

NEW FRONTIERS

CLASSIC GRAPEVINE

SPIRITUAL EXPERIENCES
BY BILL WILSON, JULY, 1962

There is a very natural tendency to set apart those spiritual experiences or awakenings which happen to be sudden, spectacular, or vision producing. therefore any recital of such cases always produces mixed reactions. Some will say, "I wish I could have an experience like that!" Others, feeling that this whole business is too far out on the mystic limb for them, or maybe hallucinatory after all, will say, "I just can't buy this business. I can't understand what these people are talking about."

As most AAs have heard, I was the recipient in 1934 of a tremendous mystic experience or "illumination." It was accompanied by a sense of intense white light, by a sudden gift of faith in the goodness of God, and a profound conviction of his presence. At first it was very natural for me to feel the experience staked me out for somebody very special.

But as I now look back upon this tremendous event, I can only feel very specially grateful. It now seems clear that the only special feature of my experience was its electric suddenness and the overwhelming and immediate conviction that it carried to me.

In all other respects, however, I am sure that my own experience was not in the least different from that received by every AA member who has strenuously practiced our recovery program.

How often do we sit in AA meetings and hear the speaker declare, "But I haven't yet got the spiritual angle." Prior to this statement, he had described a miracle of transformation which had occurred in him - not only as his release from alcohol, but a complete change in his whole attitude toward life and the living of it. It is apparent to nearly everyone else present that he has received a great gift; and that this gift was all out of proportion to anything that might be expected from simple AA activity, such as the admission of alcoholism and the practice of Step 12. So we in the audience smile and say to ourselves, "Well, that guy is just reeking with the spiritual angle - except that he doesn't seem to know it yet!" We well know that this questioning individual will tell us in six months or a year hence that he has found faith in God.

Moreover, he may by then be displaying "Spiritual qualities" and a performance that I myself have never been able to duplicate - my sudden spiritual experience notwithstanding.

[Continued Page 3]


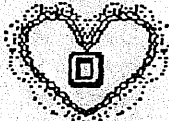


WE WELCOME YOU...

The following are the Themes for the coming issues of newsletter for the next few months.

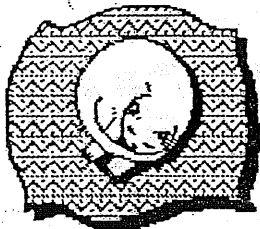
- March: Decisions
- April: Acceptance
- May: Admitted
- June: Let Go, Let God

We hope that this will spur you to think about writing an article or some other demonstration of your thoughts on the Topics.

Volume 4 No.2 February 1990 THEME: CAME TO BELIEVE

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<i>Came to Believe a Power Greater</i>		

Helen's Corner ...



PRA YER

BY R.E., PHILADELPHIA PA.
GRAPEVINE, JANUARY 1980

How did I come to believe? Slowly, in steps. First, I came to AA physically; second, I came to mentally; third, I came to believe that AA and God could restore me to sanity spiritually. Over time, I realized, there was more to being sober than just not drinking. Not drinking was easy in comparison to changing my attitudes and lifestyle. The plain truth is the person I was would drink again. This fact scared me.

Every time I hear the words in 'How It Works'...'Some of us have tried to hold on to our old ideas and the result was nil until we let go absolutely' and 'that God could and would if He were sought.' I am reminded of how important changing me is. I know I had become my own worst enemy now AA told me, if I wanted to remain sober, I had to become my own best friend.

When I asked how I could accomplish this feat of magic the answer I received was...'It happens slowly, on the installment plan, by going to lots of meetings, not picking up the first drink and becoming willing to accept the best and worst about myself.' I began by restoring values in my life, treating myself and others with respect and dignity. Our values define who we are. They offer us direction when making choices. They ask us to act responsibly. I need to live the kind of life my words say I live or I will be considered a shifty fraud.

Patience is another virtue I am working on. One of my shortcomings is that I usually want what I want when I want it. What I had to do was come to believe that God not only knows what's best for me but when it's best for me to have it. My job is to practice accepting my present circumstances as it is, myself as I am and the people around me as they are.

There is a saying, "There are three things that only God knows...the beginning of things; the cause of things; the end of things." And so the beat goes on. Live long and prosper.

Yours in the Spirit of AA,
Helen

The AA program only suggests that newcomers attempt to begin to conceive a power greater than themselves in their own individual terms. After that, an old timer might suggest to a skeptical newcomer - along with not picking up the first drink - faking prayer and keeping an open mind.

I came into this program a drunken atheist. Today, I pray. My being sober is a reflection of the good attributes of some higher power; it is not a reflection of any moral virtue or strength of will on my part.

This change in a drunken, hardcore cynical atheist is a miracle beyond human comprehension. However, one aspect of the program has always required for me to remain sober - results. Prayer works. If prayer didn't work and show results, I would become an atheist again today.

Spirituality happens to be extremely practical. Prayer, reading the AA literature, going to meetings, using the Steps and helping another alcoholic all combine to make my life easier and more comfortable, hour to hour, day to day.

As an atheist, I faked prayer on a trial basis in the beginning. The results have altered my view of the cosmos. An unseen realm does exist. I do not attend church, nor have I experienced a spiritual awakening; I'm still a fire-breathing cynic. Yet I pray regularly to something unseen and so vast that I, as a human being, can never understand or even name it.

I pray because of the positive results that flow from prayer. I'm a pragmatist. So, for today, I have become an agnostic who occasionally experiences violent swings toward faith. With all the blessings that have been bestowed upon me in the year and a half, I still experience doubt and have not made the quantum leap to faith.

All this proves only one thing: that some nuts are tougher to crack than others. Today, I'm still faking prayer and getting results. Maybe God likes nuts especially the hard ones.

*Spiritual Experiences (Continued
from page 11)*

So nowadays when AAs come to me, hoping to find out how one comes to those sudden experiences, I simply tell them that in all probability they have had one just as good - and that theirs is identical excepting it has been strung out over a longer period of time.

Then I go on to say that if their transformation in AA extended over six months had been condensed into six minutes - well, they then might have seen stars, too!

In consequence of these observations I fail to see any great difference between the sudden experiences and the more gradual ones - They are certainly all of the same piece. And there is one sure test of them all: "By their fruits, ye shall know them."

This is why I think we should question no one's transformation - whether it be sudden or gradual. Nor should we demand anyone's special type for ourselves, because our own experience suggests that we are apt to receive whatever may be most useful for our needs.

**MIRACLE FOR A
RELUCTANT DRUNK**

BY J.O., WINNIPEG, MAN.
GRAPEVINE, OCTOBER, 1983

I was, am, and probably always will be a reluctant drunk. I did not come to AA because I wanted to, but because I ran out of options. I did not agree to chair a meeting because I wanted to, but out of a feeling of obligation. I did not take the Steps because I wanted to, but because the alternative was too hard to face. I did not get involved in service because I wanted to, but because my group felt it was good for me.

Nothing that has happened to me since coming through the doors of AA has happened because I wanted it to. But the things I need have been looked after in spite of me and what I want.

If I had been given everything I wanted, I would have been dead. None of it has been in my hands, yet here I find myself sober and healthy. What is this but a miracle - and for someone who couldn't, wouldn't believe?

Closet Atheist

BY C.C., SACRAMENTO, CALIF
GRAPEVINE, APRIL, 1978

Twenty-seven years ago, I called AA. I told the girl who answered that I had a problem.

"What's your problem, alcohol?" she asked.

"Of course," I answered, "but I'm an atheist."

She said just the right words: "Oh, that's alright; we have lots of atheists in AA."

To run me off, all she would have needed to say was, "Aw, you're not an atheist; surely you believe in some kind of higher power."

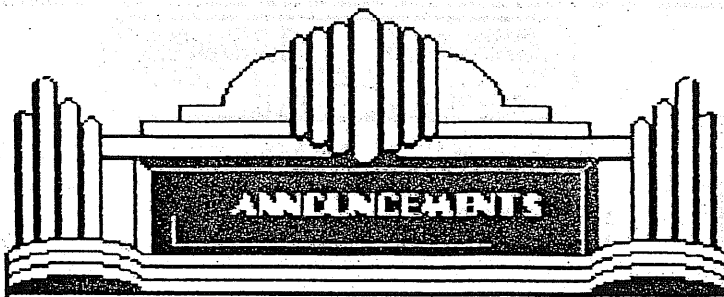
This was a while back, when AA was smaller, and she may have passed the word that there was going to be a new man, and let's take it easy on the spiritual. In any event, not much in the way of God was stressed at the early meeting I attended.

The members told me that I could use any concept of a higher power I liked. Step Two, maybe it does make sense to believe that the power to restore my sanity is the power of the group, and that in Step Three, maybe the group could do something with me if I turned my will and my life over to it. But it didn't make much sense to me. Then came Step Five. How do I admit my shortcomings to a God of something I do not believe in? Six and Seven required some mental skirmishing. I concluded, within eight or nine months that if I couldn't reconcile my beliefs I couldn't stay sober on the program.

Since I had been a Catholic in my youth, I went to church for my instruction. For nine months, once and sometimes twice a week, a priest labored with me explaining Genesis. I argued Darwin to him. After nine months, he (and I) thought I now believed in God and the theory of creation. Because of a series of marriages and divorces, the church allowed me to attend Mass but not to take the sacraments; this made me a second class Catholic. Talk about resentments!

But I stayed sober. For five years. Then I blew it. After a short stay on skid row and with the help of Goodwill, I got back uptown and back on the program. I recently celebrated my 20th AA birthday.

(Continued Page 61)



ANNOUNCEMENTS

MEETINGS**MEETINGS****MEETINGS**

NEW MEETINGS:

KEEP IT SIMPLE, SISTER! - THURSDAY 7:30 PM WOMENS CLOSED DISCUSSION- IMMANUEL LUTHERAN CHURCH, PINE & FILLMORE, EAST AURORA. Non-Smoking, wheel-chair accessible.

PLEASE NOTE:

The following groups are updating their active membership lists: GIVING, LIVING SOBER, LOVEJOY and TURNING POINT. If you wish to be listed, please contact a group member, or better yet, go to your group's meeting.

BLISSFULLY SOBER - SATURDAY -8:00 PM, Bliss Baptist Church, Main Street, Bliss, N.Y. needs your support.

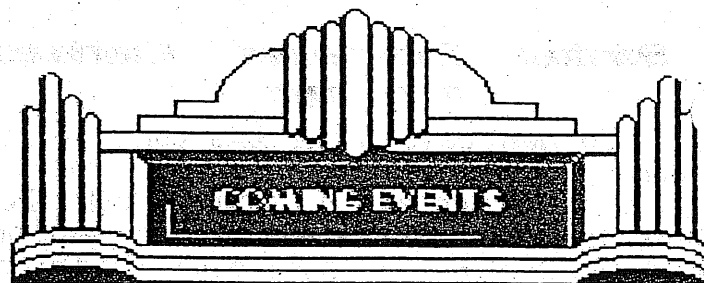
WE CHOOSE LIFE - will not meet on WEDNESDAY, February 14th, due to Church activities, this evening only.

McKINLEY WINNERS - WEDNESDAY, St. Matthew's Ch., 5289 McKinley Pkwy., Hamburg meets at 10:30 AM, not 10:00 AM, as listed in the schedule.

MEETING CHANGES:

FEELINGS - WEDNESDAY - 7:30 PM - CLOSED DISCUSSION has moved to the First Presbyterian Ch., 149 Broad St., Tonawanda - by the Donut Shop and across from St. Francis.

PURPOSE - SATURDAY - 10:00 AM and SERENITY - SUNDAY - 11:00 AM which meet at Mount Saint Mary Academy, 3756 Delaware Avenue, Kenmore are now NON-SMOKING.



COMING EVENTS

FEBRUARY 9 - FRIDAY - BIDWELL MONDAY DISCUSSION will sponsor a Valentine Day Dance at the Amvets Post #13, 25 Review Place, Buffalo. Doors open at 7:30 PM. Buffet at 8:00 PM. Dancing from 9:00 PM - 1:00 AM. \$3.00 per person.

FEBRUARY 18 - SUNDAY - NIAGARA FALLS #1 - will celebrate its group's Anniversary at 8:00 PM at the Porta-Niagara Girls' Club, Portage Road and Niagara Street, Niagara Falls.

FEBRUARY 24 - SATURDAY - The Gay & Lesbian Groups of Buffalo will sponsor their First A.A. Dance - 9 'til 1:00 am - refreshments, D.J. Donation \$4.00. Unitarian Church, Elmwood and West Ferry. All are welcome.

FEBRUARY 26 - MONDAY - HARMONY group will celebrate their 8th Anniversary at 10:00 AM at the Evangelical Lutheran Church, 987 Kensington Avenue. Come and help us celebrate together. Guest speaker, food, 50/50.

FEBRUARY 28 - WEDNESDAY - EVERYBODY'S 6th group Anniversary at 8:00 PM at the Gowanda Psych. Center, Grey Bldg. #86, Main Floor Ward 53, Day Room, Gowanda.

MARCH 3 - SATURDAY - SATURDAY NITE DISCUSSION Group is sponsoring A Dinner-Dance, Amvets Post #13, 25 Review Place, Buffalo. Doors open at 7:30 PM. Speakers: 8:00 PM - 9:00 PM, George S. & Bob H. 9:00 PM Music MD Productions, Mark L. 10:00 - 11:00 PM Western style barbarque buffet 50/50 Donation: \$7.00 per person, \$12.00 per couple.

MARCH 27 - TUESDAY - NEW ZION - 6th group Anniversary at Temple Beth Zion, 805 Delaware Avenue at Barker at 8:00 PM. Special guest speaker - desserts and beverages - 50/50.

COURAGE GROUP will have its Annual St. Patrick's Day Dance.

HOW IT WAS!

WHAT HAPPENED!

WHAT IT'S LIKE NOW!

September 1991 marks the fiftieth anniversary of A.A. in Western New York. The Fiftieth Anniversary Committee is charged with compiling a history and presenting it at a gathering to celebrate this milestone. If you have any information about the events or occurrences that were the growth of AA in the area or would like to help in the creation of the celebration. Please contact the Committee through Central Office.

Are you grateful?

I have often heard it at meetings; "I am grateful to AA for my sobriety." I have also heard it said at meetings that gratitude is an action word. So here is an appeal to you out there to put the action into your gratitude.

People are needed to be on the 12 Step list. Those of you who have never done this work will find much reward to your own sobriety. If you would like to do some and start to gain the kind of sobriety for which we all have a desire.

Please contact Central Office at 853-0388, and give us your name and phone number and you will be put on the list. Perhaps your group would like to be on the list you might want to bring this up at your next group bussiness meeting.

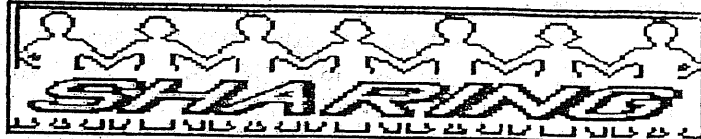


REMEMBER



CENTRAL COMMITTEE MEETING

SUNDAYS - Feb 4 and Mar 4, 7:00 PM. at 80 Goodrich Street behind Buffalo General.
Everyone Welcome.



The Correctional Facilities Committee would like to take this opportunity to invite each and everyone of you to get involved in service by volunteering to share at a correctional facility meeting. What better way to express your gratitude and love, than to carry the message to another alcoholic who is "behind the walls."

The following is a list of the institution names, meeting days and meeting times. Please call Central Office for the name and phone number of the contact person involved in the meeting you would like to attend. Remember what the Big Book says: "You can help when no one else can."

- Wende - Maximum Security
 - Friday: 7-8:30PM
 - Saturday: 1:30 - 3:00PM
- Wende - Erie County
 - Wednesday: 8-9:30PM
- Attica - Beacon Group
 - Wednesday: 6-8:30PM
- Collins *1
 - Sunday: 6:30-8:30PM
 - Tuesday: 6:30-8:30PM
 - Saturday: 8:30-10:00AM
- Collins *2
 - Sunday: 6:30-8:30PM
 - Tuesday: 6:30-8:30PM
 - Saturday: 8:30-10:00AM
- Wyoming
 - Wednesday: 7:00PM
 - Annex: 7:00PM
 - Saturday: 7:00PM

TIME TO CHANGE

by Mary Alice Hood

*Times have changed and so must I
The word has been here
long before me,
and may continue long after me.
I believe I've gotten so caught up,
in wanting to leave my mark,
Something that the world will
remember me by,
That I can't even see today,
And constantly going over what I
did or didn't do yesterday,
So I make tomorrow better.
I believe memories and dreams
are an important part of life,
but not to the extent
that they wipe out
all the possibilities of Today
For if we don't live just
for Today
The memories of yesterday will
mean nothing
and the dreams of tomorrow may*

I think what keeps me sober more than anything else is the AA preamble: "Alcoholics Anonymous is a fellowship of men and women who share their experience strength and hope with each other that they may solve their common problem..." That I can buy, and I do buy it.

I'm a "closet atheist." I join in the Lord's Prayer, knowing it doesn't harm me, anymore than it harms a Catholic to add "for thine is the kingdom," etc. When any spiritual question is under discussion, I usually pass when called upon to speak. I don't proselytize inside or outside of AA; I'm not trying to convert anyone to my way of thinking. I'd just ask some well-meaning, enthusiastic members not to come down so hard on the God question. There are atheists in them there foxholes; there are atheists in AA.

So let's have a little tolerance - tolerance perhaps of the unexpressed secret beliefs of the person next to you. We'll never know why that new member didn't come back. It's unpopular to be an atheist, and not every atheist admits it openly. So let's not run the agnostic or the rationalist off, back to the world of drinking.

I'm glad they didn't run me off!

PRECIOUS TIME

BY DEBBIE AVERY

**Don't waste precious time
worrying about
what you should have done...
But rather, focus your attention
on what you are doing now,
and what you want to do
in the future
Don't concentrate
on any mistakes that might
have been made,
but learn from them.**

ONE STEP

BY DIANE WESTLAKE

**Whatever the struggle
continue to climb
it may be only
one step to the summit.**

SERVICE SPONSORSHIP IS AN IDEA WHOSE TIME HAS COME

RECOPIED FROM THE OCT/NOV ISSUE
BOX 459

The concept of sponsorship is as old as AA itself. Co-founders Bill W. and Dr. Bob sponsored each other and, ever since, countless AA's have passed the message on to newcomers as their sponsors passed it to them - face to face. For most of them, however, Twelfth-Step work seldom extends beyond interpersonal sharing with a fellow alcoholic.

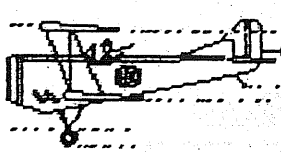
As the fellowship grows, there is an increasing need for another kind of sponsor - one who introduces the new member to the broad world of service in AA. To further awareness of this need, Peter R., general service representative of Group 1 in Sacramento, California, prepared a "Service Sponsorship" guideline for presentation at the district committee meeting.

The guideline explains that service sponsors are to service work what a personal recovery sponsor is to the Steps. They show sponsees that both the Steps and the Traditions can be applied to all areas of their lives; and share their own experience, strength and hope relation to service participation. Specifically, they explain how each aspect of service - from the home group to the district level on to the area assembly and the General Service Conference - affects AA as a whole and is vital to our unity and survival. They also encourage their sponsees, after an appropriate length of sobriety, to hold home group office; volunteer for service at their local intergroup or central office; and attend area workshops, forums and roundups.

Some AA's are guided into service by their recovery sponsors. However, the guideline suggests, others may need a separate sponsor if the recovery sponsor has no experience in service.

The guideline reminds us of Dr. Bob's four stated reasons for serving as a sponsor: "(1) sense of duty; (2) it is a pleasure; (3) because in doing so, I am paying my debt to the man who took the time to pass it on to me; and (4) because every time I do it, I take out a little more insurance for myself against a possible slip.

Like Dr. Bob, the guideline concludes, "service sponsors can show their sponsees the pleasure of involvement in the work of AA. This is best done by stressing the spiritual nature of service work and by pointing out the usefulness



Movin' On In Sobriety

ORNPLANTER'S

AGAIN
 Jamie M. 6yr.
 Paul G. 5yr.
 Fred O. 3yr.
 Paul E. 3mo.

HARMONY

Florence F 11yr.
 Kathleen 6mo.

NORTH JAVA

Mark C. 3yr.
 Deirdre McM. 1yr.
 Fran S. 1yr.
 Fran E. 1yr.
 Bonnie S. 1yr.
 Hal H. 1yr.

WED. LUNCH

Florence F 11yr.
 Lillian A. 5yr.
 Dale M. 9mo.

GRATEFUL

ath D. 10yr.
 Gary H. 8yr.
 Sheryl B. 7yr.
 Bill C. 6yr.
 Tom M. 1yr.

GIVING

Wesley K. 10yr.
 Barbara H. 2yr.
 Beth B. 1yr.
 Larry S. 6mo.

FREEDOM

John B. 12yr.
 Rich P. 9yr.
 Maureen D. 4yr.

BRASS

Tom 2yr.

HAPPY HOUR

Nelson R. 4yr.
 Victor M. 4yr.
 Bill C. 3yr.
 Oliver H. 3yr.
 Robert W. 2yr.
 Tony A. 2yr.
 David C. 1yr.
 David John 1yr.
 Phil K. 1yr.
 Vera T. 1yr.

Bill W. 9mo.
 Willie G. 9mo.
 Randolph P. 6mo.
 Donald A. 6mo.
 Joanne W. 6mo.
 Linda M. 3mo.
 Joe E. 3mo.
 Andrew G. 3mo.
 Otis M. 3mo.
 Daryl R. 3mo.
 Robert C. 3mo.

WE ADMITTED

JANUARY
 Bob U. 18yr.
 Chris A. 5yr.
 Gayle 4yr.
 Nancy A. 1yr.
 Lynn L. 6mo.
 Tina H. 3mo.

FEBRUARY

John B. 12yr.
 Cheryl H. 6yr.
 Mel B. 2yr.
 Tom Mc 2yr.
 Bill W. 9mo.
 Chet S. 9mo.
 Ken K. 9mo.
 Betty H. 6mo.

FRONTIER

Walter C. 4yr.
 Sandy H. 3yr.
 Victor B. 3yr.
 Paula W. 2yr.
 Beth B. 1yr.
 Tony H. 1yr.

WOMEN'S

WESTSIDE

Mary B. 3yr.
 Sandi H. 2yr.
 Paula W. 2yr.
 Beth M. 1yr.
 Karen Z. 1yr.
 Beth B. 1yr.
 Sandra D. 1yr.
 Kimberly H. 1yr.
 Pat C. 9mo.
 Diane B. 6mo.
 Judith H. 6mo.

NEW ZION

Martin L. 16yr.
 Joann F. 5yr.
 Marlene W. 1yr.
 Paul S. 1yr.
 Ernie H. 6mo.
 Valerie R. 3mo.
 Bob C. 3mo.

SHERIDAN/ HONESTY

Sheryl I. 7yr.
 James D. 7yr.
 Larry P. 3yr.
 Thomas M. 2yr.
 Ronald S. 1yr.
 Tom M. 1yr.
 Michael A. 6mo.

HARMONY

Florence F 11yr.
 Cliff S. 9mo.
 Kathleen 6mo.

KENSINGTON

DISC.

Pat L. 3yr.
 Kevin C. 1yr.
 Jim H. 1yr.
 Neil C. 1yr.

COLD SPRING

Early D. 21yr.
 Cecil M. 12yr.
 Pete A. 5yr.
 Wayne W. 2yr.
 Willie B. 2yr.
 Bruce S. 3mo.

LOVEJOY

Beverly K. 7yr.
 Art M. 1yr.
 Ben T. 1yr.
 Jeff W. 1yr.
 John M. 1yr.
 Jim C. 9mo.
 James H. 9mo.
 George H. 9mo.
 Bob G. 6mo.
 Linda C. 6mo.
 Mary G. 6mo.
 Tom C. 3mo.

SOUTH

BUFFALO

MaryAnn M. 7yr.
 Dan T. 6yr.
 Jim F. 6yr.
 Ron F. 5yr.
 Pat P. 4yr.
 Bob C. 3mo.

NEW WESTSIDE

Dan P. 4yr.
 Chris E. 1yr.
 Bob L. 6mo.
 Mike K. 3mo.

IRONHORSE

JANUARY

Sheila D. 13yr.
 Earl T. 12yr.
 Rocky R. 11yr.
 Kevin O. 10yr.
 Bill C. 4yr.
 Jim W. 4yr.
 Tim F. 2yr.
 Dave H. 2yr.
 Chuck O. 2yr.
 Butch C. 2yr.

FEBRUARY

Dee R. 11yr.
 Joe L. 10yr.
 Frank Mc. 6yr.
 Frank R. 2yr.
 Jose A. 9mo.
 Frank B. 9mo.
 Jack F. 6mo.
 Pat D. 3mo.
 Dale L. 3mo.
 Ernie S. 3mo.
 Doug T. 3mo.
 Bob H. 3mo.

NORTH

BUFFALO

Wes K. 10yr.
 John P. 10yr.
 Frank C. 7yr.
 Frank M. 6yr.
 Michael M. 4yr.
 Paul H. 4yr.
 Pat L. 3yr.
 Dan O. 2yr.
 Shanon H. 1yr.
 Dennis M. 1yr.
 Dwight P. 1yr.
 Rachel B. 1yr.
 Jim C. 1yr.
 Brian B. 1yr.
 Annie A. 6mo.
 Daniel S. 6mo.
 Michael C. 6mo.
 Charles B. 6mo.
 Christine M. 3mo.



In Gratitude

"To All My Friends"
 I'd like to say "so-long" for now - to everyone so near and dear to me, and to thank you for all your support, caring and love, when I couldn't love myself. It's only by God's grace and Alcoholics Anonymous that I'm able to make decisions today and take risks. The decision to move to Florida was hard, knowing I'm leaving the people I love most. One thing I know for sure, you'll all be here if I need you - like you've always been.

May God Be With You All
 Until We Meet Again,
 Linda Zangl



Mabel H. would like to thank all those who sent cards and made phone calls to help her through her recent trials.



AA CENTRAL OFFICE

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Buffalo, New York 14203

(716)853-0388

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OUR COFOUNDERS



Dr. Bob
1879-1950



Bill W.
1895-1971

Central Committee meets on the first Sunday of every month at 7:00 PM at the COMMUNITY HEALTH CENTER, 80 Goodrich Street (behind Buffalo General Hospital).

AA MEMBERS are encouraged to share the fellowship by volunteering for any of these committees. Call the Central Office at 853-0388.

REMEMBER: WE ARE RESPONSIBLE.

WESTERN NEW YORK GENERAL SERVICE meets the last Sunday of February, June, September and November. Meetings are held at the ORCHARD PARK MUNICIPAL BUILDING at 2:00 PM. June meeting will be in Jamestown. **EVERYONE IS WELCOME TO ATTEND THE GSO MEETINGS.**

The NEW FRONTIERS is your AA newsletter. Our purpose is to present personal stories, and subjects directly related to the recovery from alcoholism. For inclusion in the next issue, material must reach the Central Office by February 15th for inclusion in the March issue. Your artwork, poems, articles etc. are also welcome.

NEXT MONTH'S THEME : *Decisions*

The NEW FRONTIERS will be mailed to you monthly for a yearly cost of \$6.00. To subscribe EITHER 1) call the Central Office at 853-0388 OR 2) fill out this form (please print). Make checks or money orders payable in American funds to Alcoholics Anonymous and send to the Central Office.:

c/o NEW FRONTIERS
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Buffalo, NY 14203-2545.

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