

NEW FRONTIERS

CLASSIC GRAPEVINE

On Cultivating Tolerance
by Dr. Bob
July 1944

During 9 years in AA, I have observed that those who follow the Alcoholics Anonymous program with the greatest earnestness and zeal not only maintain sobriety but often acquire finer characteristics and attitudes as well. One of these is tolerance. Tolerance expresses itself in a variety of ways: in kindness and consideration toward the man or woman who is just beginning the march along the spiritual path; in the understanding of those who perhaps have been less fortunate in educational advantages; and in sympathy toward those whose religious ideas may seem to be at great variance with our own.

I am reminded in this connection of the picture of the hub with it radiating spokes. We all start at the outer circumference and approach our destination by one of many routes. To say that one spoke is much better than all the other spokes is true only in the sense of its being best suited to you as an individual. Human nature is such that without some degree of tolerance, each one of us might be inclined to believe that we have found the best or perhaps the shortest spoke. Without some tolerance, we might tend to become a bit smug or superior - which, of course, is not helpful to the person we are trying to help and may be quite painful or obnoxious to others. No one of us wishes to do anything that might act as a deterrent to the advancement of another - and a patronizing attitude can readily slow up this process.

Tolerance furnishes, as a by-product, a greater freedom from the tendency to cling to the preconceived ideas and stubbornly adhered-to opinions. In other words, it often promotes an openmindedness that is most importantly important - is, in fact, a prerequisite to the successful termination of any line of search, whether it be scientific or spiritual.

These, then, are a few of the reasons why an attempt to acquire tolerance should be made by each one

Volume 3 No. 8
August 1989

BASIC PRINCIPLES : STEP 8 Brotherly Love

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"Made a list of all persons we had harmed and became willing to make amends"

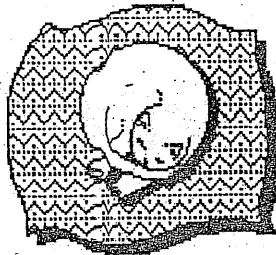
SUBMISSIONS

We were asked at the last Central Committee meeting to reprint the Topics for the Coming issues of this paper for the next few months. Here they are:

- September: Discipline
- October: Perseverance
- November: Awareness of God
- December: Service

We hope that this will spur each of you to think about writing an article or some other demonstration of your thoughts on the

Helen's Corner ...



One of my defects of character is reading the Ann Landers column daily in the Buffalo News. A month or so ago she wrote a column on the difference between love and infatuation. Infatuation is instant desire; marked by feelings of insecurity - nagging doubts, unanswered questions; it lacks confidence, honesty, trust; sometimes you do things you regret later. Love is a friendship that has caught fire - it grows one day at a time; it is understanding and accepting of imperfections; it means trust - calm, secure and unthreatened.

You may pause to wonder why I wrote the definitions of love and infatuation down. Well, in sobriety I have found it necessary to redefine what I thought I knew and define what I did not know. In my childhood and addiction I had no role models or sense of reality. My first step to emotional sobriety was to accept and get comfortable with the fact that there was a lot I didn't know. My second step was to become willing to learn what I didn't know.

Before AA my tendency was to get my brother first before he or she got me. AA has taught me the meaning of brotherly love by the prayer of St. Francis which appears in the 12 and 11.

*"Lord make me a channel of thy peace
That where there is hatred, I may
bring love*

*That where there is wrong, I may
bring the spirit of forgiveness*

*That where there is discord, I may
bring harmony*

*That where there is error, I may bring
truth*

*That where there is doubt, I may bring
faith*

*That where there is despair, I may
bring hope*

*That where there are shadows, I may
bring light*

*That where there is sadness, I may
bring joy.*

*Lord, grant that I may seek to comfort,
than to be comforted*

*To understand, than to be understood
To love, than to be loved.*

*For it is by self-forgetting that one
finds.*

*It is by forgiving that one is forgiven.
It is by dying that one awakens to eternal
life. Amen.*

DREAM WEEKEND

By Helen S.
Sheridan/Honesty

Stop the world I want to get off! Well, this is the way you are feeling have I got suggestion for you. Why not attend the Tri State Assembly, August 25th, 26th and 27th, to be held on the grounds of the Chautauqua Institute.

It is a very unique experience. Casual clothes, laid back attitude, no banquet or dance but long walks in the moonlight down tree lined paths, peace and quiet, no pollution, few cars.

How do you get there? Simple. Take the I-90 to the Westfield exit. Follow Route 394 to Mayville and south to the Institute.

Registration Know-How: First Stop is the school on the left side of Route 394 just before the Institute grounds. Signs will be posted along the road. Here you will pay an institute gate fee of \$8.00 a day with Sunday being free. Plus parking fee. Second stop is Norton Hall where you can register for only \$4.00 for the entire weekend.

Staying for the weekend? Here are some suggestions:

ON THE GROUNDS

1. The Albion - 34 Miller Park Phone: 357-4600
2. Athenaeum Hotel Phone: 357-4444
3. Hotel William Baker - 14 S. Lake Phone: 357-2805
4. Carey Cottage Hotel - 9 Bowman Phone: 357-2245
5. The Gleason - 12 N. Lake Phone: 357-2595
6. The Spencer Hotel - 25 Palestine Ave Phone: 357-3785
7. The Tally-Ho Hotel - 16-20 Morris Phone: 357-3325

OFF THE GROUNDS

1. Wilson's Phone: 753-7419 2 1/2 miles from grounds
2. Webb's Phone 753-2161 2 1/2 miles from grounds
3. Irwin Bay Cottages Ph: 753-7792 1 mile from grounds
4. Magnolia Motel Phone: 789-2935 3 miles from grounds
5. Pine Hill Cottages Ph: 789-3543 3 miles from grounds
6. Lone Pine Phone: 789-2141 3 miles from grounds

CAMPGROUNDS

1. Camp Chautauqua Phone: 789-3435 3 miles away
2. Camp Pendergast Phone 789-3485 2 miles away

The assembly opens at 7:30 PM Friday and closes at noon Sunday. There is one thing I am sure of is that you will have one heck of a good time.

BROTHERLY LOVE [SPONSORSHIP]

Hi! My name is Jacki S. and I'm an alcoholic and today that is an asset instead of a liability. The reason for this change in my life is because I'm in a program of brotherly love. Today, I have very special people in my life who genuinely care about me no matter what I do. I have a person in my life who is my sponsor. The relationship I have with her is the best definition of brotherly love I could ever ask for.

Our friendship is a very two way street. We seem to help each other in a way that is different from the way we help others. Those of you who have a sponsor will know what I mean, and those of you who don't have a sponsor yet, get one. My sponsor's there when I need her, and I do what she tells me, especially when I don't want to, because every so often she tests me to see if I've been paying attention, by giving me the chance to be there for her when she needs me. She doesn't get mad at me for giving her her own advice, and I don't get mad when she tells me what I need to hear. The idea of sponsorship seems to have gotten lost somewhere. I don't hear it mentioned anymore and it's the one thing that has saved me from drinking. So let's remember the real definition of brotherly love is caring about another human being unconditionally.

Jacki S.
Sheridan/Honesty

DAILY REFLECTION

By JoAnn McC
Action Group

[The following Daily Reflection was submitted by JoAnn McC. She has submitted it to GSO for possible inclusion in the new Daily Reflection Book soon to be put out by World Service. She shares it with us now. We sincerely thank her for this privilege.]

DAILY REFLECTION - based on the Third Step Prayer, page 63 of the Big Book.

THIRD STEP PRAYER

*"God, I offer myself to Thee, To build with me and to do with me as thou wilt.
Relieve me of the bondage of self, that I may better do thy will.
Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power,
Thy Love and Thy Way of Life. May I do Thy will always."*

REFLECTION

Many times in my alcoholic state, I drank to establish a bond between myself and others. I succeeded only in establishing the bondage of alcoholic loneliness. Through my entrance into the AA way of life, I am given the gift of bonding with those who were there before me, with those who are there now and with those yet to come. For this gracious gift from God, I am forever grateful.

I believe that if a group has 'a group conscience' it can make an inventory, and I am a part of that inventory. My inventory includes my own behavior toward my group and each individual member, toward other groups, and toward AA as a whole.

I first ask myself: Am I a good AA member?

Then: What is my inventory as a part of my group?

Do I...

1. Attend meetings only when "I need a meeting" or feel like it?

2. Always refuse to hold any office at any time, even when I could? Shun responsibility, refuse to run errands, make coffee, empty ashtrays, set up chairs, and ignore anything that needs doing by refusing to notice - always manage to "let somebody else do

3. Neglect to talk to newcomers or, worse, listen to them? drift off to certain little cliques of personal friends after meetings - or just 'beat it', always with good reasons, too tired, too busy - TV more often than not?

4. Turn down, or over to someone else, all Twelfth Step calls, when I could have gone? Refuse to speak or to find someone in my place, before non-AA groups or students, without good reason?

5. Give up after a time or two recontacting the sick alcoholic? Use the 'not ready', 'not honest' routine? Try to carry the alcoholic not the message? Forget that I go to see the sick alcoholic not because he is an alcoholic (only he can say he is or isn't) but because I am?

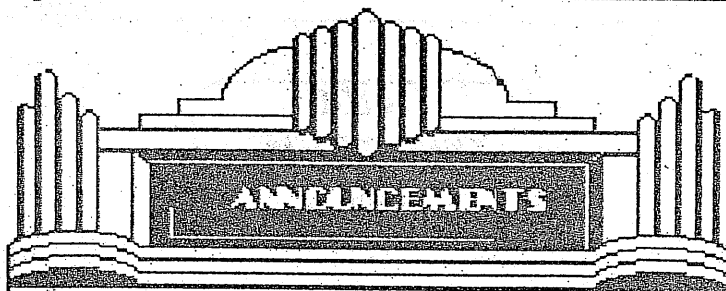
Do I...

6. Make no effort to attend other meetings, help other groups get started, or give a lift to an older group? Encourage other groups to visit us, or am I a tight little island?

7. Show no interest in our traditions, General Service, or Worldwide AA? Have I grown tight with my money when I do not have to be, not realizing that the pamphlets and other services to help other alcoholics "do not grow on trees"?

[Continued Pg 6]

HOW GROUP CONSCIOUS ARE YOU?



MEETINGS, MEETINGS, MEETINGS.

NEW MEETINGS:

Previously announced - WEDNESDAY - 7:00 PM
- NEW MEETING - OD-Vietnam Veterans's
Center, 351 Linwood THIS MEETING IS ON HOLD
UNTIL FURTHER NOTICE |

NEEDS SUPPORT

MORNING AFTER - 10:00 AM - Monday - Baptist
Ch., 116 Broad Street at Seymore,
Tonawanda...Baby Sitter available.

MEETING CHANGE

ABBOTT MENS' AT VA - WEDNESDAY - name is
still the same - with my apology the group
which will now be known as THE FIRST STEP
GROUP is the monday night meeting which
reads on the present schedule as IRON HORSE AT
VA at 8:00 PM

NEW WESTSIDE - - SATURDAY - 8:30 PM - has
moved its' meeting place to the Acension Epis-
copal Ch. located at the corner of Linwood and
North Streets. Entrance at 16 Linwood Ave.
downstairs.

ECMC - all meetings at this facility are NON-
SMOKING

THE WAY - SATURDAY - 8:00 PM - Trinity
Epis.Ch., Hamburg, is now NON-SMOKING

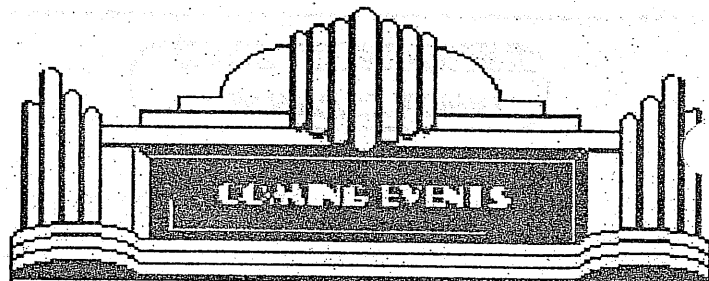
LOCKPORT LADIES DISC - SATURDAY - 10:00 AM
- has moved to the Community Room, 56 East
Ave., Lockport.

GIVING - SATURDAY - 8:00 PM - will now be
NON-SMOKING

SOBRIEDAD UN DIA A LA VE - SUNDAY -
DUNKIRK - no longer meets.

8TH STEP *"Made a list of all persons we had harmed, and became willing to make
amends to them all."*

8TH TRADITION *"Alcoholics Anonymous should remain forever nonprofessional, but
our service centers may employ special workers."*



AUGUST 5 - SATURDAY - TURNING
POINT GROUP - is having a Speaker,
Dinner and Dance. Midsummer Mad-
ness II at VFW 7545, 110 Elgin St. behind
Delaware Lanes in Tonawanda, NY.
Dinner at 7, Speaker at 8 and Dancing
9 till 12:30. Door Prize, 50/50 and Giant
50/50. Music by Eddie and Flo. Tickets
limited to 150 so there may be none at
the door.

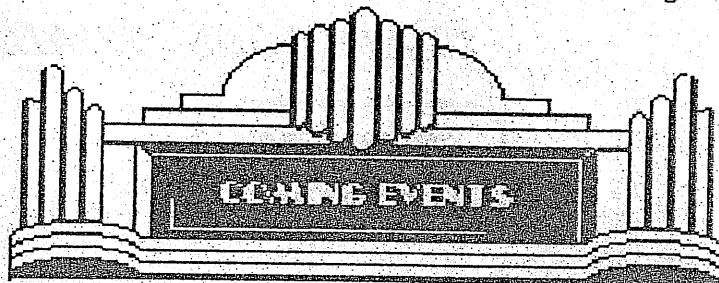
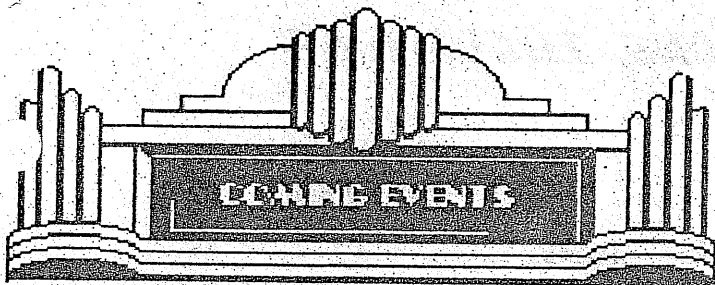
AUGUST 6 - SUNDAY - SUNRISE COURT
GROUP will hold its' 2nd Annual Picnic
at LaSalle Park, shelter #4 immediately
following the regular meeting until 9:00
PM. Please bring a dish to share. FUN
& GAMES - hope to see you there!

AUGUST 6 - SUNDAY - BROCTON DISC
GROUP will hold its' Annual Family
Picnic at the Brocton-Portland Commu-
nity Park on Route 20, Portland. Beef
on wick and beverage will be served.
Bring a dish if you wish. Picnic begins
at noon.

AUGUST 12 - SATURDAY - ANY AGE
GROUP is sponsoring its' First Annual
Family Fun Day with a Picnic and
dancing - Don Miller Park on Sweeney
St. near Robinson, North Tonawanda,
NY. Giant 50/50 - Starting at 1:00 PM till
? with a speaker at 6:00 PM, Art S. from
Jacksonville, Florida. - Dancing after.
Music by M D Productions. Hot dogs
and drinks provided. Please bring a
dish to share. The donation per person
is \$2.00 or \$5.00 per family. Tickets
may be purchased from group mem-
bers.

AUGUST 20 - SUNDAY - MATT TALBOT
GROUP invites everyone to celebrate
with them their 26th Anniversary
with a Picnic at Como Park in the
Friendship Shelter. Time - 11:00 AM till
Dusk - with a speaker at 4:00 PM.
Please bring a dish to share.

PLEASE SUPPORT THE ENVELOPE SYSTEM.



AUGUST 25, 26, 27 - THIRTY-SIXTH TRI-STATE ASSEMBLY Chautauqua Institute, Chautauqua, NY

SEPTEMBER 3 - SUNDAY - HANDICAPERS GROUP is sponsoring its' 1st ANNUAL FRIEND OF BILL & BOB GOLF TOURNAMENT. First tee time - 11:00 AM. Prizes for the longest drive, men and women, closest to the pin and more. \$35.00 includes golf, cart, range balls, prizes and dinner. Call Bill L. 838-4135, Irv P. 632-0760 or John S. 837-5040 for entry blanks. Four-somes, twosomes, singles, beginners - all are welcome! We play one shot at a time!

SEPTEMBER 4 - MONDAY - CATHEDRAL PARK GROUP will be closed for the holiday.

OCTOBER 20, 21, 22 - BUFFALO FALL CONVENTION - BUFFALO HILTON

48TH BUFFALO FALL CONVENTION

AS MANY OF YOU KNOW, PREPARATIONS ARE BEING MADE FOR THE BUFFALO FALL CONVENTION. THIS YEAR THE CONVENTION WILL BE HELD AT THE BUFFALO WATERFRONT HILTON. THE MAIN DINING ROOM OF THE HILTON CAN ACCOMMODATE 500 PEOPLE FOR THE SATURDAY NIGHT BANQUET/SPEAKER. ARRANGEMENTS HAVE BEEN MADE FOR AN ADJACENT ROOM WHICH WILL HOLD AN ADDITIONAL 250 PEOPLE. IN THIS ROOM CLOSED CIRCUIT TELEVISION SETS WILL BE SET UP SO THE SPEAKER CAN BE EASILY SEEN AND HEARD.

IT IS RECOMMENDED THAT GROUPS AND/OR INDIVIDUALS MAKE THEIR RESERVATIONS AS SOON AS POSSIBLE TO BEST MEET THEIR PERSONAL PREFERENCES.

OCTOBER 20TH, 22ND, AND 23RD, 1989

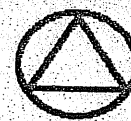
JULY 5-8, 1990 - 55 YEARS - ONE DAY AT A TIME - INTERNATIONAL CONVENTION, SEATTLE, WASHINGTON.

Registration forms will be out soon. There are two groups of individuals organizing group trips. One tour has already been negotiated through the Greyhound Bus Co. which includes the bus fare, lodging one night in Minneapolis Minnesota and one in Billings, Montana to and from Seattle; lodging in Seattle and transportation to and from the meetings.

- 1 to a room - \$895.00
- 2 in a room - \$690.00
- 3 in a room - \$625.00
- 4 in a room - \$585.00

Call Elizabeth G. 852-5760 or Henrietta W. 884-9014

An other group is negotiating air fares to Seattle. In order to obtain the best possible price (\$300-\$400 round trip) they need to know how many seats will be needed. A \$15.00 refundable deposit is needed by August 31, 1989. If you are interested call John L. 632-0452 or Bill L. 838-4135.



REMEMBER

CENTRAL
COMMITTEE
MEETING

SUNDAYS - Aug 6 and
Sept 3, 7:00 PM. at 80
Goodrich Street behind
Buffalo General.



TRADITIONS, TRADITIONS, TRADITIONS

Guarding Traditions

Dear Members of the Fellowship;

On May 1st I was watching a TV program on channel 7 at 10 AM, on which there was a physician named, Dr. Earle M, who stated that He is the author of a book called "Physician Heal Thyself." (This program appeared the day after the program "My name is Bill W"). Dr. Earle M. went on to say that he was a member of AA with 35 years of sobriety. [Eleventh Tradition]

A fellow AA member called the program and asked Dr. Earle about breaking the eleventh tradition. His reply was that since he was from the West coast, no one knows him on the East coast, so he felt comfortable about his Anonymity and felt he wasn't breaking any Traditions.

Dr. Earle M. went on to say that on May 2nd at the Buffalo Convention Center; He would be lecturing on Nutritional and Sexual Problems involved in Recovery. [Sixth Tradition] This lecture was from 8:15 AM - 2:45 PM and was to be open to the public. The Buffalo News wrote an article about the lectures and the author and again stated that the lectures were sponsored by the Buffalo Council on Alcoholism and Substance Abuse, and open to the public.

On May 2, I went to the Convention Center to hear the lectures, only to be told that there was a forty-five dollar registration fee to attend the lectures.

Finally what we have here is a member of AA promoting his book for profit, breaking his anonymity at the public level, violating both the Sixth and Eleventh Traditions. We have both the media and Alcoholism professionals abetting him.

Let us all beware and be aware of these types of individuals who obviously seek profit rather than principles. They can be dangerous to the Fellowship, untold amounts of people's sobriety, and very disconcerting to the newcomer's coming into the Fellowship. Remember Always, [Tradition Eleven] "Our Public Relationship Policy is based on attraction rather than promotion we need always maintain personal anonymity at the levels of press radio and films.

Yours in Fellowship
Harold W.
Cold Springs Group

[AM I? Continued from Pg 3]

8. Indulge in criticism, resentment, or self-pity toward the group, a member, or members? Complain of bore dom, repetition, the speakers, the chairman? Am I becoming part of the problem instead of part of the solution?

9. Criticize a member to other members behind his back with no chance for him to defend himself? Criticize slippers? Take people's moral inventory?

10. Do these things behind the group's back without trying to help the situation in any way?

TRADITIONS?

Dear Members:

I am writing to express a concern about a phenomenon which seems to be on the increase in the Western New York area. My concern centers on two Traditions of AA - The Sixth and the Seventh. Six is "An AA group ought never endorse, finance or lend the AA name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose. Seven is "every AA group ought to be fully self-supporting declining outside contribution."

I have observed an increase in "GIANT" 50-50s or raffles being held by groups to support various functions. Some groups raffle TV sets or other appliances. Most recently, Tee shirts have been sold to support The Fall Convention. Is this increase in various methods of fund raising, in keeping with the intent of Traditions 6 and 7? Are we not getting very close to being involved with outside contributions and enterprises? Are there controls as to whom these tickets and items are sold?

If the Fall Convention or groups generally, are having difficulties raising money, perhaps we should look at our collective group consciences. Are we giving enough to the collection to allow our groups "to be fully self-supporting"? Are groups donating sufficiently to the Fall Convention's Coffee Fund? Are the planners of the Convention doing their best to keep expenses within reason?

My concern is for the future, lest we be diverted from our primary purpose. What's next - AA BINGO?

Sincerely
Joanne McC.-Member
Action Group

7 CLAN
DAY OF SHARING
August 16, 1989

SPEAKERS EVERY 2 HRS STARTING AT 9 AM WITH A CORN ROAST AND BUFFET AT NOON. BRING A DISH TO SHARE. HELP MAKE THE DAY AS GREAT AS IT HAS BEEN IN THE PAST.

Movin' On In Sobriety

CARE

Lynn W. 3yr.
 Marcie S. 3yr.
 Mark 2yr.
 Arlene N. 6mo.
 Bryan D. 6mo.

BIDWELL

Dolores R. 8yr.
 Clark W. 5yr.
 Michael P. 1yr.
 John F. 1yr.
 Charles S. 1yr.
 Robert D. 6mo.

WOMEN'S WESTSIDE

Rosemarie C. 3yr.
 Valerie F. 2yr.
 Cindy C. 2yr.
 Janice O. 1yr.
 Laura M. 1yr.
 Patty L. 1yr.
 Fran R. 1yr.
 Karen Z. 6mo.
 Alicia H. 6mo.
 Beth B. 6mo.
 Sandra D. 6mo.
 Kimberly H. 6mo.

SOUTH BUFFALO

Paul M. 31yr.
 Harry S. 25yr.
 Louie K. 23yr.
 Nancy L. 9yr.
 Jim O. 1yr.
 Chris P. 9mo.

CHEEKTOWAGA

Pat N. 19yr.
 Ronnie E. 17yr.
 Bernie S. 17yr.
 Irving P. 11yr.
 Frank B. 9yr.
 Joe K. 8yr.
 Danny K. 6yr.
 Tim McC. 4yr.
 Jerry M. 3yr.
 Shawn McC. 1yr.
 Tim O'S. 6mo.
 il F. 3mo.
 illy H. 3mo.
 Dawn R. 3mo.
 Brian H. 3mo.

NEW WESTSIDE

Chris W. 1yr.
 Chris E. 6mo.

BRASS

Clarence B. 33yr.
 Alan 10yr.
 Scott 7yr.
 Dolores 7yr.

CHAPTER IX

JULY
 Robert McC. 6yr.
 Lucille K. 5yr.
 Chuck M. 5yr.
 Scott C. 1yr.
 MarieAnn R. 1yr.
 Jim C. 6mo.
 Phil S. 6mo.
 Mark K. 3mo.
AUGUST
 Karl S. 9yr.
 Bob B. 2yr.
 Tim G. 2yr.
 James S. 2yr.
 Maureen G. 2yr.
 Mike C. 1yr.
 Mike O. 6mo.
 Pat C. 3mo.

HAPPY HOUR

George B. 10yr.
 Delores C.R. 8yr.
 Tom D. 4yr.
 Dennis M. 3yr.
 John S. 2yr.
 Valerie F. 2yr.
 Fran R. 1yr.
 Iris G. 1yr.
 Alice O'M. 6mo.
 Phil K. 6mo.
 Vera T. 6mo.
 David J. 6mo.
 David C. 6mo.
 Willie G. 3mo.
 Mary S. 3mo.
 Irine P. 3mo.

EYEOPENER

Jane C. 6yr.
 Chuck T. 5yr.
 Paul S. 2yr.
 JoAnn T. 1yr.
 David N. 1yr.
 Mary W. 3mo.
 Tom P. 3mo.

KENSINGTON

Neil C. 6mo.
 Jim H. 6mo.
 Kevin C. 6mo.

THRUWAY

Adriane 11yr.
 Ed R. 10yr.
 Don M. 9yr.
 Lee K. 9yr.
 Dick S. 6yr.
 Jane C. 6yr.
 Craig M. 6yr.
 Ed Z. 6yr.
 Rudy M. 6yr.
 Chuck T. 5yr.
 Bob C. II 5yr.
 Ed M. 4yr.
 MaryJaneM. 3yr.
 Betty G. 3yr.
 Perry L. 2yr.

SHERIDAN/HONESTY

Sidney R. 13yr.
 Betty M. 12yr.
 Carl S. 9yr.
 James K. 8yr.
 Sean P. 8yr.
 Ray L. 7yr.
 Martha C. 3yr.
 Barbara S. 3yr.
 Alicia T. 3yr.
 David Z. 3yr.
 SandraLee Z. 2yr.
 Re F. 1yr.
 Eddie W. 1yr.
 Brett W. 1yr.
 Ronald S. 6mo.
 Tom M. 6mo.
 Greg F. 3mo.
 Howard M. 3mo.

CAZENOVIA

Daryl R. 3yr.
 Jim H. 9mo.
 Bill S. 6mo.
 Ray L. 3mo.
 Rob H. 3mo.
 Mike M. 3mo.
 Jim O. 3mo.

FREEDOM

David C. 5yr.
 Sandy Z. 2yr.

COLD SPRINGS

Roger B. 17yr.
 Otis B. 5yr.
 Barbara B. 3yr.
 Ron S. 3yr.
 Gloria D. 2yr.
 Cathy T. 1yr.
 Jacqueline J. 3mo.
 Teddy T. 3mo.
 Willie G. 3mo.

WHY

Patsy N. 19yr.
 Carol C. 12yr.
 Bob G. 6yr.
 Karen M. 6yr.
 Dave H. 5yr.
 Rosemary C. 3yr.
 Bob B. 2yr.
 Robert W. 2yr.
 Dave G. 2yr.
 Jim M. 2yr.
 Ella T. 1yr.
 Mike C. 1yr.

NORTH BUFFALO

Elizabeth G. 23yr.
 Barbara B. 16yr.
 Bruce B. 7yr.
 Margo P. 6yr.
 Kevin C. 6yr.
 Donald H. 6yr.
 Smith D. 3yr.
 Paul A. 3yr.
 Lynn M. 2yr.
 Luli S. 2yr.
 Michael C. 1yr.
 Richard W. 1yr.
 Bob M. 1yr.
 Dwight P. 6mo.
 Dennis M. 6mo.
 Rachel B. 6mo.
 Jim C. 6mo.

LAKESHORE

Shirley F. 8yr.
 Arlene B. 3yr.
 Wayne C. 1yr.

KENMORE

JULY
 John S. 19yr.
 Joanne V. 4yr.

AA CENTRAL OFFICE

845 Ellicott Square Bldg
295 Main Street
Buffalo, New York 14203

(716)853-0388

Executive Secretary - Delphine H.
Clerical - Helen B. and Barbara H.

Our Co-Founders



Dr. Bob
1879-1950



Bill W.
1895-1971

CENTRAL COMMITTEE

Chairman - Larry B.
Recording Secretary - Lue S.
Financial Secretary - Roger P.

Central Committee meets on the **first Sunday of every month**
at 7:00 PM at the COMMUNITY HEALTH CENTER, 80 Goodrich Street
(behind Buffalo General Hospital). **OPEN TO ALL AA MEMBERS.**

SUB-COMMITTEES OF THE CENTRAL COMMITTEE

Correctional Facilities - Martha C.
Treatment Facilities - Dan M.
Buffalo Fall Convention - Lloyd E.
Screeners - Lynn C.
New Frontiers - Larry B.
Editorial - Helen S. and Don H.
Envelope System - Roger P.

AA MEMBERS are encouraged to share the fellowship by volunteering
for any of these committees. Call the Central Office at **853-0388**.

REMEMBER: WE ARE RESPONSIBLE.

STEERING COMMITTEE

DISTRICT 1 - Central Buffalo: Jack C.
2 - Northwest Buffalo: Sue G.
3 - South Buffalo:
4 - Southtowns: Gary H.

DISTRICT 5 - Northern Tier: Paul H.
6 - Southern Tier:
7 - Northeast Buffalo: Carol R.
8 - Eastern Tier: Bernie

WESTERN NEW YORK GENERAL SERVICE meets the last Sunday of February, June, September and November.
Meetings are held at the ORCHARD PARK MUNICIPAL BUILDING at 2:00 PM. June meeting will be in Jamestown.
EVERYONE IS WELCOME TO ATTEND THE GSO MEETINGS.

The **NEW FRONTIERS** is your AA newsletter. Our purpose is to present personal stories and subjects directly related to the recovery from alcoholism. For inclusion in the next issue, material must reach the Central Office by **August 15th** for inclusion in the September issue. Your artwork, poems, articles etc. are also welcome.

NEXT MONTH'S THEME : Step 9- Discipline

The **NEW FRONTIERS** will be mailed to you monthly for a yearly cost of \$6.00.

To subscribe EITHER 1) call the Central Office at 853-0388

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c/o Alcoholics Anonymous
845 Ellicott Square Bldg.
295 Main Street
Buffalo, NY 14203-2545

Chairman, Larry B. opened the meeting with a moment of silence, followed by the Serenity Prayer. The Preamble, Purpose of Central Committee, and the Twelve Traditions were read. A motion was made by Ron W. and seconded by Bernie A., to accept the minutes as-read.

41 GROUPS WERE REPRESENTED:

ABBOTT MENS DISC	IRON HORSE	RUSH HALL
ACTION	KENMORE	SECURITY
BIDWELL	LAKE VIEW	SHERIDAN
B.M.D. BIDWELL MONDAY	LET GO & LET GOD	SOUTH BUFFALO
BOULEVARD WOMENS	LIVE & LET LIVE	SOUTHGATE
BRASS	LOVEJOY	SUNDAY NITERS
CAZENOVIA	MAIN VIEW MANOR	SUNRISE COURT
COLD SPRINGS	McKINLEY WINNERS	TUESDAY WOMENS DISC
COMMUNITY CENTER	NEW WESTSIDE	URBAN-FRIDAY
DELAWARE DISC	NEW ZION	WE ADMITTED
HAPPY HOUR	NORTH BUFFALO	WEDNESDAY LUNCH
HARMONY	OPEN MIND	WESTSIDE WOMENS DISC
HONESTY	PEACEFUL	WHY
IGNATIA		WILLIAMSVILLE

The Chairman called for the various reports:

ENVELOPE SYSTEM:

Roger P.

	1988	1989		
JULY	\$ 825.00	\$ 667.00	\$ 158.00	(19.1%) DECREASE
YEAR TO Date	\$ 5,561.00	\$ 4,283.00 4,950	\$ 611.00	(10.9%) DECREASE

STEERING COMMITTEE:

Carol R.

Meeting opened at 6:00 PM with the Serenity Prayer. Present: Delphine H., Paul H., Larry B., Bernie A., Jack C., and Carol R.

OLD BUSINESS:

1. Treatment Facility Workshop tentative date is October 3, 1989.
2. Don and Bernie will attend the G.S.A. meeting in Syracuse this weekend.
3. Meeting names in Treatment Facilities need to be kept separate from that of the facility.
4. Since Sheenhan Hospital program is a drug facility, this committee feels it is ill-advised to provide A.A. meetings, which they have solicited.
5. The Christmas Vigil format will be traditional.
6. The 12 Step list needs to be updated.

NEW BUSINESS:

1. Our support was solicited for an alcohol-free New Year's Eve party. In keeping with Tradition Six, we cannot endorse the event; but all are welcome to attend.
2. It is strictly a matter of group conscience to provide signatures for (facility, courts, etc.) mandated newcomers and visitors. We do not have specific guidelines for this. It was suggested that Bernie bring this up at the Syracuse Conference. Box 459 is a good reference source for dealing with Treatment Facilities.

The meeting closed at 6:40 P.M. with the Lord's Prayer.

FINANCIAL REPORT:

Delphine H.

(See Attached)

TREATMENT CENTERS: Bernie A.

The Treatment Facilities Workshop will be held at the Sheraton East on Tuesday, October 3, 1989. Approximate cost of \$15.00 for the day will include lunch. Alanon and Narcotics Anonymous have agreed to participate. The professional panel has yet to be chosen.

CORRECTIONAL FACILITIES: Toni H.

All meetings are running smoothly. Anyone wishing to attend a Correctional Facility meeting, please call the Central Office.

SCREENERS REPORT: No Report.

CENTRAL OFFICE: Delphine H.

A. A. INFORMATION	767		
PIC		12 STEP	7
CPC		LITERATURE REQUESTS	27
ALANON	20	REFERRAL TO OTHER AGENCIES	5
ALATEEN	6	REFERRAL FROM OTHER AGENCIES	10
ACOA	18		
McCALLS SERVICE GROUP		CENTRAL OFFICE	
OUTGOING CALLS	51	OUTGOING CALLS	167
INCOMING CALLS	491	OUTGOING MAIL	\$148.40
		VISITORS	118

NEW FRONTIERS: Larry B.

We are very pleased with the submissions this month, particularly the articles on the subject of the Traditions.

BUFFALO FALL CONVENTION: Lloyd E.

1. Lloyd explained that certain Convention Guidelines had to be modified for this convention. He reminded us that the plans for the convention had already begun at the time the Guidelines were approved. He requested a vote of confidence.
2. There will be an Old Timers panel on the program. Although some panels will run concurrently, the Old Timers will have a time slot all their own.
3. There are 500 seats available in the main banquet room, and 100 hotel rooms reserved. Early registration is encouraged.

CHRISTMAS VIGIL: Helene R.

1. Everything is falling into place.
2. There was no meeting held on July 28, 1989. Next meeting will be held on Friday, September 1, 1989.
3. We are requested to not park at the church. Parking is available at McDonalds & Tops.

COURTESY REPORTS:

G.S.A. - GENERAL SERVICE ASSEMBLY: Elvester McK.

1. The informational workshops were highly successful. We extend our thanks to Don H. and Bernie A. for their contributions in the various workshops.
2. In 1990 the workshops will move to the Southeastern area.

3. The full body G.S.A. meeting will be held on September 24, 1989 at 2:00 P.M. at the Orchard Park Town Hall. Elections of officers will be held.
4. The positions to be filled are: Delegate, Alternate Delegate, Chairperson, Secretary, Treasurer, P.I.C. Chair, C.P.C. Chair, and Grapevine Chair.

P.I.C. - PUBLIC INFORMATION COMMITTEE: No Report

C.P.C. - COOPERATION WITH THE PROFESSIONAL COMMUNITY: NO REPORT.

RE-CAP

CONVENTION; Ron W. suggested it's too soon to discuss amending Guidelines since full disclosure of any deviations was not made by the committee. He also asked for a vote of confidence. Bernie A. suggested separate financial reports for A.A. and Alanon. Elvester McR. stated that Alanon and Alateen are guests of A.A. It was moved by Robert H. and seconded by Harold W. to give a vote of confidence to the Convention Committee. The vote was unanimous.

OLD BUSINESS:

Eugenia (Gigi) P. is officially District #3 representative, as of September 1, 1989.

NEW BUSINESS:

1. There are plans for a bus excursion to the International Convention in July, 1990. For information and reservations, contact Liz G. or Henrietta W.
2. A concern was voiced about things that have nothing to do with A.A. being placed in the bulletin. Delphine suggested that perhaps a guideline is needed.

A motion was made by Ralph K. and seconded by Helene R. to close the meeting. The meeting was closed with the Lord's Prayer.

Respectfully Submitted,
Lue Summers,
Recording Secretary
Cold Springs Group

Treatment Center Account	Financial Statement	602-089-5	JULY 25, '89 - AUGUST 25, '89		
		This Month	Check Number	Expenses	Accum Totals
Abbott Men's Disc					20.00
Beginnings		50.00			50.00
Bidwell Monday Discussion					50.00
Broadway Bailey					25.00
Chapter IX					25.00
Cold Springs		25.00			25.00
Community Center		25.00			25.00
Cornplanters Again					10.00
Courage					100.00
Delaware Disc					10.00
East Aurora		10.00			70.00
Eternal Vigilance					10.00
Father Baker					30.00
Fireside		5.00			155.00
Hill Billy					60.00
Lakeshore					15.00
Let Go & Let God					60.00
New Beginnings					30.00
New Zion					75.00
Pass It On					10.00
Patchin					25.00
Remember When					10.00
Rush Manor					100.00
South Buffalo		25.00			60.00
Sunday Niters					25.00
TGIF					25.00
Turning Point					50.00
University		20.00			160.00
We Admitted					15.00
We Care		15.00			100.00
Why					30.00
		175.00			1455.00
	Robert Haefner - cgts - ECMC		106	50.00	
	EXPENSES			50.00	
RE-CAP					
Balance Pr Checkbook 7/25/89			532.18		
Add Receipts 7/25/89-8/25/89			175.00		707.18
Deduct Expenses 7/25/89 -8/25/89					-50.00
Balance Pr Checkbook 8/25/89					657.18
	Operating credit for 8/25/89			125.00	

CORRECTIONAL FACILITIES FINANCIAL STATEMENT *484-185-5 JULY 25, '89 - AUGUST 25, '89				
		THIS MONTH		ACCUM TOTALS
ABBOTT MEN'S DISC				20.00
BROADWAY BAILEY				25.00
CHAPTER IX		25.00		50.00
CORNPLANTERS AGAIN				10.00
COURAGE				100.00
DELAWARE DISC				10.00
EAST AURORA				10.00
ETERNAL VIGILANCE				10.00
FATHER BAKER				30.00
FIRESIDE				50.00
HAND				60.00
HILL BILLY				60.00
HONESTY		10.00		80.00
IRON HORSE		15.00		15.00
LAKESHORE				15.00
LAKE VIEW				60.00
LET GO & LET GOD				60.00
MC KINLEY WINNERS		40.00		60.00
NEW BEGINNINGS				30.00
NEW ZION				75.00
NO BUFFALO		10.00		70.00
PASS IT ON				5.00
PATCHIN				25.00
REMEMBER WHEN				10.00
RUSH MANOR		150.00		300.00
SHERIDAN		10.00		80.00
SO. BUFFALO		5.00		40.00
STEP				20.00
SUNDAY NITERS				25.00
TUESDAY WOMENS DISC		10.00		10.00
TURNING POINT				50.00
WE ADMITTED				20.00
WE CARE		10.00		70.00
WHY				30.00
WORKING		50.00		50.00
		335.00		1635.00
EXPENSES	CENTRAL OFFICE-LIT-WENDE		402	90.00
	CENTRAL OFFICE-LIT-WENDE		403	170.00
RE-CAP				260.00
BALANCE PR CHECKBOOK 7/25/89			23.82	
ADD RECEIPTS 7/25/88 - 8/25/89			335.00	358.82
DEDUCT EXPENSES	7/25/88-8/25/89			-260.00
BALANCE PR CHECKBOOK 8/25/89				98.82
OPERATING CREDIT FOR	8/25/89	75.00		

Central Committee Account Financial Statement #504-771-7 JULY 25, '89 - AUGUST 25, '89			
36 Groups Contributed			1961.25
Joint Meeting (expenses 11.27)			19.27
New Frontiers Subscription			18.00
Envelope System			516.00
Literature			3196.41
Miscellaneous: Anonymous	5.00		20.00
	Jack H.	15.00	
		Total receipts	5730.93
DISBURSEMENTS			
	#10 Ellicott Square Court Corp - mth rt		431.00
	Community Mental Health Center - mth rt		35.00
	McLean Service Group		145.60
	Helen J. Brady		107.44
	Delphine A. Hoy		281.00
	The State Fund Insurance Fund		69.54
	The State Fund Insurance Fund -		94.28
	Deer Park Spring Water, Inc		39.30
	The Buffalo News - mth bl		250.80
	Helen J. Brady		107.44
	Delphine A. Hoy		281.00
	A.A. World Services - Books		2470.78
	M&T Bank - withholding tax		517.65
	Helen J. Brady		107.44
	Delphine A. Hoy		281.00
	Helen J. Brady		107.44
	Delphine A. Hoy		281.00
	New York Telephone		132.89
	Helen J. Brady		107.44
	Delphine A. Hoy		281.00
	Petty Cash		50.00
		Disbursements	6162.52
RE-CAP			
Balance Pr Checkbook 7/25/89		11947.48	
Add Receipts 7/25/89 - 8/25/89		5730.93	17678.41
Deduct Expenses 7/25/89 - 8/25/89			-6162.52
Balance Pr Checkbook 7/25/89 - 8/25/89			11515.89
	Operating debit for 8/25/89	(431.59)	
	M&T Savings Accounts	19279.36	18931.36
	M&T Checking Accounts	11515.89	
	Total Monetary Assets	30795.25	
	Projected Prudent Reserve-1yr.	36000.00	
	Reserve debit	(5204.75)	

GROUP			Common Hour			Giving		
1st Step	20.00	40.00						
11th Step		47.50	Common Problem		187.35	Golden Slipper		400.00
1st. Things 1st	15.00	45.00	Common Problems at VA			Good Life		
3rd Step			Community Center	25.00	75.00	Grand		
6th Step			Cornplanters Again		60.00	Grand II Joy Of Living		60.00
A Day At A Time		150.00	Courage	90.00	375.00	Grateful		75.00
A Helping Hand		22.50	Delaware Discussion		170.00	H.A.N.D		245.00
Abbott Mens at VA			Derby	50.00	225.00	Half & Half		
Abbott Mens Discussion		60.00	Desire		85.00	Hamburg		
Acceptance		375.00	DeVeaux Discussion		25.00	Handicappers Sat. Nite		50.00
Achievement		210.00	Downtown Discussion		60.00	Happy Hour		140.00
Action		50.00	Downtown Men's Disc.		45.00	Harmony	5.00	25.00
Active Achievement			Dunkirk		20.00	High View		
Age Doesn't Matter			E.C.M.C.			Hill Billy		480.00
Albion			Early Beginnings		25.00	Honesty	30.00	270.00
All Women			Early Bird			Humbly Willing		
Amherst Snyder		500.00	Early Start			Ignatia		20.00
Amherst Tree of Life		60.00	Easier Softer Way			Inner City	60.00	160.00
Amsdell Lakeshore			East Amherst			Inspiration		100.00
Any Age			East Aurora	35.00	280.00	Iron Horse	15.00	95.00
cade			East Aurora		25.00			
Attitude Adjustment			Eden-North Collins		240.00	Kenmore		100.00
Attraction	30.00	190.00	Ellicott		165.00	Kensington	20.00	80.00
Beginner's Table			Ellicottville			Ladies Night		
Beginnings			Emergency			Lakeshore		70.00
Bidwell		40.00	Eternal Vigilance		65.00	Lakeview		60.00
Bidwell Monday Disc.			Everybody's		40.00	Lazy Bee Ranch		
Big Book			Eye Opener		125.00	Let Go & Let God		150.00
Blasdell						Lew-port		20.00
Boulevard Women's		60.00	Father Baker		90.00	Liberty Women's		
Brass	10.00	60.00	Feelings			Live and Let Live		195.00
Broadway-Bailey		70.00	Fireside	360.00	2220.00	Living Sober	25.00	200.00
Brocton Discussion		30.00	Fireside PM		76.00	Lock City		
Came to Believe	56.25	212.00	Ford		300.00	Lockport #1		
Campus			Fredonia Bkft. Meeting			Lockport Discussion		
Casting		50.00	Fredonia Discussion			Lockport Ladies		
Cathedral Park		80.00	Freedom	25.00	175.00	Lockview		200.00
Caz Manor		50.00	Fresh Start			Lovejoy		20.00
Cazenovia		110.00	Friday Nite Disc.			Main View Manor	20.00	45.00
Central Park			Friendly	135.00	275.00	Marilla		
Chapter IX	50.00	100.00	Friendship Fireside			Matt Talbot	15.00	105.00
Chapter V								
ektowaga		120.00	Frontier		100.00			
Chevy #1						Mc Kinley Winners		80.00
Clarence Men's Dis		180.00	Gardenville		200.00	Medina		
Cold Springs	25.00	125.00	Getting it Together			Medina Sunday		

Mercy		60.00	Saturday Night			University Men's	150.00	1200.00
Mid-day			Saturday Night Alive			Urban		60.00
Mid-Erie AA Grp.			Saturday Nite Live			V.I.P.		
Midnite			Second Chance			Valley		
Miracle			Security			Veteran's Hospital		
MOD			Serendipity			Victory		
Monday Nite			Serenity		100.00	We Admitted		50.00
Morning After			Sheridan	30.00	240.00	We Are Not Saints		
NDH-Tohawanda Forge			Silver Creek			We Care	30.00	200.00
Never Too Late			Sober Trail			We Choose Life		
New Awakening						We Need You		
New Beginnings		50.00	Sobriety Men's Disc			Wed. Lunchtime		124.65
New Direction			Somerset			Welcome		
New Frontier		100.00	South Buffalo	25.00	200.00	Welcome Home		
New Frontier Womans		25.00	South Town	100.00	240.00	West Seneca Sat. Nite		400.00
New Life		30.00	Southgate		18.00	West Valley		
New Westside			Southwestern		80.00	Westfield		60.00
New Zion		500.00	Spirit of H.O.P.E.		30.00	Westminster		
Niagara Frontier Men's		20.00	Springville		90.00	WHY		140.00
North Buffalo	80.00	640.00	Springville-no smoking			Williamsville		134.00
North Java			St. Barnabus	100.00	160.00	Wilson		
One Day at a Time (ODAT)			Step		40.00	Women's Westside Dis	20.00	50.00
Open Arms			Stepping Stones	10.00	60.00	Working		
Open Mind		80.00	Strozzi			You'll Never Walk Alone		
Pass It On		20.00	Sunday Niters		100.00	Youngstown		30.00
Patchin		100.00	Sunday Third		15.00	Native American		22.21
Peaceful			Sunrise Court		50.00	36 GRPS CONTRI.	1961.25	21253.46
Perry		50.00	SUNY - Amherst Campus		50.00			
Positively Living			Surburban			ACCUM. TOTAL		21253.46
Positively Living II			Swinging Door		50.00			1961.25
Primary Purpose			T'n'T					23214.71
Progress		600.00	TGIF		150.00			
Purpose		187.00	Thankful		145.00			
Rainbow		80.00	The Way		170.00			
Ray of Hope	50.00	210.00	Thru-way		2100.00			
Remember When		50.00	Thursday Afternoon Disc.					
Renewal			Thursday Nonsmoking					
Rush Hall	25.00	200.00	Today					
			Tri-County					
Rush Manor	100.00	150.00	Trinity Monday Night	100.00	425.00			
S. S. Sobriety		98.50	Tuesday Men's Disc.					
Salamanca			Tuesday Women's Disc.		20.00			
Salamanca Freedom			Turning Point		50.00			
Sally Group			Twin Cities	25.00	225.00			
Salvation Army			United Brotherhood					
Saratoga		200.00	Unity		220.00			