenilworth Church of Christ, 45 Dalton St. 8PM.
  - **New Westside will No Longer Meet on Monday**, will merge with Serenity Circle on Tuesday night 8 pm. New Name: New Westside on Serenity. 1 st Presbyterian Church, 1 symphony Circle, Buffalo West.

## **COMING EVENTS**

- ~ **Special Needs Committee**, meets before "As Bill See's It Group", 6:30 PM, Hamburg Presbyterian Church, 117 Main St., Hamburg
- ~ March 27-29, **Cataract City Convention**, Days Inn at the Falls, 443 Main St., Niagara Falls, NY. Registration: \$15, Dinner add \$25, Commemorative Mug, add \$3. For more info. Cal; Zeny C. 283-6508 or Joanne Z. 284-5806.
- ~ April 5, **Serenity Groups 46th Anniversary Breakfast**, Holiday Inn, 1881 Niagara Falls Blvd., Amherst. 9:00 am. Breakfast & speaker. \$13.00. **PRE-SALE tickets only**. For more info: call Pat S. 773-3689.
- ~April 5, **Steering Committee**, SUNDAY 5 PM, Central Office, 681 Seneca Street.
- ~ April 5, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca Street. (Hosted by Try Again)
- ~ April 5, **Corrections Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street
- ~ April 5, **General Service Assembly**, 12 Noon. Hamburg Town Hall, 5999 South Park Ave., Hamburg.
- ~ April 14, **Casting's Group** will be celebrating its **35th Anniversary**, Jessie Nash Health Center, 608 William St., Buffalo, Tuesday @ 8 PM. Speaker followed by food and refreshments, bring a dish if you wish. 8 individual anniversary's also being celebrated.
- ~ April 19, **NERRASSA Planning Committee Meeting**, Sunday, Orchard Park Town Hall. 12 Noon.
- ~ April 21, **Public Information Committee meeting**, Tuesday, Anyone interested in helping the community understand who we are, what we do, and what we are not do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 6 PM.
- ~ April 25, **Archives Committee Meeting**, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca Street (lower).
- ~ April 25, **68th Buffalo Fall Convention Meeting**, Saturday, 12 NOON Buffalo Central Office, 681 Seneca Street All are welcome.
- ~ April 29, **Serenity on the Lake group is celebrating their 10<sup>th</sup> Anniversary**. 7 PM; Pizza & wings followed by a speaker at 8 PM.
- ~ May 9, **WNY GSA Correction Day of Sharing**, Adult Learning Center, 3108 Main St., Buffalo. 11am- 7:30pm. Speakers & Panels. Refreshments & Coffee (bring a dish if you wish).
- ~July 24-26, \$1<sup>st</sup> NY State Convention, Grand Island Holiday Inn, 100 Whitehaven Rd., Grand Island. Registration; \$20, with Banquet; \$45. Flyers available @ Central Office. For more info call Ted Z.; (716)998-2587 or Barbara W.; (716)990-2820.
- ~ Nov. 6-8, **68th. BUFFALO FALL CONVENTION**: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst. Move info to come☺

**4th STEP:** "Made a searching and fearless moral inventory of ourselves."

**4th TRADITION:** " Each group should be autonomous except in matters affecting other groups or A.A. as a whole."

**4<sup>th</sup> CONCEPT:** At all responsible levels, we ought to maintain a traditional "right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

## **PLEASE SUPPORT THE ENVELOPE SYSTEM...**

*Yours in the Fellowship of the Spirit... Terry B.... Executive Secretary*

## Buffalo Central Committee Minutes March 1, 2009

Cindy R. Orchard Park Step Group Committee Co-Chair opened the meeting at 7 PM with a moment of silence and the Serenity Prayer. Rick Lockview Group read the preamble, Kathie Lakeshore Group read the Purpose of the Central Committee, and Rodney Lockport #1 read the Twelve Traditions. It was moved by Mark Lakeshore Group, and seconded by Vernon Solidarity Group to accept February's minutes as written by Cathy S. Lovejoy Group; adopted.

36 groups were represented: Dist #1 Giving, Journey, Main And High; Dist #2 Grand II Joy Of Living, Living In The Solution, Spiritual Progress, Three Legacies, University Men's Disc, Sober Train; Dist #3 Courage, South Buffalo, Sunday Morning Breakfast, Try Again; Dist #4: Orchard Park Step; Dist #5: Big Book Lockport, Lockport #1, Lockview; Dist #6: As Bill Sees It, Carry The Message, Derby, Dunkirk Monday Night, Go To Any Lengths, Holiday Village, Lakeshore, Serenity On The Lake, Sobriety Men's' Disc; Dist #7: Fresh Start, Lovejoy, Solidarity, Spirit Of Hope, Reflections; Dist #8: Amherst Snyder, Beginnings Women's, Eye-opener, Maple Men's, Women Making The Effort. New representative groups were welcomed.

### COMMITTEE REPORTS

- **ENVELOPE SYSTEM:** no report; included in financial report.
- **STEERING COMMITTEE:** Pete Sobriety Men's Disc. Group read the report of their meeting. Rep of Dist.1 is still vacant. There was discussion on the cooperation of the professional community regarding non-alcoholics on busses going to closed AA meetings.
- **FINANCIAL REPORT:** Mark Financial Secretary Lakeshore Group read the report; supplies have been purchased and we are breaking even thus far.
- **TREATMENT:** George W. Wilson Smith Group read the report. 1) Next committee meeting to be held 3/16/09 at Central Office 6 PM. 2) All meetings are covered this month. 3) The substitute plan worked this month, in that 3 meetings at ECMC had coverage issues and substitute groups were found. 4) George has met with the ECMC counselors this month, and our room has changed. Since the supply locker is in the SOS room, AA volunteers must get to ECMC early to gather supplies, and moving the locker is not an option. 5) ECMC staff quote a recent court ruling where patients can not be forced to go to AA, as the Lord's Prayer is said. It was explained to them that the Lord's Prayer is customary in some groups, not mandatory, and that at ECMC we do not say the Lord's Prayer. 6) Agenda items for next TFC meeting: a) received an informal request from City Mission and Renaissance House for TFC to provide a meeting at their facilities; Renaissance wants "Pennsylvania" format and TFC Chair to schedule a meeting with them regarding format; b) TFC members to visit groups that earmark funds for Treatment, extend thanks, and relate what is done with funding; c) consider changing the meeting days at ECMC in 2010 so as not to conflict with SOS.
- **CORRECTIONS:** no report
- **SCREENERS:** Jeanmarie C. Orchard Park Step introduced and welcomed their new Co-Char Mike Lakeshore Group. They are trying to keep their list as updated as possible, so if any conditions change, Screeners' Chair needs to be notified ASAP to be effective. In cases, phone numbers have been disconnected, and the best that can be done is to try to contact that person via email, if it is given, for an update, or that person is taken off the list. Please contact Central Office with changes.
- **CENTRAL OFFICE:** Terry B. reported AA INFO 199; 12-STEP 0; ALANON 1; VISITORS 114; VOLUNTEERS 20. The list is getting smaller: **GROUPS IN NEED OF CONTACTS FROM ARE: GETTING BETTER – 2, HAPPY HOUR II – 1, IT – 8, LOOK TO THIS DAY – 6, LOVE – 7, NEW OUTLOOK – 5, RECOVERING WOMEN & THE BIG BOOK – 1, REFLECTIONS – 1, SOMERSET – 5, TRI-STEP BEGINNERS – 6, TUESDAY WOMEN'S – 3.** *Just a reminder we do not send mailings to the church or facility. We need an actual contact person to mail to, as well as a current phone number.*
- **NEW FRONTIERS:** Chair Chip R no report
- **PIC:** Patrick K. North Buffalo Group reported the group has completed the inventory and survey of the libraries. There are no 4<sup>th</sup> edition Big Books at any of them. 8 branches have 3<sup>d</sup> editions and 4 of those 8 expressed an interest in 4<sup>th</sup> editions. We want to supply every branch with 4<sup>th</sup> editions hard cover, and a reliable source at the Central Library assures us that the books will be processed and distributed promptly to the branches. Currently 5 Big Books have been donated by University Men's and 5 from North Buffalo Groups, and we thank them. All Branches are open to having pamphlets, and the committee has decided on 4 pamphlets to be used as well as the display holder for them. We are also creating a spread sheet to track how many are being used at each branch as we restock. Current needs are for 25 hard cover Big Books and 2 Spanish Big Books.

- **CURRENT CONVENTION**: Charles reported that the convention will be on Nov 6, 7 and 8, 2009, with the theme being "Our Primary Purpose", colors red, black and white. The next meeting will be Saturday 3/28.
- **AD HOC COMMITTEES**:
  - **INCORPORATION**: Terry B. reported that Articles of Incorporation have been sent to each home group.
  - **WEBSITE**: no report
  - **INTERGROUP FORMAT**: no report
- **GSA LIASON**: Jack P. Lockport #1 reported next GSA meeting will be Sunday 3/8 at noon Hamburg Town Hall.
- **ARCHIVES**: Marty Area 50 Chair Downtown Men's Disc, reported that Tom B. Area Archivist has retired his position and the keys have been given to Wally E. of Lockport #1. Wally has been working on digitalizing the tape collection, and is willing to assume as Archivist, which will be approved by GSA at the next Assembly meeting. This position is an appointed position with no set term limit. If anyone is interested in this position, please read the requirements in the General Service handbook, and attend the next GSA meeting. In the meantime, the committee is continuing to honor their display commitments. Displays have been done at the Lakeshore and Tri-County anniversaries, and planned for Thruway, Lockport #1 and the Cataract City convention Niagara Falls. Regretfully the request from Southgate had to be turned down, as their anniversary falls the same night as the convention.
- **RECAP**: more discussion on ECMC & SOS, and that Niagara County was included in the PIC library check.
- **OLD BUSINESS**: Steering Committee Rep. Dist 1 is still vacant on that committee. It was moved by Jason Derby Group, seconded by Dan E. Carry The Message Group to make available to new Central Committee Reps copies of the Central Committee inventory that was published in the Aug 08 New Frontiers; adopted.
- **NEW BUSINESS**: After much discussion, it was moved by Patrick North Buffalo Group and seconded by Jeff Men's Sobriety Group that additional Big Book needs for PIC be provided by Central Office; adopted. It was suggested by Tina Amherst-Snyder Group to have an article in the April New Frontiers regarding Tom B's service as an Archivist, and our thanks.
- **ANNOUNCEMENTS**: Cindy Co-Chair thanked Lockport #1 for the refreshments and April's meeting will be provided by Try Again Group.

It was moved by Dave Orchard Park Step Group and seconded by Gil Try Again Group that we adjourn; adopted.  
Meeting closed with The Lord's Prayer at 7:56 PM.

Respectfully submitted by Cathy S. Recording Secretary Lovejoy Group

Income Statement		Jan-09	Feb-09
Beg Bal Cash on hand		12,649.08	12,678.44
<b>Contributions</b>			
	Groups	6,187.76	4,149.25
	Joint Meeting	57.00	55.00
	Envelope System	1,235.00	322.00
	New Frontiers Subs	33.00	40.00
	Literature/Medallions/Pins	2,750.50	3,050.75
	Literature Postage	57.48	41.50
	Archives Room Rent	50.00	50.00
	Meetings at CO	17.00	53.00
	Mail/Misc.		
	US Treasury		
	Reconcile		
	"Gratitude Month" (NOV)		
	Conventions/Day of Sharing		
<b>Monthly Income</b>		<b>10,387.74</b>	<b>7,761.50</b>
<b>Expenses:</b>			
	Office Rent	869.94	869.94
	Electric	90.00	90.00
	Payroll		
	Safarics - gross	3,150.50	2,520.40
	Federal Withholdings	(523.35)	(418.68)
	NYS Withholdings	(130.00)	(104.00)
	Disability Insurance	(3.00)	(2.40)
<b>Payroll Tax Deposits</b>			
	Federal	792.97	582.80
	State	428.10	
<b>Insurance</b>			
	State Ins Fund		
	Health	354.00	354.00
	Liability	1,187.08	
	Postage	566.44	382.12
	Phone	166.63	161.56
	Accounting		
	Advt		
	Talking Phone Book		
	Verizon; Idearc Media	143.10	147.10
	website		
	white directory		529.20
	Yellow Pages		
<b>Literature Expenses</b>			
	Grapevine		518.80
	World Services Inc	2,496.50	960.48
	Hazeldon		418.02
	"In All Our Affairs"		
	Printers		
	Medallions		
	PINS		
	Office Supplies	25.94	275.02
	Answering service	190.53	175.85
	Minolta leasing (copier)	223.00	223.00
	Minolta Copies/ service contract	130.00	130.00
	PIC		24.00
<b>Convention/Day of Sharing Seed \$</b>			
	Seminar		
	Depreciation	100.00	100.00
<b>Monthly Expenses</b>		<b>10,258.38</b>	<b>7,937.21</b>
<b>Monthly Income (Loss)</b>		<b>129.36</b>	<b>(175.71)</b>
	Depreciation add back (non-cash)	100.00	100.00
<b>End Bal Cash on hand</b>		<b>12,678.44</b>	<b>12,402.73</b>
	CD PRUDENT	\$8,998.05	9,022.47
	CD#2 RESERVE	\$6,526.61	6,534.87
<b>Assets: Literature &amp; Medallions</b>		<b>15,806.95</b>	<b>15,377.20</b>
<b>Literature Receivable (outstanding)</b>		<b>1,121.90</b>	<b>2,279.09</b>
<b>Corrections Facilities</b>			
	Contributions	187.53	337.44
	Expenses	291.00	161.25
	Balance	1,925.91	2,102.10
<b>Treatment Facilities</b>			
	Contributions	243.53	139.35
	Expenses		
	AT & T Bridging The Gap		
	AAA Abott Answering Service		
	Literature		
	Balance	1,961.53	2,100.89

YTD

10,337.01  
112.00  
1,557.00  
73.00  
5,801.25  
98.98  
100.00  
70.00  
  
18,149.24  
  
1,739.88  
180.00  
  
5,670.90  
(942.03)  
(234.00)  
(5.40)  
  
1,375.77  
428.10  
  
708.00  
1,187.08  
948.56  
328.19  
  
290.20  
529.20  
  
518.80  
3,456.98  
418.02  
  
300.96  
366.38  
446.00  
260.00  
  
200.00  
18,195.59  
(\$46.35)  
200.00  
  
+  
+  
  
524.97  
452.25  
72.72  
  
382.89  
-  
-  
-  
-  
-

The most difficult thing I have ever had to do is follow the guidance I prayed for.

-Albert Schweitzer

382.89

GROUP CONTRIBUTIONS

GROUP CONTRIBUTIONS

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		FEB	YEAR	FEB	YEAR	FEB	YEAR
			0.00		0.00		0.00
	11:45		0.00		0.00		0.00
	12 Step		0.00		0.00		0.00
	12 Steps/12 Traditions		0.00		0.00		0.00
	4th Step Stumblers		0.00		0.00		0.00
	6th Step		0.00		0.00		0.00
	A Day At A Time		0.00		0.00		0.00
	Abbott Men's	65.00		65.00			65.00
	Acceptance/Welcom		0.00		0.00		0.00
	Achievement		0.00		0.00		0.00
	Action		0.00		0.00		0.00
	Age Doesn't Matter		0.00		0.00		0.00
	Akron Awareness		0.00		0.00		0.00
	Albion		0.00		0.00		0.00
	Alexander		0.00		0.00		0.00
	Amherst/ Snyder		0.00		0.00		0.00
	Amsdell Lakeshore		60.00		60.00		60.00
	Any Age		0.00		0.00		0.00
	Any Length	30.00	60.00	10.00	20.00	10.00	20.00
	Arcade		0.00		0.00		0.00
	As Bill Sees It		0.00		0.00		0.00
	Attica		0.00		0.00		0.00
	Attica Big Book		0.00		0.00		0.00
	Attitude Adjustment		0.00		0.00		0.00
	Attraction		100.00		0.00		0.00
	Backdoor		0.00		0.00		0.00
	Back To Basics		0.00		0.00		0.00
	Back To Basics Office		0.00		0.00		0.00
	Beginning In Sobriety II		0.00		0.00		0.00
	Beginning's Women		0.00		0.00		0.00
	Big Book Lockport	50.00	50.00		0.00		0.00
	BB Spiritual Awakening		0.00		0.00		0.00
	Big Book Study		0.00		0.00		0.00
	Blasdell		0.00		0.00		0.00
	Blasdell Monday Night		0.00		0.00		0.00
	Bodhisattva		0.00		0.00		0.00
	Boulevard Helping Hand		0.00		0.00		0.00
	Boulevard Women		0.00		0.00		0.00
	Brass		0.00		0.00		0.00
	B.S.C		10.00		0.00		0.00
	Buffalo	1.00	1.00		0.00		0.00
	By The Book		0.00		0.00		0.00
	Carry The Message		365.21		0.00		0.00
	Casting		0.00		0.00		0.00
	Cathedral Park		0.00		0.00		0.00
	Cayuga Wake- Up Call		0.00		0.00		0.00
	Caz Manor	25.00	169.00		0.00		0.00
	Chapter IX		0.00		0.00		0.00
	Cheektowaga		100.00		0.00		0.00
	Chevy #1		0.00		0.00		0.00
	Clarence Men's		0.00		0.00		0.00
	Clarence Men's II		0.00		0.00		0.00
	Cold Spring		0.00		0.00		0.00
	Common Bond		0.00		0.00		0.00
	Commitment		200.00		0.00		0.00
	Constant Vigilance(Varysburg)		0.00		0.00		0.00
	Complanters		0.00		0.00		0.00
	Courage		0.00		0.00		0.00
	Daily Reflections		50.00		0.00		0.00
	Daily Reprieve		0.00		0.00		0.00
	Derby	40.00	70.00		0.00		0.00
	Desire		45.00		0.00		0.00
	Desperate		0.00		0.00		0.00
	Downtown Men's		0.00		0.00		0.00
	Dunkirk Monday Night	100.00	100.00		0.00		0.00
	Early Bird		0.00		0.00		0.00
	Early Bird Step		0.00	100.00	100.00		0.00
	Early Rising Obliging		0.00		0.00		0.00
	East Amherst		0.00		0.00		0.00
	East Aurora		75.00		0.00		0.00
	Easy Does It	25.00	100.00	25.00	25.00	25.00	25.00
	Ellicottville		0.00		0.00		0.00
	Emergency		0.00		0.00		0.00
	Everybody's	100.00	100.00		0.00		0.00
	Express		467.00		0.00		0.00
	Eyeopener	15.23	158.33		0.00		0.00
	Eyeopener South		50.00		0.00		0.00
	F.U.N.		0.00		0.00		0.00
	Faith		0.00		0.00		0.00
	Falher Baker		0.00		0.00		0.00
	Feelings		0.00		0.00		0.00
	Fireside PM		200.00		0.00		0.00
	Fireside	283.90	332.50		0.00		0.00
	First Things First		250.00		0.00		0.00
	Forestville Sunday Serenity		0.00		0.00		0.00
	Fredonia Discussion		0.00		0.00		0.00
	Freedom	50.00	80.00		0.00		0.00
	Fresh Start		0.00		0.00		0.00
	Friendly		0.00		0.00		0.00

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		FEB	YEAR	FEB	YEAR	FEB	YEAR
1	Frontier(New)	600.00	600.00		0.00		0.00
4	GAHA: DAGOH #1		0.00		0.00		0.00
3	Gardenville		0.00		0.00		0.00
8	Georgetown		0.00		0.00		0.00
2	Getting Better		0.00		0.00		0.00
2	Getting With It	83.95	83.95		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		265.00		25.00		25.00
5	Golden Slipper	100.00	100.00		0.00		0.00
2	Grand		0.00		0.00		0.00
2	Grand II Joy of Living		0.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
3	H.O.V.V.		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
6	Hamburg Early Bird		0.00		0.00		0.00
2	Hand		0.00		0.00		0.00
2	Handicappers		0.00		0.00		0.00
1	Happy Hour II		0.00		0.00		0.00
7	Harmony		100.00		0.00		0.00
3	Helping Hand		25.00		0.00		0.00
4	High Noon		0.00		0.00		0.00
8	High View		150.00		0.00		0.00
7	Higher Power		0.00		0.00		0.00
4	Hillbilly		0.00		0.00		0.00
6	Holiday Village	425.00	425.00	75.00	75.00		0.00
4	Holland		0.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
3	Honesty		376.00		0.00		0.00
2	How It Works/Men's	100.00	100.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		135.00		0.00		0.00
2	Ironhorse	343.65	461.45	34.37	46.15	34.36	46.14
4	IT		0.00		0.00		0.00
5	Johnson Creek Big Book		0.00		0.00		0.00
1	Journey		0.00		0.00		0.00
3	Just For Today/ Albion		0.00		0.00		0.00
3	Just For Today/Cheek		0.00		0.00		0.00
4	Keep It Simple Sister	30.00	30.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
6	Lake Shore		0.00		0.00		0.00
6	Lakeview		50.00		0.00		0.00
7	Last Days Fellowship		0.00		0.00		0.00
3	Lawyers		360.00		0.00		0.00
3	LewPort		10.00		0.00		0.00
2	Liberty Women		0.00		0.00		0.00
4	Life Today		0.00		0.00		0.00
5	Lighten UP		60.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
2	Living Sober		0.00		0.00		0.00
5	Lock City		40.00		0.00		0.00
5	Lockport #1		0.00		0.00		0.00
3	Lockport Discussion		0.00		0.00		0.00
3	Lockport Ladies		50.00		0.00		0.00
5	Lockport Tuesday	50.00	50.00		0.00		0.00
5	Lockview		0.00		0.00		0.00
8	Look To This Day		0.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy		0.00		0.00		0.00
5	Lower River		0.00		0.00		0.00
5	Lunch Bunch Albion		0.00		0.00		0.00
1	Main and High		0.00		0.00		0.00
4	Main Street	225.00	225.00		0.00		0.00
8	Maple Men's		0.00		0.00		0.00
4	Manila	23.00	53.00		0.00		0.00
1	Matt Talbot	25.00	50.00		0.00		55.00
5	McKinley Winners	0.60	0.60		0.00		0.00
5	MEDIA STEP WORKING BOOK		0.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day	49.55	49.55		0.00		0.00
5	Midnight Discussion	15.00	30.00		0.00		0.00
5	Miracle Happen		0.00		0.00		0.00
5	Monday CO	54.29	102.29		0.00		0.00
5	Monday Big Book		0.00		0.00		0.00
2	Morning After		100.00		0.00		0.00
7	New Awakening		0.00		0.00		0.00
2	New Freedom (Niagara Falls)		0.00		0.00		0.00
2	New Beginnings/St. Vincent		25.00		0.00		0.00
3	New Hope	25.00	25.00		0.00		0.00
3	New Life		0.00		0.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		50.00		0.00		0.00
2	North Buffalo	200.00	200.00	50.00	50.00	50.00	50.00
4	North Java Monday		0.00		0.00		0.00
4	North Java Sunday		0.00		0.00		0.00



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