

# NEW FRONTIERS

AUGUST 2006

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER  
We request that this newsletter be kept within the Fellowship to insure anonymity.

## AUGUST TOPICS OF DISCUSSION

### **IF FAITH WITHOUT WORKS IS DEAD, THEN WILLINGNESS WITHOUT ACTION IS FANTASY.**

STEP 8: "Made a list of all persons we had harmed, and became willing to make amends to them all."

"We have a list of all persons we have harmed and to whom we are willing to make amends to. We made it when we took inventory." (pg 76 – Alcoholics Anonymous)

- If I have a list then what exactly is my problem with making amends.
- Am I really willing to go to any lengths for victory over alcohol?

"To escape looking at the wrongs we have done another, we resentfully focus on the wrong he has done us." (pg 78 – 12X12)

- Am I really a victim or am I a perpetrator?
- Am I really the target of an unfair world populated by persons who are jealous of my superior intellect, talent, good looks and charm; or, do people react to the stimulus I provide by my incessant demands and rebuff me?
- Am I delusional when it comes to how I harm others?
- Is my self-centeredness (King Baby) the real cause of my twisted relations with others?
- Who has been harmed? Where have I been at fault?

"To define the word "harm" in a practical way, we might call it the result of instincts in collision, which cause physical, mental, emotional, or spiritual damage to people." (pg 80- 12x12)

"Why, we cried, shouldn't bygones be bygones? Why do we have to think of these people at all?" (pg 79- 12x12)

"We got a pretty severe shock when we realized that we were preparing to make a face-to-face admission of our wretched conduct to those we had hurt." (pg 78- 12x12)

- What do I do about those persons who have died?
- What about monies I owe that it looks like I will never be able to repay?
- What about the sweet promises I have made to loved ones that I broke because I couldn't or wouldn't see past my immediate self-centered needs?
- What of the people I have slandered in the name of helping others to understand why I treat them the way I do?
- What about my employer who I stole from every day because I wasn't worth what he was paying me?
- What about my wife/husband who is blissfully unaware of my betrayals and has stuck with me through it all?
- What of the damage to my children who I have shortchanged emotionally and financially?

"If we haven't the will to do this, we ask until it comes." (pg 76 -Alcoholics Anonymous)

- Has my problem always been real willingness?
- Who do I ask for this willingness?
- What do I do if I am afraid and lack courage?

"(step 8) It is the beginning of the end of isolation from our fellows and from God" (pg 82- 12x12)

- Will I be reintegrated into the society of my fellows?
- Will all forgive me?
- What if I am told to "Get Lost"?
- What if I go to jail?
- Can my *Higher Power* forgive the truly awful things I have done and restore my faith in Him and myself?
- My readiness will be evidenced by moving forward into step 9.

Tradition 8: "Alcoholics Anonymous should remain forever nonprofessional, but our service centers may employ special workers."

"Almost no recovery from alcoholism has ever been brought about by the world's best professionals, whether medical or religious. We do not decry professionalism in other fields, but we accept the fact that it does not work for us. Every time we have tried to professionalize our twelfth step, the result has been the same: Our singleness of purpose has been defeated." (pg 166- 12x12)

"...few subjects have been the cause of more contention within our Fellowship than professionalism." (pg 186+187- 12x12)

"The money motive compromises him and everything he says and does for his prospect." (pg 166- 12x12)

- Do money and spirituality mix?
- Can the AA message be transmitted in an environment that is governed by state and federal regulations?
- At what point does an individual member who is employed in the professional field stop representing Alcoholics Anonymous?
- Is professional counseling of alcoholics "Twelfth Step Work"?

"Neither could AA itself function without full-time workers. At the Foundation and intergroup offices, we couldn't employ nonalcoholics as secretaries; we had to have people who knew the AA pitch. ...these faithful servants... At times, were actually shunned by fellow members. Even the charitably disposed described them as a "necessary evil". Committees took full advantage of this attitude to depress their salaries. ...They could regain some of their virtue, it was thought, if they worked for AA real cheap" (pg 168- 12x12)

- Do we fairly compensate our full-time workers?
- Do we have reasonable expectations as to what a fair workday is?
- If my employer had the same expectations of me that I have of our trusted servants would I remain in their employ?
- When are our trusted servants "off the clock"? Why? Why not?
- Is it fair to call them at home late at night with some complaint that could just as easily wait till morning?
- Is it right to attack the character of individuals who are in our employ to garner support for some position I have taken?
- How do we fairly evaluate the job effectiveness of our trusted servants?

# What Price Service?

In or about 1980 our Executive Secretary, Harry D., had a massive stroke while in our employ. Some have maintained that it was at least partially the result of the demands made on him as one of our trusted servants. I personally know that he had to drive to Erie, PA to attend a meeting as "just a member" of AA. He was unable to go anywhere without someone having some position that he just had to listen to right away.

He was followed in that position by Delphine H. and her fate at our hands was not much better than Harry's. She was badgered for business decisions she made, even though she righted our financial ship in this regard. She was openly criticized for maintaining structured office hours and running a tight ship. I have often wondered if much of her criticism was due to the fact that she was a woman and the male dominated membership of AA couldn't abide with that.

Buffalo AA had a dark period after Delphine's retirement and we almost went under. We lost all of our prudent reserve and all of our structure. Those days are thankfully gone. Many of our non-paid servants of Alcoholics Anonymous put in endless hours with no thought other than to serve the best interest of AA in the Buffalo area. I believe that group of individuals saved our collective bacon and we owe them a debt of gratitude that can never be repaid.

I am troubled by the rhetoric I hear surrounding our Central Office. We continue to attack the fact that we have structured business hours. We are openly critical of our trusted servant and we still expect that all of our individual concerns will be addressed at any time night or day. I believe we have unrealistic expectations of that position. We have two tacks we can take: We can push harder and continue our relentless barrage in the hopes that our current secretary can also have a stroke; or, we can begin acting like responsible members of Alcoholics Anonymous and treat our trusted servants with dignity and respect.

Shawn C. - Editor

Concept 8: "The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

All Articles Gratefully Accepted. Send offerings to Central Office or e-mail to [buffalooa@hotmail.com](mailto:buffalooa@hotmail.com)

## IN MEMORIAM

Things We Can Not Change  
John F.: Matt Talbot Group  
Melvin R.

Let's remember him and all the others who passed on in our prayers.

## Share your Experience, Strength and Hope.

Please submit your articles by the 12<sup>th</sup> for next months issue.

Buffalo Central Office:  
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(LOWER)  
Buffalo, New York 14210

or

E-Mail address: [buffalooa@hotmail.com](mailto:buffalooa@hotmail.com)

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of

members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

The Buffalo Central Office is Located at 681 Seneca St, Buffalo, New York 14210. Telephone # (716) 853-0388.  
Hours of Operation are Monday through Friday from 9AM to 12:30PM and from 2pm to 4:30PM.

## VERY OFTEN

Very often, a newcomer is told, "Don't waste your time with the Big Book. It was written back in the 1930's and has never been brought up to date. We know so much more now." Of course, this type of statement is made by a person or persons who have never bothered to put the Program of Alcoholics Anonymous to the test as did the Authors of the Big Book nor those of us who have accepted that challenge.

If we take a moment and look at what Alcoholics Anonymous is really about, we will readily recognize that a particular problem, alcoholism is what drove us to this Fellowship in search of a way to avoid death or permanent insanity by drinking. And it would appear from some of the oldest historical writings that alcoholism has been around since the early days of mankind. In that great spiritual history book the Bible, King Solomon wrote his observations of alcoholics in Proverbs 23. What he witnessed is no different than the manner in which alcoholics react to alcohol today.

And the recovered members of Alcoholics Anonymous state that the God of their understanding, that they found as the result of taking the Steps by the Big Book, has proved to be the Solution to their alcoholism as well as all their other problems. We can be quite certain that the God of our understanding has not changed in recent years

So, since the Problem, Alcoholism, hasn't changed and the Solution, God as we understood Him, hasn't changed, what is so new? And what method of dealing with alcoholism has produced more recovered alcoholics than the Twelve Step Program of Alcoholics Anonymous? There isn't anything that can begin to touch the success of the Program of recovery as outlined in the Basic Text for the Fellowship of Alcoholics Anonymous.

Unfortunately, many who seek help for their alcoholism bet their life on the Fellowship and meetings rather than the Program, i.e. the life giving Twelve Steps of Alcoholics Anonymous protected by the life saving Twelve Traditions of Alcoholics Anonymous. That has proved to be a fatal mistake for hundreds of thousands of alcoholics. Rarely, if ever, do the alcoholics who apply and live by the Program ever return to drinking. Very few of those who bet their life on the Fellowship and meetings ever stay sober. And all the new information that we now know only compounds the fatality rate of alcoholics who seek shelter within the Fellowship of Alcoholics Anonymous. An intimate relationship with our Heavenly Father is our only hope for a happy and purposeful sobriety. The real purpose of putting the Twelve Steps to work in our lives is to fit ourselves to be of maximum service to God and the people about us, not to impress folks with our wit, ideas, opinions, philosophy and the nature of our issues in meetings.

Jake J. - 3 Legacy Group

**NEW**  
**WEBSITE IN**  
**PROGRESS**

We've been working on setting up a web site for the Buffalo Central Office. The primary goals at this point are to:

- Provide a current meeting list on our own web page
- Provide email addresses for each committee and district representative

While other web sites like [www.ny-aa.org](http://www.ny-aa.org) currently list our meetings, having our own page gives us several benefits. With our own page we can provide maps to each meeting. As well, we can list each group's district and provide a link so that members can contact their district rep.

Individual email addresses will allow members to continue to use one anonymous email address regardless of when people rotate out of the committees. If a committee or district has no representative the email can forward to the central office account so that important emails aren't missed. Outside organizations that we cooperate with will have a better opportunity to contact us for the same reasons.

This web site belongs to the central committee and its content and organization will be controlled and regulated by that body. Currently there is no "Web Site" committee as the site has not yet been presented to the body for approval. The "web hosting" and "web name registration" has been donated by myself. Currently, I've been performing the page layout and edits. Once and if a committee gets appointed, I would not need to be in charge. Anyone could be the committee chair and I could just be the person who makes the changes.

In the event that the body felt it was necessary to move the web site to some other hosting service, that could be accomplished relatively easily regardless as to whether the current hosting site is cooperating. In that same vein, the site has been kept simple with the intention that very basic skills could keep the site up to date. Moreover, we felt that readability and simplicity were important for newcomers.

A good web committee could be made up of one or 2 people with technical skills. More importantly, that committee should have several people having practical knowledge of the traditions and basic proofreading ability. The ability to communicate rapidly with the local AA membership also allows us to make rapid mistakes.

Visiting the [www.buffaloany.org](http://www.buffaloany.org), you'll see that there currently is just a meeting list, contact info and very little content. As soon as the committees start using their pages and members verify their home group information, we can start updating the site rapidly. We could do cool things like scan portions of the archives and make them available thru the site.

Meeting changes and additions should be made through central office at [centraloffice@buffaloany.org](mailto:centraloffice@buffaloany.org). Changes to committee pages can be made by emailing the text to [webmanager@buffaloany.org](mailto:webmanager@buffaloany.org).

Technical note: Since "spam" mass emails tend to use profanity, emails with profanity may be automatically deleted before they reach their addressee. So be nice or your emails may not go through.

So please check the information and map for your meetings.

Thanks,  
Will M. Living Sober Group

## ***Bloom Where You Are Planted***

*Staying sober inside with meetings and without*

I am a forty-one-year-old grateful recovering alcoholic. All eight years of my sobriety have come while serving time in federal prisons. My sentence for a nonviolent crime was severe because of my previous record.

More importantly, all of my offenses were the direct result of being under the influence of alcohol. This simple truth eluded me through many years and much pain, but became completely obvious when I was exposed to AA in Akron, Ohio. I still had to prove the point, so I relapsed and committed the crime for which I am now paying the price.

The first several years of my sentence were served in a facility that did not allow AA inside the walls. No meetings, no fellowship, no literature. But in my heart I was convinced I wanted to stay sober. Thanks to God and my AA contacts from Akron, I have stayed sober and avoided temptations.

I went through some periods of "white-knuckle" sobriety, which were not pleasant. My sponsors back in Ohio kept writing helping me work the Steps. They treated me just like another member of AA, not like a convict, without all the assumptions and excuses inmates often sense from people on the outside.

Recently, I was moved to another prison where one weekly AA meeting is available. Here I use my sponsors' straightforward suggestions and practical experiences to deepen my commitment to sobriety.

My Fourth Step inventory was completed largely through the mail and over the phone with my sponsor. I also had the help of a prison psychologist. Although I had misgivings about opening up to someone not in the program she was quite supportive of AA principles and helpful in the process. She even agreed to a few conversations with my sponsor to get to the bottom of things.

Life on the inside is very different from life in the real world, with competing factions, dangerous personalities, and an abundance of rules. However, I have found that the principles for living as set forth in AA work in every environment. I put slogans like "Easy Does It," "One Day at a Time," and "Live Life on Life's Terms" to good use. My sponsor is fond of saying, "Bloom where you're planted!" Step Ten has been particularly helpful to me, giving me a sense of freedom from my surroundings when stress builds up.

I derive a great deal of joy from helping others who come to our meeting. Passing it on is essential for my sobriety. They arrive with suspicion and skepticism, but if they keep coming back, I often see a light in their eyes that was absent before.

Some people question whether sobriety counts if it is prison time. All I know is that I have been committed to staying sober for over eight years. I can never entertain the use of alcohol again. My Higher Power, the AA program, and the Fellowship are the essential keys to keeping me from repeating my past bad acts. For me, my sober time counts a great deal! If you are reading this as someone who is incarcerated, I urge you to promise yourself that recovery starts now. I encourage you to get and read the AA Big Book. Get an outside sponsor who is willing to work with you. Hopefully, you'll find a sponsor in the area you'll be released to after your sentence is completed.

When the day comes and the doors swing open, my first order of business will be to go right to the nearest AA meeting. When they say "Keep Coming Back," they don't mean prison!

Sean F.

Akron, Ohio GRAPEVINE July 6, 2006

# AUGUST ANNIVERSARIES

## Alexander

Deanne Y. 18y

## Amherst Snyder

Lori B. 3m

Shawn S. 9m

William W. 9m

Dan G. 9m

Andrew B. 9m

Debbie S. 1y

Lauren L. 1y

Russel G. 2y

Steve K. 2y

Cindy M. 3y

Sharon S. 4y

Ernie C. 4y

Gary S. 5y

Pam K. 5y

Donna M. 5y

Tim K. 7y

Mickey G. 16y

Lynn L. 17y

John Y. 23y

Tom C. 24y

Ron E. 34y

Eliot L. 46y

## Big Book

Zanette B. 2y

## Coldsprings

Teresa 10y

Thornie H. 13y

Dorothy M. 14y

Carmen S. 16y

## Courage

Mike C. 6m

Marge B. 17y

Patricia N. 36y

## Fresh Start

Tina C. 6y

Edie H. 13y

Andrea S. 13y

## Fireside

Mary Beth W. 6m

Connie M. 8y

Grgg C. 11y

Pete W. 17y

## Gahada Gon

Kevin H. 2y

Vic R. 3y

## Giving

David C. 6m

Tim S. 9m

Jose 1y

Teresa L. 10y

Randy B. 11y

Jeanie A. 31y

## Holland

Cheryl M. 3y

John O. 17y

## How It Works

Michael B. 9m

Mike C. 9m

Jon O'R. 4y

Mark F. 5y

Kevin S. 7y

Peter H. 8y

Bob H. 8y

Peter D. 9y

Tom B. 9y

Chuck B. 17y

John K. 31y

## Ironhorse

Mickey W. 7y

Rich T. 12y

Frank M. 19y

Kate K. 24y

## Kenmore

Tom C. 2y

Justin W. 2y

Bob J. 3y

Jeff W. 3y

Duke K. 4y

Jonathan N. 7y

Karen G. 11y

Lucky W. 30y

John S. 36y

## Kensington

Kathleen S. 2y

Rita K. 13y

Ellie M. 28y

## Lakeshore

Stephen G. 1y

Kathie M. 2y

## Living Sober

Keith S. 4y

Bob G. 8y

Will M. 14y

## Lockport #1

Robin W. 4y

Bill W. 27y

Sandy S. 29y

## Lockport Ladies

Janis B. 8y

## Lovejoy

Lee D. 3m

Bill M. 3m

Steve C. 9m

Glenn B. 9m

Rita K. 13y

## North Buffalo

Pam C. 3m

Megan M. 6m

Larry A. 6m

Paul S. 6m

Michael W. 1y

Lori R. 1y

Judy R. 1y

Patrick K. 1y

Jerry L. 1y

Brazier T. 1y

Keith A. 2y

Mark S. 2y

Lisa Jo S. 3y

Barbara S. 4y

Bob H. 8y

Lisa G. 12y

Kathy T. 16y

Chuck B. 17y

## Rise & Shine

Terence W. 6m

Caryn H. 6m

Rodney M. 9m

Torrie L. 9m

Howard P. 9m

Phil F. 9m

Junius B. 1y

Latasha R. 1y

Catrina 2y

Allen E. 3y

Kim S. 3y

Colleen D. 3y

Thomas D. 4y

Kathy G. 7y

Colleen K. 7y

Randy B. 10y

Teresa L. 10y

Michael A. 12y

Chris M. 15y

Terry W. 16y

## Thruway

Robin D. 13y

Elizabeth B. 21y

Don M. 26y

Lee R. 26y

Dave B. 28y

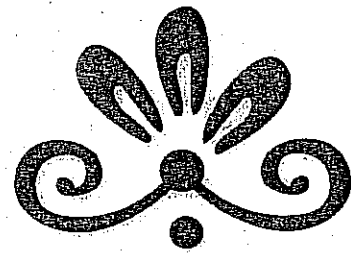
Bernie S. 34y

## Sun. Morning Br.

Gene K. 9y

## Victory

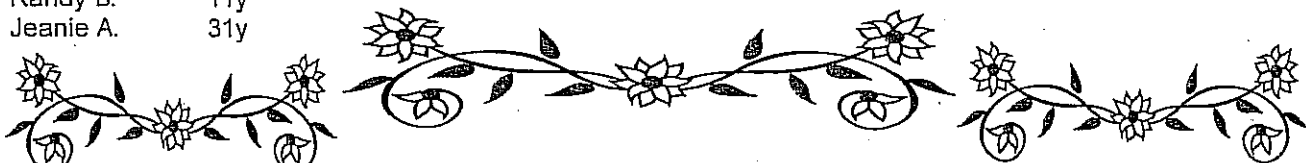
Bernie S. 34y



## Group Anniversaries

Age Doesn't Matter  
As Bill Sees It  
Big Book-Lockport  
Commitment  
Community Center  
Derby  
Grand  
Lockport Ladies  
Marilla  
St. Barnabas  
Sober and Proud  
Sunday PM Ascension  
Three Legacies  
Varieties of Spiritual Ex.  
We Care  
Youngstown

N. F. Policy:  
*Anniversaries must  
be submitted by  
the 12th*  
of the  
month previous



sunday      monday      tuesday      wednesday      thursday      friday      saturday



"We must be entirely honest with somebody..."  
—The Big Book

**1** Steering Committee, 6 PM, Central Office

1943: *Washington Times Herald*, D.C., reports on AA clubhouse but withholds an address to protect members' anonymity.

**2**

\*1939: Dr. Silworth and 5 other doctors attend AA meeting at Bob and Meg V.'s home in Montclair, N.J.

**3**

1954: Brinkley S. gets sober at Tarnis Hospital after his 50th detox.

**4**

**SOBER TRAIL 7<sup>th</sup>**  
Annual Spiritual Weekend, Behind 2 Cans Smoke Shop, 12631 Versailles Plank Rd., Lawton's.

**5**

\*1940: *Christian Herald* reviews The Big Book, "There is a book on alcohol you should read... The unnamed alcoholics write their own stories, and those stories are dynamic."

**6**

Central Committee Meeting, 7 pm, Buffalo Central Office  
Corrections Committee Meeting, 6:00 PM, Buffalo Central Office,  
New Frontiers Committee Meeting, 6:00 PM, Buffalo Central Office.

**7**

1943: *Harrisburg Patriot*, PA, runs a story on the anniversary of the local AA group.

**8**

1879: Dr. Bob, AA's Co-founder, is born in St. Johnsbury, VT.

**9**

1943: *LA Times* reports an AA picnic at Sycamore Grove on Aug. 8 with 400 Southern California AA's attending.

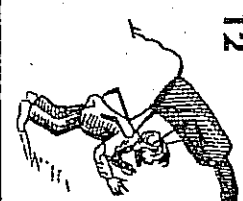
**10**

"God alone can judge our sex situation."  
—The Big Book

**11**

1938: 1st meeting of the Alcoholics Foundation.

**12**



**13**

One drink is too many and a million ain't enough.

**14**

Special Needs Committee, 6:30 PM, The Kenilworth Church of Christ, 45 Dalton St., Kenmore.  
\*1941: Bill W. writes Dr. Bob to report Morris Pub. Co. has been incorporated.

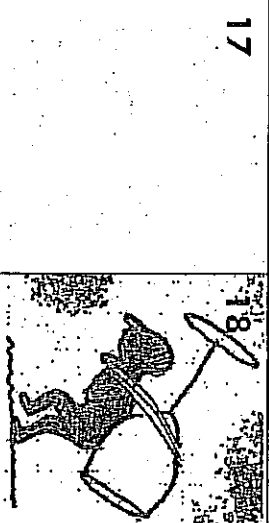
**15**

1890: E.M. Jellinek, PhD, author of *The Disease Concept of Alcoholism* and a great AA friend, is born.

**16**

1939: Dr. Bob and Sr. Ignatia admit the first of over 5,000 drunks they will treat at St. Thomas Hospital in Akron, Ohio, over the next 10 years.

**17**



**19**

1941: First AA meeting in Colorado is held in Denver.

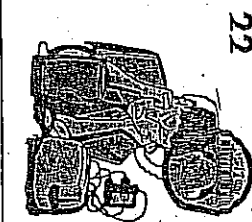
**20**

How does AA work?  
H-Honesty  
O-Open mindedness  
W-Willingness

**21**

Treatment requires Committee, 6 PM, Buffalo Central Office.  
1941: *LA Daily News* reports on an AA picnic held at Griffith Park Zoo. AA's saw some "real" elephants.

**22**



**23**

\*1949: Int'l. Doctors in AA is founded in Clayton, NY, with 10 doctors, including 3 Canadians.

**24**



**25**

1943: *Quincy Patriot*, MA, reports donation of an AA Big Book to local library by South Shore AA group.

**26**

Archives Committee Central Office

**27**

Going to Any Lengths Group Picnic, Glen Meadows Park, Hamburg. Speaker at 4 PM.

**28**

1954: *24 Hours a Day* is published by Richmond W.

**29**

"We are without defense against the first drink."  
—The Big Book

**30**

\*1934: Ebby T., Bill W.'s school buddy and sponsor, sobers up in the Oxford Group and visits Bill.

**31**

\*\*1956: Dr. Harry Tiebout dies. He was the first psychiatrist to support AA.

**BUFFALO CENTRAL OFFICE**  
**681 SENECA STREET**  
**BUFFALO, NY 14210**

\* OCCURRED SOME TIME DURING THIS MONTH \*\* OCCURRED SOME TIME DURING THE YEAR



*BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
(716) 853-0388  
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM  
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*buffalooa@hotmail.com*

## AUGUST 2006

### MEETING CHANGES:

- \* **Tuesday Women's Discussion Group** (who formerly met at OLV Hospital & most recently Woodside Methodist Church) **has a new home effective August 1.** We will be meeting at 7:30pm on Tuesdays at Seneca United Methodist Church, 2846 Seneca St., West Seneca, NY 14224 (near the Seneca St exit off the 400). This location is handicapped accessible. With all the changes taking place **we will be updating our membership list.** If you still wish to be considered a member, please join us at our meeting sometime before September 1st and let us know. Thank you.
- \* **Valley Group & South Buffalo Group, MOVED** to Good Shepherd Church, 187 Southside Parkway, Buffalo 14220, Across from South Park High. Monday & Wed. at 8:00pm. Friday at 9 PM. It is also handicapped accessible.
- \* **A.M. Sobriety**, Friday's at 8:30 AM, St. Francis Outreach Bldg., 71 Adams St., Tonawanda, **NO LONGER MEETS.**
- \* **MIRACLE GROUP**, Thursday's at 8 PM, 371 Delaware Ave., Buffalo, **NO LONGER MEETS.**
- \* **LIGHTEN UP GROUP**, Wednesday's at 5:30 PM & Friday's at 6 PM, has **MOVED** to All Saints Episcopal Church, 781 Maple @ N. Forest, Williamsville.
- \* **BACKDOOR GROUP**, Thursday's at 8:30 PM, has **MOVED** to 6th and Washington St. in Dunkirk.
- \* **3 Legacies Group** will now **only meet on Monday's**, 8 PM, Kenilworth United Church of Christ, 45 Dalton St., N. Buffalo. Thursday has closed.
- \* **The Road Less Traveled**, Friday's at 8PM, St. Francis Cultural Center, Hamburg, **NO LONGER MEETS.**
- \* **Abbott Men's Group** has **MOVED** to Salem Lutheran Church, 271 Whitfield Ave on the corner on McKinley Pkwy. Buffalo. 11:30am Saturdays
- \* **NEW GROUP; AFTERNOON MEETING**, meets at the VA Hospital, Day Treatment Program, 2963 Main Street, Buffalo. Friday's at 1 PM. Open Discussion.
- \* **EASY DOES IT GROUP**, has **MOVED** to Parkside Lutheran Church, 2 Wallace Ave., Buffalo. 10 AM, Saturday's?
- \* **Treatment Facility Committee is looking for Home Groups to donate Large Print Big Books to be distributed to patients in detox - please help.**  
**Donation can be dropped of @ Central Office marked as "donation from (Home Group) for TFC."**

### COMING EVENTS:

- ~ August 1, **Steering Committee**, 6 PM, Central Office, 681 Seneca Street.
- ~ Aug. 4-6, **SOBER TRAIL 7<sup>th</sup> Annual Spiritual Weekend**. Camp free all weekend. Speakers, food, pop, coffee, raffles & 50/50. Fellowship and fun. Children and family activities. Starts Friday at 5 PM. Behind 2 Clans Smoke Shop, 12631 Versailles Plank Rd., Lawton's. Saturday please bring a dish to share. Sunday Pig Roast \$5/ person
- ~ August 6, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca Street (Hosted by Sunday Morning Breakfast).

- ~ August 6, Corrections Committee Meeting, SUNDAY, 6:00 PM; Buffalo Central Office, 681 Seneca Street (lower).
- ~ August 6, New Frontiers Committee Meeting, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street (lower).
- ~ August 14, Special Needs Committee, 6:30 PM, The Kenilworth Church of Christ Church, 45 Dalton St., Kenmore.
- ~ August 21, Treatment Facilities Committee, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street.
- ~ August 26, Archives Committee Meeting, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca Street (lower).
- ~ August 27, Going to Any Lengths Group Picnic, Noon until dusk. Glen Meadows Park in Hamburg. Speaker at 4 PM. Games for children. Bring a dish to share. For more info call Pam P. 648-8129.
- ~ Aug. 25-27, NYS Informational Workshop, flyers at Central Office.
- ~ Sept. 1-3, 53<sup>rd</sup> Annual Tri-State Assembly Chautauqua, NY. Advances Registration-\$20, On Sight Registration- \$25, Registration & Banquet \$45. Weekend Packages see flyer. Contact: Chris W. (585) 682-0289 or David G. (215) 289-4033,
- ~ Sept. 15, Wehrle Group is sponsoring a Cruise Night on the Miss Buffalo II. Speaker (Lucille K.) followed by dancing w/ "One Day At A Time". Tickets before August 1<sup>st</sup> will be \$24, after, \$27. Beverage & snacks provided. If interested contact Donna E., 873-4427 or Jim R., 491-8301.
- ~ Oct. 6-8, 20<sup>th</sup> Annual Women In AA Fall Spiritual Weekend, St. Columbian Retreat House, Derby. More Info contact: Debbie; 633-9305 or Karen: 822-4089.
- ~ OCT. 20-22, 65th. BUFFALO FALL CONVENTION: Buffalo Convention Center (on Franklin St. between Court & Chippewa Streets) Registration: \$18, Registration & Banquet: \$48. Web site: [www.2006BuffaloFallConvention.com](http://www.2006BuffaloFallConvention.com), Registration Chair; Zenny Z. (716) 283-6508

### Hamburg Fairground

In August, the **Erie County Fair** will again be held at the **Hamburg Fairground**. As the Public Information Chair for Area 50 (Western New York) it is my responsibility to line up volunteers. As good AA members in Area 50, it is your responsibility to line up and volunteer. Please give me a call at: 884-0962

if you are willing and able to take a four-hour shift. Anyone who has done it before will tell you that it is a great experience. As with any 12<sup>th</sup> Step work, two volunteers staff the table at all times, so it should be enjoyable. If you have a partner already, all the better.

After you volunteer, I would appreciate being informed as possible if you break your leg or have some similar serious reason for not fulfilling your obligation, so that I can locate a replacement. And it would help if you can arrive 15-20 minutes ahead of your shift, so that you can familiarize yourself with the task at hand, and also so you can chat with your predecessors at the table.

I hope to hear from many of you very soon.

**8th STEP:** "Made a list of all persons we had harmed, and became willing to make amends to them all."

**8th TRADITION:** "Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers."

**8<sup>th</sup> CONCEPT;** The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

## **PLEASE SUPPORT THE ENVELOPE SYSTEM**

*... Yours in the Fellowship of the Spirit... Terry Bateman.... Executive Secretary*

Buffalo Central Committee Minutes  
July 2, 2006

Frank M., Committee Chair, opened the meeting at 7:00 PM, with a moment of silence, the Serenity Prayer and the Preamble. Leslie P., Lakeshore Group, read The Purpose of the Central Committee. Wally, Lockport #1 Group, read the Traditions. Motion to dispense with the reading of last months' minutes by John C., Courage Group, seconded by Bob H., Williamsville Group. Motion passed.

16 Groups were represented: Dist. 1: No representatives present; Dist. 2: Living Sober, Three Legacies; Dist. 3: Abbott Men's Disc., Courage, Iron Horse, No Human Power, Southgate, Sunday Morning Breakfast, Victory; Dist. 4: Action; Dist. 5: Lockport #1; Dist. 6: Lakeshore; Dist. 7: Fresh Start, Powerless; Dist. 8: Amherst Snyder, Williamsville.

**COMMITTEE REPORTS:**

**ENVELOPE SYSTEM:** Written report – Karen S., Committee Chair: June donations were \$632.00; year to date amount is \$3454.00; last year was \$3289.00.

**STEERING COMMITTEE:** Bill, Committee Chair: Salary recommendation for Exec. Secretary of 5% plus a \$50 increase in health benefits. Increase is based on past employment. The increase for health benefits is based on her not being paid for mileage when she uses her car for AA business.

**FINANCIAL REPORT:** Scott read financial report. An additional \$10,000 will be put in CD's.

**TREATMENT:** Patti S., Committee Chair: 1) Committee found a couple of meetings not being covered (2 at ECMC and one at Veterans Hospital). Committee thanks Williamsville Group for facilitating meeting at the Veterans Hospital; Ruthie M. for meeting at Lighthouse and Wilson Alumni group at ECMC. Anyone else interested contact Patti S. 2) ECMC Tuesday meeting run by members of AA on 9<sup>th</sup> floor; alumni meeting for sober members that have been through ECMC; this meeting is not a Treatment meeting. ECMC administration removed the open treatment meeting from Room 981 as listed in our schedule because the alumni meeting is too large. Committee contact ECMC administration and request they not remove this meeting because it is open to public. 3) TFC still writing guidelines. 4) Articles are being written for New Frontiers and announcements for people willing to make 12<sup>th</sup> step call at ECMC Psychiatric floor and home group participation.

**CORRECTIONS:** Andy, Committee Chair: Committee send out letters to inmates in the Bridging The Gap Program: one to ECCF and one to Coxsackie CF – there are many opportunities to get involved in the service – if anyone is interested in getting home groups involved, see the corrections chairperson or call Bob G. Volunteer service coordinator at Wende Facility stated that a volunteer can go into facility one time to give a lead, but after that visit, must go through a photo ID and orientation process; must also receive tuberculosis test. This can be done free by calling ECMC TB clinic at 898-3326. Anyone interested in volunteering in State Facilities may call Leah Hossie at Wende at 937-4000 ext 4650 or James Galati at Gowanda at 532-0117 or see the corrections chair person for an application. Committee meets at Central Office 6:00 pm first Sunday of each month.

**SCREENERS:** No report – Vacancy exists for chairman.

**CENTRAL OFFICE:** AA INFO: 280; 12-STEP: 6; ALANON: 6; VISITORS: 169; VOLUNTEERS: 26.  
Upcoming vacation days are July 3, 5, 14, 21, 28 and August 4. That brings us to date 10 days out of 15 scheduled.  
Yours in the fellowship of the Spirit;  
Terry B., Exec. Secretary

**NEW FRONTIERS:** No report

**PIC:** No report

**CONVENTION COMMITTEE:** Report given by Entertainment Chair: A DJ has been secured for Saturday 10/21 – contract was signed and \$25.00 deposit given; 7 home groups have given donations amounting to \$335.00; 2 individuals donations totaling \$35.00 for balance of \$370.00 in donations; we are seeking greeters – anyone wishing to be a greeter please leave your name and number and it will be forwarded to chairperson of the Greeters Committee.

**AD-HOC COMMITTEE: Website Committee:** Will M., Living Sober Group: We've been working on a draft of a web site for the Central Committee and the Buffalo Central Office. The site address is [www.buffaloaa.org](http://www.buffaloaa.org). The purpose of the web site and associated e-mail addresses is to allow enhanced communication with the membership and various committees. As well we're providing a meeting schedule that his body will control directly. It essentially duplicates the meeting list of [www.ny-aa.org](http://www.ny-aa.org), but will allow us to add features like maps to meetings, specifying meetings that no longer meet and direct links to each meeting's district rep and district home page. Currently, the meeting list has not been proofread and not all the maps to meetings are connected. The proofreading will be complete in the next few days. Any meeting whose maps do not appear after this week will need to contact us to clarify their address. If your meeting has no map after this week, please provide as much information as possible including church or location name, street address and zip code. Whether or not this web site is approved for use rests on the approval of this body. The anonymous e-mail addresses for the committees can be considered as a separate issue for its own benefits. If the concept of a web site is approved, it is up to the body as the final design of the site. If approved I propose that this body consider forming a committee to approve and maintain the site in the concepts of service to the membership and the Traditions. Any involvement I personally have in the site up to the decision and will of this body. Any member with sufficient knowledge of the Traditions could chair this committee and I could be available as a technical advisor and editor of the site for the committee.

**AD-HOC COMMITTEE: Incorporating the Central Office:** No report

**COURTESY REPORTS:**

**ARCHIVES:** No report

**GSA:** John C., Treasurer, next meeting August 13<sup>th</sup> – 1:00 p.m. in Jamestown

**CPC:** No report

**AREA 50 PIC:** No report

**RECAP:** Shawn C. question for Central Office, asked about 28 volunteers for the month. Terry answered she needed help folding New Frontiers each month; that volunteer count actually was 1 volunteer for 28 days.

**OLD BUSINESS:** District 6 Serenity on the Lake – no new proposed amendment change received. Motion to dismiss by John H., seconded by Scott T. Passed with 1 abstention. Screeners chair- Patti of No Human Power Group volunteered. Sobriety date 12/02/83. Appointed to Screeners Chair. District 1 still has no representative on Steering Committee. New group added to schedule – Afternoon Meeting meets Fridays at 1:00 p.m. Veterans Hospital. Motion to accept by Bill O., seconded by Bob, Williamsville. Passed with 1 abstention.

**NEW BUSINESS:** Scott T. motioned to purchase \$10,000 in CDs to raise our prudent reserve. Terry B. stated current expenses are about \$9,000 per month which would leave the balance at \$7,000. Scott withdrew his motion. Bob, Williamsville, motioned that we put \$7,000 in CDs leaving a balance of \$10,000 to operate Central Office. John H., seconded. Passed, one opposed, one abstention. Scott T., motion for 5% pay increase for Executive Secretary and \$50 per month added to her health costs. Bob, Williamsville, seconded. Passed, one abstention.

Motion to adjourn by Bob H., Williamsville Group, seconded by Patti S., Meeting adjourned at 8:20 p.m. with The Lord's Prayer.

Minutes respectfully submitted by:  
Recording Secretary, John H., Sunday Morning Breakfast.

Income Statement	31-Jan-06	2/29/2006	31-Mar-06	30-Apr-06	31-May-06	30-Jun-06
Bag Bal Cash on hand	17,175.07	-17,017.03	11,135.16	12,055.88	10,673.55	12,773.75
Contributions						
Groups	3,048.73	3,750.09	4,550.05	2,768.76	4,246.86	3,034.00
Joint Meeting	51.00	29.05	48.86	39.00	44.00	51.00
Envelope System	1,309.00	304.00	520.00	224.00	465.00	632.00
New Frontiers Subs	20.00	33.00	30.00	43.00	170.50	63.00
Literature	4,697.45	2,744.30	3,426.10	4,040.55	2,729.10	2,172.13
Literature Postage	59.26	51.15	209.10	76.45	43.35	37.90
Archives Room Rent		100.00	50.00	50.00	50.00	50.00
Meetings-at CO	163.20	164.33	172.15	173.50	142.00	103.82
Mail/Misc.	25.00	25.00	50.00	25.00	28.95	50.00
US Treasury			669.75			82.99
"Gratitude Month" (NOV)	58.00					
Conventions/Day of Sharing						
Monthly Income	9,431.64	7,200.92	9,726.01	7,440.26	7,919.76	6,276.84
Expenses						
Office Rent	768.47	768.47	772.29	772.29	772.29	772.29
Electric	90.00	90.00		90.00	90.00	90.00
Payroll						
Salaries - gross	2,240.84	2,240.84	2,801.05	2,240.84	2,240.84	2,801.05
Federal Withholdings	(365.04)	(365.04)	(365.04)	(363.40)	(363.40)	(85.56)
NYS Withholdings	(123.16)	(123.16)	(123.16)	(123.16)	(123.16)	(123.16)
Disability Insurance	(2.40)	(2.40)	(2.40)	(2.40)	(2.40)	(2.40)
Payroll Tax Deposits						
Federal	496.64	735.75	588.60	2,160.00	536.00	588.60
State	222.51	106.42		509.24	185.95	
Insurance						
State Ins Fund		314.45				8.06
Health	304.00	304.00	304.00	304.00	304.00	304.00
Liability	1,233.75					
Postage	394.00	336.76	546.22	55.64	57.27	357.65
Phone	105.02	105.04	105.04	105.12	105.10	230.46
Accounting						1,900.00
Advt						
PIC Lit.						
Talking Phone Book				77.00		
Verizon	106.95	108.70	108.70	108.70		217.40
website						
white directory		464.40				
Yellow Pages	297.00			297.00		
Literature Expenses						
Grapevine		35.00	142.50			
World Services Inc	2,770.28	1,425.10	2,321.62	612.20	1,428.10	1,934.80
Hazeldon			592.14	598.00		
"In All Our Affairs"						
Printers				1,650.00		
Office Supplies	307.62	156.54	422.28	359.01	204.33	420.17
Answering service	124.43	121.47	128.00	127.48	124.19	143.50
Minolta leasing (copier)	260.45	260.45	260.45	260.45	260.45	260.45
Minolta Copies						682.49
CD		6,000.00				
Seminar			203.00	20.00		
Depreciation	100.00	100.00	100.00	100.00	100.00	100.00
Monthly Expenses	9,331.36	13,182.79	8,905.29	8,922.59	6,919.56	10,499.80
Monthly Income (Loss)	100.28	(5,981.87)	820.72	(1,482.33)	2,000.20	(4,222.96)
Depreciation add back (non-cash)	100.00	100.00	100.00	100.00	100.00	100.00
End Bal Cash on hand	17,017.03	11,135.16	12,055.88	10,673.55	12,773.75	8,660.79
CD	8,190.48	8,190.48	8,250.41	8,250.41	8,271.15	8,271.15
CD#2 RESERVE	6,000.00	6,000.00	6,018.09	6,018.09	6,057.58	6,057.68
Literature Assets:	10,292.85	9,401.00	8,731.30	7,805.65	8,240.70	8,931.25
Literature Receivable:(outstanding)	652.00	410.60	636.95	452.75	578.20	929.00
Corrections Facilities	3,465.62	3,343.15	3,572.53	3,537.53	3,672.53	3,684.70
Contributions	336.53	270.33	91.00	135.00	371.17	300.00
Expenses	459.00	40.95	126.00		359.00	
Balance	3,343.15	3,672.53	3,537.53	3,672.53	3,684.70	3,984.70
Treatment Facilities	2,537.42	1,271.99	1,463.32	1,461.20	1,461.95	1,924.64
Contributions	241.78	245.33	126.00	90.00	553.17	300.00
Expenses	625.00				16.12	
AT & T Bridging The Gap	29.21		78.62	37.25	39.08	
AAA Abbott Answering Service	53.00	54.00	49.50	52.00	51.50	49.50
Literature	800.00					480.00
Balance	1,271.99	1,463.32	1,461.20	1,461.95	1,924.64	1,695.04

CORRECTION: IN MARCH  
A FORMULA ERROR OCCURRED  
THAT WAS NOT CAUGHT  
IN OUR "END BALANCE".  
REPORTED WAS \$20,140.45,  
WHEN FORMULA IS CORRECTED  
OUR END BALANCE IS,  
\$12,055.88 FOR MARCH  
FURTHER EXPLANATION  
WILL BE GIVEN AT  
CENTRAL COMMITTEE.

GROUP CONTRIBUTIONS

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	JUNE	YEAR	JUNE	YEAR	JUNE	YEAR
11:45		0.00		0.00		0.00
12 Step		0.00		0.00		0.00
4th Step Stumblers		0.00		0.00		0.00
6th Step		0.00		0.00		0.00
A Day At A Time		0.00		0.00		0.00
Abbott Men's	177.00		177.00		177.00	
Acceptance/Welcme	300.00		0.00		0.00	
Achievement	0.00		0.00		0.00	
Actlon	100.00		75.00		75.00	
Age Doesn't Matter	0.00		0.00		0.00	
Albion Lunchbunch	0.00		0.00		0.00	
Alexander	0.00		0.00		0.00	
Amherst Snyder	416.30		0.00		30.00	
Armsdeil Lakeshore	40.00		0.00		0.00	
Any Age	0.00		0.00		0.00	
Any Length	30.00	180.00	10.00	30.00	10.00	30.00
Arcade	100.00		0.00		0.00	
As Bill Sees It	25.00	100.00		0.00	0.00	
Attitude Adjustment	100.00		50.00		50.00	
Attraction	200.00		0.00		0.00	
Backdoor	0.00		0.00		0.00	
Batavia Friday Night	0.00		0.00		0.00	
Beginning in Sobriety II	0.00		0.00		0.00	
Beginning's Women	0.00		0.00		0.00	
Bldwell Monday	0.00		0.00		0.00	
Big Book Lockport	50.00		0.00		0.00	
BB Spiritual Awakening	10.00		0.00		0.00	
Big Book Study	0.00		0.00		0.00	
Big Book Workshop	0.00		0.00		0.00	
Blasdel	0.00		0.00		0.00	
Blasdel Monday Night	0.00		0.00		0.00	
Bodhisatva	0.00		0.00		0.00	
Boulevard Helping Hand	0.00		0.00		0.00	
Boulevard Women	0.00		0.00		0.00	
Brass	50.00	150.00	0.00		0.00	
But For the Grace of God	0.00		0.00		0.00	
By The Book	0.00		0.00		0.00	
Came To Believe	0.00		0.00		0.00	
Carry the Message	50.00		0.00		0.00	
Casting	0.00		0.00		0.00	
Cathedral Park	0.00		0.00		0.00	
Cayuga Wake-Up Call	277.00		0.00		0.00	
Caz Manor	140.00		0.00		0.00	
Central Park	25.00		25.00		25.00	
Chepler IX	120.00	120.00	120.00	120.00	120.00	120.00
Cheektowaga	200.00	600.00		0.00	0.00	
Chevy #1	0.00		0.00		0.00	
Clarence Men's	0.00		0.00		0.00	
Clarence Men's II	0.00		0.00		0.00	
Cold Spring	0.00		0.00		0.00	
Common Bond	0.00		0.00		0.00	
Common Solution	0.00		0.00		0.00	
Commitment	200.00	200.00		0.00	0.00	
Community Center	0.00		0.00		0.00	
Complanters	0.00		0.00		0.00	
Courage	100.00		0.00		0.00	
Crossroads	60.00		0.00		0.00	
Cross Talk Big Book	20.00	20.00		0.00	0.00	
Daily Reflections	159.00		0.00		0.00	
Daily Reprieve	0.00		0.00		0.00	
Derby	0.00		0.00		0.00	
Desire	0.00		0.00		0.00	
Desperate	0.00		0.00		0.00	
Downtown Men's	0.00		0.00		0.00	
Dunkirk Monday Night	100.00		0.00		0.00	
Early Bird	53.00		0.00		0.00	
Early Bird Men's	0.00		0.00		0.00	
Early Bird Step	25.00		0.00		0.00	
Early Rising Obliging	0.00		0.00		0.00	
Easier Softer Way	0.00		0.00		0.00	
East Amherst	100.00		0.00		0.00	
East Aurora	500.00		0.00		0.00	
Easy Does It	100.00		0.00		0.00	
Ellicott	0.00		0.00		0.00	
Ellicottville	0.00		0.00		0.00	
Emergency	0.00		0.00		0.00	
Everybody's	0.00		0.00		0.00	
Express	0.00		0.00		0.00	
Eyeopener	400.00		0.00		0.00	
F.U.N.	0.00		0.00		0.00	
Faith	0.00		0.00		0.00	
Father Baker	100.00		0.00		0.00	
Feelings	25.00		0.00		0.00	
Fireside	666.85		100.00		92.00	
First Things First	150.00		0.00		0.00	
Forestville Sunday Serenity	30.00		0.00		0.00	
Fredonia Discussion	0.00		0.00		0.00	
Freedom	100.00	300.00		0.00	0.00	
Freedom Now	0.00		0.00		0.00	
Fresh Start	30.00		30.00		30.00	
Friendly	6.25		0.00		0.00	

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	JUNE	YEAR	JUNE	YEAR	JUNE	YEAR
1 Frontier(New)		0.00		0.00		0.00
GAHA: DAGOH #1		0.00		0.00		0.00
Gahada Gon( Good Shepard)		148.00		0.00		0.00
Gardenville		0.00		0.00		0.00
Georgetown		153.65		0.00		0.00
Getting Better		0.00		0.00		0.00
Giving		0.00		0.00		0.00
Go To Any Length		200.00		0.00		100.00
Golden Slipper		0.00		0.00		0.00
Grand	204.00	204.00		0.00		0.00
Grand II Joy of Living		0.00		0.00		0.00
Grateful		0.00		0.00		0.00
Guiding Light		0.00		0.00		0.00
H.O.W.		0.00		0.00		0.00
Hamburg		50.00		0.00		0.00
Hand		0.00		0.00		0.00
Handicappers		300.00		0.00		0.00
Happy Hour		0.00		0.00		0.00
Happy Hour II		0.00		0.00		0.00
Harmony		0.00		0.00		0.00
Helping Hand		100.00		0.00		0.00
High Noon	70.00	420.00		0.00		0.00
High View		150.00		0.00		0.00
Higher Power		0.00		0.00		0.00
Hillbilly	100.00	100.00	25.00	25.00	25.00	25.00
Holiday Village	200.00	1200.00		0.00		0.00
Holland		0.00		0.00		0.00
Honest Solutions		0.00		0.00		0.00
Honestly		60.00		0.00		0.00
Hope Big Book Study		0.00		0.00		0.00
How It Works		0.00		0.00		0.00
How It Works/Men's		0.00		0.00		0.00
Inner City		0.00		0.00		0.00
Inspiration		0.00		0.00		0.00
In The Solution		0.00		0.00		0.00
Intoxicated on Life		0.00		0.00		0.00
Ironhorse	148.00	522.25	15.00	51.75	15.00	52.00
IT		0.00		0.00		0.00
Jameson Groups		0.00		0.00		0.00
Johnson Creek Big Book	60.00	60.00		0.00		0.00
Journey		0.00		0.00		0.00
Just Do It		0.00		0.00		0.00
Just For Today/ Albion		0.00		0.00		0.00
Just For Today/Cheek		100.00		0.00		0.00
Keep It Simple Sister		40.00		40.00		40.00
Keep On Coming		0.00		0.00		0.00
Kenmore		0.00		0.00		0.00
Kensington		25.00		0.00		0.00
Ladies Nite Sober		0.00		0.00		0.00
Lake Shore	200.00	500.00		0.00		0.00
Lakeview		150.00		0.00		0.00
Last Days Fellowship		5.00		0.00		0.00
Lawyers		0.00		0.00		0.00
LawPort		0.00		0.00		0.00
Let Go and Let God		0.00		0.00		0.00
Liberty Women		30.00		0.00		0.00
Life Today		0.00		0.00		0.00
Lighten UP	240.00	800.00		0.00		0.00
Live and Let Live		0.00		0.00		0.00
Living Clean		0.00		0.00		0.00
Living in the Solution	25.00	25.00		0.00		0.00
Living Sober		0.00		0.00		0.00
Lock City		0.00		0.00		0.00
Lockport #1		600.00		50.00		50.00
Lockport (no name)		0.00		0.00		0.00
Lockport Discussion		0.00		0.00		0.00
Lockport Ladies		0.00		0.00		0.00
Lockport Nooners		0.00		0.00		0.00
Lockport Tuesday		0.00		0.00		0.00
Lockview		200.00		0.00		0.00
Look To This Day		0.00		0.00		0.00
Love		0.00		0.00		0.00
Lovejoy		30.00		0.00		0.00
Lower River		0.00		0.00		0.00
Lunch Bunch Albion		0.00		0.00		0.00
Main and High		20.00		0.00		0.00
Main Street		0.00		0.00		0.00
Maple Meditations		0.00		0.00		0.00
Marilla		40.00		0.00		0.00
Matt Talbot	50.00	300.00		0.00		0.00
Mckinley Winners		100.00		0.00		0.00
Medina Big Book		0.00		0.00		0.00
Medina New Life		70.00		0.00		0.00
Mercy		150.00		0.00		0.00
Mid-day		45.00		0.00		0.00
Midnight Discussion		0.00		0.00		0.00
Miracle Happen		0.00		0.00		0.00
Morning After		400.00		0.00		0.00
New Awakening		0.00		0.00		0.00
New Frontier		0.00		0.00		0.00
New Beginnings/SJ Vincent		25.00		0.00		0.00
New Life		0.00		0.00		0.00
New Outlook		0.00		0.00		0.00
Niagara Intergroup		0.00		0.00		0.00
New Westside		0.00		0.00		0.00
Niagara Frontier Men's Disc.		57.00		0.00		0.00
No Human Power		0.00		0.00		0.00
North Buffalo		200.00		50.00		50.00
North Java Monday		0.00		0.00		0.00
North Java Sunday		0.00		0.00		0.00

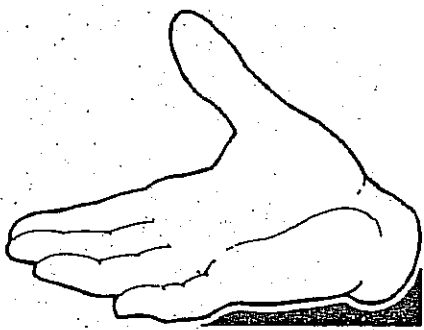
GROUP CONTRIBUTIONS

GROUP	CENTRAL	CORRECTIONS	TREATMENT
Yet Named	0.00	0.00	0.00
OLV Women's	0.00	0.00	0.00
One Day At A Time	200.00	0.00	0.00
Open Arms	50.00	100.00	0.00
Open Mind	0.00	0.00	0.00
Orchard Park Step	330.00	0.00	0.00
Pass It On	0.00	0.00	0.00
Patchin	0.00	0.00	0.00
Pathway to Peace	0.00	0.00	0.00
Pendleton Chapter Five	0.00	0.00	0.00
Phonix	0.00	0.00	0.00
Positively Living/Ret.	800.00	0.00	0.00
Powerless	25.00	0.00	0.00
Pride	40.00	0.00	0.00
Primary Purpose	10.00	0.00	0.00
Principles Bef. Personalities	150.00	150.00	0.00
Progress	0.00	0.00	0.00
Purpose/Tonawanda	0.00	0.00	0.00
Questions & Answers	20.00	0.00	0.00
Rainbow	50.00	0.00	0.00
Ray of Hope	240.00	0.00	0.00
Reco. Women in the BB	0.00	0.00	0.00
Recovery Near the Gardens	10.00	0.00	0.00
Redeemers	0.00	0.00	0.00
Reflections	0.00	0.00	0.00
Reflections on Recovery	0.00	0.00	0.00
Remember When	15.00	0.00	0.00
Renewal	0.00	0.00	0.00
Ride Sober	100.00	0.00	0.00
Ridge	0.00	0.00	0.00
Rise and Shine	0.00	0.00	0.00
Rochester	0.00	0.00	0.00
Roland	0.00	0.00	0.00
Rural is Plural	0.00	0.00	0.00
Sally	0.00	0.00	0.00
Saratoga	0.00	0.00	0.00
Sat. Night in Recovery	0.00	0.00	0.00
Sat. Nite Sober	0.00	0.00	0.00
Sat. Midnights	0.00	0.00	0.00
Searching For Serenity	100.00	0.00	0.00
Second Chance	0.00	0.00	0.00
Serenity	200.00	220.00	50.00
Serenity Circle	10.00	10.00	0.00
Serenity in the Park	0.00	0.00	0.00
Serenity on the Lake	0.00	0.00	0.00
Serenity Shack Nooners	0.00	0.00	0.00
Serenity Trails	0.00	0.00	0.00
Setasida	100.00	100.00	0.00
Shenidan	100.00	0.00	0.00
Silvercreek Friendship	5.00	0.00	0.00
Sober and Proud	0.00	0.00	0.00
Sober Saturday	50.00	50.00	50.00
Sober Trails	0.00	0.00	0.00
Sober Winners	0.00	0.00	0.00
Sobriety Comes First	0.00	0.00	0.00
Sobriety for Women	0.00	0.00	0.00
Sobriety Men's Disc.	73.34	73.33	33.33
Sobriety On The Canal	60.00	0.00	0.00
Sobriety on a Sat. Night	0.00	0.00	0.00
Sobriety on the Lake	0.00	0.00	0.00
Solidarity	0.00	0.00	0.00
Somerset	0.00	0.00	0.00
South Buffalo	0.00	0.00	0.00
South Town	0.00	0.00	0.00
Southgate	30.00	60.00	0.00
Southwestern	0.00	0.00	0.00
Spirit of Hope	100.00	0.00	0.00
Spiritual Progress	90.00	0.00	0.00
Springville Sat Afternoon	60.00	0.00	0.00
Springville Tues. Night	60.00	0.00	0.00
Springville Wed. Noon	0.00	0.00	0.00
Springville New Life	40.00	0.00	0.00
St. Barnabas	0.00	0.00	0.00
St. Mark's	0.00	0.00	0.00
Starting Over	194.55	0.00	0.00
Staying Alive	0.00	0.00	0.00
Step Work	0.00	0.00	0.00
Stepping Stones/Gow.	0.00	0.00	0.00
Stepping Stones/Wit.	0.00	0.00	0.00
Suburban	0.00	0.00	0.00
Sunday Afternoon Ascension	0.00	0.00	0.00
Sunday Morning Breakfast	800.00	0.00	0.00
Sunday @ 8:00	0.00	0.00	0.00
Sunday Niters	0.00	0.00	0.00
Sunday Third Group	0.00	0.00	0.00
Sunrise Court	400.00	30.00	30.00
SUNY Amherst Campus	40.00	40.00	0.00
Surrender and Hope	200.00	50.00	50.00
Survivors	0.00	0.00	0.00
TAF	0.00	0.00	0.00
Thankful	250.00	0.00	0.00
The Book Meeting	0.00	0.00	0.00
Three Legacies	148.95	146.95	146.95
Those Too	0.00	0.00	0.00
Thruway	200.00	850.00	20.00
Thurs. Nite Steppers	0.00	0.00	0.00
Thursday PM Discussion	150.00	0.00	0.00
Today	0.00	0.00	0.00

GROUP	CENTRAL	CORRECTIONS	TREATMENT
1 Today's Woman	75.00	0.00	0.00
2 Trail Blazers	0.00	0.00	0.00
3 Tri County	60.00	0.00	60.00
4 Tri-Step Beginners	0.00	0.00	0.00
5 Try Again	100.00	100.00	10.00
6 Tuesday Men's AM	100.00	0.00	10.00
7 Tuesday Women	0.00	0.00	0.00
8 Turning Point	52.00	52.00	0.00
9 Twin Cities	0.00	0.00	0.00
10 Unity	0.00	0.00	0.00
11 University Men's Disc.	0.00	0.00	0.00
12 Valley	100.00	0.00	0.00
13 Varieties of Spiritual Exper.	0.00	0.00	0.00
14 Varysburg	0.00	0.00	0.00
15 Victory	100.00	0.00	0.00
16 Victory Women's	100.00	0.00	0.00
17 Wake Up Call	0.00	0.00	0.00
18 We Are Not Saints	0.00	0.00	0.00
19 We Care	120.00	40.00	80.00
20 We Choose Life	0.00	0.00	0.00
21 We Don't Know	0.00	0.00	0.00
22 Wehrie	80.00	0.00	0.00
23 Westfield	40.00	0.00	0.00
24 Westminster	0.00	0.00	0.00
25 Why	25.00	25.00	0.00
26 Williamsville	0.00	0.00	0.00
27 Willing To Grow	0.00	0.00	0.00
28 Wilson Group	43.30	30.00	0.00
29 Wilson Smlth Alumni	0.00	0.00	0.00
30 Women In Sobriety	0.00	0.00	0.00
31 Women's West Side	0.00	0.00	0.00
32 Working	0.00	0.00	0.00
33 You'll Never Walk Alone	0.00	0.00	0.00
34 Young at Heart	0.00	0.00	0.00
35 Youngstown	0.00	0.00	0.00
36 Alices	0.00	0.00	0.00
37 Anonymous	100.00	200.00	0.00
38 Frank & Marjorie P.	46.00	0.00	0.00
39 John H.	25.00	0.00	0.00
40 Della R.	19.95	0.00	0.00
41 Don K.	2.05	0.00	0.00
42 Dick G.	10.00	0.00	0.00
43 Robert K.	10.00	10.00	0.00
44 Tim F.	25.00	25.00	0.00
TOTALS	21413.49	300.00	1555.28

ATTENDED CENTRAL COMMITTEE

# STEP 8 STUDY GUIDE



**PRINCIPLE:** Forgiveness.  
**DEFINITION:** to excuse for a fault or offenses; to renounce anger or resentment against.

- Read the step and the definition of compassion each morning for the month. Meditate on how you can practice this principle in all of your affairs. Have you forgiven others and yourself? If you cannot forgive someone or yourself, why can't you? What is blocking you? What are you holding onto? What are your old ideas about forgiveness?
- Read Chapter 9 "The Family Afterward" from the Big Book.
- Read chapter on Step 8 from the 12 & 12.

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