

In an attempt to set the tone for the up-coming issues of the NEW FRONTIERS - this issue will start the year out with the focus on THE A.A. GROUP. Hopefully, from this foundation we can build and add on each month allowing all of us, to gain a deeper insight into the Fellowship of A.A. and its spiritual workings.

### THE A.A. GROUP

**Any two or three alcoholics gathered together may call themselves an A.A. group. This clearly implies that an alcoholic is a member if he says so. p 33**

In the gathering of A.A. writings by Bill Wilson through the Language of the Heart book (1988), it occurred to me that I needed to start at the root, that is, define the words - group and fellowship. Only by doing this did I then have a starting point.

Webster's New World Dictionary, Third College Edition defines group: a number of persons gathered closely together and forming a recognizable unit. By the use of the word fellowship vs. the term "program" used in the 90's, we have the foundation inspired by our co-founders..."fellowship" a group of people who share the same interest (in our case - alcohol); a mutual sharing, as of experience, activity, interest.

Since publication of ALCOHOLICS ANONYMOUS in 1939 we have grown from 100 to 24,000 members. Seven years have passed; seven years of vast experience with our next greatest undertaking -- **the problem of living and working together. This is today our main concern.** If we can succeed in this adventure - and **keep** succeeding - then, and only then, will our future be secure. p 21

In December 1947, Bill Wilson so aptly states, "Our whole AA program is securely founded on the principle of humility -- that is to say, perspective. Which implies, among other things, that we relate ourselves rightly to God and to our fellows; that we each see ourselves as we really are -- "a small part of a great whole. Seeing our fellows thus, we shall enjoy group harmony." p 76

The concerns of our early members of A.A. in 1946 are not different than the ones we face today - are they? Using the chart to really gain perspective, we see the importance of the group within the structure.

In line with our First Tradition - Our common welfare should come first; personal recovery depends upon A.A. unity...A.A. must continue to live or most of us will surely die. Our strong foundation must still remain in the hands of the group, as a whole, so we can continue to admit our powerlessness (Step One), and look to working together to sustain our new freedom and happiness.



#### **FIRST TRADITION**

Our common welfare should come first; personal recovery depends upon A.A. unity.

Did 'ya ever have that feeling of impending doom?...It happened one night when I walked into my home group in Hamburg. My sponsor asked, "What's 'yah doing tomorrow morning?" My mind reeled with a hundred & one things to do, all of great importance, instantly conjuring up earth shattering events of epic proportions. Yet, shocked & trapped, I replied, "Nothing, what's up?"

He took my arm & gently (sort of) led me to an AA member I'd not met before. "Patty, this is Tom. He'll help you with that new meeting tomorrow morning." She smiled up at me with the look that one gives to pigeons who are suckered into their demise. "Oh, Good!" Even her tone spoke of entrapment. She cleared a seat by her & my sponsor took his cue, "I'll leave you two alone to work things out together."

Sometimes I think I'd make a good railroad man, the way this happens so often to me in AA. Maybe that's why God's granted me 13 years of one day at a time. There is a connection here somewhere.

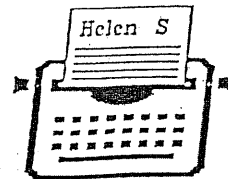
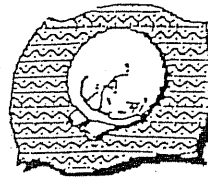
After the meeting, the temperature had dropped 30 degrees & our town erupted in utter chaos. Tree limbs, shopping carts & debris blocked the roads. 73 mph winds, blinding sleet & a total power outage for the entire town ensued. Weaving through the obstacle course home, I'd had the passing notion that HP saved me from another service commitment.

The next morning, 5 of the 6 Main Junction boxes were still down, meaning no power. Not good enough. "You guessed it!" The only electric power was in a small corner of Hamburg, exactly where the meeting was. We had a great turn out.

Thus, on that day, the Phoenix Group got its name; in honor of the mythical bird who turned to ashes & rose again to a new, more vibrant life. Like our own alcoholic lives, which were burned up by that liquid that lied & cheated us of all but our life.

By Divine Grace, we were allowed to rise as sober Phoenix's (though we start out as pigeons initially) & soar free of the bondage of self. Out of the ashes of our alcoholism, we are born into God's Love.

- Tom Antony (A Phoenix Groper)



Whenever I hear the word 'secret' I am reminded of the saying... "Oh, what a tangled web we weave when first we practice to deceive."

As drinkers we felt really proud that no one ever guessed we drank too much. Of course, our secret was known by anyone close enough to smell us.

I'm glad God didn't send me a God-gram in '91 telling me all the things that would happen to me in '92. My first reaction would have been to hide in a closet until it was '93. I thank God for keeping each day a secret until we get to it.

On September 26th my mother fell in her kitchen breaking her left leg. My uncle summoned an ambulance to take her to Buffalo General Hospital. Four days later, the doctors operated on her fixing her hip, bolting her leg together and placing a metal rod in her for support. Little did I know the worse was yet to come. On October 7, a day before my birthday, she suffered a stroke that left her speechless and unaware of me or her surroundings.

Sitting, hour after hour, looking at her face I realized I had taken her for granted, rarely telling her how much I loved her and worse never telling her how important she was in my life. These secrets of omission are the most painful because you can never bring back the moment when you had the opportunity. At the point it becomes too late, we are left in a soul-wrenching remorse. The question is ... who gets hurt by keeping secrets?

Editor's Note: Helen's mother passed away in November 1992 ... we extend our deepest sympathy. You have been an example to all of us, Helen - not hiding in the closet until '93 ... living the program "one day at a time" and not having to take a drink.

### The group... where a.a.'s service structure begins

The A.A. Service Manual 1990-1991 Edition on page 546 gives the following six points that define an A.A. group:

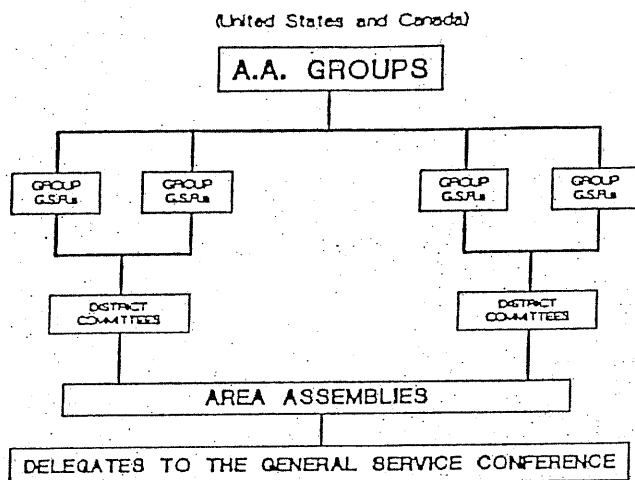
1. All members of a group are alcoholics, and all alcoholics are eligible for membership.
2. As a group, they are fully self-supporting.
3. A group's primary purpose is to help alcoholics recover through the Twelve Steps.
4. As a group, they have no outside affiliation.
5. As a group, they have no opinion on outside issues.
6. As a group, their public relations policy is based on attraction rather than promotion, and they maintain personal anonymity at the level of press, radio, TV and film.

### A.A.'s single purpose...

"Our society, therefore, will prudently cleave to its single purpose: the carrying of the message to the alcoholic who still suffers. Let us resist the proud assumption that since God has enabled us to do well in our area we are destined to be a channel of saving grace for everybody."

A.A. Co-founder Bill W., 1955

## How the A.A. Group Fits into the Structure of the Fellowship



Would my life be better if  
quit drinking?

Yes  No



Many of us drank to make things better. But when we got to A.A., alcohol had taken over our lives.

## Group inventory

Many groups periodically hold a "group inventory meeting" to evaluate how well they are fulfilling their primary purpose: to help alcoholics recover through A.A.'s suggested Twelve Steps of recovery. Some groups take inventory by examining our Twelve Traditions, one at a time, to determine how well they are living up to these principles.

Groups interested in taking regular inventory will find a review of the Tenth Step helpful. The following questions, compiled from A.A. shared experience, may be useful in arriving at an informed group conscience. Groups will probably wish to add questions of their own:

1. What is the basic purpose of the group?
2. What *more* can the group do to carry the message?
3. Is the group attracting alcoholics from different backgrounds? Are we seeing a good cross-section of our community?
4. Do new members stick with us, or does the turnover seem excessive? If so, why? What can we as a group do?
5. Do we emphasize the importance of sponsorship? How effectively? How can we do better?
6. Are we careful to preserve the anonymity of our group members and other A.A.s outside the meeting rooms? Do we also leave the confidences they share at meetings behind?
7. Do we take the time to explain to all members the value to the group of keeping up with the kitchen/housekeeping chores and other essential services that are part-and-parcel of our Twelfth-Step efforts?
8. Are all members given the opportunity to speak at meetings and to participate in other group activities?
9. Mindful that holding office is a great responsibility not to be viewed as the outcome of a popularity contest, are we choosing our officers with care?
10. Are we doing all we can to provide an attractive meeting place?
11. Does the group do its fair share toward participating in the purpose of A.A.—as it relates to our *Three Legacies* of Recovery, Unity, and Service?
12. What has the group done lately to bring the A.A. message to the attention of professionals in the community—the physicians, clergy, court officials, educators, and others who are often the first to see alcoholics in need of help?

HAPPY NEW YEAR!! Happy sober New Year!

Well, if your reading this it probably means you too made it through another year without picking up a drink.

This month I would like to write about the WE of the program. The importance of Unity in our home group. This is a very easy topic for me to discuss, since the love of this fellowship is exactly why I'm still here. It also gives me a chance to once again relive the love I have been so freely given by so many.

Last July I was sober eight years. The first six were pretty wonderful. I had to work as hard as everyone else did to stay sober and grow. I went to my meetings, talked to my sponsor, worked the steps and it was paying off just as everyone said it would.

Then the bottom fell out of my world. My son died, I lost my home, I was no longer able to work and make a living because my health had failed and to top it off another son was getting married and I would not be attending his wedding.

It was the worse two years of my sobriety. Days I felt I could not go on and really didn't want to. Nights crying and asking...Why God, Why?

But I was never alone. I had meetings, meetings, meetings to go to. Friends to call, a beautiful sponsor who always made time for me and ... love ... lots of Love to lean on.

One day at a time WE go through it all. One meeting at a time WE began to heal. One hug at a time I began to smile again.

I was very fortunate I have two home groups. One is the Beacon Group at Attica State Prison. I would really encourage you to check it out. You will think you're going out there to help them but the love and gratitude you take home in your heart will tell you how much they really help you. I will be telling you more about my family in Attica in future articles.

My other home group is the Acceptance Group on Colvin. My beautiful sponsor (Mary Beth C.) and many other friends gather in the back room (often referred to as the "God Room") and love each other out of pain. We pass our joys, our anger and ourselves around the table and support each other.

I will also be telling you about some of our special meetings in other articles.

So yes, one more year of being loved into sobriety by some of the most beautiful people in the world.

I hope you each have a 'home' group as special as mine. If you don't, I'll be glad to share mine with you, there's enough love to go around for all of us.

Lucille K. ACCEPTANCE GROUP

**Editor's Note:** Welcome Lucille to the NEW FRONTIERS Committee! We look forward to future articles from you.

Box 45  
Februa  
THE HO

...Lea  
problem  
crucia  
Throug  
familia  
in any  
"princi

As Rich  
those s  
Later,  
thought  
where d  
I've he  
it is.  
beat, e

**1** We admitted  
powerless  
that our lives had  
unmanageable.



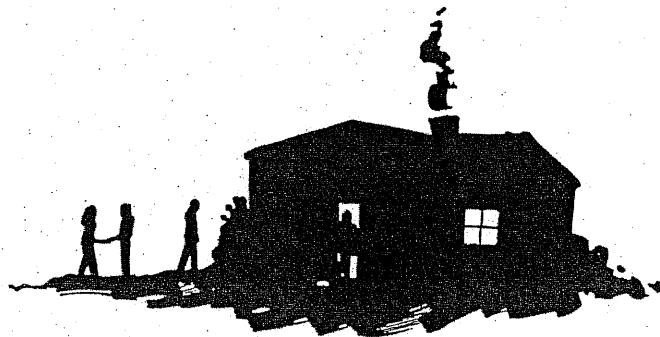
The bottle has  
My life is

Our individual sobriety depends on  
The group depends on us. We soon  
that unless we curb our individual  
desires and ambitions, we can  
damage the group...



o function as part of group - to cope with its ongoing  
s and interrelationships - often provides the first  
toward functioning sober at home, at work, in all our affairs.  
sharing sessions and business meetings, members become  
the concept of "group conscience" as the deciding factor  
that arises, and with the need at all times to place  
above personalities,"...

, G.S.O. staff, says, "My first handles on sobriety - all  
and cliches I thought so corny - I heard from them.  
I heard the same things from speakers at a convention, I  
'wise they are!' Only months later did I give credit  
mainly to that wonderful, windy guy who became my sponsor.  
The home group referred to as the heartbeat of A.A., and  
that just as surely as we are in need of our own heart-  
us needs a home group."



E G O  
Tom McM.  
We Admitted Group

Our traditions are key elements in the ego deflation process necessary to achieve and maintain sobriety in Alcohol Anonymous.

The first tradition reminds me not to take credit or authority for my recovery I read on page 129 from the 12 & 12 also page 21. When I was drinking all I could ever think was I I I or me, me, me. Such painful obsession of self; such soul sickness, such spiritual selfishness found me to the bottle for more than half of my life.

Most of us always tried to build ourselves up. We use to tell tall stories about ourselves. I told them so often that I half believed some of them now. Even though I know they are not true. I kept hearing at tables this is a **We** program. **We** can do together what we could not do by ourselves. The most used in the English language is "I". The active role in renew surrender of self will enable me to step aside from the need to dominate, the desire for recognition both of which played so great a part in my alcoholism.

I was working service when I first came into A.A. Making Coffee - helping to set up and clean up the meeting room. I had to leave the area for awhile and I thought... how are they going to get it done without me there? Ego - Ego! heck when I got back I found two other people started to help out at meetings. I am grateful I read and ask questions about our tradition. It was good for my sobriety. I can not thank God enough for what he did for me. Ever since that return day I have been active in A.A. service work and working our primary purpose one alcoholic helping another stay sober. In my case it happens to be me.

Even though you have no car you can still carry the A.A. message plus helping your sobriety. You can get involved in Loner International and write to a homer. Write to an inmate. There is also World Hello for you to grow in sobriety.

Give it a try and be surprised when you find out you helped someone stay sober and always remember Tradition 6. Remember the big shot at the bar. Buy everyone a drink. But it is odd when they get some sobriety they get tighter than the bark on a tree. Help keep the door open for others as we found when we needed help and love.

# "The Miracle Continues"

## JANUARY 1993 ANNIVERSARIES

### AMHERST SNYDER

6 mos Jim L.  
 9 mos Pat S.  
 2 yrs Joe M.  
 3 yrs Lynn M.  
 Barb B.  
 Carl W.  
 Dottie K.  
 4 yrs Amy H.  
 5 yrs Mary K. G.  
 6 yrs Jim V.  
 8 yrs Gene H.  
 11 yrs Don B.  
 12 yrs Kathy L.  
 13 yrs Alice B.

### BIDWELL (THURSDAY)

3 mos Miles C.  
 6 mos Amy A.  
 Marlene C.  
 Marjorie J.  
 Traci L.  
 Paul S.  
 2 yrs Peter S.  
 3 yrs Jerry S.  
 4 yrs Kathy M.  
 5 yrs Beth S.

### CAZENOVIA

2 yrs Paul F.  
 5 yrs Butch C.

### CHAPTER IX

9 mos Barbara T.  
 2 yrs Tony T.  
 Amy H.  
 3 yrs Craig G.  
 4 yrs Rich P.  
 Jim C.  
 5 yrs Mike S.  
 Chris E.  
 21 yrs Bob U.

### HONESTY

13 yrs Terry McC.

### PHOENIX

14 yrs Tom A.

### RIDGE

2 yrs Jim B.  
 4 yrs Andrea B.  
 6 yrs Cy D.

### SENECA 12 & 12

3 mos Tammie S.  
 1 yr Joe S.  
 2 yrs Jo R.  
 5 yrs Bill K.

### COLD SPRING

3 mos Ben W.  
 Vertrell A.  
 6 mos Traci L. Marlene C.  
 Laara C. Robert S.  
 Karen R.  
 9 mos Mary S. William H.  
 Clarence B.  
 1 yr Derlie W.  
 2 yrs Hispanolla B.  
 3 yrs Michael C. Bill W.  
 Ed J.  
 5 yrs Portia J.  
 6 yrs Jim H.  
 13 yrs Al E.  
 24 yrs Henrietta W.

### CORNPLANTERS

3 mos Gary W.  
 9 mos Sherry S.  
 4 yrs Shawn M.  
 6 yrs Fred O.  
 8 yrs Paul G.  
 9 yrs Jamie M.

### EYE OPENER

6 mos George W. Jon B.  
 Mary D. Bruce M.  
 9 mos Ron H. Eileen O.  
 1 yr Jim M. Pat H.  
 Rob M. John M.  
 2 yrs Amy M. Bob N.  
 Mary T. Sam J.  
 Ken H.  
 3 yrs Art B. Frank H.  
 Molly B. Jim G.  
 Mike H. Fred H.  
 Sandy M. Bill R.  
 Joe S.  
 4 yrs Pat H. Joanne M.  
 Roger R.  
 18 yrs Helen B.

### FIRESIDE

3 mos Bob B. Dave M.  
 6 mos Mike A.  
 1 yr Gina C. Lisa G.  
 Hna K. Frank M.  
 3 yrs Ray D. Dave C.  
 Fay F. Kathy H.  
 Bill R.  
 4 yrs Nancy McC. Fran M.  
 Day W. III  
 5 yrs Kathy K. Tom P.  
 Dave S.  
 6 yrs Bill K.  
 8 yrs Doug S.  
 17 yrs Carol A.  
 21 yrs Bob U.

### FREEDOM

6 yrs Rick B.  
 8 yrs Paul R.  
 1 yr Ann S. Tyrone H.  
 4 yrs Peter P.

### HARMONY

1 yr Ann S. Tyrone H.  
 4 yrs Peter P.  
 3 mos Johnnie L. Herb T.  
 Ruth D. Kla W.  
 Debbie LaB. Ella H.  
 Cynthia S. Ray W.  
 Maria L.  
 6 mos Priscilla L. Harold W.  
 Maritye A. Gerald R.  
 David B. Willie M.  
 9 mos Greg W. Andrea S.  
 Algernon T.  
 1 yr David C. Robert J.  
 Willene F.  
 2 yrs Debbie F. Kevin J.  
 Mike S. Lynn C.  
 3 yrs Elaine W. Paul A.  
 LaMaurice W.  
 4 yrs Eugene E.  
 6 yrs Jim H.  
 11 yrs Kitty E. Pat N.  
 13 yrs Alice B.  
 17 yrs Carol A.

### HAPPY HOUR

3 mos Johnnie L. Herb T.  
 Ruth D. Kla W.  
 Debbie LaB. Ella H.  
 Cynthia S. Ray W.  
 Maria L.  
 6 mos Priscilla L. Harold W.  
 Maritye A. Gerald R.  
 David B. Willie M.  
 9 mos Greg W. Andrea S.  
 Algernon T.  
 1 yr David C. Robert J.  
 Willene F.  
 2 yrs Debbie F. Kevin J.  
 Mike S. Lynn C.  
 3 yrs Elaine W. Paul A.  
 LaMaurice W.  
 4 yrs Eugene E.  
 6 yrs Jim H.  
 11 yrs Kitty E. Pat N.  
 13 yrs Alice B.  
 17 yrs Carol A.

### SHERIDAN

2 yrs Toni T.  
 3 yrs Judy T. Greg W.  
 Steve D. Pat R.  
 Gary S.  
 4 yrs Bill K.  
 8 yrs Larry Z.  
 10 yrs Richard W.  
 11 yrs Dave M.  
 19 yrs Carol R.  
 21 yrs Bob U.

### SUNDAY MORNING BREAKFAST

9 mos Randy C.  
 1 yr Richard K. John S.  
 Jan S. Bill M.  
 Gail S.  
 2 yrs Dennis S. Brian S.  
 7 yrs Norm K.

### SUNRISE COURT

6 mos Andrew J. Barbara H.  
 9 mos Elaine C. John G.  
 Vicki O. Percy S.  
 Leonard C.  
 1 yr Elaine W. Philip M.  
 Ernest R.  
 2 yrs Scott C.  
 6 yrs James H.  
 7 yrs JoAnn G.  
 8 yrs Gerry T.  
 18 yrs Carol R.

### THE JOURNEY

9 mos Dan L.  
 6 mos Tom K. Maureen G.  
 9 mos Scott S.  
 1 yr Kreg K.  
 2 yrs Joe M.  
 3 yrs Kathy G.  
 5 yrs Kathy K. Dave C.  
 John B.

### THRUWAY

6 yrs Frank B.  
 7 yrs Dianne S.  
 9 yrs Leonard Z. Mike K.  
 Jim Z.  
 10 yrs Susan L. Scott P.  
 11 yrs Kenneth W. Tom B.  
 16 yrs John J.  
 18 yrs Ellen M.

### WE ADMITTED

1 yr Julie C. Louie  
 Jim R.  
 2 yrs Sheila M. Brian L.  
 Demonda N.  
 3 yrs Don F.  
 4 yrs Bill W. Nancy M.  
 Don F.  
 21 yrs Bob U.  
 21 Yrs Bob U.



Try to understand - - -  
 The MIRACLE of A.A.

If you don't take  
 a drink of alcohol,  
 You will never  
 get drunk.

YOUR FRIEND

**BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
295 MAIN STREET  
ROOM 845 ELLICOTT SQUARE BUILDING  
BUFFALO, NEW YORK 14203  
853-0388**

**JANUARY 1993**

**IF YOUR GROUP IS NOT GETTING THESE ANNOUNCEMENTS  
PLEASE CALL THE OFFICE TO FIND OUT WHY!!!!**

**NEW MEETINGS:**

NEW LIFE, NEW BEGINNING - TUESDAY - 7:30 PM - An open discussion W/C NS at 2440 Sheridan Drive, Tonawanda.

**PLEASE NOTE:**

RISE & SHINE - MONDAY-SATURDAY - 7:30 AM - 1280 Main St - is updating their membership. They need outside support. Please see one of the group members if you want to join.

RIDGE - SUNDAY - on January 31, ONLY, the meeting will be at 4:30 PM

NORTH BUFFALO - SUNDAY - will have a SIGNER for the Hearing-impaired except the last meeting of the month.

DELAWARE DISC - FRIDAY - for the drivers-construction in the Church is finished, therefore, you may enter the parking lot from Delaware or Summer St. Always remember to go in the back kitchen entrance.

**MEETING CHANGES:**

LOVEJOY - WEDNESDAY & FRIDAY - 12:30 PM - all meetings are Closed Disc

SENECA 12 & 12 - SATURDAY - 8:00 PM - is now non-smoking.

URBAN - SUNDAY - 7:30 PM - is no longer meeting.

WE CHOOSE LIFE - WEDNESDAY - 5:30 PM - will be an Open Discussion meeting the last week of the month.

KEEP IT SIMPLE, SISTER - THURSDAY - will have an open speaker meeting the last week of the month.

FAITH - TUESDAY - 7:00 PM - has moved back to St John the Baptist Ch, 184 Goodell at Michigan. There will be a Speaker on the first and last meeting of the month - Open Discussions - all other weeks.

PHOENIX - FRIDAY - will now meet at 9:30 AM, Southern Erie Clinical Services, Camp Rd & Sunset Dr, Hamburg.

**COMING EVENTS:**

JANUARY 1 - FRIDAY - CHEVY #1 will NOT meet

JANUARY 1 - FRIDAY - MARILLA will NOT meet

JANUARY 1 - FRIDAY - FIRST THINGS FIRST - January till March 5th we go to the LIFE TODAY AA Closed meeting, E. Aurora Christian Ch., Main & N Grove at 7:30 PM - then meet after to downhill ski 10 PM - 1 AM at Kissing Bridge.

JANUARY 1 - FRIDAY - THANKFUL - 10:00 AM - will have an open meeting New Year's Day for family and friends - Recreation Ctr., 651 Oakwood, East Aurora

JANUARY 3 - SUNDAY - 7:00 PM - CENTRAL COMMITTEE - 80 Goodrich St nominations for Steering Committee District #5-Northern Tier Representative.

JANUARY 8 - FRIDAY - FATHER BAKER - "Spring Prom" at Our Lady of Victory, Baker Hall, So Bflo - see group members for details.

JANUARY 23 - SATURDAY - FIRESIDE "DAY OF SHARING" - open/no charge at the Erie Community College North, Wehrle Dr at Youngs Rd, Williamsville.

10 AM - 4 PM with tables, panels and speakers - coffee and donuts.

Luncheon (optional) \$6.00 per person - for lunch reservations call

(716) 741-4072 - AA members and friends of AA welcome! "HOWEVER -

CHILDREN UNDER 18 YEARS OF AGE ARE NOT ALLOWED!

JANUARY 27 - WEDNESDAY - ELLICOTT - 8:00 PM - is celebrating their 13th Anniversary with a guest speaker - eating meeting - bring a dish to share. See Nash Health Center, 608 William St., Buffalo.

JANUARY 27 - WEDNESDAY - ELLICOTT - 8:00 PM - is celebrating their 13th Group Anniversary with a guest speaker - eating meeting - bring a dish to share. Jesse Nash Health Center, 608 William St., Buffalo

JANUARY 27 - WEDNESDAY - UNITY - 10:00 AM - will celebrate its 20th Group Anniversary. The speaker will be Jenny T. Refreshments and coffee to follow - Come help us celebrate!

JANUARY 30 - SATURDAY - CAZENOVIA - celebrating their 5th Group Anniversary with a buffet dinner 7 - 8 PM bring a dish to share; speaker 8 PM followed by dancing 9:00 PM-12:30 AM NO ADMISSION CHARGE - doors open at 6 PM - St. Simon's Ch, 200 Cazenovia St., So Buffalo

JANUARY 31 - SUNDAY - RIDGE - will be holding their meeting at 4:30 PM THIS DAY ONLY.

JANUARY 31 - SUNDAY - RIDGE Group will be having a Super Bowl Party at 6:00 PM. Come share in the fun. Pizza, wings, pop, coffee. Bring a dish to share if you wish.

FEBRUARY 7 - SUNDAY - 7:00 PM - CENTRAL COMMITTEE - 80 Goodrich St. Elections for Steering Committee District #5-Northern Tier Representative.

FEBRUARY 13 - SATURDAY - TOWN HALL GROUP is sponsoring a VALENTINE'S DAY DANCE at the Knights of Columbus, 36 Pierce Av in Hamburg. Tickets \$4.00 -presale -\$5.00 at the door. Bring a dish to pass. Prizes. Amateur Talent Show and Speaker. Starts at 6:00 PM. See any member for tickets.

**Never to early to plan:** Bflo FALL CONVENTION will be OCTOBER 22-23-24, 1993 at the Marriott on Millersport Hywy. Watch for monthly updates on whats happening!

**REMINDER:** Any announcement to appear in February '93 bulletin must be submitted in writing to the Central Office by Friday, January 15th.

1st MONTH - 1st STEP "We admitted we were powerless over alcohol - that our lives had become unmanageable."

1st MONTH - 1st TRADITION "Our common welfare should come first; personal recovery depends upon A.A. unity."

The Committee meeting of the Buffalo Niagara Frontier Area of Alcoholics Anonymous, voted that the NEW FRONTIERS monthly paper is offered as a subscription only to A.A. members. It is a publication by A.A. members, for A.A. members, through the Alcoholics Anonymous - Buffalo Niagara Frontier Area Central Committee.

-----  
The NEW FRONTIERS will be mailed monthly to A.A. members only at an individual cost of \$7.00 annually. Special A.A. Group rates and are mailed to person indicated below -

2 copies	\$ 10.00	30 copies	\$ 72.00
5 copies	21.00	40 copies	90.00
10 copies	30.00	50 copies	113.00
15 copies	40.00	60 copies	130.00
20 copies	54.00		

NAME \_\_\_\_\_  
HOME GROUP \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

\_\_\_\_\_ A.A. Member \_\_\_\_\_ A.A. Group \_\_\_\_\_ of copies \$ \_\_\_\_\_

Make checks/money orders payable in U.S. funds to:  
Alcoholics Anonymous - NEW FRONTIERS  
Room 845 Ellicott Square Bldg.  
295 Main Street Buffalo, NY 14203-2412



A special thank you to Leo S. for volunteering his time and talents in this issue of the NEW FRONTIERS. The February '93 edition will focus on



The meeting was opened at 7:00PM with a moment of silence followed by the Serenity Prayer. The Preamble, Purpose of the Central Committee and the Twelve Traditions were read. It was moved by Bob H of Bidwell and seconded by Chuck W to dispense with the reading of the minutes of last month.

#### 47 GROUPS WERE REPRESENTED:

*District#1* - Bidwell, Delaware, Fresh Start, Gay, Lesbian, Sober & Proud Happy Hour, Live&Let Live, Open Mind, Remember When, Rise&Shine, Serenity Circle, Sunday Nitters, Sunrise Court, The Journey *District#2* - Brass, Campus EarlyBird, Sat EarlyBird, Serenity, Why *District#3* - Cazenovia, Inner-city Iron Horse, Lovejoy, Powerless, Rainbow, Ridge, Seneca12&12, South Buffalo Southgate, Tues Women's, Urban *District#4* - Lakeshore - *District#5* - 6th Step, Twin Cities, We Admitted *District#6* - No Java *District#7* Amherst Snyder, Cold Springs, Harmony, Honesty, No Buffalo, VIP *District#8* - Attitude Adjustment, Just for Today, Matt Talbot, New Life, Williamsville.

#### COMMITTEE REPORTS

##### ENVELOPE SYSTEM: Burr E

	1991	1992	change	% change
Dec. Receipts	\$235.00	\$421.00	\$186.00	79.14 increase
Year to Date	\$6463.19	\$6206.58	-\$256.61	-3.97

#### STEERING COMMITTEE MINUTES - December 29, 1992

Kevin opened the meeting at 6:05 with the Serenity Prayer. All Districts except District 6 were represented. Also present were Ralph P. (Central Committee Chairman), Bill M. (Co-Chairman 1993) and Delphine H. (Central Office Manager) and the minutes from the December 1st Steering Committee Meeting were accepted.

#### OLD BUSINESS:

1. The revised letter regarding tradition breaks by groups was read and distributed at the December Central Committee Meeting. There was discussion on three points -
  - (a) should the letter be sent to all the groups in the area and not only the groups represented at Central Committee before being brought to a vote?
  - (b) If so, this would involve a cover letter of explanation and, if approved by Central Committee, would then require a second mailing to all groups.
  - (c) If the letter was read at the December Central Committee and could be re-read at the January meeting - and given that the representatives present do make up the group conscience for the area - couldn't we take a vote to have it approved at the January Central Committee Meeting?

A motion was made to call for a vote by the groups present at the January Central Committee Meeting to approve the letter to be sent out to all the groups in the Area plus any new groups. The motion was passed 6 votes to 1.

#### 2. The Christmas Vigil

A motion was passed to table further discussion until next month pending receipt of the Financial Report which should be submitted before the next Steering Committee Meeting.

#### NEW BUSINESS:

1. Selection of a New Screener Chairman. Norma F. would like to step down as Chairman. A notice will be placed in the New Frontier in February outlining the Chairman's responsibilities for anyone who might be interested and it will be announced at the Central Committee Meeting. It will also be suggested that the person have 3-5 years sobriety. In view of the fact that the 12th Step List is badly in need of organizing and updating, it was felt that this would be a good opportunity for the new Chairman to establish a good Screening Policy, coordinate the Screeners, and re-new & update the 12th Step List.

2. District #5 Northern Tier nomination for Steering Committee. Delphine will send a notice out to the District 5 Groups requesting nominations. Jeff P.'s term ends in February and he is also actively seeking any interested members in his district.

3. Encouragement of more Area Groups to send representatives to Central Committee. There was discussion of the following suggestions to implement this.

(a) Having the Central Committee meet on a rotating basis through the other Districts perhaps 3-4 times per year from its home base on Goodrich.

(b) Have each District Representative make an effort to call a District Meeting. This could help in updating the Central Committee Group Representatives list, perhaps generate interest within the groups while educating the groups about Central Committee's function, the New Frontier Newsletter and how the groups might benefit from participation.

4. Steering Committee Inventory: What are the objectives and goals of the Steering Committee for the coming year and what do we see as the major problems that the Area faces and how do we work effectively towards a solution.

A motion was passed to conduct such an inventory at the January 26th Steering Committee Meeting and to focus on one major issue at a time. The issue agreed upon was How to Increase Group Participation in Central Committee.

5. Renaissance II Meeting at BryLin Outpatient - 8pm Thursdays. A member of the Steering Committee has volunteered to attend this meeting to check out some reports that AA's singleness of purpose is being ignored as well as AA traditional structure. There will be a report at next month's meeting.

The Steering Committee as a whole, heartily praised the 'New Look' of the New Frontier and hopes that much new interest and participation amongst the AA community will result.

The meeting was closed with the Lord's Prayer.

**FINANCIAL REPORT** - Jerome D - as attached

### **TREATMENT FACILITIES**

**CORRECTIONAL FACILITIES** - Toni H. - Inmates at Wende CF received literature for Christmas which was gratefully received. Wende Wednesday meeting continues to be sponsored on a rotating basis monthly by different groups. This procedure seems to be working well.

**SCREENERS:** Norma recognized by committee for her service. She will be stepping down.

**CENTRAL OFFICE:** Delphine H

AA information	595-in	244-out	Mail	\$311.13
Answering Service	487-in	118-search		

**NEW FRONTIER:** MaryEllen S - Nothing to report except for a committee has been formed and will meet January 8th - slow but steady and consistent progress!

**FALL CONVENTION '92**-Al C will give Delphine the receipts & check book.

**FALL CONVENTION '93** - Patricia T - On Wednesday, Jan 6th we will be meeting with Bob from the Marriott to discuss the menu for dinner, what rooms we will be using and try and to map out a basic schedule for the convention.

On Friday, Jan 8th we will be having the first monthly meeting of the committee. We will be picking our theme, colors and a general outline as to what is expected of each person. Everyone is invited to come. It will be in my home.

**CHRISTMAS VIGIL:** Kevin F: passed out financial reports.

**COURTESY REPORTS:**

**GENERAL SERVICE ASSEMBLY** - Marcia W - State wide GSA Convention. Terrytown, NY. 2nd week in July '93. Next meeting will be at the Amity Club, 1:00PM, Jan 31st.

**PUBLIC INFORMATION COMMITTEE**

**CO-OPERATION WITH THE PROFESSIONAL COMMUNITY:** Mike B: No meeting in December. Next meeting, Jan 19th, 877 Ellicott Sq Bldg. Presentation and table display at the Fireside "Day of Sharing".

**RE-CAP:**

**CORRECTIONAL FACILITIES:** Women's Prison in Albion needs support

**CENTRAL OFFICE:** Buffalo News Ad voted to be cancelled.

**NEW FRONTIERS:** Comment was that it is nice looking.

**GSA:** Reported the passing of our past delegate, Jim McC, as well as, Bobby J from the Cold Springs group.

**CHRISTMAS VIGIL:** The contribution from people outside of the program was addressed.

**OLD BUSINESS:**

Bill M made a motion that the letter composed by the Steering Committee be used. Seconded by John B - motion carried.

**NEW BUSINESS:** Lynn C made a motion to adjourn - seconded by Jeff P. The meeting ended with the Lord's Prayer.

**CORRECTIONAL FACILITIES Account #484-185-4**

Expenses	Check #	Amount
AA Central Office-bks-Altica	1050	100.00
Balance pr checkbook 12/25/93		703.41
Add receipts 12/25/93-1/25/93		290.00
Deduct expenses 12/25/92-1/25/93		-100.00
Balance per checkbook 1/25/93		893.41
Operating credit for Jan '93	190.00	

**TREATMENT CENTER Account #602-089-5**

EXPENSES	Check #	Amount
Harold B - Meeting supplies	219	22.50
AA Central Office - pham., Renaissance	220	6.00
AA Central Office - Don H	221	50.25
AA Central Office - ECMC	222	110.00
AA Central Office - Big Bks	223	159.25
Total expenses		348.00
Balance per checkbook 12/25/93		561.01
Add receipts 12/25/93-1/25/93		190.00
Deduct expenses 12/25/93-1/25/93		-348.00
Balance per checkbook 1/25/93		403.01
Operating debit for Jan '93	(158)	

**CENTRAL COMMITTEE ACCOUNT #504-771-7**

RECEIPTS	12/25/93-1/25/93	
47 Groups contributed		2928.59
Joint meeting (expenses \$14.21)		18.37
New Frontiers Subscriptions		103.00
Envelope System		1668.00
Literature		2645.10
Miscellaneous:	Lourdes vigil	20.00
	Mailing & printing	34.00
	Fall Convention	396.00
	<b>Total receipts</b>	<b>7813.06</b>
DISBURSEMENTS		
# 10 Ellcott Sq Corp - rent		542.00
Comm Mental Health Ctr-C.C. meeting		35.00
Join Sales - Lourdes vigil		100.00
US Postmaster - mtr refill		300.00
Pitney Bowes - mtr rt		78.00
Buffalo News		307.20
Happy Spring Water		13.50
Bretwieser Printing Co, Inc-open sch		934.20
M&T Bank - Federal Withholding Tax		777.18
The Message Connection, Inc.-answering service		162.40
New York Telephone		175.71
David F Williamson - UPS charges		59.53
AA World Service Inc - short pd		6.00
Hazelden - bks		2709.16
AA World Service, Inc - books		1833.60
Salaries - Central Office		1422.04
Petty Cash		50.00
Bank service charges		54.05
	<b>Total disbursements</b>	<b>9559.57</b>

RECAP		
Balance per checkbook 12/25/93		2409.17
Add receipts 12/25/93-1/25/93		7813.06
Deduct expenses 12/25/93-1/25/93		-9559.57
Balance per checkbook 1/25/93		662.66
	M & T Time Deposit	9650.30
	M & T Money Market	13080.55

1st Step					
3rd Step					
6th Step					
11th Step					
A Day At A Time					
A Helping Hand	20.00				
A New Beginning					
Abbott Mens Discussion					
Acceptance					
Achievement					
Action					
Age Doesn't Matter					
Alblon					
Alexander					
All Women					
Amherst Snyder					
Amherst Tree of Life					
Amsdell Lakeshore					
Any Age					
Arcade					
As Bill Sees It					
Attitude Adjustment					
Attraction	100.00				
Awakening					
Beginner's Table					
Beginning in Sobriety I					
Beginning in Sobriety II					
Beginnings-Women's					
Better Days (Bilingual)					
Bidwell	30.00				
Bidwell Monday Disc					
Big Book - Lockport					
Big Book Group					
Big Book Study (Thursday)	25.00				
Blasdell					
Blasdell Monday Nite					
Blissfully Sober					
Boulevard Women's					
Brass					
Broadway-Balley					
Brocton Discussion					
But for the Grace of God	15.00				
By The Book-Buffalo					
Came To Believe					
Campus (Bflo State Col)					
Casting					
Cathedral Park	32.00				
Caz Manor	125.00				
Cazenovia					
Central Park					

	Jan. 93	Accum.	Jan. 93	Accum.	Jan. 93	Accum.
Chapter IX	10.00		10.00			
Cheektowaga						
Chevy #1						
Clarence Men's Discussion	400.00					
Clarence Men's Disc II						
Cold Springs						
Common Problem						
Community Center						
Cornplanters Again						
Courage						
Delaware Discussion						
Derby	50.00					
Desire	25.00					
DeVeaux Discussion						
Downtown Discussion						
Downtown Men's Disc						
Dunkirk						
Early Bird						
Early Start						
East Amherst						
East Aurora					10.00	
East Side						
Easy Does It						
Eden-North Collins						
Ellicott						
Ellicottville						
Emergency						
Eternal Vigilance						
Everybody's						
Everyone's A.A. Group						
Eye Opener						
Faith						
Father Baker						
Feelings						
Fireside						
Fireside P.M.						
First Things First						
Fredonia Bkft. Meeting						
Fredonia Discussion	60.00					
Freedom	25.00					
Fresh Start						
Friday Nite Discussion						
Friday Noon Meeting						
Friendly						
Friendship Fireside						
Frontier						
Gah Nee Goin Geh(Of the Mind)						
Gardenville						
Gay, Lesbian, Sober & Proud						
Giving						
Golden Slipper	300.00					

	Jan. 95	Accum.	Jan. 95	Accum.	Jan. 95	Accum.
Good Life						
Grand	30.00					
Grand II Joy Of Living						
Grateful						
H.A.N.D.	60.00					
H.O.W.	5.00				5.00	
Half & Half						
Hamburg						
Hamburg Big Book						
Handicappers Sat. Nite	50.00					
Happy Hour						
Harmony	10.00					
High Noon (Gay)						
High View						
Hill Billy						
Honest Desire						
Honesty	30.00		10.00			
Hora deReflección(Spanish)						
Humbly Willing						
Ignatia	10.00					
Inner City.						
Inspiration						
Iron Horse	10.00		10.00			
IT						
It's About Time						
Just for Today						
Keep It Simple, Sister						
Keep on Comin'						
Kenmore						
Kensington Diac						
Ladies Night						
Lakeshore	20.00		20.00		20.00	
Lakeview			50.00		50.00	
Last Chance						
Let Go & Let God						
Lew-port						
Liberty Women's						
Life Today						
Lighten Up						
Live and Let Live (Gay)						
Living Sober	35.00					
Lock City						
Lockport #1						
Lockport Discussion						
Lockport Ladies						
Lockview						
Love Joy						
Lower River						
Marilla						
Matt Talbot	25.00					
McKinley Winners						

	Jan. '93	Accum.	Jan. '93	Accum.	Jan. '93	Accum.
Medina New Life						
Mercy						
Mid-day						
Midnight						
Miracle						
MOD (Serenity Room)						
Morning After	5.00		5.00			
Never Too Late						
New Awakening						
New Beginnings						
New Freedom						
New Frontier						
New Frontier Womens						
New Life	10.00		5.00			
New Westside						
New Zion						
Niagara Frontier Men's						
Nite People						
North Buffalo	100.00		25.00		25.00	
North Buffalo Men's						
North Java						
One Day at a Time(ODAT)						
Open Arms						
Open Mind (Gay)						
Opportunity						
Orchard Park Step						
Pass It On	10.00		5.00			
Patchin						
Pendleton-Chapter V						
Perry						
Positively Living II						
Positively Living III						
Powerless						
Primary Purpose						
Progress						
Purpose	102.00					
Rainbow						
Ray of Hope						
Remember When						
Renaissance I	50.00					
Renaissance,II						
Renewal						
Restored to Sanity	25.00					
Ridge	10.00		10.00		10.00	
Rise & Shine						
Rush Hour						
S.S. Sobriety						
Sally						
Salvation Army						
Saratoga						
Saturday Earlybird						



	Debit	Account	Debit	Account	Debit	Account
Saturday Night Alive						
Saturday Night Disc						
Saturday Nite Live						
Searching for Serenity						
Second Chance						
Security						
Seneca 12 & 12						
Serenity						
Serenity Circle	10.00					
Sharing and Caring						
Sheridan	30.00					
Silver Creek Friendship						
Sober Trail						
Sober Winners						
Sobriety and Beyond						
Sobriety (Men's Disc)						
Somerset						
South Buffalo	30.00		20.00		20.00	
South Town						
Southgate						
Southwestern						
Spirit of H.O.P.E.						
Spiritual Progress						
Springville						
Springville-no smoking						
St. Barnabas	50.00		50.00			
St. Mark's						
Stay Clean						
Step						
Stepping Stones						
Suburban						
Sunday Breakfast						
Sunday Morning Bkft.						
Sunday Niters	20.00		20.00			
Sunday Third						
Sunrise Court						
SUNY-Amherst Campus	224.50					
Surrender & Hope						
Survivors						
Swinging Door						
TnT	100.00					
TGIF						
Thankful	50.00					
The Journey						
The Way						
Thruway	300.00		20.00			
Thursday Afternoon Disc						
Today						
Town Hall						
Tri-County						

Tuesday Men's Disc.				
Turning Point				
Twin Cities	50.00			
United Brotherhood				
Unity				
University	160.00			25.00
Urban				
V.I.P.				
Valley				
Varysburg				
Veterans				
Victory				
Villa				
We Admitted	5.00		5.00	
We Are Not Saints				
We Care				
We Choose Life				
We Need You				
Wehrle	10.00			
Welcome				
Welcome Home				
West Seneca Sat. Nite				
Westfield	75.00			
Westminster				
WHY				
Williamsville				
Willing To Grow				
Wilson				
Women's Westside Disc.			25.00	25.00
Working				
You'll Never Walk Alone				
Youngstown				
Youth Gone Wild				
			290.00	190.00
47 Groups-January '93	2928.59			
Last month accum.totals				
Year-to-date totals	2928.59			