

NEW FRONTIERS

AUGUST 2010

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

Where Did The 12 Steps Come From?

by Bill W.

July 1953 A.A. Grapevine

AA's are always asking: "Where did the Twelve Steps come from?" In the last analysis, perhaps nobody knows. Yet some of the events which led to their formulation are as clear to me as though they took place yesterday. So far as people were concerned, the main channels of inspiration for our Steps were three in number – the Oxford Groups, Dr. William D. Silkworth of Towns Hospital and the famed psychologist, William James, called by some the father of modern psychology. The story of how these streams of influence were brought together and how they led to the writing of our Twelve Steps is exciting and in spots downright incredible. Many of us will remember the Oxford Groups as a modern evangelical movement which flourished in the 1920's and early 30's, led by a one-time Lutheran minister, Dr. Frank Buchman. The Oxford Groups of that day threw heavy emphasis on personal work, one member with another. AA's Twelfth Step had its origin in that vital practice.

The moral backbone of the "O.G." was absolute honesty, absolute purity, absolute unselfishness and absolute love. They also practiced a type of confession, which they called "sharing"; the making of amends for harms done they called "restitution." They believed deeply in their "quiet time," a meditation practiced by groups and individuals alike, in which the guidance of God was sought for every detail of living, great or small. These basic ideas were not new; they could have been found elsewhere. But the saving thing for us first alcoholics who contacted the Oxford Groupers was that they laid great stress on these particular principles. And fortunate for us was the fact that the Groupers took special pains not to interfere with one's personal religious views.

Their society, like ours later on, saw the need to be strictly non-denominational. In the late summer of 1934, my well-loved alcoholic friend and schoolmate "Ebbie" had fallen in with these good folks and had promptly sobered up. Being an alcoholic, and rather on the obstinate side, he hadn't been able to "buy" all the Oxford Group ideas and attitudes. Nevertheless, he was moved by their deep sincerity and felt mighty grateful for the fact that their ministrations had, for the time being, lifted his obsession to drink.

When he arrived in New York in the late fall of 1934, Ebbie thought at once of me. On a bleak November day he rang up. Soon he was looking at me across our kitchen table at 182 Clinton Street, Brooklyn, New York. As I remember that

conversation, he constantly used phrases like these: "I found I couldn't run my own life;" "I had to get honest with myself and somebody else;" "I had to make restitution for the damage I had done;" "I had to pray to God for guidance and strength, even though I wasn't sure there was any God;" "And after I'd tried hard to do these things I found that my craving for alcohol left." Then over and over Ebbie would say something like this: "Bill, it isn't a bit like being on the water wagon. You don't fight the desire to drink -- you get released from it. I never had such a feeling before." Such was the sum of what Ebbie had extracted from his Oxford Group friends and had transmitted to me that day.

While these simple ideas were not new, they certainly hit me like tons of brick. Today we understand just why that was . . . one alcoholic was talking to another as no one else can. Two or three weeks later, December 11th to be exact, I staggered into the Charles B. Towns Hospital, that famous drying-out emporium on Central Park West, New York City. I'd been there before, so I knew and already loved the doctor in charge -- Dr. Silkworth. It was he who was soon to contribute a very great idea without which AA could never have succeeded. For years he had been proclaiming alcoholism an illness, an obsession of the mind coupled with an allergy of the body.

By now I knew this meant me. I also understood what a fatal combination these twin ogres could be. Of course, I'd once hoped to be among the small percentage of victims who now and then escape their vengeance. But this outside hope was now gone. I was about to hit bottom. That verdict of science - the obsession that condemned me to drink and the allergy that condemned me to die -- was about to do the trick.

That's where the medical science, personified by this benign little doctor, began to fit it in. Held in the hands of one alcoholic talking to the next, this double-edged truth was a sledgehammer which could shatter the tough alcoholic's ego at depth and lay him wide open to the grace of God. In my case it was of course Dr. Silkworth who swung the sledge while my friend Ebbie carried to me the spiritual principles and the grace which brought on my sudden spiritual awakening at the hospital three days later. [Dec. 14, 1934] I immediately knew that I was a free man. And with this astonishing experience came a feeling of wonderful certainty that great numbers of alcoholics might one day enjoy the priceless gift which had been bestowed upon me.

Third Influence

At this point a third stream of influence entered my life through the pages of William James' book, "Varieties of Religious Experience." Somebody had brought it to my hospital room. Following my sudden experience, Dr. Silkworth had taken great pains to convince me that I was not hallucinated. But William James did even more. Not only, he said, could spiritual experiences make people saner, they could transform men and women so that they could do, feel and believe what had hitherto been impossible to them. It mattered little whether these awakenings were sudden or gradual, their variety could be almost infinite. But the biggest payoff of that noted book was this: in most of the cases described, those who had been transformed were hopeless people. In some controlling area of their lives they had met absolute defeat. Well, that was me all right. In complete defeat, with no hope or faith whatever, I had made an appeal to a Higher Power. I had taken Step One of today's AA program -- "admitted we were powerless over alcohol, that our lives had become unmanageable." I'd also taken Step Three -- "made a decision to turn our will and our lives over to God as we understood him." Thus was I set free. It was just as simple, yet just as mysterious, as that.

These realizations were so exciting that I instantly joined up with the Oxford Groups. But to their consternation I insisted on devoting myself exclusively to drunks. This was disturbing to the O.G.'s on two counts. Firstly, they wanted to help save the whole world. Secondly, their luck with drunks had been poor. Just as I joined they had been working over a batch of alcoholics who had proved disappointing indeed. One of them, it was rumored, had flippantly cast his shoe through a valuable stained glass window of an Episcopal church across the alley from O.G. headquarters. Neither did they take kindly to my repeated declaration that it shouldn't take long to sober up all the drunks in the world. They rightly declared that my conceit was still immense.

Something Missing

After some six months of violent exertion with scores of alcoholics which I found at a nearby mission and Towns Hospital, it began to look like the Groupers were right. I hadn't sobered up anybody. In Brooklyn we always had a houseful of drinkers living with us, sometimes as many as five. My valiant wife, Lois, once arrived home from work to find three of them fairly tight. They were whaling each other with two-by-fours. Though events like these slowed me down somewhat, the persistent conviction that a way to sobriety could be found never seemed to leave me. There was, though, one bright spot. My sponsor, Ebbie, still clung precariously to his new found sobriety.

What was the reason for all these fiascoes? If Ebbie and I could achieve sobriety, why couldn't all the rest find it too? Some of those we'd worked on certainly wanted to get well. We speculated day and night why nothing much had happened to them. Maybe they couldn't stand the spiritual pace of the Oxford Group's four absolutes of honesty, purity, unselfishness, and love. In fact some of the alcoholics declared that this was the trouble. The aggressive pressure upon them to get good overnight would make them fly high as geese for a few weeks and then flop dismally. They complained, too,

about another form of coercion -- something the Oxford Groupers called "guidance for others." A "team" composed of non-alcoholic Groupers would sit down with an alcoholic and after a "quiet time" would come up with precise instructions as to how the alcoholic should run his own life. As grateful as we were to our O.G. friends, this was sometimes tough to take. It obviously had something to do with the wholesale skidding that went on.

But this wasn't the entire reason for failure. After months I saw the trouble was mainly in me. I had become very aggressive, very cocksure. I talked a lot about my sudden spiritual experience, as though it was something very special. I had been playing the double role of teacher and preacher. In my exhortations I'd forgotten all about the medical side of our malady, and that need for deflation at depth so emphasized by William James had been neglected. We weren't using that medical sledgehammer that Dr. Silkworth had so providentially given us. Finally, one day, Dr. Silkworth took me back down to my right size. Said he, "Bill, why don't you quit talking so much about that bright light experience of yours, it sounds too crazy. Though I'm convinced that nothing but better morals will make alcoholics really well, I do think you have got the cart before the horse.

The point is that alcoholics won't buy all this moral exhortation until they convince themselves that they must. If I were you I'd go after them on the medical basis first. While it has never done any good for me to tell them how fatal their malady is, it might be a very different story if you, a formerly hopeless alcoholic, gave them the bad news. Because of this identification you naturally have with alcoholics, you might be able to penetrate where I can't. Give them the medical business first, and give it to them hard. This might soften them up so they will accept the principles that will really get them well."

Then Came Akron

Shortly after this history-making conversation, I found myself in Akron, Ohio, on a business venture which promptly collapsed. Alone in the town, I was scared to death of getting drunk. I was no longer a teacher or a preacher, I was an alcoholic who knew that he needed another alcoholic as much as that one could possibly need me. Driven by that urge, I was soon face to face with Dr. Bob. It was at once evident that Dr. Bob knew more of the spiritual things than I did. He also had been in touch with the Oxford Groupers at Akron. But somehow he simply couldn't get sober.

Following Dr. Silkworth's advice, I used the medical sledgehammer. I told him what alcoholism was and just how fatal it could be. Apparently this did something to Dr. Bob. On June 10, 1935, he sobered up, never to drink again. When, in 1939, Dr. Bob's story first appeared in the book, *Alcoholics Anonymous*, he put one paragraph of it in italics. Speaking of me, he said: "Of far more importance was the fact that he was the first living human with whom I had ever talked, who knew what he was talking about in regard to alcoholism from actual experience."

The Missing Link

Dr. Silkworth had indeed supplied us the missing link without which the chain of principles now forged into our Twelve Steps could never have been complete. Then and there, the spark that was to become Alcoholics Anonymous had been struck. During the next three years after Dr. Bob's recovery our growing groups at Akron, New York and Cleveland evolved the so-called word-of-mouth program of our pioneering time. As we commenced to form a society separate from the Oxford Group, we began to state our principles something like this:

1. We admitted that we were powerless over alcohol.
2. We got honest with ourselves.
3. We got honest with another person, in confidence.
4. We made amends for harms done others.
5. We worked with other alcoholics without demand for prestige or money.
6. We prayed to God to help us to do these things as best we could.

Though these principles were advocated according to the whim or liking of each of us, and though in Akron and Cleveland they still stuck by the O.G. absolutes of honesty, purity, unselfishness and love, this was the gist of our message to incoming alcoholics up to 1939, when our present Twelve Steps were put to paper.

I well remember the evening on which the Twelve Steps was written. I was lying in bed quite dejected and suffering from one of my imaginary ulcer attacks. Four chapters of the book, Alcoholics Anonymous, had been roughed out and read in meetings at Akron and New York. We quickly found that everybody wanted to be an author. The hassles as to what should go into our new book were terrific. For example, some wanted a purely psychological book which would draw in alcoholics without scaring them. We could tell them about the "God business" afterwards. A few, led by our wonderful southern friend, Fitz M., wanted a fairly religious book infused with some of the dogma we had picked up from the churches and missions which had tried to help us. The louder the arguments, the more I felt in the middle. It appeared that I wasn't going to be the author at all. I was only going to be an umpire who would decide the contents of the book. This didn't mean, though, that there wasn't terrific enthusiasm for the undertaking.

Every one of us was wildly excited at the possibility of getting our message before all those countless alcoholics who still didn't know. Having arrived at Chapter Five, it seemed high time to state what our program really was. I remember running over in my mind the word-of-mouth phrases then in current use. Jotting these down, they added up to the six

named above. Then came the idea that our program ought to be more accurately and clearly stated. Distant readers would have to have precise set of principles. Knowing the alcoholic's ability to rationalize, something airtight would have to be written. We couldn't let the reader wiggle out anywhere.

Besides, a more complete statement would help in the chapters to come where we would need to show exactly how the recovery program ought to be worked.

12 Steps in 30 Minutes

At length I began to write on a cheap yellow tablet. I split the word-of-mouth program up into smaller pieces, meanwhile enlarging its scope considerably. Uninspired as I felt, I was surprised that in a short time, perhaps half an hour, I had set down certain principles which, on being counted, turned out to be twelve in number. And for some unaccountable reason, I had moved the idea of God into the Second Step, right up front.

Besides, I had named God very liberally throughout the other steps. In one of the steps I had even suggested that the newcomer get down on his knees. When this document was shown to our New York meeting the protests were many and loud. Our agnostic friends didn't go at all for the idea of kneeling. Others said we were talking altogether too much about God. And anyhow, why should there be twelve steps when we had done fine on six? Let's keep it simple, they said.

This sort of heated discussion went on for days and nights. But out of it all there came a ten strike for Alcoholics Anonymous. Our agnostic contingent, spearheaded by Hank P. and Jim B., finally convinced us that we must make it easier for people like themselves by using such terms as "a Higher Power" or "God as we understand Him!" Those expressions, as we so well know today, have proved lifesavers for many an alcoholic. They have enabled thousands of us to make a beginning where none could have been made had we left the steps just as I originally wrote them. Happily for us there were no other changes in the original draft and the number of steps stood at twelve. Little did we then guess that our Twelve Steps would soon be widely approved by clergymen of all denominations and even by our latter-day friends, the psychiatrists. This little fragment of history ought to convince the most skeptical that nobody invented Alcoholics Anonymous.

It just grew...by the grace of God.

Printed with the permission of Grapevine, inc

Step 8. Made a list of all persons we had harmed, and became willing to make amends to them all.

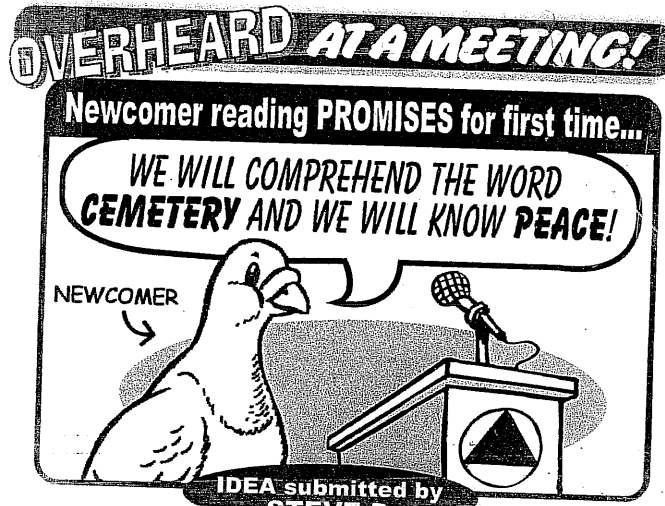
Eighth Step Prayer

Higher Power,

I ask Your help
in making my list
of all those
I have harmed.

I will take responsibility
for my mistakes,
and be forgiving to
others as You are
forgiving to me.

Grant me the
willingness to begin
my restitution.



Toronto Intergroup Newsletter; August 2009

Tradition Eight: Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we may otherwise have to engage nonalcoholics. Such special services may be well recompensed. But our usual A.A. "12th Step" work is never to be paid for. "Ask yourself the following questions to see how you are practicing this tradition, or use them as a suggested topic at your next discussion table"

1. Is my own behavior accurately described by the Traditions? If not, what needs changing?
2. When I chafe about any particular Tradition, do I realize how it affects others?
3. Do I sometimes try to get some reward - even if not money - for my personal AA efforts?
4. Do I try to sound in AA like an expert on alcoholism? On recovery? On medicine? On sociology? On AA itself? On psychology? On spiritual matters? Or, heaven help me, even on humility?
5. Do I make an effort to understand what AA employees do? What workers in other alcoholism agencies do? Can I distinguish clearly among them?
6. In my own AA life, have I any experiences which illustrate the wisdom of this Tradition?
7. Have I paid enough attention to the book Twelve Steps and Twelve Traditions? To the pamphlet AA Tradition - How It Developed?

On Tradition Eight ;

Editorial by Bill W.

A.A. Grapevine, July, 1948

"Alcoholics Anonymous should remain forever non-professional. We define professionalism as the occupation of counseling alcoholics for fees or hire. But we may employ alcoholics where they are going to perform those services for which we might otherwise have to engage non-alcoholics. Such special services may be well recompensed. But our usual A.A. "12th Step" work is never to be paid for."

Throughout the world A.A.s are "12th stepping" with thousands of new prospects a month. Between one and two thousand of these stick on our first presentation; past experience shows that most of the remainder will come back to us later on. Almost entirely unorganized, and completely non-professional, this mighty spiritual current is now flowing from alcoholics who are well to those who are sick. One alcoholic talking to another; that's all.

Could this vast and vital face-to-face effort ever be professionalized or even organized? Most emphatically, it could not. The few efforts to professionalize straight "12th Step" work have always failed quickly. Today, no A.A. will tolerate the idea of paid "A.A. Therapists" or "organizers". Nor does any A.A. like to be told just how he must handle that new prospect of his. No, this great life-giving stream can never be dammed up by paid do-gooders or professionals. Alcoholics Anonymous is never going to cut its own life lines. To a man, we are sure of that.

But what about those who serve us full time in other capacities -- are cooks, caretakers and paid Intergroup secretaries "A.A. professionals"?

Because our thinking about these people is still unclear, we often feel and act as though they were such. The impression of professionalism subtly attaches to them, so we frequently hear they are "making money out of A.A.", or that they are "professionalizing" A.A. Seemingly, if they do take our A.A. dollars they don't quite belong with us A.A.s any more. We sometimes go further; we underpay them on the theory they ought to be glad to "cook" for A.A. cheap.

Now isn't this carrying our fears of professionalism rather far? If these fears ever got too strong, none but a saint or an incompetent could work for Alcoholics Anonymous. Our supply of saints being quite small, we would certainly wind up with less competent workers than we need.

We are beginning to see that our few paid workers are performing only those service tasks that our volunteers cannot consistently handle. Primarily these folks are not doing 12th Step work. They are just making more and better 12th Step work possible. Secretaries at their desks are valuable points of contact, information and public relations. That is what they are paid for, and nothing else. They help carry the good news of A.A. to the outside world and bring our prospects face to face with us. That's not "A.A. therapy"; it's just a lot of very necessary but often thankless work.

So, where needed, let's revise our attitude toward those who labor at our special services. Let us treat them as A.A. associates, and not as hired help; let's recompense them fairly and, above all, let's absolve them from the label of professionalism.

Let us also distinguish clearly between "organizing the A.A. movement" and setting up, in a reasonably business-like manner, its few essential services of contact and propagation. Once we do that, all will be well. The million or so brother alcoholics who are still sick will then continue to get the break we 60,000 A.A.s have already had.

Let's give our "service desks" the hand they so well deserve.

Bill W.

The A.A. Grapevine, July, 1948

CONCEPT 8

The trustees are the principal planners and administrators of over-all policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities.

IN MEMORIAM

Things We Can Not Change

Don M- Chapter IX- 40+

John B-Kenmore -40+

To all our members who have lost family & loved ones our prayers are with you.

Share your Experience, Strength and Hope

Please submit your announcements by the **12th** for next month's issue.

Articles can be submitted at any time.

Buffalo Central Office

681 Seneca St (Lower)

Buffalo, New York 14210

E-Mail Address...

buffalooa@hotmail.com

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc., are subject to the GRAPEVINE copyright.)

To: WNY - GSA District #11
From: The Beacon A.A.
C/O: Altica.C. #.

Dear WNY - GSA,

Greetings;

As the Beacon group here at Altica.C.# we, all members, would like to thank you gratefully for the very useful and thoughtful letters you have given to our group.

You are all a blessing and we appreciate everyone of you.

Thank you!

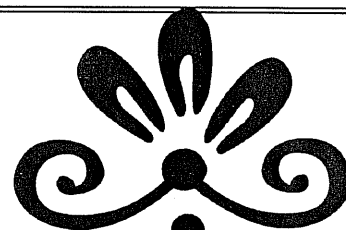
Yours Brothers' A.A.
Beacon,

AUGUST ANNIVERSARIES

Alexander	
Russ P.	1y
Deanne Y.	22y
Amherst Snyder	
Sara M.	9m
Christopher B.	9m
Gabriel R.	1y
Katie W.	1y
Sam K.	1y
Kevin G.	4y
Donna H.	9y
Pam K.	9y
Mickey G.	20y
Lynn L.	21y
Tom C.	28y
Big Book Lockport	
Tom H.	2y
John M.	5y
Carry the Message	
Kenny S.	19y
Courage	
Mike B.	3y
Marge B.	21y
Dawn of Hope	
Jerry G.	24y
Easy Does It	
Melynie	1y
Sal M.	1y
Cathy S.	3y
Mary Z.	8y
Kathy M.	27y
Eyeopener	
Kim D.	1y
Todd P.	1y
Jason M.	1y
Dave B.	4y
Rob E.	4y
Debbie S.	5y
Teacy	6y
Thomas S.	10y
Rick D.	10y
Danielle	11y
Brain B.	17y
Thomas W.	17y
Scott	18y
Tom	21y
John L/	27y
John S.	40y
Fresh Start	
Roosevelt M.	4y
Tina C.	10y
Edie H.	17y
Fireside	
Ashley A.	6m
Lori M.	9m
Simon G.	9m
Paul M.	1y
Stephanie H.	1y
Sue V.	2y
Nick K.	2y
Connie M.	11y
Grgg C.	14y
Pete W.	20y

Golden Slipper	
Bob	23y
H.A.N.D.	
Jim M.	9y
Holland	
Rick M.	8y
How it Works	
Dave R.	6m
Randy T.	1y
Richard C.	3y
John W.	3y
David Z.	4y
Jon O'R	8y
Ed M.	12y
Chuck B.	21y
John K.	35y
Ironhorse	
Jack T.	9y
Rich T.	17y
Frank M.	23y
Kensington	
Rita K.	17y
Ellie M.	32y
Kenmore	
Tom C.	6y
Justin W.	6y
Bob J.	7y
Jeff W.	7y
Duke K.	8y
Jonathan N.	11y
Karen G.	15y
Lucky W.	34y
John S.	40y
Lakeshore	
Kathie M.	3y
Living Sober	
Keith S.	7y
Bob G.	11y
Will M.	17y
Lockport #1	
Mark H.	8y
Bill W.	26y
Lee M.	28y
Bill W.	31y
Sandee S.	33y
Lockport Ladies	
Janis B.	12y
Lovejoy	
Gary G.	6m
Michelle K.	6m
Bill S.	1y
Rita K.	17y
North Buffalo	
Robyn W.	3m
Linda K.	3m
Rodd S.	3m
Ausley A.	3m
Emily O.	3m
Josh S.	3m
Jennifer P.	3m
Ryan P.	3m

North Buffalo	
Tracy R.	3m
Greta K.	6m
Felcia D.	6m
Brendan M.	6m
Shereen	6m
Chris G.	6m
Chris L.	6m
Beth S.	6m
Becky S.	1y
Pat S.	1y
Mark W.	1y
Pamela Z.	1y
Kelly M.	1y
Tina G.	1y
Tim B.	1y
Janet J.	1y
George B.	2y
Gordon M.	2y
Phillip T.	2y
Greg H.	4y
Lori R.	5y
Azach W.	6y
Keith C.	6y
Lisa Jo S.	7y
Barbara S.	8y
Bob H.	12y
Lisa G.	16y
Kathy T.	20y
Gregg S.	34y
Main & High	
Kathy S.	1y
Orchard Park Step	
Cory	6m
Todd H.	1y
Rise & Shine	
Carlos	6m
Andrea P.	1y
Toshawatra	1y
Kevin Mc	4y
Serenity on the Lake	
Tom B.	7y
Sam R.	20y
Sun. Morning Br.	
De'Aun D.	4y
Gene K.	12y
Surrender & Hope	
Adam P.	6m
Tim T.	11y
Lucky W.	34y
Thruway	
Roger W.	1y
Elizabeth B.	25y
Lee R.	30y
Dave B.	32y
Turning Point	
Tom S.	9y
Tom O.	14y
Valley	
Shannon B.	3m
Josh	3m
Annette F.	3m



Group Anniversaries

Age Doesn't Matter:31y
Alden New Life; 35y
A New Life:19y
As Bill Sees It:21y
Big Book-Lockport:30y
Commitment:7y
Community Center:38y
Derby:36y
Grand:40y
Hamburg Early Bird: 3y
Lockport Ladies:21y
Marilla:22y
Point of No Return:4y
St. Barnabas:30y
Sunday's Best:11y
3 Legacies:10y
We Care
Youngstown:26y

N. F. Policy:
*Anniversaries must
 be submitted by
 the 1st of the
 month previous*



PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)

*BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS*

(716) 853-0388

9:00 AM- 12:30PM, 2:00 PM- 4:30 PM

Schedule on line at: www.ny-aa.org &

www.buffaloaany.org

*681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210*

Fax: 853-0389

www.buffaloaany.org

buffalooa@hotmail.com

AUGUST 2010

MEETING CHANGES

- Living In The Solution Group is in need of support! We meet Wed. (OD), Thurs. (Big Book Study), and Sat. (OD) at 8:00pm. 340 Military Road, corner of Hertel Ave. The facility we meet at has not closed its doors as per rumors around the rooms... we are STILL MEETING! Come out and share with us.
- Friends of Bill W. group is adding meeting day's, they will now meet Wednesday's @ 6:00 PM & Sunday's @ 7:30 PM, also. Grove St. Christian Church, 85 Grove St., Tonawanda.
- SUNY-AMHERST CAMPUS; has moved to the Newman Center, 495 Skinnersville Rd., Amherst. *pm Thursday's. Closed Meeting.
- Living Clean Group has resumed; Tuesday's 7 PM. Sisters Hospital, Conference Rm C on 3rd Floor. 2157 Main St., Parking \$1. Open Meeting.
- Victory Woman's Group is changing their starting time to 6:30 PM. Wednesday's, OLV Basilica basement. Lackawanna, Parking behind church.
- Central City Cafe' Group; Needs Support. Monday @ 1PM, Durham Memorial Outreach Center, 200 E. Eagle St.
- New Westside on Serenity Group is moving from Tuesday to Wednesday night at 8 PM. First Presbyterian Church, 1 Symphony Circle, Bflo West.
- **Happy Faces Group**, has **changed** its meeting **time** to **10:30 am**. Tuesdays & Fridays; Faith Temple C.L.G., 461 Rhode Island St., Buffalo, 14213. Open Discussion.
- **Thursday PM Discussion** is **restarting with a new name and place**; Sprout into Sobriety, will resume meeting on August.12; 1pm, Living Faith Church, 1907 Center Rd. (corner of Center & Seneca), West Seneca. Open Discussion.
- **Wehrle Group** has **changed its' format** from an Open Discussion Group to a 12 STEP GROUP MEETING. We continue to meet at 1:00 pm at St. Stephen's Bethlehem Church, 760 Wehrle Drive.
- **New Group; By the Wayside; Tuesday's at 6:30 PM**, South Park United Methodist Church, 2291 south Park @ Ashton. Buffalo South. Open Meeting.
- **New Group; Newfane Living Sober**, Newfane United Methodist Church, 2699 Main St., Closed meeting, **Saturday @ 3:00 PM**, Open the last Saturday of the month.
- **Constant Vigilance**, Tuesdays, 8 PM, Has **Moved** to 75 Main St, Attica.
- **New Group**, Wednesday, 8 pm, **Common Solution**, Native American Community Services, 1005 Grant St. Buffalo
- **Handicappers Group**, Saturday's, St. John The Baptist Church, Kenmore, **NO LONGER MEETS**.
- **New Group; Elmwood Group**, Daily, 9am, 1pm & 4pm. Sobriety Emporium, 2590 Elmwood, Kenmore (near Kinsey). Open Meeting.
- **New Group; Building Hope**; Friday 12 Noon, Open Meeting, Horizon Health Service Clinic, 3297 Bailey Ave, Buffalo (near LaSalle)
- **IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

COMING EVENTS

- ~ Jul 10, **69th Buffalo Fall Convention Meeting**, Saturday, 12 NOON Buffalo Central Office, 681 Seneca Street .
- ~ Aug 1, **Steering Committee**, SUNDAY 5 PM, Central Office, 681 Seneca
- ~ Aug 1, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office, (hosted by Derby Group)
- ~ Aug 1, **Corrections Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca
- ~ Aug 1, **Tri County Annual Picnic**- Sunday; 12:00 Noon. Speakers @ 2 PM & 6 PM. Fun, food and fellowship. Games for kids. Hot Dogs, hamburgers, coffee, pop provided. Please bring a dish to share & a guest. Bring your entire family for a day of fun & fellowship. Located at the Firemen's Park on Sandhill Rd. (Rt. 62), across from the VFW in Gowanda.
- ~ Aug 8, **General Service Assembly**, 12 Noon. Hamburg Town Hall, 711 Club in Jamestown.
- ~ Aug 9, **GSA, Area 50, District 11 Business Meeting**, Monday, 5 p.m. – 6 p.m. Niagara Branch Library, 280 Porter Ave, Buffalo. Contact Maureen M., 716-310-5885 for more info.
- ~ Aug 14, **7th District A.A. Picnic**, LaSalle Park, Shelter #4, (Speaker @ 2 pm. Bring a dish. For more Info call; Jim, 491-8301.
- ~ Aug 17, **Public Information Committee meeting**, Tuesday, Anyone interested in helping the community understand who we are, what we do, and what we are not to do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 6 PM.
- ~ Aug 22, **Three Legacies Group**, Kenilworth United Church of Christ, 45 Dalton Street off Niagara Falls Blvd. will be celebrating it's **10th Group Anniversary with a Friends and Family picnic**. Doors open at 5pm, dinner at 6pm, AA and Al-Anon speakers at 8pm. Bring a dessert or side dish to share if you wish. All are invited.
- ~ Aug 28 **Archives Committee Meeting**, SATURDAY, 9 am, Buffalo Central Office.
- ~ Aug 29, **Holiday Village Group 13th Annual Family Picnic**; Evangola State Park, Shelter 4A. 12 Noon- 5pm. Speaker 4pm, Chris C. from Cochocton, OH.
- ~ Sept 3-5, **57th Annual Tri-State Assembly, "Acceptance is the Key"**. Chautauqua Institute. Flyer's at Central Office.
- ~ Oct 1-3, **Women's Fall Spiritual Weekend Retreat**; We will be back at the Columbian Center, Derby, NY. We will enjoy a weekend centered around the AA Promises. More information to follow. Contact: Ruthie M. 825-5642 or Laurie M. 480-9680
- ~ Oct. 15-17, **AA Men's Spiritual Retreat**, Sponsored by University Men's Group, Stella Niagara Renewal Center. For information call Lee M.- 587-1875 or Carl S.- 479-4859.
- ~ Oct 29-31, **69th. BUFFALO FALL CONVENTION**: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst.

8th STEP: "Made a list of all persons we had harmed, and became willing to make amends to them all."

8th TRADITION: "Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers."

8th CONCEPT; The trustees are the principal planners and administrators of overall policy and finance. They have custodial oversight of the separately incorporated and constantly active services, exercising this through their ability to elect all the directors of these entities

PLEASE SUPPORT THE ENVELOPE SYSTEM...

Yours in the Fellowship of the Spirit...Terry B..... Executive Secretary

The following is a proposed amendment to the By-Laws of Alcoholic Anonymous on the Niagara Frontier, Second Draft February 6, 2009.

The proposal is to change the name of the intergroup to a new name, decided by the body, which does not contain the words "Alcoholics Anonymous" or "AA".

The current name of our organization must appear in its complete form on any mailings which bear a not-for profit bulk-rate stamp-our "New Frontiers" for example, in addition to any number of situations which could identify an individual as a member of AA. The long form of the Eleventh Tradition states, in part: "Our relations with the general public should be characterized by personal anonymity. We think AA ought to avoid sensational advertising. Our names and pictures as AA members ought not be broadcast, filmed or publicly printed". The present name requires us to break the 11th Tradition and undermines the purpose of our intergroup as stated in our bylaws as follows:

- Introduction

"The Intergroup is organized pursuant to the 9th Tradition of Alcoholics Anonymous to serve AA groups in the area in accordance with the Twelve Traditions and the Twelve Concepts of World Service of Alcoholics Anonymous".

Also cited in our bylaws are the purposes and duties of the Central Committee and Steering Committee to ensure that our Traditions and Concepts of World Service are avidly reinforced in all our affairs.

See: Introduction

- Article I Intergroup
 - Sec 1.04 Purposes
 - Bullet pt 4
- Article II Central Committee
 - Sec 2.01 Purpose(s)
 - Bullet pt 2
- Article III Steering Committee
 - 3.01 Purposes and Duties
 - 3.02.C

In addition, the use of this name on our correspondence, among other areas, ignores the direct statement made in our pamphlet- The AA Group pg.10, paragraph 1 which states that we are never to do so.

This is not an issue of minor importance to our Intergroup or AA as a whole. Either we practice our Traditions as guiding principle or a suggestion of convenience. The nominal cost and effort required to affect this change will be minor compared with the continued breach of our Tradition and the undermining of our Fellowship.

Respectfully,

Pete E. Sobriety Men's Discussion.

Buffalo Central Committee Minutes July 11, 2010

Cindy Orchard Park Step Committee Chair opened the meeting at 6:59 PM with a moment of silence and the Serenity Prayer. Patrick North Buffalo read the Preamble, Jason Abbott Men's Disc Group read the Purpose of Central Committee and Tracy Iron Horse Group read the Twelve Traditions.

Corrections to last month's minutes; Current Convention meeting was July 10th and Pete did not read last month's minutes for Steering Committee.

New Groups were greeted and 29 groups were represented: Dist #1 Main and High, Common Solution; Dist #2 Living Sober, Sober Train, Three Legacies, Friends of Bill W; Dist #3 Abbott Men's Disc, Any Lengths, Courage, Iron Horse, New Life, Ridge, Sunday Morning Breakfast, Valley; Dist #4 Orchard Park Step; Dist #5 Big Book Lockport, Lockport #1; Dist #6 Amsdell Lakeshore, Carrying The Message, Derby, Lakeshore, We Group; Dist #7 Fresh Start, Solidarity, Thursday Night Steppers, Reflections; Dist #8 Amherst Snyder, Eyeopener, Williamsville.

COMMITTEE REPORTS

- ENVELOPE SYSTEM:** Jennifer reported that \$352.00 was brought in by Envelope System.
- STEERING COMMITTEE:** Tina reported that the Chair, Co-Chair, Exec. Secretary, Financial Chair and Group Reps from Dist 3-8 were present. Dist 1 & 2 were absent with no alternative present. Dist 7 is having summer picnic and asking groups for donations, picnic will be in August. Steering Committee made suggestion to move \$4000.00 to Prudent Reserve at this time. The Steering Committee did meet for Terry's annual review. Out of a very good to poor scale she received a good. The committee is recommending no raise.
- FINANCIAL REPORT:** Rick reported that the transfer was made of operating funds in the of \$3243.40 to Prudent Reserve to raise old goal of \$24,000.00. Began CD Ladder for Current Prudent Reserve. Yearly charge of \$1975.00 for Accounting Review of books. Printing cost of \$940.00 for 2000 copies of "Meeting in Pocket" to be sold for .75 each. Increase in rent of \$30/month reflects new lease. Loss of \$3457 for month is really offset by \$940 Literature and transfer o \$3243 to Prudent Reserve.
- TREATMENT:** Tracy reported that they met May 17th. ECMC meeting Thursday at 7 PM was proposed to move to Tuesday at 7 PM. Meeting day will continue to be on Thursday, action closed. Tracy will make contact with Casa Di Vita again to explore possibility of increasing the number of meetings from 2nd Tuesday at 6:30 PM to every Tuesday at 6:30 per their request. Transitional Services, Elmwood Ave location in Buffalo requested that TFC facilitate a weekly meeting on Tuesday @ 5 PM. Brian B. and Tracy C. committee members will facilitate July 13th meeting. Then we will make a motion to pick these meetings up with the TFC committee on July 19th meeting at 6 PM at Central Office. We would like to welcome anyone who would like to get Involved and members who are already doing meetings to please attend July 19th at 6 PM. Scheduled meeting are every other month as follows, Sept. 20th and Nov. 15th at 6 PM the 3rd Monday of odd months. All are welcomed and encouraged to get involved in our Buffalo Area Treatment Committee.
- CORRECTIONS:** Milt reported that Corrections met with 8 members. Concerns on how to better carry the message and what is our responsibility for literature. Niagara Intergroup wanted funds from our committee to purchase literature for Niagara County Jail. Received letter from Beacon Group thanking us for the literature and books. Correspondence forms are available for individuals to receive letters and write back. Please see Milt. Real need for men to write men. At the request of members we have spent funds from our budget,

which they were concerned about. We appreciate the contributions.

- SCREENERS:** Jeanmarie reported that she is in need of a co-chair to assist in building our 12 Step call list by making announcements at meetings. Please contact Central Office or me for more information.
- CENTRAL OFFICE:** AA INFO: 320, 12-Step: 2, Alanon: 4, PIC: 0, Visitors: 139, Volunteers: 19. Groups we are in need of contacts from are, Beginnings Women-8, Boulevard Women-2, Look to this Day-6 and University Men's-2. As I previously stated, known vacation day's this year, I will be taking; July 16th August 26, 27, 30, 31, Sept 1, 2, 3 and 8. (note; last month I reported the 5th as a vacation day, actually it replaced my holiday for the 4th)
- NEW FRONTIERS:** No report
- PIC:** Patrick reported that PIC has elected a co-chair Jeff C. to take over in 2011. There are ads in all 9 area "Bees" newspapers with an ad stating, Alcoholics Anonymous: daily meetings from 7am till Midnight. Call 853-0388. We have a health fair scheduled on August 7th at the Amherst Senior Center. We received a call from the Buffalo News for information about AA for a story they are doing. I recently returned from San Antonio where AA's 75th birthday took place. I had an opportunity to attend a PIC panel there and received great information on what PIC is doing around the rest of the world.
- CURRENT CONVENTION:** not present
- AD HOC COMMITTEE:** Troy reported that we should have something to present to you next month, thanks for you patience.
- GSA LIASON:** not present
- ARCHIVES:** Marty reported that past delegate Joanne has donated several boxes of old documents to the Archives, which we are in the process of sorting and filing. Thanks to this donation I was able to replace several items in the traveling display with copies that were in better condition. If you have such a collection yourself, remember "Don't throw me away, I belong to AA" and contact anyone on the Archives Committee to donate any items. Our only display this month was at Main and High's 12th annual Day of Sharing, yesterday. It was well received and caught the interest of several newcomers. Upcoming displays are: Dist #11 (Area 50) Day of Sharing 9/18, Action Group Anniversary 9/26, Jamestown Anniversary and Buffalo Fall Convention 10/29-31. I'd like to thank all who have contributed to the Archives either financially or physically this month.
- OLD BUSINESS:** none
- NEW BUSINESS:** It was moved by John Sunday Morning Breakfast and seconded by Jeff Courage Group to proceed with the 0% raise to Executive Secretary; 13 yes, 3 no. Motion tabled. Recommendation made by Steering Committee to move \$4,000 to Prudent Reserve. It was moved by Joel Ridge Group and seconded by Diane New Life to transfer funds to Prudent Reserve; 21 yes, adopted. It was moved by Pete and seconded by Troy Abbott Men's Disc to Amend Bylaws. Motion tabled. Please see attachment. Cindy Orchard Park Step Committee Chair thanked Sober Train for this month's refreshments and August's to be provided by Derby Group.

NEXT MEETING AUGUST 1ST 2010

Meeting closed with The Lord's Prayer at 7:54 PM.

Respectfully submitted by MaryKate B. Recording Secretary Three Legacies Group.

GROUP CONTRIBUTIONS

TRCT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		JUNE	YEAR	JUNE	YEAR	JUNE	YEAR
	11:45		60.00		0.00		0.00
	12 Step		0.00		0.00		0.00
	12 Steps/12 Traditions	50.00	100.00		0.00		0.00
	4th Step Stumblers/F.U.N.		0.00		0.00		0.00
	6th Step		0.00		0.00		0.00
	A Day At A Time	48.00	48.00		0.00		0.00
	Abbott Men's		405.00		100.00		100.00
	Acceptance/Welcome		0.00		0.00		0.00
	Achievement		0.00		0.00		0.00
	Action		50.00		25.00		25.00
	Age Doesn't Matter		0.00		0.00		0.00
	Akron Awareness		0.00		0.00		0.00
	Alexander		0.00		0.00		0.00
	Amherst/ Snyder		650.00		0.00		0.00
	Amsdell Lakeshore	100.00	250.00		0.00		0.00
	Any Age		0.00		0.00		0.00
	Any Length	35.00	240.00	15.00	75.00	15.00	75.00
	Arcade		50.00		0.00		0.00
	As Bill Sees It	120.00	250.00	20.00	83.00	20.00	20.00
	Attitude Adjustment	50.00	50.00	25.00	25.00	25.00	25.00
	Attraction		300.00		0.00		0.00
	Backdoor		0.00		0.00		0.00
	Back To Basics		60.00		0.00		0.00
	Beginners Group (NF)		20.00		0.00		0.00
	Beginning in Sobriety II		0.00		0.00		0.00
	Beginning's Women		150.00		75.00		75.00
	Big Book Lockport		200.00		0.00		0.00
	BB Spiritual Studies		0.00		0.00		0.00
	Big Book Study	30.00	60.00		0.00		0.00
	Blasdell		0.00		0.00		0.00
	Blasdell Monday Night		0.00		0.00		0.00
	Bodhisattva		0.00		0.00		0.00
	Boulevard Helping Hand		0.00		0.00		0.00
	Boulevard Women		0.00		0.00		0.00
	Brass		0.00		0.00		0.00
	By The Book		0.00		0.00		0.00
	Carry the Message		200.00		0.00		0.00
	Casting		0.00		0.00		0.00
	Cathedral Park		0.00		0.00		0.00
	Cayuga Wake- Up Call		450.00		15.00		0.00
	Caz Manor	40.00	215.00		0.00		0.00
	Central City Café'	15.00	15.00		0.00		0.00
	Chapter IX		0.00		0.00		0.00
	Cheektowaga		300.00		0.00		0.00
	Clarence Men's		0.00		0.00		0.00
	Clarence Men's II		0.00		0.00		0.00
	Cold Spring		0.00		0.00		0.00
	Common Bond		0.00		0.00		0.00
	Commitment		100.00		0.00		0.00
	Constant Vigilance(Varysburg)		0.00		0.00		0.00
	Complanters		0.00		0.00		0.00
	Courage		100.00		0.00		0.00
	Daily Reflections		0.00		0.00		0.00
	Daily Reprieve		100.00		0.00		0.00
	Dawn of Hope		25.00		0.00		0.00
	Derby		180.00		0.00		0.00
	Derby Lunch		0.00		0.00		0.00
	Desire	150.00	500.00		0.00		0.00
	Desperate		0.00		0.00		0.00
	Downtown Men's		0.00		0.00		0.00
	Dunkirk Monday Night	100.00	100.00		0.00		0.00
	Eagle Street		0.00		0.00		0.00
	Early Bird South		93.42		0.00		0.00
	Early Bird Step		0.00		0.00		0.00
	Early Rising Obliging		0.00		0.00		0.00
	East Amherst		0.00		0.00		0.00
	East Aurora		300.00		0.00		0.00
	Easy Does It		250.00		150.00		150.00
	Ellicottville		25.00		0.00		0.00
	Everybody's		0.00		0.00		0.00
	Express		14.00		0.00		0.00
	Eyeopener	172.50	1008.43		0.00		0.00
	Eyeopener South	175.00	400.00	25.00	50.00		0.00
	Father Baker		0.00		0.00		0.00
	Feelings		0.00		0.00		0.00
	Fireside PM		0.00		0.00		0.00
	Fireside	270.00	830.50		0.00		0.00
	First Things First		250.00		0.00		0.00
	Forestville Sunday Serenity		0.00		0.00		0.00
	Fredonia Discussion		0.00		0.00		0.00
	Freedom		250.00		0.00		0.00
	Fresh Start		45.00		0.00		0.00
	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS

	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		JUNE	YEAR	JUNE	YEAR	JUNE	YEAR
1	Frontier(New)	37.50	1790.20		0.00		0.00
3	Gardenville		220.00		0.00		0.00
8	Georgetown		0.00		0.00		0.00
2	Getting Better		0.00		0.00		0.00
6	Getting With It		23.00		0.00		0.00
7	Gifted		0.00		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		405.00		27.00		27.00
5	Golden Slipper	50.00	50.00		0.00		0.00
2	Grand		70.00		0.00		0.00
2	Grand II Joy of Living	62.22	62.22		0.00		0.00
2	Grateful		50.00		0.00		0.00
3	H.O.W.		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
6	Hamburg Early Bird		0.00		0.00		0.00
8	Hand		40.00		0.00		10.00
2	Handicappers		150.00		0.00		0.00
1	Happy Faces		0.00		0.00		0.00
7	Harmony		0.00		0.00		0.00
3	Helping Hand		75.00		0.00		0.00
8	High Noon	200.00	650.00		0.00		0.00
8	High View		150.00		0.00		0.00
7	Higher Power		0.00		0.00		0.00
4	Hillbilly		360.00		0.00		0.00
6	Holiday Village	450.00	1325.00	50.00	125.00	50.00	100.00
4	Holland		50.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty	25.00	105.00		0.00		0.00
2	How It Works/Men's		472.00		0.00		0.00
7	Humbolt		0.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		0.00		0.00		0.00
3	Ironhorse	146.00	708.00	14.60	70.80	14.60	70.80
8	IT		0.00		0.00		0.00
5	Johnson Creek Big Book		0.00		0.00		0.00
1	Journey		300.00		0.00		0.00
3	Just For Today/ Cheektowaga		100.00		0.00		0.00
5	Just For Today/ Albion	15.00	15.00		0.00		0.00
4	Keep It Simple Sister		30.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		50.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
6	Lake Shore	50.00	250.00	50.00	50.00		0.00
6	Lakeview		155.00		0.00		0.00
3	Lancaster Dailey Reprieve		113.25		0.00		0.00
	Lawyers		0.00		0.00		0.00
5	LewPort		0.00		0.00		0.00
2	Liberty Women	50.00	110.00		0.00		0.00
4	Life Today		25.00		0.00		0.00
8	Lighten UP	120.00	300.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
2	Living Sober		0.00		0.00		0.00
5	Lock City	100.00	200.00		0.00		0.00
5	Lockport #1		250.00		25.00		25.00
5	Lockport Discussion		50.00		0.00		0.00
5	Lockport Ladies		50.00		0.00		0.00
5	Lockport Tuesday	50.00	150.00		48.00		0.00
5	Lockview		736.00		112.00		112.00
6	Look To This Day		0.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy		25.00		0.00		0.00
5	Lower River		0.00		0.00		0.00
1	Main and High		26.84		0.00		0.00
4	Main Street		390.00		0.00		0.00
8	Maple Men's		0.00		0.00		0.00
4	Marilla		95.00		0.00		0.00
3	Matt Talbot	60.00	360.00		0.00		0.00
6	McKinley Winners		30.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		0.00		0.00		0.00
5	Medina New Life		30.00		0.00		0.00
8	Mercy		100.00		0.00		0.00
3	Mid-day		80.00		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
5	Miracle Happen		0.00		0.00		0.00
7	Monday CO	18.00	97.05		0.00		0.00
5	Monday Big Book		0.00		0.00		0.00
2	Morning After	100.00	100.00		0.00		0.00
7	New Awakening		0.00		0.00		0.00
3	New Beginnings/St. Vincent		30.00		0.00		0.00
	New Freedom		25.00		0.00		0.00
	New Hope		25.00		0.00		0.00
5	New International		20.00		0.00		0.00
3	New Life		100.00		0.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		50.00		0.00		0.00
2	North Buffalo	400.00	800.00	100.00	200.00	100.00	200.00
4	North Java Monday		0.00		0.00		0.00
4	North Java Sunday		0.00		0.00		0.00

RETURN SERVICE REQUESTED

NON-PROFIT ORG.
US POSTAGE PAID
PERMIT # 53
BUFFALO, NY

A.A. on the Niagara Frontier
681 Seneca St. (Lower)
Buffalo, NY 14210
buffalooa@hotmail.com

We're on the Web!
Buffalooany.org

**Have The New Frontier's delivered
To your home every month**



NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP** _____

Suggested Contributions for SUBSCRIPTIONS;
MAKE CHECKS PAYABLE TO: BUFFALO CENTRAL OFFICE, 681 SENECA ST.,
BUFFALO, NY 14210

1 Copy \$10	20 Copies	\$57
2 Copies \$13	30 Copies	\$75
5 Copies \$24	40 Copies	\$95
10 Copies \$33	50 Copies	\$120
15 Copies \$43	60 Copies	\$135