

# NEW FRONTIERS

A.A. of the Niagara Frontier

APRIL 2012

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER

We request that this newsletter be kept within the Fellowship to ensure anonymity



## Searching and Fearless ...

*“Made a searching and fearless moral inventory of ourselves”*

Self appraisal which attains any real accuracy is unquestionably a difficult process. We all find it so easy and pleasant to view ourselves through a rosy hue of complimentary half-truths and so hard and unpleasant to take a look in the uncompromising and glaring light of the unvarnished truth.

The 4th Step is, indeed, a real challenge to honesty with oneself. In this way, it is both preparation and a complement to the 5th Step. To make the “searching and fearless moral inventory” called for in the 4th Step, one must first of all be searchingly and fearlessly honest about himself. The degree of honesty one can achieve will determine the accuracy and therefore the usefulness of the moral inventory.

One practical way of starting this very practical step—or at least a way that helped one newcomer—is to prepare a record sheet with two columns, one headed “Liabilities”, and the other, “Assets”.

Under “Liabilities” can be listed personality deficiencies and faults, such as intolerance, selfishness, indecisiveness, fear, indolence, a bad temper, impatience and a whole host of other qualities which most everyone at this early stage discovers he has in abundance.

Under “Assets”, if any, can be listed the opposite positives—tolerance, generosity (and this does not mean giving the poor bum a dime for a cup of coffee and feeling noble about it for two blocks), thoughtfulness of other people, humility, patience, and a few other attributes. Few persons, if honest, ever work up much of a list on this side of the ledger for their first moral inventory.

The actual process of deciding what to put in each column consists of asking oneself some pointed questions. Am I tolerant of other people’s peculiarities, other creeds, other colors, other races, other opinions? Or do I dislike somebody because of the way he combs his hair or ties his tie? How many favors will I do other people

without expecting one in return? Will I really go out of my way to help someone, or only when it’s convenient? Do I feel superior to others? Am I impatient of others’ shortcomings, while being very patient about my own? Am I honest, or do I practice deceit and double-talk, then excuse myself afterwards with some fancy rationalizing? Am I kind, considerate, gentle?

The more questions one asks himself along this line the clearer become the entries he should make in each column.

If this is the first moral inventory one has taken of himself, or at least the most honest one, he will find it the most trying. But he also will find that in itself it will give him a certain feeling of relief. Finally he has begun to face facts. Finally he has worked up enough courage to face himself as he really is, and not as he has been dreaming he is. This is a courageous step forward. It is another step onto the path of sanity, stability and happiness.

The first inventory should not be the last by any means. In fact, the principle and the technique of the moral inventory become a vital part of the new life. The first is the most difficult. Subsequent inventories show where progress has been made, where more effort still needs to be placed. If an inventory be taken at regular intervals, one has at hand a guide for keeping on the beam.

The moral inventory is one of A.A.’s most effective techniques. Of course, as with other A.A. techniques, its effectiveness depends on how well it is used. The inventory will not work by itself. The benefit comes about through the efforts made to change that which the inventory reveals should be changed.

T.D.  
Manhattan, New York



### EARLY SOBRIETY

My name is John and I am an alcoholic and by the grace of God and the miracle of A.A. I haven't found it necessary to drink today. Early sobriety is difficult at best. Some of us experience it once; others, not so fortunate, do it twice. Then there are those of us who never seem to catch on to it. That fact is heart-breaking. When I began to drink it seemed like fun; my early drinking produced some foolish pranks with minor consequences. As I continued to drink my tolerance level for alcohol increased. I was being drawn into the vortex of alcoholism . . . cunning, baffling and powerful. By the time I arrived at A.A. my drinking had caused me some desperate situations and destructive behavior. I was confused, frightened and embarrassed at the hopelessness of my drinking.

My first A.A. meeting was in a church basement full of complete strangers, who, I might add, had the audacity to smile and welcome me to the meeting. One of them handed me coffee and offered me a seat; this confused me even more. Who were these people with their smiles and fancy clothes? They told me that pain is a powerful motive. I believe that alone qualified me for membership.

Some of the things I heard at meetings were honesty, willingness and talk about God. Early sobriety can be as confusing or meaningful as we embrace it. As a newcomer I was told to eat sweets and drink milkshakes to ease the physical cravings we experience as we withdraw from our alcoholism. This eased my pain, but not my mental obsession. A divine intervention was necessary to relieve that. I attended as many meetings as possible for many months. I strongly advise any newcomer to follow that suggestion. Sponsorship was an absolute necessity if I was to recover from the anguish and dependency of my drinking. It was suggested that I sit at a beginners' table, one that focuses on the first Twelve Steps, as opposed to today's "stick around the first three steps" tables. To restrict the conversation at the beginners' tables leaves many questions unanswered. Find a home group, get involved, try not to miss a home group or a business meeting.

Early sobriety passes slowly, most times agonizingly, but it passes eventually. If the newcomer has a question for the table let him or her get it out in the open and offer them possible solutions to their problems. Make them feel at ease and remember our early days and treat them with compassion as we once were. Let's skip the table pounding and shouting and speak with a calm voice; answer their questions simply and to the point. It's a joy to watch the newcomers slowly grow in A.A. A smiling face tells the story. The once despairing alcoholic is now experiencing a new life and a new happiness in our program of miracles, Alcoholics Anonymous.

God Bless. ~ John H ~ Sunday Morning Breakfast (ret) ~



I turned my truck over on the way to a meeting a while back—I'm OK—one of those "God things"! Then a good friend of my father gave me a vehicle—tuned up, inspected and with a full tank of gas—another one of those "God things"! Only thing is—I've always considered myself a pretty cool guy, but behind the wheel of a minivan? Turns out that you-know-who had a plan—there are seats for seven more solution-seekers in my new ALKY-VAN!

~ Thanks, Rick ~

#### Which Type Are You?

~ Andre G. ~ Harmony ~

I am an Alcoholic. My name is Andre G. and I am writing this to all the Alcoholics who have recovered or are recovering. (If the shoe fits, wear it.) I attend a lot of A.A. meetings and I pay attention to those aforementioned in this writing. As our Big Book has its descriptions of the Alcoholic, I would like to give my descriptions of the Alcoholics who attend these A.A. meetings. There is the type who knows everything about anything ~ the type who picks apart anything another Alcoholic shares in the meeting (because they don't have an open mind anymore). Everything that this type shares is "Alcoholic Law" and anything someone else shares is total nonsense. There's the type that shares at every meeting they attend (in their infinite wisdom). This is the type that tells everyone how to recover but never tells their own story. There's the type who will travel 500 miles to speak (give a lead) but won't go across their own street to listen. This type will share at the opening of a meeting and then leave when they are done. There's the Dr's. Opinions, Page 30s, Page 63s and Page 76ers. Then there's the type whose whole department shouts that he is a man with a real answer. This type has so much to offer ~ you can hear it when they share at meetings, you can see it in their demeanor. They don't have the fancy wardrobe or late model sedan. What they do have is an answer for all those who suffer from Alcoholism. Their words aren't impressive, their sharing isn't long ~ but their message is clear. It is the language of the heart.

If you are an Alcoholic, which type are you?



*A while back, in A.A., I learned the difference between religion and spirituality.*

*It is really quite simple.*

*Religion is for those people who are afraid of going to hell.*

*SPIRITUALITY is for those people who have already been there.*

~ With permission ~ Barefoot Bob @ www.barefootworld.net ~



Reflections after Forty Years of Sobriety ~ Mary C. ~ Eye Opener ~

Having just celebrated forty years of sobriety in January, I am reflecting on those years and am grateful for what Alcoholics Anonymous has taught me. Before I finally stopped drinking, I wanted a drink constantly and could not stand the pain when I tried to quit. It was torture. As an active alcoholic, I was always anxious and fearful and thought I could not do without alcohol. My insomnia was so bad that without booze I just knew I would never sleep again—that I would die of exhaustion and everyone would feel sorry for me. Sounds pretty pathetic, doesn't it? Well, it was.

I was what we now call a "functioning alcoholic". I was performing my responsibilities: going to work teaching high school kids, keeping the house clean, making meals for my husband and two beautiful daughters and attending social engagements appearing to be enjoying myself. I was miserable: fearful all the time, anxious, angry, resentful and extremely lonely. Of course I would deny these things to myself and others. I drank to forget how I really felt on the inside. I know that now, but I couldn't admit those things when I was drinking because then I would look pathetic to myself and I would have to do something to change my situation.

I was afraid to change and I didn't know how. I thought I had to drink to relax, to sleep, to get things done and to feel ok, so I tried to escape into another world with my bottle. Normal people didn't seem to be so tortured. Oh, they had problems, but they didn't seem to always feel uncomfortable about life as I did. I felt better on the stage in a play than I did in real life. On stage I was someone else, and that was ok because it wasn't me, wasn't my life. I might be portraying a character who was miserable, but it wasn't my misery, so it was not threatening. In fact it was relaxing. Not being me was the only way I could get away from my feelings of being lost. Who was I anyway?

I hated being an alcoholic. Oh yes, I knew I was. But I could see no way out. I needed the booze—whether I drank it out of the bottle or tried to dress it up in a fancy glass with a cherry or a piece of lemon. I just wanted the effect, the soothing feeling of comfort, of euphoria, of relaxation so I didn't have to face my responsibilities for a while. I kept on drinking to soothe my fears.

One day I had the guts to call Alcoholics Anonymous, and a lovely lady who had been sober for fifteen years came to visit with me. She asked me about myself, and I talked quite freely with her, mainly about the fact that I was afraid not to drink for fear without booze I would not be able to relax or sleep. She said she had had those same fears before she found A.A. I had trouble believing that. I told her about hiding bottles and being fearful on garbage day that the bottles I had hidden in newspaper would make noise or break when my husband was taking out the garbage. I would be found out. (I thought he didn't know I drank secretly. He did.) She said she had had the same fears. I could hardly believe that either. However, I wanted to believe that she had experienced those same feelings and had overcome them in sobriety. It gave me hope. I promised to go with her to a meeting that Friday night.

At the meeting it was pretty amazing listening to people talking so freely about their terrible addiction to alcohol. They welcomed me enthusiastically, told me to go to meetings and welcomed me back the next week.

I continued to go to some meetings and talk to people before and after the meetings. I finally realized that if they could do it, I could do it. However, it was another game to me. Life was full of games, and here was another one I could win. It would be easy for me. I hadn't lost family, friends, money, home or job. I had it made. I thought.

What a fool I was. I didn't go to nearly enough meetings. I read the Big Book and the Twelve and Twelve and thought I knew what sobriety was all about. I did not get a sponsor or go to Big Book or Step tables. Six months later I was back on the sauce again after a crisis occurred in my family. I thought a few drinks would help me through it. I hadn't had my husband take all the booze out of the house because I wasn't "that bad." I didn't need drastic measures. I thought.

Here I was drinking again. This time it wasn't relaxing. It put me to sleep, but it made me feel guilty and ashamed. I guess I needed that relapse to let me know how serious this disease of alcoholism is. I got back to meetings and have been sober and attending meetings ever since. I never want to be so cured that I don't want to go to meetings or help another alcoholic. I need to reach out to others who are desperate the way I was. I need them to know that there is a way out—that they can be happy without the booze. They can find out who they are and what they stand for and enjoy doing good in the world by helping other alcoholics find freedom from alcohol.

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# archives

a collection of documents  
such as letters, official papers, photographs, or recorded material,  
kept for their historical interest



## **This Month in A.A.** ~ *Bob D.*

April is a momentous month in the history of Alcoholics Anonymous, both nationally and locally. It was on April 10, 1939 that the first 10 copies of the “Big Book” were delivered to the A.A. office in Newark, N.J. It was on April 16, 1973 that Dr. Jack Norris, chairman of the A.A. General Service Board, presented President Richard M. Nixon with the one-millionth copy of the “Big Book”. And it was in April of 1941 that A.A. found its way to Buffalo, with the first known meeting held in the kitchen of Arnie C. at 358 Davidson Street.

Arnie’s wife, Emily, wrote to our local A.A. office on April 3, 1984 to provide word of Arnie’s death and assert that, despite some reports to the contrary, her husband did in fact conduct Buffalo’s first A.A. meeting. “A History of A.A. in Buffalo, New York”, recorded by Vince M. and contained in our local archives, supports Emily’s claim.

That get-together on Davidson Street came about in unusual fashion. As recounted by Vince M., in 1941 the only known copy of the “Big Book” to exist in Buffalo was in the hands of the Family Service Society. The society, in turn, gave the copy to a psychiatrist, Dr. Sam Y., and paid him a fee to provide therapy classes for those seeking help for their alcohol problem. Dr. Sam did just that—but at a price. Clients were charged for the group sessions that he provided.

When the Jack Alexander article was published in the *Saturday Evening Post*, the wife of one of Dr. Sam’s clients wrote the New York office of A.A. saying that the fellowship was a fraud. Alexander’s piece claimed there were no dues or fees for A.A. membership, yet Dr. Sam was charging her husband, Bob C., for these sessions.

In retrospect, it was vital to the success and longevity of A.A. that the fellowship increased its office personnel to deal with the numerous questions and requests anticipated as a result of the Alexander article. The correspondence from Mrs. C. was forwarded to Dr. Bob in Akron. In turn, Dr. Bob contacted A.A. member Arnie C. in Cleveland, asking him to help with the Buffalo situation.

Arnie viewed this request as a Godsend. His job was being transferred to Buffalo and he wondered how he could sustain his sobriety in a city absent of A.A. He arrived here and quickly arranged to attend one of the sessions offered by Dr. Sam—after being charged \$5 for admission. He needed to see for himself what was happening with A.A. in Buffalo.

Following Dr. Sam’s “meeting”, Arnie contacted Bob C. and explained he was an A.A. member from Cleveland who had been transferred to Buffalo. He asked Bob to contact other members of the therapy group and arrange a meeting on a Buffalo street corner. When they gathered, Arnie showed the four clients of Dr. Sam the letter Bob C.’s wife had written, and proceeded to read Chapter 5 by the glow of a streetlight.

Then the five loaded themselves into Arnie’s car and went to his house at 358 Davidson (near Kensington Avenue). Buffalo’s first A.A. meeting was held in Arnie’s kitchen.

“I, personally, was intrigued when I heard that story right from the lips of the men who were involved in it because I personally knew all of them,” Vince M. said on a tape recorded for Buffalo’s Central Office. Vince said he obtained further confirmation of the story by visiting the Family Service Society on Franklin Street and hearing it told by a long-time employee who had become executive secretary of the society.

The weekly meetings outgrew Arnie C.’s home. The group moved to a church on West Ferry, but soon relocated to 299 Highland Ave., where an A.A. member had a home that doubled as an undertaking parlor. Within four years Buffalo groups grew to 140 members. The known meetings at the time were held at 95 Johnson Park, 2387 Fillmore Avenue and 116 Tremont in North Tonawanda.

When A.A.’s 12 Traditions were subsequently published in 1946, the seventh tradition stated that “Every A.A. group ought to be fully self-supporting, declining outside contributions.” The eighth tradition stated, “Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.”

One need only remember the start of the Buffalo groups to recognize how important these traditions were to the growth and longevity of the fellowship.



## Editorial: On the 4th Tradition

*“With respect to its own affairs, each A.A. group should be responsible to no other authority than its own conscience. But when its plans concern the welfare of neighboring groups also, those groups ought to be consulted. And no group, regional committee, or individual should ever take any action that might greatly affect A.A. as a whole without conferring with the trustees of the Alcoholic Foundation. On such issues our common welfare is paramount.”*

This Tradition, Number 4, is a specific application of general principles already outlined in Traditions 1 and 2. Tradition 1 states, “*Each member of Alcoholics Anonymous is but a small part of a great whole. A.A. must continue to live or most of us will surely die. Hence our common welfare comes first. But individual welfare follows close afterward.*” Tradition 2 states, “*For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscience.*”

With these concepts in mind, let us look more closely at Tradition 4. The first sentence of Tradition 4 guarantees each A.A. group local autonomy. With respect to its own affairs, the group may make any decisions, adopt any attitudes that it likes. No over-all or intergroup authority should challenge this primary privilege. We feel this ought to be so, even though the group might sometimes act with complete indifference to our tradition. For example, an A.A. group could, if it wished, hire a paid preacher and support him out of the proceeds of a group night club. Though such an absurd procedure would be miles outside our tradition, the group’s “right to be wrong” would be held inviolate. We are sure that each group can be granted, and safely granted, these most extreme privileges. We know that our familiar process of trial and error would summarily eliminate both the preacher and the night club. Those severe growing pains which invariably follow any radical departure from A.A. tradition can be absolutely relied upon to bring an erring group back into line. An A.A. group need not be coerced by any human government over and above its own members. Their own experience, plus A.A. opinion in surrounding groups, plus God’s prompting in their group conscience would be sufficient. Much travail has already taught us this. Hence we may confidently say to each group, “You should be responsible to no other authority than your own conscience.”

Yet please note one important qualification. It will be seen that such extreme liberty of thought and action applies only to the group’s own affairs. Rightly enough, this Tradition goes on to say, “*But when its plans concern the welfare of neighboring groups also, these groups ought to be consulted.*” Obviously, if any individual, group or regional committee could take an action

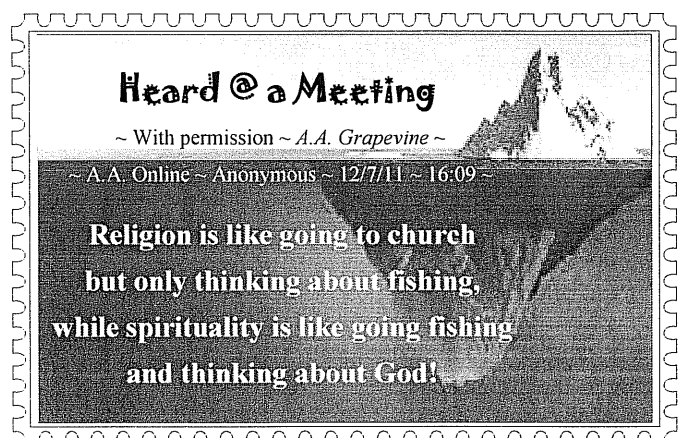
which might seriously affect the welfare of Alcoholics Anonymous as a whole, or seriously disturb surrounding groups, that would not be liberty at all. It would be sheer license; it would be anarchy, not democracy.

Therefore, we A.A.s have universally adopted the principle of consultation. This means that if a single A.A. group wishes to take any action which might affect surrounding groups, it consults them. Or, if there be one, it confers with the intergroup committee for the area. Likewise, if a group or regional committee wishes to take any action that might affect A.A. as a whole, it consults the trustees of The Alcoholic Foundation, who are, in effect, our over-all General Service Committee. For instance, no group or intergroup could feel free to initiate, without consultation, any publicity that might affect A.A. as a whole. Nor could it assume to represent the whole of Alcoholics Anonymous by printing and distributing anything purporting to be A.A. standard literature. This same principle would naturally apply to all similar situations. Though there is no formal compulsion to do so, all undertakings of this general character are customarily checked with our A.A. General Headquarters.

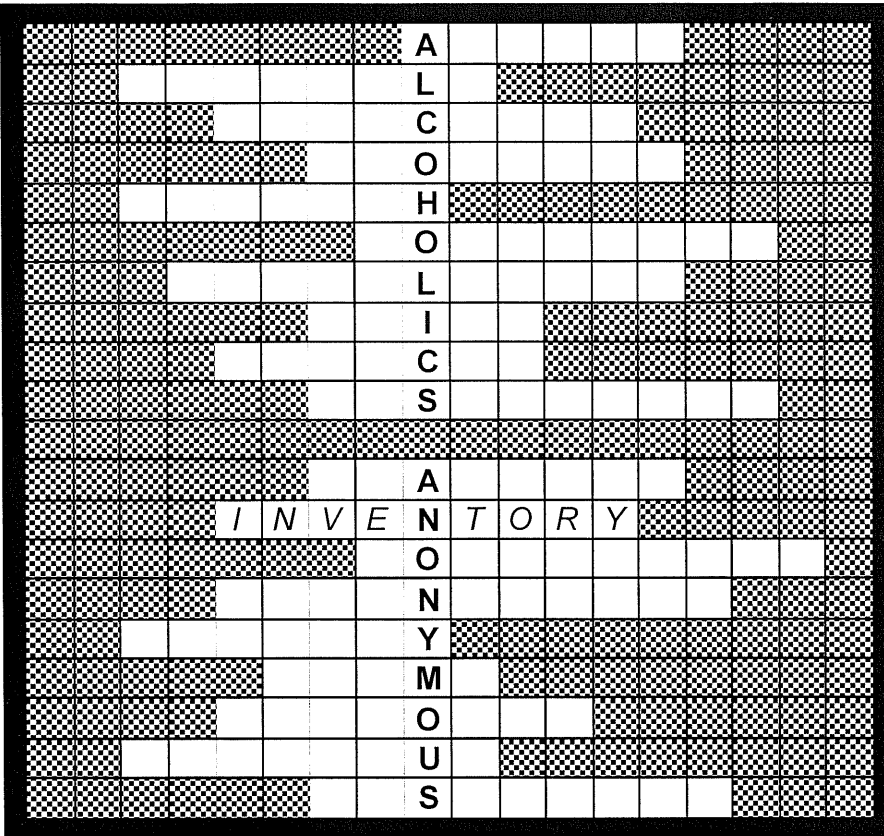
This idea is clearly summarized in the last sentence of Tradition 4, which observes, “*On such issues our common welfare is paramount.*”

Bill W.

~ With permission ~ A.A. Grapevine ~ March 1948 ~ Vol. 4; No. 10 ~



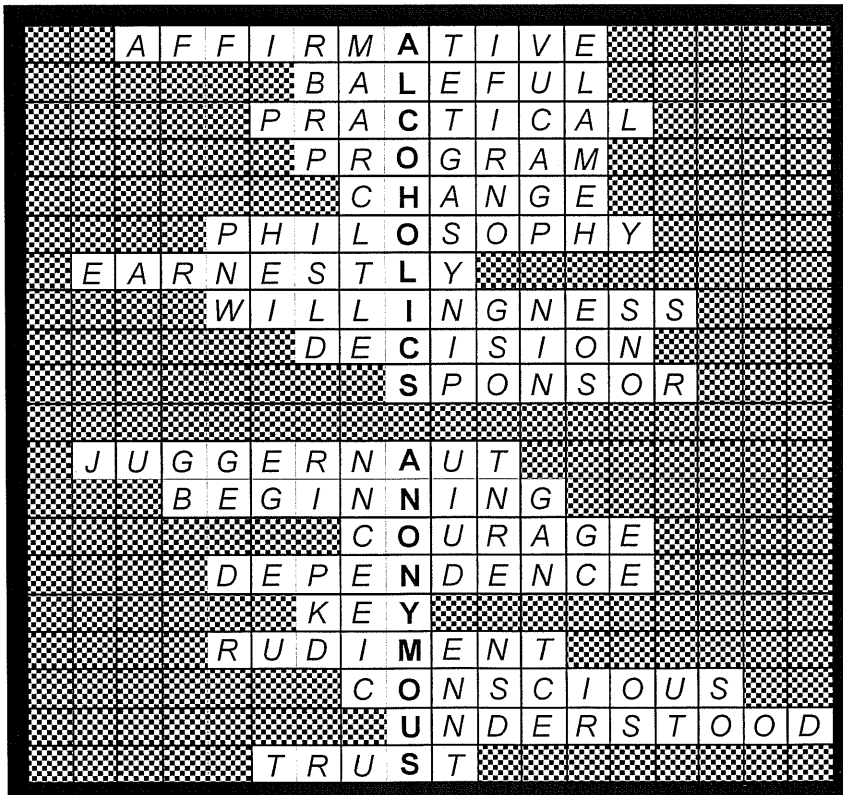
**Step Four Puzzle - If you are baffled, you know where you can find the answers!**



**Use each letter in one word across**

- Valuable and useful resources
- Able to be realized
- Penetrating or probing
- Obsessive self-preoccupation
- Putting own needs and interests first
- Gloomy or unhealthy state
- Debts, disadvantages or burdens
- Satisfaction with self
- Flaws or inadequacies, imperfections
- Unsafe feeling
- Courageously facing unpleasant situations
- Itemized list
- Factors or circumstances affecting situation
- Ill feelings, annoyances or indignations
- Make something seem reasonable
- Assign responsibility, criticize
- Complete, carried out with care
- Desiring to punish in retaliation
- Strong natural impulses or drives

**Step Three Puzzle - Answers**



- Indicating agreement or confirming truth
- Seeming to threaten or harm
- Concerned with actual facts and real life
- Plan of action for reaching goal(s)
- Become or make different
- School of thought
- Done in a deeply sincere way
- Readiness to do something voluntarily
- Choice made after careful consideration
- Person contributing help and support
- Relentless destructive force
- First part or early stage
- Quality of being brave
- Physical or psychological need
- Way or means of achieving success
- Basic principle or skill
- Intentional, considered and deliberate
- Able to explain it to yourself
- Place confidence in and rely upon

**4th Step** ~ Made a searching and fearless moral inventory of ourselves.

**4th Tradition** ~ Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

**4th Concept** ~ At all responsible levels, we ought to maintain a traditional "Right of Participation", allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

**IN MEMORIAM**

**Things We Can Not Change**

**Bob W ~ Highview ~ 23 yrs**

**Fred R ~ Harmony ~ 21 yrs**

*To all of our members who have lost family and loved ones ~  
Our thoughts and prayers are with you*



*(Continued from page 3)*

I love the Twelve Steps. They are a way of living that appeals to me. Step Ten tells me that "... every time we are disturbed, no matter what the cause, there is something wrong with us." The other person may be wrong, but so am I for getting "disturbed". I belong to an A.A. group where the members call the Step table the "slow learners' table". That's the style for me. I learn slowly, and I can always find something to help me through a tough time in those Steps. They remind me to be grateful to God for what I have.

The most important thing I have learned in A.A. is to love and trust my Higher Power. I like to think of God as with me at all times, guiding me as I go through the day. I do not feel lonely anymore. My Higher Power keeps me willing to learn something new about myself and others and to be humble and careful of my motives. Living the Twelve Steps is a life-long challenge, but it is worth the effort. I have the peace of mind that I never thought I would learn. I don't have to work so hard anymore to be happy. It comes more easily now as long as I keep the A.A. program in my heart and mind, go to A.A. meetings, help another alcoholic, say a prayer and be grateful for what I have.

**Share your Experience, Strength and Hope**

Please submit your announcements by the 12th for next month's issue

Articles can be submitted at any time

**e-mail address: buffaloA.A.@hotmail.com**

or mail to

**Buffalo Central Office  
681 Seneca St (lower)  
Buffalo, New York 14210**

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: quotations from "Alcoholics Anonymous", "Twelve Steps and Twelve Traditions" and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc. are subject to Grapevine copyright.)

**COMING SOON!**

The Buffalo Central Committee is starting up a new phone answering service known as NIGHTWATCH. Where members of AA will be able to answer calls coming into central office directly after 4:30pm. For more information or interest on how you or your group can get involved please contact: nightwatchbuffalo@gmail.com or call Jason D. at 716-289-8960

"I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible."

**NIGHTWATCH!**

please contact nightwatchbuffalo@gmail.com or call Jason D. at 289-8960 for more information or to get involved

**PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)**

*BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
(716) 853-0388  
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM  
Schedule on line at: [www.buffaloaany.org](http://www.buffaloaany.org)*

*681 SENECA STREET (Lower)  
BUFFALO, NEW YORK 14210  
Fax: 853-0389  
[www.buffaloaany.org](http://www.buffaloaany.org)  
[buffalooa@hotmail.com](mailto:buffalooa@hotmail.com)*

## **MARCH 2012**

### **MEETING CHANGES**

- **New Meeting, SENSE OF DUTY, Tuesday, 7:30 PM, Closed.** Kenilworth United Church of Christ, 45 Dalton St., Buffalo, 14223.
- **New Meeting, PRIDE IN RECOVERY, Saturday, 6:00 PM. Open.** Unitarian Church, 6320 Main St., Williamsville.
- **New Meeting, THE NOON MEETING;** Monday & Friday at Noon. Open Meeting. The Hope Center, 781 Maple Rd, Williamsville, 14221.
- **Starting Over(Thursday ) & By The Book (Tuesday) Groups have moved their location to:** Kalieda Health Center, 5087 Broadway in Depew
- **Humbolt Group, Thursday's; NO LONGER MEETS.**
- **Elmwood Group has added to their meeting hours to include,** Friday, Saturday & Sunday's at 7 PM. Friends of Bill W., 2590 Elmwood ave, Buffalo.
- **Happy Faces Group NO LONGER MEETS** until further notice; Tuesday's & Friday's, 10:30 Am, Faith Temple, 461 Rhode Island St., Buffalo West.
- **New Group; AA Literature Discussion, Wednesday's, 6 PM.** Brent Manor Apartments ( community room), 366 Elmwood Ave, Buffalo, 14222 (Between Bryant & Summer)
- **IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**



# **COMING EVENTS**

- ~ Apr 1, **Steering Committee**, SUNDAY 5 PM, Central Office, 681 Seneca
- ~ Apr 1, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office( Hosted by Amherst Snyder ).
- ~ Apr 1, **Serenity Groups 49th Anniversary Breakfast**, Holiday Inn, 1881 Niagara Falls Blvd., Amherst (14228). Doors Open@ 9:00, 11am- speaker. \$13.00. **PRE-SALE tickets available.**
- ~ April 9th,**Public Information Committee meeting**, Monday, Anyone interested in helping the community understand who we are, what we do, and what we are not to do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 6 PM.
- April 13-15th, **Women's Spring Spiritual Weekend Retreat** will be held at Stella Niagara. The focus is on the 12 steps & includes speakers, groups, spiritual advisors -along with a lot of food, fun & fellowship. More info is upcoming. Contact person: Marilyn S. 799-4094
- ~ Apr 14, **71th Buffalo Fall Convention Planning Meeting**, Saturday, 12 NOON Buffalo Central Office, 681 Seneca Street
- ~ Apr 14,**Archives Committee Meeting**, SATURDAY, 10 AM, Buffalo Central Office
- ~ Apr 15, **General Service Assembly**, 12 Noon., Hamburg Town Hall, 5999 South Park Ave., Hamburg.
- ~ Apr 16**Treatment Facilities Committee**, MONDAY, 6 PM, Buffalo Central Office,681 Seneca Street. Please if you or your group are taking a meeting into a treatment facility , could you please send a rep to this meeting
- ~ Apr 22, **Corrections Committee Meeting**, last SUNDAY, 7:00 PM, Buffalo Central Office, 681 Seneca .
- ~ May 5, **WNY Area 50- 2nd Annual Archives Breakfast," History Lights The Way"**. \$10. Doors open at 9AM,Breakfast at 10AM, Speaker at 11AM. Gateway Center, 31 Water Street, Jamestown, NY. For more info contact via email; Eally E.; waaly1985@aol.com or Tom B.: Tombat44@aol.com, Phone 895-8461. Deadline to mail registration is April 25th.
- ~ May 5, **Boulevard Helping Hands Group Annual Anniversay Breakfast**. Saturday, 9-12am. Speaker, Breakfast & Archives. Wheatfeild Senior Bldg. 2800 Church Rd. (off Ward Rd)
- ~ May 23, Ironhorse Annual Picnic, Chestnut Ridge Park; McKemmon Shelter. 9 am-8pm, Speaker @ 1:00 PM. Please bring a dish to share.
- ~ Mar 27, "**Nightwatch" Committee Meeting**, Tuesday, 6 PM , Central Office, 681 Seneca
- ~ Jul 14, **Carrying The Message- "Spirit of Hope"**, 14thAnniversary, sponsored by Main & High group.9:30 am-3:45 pm, Holy Trinity Lutheran Church, 1080 Main Street (across from Wendy's). Panels & Speakers,50/50, Hot Lunch, Refreshments. Registration:\$6, Alateen: \$5.

**4th STEP:** "Made a searching and fearless moral inventory of ourselves."

**4th TRADITION:** " Each group should be autonomous except in matters affecting other groups or A.A. as a whole."

**4<sup>th</sup> CONCEPT:** At all responsible levels, we ought to maintain a traditional "right of Participation," allowing a voting representation in reasonable proportion to the responsibility that each must discharge.

## **PLEASE SUPPORT THE ENVELOPE SYSTEM...**

*Yours in the Fellowship of the Spirit...Terry .... Executive Secretary*

# APRIL ANNIVERSARIES

## Alexander

Chris S. 7y  
 John R. 8y  
 Augustine C. 14y  
 Everett J. 16y  
 Greg F. 17y  
 Chuck P. 23y  
 Ron B. 24y

## Amherst/Snyder

Donna D. 1y  
 Mike K. 7y  
 Dan Y. 7y  
 Victor C. 7y  
 Chris T. 8y  
 Fred S. 25y  
 Dee C. 28y  
 Marty M. 31y

## Big Book Lockport

Keith C. 1y  
 Dave G. 2y  
 Laurie H. 8y

## Courage Group

Jeff C. 4y  
 Kathy M. 12y  
 Marie D. 18y

## Daily Reflections

Kelly 9m

## Easy Does It

Barbara H. 4y  
 Laura P. 5y  
 Jim B. 15y

## Eyeopener

Anthony V 2y  
 Jim S 2y  
 Lori 2y  
 MaryAnn 4y  
 Marybeth 4y  
 Kevin J 7y  
 Bill F 21y  
 Pat W 22y  
 Emmet 28y  
 Chuck 36y

## Golden Slipper

Paul H. 19y  
 Don s. 20y  
 Jerry B. 23y  
 Kurt K. 30y

## Helping Hand

Dick E. 22y

## H.A.N.D.

Bryant G. 27y

## Ironhorse

Ken P. 9y  
 Scott S. 28y  
 Mike H. 38y

## Just For Today

Paul L. 17y  
 Dave M. 23y  
 Nick 29y  
 Rita F. 38y

## Kensington

Dick B. 29y  
 Rita F. 38y

## Lakeshore

Curtis K. 3y  
 Walter W. 3y  
 Tom P. 15y  
 Greg H. 23y  
 Terry B. 25y  
 John B. 25y

## Literature Disc.

Wayne W. 3m  
 Justin K. 3m  
 Saheem A. 1y

## Living In The Solution

Bernard 13y  
 Larry H. 24y

## Lockport #1

Wally E. 27y  
 Al McC. 41y

## Main & High

Lenny G 2y  
 James C. 9y  
 Wally G. 15y

## Matt Talbot

Brian K. 2y

## Orchard Park

Roli B. 3y  
 Katie R. 3y  
 Mary B. 5y  
 Mark S. 27y

## North Buffalo

Greg P. 3M  
 David F. 3M  
 Kyle H 6M  
 Charles M 6M  
 John P. 6M  
 Scott L 6M  
 Jay P. 1y  
 Karen C. 1y  
 Neil W. 1y  
 Brett F. 1y  
 Jeff I. 1y  
 Bill S. 2Y  
 Howard H. 2Y  
 Mike V. 10Y  
 Eva H. 21Y  
 Norman T. 26Y  
 Wally K. 42Y

## Remember When

Cecil P. 6m  
 Damon D. 1y  
 Willie S. 2y  
 Sreve C. 3y  
 Nelson 3y  
 Steve C. 3y  
 Greg P. 5y  
 Albert L. 9y

## Renaissance

Simone L. 9m  
 Taz P. 1y  
 Ann J. 5y  
 Bob G. 9y  
 Tara S.M. 12y  
 Kate B. 22y  
 Dick G. 35y

## Rise & Shine

Steve B. 3y  
 Ed P. 10y  
 Charles F. 15y  
 Therese B. 16y  
 Teresa W. 16y

## Sernity

Brian K. 2y  
 Krissy B. 3y  
 Carl S. 13y

## Sheridan

Bob M. 1y  
 Terry Mck. 2y  
 Krissy B. 3y  
 Mark H. 18y  
 Lisa M. 19y

## Spiritual Progress

Sally S. 6m  
 Krissy B. 3y

## Sunday Morning

### Breakfast

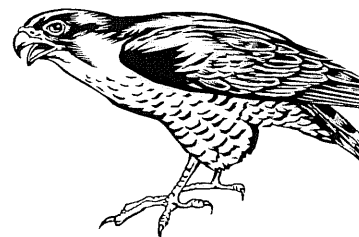
Mark Mc 14y

### Surrender & Hope

Krissy B. 3y  
 Harold S. 16y  
 Red B. 18y  
 Debbie M. 19y

## Thruway

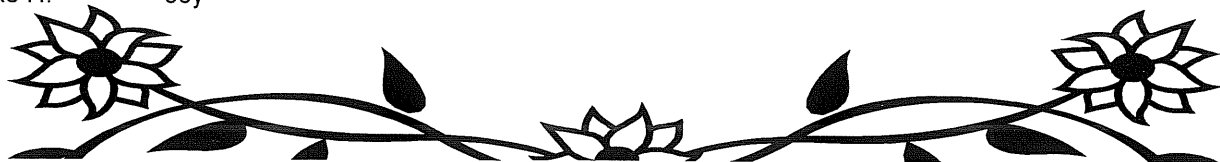
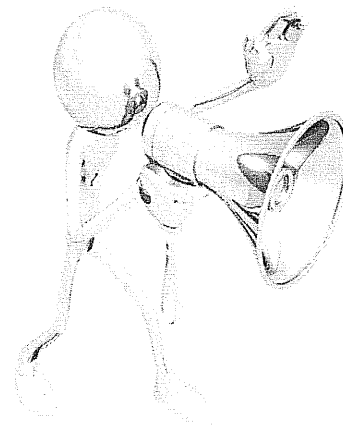
Mike E. 3y  
 MaryEllen S. 32y



## GROUPS CELEBRATING

**A.M. Sobrirty-7y**  
**Attraction-42y**  
**Casting-38y**  
**Cheektowaga- 55y**  
**East Amherst- 38y**  
**H.O.W.- 21y**  
**Humboldt-23y**  
**Lewport- 54y**  
**Purpose- 37y**  
**Ray of Hope- 31y**  
**Serenity on the Lake- 13y**  
**Victory Women's-7y**  
**Welcome- 40y**

Please remember to  
 have the anniversaries  
 submitted by  
 the 12th  
**END OF BUSINESS DAY 4:30 PM**  
 of the month  
 previous



Income Statement	Jan-12	Feb-12	YTD
Begin Bal Cash on hand	14,576.22	16,001.84	
<b>Contributions</b>			
Groups	5,220.70	2,879.13	8,099.83
Joint Meeting	41.75	37.00	78.75
Envelope System	1,292.00	372.00	1,664.00
New Frontiers Subs	54.00	20.00	74.00
Literature/Medallions/Pins	3,650.99	3,657.55	7,308.54
Literature Sales Tax	258.28	288.69	546.97
Literature Postage	21.75	32.54	54.29
Sales +/-	(56.00)		(56.00)
Archives Room Rent			
Com. Meetings at CO	21.00	13.00	34.00
Mail/Misc.			
Returns	(1.14)		
"Gratitude Month" (NOV)			
Conventions/Day of Sharing			
<b>Monthly Income</b>	<b>10,503.33</b>	<b>7,299.91</b>	<b>17,803.24</b>
<b>Expenses</b>			
Office Rent	892.64	892.64	1,785.28
Electric	90.00	90.00	180.00
Payroll Gross	2,571.40	2,569.00	5,140.40
Employment Taxes	235.26	235.26	470.52
Unemployment Surcharge			
Payroll Tax Deposits			
Federal			
State			
NYS Sales Tax			
Insurance			
State Ins Fund(Travelers)			
Health	626.08	626.08	1,252.16
Liability	1,235.23		1,235.23
Postage	205.12	355.00	560.12
Phone	162.55	167.19	329.74
Accounting			
Paychex	151.06	87.04	238.10
Advt			
Talking Phone Book			
Super Media website	163.15	164.15	327.30
white directory			
Yellow Pages			
Literature Expenses			
Grapevine			
World Services Inc	1,947.90	3,009.75	4,957.65
Hazeldon		520.55	520.55
Printers			
Medallions			
PINS			
Petty Cash			
Office Supplies	240.00	133.25	373.25
Answering service	167.05	167.20	334.25
Copier leasing	209.00	209.00	418.00
Copies/ service contract	161.00	161.00	322.00
PIC	17.27		17.27
Bank Fee's	3.00	7.00	10.00
Prudent Reserve			
Seed \$\$			
Seminar			
Depreciation			
<b>Monthly Expenses</b>	<b>9,077.71</b>	<b>9,394.11</b>	<b>18,471.82</b>
<b>Monthly Income (Loss)</b>	<b>1,425.62</b>	<b>(2,094.20)</b>	<b>(\$668.58)</b>
Depreciation add back(non-cash)			
<b>End Balance</b>	<b>16,001.84</b>	<b>13,907.64</b>	
<b>Petty Cash</b>	<b>3,000.00</b>	<b>3,000.00</b>	
<b>Total Balance</b>	<b>19,001.84</b>	<b>16,907.64</b>	
<b>PRUDENT RESERVE</b>	<b>28,092.65</b>	<b>28,094.97</b>	
Assets: Literature & Medallions	11,218.16	12,307.67	
Literature Receiveable:(outstanding)	972.77	692.58	
Corrections Facilities	846.70	1,086.95	
Contributions	485.30	180.92	666.22
Bank Fee's	3.00	3.00	6.00
Expenses	242.05	220.25	462.30
<b>Balance</b>	<b>1,086.95</b>	<b>1,044.62</b>	<b>209.92</b>
Treatment Facilities	3,778.71	3,885.71	
Contributions	110.00	145.00	255.00
Expenses			
Bank Fee's	3.00	3.00	6.00
<b>Balance</b>	<b>3,885.71</b>	<b>4,027.71</b>	<b>6.00</b>
			<b>255.00</b>

# GROUP CHECKING ACCOUNTS

We frequently get calls from A.A. groups who want to open a checking account in the group name, and banks ask for a Federal ID number.

on possible interest earned (or be reimbursed for any tax from the group).

2)....To get a Tax ID# as simply as possible, call 1-800-829-1040 and ask the IRS to send you form SS-4. When you get the form complete it and check "non-profit" organization. Mail or fax in accordance with instructions on the form. OR you can go to [www.hartatax.com](http://www.hartatax.com) and click on government forms to get SS-4 form.

Following are some suggestions for opening a group checking account:

1)....A group member/officer can open an account in their name, using their SS#, and use the account for group funds, if the member is willing to pay any tax

GROUP CONTRIBUTIONS

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		FEB	YEAR	FEB	YEAR	FEB	YEAR
6	11:45		0.00		0.00		0.00
5	12 Steps/12 Traditions		50.00		0.00		0.00
1	4th Step Stumblers/F.U.N.		0.00		0.00		0.00
5	6th Step		75.00		0.00		0.00
4	A Day At A Time		0.00		0.00		0.00
3	Abbott Corners		0.00		0.00		0.00
3	Abbott Men's		0.00		0.00		0.00
2	Acceptance/Welcome		0.00		0.00		0.00
8	Achievement		0.00		0.00		0.00
4	Action		0.00		0.00		0.00
2	Age Doesn't Matter		0.00		0.00		0.00
8	Akron Awareness		0.00		0.00		0.00
5	Albion New Beginnings		0.00		0.00		0.00
3	Alexander		0.00		0.00		0.00
8	Amherst/ Snyder	1.84	318.00		0.00		0.00
6	Amsdell Lakeshore		0.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	35.00	70.00	15.00	30.00	15.00	30.00
4	Arcade		0.00		0.00		0.00
6	As Bill Sees It	100.00	100.00		0.00		0.00
8	Attitude Adjustment(Williamsville)		0.00		0.00		0.00
8	Attitude Adjustment(NF)		0.00		0.00		0.00
6	Attraction		0.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
8	Back To Basics		0.00		0.00		0.00
5	Beginners Group (NF)		0.00		0.00		0.00
7	Beginning in Sobriety II		0.00		0.00		0.00
8	Beginning's Women		0.00		0.00		0.00
5	Big Book Lockport		0.00		0.00		0.00
6	BB Spiritual Studies		0.00		0.00		0.00
6	Big Book Study		0.00		0.00		0.00
3	Blasdel		0.00		0.00		0.00
3	Blasdel Monday Night		0.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women		0.00		0.00		0.00
2	Brass		0.00		0.00		0.00
	Building Hope		0.00		0.00		0.00
3	By The Book		0.00		0.00		0.00
6	Carry the Message		0.00		0.00		0.00
7	Casting		0.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake-Up Call		0.00		0.00		0.00
3	Caz Manor	25.00	25.00		0.00		0.00
7	Central City Café		0.00		0.00		0.00
2	Chapter IX		100.00		50.00		50.00
3	Cheektowaga		100.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		0.00		0.00		0.00
2	Common Bond		0.00		0.00		0.00
	Common Solution		0.00		0.00		0.00
1	Commitment		0.00		0.00		0.00
4	Constant Vigilance(Varysburg)		0.00		0.00		0.00
1	Cornplanters		40.00		0.00		0.00
3	Courage		0.00		0.00		0.00
2	Daily Reflections		0.00		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
2	Dawn of Hope		25.00		0.00		0.00
6	Derby	120.00	120.00		0.00		0.00
6	Derby Lunch		0.00		0.00		0.00
6	Desire		0.00		0.00		0.00
2	Desperate		0.00		0.00		0.00
1	Downtown Men's		30.00		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
4	Early Bird South		0.00		0.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst		150.00		0.00		0.00
	East Amherst Traditions		0.00		0.00		0.00
4	East Aurora		0.00		0.00		0.00
2	Easy Does It	30.00	60.00	30.00	60.00	30.00	60.00
4	Ellicottville		0.00		0.00		0.00
6	Everybody's		0.00		0.00		0.00
1	Express		0.00		0.00		0.00
8	Eyeopener	440.34	1108.66		0.00		0.00
4	Eyeopener South		240.00		60.00		0.00
2	Feelings		0.00		0.00		0.00
6	Fireside PM		0.00		0.00		0.00
8	Fireside	186.00	325.00		0.00		0.00
6	First Things First		0.00		0.00		0.00
6	Forestville Sunday Serenity		0.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom		100.00		100.00		0.00
7	Fresh Start		0.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		FEB	YEAR	FEB	YEAR	FEB	YEAR
2	Friends of Bill W.		0.00		0.00		0.00
1	Frontier(New)	16.36	38.65		0.00		0.00
3	Gardenville		125.00		0.00		0.00
8	Georgetown	200.00	200.00		0.00		0.00
2	Getting Better		0.00		0.00		0.00
6	Gettin With It	94.90	94.90		0.00		0.00
7	Gifted		0.00		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length	400.00	400.00	100.00	100.00	100.00	100.00
5	Golden Slipper		0.00		0.00		0.00
2	Grand		0.00		0.00		0.00
2	Grand II Joy of Living		0.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
3	H.O.W.		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
6	Hamburg Early Bird		0.00		0.00		0.00
8	Hand		0.00		0.00		0.00
2	Handicappers		0.00		0.00		0.00
1	Happy Faces		0.00		0.00		0.00
7	Harmony	30.00	33.00		0.00		0.00
3	Helping Hand		25.00		0.00		0.00
8	High Noon	50.00	50.00		0.00		0.00
8	High View		150.00		0.00		0.00
7	Higher Power		0.00		0.00		0.00
4	Hillbilly		0.00		0.00		0.00
6	Holiday Village		0.00		0.00		0.00
4	Holland		0.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty	30.00	30.00		0.00		0.00
	Hope's Horizon		50.00		0.00		0.00
2	How It Works/Men's	100.00	275.00		0.00		0.00
7	Humbolt		0.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		0.00		0.00		0.00
3	Ironhorse	201.05	358.51	25.92	46.22		0.00
8	IT		0.00		0.00		0.00
5	Johnson Creek Big Book		0.00		0.00		0.00
1	Journey	100.00	100.00		0.00		0.00
3	Just For Today/ Cheektowaga		0.00		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
4	Keep It Simple Sister	40.00	40.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
6	Lake Shore		0.00		0.00		0.00
6	Lakeview		0.00		0.00		0.00
3	Lancaster Dailey Reprieve		0.00		0.00		0.00
5	LewPort		0.00		0.00		0.00
2	Liberty Women	50.00	50.00		0.00		0.00
4	Life Today	24.21	24.21		0.00		0.00
8	Lighten UP	1.06	1.06		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
2	Living Sober		0.00		0.00		0.00
5	Lock City		0.00		0.00		0.00
5	Lockport #1		0.00		0.00		0.00
5	Lockport Discussion		0.00		0.00		0.00
5	Lockport Ladies		0.00		0.00		0.00
5	Lockport Tuesday		40.00		0.00		0.00
5	Lockview		0.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy		25.00		50.00		0.00
5	Lower River		0.00		0.00		0.00
1	Main and High	14.00	14.00		0.00		0.00
4	Main Street		0.00		0.00		0.00
8	Maple Men's		0.00		0.00		0.00
4	Marilla	30.00	30.00		0.00		0.00
3	Matt Talbot		75.00		0.00		0.00
6	McKinley Winners		0.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		20.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day		50.00		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
5	Miracle Happen		0.00		0.00		0.00
5	Monday Big Book		0.00		0.00		0.00
2	Morning After		100.00		0.00		0.00
7	New Awakening		0.00		0.00		0.00
3	New Beginnings/St. Vincent		30.00		0.00		0.00
5	New International		0.00		0.00		0.00
3	New Life		0.00		0.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		30.00		0.00		0.00
5	Niagara Frontier Men's Disc.		25.00		0.00		0.00
2	North Buffalo		200.00		0.00		0.00
4	North Java Monday		0.00		0.00		0.00
4	North Java Sunday		0.00		0.00		0.00



# **BUFFALO CENTRAL COMMITTEE MINUTES: March 10, 2012**

Pete E. Chair opened the meeting at 7:00 PM with a moment of silence and the Serenity Prayer. Derek (Lockport #1) read the Preamble, Jeff (Derby Group) read the Purpose of Central Committee, Sally (Iron Horse) read the Twelve Traditions. Pat (Thruway Group) called for the February minutes to be corrected. Correction:

**There was a motion by Tim (North Buffalo) to have the recording secretary “submit minutes of committee reports as written in their entirety” vote- 15 in favor, 8 opposed. However, the Bylaws already state the description of duties of recording secretary, and in order to change the Bylaws there must be a written submitted motion.** It was moved by Jason (Three Legacies) and seconded by Barb (Any Age) to accept the February minutes as corrected. New groups were greeted and 20 groups were represented: Dist. # Main and High Dist. #2 Any Age, How it Works Men’s, North Buffalo, Sheridan, Three Legacies, Dist. # Courage, Iron Horse, Ridge Group, Thruway Dist. #4 Orchard Park Step, Dist. #5 Lockport No.1, Simplicity, Dist. #6 As Bill Sees it, Carry the Message, Derby, Sobriety Men’s Disc, Dist. #7 No Representatives Dist. #8 Amherst Snyder, Eye Opener, Williamsville Group.

## **COMMITTEE REPORTS:**

•**ENVELOPE SYSTEM:** Tina (Amherst Snyder) “Took in \$372”

•**STEERING COMMITTEE-** Pete (Sobriety Men’s)

Districts 2, 3, 4, 5 and 6 were present, along with chair-person, co-chair and executive secretary. Steering Committee positions for Districts 7 and 8 are vacant. Treatment Chairman unofficially resigned.

•**FINANCIAL REPORT:** Terry (Lakeshore)

It is taking Sue longer than expected to recover from her recent surgery. We have not been able to meet to reconcile the financial report, so it may change. It has been reconciled to QuickBooks. We have been working through email and phone. Last month’s (+/-) column will be change to PIC expenses. We will be getting together later this week. Hopefully the corrected financial report will be in the next newsletter.

•**TREATMENT:** No Report

•**CORRECTIONS:** Jim (As Bill Sees It)

Met on February 19<sup>th</sup> 2012. Started at 7:00 pm and ended at 7:25 pm. The corrections committee is looking for volunteers to share their experience, strength, and hope in all the state prisons. We are also looking for a home group to make a commitment and take a meeting into the county lockup for January 2013. The next meeting will be held on March 18<sup>th</sup> at 7 pm at the Buffalo Central Office.

•**CENTRAL OFFICE:** Terry B. AA INFO: 114, 12- STEP: 1, ALANON: 2, PIC: 0, VISITORS: 96, VOLUNTEERS: 4. Groups we are in need of contact from are; Big Book, Spiritual Studies-5, Forestville Sunday Serenity-6, Higher Powered-7, New Outlook-5, Powerlessness-7, VIP-2

•**NEW FRONTIERS:** Sally (Iron Horse)

I volunteered to work on the newsletter to help me in my recovery and perhaps touch some of you. I’ve chosen the monthly themes of the steps (in the cover story and puzzle) and the traditions (Bill Wilson’s editorials), which have encouraged me to research and, hopefully, better understand our A.A. Program. Submissions from the Fellowship are encouraged and always welcome- consider the newsletter a (very large) meeting table. Please join me in this journey- and remember, old timers (and old stories) have much to offer to those of us seeking the solution. That is the way this works.

**PIC:** Judy (Orchard Park Step)

Health Fair February 17<sup>th</sup> at McKinley High School went well. We want to thank those who volunteered. Ad placed in metro news. Publications include The Sun, Springville Journal, Gowanda News, WNY Health Magazine, WNY Advertiser, WNY Women’s Magazine and more. Ad says “If you want to drink that’s your business, if you want to stop we can help.” with the Central Office phone number and AA website.

Another PIC member likes “...if you want to stop , that’s our business.”

Libraries are stocked with Big Books and AA literature. We had a meeting with Lamar Advertising about a billboard on February 27<sup>th</sup> (information available). Meeting night changed to second Monday. Next Meeting is on April 9<sup>th</sup>.

**Night Watch:** No report. Nightwatch hasn't met since last Central Committee meeting.

• **CONVENTION:** No Report

• **GSA LIASON:** John (Courage Group)

Area officers and committee chairs have been to NERAASA. Next state event is the state convention July 20<sup>th</sup>-22<sup>nd</sup> in Albany (flyers to follow). This will be the last State convention. In August we will be hosting the NYS informational workshop at Stella Niagara (flyers will be out soon). March 24<sup>th</sup> we will be at the Cataract City Convention holding the pre-conference workshop. Our delegate will be discussing the agenda and looking for feedback. There will also be a post-conference workshop in May. The next meeting will be April 15<sup>th</sup> at the Hamburg Town Hall at noon. Please help us carry the message and keep AA functioning by sending contributions to WNY GSA at 5999 South Park Ave. Hamburg, NY 14075; we are desperately short on funds.

• **ARCHIVES:** Wally (Lockport No. 1)

I thank you for the privilege and opportunity to serve you. It has been a short time between meetings (buffalo intergroup), but it has been a busy time for our committee. We have had displays at Tuesday Women's Discussion and at the Lakeshore Group. We reported to the General Service Assembly on February 19<sup>th</sup> as well as having representation at Niagara Falls Intergroup and NY-Penn Intergroup.

This past weekend we attended and displayed at NERAASA in Albany. I would like to thank Buffalo Central Office for allowing the area to rent space for our repository. The importance became evermore evident this weekend. The host area, HMB, experienced a flood this past year and had many of their archives damaged. We are so fortunate to have our archives out of car trunks and individuals' basements. We have traveling displays at the Thruway Group, Lockport #1 Group, and a full display at the Cataract Convention this month. This Tuesday, March 6<sup>th</sup>, we will have an Oral History Workshop at Buffalo Central Office. Our next committee meeting is Saturday March 10<sup>th</sup> at 10 am at Buffalo Central Office. Any member is welcome to attend our meetings and we would encourage your participation. We encourage you to send us group histories or updates to an earlier provided history. Anyone needing help in getting started is encouraged contact us. We are also looking for pictures of current or previous meeting places for our power point presentation. Please send to archives@area50wny.org Thank you. We thank you for your support. This past month we had contributions from the Thruway Group and Iron Horse. As an entity, Area 50 Archives Committee is self supporting and relies on group contributions to sustain us. Please send contribution to AREA 50 ARCHIVES, Buffalo Central Office, 681 Seneca St., Buffalo, NY 14210. Tickets will be available soon for our 2<sup>nd</sup> Archives Breakfast. It will held in Jamestown on March 5<sup>th</sup> with the door opening at 9 am, breakfast at 10 am. Our speaker will be Cliff H. from the Stoney Creek Group in Hamilton, Ontario. Please plan time to be with us on that date. Thank you again for allowing us to serve you.

• **OLD BUSINESS:** No old Business.

• **NEW BUSINESS:** No new business.

**NEXT MEETING: April 1<sup>st</sup>, 2012 at 7pm.**

Amherst Snyder Group will be providing refreshments at next month's meeting.

It was moved by Tim (North Buffalo) and seconded by Tina (Amherst Snyder) that we adjourn; adopted. Meeting closed with the Lord's Prayer at 7:40 p.m.

Respectfully submitted Zach F., Recording Secretary Three Legacies Group.

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