

NEW FRONTIERS

A.A. of the Niagara Frontier

JANUARY 2013

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER

We request that this newsletter be kept within the Fellowship to ensure anonymity



Kitchen Sidebars ... GROUPS SERIES ~ Part 3

We used to have what we called “Kitchen or Hallway” meetings; here I’ll call them KITCHEN SIDEBARS. They still happen today, the one-on-one conversations with friends during the meeting. “I’ve been to enough meetings this week and see a fellow A.A. member I haven’t seen for a while, so we duck into the kitchen (or other semi-private area) to chat.” That’s one example, but there is another important type that I don’t see very often, which is the subject of this article.

It appears as though the group “sharing with each other” concept, popular in rehabs or a typical support group, has fully invaded what we do at a meeting. We have put “program” and “fellowship” into a blender, beat the daylight out of it, and thus combined our beginner/discussion/step/big book tables.

Beginners tables are a separate breed, compared to a Step or Big Book table. Just about anything can be said (within reason) at those tables. In a way this is OK, as I recall some of what people listened to coming out of my mouth, which probably made no sense at the time <G>. It’s where we practice telling someone else what’s going on in our lives, which most of us did not do while drinking. It’s OK to NOT make any sense there at times. No one is exempt from that process of letting someone else in, and taking a chance on making a fool of themselves in the process, if they want what we have. We all have at least one story from our early A.A. days, and it gives us stories to re-tell someday in the future.

Consider one example of this KITCHEN SIDEBAR concept using a beginners table:

One person decides to open up a little — let’s say a drinking spouse problem — doesn’t like how he feels, maybe even throws in the thought that picking up has

floated through his mind a few times. “That’s where I’m at now!” Or he gets bold and asks “What do I do next?”

Since most of the people at that table are beginners, the focus leans toward relating to the problem at hand. Empathy, experience, solutions and advice are offered, even by those never married. The person who brought up the problem now has a 20-item punch list of possible choices. He may forget 95% of them by the end of the Lord’s Prayer. Now I know why some people look like their mind is approaching Jupiter when leaving a meeting.

When I first came to A.A. in 1981, I was blessed with a healthy fear of saying anything at a table. What if I said something that wasn’t correct? I had been introduced to the Steps and I knew I shouldn’t drink, but it was the wisdom of an infant. Not only that, it was hard to keep a thought worthy of sharing in my conscious mind for more than a couple of minutes. I used that magic bullet few use now — I PASSED. Fast forward to my return to A.A. seven years ago. By that time I had about 19 or so years of UN-continuous sobriety over a 25 year period. Yes, I knew the basics. However, I was still reluctant to “take the cotton out of my mouth” because obviously I didn’t know as much as I thought I did. “Pass”. “Pass” again. It’s called ego-deflation. Our books say we all show up with some form of ego out of whack. Besides, why do I think I’m so important that I must open my mouth? There’s no shame in passing — unless you’re also not talking to others before or after the meeting.

In the scenario just described, the KITCHEN SIDEBAR could be used. One or two people with



(Continued on page 2)



(Continued from page 1)

multiple years of experience in living this program would get up, walk over to the person, tap him on the shoulder, and ask him to come with them to the kitchen for a couple of minutes.

This action was not written anywhere. It wasn't even suggested by sponsors that someday you or I should do the same thing. It was simply done by the long-timers, who probably learned to do it the same way ... from their sponsors or by observation. This was frequently done in the '80s and '90s; I have not seen it in years and believe this helpful caring action has been lost to A.A. members as a whole.

We did not combine "fellowship and over-identification with the problem" with the PROGRAM of RECOVERY at tables. Tables were for sharing experience getting through a problem or difficulty, and for sharing victories (i.e., not drinking). They weren't therapy. They were solutions. Tables are supposed to be where we hear and learn the TRUTH, from other members' experience, bathed in love and tolerance. I may have been exposed to the truth from reading the Big Book, but until I experienced it, I was not really qualified to open my mouth. If you didn't have experience on a particular topic, you kept quiet and listened, and maybe, even through osmosis, you learned something. As one good friend has said, this might be what they mean by "A.A. is getting watered down" – less time on the solution, more time discussing the problem.

The BIGGEST BENEFIT of the KITCHEN SIDEBAR was getting one-on-one time with another alcoholic in recovery, one who had good experience in living this program. This, BY FAR, is the better way. Even if the "message" was just some reassurance or encouragement that what the person is going through is something they don't have to drink over, or that they will make it as long as they don't try and carry the whole load by themselves — it was worth the "time out". Sometimes they stayed in the kitchen for the rest of the meeting; other times after 5-10 minutes they'd appear back at the table.

Nowadays, we think we are being polite by resisting immediate action and, instead, waiting for the end of the meeting to try and approach someone. Too late. So if someone, someday, taps you on the shoulder and says, "Can you come with me to the Kitchen ... I have a couple of questions I'd like to ask you", GO WITH THEM. It could be the best decision you make that day. In fact, it could be the best decision you make for the rest of your life.

If you have multiple years of sobriety, are sitting at one of those tables, and get the feeling that a person there might need a KITCHEN SIDEBAR, it's probably your Higher Power placing that thought into your head. He is really good at matching one in need with

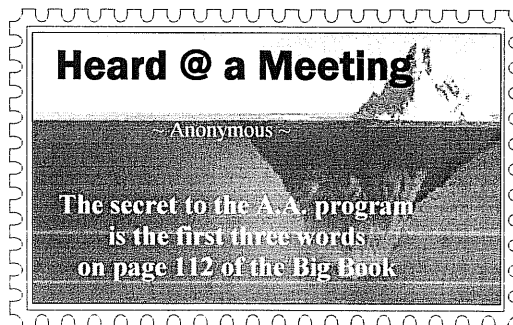
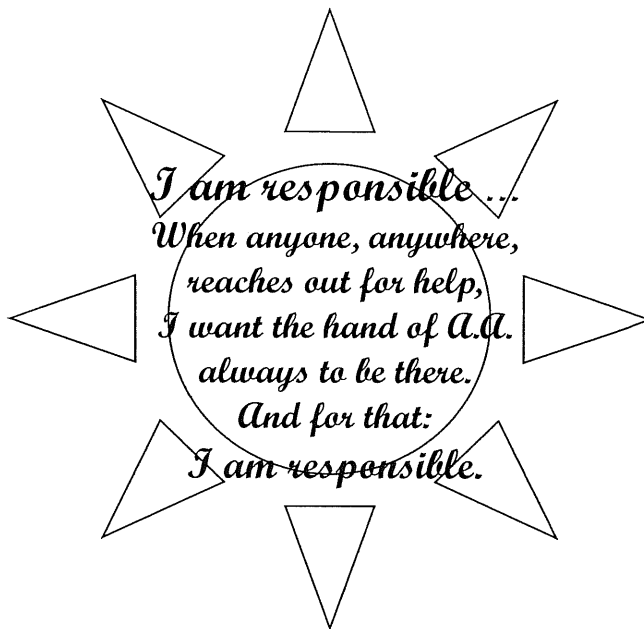
the one that has experience in that need, without either knowing the other's experience. Act on it. All they can do is say "no thanks". Might be their loss, but it is their choice. If you are moderating the table, maybe pass that task to whoever is sitting next to you and ask the question (NOT across the table). Showing care and concern for new people or those in a rough spot is a good thing, but changing a table into "pounce on the one with the big problem" is not the best way to handle it.

Everyone has that desire to help another member. Everyone trying to do it in 45 minutes or less may not be the best way of accomplishing that goal.

Since it rarely happens now, be prepared for a few "what is he/she doing" looks, and maybe a couple of questions after the meeting. If you have been in A.A. for 20+ years, you can tell them what it used to be like too.

There is NO substitute for one-on-one work with another alcoholic, still drinking or 40 years sober.

~ Chip R ~ Lighten Up ~ Central Committee Chair ~



archives

a collection of documents
such as letters, official papers, photographs, or recorded material,
kept for their historical interest



This Month in A.A. ~ *Bob D.*

Many of us arrive at the threshold of that first Alcoholics Anonymous meeting with an aversion to God molded through miserable life experiences and our common plight. If there's a God, then why am I a drunk? Why hasn't God already helped liberate me from my alcoholism? Why has my marriage disintegrated? Why am I broke or homeless? Why have I been made to endure so much pain and/or tragedy? What kind of God would allow all this to happen to me?

Similar skepticism was expressed by Jim B., one of the early members of A.A., when he joined the fellowship armed with a desperate desire to stop drinking. Until Jim's arrival in January of 1938, A.A. was getting along under a blanket concept of a Higher Power. It either was generally assumed we all thought alike in regard to a Higher Power or no one in the fellowship had been moved to think that each of us might perceive God differently.

At the time, the perception that "God is God" was like saying that "an apple is an apple." Never mind that there are numerous varieties of apples suited to different tastes and oft-times different purposes. Jim B. helped point that out.

In the Big Book it states that "driven by a hundred different forms of fear ... we step on the toes of our fellows and they retaliate." Yet only through the skepticism of Jim B. did it come to pass that God as we'd been taught to perceive him might in fact be one of our greatest fears. Because if we were made to accept a god that exacts retribution, or a god that's uncaring, or a god that's unforgiving, where exactly did that leave us in our desire to move forward from our past and begin a new life with a daily reprieve from alcohol based upon our spiritual condition?

"For a long time the only Higher Power I could concede was the power of the group, but this was far more than I had ever recognized before, and it was at least a beginning," Jim wrote in his story, "The Vicious Cycle," contained within The Big Book.

"Around this time our big A.A. book was being written ... My only contribution to their literary efforts was my firm conviction — since I was still a theological rebel — that the word God should be qualified with the phrase "as we understand Him" — for that was the only way I could accept spirituality."

Jim's suggestion was met with some resistance. As recounted in "Pass It On," "Jimmy B. opposed the strong references to God, in both the Steps and the rest of the early (Big Book) chapters; Hank wanted to soft-pedal them; but Fitz was for going all the way with 'God' ... The result of this was the phrase 'God as we understand Him'.

"Bill regarded these changes as 'concessions to those of little or no faith' and called them 'the great contribution of our atheists and agnostics. They had widened our gateway so that all who suffer might pass through, regardless of their belief or lack of belief.'"

Doubtless this concession, minor although some may have perceived it at the time, played a significant role in the sustainability and growth of the fellowship. If we reach the doors of A.A. with an aversion to God as taught to us through religion, we're free to discard that concept and replace it with our own. We are encouraged to build a relationship with "God as we understand Him".

According to an article on www.aa.org, "In the Grapevine article that was written when Jim was sober for 30 years, he says, "I do feel sure my experience was not in vain, for 'God' was broadened to cover all types and creeds: 'God as we understood Him'. For the new agnostic or atheist just coming in, I will try to give very briefly my milestones in recovery: "The first power I found greater than myself was John Barleycorn. The A.A. Fellowship became my higher power for the first two years. Gradually, I came to believe that God and Good were synonymous and were to be found in all of us. And I found that by meditating and trying to tune in on my better Self for guidance and answers, I became more comfortable and steady."

Some might always conclude that Jim B. stands as another example of God's part in the formation of Alcoholic Anonymous and its ability to rid us alcoholics of our obsession for more than 75 years.



WE NEED LEADERS

This article is written with my " Central Committee Chairman hat " on.

We need some leaders.

Your next thought might be " not me ", ending with a period or a question mark. You don 't think you are qualified. You don 't think you have the time.

The current leaders are running on empty and/or on their 3rd or 4th tour of duty. They have loads of experience they desire to pass on, but no one is there to receive it. Even the word "leader " is hard to define, as it really means more of a chance to serve others, to test your humility (worldly accolades aren 't part of this leadership), to have front-row seats watching others get help — the same help we once freely received.

I thought about some of what you might encounter, should you accept the challenge, or what might be qualifications. I hesitate to put these on paper, as they are one A.A. member 's opinion, they are not exhaustive, and could in fact be completely off-base. So I picked a few that seem to be important in my experience.

If you have a caring heart for the still-suffering alcoholic, that matters. Even if that care is for families of those needing our program, that is enough.

If you have an idea and initial sense of direction, combined with a few ounces of courage in not waiting for someone else to "suggest " you sign up, it is a good thing.

If you know you don 't know-it-all, are willing to ask others to join you in your service work, and have a fair amount of "not given away yet " experience in A.A., you are ready.

If you have been on a sabbatical from service work, and that internal timer says "complete ", then you are ready. If your growth in our A.A. program has stalled, this is one way to jump start that continual process.

We need people who, at the end of the day, want to rest in the knowledge that they helped something larger than themselves. If you are sick of the status quo, great!



I know there are a few out there. There is a still-small voice telling you, "Do something more. " You 've resisted it because you don 't think it is from your Higher Power. You may even think it is your own ego starting to swell. The voice doesn 't go away, yet it is polite. You even have thoughts some nights like "If I were on {X } committee, I might try doing [this or that]. "

Answer the call of that voice. You don 't need to be someone who is a great public speaker, or one who will stir the pot, have all the answers, possess a charismatic personality or any of the other qualifications "the world " says a leader should have. You don 't have to chair a committee — each one is made up of servant-leaders.

Call Central Office and let us know you are interested in getting involved. Show up at a Central Committee meeting & sign up for a committee. That 's all it takes to start. A few did so at the last Central Committee meeting. Rewards are beyond what you now think they would be.

Our Higher Power working through us has more to do with successful leadership, as well as committees getting things accomplished, than anything we might bring to the table. And yes, you may qualify. I 'm not sure if I have all the "necessary " qualifications for the Central Committee Chairman position, but I do know there will be people available if I need assistance. So, put that "action " part of our program to work in your life — today!

Chip R.

Home Group: Lighten Up

Service: Central Committee Chairman



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 (illustrated) ~
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Our Third Legacy: The Twelve Concepts for World Service

How Bill W. explained the spiritual principles that undergird A.A.'s structure and how the parts work together.

As A.A. grew up, it began with the groups — first only a few, then hundreds and then thousands. Very early an Alcoholic Foundation, later renamed The General Service Board, was formed to be responsible for our affairs. And with Dr. Bob's death and Bill W's facing up to his own mortality, a General Service Conference assumed the leadership. Meanwhile, a tiny publishing operation and service office had grown in size and importance to the Fellowship, and a monthly journal, the *A.A. Grapevine*, was being published. Which of these entities was supposed to do what? What was their relationship? Who was in charge? What were their responsibilities — and what were their rights? Bill recognized this need and [in 1962] set down his concepts of the "why" of the whole structure, the lessons to be drawn from experience, the relationships and, above all, the spiritual principles.

Concept I

Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

Alcoholics Anonymous has been called an upside-down organization because the "ultimate responsibility and final authority for ... world services" resides with the groups — rather than with the trustees of the General Service Board or the General Service Office in New York.

In Concept I, Bill traces how this came to be. The first step in 1938 was "the creation of a trusteeship", first called the Alcoholic Foundation, renamed in 1954 the General Service Board. Why? To perform the services the groups could not do for themselves: e.g., uniform literature, uniform public information about A.A., helping new groups get started, sharing with them the experience of established groups, handling pleas for help, publishing a national magazine, and carrying the message in other languages and in other countries. A service office was formed to carry on these functions under the board's direction. Both the board and the office looked to the co-founders, Bill and Dr. Bob, for policy leadership.

In the midst of the "exuberant success" of early A.A., Dr. Bob became fatally ill and Bill asked, "When Dr. Bob and I are gone, who would then advise the trustees and the office?" The answer, Bill felt, was to be found in the collective conscience of the A.A. groups. But how could the autonomous, widely scattered groups exercise such a responsibility?

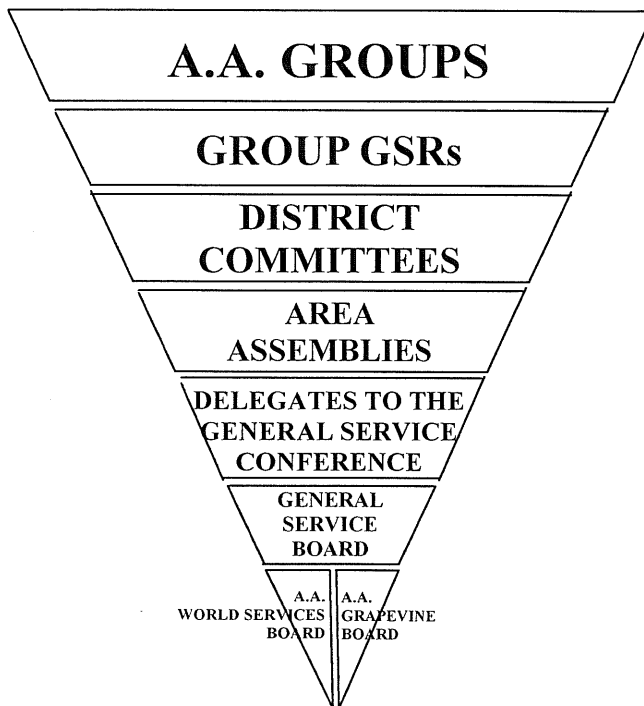
Over great resistance by trustees and members devoted to the status quo, Bill managed to "sell" the idea of calling an A.A. General Service Conference (Concept II), and eleven years later Bill was able to declare, "The results of the Conference have exceeded our highest expectations." This Concept is rooted in Tradition Two, which states:

"For our group purpose there is but one ultimate authority — a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern."

The principles of Tradition Two are crystal-clear, Bill asserts: "The A.A. groups are to be the final authority; their leaders are to be entrusted with delegated responsibilities only." The outside world cannot imagine an organization run this way, but Bill calls it "a spiritualized society characterized by enough enlightenment, enough responsibility, and enough love of man and of God to insure that our democracy of world service will work ..."

~ With permission ~ *The Twelve Concepts for World Service* ~

STRUCTURE OF THE CONFERENCE (U.S. and Canada)



~ With permission ~ adapted from "The A.A. Service Manual" ~
 ~ 2011-2012 Edition ~ p. S16 ~



««««« **everybody's column** »»»»»

Well, that's the last of the puzzle series ~ I hope you enjoyed them ~ I had a lot of fun puzzling all of you "alcohtlics" and getting you back into the "12 and 12"!



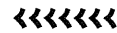
I'm hoping to see some responses to Chip's series ~ he's brought up some interesting points and things to consider about each of our own home groups. I am aware that my home group, Iron Horse, has taken meetings out to members' homes when feasible, although I have not yet participated in one. I'm also aware of some "sidebar" meetings, although I haven't noticed any occurring during the meetings themselves.



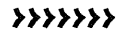
Please let us know how things are going in your group ~ a sort of informal group inventory ~ you do not have to identify your group (or yourself, if you'd rather not)! Just send a note or an email via Central Office.



I thought we'd look at the Twelve Concepts for World Service this year ~ having touched on the Steps and Traditions last year. This is unfamiliar territory for many of us, myself included. Written by Bill W. in 1962, they detail the "how" and "why" of A.A.'s World Service structure ~ which becomes necessarily complicated when you realize that the "home groups" (all over the world) have been determined to be the most important people in Alcoholics Anonymous. A little bit different than everyone bringing their own bag of marbles to the playground!

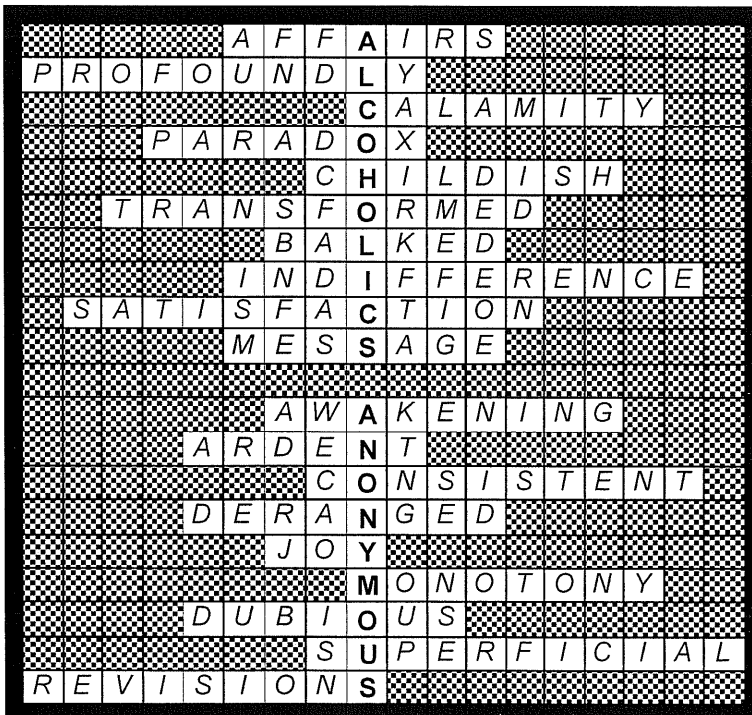


Don't forget that the *New Frontiers* is still the biggest table around ~ there is always room for one more ~ share your news, opinions, problems, solutions, failures and victories ~ we're all here to identify, not compare ~ and to learn how to do it better!



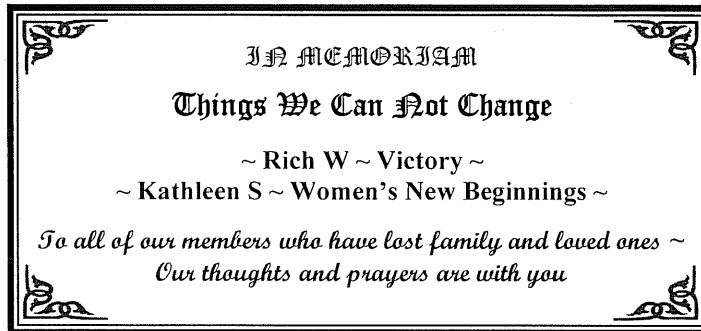
And that's enough from me, myself and I ~ I'm looking forward to some company next month !

Step Twelve Puzzle - Answers



- Personal responsibilities or business
- With great depth and intensity
- Disaster
- Idea contrary to common sense
- Immature; lacking adult qualities
- Having undergone a total change
- Was reluctant, unwilling to go on
- Lack of interest, care or concern
- Contentment; gratification
- Communication from one person to another
- Sudden recognition or realization*
- Passionate; enthusiastic
- Maintaining a particular standard
- Irrational; extraordinarily angry
- Feeling of great happiness or pleasure
- Boredom or dullness
- Unsure about outcome
- Swift and not thorough
- Corrections, improvements or adaptations

1st Step ~ We admitted we were powerless over alcohol ~ that our lives had become unmanageable.
 1st Tradition ~ Our common welfare should come first; personal recovery depends upon A.A. unity.
 1st Concept ~ Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.



This is the season of the noble looks, and the empty resolutions. But not, thank Heaven, for us. Not any more! Let others weep over the shattered remains of their good intentions. We've found something better, something we call our 24-hour plan. We've learned at last that we cannot order our lives for a whole year ahead. Nor for a month in advance. No, not even for a week. We've learned to reduce the whole business of living to a size we can understand, and handle! The current 24-hours! Now, at New Year's, with a new set of 365 24-hour units ahead of us, is a good time to re-examine this 24-hour philosophy of ours. At first, it was a defensive measure, a device to get off the stuff, a challenge to stop drinking and get started on the A.A. way of life. But actually, the ability to live one day at a time, unhampered by yesterday's mistakes and tomorrow's anxieties, is one of the priceless gems of wisdom of the ages.

Few of us will ever have a tougher problem to solve in this life than our own alcoholism; our lesser everyday problems will yield to the same treatment. It's a delightful technique, really — the trick is to concentrate on this one day, unburdened by the weight of the twin millstones of yesterday and tomorrow. We've had our knowledge forced upon us, as a matter of personal survival. We've paid a horrible price, most of us. So let us not spurn one of the greatest lessons we've learned. Let the hung-over sad sacks vow, "Never again!" Let the self righteous say, "I shall control my future." Let us remember our humility. Let us face [the New Year] as it comes, day by day. Twenty-four hours is a big enough hunk of time for us to worry over. Thus, our resolutions may be smaller, less flashy. But on us, they look good! So ~ **HAPPY NEW YEAR** ~ *one day at a time!*

~ With permission ~ adapted from "One Day at a Time" ~ A.A. Grapevine ~ January 1949 ~ Vol. 5 No. 8 ~

Share your Experience, Strength and Hope

Please submit your announcements by the 12th for next month's issue

Articles can be submitted at any time

e-mail address: buffaloA.A.@hotmail.com

or mail to

**Buffalo Central Office
 681 Seneca St (lower)
 Buffalo, New York 14210**

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: quotations from "Alcoholics Anonymous", "Twelve Steps and Twelve Traditions" and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc. are subject to Grapevine copyright.)

COMING SOON

The Buffalo Central Committee is starting up a new phone answering service known as NIGHT-WATCH. Where members of AA will be able to answer calls coming into central office directly after 4:30pm. For more information or interest on how you or your group can get involved please contact: nightwatchbuffalo@gmail.com or call Jason D. at 716-289-8960

NIGHTWATCH!
 please contact nightwatchbuffalo@gmail.com or call Jason D. at 289-8960 for more information or to get involved

PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFO

*BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM
Schedule on line at: www.buffaloaany.org*

*681 SENECA STREET (L
BUFFALO, NEW YORK
Fax: 853
www.buffaloaany.org
buffaloaa@hotmail.com*

JANUARY 2012

MEETING CHANGES

- Back To Basic Women's Group will NO LONGER MEET. Tuesday's 7PM, The Hope Center, 781 Maple, Williamsville.
- New Group; Mustard Seed II, Thursday's 7:30 PM. Lord of Life Church, 1025 Bordon Rd., Depew, 14043. Closed Meeting.
- Alden New Life (Monday's) will be changing its start time , effective Jan.7th, it will start at 7:30 PM. St. Aidan's Episcopal Church, 13021 West Main St., Alden, 14004.
- The previously report on **Fireside PM** Group will **changing** its start time was NOT correct. It will NOT change. Sunday's **7:30PM**, Unitarian Universalist Church, 6320 Main St., Williamsville
- Sunday @ 8 ,8 pm each Sunday, now meets at the SEIU Union Hall, 117 Cushing Street, Fredonia. Closed discussion.
- Gahada Gon Now Meets on Sunday's & Tuesday, 12698 Southwestern Blvd (Rt. 20), Irving, 14081.8 PM.
- Sober Trails; Monday's 8:00 PM, has moved to American Legion 1587, Rt. 438, Irving,
- New Group: The New Group; Harbour Health Multicare Center, 1205 Delaware Ave, Buffalo, NY 14209. Saturday's 10:00 AM. Open Discussion.
- New Group: Quitting Time, Thursday's 5:30 PM, St. Francis Church, 4263 St. Francis Dr., PO Box 182, Athol Springs, NY 14010. Open Discussion.
- Pride in Recovery; Saturday's 6:00 PM, No Longer Meets. Unitarian Universalist Church, 6320 Main St. Williamsville.
- IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

COMING EVENTS

- ~ Dec 31, The Tri County Group of AA is having it's annual New Year's Eve Party at St. Joseph's Church East Main St., Gowanda, NY. Speaker at 8:30, Bring a dish dinner at 9:30 music and Karaoke until 12:30 ? Family & Friends Welcome Please bring a dish to share. Donations welcomed.
- ~ Dec 31, **The Living in the Solution Group** is sponsoring a FREE **New Year's Eve Dance** at the Amity Club 340 Military Rd. corner Hertel Ave. Doors open at 6 PM -Speaker at 7 PM, Dance 8 PM till ?? Come one and all and help us welcome in the New Year... Free Parking in our lot, with additional parking available at the " Fast Stop Deli " across the street (please park along the fence).
- ~ Jan 6, **Steering Committee**, SUNDAY 5:30 PM, Central Office, 681 Seneca
- ~ Jan 6, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office(Hosted by Women's Experience Group)
- ~ Dec.7," **Nightwatch" Committee Meeting**, Tuesday, 6 PM , Central Office, 681 Seneca
- ~ Dec 12,**Archives Committee Meeting**, SATURDAY, 10 AM, Buffalo Central Office, 681 Seneca Street
- ~ Dec. 14,**Public Information Committee meeting**, Monday, Anyone interested in helping the community understand who we are, what we do, and what we are not to do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 6 PM.
- ~ Dec. 20, **Corrections Committee Meeting**, last SUNDAY, 7:00 PM, Buffalo Central Office, 681 Seneca .
- ~ Jan. 13, **General Service Assembly**, SUNDAY ,12 Noon., Hamburg Town Hall, 5999 South Park Ave., Hamburg.
- ~ Jan 21, **Treatment Facilities Committee**, MONDAY, 6 PM, Buffalo Central Office,681 Seneca Street. Please if you or your group are taking a meeting into a treatment facility , could you please send a rep to this meeting
- ~ Jan 24, **Main & High 15th Group Anniversary**, 6 PM. Bring a dish if you wish. 899 Main St. near Carlton St.- Parking in the rear (Washington Street).Speaker; Milt B.
- Jan 28, Coldspring Group will be celebrating their Group Anniversary. All are welcome to help them celebrate.**
- ~ Feb 16, **Any Age presents the 33rd Blizzard Ball**, St. Andrew's RC Church (corner of Sheridan & Elmwood, parking lot off Elmwood at Lowell Rd.) 1525 Sheridan Dr., Kenmore. Doors open at 6 pm, Speaker @ 7 PM. Music and dancing from 8 pm- 1 am. Tickets \$10.00 in advance/ \$12.00 at the door. Pizza-Coffee-Tea- Pop- 50/50. No Children under 15. Smoke ONLY in your vehicles & please keep butts in the car.
- April 12-14th, **Women's Spring Spiritual Weekend Retreat** will be held at Stella Niagara. The focus is on the 12 steps & includes speakers, groups, spiritual advisors - along with a lot of food, fun & fellowship. More info is upcoming. Contact person: Marilyn S. 799-4094

1st STEP: "We admitted we were powerless over alcohol—that our lives had become unmanageable."

1st TRADITION: " Our common welfare should come first; personal recovery depends on A.A. unity."

1st CONCEPT: Final responsibility and ultimate authority for A.A. world services should always reside in the collective conscience of our whole Fellowship.

PLEASE SUPPORT THE ENVELOPE SYSTEM...

Yours in the Fellowship of the Spirit...Terry Executive Secretary

JANUARY ANNIVERSARIES

Alexander

Brad S. 16y
Dean S. 26y
Mary T. 27y

Amherst/Snyder

Jay M. 3m
Todd P. 6m
Naomi S. 9m
Rick Z. 1y
Sydney D. 2y
Mike E. 3y
Paul S. 5y
Dave S. 9y
Gene H. 28y
Lou B. 30y

Casting

Bob P. 36y

Cold Springs

Brady 19y

Courage

Gabrielle R. 1y
Andy S. 18y
Pat M. 24y
JoAnne F. 28y
Agnes H. 31y

Daily Reflections

Nancy 3y
Don K. 5y
Patricia 25y

Eyeopener

Mary Lou 3y
Jerry R. 3y
Melissa 4y
Chris M. 4y
Susan B. 5y
Anne 6y
Mark R. 6y
John L. 6y
Gregg 12y
Art B. 23y
Dave G. 25y
John S. 26y
Len S. 27y

Fresh Start

Ralph W. 18y
Tyrone H. 21y

Giving

Andre G. 2y
Chavez 4y
Bernadette S. 15y
Ed M. 31y

Golden Slipper

Melissa G. 14y
Mike N. 22y

H.A.N.D.

Chris R. 2y

Helping Hand

Rose P. 2y
Dave S. 21y
Bob B. 21y
Ruth C. 21y
Doug S. 27y

How It Works

Mike S. 3y
Kevin W. 3y
Bill B. 6y
Eric T. 6y
Jay M. 11y
JD H. 11y
Derek M. 11y
Mike M. 12y
Mark D. 18y
Dan D. 22y
Roger R. 24y
John S. 26y
Franck C. 28y

Ironhorse

Paul D. 5y
Kurt S. 5y
Sheilla D. 35y
Just For Today(Ch)
Paul W. 4y

Lakeshore

Scott W. 1y
Scott T. 32y

Lighten-Up

Colleen H. 6y
Michael M. 6y
Cindy W. 11y
Dan McC. 12y
John I. 22y

Lockport#1

Steve C. 9y
Jack P. 10y
Dave J. 11y
Gary S. 13y
Derek H. 15y

Lovejoy

Tim S. 3m

Matt Talbot

Jean P. 9m
John M. 9m
John S. 1y
Gerry B. 15y

North Buffalo

Andrew M. 6y
Sara O. 6y
Walter P.. 17y
Dan G. 22y
Frank C. 28y

Orchard

Park Step

Cheryl 3m
Jacque S. 3m
Mary P. 9m
Mary H. 13y

Remember

When

Andre G.. 2y
Walter R. 2y
Eric J. 2y
Gen B. 4y
Derrick N. 5y

Renaissance

Bob M. 9m
Don K. 5y
Lud P. 7y
Lorraine A. 14y
Rick C. 19y

Rise & Shine

William M. 6m
Ronita J. 6m
Tina O. 9m
Tiffany H. 9m
Mark B. 1y
James H. 5y
Justine C. 5y
George S. 7y
Tom H. 10y
Lawrence 18y
Ava P. 23y

Serenity

Don K. 5y
Eric T. 6y
Walter W. 20y
Paula O. 25y

Sheridan

Chris M. 2y
Garry S. 23y
Larry Z. 27y

Spiritual Progress

Kristen 6y

Surrender & Hope

Marty G. 8y

Thruway

Tom B. 15y
Pat M. 24y
Kathy K. 26y
Robin A. 28y
Ellen M. 38y

Turning Point

Paul M. 4y
Angelo D. 10y
Jeff P. 28y

We Care

Bernedette S. 15y
Agnes H. 31y
Jim L. 31y

Women In Recovery

Valencia L. 2y
Sylvia W. 13y

GROUPS CELEBRATING

Back To Basics: 6y
Central City Café: 6y
Constant Vigilance: 17y
Daily Reprieve: 13y
Early Rising Obliging: 11y
It: 22y
Life Today: 22y
Main and High: 15y
New Awakening: 34y
New West Side on Serenity: 14y
Second Chance: 12y
Solidarity: 7y
Somerset: 26y
Starting Over : 19y
Tuesday Men's Disc.: 25y
Try Again: 2y
Williamsville: 60y

Please remember to have the anniversaries submitted by the 12th

END OF BUSINESS DAY 4:00 PM

each month

previous



Congratulations!

BUFFALO CENTRAL COMMITTEE MINUTES December 2nd, 2012

Pete E. Chair opened the meeting at 7:00 PM with a moment of silence and the Serenity Prayer. Deb (W.E. Group) read the Preamble, Cheryl (Lakeshore) read the Purpose of Central Committee, Alan (Brass) read the Twelve Traditions. It was moved by Pat (Thruway Group) and seconded by Alan (Brass) to accept the November minutes. Refreshments were provided by As Bill Sees It (Next month they will be provided by W.E. Group). New groups were greeted and 23 groups were represented: Dist.#1 Giving Group Dist.#2 Brass, How It Works, North Buffalo, Sober Train, Spiritual Progress, Step Action, Three Legacies, Friends of Bill Dist. #3 Courage, H.O.W., Iron Horse, Ridge, Sober Saturday, Thruway Dist. #4 Orchard Park Step Dist. #5 Lockport No.1, Simplicity, Dist. #6 Carrying the Message, Derby, Lakeshore, WE Dist. #7 Fresh Start, Lovejoy Dist. #8 Highview

COMMITTEE REPORTS:

•**ENVELOPE SYSTEM:** No Report

•**STEERING COMMITTEE-** Debi C. Verbal Report

•**FINANCIAL REPORT:** November was the second lowest total of group donations for the entire year. In general, it was a very poor month. Our expenses exceeded our income by about \$950 with no extraordinary expenses. We do an accounts receivable balance of \$822.93 of which 10 groups are current, one is over 60 days, and one is over 90 days, No one has a greater balance than \$245 which is current. In December, The sales tax payment of approximately \$850 will be due. In January we will incur another large expense of liability insurance. We have already dipped into our prudent reserve once for \$5,000. If we would not have done that we would have been down about \$1,713 currently. Our current bank balances are as follows. Central Office: \$17,863.28. Petty Cash: \$3,000. Prudent Reserve: 23,106.79. Corrections: \$1164.84. Treatment: \$2715.46. We hope that groups will remember us during this season of giving. Respectfully submitted, yours in AA, Sue B.

•**TREATMENT:** 1) Need volunteers to join committee. 2) Meetings are being covered. However, if you have a problem meeting your commitment, please call Milt @ 990-2717. 3) Dropped off books at treatment facilities. 4) I would like to thank groups for their support. Milt (Treatment Chair)

•**CORRECTIONS:** Corrections met on November 18th at 6:00 PM. There were three people in attendance. I would like to thank all groups for their contributions. We were able to distribute \$650 worth of literature into the institutions in November and our account is still up. I will be out of the stat from January to March. Pete E. will be acting in my place. Respectively submitted, Matt D. (Corrections Chair)

•**CENTRAL OFFICE:** OFFICE REPORT

AAINFO:159, 12-STEP:2, ALANON:2, VISITORS:96, VOLUNTEERS: 10

GROUPS WE ARE IN NEED OF CONTACTS FROM ARE; Higher Powered 7, Springville New Life 4, Victory 3, VIP-2, Sense of Duty-2, Amsdell Lakeshore-6,

I still have 3 vacation days left. They will be taken as ½ day on the 19th, full days on 20th, & 21st, and another ½ day on Christmas Eve's morning. Yours in the fellowship of the Spirit... Terry B.

•**NEW FRONTIERS:** No Report

•**PIC:** GSA PIC seems to have been able to do most health fairs in November. Ad continues in Metro News Classifieds. Healthfair on November 20th, and others coming up in December. Libraries are not yet covered for November. There is a meeting on December 10th and I will make more packets and give them to the libraries. This position requires more energy and enthusiasm than I have. I will stay on the committee but I suggest that we search for a new PIC chair to take my place. I will continue to do what I have been doing and keep opening the doors until I can turn the keys over.

Judy (PIC chair)

•**Night Watch:** Verbal Report

•**CONVENTION:** No Report

•**GSA LIASON:** Verbal Report

•ARCHIVES: We thank you for the honor and privilege of serving you this past month. With the help of committee members, we were able to attend and report to all four intergroups in November. We believe that communication and participation are vital as to our responsibilities as a committee. Our responsibility is cut in half in December as only Buffalo and Genesee-Wyoming have December meetings. In November, we had our monthly archives committee meeting, four work nights and two displays. We had a display at the GSA District 11 Day of Sharing, Saturday November 10th, at 695 Elmwood Avenue in Buffalo. We also had a display at the 9th Anniversary meeting of the Beginners Group, Thursday November 15th at 8210 Buffalo Avenue, Niagara Falls. We received a Group History from the Beginners Group. I would encourage all groups to initiate or update their group histories. We received information on all the registered groups from the GSO Archives. We can help you with the information that New York has. It is only as complete as the groups have been diligent in their sending information to New York. Sit down with your long-timers and update the history of your group. We can help you with guidelines. We have upcoming displays at the Main-High Christmas Vigil Wednesday December 19th at Holy Trinity Lutheran Church, 1080 Main Street, Buffalo. The event starts at 5 pm and continues until 9 pm. We also have a display at the Twentieth Anniversary of the Spiritual Progress Group February 11th and at the 5th Cataract Convention in Niagara Falls March 22nd - 24th. We remain available for your Group Anniversaries, Days of Sharing or other special events with a suggested minimum 30 day notification. Our next monthly meeting is December 8th at 10am at Buffalo Central Office. We continue to have work nights on Tuesdays at 7 pm. We will be off Christmas and New Years and resume January 8th. We received contributions in November from the Point of No Return meeting and from the Iron Horse Group. We continue to depend on your support to enhance the archives. Please send contributions to Area 50 WNY Archives, c/o Buffalo Central Office, 681 Seneca Street, Buffalo, NY 14210. Thank you. As we finish 2012, it is with a profound sense of gratitude that I thank the groups that have supported us, the four intergroups within Area 50 that have welcomed us so graciously to their meetings, and especially the dedicated members of the Archives Committee that have worked tirelessly in their service to you. Yours in service, Wally E., Area 50 Panel 62 Archives Chair

•AD HOC: No Report

•RECAP:

•OLD BUSINESS: Voting on motion to change the word "District" to "Zone" in the by-laws. 16 in favor. 1 opposed. 3 abstained. Motion Passed.

Sean R. was unanimously voted in as Central Committee Co-Chair

Recording Secretary for 2013 is Nadav W.

District 1 Steering Rep is Ed M.

District 5 Steering Rep has no nominations

District 6 Steering Rep is Janis E.

District 7 Steering Rep is Kim E.

GSA Liaison is Pat (Thru-way Group)

•NEW BUSINESS: Groups volunteered to bring refreshments for all meetings in 2013.

Zach (Three Legacies) group stood for PIC chair and was appointed.

NEXT MEETING: January 6th, 2012 at 7pm.

It was moved by Pat (Thru-way) and seconded by Tim (North Buffalo) that we adjourn; adopted. Meeting closed with the Lord's Prayer at 7:53 p.m.

Respectfully submitted Zach F., Recording Secretary Three Legacies Group.

Cash Flow Statement	Sep-12	Oct-12	Nov-12	YTD
Beg Bal Cash on hand	15,042.20	13,974.23	18,814.15	
Contributions				
Groups	4,607.88	7,272.46	2,998.97	47,433.95
Joint Meeting	57.00	40.00	79.00	515.21
Envelope System	370.00	670.00	137.00	5,205.00
New Frontiers Subs	53.00	90.00	137.00	696.00
Literature/Medallions/Pins	3,026.45	4,389.90	3,198.01	42,203.78
Literature Sales Tax	229.20	273.94	203.96	2,972.80
Literature Postage	10.75	15.80	20.14	304.05
Sales +/-				(48.64)
Archives Room Rent			200.00	800.00
Com. Meetings at CO	28.00	28.00	10.00	234.30
Mail/Misc.		45.00		250.00
Tax Returns				
Transfer from PR				
"Gratitude Month" (NOV)				-
Conventions/Day of Sharing		101.00		101.00
Monthly Income	8,382.28	12,926.10	6,984.08	106,406.87
Expenses				
Office Rent	892.23	892.23	892.23	9,814.94
Electric	90.00	90.00	90.00	990.00
Payroll Gross	2,571.40	2,571.40	2,571.40	30,842.40
Employment Taxes	196.70	196.70	196.70	2,533.92
Unemployment Surcharge				-
Payroll Tax Deposits				
Federal				-
State				-
NYS Sales Tax	924.85			2,413.46
Insurance				
State Ins Fund(Travelers)	(2.40)	(2.40)	(38.40)	317.80
Health	626.08	626.08	626.08	6,886.88
Liability				1,235.23
Postage	288.99	3.25	253.90	2,573.24
Phone	168.18	168.05	168.97	1,839.55
Accounting				1,600.00
Paychex	74.18	83.13	74.18	983.35
Advt				
Talking Phone Book				
Super Media	165.15	165.15	165.15	1,809.15
website				-
white directory				143.00
Yellow Pages				-
Literature Expenses				
Grapevine				498.47
World Services Inc	2,141.20	2,679.20	2,160.14	24,544.09
Hazeldon	616.50			2,011.06
Printers				3,248.00
Medallions	140.96			223.37
PINS				-
Petty Cash				-
Office Supplies	10.43	58.69	229.15	1,784.93
Answering service	172.80	181.70	172.45	1,926.10
Copier leasing	209.00	209.00	209.00	2,299.00
Copies/ service contract	161.00	161.00	161.00	1,771.00
PIC				52.62
Bank Fee's	3.00	3.00	3.00	57.00
literature returns reimbursement				61.25
Seed \$\$				-
Seminar				-
Monthly Expenses	9,450.25	8,086.18	7,934.95	103,119.81
Monthly Income (Loss)	(1,067.97)	4,839.92	(950.87)	\$3,287.06
End Balance	13,974.23	18,814.15	17,863.28	
Petty Cash	3,000.00	3,000.00	3,000.00	
Total Balance	16,974.23	21,814.15	20,863.28	
PRUDENT RESERVE	23,105.60	23,106.01	23,106.79	
Assets: Literature & Medallions	13,083.86	12,596.56	12,906.28	
Literature Receivable:(outstanding)	427.21	1,115.98	822.93	
PIC Removed from Stock	5.38	-	-	
Corrections Facilites	1,307.87	1,606.87	1,564.08	
Contributions	370.00	549.21	69.26	
Bank Fee's	3.00	3.00	3.00	
Expenses	68.00	589.00	465.50	
Balance	1,606.87	1,564.08	1,164.84	
Treatment Facilities	2,926.96	2,728.96	2,693.46	
Contributions	120.00	485.00	25.00	
Expenses	315.00	517.50		
Bank Fee's	3.00	3.00	3.00	
Balance	2,728.96	2,693.46	2,715.46	

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	NOV	YEAR	NOV	YEAR	NOV	YEAR
6 11 45		0.00		0.00		0.00
6 12 Steps/12 Traditions		135.00		0.00		0.00
1 4th Step Stumblers/F.U.N		0.00		0.00		0.00
5 6th Step		165.00		0.00		0.00
4 A Day At A Time		0.00		0.00		0.00
3 Abbott Corners		108.00		0.00		0.00
3 Abbott Men's		0.00		0.00		0.00
2 Acceptance/Welcoming		100.00		0.00		0.00
8 Achievement		200.00		0.00		0.00
4 Action		50.09	25.00	25.00	25.00	25.00
2 Age Doesn't Matter		50.00	25.00	75.00	25.00	25.00
8 Akron Awareness		0.00		0.00		0.00
5 Albion New Beginnings		12.50		0.00		0.00
3 Alexander		0.00		0.00		0.00
8 Amherst/ Snyder		111.39	788.92			0.00
6 Arnsdell Lakeshore		0.00		0.00		0.00
4 Angola Early Bird		25.00		0.00		0.00
2 Any Age		450.00		100.00		100.00
3 Any Length	35.00	385.00		30.00		30.00
4 Arcade		0.00		0.00		0.00
6 As Bill Sees It		227.00		127.00		0.00
6 Atica		50.00		0.00		0.00
8 Attitude Adjustment(Williamsville)	100.00	350.00		25.00		25.00
5 Attitude Adjustment(NF)		0.00		0.00		0.00
6 Attraction	34.00	67.00		0.00		0.00
6 Backdoor		0.00		0.00		0.00
6 Back To Basics		0.00		0.00		0.00
5 Beginners Group (NF)		0.00		0.00		0.00
7 Beginning In Sobriety II		0.00		0.00		0.00
8 Beginning's Women		0.00		0.00		0.00
5 Big Book Lockport	50.00	150.00		0.00		0.00
8 BB Spiritual Studies		0.00		0.00		0.00
6 Big Book Study		30.00		0.00		0.00
3 Blasdel		0.00		0.00		0.00
3 Blasdel Monday Night		0.00		0.00		0.00
1 Bodhisattva		0.00		0.00		0.00
5 Boulevard Helping Hand	50.00	50.00		0.00		0.00
2 Boulevard Women		30.00		0.00		0.00
2 Brass		68.00		0.00		0.00
Building Hope		0.00		0.00		0.00
3 By The Book		50.00		0.00		0.00
3 By the Wayside		45.00		0.00		0.00
6 Carry the Message		50.00		0.00		0.00
7 Casting		0.00		0.00		0.00
1 Cathedral Park		0.00		0.00		0.00
6 Cayuga Wake- Up Call		730.00		0.00		0.00
3 Caz Manor		110.80		0.00		0.00
7 Central City Cafe'		50.00		0.00		0.00
2 Chapter IX		171.24	50.00	50.00		50.00
3 Cheeklowaga		950.00		0.00		0.00
6 Changing Our Ways		100.00		0.00		0.00
8 Clarence Men's		0.00		0.00		0.00
8 Clarence Men's II		0.00		0.00		0.00
7 Cold Spring		0.00		0.00		0.00
2 Common Bond		0.00		0.00		0.00
Common Solution		0.00		0.00		0.00
1 Commitment		0.00		0.00		0.00
1 Complanters		52.16		0.00		0.00
3 Courage		30.00		0.00		0.00
2 Daily Reflections		200.00		0.00		0.00
2 Daily Reprieve		0.00		0.00		0.00
2 Dawn of Hope		50.00		0.00		0.00
8 Derby		340.00		0.00		0.00
8 Derby Lunch		0.00		0.00		0.00
6 Desire		500.00		0.00		0.00
2 Desperate		0.00		0.00		0.00
1 Downtown Men's		56.83		0.00		0.00
6 Dunkirk Monday Night		0.00		0.00		0.00
4 Early Bird South		0.00		0.00		0.00
5 Early Rising Obliging		0.00		0.00		0.00
8 East Amherst		570.00		0.00		0.00
East Amherst Traditions		180.00		0.00		0.00
4 East Aurora		300.00		0.00		0.00
2 Easy Does It		415.00	370.00	300.00		300.00
4 Ellicottville		0.00		0.00		0.00
6 Everybody's		100.00		0.00		0.00
1 Express		1614.00		0.00		0.00
8 Eyeopener	336.41	2730.81		0.00		0.00
4 Eyeopener South		1753.00	437.00	0.00		0.00
2 Feelings		0.00		0.00		0.00
8 Fireside PM		500.00		0.00		0.00
8 Fireside		1341.00		0.00		0.00
6 First Things First		200.00		0.00		0.00
6 Forestville Sunday Serenity		75.00		0.00		0.00
6 Freedom Discussion		0.00		0.00		0.00
2 Freedom	100.00	500.00		100.00		0.00
7 Fresh Start	25.00	130.00		15.00		15.00
5 Friendly		0.00		0.00		0.00

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	NOV	YEAR	NOV	YEAR	NOV	YEAR
2 Friends of Bill W	50.00	125.00	25.00	125.00		0.00
7 Frontier(New)	20.58	296.36		0.00		0.00
3 Gardenville		125.00		0.00		0.00
8 Georgetown		200.00		0.00		0.00
2 Getting Better		0.00		0.00		0.00
6 Gettin With It		129.90		0.00		0.00
1 Giving	5.00	5.00		0.00		0.00
6 Go to Any Length		750.00	400.00	400.00		400.00
5 Golden Slipper		250.00		0.00		0.00
2 Grand		156.00		0.00		0.00
2 Grand II Joy of Living		125.00		0.00		0.00
2 Grateful		50.00		0.00		0.00
3 H.O.W.	5.00	5.00		0.00		0.00
6 Hamburg		6.73		0.00		0.00
8 Hamburg Early Bird		0.00		0.00		0.00
8 Hand		90.00		0.00		10.00
7 Harmony	100.00	178.00		0.00		0.00
3 Helping Hand		225.00		0.00		0.00
8 High Noon		125.00		0.00		0.00
8 High View		350.00		0.00		0.00
7 Higher Power		40.00		0.00		0.00
4 Hillbilly		0.00		0.00		0.00
6 Holiday Village		400.00		0.00		0.00
4 Holland		100.00		0.00		0.00
5 Honest Solutions		0.00		0.00		0.00
2 Honesty		120.00		0.00		0.00
2 Hope's Horizon		200.00		0.00		0.00
2 How It Works/Men's		625.00		0.00		120.00
3 Inspiration		0.00		0.00		0.00
5 Intoxicated on Life		0.00		0.00		0.00
3 Ironhorse	149.39	1407.41	19.26	181.39		0.00
8 IT		125.00		0.00		0.00
1 Journey		175.00		0.00		0.00
3 Just For Today/ Cheeklowaga		100.00		0.00		0.00
5 Just For Today/ Albion		20.00		0.00		0.00
4 Keep It Simple Sister		40.00		0.00		0.00
2 Keep On Coming		0.00		0.00		0.00
2 Kenmore		0.00		0.00		0.00
8 Kensington		50.00		0.00		0.00
6 Lake Shore	250.00	1175.00		75.00		25.00
6 Lakeview		150.00		0.00		0.00
3 Lancaster Dailey Reprieve		0.00		0.00		0.00
Lawyers		1100.00		0.00		0.00
5 LewPort		0.00		0.00		0.00
2 Liberty Women		250.00		0.00		0.00
4 Life Today		84.21		0.00		0.00
8 Lighten UP		1.06		0.00		0.00
1 Living Clean		0.00		0.00		0.00
2 Living in the Solution		0.00		0.00		0.00
2 Living Sober		0.00		0.00		0.00
5 Lock City		100.00		0.00		0.00
5 Lockport #1		450.00	100.00	50.00		50.00
5 Lockport Discussion		0.00		0.00		0.00
5 Lockport Ladies		100.00		0.00		0.00
5 Lockport Tuesday		220.00		0.00		0.00
5 Lockview		360.00		120.00		0.00
7 Love		0.00		0.00		0.00
7 Lovejoy		100.00		75.00		25.00
5 Lower River		0.00		0.00		0.00
1 Main and High		35.00		7.00		0.00
4 Main Street		240.00		0.00		0.00
8 Maple		0.00		0.00		0.00
4 Manila	50.00	420.00		0.00		0.00
3 Malt Talbot	25.00	325.48		0.00		0.00
6 McKinley Winners		0.00		0.00		0.00
5 MEDINA STEP WORK/BIG BOOK		20.00		0.00		0.00
5 Medina New Life		0.00		0.00		0.00
8 Mercy		0.00		0.00		0.00
3 Mid-day	40.90	377.90		0.00		0.00
8 Midnight Discussion		0.00		0.00		0.00
5 Miracle Happen		0.00		0.00		0.00
5 Monday Big Book		0.00		0.00		0.00
2 Morning After		400.00		0.00		0.00
7 New Awakening		0.00		0.00		0.00
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