

NEW FRONTIERS

February 2003

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF
WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

Experience, Strength & Hope - To You

Almost three years ago I walked into the doors of rehab and was introduced to AA in pain and crippled by fear. In total denial of calling myself an "alcoholic." I fought it with very little hope, but so much desperation. I had no clue how to reach out and ask for help. Nobody knew my innermost thoughts or the pain that I felt inside, but me. How lonely! My life was a complete mess, and I had no clue. To me it was all so normal. At age 15 it was all about fitting in, sex and partying. I was headed down a path to an early death. With zero self-esteem I hit bottom at age 16 in East Ferry Detention for the second time. I had hurt so many people I loved, and most of all myself. Not only God but also important friends know the hell I put myself through. I couldn't look into your eyes let alone my own in the mirror. I only saw the reflection of a complete failure. Hitting my knees, begging God and the judge for a second chance.

Three years after rehab I am amazed. Words cannot explain what AA has given me. A scared, lonely, shy little girl is blossoming into a confident young woman at age 18. Who would have ever thought it could happen? Surely not me. I never cared, today I do. A high school dropout at age 15, and I have managed to get a GED and now attend college full time at ECC. I can hold down a job today, and have a great amount of unbelievable friends. The women in AA loved me until I could begin to love myself. The insecurities and walls I built up are chipping down slowly. I am learning to live "One Day At a Time" without drinking or drugging and have overcome depression and anxiety. Someone once said: "A joyful heart is good medicine, but a broken spirit dries up the bones." My spirit, once broken down, now has hope. I let my God and women in AA carry me today.

I especially hope that my story will touch a young person in AA - there is Hope - I am here. Hang on and pray. There is nothing you and God can't handle together. Be strong, and persevere!

Anonymous

Everyone wants to go to Heaven but no one wants to die.

Let's paraphrase that statement. It seems that almost every suffering alcoholic wants to get well, but some are not willing to suffer the pains of early sobriety. One word describes early sobriety, but let's not go there! In my early days of sobriety, it was explained to me by some old timers that I needed to get over the physical part of my alcoholism. I was advised to eat candy and sweets to replace the sugar in my blood that alcohol had drained. Sweets and hard candy took away the craving for alcohol for a long time. My ability to absorb the program was limited to "don't drink and go to meetings."

The key to sobriety rests in the first step. "We admitted we were powerless over alcohol – that our lives had become unmanageable." This step must be taken with no reservations and in its entirety. Once we have admitted and accepted our illness, then, and only then, can we begin to recover. It is my belief that the Twelve suggested Steps of recovery were written in the order of their significance. When we identify and accept our illness, our recovery begins. Let us remember that sobriety is a journey and never a destination. Those of us who enjoy our new life of sobriety can attest that it does get easier with time. The idea that admitting our powerlessness over alcohol was a sign of weakness had to be dismissed, as well as our thoughts that we could do it alone.

Another weapon I discovered in my early sobriety was humor. Nothing is as beneficial as a good hearty laugh at an AA meeting when some AA's describe their bouts with self-pity. Although it may be a shock to some people, the shared laughter removed the sting of my self-centered ideas and emotions. My ineffectual efforts at going it alone were soon replaced with the fact that I could not get sober alone. I needed help.

The ever increasing number of people staying sober for decades in AA should be reason enough for us to try this way of life. To be alone in early sobriety is to court disaster. The thought of taking a drink creeps slowly but deliberately into our minds when we are alone. Trying to argue yourself out of a drink is like trying to practice self-hypnosis.

Those of us who have been living in the solution, rather than the problem, need to remember the confused newcomer and their feelings of hopelessness. Remember, pain is the great motivator, and early sobriety reflects the pain of our recovery. Surrender to the illness and life begins for us.

John H. ~ Sunday Morning Breakfast Group

My Mind Is Out To Get Me

Submitted by John H. ~ Sunday Morning Breakfast

"It's a good meeting if no one gets drunk in the room during the meeting."

"The length of time away from a drink is not equal to the distance from a drink."

"You have to be able to live with yourself before you can live with another person."

"It's not what happens to you but how you perceive it."

"Happiness is an inside job."

Sometimes I hear that "a drug is a drug is a drug."

To the people who say that, my response is: "The next time you get malaria, try taking polio vaccine instead of quinine."

I have alcoholism, I need to identify and share with other recovering alcoholics in order to stay sober. If I need an ambulance, please do not send the ice cream truck because "a ride is a ride is a ride."

Please respect and practice AA's singleness of purpose; freedom from alcohol, recovery from alcoholism.

The life of the alcoholic yet to come to AA and the life of AA itself depend on it.

Anonymous

Twelve Qualities of Sponsorship Author prefers to remain anonymous

1. I will not help you to stay and wallow in limbo.
2. I will help you to grow, to become more productive, by your definition.
3. I will help you to become more autonomous, more loving of yourself, more excited, less sensitive, more free to become the authority for your own living.
4. I cannot give you dreams or "fix you up" simply because I cannot.
5. I cannot give you growth, or grow for you. You must grow for yourself by facing reality, grim as it may be at times.
6. I cannot take away your loneliness or your pain.
7. I cannot sense your world for you, evaluate your goals for you, and tell you what is best for your world, because you have your own world in which you must live.
8. I cannot convince you of the necessity to make the vital decision of choosing the frightening uncertainty of growing over the safe misery of remaining static.
9. I want to be with you and know you as a rich and growing friend; yet I cannot get close to you when you choose not to grow.
10. When I begin to care for you out of pity or when I begin to lose faith in you, then I am inhibiting both for you and for me.
11. You must know and understand my help is conditional. I will be with you and "hang in there" with you so long as I continue to get even the slightest hint that you are still trying to grow.
12. If you can accept this, then perhaps we can help each other to become what God has meant us to be, mature adults, leaving childishness forever to the little children of the world.

Heard at a meeting:

- God willing we may never again have to deal with our drinking, but we have to deal with sobriety EVERYDAY!
- AA meetings are a sane center in an insane world.
- I can pick up a drink anytime ~ what I have to remember is that when I do I also pick up all the other crap that goes with it ~ jails, divorce, mental wards, etc.

RULE 62:

- Dignity is something that can't be preserved in alcohol.
- Doing good turns won't make you dizzy.
- Why not enjoy the small stuff ... there's so much of it.
- What we see, depends mainly on what we look for.
- I have no fear of perfection since I'll never experience it.

Holiday Mail

Dear Fellow AA's;

The Attica "BEACON GROUP" needs your help. For fifty-five (55) years we have survived many trials and tribulations. But, we cannot survive any longer without you.

The old policy that allowed us to hold our meetings even without outside sponsors is superseded. The new policy states every inmate organizational meeting must have sponsors present at any and all meetings (fellowship meetings). Without you we do not have any meetings. No meetings, no fellowship. No fellowship, no sobriety. No sobriety, NO NOTHING.

Our outside sponsors have always been an intrinsic part of our fellowship. For over 5 decades they have given strength and hope to those not likely to receive it from many other sources. These responsible AA's have brought the experience of sobriety to those, not only sick and suffering alcoholics, but to those who have actually fallen on the first prong of the consequence trident of AA, institutionalization, insanity or death. Without AA the latter two are probabilities.

So, at your next meeting would you spread the word for us? Let our fellow AA's out there know we cannot make it without them, or you. Tell them that these walls and bars do not solely define us. Like them we are, after all, just drunks. But without them we can never be anything more than just drunks. "Live and Let Live."

Thank-you for the time you spend with us. We pray that some of your fellows will honor us with their presence soon.

Happy Holidays. Be well.

Larry S.

Letter to the Editor: 12/26/2002

Dear Fellows of AA,

The Season of Hope seems a good time to renew a pen-pal relationship with this publication to which I used to write on a fairly regular basis. What made me stop? A disagreement with a prior editor! How alky can you get?

So, the great adventure of AA continues with its ups and downs, but nothing to inspire a slip, which some members think inevitable. I don't remember reading this in any AA approved material but you pick up this sense around the circuit once in awhile.

Return with me, if you will, to a well-attended weekend in the woods three or four years ago. My sponsor and I were greatly impressed by the main speaker who suggested, among other interesting approaches to this program, the importance of Faith.

He felt that one could become well-versed in our 'Big Book', work the Twelve Steps into his life and still fail in the program, if he could not acquire faith in a Being greater than ourselves.

The Book and the Steps are merely tools given us for the acquisition of this Faith. Then, praying for the knowledge of His will for us, we will follow a successful plan of living we never knew existed.

Happy Holidays
Jack R. - Southgate Group

"Part of the Whole"

I'm looking back to 13 years ago when I first helped out at a Convention. I sat at a Literature table and watched all the hustle and bustle. I talked with people as they looked over things. That day, something happened, I joined the *Fellowship* of Alcoholics Anonymous. That day it was bigger than my home group or my area meetings, that day I joined the fullness of the circle. I cannot describe it - but that day I could look at my daughter and know I stood up to do my part, as little as it seemed, to help carry this message into the future, to make sure this gift I was given would still be here for my grandchildren. I was a "part of", not just taking from a "part of." All my life I wanted to feel a "part of." I was the kid from Mars. I was alone in rooms full of friends and family. Always feeling different and alone inside. I'd smile and shake your hands at a meeting yet still feel it. I felt at home yet separate. Thank God for a sponsor that stressed that we have to give back. I wanted to understand why I should do anything. What I found is it can't be explained; it has to be Experienced. Over the years the experience grew. I found strengths in my character I never dreamed I had. The gifts I've received are indescribable. I pass on to you this invitation to experience and be a "part of" the WHOLE.

The 62nd BUFFALO FALL CONVENTION 2003, it's a new year, so much to accomplish to make it happen. It is definitely a "we" job. We would love for you to join us. Stand up and experience it from the inside.

Terry B. ~ Convention Chairperson

The Greatest Gift of All

The greatest gift that can come to anybody is that of a spiritual awakening. So then, what is this spiritual awakening, this transforming experience? How can we receive it and what does it do? To begin with a spiritual awakening is our means of finding sobriety. And to us of AA sobriety means life itself. We know that a spiritual experience is the key to survival from alcoholism and that for most of us it is the only key. We must awake or we die. So we awake and we are sober. "Then what? Is sobriety all that we are to expect of a spiritual awakening?" Again the voice of AA speaks up. "No, sobriety is only the bare beginning, it is only the first gift of the first awakening." If more gifts are to be received our awakening has to go on. We find that bit-by-bit we can discard the old life, the one that did not work. For a new life that can and does work, under any conditions whatever. Regardless of worldly success or failure, pain or joy, sickness or health, a new life of endless possibilities can be lived, if we are willing to continue our awakening. I now see that awakening and growing is something that never stops.

I'll always say 'welcome' to the growing pains of AA!

Bill R. ~ Gardenville Group

Step Two: Came to believe a Power greater than ourselves could restore us to sanity.

If a mere code of morals or a better philosophy of life were sufficient to overcome alcoholism, many of us would have recovered long ago. But we found that such codes and philosophies did not save us, no matter how much we tried. We could wish to be moral, we could wish to be philosophically comforted, in fact, we could will these things with all our might, but the needed power wasn't there. Our human resources, as marshalled by the will, were not sufficient; they failed utterly.

Lack of power, that was our dilemma. We had to find a *Power greater than ourselves*. Obviously.

Alcoholics Anonymous ~ page 44-45

When we became alcoholics, crushed by self-imposed crisis we could not postpone or evade, we had to fearlessly face the proposition that either God is everything or else He is nothing. God either is, or He isn't.

Alcoholics Anonymous ~ page 53

Few indeed are the practicing alcoholics who have any idea how irrational they are, or, seeing their irrationality, can bear to face it. For example, some will be willing to term themselves "problem drinkers," but cannot endure the suggestion that they are in fact mentally ill.

They are abetted in this blindness by a world which does not understand the difference between sane drinking and alcoholism. "Sanity" is defined as "soundness of mind." Yet no alcoholic, soberly analyzing his destructive behavior, whether the destruction fell on the dining-room furniture or his own moral fiber, can claim "soundness of mind" for himself.

As Bill Sees It ~ page 141

When we saw other solve their problems by a simple reliance upon The Spirit of the Universe, we had to stop doubting the power of God. Our ideas did not work. But the God idea did.

The Wright Brothers' almost childish faith that they could build a machine which would fly was the mainspring of their accomplishment. Without that, nothing could have happened. We agnostics and atheists were sticking to the idea that self-sufficiency would solve our problems. When others showed us that "God-sufficiency" worked with them, we began to feel like those who had insisted the Wrights would never fly.

We were seeing another kind of flight, a spiritual liberation from this world, people who rose above their problems.

Alcoholics Anonymous pg. 52-53, 55

Tradition Two: For our group purpose there is but one ultimate authority – a loving God as he may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.

Where does AA get its direction? Who runs it? ... the group has a so-called rotating committee, very sharply limited in its authority. In no sense whatever can its members govern or direct the group. They are servants. ... The committee gives no spiritual advice, judges no one's conduct, issues no orders. Theirs (elder statesmen) is the quite opinion, the sure knowledge and humble example that resolve a crisis. When sorely perplexed, the group inevitably turns to them for advice. They become the voice of the group conscience; ... They do not drive by mandate; they lead by example. This is the experience which has led us to the conclusion that our group conscience, well-advised by its elders, will be in the long run wiser than any single leader.

12 & 12 pages 134-135

Interested in receiving the New Frontiers?

Name: _____

Address: _____

Enclosed is a check or money order made payable to the AA Central Office earmarked the "New Frontiers" for \$ _____ for _____ copies.

Rates:

1	Copy	\$10.00	20 Copies	\$57.00
2	Copies	13.00	30 Copies	75.00
5	Copies	24.00	40 Copies	95.00
10	Copies	33.00	50 Copies	120.00
15	Copies	43.00	60 Copies	135.00

Mail to the Central Office:

845 Ellicott Square Building
295 Main Street
Buffalo, New York 14203-2412

Sad News:

Earle M, (*Physician Heal Thyself* in the 2nd, 3rd, and 4th editions of the 'Big Book') passed away January 13, 2003, Earle was 49 years sober and 91 years old.

IN MEMORIAM

Things We Can Not Change

To all our members who have lost family or loved ones, our prayers are with you.

Larry G. ~ Holland Group ~ 6 years

Annie S. ~ Cold Springs & Ellicott Groups ~ 30 years

Let's remember them and all the others who passed on in our prayers

Share your Experience, Strength and Hope.

Please submit your articles to Central Office by the 15th for next months issue.

E-Mail address: buffalooa@hotmail.com

New Frontiers committee meets the 3rd Thursday of every month - 7:00pm - St Michaels, corner of Warsaw & Electric in Lackawanna.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

FEBRUARY ANNIVERSARIES

Amherst/Snyder

Michael S. 3m
 Chris S. 3m
 Ed C. 3m
 Steven R. 6m
 Chris F. 9m
 Joe S. 9m
 Keith R. 9m
 Donald S. 1y
 Tim G. 1y
 Mike G. 2y
 Bill H. 2y
 Mary Lou C. 2y
 Tom K. 2y
 Jon O. 2y
 Mark L. 3y
 Dave Z. 5y
 Dave Z. 5y
 Gary P. 6y
 James W. 6y
 Neil S. 7y
 Sharon L. 13y
 Dave H. 14y
 Bob G. 14y
 Jim C. 18y
 Jim S. 19y
 Beverly B. 21y
Courage Group
 Irv W. 3m
 Larry J. 9m
 Julie S. 18y
 Beverly K. 20y
Ellicott
 James B. 1y
 Robert R. 6y
Fireside
 Bernard M. 6m
 Nora C. 3y
 Tom B. 10y
 John R. 12y
 George V. 15y
 Jay R. 21y
Lakeshore
 Mark S. 5y
Lovejoy
 Mike C. 3m
 Ricky S. 3m
 Bill A. 6m
 Kevin S. 9m

North Buffalo

Marty S. 3y
 Dave S. 3y
 Melissa L. 4y
 Sean M. 5y
 David S. 9y
 Ed O. 9y
 Walter W. 12y
 Rick L. 14y
Remember When
 Carletta F. 1y
 Michael D. 2y
 Bruce A. 2y
 Anginell R. 2y
 Jesus S Jr. 3y
 Ivan A. 3y
 Farnst A. 5y
 Madona B. 7y
 Gregory J. 7y
 Kevin H. 8y
 Porter J. 15y
Ridge
 Jose 4y
Rise & Shine
 Thomas 6m
 Sandra M. 6m
 Don S. 6m
 Rene O. 6m
 Blanch 6m
 Greg H. 6m
 Denise F. 9m
 James D. 1y
 Linda K. 1y
 Renea P. 1y
 Fred H. 1y
 Melissa M. 2y
 Ed B. 2y
 Larry M. 4y
 Pat C. 7y
 Celia D. 7y
 Marvin B. 18y
Sunday Morning Breakfast
 Carol K. 3y
 Joseph B. 10y
 Max W. 16y

Thruway

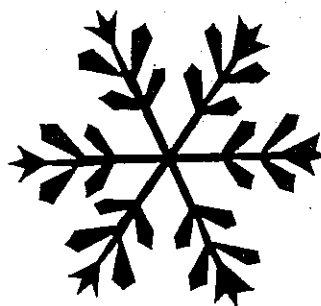
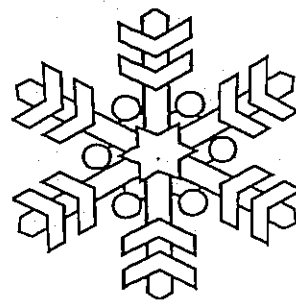
Jim B. 3m
 Scott S. 3m
 Bob M. 9m
 Chris L. 1y
 Liz Z. 15y
 Joyce T. 16y
 Den T. 19y
Victory
 Debi C. 3y
We Care
 Al G. 4y
 Brian D. 7y
 Tim P. 8y
 Bill L. 8y
Welcome
 Daniel K. 1y
 Joe 6y
 Kathy P. 6y
 Bob L. 7y
 Carol P 16y

GROUPS CELEBRATING

Love
 Thankful
 6th Step
 Lake Shore
 Harmony
 Common Problem
 Kensington
 Tuesday Women's
 Everybody's Group
 Clarence Men's Disc II
 Early Bird
 Wake-Up Call
 Daily Reflections
 By the Book
 How It Works
 Recovery Near
 The Gardens
 Tri County
 Handicappers
 Grateful



*Please remember to
 have the anniversaries
 submitted by
 the 15th
 of the month
 previous*



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FEBRUARY 2003

MEETING CHANGES:

I DON'T KNOW GROUP, is now a NO SMOKING MEETING, Monday's at 7:00 PM, St. Francis Church, 175 East Street @ Amherst.

IN THE SOLUTION; Sunday & Tuesday's, NO LONGER MEETS. Ethereal Café', 8PM.

MERCY GROUP: Morning, 10:00 AM, held at the Brothers of Mercy, 4520 Ransom Rd., Clarence, No Longer meets in the front of the building; we have resumed in the refractory in the rear (last double doors). Parking in the rear. We Need Support.

OPEN MIND; now meets at St. John's Grace Episcopal Church, 51 Colony Circle. Time has also changed to 8:00 pm

PIONEER GROUP; Friday's at 8:30 PM, Delevan United Methodist, NO LONGER MEETS.

SERENITY TRAILS; has moved to Turning Point House, 9136 Sandrock Rd. Eden, Tuesday's at 8:00 PM.

SOBRIETY ON THE CANAL; has Moved to the First United Methodist Church, 65 Main Street @ Tremont, North Tonawanda. 6 PM, Sunday's.

SUNDAY MORNING BREAKFAST will not meet on February 16th Only.

PLEASE NOTE

- **MOBILE MEETING-** ARE YOU, OR SOMEONE YOU KNOW, HOMEBOUND OR CONFINED IN A NURSING HOME AND UNABLE TO GET TO A MEETING? IF SO, AND YOU WANT A MEETING BROUGHT TO YOU, CALL CENTRAL OFFICE AND LEAVE YOUR NAME AND NUMBER, SOMEONE WILL GET IN TOUCH WITH YOU TO MAKE THE NECESSARY ARRANGEMENTS.
- **Screeners Committee: Attention screeners and 12 step list members.** If your phone number or any of your information has changed, please contact the central Office so that we can keep the information current. Thank you very much. Dave B. (Screeners Chairperson)
- If your meeting **does not meet** because of a **holiday**, could you **please notify** Central Office so we do not send people there? Thank you.
- **THE NEW 2003 SCHEDULES ARE IN AT CENTRAL OFFICE.**

SERVICE OPPORTUNITIES:

~ Feb. 3, Central Committee Meeting, 7 pm, 651 Washington Street, St. Michael's Parish. (Hosted by Abbott Men's).

~ Feb. 3, Corrections Committee Meeting, 6:00 PM, 651 Washington Street, St. Michael's Parish.

~ Feb. 9., CPC Meeting, 6:30 pm, Bacon memorial Presbyterian Church, 166-59th St., Niagara Falls.

~ Feb. 20, New Frontiers Committee, 7:00 PM. St. Michaels Parish Center, Electric And Warsaw, Lackawanna, before the Victory meeting.

~ Feb. 21, **Public Information Committee** will meet at Deerhurst Presbyterian Church at 9:00 am.

~ Feb. 22, **Archives Committee Meeting**, 9 am, Maryvale Presbyterian Church, 425 Maryvale Drive. Archives are still available for group functions or Anniversaries; call Dick K. 668-8358, with 30 days notice.

~ Feb. 26, **62nd Buffalo Fall Convention Meeting**, Wed., 7:00 PM @. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo

~ March 9, **WNY General Service Assembly Meeting**. 1:00 PM. Hamburg Town Hall, 5999 South Park Ave., Hamburg. (Hosted by Iron Horse)

COMING EVENTS

~ Feb. 1, **Any Age Blizzard Ball**, St. Andrew's RC Church (corner of Sheridan & Elmwood, parking lot off Elmwood at Lowell Rd.) 1525 Sheridan Dr., Kenmore. Doors open at 7 pm, Speaker at 8 pm, Music and dancing from 9 pm- 1 am. Tickets \$5.00 in advance/\$6.00 at the door. Pizza-Coffee-Tea- Pop- 50/50. No Children under 12.

~ Feb. 15, **Sobriety on Saturday Night 6th Anniversary**; 7:00 PM-Speaker followed by eating meeting, bring a dish if you wish.

~ Feb. 24, **Recovery near the Gardens** will be celebrating their Group Anniversary.

~ Feb. 26, The **Common Problem Group** will be celebrating their **20th Anniversary**. Speaker at 8:00 PM, cake and coffee immediately following. The group meets @ the Church of Christ Church, Main St. @ LaMark in Snyder.

~ Feb. 25, **Kensington Discussion** will be celebrating their 34th group Anniversary. Speaker and eating meeting. Please bring a dish to pass. Cleveland Hill Lutheran Church @ 7:45 PM.

2nd STEP: "Came to believe that a power greater than ourselves could restore us to sanity."

2nd TRADITION: " For our group purpose there is but one ultimate authority- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

2nd CONCEPT: To insure effective leadership, we should endow each element of AA- the Conference, the General Service Board and its service corporations, staff, committees, and executives- with a traditional "Right of Decision."

PLEASE SUPPORT THE ENVELOPE SYSTEM

... Yours in the Fellowship of the Spirit...

Terry Bateman.... Executive Secretary

Buffalo Central Committee

February 2, 2003

The meeting was opened at 7:00PM by Chairman, Mike D., with a moment of silence and the Serenity Prayer. Mike read the Preamble, Gary S. read the Purpose of Central Committee and Bill O'D. read the Traditions. John H. motioned to dispense with the reading of last month's minutes. Donna P. seconded the motion.

38 Groups Attended: District #1: Cornplanters Again, Easier Softer Way, Main and High, Sunday Neters, Sunrise Court. District #2: Chapter IX, Easy Does It, North Buffalo, Three Legacies, Welcome. District #3: Abbott Men's, Cazenovia, Courage, Gardenville, New Life, Rainbow, Ridge, Southgate, Thruway, Victory. District #4: Holland, Patchin, St Mark's, Springville Tuesday Night. District #5: Lockport #1, Lockport Ladies, Niagara Frontier Men's. District # 6: Go To Any Lengths, Lakeshore, Lakeview. District #7: Buffalo, Community Center, Ellicott, Hope Big Book Study, Remember When, Spirit of Hope. District #8: Amherst Snyder.

COMMITTEE REPORTS;

ENVELOPE SYSTEM: Karen S. gave the report. The total for the month of January: \$931.00. Last year's donations were up \$1400.

STEERING COMMITTEE: Mark S. gave the report. Groups having events, please clear them with Central Office. Ray H. from GSA CPC will meet with Treatment Facilities.

FINANCIAL REPORT: Terry B. gave this report. There were two large expenses in January, liability insurance and 2003 schedules. We still do not have a prudent reserve.

TREATMENT: Tom C. gave this report. All meetings covered and Bridging the Gap had 10 calls this month.

CORRECTIONS: Bob G. gave this report. Janis B. took over as women's rep for Niagara County. Meeting set with Attica

administration regarding admission restrictions. Wende still needs coverage.

CENTRAL OFFICE: Terry B gave this report. AA info 263 calls; 12th step – 8 calls; 28 visitors; 16 volunteers.

PIC: No Report

NEW FRONTIER: Debi thanked the many contributors and encouraged more submissions.

61st BUFFALO CONVENTION: Pat. M gave the report. Waiting for Treasurer to finalize checkbook.

62nd BUFFALO FALL CONVENTION: Terry B., chairperson, gave this report. The committee met on Jan. 8th. Committee chairs in place. Members of the committee will be writing articles for New Frontiers. Theme of convention is “New Hope, New Freedom”. Meeting place has changed to Trinity Church on Main St., 4th Wednesday of the month. Next meeting is February 26.

GSA: No report

CPC: No report.

ARCHIVES: Frank M stated that the next display will be at the General Service Convention is April in Niagara Falls, NY.

RECAP: No concerns.

OLD BUSINESS: Amherst Snyder to make coffee for the March meeting. International Alcoholics Anonymous Women’s Convention to be held in Buffalo in February of 2004. More details to be presented.

NEW BUSINESS: No report.

Thank you for the Seventh Tradition donations

The meeting was adjourned at 7:30 PM. Motion to close by John H., seconded by Mark M.

AGENDA FOR STEERING COMMITTEE 3/2/03

5:30 PM

- 1) Answering Service: Invited Dave B. to explain some of the problems we have been experiencing with this service. Recommend shopping around to see what else is available. Compare cost and service provided, report back as to whether a change will benefit this fellowship better.
- 2) Convention Co-Chairperson for 2004, notices for nominations should go out with next mailing to District 8.

Ⓢ	ATTENDED C.C.	CO	Cumulative	Treatment	Cumulative	Corrections	Cumulative	Ⓢ	ATTENDED C.C.	CO	Cumulative	Treatment	Cumulative	Corrections	Cumulative
									Dunkirk Monday Night						
	11:45								Early Bird		50.00				
	12 Step							Ⓢ	Easter Solter Way						
	4th Step Stumblers								East Amherst		30.00				
	6th Step								East Aurora						
	A Day At A Time							Ⓢ	Easy Does It	25.00	50.00				
	A Little Bit of Everything							Ⓢ	Elcott						
	A New Freedom								Elcottville						
	A Strong Desire								Emergency						
Ⓢ	Abbott Men's		100.00		100.00		100.00		Eternal Vigilance						
	Acceptance/Welcome								Everybody's						
	Achievement		500.00				100.00		Express						
	Action	50.00	50.00						Eyeopener		137.00				
	After Midnight								F.U.N.						
	Age Doesn't Matter		50.00						Faith						
	Alexander								Father Baker		200.00				
Ⓢ	Amherst/ Snyder	178.76	195.74						Feelings						
	Amsdell Lakeshore	25.00	55.00						Fireside						
	Another Chance	26.00	26.00						Fireside PM						
	Any Age								First Things First	189.55	189.55				
	Any Length		30.00						Fredonia Discussion						
	Anybody's								Fredonia Friday Noon						
	As Bill Sees It								Freedom		75.00				
	Attitude Adjustment								Freedom Now						
	AW Group								Fresh Start						
	Attraction								Friendly						
	Beginner's Table								Frontier(New)						
	Beginning In Sobriety II							Ⓢ	Gardenville		50.00				
	Beginning's Women								Georgetown						
	Bidwell Monday								Getting Better						
	Big Book Lockport						5.00		Giving						
	Big Book Study							Ⓢ	Go to Any Length	200.00	200.00				
	Big Book Workshop								Golden Slipper						11.00
	Blasdel								Grand						
	Blasdel Monday Night	20.00	40.00						Grand II Joy of Living						
	Bodhisatva								Grateful						
	Boulevard Helping Hand								Guiding Light						
	Boulevard Women		75.00						H.O.W.						
	Brass								Half and Half						
	Broadway Bailey								Hamburg						
	Brocton AA								Hand						
	Brownbaggers								Handicappers	500.00	500.00				
Ⓢ	Buffalo Group		1.00						Happy Hour						
	But For the Grace of God								Harmony						
	By The Book								Helping Hand	20.00	20.00				
	Came To Believe								High Noon	100.00	100.00				
	Casting								High View		180.00				
	Cathedral Park		62.68		25.00		25.00		Higher Power						
	Caz Manor								Hillbilly						
Ⓢ	Cazenovia								Holiday Village	125.00	425.00				
	Central Park							Ⓢ	Holland						
Ⓢ	Chapter IX	120.00	120.00	60.00	60.00	60.00	60.00		Honesty	30.00	40.00			10.00	10.00
	Cheektowaga								Horizon						
	Chevy #1							Ⓢ	Hope Big Book Study						
	Clarence Men's	50.00	50.00						How It Works						
	Clarence Men's II								How It Works/Men's	155.03	155.03	12.92	12.92	12.92	12.92
	Cold Spring		15.00						Humboldt Riley						
	Common Bond								Inner City						
	Common Problem								Inspiration		100.00				
Ⓢ	Community Center	10.00	20.00		5.00		5.00		Intoxicated on Life						
Ⓢ	Complanters								Ironhorse	55.75	55.75	21.50	21.50	21.50	21.50
Ⓢ	Courage	100.00	100.00	20.00	20.00	20.00	20.00		IT						
	Arcade								Jamestown Groups						
	Crossroads		150.00						Johnson Creek Big Book						
	Cross Talk Big Book		25.00						Journey						
	Daily Reflections								Just Do It						
	Daily Reprive								Just For Today/ Albion						
	DeVeaux Discussion								Just For Today/Check						
	Derby								Keep It Simple Sister						
	Desire								Keep On Coming						
	Downtown Men's		2.00						Kenmore						

Ⓢ	CO	Cummulative	Treatment	Cummulative	Corrections	Cummulative	Ⓢ	CO	Cummulative	Treatment	Cummulative	Corrections	Cummulative
							Ⓢ	Renewal					
							Ⓢ	Ridge	100.00				
								Ridge/Pink Can					
								Rise and Shine	30.00				
Ⓢ								Rochester					
								Roland					
								Rural's Plural					
								Sally					
								Saratoga					
								Searching For Serenity					
								Second Chance					
								Serenity	50.00	50.00			
								Serenity Circle		20.00			
								Serenity on the Lake					
								Serenity Trails					
								Setaside					
								Sheridan		40.00			
								Silvercreek Friendship					
								Sober and Proud					
								Sober Saturday					
								Sober Trail					
								Sober Winners	20.00	40.00			
								Sobriety for Women					
								Sobriety Men's Disc.					
								Sobriety On The Canal					
								Sobriety on a Sat. Night					
								Sobriety on the Lake					
								Somerset					
								South Buffalo					
								South Town					
								Southgate	30.00	30.00			
								Southtown Women's					
								Southwestern		50.00			
								Spirit of Hope					
								Spiritual Progress					
								Springville SaLAfternoon	30.00	30.00			
								Springville Tues. Night					
								Springville Wed. Noon					
								St. Barnabas					
								St. Mark's					
								Starting Over	10.05	10.05			
								Staying Alive					
								Step Work					
								Stepping Stones/Gow.					
								Stepping Stones/WIL	100.00	100.00			
								Suburban	10.00	20.00			
								Sunday Afternoon Ascension					
								Sunday Morning Breakfast	150.00	150.00	50.00	50.00	50.00
								Sunday Nites					
								Sunday Third Group					
								Sunrise Court					
								SUNY Amherst Campus					
								Surrender and Hope	50.00	150.00	25.00	50.00	25.00
								Survivors					
								T.P.H.					
								TGIF					
								Thankful					
								The Book Meeting		40.00			
								The Moonshiners					
								There's A Solution					
								Three Legacies	50.00	50.00	50.00	50.00	50.00
								Those Too	5.00	10.00			
								Thruway	200.00	500.00	20.00	40.00	20.00
								Thursday PM Discussion		\$ 100.00			
								Today					
								Today's Woman	20.00	20.00			
								Tri County	10.00	10.00			
								Tri-Step Beginners					
								Try Again					
								Tuesday Men's AM					
								Tuesday Women	20.00	20.00	10.00	10.00	10.00
								Turning Point					

ⓐ	CO	Cummulative	Treatment	Cummulative	Corrections	Cummulative
	Twin Cities					
	Unity					
	University Men's Disc.	131.00				
	Valley					
	Varieties of Spiritual Exper.					
	Varysburg					
ⓐ	Victory	100.00		50.00		50.00
	Wake Up Call					
	We Are Not Saints					
	We Care	60.00	60.00	40.00	40.00	20.00
	We Choose Life					
	Wetvie					
ⓐ	Welcome					
	Westfield					
	Westminster					
	Why					
	Williamsville					
	Willing To Grow					
	Wilson Group	25.00				25.00
	Wilson Smith Alumni					
	Women on the Rise					
	Women's West Side					
	Working					
	You'll Never Walk Alone					
	Youngstown					
	In The Solution		20.00			
	Maryanne B.	12.30	12.30			
	TOTAL	3198.39	7767.05	309.42	604.42	299.42
						755.00

ⓐ ATTENDED CENTRAL COMMITTEE