

NEW FRONTIERS

December 2007

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

STAND FOR SOMETHING OR YOU WILL FALL FOR ANYTHING!!!

GRATITUDE IN ACTION

Gratitude is often an overused topic for discussion. Gratitude is best expressed in action.

As we approach this holiday season, where generosity seems to be most on display, we need to ask ourselves what am I doing that shows I am grateful for this life I have been given?

Some suggestions for expressing gratitude during the silly season:

1. Invite a new prospect to your home for a holiday meal, or an older member with little or no family.
2. Don't be so quick to leave your home group at the end of the meeting so you can lend support to persons who are troubled.
3. Take your son, daughter, wife or girlfriend to an event they would enjoy, whether you like it or not.
4. Contribute more generously to your home group and support marathon meetings designed to offer refuge to those with no place to go.
5. Serve meals at a homeless shelter.
6. Contribute gifts or food to a family who would not have a decent holiday without help – do it without getting caught.

THANK YOU

These past two years have gone by faster than I could have imagined. I started as editor of this newsletter in January of 2006 and we are approaching January 2008. More than a few feathers have been ruffled and this has stimulated some great discussion about what AA is and is not. The purpose of any member of AA is to bring an informed conscience to his home group and to AA as a whole. This can only be accomplished when view points are discussed and traditions adhered to.

Service in AA is a privilege and I want to thank you for the privilege of serving these last two years. (Shawn C. – editor)

DON'T DRINK, CUSS OR CHASE WOMEN: WELL, TWO OUT OF THREE ISN'T BAD

When Marvin E. was in the army's basic training at Camp Roberts, California, "I was told to drink, cuss and chase women. I tried to do it all."

But a sergeant told him being bad didn't fit his image. So he quit swearing, but he worked hard at the other two goals for the next 21 years. In his first temporary period of sobriety, in 1968, his ex-wife called him to say she'd just put out a warrant for his arrest for child support. "Are you mad at me?" He said "Yes," hung up the phone and headed for his old stompin' grounds in North Dakota.

That didn't last long. He tried working in the oil fields there (who knew North Dakota had oil?), then turned to commercial gardening, laying sod for lawns. While there, he started drinking again and was soon back in Seattle.

A girlfriend told him he was drinking too much, so he went to A.A. Two months later, the woman told him she liked him better when he was drinking, so he started hitting the juice again. "Not wholeheartedly this time," Marvin recalled. "By this time, I was working at the V.A. hospital. I was afraid I was going to lose my job and my woman too." The job survived, but not the romance. "When I got back to the house, my car was gone. When I found her at a bar, she said she wanted to end our relationship, and advised me to see a psychiatrist. "Eight months later, she told me she'd been in a blackout, but I told her I couldn't help her. We'd split. I went on a three-day drunk instead."

The drinking ended when he joined Alcoholics Anonymous "once and for all" on June 20, 1973. He's still tapering off on the third goal (chasing women).

Quit drinking "once and for all," although he'd had two years of sobriety earlier. He was living in Bremerton when he saw a TV ad from A.A. which asked, "Are You an Alcoholic?" Since his life was utterly out of control, he figured the answer was yes, so he called the number in the ad and started going to meetings.

But that was the turning point. When he sobered up, Marvin decided to go to the King County Council on Alcoholism for counseling, and returned to the Rainier Valley group of A.A. Rainier Valley and Empire Way became his two home groups, and he's still a regular at Empire Way after nearly 32 years of sobriety. Rainier Valley is defunct.

Marvin was born in Powers Lake, North Dakota, in the middle of the Great Depression, November 30, 1935, the youngest of two brothers and two sisters. The family moved around the state in the restaurant business as things went from bad to worse. His father lost the farm and the family was on welfare till he got a job driving a bread truck and later worked for the WPA. Meanwhile, his two older brothers joined the CCCs, and these two pioneering New Deal

programs kept the family afloat. Then came World War II and Marvin's lifelong love of the military.

Both his brothers served in infantry combat divisions, one in the Pacific and the other in Europe. It didn't go well for either of them. The brother in the Pacific with the 96th Division was riddled with machine gun fire in the battle for Okinawa, his second invasion, and also caught malaria. The brother in Europe with the 104th Division was taken prisoner and served six months in a POW camp. Both are now deceased.

"When I was a kid, there were heroes all around me," Marvin said. "Brothers, cousins-if they had a uniform on, they were my heroes." Marvin saw his chance to join when the Korean War started. He enlisted as soon as he was old enough, expecting to join the fighting on the Korean Peninsula. Instead, he wound up as a guard at the nuclear works on the Hanford Reservation, and later served in Germany.

At Hanford, he discovered what many drunks have found before and after him: booze takes away your fear of girls. "There was this country western bar where I drank and sat with girls and danced and had a ball. It was something I'd never experienced before."

When he was transferred to Germany, He spent his time as a gun mechanic and on security duty, "rousting whores and breaking up bar fights. That's where I first experienced fear. I thought there was something wrong with me." But it wasn't all bad. Marvin was stationed at a base that had a nudist camp next door. He became close friends with a German girl who sang "Lili Marlene" for him. When she told him she loved him, "I ran like a chicken. But I still think about her.

"I did a lot of drinking over there. We were told not to drink the water, so I substituted beer, champagne and cognac. I know now that I was an alcoholic by this time. I was 19 years old."

Later, back in the States, Marvin re-enlisted and went to Panama for a year-and-a-half, where he liked the people, hated the corruption and earned his GED. When he got back here to help staff NIKE missile sites, drinking and AWOLs increased. One night, he woke up in a hotel and decided he might as well stay till morning. The next day, hitchhiking back to his base, his commanding officer picked him up. "I figured it was time to get out of the service, so I took an early discharge."

He'd been married three months earlier, and launched into a decade of marital and emotional chaos involving children-he had two of his own-a rival boyfriend with a gun, a fight that got him a night in the San Francisco jail, unemployment and heavy drinking. The marriage ended after three years. He moved back to Seattle and lived and drank for a year on unemployment checks.

Was that his bottom? "Not really. I moved to Bremerton and got a job reprocessing ammunition at the Bangor torpedo base. There was

one bright spot. I was living in a whore house in Bremerton, and the madam became my good friend. She fed me till I got back on my feet. Saved my life. But I had to quit my job when my ex-wife showed up with the kids and I had to take care of 'em."

When he finally found sobriety in 1973, his first sponsor was Al W., at that time office manager of Intergroup. Al, Marvin recalled, told him that "You're doing some woman a great favor by not marrying her."

Along with all his other vicissitudes, Marvin has had serious health problems, including heart bypass surgery and a hip replacement. The latter was the result of a slip on the ice at the V.A. Hospital here in 1990, where he was working in the laundry. He spent 20 years on the V.A. staff. He has never remarried, and lives by himself. "I like my freedom."

Marvin's admiration of the military led to a lifetime of reading and study of military history. He never fails to bring a book with him when he reports for his weekly duty as a phone volunteer at the Intergroup office. That's not his only service contribution. He's been G.S.R. for two groups and secretary for two groups as well as coffee maker.

Ever since he was a rookie soldier at Camp Roberts, he has honored his sergeant's advice not to swear. And he thinks that today's A.A. could use some of the same counsel. "We come in to A.A. to change our lives, and one thing we should change is our language."

"A.A. has changed my life completely," Marvin said. "When I was drinking, my life was a fantasy. I wanted to be a hero who had all the answers. A.A. brought me down to earth. A.A. has given me strength and self-discipline. It is my life and my home. It is my faith." *Interviewed and written by Dick S*

ME! ME! ME! ME! ME! ME! ME!

"After all, this is a selfish program."

Think about it: How many times have you heard this sentence in a meeting? Now think about the context. What was the person who made this statement talking about? Did they happen to be talking about something they had refused to do? Something like agreeing to become a trusted servant for the group? Something like not calling to check on a newcomer who has suddenly stopped coming to meetings? Something like turning down a request for sponsorship? "I can't do (fill in the blank). After all it's a selfish program." Something like that?

This sentence may have been born with good intentions. There are times when alcoholics must think of themselves first. Most of these times involve not putting ourselves in a situation where we might be tempted to drink—holiday parties for example, or attending Thanksgiving or Christmas dinners where liquor is served. The newly sober are particularly

vulnerable to occasions like these and not attending them, even if we must offend those close to us, is sometimes a necessity if we are to stay sober. But that's not selfishness; it's self preservation.

Over the years, however, this little sentence has become a rationalization for refusing to do a whole host of things that A.A.'s founders and early members tell us we must do. "Selfishness—self centeredness! That, we think, is the root of all our troubles," says page 62 of the Big Book. "For if an alcoholic fails to perfect and enlarge his spiritual life through work and self-sacrifice for others, he could not survive the certain trials and low spots ahead. If he did not work, he would surely drink again, and if he drank, he would surely die. Then faith would be dead indeed. With us, it is just like that," wrote Bill W. in his own story on page 15. "Above everything," says page 62, "we alcoholics must be rid of this selfishness."

In fact, there is not one word about A.A. being a selfish program in the Big Book or the 12 and 12. But the word "self," in various combinations, is used 156 times. On the one hand, it's used in combinations like self-will, self-centeredness, self-pity, and self righteousness. On the other, there is self-appraisal, self assessment, self examination, self-restraint, self respect and self-searching. Read it for yourself. Then decide if you think A.A. is a selfish program.

What Does the Big Book Say?

We will lose interest in selfish things and gain interest in our fellows. (*Big Book, page 64*)

An alcoholic is an extreme example of self-will run riot. (*Page 62*)

We subjected each relation to this test—was it selfish or not? (*Page 69*)

The chief activator of our defects has been self-centered fear—primarily fear that we would lose something we already possessed or would fail to get something we demanded. (*12 & 12, page 76*)

Our real purpose is to fit ourselves to be of maximum service to God and the people about us. (*Page 77*)

Here is a list of things that A.A. IS NOT and DOES NOT...

IS NOT a religious movement

IS NOT a temperance movement

IS NOT a social service organization (it has no paid social workers or professional fieldworkers)

IS NOT an educational agency

IS NOT a cure or a "cure-all"

IS NOT an employment agency

DOES NOT solicit or accept funds from outside sources;
voluntary contributions from members and groups support A.A. services

DOES NOT run hospitals, rest homes, clubhouses or any outside enterprises

DOES NOT prescribe treatment for alcoholics

DOES NOT pay for treatment for alcoholics

The sole purpose of A.A. is to help the alcoholic who wants to stop drinking to stay stopped

IN MEMORIAM
Things We Can Not Change
Let's remember all who passed on in our prayers.

Share your Experience, Strength and Hope.

Please submit your articles by the 12th for next months issue.

Buffalo Central Office
681 SENECA STREET
(LOWER)

or

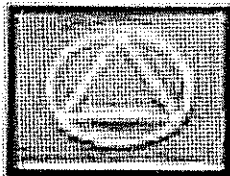
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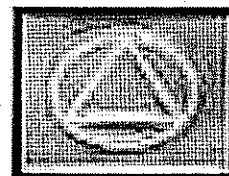
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The Buffalo Central Office is Located at 681 Seneca St, Buffalo, New York 14210. Telephone # (716) 853-0388. Hours of Operation are Monday through Friday from 9AM to 12:30PM and from 2pm to 4:30PM.

**God,
I offer myself to Thee - To build with me
and do with me as Thou wilt. Relieve me
of the bondage of self, that I may better
do Thy will. Take away my difficulties,
that victory over them may bear witness to
those I would help of Thy Power, Thy Love,
and Thy Way of Life. May I do Thy Will
Always.....**



unity. service. Recovery



DECEMBER ANNIVERSARIES

Amherst/Snyder

Kelsey S. 3m
 Becky M. 3m
 Keith C. 6m
 Fred B. 9m
 Brenda S. 9m
 Michael R. 1y
 Pat G. 2y
 Jeffery C. 3y
 Tim K. 4y
 Mike O. 4y
 Will M. 7y
 Emily H. 15y
 Robert G. 18y
 Chuck W. 20y
 Kevan G. 21y
 Mark S. 26y

Big Book Lockport

Randy W. 7y

Cold Springs

Al C. Jr. 14y
 Hoarance M. 21y
 Gigi P. 37y
 Bob B. 41y

Courage Group

Joy W. 5y
 Debbie McE. 8y
 Julie H. 8y
 Cathy E. 28y

Fireside

Michelle M. 2y
 Katie S. 12y
 Maria D. 17y
 Bill G. 21y

Golden Slipper

Mark R. 1y
 Gary H. 20y

Holiday Village

Joe T. 2y
 Teresa C. 2y
 Ben C. 3y
 Jason P. 3y
 Maria O. 4y
 Mike Z. 7y
 John L. 8y

Holland

Fred T. 19y

How It Works

Dan B. 4y
 Pete P. 5y
 Pete S. 7y
 Kevin C. 10y
 Mark C. 11y
 Peter S. 15y
 Tim M. 19y
 Bill K. 20y
 Lary F. 23y
 Peter P. 40y

Kensington

Mary B. 2y
 Fritz L. 29y

Kenmore

Greg G. 5y

Lakeshore

Cheryl P. 4y
 George M. 35y

Living Sober

Mike P. 5y
 Bob S. 7y
 Leah C. 8y
 Tom C. 15y

Lockport#1

Mitchell K. 2y
 Mike B. 4y
 Randy W. 7y

Lovejoy

Tom D. 6m
 Joy P. 14y

Main & High

Tom C. 10y

North Buffalo

Brett nF. 2y
 Andy S. 2y
 Loretta R. 3y
 Dan L. 3y
 Tyrone M. 3y
 Terrance H. 3y
 Nancy D. 3y
 Matthew B. 4y
 Judy S. 20y
 Bill K. 20y

Rise & Shine

Mack G. 9m
 Felix B. 1y
 Yolanda B. 1y
 Jesse J. 2y
 Odell H. 2y
 Michelle W. 2y
 Tangry F. 4y
 Liz C. 5y
 Zelfhia J. 5y
 Tonya E. 6y
 Arnie J. 6y
 Rubbin C. 7y
 Kevin T. 7y
 Steve M. 7y
 Annette N. 7y
 Earnest H. 10y
 Karen S. 10y
 Theo C. 18y

Sober Winners

Bob E. 1y

Sunday Morning

Breakfast

Lynn B. 7y
 Annette N. 7y
 Karen M. 9y
 Joy P. 14y
 Dave K. 19y

Surrender & Hope

Bob M. 6y
 Terry H. 18y

Thruway

Joe M. 9m
 Wayne S. 2y
 Bill Y. 25y
 Irene C. 26y

Valley

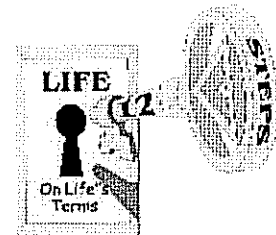
Al S. 3y

Victory

Barry R. 20y

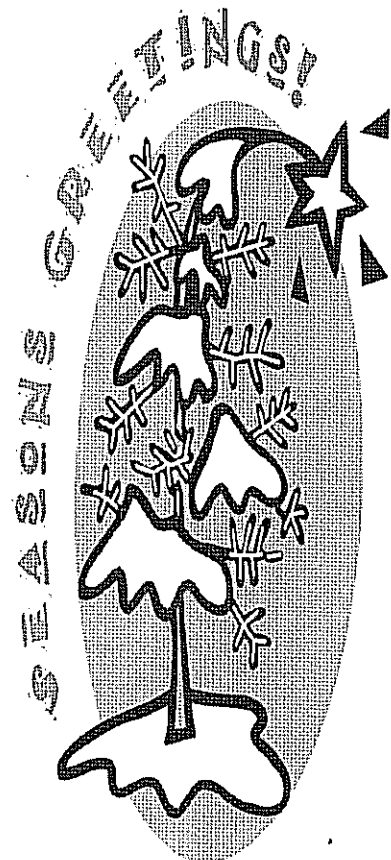
Victory Women's

Kathy M. 9y
 Sharon K. 27y



GROUPS CELEBRATING

Abbott Men's; 24y
 Achievement; 34y
 Cayuga Wake Up Call; 3y
 Coldspring; 46y
 Georgetown; 11y
 Intoxicated on Life; 32y
 Pass It On; 22y
 Pathway to Peace; 14y
 Roland; 7y
 Sally; 18y
 Saturday Nite Sober; 6y
 Sober Winners; 18y
 Sobriety on Saturday Night; 12y
 Sunday's @ 8; 6y
 Those, Too; 8y
 Tri-Step; 15y
 Wilson; 28y



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AA began with a phone call and a cup of coffee. It still works.

1940: *Chicago Daily Tribune* begins series of four articles on AA by N. Hamilton.

<p>2</p> <p>Central Committee Meetings: 7 pm, Buffalo Central Office, 681 Seneca St. Corrections Committee Meeting, 6:00 PM, Buffalo Central Office, 681 Seneca</p>	<p>3</p> <p>Special Needs Committee, 6:30 PM, The Kenilworth Church of Christ Church, 45 Dalton St., Kenmore. Alden New Life Group is celebrating their 32nd Anniversary. Eating at 7 PM followed by speaker at 8PM. St. Aidan's Episcopal</p>	<p>4</p> <p>*1940: St. Louis AA group is founded.</p>	<p>5 HANUKKAH</p> <p>*1938: Bill W. begins writing the Twelve Steps using the Oxford Group ideas while "plugging the holes an alcoholic might wiggle through."</p>	<p>6</p> <p>1979: <i>Akon Beacon Journal</i> reports the death of Henrietta Seiberling.</p>	<p>7</p> <p>1949: Sister Ignatia accepts Poverello Medal of St. Francis on behalf of AA from the Franciscan College of Steubenville, Ohio.</p>	<p>1</p> <p>*1934: Bill and Lois W. start attending the Oxford Group meetings with Ebby T.</p>
<p>9</p> <p>It's a pity we can't forget our troubles the way we forget our blessings.</p>	<p>10</p> <p>Treatment Facilities Committee, 6 PM, Buffalo Central Office, 681 Seneca</p>	<p>11</p> <p>1934: Bill W. takes his last drink and enters Towns Hospital in New York City.</p>	<p>12</p> <p>Website Committee Meeting, 7:30 PM, Kenmore Methodist Church, 32 Landers Rd., Kenmore.</p>	<p>13</p> <p>Confusion is the state of grace for the alcoholic.</p>	<p>14 SILVERCREEK FRIENDSHIP GROUP CHRISTMAS PARTY- 8:30 pm. Speaker **1985: Dave B., founder of the Montreal AA group, dies a few weeks before the 50th AA National Convention in Montreal, Canada.</p>	<p>15</p> <p>67th Buffalo Fall Convention Meeting, 12-NOON Buffalo Central Office, 681 Seneca St.</p> <p>24 hours a day... no more or less is required.</p>
<p>16</p> <p>*1950: Paramount changes the title of its movie <i>Mr. and Mrs. Anonymous</i> to <i>Something to Live For</i> at AA's request. It deals with the "wonderful work of AA."</p>	<p>17</p> <p>*1947: The Alamo Club opens in San Diego with one member and one dollar.</p>	<p>18</p>	<p>19</p> <p>1939: 1st AA meeting in Los Angeles in a private home takes place.</p>	<p>20</p> <p>Main & High Groups Annual Christmas Vigil, 6:00 PM- 9:30 pm. Lifetime Medical Center, 899 Main St. Speakers at 5:45 PM & 7:45 PM 1945: Rowland Hazard dies (he carried the Oxford Group message to Ebby T.)</p>	<p>21</p> <p>*1982: Neil King, Bill W.'s secretary and AA's first archivist, relieves but continues as an ambassador-at-large for AA and a passionate advocate of AA history.</p>	<p>22 WINTER SOLSTICE</p> <p>Archives Committee Meeting, 9 am, Buffalo Central Office, 681 Seneca</p> <p>*1939: Bill W. leaves New York to visit AA groups in Akron, Detroit, and Cleveland.</p>
<p>23</p> <p>*1995: The new AA Archives in Akron, Ohio, are dedicated.</p>	<p>24 CHRISTMAS EVE</p>	<p>25 CHRISTMAS</p>	<p>26 KWANZAA</p>	<p>27</p> <p>1893: Rev. Sam Shoemaker is born. He was Oxford Group's head in U.S. and Cavalry Church pastor in New York. Ebby T. took Bill W. to Calvary's Mission on 23rd Street in New York City.</p>	<p>28</p>	<p>29</p> <p>December was the "slippery month" to AA old-timers because it had more suicides, drunken slips, and wounded Christmas trees than any other month.</p>
<p>30</p> <p>1941: San Diego AA holds its first New Year's Eve dance in a ballroom in the basement of the Maryland Hotel on F Street.</p>	<p>31 NEW YEAR'S EVE Tri-County Group Annual New Years Eve Party. St. Joseph's RC Church, 67 East Main St., Gowanda. Doors open @ 7 PM.</p>	<p>1949: Dr. Bob's last visit to St. Thomas Hospital's alcoholic ward, where he helped thousands of drunks.</p>	<p>*1937: Rockland State takes alcoholic patients to AA meeting in South Orange, NJ.</p>			

* OCCURRED SOME TIME DURING THIS MONTH ** OCCURRED SOME TIME DURING THE YEAR

PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)

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DECEMBER 2007

MEETING CHANGES:

- **Living in the Solution, Amity Club, 340 Military Rd**, has **changed its time** for Mon. & Tues. to 5:30 PM, Starting Dec. 10 & 11. They will be discontinued until then. Wed. & Thurs. will remain the same. Friday will be discontinued.
- **Big Book Workshop** 9:30 AM in Eggertsville, Saturday Mornings, **NO LONGER MEETS.**
- **New Woman's Group; Women's Step Action**, Thursday, 6- PM, St. Martin in the Field Church, 2587 Baseline Rd., Grand Island. Closed meeting.
- **Earl Bird**, Wed. @ 10-AM, United Methodist Church, Corner of Ontario & Tonawanda Str's., Buffalo, **NEEDS SUPPORT.**
- **Ride Sober**, Sat. @ 9-AM, Victory Assembly of God Church, 688 Tonawanda St, N. Buffalo, **NEEDS SUPPORT.**
- **Beginnings Women's Group, Monday's moved** to St. Patrick's Episcopal Church, 1395 George Urban Blvd9Near Dick Rd.), Cheektowaga. Also has **changed their time to 7 PM. Pm**
- **Community Center**, Friday, 8PM, Friends of the Elderly Center, Buffalo, **No Longer Meets.**
- **New Women's Meeting** in Hamburg, **WE (Women's Meeting)**, Thursday's @ 7:15 PM, Southern Erie Clinical Services, 4390 Quinby Dr. Closed Meeting.
- **New Group; T'NT**, Tues. & Thurs., 6 PM, Ascension Lutheran Church, Snyder, 4640 Main St. Open Discussion.
- **Recovery Near The Garden**, Wednesday's @ 6 PM, 682 Ridge Rd, Lackawanna, **Needs Support.**
- **New Meeting; Hamburg Early Birds**, All Saints Lutheran Church, 6065 South Park. Wednesday's @ 6:30 AM. Open Discussion.
- **Last Day's Fellowship** has **changed their starting time to Friday's @ 7:30 PM.** Wind Ministries Motor Club, Coffee House/ Bailey at Clinton.
- **New Meeting** in Lockport; **Monday Night Big Book Workshop**, United Methodist Church of Christ, 98 East Ave. 8 PM- 9:30 PM. Open Discussion.
- **New Meeting** in Fredonia; **On The Cliffs**, Wednesday's at 11am. 117-119 Cushing St. Open Discussion.

COMING EVENTS:

- ~ Nov 27, **Steering Committee**, 6 PM, Central Office, 681 Seneca Street.
- ~ Dec 2, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca Street. (Hosted by Abbott Men's)
- ~ Dec 2, **Corrections Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street (lower).
- ~ Dec 3, **Special Needs Committee**, 6:30 PM, The Kenilworth Church of Christ Church, 45 Dalton St., Kenmore.
- ~ Dec 3, **Alden New Life Group is celebrating their 32nd Anniversary**. Eating at 7 PM followed by speaker at 8PM. St. Aidan's Episcopal Church, 13021 Main St., Alden. Please bring a dish if you wish.
- ~ Dec 10, **Treatment Facilities Committee**, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street.
- ~ Dec 12, **Website Committee Meeting**. Wednesday, 7:30 PM, Kenmore Methodist Church, 32 Landers Rd., Kenmore. Help us keep this website going. All help welcome. Also anyone with experience Applying our traditions.
- ~ Dec 12, **Public Information Committee meeting**, Wednesday, Anyone interested in helping the community understand who we are, what we do, and what we are not do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 7 PM.
- ~ Dec. 14, **SILVERCREEK FRIENDSHIP GROUP CHRISTMAS PARTY**- 8:30 pm, Speaker meeting followed by an eating meeting. Please bring a dish to pass. Also, please bring a \$5.00 unwrapped gift for gift exchange if you wish. Everyone is welcome. No one is obligated to bring a gift.
- ~ Dec 15, **67th Buffalo Fall Convention Meeting**, Saturday, 12 NOON Buffalo Central Office, 681 Seneca Street All are welcome.
- ~ Dec. 20, **Main & High Groups Annual Christmas Vigil**. 6:00 PM- 9:30 pm. Lifetime Medical Center, 899 Main St. Bring and dish to share. Please come fellowship with us. Speakers at 5:45 PM & 7:45 PM. Parking in the rear(Washington St.).
- ~ Dec 22, **Archives Committee Meeting**, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca Street (lower).
- ~ Dec 31, **Tri-County Group Annual New Years Eve Party**. St. Joseph's RC Church, 67 East Main St., Gowanda. Doors open @ 7 PM, speaker @ 8:30 PM, food & music to follow. Family & friends welcome. Please bring a dish to pass. For directions or more information contact Sheldon R: 716-532-1202.
- ~ Feb 22-24, **2008, NERAASA**, West Atlantic City, New Jersey. Flyers and registration forms available at Central Office.
- ~ Sept. 11-14, **2008, National Archives Workshop**. History Lights the Way, Hosted by WNYGSA (area 50). Days Inn (Niagara Resorts) 443 Main Street, Niagara Falls. More info will be coming soon.

12th STEP: "Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs."

12th TRADITION: " Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principals before personalities."

12th CONCEPT; The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and, whenever possible, by substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government, and that, like the Society it serves, it will always remain democratic in thought and action.

PLEASE SUPPORT THE ENVELOPE SYSTEM

... Yours in the Fellowship of the Spirit... Terry B.... Executive Secretary

Buffalo Central Committee Minutes
November 2007

Mark S. Committee Chair opened the meeting at 7:00 pm with a moment of silence and the Serenity Prayer. Mark S., read the Preamble, George W. Wilson Smith Univ. Alumni read the Purpose of the Central Committee. Wally E. read the Twelve Traditions. A motion was made to accept the minutes with corrections by John H. Sunday Morning Breakfast Group seconded by John C. Courage Group. Motion passed. The corrections are for the Sept. min. Patty S. volunteered to be acting Liaison at the General Service meeting in Oct. and Nov. representing Central Committee.

34 Groups were represented: Dist.1: Journey, Main and High, Pride; Dist.2: Freedom. Grand II Joy of Living, Living Sober, North Buffalo, Sheridan, Three Legacies; Dist.3: Abbott Men's Disc. Courage, Iron Horse, Sunday Morning Breakfast, Try Again, Valley, We Care; Dist. 4: Action, Eye Opener South, Orchard Park Step; Dist.5: Big Book Lockport, Golden Slipper, Lockport # 1; Dist.6: Amsdell Lakeshore, Carrying The Message, Lakeshore, Serenity On The Lake, Wilson Smith Univ. Alumni; Dist.7: Fresh Start, Solidarity, Spirit of Hope; Dist. 8: Amherst Snyder, Eye Opener, Williamsville, Women Making The Effort.

COMMITTEE REPORTS:

ENVELOPE SYSTEM: Report given by Chair, Karen S. Courage Group. Donations were \$674.00, YTD \$4841.00

STEERING COMMITTEE: Report given by Cindy Reiner Dist.4 Steering Comm. Rep. The Committee met on Oct. 30, 2007. Present were, Central Office Secretary, Central Comm. Chair, and the following Dist. 1,2,3,4,5,6,7. Financial Chair, Central Comm. Co-Chair and Dist. 8 were not present, nor was there an alternate. **Exec. Sec. Report:** Monday Nov. 12, Veterans Day the office is closed, Sec. last vacation day is Nov.9, All history records are in the process of being put into the PDF format, Total cost of Seminar \$967.73, Report from Central Office Seminar given, Financials Update: Noted that currently are - \$563.17 for this month and - \$3065 for the year in the negative. **Financial Report:** Not present. **Dist. Reports:** Dist.1 is still working on the future Day of Sharing. Inc. Nothing to report. **New Business:** Steering Comm. reviewed proposed guidelines for the new Liaison position with GSR, and it is recommended with the expectation of dropping the 1 Year of service as a requirement. Unanimous approved. Steering Comm. recommends that the body return to the Exc. Sec. one vacation day. Meeting ended at 7:13 pm with the Our Father.

FINANCIAL REPORT: Report given by Scott T. Lakeshore Group. Beginning balance for the month \$12,224.73, Income for the month \$7,052.25, Expenses for the month \$7,491.54, for a difference of \$439.29. ending balance is \$11,885.64 Central Office account, Corrections Beginning balance \$990.61, after Expenses and Income we come out with Ending balance of \$750.73, Treatment Beginning balance \$852.81, Ending balance after Expenses and Contributions was \$991.22.

TREATMENT: Report given by Patty S. 1.) Meetings are covered. 2.) New Home Groups for 2008 attended TFC meeting on 10/22 and received guidelines and rotated members answered questions about "how" to facilitate a meeting for them. 3.) Vet's cannot allow TFC to have a locked Literature cabinet in the Hospital due to Home Land Security laws 4.) 2007 Convention was covered by TFC. There situations affecting two members at the Convention. Based on these experiences, TFC voted to inform the Steering Comm. in writing outlining what happened, and our experience of how the situations could impact future events. I called Gary, Convention Chair immediately after I received the first call from our member and informed him. However, at the TFC meeting an additional instance emerged which has prompted TFC to inform the Steering Committee.


Respectfully Submitted, Patty S. As Bill Sees It

CORRECTIONS: Report given by Chair, Andrew. Attica meeting is covered; it meets on the 2nd 4th and 5th Wednesdays, and on 4th and 5th Fridays. If anyone is interested in going to Attica please see me after this meeting. Collins 1 and 2 has meetings on Tuesdays and Thursdays every week. Erie County Corrections meets every Wednesday at 8:00pm. There is a need for Groups to take meetings monthly. Call Matt R. 472-5470 if interested in getting Home Groups involved.

SCREENERS REPORT: Report given by Chair, Don B. The updated list for the 12 Step work is doing good, and the new list for the 12 Step list is still being worked out. I do believe that next year around this time the 12 Step work will be strong. Terry has worked very hard at compiling the list.

CENTRALOFFICE: A.A. INFO: 250, 12 Step: 2, Alanon: 8, PIC: 1, Visitors: 134, Volunteers: 29
Remaining vacation day Nov. 9th. Veterans Day off will be Monday the 12th. The Quarterly's have been paid. I have been working on a project requested by Archives; as of Dec., our free copies on the copy machine are over. Before that time, we are copying all the notebooks in the office of New Frontiers, Bulletins & minutes from Central Comm. They are being arranged month & year. Once this is complete, we will also be scanning them in the computer in a PDF file. The final goal is to have a hard copy for the Archives, and PDF files to eventually have, are Archives on the Website. Then anyone of the Fellowship would have access to this information. Terry also submitted a written report on the 2007 Central Office Seminar. The 2008 Seminar is in Edmonton Ont. And in 2009 it will be in Alberta NY. I would encourage everyone involved in service to attend. Also a Seminar report was read and attached separately.
Yours in the fellowship of the Spirit, Terry Bateman, Exec. Sec.

Income Statement	July-07	August-07	Sep-07	October-05	YTD
Beg Bal Cash on hand	11,821.79	12,547.00	14,286.94	12,224.93	
Contributions					
Groups	4,395.85	6,405.75	3,593.55	3,059.00	43,117.88
Joint Meeting	61.50	43.99	46.00	39.00	515.81
Envelope System	352.00	283.00	540.00	674.00	5,441.00
New Frontiers Subs	120.00	105.00	77.00	34.00	630.00
Literature/Medallions/Pins	3,628.55	2,589.25	2,666.80	3,067.80	30,033.85
Literature Postage	52.55	64.72	43.45	84.45	583.66
Archives Room Rent	50.00	50.00	50.00	50.00	500.00
Meetings at CO	9.00	22.00	33.00	44.00	253.00
Mall/Misc. Copier Buyout		25.00			5,741.35
US Treasury					35.80
Reconcille					
"Gratitude Month" (NOV)					
Conventions/Day of Sharing			25.00		602.00
Monthly Income	8,669.45	9,588.71	7,074.80	7,052.25	87,454.35
Expenses					
Office Rent	855.49	855.49	855.49	855.49	8,233.12
Electric	90.00	90.00	90.00	90.00	900.00
Payroll					
Salaries - gross	2,423.48	2,423.48	3,029.35	2,423.48	25,593.51
Federal Withholdings	(397.40)	(397.40)	(496.75)	(397.40)	(3,914.03)
NYS Withholdings	(96.00)	(96.00)	(120.00)	(96.00)	(1,011.20)
Disability Insurance	(2.40)	(2.40)	(3.00)	(2.40)	(25.80)
Payroll Tax Deposits					
Federal	769.67	728.50	655.00	590.72	5,905.23
State	385.72				1,218.34
Insurance					
State Ins Fund					321.52
Health	354.00	354.00	354.00	354.00	3,540.00
Liability					1,245.79
Postage	49.94	349.43	46.91	52.71	2,818.89
Phone	137.77	215.46	134.33	139.34	1,439.65
Accounting					1,950.00
Advt					
PIC Lit					
Talking Phone Book				88.00	
Verizon	135.45	135.45	135.45	135.45	1,346.50
website					100.00
white directory					475.20
Yellow Pages	399.95				799.90
Literature Expenses					
Grapevine		274.50			909.34
World Services Inc	862.40	1,283.15	2,015.60	984.00	15,861.18
Hazeldon	600.81	411.11		411.11	2,546.45
"In All Our Affairs"					
Printers			1,638.00		3,659.50
Medallions					1,693.00
PINS					1,052.25
Office Supplies	387.21	452.13	265.45	310.76	3,215.11
Answering service	158.00	138.87	161.98	171.23	1,554.31
Minolta leasing (copier)	702.15	468.00	245.00	691.00	5,212.15
Minolta Copies/ service contract	130.00	130.00	130.00	130.00	1,300.00
CD					
Day of Sharing Seed Money					200.00
Seminar		35.00		460.05	967.63
Depreciation	100.00	100.00	100.00	100.00	1,200.00
Monthly Expenses	8,044.24	7,948.77	9,236.81	7,491.54	90,395.54
Monthly Income (Loss)	625.21	1,639.94	(2,162.01)	(439.29)	(\$2,941.19)
Depreciation add back(non-cash)	100.00	100.00	100.00	100.00	1,200.00
End Bal Cash on hand	12,547.00	14,286.94	12,224.93	11,885.64	
CD PRUDENT	8,634.48	8,656.56	8,678.69	8,700.16	
CD#2 RESERVE	6,322.59	6,339.77	6,357.00	6,373.72	
Assets: Literature & Medallions	19,688.10	14,213.15	16,625.25	17,213.20	
Literature Receivable:(outstanding)	978.65	1,781.55	2,138.05	1,390.15	
Corrections Facilites	1,726.56	1,078.81	1,287.31	990.61	
Contributions	172.00	208.50	281.80	129.37	2,089.72
Expenses	818.75		578.50	369.55	4,005.05
Balance	1,078.81	1,287.31	990.61	750.43	(1,915.33)
Treatment Facilities	1,245.98	895.14	989.11	852.81	
Contributions	172.00	217.05	329.30	199.37	2,097.20
Expenses					
AT & T Bridging The Gap	59.09	49.33		60.86	401.80
AAA Abolt Answering Service	63.75	73.75	65.60		593.70
Literature	400.00		400.00		1,400.00
Balance	895.14	989.11	852.81	991.22	2,395.50
					(298.30)


 here are two ways to live your life.
 One is as though nothing is a miracle.
 The other is as though everything is a miracle.

Albert Einstein (1879-1955)

GROUP CONTRIBUTIONS

GROUP CONTRIBUTIONS

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		OCT	YEAR	OCT	YEAR	OCT	YEAR
11:45			180.00		0.00		0.00
12 Step			0.00		0.00		0.00
12 Steps/12 Traditions			30.00		0.00		0.00
4th Step Stumblers			0.00		0.00		0.00
6th Step			15.00		0.00		0.00
A Day At A Time			0.00		0.00		0.00
Abbot Men's			350.00		350.00		350.00
Acceptance/Welcomes			100.00		0.00		0.00
Achievement			0.00		0.00		0.00
Action			100.00		0.00		0.00
Age Doesn't Matter		50.00	100.55		0.00	50.00	60.00
Alexander			100.00		0.00		0.00
Amhers/Snyder			1073.35		0.00		0.00
Amsdell Lakeshore			100.00		0.00		0.00
Any Age			0.00		0.00		0.00
Any Length		60.00	330.00	20.00	110.00	20.00	100.00
Arcade			20.00		0.00		0.00
As Bill Sees It			125.00		0.00		0.00
Attitude Adjustment			100.00		50.00		50.00
Attraction			200.00		0.00		0.00
Backdoor			0.00		0.00		0.00
Back To Basics			0.00		0.00		0.00
Beginning In Sobriety II			0.00		0.00		0.00
Beginning's Women			448.25		0.00		0.00
Blidwell Monday			0.00		0.00		0.00
Blidwell Monday			150.00		0.00		0.00
Big Book Lockport		50.00	200.00		0.00		0.00
BB Spiritual Awakening			0.00		0.00		0.00
Big Book Study			50.00		0.00		0.00
Big Book Workshop			0.00		0.00		0.00
Biasdell			0.00		0.00		0.00
Biasdell Monday Night			0.00		0.00		0.00
Bodhisatva			60.00		0.00		0.00
Boulevard Helping Hand			0.00		0.00		0.00
Boulevard Women			0.00		0.00		0.00
Brass			50.00		0.00		0.00
By The Book			0.00		0.00		0.00
Came To Believe			0.00		0.00		0.00
Carry the Message			221.00		59.50		59.50
Casting			360.00		0.00		0.00
Cathedral Park			0.00		0.00		0.00
Cayuga Wake- Up Call			370.35		0.00		0.00
Caz Manor		25.00	275.00		0.00		0.00
Central Park			0.00		0.00		0.00
Chapter IX			120.00		100.00		100.00
Cheekowaga			600.00		0.00		0.00
Chevy #1			0.00		0.00		0.00
Clarence Men's			50.00		0.00		0.00
Clarence Men's II			0.00		0.00		0.00
Cold Spring			0.00		0.00		0.00
Common Bond			0.00		0.00		0.00
Common Solution			0.00		0.00		0.00
Commitment			432.00		0.00		0.00
Community Center			0.00		0.00		0.00
Constant Vigilance(Varysburg)			5.00		0.00		0.00
Complainers			0.00		0.00		0.00
Courage			125.00		8.00		0.00
Crossroads			0.00		0.00		0.00
Cross Talk Big Book			0.00		0.00		0.00
Daily Reflections			180.00		0.00		0.00
Daily Reprieve			0.00		0.00		0.00
Derby		40.00	80.00		0.00		0.00
Desire			272.00		0.00		0.00
Desperate			0.00		0.00		0.00
Downtown Men's			0.00		0.00		0.00
Dunkirk Monday Night			0.00		0.00		0.00
Early Bird			0.00		0.00		0.00
Early Bird Step			0.00		0.00		0.00
Early Rising Obliging			0.00		0.00		0.00
East Amherst			100.00		0.00		0.00
East Aurora			350.00		0.00		0.00
Easy Does It		75.00	250.00		0.00		0.00
Ellicott			66.00		0.00		0.00
Ellicottville			0.00		0.00		0.00
Emergency			0.00		0.00		0.00
Everybody's			0.00		0.00		0.00
Express			310.00		0.00		0.00
Eyepener		151.00	1350.43		0.00		0.00
Eyepener South			1205.00		31.25		31.25
F.U.N.			0.00		0.00		0.00
Faith			0.00		0.00		0.00
Father Baker			100.00		0.00		0.00
Feelings			50.00		0.00		0.00
Fireside			713.24		50.00		50.00
First Things First			200.00		0.00		0.00
Forestville Sunday Serenity			0.00		0.00		0.00
Fredonia Discussion			0.00		0.00		0.00
Freedom			300.00		0.00		0.00
Fresh Start			60.00		0.00		0.00
Friendly			25.35		0.00		0.00

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		OCT	YEAR	OCT	YEAR	OCT	YEAR
1 Frontier(New)			1000.00		0.00		0.00
6 GAFA: DAGOH #1			0.00		0.00		0.00
Gahada Gont (Good Shepard)			0.00		0.00		0.00
Gardenville			20.00		20.00		20.00
Georgetown			0.00		0.00		0.00
Getting Better			0.00		0.00		0.00
Giving			8.50		0.00		0.00
Go To Any Length			937.00		68.00		45.00
Golden Slipper			109.00		0.00		0.00
Grand			100.00		0.00		0.00
Grand II Joy of Living			160.00		0.00		0.00
Grateful			50.00		0.00		0.00
H.O.W.			0.00		0.00		0.00
Hamburg			209.00		0.00		0.00
Hand			0.00		0.00		0.00
Handicappers			0.00		0.00		0.00
Happy Hour			0.00		0.00		0.00
Happy Hour II			0.00		0.00		0.00
Harmony			300.00		0.00		0.00
Helping Hand			125.00		0.00		0.00
High Noon			350.00		0.00		0.00
High View			300.00		0.00		0.00
Higher Power			75.00		0.00		0.00
Hillbilly		100.00	250.00		25.00		25.00
Holiday Village		200.00	2200.00		75.00		0.00
Holland			0.00		0.00		0.00
Honest Solutions			0.00		0.00		0.00
Honesty			90.00		0.00		0.00
Hope Big Book Study			0.00		0.00		0.00
How It Works/Men's		75.00	975.00		0.00		0.00
Inner City			100.00		0.00		0.00
Inspiration			0.00		0.00		0.00
Inlabeled on Life			0.00		0.00		0.00
Ironhorse			1424.10		143.40		143.40
IT			0.00		0.00		0.00
Johnson Creek Big Book			120.00		0.00		0.00
Journey			40.00		40.00		40.00
Just Do It			0.00		0.00		0.00
Just For Today/Abilon			0.00		0.00		0.00
Just For Today/Cheek			300.00		0.00		0.00
Keep It Simple Sister			15.00		10.00		10.00
Keep On Coming			0.00		0.00		0.00
Kenmore			0.00		0.00		0.00
Kensington			25.00		0.00		0.00
Ladies Nite Sober			0.00		0.00		0.00
Lake Shore		200.00	700.00	50.00	100.00	50.00	100.00
Lakeview			175.00		0.00		0.00
Last Days Fellowship			0.00		0.00		0.00
Lawyers			750.00		0.00		0.00
LawPort			0.00		0.00		0.00
Liberty Women		50.00	105.00		0.00		0.00
Life Today			25.00		0.00		0.00
Lighten UP		60.00	720.00		0.00		0.00
Live and Let Live			0.00		0.00		0.00
Living Clean			0.00		0.00		0.00
Living in the Solution			0.00		0.00		0.00
Living Sober		30.00	180.00		0.00		0.00
Lock City		20.00	100.00		0.00		0.00
Lockport #1			420.00		0.00		0.00
Lockport (no name)			0.00		0.00		0.00
Lockport Discussion		50.00	50.00		0.00		0.00
Lockport Ladies			135.00		0.00		0.00
Lockport Nooners			0.00		0.00		0.00
Lockport Tuesday			200.00		0.00		0.00
Lockview			860.00		110.00		110.00
Look To This Day			0.00		0.00		0.00
Love			0.00		0.00		0.00
Lovejoy			150.00		10.00		10.00
Lower River			0.00		0.00		0.00
Lunch Bunch Albion			0.00		0.00		0.00
Main and High		5.00	55.00	5.00	10.00	5.00	5.00
Main Street			0.00		0.00		0.00
Maple Men's			50.00		0.00		0.00
Manila		35.00	65.00		0.00		0.00
Matt Talbot			25.00		0.00		0.00
McKinley Winners		30.00	30.00		0.00		0.00
Medina Big Book			0.00		0.00		0.00
Medina New Life			90.00		0.00		0.00
Mercy			0.00		0.00		0.00
Mid-day		120.00	241.50		0.00		0.00
Midnight Discussion		90.00	90.00		0.00		0.00
Miracle Happen			0.00		0.00		0.00
Morning After			400.00		0.00		0.00
New Awakening			0.00		0.00		0.00
New Freedom (Niagara Falls)			70.00		0.00		0.00
New Beginnings/St. Vincent			25.00		0.00		0.00
New Life			66.00		0.00		0.00
New Outlook			0.00		0.00		0.00
Niagara Intergroup			0.00		0.00		0.00
New Westside			0.00		0.00		0.00
Niagara Frontier Men's Disc.			65.00		0.00		0.00
No Human Power			0.00		0.00		0.00
North Buffalo			600.00		225.00		225.00
North Java Monday			0.00		0.00		0.00
North Java Sunday			0.00		0.00		0.00

Interested in receiving the New Frontiers?

NAME: _____

ADDRESS: _____

Enclosed is a check or money order made payable to the AA Central Office
earmarked the "New Frontiers" for \$ _____ for _____ copies.

Rates:

1	copy	\$10.00	20 copies	\$57.00
2	copies	13.00	30 copies	75.00
5	copies	24.00	40 copies	95.00
10	copies	33.00	50 copies	120.00
15	copies	43.00	60 copies	135.00

Mail to the: Buffalo Central Office
681 Seneca St.(lower)
Buffalo, New York 14210

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BUFFALO CENTRAL OFFICE
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BUFFALO, NY 14210