

5 B.T.'S FOR AUGUST

CHAPTER 7
WORKING WITH OTHERS

- 1) What is the most effective step to work to keep an alcoholic from drinking?
- 2) How do we describe ourselves to the alcoholic? What do we tell him on the first meeting?
- 3) What does depression do to a sick alcoholic?
- 4) What is one thing alcoholics have in common?
- 5) What is the foundation of our recovery?
- 6) Who are the lucky alcoholics?
- 7) What is the alcoholics recovery dependent upon?
- 8) What were we doing little by little when we were drinking?
- 9) What hope did the first 100 people have for the AA movement?

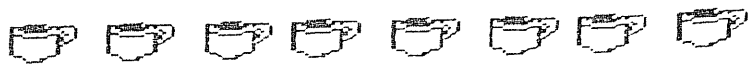
Answers to be found on announcement page

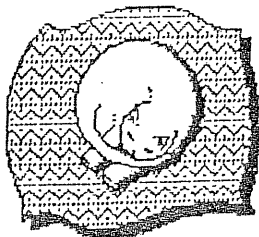
WE WELCOME YOU...
 The following are the Themes for the coming issues of newsletter.
 September: Simplicity
 October: Trust
 November: Secrets
 December: Forgiveness
 We hope that this will spur you to think about writing an article or some other demonstration of your thoughts on these Topics.

**THIS MONTH :
THEME : HUMOR**

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THE GIFT OF LAUGHTER
 Daily Reflections -February 20
 "At this juncture, his AA sponsor usually laughs." (12 & 12, Pg 26)
 Before my recovery my recovery from alcoholism began, laughter was one of the most painful sounds I knew. I never laughed and I felt that anyone else's laughter was directed at me! My self-pity and anger denied me the simplest of pleasures or lightness of heart. By the end of my drinking not even alcohol could provoke a drunken giggle in me.
 When my AA sponsor began to laugh and point out my self-pity and ego-feeding deceptions, I was annoyed and hurt, but it taught me to lighten up and focus on my recovery. I soon learned to laugh at myself and eventually I taught those I sponsor to laugh also. Every day I ask God to help me stop taking myself too seriously.



Helen's Corner ...

This may sound strange but the emergence of a sense of humor is a sure sign that a person has committed himself to recovery. When you can listen to or tell a joke to amuse and not abuse any person, nationality, religion or anything you can be assured that the personality change needed for recovery has occurred. Humor is indispensable in recovery. When all else fails laugh your head off. It won't change your life but you can bet that people will steer clear of you.

When I was a newcomer there was an old timer called "Bob the Miller". His favorite piece of advice was "wear life like a loose garment." As a newcomer I didn't have the faintest idea what he was talking about, I remember he laughed frequently and seemed undisturbed by life's ups and downs.

With time and experience I have come to the realization he was advising us not to make a federal case out of everything that happens to us.

Now I apply the Serenity Test to decisions -
 (1) I ask myself if there is something I can do to solve whatever the problem is. (2) If there is - I do it and get on with life or (3) If there is nothing I can do - accept it, turn it over to God and get on with life.

The point is not to become like the Milster Softee truck - playing the same tune over and over. Bill W. wrote in a 1966 letter "We lose the fear of making decisions, great and small, as we realize that should our choice prove wrong we can, if we will learn from the experience. Should our decision be the right one we can thank God for giving us the courage and the grace that caused us to act."

Now that I have told you about 'wearing life like a loose garment' and the Serenity Test and Bill's thoughts on decision-making, I can tell you about a decision I made a few months ago. This decision was prompted by a shadowy presence that has haunted me by the name of a normal person. I've compared myself to this imaginary superperson and of course I never have measured up thus allowing myself to become depressed. Well, a few months ago I decided to pick one person who to me represents the most normal person on the planet. My pick - Woody Allen. If you imagine your life is a Woody Allen movie than everything makes sense.

Yours in the Spirit of AA
 Helen

THE 12 STEPS OF NON RECOVERY

- 1) We admitted we were powerless over nothing, that we would manage our lives perfectly and those of anyone else who would allow us to.
- 2) Came to believe there was no power greater than ourselves and that the rest of the world was insane.
- 3) Made a decision to have our loved ones and friends turn their will and their lives over to our care, even though they couldn't understand us.
- 4) Made a searching moral and immoral inventory of everyone we knew.
- 5) Admitted to the whole world the exact nature of everyone else's wrongs.
- 6) Were entirely ready to make others straighten up and do right.
- 7) Demanded others either shape up or ship out
- 8) Made a list of all persons we had harmed and became willing to go to any length to get even with them all.
- 9) Got direct revenge on such people whenever possible, except when to do so would cost us our lives, or at the very least a jail sentence.
- 10) Continued to take the inventory of others, and when they were wrong promptly and repeatedly told them about it.
- 11) Sought through complaining and ragging to improve our relations with others as we could understand them, asking only that they knuckle under and do it our way.
- 12) Having had a complete physical, emotional and spiritual breakdown as the result of these steps, we tried to blame it on others and to get sympathy and pity in all our affairs.

COMING EVENTS

AUGUST 2 - LIFE TODAY - is sponsoring a summer picnic Sunday, Aug. 2nd, at Emery Park, Shelter #2, Lake Center Street out of East Aurora and follow the signs. The fun begins at noon. Bring a dish if you wish - LET'S EAT !!!!!!!!!

AUGUST 7-9 - 13TH ANNUAL NYS GSA INFORMATIONAL WORKSHOP - at Wick Center, Daemen College, Bflo.

AUGUST 15 - SATURDAY - PENDLETON CHAPTER FIVE GROUP is sponsoring a Family Picnic in the Pendleton Town Park, Campbell Blvd. (Rt 270). Free admission. hot dogs, hamburgers, and soft drinks. There will be games, music, fun and fellowship. Bring a Dish if you wish.

AUGUST 28-29-30. TRI-STATE ASSEMBLY - CHAUTAUQUA, NY

AUGUST 30 - SUNDAY - AMHERST-SNYDER is sponsoring the 4th Annual FOBB GOLF OPEN at Chestnut Hill Country Club, 1330 Roadway, Rte 20 & 77, Alden, NY. Price - \$55.00 which includes coffee, donuts, lunch, dinner, cart and prizes. Assigned tee time is 11AM. You do not need a foursome to enter. Singles, twosomes and threesomes are welcome. We will be using the Callaway System to determine handicap. Deadline: August 1st.

AUGUST 30 - SUNDAY - SOUTH BUFFALO - is having their annual picnic, at Emery Park, Richardson Cottage located in South Wales. Starts at NOON. Games, etc. Bring a dish if you wish.

REMINDER: ANY ANNOUNCEMENT TO APPEAR IN AUGUST '92 BULLETIN MUST BE SUBMITTED IN WRITING, TO THE CENTRAL OFFICE BY WED. JULY 15th

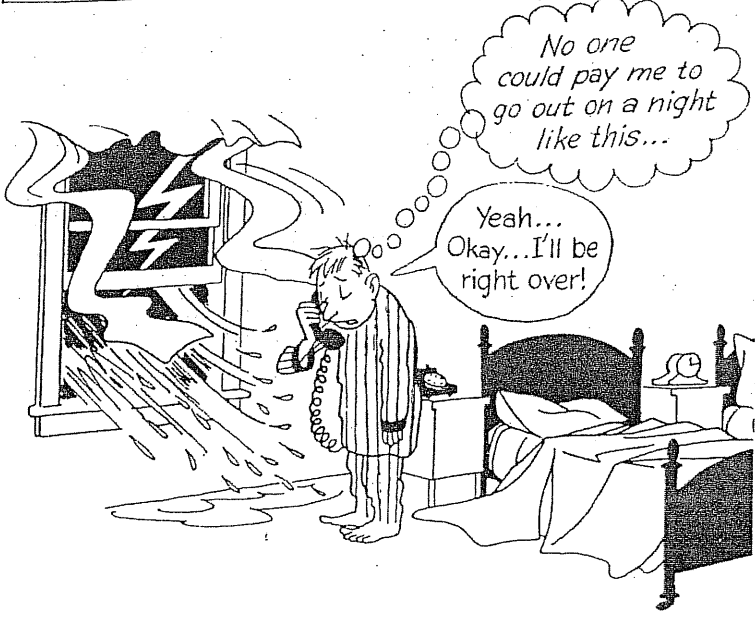
Answers for 3B.T.'s

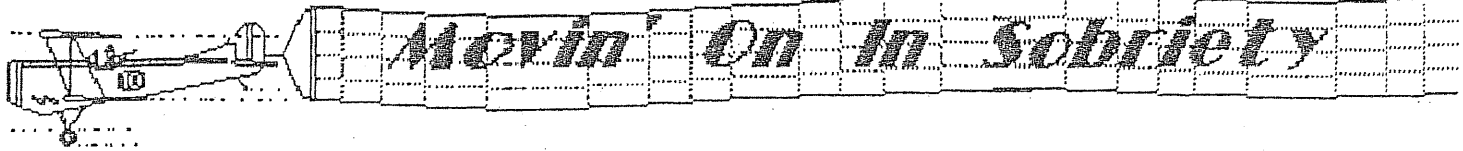
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|--------------------|--------------------|
| 1) Pg 89, L.1-3 | 6) Pg. 98, L.28-29 |
| 2) Pg 90, L.23-26 | 7) Pg 100, L.2-3 |
| 3) Pg 91, L.16-17 | 8) Pg 102, L.19-20 |
| 4) Pg 95, L.31-end | 9) Pg 103, L.14-16 |
| 5) Pg 97, L.4-5 | |

OCTOBER 30-31,
NOV 1, 1992,
51ST BUFFALO FALL
CONVENTION
CONVENTION CENTER
DOWNTOWN BUFFALO

Send hospitality contribution to: Buffalo Fall Convention, PO Box 137, Westside Station, Buffalo, NY, 14213-0137 or to the Central Office.

The Eighth Tradition
Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.





Movin' On In Sobriety

<u>NEW ZION</u>	<u>SHERIDAN</u>	<u>SENECA 12 & 12</u>	<u>HAPPY HOUR</u>	<u>WILLIAMSVILLE</u>
Linda Z. 5yr.	JULY	David J. 2yr.	JULY	Don H. 20yr.
Kathy T. 2yr.	Gene P. 3yr.	Corrine C. 9mo.	Joseph V. 34yr.	Bill L. 13yr.
Teddy O. 2yr.	Jim M. 6mo.	Dan O. 9mo.	Rosemary Z. 13yr.	Pat W. 10yr.
Phillip G. 6mo.	Peter R. 3mo.		Willham 2yr.	James H. 10yr.
	<u>AUGUST</u>	<u>HARMONY</u>	Roxanne E. 2yr.	Sandy H. 8yr.
<u>RECOVERY</u>	Sidney R. 10yr.	Michael F. 6mo.	Chuck H. 2yr.	Richard N. 6yr.
Dan R. 18yr.	Debbie M. 13yr.	Juliene R. 3mo.	Edwin S. 1yr.	Paul G. 6yr.
John P. 12yr.	Sean P. 11yr.	Robert D. 3mo.	Maria O. 1yr.	John A. 8yr.
Willie E. 5yr.			Timothy C. 1yr.	Marie W. 5yr.
Frank S. 5yr.	<u>CHAPTER IX</u>	<u>ELLICOTT</u>	Don J. 1yr.	Guy M. 5yr.
Jeff C. 4yr.	Karl S. 12yr.	JULY	David C. 6mo.	Mason E. 5yr.
Gordy H. 4yr.	Susan G. 10yr.	Ron D. 5yr.	Donald S. 6mo.	Noreen F. 5yr.
	Bob B. 1yr.	Bobby C. 4yr.	Robert J. 6mo.	Ed T. 4yr.
<u>RIDGE</u>	Tim G. 1yr.	Robert R. 1yr.	William F. 6mo.	Joe T. 4yr.
Kevin P. 9mo.	James M. 1yr.		Gerold R. 3mo.	Bill W. 4yr.
	Maureen G. 1yr.	<u>NORTH BUFFALO</u>	Andrea S. 3mo.	Thomas D. 3yr.
<u>SECURITY</u>	Frank R. 4yr.	Barbara B. 19yr.	Greg W. 3mo.	Ken D. 3yr.
Henry H. 17yr.	Jess 4yr.	Kate K. 10yr.	<u>AUGUST</u>	Jay S. 3yr.
	Mike C. 4yr.	Bruce B. 10yr.	Jeanie A. 17yr.	Joe H. 3yr.
<u>HOW</u>	Noni T. 3yr.	Kevin C. 9yr.	George B. 14yr.	Darren Z. 3yr.
Luca F. 1yr.	Horace R. 3yr.	Margo P. 9yr.	Dolores H. 11yr.	Tim N. 2yr.
Darryl K. 1yr.	Tom C. 2yr.	Donald H. 9yr.	Fran R. 4yr.	Ken M. 2yr.
Carrie K. 9mo.	John H. 2yr.	Smith D. 6yr.	Jose P. 2yr.	Mike C. 2yr.
Jason L. 9mo.	Lynn Co. 2yr.	Richard W. 4yr.	Edward C. 2yr.	Kelly H. 1yr.
Michelle M. 6mo.	Debbie M. 2yr.	Bob M. 4yr.	Karen Lee 2yr.	reed L. 1yr.
	John D. 1yr.	Gary B. 4yr.	Cindy D. 2yr.	Ken M. 9mo.
<u>WE CARE</u>	Drew K. 1yr.	Daniel S. 3yr.	Theodore T. 2yr.	Marc F. 9mo.
Marci S. 6yr.	Rick G. 9mo.	Charles B. 3yr.	Ron T. 2yr.	Scott L. 6mo.
Bryan D. 3yr.	Jeff L. 6mo.	Dan G. 3yr.	Sabrina H. 2yr.	Mike N. 6mo.
Mary K. 2yr.		Paul M. 2yr.	Ed C. 1yr.	Mike B. 3mo.
John B. 9mo.	<u>THRUWAY</u>	Don K. 2yr.	David K. 1yr.	Howard C. 3mo.
Donna R. 9mo.	David B. 14yr.	John O'B. 1yr.	John H. 1yr.	
	Ed R. 13yr.	Mike A. 1yr.	Vernon R. 1yr.	<u>SUNRISE COURT</u>
<u>WHY</u>	Lee R. 12yr.	Julie B. 6mo.	Cleveland H. 1yr.	George B. 14yr.
Patricia N. 22yr.	Dick S. 9yr.		Roger D. 9mo.	Dolores R. 11yr.
Sidney R. 16yr.	Jane C. 9yr.	<u>SOUTH BUFFALO</u>	Douglas G. 9mo.	Bobby G. 2yr.
David C. 8yr.	Mary Jane M. 6yr.	Harry S. 32yr.	Art S. 9mo.	Ceil D. 2yr.
Alicia T. 6yr.	Betty G. 6yr.	Patricia N. 22yr.	Dave V. 9mo.	Joy M. 1yr.
Garry P. 6mo.	Perry L. 5yr.	Nancy L. 12yr.	Willie P. 9mo.	Christine F. 1yr.
	Lisa N. 4yr.	Jim O. 4yr.	Lorne J. 6mo.	Elijah G. 1yr.
<u>MORNING</u>	Peter S. 3yr.	Karen K. 2yr.	Jacqueline B. 6mo.	Carolyn J. 1yr.
<u>AFTER</u>	Danielle F. 3yr.	Bob g. 2yr.	Lonnie H. 6mo.	Darryl A. 1yr.
Lynn L. 3yr.	Gary G. 2yr.	Jenny H. 1yr.	Heidi W. 6mo.	Michael L. 1yr.
Randy K. 3mo.	Eugene C. 2yr.	Frank S. 6mo.	Bernice R. 6mo.	Jaya M. 1yr.
Janie C. 3mo.	Bob K. 2yr.	William R. 6mo.	Mark P. 6mo.	Sherrie M. 1yr.
Amy C. 3mo.	Paul L. 6mo.	Marion M. 6mo.	George P. 6mo.	Bethany R. 1yr.
	Mike A. 6mo.	Kevin H. 6mo.	Louis R. 3mo.	Michaeline U. 1yr.
<u>GIVING</u>	Krista K. 6mo.	Don W. 6mo.	Derrick R. 3mo.	Sandra W. 1yr.
Karen Z. 1yr.	Yogi J. 3mo.	Ronald C. 6mo.	Mike R. 3mo.	Dorsette B. 9mo.
Judy 9mo.		Jeff W. 6mo.	Ed L. 3mo.	Ray E. 9mo.
Jeannette S. 9mo.	<u>HONESTY</u>	Marty S. 3mo.	Sophie C. 3mo.	Gloria T. 6mo.
	Sid R. 16yr.	Cindy R. 3mo.	Patricia B. 3mo.	Chuck J. 3mo.
<u>CORNPLANTER'S</u>	Karl S. 12yr.	Michael F. 3mo.		Nick O. 3mo.
<u>AGAIN</u>		Cathrine F. 3mo.		Junius B. 3mo.
Louise H. 2yr.				Bruce D. 3mo.
Martin J. 6mo.				Peggie E. 3mo.

THE PUPPY I WANTED TO NAME SERENITY

By John T., North Carolina

He Has Arisen"; Easter 1992, will always be for me, a remembrance that my higher power did arise from the dead, within my own self.

Sunday was a magnificently beautiful day (funny I now actually notice nature's beauty). I had invited for dinner the secretary of my support group. A woman I had come to love very much: I love her sobriety, her 'program', her concern and encouragement. My wife (whom I have now also come to love) prepared the turkey dinner and I even helped.

My dog had the time of his life with my AA friend and she with him, in passing, she mentioned she should get a dog. That night came one of the best holidays I had experienced, fellowship and happiness filled our home and there was not a drink in sight.

Monday I was startled by my dog barking. My Lab wants to play all the time, so his barking usually indicates there is something someone he wants to play with: there was a golden retriever-mix puppy who I intuitively knew was abandoned.

I was a street kid from the East Harlem area of New York City, and embodied all the stereotype images, that qualification brings to mind: street punk, thief, addict, gambler, hustler, sexist (And: lonel, insecure, afraid, self-centered, immature, just about all the "qualities" of many alcoholics, whether from the ghetto or the farm). Yet, in my heart I always wanted to be 'nice' and had a deep respect (although never expressed or shown) for animals. In fact, in doing my fourth step, I saw that was the only asset I could think of, and believe.

My wife mentioned she had noticed the puppy lying next to the road a block from our house. I took a walk to see if the puppy was alone and to confirm it was alone. My worst fears were realized, not only was she abandoned, but she was terrified. The little ball of fur ran at the slightest approach even when I brought back water and food. Later, the food was eaten, but no amount of coaxing would bring enough trust from the trust from the puppy to come to me or my wife (the puppy was like me at the beginning of my sobriety).

That night it rained and I sat and cried. I had been 'exposed' to AA more than twenty years ago, by a priest in the program. He was trying to help me recover from another addiction. God's love and intervention arrested that addiction, but I drank for twenty years, which became a lot worse than the streets of East Harlem.

I became a member of AA two years ago. Joining the program was so easy: no desire to drink, everyone liked me (ha), I was much smarter than my temporary sponsor, I was ready to 'run for' GSR of both my home groups.

Of course, I am returning from a slip and this time it has been hard, very hard. Not the staying away from a drink, but the 'program', the 'living' the trying "to change". I knew, I had been sincere, this time, in attempting to work the program and learn. I believe with all my heart that I fully without reservation did the third step (several times) - but, not much change! Since Easter I have realized and learned what I wanted was a Bill W's 'Burning Bush' type transformation. Yes, I wanted to change, but a 'soft and easy' way, instantly.

Instead of practicing the steps toward the 'educational variety' of spirituality, I wanted to be someone else (Yo, God Here I Am - I Want A Different Personality)! I was very willing, but lazy with the "I Wants" and a large topping of ego.

Crying for the puppy that night, I became aware of the truth... "nothing happens in God's world by mistake" which I repeated over and over in my prayers. There were some situations, I could do nothing about. I had to trust and have faith in the higher power of My God (and for that puppy, in St. Jude, the patron saint of hopeless cases and St. Francis). I think for the first time ever, I "turned over" a situation to the God of my understanding.

The next morning the puppy was back. Gentle coaxing and roast beef finally brought the trust of her to come to us and after a lot of petting and gentleness, I got her into my car for the trip to the vet. She was undernourished, abused, seven months old, housebroken and loveable with a teddy bear face. Most important she was healthy. I knew exactly where her next home would be. And, I knew that it would all work out. I knew the reason for this lost puppy.

(Continued on Page 7)

***A laugh a day keeps
the doctor away***

ANNOUNCEMENTS

MEETINGS

MEETINGS

MEETINGS

NEW MEETINGS:

LIGHTEN' UP - WEDNESDAY - 6:00PM - CD -
4512 MAIN ST. SNYDER - NS

This group will be conducted with the theme "As Bill Sees It."

SPIRITUAL PROGRESS - THURSDAY - 8:00PM
- DISCUSSION - 300 NIAGARA - NS - WHEEL-
CHAIR ACCESS.

THE JOURNEY - MONDAY - 6:30PM - CD - NS
- RICHMOND AVENUE UNITED METHODIST
CH - 525 WEST FERRY AT RICHMOND. Use
West Ferry entrance.

SATURDAY - 7:30AM - 339 GENESEE ST

CHAUTAUGUA, NEW YORK
AUGUST 28, 29, 30 1992

The Tri-State Canadian Assembly of Alcoholics Anonymous will be celebrating its 39th Annual Reunion at Chautauqua Institute which is located on New York Rte 394, east of Westfield and the Thruway and West of Lakewood and the Southern Tier Expressway.

Speakers from Pennsylvania, Ohio, New York and Canada will share their experience, strength and hope beginning Friday at 8PM through Sunday at noon.

Chautauqua Institute is the place to unwind from your everyday activities, cares and woes and share your happy sobering experiences with other recovered alcoholics and families. Al-anon and Ala-teen programs are available Saturday morning.

For added enjoyment, Don Williams, Tammy Wynett (Friday) Ray Charles (Saturday) are performing at the Amphitheater.

There are many reasonable accommodations on the Institute grounds listed on the back of the flyer plus many eating establishments.

Flyer - Registrations available at the Buffalo Central Office.

1992 - New York State Chairman
Jack E. - Southgate Group

PLEASE NOTE

SHARING & CARING - THURSDAY - 8:00PM -
80 GOODRICH needs support.

FREEDOM - SATURDAY - 8:30PM - St
Amelia's, 2999 Eggert Rd., is updating their membership list. Please let them know if you are or wish to be considered a member.

SEASONAL MEETINGS

MY MEETING IN THE PARK - SUNDAY -
CAZENOVA PARK, CASINO AREA- 6PM.

MARINA GROUP will resume meetings for the summer on Saturday, June 6 at 8:00 PM. Meeting site will again be at the pavilion in front of the Miss Buffalo Dock. Bring your own coffee and/ or refreshments.

SERENITY IN THE PARK - MONDAY - 7 PM
- DELAWARE PARK ROSE GARDEN (near the
casino) Remember to bring your own coffee or beverage.

MEETING CHANGES:

NEW ZION - TUESDAY - WILL NO
LONGER MEET!!!

DAILY COMMITMENT - MONDAY THRU SAT-
URDAY - 7:30AM - 1280 MAIN ST.

This group is to be known as the RISE & SHINE group.

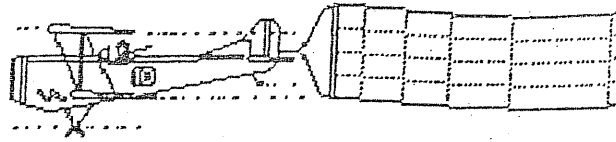
WE HAVE A DREAM GROUP - WEDNESDAY -
will be now known as the VARYSEURG
GROUP.

CENTRAL COMMITTEE MEETING

SUNDAYS - September 6 and
October 4, 7:00 PM. at 80
Goodrich Street behind Buffalo
General.

REMEMBER
Everyone Welcome.





(Continued from Page 3)

When my friend from Easter dinner saw the puppy there was instant love and all was right with the world, well...

The "poor" woman lives alone and has a beautiful home which has all but been destroyed. My friend will have to enroll in aerobic classes to keep up with the puppy and that first night the puppy decided at 5AM she needed to go out. Their stood my beautiful, sophisticated, madam secretary, quality sober - AA friend, in her night gown, slippers and umbrella, with her new puppy, in the pouring rain.

The love that this woman has given to the puppy and the joy received can not be described, at least by me. But, it is the same love that two sober AA drunks (and a puppy) have for each other. I guess it is the same love that a lot of AA drunks have. It is the love and gratitude I expressed to my God that night on my knees thanking him (and the saints) in his love for all of us. My AA friend playing with the puppy related to us that she was only being polite when I called that day and asked if she would be home, she actually had made an appointment to go to th dog pound (she had a name all picked out).

Later, she and then my sponsor, said I saved the puppy's life. Ne it may sound corny, especially if your're from Spanish Harlem, but God saved the puppy's life and mine, when he granted me the grace to be sober that day, that beautiful "Easter Day" when he arose in my heart. I received a little bonus, a little SERENITY.

WELCOME TO THE 13TH ANNUAL
NEW YORK A.A. INFORMATIONAL WORKSHOP
WE CARRY THE A.A. MESSAGE
DAEHEM COLLEGE, BUFFALO, N.Y.
AUGUST 7, 8, 9, 1992

AGENDA

FRIDAY, AUG. 7, 1992
4:00 P.M. REGISTRATION STARTS, WICK CENTER
5:00 P.M. COFFEE AND MEET OLD AND NEW FRIENDS 2ND FLOOR WICK CENTER
6:45 P.M. DINNER
8:00 P.M. DELEGATES PANEL AUDITORIUM
10:00 P.M. FREE TIME

SATURDAY, AUG. 8, 1992
8:00 A.M. BREAKFAST
8:45 A.M. WORKSHOP: COOPERATION WITH THE PROFESSIONAL COMMUNITY
10:30 A.M. BREAK
10:45 A.M. WORKSHOP: CORRECTIONAL FACILITIES COMMITTEE
12:30 A.M. BREAK
12:45 P.M. LUNCH
2:00 P.M. WORKSHOP: TREATMENT FACILITIES COMMITTEE
3:45 P.M. BREAK
4:00 P.M. WORKSHOP: PUBLIC INFORMATION COMMITTEE
5:45 P.M. BREAK
6:45 P.M. DINNER
8:00 P.M. KEYNOTE SPEAKER FROM G.S.O.
10:00 P.M. FREE TIME

SUNDAY, AUG. 9, 1992
8:00 A.M. BREAKFAST
8:45 A.M. WORKSHOP: THE A.A. GRAPEVINE
10:30 A.M. CLOSING SESSION AND WRAP UP
11:00 A.M. CHECK OUT AND KEY RETURN

DELEGATES PANEL WILL CONSIST OF ALL PAST AND PRESENT DELEGATES ATTENDING

WORKSHOPS WILL CONSIST OF 4 PANELIST'S FROM THE 4 AREAS

N.Y., CENTRAL, SOUTH EAST AND NW

<u>AMHERST/</u>		<u>FIRESIDE</u>	
<u>SNYDER</u>		Willie D.	27yr.
Frank L.	44yr.	Jackie W.	11yr.
Eliot L.	32yr.	John L.	9yr.
Larry K.	14yr.	Rayman N.	6yr.
Bernie A.	12yr.	Paul H.	6yr.
Chuck T.	8yr.	Ed M.	4yr.
Joan T.	8yr.	Anne M.	4yr.
Ed M.	8yr.	Pete W.	3yr.
Dodie B.	7yr.	Rob S.	3yr.
Frank A.	7yr.	Morgan M.	3yr.
Julie R.	6yr.	Jim S.	2yr.
Paul H.	6yr.	Danny K.	2yr.
Dave W.	6yr.	Frank R.	1yr.
James M.	5yr.	Jim F.	1yr.
Matt L.	5yr.	Ron D.	1yr.
Chris S.	5yr.	Toni R.G.	9mo.
Donna K.	5yr.	Bruce P.	6mo.
Dave S.	5yr.	Sandy B.	6mo.
Lisa N.	4yr.		
Brad B.	4yr.	<u>BIDWELL</u>	
Carl C.	3yr.	<u>(THURS.)</u>	
Randy W.	3yr.	Dolores R.	11yr.
Richard D.	2yr.	Tom C.	10yr.
John F.	2yr.	Clark W.	8yr.
Key G.	2yr.	Eutch T.	4yr.
Fancy p.	1yr.	Michael F.	4yr.
Mary S.	1yr.	Sharon H.	3yr.
Paul B.	1yr.	Norman M.	2yr.
Reg B.	9mo.	Larry C.	9mo.
Mathleen W.	9mo.		
En C.	9mo.	<u>COLD SPRING</u>	
Paul L.	6mo.	Otis B.	8yr.
Emberly Y.	3mo.	Barbara B.	6yr.
Edward K.	3mo.	Cathy T.	4yr.
Ttie G.	3mo.	Debbie J.	3yr.
		Steve H.	2yr.
		Tracey R.	1yr.
<u>DVEJOY</u>		Daryll U.	9mo.
arnie S.	20yr.	Clarence B.	9mo.
ckie J.	3yr.	Gloria F.	9mo.
o G.	3yr.	GwendolynH.	6mo.
ug P.	2yr.	Dennis O.	6mo.
o G.	2yr.	David W.	3mo.
eg N.	2yr.		
ott B.	1yr.		
ke C.	6mo.	<u>RISE AND</u>	
rry K.	3mo.	<u>SHINE</u>	
l C.	3mo.	Terry W.	2yr

TO BE INCLUDED IN THIS LISTING PLEASE MAIL IN ONLY THE CURRENT MONTHS ANNIVERSARIES

AA CENTRAL OFFICE

845 Ellicott Square Bldg
295 Main Street
Buffalo, New York 14203.

(716)853-0388

Executive Secretary - Delphine H.
Clerical - Mary Ellen S.

CENTRAL COMMITTEE

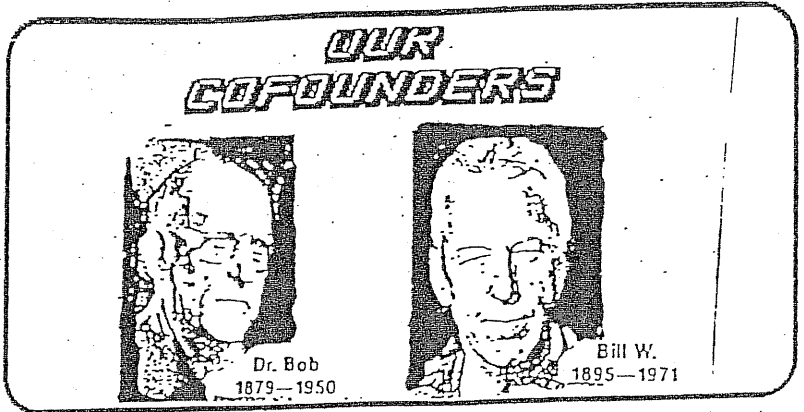
Chairman - Ralph P.
Recording Secretary - James W.
Financial Secretary - Larry E.

SUB-COMMITTEES OF THE CENTRAL COMMITTEE

Correctional Facilities - Toni H.
Treatment Facilities - Dave
Buffalo Fall Convention - Elizabeth G.
Screeners - Norma F.
New Frontiers - Larry E.
Editorial - Helen S.
Envelope System - Burr E.

STEERING COMMITTEE

District 1 - Central Buffalo:	Sandy H.
2 - Northwest Buffalo	Rosemary C.
3 - South Buffalo:	Shawn C.
4 - Southtowns:	John B.
5 - Northern Tier:	Jeff P.
6 - Southern Tier:	Mike E.
7 - Northeast Buffalo:	Kevin C.
8 - Eastern Tier:	Bill M.

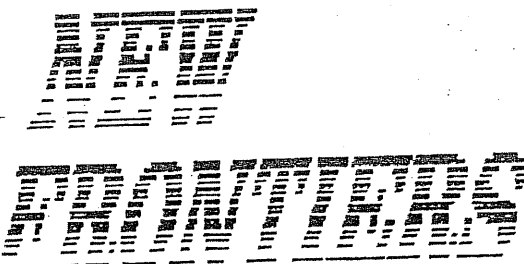


Central Committee meets on the first Sunday of every month at 7:00 PM at the COMMUNITY HEALTH CENTER, 80 Goodrich Street (behind Buffalo General Hospital).
OPEN TO ALL AA MEMBERS.

AA MEMBERS are encouraged to share the fellowship by volunteering for any of these committees. Call the Central Office at 853-0388.

REMEMBER: WE ARE RESPONSIBLE.

WESTERN NEW YORK GENERAL SERVICE meets Sundays of February, March, May, June, August, September, October and November. For place of meeting refer to meeting schedule.
EVERYONE IS WELCOME TO ATTEND THE GSA MEETINGS.



The NEW FRONTIERS is your AA newsletter. Our purpose is to present personal stories and subjects directly related to the recovery from alcoholism. For inclusion in the next issue, material must reach the Central Office by August 15th for inclusion in the September issue. Your artwork, poems, articles etc. are also welcome.
NEXT MONTH'S THEME : "Simplicity"

The NEW FRONTIERS will be mailed to you monthly for a yearly cost of \$7.00. To subscribe EITHER 1) call the Central Office at 853-0388 OR 2) fill out this form (please print). Make checks or money orders payable in American funds to Alcoholics Anonymous and send to the Central Office.:

/o NEW FRONTIERS
45 Ellicott Square Bldg.
95 Main Street
Buffalo, NY 14203-2412.

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

CENTRAL COMMITTEE

AUGUST 2, 1992

The meeting was opened at 7:00 pm with a moment of silence, followed by the Serenity Prayer. The Pre-ambule, Purpose of the Central Committee, and the Twelve Traditions were read. It was moved by Bernie A. and seconded by Carol R. to dispense with the reading of minutes from last months meeting.

54 GROUPS WERE REPRESENTED:

DISTRICT #1 - Beginning In Sobriety II, Bidwell, Community Center, Delaware Discussion, Happy Hour, New Westside, Positively Sober, Rush Hall, Sunday Nitters, Sunrise Court.
DISTRICT #2 - Chevy #1, Feelings, Liberty Womens, Serenity, Why.
DISTRICT #3 - Casting, Cazenovia, Ellicott, Father Baker, Gardenville, Honest Desire, Inner City, Iron Horse, Lovejoy, Pass It On, Powerless, Rainbow, Ridge, Seneca 12&12, South Gate, Tues. Womens Disc., Urban, W. Seneca Sat. Nite.
DISTRICT #4 - Action, Amsdell Lake Shore.
DISTRICT #5 -Grand, Twin Cities, We Admitted.
DISTRICT #6 - Blissfully Sober, North Java-Sunday, North Java-Monday.
DISTRICT #7 - Amherst Snyder, Beginnings, Cold Springs, Handicappers Sat. Night, Honesty, North Buffalo.
DISTRICT #8 - Fireside, Inspiration, New Life, Sun. Morn. Bkfst., T.G.I.F., T'n'T, Williamsville.

COMMITTEE REPORTS:

ENVELOPE SYSTEM - Burr E.

	1991	1992	CHANGE	% OF CHG.
JULY RECEIPTS -	\$691.58	\$613.00	-\$78.58	-11.36%
YEAR TO DATE -	\$4603.58	\$4279.58	-\$324.00	-7.03%

STEERING COMMITTEE MINUTES - 7/28/92 - Kevin C.

The meeting was opened with the Serenity Prayer. The minutes were read and a motion to accept them was made and seconded. Motion carried. OLD BUSINESS: None. NEW BUSINESS: Rosemarie C. was nominated and approved to represent District #2 at Steering Committee and that motion was sent on to the Central Committee for approval.. The meeting adjourned with the Lord's Prayer.

FINANCIAL REPORT - Larry B. (see attached)

CORRECTIONAL FACILITIES - Toni H..

All meetings running smoothly. Tom Mc. is encouraging the reading of the Big Book at Wende and continues to be faithful in attending the Correctional Facility A.A. meetings.

SCREENERS - Marcia W.

443 calls in, 128 calls in search. Calls in reference to:
1) Meetings. 2) Detox availability. 3) Treatment Centers. 4) Just talk. 5) Friend has "problem."

NEW FRONTIERS - Larry B.

I am still looking for someone to take over this very important job. So far there has been only one person to come forward and express an interest.

BUFFALO FALL CONVENTION - Elizabeth G.

We had our meeting July 25. We have our tickets, so you can start getting your tables. The program is almost complete. Please send in your donations for the hospitality room as soon as possible. Otherwise, everything else is going fine.

COURTESY REPORTS:

G.S.A. - General Services Assembly - Marcia W.

1. The State Convention held in Albany was an experience to be had. It was wonderful! 2. The next meeting will be hosted by North Java Group and will be August 23. It will be a full Assembly.

P.I.C. - Public Information Committee - John L.

Radio PIC at WYRK, from 1:00PM to 1:30PM on July 12, 1992. Sent one speaker, talked about the 11th Tradition. Asked a lot of general questions on Alcoholics Anonymous and on alcoholism and on the 11th Tradition.

C.P.C. - Co-Operation w/ Professional Community - Mike B.

Concern was expressed about Treatment Facility clients showing up at certain meetings. If anyone has problems or concerns in this area, please call, Mike B. 492-2808.

RE - CAP

C.P.C. - Group representatives expressed a varied concern over the handling of Rehabilitation Clients at our meetings. Comments ranged from, don't tell people they can't come, more co-ordination is needed, read information pamphlet, busses blowing their horns outside so clients have to rush out, review of the 6th Tradition, and a thanks for all the input.

OLD BUSINESS

Bernie A. gave an overview of the coming 13th. Annual N.Y.S.G .S.A. Information Workshop. Treatment Facilities made the decision to allow 9 members to go the workshop instead of just one individual.

A vote was taken on Rosemarie C. to be District #2 representative to Steering Committee, the vote was unanimous.

Having no further business to attend to, Tom M. made a motion to adjourn and was seconded by Bernie A.. The meeting ended at 7:48 pm with the Lord's Prayer. Respectfully submitted by James Woodhead, Recording Secretary, Central Committee.

GROUP			Cazenovia			Frontier		
1st Step			Central Park		25.00	Gah Nee Goin Geh		
1st Things 1st		60.00	Changing Times			Gardenville		50.00
6th Step			Chapter IX	10.00	85.00	Gay, Lesbian, Sober & Proud		
11th Step			Cheektowaga			Giving		
A Day At A Time	120.00	180.00	Chevy #1			Golden Slipper		471.25
A Helping Hand	20.00	80.00	Clarence Men's Disc I		350.00	Good Life		
Abbott Mens Disc		50.00	Clarence Men's Disc II			Grand		
Acceptance		160.00	Cold Springs		50.00	Grand II Joy Of Living		
Achievement		240.00				Grateful		
Action		175.00	Common Problem	100.00	100.00	H.A.N.D.		240.00
Age Doesn't Matter			Community Center			H.O.W.	5.00	55.00
Albion			Cornplanters Again	85.00	349.75	Half & Half		15.00
Alexander		50.00	Courage		25.00	Hamburg		
All Women			Rise & Shine		20.00	Hamburg Big Book		
Amherst Snyder	50.00	400.00	Delaware Discussion	89.00	387.75	Handicappers Sat. Nite		100.00
Amherst Tree of	50.00	110.00	Derby	50.00	265.00	Happy Hour		50.00
Amsdell Lakeshore		20.00	Desire		315.00	Harmony	5.00	63.25
Any Age			DeVeaux Discussion	20.00	20.00	High Noon (Gay)		
Arcade			Downtown Discussion			High View		
As Bill Sees It		15.00	Downtown Men's Disc			Hill Billy	100.00	230.00
Attitude Adjustment			Dunkirk			Honest Desire		
Attraction	100.00	450.00	Early Beginnings			Honesty	30.00	240.00
Awakening			Early Bird		60.00	Humbly Willing		
Beginner's Table			Early Start			Ignatia		25.00
Beginning in Sobri	15.00	15.00	East Amherst		100.00	Inner City		
Beginning in Sobriety II			East Aurora	40.00	320.00	Inspiration		5.25
Beginnings		102.00	East Side			Iron Horse	20.00	120.00
Better Days			Easy Does It			IT		20.00
Bidwell	30.00	340.00	Eden-North Collins		180.00	It's About Time		25.00
Bidwell Monday Disc			Ellicott	25.00	175.00	Just for Today		42.00
Big Book			Ellicottville			Keep It Simple, Sister		10.00
Big Book-Lockport			Emergency	50.00	50.00	Keep on Comin'		80.00
Big Book Study			Eternal Vigilance		250.00	Kenmore		
Blasdell			Everybody's			Kensington Disc	50.00	125.00
Blasdell Monday Nite			Eye Opener		540.00	Ladies Night		
Blissfully Sober			Faith and Actions			Lakeshore	20.00	120.00
Boulevard Women's		60.00	Father Baker		400.00	Lakeview		90.00
Brass		40.00	Feelings			Let Go & Let God		40.00
Broadway-Bailey			Fireside	105.00	1455.00	Lew-port		
Brocton Discussio	50.00	50.00	Fireside P.M.			Liberty Women's	158.00	416.00
But/Grace of God		43.95	Ford			Life Today		25.00
			Fredonia Bkft. Mtg			Lighten Up		160.00
By The Book-Buffalo		10.00	Fredonia Discussion		60.00	Live and Let Live (Gay)		
Came To Believe	25.00	78.55	Freedom	25.00	200.00	Living Sober	35.00	280.00
Campus-Buff State			Fresh Start			Lock City		75.00
Casting		50.00	Friday Nite Discussion			Lockport #1		255.00
Cathedral Park	25.00	160.77	Friendly		155.00	Lockport Discussion		
Caz Manor		200.00	Friendship Fireside			Lockport Ladies		

Lockview		200.00	Rush Hall		30.00	The Way		
Lovejoy			Rush Hour	5.00	30.00	Thruway	300.00	1800.00
Lower River			S.S. Sobriety	25.00	25.00	Thursday Afternoon Disc	75.00	275.00
Marilla		75.00	Salamanca			Today		
Matt Talbot	25.00	200.00	Salamanca Freedom			Tri-County		112.50
Mc Kinley Winners			Sally			Tuesday Men's Disc	40.00	40.00
Medina New Life			Salvation Army			Tuesday Women's Disc.		40.00
Mercy			Saratoga			Turning Point		
Mid-day			Saturday Earlybird			Twin Cities		250.00
Midnite			Saturday Night Disc.		60.00	United Brotherhood		
Miracle			Saturday Night Alive			Unity	60.00	210.00
MOD			Saturday Nite Live			University	160.00	1280.00
Morning After	5.00	40.00	Searching for Serenity		95.00	Urban	30.00	90.00
Never Too Late			Second Chance			V.I.P.		20.00
New Awakening			Security			V.I.P. Sunday		
New Beginnings			Seneca 12 & 12		15.00	Valley		
New Freedom			Serendipity			Veterans		
New Frontier			Serenity	60.00	240.00	Victory		
New Frontier Womens			Sharing and Caring		5.00	We Admitted	5.00	40.00
New Life	10.00	95.00	Sheridan	30.00	270.00	We Are Not Saints		
New Westside			Silver Creek Friendship		100.00	We Care	30.00	180.00
New Zion	300.00	300.00	Sober Trail			We Choose Life		
Niagara Frontier Men's		25.00	Sober Winners			Varysburg	11.00	11.00
Nite People			Sobriety Men's Disc		25.00	We Need You		
North Buffalo	100.00	800.00	Somerset			Welcome		75.00
North Java		50.00	South Buffalo		70.00	Welcome Home		
One Day at a Time(ODAT)			South Town		20.00	West Seneca Sat. Nite		
Open Arms			Southgate		26.00	Westfield		
Open Mind		60.00	Southwestern		95.00	Westminster		
Opportunity			Spirit of H.O.P.E.		10.00	WHY		125.00
Orchard Park Step			Springville		120.00	Williamsville		250.00
Pass It On		10.00	Springville-no smoking			Willing To Grow		25.00
Patchin			St. Barnabas	60.00	120.00	Wilson		
Pendleton-Chapter V		100.00	St. Mark's	60.00	190.00	Women's Westside Disc.		
Perry		15.00	Stay Clean		10.00	Working		
Positively Living I			Steel City			You'll Never Walk Alone		
Positively Living II			Step					
Positively Living III			Stepping Stones			Youngstown		
Primary Purpose			Suburban	30.00	110.00	Youth Gone Wild		
Progress		100.00	Sunday Morning Bkft.		50.00	Friday Noon Meeting		25.00
Purpose			Sunday Niters	20.00	160.00			22207.00
R.I.P.			Sunday Third					
Rainbow	22.00	57.00	Sunrise Court					
Ray of Hope		200.00	SUNY-Arnherst Campus		60.00	55 Groups contributed		3030.00
Remember When		100.00	Survivors			Last month accum.contr.		19177.00
Renaissance I	50.00	100.00	Swinging Door			Accumulated total		22207.00
Renaissance II			T'nT		20.00			
Renewal		100.00	TGIF		110.00			
Ridge	10.00	40.00	Thankful		120.00	AUGUST 1992		

Correctional Facilities Financial Statement-*464-185-4 July 25, 1992 - August 25, 1992

	This month		Accum. Totals
Achievement			25.00
Action			50.00
Arnherst Snyder	15.00		105.00
Beginnings			99.00
Bidwell (Thursday)			25.00
Chapter IX	10.00		85.00
Chevy #1			60.00
Clarence Men's Disc. I			25.00
Clarence Men's Disc. II			50.00
Common Problem			30.00
Cornplanters Again			65.00
Courage			25.00
Delaware Disc.			60.00
Downtown Men's			20.00
Eternal Vigilance			50.00
Father Baker			100.00
H.A.N.D.			25.00
Happy Hour			50.00
High View			15.00
Hill Billy	20.00		45.00
Honesty	10.00		80.00
Iron Horse	20.00		120.00
Just for Today			5.00
Lake Shore	20.00		170.00
Lockport #1			30.00
Morning After	5.00		30.00
New Life	5.00		35.00
North Buffalo	25.00		200.00
North Java			50.00
Pass It On			5.00
Rainbow			47.00
Renewal			100.00
Seneca 12 & 12			15.00
Sheridan	10.00		90.00
Sobriety			12.50
South Buffalo			50.00
Spirit of Hope			5.00
Step			20.00
Sunday Morning Breakfast			50.00
Sunday Niters			75.00
TGIF			10.00
Thruway	20.00		60.00
Tri-County			25.00
Twin Cities			100.00
Tuesday Women's			10.00
Urban	20.00		40.00
We Admitted	5.00		30.00
We Care	10.00		60.00
West Seneca Sat Nite	50.00		50.00
WHY			50.00
Williamsville			40.00
Willing to Grow			15.00
Anonymous			50.00
	245.00		2738.50
Expenses		Check No.	Amount
AA Central Office-literature-Wende		1043	450.00
AA Central Office-literature-Attica		1044	245.00
RECAP			695.00
Balance per checkbook 8/25/92		590.42	
Add receipts 7/25/92 - 8/25/92		245.00	835.42
Deduct expenses 7/25/92 - 8/25/92			-695.00
Balance per checkbook 8/25/92			140.42
Operating debit for 8/25/92	(450.00)		

Treatment Center Account - Financial Statement 602-089-5 July 25, 1992 - August 25, 1992

	This Month	Accum. Totals
Amherst Snyder		35.00
Beginnings		99.00
Chapter IX		10.00
Clarence Men's Disc. II		50.00
Cornplanters Again	***	65.00
Courage		25.00
Delaware Disc		60.00
Early Bird		20.00
East Aurora	10.00	80.00
Eternal Vigilance		50.00
Fireside	25.00	175.00
Ford		30.00
Happy Hour		50.00
Hill Billy	20.00	45.00
H.O.W.	5.00	55.00
Lake Shore	20.00	120.00
Lockport #1		30.00
New Zion	200.00	200.00
North Buffalo	25.00	200.00
Pass It On		5.00
Rainbow		30.00
Renewal		50.00
Seneca 12 & 12		15.00
Sobriety		12.50
South Buffalo		50.00
Spirit of Hope		5.00
Sunday Niters	10.00	40.00
Twin Cities		30.00
University	25.00	200.00
We Care	20.00	120.00
WHY		50.00
Williamsville		40.00
	360.00	2046.50
Expenses		
AA Central Office - Literature - ECMC		Check No. 209 Amount 199.10
RECAP		
Balance per checkbook 7/25/92		899.01
Add receipts 7/25/92 - 8/25/92		360.00
Deduct expenses 7/25/92 - 8/25/92		-199.10
Balance per checkbook 8/25/92		1059.91
Operating credit for 8/25/92	160.90	

Central Committee Acct-Financial Statement #504-771-7 July 25, 1992 - August 25, 1992

55 Groups contributed				3030.00
Joint Meeting (expenses-11.02)				31.16
New Frontiers Subscription				35.00
Envelope System				446.00
Literature				2593.25
Miscellaneous:				
		Total receipts		6135.41
DISBURSEMENTS				
	#10 Ellicott Sq Ct Corp - rent			542.00
	Community Mental Health Ctr - CC Meeting			35.00
	Office Warehouse - paper supplies			215.83
	David F. Williamson, Co. Inc. - fax			25.00
	The Buffalo News			294.00
	AA World Services, Inc. - literature			1542.00
	Happy Spring Water			13.50
	M & T Bank - Federal Withhold. Tax			507.10
	AA World Services, Inc - books			120.00
	New York Telephone			175.83
	The Message Connection			170.23
	Image Office Equipment, Inc - Postage and handling prepaid supp			3.90
	AA World Services, Inc - Box 459 Subscriptions			36.00
	AA World Services, Inc - Literature			1343.00
	Salaries - Central Office			1358.72
	Petty cash			50.00
	Bank Charge			49.79
		Total disbursements		6481.90
Balance per checkbook 7/25/92		2715.34		
Add receipts 7/25/92 - 8/25/92		6135.41		8850.75
Deduct expenses 7/25/92 - 8/25/92				-6481.90
Balance per checkbook 8/25/92				2368.85
Operating debit for 8/25/92 (346.49)				
	M & T Time Deposit		9495.45	
	M&T Money Market		12888.24	
	M&T Checking Accounts		2368.85	
	Total Monetary Assets		24752.54	
	Projected Prudent Reserve		-36000.00	
	Reserve debit		(11247.46)	

STEERING COMMITTEE MINUTES 8/29/92 Delphine H.

Bill M. opened the meeting at 6:10PM with the Serenity Prayer. Others present were Delphine H., Sandra H., Mike B., Kevin C., Mary Ellen S., Shawn C. and Rosemarie C. The minutes, bulletin, and the newsletter were scrutinized along with the notices included in the October mailing.

It was immediately noticed that on the sheet listing the offices that will need nominees for 1993 the Chairman position should not have been included as the present individual who took over when Jack C. resigned will continue as Chairman fulfilling his own term leaving the nomination for Co-chairperson only.

There was a discussion on whether or not we sell literature to entities outside of the AA groups and how they may display it. Conference approved literature is sold to anyone at their request. As to how it is to be displayed, we cannot dictate, unless a rack from World Service is used to display the pamphlets. If the organization wants to include non-AA literature in the rack, the logo or the racks to be removed. The point was brought up about the importance of the protection of our trademark so that we may say "without question" anything bearing the Triangle in the Circle is AA Conference Approved Material.

It was brought up at the last Central Committee meeting that the Groups at 291 Elm were conducted more like NA meetings, e.g. pins are given out for "clean time". This resulted in a lengthy discussion as to how it is determined that a Group is truly an AA group and is there-by put into our schedule. There was a motion made to the effect that the Steering Committee will draft a letter to be sent with the form Central Office mails out to each prospective new group. The motion was tabled till the Committee reviews the form along with the revised pamphlet "The Group", guidelines and such and come to the next Steering Committee with more informed methods of approaching this situation.

Individual members were designated to go to various meetings in facilities where there is questionable adherence to traditions, as those brought to our attention at 291 Elm. Mike B. felt that much of this should also include CPC. A discussion ensued with no concrete results.

We had no representation at the Fall Convention meeting. Representative, however, Pat T did phone in that the Fall Convention Committee will be meeting every Saturday at the Hyatt ever Saturday at 4 PM till the Convention Weekend. It was reported that little better than \$2000 has been collected for hospitality.

There was an inquiry by one of the members about the activity listed in our bulletin for October 19th. It was explained that a Conference for Mental Health workers from NYS was being held and an AA member from one of our groups was conducting this meeting and sent in the announcement. A motion was made to only put in events for which a group is directly responsible. Delphine informed the Committee that this motion was unnecessary. Central Committee had put this into policy and that the announcement should not have been in the bulletin which was an oversight on her part.

Having just come back from The 7th Annual Seminar for Central Office/ergroup/AAWS, Delphine wanted to make note that this is not a policy making event but an exchange of idea through Workshop and as many of us find much more is discussed during coffeebreak time. A full report will be available at the end of the month.

Mary Ellen S., the new "New Frontiers", editor, was in attendance to be made welcome in her appointment. Being asked what she planned to do with the paper, she remarked she would follow the basic format of the previous editors till the year's end, mainly seeking to inspire more individuals and groups to participate by submitting articles and also the encouragement of more paid subscriptions.

