

# NEW FRONTIERS

August 2005

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER  
We request that this newsletter be kept within the Fellowship to insure anonymity.

## **DID YOU MISS THE EXPERIENCE?!!!!**

Friday night of the international convention in Toronto, my first international convention, was, what is known as "the flag ceremony". I was over whelmed with gratitude and awe for my creator. As they reviewed our humble beginnings, Bill and Bob meeting at the gate house, one alcoholic to another, sharing a message of hope and recovery, to form a group here and a group there, one alcoholic to another, carrying the message, a message so powerful it spread across this county, one alcoholic to another it continued to spread, carrying a message of hope, one country, to the next, one alcoholic to another, around the globe. One by one, each country AA has reached was represented and brought out their flag. Countries of all races, all religions, and all political structures. I had a sense of awe and wonder to see and feel the impact of one alcoholic to another and another...!!! I thank God that his grace brought that same message of hope and recovery to myself.

The convention had 44,000 pre-register participants, but as I look around the stadium, there has to be about 60,000 people- the power, the energy!! That same message of hope and recovery- your story and mine, was shared by 3 speakers. Just when I thought it was over, Judy C., came out and sang "Amazing Grace", joined by all in the stadium. Imagine that many people singing and crying together. What an experience.!!!

This was just one night there was so much more going on over the weekend. So much to experience. I learned in AA how to be a member of my home group, then my family, into my community, my country, and out into the world.

Terry B. ~ Lakeshore Group

## Did you thank God Today?

As I sit here, the coffee pot is perking, the literature is out, and the meeting starts almost an hour from now. I wonder how many will show up on the Fourth of July weekend.

I glance through my secretary's book to check anniversary dates and the August page shows Sid R. - 29 years. My dear Sid went to a new life last November, He was my first "Real" sponsor. I kidded him about never becoming an oldtimer because his sobriety date was my 30<sup>th</sup> birthday.

I choose Sid partly because he was an ordained minister in my denomination and I thought I'd get Jesus with the 12 steps. ON NO!! Not with Sid, church was church and AA was AA. Three months after my last drink, he basically told me to do a 4<sup>th</sup> step, or else. My 5<sup>th</sup> step was not in a quiet serene place as I had hoped. We sat in a booth by a plate glass window in the old Your Host on Ontario St. I felt as if the whole world was piercing me with their eyes of judgment - and surprise! (We got around to my EGO eventually.)

Like all good sponsors I've heard about, Sid laughed at some of the things I was worried about most.

We had many wonderful talks through the years after that, before his health got bad. He did approve of my 2<sup>nd</sup> sponsor (Paul V.), but still wouldn't mix AA and religious dogma. Thanks God. He did, so often, stress the last part of the 12<sup>th</sup> Step "Practice these principles in all our affairs", and I've stressed that need to others ever since.

I sit here, waiting for my beloved group 'x' to start, and I thank God for Sid and my present sponsor, Paul V. I thank God for being trusted enough to have the key to this place and others through out the years. I thank God when I give my phone number to a newcomer and the phone rings and the numbers I can call when I need to.

Last winter, for the first time in many years, I was thinking about ending my life. Dale U., who just recently celebrated 1 year, told me to take my own advice and do a 4<sup>th</sup> step about that problem and the other person involved. I did a 5<sup>th</sup> step with him a few days later and I've gotten steadier and stronger ever since.

Thank you God, for giving me Rev. Sidney Robinson, Paul V., Dale U., and the many who have shown me what to do and what NOT to do to stay sober.

Hey the coffee is ready!! Thank God!

Lots of love,

Eddie L.

## Coffee, Conventions and Cost: The AA – Al-Anon Way:

*We are responsible and self-supporting through our own contributions.*

What makes an AA - Al-Anon convention great? One member said, "It's just a darned good AA meeting blown up – BIG! It's fellowship, laughter, sharing, warmth and understanding in large size. It's where the "Language of the Heart" is spoken and, like a meeting, coffee is available to warm the body and awaken the mind.

In order to keep registration costs down so that more individuals will be able to afford the convention, this year's planning committee made a "group conscience" decision to charge for coffee. AA and Al-Anon members who choose to drink coffee at the convention will simply pay for the coffee they drink. In addition, there will be a way to donate for those who might not be able to afford coffee or registration.

Last year AA paid over \$6,000 for 3,400 cups of coffee served at the convention. The hotel does not provide coffee free of charge; it actually costs about \$1.75 a cup. However, we will charge only \$1 per cup or you may purchase six cups for \$5. The registration fee covers the difference between the actual cost (\$1.75) and what you will pay (\$1 a cup).

***Think about it: This is the AA way!*** We are responsible so that each event may be self-supporting through its own contributions. As individuals and a group, we will be responsible.

Donations from groups will be used to support the entire convention. Extra funds will be used to cover coffee expenses as well as other costs. We appreciate your support and look forward to seeing you in November.

## The Twelve Steps of the *Active* Alcoholic

1. I stated that I could hold my booze and was the master of my life.
2. Believed I was sane and rational in every respect.
3. Decided to run my own life and be successful in all my affairs.
4. Made a searching and thorough inventory of everyone and found them lacking.
5. Admitted to no one, especially God and myself, there was anything wrong with me.
6. Sought through alcohol to ignore my character flaws.
7. Stayed drunk to erase the possibility of shortcomings.
8. Made a list of all persons I thought had harmed me and vowed to get even.
9. On a daily basis, plotted revenge over many drinks.
10. Continued to find fault with the world and the people in it, and when convinced I was right, promptly and loudly admitted it.
11. Sought through lying cheating and stealing to improve myself, especially at the expense of others, asking only for the means to stay drunk.
12. After experiencing a complete collapse as a result of this kind of living, I tried to drag those who cared for me down as well and practice this reasoning in all my affairs.

*Akron InterGroup News March 2002*

**"It's not that we need AA so much when we are down and things are bad, but that we need AA more when things are good ... We get busy with our lives and forget why we have our lives back."**

*"E" Suffolk Intergroup Association Bulletin*

### *Heard at a meeting:*

After you've been sober for a while the lure of insanity begins to wear off.

My sponsor just told me I had to pray about my resentment so now I have two resentments to pray about.

Of course I believe in the hereafter! Why else do you think I was drinking myself to death.

Choice not chance determines destiny.  
(Jude C.)

If you can't do anything about it you know its God's will.

### **Rule 62**

Some people think alcoholism is a two-fold disease -- more and right now.

The three most dangerous words for an alcoholic -"I've been thinking"

Alcoholism doesn't come in bottles; it comes in people.

You're probably an alcoholic if: You think spilling beer is alcohol abuse

Alcoholic's are in a class by themselves. Everyone else has graduated.

**Step Eight** ~ Made a list of all persons we had harmed, and became willing to make amends to them all.

### *Carrying the Message*

#### **Belated amends**

*Grapevine* Volume 28 Issue 3 August 1971

The thing I have had to live with that has bugged me the most is the knowledge that I turned away from my beloved wife and children. No man in his right mind would have deliberately walked away from as wonderful and beautiful and lovable a woman as she. But I did. She did all in her power to hold that marriage together, but I got some crazy idea that she was against me, and I walked out--after I had had my last drink. When I realized what a fool mistake I had made, I was too ashamed to go to them and ask forgiveness.

This has been my own hell to live in all the years that I have been sober in AA. It has taken me fourteen and a half years of continuous sobriety to face the truth and take the last half of Step Eight and take Step Nine with those I love the most. Just recently, I contacted them and have endeavored to make those amends. At last, I am free from the guilt of having procrastinated in the most important thing I had to do. The rest is in the hands of the God of my understanding.

W. H. G. New Orleans, Louisiana

### *The Eighth Step*

#### **Around the Tables**

*Grapevine* Volume 34 Issue 5 October 1977

AROUND THE TABLES, I have, of late, participated in a succession of discussions centering on the Eighth Step. I regard this Step as the easiest but perhaps the most subtle in the program. It requires only that I make a list of people I have harmed and become willing to make amends to them all. Unlike Step Five, Eight does not require that I seek out a companion and unload it on him. It does not require searching my soul or being humble--only making a list and becoming willing. Step Nine requires some damn bold action, so it is very different from, though obviously dependent on, Step Eight.

The Eighth Step relates to people other than me. Unquestionably, it points outward and not inward. Many of us feel anger about this position and protest, "I didn't hurt anyone else but me. I figure I have to make amends to me." The phrasing may vary, but the idea is always the same: "make amends to me." Frankly, I think this is so much garbage. It's one of the "old ideas" the Big Book advises us to discard--namely, selfishness. If the founders had meant Eight and Nine to be directed at themselves, they would have so stated in plain English.

But here's an AA paradox: I have found, to my great joy, that if I work on Eight and Nine and keep the emphasis on my relationships with others, these Steps actually do bring about the ultimate amends to me--a happy, sober day-to-day life that brims over with gladness, happiness, good fortune, and all that I could wish for. It's far better to work on the Steps the way the Big Book and the "Twelve and Twelve" suggest than to risk losing this great life.

Anonymous

## Tradition Eight ~ Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.

Here are a couple selections from the *Grapevine* on tradition eight. Enjoy! . Editor

### Ham on Wry

Volume 45 Issue 7 December 1988

DID I REALLY HEAR THAT? From Gillette, Wyoming, Erwin O. heard this at a recent meeting on Tradition Eight: "Alcoholics Anonymous should remain forever nonprofessional, but our service centers may *enjoy* special workers."

From Terry K. of Tucson, Arizona, comes this gem: "*Animosity* is the spiritual foundation of all our Traditions. . ."

### PO Box 1980

Volume 39 Issue 4 September 1982

### Who's an amateur?

With regard to Tradition Eight--"Alcoholics Anonymous should remain forever nonprofessional . . ."--the opposite of professional is amateur. And the original meaning of amateur is one who does something for love. In this sense, I think most AAs are amateurs, doing what they do in AA out of love for the program and love for fellow alcoholics.

D. K. South Deerfield, Massachusetts

IN MEMORIAM  
Things We Can Not Change

Please remember in your prayers all the friends, family and members we have lost.

## Share your Experience, Strength and Hope.

Please submit your articles by the 12<sup>th</sup> for next months issue.

Buffalo Central Office  
681 SENECA STREET  
BUILDING 1-H (LOWER)  
Buffalo, New York 14210

or

E-Mail address: [buffalooa@hotmail.com](mailto:buffalooa@hotmail.com)

*New Frontiers* committee meets the 3<sup>rd</sup> Thursday of every month - 7:00pm - St Michaels, corner of Warsaw & Electric in Lackawanna.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

# AUGUST ANNIVERSARIES

**Alexander**  
Deanne Y. 17y

**Amherst Snyder**  
Ann Marie H. 3m  
Justin P. 6m  
Carl C. 6m  
Ann Marie C. 6m  
Liz M. 6m  
Joelle K. 9m  
Rachel W. 9m  
Steve K. 1y  
Russel G. 1y  
Kevin B. 1y  
Cindy M. 2y  
Danny G. 3y  
Steven R. 3y  
Sharon S. 3y  
Ernie C. 3y  
Gary S. 4y  
Pam K. 4y  
Donna M. 4y  
Tim K. 6y  
Carolyn D. 8y  
Mary E. 13y  
Mickey G. 15y  
Lynn L. 16y  
John L. 22y  
Tom C. 23y  
Ron E. 33y  
Eliot L. 45y

**Big Book**  
Zanette B. 1y

**Coldsprings**  
Vernon A. 6m  
Teresa 9y  
Thornie H 12y  
Dorothy M. 13y  
Carmen S. 15y

**Courage**  
John W. 6m  
Marge B. 16y  
Patricia N. 35y

**Fresh Start**  
Lauri A. 6m  
Tina C. 5y

**Fireside**  
Connie M. 7y  
Grgg C. 10y  
Pete W. 16y

**Giving**  
Terry H. 6m  
James T. 6m  
Eric Mc 6m  
Charley A. 6m  
Randy B. 10y  
Jeanie A. 30y

**Holland**  
Cheryl M. 2y  
John O. 16y

**Ironhorse**  
Lisa G. 3m  
Mickey W. 6y  
Molly B. 11y  
Rich T. 12y  
Frank M. 18y  
Kate K. 23y

**Kenmore**  
Tom C. 1y  
Justin W. 1y  
Bob J. 2y  
Jeff W. 2y  
Duke K. 3y  
Jonathan N. 6y  
Karen G. 10y  
Lucky W. 29y  
John S. 35y

**Lakeshore**  
Kathie M. 1y

**Living Sober**  
Keith S. 3y  
Bob G. 7y  
Will M. 13y

**Lockport #1**  
Robin W. 3y  
Bill W. 26y  
Sandy S. 28y

**Lockport Ladies**  
Janis B. 7y

**Lovejoy**  
Dave K. 9m  
Dave M. 2y  
Dave P. 9y  
Rita K. 13y

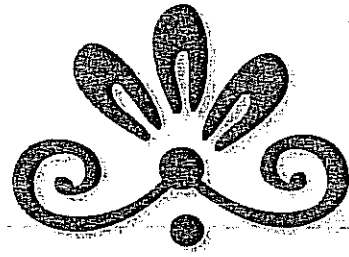
**North Buffalo**  
Lisa Jo S. 2y  
Barbara S. 3y  
Bob H. 7y  
Lisa G. 11y  
Lisa Y. 14y  
Kathy T. 15y  
Chuck B. 16y  
Kevin C. 22y

**Rise & Shine**  
Lois W. 9m  
V. Michael 9m  
Gayle C. 9m  
Andre G. 9m  
Catrina 1y  
Allen E. 2y  
Kim S. 2y  
Colleen D. 2y  
Thomas D. 3y  
Kathy G. 6y  
Colleen K. 6y  
Victor V. 9y  
Randy B. 9y  
Teresa L. 9y  
Michael A. 11y  
Chris M. 14y  
Terry W. 15y

**Thruway**  
**Becky S.** 1y  
Robin D. 12y  
Elizabeth B. 20y  
Don M. 25y  
Lee R. 25y  
Dave B. 27y  
Bernie S. 33y

**Sun. Morning Br.**  
Gene K. 8y

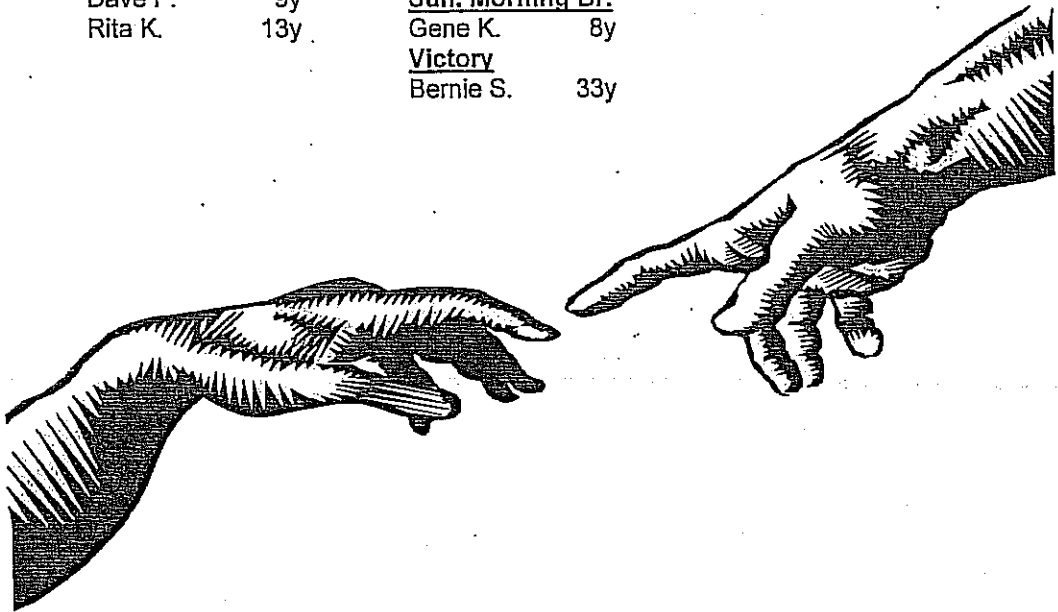
**Victory**  
Bernie S. 33y


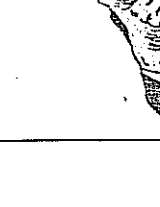
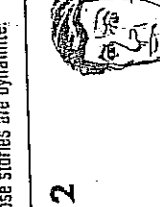


## Group Anniversaries

Age Doesn't Matter  
Anybody's  
As Bill Sees It  
Big Book-Lockport  
Community Center  
Derby  
Grand  
Lockport Ladies  
St. Barnabas  
Sober and Proud  
Sunday Morning Br.  
We Care  
Youngstown

N. F. Policy:  
*Anniversaries must  
be submitted by  
the 12th*  
of the  
month previous



sunday	monday	tuesday	wednesday	thursday	friday	saturday																					
<p><b>1</b></p> <p>"We must be entirely honest with somebody..." —The Big Book, p. 73</p>	<p><b>2</b></p> <p>1943: <i>Washington Times Herald</i>, D.C., reports on AA clubhouse but withholds an address to protect members' anonymity.</p>	<p><b>3</b></p> <p>*Aug. 1939: Dr. Silkworth and 5 other doctors attend AA meeting at Bob and Meg V.'s home in Montclair, N.J.</p>	<p><b>4</b></p> <p>• If only... • Yes but... two excuses to get drunk again.</p>	<p><b>5</b></p> <p>*Aug 1940: <i>Christian Herald</i> reviews The Big Book. "There is a book on alcohol you should read...The unnamed alcoholics write their own stories, and those stories are dynamic."</p>	<p><b>6</b></p>  <p>"Slips" are NOT part of the AA program</p>	<p><b>7</b></p> <p><u>Central Committee Meeting</u>, 7 pm, <u>Corrections Committee Meeting</u>, 6:00 PM, Buffalo Central Office</p> <p><u>Tri County Annual Picnic</u>- 10:00 AM. Located at the Firemen's Park on Sandhill Rd. (Rt. 62)</p>	<p><b>8</b></p> <p>1879: Dr. Bob, AA's Co-founder, is born in St. Johnsburv, VT.</p>	<p><b>9</b></p> <p>1943: <i>LA Times</i> reports an AA picnic at Sycamore Grove on Aug. 8 with 400 Southern California AA's attending.</p>	<p><b>10</b></p>  <p>1954: Brinkley S. gets sober at Towns Hospital after his 50th detox.</p>	<p><b>11</b></p> <p>1938: 1st meeting of the Alcoholics Foundation.</p>	<p><b>12</b></p>  <p>1938: 1st meeting of the Alcoholics Foundation.</p>	<p><b>13</b></p> <p><u>Fresh Start 1<sup>st</sup> Annual Barbeque</u> at LaSalle Park (The Waterfront), Shelter #2 &amp; 3, 11:00AM</p> <p>One drink is too many and a million ain't enough.</p>	<p><b>14</b></p> <p><u>General Service Assembly</u>, 1 PM., 511 Club, JAMESTOWN, 511 E. 2<sup>nd</sup> Street.</p> <p>*Aug. 1941: Bill W. writes Dr. Bob to report Works Pub. Co. has been incorporated.</p>	<p><b>15</b></p> <p><u>Treatment Facilities Committee</u>, 6 PM, Buffalo Central Office</p> <p>1890: <i>Washington Post</i>, addition of <u>the Disease Concept of Alcoholism</u> and a great AA friend is born.</p>	<p><b>16</b></p> <p>1939: Dr. Bob and Sr. Ignatia admit the just of over 5,000 drunk the day will treat at St. Thomas Hospital in Akron, Ohio, over the next 10 years.</p>	<p><b>17</b></p> <p>1964: 64th Buffalo Fall Convention Meeting, 7:00 PM @ Holy Trinity Lutheran Church, 1080 Main Street, Buffalo</p> <p><u>New Frontiers Committee</u>, 7:00 PM, St. Michaels Parish Center, Electric And Warsaw, Lackawanna</p>	<p><b>19</b></p> <p>1941: First AA meeting in Colorado is held in Denver.</p>	<p><b>20</b></p> <p>How does AA work? H- Honesty O- Open mindedness W- Willingness</p>	<p><b>21</b></p> <p>1941: <i>LA Daily News</i> reports on an AA picnic held at Griffith Park Zoo. AA's saw some "real" elephants.</p>	<p><b>22</b></p> <p>"We are without defense against the first drink" —The Big Book, p. 24</p>	<p><b>23</b></p> <p>*Aug. 1949: Int'l. Doctors in AA is founded in Clayton, NY, with 10 doctors, including 3 Canadians.</p>	<p><b>24</b></p> <p>1949: <i>Quincy Patriot</i>, MA, reports donation of an AA Big Book to local library by South Shore AA group.</p>	<p><b>25</b></p> <p>24 hours a day is not the rest of our lives. Let's keep them manageable by putting them in the hands of our Higher Power, one day at a time.</p>	<p><b>26</b></p> <p>24 hours a day is not the rest of our lives. Let's keep them manageable by putting them in the hands of our Higher Power, one day at a time.</p>	<p><b>27</b></p> <p><u>Archives Committee Meeting</u>, 9 am, Buffalo Central Office</p> <p><u>Lackport Ladies Anniversary Meeting</u>, 10:00 AM, United Church of Christ, 98 East Ave, Lackport.</p>	<p><b>28</b></p> <p>1954: <i>24 Hours a Day</i> is published by Richmond W.</p>	<p><b>30</b></p> <p>Aug. 1934: Eby I, Bill W.'s school buddy and sponsor, sobers up in the Oxford Group and visits Bill.</p> <p><b>31</b></p> <p>**1966: Dr. Harry Tiebout dies. He was the first psychiatrist to support AA.</p> <p><b>Buffalo Central Office</b> 681 Seneca Street Lower Buffalo, New York 14210 (716) 853-0388</p>

\* OCCURRED SOME TIME DURING THE MONTH \*\* OCCURRED SOME TIME DURING THE YEAR



*BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
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Schedule on line at ny-aa.org*

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BUFFALO, NEW YORK 14210  
Fax: 853-0389*

*buffalooa@hotmail.com*

## **AUGUST 2005**

### **MEETING CHANGES:**

Western New York Young People in AA, (WNYYPAA) Holy Cross Church- COTTAGE,  
Niagara St. @ Maryland St. Buffalo, Open Meeting FRIDAYS 8PM

Time Change, Tri- Step Beginner's in Dunkirk, Tuesday's will now start at 8:00PM.

**NEW LOCATION; DESIRE GROUP**, Saturday's at 1:00 PM in Hamburg, now meets at  
Hamburg Wesleyan Church, S4999 McKinley Pkwy.

**NEW MEETING; Morning Meditation**, Monday & Friday, 8:00 AM. 71 Adam St., City  
of Tonawanda. St. Francis Community Outreach Building (Behind Chapel). Open  
Meeting: No Smoking on the Church grounds.

**NEW MEETING; Happy Hour Too**, Holy Cross Church, 341 7th Street Buffalo  
Westside. 5 PM, Monday- Friday. Open Discussion.

Serenity Circle on Tuesday's has moved to First Presbyterian Church, 1 Symphony  
Circle at a **New Time** of 8:00 PM.

Emergency Group on Thursday's has moved to First Presbyterian Church, 1  
Symphony Circle at a **New Time** of 8:00 PM.

Cazenovia Group, Thursday's, 8 PM at Harvest House, 1782 Seneca St. South  
Buffalo, is **CLOSING** at the end of June.

### **COMING EVENTS:**

~ August 7, Central Committee Meeting, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca Street  
(Hosted by Lockport #1).

~ August 7, Corrections Committee Meeting, SUNDAY, 6:00 PM, Buffalo Central Office, 681  
Seneca Street (lower).

~ August 7, Tri County Annual Picnic- Sunday from 10:00 Am until the last person leaves. Fun, food and  
fellowship. Games for kids. Two speakers Hot Dogs, hamburgers, coffee, pop, ect. Provided, please bring a dish  
to share. This is an open event, so please bring the family. Located at the Firemen's Park on Sandhill Rd. (Rt.  
62), across from the VFW in Gowanda. For directions, please call 716-532-1202 (Sheldon R.)

~ August 13, Fresh Start 1<sup>st</sup> Annual Barbeque at LaSalle Park (The Waterfront). Shelter #2 & 3. 11:00AM until  
dusk. Hot Dogs/ Hamburgers Please bring a dish...if you wish.

~ August 14, General Service Assembly, 1 PM., 511 Club, JAMESTOWN. (Hosted by 511 Group) 511 E.  
2<sup>nd</sup>-Street.

- ~ August 14, General Service Assembly, 1 PM., 511 Club, JAMESTOWN. (Hosted by 511 Group) 511 E. 2<sup>nd</sup> Street.
- ~ August 15, Treatment Facilities Committee, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street.
- ~ August 18, 64th Buffalo Fall Convention Meeting, Thursday, 7:00 PM @. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo. E-mail address [2005BuffaloFallConvention@gmail.com](mailto:2005BuffaloFallConvention@gmail.com). Website: please send comments/suggestions): <http://mysite.verizon.net/vzeeivob/>
- ~ August 18, New Frontiers Committee, THURSDAY, 7:00 PM. St. Michaels Parish Center, Electric And Warsaw, Lackawanna, before the Victory meeting.
- ~ August 21, East Area Convention Of Young People in AA (EACYPAA) Host Committee Meetings @ 3:00 PM. Meets at St. John's Grace Episcopal Church, Corner of Lafayette + Bidwell.
- ~ August 27, Archives Committee Meeting, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca Street (lower).
- ~ August 27, Lockport Ladies Anniversary Meeting, 10:00 AM, Open Speaker. United Church of Christ, 98 East Ave, Lockport. Please join us for Fellowship, food, festivities!!
- ~ Sept. 2-4, 52<sup>nd</sup> Annual Tri-State Assembly Chautauqua, NY. Advances Registration-\$15, On Sight Registration- \$20, Registration & Banquet \$35. Weekend Packages see flyer. Contact: Jerry J.(585)682-3215 Len C.(814) 899-7610, David G.(215) 289-4033,
- ~ Sept. 18, Lovejoy 1<sup>st</sup> Annual Day of Sharing, 9AM- 4 PM. Visitation Parish ( Corner of Greene and Moreland off Lovejoy).Panels before and after lunch. Please bring a dish to pass.
- ~ Nov. 4-6, 64<sup>rd</sup>.BUFFALO FALL CONVENTION: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst. Registration: \$20, Banquet: \$33.For more information check their website: [2005BuffaloFallConvention@gmail.com](mailto:2005BuffaloFallConvention@gmail.com)
- ~May 26-28, 2006, East Area Convention of Young People in Alcoholics Anonymous (EACYPAA) Adam's Mark Hotel, Downtown Buffalo For Info Call Jay M. (716)812-2489, Deric McH. (716)983-7102, Jen T. (716)523-5554, or e-mail at [EACYPAABuffalo@hotmail.com](mailto:EACYPAABuffalo@hotmail.com)

### **THE FAIR IS COMING TO TOWN (FREE TICKETS)**

The Erie County Fair is fast approaching. We need your help. This year our AA booth is in a new location. We will be in a large tent, next to the Agri-Center, with other non-profit groups.

As in the past we will need 6 people per day. There are three shifts of 2 people in each. The shifts are 10 Am-2 Pm, 2 PM-6 PM, and 6 PM-10 PM. Retired people and any members that have mornings off are very much needed for the first two shifts. Please grab a friend and join us as we trudge the road to happy destiny to the Erie County Fair. Please call Sally Ann @ 884-0962-to sign up. Thank you.

**8th STEP: "Made a list of all persons we had harmed, and became willing to make amends to them all."**

**8th TRADITION: "Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers."**

**8<sup>th</sup> CONCEPT; The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.**

## **PLEASE SUPPORT THE ENVELOPE SYSTEM**

*... Yours in the Fellowship of the Spirit...*

*Terry Bateman Executive Secretary*

Buffalo Central Committee Minutes  
JULY 10, 2005

Frank M., Committee Co-Chair opened the meeting at 7:00 PM, with a moment of silence, the Serenity Prayer and the Preamble. John C., Cornplanters Group, read The Purpose of the Central Committee. John M., Father Baker Group, read the Traditions. Motion to dispense with the reading of last months' minutes by John C., Cornplanters Group, seconded by Debi C., Victory Group. Joanne C., Action Group, corrected minutes from June meeting to read that she would write the letter to New York GSO about problem. Minutes corrected and motion passed.

23 Groups were represented: **District 1:** Cornplanters Again, Rise and Shine, Sunday Niter's; **District 2:** North Buffalo, Spiritual Progress; **District 3:** Blasdell Monday Night, Father Baker, Iron Horse, Southgate, Sunday Morning Breakfast, Thursday Afternoon Discussion, Valley, Victory; **District 4:** Action; **District 5:** No representatives present; **District 6:** Amsdell Lakeshore, Lakeshore, McKinley Winners; **District 7:** Casting, Fresh Start, Lovejoy, Spirit of Hope, Community Center; **District 8:** Amherst Snyder

**COMMITTEE REPORTS:**

**ENVELOPE SYSTEM:** No representative present.

**STEERING COMMITTEE:** Based on the review of Executive Secretary Terry B. and Central Office financial status, we recommend a 2% increase in her base salary. We recommend sending Terry B. to North Carolina for an Executive Secretary conference September 29 – October 2, 2005.

**FINANCIAL REPORT:** No representative present.

**TREATMENT:** No representative present.

**CORRECTIONS:** No report

**SCREENERS:** No representative present

**CENTRAL OFFICE:** AA INFO: 211; 12-STEP: 5; ALANON: 12; PIC: 0; VISITORS:48; VOLUNTEERS: 17. Reminder, as of July 1<sup>st</sup> all books with the exception of the Big Book went up \$1.00. Yours in the fellowship of the Spirit, Terry B.

**PIC:** No representative present.

**NEW FRONTIERS:** Debi C., Editor is asking for articles. Maybe your experience at the international convention.

**CONVENTION COMMITTEE:** No representative present

**COURTESY REPORTS:**

**ARCHIVES:** Frank M., Archive Chair: Our past display was June 26, 11:00 a.m. at the Sunday Morning Breakfast group for an old-timers panel. We would also like to thank The Sunday Morning Breakfast Group for their generous donation. Our upcoming display will be July 16 at 9:00 a.m. Main and High day of sharing. August 25 at 8:00 p.m. Three Legacies anniversary; August 30, Iron Horse anniversary. Our next Archive meeting will be Saturday, July 23, 2005 at 9:00 a.m. at the Central Office.

**GSA:** Sally Ann C. reported that she is starting the schedule for the Erie County Fair. She still has many vacancies. Anyone who is able to volunteer should contact her at 884-0962. On August 20, she will be on a panel at the Assembly at Painted Post.

**RECAP:** None

**OLD BUSINESS:** Announcement for new PIC chair. Gigi, Casting Group, asked requirements along with Steve, Iron Horse. Executive Secretary Terry B. explained committee details. Requirements are 3 years continuous sobriety and a willingness to serve. Theresa, Rise and Shine Group, stated she has 9 years of sobriety and would accept the chair. Co-Chair, Frank M., appointed Theresa PIC chair.

**NEW BUSINESS:** Central Committee accepted the recommendation of Steering Committee to award a 2% increase to the Executive Secretary. Central Committee also recommended to send Terry B., Executive Secretary, to Charlotte, North Carolina for Executive Secretary Conference – September 29 – October 2. Much discussion followed including a motion by Debi C., New Frontiers Editor to separate the two issues. The motion received no second and was dismissed. Much discussion followed including the pros and cons of a salary increase and budget and financial issues. Motion by Debi C., Victory Group to accept the recommendation of the Steering Committee, seconded by John C., Cornplanters Again. Roll call vote was called for. The results were 18 yes votes, 1 no vote and 2 abstained. Motion passed. **Note:** one Central Committee member signed for 3 groups however was only allowed one vote.

Motion to adjourn by John H., Sunday Morning Breakfast, seconded by Bill O., Valley Group. Meeting adjourned at 7:45 PM with The Lord's Prayer.

Minutes respectfully submitted by:  
Recording Secretary, John H., Sunday Morning Breakfast.

Income Statement	31-Jan-05	2/29/2005	31-Mar-05	30-Apr-05	31-May-05	30-Jun-05
Beg Bal Cash on hand	3,997.86	4,981.86	6,394.11	7,048.74	9,447.52	7,168.52
Contributions						
Groups	4,241.86	3,539.40	4,638.87	3,947.21	4,029.84	5,360.01
Joint Meeting	42.05	25.70	37.31	35.30	41.51	36.50
Envelope System	617.00	674.00	392.00	610.00	327.00	569.00
New Frontiers Subs	106.00	20.00	118.00	30.00	13.00	23.00
Literature	1,678.57	3,193.57	3,810.75	2,970.12	3,516.37	3,134.10
Archives Room Rent	50.00	50.00	50.00	50.00	50.00	50.00
Meetings at CO	150.00	228.50	171.00	217.00	142.50	123.00
Mail/Misc.				25.00	31.51	50.00
"Gratitude Month" (NOV)						
Conventions/Day of Sharing	1,190.89			42.00		
Monthly Income	8,076.37	7,731.17	9,217.93	7,926.63	8,151.73	9,345.61
Expenses						
Office Rent	753.04	753.04	768.47	768.47	768.47	768.47
Electric	90.00	90.00	90.00	90.00	90.00	90.00
Payroll						
Salaries - gross	2,196.92	2,196.92	2,196.92	2,746.15	2,196.92	2,196.92
Federal Withholdings	(418.76)	(418.76)	(418.78)	(523.45)	(418.76)	(146.36)
NYS Withholdings	(79.60)	(79.60)	(79.60)	(99.50)	(79.60)	(79.60)
Disability Insurance	(2.40)	(2.40)	(2.40)	(3.00)	(2.40)	(2.40)
Payroll Tax Deposits						
Federal	588.60	735.75	441.45	588.60	735.75	588.60
State	365.81			336.96		
Insurance						
State Ins Fund			301.56			55.82
Health	304.00	304.00	304.00	304.00	304.00	
Liability	973.73					
Postage	248.83	561.61	452.69	53.09	53.81	55.60
Phone	104.98	137.01	127.89	158.26	105.02	105.02
Accounting					1,875.00	
Advt						
PIC Lit.						
Talking Phone Book			428.40			
Verizon	98.50	98.50	107.00	102.75	102.75	102.75
website						
white directory						
Yellow Pages			296.00			
Literature Expenses						
Grapevine		434.80	35.00		235.00	
World Services Inc	1,028.85	1,021.00	2,519.52	173.60	3,868.70	2,192.40
Hazelton			553.30	388.45		
"In All Our Affairs"						379.14
Printers	2,232.50					
Office Supplies		112.02	181.41	66.00	214.92	372.84
Answering service	119.29	114.58		117.02	120.70	
Minolta leasing (copier)	260.45	260.45	260.45	260.45	260.45	260.45
Minolta Copies	80.30					
Seminar						
Depreciation	100.00	100.00	100.00	100.00	100.00	100.00
Monthly Expenses	9,045.04	6,418.92	8,663.30	5,627.85	10,530.73	7,039.65
Monthly Income (Loss)	(968.67)	1,312.25	554.63	2,298.78	(2,379.00)	2,305.96
Depreciation add back (non-cash)	100.00	100.00	100.00	100.00	100.00	100.00
End Bal Cash on hand	4,981.86	6,394.11	7,048.74	9,447.52	7,168.52	9,574.48
CD	8,039.22	8,039.22	8,039.22	8,039.22	8,088.78	8,088.78
Literature Assets:	9,350.98	7,382.40	7,145.65	6,230.35	7,854.20	9,832.95
Literature Receivable:(outstanding)	1,936.24	1,487.14	1,044.35	771.27	750.75	340.60
Corrections Faciites	835.45	988.72	1,013.72	877.72	1,100.39	1,490.04
Donations	153.27	121.12	414.00	237.67	389.65	629.39
Expenses		96.12	550.00	15.00		
Balance	988.72	1,013.72	877.72	1,100.39	1,490.04	2,119.43
Treatment Facilities	385.79	473.41	501.78	933.09	853.72	1,147.71
Donation	178.27	108.12	459.00	212.67	364.65	544.38
Expenses						
AT & T Bridging The Gap	35.15	36.24	27.70	32.04	30.66	31.22
AAA Abott Answering Service	42.00	41.50		46.00	40.00	43.75
Literature	13.50			214.00		
Balance	473.41	501.79	933.09	853.72	1,147.71	1,617.12

GROUP CONTRIBUTIONS

2005

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	JUNE	YEAR	JUNE	YEAR	JUNE	YEAR
11:45		0.00		0.00		0.00
12 Step		0.00		0.00		0.00
4th Step Stumblers		0.00		0.00		0.00
6th Step		75.00		0.00		0.00
A Day At A Time		0.00		0.00		0.00
Abbott Men's		246.40		246.40		246.40
Acceptance/Welcome	130.00	750.00		0.00		0.00
Achievement		0.00		0.00		0.00
Action		200.00		0.00		0.00
Age Doesn't Matter		100.00		0.00		0.00
Albion Lunchbunch		0.00		0.00		0.00
Alexander		100.00		0.00		0.00
Amherst/ Snyder	427.00	830.55		0.00		0.00
Amsdell Lakeshore		80.00		0.00		0.00
Any Age		0.00		0.00		0.00
Any Length	15.00	165.00		0.00		0.00
As Bill Sees It		85.00		0.00		0.00
Attitude Adjustment		100.00		25.00		25.00
Attraction		200.00		0.00		0.00
Backdoor		0.00		0.00		0.00
Batavia Friday Night		50.00		0.00		0.00
Beginning In Sobriety II		0.00		0.00		0.00
Beginning's Women		0.00		0.00		0.00
Bidwell Monday	50.00	50.00	50.00	50.00	50.00	50.00
Big Book Lockport		150.00		30.00		0.00
BB Spiritual Awakening		0.00		0.00		0.00
Big Book Study	25.00	25.00		0.00		0.00
Big Book Workshop		0.00		0.00		0.00
Blasdel		0.00		0.00		0.00
Blasdel Monday Night		20.00		0.00		0.00
Bodhisattva		0.00		0.00		0.00
Boulevard Helping Hand		0.00		0.00		0.00
Boulevard Women		90.00		0.00		0.00
Brass		75.00		0.00		0.00
Brocton AA		0.00		0.00		0.00
But For the Grace of God		0.00		0.00		0.00
By The Book		0.00		0.00		0.00
Came To Believa		0.00		0.00		0.00
Castling	30.00	100.00	10.00	10.00	10.00	10.00
Cathedral Park		0.00		0.00		0.00
Caz Manor	20.00	120.00		0.00		0.00
Cazenovia		0.00		0.00		0.00
Central Park		0.00		0.00		0.00
Chapler IX		80.00		80.00		80.00
Cheektowaga	100.00	500.00		0.00		0.00
Chevy #1		0.00		0.00		0.00
Clarence Men's		0.00		0.00		0.00
Clarence Men's II		0.00		0.00		0.00
Cold Spring		0.00		0.00		0.00
Common Bond		0.00		0.00		0.00
Common Problem		0.00		0.00		0.00
Common Solution		0.00		0.00		0.00
Commitment		0.00		0.00		0.00
Community Center		0.00		0.00		0.00
Complanters		0.00		0.00		0.00
Courage		80.00		40.00		30.00
Arcade		0.00		0.00		0.00
Crossroads		75.00		0.00		0.00
Cross Talk Big Book		25.00		0.00		0.00
Daily Reflections	100.00	250.00		0.00		0.00
Daily Reprieve		0.00		0.00		0.00
Derby		0.00		0.00		0.00
Desire		0.00		0.00		0.00
Downtown Men's		0.00		0.00		0.00
Dunkirk Menday Night		100.00		0.00		0.00
Early Bird		0.00		0.00		0.00
Early Rising Obliging		0.00		0.00		0.00
Easter Softer Way		0.00		0.00		0.00
East Amherst		0.00		0.00		0.00
East Aurora		400.00		0.00		0.00
Easy Does It	50.00	150.00		0.00		0.00
Ellicott		0.00		0.00		0.00
Ellicottville		0.00		0.00		0.00
Emergency		0.00		0.00		0.00
Elemental Vigilance		100.00		0.00		0.00
Everybody's		40.00		0.00		0.00
Express		0.00		0.00		0.00
Eyeopener	105.75	468.89		0.00		0.00
F.U.N.		0.00		0.00		0.00
Faith		0.00		0.00		0.00
Father Baker		300.00		0.00		0.00
Feelings		50.00		0.00		0.00
Fireside	109.28	1250.01		50.00	25.00	100.00
First Things First		0.00		0.00		0.00
Fredonia Discussion		0.00		0.00		0.00
Freedom	100.00	200.00		0.00		0.00
Fresh Start		90.00		0.00		0.00
Friendly		0.00		0.00		0.00
Frontier(New)	400.00	400.00		0.00		0.00
GAHADA GON		0.00		0.00		0.00
Gardenville		50.00		25.00		25.00
Georgetown		0.00		0.00		0.00

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	JUNE	YEAR	JUNE	YEAR	JUNE	YEAR
Getting Better		0.00		0.00		0.00
Giving		50.00		0.00		0.00
Go to Any Length		100.00		100.00		100.00
Golden Sipper		500.00		0.00		0.00
Grand		48.00		0.00		0.00
Grand II Joy of Living		60.00		0.00		0.00
Grateful		0.00		0.00		0.00
Guiding Light		0.00		0.00		0.00
H.O.W.		0.00		0.00		0.00
Hamburg		107.75		0.00		0.00
Hand		0.00		0.00		0.00
Handicappers		200.00		0.00		0.00
Happy Hour		0.00		0.00		0.00
Harmony		0.00		0.00		0.00
Helping Hand	25.00	100.00		0.00		0.00
High Noon	210.00	490.00		0.00		0.00
High View		0.00		0.00		0.00
Higher Power		0.00		0.00		0.00
Hillbilly		0.00		0.00		0.00
Holiday Village	250.00	800.00		0.00		0.00
Holland		0.00		0.00		0.00
Honest Solutions		0.00		0.00		0.00
Honesty	30.00	100.00		0.00		0.00
Hope Big Book Study		20.00		0.00		0.00
How It Works		0.00		0.00		0.00
How It Works/Men's	500.00	500.00	100.01	100.01	100.00	100.00
Inner City		0.00		0.00		0.00
Inspiration		0.00		0.00		0.00
In The Solution		0.00		0.00		0.00
Intoxicated on Life		45.00		0.00		0.00
Ironhorse	42.00	113.35	17.00	45.50	17.00	45.50
IT		0.00		0.00		0.00
Jamesstown Groups		0.00		0.00		0.00
Johnson Creek Big Book		120.00		0.00		0.00
Journey		0.00		0.00		0.00
Just Do It		0.00		0.00		0.00
Just For Today/ Albion	26.05	26.05		0.00		0.00
Just For Today/Cheek		100.00		0.00		0.00
Keep It Simple Sister		60.00		30.00		30.00
Keep On Coming		0.00		0.00		0.00
Kenmore		0.00		0.00		0.00
Kensington		0.00		0.00		0.00
Lake Shore	100.00	335.00	25.00	70.00	25.00	120.00
Lakeview		80.00		0.00		0.00
Last Days Fellowship		5.00		0.00		0.00
Lawyers		0.00		0.00		0.00
LawPort		0.00		0.00		0.00
Let Go and Let God		0.00		0.00		0.00
Liberty Women		50.00		0.00		0.00
Life Today		0.00		0.00		0.00
Lighten UP		0.00		0.00		0.00
Live and Let Live		0.00		0.00		0.00
Living in the Solution		120.00		0.00		0.00
Living Sober		0.00		0.00		0.00
Lock City		0.00		0.00		0.00
Lockport #1	300.00	1100.00	30.00	110.00	30.00	110.00
Lockport (no name)		0.00		0.00		0.00
Lockport Discussion		0.00		0.00		0.00
Lockport Ladies		25.00		0.00		0.00
Lockview	300.00	700.00		0.00		0.00
Look To This Day		0.00		0.00		0.00
Love		0.00		0.00		0.00
Lovejoy		20.00		0.00		0.00
Lower River		0.00		0.00		0.00
Lunch Bunch Ablon		0.00		0.00		0.00
Main and High		10.00		0.00		0.00
Main Street		0.00		0.00		0.00
Maple Meditations		0.00		0.00		0.00
Manila		40.00		0.00		0.00
Matt Talbot		150.00		0.00		0.00
McKinley Winners		100.00		0.00		0.00
Medina Big Book		0.00		0.00		0.00
Medina New Life		40.00		0.00		0.00
Mercy		0.00		0.00		0.00
Mid-day		88.05		0.00		0.00
Midnight Discussion		0.00		0.00		0.00
Miracle		0.00		0.00		0.00
Morning After		0.00		0.00		0.00
New Awakening		0.00		0.00		0.00
New Frontier		0.00		0.00		0.00
New Beginnings/St. Vincent		0.00		0.00		0.00
New Life		0.00		0.00		0.00
New Outlook		0.00		0.00		0.00
Niagara Intergroup		0.00		0.00		0.00
New Westside		0.00		0.00		0.00
Niagara Frontier Men's Disc.		70.00		0.00		0.00
North Buffalo	200.00	600.00	50.00	150.00	50.00	150.00
North Java Monday		0.00		0.00		0.00
North Java Sunday		0.00		0.00		0.00
One Day At A Time		0.00		0.00		0.00
Open Arms	50.00	100.00		0.00		0.00
Open Mind		0.00		0.00		0.00
Orchard Park Step	64.00	372.00		0.00		0.00
Pass It On		0.00		0.00		0.00
Patrol		0.00		0.00		0.00



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