

# NEW FRONTIERS

February 2001

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF

WESTERN NEW YORK AND THE NIAGARA FRONTIER

We request that this newsletter be kept within the Fellowship to insure anonymity.

## Relapse...Slip

What is a relapse? How does it happen? Why does it happen? These questions and many more, plague some of us in AA. Is it because we are alcoholic? Is it necessary for recovery?

Random House dictionary defines relapse as, "as to fall or slip back into former state, into illness after a partial recovery." That is what a relapse is. I speak from experience, having a slip after a decade of sobriety.

It is my belief that a slip or a relapse is caused simply by a failure to follow directions. Yes, the 12 steps of recovery are our simple directions. Once an alcoholic is shown that there is a solution, he or she can no longer use the excuse, "but I'm an alcoholic." The added danger that is paramount lies in the fact that if no major damage occurs during the relapse, the alcoholic may do it again. This is seen in fellowship everyday, "the swinging door alcoholics." Sober a short time; relapse becomes a way of life. Recovery in AA is a Spiritual experience not an intellectual exercise!

I have listened to some AA's who talk about "the spiritual side of the program." The AA program recovery is **A Spiritual Program!** Not partly, but entirely spiritual. Recovery is a celebration of simple choices. We recover one day at a time, sobriety is a never a destination, but always a journey. It is my belief that the farther away from our last drink, the closer we are to the possibility of our next drink. Why? One word; complacency. We assume a smug attitude and take our sobriety for granted. Simply put, we take charge again.

How do we avoid a relapse? Simple, We humbly ask God to remove the obsession to drink. A power greater than ourselves is the answer. Too many of us put all our faith in our sponsors, unfortunately sponsors get drunk. A sponsor is essential to our recovery, in that he or she guides us through the rough spots, and tells us how they did it. Follow the directions to recovery, aka the 12 steps, have a strong faith and trust that God never gives us more than we handle. Regular attendance at meetings, getting

involved in a home group, service work, these things are all essential in our quest for a better life and a better understanding of what Gods will is for us.

Dr. Silkworth, in the Doctors Opinion, writes of relapse: " After they have succumbed to the desire again, as so many do, and the phenomenon of craving develops, they pass through the well known stages of a spree, emerging ever remorseful, with a firm resolution not to drink again. This is repeated over and over, unless this person can experience an entire physic change there is little hope of his recovery."

The first drink gets us drunk, that seemingly innocent drink starts the phenomenon of craving. We are no longer in control.

Recovery is not an easy process, but, armed with the belief and trust of a Power Greater than ourselves, the 12 steps of Alcoholics Anonymous, a home group and a sponsor, we can recover.

"What we really have is a daily reprieve contingent on the maintenance of our spiritual condition." P. 85

BB

Triumph is "umph" added to try.

John H.

Sunday Morning Breakfast Group

### Hope

Through my drinking years there was no hope for things to get better because my thinking was distorted from the alcohol. I believed that I was going to die a drunk! Not until my last bout with alcohol when I came to in an intensive care unit and a priest told me that I could quit fighting and the war was over. Then I started to have some hope that I was not going to die that horrible death. There was finally hope for me to get sober and live one day at a time. As I started felling better and my mind started to clear I could see that my life was getting better which continued to give me more and more hope as I went along on this wonderful journey. As I look back at my life I was a hopeless drunk for many years and today thanks to God and Alcoholics Anonymous I have a wonderful life and there is hope that I can help others as long as I stay on a spiritual path.

Chris F.

Any Age Group

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

## Warden to my own Prison

My sentence started. I was eleven years old I thought it was life with out parole. As I started into my painful black hole following with me were family, friends, and my soul not caring on the way down just sitting in my cell with the same old fears. Alcohol and drugs were my shackles and chains so I could be held down and feed all my pain. Powerless with holding the reins I speed into insane. But just before walking down death row God shined a light on my soul and led out of my black hole. Turn your will over to me and let your soul be free and you can live a long life in recovery.

Gary P  
Lakeshore Group

### 10%

If it true that only 10% of the people do the work on any given day then I should not be surprised to see only about 40 people at Central Committee or General Service. Considering there are about 400 groups in the WNY GSA area and about the same number for the Central Committee. I sit at tables and hear people talk about gratitude so I guess that means that they don't have to do anything to give back to God or the fellowship except lip service. Don't ask them to get involved *because after all it is a one-day at a time program* unless it serves their purpose. I overhear them talk about going on trips, making plans for the weekend, well ahead of the day that they are going to do it. If me or anyone else says anything about it to them we get all sorts of excuses that they are just planning and not committed but don't ask if they would like to go to one of these committees they have more important things to do. Or they will make the commitment and hope something better comes along so they don't have to show up and give some excuse on how they got wrapped up in something or forgot what day it was. I guess it easier to sit and complain on how life isn't fair and I feel like I don't fit just like when drinking than to take an active part in recovery and becoming a member of society as God intended for us.

Don't complain about what is going on in AA if you are not willing to give back to it other than lip service. I know that Central Committee and the WNY GSA meetings are not for everybody but before you condemn them why not show up and find out for yourself what is going on and how you can give back to God for the gift of Sobriety that he gave you. Unless you don't mind having 10% of the people make up your mind for you.

Remember the Envelope System?

Interested in receiving the New Frontiers?

Name: \_\_\_\_\_  
Address: \_\_\_\_\_

Enclosed is a check or money order made payable to the AA Central Office earmarked the "New Frontiers" for \$ \_\_\_\_\_ for \_\_\_\_\_ copies.

*Rates:*

1	Copy	\$7.00	20 copies	\$54.00
2	Copies	10.00	30 copies	72.00
5	Copies	21.00	40 copies	90.00
10	Copies	30.00	50 copies	113.00
15	Copies	40.00	60 copies	130.00

Mail to the Central Office  
845 Ellicott Square Building  
295 Main Street  
Buffalo, New York 14203-2412

God help me to set aside all I think I know about my disease, these steps, God, and my concept of spiritual principals in favor of a new experience. Help me to set aside all I think I know

**My memories of some old timers**

Jerry M was 11 years sober at the time of his death last year. He died of cancer. Several times at discussion tables I heard Jerry state how precious serenity was to him and how any worldly concerns were not important enough to disrupt his serenity. Thank you Jerry. May God rest your spirit in peace.

Joe L was a member of many years sobriety of the UMDG. One year he coordinated the program for the annual men's spiritual weekend. Good job Joe. Joe died a few years back. One of the humorous stories that I recall Joe sharing was about a time he lost his temper while talking with his son. He went to take a swing at him, missed, fell over a chair and tumbled to the floor. Joe had a smile on his face as he was sharing that story. Thanks Joe for showing us how it is OK to be human and to own up to our human frailties, no matter how long we've been sober. Joe passed on but memories of him are still with us.

Bud M and his charming Alanon wife Shirley M were near and dear friends of mine going way back to our drinking days. Bud and I hoisted quite a few together many years ago. Bud died about 3 years ago and Shirley passed on a year or so after. At the time of his death Bud was sober over 25 years. About thirty or so years ago my then

wife (she is now deceased) visited Bud and his charming wife, Shirley, for a Sunday afternoon game of cards. By this time Bud had found his way to AA and got sober. I was still drinking. Shirley was one of those odd class people whom have a characteristic that I do not comprehend – the ability to drink socially. That afternoon, while playing cards, Shirley served pop, coffee, and “ONE” beer to herself and me. Bud exhibited what appeared to me, at the time, a peculiar behavior: he drank pop and refused to come to my aid to serve additional beer to me. A couple of years later I found myself in AA and looked up Bud and had a good “one on one” with him. Some time after that, Shirley and I had a good laugh over the “ONE” beer incident. Thank you Bud and Shirley. May God grant you rest eternal.

An anonymous member of AA in Western New York

When I first realized AA was a spiritual program I wasn't thrilled about the whole idea. All the talk about God irritated me. I had always believed in God but I didn't have a relationship with him. I had blamed God for the terrible things that had happened to me. It was his fault people I loved died, for my parents divorce, the abuse, the accidents, the broken bones, the arrests, the heartaches, anything and everything that had gone wrong.

At the same time I wanted what other members had. That peaceful, calm, and happy look and the gracefulness they have. When I would ask them I would ask how, they'd answer, “Go to a meeting, say a prayer, and don't pick up.” As an alcoholic I decided to do it my way and not pray. However, I did continue to go to meeting after meeting. I came to realize that I was powerless over alcohol and that my life was unmanageable. I was blaming God for things I had done. My drinking was the direct cause of most of my problems. Realizing this I was able to ask God to forgive me.

I began asking him for guidance and strength, I received it, and came to believe. Today I have relationship with the God of my understanding. I don't recall the exact day it

began, it just happened, there wasn't a bright light or a huge sign that went by that said "God is working in your life"; there was just a sense of peacefulness.

Katy N.  
Member of AA

IN MEMORIAM

Hattie from Let Go and Let God

Ernie from Sunrise Court

Our condolences to their Family and Friends

**COMING EVENTS**

The Ellicott Group will be celebrating their 21st Group Anniversary, Wednesday Feb 28, 8 PM, Jesse Nash Health Center, 608 William, Everyone Is Welcome.

Sat Feb 24, 6th Step group's 25th anniversary: speaker, dance, and pizza and pop.

# HELP WANTED

## Male and Female Vacancies

### ALL SHIFTS/POSITIONS AVAILABLE

Eligibility: Any one interested in maintaining a progressive journey on their road to happy destiny.

Requirements: \* Healthy sobriety  
\* A desire to carry the message so freely given  
\* Willing to go to any length

If you are ready for some service work, here is your chance to begin. You can help us carry the message to the alcoholic who still suffers. We need volunteers to serve on the following committees:

Treatment Facilities  
Correctional Facilities

Screeners

12 Step

Public Information

Cooperation with the Professional Community

Call 853-0388 to put in your application

Remember, But for the Grace of God  
Whenever anyone, anywhere reaches out for help,  
We want the hand of A.A. always to be there.  
And for that We are responsible.

# ANNIVERSARIES

Robert R. 4 y

## Acceptance

Phillis H. 6 m

## Amherst/Snyder

Julia V. 3 m

Scott P. 3 m

Mike G. 6 m

Lisa M. 6 m

Eric H. 6 m

Steve P. 6 m

Karen W. 9 m

Mark C. 9 m

Mark L. 1 y

Dave Z. 3 y

Dave Z. 3 y

James W. 4 y

Neil S. 5 y

Sharon L. 11 y

Bob G. 12 y

Jim C. 16 y

Jim S. 17 y

## Any Age

Joe. C. 9 m

Chuck T. 1 y

Mark W. 1 y

## Courage

Bev K. 5 y

April S. 8 y

Julie S. 16 y

Bev K. 18 y

Florence F. 22 y

## Fireside

Pat R. 6 m

Rick S. 5 y

Jose R. 5 y

Tom B. 8 y

John R. 10 y

George V. 13 y

Dale M. 17 y

Jay R. 19 y

## Grand

November

Joe K. 1 y

Ed K. 4 y

January

Jim H. 6 y

Rick W. 17 y

## Happy Hour

Kevin H. 6 y

## Honesty

November

Ron A. 3 m

Sue M. 11 y

## December

Mike S. 4 y

John D. 15 y

## North Buffalo

Paul M. 3 m

Tammy S. 3 m

Sam G. 6 m

Chris G. 6 m

Jim C. 6 m

Fred S. 6 m

Marty S. 1 y

David S. 1 y

Melissa L. 2 y

John S. 3 y

Sean M. 3 y

Ed O. 7 y

Walter W. 10 y

Rick L. 12 y

Wes K. 21 y

## Renewal

Wade S. 3 m

Lisa D. 6 m

Mike D. 6 m

## Rise & Shine

Stacy L. 9 m

Ron W. 9 m

Pat C. 5 y

Celia D. 5 y

Marvin B. 16 y

## Sheridan

Mike C. 2 y

Joe H. 2 y

Jamie H. 3 y

Frank DiM 3 y

Nathan C. 5 y

Justin J. 5 y

Robert S. 6 y

Mary DeL. 7 y

Paul D. 10 y

Larry P. 14 y

Jenny DiB 18 y

## We Care

Mary Ann 1 y

Leo V. 2 y

Carol V. 2 y

Martin S. 2 y

Tom B. 3 y

Bryan D. 5 y

Bill L. 6 y

Tim L. 6 y

Jim J. 10 y

Bill G. 15 y

Jim L. 18 y

Delores K. 18 y

Agnes H. 19 y

## Women's Westside

### Discussion

Dancella W. 6 m

Mona J. 9 m

Carmella II. 1 y

Judy T. 11 y

Sue V. 19 y

## Group Anniversaries

Love

Thankful

6<sup>th</sup> Step

Lake Shore

Harmony

Common Problem

Tuesday Women's

Everybody's Group

Clarence Men's Disc II

Early Bird

Wake-Up Call

Daily Reflections

By the Book

How It Works

Broadway-Bailey

Tri County

Handicappers

Grateful

Please remember to have the anniversaries submitted by the 10th of the month previous.



BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
(716) 853-0388  
(716) 853-0389 FAX: 9-4:30 Monday - Friday

845 ELLICOTT SQUARE  
295 MAIN STREET  
BUFFALO, NEW YORK 14203

## FEBRUARY 2001

### PLEASE NOTE

- \*\*11:45 NOON MEETING** Fridays, 11:45 am, closed discussion, at 56 Matteson Street, Fredonia
- \*\*BIG BOOK STUDY** Thursday at 6:45, Closed Discussion at 56 Matteson Street, Fredonia
- COLDSRING** Mondays @ 8 pm has temporarily moved to St. Augustine's, 1600 Fillmore
- JOHNSON CREEK BIG BOOK** – Thurs., Hartland Bible, 3146 Johnson Creek, Middleport, now meets at 8 pm
- JOURNEY** has returned home to the Unitarian Universalist, 695 Elmwood, 6:30 pm, Mondays
- KEEP IT SIMPLE SISTER** – Thursdays at 7:30 pm, Immanuel Lutheran Church, East Fillmore and Pine, East Aurora, Open meeting the last Thursday of the month, not the first
- KENMORE GROUP** is updating their files, if you are a member please contact your group secretary
- \*\*MOONSHINERS** Fridays at 11 pm, Windom Community Church, 3766 Abbott Road, Orchard Park, closed meeting, Big Book Topics
- POSITIVELY LIVING II** – Ascension Church, 16 Linwood now meets only on Tuesdays and Thursdays at 12:30 pm
- \*\*PRIMARY PURPOSE** Monday through Saturday, 8:15 am and 12:30 pm, 1280 Main, Buffalo
- \*\*SECOND CHANCE** Mondays at 6:30, Open meeting, Sts. Columba-Brigid, 75 Hickory at Eagle, Buffalo
- \*\*SOBRIETY ON THE CANAL** Sundays at 3 pm, closed, non-smoking, Ethereal Dreams Café, 84 Sweeney Street, North Tonawanda
- WILSON SMITH UNIVERSITY ALUMNI** – has moved to 56 Matteson Street, Fredonia

### MEETINGS IN NEED OF SUPPORT

- INSPIRATION** – Thursdays at 10:00 am, St. Barnabas Parish, 2049 George Urban Boulevard
- KEEP IT SIMPLE SISTER** – Thurs., 7:30 pm, Immanuel Lutheran, E. Fillmore and Pine, East Aurora, Women only
- WHY** – Sundays at 8:30 pm; Kenmore Presbyterian Church, 2771 Delaware at E Hazeltine

### COMING EVENTS

- ~ February 3, Saturday, the members of **Any Age** will be having their 15<sup>th</sup> Annual Blizzard Ball, 7 pm to 1 am, Speaker at 8 pm. \$5 in advance, \$6 at the door, no children under 12, pizza, pop, tea and coffee. St. Andrew's, corner Elmwood & Sheridan

- ~ Feb. 4, Sunday, **CENTRAL COMMITTEE MEETING**, St. Michael's Church Hall, 7 pm, 651 Washington Street; *Abbott Men hosting.*
- ~ Feb 4, Sunday, **Correctional Facility Committee**, St. Michael's Church Hall, 6 pm, 651 Washington Street.
- ~ Feb. 10, Sat., **New Frontier Committee**, Central Office, 845 Ellicott Square, 10 am.
- ~ Feb. 10, Sat., **Coop.w/Prof.Community**, Maryvale Pres. Ch., 425 Maryvale Dr. 9 am.
- ~ Feb. 10, Sat., **Public Information Committee Meeting**, Church of the Holy Communion, S5381 Old Lake Shore Road/Route 5, 10 am.
- ~ Feb. 11, **General Service Assembly**, Hamburg Town Hall, S6100 South Park Avenue, Hamburg, 1:00 pm., *Sunrise Court hosting.*
- ~ Feb. 18, Sun., **GSA Spring Convention**, planning committee meeting will be held at 10 am, Conference room 117, 295 Main Street.
- ~ Feb. 18, Sun., **FALL CONVENTION** planning committee, 1 pm, Conference room 117, 295 Main Street.
- ~ Feb. 20, Tues., **Treatment Facility Committee**, St. Paul's, 49 Indian Ch., 7 pm.
- ~ Feb. 23-25, 2001, **NERAASA** (North East Region Alcoholics Anonymous Service Assembly, Hartford, CT.
- ~ Feb 24, Sat. members of the **6th Step Group** are celebrating their 25th anniversary: speaker, dance, pizza and pop.
- ~ Feb. 24, Sat., **Archives Committee**, Maryvale Pres. Ch., 425 Maryvale Dr. 9 am.
- ~ Feb. 28, Wed. members of the **Ellicott Group** will be celebrating their 21<sup>st</sup> anniversary at the Jesse Nash Health Center, 608 William, at 8 pm. Everyone is welcome.
- ~ Mar. 4, Sunday, **CENTRAL COMMITTEE MEETING**, St. Michael's Church Hall, 7 pm, 651 Washington Street; *Any Age hosting.*
- ~ Mar 4, Sunday, **Correctional Facility Committee**, St. Michael's Church Hall, 6 pm; 651 Washington Street.
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**STEP TWO THOUGHT:**

I pray for an open mind so I may come to believe in a Power greater than myself. I pray for humility and the continued opportunity to increase my faith. I do not want to be crazy any more.

## BUFFALO CENTRAL COMMITTEE

Minutes of meeting February 4, 2001

Lee M., Downtown Men's, Chairman opened the meeting at 7:05 pm with a moment of silence followed by the Serenity Prayer. Jim G., Age Doesn't Matter, read the Preamble, Dan, Downtown Men's, read the Purpose of Central Committee and Jay H., North Buffalo read the Traditions,

A motion to dispense with the reading of the minutes from the previous meeting was made by Pat M., Rainbow, seconded by Mike D., Abbott Men's.

**43 Groups Attended:** District #1: Bidwell Monday, Easier Softer Way, Faith, Main & High, Miracle, Sunday Niters, Sunrise Court and "Those, Too." District #2: 1110 Group, Age Doesn't Matter, Honesty, Living Sober, North Buffalo and Survivors. District #3: Abbott Men's, Cazenovia, Courage, Iron Horse, Rainbow, Ridge, Southgate, Victory, and We Care. District #4: Go to any Length, Hamburg, Lakeshore, Ray of Hope and Thankful. District #5: Johnson Creek Big Book and Turing Point. District #6: No Representatives. District #7: Coldspring, Cross Talk Big Book, Let Go and Let God, Lovejoy, Remember When/ New Awakening and spirit of Hope. District #8: Amherst Snyder, Eye Opener, Kensington, Renewal, Turning Point and After Midnight. District #9: Rural is Plural. District #10: No Representatives.

Note: There was no presentation this month from any of the committees.

### COMMITTEE REPORTS

- 1) **ENVELOPE SYSTEM:** Karen S. of the Ridge Group gave the report. For January of 2001, \$1,132.00 was collected. A comparison of the last three years is listed below:

	2001	2001 ytd	2000	2000 ytd	1999	1999 ytd	1998	1998 ytd
January	\$1,132.00	\$1,132.00	\$1,319.00	\$1,319.00	1,540.00	1,540.00	1,795.00	1,795.00
February			981.00	2,300.00	337.00	1,877.00	580.00	2,375.00
March			169.00	2,469.00	469.00	2,346.00	592.00	2,967.00
April			407.00	2,876.00	538.00	2,884.00	540.00	3,507.00
May			242.00	3,118.00	572.00	3,456.00	388.00	3,895.00
June			339.00	3,457.00	263.00	3,719.00	134.00	4,029.00
July			534.00	3,991.00	783.00	4,502.00	772.00	4,801.00
August			294.00	4,285.00	282.00	4,784.00	540.00	5,341.00
September			333.00	4,618.00	527.00	5,311.00	373.00	5,714.00
October			576.00	5,194.00	375.00	5,686.00	356.00	6,070.00
November			226.00	5,420.00	154.00	5,840.00	817.00	6,887.00
December			494.00	5,914.00	418.00	6,258.00	341.00	7,228.00
<b>TOTAL</b>	<b>\$1,132.00</b>	<b>\$1,132.00</b>	<b>\$5,914.00</b>	<b>\$5,914.00</b>	<b>\$6,258.00</b>	<b>\$6,258.00</b>	<b>\$7,228.00</b>	<b>\$7,228.00</b>

2) STEERING COMMITTEE: Lee M., Chairman opened the meeting at 6:00 pm. Nine members attended. There was a letter written to Central Committee about the 1110 group that was tabled until the person who wrote the letter could come to the meeting and speak to it's contents directly. Central Office switched from Verizon to AT&T due to a problem with Verizon. AT&T is half the cost. Liability insurance for the office went from \$366.00 to \$965.00. Confirmation for the Corrections and Treatment Chairs to attend NERAASA will go before the Central Committee. Also reviewed was a four-year breakdown of finances for Central Office. The Co-Chair for the 2002 Buffalo Fall Convention (who will in turn be the Chair for 2003) will be selected from letters of intent from District #4. These letters of intent need to be in by March 26, 2001.

3) TREATMENT FACILITIES COMMITTEE: Jim G., Chair TFC, read the report. The meeting was held at St. Paul's United Church on January 16<sup>th</sup> at 6:30 pm. Six people attended. Jim G. is considering attending NERAASA at the end of February. There were five Bridging the Gap calls. The breakdown of meetings is as follows:

ECMC Sunday 3:45 pm- ok	VAMC Tuesday 1:00 pm- ok
ECMC Monday 7:00 pm- Dan S. will do first Mon.	VAMC Wednesday 8:00 pm- ok
ECMC Tuesday 7:00 pm- ok	Sheehan Hospital Mon. 7:00 pm- ok
ECMC Wednesday 7:00 pm- ok	Salvation Army Mon. 8:00 pm- ok
ECMC Thursday 7:00 pm- ok	Lockport Memorial Hospital
ECMC Friday 7:00 pm- ok	Thursday 8:00 pm- ok (Call Jim B.)
VAMC Sunday 7:00 pm- Follow up with Pat W.	

4) FINANCIAL REPORT: Jim B., Ridge, Financial Secretary, read the report. A complete breakdown of the finances for the month of January is included in the minutes.

5) CORRECTIONAL FACILITIES COMMITTEE: Bill L., We Care read the report. The meeting was at 6:00 before the Central Committee meeting. Seven members attended. They talked about getting the message into prisons and about how great they feel. Attica is having an Orientation on February 21<sup>st</sup> at 5:00 pm. Niagara County Women could use some support. Please call Donna E. if you can help. Gowanda Wed. Night is going so well that they are starting a meeting on Friday. More information will be at the March meeting of Central Committee. There was no report on the rest of the meetings.

6) SCREENERS COMMITTEE: Joanne M., Action, Screeners Chair was unable to give the report because she was on vacation. Pat M. of the Rainbow Group gave the report in her stead. She has contacted every screener and she has sent out an updated 12-step list and the pamphlet "12 Stepping and Screeners." Two people are no longer able to be screeners. There are enough screeners to cover all nights. She will check with the answering service to make sure that all nights are being covered adequately.

- 7) CENTRAL OFFICE: The report was given by the Executive Secretary Cindy N. The breakdown for the month is as follows:

CALLS INTO THE OFFICE:

AA Information	564	<u>Mail</u>	
PIC	3	687 Pieces	
CPC	4	\$410.00 Total Mail Cost	
Al Anon	18		
Ala Teen	4	<u>Answering Service</u>	
ACOA	3	Incoming Calls	291
12 Step	5	Outgoing Calls	80
Fax In	3	Visitors	165
Fax Out	9	Volunteers	54

Verizon – After repeated attempts to contact and resolve a billing issue with Verizon, the matter was presented to the Attorney General for resolution.

Liability Insurance went from \$366.00 to \$965.00. Cindy talked over some options with the insurance agent and we are looking to possibly receiving a refund on some of that.

If any group has the Padded Brown Envelopes that the smaller orders are mailed out in; please bring them to the next Central Committee - they are reusable.

Schedules are currently being printed and should be available by the end of next month. If you want to place advance orders, call the Central Office.

The Rochester intergroup is looking for an Office Manager. The work is 25/32 hours a week and pays \$12/hour.

- 8) NEW FRONTIERS: John B., Lakeshore, Chairman – New Frontiers, read the report. The meeting was held on January 13<sup>th</sup>. The next meeting will be held on February 10<sup>th</sup>. Please have articles in by the tenth of the month. If you have group announcements, Anniversaries or events they also must be in by the tenth of the month.
- 9) PRESENT CONVENTION: No report.

GENERAL SERVICE COURTESY REPORTS:

- 1) GENERAL SERVICE ASSEMBLY: Bob K., Iron Horse, Chairman, GSA, gave the report. Your General Service Assembly is in need of more groups to attend the assembly. Most groups think that when we send our Groups Donations to the General Service Office in New York that we in Area 50 get a portion of that money back. This is not the case. When money earmarked for the General Service Office goes to New York it stays there. Groups need to be informed of this fact, please at your groups next business meeting let them know that the local General Service Assembly is in need of support. The next General Service Assembly meeting is February 11, 2001 at 1:00 at the Hamburg Town Hall, 5999 South Park Avenue.

- 2) **PUBLIC INFORMATION COMMITTEE:** Terry B., Lakeshore, Public Information, gave the report. There is an upcoming presentation on February 13, 2001 at the Alternative School in Niagara Falls. There is no date set for the presentation at the Orchard Park High School. Television: There is a Public Service Announcement running on the Adelpia Community Billboard throughout the day. Radio: There are four Public Service Announcements being run from 9 pm to midnight on four Radio Stations in the Jamestown area. Newspaper: Various local newspapers are printing the Public Service Announcement. Cyberspace: There is a web site for AA on the Niagara Frontier, the address is [www.ny-aa.org](http://www.ny-aa.org). The Buffalo area schedule is now online, and the last update was sent in the day of the February Central Committee Meeting.
- 3) **COOPERATION WITH PROFESSIONAL COMMITTEE:** Read by Griffin N., Sunrise Court, CPC Chair. No written report given.
- 4) **ARCHIVES:** Tom B., Lovejoy, Archives Chair, gave the report. The last meeting was held on January 26<sup>th</sup> at the usual place. The Committee is still looking for help in filling tentative jobs. They are displaying the archives at the Lakeshore Group's anniversary. Monday February 26, 2001 at 8:30 pm.

OLD BUSINESS: There is still a need for a co-chair for Central Committee. There were no nominations from the floor.

NEW BUSINESS: Christine Z., Miracle, was nominated and accepted for District #1 Steering Committee Representative. Sandy M., Those Too, made the motion, seconded by Tom of the Rural is Plural Group.

Cindy N. reminded the Committee that in the past we have sent the Chairmen for Corrections and Treatment to NERAASA. This year it would be at a cost of \$175.00 a piece. Pat M., Rainbow, made a motion based upon Cindy's recommendation and Liz G., Coldspring, seconded it. The motion passed unanimously.

This Central Committee's 7<sup>th</sup> Tradition contribution to the Hudson- Mohawk Berkshire (Area 48) for costs associated with listing our meeting schedule on line was discussed. Mike D., Abbott Men's, made a motion to contribute \$100 to HMB; seconded by John B., Lakeshore. The Motion passed 42 to 1.

A motion was then made to close the meeting by Mike D., Abbott Men's; seconded by Pat M., Rainbow. Motion passed unanimously.

Respectfully submitted  
Andy B., Ironhorse  
Recording Secretary




February 2001 Group Contributions

GROUP	Central Office	Accum.	Corrections	Accum.	Treatment	Accum.
1110	1.00	1.00				
Step		25.00				
Abbott Men's		80.00		80.00		80.00
Acceptance/Welcome		300.00				
Action	25.00	25.00				
After Midnight	60.00	60.00				
Age Doesn't Matter		25.00				
Amherst/Snyder	89.00	89.00				
Amsdell Lakeshore	25.00	50.00				
Any Age	200.00	200.00				
Any Length	30.00	106.00				
Attitude Adjustment	37.50	37.50				
Attraction		100.00				
Bidwell Monday		50.00		50.00		50.00
Boulevard Helping Hand	20.00	20.00				
Brass	10.00	10.00				
Came To Believe	17.50	17.50				
Cathedral Park		20.14		5.00		5.00
Common Problem		25.00				
Courage		100.00		40.00		20.00
Daily Reflections	30.00	90.00				
Eden-North Collins	50.00	50.00				
Ellicott		25.00				
Everybody's	50.00	50.00				
Express	341.00	341.00				
Eyeopener	382.48	382.48				
Father Baker		100.00				
Fireside	147.00	427.00				
Gardenville	50.00	50.00				
Georgetown	100.00	300.00				
Grand		20.00				
Handicappers	300.00	300.00				
Harmony		75.00				
Honesty	30.00	60.00	10.00	20.00		
How It Works/Men's	200.00	200.00	200.00	200.00	200.00	200.00
Intoxicated on Life		130.00				
Ironhorse	39.00	123.00	33.60	42.00	15.60	24.00
Lake Shore		160.00		76.00		
Let Go and Let God	25.00	25.00	20.00	20.00	20.00	20.00
Liberty Women	60.00	60.00				
Lighten Up		92.50				
Live and Let Live		144.00				
Lockport Ladies		50.00				
Medina New Life	40.00	40.00				
Mid-day	57.92	57.92				
Miracle	25.00	25.00				

February 2001 Group Contributions

GROUP	Central Office	Accum.	Corrections	Accum.	Treatment	Accum.
Monday Morning Lockport		50.00				
New Beginnings/St. Vincent		25.00				
North Buffalo	100.00	200.00	25.00	50.00	25.00	50.00
One Day At A Time	200.00	200.00				
Orchard Park Step	233.50	233.50				
Pass It On	13.00	13.00				
Primary Purpose	10.00	10.00	10.00	10.00		
Progress		20.00				
Purpose/Tonawanda		305.00				
Rainbow		50.00				
Ray of Hope	25.00	75.00			25.00	25.00
Remember When	25.00	25.00				
Ridge/Pink Can			8.25	8.25		
Serenity Circle	10.00	20.00				
Serenity	100.00	100.00				
Sheridan	20.00	40.00				
Sober Winners		25.00				
Southgate	10.00	10.00	10.00	10.00	10.00	10.00
Spirit of Hope	4.00	6.00	3.00	7.00	3.00	7.00
Spiritual Progress	100.00	100.00				
St. Mark's	250.00	250.00				
Starting Over	49.00	49.00				
Stepping Stones/Gowanda		20.00				
Stepping Stones/Williamsville		500.00				
Suburban	10.00	20.00				
Sunrise Court		100.00	11.12	11.12		
Those Too	5.00	10.00				
Thruway	500.00	550.00	20.00	20.00	20.00	20.00
Thursday PM Discussion		100.00				
Today's Woman		20.00				
Tri County	10.00	10.00	10.00	10.00	10.00	10.00
Tuesday Men's AM		50.00				
Tuesday Women	10.00	20.00	10.00	20.00	10.00	20.00
Twin Cities	20.00	40.00				
University Men's Discussion		100.00				
Varieties of Spiritual Experience	25.00	50.00				
We Are Not Saints	20.00	20.00				
We Care		30.00		10.00		20.00
Williamsville	180.00	343.95				
Willing to Grow	100.00	100.00				
Wilson Smith Alumni		30.00				
Women's West Side	50.00	50.00				
Anonymous					20.00	20.00
Cassadaga and Dad		25.00				
Pink Can			9.31	11.31		
<b>TOTAL</b>	<b>\$4,571.90</b>	<b>\$8,789.49</b>	<b>\$ 380.28</b>	<b>\$ 700.68</b>	<b>\$ 358.60</b>	<b>\$ 581.00</b>



Beginning Balance 01/26/01			\$1,182.45
<b>RECEIPTS</b>			
55 Groups Contributed	\$4,571.90		
Joint Meeting 02/04/01	60.51		
New Frontier Subscriptions	14.00		
Envelope System	324.00		
Transfer From Savings	1,129.9		
Literature	1,662.00		
Mail/Copies	89.95	\$7,852.26	\$9,034.71
<b>EXPENSES:</b>			
#10 Ellicott Court Corporation <i>Office Rent</i>	\$636.00		
St. Michael's Parish <i>Meeting Room Rent</i>	35.00		
Salaries	2,077.30		
Charter One/Federal Withholding	716.00		
Health Insurance	141.20		
21 <sup>st</sup> Century Press ( <i>Schedules</i> )	1,337.00		
Secrephone (Answering Service)	106.25		
Minolta Leasing/Copier	187.00		
AT&T	71.39		
Vermont Pure Springs	14.15		
State Insurance Fund	156.40		
World Services, Inc.	1,876.47		
Hazelden	492.22		
Office Depot	272.21		
Williamson UPS	38.05		
Postage	370.20		
Bank Charge	22.50		(\$8,549.34)
<b>Assets</b>			
Checkbook Balance 2/25/01			\$ 485.37
Money Market 01/26/01	\$1,129.93		
Transfer to Checking	(\$1,120.93)		
Balance 02/25/01	0.0		
Certificate of Deposit 02/25/01	8,404.00		8,404.00
Outstanding Invoices	2,154.28		2,154.28
<b>TOTAL CENTRAL OFFICE</b>			<b>\$11,043.65</b>
			
<i>Correctional Facilities 01/26/01</i>	\$470.24		
<i>Donations 01/26/01 - 02/25/01</i>	380.28	\$ 850.52	
<i>Expenses</i>		448.02	
<i>Bank Charge</i>		8.00	
<i>Balance 02/25/01</i>			394.50
			
<i>Treatment Facilities 01/26/01</i>	176.41		
<i>Donations 01/26/01- 02/25/01</i>	358.60	\$ 535.01	
<i>Expenses</i>			
<i>AT&amp;T Bridging the Gap</i>		39.45	
<i>AAA Abbott Answering Service</i>		30.00	
<i>Literature</i>		77.00	
<i>Bank Charge</i>		8.00	
<i>Balance 02/25/01</i>			380.56
			

I declare this statement to be true subject to review. James Brumbaugh, Financial Secretary.