

CLASSIC GRAPEVINE

BORED WITH AA

BY P.O., Long Beach, Calif
June 1982

I ran into Jack at a meeting this morning. He was sixty days sober after a four year drunk, prior to which he had been sober for 1 1/2 years. This was the second time he had gone out after having had 1 1/2 years of sobriety. He readily admitted he had, on both occasions, stopped going to meetings; said he had become "bored with AA".

It's a common story. Most people who leave Aa don't resign; they simply become bored and drift away. Sooner or later they find themselves drunk. Having recently gone through a down period, and having often talked with other AA members going through periods of boredom, I identified with Jack and his problem. I volunteered the information that I had listed some of the things I had done to help myself and had kept the list in case I ever needed it. He asked me to send it to him.

Here are the ideas that worked for me and that I suggested to Jack.

Begin by reviewing your program. The AA program consists essentially of going to meetings, reading the book, and doing the Steps. Go to more meetings, one a day, more if possible. Read at least one page of the Big Book every day. Definitely do all of the Steps you have not done yet. Most alcoholics who return to drinking are persons who have not yet gotten around to literally doing the 4th and 5th Steps. If you have already done them all, seriously consider repeating all of them.

I once heard an AA who was a master at one line definitions say, "Boredom is a lack of involvement." Get yourself involved.

1) Make all the 12 Step calls you can get.

2) Talk to newcomers at meetings and get their phone numbers. Get involved in their sobriety problems.

3) Instead of allowing AA to merely fill the vacancies in your life, arrange your life around AA and all sorts of AA activities.

4) Go to meetings to give rather than merely to get. When you attend only for what you can get, you soon will become bored. You will decide you no longer need that particular meeting. So you will skip it, than another - and pretty soon, all meetings. On the other hand, if you go in order to give, there will never be an end to your need to attend.

5) Attend as large a variety of AA functions as you can - conventions, workshops, days of sharing, everything having anything to do with AA. 6) Try out every meeting in your area and get to as large a variety of meeting types as possible. Fill your car with AA friends and try out new meetings in other towns. Meet new people and get new ideas.

7) Apply rule 62 at all times. [See under Tradition 4 in the 12 and 12]

8) Keep your eyes on AA recoveries and off the failures. The former are stimulating; the latter are fatiguing.

9) Have a home group and get active in it.

10) Be proud you are sober. Every sober member of AA has a right to walk with his or her head held high.

I don't ever want to go back out there; I can't afford boredom. I've been drunk and I've been sober; sober is better. Thank God for AA.

Volume 4 No.1
January 1990
THEME: "WE"
POWER

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<i>Rarely have we seen a person fail, who has thoughtfully followed our path</i>	

WE WELCOME YOU.

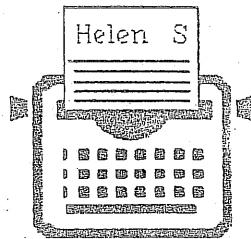
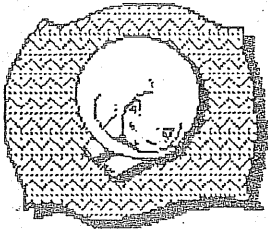
The following are the Themes for the Coming issues of newsletter for the next few months.

February: Came to Believe
March: Decisions
April: Acceptance
May: Admitted

We hope that this will spur each of you to think about writing an article or some other demonstration of your thoughts on the Topics.



**HAPPY
NEW
YEAR**

Helen's Corner ...
**SYMPTOMS OF
INNER PEACE**

BY DR. ED G.

The lifeblood of AA is 'we-power'. It consists of you and me - together, caring and sharing about one another. One of the first things I was told when I first came to AA was, "I need never be alone again." For me, addiction was a very lonely affair. I was powerless over alcohol because all I had was me. AA's told me - "We admitted we were powerless over alcohol and our lives were unmanageable." We-power not me-power. The moment I decided to commit myself to a sober lifestyle I began a transformation from me to we.

The first word of the first step is we. 'How It Works' is peppered with the words we, our and us - it is the statement of many not an individual. Have you ever noticed that the steps are written in the past tense. They stand as road signs, left by those who have already passed this point in the road, to help us find our way. The bottom line is recovery from alcoholism. Outside issues are best left outside. There is strength in unity. The preamble states, "Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for AA membership; we are self supporting through our own contributions. AA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

My wish for the 1990's is that we all dedicate ourselves to our primary purpose. Without sobriety nothing else really matters.

Yours in the Spirit of AA

Be on the lookout for symptoms of inner peace. The hearts of a great many have already been exposed to inner peace and it is possible that people everywhere could come down with it in epidemic proportions

1. A tendency to think and act spontaneously rather than on fears based on past experiences.
2. An unmistakable ability to enjoy each moment.
3. A loss of interest in judging self.
4. A loss of interest in judging others.
5. A loss of interest in conflict.
6. A loss of interest in interpreting the actions of others.
7. A loss of the ability to worry (this is a very serious symptom).
8. Frequent, overwhelming episodes of appreciation.
9. Contented feelings of connectedness with others and nature.
10. Frequent attacks of smiling through the eyes of the heart.
11. Increasing susceptibility to love extended by others as well as an uncontrollable urge to extend it.
12. An increasing tendency to let things happen rather than to make them happen.

If you have all or even most of the above symptoms, please be advised that your condition of INNER PEACE may be so far advanced as to not be treatable.

WHAT IS ACCEPTANCE?

by Bill Wilson
Grapevine, March, 1962

One way to get at the meaning of the principle of acceptance is to mediate upon it in the context of AA's much used prayer, "God Grant Me the Serenity to Accept the Things I Cannot Change, Courage to Change the Things I Can, and the Wisdom to Know the Difference."

Essentially this is to ask for the resources of the grace by which we may make spiritual progress under all conditions. Greatly emphasized in this wonderful prayer is a need for the kind of wisdom that discriminates between the possible and the impossible. We shall also see that life's formidable array of pains and problems will require many different degrees of acceptance as we try to apply this valued principle.

Sometimes we have to find the right kind of acceptance for each day. Sometimes we need to develop acceptance for what is to come to pass tomorrow, and yet again we shall have to accept the condition that may never change. Then, too, there frequently has to be a right and realistic acceptance of the grievous flaws within ourselves and serious faults within ourselves about us - defects that may not be fully remedied for years, if ever.

All of us will encounter failures, some retrievable and some not. We shall often meet defeat - sometimes by accident, sometimes self-inflicted, and at still other times dealt to us by the injustice and violence of other people. Most of us will meet up with some degree of worldly success, and here the problem of the right kind of acceptance will be really difficult. Then there will be illness and death. How indeed shall we be able to accept all these?

It is always worthwhile to consider how grossly that good word *acceptance* can be misused. It can be warped to justify nearly every brand of madness, nonsense and folly. For instance, we can "accept" failure as a chronic condition, never without profit or remedy. We can "accept" worldly success pridefully, as some-

thing wholly of our own making. We can also "accept" illness and death as certain evidence of a hostile and godless universe. With these twistings of acceptance, we AA's have had vast experience. Hence we constantly try to remind ourselves that these perversions of acceptance are just gimmicks for excuse-making: a losing game at which we are, or at least have been, the world's champions.

This is why we treasure our Serenity Prayer so much. It brings a new light to us that can dissipate our old time and nearly fatal habit of fooling ourselves. In the radiance of this prayer we see that defeat, rightly accepted, need be no disaster. We now know that we do not have to run away, nor ought we again try to overcome adversity by still another bull-dozing power drive that can only push up obstacles before us faster than they can be taken down.

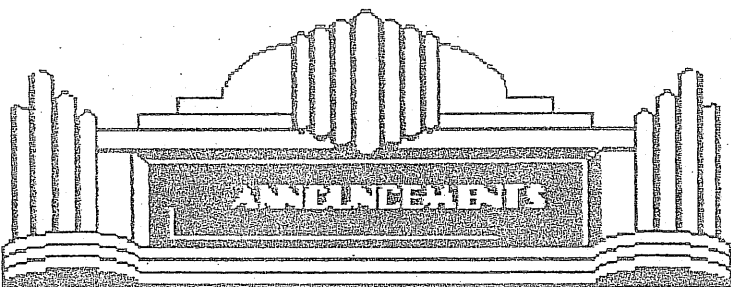
On entering AA, we become the beneficiaries of a different experience. Our new way of staying sober is literally founded upon the proposition that "of ourselves, we are nothing, the Father doeth the works." In Steps One and Two of our recovery program, these ideas are specifically spelled out: "We admitted we were powerless over alcohol - that our lives were unmanageable" - "Came to believe that a power greater than ourselves could restore us to sanity." We couldn't lick alcohol without our own remaining resources and so we accepted the further fact that dependence upon a higher power (if only our AA group) could do this hitherto impossible job. The moment we were able to fully accept these facts, our release from the alcohol compulsion had begun. For most of us this pair of acceptances had required a lot of exertion to achieve. Our whole treasured philosophy of self-sufficiency had to be cast aside. This had not been done with old-fashioned willpower; it was instead a matter of developing the willingness to

accept these new facts of living. We neither ran nor fought. But accept we did. And then we were free. There had been no irretrievable disaster.

This kind of acceptance and faith is capable of producing 100 percent sobriety. In fact it usually does; and it must, else we could have no life at all. But the moment we carry these attitudes into our emotional problems, we find that only relative results are possible. Nobody can, for example, become completely free from fear, anger and pride. Hence in this life we shall attain nothing like perfect humility and love. So we shall have to settle, respecting most of our problems, for a very gradual progress, punctuated sometimes by heavy setbacks. Our old time attitudes of "all or nothing" will have to be abandoned.

Therefore our first problem is to accept our present circumstances as they are, ourselves as we are, and the people about us as they are. This is to adopt a realistic humility without which no genuine advance can even begin. Again and again, we shall need to return to that unflattering point of departure. This is an exercise in accept that we can profitably practice every day of our lives. Provided we strenuously avoid turning these realistic surveys of the facts of life into unrealistic alibis for apathy and defeatism, they can be the sure foundation upon which increased emotional health and therefore spiritual progress can be built. At least this seems to be my own experience.

Another exercise that I practice is to try for a full inventory of my blessings and then for a right acceptance of the many gifts that are mine both temporal and spiritual. Here I try to achieve a state of joyful gratitude. When such a brand of gratitude is repeatedly affirmed and pondered, it can finally displace the natural tendency to congratulate myself on whatever progress I may have been enabled to make in some areas of living. I try hard to hold fast to this



MEETINGS. MEETINGS. MEETINGS.

NEW MEETINGS:

FAITH AND ACTION - FRIDAY - 7:30 PM - OD -
American Red Cross (City Service Center) 125
Central Park Plaza, Buffalo.

CHAPTER V- THURSDAY - 8:00 PM - C -
Pendleton Town Garage, Campbell Blvd, next to
Beau's Restaurant, Pendleton, NY.

MEETING CHANGES:

ATTITUDE ADJUSTMENT - MONDAY - 6:00 PM is
a CLOSED DISCUSSION group.

GIVING GROUP - SATURDAY - 8:30 PM has
moved to D'Youville College Student Center, at
320 Porter St. at Fargo. 2nd floor - still NON-
SMOKING.

SPRINGVILLE - TUESDAY - will now meet at
8:00 PM.

SUNDAY BREAKFAST - 11:00 AM - has moved to
the Airways Hotel, next to the Airport at
Genesee Street and Airport Drive. Dutch treat
breakfast at 10:00 AM.

T N' T - TUESDAY & THURSDAY - 6:00PM are
now NON- SMOKING.

BRASS - MONDAY - is always an open discus-
sion meeting - no speaker as listed.

DENIAL - TUESDAY - Mid-Erie Clinic, 463
William at 1:30 PM will be known as the
AWAKENING GROUP.

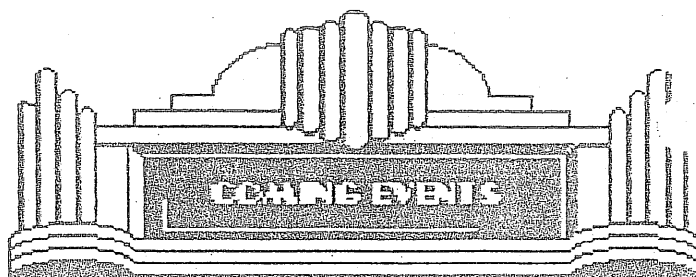
PLEASE NOTE:

NEVER TOO LATE - THURSDAY - 7:30 PM - Erie
County Home and Infirmary, 11580 Walden
Avenue, desperately needs support or the
Meeting will have to close.

FIRESIDE - SUNDAY AND SATURDAY - 10:30 AM
- ECC Student Lounge, Wehrle Drive. CHILDREN
ARE NOT ALLOWED ON THE PREMISES (Unless
they are the alcoholic) Please respect this ruling
or the meeting will be asked to leave its'
location.

KEEP ON COMIN' - SUNDAY - 2:00 PM - C - Faith
United Pres. Ch., Elmwood & Homewood
Avenues, Ton. - **NEEDS SUPPORT.**

TWIN CITIES - MONDAY & FRIDAY - is updating
its' membership list. Please contact the Secre-
tary if you wish to be on the membership list.



JANUARY 10 - WEDNESDAY - ELLICOTT
GROUP will celebrate its' 10th Anniversary
8:00 PM at 608 William. Eating meeting -
bring a dish to share.

JANUARY 13 - SATURDAY - FIRESIDE'S DAY
OF SHARING - Erie Community College-No.
Student Ctr. Wehrle Dr. at Youngs Rd.,
Williamsville. 9:00 AM - 4:00 PM.

JANUARY 14 - SUNDAY - GRATEFUL & JOY
OF LIVING GROUPS are sponsoring a
"FOOTBALL BASH & PARTY", Town Hall
Terrace Lounge, food, food and food. A.A.
message, prizes, 100% fun. For informa-
tion call 773-1887 - ask for Dan.

JANUARY 26 - FRIDAY - CAZENOVIA GROUP
will be celebrating its' 2nd year group an-
niversary at St. Simon's, 200 Cazenovia St.
This night of food, fellowship and fun
begins at 7:00 PM with a buffet dinner,
(please bring a dish to share). A speaker
will follow from 8:00 PM to 9:00 PM. A
celebration dance will be held in the
Gymnasium from 9:30 PM to 1:00 AM. No
admission (free) come and help us cele-
brate.

JANUARY 27 - SATURDAY - ANY AGE GROUP
will be holding their 7th Annual Blizzard
Ball. It will be held at the Msgr. Donovan
Bldg. next to the meeting location at Sheri-
dan and Elmwood. Doors open at 6:30 PM
and the dance ends at Midnite. There will
be a meeting, food, door prizes, giant 50/
50's, music, dancing, fun and fellowship
for all. Tickets are available.

JANUARY 31 - WEDNESDAY - UNITY will
celebrate its' 19th Group Anniversary at
this 10:00 AM meeting, St. Peter and Paul
School, Williamsville. The speakers will be
Dave B. and Eddie R. There will be refresh-
ments and coffee. Come help us celebrate.

FEBRUARY 24 - SATURDAY - OPEN MIND,
LIVE AND LET LIVE, & HIGH NOON GROUPS
are sponsoring the First Gay & Lesbian
Dance - 9 'til 1:00 am - refreshments, D.J.
Donation \$4.00. Unitarian Church,
Elmwood and West Ferry.

REMEMBER

CENTRAL COMMITTEE MEETING
SUNDAYS - Jan 7and Feb 1,
7:00 PM. at 80 Goodrich Street
behind Buffalo General. Every-
one Welcome.

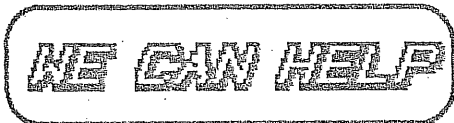


Are you grateful?

I have often heard it at meetings; "I am grateful to AA for my sobriety." I have also heard it said at meetings that gratitude is an action word. So here is an appeal to you out there to put the action to your gratitude.

People are needed to be on the 12 Step list. Those of you who have never done this work will find much reward to your own sobriety. You would like to do some and start to gain the kind of sobriety for which we all have a desire.

Please contact Central Office at 853-0368, and give us your name and phone number and you will be put on the list. Perhaps your group would like to be on the list you might want to bring this up at your next group business meeting.



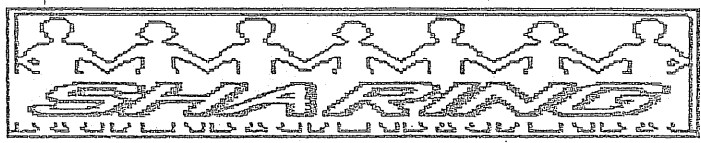
The "Alcoholic" who needs help is calling. Sometimes just a little time of uninterrupted conversation is all that is needed to give someone the courage to get through the day. Agreeing to meet someone at/for their first meeting can be the force that gets them there.

What we need is a new list of people who are willing to take calls and share a bit of their sobriety.

Calls are made out of the Central Office from 9 - 5, then from Screeners who are AA'ers who take the calls up to 10:00PM each evening or whenever the office is closed.

Sure we get calls for people to come to homes, go to hospitals, etc. You will never be asked to perform a task you do not feel comfortable with. "No" is always an acceptable answer when the situation is not right for you.

Your number is not given to the caller - as AA'ers call you, leaving our numbers free for the next call.



Happy New Year! My name is Martha Cooke and I am an alcoholic. I am also the chairperson of the correctional facilities committee. I would like to take this opportunity on behalf of the committee, to invite each and everyone of you to get involved in service by volunteering to share at a correctional facility meeting. What better way to express your gratitude and love, than to carry the message to another alcoholic who is "behind the walls."

The following is a list of the institution names, meeting days and meeting times. Please call Central Office for the name and phone number of the contact person involved in the meeting you would like to attend. Remember what the Big Book says: "You can help when no one else can."

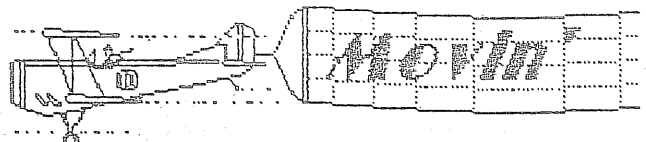
- Wende - Maximum Security
 - Friday: 7-8:30PM
 - Saturday: 1:30 - 3:00PM
- Wende - Erie County
 - Wednesday: 8-9:30PM
- Attica - Beacon Group
 - 6-8:30PM
- Collins #1
 - Sunday: 6:30-8:30PM
 - Tuesday: 6:30-8:30PM
 - Saturday: 8:30-10:00AM
- Collins #2
 - Sunday: 6:30-8:30PM
 - Tuesday: 6:30-8:30PM
 - Saturday: 8:30-10:00AM
- Wyoming
 - Wednesday: 7:00PM
 - Annex: 7:00PM
 - Saturday: 7:00PM

HOW IT WAS!

WHAT HAPPENED!

WHAT IT'S LIKE NOW!

September 1991 marks the fiftieth anniversary of A.A. in Western New York. The Fiftieth Anniversary Committee is charged with compiling a history and presenting it at a gathering to celebrate this milestone. If you have any information about the events or occurrences that were the growth of AA in the area or would like to help in the creation of the celebration. Please contact the Committee through Central Office.



that a full and thankful heart cannot entertain great deceits. When brimming with gratitude, one's heartbeat must surely result in outgoing love, the finest emotion that we can ever know.

IN times of very rough going the grateful acceptance of my blessings oft repeated, can also bring me some of the serenity of which our prayer speaks. Whenever I fall under acute pressures I lengthen my daily walks and slowly repeat our Serenity Prayer in rhythm to my steps and breathing. If I feel that my pain has in part been occasioned by others, I try to repeat, "God grant me the serenity to love their best, and never fear their worst." This benign healing process of repetition, sometimes necessary to persist with for days, has seldom failed to restore me to at least a workable emotional balance and perspective.

Another helpful step is to steadfastly affirm the understanding that pain can bring. Indeed pain is one of our greatest teachers. I can remember how the agonies of alcoholism, the pain of rebellion and thwarted pride, have often led me to God's grace, and so to a new freedom. So, as I walk along, I repeat still other phrases such as these, "Pain is the touchstone progress..." "Fear no evil..." "This, too, will pass..." "This experience can be turned to benefit."

These fragments of prayer bring far more than mere comfort. They keep me on the track of the right acceptance; they break up my compulsive themes of guilt, depression, rebellion, and pride; and sometimes they endow me

FOR THE BEST
by K.F., Clifton, N.J.
Grapevine, March, 1984

In my active addiction to alcohol and drugs, and for some time after, I thought I knew what hope meant. Whenever I was confronted with a situation in which I could not foresee the outcome, I could always be heard to say, "I'm hoping things will turn out for the best."

I would always end the sentence there, because I didn't want anyone to know what else I had added to it. If I had been completely honest, I would have said, "I'm hoping things will turn out for the best. But what I'm really hoping things will turn out the way I want them to. And if they don't, then you'll find me sitting on my pity pot."

That was my great big alcoholic ego talking. It would lie in wait to ambush me with self-pity and resentments when it didn't get its way.

I've come to realize that my mistake was in confusing my selfish expectations with hope. For the sake of my sobriety, I can no longer afford to indulge in the belief that my way is the only way things can turn out for the best. I know now that hope can come only in the form of trust in my Higher Power. He is the only reliable judge of what's best for me. I've never gotten far in the driver's seat.

CHAPTER IX FREEDOM		BIDWELL	
Phillip W. 22yr.	Bob U. 18yr.	MON.	DISC.
Jim M. 7yr.	Paul R. 5yr.	Ross K. 5yr.	
Debbie S. 6yr.	Rich B. 3yr.	Herb W. 3yr.	
Debbie P.F. 3yr.	Pattie P. 6mo.	Beth S. 3yr.	
Steve R. 2yr.		Marlene W. 1yr.	
Don L. 2yr.	<u>WE CARE</u>	Tim S. 1yr.	
John H. 1yr.	<u>DECEMBER</u>	Rita M. 3mo.	
Mike M. 9mo.	Art M. 3yr.		
Marlene M. 6mo.	<u>JANUARY</u>	<u>HARMONY</u>	
	Agnes H. 7yr.	Peter 1yr.	
	Jim L. 7yr.	Ann L. 1yr.	

AIDS TO A CONTENTED SOBRIETY
as defined in the Little Red Book

Vital factors contributing to the long records of contented sobriety in the lives of AA members are their humility, honesty, faith, courage, appreciation and service. The following AA definitions will be helpful in working out an acceptable understanding these vital factors.

HUMILITY - A true evaluation of conditions as they are; willingness to face facts; recognition of our alcoholic status; freedom from false pride and arrogance; understanding the proper relationship between ourselves and our fellowman; acceptance and the practice of this relationship throughout every 24 hour period.

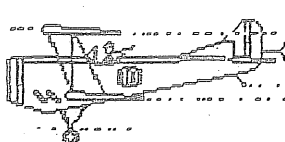
HONESTY - Freedom from self-deception; trustworthiness in thought and action; sincerity in our desire to recover from alcoholism; willingness to admit a wrong; fairness in all our dealings with others; refusal to sneak the first drink.

FAITH - Reliance, hope and trust in the AA program; belief that we can recover as other members are doing; that the practice of the 12 Steps is necessary to the happy, contented sobriety; willingness to draw on help from a Higher Power.

COURAGE - A quality of mind which enables us to deal with the problems and the realities of life without reliance on alcohol; fortitude to endure the things we cannot change; a determination to stand our ground asking God's help with all issues, pleasant or otherwise, that might return us to drunkenness; fearlessness in the practice of faith, humility, honesty and self-denial.

APPRECIATION - Appreciation continues the miracle of our sobriety. Cultivate this healthy mental attitude. As we develop appreciation we enlarge our capacity for happiness, service and a contented sobriety.

SERVICE - Service to God and our fellowman is the key to AA success. Helping other alcoholics who need and want help gives us the tolerance and humility necessary to contented sobriety. Service combats self-centeredness. It reminds us of our own "Powerlessness over Alcohol". Intelligent unselfish service is the life blood of the AA fel-



Movin' On In Sobriety

S. LERIDAN/ HONESTY DECEMBER

John B. 28yr.
 Marv S. 8yr.
 Tim M. 7yr.
 Leah B. 4yr.
 John D. 4yr.
 Brian Mc. 2yr.
 John D. 1yr.
 David L. 6mo.
 George F. 6mo.
 Mike W. 6mo.
 Rita M. 3mo.

JANUARY

Robert U. 18yr.
 Carol R. 16yr.
 Terry McC. 10yr.
 Richard W. 7yr.
 Larry Z. 5yr.
 Glenda F. 4yr.
 Michelle L. 3yr.
 Dave S. 2yr.
 Gary J. 2yr.
 Gary S. 1yr.
 Frank C. 1yr.
 Judy T. 6mo.
 Howard M. 6mo.
 Jackie B. 6mo.
 Tatti P. 6mo.
 e P. 6mo.
 Lou DIM. 3mo.

GRATEFUL DECEMBER

Leo B. 9yr.
 Marian S. 8yr.
 Paulette S. 7yr.
 Jeff J. 7yr.
 Debbie S. 6yr.
 John S. 1yr.

JANUARY

Bob U. 18yr.
 Dick S. 14yr.
 Lynn G. 12yr.
 Terry Mc. 10yr.
 Joyce F. 9yr.
 Paul P. 7yr.
 Don A. 3yr.
 Tony B. 1yr.
 Karen W. 1yr.
 Scott D. 1yr.

FREEDOM

Scott K. 2yr.
 Lee C. 1yr.
 Joe McK. 1yr.
 Stanley G. 9mo.
 Collette R. 6mo.

THRUWAY

Ellen M. 15yr.
 John J. 13yr.
 Dorothy C. 9yr.
 Tom E. 8yr.
 Kenneth W. 8yr.
 Scott P. 7yr.
 Susan L. 7yr.
 Jim Z. 6yr.
 Mike K. 6yr.
 Leonard Z. 6yr.
 Frank B. 3yr.
 John B. 2yr.
 Dave C. 2yr.
 Sue S. 1yr.
 Connie R. 9mo.
 Gary S. 9mo.

AMHERST/ SNYDER

Paul T. 22yr.
 Ruth R. 14yr.
 Alice B. 10yr.
 Kathy L. 9yr.
 Don B. 8yr.
 Bert D. 7yr.
 Paul P. 7yr.
 Gene H. 5yr.
 John R. 5yr.
 Jim U. 3yr.
 Karen F. 2yr.
 Mary G. 2yr.
 Dave C. 2yr.
 Bill S. 2yr.
 Amy H. 1yr.
 Chris T. 9mo.
 Dennis F. 6mo.
 Paul N. 6mo.
 Jeff B. 6mo.
 Valerie R. 3mo.

CORNPLANTER'S AGAIN DECEMBER

Sharon A. 7yr.
 Patrick K. 2yr.
 Don S. 2yr.
 Perry C. 1yr.
 Paul S. 9mo.

WOMEN'S WESTSIDE DISC.

Kelly C. 4yr.
 Andrea P. 4yr.
 Portia J. 2yr.
 Anne M. 2yr.
 Laura A. 1yr.
 Kathy M. 1yr.
 Kimberly K. 9mo.
 Alice O. 9mo.
 Rebecca W. 6mo.
 MaryAlice H. 6mo.
 Karen K. 6mo.
 Kelly O. 6mo.
 Sandra P. 6mo.
 Yvette T. 6mo.
 Mae S. 3mo.

COLD SPRING

Henretta W. 21yr.
 Jim H. 3yr.
 Portia J. 2yr.
 Anthony H. 9mo.
 Trina W. 9mo.
 Derrie J. 6mo.
 Michael M. 3mo.
 Anthony C. 3mo.

SOUTH BUFFALO

Stan Z. 23yr.
 Ray S. 17yr.
 Sandy J. 2yr.
 Ray G. 2yr.
 Gela C. 1yr.
 Mike C. 1yr.
 Walter E. 9mo.
 John H. 6mo.
 MaryBeth N. 3mo.
 Craig 3mo.

BIDWELL

Janice S. 18yr.
 Kathy M. 1yr.
 Joe V. 9mo.
 Kim K. 9mo.
 John F. 6mo.
 Kim M. 6mo.
 Dennis K. 6mo.

HAPPY HOUR

Carol A. 14yr.
 Alice B. 9yr.
 George C. 7yr.
 Joe M. 5yr.
 Vincent D. 5yr.
 Dan P. 4yr.
 Nancy L. 4yr.
 Bill Y. 4yr.
 Tom M. 4yr.
 Louis R. 3yr.
 Jim H. 3yr.
 Al M. 3yr.
 Garey G. 3yr.
 Mana O. 2yr.
 Ray L. 2yr.
 Julio P. 2yr.
 Alice B. 2yr.
 Debold K. 1yr.
 James M. 1yr.
 Eugene E. 1yr.
 Christine F. 1yr.
 Walt W. 9mo.
 Blain L. 9mo.
 Tom P. 9mo.
 Ruben B. 9mo.
 Biane W. 9mo.
 Shirley F. 9mo.
 Richard B. 6mo.
 Joseph B. 6mo.
 Greg W. 6mo.
 Larry S. 6mo.
 Pauly H. 3mo.
 Walter G. 3mo.
 Paul E. 3mo.

EYEPENER

Fran M. 3yr.
 James V. 3yr.
 David K. 3yr.
 Sue W. 3yr.
 Lisa M. 1yr.
 Hal H. 1yr.
 Joanne McC. 1yr.
 Al C. 9mo.
 Andy B. 9mo.
 Dick F. 9mo.
 Sandy M. 9mo.
 Frank S. 9mo.
 Linda F. 9mo.
 Ralph M. 9mo.
 Jim L. 9mo.
 John M. 6mo.
 Tom T. 6mo.
 Bob K. 3mo.
 Mary S. 3mo.
 Kathie McC. 3mo.

CAZENOVIA

Bill B. 4yr.
 Weyland C. 2yr.
 Jeff F. 2yr.
 Charlie A. 2yr.
 Bill C. 2yr.
 Marty B. 2yr.
 Jay M. 2yr.
 Robert L. 1yr.
 Eugene E. 1yr.
 Jim H. 1yr.
 Larry L. 9mo.
 Don K. 9mo.
 Bill S. 9mo.
 Dave P. 6mo.
 Mike M. 6mo.
 Rob H. 6mo.
 Rich Z. 6mo.
 Rita E. 3mo.
 Alex S. 3mo.
 Joe O. 3mo.
 Carolyn O. 3mo.
 Myron M. 3mo.
 Jack I. 3mo.
 Larry S. 3mo.

NEW ZION

MaryLyn G. 12yr.
 Dietra H. 12yr.
 Bob L. 6yr.

WHY

Bob U. 18yr.
 Lynn G. 11yr.
 Pat D. 7yr.
 Paul M. 5yr.
 Tony C. 2yr.
 John S. 2yr.
 Mark H. 1yr.

ELLICOTT

Julius S. 14yr.
 Patricia N. 13yr.
 Griff N. 8yr.
 Sylvester F. 6yr.

LOVEJOY

Eugene B. 6yr.
 Geri T. 6yr.
 Mike W. 5yr.
 Ed H. 4yr.
 Ray D. 4yr.
 Eddie K. 4yr.
 Eunice S. 4yr.
 Jim L. 3yr.
 Frannie M. 2yr.
 Jerry S. 1yr.
 Mary W. 1yr.
 Frederick S. 1yr.
 Christine F. 1yr.
 Mike C. 9mo.
 Harold H. 6mo.
 Eddie D. 6mo.
 Nick M. 6mo.
 Nancy D. 3mo.
 Bill H. 3mo.

KENMORE

John B. 28yr.
 Debbie F. 3yr.
 Eileen S. 2yr.
 Dave A. 2yr.
 Jim K. 1yr.
 Mike M. 9mo.
 Carol G. 9mo.
 Dennis W. 9mo.
 Eddie A. 6mo.
 Collette R. 6mo.
 Carol F. 3mo.
 Rita M. 3mo.
 Patty P. 3mo.

NORTH BUFFALO

Shawn D. 8yr.
 Tom C. 7yr.
 Paul M. 6yr.
 Kevin G. 6yr.
 Carroll X. 5yr.
 Lorraine A. 5yr.
 Jim M. 5yr.
 George O. 4yr.
 Ken C. 3yr.
 Patricia S. 2yr.
 Mike M. 2yr.
 Mark C. 2yr.
 Christine F. 1yr.
 Mari B. 1yr.
 Carl C. 1yr.
 Matthew Mc. 1yr.
 Pat E. 1yr.
 Bob G. 1yr.
 Krishna C. 1yr.
 Donna S. 1yr.
 Michael C. 1yr.
 Holly B. 6mo.
 Rodney C. 6mo.
 Jerry S. 6mo.
 Elaine W. 6mo.
 Owen M. 6mo.
 Michael S. 3mo.



AA CENTRAL OFFICE

845 Ellicott Square Bldg
295 Main Street
Buffalo, New York 14203

(716)853-0388

Executive Secretary - Delphine H.
Clerical - Helen B.

CENTRAL COMMITTEE

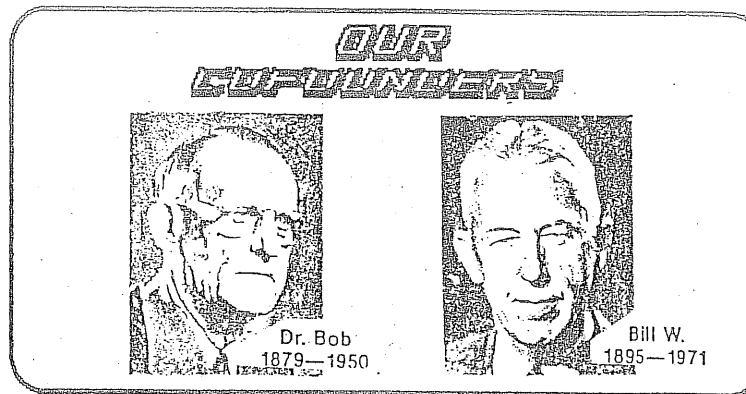
Chairman - Lynn C.
Recording Secretary - Lue S.
Financial Secretary - Roger P.

SUB-COMMITTEES OF THE CENTRAL COMMITTEE

Correctional Facilities - Martha C. and Toni.
Treatment Facilities - Don H.
Buffalo Fall Convention - Lloyd E.
Screeners - Lynn C.
New Frontiers - Larry B.
Editorial - Helen S.
Envelope System - Roger P.

STEERING COMMITTEE

- | | |
|-------------------------------|-----------|
| District 1 - Central Buffalo: | Jack C. |
| 2 - Northwest Buffalo: | Sue G. |
| 3 - South Buffalo: | Gigi P. |
| 4 - Southtowns: | Gary H. |
| 5 - Northern Tier: | Paul H. |
| 6 - Southern Tier: | Dick L. |
| 7 - Northeast Buffalo: | Carol R. |
| 8 - Eastern Tier: | Bernie A. |

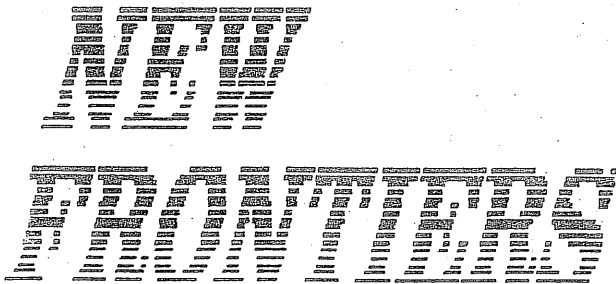


Central Committee meets on the first Sunday of every month at 7:00 PM at the COMMUNITY HEALTH CENTER, 80 Goodrich Street (behind Buffalo General Hospital).

AA MEMBERS are encouraged to share the fellowship by volunteering for any of these committees. Call the Central Office at 853-0388.

REMEMBER: WE ARE RESPONSIBLE.

WESTERN NEW YORK GENERAL SERVICE meets the last Sunday of February, June, September and November. Meetings are held at the ORCHARD PARK MUNICIPAL BUILDING at 2:00 PM. June meeting will be in Jamestown. **EVERYONE IS WELCOME TO ATTEND THE GSO MEETINGS.**



The NEW FRONTIERS is your AA newsletter. Our purpose is to present personal stories and subjects directly related to the recovery from alcoholism. For inclusion in the next issue material must reach the Central Office by **January 15th** for inclusion in the February issue. Your artwork, poems, articles etc. are also welcome.

NEXT MONTH'S THEME : *Come to Believe*

The NEW FRONTIERS will be mailed to you monthly for a yearly cost of \$6.00. To subscribe EITHER 1) call the Central Office at 853-0388 OR 2) fill out this form (please print). Make checks or money orders payable in American funds to Alcoholics Anonymous and send to the Central Office.

c/o NEW FRONTIERS
845 Ellicott Square Bldg.
295 Main Street
Buffalo, NY 14203-2545.

NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

BUFFALO CENTRAL OFFICE
716-853-0388

ROOM 845
ELLCOTT SQUARE BUILDING

295 MAIN STREET
BUFFALO, N.Y. 14203

JANUARY 1, 1989

NEW MEETINGS:

THE SALLY GROUP - THURSDAY - 7:00 P.M. - Open - held at the Salvation Army, 1080 Military Road, Kenmore.

STEPPING STONES - THURSDAY - 7:30 P.M. - Closed, Open Last meeting of the month, - Tri-County Hospital, Gowanda, N.Y.

NOTICE:

THURSDAY NON-SMOKERS group is really a non-Smoking meeting - you do not have to be a non-smoker - just that you do not smoke in the building, in which the group meets, which is the First Baptist Church, 876 Central Avenue in Dunkirk at 8:00 P.M.

VALLEY group - WEDNESDAY which is a Closed Discussion meeting at 8:00 P.M. held in the Woodside Methodist Church, 675 Abbott Road, Buffalo needs support!

11TH STEP group which meets at the Trinity Lutheran Church, 8760 Transit Road, East Amherst on TUESDAYS at 10:00 A.M. needs your support. Please attend this Closed Discussion, Non-Smoking meeting.

COMING EVENTS:

JAN. 1 SUNDAY - CENTRAL COMMITTEE MEETING - 80 Goodrich - 7:00 P.M. Nominations for Steering Committee Representative From District #5, NORTHERN TIER, and District #6, SOUTHERN TIER.

JAN. 2 MONDAY - CATHEDRAL PARK will not meet.

JAN. 13 FRIDAY - FATHER BAKER group's 8TH Anniversary. Speaker at 7:00 P.M., food at 8:00 P.M., and dancing from 9:00 P.M. - 1:00 A.M. Place: Our Lady of Victory Basilica School Cafeteria, Lackawanna. Donation: \$3.00. Help us with a dish. 50/50's all evening.

JAN. 14 SATURDAY - FIRESIDE - A DAY OF SHARING - with speakers and panels will be held at E.C.C. North Campus Student Center, Wehrle Drive at Youngs Road, Williamsville from 9:00 A.M. - 4:00 P.M. There will be a buffet lunch at 12 NOON and there is a \$5.00 charge for LUNCH ONLY. Tickets for lunch will be available until January 7th, 1989. See slinger for details.

JAN. 21 SATURDAY - FREEDOM group will not meet.

JAN. 25 - WEDNESDAY - UNITY group - 10:00 A.M. which meets at Sts. Peter & Paul School in Williamsville will be celebrating their 16TH Anniversary. The speakers will be Dan N. and Donna E. Cake & coffee will be served All are welcome to attend.

COMING EVENTS: (Continued)

JAN. 25 WEDNESDAY - NEW AWAKENING group which meets at 291 Elm Street at 8:00 P.M., will be celebrating their 10TH Anniversary. Please come help in the celebrating!

JAN. 27 FRIDAY - CAZENOVIA group will be celebrating its FIRST Anniversary with a special meeting featuring a buffet, speaker and dance. Place: St. Simon's Church, 200 Cazenovia. Time: Doors open at 6:30 P.M., buffet at 7:00 P.M., Speaker at 8:00 P.M. and dancing from 9:30 - 1:30 P.M. Bring a dish to share.

JAN. 28 SATURDAY - ANY AGE GROUP ANNUAL BLIZZARD BALL - St. Andrew's Church Hall, corner of Sheridan Drive and Elmwood Avenue. 7:00 P.M. - 1:00 A.M. Music by Eddie & Flo. Donation: \$3.00.

VALENTINE DINNER DANCE - held at E.C.C. North Campus, Wehrle Drive at Youngs Road, Williamsville. See future announcements and slinger for details.

1ST MONTH - 1ST STEP

"WE ADMITTED WE WERE POWERLESS OVER ALCOHOL,
THAT OUR LIVES HAD BECOME UNMANGEABLE."

1ST MONTH - 1ST TRADITION

"OUR COMMON WELFARE SHOULD COME FIRST;
PERSONAL RECOVERY DEPENDS UPON A.A. UNITY."

PLEASE SUPPORT THE ENVELOPE SYSTEM!!!

YOURS in the SPIRIT of A.A.,

DELPHINE A. HOY
Executive Secretary

CENTRAL COMMITTEE

JANUARY 7, 1990

Chairman Lynn C. opened the meeting with a moment of silence, followed by the Serenity Prayer. The Preamble, Purpose of Central Committee, and the Twelve Traditions were read. Bill M. made a motion to wave reading of the minutes, seconded by John J., Chapter IX, and passed by a voice vote.

55 GROUPS WERE REPRESENTED:

ABBOTT MENS DISC	HAPPY HOUR	ORCHARD PARK STEP
ACCEPTANCE	HIGH NOON	REMEMBER WHEN
ACTION	HONESTY	RUSH HALL
AGE DOESN'T MATTER	IGNATIA	SECURITY
AS BILL SEES IT	KENMORE	SHERIDAN
ATTITUDE ADJUSTMENT	LAKESHORE	SOUTH BUFFALO
BIDWELL	LAKEVIEW	SOUTHGATE
BIDWELL MONDAY DISC	LIVE & LET LIVE	SUNDAY NITERS
BOULEVARD WOMENS	LIVING SOBER	S UNRISE COURT
BRASS	LOVEJOY	TUESDAY WOMENS DISC
CHAPTER IX	MAIN VIEW MANOR	UNITED BROTHERHOOD
COLD SPRINGS	MATT TALBOT	URBAN
COMMON PROBLEMS	MORNING AFTER	WE ADMITTED
COMMUNITY CENTER	NEW FRONTIER WOMENS	WEDNESDAY LUNCH
DELAWARE DISC	NEW WESTSIDE	WESTMINSTER
ELLICOTT	NEW ZION	WHY
FEELINGS	NORTH BUFFALO	WILLIAMSVILLE
FREEDOM	NORTH JAVA	WOMENS WESTSIDE
FRESH START		

The Chairman called for the various reports:

ENVELOPE SYSTEM: Roger P.

	1988	1989	
DECEMBER	\$ 484.39	\$ 512.00	\$ 27.61 (5.7%) INCREASE
YEAR TO DATE	\$ 8,759.39	\$ 7,975.00	\$ 784.39 (8.9%) DECREASE

STEERING COMMITTEE MEETING January 2, 1990 - Delphine H.
 Present were: Jack C., Paul H., Lynne C., and Delphine H. Meeting opened at 6:10 p.m. with the Serenity Prayer. ADJENDA: 1.finances for Toronto trip 2. Mini-Convention 3. Fall Convention 4. Vigil 5. Hiring Mary Ellen 6. Phone forwarding, Norma .

FINANCIAL REPORT: Roger P. (See Attached)

TREATMENT FACILITIES: Don H.
 1. 12/12/89 we had a meeting at ECMC with Ann Palermo and Margaret Braun. Treatment Facility Committee were: Mary Lou Z., Don H., Dave F., Kevin N. and representing the Central Office: Delphine H. Discussed rumors and gossip surrounding the formation of this committee. Ann Palermo clearly stated that they do not wish to be involed in AA business. This committee explained that Group Conscience will be the guiding force of the committee's decisions and actions. Presented plans for an Orientation/Speaker meeting, which has been started on Tuesday night at the 7:00 pm meeting. The importance of rotation on positions in AA was discussed as it applies to Treatment Facility meetings. We stressed the importance of increased involement and fresh ideas.

members attended and joined the committee. It was stressed at this meeting that Group Conscience will direct the committee's actions. We discussed the importance of effectively conveying the AA message of recovery to the clients. Discussion took place on what type of meetings best deliver the recovery message. The necessity to improve communications between AA, Treatment Facility staffs and patients was discussed. The Cazenovia Group has agreed to start a speaker meeting at the adult unit of Rush Manor on Saturday evenings. We decided to find out and report back to the committee names of people running meeting in the Treatment Facilities.

3. 1/5/90 Kevin N. and Don H. met with Florence Knoerdel, Supervisor of the VA Alcohol ward. We discussed VA meetings and met the staff. Kevin and Don explained the committee functions and concern about getting the message of recovery to the Treatment Facility.

4. Next meeting is 1/16/90 at 7:00 pm at the Central Office.

CORRECTIONAL FACILITIES: Toni H.

All meetings are running smoothly. If you wish to attend a Correctional Facility meeting, please call Central Office.

SCREENERS REPORT: Lynn C.

Lynn stated that now that she is Central Commitee Chairperson, she will make a reccommendation under New Business that Norma F. be approved as new Chairperson.

CENTRAL OFFICE: Delphine H.

A.A. INFORMATION	789		
PIC	5	12 STEP	24
CPC		LITERATURE REQUESTS	55
ALANON	53	REFERRAL TO OTHER AGENCIES	12
ALATEEN	9	REFFERAL FROM OTHER AGENCIES	17
ACOA	23		
McCALLS SERVICE GROUP		CENTRAL OFFICE	
OUTGOING CALLS	52	OUTGOING CALLS	143
INCOMING CALLS	529	OUTGOING MAIL	\$149.03
		VISITORS	177

NEW FRONTIERS: Larry B.

Have been very pleased with new imput from Correctional Facilities Committee. We are always open to new articles, poetry, etc.. having to do with alcoholism and recovery. We hope that there will be more imput, in the future.

BUFFALO FALL CONVENTION: Maureen H.

No written report. A committee is being formed.

CHRISTMAS VIGIL: Maureen H.

Final report will be made by Helene R. at next month's meeting. The Vigil was well attended and was a success.

However, the next day we were advised that there had been a break in at the Church on Christmas Day. There was an extensive amount of property stolen. Anyone with information regarding this is encouraged to contact the Central Office. Depending on how we handle this, the status of future vigils is up in the air.

Local FIFTIETH ANNIVERSARY to be commemorated in SEPTEMBER 1991.

CHAIRMAN Ron W. - Telephone - 716-885-5729

Because of the nature of December, there was no committee activity during this past month. However, as promised, projected expenses have been worked out for the intial

REPORT TO CENTRAL COMMITTEE

Local FIFTIETH ANNIVERSARY to be commemorated in September 1991

Chairman: Ron Wojciechowski
Telephone: 716-885-5729

Monthly Report on January 7, 1990

<<<<< ooooo >>>>>

Because of the nature of December, there was no committee activity during this past month. However, as promised, projected expenses have been worked out for the initial phase of the project:

Compilation

It is expected that consummables valued at \$150 will be needed. These consummables shall consist of paper for copying, discettes for the computer file and audio tapes for taped interviews.

It is presumed that these supplies may be obtained from the Executive Secretary whenever they are needed.

Further, at this time a donation is requested. The committee does need the use of a tape recorder which can be transported conveniently. Before asking the Central Committee to purchase such an item, anyone or any group in a position to outright give such an item for the committee's use is asked to do so.

Further, the committee is in need of a GRAPHIC ARTIST capable of producing camera ready work. If there is someone in the Fellowship willing to donate such a service, their service is gratefully sought.

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COURTESY REPORTS:

G.S.A. - GENERAL SERVICE ASSEMBLY Area #50 Elvester McR.

1. The Day of Sharing will be held on Sunday, 1/21/90 in Bradford, Pa., at the Desota Holiday House on South Avenue.
2. 55 Years- One Day At A Time International Convention of Alcoholics Anonymous- July 5-8, 1990 in Seattle, Washington. Deadline for registration is May 15, 1990.
3. G.S.A. Area #50 full-body meeting is 2/25/90 at the Orchard Park Town Hall at 2:00 pm. Host is District #10.

P.I.C. - PUBLIC INFORMATION COMMITTEE: Marcia W.

12/8/89 Western New York Children's Psychiatric Day Care Center (Virginia & Elmwood) 12:15 pm-1:00 pm - 10 Children in age 13-18.

For end of January or March-St. Augustine's Center for Alcoholism Counselors - turned over to Bernie A. for C.P.C.

1/29/90 Villa Maria High School wanted Alanon, Alateen & AA for a Mental Health Day. Passed Alanon & Alateen on to their information people. AA set up for one hour in separate room. For girls ages 13-18.

3/30/90 Lake Shore School System Health Fair All day at Lake Shore Middle School-all set for teachers, parents, community and students.

C.P.C. - COOPERATION WITH THE PROFESSIONAL COMMUNITY: Bernie A.

No written report. Bernie will have a written report next month regarding goals. Before 2/1/90 Committee will meet. C.P.C. will be working closely with P.I.C.

RE-CAP

FINANCIAL:

Accumulated operating credit for 1989 was \$492.15.

TREATMENT FACILITIES:

Sheehan meeting dissolved. Anyone attending or announcing this meeting are doing so, without the imprimatur of Central Committee.

CORRECTIONAL FACILITIES:

Tom McM. will be taking over from Don H. as outside contact at Attica Correctional Facility.

SCREENERS:

Delphine advises there were problems with the Answering Service. Situation is cleared up now, New lines, more people being installed as of 1/10/90.

NEW FRONTIERS:

Don H. pointed out that on the Correctional Facility schedule the Attica meeting is on Wednesday nights from 6:30 pm-8:45 pm

G.S.A. - GENERAL SERVICE ASSEMBLY-AREA #50

There still are plane seats left for the World Conference in Seattle.

OLD BUSINESS: None.

NEW BUSINESS:

1. Announcement made that was effective 1/1/90 smoking is no longer allowed in the building. Everyone was asked to extinguish their smoking materials, and were advised that security will be fining violations.
2. Norma F. appointed new Screeners Chairperson. Lynn C.'s efforts as chairperson acknowledged.
3. Efforts of the Christmas Vigil Committee were recognized.
4. Delphine given authorization to hire Mary Ellen S., Thruway group, as a Clerk-typist. Motion was made by Larry B., New Zion and seconded by Bernie A., Rush Hall.
5. Extended discussion regarding the Open meeting at Sheehan Hospital on Saturday night. Sarah, asked for recognition as a group. Elvester McR., GSA Representative will look into this and duscussion was tabled until next month.

A motion was made to close the meeting by Larry B., New Zion and seconded by Paul R.

Respected Submitted,

Maureen H.

Bidwell Monday Discussion

Central Committee Account Financial Statement #504-771-7 DEC. 25, '89 - JAN. 25, '90					
48 Groups Contributed				3062.00	
Joint Meeting (16.30 expenses)				19.94	
New Frontiers Subscription				67.00	
Envelope System				1389.00	
Literature				3259.90	
Miscellaneous - Vigil Return			7.79		
	Herb C.		50.00		
	George F.		25.00	82.79	
		Total Receipts		7880.63	
DISBURSEMENTS					
	*10 Ellicott Square Court Corp - mth rt			431.00	
	Community Mental Health Center - mth rt			35.00	
	Helen J. Brady			107.44	
	Delphine A. Hoy			281.00	
	Helen J. Brady			112.80	
	Delphine A. Hoy			294.29	
	Pitney Bowes - meter rental			63.75	
	Helen J. Brady			112.80	
	Delphine A. Hoy			294.29	
	Delphine A Hoy - Toronto Seminar			238.02	
	Mary Ellen Stachura			49.01	
	M&T Bank-federal withholding tax			612.00	
	Buffalo News - monthly			266.40	
	Breitwieser Printing Co.Inc. - Open Schedules			1138.25	
	Breitwieser Printing Co.Inc. - Schedules			4650.00	
	Hazelden - 24 Hour Books			1785.00	
	A.A. World Svc.,Inc. - literature			376.00	
	A.A. World Svc.,Inc. - Italian Big Books			25.74	
	Mary Ellen Stachura			49.01	
	Helen J. Brady			112.80	
	Delphine A. Hoy			294.29	
	N.Y.S. Unemployment Insurance			4.92	
	Internal Revenue Svc. balance			1.23	
	N.Y.S. Department of Taxation			367.00	
	New York Telephine-monthly			175.77	
	McLeans Service Group-monthly			209.00	
	Mary Ellen Stachura			73.69	
	Helen J. Brady			112.80	
	Delphine A. Hoy			294.29	
	The State Insurance Fund			70.00	
	Petty Cash			50.00	
			Total Disbursements	12687.59	
Balance Pr Checkbook 12/25/90			12121.21		
Add Receipts 12/25/89 - 1/25/90			7880.63	20001.84	
Deduct Expenses 12/25/89 - 1/25/90				12687.59	

	Operating deficit for 1/25/90	(4806.96)	
	M&T Savings Accounts	19493.09	
	M&T Checking Accounts	7314.25	
	Total Monetary Assets	26807.34	
	Projected Prudent Reserve- 1yr.	-36000.00	
	Reserve	9192.66	

GROUP		Clarence Mens Disc		Golden Slipper	
1st Step		Cold Springs		Good Life	
11th Step		Common Hour		Grand	
1st. Things 1st.		Common Problem		Grand II Joy Of Living	
3rd Step		Common Problems at VA		Grateful	
6th Step		Community Center		H.A.N.D	60.00
A Day At A Time		Cornplanters Again		Half & Half	
A Helping Hand		Courage	120.00	Hamburg	
Abbott Mens at VA		Delaware Discussion		Handicappers Sat. Nite	
Abbott Mens Discussion		Derby	30.00	Happy Hour	20.00
Acceptance		Desire		Harmony	
Achievement		DeVeaux Discussion		High View	
Action		Downtown Discussion		Hill Billy	
Active Achievement		Downtown Men's Disc.		Honesty	30.00
Age Doesn't Matter		Dunkirk		Humbly Willing	
Albion		E.C.M.C.		Ignatia	
All Women		Early Beginnings		Inner City	20.00
Amherst Snyder		Early Bird		Inspiration	50.00
Amherst Tree of Life		Early Start		Iron Horse	
Amsdell Lakeshore		Easier Softer Way		Kenmore	
Any Age		East Amherst		Kensington Disc	
Arcade		East Aurora	35.00	Ladies Night	
Attitude Adjustment		East Aurora		Lakeshore	
Attraction		Eden-North Collins		Lakeview	
Awakening		Ellicott	25.00	Lazy Bee Ranch	
Beginner's Table		Ellicottville		Let Go & Let God	
Beginnings		Emergency		Lew-port	
Bidwell		Eternal Vigilance		Liberty Women's	
Bidwell Monday Disc.		Everybody's		Live and Let Live	85.00
Big Book		Eye Opener		Living Sober	30.00
Blasdell		Eye Opener		Lock City	
Boulevard Women's	20.00	Father Baker		Lockport #1	20.00
Brass		Faith & Action		Lockport Discussion	
Broadway-Bailey	10.00	Feelings		Lockport Ladies	
Brocton Discussion		Fireside		Lockview	
By The Book	5.00	Fireside PM		Lovejoy	
Came to Believe		Ford		Lower River	10.00
Campus		Fredonia Bkft. Meeting		Main View Manor	
Casting	45.00	Fredonia Discussion		Marilla	
Cathedral Park		Freedom	25.00	Matt Talbot	30.00
Caz Manor		Fresh Start		McKinley Winners	
Cazenovia		Friday Nite Disc.		Medina	
Central Park		Friendly		Medina Sunday	
Chapter IX	15.00	Friendship Fireside			
Chapter V-Bflo		Frontier			
Chapter V-Pendelton		Gardenville	40.00		
Cheektowaga		Getting it Together			
Chevy #1		Giving			

Mercy		Saturday Night Disc	20.00	University Men's	150.00
Mid-day		Saturday Night Alive		Urban	30.00
		Saturday Nite Live		V.I.P.	
Midnite		Second Chance		Valley	
Miracle		Security		Veteran's Hospital	
Mod		Serendipity		Victory	
Monday Nite		Serenity	25.00	We Admitted	
Morning After		Sheridan	30.00	We Are Not Saints	
NDH-Tonawanda Forge		Silver Creek		We Care	40.00
Never Too Late		Sober Trail		We Choose Life	
				We Have A Dream	20.00
New Awakening				We Need You	
New Beginnings		Sobriety Men's Disc		Wed. Lunchtime	12.00
New Direction		Somerset		Welcome	
New Frontier		South Buffalo	25.00	Welcome Home	
New Frontier Womans		South Town	60.00	West Seneca Sat. Nite	50.00
New Life	10.00	Southgate		West Valley	
New Westside		Southwestern		Westfield	
New Zion	400.00	Spirit of H.O.P.E.		Westminster	
Niagara Frontier Men's		Springville		Why	
North Buffalo	90.00	Springville-no smoking		Williamsville	
North Java		St. Barnabus		Wilson	
One Day at a Time (ODAT)		Step		Women's Westside Disc.	
Open Arms		Stepping Stones	10.00	Working	
Open Mind	30.00			You'll Never Walk Alone	
Pass It On		Sunday Niters	20.00	Youngstown	
Patchin		Sunday Third			
Peaceful		Sunrise Court		48 Groups Contributed	3062.00
Perry		SUNY - Amherst Campus			
Positively Living		Suburban			
Positively Living II		Swinging Door			
Primary Purpose		T*n*T		GROUPS	
Progress		TGIF	75.00	ACCUM TOTAL	
Purpose		Thankful			
Rainbow	20.00	The Way			
Ray of Hope	50.00	Thru-way	900.00		
Remember When		Thursday Afternoon Disc.			
Renewal	100.00	Thursday Nonsmoking			
Rush Hall	25.00	Today			
		Tri-County			
Rush Manor		Trinity Monday Night			
S. S. Sobriety		Tuesday Men's Disc.			
Salamanca		Tuesday Women's Disc.	10.00		
Salamanca Freedom		Turning Point	50.00		
Sally Group		Twin Cities	25.00		
Salvation Army		United Brotherhood			
Saratoga		Unity	60.00		