

# NEW FRONTIERS

August 2009

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER  
We request that this newsletter be kept within the Fellowship to insure anonymity.

## We Think We Have It

A lot of us, myself included, no matter how much time we have in A.A., seem to progress and educate ourselves to a point where we have a "grip" on our lives. We advance to the point where meetings become casual get-togethers. A lot of our friends are there, and we have some great discussions about what's happening in our lives. Life is good and we know we're getting better, stronger, full of pride and know-how. This is great, we really are enjoying life. We started receiving some of the *rewards* of the Program. We started getting respect from people and enjoyed being "on top."

Sounds great, doesn't it? Guess what? We forgot something! Now that we have excelled and progressed and finally "found ourselves," we need to be cautious. WE ARE NOW ON VERY SLIPPERY ICE! We took back our will and unknowingly returned to our old selves.

Think about it. When we first came to A.A., we were willing to change ourselves because we had thought that we knew everything and had failed miserably. Our lives were upside-down due to our stubbornness and our addiction.

Unless we are careful, we will take back "our will" and take charge of our life. All of a sudden, *we know everything* and need not take other's suggestions. We know what is good for ourselves, we know everything that we need in life. We have all the answers. We no longer need to pray or be thankful. We've "got it!"

**Fellow members, beware! Please be careful of our disease!**

When I first came in to our Program of Recovery, I was told how cunning, baffling and powerful this disease was. Each year that passes, I find this to be more and more evident. It creeps up on us when we least expect it. It sneaks in when we think we're in control, just to remind us how we need to be humble and continue to work the Program of A.A. Not our version, but the A.A. version. The things that were suggested to us when we first came through the doors of A.A., such as:

*Go to meetings. Go early and stay late. Help out and catch the meeting before and after. Stay involved with a home group and other A.A. services. Don't forget to be a sponsor, and don't forget to talk with your sponsees. Carry the Message!* Simple things we were taught, but gave them back because now we "know it all."

This is such a deceptive disease! It lingers in the back of our brain and waits to surface when we unknowingly allow it. Remember, our disease is forever. We may arrest it and keep it under control and gain sobriety, but the disease is still there, insidiously waiting to manifest itself if we do not maintain or improve our A.A. Program of Recovery. Keep it simple. Stay "IN" the Program of A.A.

Carl S.  
Lew-Port Group

## Avoid The Opposite Sex?

I often attend AA meetings, with women's tables where the women say: "Oh, I could never go to a table with men and share or I only go to women's tables or meetings."

When I was a newcomer my sponsor and other old-timers taught me some very valuable lessons about meetings. My sponsor showed me the preamble where it said that we are a fellowship of **men and women**. He explained to me that meetings were co-ed because we all needed to learn to get along with each other, listen to each other and heal. He also emphasized that I needed to learn how to take care of myself around men and women and learn how to function *without a drink* in all situations.

I learned a lot. Some individuals, men and women were in AA for respite {an interval of relief}, not really to stop drinking and change everything. Others were lonely and looking for love in "all the wrong places". Most of us were confused, had insane thinking, old ideas surfacing and were mucking along, not drinking one day at a time, doing service, The Steps, working with sponsors and finding our way. My sponsor continuously pointed out to me that I needed to learn how to live and not avoid certain things out of fear or prejudice.

No one was suggesting to me that I bring up sensitive subjects like sexual issues, abuse, and difficulties with relationships at an AA table unless I was comfortable. I was told to find individuals and speak to them one on one about these issues. It does tell us in How It Works that we share in a *general* way at a table and that seems to work for most of us.

There are many "men's" meetings and "women's" meetings and individuals may be surprised to find that in the early days there were no special interest meetings. We have group conscience these days, and a lot of freedom to create different kinds of meetings.

My hope, however, is that neither men nor women attend same sex meetings because of prejudice about the opposite sex, resentment, or fear. I have a sponsee who rarely attended any meetings where men were present. After some time, we attended a mixed meeting and she shared with the group her fear of being at tables with men. I will quote her: "attending that meeting and saying out loud my fears about men, freed me in a way I had not even dreamed. I received so much love and support from men and women at this meeting, that I now attend mixed meetings with ease and have developed some warm relationships with men in the program. I am so grateful that I shared my fear and grew up in my connection with men."

Many things are quoted at A.A. meetings about relationships, yet nowhere except briefly in the Big Book are there any suggestions about men and women avoiding each other. What the literature does tell us is that we all have old ideas and can, through The Steps, have these ideas healed so that we can walk "in the sunlight of the Spirit". We have a way of living that works **IN ALL SITUATIONS** and has helped me to learn to live in the world as it is, not as I would have it be.

Charmaine D.  
High Noon Group

# My Name Is Lloyd

## An alcoholic's own story

[Published in the AA Grapevine January 1969]

MY NAME is Lloyd, and I have the disease of alcoholism. A few twenty-four hours ago, a Power much greater than anything I have ever known allowed me to walk away from my "skid row."

For many years, I blamed alcoholic drinking on my American Indian heritage. But it became obvious to me that my drinking progressing toward my total destruction--and that I was not becoming more Indian. Consequently, I reasoned, the symptoms of my alcoholism could no longer be blamed on my heritage. It had to be something else. (I thought for a while that I might be becoming Irish.)

It took many heartaches, intense and constant fear, a feeling of hopelessness, absolute loss of self-respect, an awareness of my self-propelled degradation, and last, but not least, a complete breakdown of any spiritual inhibitions, before I totally surrendered to my ex-friend John Barleycorn. In my "mind" the inevitable was merely a matter of time. One of three tragedies was imminent--death, jail, or a mental institution. This I accepted as fact.

It was on this day that I received what I call a gift from God, as I understood Him. I walked from any "skid row" with one feeble thought. "If I am to live, I must stop drinking." I am positive that this thought was not generated within myself.

It was not long after this that I was talking to my first A.A. sponsor and attending meetings. Much to my amazement, I found myself dry for a few twenty-four hours, with a desire not

to start again. It was not easy at the beginning. In fact, I found myself for the first time with a choice between the living hell of drinking and (as I saw it then) the living hell of not drinking. It was through the grace of God that I chose to try the latter of these two hells.

It must have taken me three months to get the spiritual message that was being taught for people like me at the meetings. It was simply, "If you want to, take my hand and walk with me, one day at a time, into a new way of life." This was the message that got through my wine-soaked mind.

Once I had grasped the idea, I was allowed to recapture an incident in my younger life on an Indian reservation in upper New York State. I would like to share this with my friends in AA and anyone else it may help.

One winter day, my father and I set out to cut the trees necessary for logs to burn in our old iron stove to keep our home warm. It had snowed heavily the night before, and the snow had drifted. Being around eight years old, I was having quite a time walking through the drifts. Then I found myself stepping in my father's footprints, and the journey became much easier. I recall remarking to my father, "Look, Dad, I'm walking in your footsteps."

He turned and smiled. Realizing my inability to keep the pace alone, he said, "So you are, but why don't you take my hand and walk up here beside me?" I took my father's hand, and with his strength and understanding we made our trip to the timberline with ease. At the time, this incident did not have much

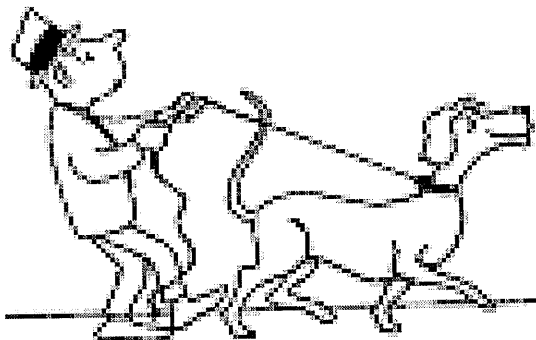
meaning, but as I look back on it now, it has tremendous meaning.

Twenty years later, I found myself trying to follow in the footsteps of a group of people who were headed where I apparently wanted to go. Again by myself, like a small child, I did not have the ability to keep up the pace. Again the smile and the offer of the hand were there for me to take. No questions asked. The people of AA came through loud and clear: "Lloyd, if you choose, take our hands and walk up here beside us." I took the hand and held on for dear life.

Today I feel that I am part of that hand offered. I know that I still depend upon all those other hands, and I must offer mine to someone who is trying to follow in our paths.

I make one plea to the relatively new person on the program. When the snow gets deep and the going is tough, ask God, as you understand Him, for the courage to ask for the hand of A.A. I know it will be there, because I still have to ask for that hand quite often myself.

Lloyd E., Syracuse, NY  
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## Gratitude Is The Hinge On Which the **Sober** Life Lives

Gratitude is the golden train that I offer to others. It is something that God, *as I understand Him*, has given me. Gratitude is not something we talk; it is something we do. It is the Twelfth Step. You don't have to tell me you are grateful, you will show me. It will be performing 'on stage' for me to observe.

You can settle for any sort of sobriety. But once you settled, and it may be good sobriety, you settled, and the good prevents you from shooting higher. Don't you know that 'good enough' is the enemy of 'the best'? Do you know what I'm worth? I'm worth the best. And if you don't have it, please step aside, I'll bypass you and pursue someone who has it. We all should strive for the best, and we all are worth the best. You are worth THE BEST!

My real spiritual advisor has passed on, but he's still with me as my hero. You are with me too. Come live in my heart, the rent is free. The likes of you keeps me going, and I hope I help you keep going. I willingly pass on what he has given me, free of charge.

I do not wish you  
Joy without a sorrow,  
Endless daylight without the healing darkness,  
Brilliant sun without the restful shadow,  
Or tides that never turn against your back.  
I wish you faith, strength, love and wisdom;  
Goods, gold enough to help some needy one.  
I wish you song but also blessed sorrow,  
And God's sweet peace when every day is done.

"Just Another Spoke"  
Eye Opener

Submissions by members of A.A. on the Niagara Frontier are encouraged and welcomed.

## ...First Time at *This* Meeting...

Do you have a tendency to attend the same meeting or meetings, week after week? If so, you are likely to get into a rut sooner or later. When that happens, if not before, I'd suggest going to a meeting that you haven't been to, or one you rarely attend.

When I became editor of this newsletter, one of my goals for the 2 years I would have that job was to try and visit every meeting in the schedule. So far, that hasn't happened – there are a LOT of meetings! What I have done, as my auto fuel budget allows for, is go to a meeting I haven't been to at least once a month. I think that I've introduced myself as “first time at this meeting” around 15 times in the Western New York area, since January 2008.

I also get to go to Cleveland from time to time, since my daughter is at college there. Usually I find a way to attend a meeting when I am there. I've been blessed to attend meetings in Cleveland, Akron, Florida and South Carolina, all in 2009.

All the meetings I've attended are similar in the message they present. Cleveland does some things different. When it comes time to talk about a topic, or someone giving their lead, the message is the same. The key for me is I pay a little more attention, since I haven't heard that particular person share at a table like at my home group each week.

Pride *never* enters the picture, when I get to introduce myself as someone from out of town. Hey look at me, 'Mr. A.A.' going to meetings when he's out of town. Yes, I am welcomed rather nicely at those meetings. The reality is I'm still just another alcoholic at an A.A. meeting, which I need as much as they do! Pride deflates like a stabbed balloon.

As this issue goes to press, I'll be in Florida for a few days helping out a relative. I won't comment on the steam bath weather they have now. However, for a few days I'll be at meetings where I don't know a soul. **Instant refreshment** (the clubs are air conditioned, I hope)! A geographical change, not a cure.

So if you are getting a little stale with your program, I'd recommend going to a different meeting than your regular routine at least once a month. Summer is the best time, since many groups do picnics or something other than a meeting. That is where you can really get to know your fellow A.A. members. Just be sure to stick out your hand first – it's easier that way.

Chip R.  
Grand II Joy of Living Group

## Tradition Seven Thoughts

How are you doing on your Seventh Tradition and helping to defray expenses? Are you putting \$2.00 or more in the basket when you can? How about at your home group? Does your home group then send excess funds (outside a prudent reserve) to the Central Office? Is your group doing its part to carry the message, by being part of the Western New York team that chooses to support Central Office (or Intergroup, for those Niagara Falls meetings)?

The alternative is for your group to do all the service related things that a Central Committee is now responsible for. For example, supplying a phone number in the phone book so someone in need can call a member of your group for help, 24 hours a day. Or, is your group clueless or indifferent to everything that is done collectively through the Central Committee, and says “let them do that”

without financially supporting those efforts? Do you agree or disagree with one of the summary statements in the Twelve Steps and Twelve Traditions (p. 11) under Tradition Seven: “PLACING THE RESPONSIBILITY OF SUPPORTING A.A. HEADQUARTERS DIRECTLY UPON A.A. MEMBERS”?

I certainly can give up a Tim Horton's coffee or a 20 oz. Soda once a week and put that extra 1.50, in addition to the buck I'm conditioned to put in the basket, for my home group. I try to do the same for the other groups I attend, when possible.

I've been unemployed since January, so I know that when you're broke, there isn't an extra buck some weeks for A.A. Some weeks I put \$2.00 in the basket at each meeting; a few weeks it was zero. Still, it is my responsibility, both individually and through our groups, to help defray our expenses. Yes, ME.

YOU can say the same thing, whether you earn \$100.00 a week or \$10,000.00. The “I Am Responsible” statement says it all: “*WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP, I WANT THE HAND OF A.A. ALWAYS TO BE THERE. AND FOR THAT: I AM RESPONSIBLE.*”

We realize that there are some groups that are barely covering expenses, and that is OK, because it should be balanced out by groups that are blessed with excess funds, and are committed to passing them on to Central Committee, GSO & other A.A. related areas.

I would be dismayed to find out that some of the zeros in the year to date contributions from groups are because of ignorance, apathy, or the “we don't give a hoot about whatever they do at Central Office” attitude.

-- Editor

TOOTHPASTE Test Department:

You're all familiar with the groups that always wind up with 50% fewer cavities by using this toothpaste or that. Well, one group tried one of the newer booze-flavored ones and reported 134% more cavities, and couldn't care less.

WE DON'T KNOW whether this tale comes under the heading of sport, but there must have been quite a bit of it going on at an office party given by a large construction firm.

On the next working day, one of the employees was summoned to see the head of the company. In icy tones, the president said, "I've heard that after the party the other day, you pushed a wheelbarrow down the middle of the main business street. What do you have to say for yourself?"

"Well, sir," answered the nervous employee, "I thought it would be okay, seeing you were sitting in it."

IN MEMORIAM  
**Things We Can Not Change**  
Ray S- East Aurora

To all our members who have lost family & loved ones our prayers are with you.

Share your Experience, Strength and Hope

Please submit your announcements by the 12<sup>th</sup> for next months issue.

Articles can be submitted at any time.

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Buffalo, New York 14210

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# AUGUST ANNIVERSARIES



## Group Anniversaries

Age Doesn't Matter:30y  
 Alden New Life; 34y  
 A New Life:18y  
 As Bill Sees It:20y  
 Big Book-Lockport:29y  
 Commitment:6y  
 Community Center:37y  
 Derby:35y  
 Grand:39y  
 Hamburg Early Bird: 2y  
 Lockport Ladies:20y  
 Marilla:21y  
 Point of No Return:3y  
 St. Barnabas:29y  
 Sunday's Best:10y  
 3 Legacies:9y  
 We Care  
 Youngstown:25y

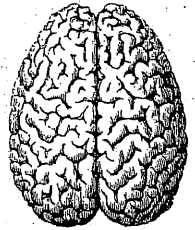
N. F. Policy:  
*Anniversaries must  
 be submitted by  
 the **12th**  
 of the  
 month previous*

**Alexander**  
 Bob R. 18y  
 Deanne Y. 21y  
**Amherst Snyder**  
 Duane D. 3y  
 Mike S. 3y  
 Debbie S. 4y  
 Lauren L. 4y  
 Steve K. 5y  
 Russel G. 5y  
 Cindy M. 6y  
 Sharon S. 7y  
 Ernie C. 7y  
 Gary S. 8y  
 Pam K. 8y  
 Donna H. 8y  
 Tim K. 10y  
 Mickey G. 19y  
 John L. 27y  
 Tom C. 27y  
 Eliot L. 49y  
**Big Book Lockport**  
 Tom H. 1y  
**Carry the Message**  
 Kenny S. 18y  
**Coldsprings**  
 Thornie H 16y  
 Dorothy M. 17y  
 Carmen S. 19y  
**Courage**  
 Marge B. 20y  
 Patricia N. 39y  
**Easy Does It**  
 Kirrsten A. 1y  
**Freedom**  
 Sue V. 2y  
 Nick K. 2y  
 Connie D. 11y  
 Greg C. 14y  
 Pete W. 20y  
**Fresh Start**  
 Tina C. 9y  
**Fireside**  
 Ashley A. 6m  
 Lori M. 9m  
 Simon G. 9m  
 Paul M. 1y  
 Stephanie H. 1y  
 Sue V. 2y  
 Nick K. 2y  
 Connie M. 11y  
 Grgg C. 14y  
 Pete W. 20y  
**Golden Slipper**  
 Denise C. 5y  
 Bruce R. 5y  
 Chris M. 8y  
 Joel A. 8y  
 Bob 22y  
 Mark D. 28y

H.A.N.D.  
 Jim M. 8y  
**Holland**  
 Rick M. 8y  
 John O. 19y  
**Ironhorse**  
 Jack T. 8y  
 Rich T. 16y  
 Frank M. 22y  
**Kensington**  
 Rita K. 16y  
 Ellie M. 31y  
**Kenmore**  
 Tom C. 5y  
 Justin W. 5y  
 Bob J. 6y  
 Jeff W. 6y  
 Duke K. 7y  
 Jonathan N. 10y  
 Karen G. 14y  
 Lucky W. 33y  
 John S. 39y  
**Lakeshore**  
 Kathie M. 2y  
**Living In The Solution**  
 Stacy R. 3m  
 Keith C. 9m  
**Living Sober**  
 Keith S. 6y  
 Bob G. 10y  
 Will M. 16y  
**Lockport #1**  
 Robin W. 7y  
 Bill W. 30y  
 Sandy S. 32y  
**Lockport Ladies**  
 Janis B. 11y  
**Lovejoy**  
 Tim G. 2y  
 Tom W. 3y  
 Dave P. 13y  
 Rita K. 16y  
**North Buffalo**  
 Lisa Jo S. 6y  
 Barbara S. 7y  
 Bob H. 11y  
 Lisa G. 15y  
 Lisa Y. 18y  
 Kathy T. 19y  
 Chuck B. 20y  
 Kevin C. 26y  
**Holiday Village**  
 John R. 4y  
 Karen K. 4y  
 Sue A. 5y  
 Jen T. 5y  
 Kellie W. 6y  
 Ken F. 10y  
 Shirley Z. 18y

**Orchard Park Step**  
 Jack T. 15y  
**Remember When**  
 Randy B. 14y  
**Rise & Shine**  
 Peter Z. 9m  
 Jeff F. 9m  
 Kevin Mc 3y  
**Sobriety on the Canal**  
 Kim C. 5y  
 Colleen D. 6y  
 Barbara S. 23y  
 Patsy N. 39y  
**Sun. Morning Br.**  
 De'Aun D. 3y  
 Gene K. 11y  
**Surrender & Hope**  
 Tim T. 10y  
 Lucky W. 33y  
**Thruway**  
 Robin D. 16y  
 Elizabeth B. 24y  
 Don M. 29y  
 Lee R. 29y  
 Dave B. 31y  
 Bernie S. 37y


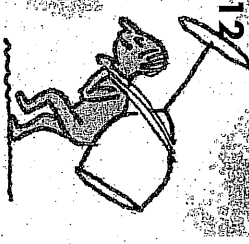
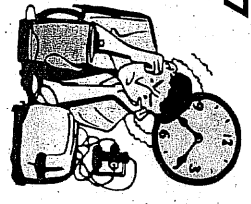




**THINK!**



1943: *Washington* (D.C.) *Times Herald* reports on AA clubhouse but withholds an address to protect members' anonymity.

<p><b>2</b> Steering Com. 5 PM Corrections Com. Meeting, 6:00 PM G. Committee Meeting, 7 pm Buffalo Central Office, 681 Seneca St. (hosted by Amherst Snyder Group) Tri County Annual Picnic - 12:00 Noon. Speakers @ 2 PM &amp; 6 PM. Going to Andy Larkin's Group Family Picnic. Speaker @ 4 PM. See Bulletin section for more on picnics @</p>	<p><b>3</b> 1984: Brinkley S. gets sober at Towns Hospital after his 50th detox.</p>	<p><b>4</b> • If only... • Yes but... <b>two excuses to get drunk again.</b></p>	<p><b>5</b> *1940: <i>Christian Herald</i> reviews The Big Book, "There is a book on alcohol you should read...The unnamed alcoholics write their own stories, and those stories are dynamite."</p>	<p><b>6</b> *1934: Ebbey T., Bill W.'s school buddy and sponsor, sobers up in the Oxford Group and visits Bill.</p>	<p><b>7</b> 1943: <i>Harrisburg</i> (Pa.) <i>Patriot</i> runs a story on the anniversary of the local AA group.</p>	<p><b>8</b> 1879: Dr. Bob, AA's cofounder, is born in St. Johnsbury, Vt.</p>
<p><b>9</b> 1943: <i>L.A. Times</i> reports an AA picnic at Sycamore Grove on August 8 with 400 Southern California AAs attending.</p>	<p><b>10</b>  "God alone can judge our sex situation." — The Big Book</p>	<p><b>11</b> 1938: First meeting of the Alcoholic Foundation.</p>	<p><b>12</b> </p>	<p><b>13</b> One drink is too many and a million ain't enough.</p>	<p><b>14</b> *1941: Bill W. writes Dr. Bob to report Works Publishing Co. has been incorporated.</p>	<p><b>15</b> 1890: E.M. Jellinek, Ph.D., author of <i>The Disease Concept of Alcoholism</i> and a great AA friend, is born.</p>
<p><b>16</b> 1939: Dr. Bob and Sr. Ignatia admit the first of over 5,000 drunks they will treat at St. Thomas Hospital in Akron, Ohio, over the next 10 years.</p>	<p><b>17</b> </p>	<p><b>18</b> Public Information Committee meeting. Buffalo Central Office, 6 PM.</p>	<p><b>19</b> 1941: First AA meeting in Colorado is held in Denver.</p>	<p><b>20</b> How does AA work? H-Honesty O-Open-mindedness W-Willingness</p>	<p><b>21</b> 1941: <i>L.A. Daily News</i> reports on an AA picnic held at Griffith Park Zoo. AAs saw some "real" elephants.</p>	<p><b>22</b> Archives Committee Meeting, 9 am *1949: Int'l. Doctors in AA is founded in Clayton, N.Y., with 10 doctors, including three Canadians.</p>
<p><b>23</b> Holiday Village Group 12<sup>th</sup> Annual Family Picnic &amp; Motorcycle Ride. Noon-?? Speaker @ 4 PM Chestnut Ridge Park, Martin Shelter <b>30</b></p>	<p><b>24</b> <b>31</b> **1966: Dr. Harry Tiebout dies. He was the first psychiatrist to support AA.</p>	<p><b>25</b> 1943: <i>Quincy</i> (Mass.) <i>Patriot</i> reports donation of an AA Big Book to local library by South Shore AA group.</p>	<p><b>26</b> "Belief meant reliance, not defiance." —The Twelve and Twelve</p>	<p><b>27</b> *1941: Cincinnati AA group has 60 members at its six-month anniversary party.</p>	<p><b>28</b> 1954: <i>24 Hours a Day</i> is published by Richmond W.</p>	<p><b>29</b> 68th Buffalo Fall Convention Meeting, 12 NOON Buffalo Central Office</p>



## PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)

*BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
(716) 853-0388  
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM  
Schedule on line at: [www.ny-aa.org](http://www.ny-aa.org) &  
[www.buffaloaany.org](http://www.buffaloaany.org)*

*681 SENECA STREET (Lower)  
BUFFALO, NEW YORK 14210  
Fax: 853-0389  
[www.buffaloaany.org](http://www.buffaloaany.org)  
[buffalooa@hotmail.com](mailto:buffalooa@hotmail.com)*

## **AUGUST 2009**

### **MEETING CHANGES:**

- **South Buffalo Group** is starting a speaker meeting on the second Friday of each month beginning on August 14 @ 9 PM. The group meets twice a week: Mondays 8 PM & Fridays (PM at the Good Shepherd Church, 187 South Side Pkwy, across from South Park High School.
- **NEW GROUP: Machias Big Book**, United Methodist Church, Route 16, Machias. Sunday, 7 PM, Open Discussion.
- **NEW GROUP: Lunch on Lafayette**, St. John's Grace, 50 Colonial Circle, Buffalo (west) Wednesday's; 12 Noon, Open Discussion.
- **Caz Manor Group has resumed** its Monday- Friday meeting. 10 AM, 486 North Legion Drive, Bflo South. Open Discussion.
- **Johnson Creek Big Book**, is moving on Aug. 5 to; Heartland Bible Church, 8110 West Ave in Gasport. Wednesday's, 8 PM.
- **Orchard Park Step Group** meets at 7:30 PM Tuesdays at St. John's Lutheran Church and will be starting a Big Book table the first week of July. Please bring your big book.
- **Sober Saturday Group** will be moving in July to Good Shepherd Church, 187 Southside Pkwy, South Buffalo. Saturdays, 8 PM.
- **Rise & Shine Group** is asking all past and present members of this home group to please make contact with the group with your name, sobriety date and phone number, so we may update our home group member list. We ask that this be done prior to the date of September 1<sup>st</sup>, 2009, or you will be dropped from the anniversary list. This action is taking place so that we are able to give accurate count to AA World Services. Thank You. Rise & Shine group conscience.
- **Women's Step Action Group**, Thursday's @ 6PM, St. Martin in the Field Church, 2587 Baseline Rd., Grand Island, is closed for the summer. Will resume in the fall.
- **IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

### **COMING EVENTS**

~ **Special Needs Committee**, meets before "As Bill See's It Group", 6:30 PM, Hamburg Presbyterian Church, 117 Main St., Hamburg

- ~July 24-26, **41<sup>st</sup> NY State Convention**, Grand Island Holiday Inn, 100 Whitehaven Rd., Grand Island. Registration; \$20,with Banquet; \$45. Flyers available @ Central Office. For more info call Ted Z; (716) 998-2587 or Barbara W.; (716) 990-2820.
- ~ Aug 1, **68th Buffalo Fall Convention Meeting**, Saturday, 12 NOON Buffalo Central Office, 681 Seneca Street All are welcome.
- ~ Aug 2, **Steering Committee**, SUNDAY 5 PM, Central Office, 681 Seneca Street.
- ~ Aug 2, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca St. (hosted by Amherst Snyder Group).
- ~ Aug 2, **Corrections Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street
- ~August 2, **Tri County Annual Picnic**- Sunday; 12:00 Noon. Speakers @ 2 PM & 6 PM. Fun, food and fellowship. Games for kids. Hot Dogs, hamburgers, coffee, pop provided. Please bring a dish to share& a guest. Bring your entire family for a day of fun & fellowship. Located at the Firemen's Park on Sandhill Rd. (Rt. 62), across from the VFW in Gowanda.
- ~ Aug 2, **Going to Any Length's Group Family Picnic**. 1 Meadow Park, Hamburg. 12 Noon-6 PM. Speaker @ 4 PM. Please bring a dish to share☺
- ~ Aug 18, **Public Information Committee meeting**, Tuesday, Anyone interested in helping the community understand who we are, what we do, and what we are not do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 6 PM.
- ~ Aug 22, **Archives Committee Meeting**, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca Street (lower). Think this is moved to the State Convention ☺
- ~ Aug 23, **Holiday Village Group 12<sup>th</sup> Annual Family Picnic & Motorcycle Ride**. Noon-??? Speaker @ 4 PM. Chestnut Ridge Park, Martin Shelter (covered) Bring a dish to share. Bikers meet at Quinby @ 10 AM. Flyer inserted ☺
- ~ Aug 29, **68th Buffalo Fall Convention Meeting**, Saturday, 12 NOON Buffalo Central Office, 681 Seneca Street All are welcome.
- ~Oct 2 - Oct 4, **Women's Fall Spiritual Weekend Retreat** -St Columban Center/ Derby, NY. Speakers, groups, advisors, food, endless coffee & lots of sober fun!! More info to follow. Contact: Marilyn S. 957-3702/ 799-4094.
- ~ Nov. 6-8, **68th. BUFFALO FALL CONVENTION:** Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst. Move info to come☺

**8th STEP:** “Made a list of all persons we had harmed, and became willing to make amends to them all.”

**8th TRADITION:** “Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.”

**8<sup>th</sup> CONCEPT;** The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

**PLEASE SUPPORT THE ENVELOPE SYSTEM...**

*Yours in the Fellowship of the Spirit...Terry B..... Executive Secretary*

## Buffalo Central Committee Minutes July 12, 2009

Joli B. Lakeshore Group Committee Chair opened the meeting at 7:00 PM with a moment of silence and the Serenity Prayer. Tracy C Iron Horse Group read the Preamble, Jake 3 Legacies Group read the Purpose of the Central Committee, and Kim Lovejoy Group read the Twelve Traditions. It was moved by David Orchard Park Step Group, and seconded by Vernon Solidarity Group to accept the June minutes as written by Cathy S. Lovejoy Group; adopted.

New Groups were greeted and 28 groups were represented: Dist #2 North Buffalo, Turning Point; Dist #3 Abbott Men's Disc, Courage, Crossroads, New Life, South Buffalo, Thruway, Valley; Dist #4: Orchard Park Step, Southwestern; Dist #5: Big Book Lockport, Golden Slipper, Lockport #1, Lockport Ladies, Lockview, Redeemers; Dist #6: Derby, Holiday Village, Serenity On The Lake; Dist #7: Fresh Start, Lovejoy, Solidarity, Thursday Night Steppers, Reflections; Dist #8: Amherst Snyder, Eyeopener, Williamsville.

### COMMITTEE REPORTS

- **ENVELOPE SYSTEM**: Karen S reported that June contributions were \$322, and YTD \$3248; 2008 had been \$3351. She also gave notice, that at the end of this year, she is resigning her post as Chair of this committee that she has held for 9 years, due to physical and health reasons
- **STEERING COMMITTEE**: Shawn C. gave the report. The Prudent Reserve is \$9000 short of \$24,000 maintained balance. Dist 1 still remains open. Non-approved literature at AA meetings was discussed, and Dist 4 Dave G will write a letter for New Frontiers. Dist 7 rep brought up discussion on Steering Committee responsibilities versus DCM. There was discussion on the proposed amendment. All were encouraged to support the upcoming State Convention.
- **FINANCIAL REPORT**: no report
- **TREATMENT**: Laurie Orchard Park Step Group read the report. Quarterly meeting held June 15<sup>th</sup> 2009. Little Big books purchased before price increase and distributed to all sites. Supply of 3 boxes with George W. TFC chair. Calls made by George W. to City Mission and Renaissance House not returned, so the committee is tabling the idea of a new meeting there. One ECMC meeting missed this month. Investigation lead to realization that the volunteer from the home group walked into the wrong room, and then was told that AA did not meet there. (There meaning the room). He or she just left. Groups were asked if they want to continue their commitment, talk at business meetings, and then we can rotate groups out if the commitment is no longer fresh. TFC Chair should be rotating out on Jan 1 2010. Anyone interested see George W. at 716-983-5505. Next TFC Committee meeting Monday September 21<sup>st</sup>, Central office 600PM.
- **CORRECTIONS**: Dan reported that meetings are being covered. BTC program needs to be addressed; would like to use 12 Step call list for inmates who use early release program. Anyone needs or knows of any needs such as literature or help contact Dan at 716-207-9178.
- **SCREENERS**: Jeanmarie C. Orchard Park Step had no report.
- **CENTRAL OFFICE**:

**AAINFO:320,12STEP:2,ALANON:4,VISITORS:139,VOLUNTEERS: 21**

That's a little over 100 more calls than last month.

- **Vacation Day's**; Sept. 3,4,8,9,10&11.
- **The Incorporation has gone through** and we are awaiting the billing for filing. Just to squelch at rumor out there; there is NOT a special fund to pay for the incorporation, all contributions come to the Buffalo Central Office and we pay our bills...including the incorporation ☺
- **On the website** all the missing New Frontiers are now there up to current from when they were first started online. Each month I will be learning a bit more.
- **GROUPS WE ARE IN NEED OF CONTACTS FROM ARE: BIG BOOK, SPIRITUAL STUDIES-5, IT -8, LIVING CLEAN- 1, MAPLE MEN'S - 8, NEW OUTLOOK- 5, SERENITY SHACK-2, STAYIN ALIVE-2 RECOVERING WOMEN & THE BIG BOOK-7, TUESDAY WOMEN'S- 3, VIP- ?, WOMEN ON THE RISE 5**

**REMINDER** all those that are marked in 2009 schedule, if we don't hear from you by the next schedule printing, you will be removed, to insure accuracy in our schedule. Just a reminder we do not send mailings to the church or facility. We need an actual contact person to mail to as well as a current phone number. **Yours in the fellowship of the**

**Spirit...Terry B**

- **NEW FRONTIERS:** Chip R. the Editor's report was read by Cathy S. Our next issue has contributions from people who haven't submitted stories prior, and I want to thank them. Most of this issue is devoted to their submissions.  
**It has been brought to my attention that having two e-mail addresses for the New Frontiers is causing more confusion in regard to submitting announcements or articles. Effective with the August issue, we are changing back to the original e-mail address only, buffalooa@hotmail.com. The other address is a separate address on my personal e-mail account, and will be alive for a while, in case someone uses that address to submit something. Terry will forward any articles submitted to me, as she has in the past.**  
**The plan for future issues is to address Sponsorship in the September issue, feature the Fall Convention in the October issue. We haven't decided on topics for November and December just yet, but I'm thinking about addressing the "Sowing and Reaping" Principle, and also "Does the Real YOU Show Up at Meetings". We will probably run a submission from the PIC committee in September. I'll entertain any ideas you may have with regard to topics for our New Frontiers.**

Because I personally will not be able to attend the meeting, please let Terry know, via phone or e-mail, if you want something from your committee published in the next issue.

Respectfully submitted, Chip Rupp, New Frontiers Editor

- **PIC:** Patrick K. Chair North Buffalo Group reported that restocking libraries has begun. WNY Coalition for the Homeless health fair is 7/17/09. An inquiry was received from 96.1 WJYE radio about programming involving AA. Certain Teed Corporation 6/17 had to be cancelled due to lack of available members. Next meeting is the third Tuesday at 6 PM at Central Office.
- **CURRENT CONVENTION:** Frank M. Committee Chair reported that the next committee meeting is 8/1 Noon Central Office. Flyers are in, available to take tonight and will be inserted into the New Frontiers.
- **AD HOC COMMITTEE:**
- **INTERGROUP FORMAT:** no report
- **GSA LIASON:** Jack P. Lockport #1 reported the next meeting is 9/13/09 Noon Hamburg Town Hall and to support the state convention on Grand Island.
- **CPC:** no report
- **ARCHIVES:** Patty M reported that they are still looking for an Area 50 Archivist. Displays are set for the NYS convention, a Day of Sharing in Olean 10/10, and Buffalo convention 11/6 through 8.

**RECAP:** the envelope system was defined.

**OLD BUSINESS:** the motion on the procedure of price increases was defeated by a 2/3 majority. Minority opinions were expressed; vote stood as recorded.

**NEW BUSINESS:** There is a possibility of a new group "Lunch at Lafayette". Next meeting of Central Committee is 8/2, however, September's meeting will be 9/13 due to Labor Day holiday.

**ANNOUNCEMENTS:** Joli B. Committee Chair thanked Fresh Start Group for the refreshments and August's meeting will be provided by the Amherst Snyder Group.

It was moved by Tina Amherst Snyder Group and seconded by Vernon Solidarity Group that we adjourn; adopted. Meeting closed with The Lord's Prayer at 7:47 PM.

Respectfully submitted by Cathy S. Recording Secretary Lovejoy Group

Income Statement		Jan-09	Feb-09	Mar-09	Apr-09	May-09	Jun-09
<b>Beg Bal Cash on hand</b>		<b>12,649.08</b>	<b>12,678.44</b>	<b>12,402.73</b>	<b>11,611.08</b>	<b>12,486.98</b>	<b>13,040.01</b>
<b>Contributions</b>							
	Groups	6,187.76	4,149.25	3,985.81	5,117.35	5,682.49	5,384.82
	Joint Meeting	57.00	55.00	62.35	59.00	58.70	65.00
	Envelope System	1,235.00	322.00	214.00	700.00	243.00	322.00
	New Frontiers Subs	33.00	40.00	10.00	20.00	85.00	66.00
	Literature/Medallions/Pins	2,750.50	3,050.75	5,463.85	4,030.85	3,347.30	6,740.65
	Literature Postage	57.48	41.50	156.59	53.86	35.90	33.35
	Archives Room Rent	50.00	50.00	50.00	50.00	50.00	50.00
	Meetings at CO	17.00	53.00	19.50	21.00	28.00	57.85
	Mail/Misc.						
	US Treasury						
	Reconcile						
	"Gratitude Month" (NOV)						
	Conventions/Day of Sharing						
<b>Monthly Income</b>		<b>10,387.74</b>	<b>7,761.50</b>	<b>9,962.10</b>	<b>10,052.06</b>	<b>9,530.39</b>	<b>12,719.67</b>
<b>Expenses</b>							
	Office Rent	869.94	869.94	873.22	873.22	876.50	873.22
	Electric	90.00	90.00	90.00	90.00	90.00	90.00
	Payroll						
	Salaries - gross	3,150.50	2,520.40	2,520.40	2,520.40	3,150.50	2,520.40
	Federal Withholdings	(523.35)	(418.68)	(418.68)	(418.68)	(523.35)	(418.68)
	NYS Withholdings	(130.00)	(104.00)	(104.00)	(104.00)	(130.00)	(104.00)
	Disability Insurance	(3.00)	(2.40)	(2.40)	(2.40)	(3.00)	(2.40)
	Payroll Tax Deposits						
	Federal	792.97	582.80	582.80	792.97	764.33	505.84
	State	428.10			428.10		16.38
	Insurance						
	State Ins Fund			278.76			
	Health	354.00	354.00	354.00	354.00	354.00	354.00
	Liability	1,187.08					
	Postage	566.44	382.12	285.28	529.61	49.05	44.23
	Phone	166.63	161.56	164.46	164.76	165.04	164.78
	Accounting						
	Advt						
	Talking Phone Book						
	Verizon; Idearc Media website	143.10	147.10	151.10	147.10	147.10	147.10
	white directory		529.20				
	Yellow Pages						
	Literature Expenses						
	Grapevine		518.80			496.95	517.45
	World Services Inc	2,496.50	960.48	2,351.30	2,413.40	2,411.60	4,808.80
	Hazeldon		418.02		418.02		730.42
	Printers			2,139.00			
	Medallions				184.58		
	PINS						
	Office Supplies	25.94	275.02	439.29	159.67	524.17	4.70
	Answering service	190.53	175.85	191.07	206.41	180.47	173.95
	Minolta leasing (copier)	223.00	223.00	223.00	223.00	223.00	223.00
	Minolta Copies/ service contract	130.00	130.00	130.00	130.00	130.00	130.00
	PIC		24.00	305.15	66.00	71.00	
	Convention/Day of Sharing Seed \$						
	Seminar					25.00	
	Depreciation	100.00	100.00	100.00	100.00	100.00	100.00
<b>Monthly Expenses</b>		<b>10,258.38</b>	<b>7,937.21</b>	<b>10,653.75</b>	<b>9,276.16</b>	<b>9,077.36</b>	<b>10,904.19</b>
<b>Monthly Income (Loss)</b>		<b>129.36</b>	<b>(175.71)</b>	<b>(691.65)</b>	<b>775.90</b>	<b>453.03</b>	<b>1,815.48</b>
	Depreciation add back(non-cash)	100.00	100.00	100.00	100.00	100.00	100.00
<b>End Bal Cash on hand</b>		<b>12,678.44</b>	<b>12,402.73</b>	<b>11,611.08</b>	<b>12,486.98</b>	<b>13,040.01</b>	<b>14,955.49</b>
CD	PRUDENT	\$8,999.85	9,022.47	9,042.96	9,065.70	9,087.75	9110.6
CD#2	RESERVE	\$6,526.61	6,534.87	6,541.65	6,547.21	6,552.59	6558.16
Assets: Literature & Medallions		15,806.95	15,377.20	14,708.25	16,134.15	14,904.40	19,956.70
Literature Receivable:(outstanding)		1,121.90	2,279.09	583.95	642.05	1,255.90	405.90
<b>Corrections Facilites</b>		<b>2,029.38</b>	<b>1,925.91</b>	<b>2,087.10</b>	<b>2,196.20</b>	<b>2,591.20</b>	<b>2,060.12</b>
	Contributions	187.53	337.44	214.10	395.00	300.00	254.16
	Expenses	291.00	176.25	105.00		831.08	460.00
<b>Balance</b>		<b>1,925.91</b>	<b>2,087.10</b>	<b>2,196.20</b>	<b>2,591.20</b>	<b>2,060.12</b>	<b>1,854.28</b>
<b>Treatment Facilities</b>		<b>1,718.00</b>	<b>1,961.53</b>	<b>2,100.89</b>	<b>2,274.99</b>	<b>1,661.99</b>	<b>1,913.21</b>
	Contributions	243.53	139.36	174.10	387.00	280.00	219.16
	Expenses					28.78	53.98
	AT & T Bridging The Gap						
	AAA Abbott Answering Service						
	Literature				1,000.00		2,040.50
<b>Balance</b>		<b>1,961.53</b>	<b>2,100.89</b>	<b>2,274.99</b>	<b>1,661.99</b>	<b>1,913.21</b>	<b>37.89</b>

YTD

**30,507.48**

357.05  
3,036.00  
254.00  
25,383.90  
378.68  
300.00  
196.35

**60,413.46**

5,236.04

540.00

16,382.60

(2,721.42)

(676.00)

(15.60)

4,021.71

872.58

278.76

2,124.00

1,187.08

1,856.73

987.23

882.60

529.20

1,533.20

15,442.08

1,566.46

2,139.00

184.58

1,428.79

1,118.28

1,338.00

780.00

466.15

25.00

600.00

**58,107.05**

**\$2,306.41**

600.00

+

+

**1,688.23**

**1,863.33**

**(175.10)**

**1,443.15**

82.76

3,040.50

**3,123.26**

**(1,680.11)**

GROUP CONTRIBUTIONS

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		JUNE	YEAR	JUNE	YEAR	JUNE	YEAR
6	11:45		0.00		0.00		0.00
6	12 Step		0.00		0.00		0.00
5	12 Steps/12 Traditions	75.00	175.00		0.00		0.00
1	4th Step Stumblers		0.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
4	A Day At A Time		0.00		0.00		0.00
3	Abbott Men's		290.00		290.00		290.00
2	Acceptance/Welome		0.00		0.00		0.00
8	Achievement		0.00		0.00		0.00
4	Action		60.00		20.00		20.00
2	Age Doesn't Matter		0.00		0.00		0.00
8	Akron Awareness		0.00		0.00		0.00
5	Albion		0.00		0.00		0.00
3	Alexander		100.00		0.00		0.00
8	Amherst/ Snyder		413.91		0.00		0.00
6	Amsdell Lakeshore		145.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	35.00	200.00	15.00	80.00	15.00	80.00
4	Arcade		100.00		0.00		0.00
6	As Bill Sees It:		180.00		0.00		0.00
4	Attica		0.00		0.00		0.00
4	Attica Big Book		0.00		0.00		0.00
8	Attitude Adjustment		0.00		0.00		0.00
6	Attraction	100.00	200.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
8	Back To Basics		0.00		0.00		0.00
	Back To Basics Office		0.00		0.00		0.00
7	Beginning In Sobriety II		50.00		0.00		0.00
8	Beginning's Women		0.00		0.00		0.00
5	Big Book Lockport	75.00	175.00		12.00		0.00
5	BB Spiritual Awakening		0.00		0.00		0.00
6	Big Book Study		30.00		0.00		0.00
3	Blasdell		0.00		0.00		0.00
3	Blasdell Monday Night		50.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women		0.00		0.00		0.00
2	Brass		0.00		0.00		0.00
1	B.S.C.		10.00		0.00		0.00
	Buffalo		1.00		0.00		0.00
3	By The Book		0.00		0.00		0.00
6	Carry the Message	90.00	456.21		0.00		0.00
7	Castling		35.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake- Up Call		600.50		0.00		0.00
3	Caz Manor		278.31		0.00		0.00
2	Chapter IX	120.00	120.00	120.00	120.00	120.00	120.00
3	Cheektowaga	100.00	400.00		0.00		0.00
2	Chevy #1		0.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		0.00		0.00		0.00
2	Common Bond		0.00		0.00		0.00
1	Commitment		200.00		0.00		0.00
4	Constant Vigilance(Varysburg)		0.00		0.00		0.00
1	Complanters		0.00		0.00		0.00
3	Courage		75.00		0.00		0.00
2	Daily Reflections		50.00		0.00		0.00
2	Daily Reprive		0.00		0.00		0.00
6	Derby	30.00	200.00		0.00		0.00
6	Derby Lunch	26.00	26.00		0.00		0.00
6	Desire		235.00		0.00		0.00
2	Desperate		0.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
6	Dunkirk Monday Night		100.00		0.00		0.00
2	Early Bird		0.00		0.00		0.00
6	Early Bird Step		0.00		100.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst		0.00		0.00		0.00
4	East Aurora		200.00		0.00		0.00
2	Easy Does It		200.00		125.00		125.00
4	Ellicottville		0.00		0.00		0.00
1	Emergency		0.00		0.00		0.00
6	Everybody's		100.00		0.00		0.00
1	Express		483.00		0.00		0.00
8	Eyeopener		355.76		0.00		0.00
4	Eyeopener South	50.00	300.00	25.00	25.00		0.00
1	F.U.N.		0.00		0.00		0.00
1	Faith		0.00		0.00		0.00
3	Father Baker		0.00		0.00		0.00
2	Feelings		0.00		0.00		0.00
8	Fireside PM	200.00	400.00		0.00		0.00
8	Fireside	193.51	930.01		0.00		0.00
6	First Things First		390.00		0.00		0.00
6	Forestville Sunday Serenity		0.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom	500.00	850.00		100.00		100.00
7	Fresh Start		90.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		JUNE	YEAR	JUNE	YEAR	JUNE	YEAR
1	Frontier(New)	600.00	1200.00		0.00		0.00
6	GAHA: DAGOH #1		0.00		0.00		0.00
3	Gardenville		0.00		0.00		0.00
8	Georgetown		0.00		0.00		0.00
2	Getting Better		0.00		0.00		0.00
1	Getting With It		83.95		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		265.00		25.00		25.00
5	Golden Slipper		100.00		0.00		0.00
2	Grand		75.00		0.00		0.00
2	Grand II Joy of Living		67.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
3	H.O.W.		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
6	Hamburg Early Bird		100.00		0.00		0.00
8	Hand		0.00		0.00		0.00
2	Handicappers		0.00		0.00		0.00
1	Happy Hour-ii		0.00		0.00		0.00
7	Harmony		200.00		0.00		0.00
3	Helping Hand		100.00		0.00		0.00
8	High Noon		150.00		0.00		0.00
8	High View		150.00		0.00		0.00
7	Higher Power		50.00		0.00		0.00
4	Hillbilly		0.00		0.00		0.00
6	Holiday Village	400.00	1225.00	25.00	125.00	25.00	50.00
4	Holland		0.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty	30.00	436.00		0.00		0.00
2	How It Works/Men's	100.00	400.00		0.00		0.00
3	Inspiration		47.00		0.00		0.00
5	Intoxicated on Life		135.00		0.00		0.00
3	Ironhorse	141.60	916.05	14.16	91.41	14.16	91.40
8	IT		0.00		0.00		0.00
5	Johnson Creek Big Book		0.00		0.00		0.00
1	Journey		0.00		0.00		0.00
5	Just For Today/ Albion		20.00		0.00		0.00
3	Just For Today/Cheek		200.00		0.00		0.00
4	Keep It Simple Sister		60.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
6	Lake Shore	100.00	350.00		40.00		0.00
6	Lakeview		100.00		0.00		0.00
7	Last Days Fellowship		0.00		0.00		0.00
7	Lawyers		360.00		0.00		0.00
5	LawPort		10.00		0.00		0.00
2	Liberty Women	25.00	25.00		0.00		0.00
4	Life Today	30.00	30.00		0.00		0.00
8	Lighten UP	2.85	302.85		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
2	Living Sober		0.00		0.00		0.00
5	Lock City		90.00		0.00		0.00
5	Lockport #1		250.00		25.00		25.00
5	Lockport Discussion		50.00		0.00		0.00
5	Lockport Ladies		100.00		0.00		0.00
5	Lockport Tuesday	50.00	150.00		0.00		0.00
5	Lockview		180.00		30.00		30.00
6	Look To This Day		0.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy		50.00		50.00		50.00
5	Lower River		0.00		0.00		0.00
5	Lunch Bunch Albion		0.00		0.00		0.00
1	Main and High		10.00		5.00		0.00
4	Main Street		225.00		0.00		0.00
8	Maple Men's		25.00		0.00		0.00
4	Marilla		113.00		0.00		0.00
3	Matt Talbot	25.00	150.00		0.00		56.00
6	McKinley Winners		0.60		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		30.00		0.00		0.00
5	Medina New Life	30.00	30.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day		109.55		0.00		0.00
8	Midnight Discussion	15.00	100.00		0.00		0.00
5	Miracle Happen		0.00		0.00		0.00
	Mobile		10.00		0.00		0.00
	Monday CO	24.00	253.29		0.00		0.00
5	Monday Big Book		0.00		0.00		0.00
2	Morning After		200.00		0.00		0.00
7	New Awakening		0.00		0.00		0.00
	New Freedom (Niagara Falls)		25.00		0.00		0.00
3	New Beginnings/St. Vincent		50.00		0.00		0.00
	New Hope		25.00		0.00		0.00
3	New Life		0.00		0.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		50.00		0.00		0.00
2	North Buffalo		400.00		100.00		100.00
4	North Java Monday		0.00		0.00		0.00
4	North Java Sunday		0.00		0.00		0.00



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