

NEW FRONTIERS

January 2003

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF
WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

The Right Fight

The Devil is on your left,
God is on your right,
Tell me which one you want to fight.
For God, we know,
Is out of sight,
So it's the Devil you want to fight.
Fight that Devil with all your might,
Then you'll be in God's sight.
God is the one.
That's how life began.
God gave his life for me,
Read the bible, this you'll see.
So fight the Devil with all your might,
I guarantee you will see the light.
God is with you, that He'll be,
He'll send the Devil to his knee,
So fight, fight, fight!
God will show you the light,
So pick the one on the right,
God will fight for you with all his might.
Say your prayers,
Don't be a square,
God will answer all your prayers.
So trust in God, He's the one on the right.
God will keep that Devil out of your life,
The fight for your life.
May God be with you always.

Anthony E. 9/22/02 - CAZ Manor

Lost Soul

I have been crying all day. Big crocodile tears - straight from the heart, straight from the soul. I haven't cried since my relapse into drugs and alcohol about two months ago. I suffered severe depression off and on over the course of my relapse, yet never once did I cry. After only 11 days of recovery (of healing) have I found the real pain. The truth. The real me. I have found my soul!

Of course it was never really lost. It was just being hid from me by my diseased mind. A mind that will do anything in its power to stop me from transcending through ego. Ego - that haven created for mind by mind. My mind would rather see me go from one unhealthy relationship to another. It would rather see me go to prison. My mind would rather see me drink and drug myself into an early grave. It will create an illusion of reality and make me believe it to be true, to the point of such severe depression that I contemplate suicide.

However it is not real! I know this because I did not shed a single tear. I cry like a baby with no shame today though. Why? Because this is real, this is my lost soul crying out for help. Not the kind of help my mind has been feeding it for 37 years. Not those great big lies my mind tells me. You know the ones - "I'll be all right if I just find the right girl." - "I'll be all right if I just make more money." - "I will be happy if I have all the latest, top of the line material possessions." - "I will be fine as long as I'm drunk and cannot feel at all!" And of course the worst one of all - "I am all right!" The big denial - ignore the emptiness as if it were not there.

Many believe that life is about the flesh. I know I did. I was wrong! Today I believe it is all about the soul, this life is about the soul first, then the mind and body. It is not about how much money, cars, or house's you own. It is about what we do to help our souls grow. Were we of any service in our very short time in this realm, (this reality)? What can we say we really accomplished in our whole lifetime? Did we grow closer to God?

I may be sad today, full of pain - but this is real and I will take it. As I cry and the tears roll down my cheeks, I love life and am close to God once again. This pain will fade and I will feel true joy because I have found my lost soul. I will feed it with love and compassion for my fellow man. Through service I will grow, I cannot be selfish, only a corrupt mind has that character flaw.

I believe there are many ways for a soul to lose it's way down false roads that can only be traced back to self - the mind and the pursuit of happiness in all the wrong places, usually the material world. Peace of mind can only be found temporarily in a new car, a new house, or a bottle of whiskey. No matter what the pain or fear is buried down deep the truth will set me free.

Tears cleanse the soul and God is always with me. When my mind tells me He is not there, it is a lying to me.

Daniel T. - Valley Group



The 40th IAAWC will be held in Buffalo in February 2004. We will have many panels on the 4 days of the Convention. We invite women in WNY AA to send in topics they would like to hear for panel discussion at the convention. Please send your suggestions for topics to:

P.O. Box 234
Sanborn, NY 14132

Or call Joanne @ 688-2760.

Step One: We admitted we were powerless over alcohol ~ that our lives had become unmanageable.

Paradox ~ Surrender to win.

Such is the paradox of AA regeneration; strength arising out of complete defeat and weakness, the loss of one's old life as a condition for finding a new one.

AA comes of Age p. 33

Excerpts from *Alcoholics Anonymous* Chapter 3

The idea that somehow, someday he will control and enjoy his drinking is the great obsession of every abnormal drinker. The persistence of this illusion is astonishing. Many pursue it into the gates of insanity or death.

We learned we had to fully concede to our innermost selves that we were alcoholics. This is the first step in recovery. The delusion that we are like other people, or presently may be, has to be smashed.

We are convinced to a man that alcoholics of our type are in the grip of a progressive illness. Over any considerable period we get worse, never better.

... there is no such thing as making a normal drinker out of an alcoholic.

Here are some of the methods we tried: Drinking beer only, limiting the number of drinks, never drinking alone, never drinking in the morning, drinking only at home, never having it in the house, never drinking during business hours, drinking only at parties, switching from scotch to brandy, drinking only natural wines, agreeing to resign if ever drunk on the job, taking a trip, swearing off forever (with or without a solemn oath), taking more physical exercise, reading inspirational books, going to health farms and sanitariums, accepting voluntary commitment to asylums – we could increase the list ad infinitum.

Commencing to drink after a period of sobriety, we are in a short time as bad as ever. If we are planning to stop drinking there must be no reservation of any kind, nor any lurking notion that someday we will be immune to alcohol.

To be gravely affected, one does not necessarily have to drink a long time nor take the quantities some of us have. This is particularly true of women. Potential female alcoholics often turn into the real thing and are gone beyond recall in a few years.

For those who are unable to drink moderately the question is how to stop altogether. We are assuming, of course, that the reader desires to stop. Whether such a person can quit upon a nonspiritual basis depends upon the extent to which he has already lost the power to choose whether he will drink or not.

Tradition One: Our common welfare should come first; personal recovery depends upon AA unity.

Excerpts from the 12 & 12

The unity of Alcoholics Anonymous is the most cherished quality our society has. Our lives, the lives of all to come, depend squarely upon it. We stay whole, or AA dies. Without unity, the heart of AA would cease to beat; our world arteries would no longer carry the life-giving grace of God. His gift to us would be spent aimlessly.

The AA member has to conform to the principles of recovery. His life actually depends upon obedience to spiritual principles. If he deviates too far, the penalty is sure and swift; he sickens and dies. At first he goes along because he must, but later he discovers a way of life he really wants to live. Moreover, he finds he cannot keep this priceless gift unless he gives it away. Neither he nor anybody else can survive unless he carries the AA message.

By faith and by works we have been able to build upon the lessons of an incredible experience. They live today in the Twelve Traditions of Alcoholics Anonymous, which – God willing – shall sustain us in unity for so long as He may need us.

Interested in receiving the New Frontiers?

Name: _____

Address: _____

Enclosed is a check or money order made payable to the AA Central Office earmarked the "New Frontiers" for \$ _____ for _____ copies.

Rates:

1	Copy	\$10.00	20 Copies	\$57.00
2	Copies	13.00	30 Copies	75.00
5	Copies	24.00	40 Copies	95.00
10	Copies	33.00	50 Copies	120.00
15	Copies	43.00	60 Copies	135.00

Mail to the Central Office:

845 Ellicott Square Building
295 Main Street
Buffalo, New York 14203-2412

The Spiritual Garden

Plant three rows of Peas:

1. Peace of mind
2. Peace of heart
3. Peace of soul

Plant Four Rows of Squash:

1. Squash gossip
2. Squash indifference
3. Squash grumbling
4. Squash selfishness

Plant Four Rows of Lettuce:

1. Lettuce be faithful
2. Lettuce be kind
3. Lettuce be patient
4. Lettuce really love one another

No Garden Without Turnips:

1. Turnip for meetings
2. Turnip for service
3. Turnip to help one another

In Our Garden, We Must Have Thyme:

1. Thyme for Prayer and Meditation
2. Thyme for each other
3. Thyme for family
4. Thyme for friends

Water freely with patience and cultivate with love. You will reap what you sow.

IN MEMORIAM Things We Can Not Change

Ray K. ~ Holland Group ~ 41 years

Elvis R. ~ Live and Let Live Group ~ 13 years

Let's remember them and all the others who passed on in our prayers

Guidelines for writing *New Frontiers* articles

Format: If possible, manuscripts should be typed. If you don't have a typewriter or computer just write clearly and legibly, on one side of the paper only. If you quote from AA literature (or another source) in your article, please give the correct name of the source, along with the page number.

Length: Maybe you heard a one-liner at a meeting that you'd like to pass along, or maybe you just want to relate one short but sweet incident, or maybe you really want to go in depth on a particular subject - no matter how long or short, the important thing is that you say what you want to say. Please keep articles to one typewritten page since space is limited.

What We Do Not Publish: Personal prayers, tributes to individual AA's, drama, anything not related to Alcoholics Anonymous (such as articles about the field of alcoholism treatment, legislation, medical advances, etc.).



Share your Experience, Strength and Hope.

Please submit your articles to Central Office by the 15th for next months issue.

E-Mail address: buffaloaa@hotmail.com

New Frontiers committee meets the 3rd Thursday of every month - 7:00pm - St Michaels, corner of Warsaw & Electric in Lackawanna.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

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BUFFALO, NEW YORK 14203
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buffalooa@hotmail.com

JANUARY 2003

MEETING CHANGES:

ANYBODY'S GROUP, Friday's at Tri-County Hospital, Gowanda, No Longer Meets.

ANOTHER CHANCE, Thurs. at 5:30 PM, Church of the Ascension, 16 Linwood At North, NO LONGER MEETS.

CHEVY #1, Friday's, has moved. Plant #4, Kenmore Ave, go to main entrance, call security to be buzzed in. Sheriton Room.

COLD SPRINGS; has moved to Bailey-Grider-East Delevan Center, 877 East Delevan, 8PM on Monday's.

IN THE SOLUTION; Sunday & Tuesday's, NO LONGER MEETS. Ethereal Café', 8PM.

HOW Group: Will not meet on Christmas Or New Year's Eve. Renaissance House.

LIVE & LET LIVE: is moving on Jan. 3rd to St. John's Grace, 496 Lafayette Ave. (downstairs) on Friday's.

OPEN MIND; now meets at St. John's Grace Episcopal Church, 51 Colony Circle. Time has also changed to 8:00 pm

SOBRIETY ON THE CANAL; has Moved to the First United Methodist Church, 65 Main Street @ Tremont, North Tonawanda. 6 PM, Sunday's.

PLEASE NOTE

- **MOBILE MEETING- ARE YOU, OR SOMEONE YOU KNOW, HOMEBOUND OR CONFINED IN A NURSING HOME AND UNABLE TO GET TO A MEETING? IF SO, AND YOU WANT A MEETING BROUGHT TO YOU, CALL CENTRAL OFFICE AND LEAVE YOUR NAME AND NUMBER, SOMEONE WILL GET IN TOUCH WITH YOU TO MAKE THE NECESSARY ARRANGEMENTS.**
- **Screeners Committee: Attention screeners and 12 step list members. If your phone number or any of your information has changed, please contact the central Office so that we can keep the information current. Thank you very much. Dave B. (Screeners Chairperson)**
- **If your meeting does not meet because of a holiday, could you please notify Central Office so we do not send people there? Thank you.**

NEEDS SUPPORT:

I Don't Know Group, North Buffalo; Monday's at 7:00 Pm, St. Francis Church, 175 East Street and Amherst.

East Amherst, Thursday's at 8 PM, St. Mary's Church, 6919 Transit Rd.

Thankful Group, Friday at 2:00 pm at the New Senior Center. 101 King Street, East Aurora.

Pathways To Peace, Monday – Friday, 10 AM, Sunday's 8 PM, 376 Dewitt St. (near Forest Ave & Niagara)

SERVICE OPPORTUNITIES:

~ Jan. 15, International AA women's Conference Planning Meeting, 6 PM @ the Buffalo Convention Center, Franklin Street.

~ Jan. 5, Central Committee Meeting, 7 pm, 651 Washington Street, St. Michael's Parish. (Hosted by Action).

~ Jan. 5, Corrections Committee Meeting, 6:00 PM, 651 Washington Street, St. Michael's Parish.

~ Jan. 8, 62nd Buffalo Fall Convention Meeting, Wed., 7:00 PM @ The Marriott, 1340 Millersport Hwy.

- ~ Jan. 12, **CPC Meeting**, 6:30 pm, Bacon memorial Presbyterian Church, 166-59th St., Niagara Falls.
- ~ Jan. 16, **New Frontiers Committee**, 7:00 PM. St. Michaels Parish Center, Electric And Warsaw, Lackawanna, before the Victory meeting.
- ~ Jan. 12, **WNY General Service Assembly Meeting**. 1:00PM. Hamburg Town Hall, 5999 South Park Ave., Hamburg. (Hosted by Action)
- ~ Jan.17, **Public Information Committee** will meet at Deerhurst Presbyterian Church at 9:00 am.
- ~ Jan.25, **Archives Committee Meeting**, 9 am, Maryvale Presbyterian Church, 425 Maryvale Drive. Archives are still available for group functions or Anniversaries; call Dick K. 668-8358, with 30 days notice.

COMING EVENTS

- ~ Jan. 15, **Ellicott Group** will be celebrating it's 23rd group Anniversary at 8 PM at 608 William Street. Everyone welcome.
- ~ Jan 29, **Main & High, 4th Group Anniversary**, Speaker, Eating Meeting, Please bring a dish if you wish.

1st STEP: "We admitted we were powerless over alcohol—that our lives had become unmanageable."

1st TRADITION: " Our common welfare should come first; personal recovery depends on A.A. unity."

1st CONCEPT: Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

PLEASE SUPPORT THE ENVELOPE SYSTEM

... Yours in the Fellowship of the Spirit...

Terry Bateman.... Executive Secretary

Buffalo Central Committee January 5, 2003

The meeting was opened at 7:00PM by Chairman, Mike D., with a moment of silence and the Serenity Prayer. Mike read the Preamble, Donna P. read the Purpose of Central Committee and Patti S. read the Traditions. John M. motioned to dispense with the reading of last month's minutes. Charles seconded the motion.

41 Groups Attended: District #1: Cornplanters Again, Downtown Men's, Main and High, Sunrise Court, Those Too. District #2: Chapter IX, Early Bird, Easy Does It, North Buffalo, Three Legacies, Welcome. District #3: Abbott Men's, Cazenovia, Courage, Gardenville, New Life, Rainbow, Ridge, Southgate, Try Again, Tuesday Women's, Victory. District #4: Action, Patchin, St Mark's, Springville Tuesday Night. District #5: Lockport #1, Niagara Frontier Men's, Wilson. District #6: Go To Any Lengths, Holiday Village, Lakeshore. District #7: Buffalo, Beginning in Sobriety II, Casting, Ellicott, Harmony, Lovejoy, Remember When, Spirit of Hope. District #8: Amherst Snyder, Wehrle.

COMMITTEE REPORTS:

ENVELOPE SYSTEM: Karen S. gave the report. The report included monies donated up to December 15, 2002. The total for the month of December: \$643.00. The yearly total is \$6, 853.00, slightly more than last year.

STEERING COMMITTEE: Mark S. gave the report. Two representatives were elected. Frank M, District 4 and Pete L. District 5. Terms for the chairpersons of Treatment and Corrections will run for two years, as voted on previously. The steering committee will contact the representative from General Service with some concerns.

FINANCIAL REPORT: Joanne McC. Gave this report. She noted an error in division on the report. Over the year 2002, income was approximately \$292.00 over expenses. Groups were encouraged to give more when possible in order to increase our prudent reserve, which currently would cover two months. General Service recommends a larger prudent reserve.

TREATMENT: Winston gave this report. All meetings covered, except Tuesday at the Lighthouse. The treatment committee met with the new clinical director of ECMC and expressed gratitude for the meeting.

CORRECTIONS: Bob G. gave this report. Pete L. resigned as Niagara County rep and Gary S. will take his place. Donna G. resigned as women's rep for Niagara County. A new chairwoman is needed for Niagara County, as well as coverage on the 3rd, 4th and 5th Thursdays. Erie county Men's need coverage in March. Bob L. has applications for individuals who wish to volunteer at the facilities. From now on women will only be welcome in the correctional facilities in pairs.

CENTRAL OFFICE: Terry B gave this report. December was a busy month and there were many volunteers. Terry expressed her appreciation for the volunteers. There was a computer breakdown, but the problem has been resolved, thanks to volunteer efforts of John B. The new schedules are in. There is an error in the group contribution report.

\$325.00 of the contributions from the Eyeopener Group is actually from the Acceptance/Welcome Group.

PIC: No Report

NEW FRONTIER: No report.

61st BUFFALO CONVENTION: Pat. M gave the report.

The convention was kept under budget. The seed money received was \$1,327.98. That money will be passed on to the 62nd Convention, with roughly \$900 going to central office. Waiting for the final bank statement to come in for completely accurate numbers. Will report at next month's meeting and have check for central office. Pat expressed gratitude for being allowed the pleasure of serving.

62nd Buffalo Fall Convention: Terry B., chairperson, stated that the first meeting would be held on Wednesday, January 22, 2003 @ the Marriott. The future meetings will be held at the Salvation Army on Main St.

AD HOC COMMITTEES: Lee M stated that the committee has not met because of the holidays, but will resume investigating the options regarding the moving of the Central Office.

GSA: No report

CPC: No report.

ARCHIVES There are two displays coming up, the Cazenovia Group anniversary and the Spring Convention in April.

RECAP: No concerns

OLD BUSINESS: Frank M was unanimously voted as District 4 Steering Committee representative. Winston nominated Tom C. for Treatment Chair. Tom has a long history of service work John H. moved to accept the nomination, Pete L seconded. Tom was elected by acclamation. Joanne McC spoke briefly re: Women's International AA Convention, to be held in Buffalo, February 2004. Andrea P. displayed the logo for the convention. The next meeting will be January 15, 2003 @ the Convention Center.

Lee M. made a motion to close, seconded by Charles. Motion carried and meeting ended @7:40.

Thank you for the Seventh Tradition donations.

Ⓢ	ATTENDED C.C.	CO	Cumulative	Treatment	Cumulative	Corrections	Cumulative	Ⓢ	ATTENDED C.C.	CO	Cumulative	Treatment	Cumulative	Corrections	Cumulative
									Dunkirk Monday Night						
	11:45							Ⓢ	Early Bird	50.00	50.00				
	12 Step								Easier Softer Way						
	4th Step Stumblers								East Amherst	30.00	30.00				
	6th Step								East Aurora						
	A Day At A Time							Ⓢ	Easy Does It	25	25				
	A Little Bit of Everything							Ⓢ	Elcott						
	A New Freedom								Elcottville						
	A Strong Desire								Emergency						
Ⓢ	Abbott Men's	100.00	100.00	100.00	100.00	100.00	100.00		Eternal Vigilance						
	Acceptance/Welcome								Everybody's						
	Achievement	500.00	500.00			100.00	100.00		Express						
Ⓢ	Action								Eyeopener	137.00	137.00				
	After Midnight								F.U.N.						
	Age Doesn't Matter	50.00	50.00						Faith						
	Alexander								Father Baker	200.00	200.00				
Ⓢ	Amherst/ Snyder	16.98	16.98						Feelings						
	Amsdel Lakeshore	30.00	30.00						Fireside						
	Another Chance								Fireside PM						
	Any Age								First Things First						
	Any Length	30.00	30.00						Fredonia Discussion						
	Anybody's								Fredonia Friday Noon						
	As Bill Sees It								Freedom	75.00	75.00				
	Attitude Adjustment								Freedom Now						
	AW Group								Fresh Start						
	Attraction								Friendly						
	Beginner's Table								Frontier(New)						
Ⓢ	Beginning In Sobriety II							Ⓢ	Gardenville	50.00	50.00				
	Beginning's Women								Georgetown						
	Bidwell Monday								Getting Better						
	Big Book Lockport					5.00	5.00		Giving						
	Big Book Study							Ⓢ	Go to Any Length					11.00	11.00
	Big Book Workshop								Golden Slipper						
	Blasdel								Grand						
	Blasdel Monday Night	20.00	20.00						Grand II Joy of Living						
	Bodhisattva								Grateful						
	Boulevard Helping Hand								Guiding Light						
	Boulevard Women	75.00	75.00						H.O.W.						
	Brass								Half and Half						
	Broadway Bailey								Hamburg						
	Brocton AA								Hand						
	Brownbaggers								Handcappers						
Ⓢ	Buffalo Group	1.00	1.00						Happy Hour						
	But For the Grace of God							Ⓢ	Harmony						
	By The Book								Helping Hand						
	Came To Believe								High Noon						
Ⓢ	Casting								High View	180.00	180.00				
	Cathedral Park	62.68	62.68	25.00	25.00	25.00	25.00		Higher Power						
	Caz Manor								Hillbilly						
Ⓢ	Cazenovia							Ⓢ	Holiday Village	300.00	300.00				
	Central Park								Holland						
Ⓢ	Chapler IX								Honesty	10.00	10.00				
	Cheektowaga								Horizon						
	Chevy #1								Hopa Big Book Study						
	Clarence Men's								How It Works						
	Clarence Men's II								How It Works/Men's						
	Cold Spring	15.00	15.00						Humboldt Riley						
	Common Bond								Inner City						
	Common Problem								Inspiration	100.00	100.00				
	Community Center	10.00	10.00	5.00	5.00	5.00	5.00		Intoxicated on Life						
Ⓢ	Complanters								Ironhorse						
Ⓢ	Courage								IT						
	Arcade								Jamestown Groups						
	Crossroads	150.00	150.00						Johnson Creek Big Book						
	Cross Talk Big Book	25.00	25.00						Journey						
	Daily Reflections								Just Do It						
	Daily Reprieve								Just For Today/ Abtion						
	DeVeaux Discussion								Just For Today/Cheek						
	Derby								Keep It Simple Sister						
	Desire								Keep On Coming						
Ⓢ	Downtown Men's	2.00	2.00						Kermore						

Ⓢ	CO	Cummulative	Treatment	Cummulative	Corrections	Cummulative	Ⓢ	CO	Cummulative	Treatment	Cummulative	Corrections	Cummulative
							Ⓢ						
Kensington							Ⓢ	Renewal					
Ladies Night							Ⓢ	Ridge	100.00		100.00		
Lake Shore								Ridge/Pink Can					
Lakeview								Rise and Shine	30.00		30.00		
Last Days Fellowship								Rochester					
LawPort								Roland					
Let Go and Let God	10.00	10.00	5.00	5.00	5.00	5.00		Rural Is Plural					
Liberty Women								Saly					
Life Today								Saratoga					
Lighen UP								Searching For Serenity					
Live and Let Live								Second Chance					
Living In the Solution								Serenity					
Living Sober	40.00	40.00						Serenity Circle	20.00		20.00		
Lock City								Serenity on the Lake					
Ⓢ Lockport #1					4.58	4.58		Serenity Trails					
Lockport Discussion								Setaside					
Lockport Ladies								Sheridan	40.00		40.00		
Lockview					5.00	5.00		Silvercreek Friendship					
Look To This Day								Sober and Proud					
Love								Sober Saturday					
Ⓢ Lovejoy								Sober Trail					
Lower River								Sober Winners	20.00		20.00		
Lunch Time								Sobriety for Women					
Ⓢ Main and High								Sobriety Men's Disc.					
Main Street								Sobriety On The Canal					
Marilla								Sobriety on a Sat. Night					
Matt Tabot								Sobriety on the Lake					
Mayville Uplown Group								Somerset					
Medna Grapevine								South Buffalo					
McKinley Winners								South Town					
Medna Big Book							Ⓢ	Southgate					
Medna New Life								Southtown Women's					
Mercy								Southwestern	50.00		50.00		
Mid-day							Ⓢ	Spirit of Hope					
Miracle								Spiritual Progress					
Morning After								Springville SaLAAfternoon					
Monday Morning Lockport							Ⓢ	Springville Tues. Night					
New Awakening								Springville Wed. Noon					
New Frontier	380.00	380.00					Ⓢ	St. Barnabas					
New Beginnings/St. Vincent							Ⓢ	St. Mark's					
Ⓢ New Life								Starting Over					
New Outlook								Staying Alive					
Niagara Intergroup								Step Work					
New Westside								Stepping Stones/Gow.					
Ⓢ Niagara Frontier Men's Disc.	38.00	38.00						Stepping Stones/WIL					
Nightshift								Suburban	10.00		10.00		
Ⓢ North Buffalo	200.00	200.00	50.00	50.00	50.00	50.00		Sunday Afternoon Ascension					
North Java Monday								Sunday Morning Breakfast					
North Java Morning After								Sunday Miers					
North Java Sunday								Sunday Third Group					
One Day ATA Time							Ⓢ	Sunrise Court					
Open Arms								SUNY Amherst Campus					
Open Mind								Surrender and Hope	100.00		100.00	25.00	25.00
Orchard Park Slep								Survivors					
P.B.P. Big Book Study								T.P.H.					
Pass It On								TGIF					
Ⓢ Patchin								Thankful					
Pathway to Peace								The Book Meeting	40.00		40.00		
Pendleton Chapter Five								The Moonshiners					
Perry Discussion	10.00	10.00	15.00	15.00	25.00	25.00		There's A Solution					
Pink Can							Ⓢ	Three Legacies					
Pioneer							Ⓢ	Those Too	5.00		5.00		
Positively Living	500.00	500.00						Thruway	300.00		300.00	20.00	20.00
Powerless								Thursday PM Discussion	\$100.00		\$ 100.00		
Primary Purpose								Today					
Principles Bef. Personalities								Today's Woman					
Progress								Tri County					
Purpose/Tonawanda								Tri-Step Beginners					
Ⓢ Rainbow	25.00	25.00					Ⓢ	Try Again					
Ray of Hope								Tuesday Men's AM					
Recovery Near the Gardens	30.00	30.00					Ⓢ	Tuesday Women					
Ⓢ Remember When	25.00	25.00						Turning Point					

Income Statement		15-Dec-02	15-Jan-03
Beg Bal Cash on hand		13,568.18	14,451.77
Contributions			
	Groups	4,628.45	4,593.66
	Joint Meeting	33.00	65.00
	Envelope System	643.00	931.00
New Frontiers Subs		40.00	24.00
Literature		3,962.88	1,878.80
Misc.			30.00
Monthly Income		9,307.33	7,522.46
Expenses			
Office Rent		636.00	636.00
Meeting Room Rent		35.00	35.00
Payroll			
	Salaries (Net)	1,662.92	2,078.65
	Federal Withholdings	1,359.00	1,040.00
	NYS Withholdings		326.60
Insurance			
	State Ins Fund		
	Health	304.00	304.00
	Liability		993.86
Postage			600.00
Phone		94.53	86.96
Accounting			
Advt			
	PIC Lit.		
	Talking Phone Book		
	Verizon	72.75	72.75
	website		
	white directory		359.55
	Yellow Pages		
Literature Expenses			
	Grapevine		
	World Services Inc	1,950.76	927.36
	Hazeldon		601.11
	Printers		1,986.25
Office Supplies		959.86	
Answering service		866.72	577.98
Minolta leasing (copier)		187.00	187.00
Minolta Copies		240.15	
Crystal Rock (water)		50.30	14.50
Bank Charges		4.75	8.75
Monthly Expenses		8,423.74	10,836.32
Monthly Income (Loss)		883.59	(3,313.86)
End Bal Cash on hand		14,451.77	11,137.91
Literature Assets:		5,414.62	6,088.04
Literature Receivable:(outstanding)		228.85	870.09
Corrections Facilites		1,207.80	1,046.56
Donations		175.76	455.58
Expenses		325.00	61.50
Bank Charges		12.00	12.00
Balance		1,046.56	1,428.54
Treatment Facilities		1,114.19	821.71
Donation		359.77	295.00
Expenses			
AT & T Bridging The Gap		35.50	37.56
AAA Abott Answering Service		39.75	44.00
Literature		565.00	540.00
Bank Charges		12.00	12.00
Balance		821.71	483.15

JANUARY ANNIVERSARIES

Acceptance

Deric 1y
 Joe L. 7y
 Jim H. 8y
 Robin A. 18y
 Alice B. 23y

Amherst/Snyder

Michelle C. 3m
 Dave P. 6m
 Larry J. 6m
 Chris B. 6m
 Mike G. 6m
 Mark D. 6m
 Chuck T. 9m
 Richard F. 9m
 Susan C. 9m
 Chandra C. 9m
 Glen G. 1y
 Jay M. 1y
 Chris S. 2y
 Michael M. 2y
 Jamey W. 2y
 Jim S. Jr. 2y
 Krystna T. 2y
 Brain M. 2y
 Amy B. 2y
 Donna D. 3y
 Russ M. 6y
 Ann P. 11y
 Barbara B. 13y
 Gene H. 18y
 Lou B. 20y
 Don B. 22y
 Alice B. 23y
 Helen H. 28y

Cold Springs

Brady P. 9y
 Willie D. 9y
 Al E. 23y

Community Center

Henrietta W. 34y

Courage Group

Lucy M. 2y
 Andy S. 8y
 Pat M. 14y
 Robin A. 18y
 Marie G. 21y
 Agnes H. 21y

Fireside

Amy K. 9m
 Mike M. 2y
 Patty T. 3y
 Bret B. 4y
 Denise O. 5y

Kensington

Jack 3y
 Marilyn L. 23y
Lakeside
 Scott T. 22y
 Danny E. 22y

Lovejoy

Kenyon J. 9m
 Marty 1y
 Holly G. 5y
 Marlene R. S. 5y

Main & High

Joe D. 1y

North Buffalo

Hugh L. 6m
 Butch C. 4y
 Paul L. 5y
 Jim W. 5y
 Walter W. 7y
 Dan G. 12y
 Roger R. 15y
 Michelle L. 16y
 Frank 18y
 Jim S. 19y
 Lou B. 20y

Rise & Shine

Michelle M. 3m
 Fernand H. 3m
 Jonathan D. 3m
 Susan D. 3m
 Wille F. 3m
 Jerome Z. 3m
 Cretina A. 6m
 Denise H. 6m
 Sean (Dec.) 9m
 Justin B. 9m
 Garry C. 1y
 Yvone P. 1y
 Diane C. 1y
 Mary L. 2y
 Douglas W. 2y
 Sandra C. 3y
 Fred R. 10y

Sun. Morning

Breakfast

Andrew B. 9m
 Anthony Z. 9m
 Bernadette 5y
 Norm K. 18y
 Gayle H. 19y
 Dennis B. 24y

Try Again

Janice F. 9m
 Bob B. 12y

Thruway

David D. 2y
 Tom F. 3y
 Tom B. 5y
 Judy G. 5y
 James M. 11y
 Kathy K. 14y
 Mickey G. 23y
 Ellen Mc 28y

Victory

Ed J. 3m
 Dennis E. 9y
 Denise G. 11y

We Care

Jim J. 11y
 Agnes H. 20y
 Jim L. 20y

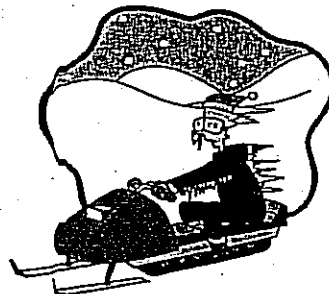
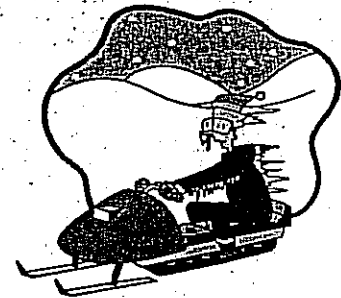
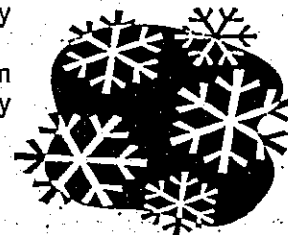
Welcome

Patti G. 6m
 Michelle 15y

GROUPS CELEBRATING

Father Baker
 Williamsville
 New Awakening
 Survivors
 Somerset
 Cazenvoia
 Tuesday Men's Disc.
 It
 Life Today
 Try Again
 Starting Over
 F.U.N.
 Main and High
 Brown Baggers
 New West Side
 Ellicott
 Daily Reprieve
 Varysburg

*Please remember to
 have the anniversaries
 submitted by
 the 15th
 of the month
 previous*



God Grant Me The Serenity
 To Accept the things I cannot Change,
 Courage to change the things I can,
 and the Wisdom to know the difference.