

# NEW FRONTIERS

February 2010

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER  
We request that this newsletter be kept within the Fellowship to insure anonymity.

## *The Next Frontier...*

## **Emotional Sobriety**

*(This article is the substance of a letter Bill wrote to a close friend who also had troublesome depressions.)*

I think that many of our oldsters who have put our A.A. booze cure to severe but successful tests still find they often lack emotional sobriety.

Perhaps they will be the spearhead for the next major development in A.A. -- the development of much more real maturity and balance (which is to say, humility) in our relations with ourselves, with our fellows and with God. Those adolescent urges that so many of us have for top approval, perfect security, and perfect romance -- urges quite appropriate to age seventeen -- prove to be an impossible way of life when we are at age forty-seven or fifty-seven.

Since A.A. began, I've take immense wallops in all these areas because of my failure to grow up, emotionally, and spiritually. My God, how painful it is to keep demanding the impossible, and how very painful to discover finally, that all along we have had the cart before the horse! Then comes the final agony of seeing how awfully wrong we have been, but still finding ourselves unable to get off the emotional merry-go-round.

How to translate a right mental conviction into a right emotional result, and so into easy, happy, and good living -- well, that's not only the neurotic's problem, it's the problem of life for all of us who have got to the point of real willingness to hew to right principles in all our affairs.

Even then, as we hew away, peace and joy, will still elude us. That's the place so many of us A.A. oldsters have come to. And, it's a hell of a spot, literally. How shall our unconscious -- from which so many of our fears, compulsion and phony aspirations still stream -- be brought into line with what we actually believe, know, and want! How to convince our dumb, raging and hidden "Mr. Hyde" becomes our main task.

I've recently come to believe that this can be achieved, I believe so because I begin to see many benighted ones -- folks like you and me -- commencing to get results. Last autumn, depression, having no really rational cause at all, almost took me to the cleaners. I began to be scared that I was in for another long chronic spell. Considering the grief I've had with depressions, it wasn't a bright prospect. I kept asking myself, "Why can't the Twelve Steps work to relieve depression?" By the hour, I stared at the St. Francis Prayer . . . "It's better to comfort than to be comforted. "Here was the formula, all right. But why didn't it work?

Suddenly I realized what the matter was. My basic flaw had always been dependence -- almost absolute dependence -- on people or circumstances to supply me with prestige, security and the like. Failing to get these things according to my perfectionist dreams and specifications, I had fought for them. And when defeat came, so did my depression. There wasn't a chance of making the outgoing love of St. Francis a workable and joyous way of life until these fatal and almost absolute dependencies were cut away.

Because I had over the years undergone a little spiritual development, the ABSOLUTE quality of these frightful dependencies had never before been so starkly revealed. Reinforced by what grace I could secure in prayer, I found I had to exert every ounce of will and action to cut off these faulty, emotional dependencies upon people, upon A.A., indeed, upon any set of circumstances whatsoever. Then only could I be free to love, as Francis had. Emotional and instinctual satisfaction, I saw, were really the extra dividends of having love, offering love, and expressing a love appropriate to each relationship of life.

Plainly, I could not avail myself of God's love until I was able to offer it back to Him by loving others as He would have. For my dependency meant demand -- a demand for the possession and control of the people and the conditions surrounding me. While these words "absolute dependency" may look like a gimmick, they were the ones that helped me to trigger my release into my quietness of mind, qualities which I am now trying to consolidate by offering love to others regardless of the return to me.

This seems to be the primary healing circuit; an outgoing love of God's creation and His people, by means of which we avail ourselves of His love for us. It is most clear that the real current can't flow until our paralyzing dependencies are broken, and broken at depth. Only then can we possibly have a glimmer of what adult love really is. Spiritual calculus, you say? Not a bit of it. Watch any A.A. of six months working with a new

(Continued on page 2)

**Emotional Sobriety** (Continued from page 1)

Twelfth Step case. If the case says, "To the devil with you," the Twelfth Stepper only smiles and turns to another case. He doesn't feel frustrated or rejected. If his next case responds, and in turn starts to give love and attention to other alcoholics, yet gives none back to him, the sponsor is happy about it anyway. He still doesn't feel rejected; instead he rejoices that his one time prospect is sober and happy. And if his next following case turns in later time to be his best friend (or romance) then the sponsor is most joyful. But he well knows that his happiness is a by-product -- the extra dividend of giving without any demand for a return. The really stabilizing thing for him was having and offering love to that strange drunk on his doorstep. That was Francis at work, powerful and practical, minus dependency and minus demand.

In the first six months of my own sobriety, I worked hard with many alcoholics. Not a one responded. Yet this work kept me sober. It wasn't a question of those alcoholics giving me anything. My stability came out of trying to give, not out of demanding that I receive. Thus I think it can work out with emotional sobriety. If we examine every disturbance we have, great or small, we will find at the root of it some unhealthy demand. Let us, with God's help, continually surrender these hobbling demands. Then we can be set free to live and love; we may then be able to Twelfth Step ourselves -- and others into emotional sobriety. Of course, I haven't offered you a really new idea -- only a gimmick that has started to unhook several of my own "hexes" at depth. Nowadays my brain no longer races compulsively in either elation, grandiosity, or depression. I have been given a quiet place in bright sunshine.

The Messenger: February 2005

# WARRANTY TWO

"Sufficient operating funds, plus an ample Reserve, should be its prudent financial principle."

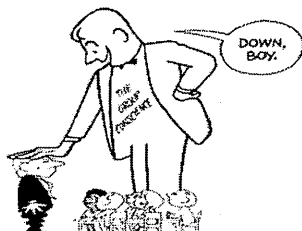
## Concept 02

**(short)** The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole society in its world affairs.

**(long)** When, in 1955, the A.A. groups confirmed the permanent charter for their General Service Conference, they thereby delegated to the Conference complete authority for the active maintenance of our world services and thereby made the Conference - excepting for any change in the Twelve Traditions or in Article 12 of the Conference Charter - the actual voice and the effective conscience for our whole Society.

- a. Primary principle(s):  
Group conscience, unity, responsibility, delegated authority

Other principles: trust, patience, faith, forgiveness, generosity, good nature, hope, justice, love, patience, perseverance, positive thinking, selflessness, service, tactfulness, understanding, unity, willingness, democracy



**Tradition Two: For our group purpose there is but one ultimate authority -- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.**

1. **Do I criticize or do I trust and support my group officers, AA committees, and office workers? New comers? Old-timers?**
2. **Am I absolutely trustworthy, even in secret, with AA Twelfth Step jobs or other AA responsibility?**
3. **Do I look for credit in my AA jobs? Praise for my AA ideas?**
4. **Do I have to save face in group discussion, or can I yield in good spirit to the group conscience and work cheerfully along with it?**
5. **Although I have been sober a few years, am I still willing to serve my turn at AA chores?**
6. **In group discussions, do I sound off about matters on which I have no experience and little knowledge?**

**"The great unsung Second Step"**

"The great unsung Second Step" as my friend Billy always called it. It took me some time to understand the full import of what he meant. It is only in looking back that I can see that this is really the Step that my recovery hangs on. I mean anyone, with enough dedication, can drink themselves into pitiful and incomprehensible demoralization. They can even understand the hopelessness of their case, their powerlessness over alcohol, and the unmanageability of their life. But unless they (read I, me, myself) come to believe in a power, any power, greater than themselves; there is scant hope for recovery. All I knew, at my own personal bottom, was that I couldn't keep doing what I had been doing. I also could not imagine a life without alcohol. Now what was I going to do? Go ahead to the bitter end, or accept spiritual help? It is only the alcoholic who hesitates over this question. Anyone with another illness would jump on the opportunity to solve their illness by spiritual means. I did it only when every other ave-

nue was closed. My own coming to believe has certainly been of the educational variety. I can remember calling my Mother when I first got sober, and was living at the Salvation Army. I told her that I had begun going to AA meetings, that I liked them, but that I had a little problem because they talked about God. Mom said...."Oh that shouldn't be any problem for you. Ever since you were a little boy you've had a sense of wonder about the world." That really was a key for me. I just looked around with my newly sober eyes, and felt a sense of awe. And I realized that I wasn't capable of creating the wonders I saw. Secondly, slowly, ever so slowly, the power of the Group began to work on me. I sat in the rooms of Alcoholics Anonymous and heard people talk about the miracle of recovery. When I had sat there long enough it began to sink in that I actually was not drinking. That I had not been drinking for an incredibly long period of time. Thirty days, sixty days, ninety days! Wow! Some-

thing was happening here, that much was certain. And so I found my first Higher Power. It was the Group in AA. The members of the Group sometimes changed, but the Group itself was always there. It was a constant that I could rely upon. Fortunately I had just enough sense left to know that, since there was a Power greater than myself, I had no other alternative than to make the decision to turn my will and my life over to the care of that Power. For, as our book says, "We finally saw that faith in some kind of God was a part of our make-up, just as much as the feeling we have for a friend. Sometimes we had to search fearlessly, but He was there. He was as much a fact as we were. We found the Great Reality deep down within us. In the last analysis it is only there that He may be found. It was so with us." Thank you God, that I came to believe.

~Tim W.;  
[http://www.santabarbaraaa.com/The\\_Messenger/02\\_2004.pdf](http://www.santabarbaraaa.com/The_Messenger/02_2004.pdf)



**"They won't tell me who they are, but they say you called for help."**

## The Lead

In early October prior to an Any Lengths Group evening meeting, I was socializing with Steve G. During the course of our pleasant conversation Steve asked me to give a lead in mid-November at The Sunday Morning Breakfast, his home group. Surprised by the sudden request I automatically enjoined him with a "let's pray about it" response. During the meeting and throughout the following week I mulled over the options and pros and cons of giving a lead. In the AA program we are consistently advised to accept any job request and urged to volunteer when an individual or group need is identified. Of course there develops a personal internal resistance and reluctance to extend oneself beyond the comfort zone of inertia. Very early on, I realized this was an opportunity for personal growth and accepted Steve's invitation when we met during the following week.

During the next five weeks I began and continued to consider and focus on the subject matter and antidotal material, which would generate the most impact in a diverse audience. I found out that my last year of production of my personal history and select memoirs seemed to complicate the collection of relevant AA events. I started out with the influence alcohol seemed to have had in my adolescent and teen years, leading into my early years of college and marriage. I then visualized the incidents throughout my twenties and thirties up to a mid-life heart attack at forty-six. The entire recollection seemed to be nothing short of a dreaded "drunk-a-log".

So I started once again to review my coming into the doors of AA and the denial and self-delusion, which kept me away from the truth for several months of initial meeting attendance. I recalled the reticence of my need for a sponsor to guide me through the basics and

the eventual directive toward ACOA to clarify my perspective on my family of origin and my participation in that early life experience. I continued to examine and take mental note of my progress toward freedom and the refreshing breath of a spiritual life offered me if I simply choose to accept and follow the directives of the AA program. In giving a lead there is a simple format of sharing ones experience, strength and hope. It is recommended that one identify how it was, what happened and how I am now. The invited, heartfelt lead is as simple as that.

Five weeks of rumination and mulling over my life only complicated a very basic format. My false pride played games in my head preventing the purity of sharing from my heart. There is so much I want to share with the suffering soul in the room but I tend to be constrained by the desire for control and pseudo intellectual authority. And so the lead transpired on a mid-November Sunday morning before a capacity crowd. I negotiated through a sharing of (from my perspective) seemingly disjointed scenarios identifying my qualification to be there and what happened to change my life to be what it is today. I am comforted by the repeated observation that "someone is there who needed to hear just what I had to say". In retrospect I recognize my pride seeks to condemn and create negative thoughts while humility invites me to look up and thank God for letting me be of service to those in need. I continue to remind myself of the things not touched

upon and determine at some point, to relate the rest of the story. As noted, future lead refinement can be improved by repetition. The standard continues: There are three leads...the lead I prepared; the lead I gave; the lead I wish I would have given;

Mike Z. Any Lengths

### THE SPONSOR

**A man in a hot air balloon realized he was lost. He descended a bit more and shouted to a man on the ground, "Excuse me, can you help me? I promised a friend I would meet him an hour ago, but I don't know where I am."**

**The man on the ground below replied, "You're in a hot air balloon hovering approximately 30 feet above the ground. You're between 40 and 41 degrees north latitude and between 59 and 60 degrees west longitude." You must be a sponsor,"**

**said the balloonist. "I am," replied the man, "how did you know?"**

**"Well" answered the balloonist, "everything you told me is, I believe, technically correct, but I've no idea what to make of your information and the fact is I'm still lost. Frankly, you've not been much help at all. If anything, you've probably delayed my trip."**

**The man below responded, "You must be a Sponsee. "I am."**

**Replied the balloonist," but how did you know?"**

**"Well," said the man," you don't know where you are going. You have risen to where you are due to a large quantity of Hot air. You made a promise, which you've no idea how to keep, and you expect other people to solve your problems. The fact is you are in exactly the same position you were before we met, but now, Somehow, it's my fault!" ....Author Unknown**

**Q. What's the history of typical AA slogans like "First Things First" and "One Day at a Time"?**

A. We don't have a great deal of information about the origins of AA's slogans and acronyms, but we can provide some sharing and preliminary information. Many of these slogans, as with other practices in AA, were simply passed along verbally to other members, so it is impossible to know who started using them first. It is possible that some of the slogans may have originally stemmed from a part of the Oxford Group Movement language, but it could also be that they were original with Bill and Dr. Bob and the early members.

Members have always inquired as to the origins of various slogans, and it has always been difficult to narrow down; in our research, we discovered a letter written by former GSO Archivist, Frank M., dated 1989, who responded to a similar question that was posed to him. This was Frank's response, *"Your interest in the origins of 'One Day at a Time' is shared by many of us. Like hand-holding, however, it's difficult to pin-point the exact 'moment.'"* That is the problem we find with most of our AA slogans, unfortunately!

We do know, however, that many slogans commonly heard have been around since the early days of the Fellowship.

In December of 1958 Ruth Hock (non-alcoholic), who was AA's first secretary, wrote a response to a similar question concerning different slogans. In her reply Ruth wrote:

*"...Bill [W.] and I first worked together in January 1936 when he had been sober just a little over one year and at that time 'Easy Does It,' 'Live and Let Live,' and 'First Things First,' were part of the daily conversation. They were also used in the very first drafts of the book, but probably only Bill himself could tell you where he picked them up...*

*"As far as I'm concerned all of the above were introduced into A.A. by Bill W. himself although not original with him.*

*"Some of these could have been used in Oxford Group meetings but there is no way for sure."*

In addition to Ruth's response, page 220 of Bill W.'s biography, *Pass It On*, also addresses this topic:

*"Some 'A.A. saws' were also used as long ago as the late 1930s: 'First Things First,' 'Easy Does It,' 'Live and Let Live.' Because these appear in the first edition of the Big Book (at the end of the chapter on 'The Family Afterward'), it's probable that the use of the slogans originated with Bill and that he brought them with him from Vermont – old saws with new teeth."*

Frequently Asked Questions About A.A.'s History; [www.aa.org](http://www.aa.org)

IN MEMORIAM

Things We Can Not Change  
Tom D.; Southwestern Group

To all our members who have lost family & loved ones our prayers are with you.

Share your Experience, Strength and Hope

Please submit your announcements by the 12<sup>th</sup> for next month's issue.

Articles can be submitted at any time.

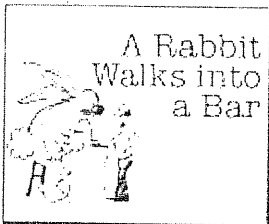
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Buffalo, New York 14210

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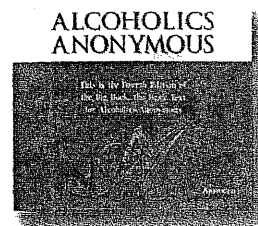
Contents

- The Drinking Life
- Newcomers in AA
- Life in AA
- The Victories of Victor E.
- AA Wit and Wisdom

**MEMO**  
**Congrats to all of Us...**  
**2009 we accomplished quite a bit...**

- **We are now Incorporated ,**
- **We have the ability to... manage our website,**  
**And we ...**
- **Added \$5,000.00. to our Prudent Reserve, bringing it to ¾ of the goal.**  
**What more can we Work together on in 2010**

☺



**M-81A — CD Alcoholics Anonymous Abridged**

These six audio CDs contain all front matter, including the preface, the forewards to all editions, and "The Doctor's Opinion." Pages one through 164 are here in their entirety, in addition to the chapter "Doctor Bob's Nightmare."

FEBRUARY ANNIVERSARIES

**Amherst/Snyder**

Gabriella R. 6m  
 Ryan E. 6m  
 Katie W. 6m  
 Patti B. 6y  
 Gary P. 13y  
 Jim C. 25y

**Cold Springs**

Willie H. 31y

**Courage Group**

Julie S. 25y  
 Beverly K. 27y

**Easy Does It**

Chris M. 2y  
 Faith D. 2y  
 Joe D. 3y  
 Melissa B. 14y  
 John R. 19y  
 Sue V. 28y

**Eyeopener**

Chris M. 1y  
 Kim D. 1y  
 Mary . 1y  
 Malissa 1y  
 Karen M. 2y  
 Steve G. 2y  
 Susan B. 2y  
 Anne 3y  
 Ashley W. 3y  
 Mark R. 3y  
 Russ A. 5y  
 Kelly Ann M. 6y  
 Greg 9y  
 Leo 12y  
 Kevin W. 15y  
 Brian O. 16y  
 Art B. 20y  
 Dave G. 22y  
 Liz 22y  
 John S. 23y  
 Len B. 24y  
 Terry M. 33y  
 Mary C. 39y

**Fireside**

Karen M. 2y  
 Tom B. 17y  
 Liz O. 22y

**Fresh Start**

Laurie A. 5y  
 Constance W. 11y  
 Sebastian W. 14y  
 Peter A. 25y

**Giving**

Jeff S. 1y  
 Patricia P. 2y

**Golden Slipper**

Roger K. 29y  
 Jim R. 30y

**Harmony**

Blendan 6y  
 Joyce E. 12y  
 Judge W. 13y  
 Fred F. 18y  
 Donna W. 18y

**Ironhorse**

Chris G. 2y  
 Jim P. 6y  
 Bill S. 21y

**Lakeshore**

Chris W. 1y  
 Kerry W. 3y  
 Mark S. 13y

**Lighten-Up**

Charlie S. 4y  
 Barb H. 5y  
 Gary U. 5y  
 Doug M. 8y  
 Laurie M. 11y

**Living in the Solution**

Bob K. 19y

**Lockport #1**

Dick D. 24y

**North Buffalo**

Paul S. 4y  
 Megan M. 4y  
 Peter N. 8y  
 Ed O. 16y  
 Walter W. 19y

**Recovery Near the Gardens**

Jose D. 11y

**Remember When**

Rich C. 2y  
 Jeff P. 2y  
 Belinda E. 6y  
 Marcus 7y  
 Constance F. 11y  
 Ernest A. 12y  
 Rosevelt M. 16y  
 Ava P. 20y

**Rise & Shine**

Andrea P. 6m  
 Tshawatra J. 6m  
 Justine C. 2y  
 James H. 2y  
 George S. 4y  
 Tom H. 7y  
 Lawrence B. 15y  
 Ava P. 20y

**Sheridan**

Andrea 6m  
 Angela G. 2y

**Spirit of Hope**

Antwan D. 12y

**Spiritual Progress**

Raissa 1y

**Sun. Morning**

**Breakfast**

Kim E. 9y  
 Carol K. 10y  
 Max W. 23y

**Surrender & Hope**

Sara Y. 1y  
 Ruth C. 13y  
 Al Z. 27y  
 Sherri H. 33y

**Thruway**

Elizabeth O. 22y  
 Joyce T. 23y  
 Dan T. 26y  
 Jane Marie B. 34y



**GROUPS CELEBRATING**

6th Step: 33y  
 Stayin Sober: 2y  
 Backdoor: 6y  
 By the Book: 11y  
 Clarence Men's Disc II: 20y  
 Common Problem: 27y  
 Daily Reflections: 14y  
 Early Bird: 19y  
 Everybody's Group: 26y  
 Grateful: 35y  
 Handicappers: 26y  
 Harmony: 32y  
 Kensington: 40y  
 Lake Shore: 48y  
 Love: 10y  
 Recovery Near  
 The Gardens: 9y  
 Thankful: 40y  
 Threshing Floor: 4y  
 Tri County: 51y  
 Wake-Up Call: 18y

*have the anniversaries  
 submitted by  
 the 12th  
 of the month  
 previous*



**Sunday                      Monday                      Tuesday                      Wednesday                      Thursday                      Friday                      Saturday**

<p><b>7</b></p> <p>Steering Committee, 5 PM, Central Committee Meeting, 7 pm Corrections Committee Meeting, 6:00 PM, Buffalo Central Office, 681 Seneca</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p> <p><b>An Introduction To the 12 Steps Workshop.</b> 5- 1 hour sessions 4-5PM. @ Helping Hands Group, St. John Vianney Church, Orchard Park. Sponsored by Helping Hand, Holiday Village, Southwestern &amp; 12 Step Groups. And questions please call 479-8888.</p>	<p><b>4</b></p>	<p><b>5</b></p>	<p><b>6</b></p> <p><b>Easy Does It</b> group is having <b>Game Night</b> Parkside Lutheran Church. Speaker @ 6:00 p.m., food and games to follow <b>Any Age 29th Blizzard Ball</b> St. Andrew's RC Church 1522 Sheridan Dr., Kenmore. Doo open at 6 pm, Speaker @ 7 PM. Dance 8 pm- 1 am. Ticket \$11.00 at the door.</p>
<p><b>14</b></p>	<p><b>8</b></p>	<p><b>9</b></p>	<p><b>10</b></p> <p><b>An Introduction To the 12 Steps Workshop.</b> 5- 1 hour sessions 4-5PM. @ Helping Hands Group, St. John Vianney Church, Orchard Park. Sponsored by Helping Hand, Holiday Village, Southwestern &amp; 12 Step Groups. And questions please call 479-8888.</p>	<p><b>11</b></p>	<p><b>12</b></p>	<p><b>13</b></p>
<p><b>21</b></p>	<p><b>15</b></p> <p><b>GSA, Area 50, District 11 Business Meeting.</b> 5 p.m. - 6 p.m., location to be determined. contact Maureen M., 716-310-5885 for more info.</p>	<p><b>16</b></p> <p><b>Public Information Committee meeting.</b> Buffalo Central Office, 6 PM.</p>	<p><b>17</b></p>	<p><b>18</b></p>	<p><b>19</b></p> <p><b>Retreat For Men in A.A., "Road to Recovery."</b> St. Columban Center, 6892 Old Lakeshore Rd., Derby. Cost \$135, meals included. To register call Dan B.; 8638775. All Men welcome.</p>	<p><b>20</b></p>
<p><b>28</b></p>	<p><b>22</b></p>	<p><b>23</b></p>	<p><b>24</b></p>	<p><b>25</b></p>	<p><b>26</b></p> <p>NERAASA 2010, Niagara Falls Conference Center, Crowne Plaza Hotel, 300 Third St, Niagara Falls, 14303. Registration: \$20. Meal packages available. Flyer @ Central Office.</p>	<p><b>27</b></p> <p><b>Archives Committee Meeting</b> 9 am, Buffalo Central Office <b>Ti-Conty Group 51st Group Anniversary.</b> Speaker @ 8:30 PM followed by a Bring a dish dinner. St. Joseph's Church, E. Main St., Gowanda.</p>



**PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)**

*BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
(716) 853-0388  
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM  
Schedule on line at: [www.ny-aa.org](http://www.ny-aa.org) &  
[www.buffaloaany.org](http://www.buffaloaany.org)*

*681 SENECA STREET (Lower)  
BUFFALO, NEW YORK 14210  
Fax: 853-0389  
[www.buffaloaany.org](http://www.buffaloaany.org)  
[buffalooa@hotmail.com](mailto:buffalooa@hotmail.com)*

**FEBRUARY 2010**

**MEETING CHANGES:**

- **Ray Of Hope** Group, Tuesday's, 1 PM in East Aurora, Immanuel Lutheran Church, Pine @ East Fillmore, **NEEDS SUPPORT**.
- **New Meeting; Hope's Horizon**, Horizon Health Facility, 1370 Niagara Falls Blvd @ Brighton, Tonawanda. 2<sup>nd</sup> Floor. Open meeting, Saturday's 10 AM.
- **Feelings Group**; Wednesday's at 7:30 PM at 1<sup>st</sup> Presbyterian Church, 149 Broad St, is in **need of new members to keep going**. Please Help ☺
- **New Meeting: Happy Faces**; Tuesday & Friday; Only, 1:30 PM, Faith Temple C.L.G., 461 Rhode Island St., Buffalo, 14213. Open Discussion.
- **IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

**COMING EVENTS**

- ~ Jan 31, **Steering Committee**, SUNDAY 5 PM, Central Office, 681 Seneca
- ~ Jan 31, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office,
- ~ Jan 31, **Corrections Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street
- ~ Jan13-Feb.10. **An Introduction To the 12 Steps Workshop**. To acquaint members with the 12 Steps in 5- 1 hour sessions.4-5PM. @ Helping Hands Group, St. John Vianney Church, Orchard Park. Sponsored by Helping Hand, Holiday Village, Southwestern & 12 Step Groups. And questions please call 479-8888.
- ~ Feb. 13, **Easy Does It** group is having a **Game Night** at its regular meeting place, Parkside Lutheran Church, corner of Wallace and Depew. Speaker at 6:00 p.m., food and games to follow. Come join us for fellowship and fun.
- ~ Feb 13, **Any Age presents the 29th Blizzard Ball**, St. Andrew's RC Church (corner of Sheridan & Elmwood, parking lot off Elmwood at Lowell Rd.) 1525 Sheridan Dr., Kenmore. Doors open at 6 pm, Speaker @ 7 PM. Music and dancing from 8 pm- 1 am. Tickets \$9.00 in advance/ \$11.00 at the door. Pizza-Coffee-Tea- Pop- 50/50. No Children under 12.Smoke ONLY in your vehicles &

~ Feb 15, **GSA, Area 50, District 11 Business Meeting**, Monday, 5 p.m. – 6 p.m., location to be determined. Contact Maureen M., 716-310-5885 for more info.

~ Feb 16, **Public Information Committee meeting**, Tuesday, Anyone interested in helping the community understand who we are, what we do, and what we are not do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 6 PM.

~ Feb. 19-21, **Retreat For Men in A.A.**, "Road to Recovery", St. Columban Center, 6892 Old Lakeshore Rd., Derby. Cost \$135, meals included. To register call Dan B.; 8638775. All Men welcome. Scholarships available.

~ Feb 27, **Archives Committee Meeting**, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca Street (lower).

~ Feb 27, **Tri-County Group** is celebrating its **51<sup>st</sup> Group Anniversary**. Speaker @ 8:30 PM followed by a Bring a dish dinner. St. Joseph's Church, 67 E. Main St., Gowanda.

~ Feb 26-28, **NERAASA 2010**, Niagara Falls Conference Center, Crowne Plaza Hotel, 300 Third St, Niagara Falls, 14303. Registration: \$20, Meal packages available. Flyer @ Central Office.

~ March 7, **General Service Assembly**, 12 Noon. Hamburg Town Hall, 5999 South Park Ave., Hamburg.

~ March 20, **"Spring into Sobriety"**, **District 4 Day of Sharing**, St. Paul's Episcopal Church, 591 East Main St. (Rt. 39), Springville, NY 14141. 9 AM- 3 PM. Registration opens @ 8:30 AM. Registration \$5. Pre-Sale tickets will be available. Bring a dish to pass. Contributions gratefully accepted. Please join us in Unity ☺

~ March 26-28, **Cataract City Convention**, Days Inn at the Falls, 443 Main St., Niagara Falls, NY. Registration Only: \$15, Registration +Dinner \$40. Commemorative Mug, add \$5. For more info. Call; Joanne Z. 284-5806 or Amber T. 285-6378.

**2<sup>nd</sup> STEP: "Came to believe that a power greater than ourselves could restore us to sanity."**

**2<sup>nd</sup> TRADITION: " For our group purpose there is but one ultimate authority- a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."**

**2<sup>nd</sup> CONCEPT: To insure effective leadership, we should endow each element of AA- the Conference, the General Service Board and its service corporations, staff, committees, and executives- with a traditional "Right of Decision."**

**PLEASE SUPPORT THE ENVELOPE SYSTEM...**

*Yours in the Fellowship of the Spirit...Terry B.... Executive Secretary*

**Buffalo Central Committee Minutes**  
**January 4, 2010**

Cindy Central Committee Chair opened the meeting at 7:02 PM with a moment of silence and the Serenity Prayer. Hilton; Lockport #1 Group read the Preamble, Rodney; Lockport #1 read the Purpose of Central Committee and Mark; Going to Any Lengths Group read the Twelve Traditions. New Groups were greeted and 17 groups were represented. Dist #1; None; Dist #2 Grand II Joy of Living, Surrender & Hope, Three Legacies, Sober Train, Step Action; Dist #3 Abbott Men's Disc, Courage, Alden New Life, South Buffalo, Dist#4, None; Dist #5 Lockport #1; Dist #6 Carrying the Message, Derby, Go To Any Lengths, Lakeshore, WE Group; Dist #7 None; Dist #8, Williamsville, Women Making the Effort.

**Committee Reports**

- **Envelope System:** no report
- **Steering Committee:** Chris, Dist.#1 rep reported that the Chair, Financial Chair & Exec. Secretary and Group Reps from Dist 1,2,3,4,6 & 8 were present. Chair, and Dist 7&8 were absent with no alternate present. Dist. #1 reported that there is a new group called "Happy Faces", that originally was scheduled to meet Monday- Friday@ 1:30 PM; it now only meets on Tuesday & Friday @ 1:30PM. District #4 is planning a Day of Sharing on March 20<sup>th</sup> called "Spring into Sobriety". Dave from District 4 is looking for help in planning this event. District 6 reported that only the 2 meetings of the Tri-County group are meeting in Gowanda, due to the flooding a few months back. The next Steering Committee will be on Jan 31<sup>st</sup>.
- **Financial Report:** Contributions for Dec. were down. Reminder that \$5000 was moved into Prudent Reserve, which when added to the monthly loss, would only actually be \$3,127. Year End numbers good, ending \$6762.70 to the good when adding the \$5000 back on that was moved into Prudent Reserve.
- **Treatment:** Brian B. reported: Thursday meeting at ECMC should bring an extra person to take a meeting into the Detox, as well as the rehab. Talking about in the future moving Thursday meeting to Tuesday's as to not compete with the SOS meeting.
- **Corrections:** Milt's report. Meetings for the Alden Corrections facility for the months of Jan, Feb & March are covered. Collins 1 & Collins 2 have meetings at least 1 a week. Gowanda is covered for about 3 to 4 meetings a month (We need Volunteers). Wende meets on Friday's and has been covered. Corrections need groups to take meetings in. Corrections also need volunteers for the committee. They are also looking for old Grapevines to take into the prisons. The Corrections table was covered at the Fall Convention. Corrections would like to thank all the volunteers who stepped up to help out.
- **Screeners:** Jean Marie reported; Happy New Year! This will be the last year of my term as Screener Chair. I am in desperate need of a Co-Chair. We are still building our 12-step list. I need people to make announcements at meetings. If you know of anyone who can do service work on their own time schedules, have them contact Central Office.
- **Central Office** AAINFO:163, VISITORS:131, VOLUNTEERS: 7.  
GROUPS WE ARE IN NEED OF CONTACTS FROM ARE, IT -8, just a reminder for groups to return the Gratitude Envelopes ☺

**Next months meeting will be moved to the last week of January- the 31<sup>st</sup>**, to avoid Super bowl Sunday. Moving it back a week, would interfere with the timing of the mailings, groups would not receive them by the 1<sup>st</sup>, as February is a short month as it is. Yours in the fellowship of the Spirit...Terry B.

- **New Frontiers:** Terry B. Hope you all like the first issue ☺
- **PIC;** The committee would like to thank everyone for their support this past year in helping us to revitalize the PIC committee. Going forward this year we are preparing ourselves to be of maximum service to area high schools by revising our letter and working on our presentation. We have 2 young person's posters on their way from GSO to aid in high school health fair presentations. We need to have them laminated or framed before our next presentation if any member or groups could be of service in that way. Our next presentation is in 2 weeks @ Seneca Vocational School. Rochester CPC has let us use their power point presentation for use in our upcoming CPC presentation at ECMC in March. We have incorporated the tradition of the month in to our monthly meeting to aid the committee members. If you are interested in being of service with the PIC, come join us the third Tuesday, 6PM, Central Office.
- **Present Convention:** In process of getting committee together, anyone interested can contact Jack or Anne.
- **GSA Liaison:** Frank M, The WNYGSA meets at the Hamburg town hall 6100 South park Ave, Hamburg @ 12 Noon except for the August Meeting. This years schedule is, Jan.10, March 7, April 11, June 13, Aug 8 (in Jamestown), Oct 10 & Nov. 14. Jan. will be the 1<sup>st</sup> meeting with the new administration. Feb 26-28, 19<sup>th</sup> Annual NERAASA, 2010. Need help on greeting, program & registration. Next meeting Jan17 @ 12 Noon, Orchard Park Town Hall.
- **Archives:** no report
- **Old Business:** The discussion taken to the groups on new phone systems was tabled again until next month due to weather & lack of last months reports for Chairpersons reference.
- **New Business:** No new Business
- **Announcements:** Chapter IV, Pendelton now meets at 7 PM from 8PM. Cindy R. Committee Chair thanked the WE Group for this month's refreshments. Lockport #1 group for next meeting.

It was moved by Milt Lakeshore Group and seconded by Dianne Alden New Life Group that we adjourned; adopted. Meeting closed with The Lord's Prayer at 8:15 PM.

**NEXT MEETING JANUARY 31, 2010**

Respectfully submitted by \_\_\_\_\_ Acting Recording Secretary WE Group.

## HOW DOES BEING AN CENTRAL COMMITTEE REP HELP MY HOME GROUP?

Income Statement	Oct-09	Nov-09	Dec-09
<b>Beg Bal Cash on hand</b>	<b>16,947.58</b>	<b>20,891.37</b>	<b>23,039.35</b>
<b>Contributions</b>			
Groups	7,446.35	4,561.73	3,785.98
Joint Meeting	53.00	72.00	64.00
Envelope System	650.00	417.00	199.00
New Frontiers Subs	37.00	24.00	80.00
Literature/Medallions/Pins	3,181.45	4,259.84	3,621.97
NYS Sales Tax		82.01	301.40
Literature Postage	55.10	60.00	45.10
Archives Room Rent	50.00	50.00	50.00
Meetings at CO	13.00	29.25	22.40
Mail/Misc.			
US Treasury			36.30
"Gratitude Month" (NOV)		50.00	839.37
Conventions/Day of Sharing		283.00	
<b>Monthly Income</b>	<b>11,485.90</b>	<b>9,888.83</b>	<b>9,045.52</b>
<b>Expenses</b>			
Office Rent	873.22	873.22	873.22
Electric	90.00	90.00	90.00
Payroll			
Salaries - gross	3,150.50	2,520.40	3,150.50
Federal Withholdings	(523.35)	(418.68)	(375.49)
NYS Withholdings	(130.00)	(104.00)	(130.00)
Disability Insurance	(3.00)	(2.40)	(3.00)
Payroll Tax Deposits			
Federal	764.30	611.44	611.44
State	444.18		
Insurance			
State Ins Fund			
Health	354.00	354.00	354.00
Liability			
Postage	243.16	46.88	246.75
Phone	165.08	168.41	167.63
Accounting			
Advt			
Talking Phone Book			
Verizon; Idearc Media website	150.85	150.85	155.80
white directory	110.00		280.00
Yellow Pages			
Literature Expenses			
Grapevine			637.12
World Services Inc	283.50	869.35	4,460.04
Hazeldon		447.99	
Printers			
Medallions			245.32
PINS			
Office Supplies	453.91	1,584.82	0.86
Answering service	163.34	173.67	160.90
Minolta leasing (copier)	223.00	223.00	223.00
Minolta Copies/ service contract	130.00	130.00	925.00
PIC	12.00	21.90	
Moved to Prudent Reserve			5,000.00
Incorporation			
Seed \$\$			
Seminar	587.42		
Depreciation	100.00	100.00	100.00
<b>Monthly Expenses</b>	<b>7,642.11</b>	<b>7,840.85</b>	<b>17,173.09</b>
<b>Monthly Income (Loss)</b>	<b>3,843.79</b>	<b>2,047.98</b>	<b>(8,127.57)</b>
Depreciation add back(non-cash)	100.00	100.00	100.00
<b>End Bal Cash on hand</b>	<b>20,891.37</b>	<b>23,039.35</b>	<b>15,011.78</b>
CD PRUDENT	9,135.83	9,138.16	14,138.16
CD#2 RESERVE	6,580.70	6,585.69	6,591.11
Assets: Literature & Medallions	17,899.50	17,534.00	16,623.40
Literature Receivable:(outstanding)	2,091.84	852.22	1,892.27
<b>Corrections Facilites</b>	<b>2,733.85</b>	<b>2,953.85</b>	<b>2,458.42</b>
Contributions	220.00	409.72	197.00
Expenses		905.15	63.75
<b>Balance</b>	<b>2,953.85</b>	<b>2,458.42</b>	<b>2,591.67</b>
<b>Treatment Facilities</b>	<b>992.88</b>	<b>1,182.88</b>	<b>1,477.88</b>
Contributions	190.00	295.00	190.00
Expenses			
AT & T Bridging The Gap			
AAA Abbott Answering Service			
Literature			562.00
<b>Balance</b>	<b>1,182.88</b>	<b>1,477.88</b>	<b>1,105.88</b>

**YTD**

<b>61,861.11</b>
742.57
5,656.00
539.00
46,165.31
383.41
725.79
600.00
431.00
75.00
36.30
914.37
283.00
<b>118,412.86</b>
10,475.36
1,080.00
33,395.30
(5,399.65)
(1,378.00)
(31.80)
8,177.01
1,760.94
278.76
4,248.00
1,187.08
3,375.84
1,962.48
1,970.00
1,792.65
-
919.20
-
2,590.32
24,644.09
2,014.45
4,000.00
635.70
-
3,840.81
2,160.40
2,676.00
2,355.00
<b>582.80</b>
<b>5,000.00</b>
325.00
200.00
612.42
1,200.00
<b>116,650.16</b>
<b>\$1,762.70</b>
1,200.00
+ \$5,138.31
+ \$64.50
<b>3,738.18</b>
<b>3,175.89</b>
<b>562.29</b>
<b>3,173.14</b>
82.76
-
3,702.50
<b>3,785.26</b>
<b>(612.12)</b>

*As an Central Committee Rep, you will be the liaison between Intergroup and your home group. In order to have an informed group conscience, your home group members need to know all facets of an issue to be able to make good decisions. When they are in touch with other member groups they learn the latest and most accurate A.A. information, about commitments in their area (so they can all participate in carrying the A.A. message), and any changes in our literature, other groups, etc.*

*In order for the hand of A.A. to always be there as it states in our Responsibility Statement, each individual A.A. member needs to have the best information available so they can help the alcoholic who doesn't know there is a way out.*

*As an Central Committee Rep you will be able to pick up flyers for the latest events like group anniversaries, conferences and other special events, as well as copies of "New Frontiers", our newsletter, and bring them back to your group.*

*Intergroup is called the 'front lines' of A.A. because involvement with us means getting the message out first-hand. If you want to help others, try to get involved. Be an Intergroup(Central Committee) Rep.*

GROUP CONTRIBUTIONS

RCCT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		DEC	YEAR	DEC	YEAR	DEC	YEAR
	11:45		50.00		0.00		0.00
	12 Step		0.00		0.00		0.00
	12 Steps/12 Traditions		275.00		0.00		0.00
	4th Step Stumblers		0.00		0.00		0.00
	6th Step		0.00		0.00		0.00
	A Day At A Time		120.00		0.00		0.00
	Abbott Men's		585.00	585.00		585.00	
	Acceptance/Welcome		100.00		0.00		0.00
	Achievement		0.00		0.00		0.00
	Action		110.00	45.00		45.00	
	Age Doesn't Matter		50.00	25.00		25.00	
	Akron Awareness		0.00		0.00		0.00
	Alexander		200.00		0.00		0.00
	Amherst/ Snyder	104.10	926.82		0.00		0.00
	Amsdell Lakeshore	100.00	405.00		0.00		0.00
	Any Age		0.00		0.00		0.00
	Any Length	35.00	410.00	15.00	170.00	15.00	170.00
	Arcade		150.00		0.00		0.00
	As Bill Sees It		521.25		0.00		0.00
	Attitude Adjustment		50.00	25.00		25.00	
	Attraction	100.00	400.00		0.00		0.00
	Backdoor		0.00		0.00		0.00
	Back To Basics		0.00		0.00		0.00
	Beginning In Sobriety II		65.00		0.00		0.00
	Beginning's Women		150.00	75.00		75.00	
	Big Book Lockport		275.00	32.00		0.00	
	BB Spiritual Awakening		0.00		0.00		0.00
	Big Book Study		60.00		0.00		0.00
	Blasdell		0.00		0.00		0.00
	Blasdell Monday Night		50.00		0.00		0.00
	Bodhisattva		0.00		0.00		0.00
	Boulevard Helping Hand		0.00		0.00		0.00
	Boulevard Women		0.00		0.00		0.00
	Brass		0.00		0.00		0.00
	B.S.C.-STAYING SOBER		20.00		0.00		0.00
	Buffalo		1.00		0.00		0.00
	By The Book		0.00		0.00		0.00
	Carry the Message		706.21	27.00	27.00		0.00
	Casting		50.00		0.00		0.00
	Cathedral Park		0.00		0.00		0.00
	Cayuga Wake- Up Call		980.50	100.00		0.00	
	Caz Manor	20.00	367.31		0.00		0.00
	Central City Cafe'		20.00		0.00		0.00
	Chapter IX	75.00	295.00	75.00	195.00	75.00	195.00
	Cheektowaga		800.00		0.00		0.00
	Clarence Men's		0.00		0.00		0.00
	Clarence Men's II		0.00		0.00		0.00
	Cold Spring		0.00		0.00		0.00
	Common Bond		0.00		0.00		0.00
	Commitment		200.00		0.00		0.00
	Constant Vigilance(Varysburg)		0.00		0.00		0.00
	Complanters		0.00		0.00		0.00
	Courage		250.00		0.00		0.00
	Daily Reflections		100.00		0.00		0.00
	Daily Reprieve		93.25		0.00		0.00
	Dawn of Hope		25.00		0.00		0.00
	Derby		440.00		0.00		0.00
	Derby Lunch		26.00		0.00		0.00
	Desire		660.00		0.00		0.00
	Desperate		0.00		0.00		0.00
	Downtown Men's		0.00		0.00		0.00
	Dunkirk Monday Night		150.00		0.00		0.00
	Early Bird		0.00		0.00		0.00
	Early Bird Step		0.00	100.00		0.00	
	Early Rising Obliging		0.00		0.00		0.00
	East Amherst		150.00		0.00		0.00
	East Aurora		350.00		0.00		0.00
	Easy Does It	30.00	410.00	30.00	335.00	30.00	335.00
	Ellicottville		0.00		0.00		0.00
	Emergency		0.00		0.00		0.00
	Everybody's		100.00		0.00		0.00
	Express		495.00		0.00		0.00
	Eyeopener		1095.00		0.00		0.00
	Eyeopener South	50.00	650.00	25.00	125.00		0.00
	Faith		0.00		0.00		0.00
	Father Baker		0.00		0.00		0.00
	Feelings		0.00		0.00		0.00
	Fireside PM		1052.00		0.00		0.00
	Fireside	178.44	1790.45		0.00		0.00
	First Things First	300.00	840.00		0.00		0.00
	Forestville Sunday Serenity		0.00		0.00		0.00
	Fredonia Discussion		0.00		0.00		0.00
	Freedom		1350.00	100.00		100.00	
	Fresh Start		180.00		0.00		0.00
	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS

RCCT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		DEC	YEAR	DEC	YEAR	DEC	YEAR
1	Frontier(New)	75.45	1477.54		0.00		0.00
3	Gardenville		0.00		0.00		0.00
8	Georgetown		0.00		0.00		0.00
2	Getting Better		0.00		0.00		0.00
	Gettin With It		103.95		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		794.31	60.29		60.29	
5	Golden Slipper		300.00		0.00		0.00
2	Grand		75.00		0.00		0.00
2	Grand II Joy of Living		197.50		0.00		0.00
2	Grateful		0.00		0.00		0.00
3	H.O.V.		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
6	Hamburg Early Bird		100.00		0.00		0.00
8	Hand		196.29		0.00		20.00
2	Handicappers		0.00		0.00		0.00
7	Harmony		200.00		0.00		0.00
3	Helping Hand		200.00		0.00		0.00
8	High Noon		692.50		0.00		0.00
8	High View		400.00		0.00		0.00
7	Higher Power		50.00		0.00		0.00
4	Hillbilly		0.00		0.00		0.00
6	Holiday Village	200.00	2425.00	200.00	25.00	125.00	
4	Holland		50.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty		436.00		0.00		0.00
2	How It Works/Men's		2120.00		0.00		0.00
3	Inspiration		47.00		0.00		0.00
3	Intoxicated on Life	400.00	535.00		0.00		0.00
5	Ironhorse		1213.10	121.12		121.10	
8	IT		0.00		0.00		0.00
5	Johnson Creek Big Book		0.00		0.00		0.00
1	Journey		200.00		0.00		0.00
3	Just For Today/ Albion	15.00	35.00		0.00		0.00
6	Just For Today/Cheek		200.00		0.00		0.00
4	Keep It Simple Sister		160.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
6	Lake Shore		650.00	40.00		0.00	
6	Lakeview		250.00		0.00		0.00
7	Last Days Fellowship		0.00		0.00		0.00
	Lawyers		360.00		0.00		0.00
5	LewPort		10.00		0.00		0.00
2	Liberty Women		75.00		0.00		0.00
4	Life Today		70.00		0.00		0.00
8	Lighten UP		662.85		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
2	Living Sober		0.00		0.00		0.00
5	Lock City		390.00		0.00		0.00
5	Lockport #1	250.00	1100.00	25.00	110.00	25.00	110.00
5	Lockport Discussion		50.00		0.00		0.00
5	Lockport Ladies		150.00		0.00		0.00
5	Lockport Tuesday		245.00		50.00		0.00
5	Lockview		540.00		90.00		90.00
6	Look To This Day		0.00		0.00		0.00
7	Love		20.00		0.00		0.00
7	Lovejoy		225.00	125.00		125.00	
5	Lower River		101.00		0.00		0.00
5	Lunch Bunch Albion		0.00		0.00		0.00
1	Main and High	10.00	51.00		5.00		0.00
4	Main Street		405.00		0.00		0.00
8	Maple Men's		50.00		0.00		0.00
4	Manilla	40.00	298.00		0.00		0.00
3	Matt Talbot	60.00	510.00		0.00		56.00
6	McKinley Winners		30.60		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		50.00		0.00		0.00
5	Medina New Life		30.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day		208.69		0.00		0.00
8	Midnight Discussion		100.00		0.00		0.00
5	Miracle Happen		0.00		0.00		0.00
	Mobile		15.00		0.00		0.00
	Monday CO	40.00	465.69		0.00		0.00
5	Monday Big Book		0.00		0.00		0.00
2	Morning After		400.00		0.00		0.00
7	New Awakening		0.00		0.00		0.00
	New International		20.00		0.00		0.00
	New Freedom (Niagara Falls)		50.00		0.00		0.00
3	New Beginnings/St. Vincent		75.00		0.00		0.00
	New Hope	25.00	80.00		0.00		0.00
3	New Life		0.00		0.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		143.00		0.00		0.00
2	North Buffalo		1200.00	300.00		300.00	
4	North Java Monday		0.00		0.00		0.00
4	North Java Sunday		0.00		0.00		0.00

GROUP CONTRIBUTIONS

GROUP	CENTRAL	CORRECTIONS	TREATMENT
One Day At A Time	0.00	0.00	0.00
On The Cliffs	0.00	0.00	0.00
OLV Women's	0.00	0.00	0.00
Open Arms	125.00	415.00	0.00
Orchard Park Step	1189.00	50.00	50.00
Patchin	0.00	0.00	0.00
Pathway to Peace	0.00	0.00	0.00
Pendleton Chapter Five	0.00	0.00	0.00
Point of No Return	0.00	0.00	0.00
Positively Living/Ren./Guiding Light	1600.00	0.00	0.00
Powerless	100.00	0.00	0.00
Pride	0.00	0.00	0.00
Primary Purpose	0.00	0.00	0.00
Principles Bef. Personalities	29.00	141.00	0.00
Progress	0.00	0.00	0.00
Purpose/Tonawanda	0.00	0.00	0.00
Questions & Answers	151.00	0.00	0.00
Ray of Hope	0.00	0.00	0.00
Recovery Near the Gardens	20.00	81.75	0.00
Redeemers	30.00	0.00	0.00
Reflections	0.00	0.00	0.00
Reflections on Recovery	0.00	0.00	0.00
Remember When	25.00	0.00	0.00
Renewal	0.00	0.00	0.00
Ridge	128.00	0.00	0.00
Rigorous Honesty	1.75	0.00	0.00
Rise and Shine	100.00	0.00	0.00
Rochester	200.00	0.00	0.00
Roland	0.00	0.00	0.00
Rural is Plural	0.00	0.00	0.00
Sally	0.00	0.00	0.00
Saratoga	0.00	0.00	0.00
Sat. Nite Sober	25.00	0.00	0.00
Searching For Serenity	300.00	150.00	150.00
Second Chance	0.00	0.00	0.00
Serenity	700.00	0.00	0.00
Serenity on the Lake	30.00	30.00	100.00
Serenity Shack Nooners	10.00	0.00	0.00
Serenity Trails	0.00	0.00	0.00
Setaside	500.00	0.00	0.00
Sheridan	120.00	0.00	0.00
Silvercreek Friendship	30.00	55.00	0.00
A New Life	0.00	0.00	0.00
Sober Saturday	400.00	0.00	0.00
Sober Trails	50.00	0.00	0.00
Sober Train	0.00	0.00	0.00
Sober Winners	40.00	160.00	0.00
Sobriety Comes First	0.00	0.00	0.00
Sobriety for Women	0.00	0.00	0.00
Sobriety Men's Disc.	404.00	0.00	0.00
Sobriety On The Canal	0.00	0.00	0.00
Sobriety on a Sat. Night	30.00	30.00	0.00
Sobriety on the Lake	0.00	0.00	0.00
Solidarity	51.00	639.41	0.00
Somerset	0.00	0.00	0.00
South Buffalo	150.00	1125.00	40.00
South Town	515.00	0.00	0.00
Southtown Earlybird	20.00	0.00	0.00
Southgate	0.00	0.00	0.00
Southwestern	140.00	0.00	0.00
Spirit of Hope	50.00	25.00	0.00
Spiritual Progress	180.00	0.00	0.00
Springville Sat. Afternoon	60.00	0.00	0.00
Springville Tues. Night	100.00	400.00	0.00
Springville Wed. Noon	15.00	205.00	0.00
Springville New Life	30.00	0.00	0.00
St. Barnabas	250.00	50.00	50.00
St. Mark's	0.00	0.00	0.00
Starting Over	100.00	900.00	0.00
Staying Alive	10.00	0.00	0.00
Step Action Group	100.00	729.05	0.00
Stepping Stones/Gov.	0.00	0.00	0.00
Stepping Stones/Will.	25.00	125.00	0.00
Steps 1, 2 & 3	175.00	0.00	0.00
Sunday's Best	0.00	0.00	0.00
Sunday in Cattarugus	60.00	0.00	0.00
Sunday Morning Breakfast	750.00	0.00	0.00
Sunday @ 8:00	25.00	0.00	0.00
Sunday Niters	25.00	0.00	0.00
Sunrise Court	400.00	10.00	10.00
SUNY Amherst Campus	44.00	0.00	0.00
Surrender and Hope	50.00	400.00	75.00
TGIF	0.00	0.00	0.00
Thankful	70.00	0.00	0.00
Three Legacies	20.00	20.00	0.00
Thruway	674.24	1575.36	20.00
Thurs. Nite Steppers	0.00	0.00	0.00
TnT	480.00	0.00	0.00
Today	0.00	0.00	0.00

GROUP CONTRIBUTIONS

GROUP	CENTRAL	CORRECTIONS	TREATMENT
Today's Woman	0.00	0.00	0.00
Tri County	240.00	0.00	0.00
Tri-Step Beginners	25.00	0.00	0.00
Try Again	490.00	20.00	20.00
Tuesday Men's AM	401.35	0.00	0.00
Tuesday Women's	0.00	0.00	0.00
Turning Point	100.00	0.00	0.00
Twin Cities	100.00	0.00	0.00
Unity	0.00	0.00	0.00
University Men's Disc.	426.50	50.75	25.00
Valley	450.00	0.00	0.00
Victory	250.00	0.00	0.00
Victory Women's	70.00	0.00	0.00
Wake Up Call	135.00	0.00	0.00
WE( Women's Experience)	189.63	0.00	0.00
We Are Not Saints	0.00	0.00	0.00
We Care	0.00	0.00	0.00
We Don't Know	73.75	712.10	0.00
Wehrle	0.00	0.00	0.00
Westminster	0.00	0.00	0.00
Why	0.00	0.00	0.00
Williamsville	50.00	0.00	0.00
Willing To Grow	439.50	0.00	0.00
Wilson Group	112.00	82.03	0.00
Wilson Smith Alumni	100.00	0.00	0.00
Women In Sobriety	0.00	0.00	0.00
Women Making the Effort	170.00	20.00	20.00
Women's West Side	0.00	0.00	0.00
Working	200.00	0.00	0.00
Young at Heart	0.00	0.00	0.00
Youngstown	0.00	0.00	0.00
Terry B.	200.00	0.00	0.00
Fireman Phil	50.00	0.00	0.00
Marge P.	52.00	0.00	0.00
John F.	50.00	0.00	0.00
Elliott L.	25.00	0.00	0.00
Kristin K.	25.00	0.00	0.00
Aurora House	200.00	0.00	0.00
Marie G.	80.00	0.00	0.00
Art	2.00	0.00	0.00
Camille I.	250.00	0.00	0.00
Thomas F.	25.00	0.00	0.00
Richard J.	5.00	0.00	0.00
Hoot	15.00	38.00	0.00
	0.00	0.00	0.00
<b>TOTALS</b>	<b>3785.98</b>	<b>61921.11</b>	<b>197.00</b>
		<b>3713.19</b>	<b>190.00</b>
			<b>3122.39</b>

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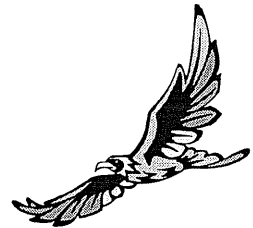
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