

NEW FRONTIERS

July 2005

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

The Joy of Service

When I was a new to Alcoholics Anonymous, the men and women who guided and shared themselves with me were united on one principle - the absolute necessity of service. As an abstract idea, service sounded mysterious and kind of "off in the future." In AA however, opportunities for service are abundant, practical, immediate and life saving. I will never forget the time I went to a sponsor and asked for help. I wanted to skip a family function because I felt uncomfortable and called for permission. My sponsor said that I should attend with the intention of being of service. Magic happened. I forgot about myself, had a decent time and left knowing that I had no regrets about attending. What did the magic come from? I began to see the wisdom in the concept of service, self-forgetting, the essence of any real happiness as a sober alcoholic.

Flash forward 22 years, it's 2005 and I am still experiencing the joy of service. As a trusted servant, I have been chosen as the Chairperson for the 64th Buffalo Fall Convention. While the job may look "big," the reality is that when I approach it with the idea that I am here only to be of service and to help carry the message, the worries and distortions of my ego are left in the dust and I am once again left with the knowledge of what a miracle we have in this fellowship. Not only is being of service a privilege, it remains a necessity, no matter the length of sobriety.

What's the point of all of this? As the convention approaches, we are looking for alcoholics who are willing to give of themselves in carrying the message by volunteering their services. We are also asking for those of us who have received abundance in sobriety to remember those who may not have the means to attend. AA members are generous, not only because it is the right thing to do, but also because we know that our very lives as ex-problem drinkers depend on the constant thought of others.

There are many opportunities for service - greeting, hospitality, registration, coffee committee, etc. There will also be ways to help financially and spiritually. What I know is that this amazing program calls forward the best in all of us. I can't wait to see the miracle of service in action.

Submitted by Charmaine D., Lockport #1 May, 2005

Identify? Or a Yet!

This article was found in the newspaper and submitted by JMB in East Aurora. We have omitted last names to protect anonymity. After I had my chuckle I thanked God for my sobriety and said a little prayer for Thomas L.~ Editor

Brandy theft suspect arrested with straw

City police say a man stole a case of liquor from an East Side store, dropped and shattered the bottles as he fled, but later returned with a straw to suck up the booze that had pooled on the ground.

Thomas H., 55, who does not have a permanent address, stole a case of brandy while a worker from Eber Brothers Wine and Liquor Distributors was making a delivery Friday afternoon to Eastside Liquor according to Buffalo police.

Thomas H. ran down Genesee with the brandy, which has a value of \$270, but tripped and fell, smashing the case and the bottles on the ground, Officer L. said.

Soon, Thomas H. reappeared, with a straw, got on his knees and began sucking up whatever brandy he could, Officer L. said.

Thomas H. tried to push Officer L. and run away before he was arrested and charged with criminal mischief.

New Committee Looking For Drunks That Want To Get Involved In Service.

The newly created Special needs committee met for the first time on Monday May 9th. The level of enthusiasm within our committee was tremendous, we were able to get some great ideas out, and we have a great agenda for our next meeting.

This is a brand new committee to the Buffalo area. The research that we have done so far indicates that different areas may have different special needs. We are trying to determine what the needs of Area 50 might be.

If you have special needs or know someone with special needs contact us or come to our meeting on June 11th. The meeting will take place at 6:30 and will run no longer than 1 hour. The meeting will take place at The Church of the Good Shepherd 96 Jewett Pkwy Buffalo. Other areas have targeted the following special needs groups in their area: Blind, Illiterate, Physical Handicaps, Wheelchair Accessibility, Homebound, and Deaf. Come check out our meeting! If you cannot make our meeting, but would like to be involved please contact Randy H. at 648-6857.

WHAT NEXT?

If I do not cut the moorings, God will have to break them by a storm and send me out. Launch all on God, go out on the great swelling tide of His purpose, and I will get my eyes open. If I believe in God, I am not to spend all my time in the smooth waters just inside the harbor, full of delight, but always moored; I have to get out through the harbor into the great deeps of God and begin to know for myself; begin to gain spiritual understanding.

The counterfeit of obedience is a state of mind in which I work up occasions to sacrifice myself; it is easier to sacrifice myself than to fulfill my spiritual destiny. It is a great deal better to fulfill the purpose of God in my life by learning His will than to perform great acts of self-sacrifice. I must beware of going back to what I once was, when God wants me to be something I have never been.

Paul C., recovered alcoholic. From the book "My Utmost For His Highest" by Oswald Chambers.

AA Alanon & Alateen

As we grow to accept alcoholism as a disease, we must also focus on the effect it has on other family members. Alcoholism is a family disease, resulting in an illness to the non-alcoholic family members, which is every bit as serious as that of the alcoholic.

In all three fellowships we have at one time or another heard the expressions, "those people" or "one of them", when in reality all family members, alcoholic and the non-alcoholics, are "those people." While the alcoholic battles the physical and spiritual effects of the disease, the non-alcoholics in the family have developed their own spiritual disease, sharing many of the same shortcomings and character defects. In order to find recovery and true serenity; all family members need to find their own recovery paths to combat the effects of the disease.

In recent years, the Buffalo Annual Fall Convention has worked very hard to promote a closer unity between the three groups. Even though each fellowship may feel they have a specific and unique purpose, they all share a common goal; that through the steps of recovery and with the grace of God, we may truly find sobriety and a shared serenity within the family.

In each of the fellowships, the capability to share honestly, while at the same time remaining non-judgmental, are key elements in promoting recovery to both newcomers and long-time members. We must all work to promote that same honesty and non-judgmental attitude between the fellowships.

This year the Buffalo 64th Annual Fall Convention will continue to work towards promoting a closer bond between the groups. This year's program will once again reflect a combined unity of purpose between the three fellowships.

We sincerely hope all fellowship members will find experience, strength and hope through the program of speakers and panels scheduled for this year's convention.

It's not the committee, the speakers or the panels that make a successful and worthwhile convention. It is the attendance and participation of all fellowship members that brings life to the convention. We hope to see you at the Buffalo Marriott on November 4, 5, & 6, 2005.

Dennis C. ~ Buffalo Fall Convention ~ Al-Anon Chairman

Heard at a meeting: I received this e-mail and thought I would print it whole. Enjoy!

Debi,

Hey, I got these from the various speakers at Founder's Day....nothing original. I didn't write who said the quote, I hope it doesn't matter.

If you just don't drink...you'll feel better!! YOU'LL FEEL EVERYTHING BETTER!!

The difference between a member of AA and someone who came here and left is...We keep our "moment of clarity" ALIVE, when one alcoholic shares with another.

Some people teach me "What To Do" and Some people teach me "What Not To Do"

I call my sponsor to learn how to "Surrender" my life NOT "Manage" it.

I was always looking for a "Definition" of Alcoholism...but there isn't one. What we offer is a "Description of Alcoholism"...you can't argue with a description.

These are the quotes that hit me....turned on a few lights...etc. hope you can use them.

I really love being at Founder's Day...it fills up my "God tank".

Janis E. ~ Ironhorse Group

Rule 62

I had to give up the idea of a better past!

I drank to drown my feelings, but my feelings learned to swim.

On The Lighter Side

Old buddies, Joe and John, are getting very drunk at a bar when suddenly John throws up all over himself. "Oh, no. Now my wife will kill me!" Joe says, "Don't worry, pal. Just tuck a twenty in your breast pocket, tell your wife that someone threw up on you and gave you twenty dollars for the dry cleaning bill." So they stay for another couple of hours and get even drunker. Eventually John stumbles home and his wife starts to give him a bad time. "You reek of alcohol and you've puked all over yourself! My God, you're disgusting!"

"I can e'splain everythin! Itsh not wha' jew think. I only had a cupla drrrinks. But thiss other guy got ssick on me... he had one too many and he juss koudin hold hizz liquor. He said he was verry sorry an' gave me twennie bucks for the cleaning bill!" His wife looks in the breast pocket and says, "But this is forty dollars." "Oh, yeah...I almos' fergot, he shhhit in my pants, too."

Submitted by Jim F. ~ Holland Group

The Crowd

Grapevine Volume 14 Issue 9
February 1958

DON'T LOOK NOW--but there's a crowd following behind me. I wonder and worry if they will ever catch up with me. I sometimes wonder if they will ever go away.

Sometimes I out-run them if I drink fast enough, but they always catch up with me by daybreak.

When I stop drinking for a few weeks or months they seem to shy away into the shadows and slowly and furtively disappear. . .with occasional low whines and calls and gibbering whispers. Then finally I can walk upright and look straight ahead and almost forget they were ever there.

But almost every time I hear them either loudly calling or quietly rustling and whispering, I either hurry for a drink (and then a drunk) or I have to flee to safety in some other way.

There's very little hope that they will ever give up my trail and I know that they will always catch me unawares in the morning before daybreak, or in the middle of the night.

Although I've never met them face to face and only catch glimpses of them in the dim mists of my mind, I know they are always following me. My crowd, my following. And the things they whisper to me in dread darkness and the things they show on their banners are these:

Resentment	Hate	Self-Pity
Fear	Antagonism	Terror
Guilt	Destruction	Suicide
Hurt	Futility	
Hostility	Love	

Anon. New York

Step Seven ~ Humbly asked Him to remove our shortcomings.

When you are ready, say something like this: "My Creator, I am now willing that you should have all of me, good and bad. I pray that you now remove from me every single defect of character which stands in the way of my usefulness to you and my fellows. Grant me strength, as I go out from here, to do your bidding. Amen."

You have then completed step seven.

Tradition Seven ~ Every A.A. group ought to be fully self-supporting, declining outside contributions.

LONG FORM:

The A.A. groups themselves ought to be fully supported by the voluntary contributions of their own members. We think that each group should soon achieve this ideal; that any public solicitation of funds using the name of Alcoholics Anonymous is highly dangerous, whether by groups, clubs, hospitals, or other outside agencies; that acceptance of large gifts from any source, or of contributions carrying any obligation whatever, is unwise. Then too, we view with much concern those A.A. treasuries which continue, beyond prudent reserves, to accumulate funds for no stated A.A. purpose. Experience has often warned us that nothing can so surely destroy our spiritual heritage as futile disputes over property, money, and authority.

GROUP INVENTORY:

Are donations received from anyone other than an AA member?

<p style="text-align: center;">IN MEMORIAM Things We Can Not Change</p> <p style="text-align: center;">Joe M. ~ Valley Group ~ 9 years Marie K. Gardenville & Any Lengths Group</p> <p style="text-align: center;">Let's remember them and all the others who passed on in our prayers.</p>

Share your Experience, Strength and Hope.

Please submit your articles by the 12th for next months issue.

Buffalo Central Office
681 SENECA STREET
BUILDING 1-H (LOWER)
Buffalo, New York 14210

or

E-Mail address: buffalooa@hotmail.com

New Frontiers committee meets the 3rd Thursday of every month - 7:00pm - St Michaels, corner of Warsaw & Electric in Lackawanna.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

JULY ANNIVERSARIES

Alexander

Michelle F. 2y
 Don O. 12y
 Sue A. 14y
 Carl T. 19y

Amherst/Snyder

Kevin B. 3m
 Melissa B. 6m
 Jim S. 6m
 John K. 6m
 Dave T. 6m
 Carol G. 9m
 Jonathon S. 2y
 Sue L. 2y
 Sheila H. 2y
 Dave P. 11y
 Dave Y. 11y
 Kevin M. 11y
 Tina D. 16y
 Holly M. 16y
 Guy M. 18y
 Bob L. 20y
 Dave F. 22y
 Charmaine D. 22y
 Rich H. 24y
 Don H. 33y

Courage Group

Cheryl K. 4y
 Barbara J. 10y
 Jerry F. 14y
 Mary M. 14y
 Donna P. 26y

Fireside

Nicki C. 7y
 Elaine C. 12y
 Roseann P. 19y

Fresh Start

Bill L. 17y
 Ron D. 18y

Gardenville

Bob J. 2y
 Linda H. 19y

Giving

Rob C. 3m
 Dave F. 6m
 Jim M. 9m
 Randy F. 17y

Ironhorse

Anne H. 3m
 Ken C. 3m
 Mark R. 3m
 Colleen M. 2y
 Brandon B. 2y
 John F. 3y
 Nancy K. 8y
 Sue C. 15y
 Steve K. 19y

Kensington

JoJo G. 18y
 Dick H. 26y

Lakeshore

Shawn C. 26y
 Charles H. 37y

Living Sober

Joe S. 3y
 Thomas K. 3y
 Kevin B. 4y
 Dan V. 5y
 Jim M. 5y
 Mary M. 14y
 David N. 16y
 Donna C. 17y
 Derek A. 24y

LoveJoy

Jason C. 2y
 Norm B. 5y
 Theresa S. 10y

North Buffalo

Diane D. 3m
 Rob P. 3m
 Dick H. 3m
 Gitti B. 6m
 Matthew M. 6m
 Kendra S. 6m
 Marck C. 1y
 Pam C. 1y
 Reggie R. 1y
 George F. 1y
 Tom S. 2y
 Karen R. 21y
 Joanne W. 24y

Remember When

Sidney B. 2y
 Carmen L. 2y
 Denise S. 2y
 Ollie 3y
 Georgette S. 3y

Oscar C. 3y
 Jihad H. 3y
 Lisa M. 3y
 Ron Mc. 3y
 Ali Abauer R. 3y
 Billie W. 4y
 Rudy C. 5y
 Virgil D. 8y
 Will B. 8y
 Joe A. 8y
 Janice H. 9y
 Mona W. 15y
 Arther E. 15y

Rise & Shine

Shawn Y 3y
 Cretia A. 3y
 Denise H. 3y
 Roberta R. 4y
 Peggy M. 4y
 Jerry T. 4y
 Carmen C. 6y
 Doug G. 8y
 Faith B. 9y
 Vicky 9y
 Jack G. 12y
 Kim C. 18y

Thruway

Nancy H. 9m
 Donna O. 9m
 Sandra W. 20y

Springville Tues.

Lori H. 6y
 John M. 17y

Sunday AM

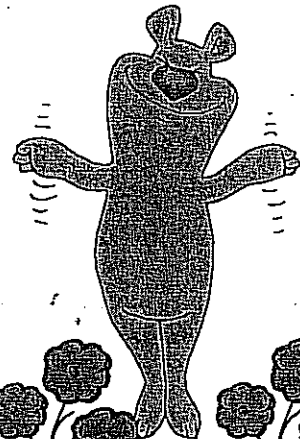
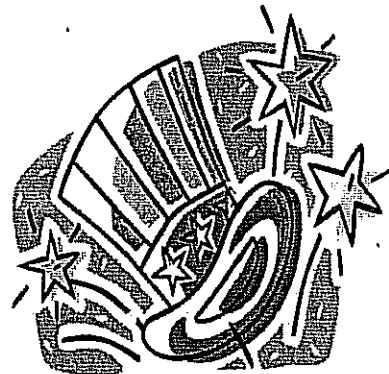
Breakfast
 Peggy M. 4y

Victory

O2 Tom G. 24y

Group Anniversaries

**Alexander
 Inspiration
 Courage
 Ladies Night
 Suburban
 Positively Living
 Giving
 Feelings
 Blasdell Monday Nite
 Willing to Grow
 Hillbilly
 How it Works/Men's
 Brass
 Ellicottville
 Freedom**



saturday

friday

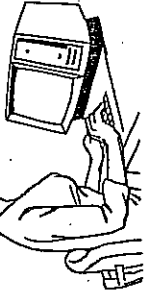

thursday

wednesday

tuesday

monday

sunday

<p>2000: 20 Millionth Big Book is given to Al-Anon in Minneapolis, MN.</p>	<p>*July 1943: 1st summer session of Yale University School of Alcohol Studies begins with Bill W. and Bob's attendance.</p>	<p>12th-Steppered anyone on the Internet? Are you cyber-sober?</p> 	<p>6</p> <p>*July 1965: Frank Amos, one of the Rockefeller people and one of AA's first Trustees, dies.</p>	<p>5</p> <p>The task ahead of us is never as great as the power behind us.</p>	<p>4</p> <p>INDEPENDENCE DAY 1935: Akron, Ohio: Bill D., a lawyer, leaves the hospital and becomes AA #3.</p>	<p>3 Central Committee Meeting, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca St. Corrections Committee Meeting, SUNDAY, 6:00 PM,</p>
<p>9</p>	<p>8</p>	<p>7</p>	<p>13</p> <p>*July 1949: The comic strip Wash Tubbs starts to run the AA story.</p>	<p>12</p> 	<p>11</p> <p>The summer of 1979... Ernest Kurtz's NOT-GOD: A History of Alcoholics Anonymous is published.</p>	<p>10</p> <p>*July 1949: Dr. Silkworth writes the first medical journal article about AA in the Lancet.</p>
<p>16</p> <p>8th Anniversary, Main & High Group Day Of Sharing, Saturday, 9:00 AM- 3:30 PM: Holy Trinity Lutheran Church, 1080 Main Street, Buffalo. Registration \$7.00.</p>	<p>15</p> <p>AA Men's Spiritual Weeknd. St. Columban Center</p>	<p>14</p> <p>Woodward Seminars: "The Book of Marty M." by Marty M. "I don't empty it at him."</p>	<p>20</p> <p>"...nothing will so much insure immunity from drinking as extensive work with other alcoholics." —The Big Book</p>	<p>19</p> <p>"I had a soul-sickness." — Richmond Walker, For Drunks Only, 1946.</p>	<p>18</p> <p>Treatment Facilities Committee, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street. 1940: Richmond Times Dispatch reported AA weekly meetings will begin in September.</p>	<p>17</p> <p>The most common topics at AA meetings are Anger and Gratitude. One gets you drunk; the other keeps you sober.</p>
<p>23</p> <p>Archives Committee Meeting, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca St. 1940: Phila. AA group sent 10% of its money to Alcohollic Foundation and sets a precedent for the 7th Tradition basket.</p>	<p>22</p> <p>1980: Marty M., founder of Nat'l. Committee for Education about Alcoholism, dies.</p>	<p>21</p> <p>New Frontiers Committee, THURSDAY, 7:00 PM: St. Michaels Parish Center, Electric And Warsaw, Lackawanna-64th Buffalo Fall-Convention Meeting, Thursday, 7:00 PM @ Holy Trinity Lutheran Church, 1080 Main Street</p>	<p>27</p> <p>Oldtimer to newcomer: "There are only 2 things you got to know about. God. There is one and you ain't it."</p>	<p>26</p> <p>The 12 Steps keep us from committing suicide. The 12 Traditions keep us from committing murder.</p>	<p>25</p> <p>*July 1956: A.S. writes the Responsibility Pledge and 10,000 at the AA Int'l. Convention in Toronto, Canada, take it for the first time.</p>	<p>24</p> <p>**1966: President Johnson appoints Marty M. to the first Nat'l. Advisory Commission on Alcoholism. Marty was an early AHer.</p>
<p>30</p> <p>Any Age Annual Campout: speakers, sharing and fellowship. \$15 for the weekend. Don Miller Park, 1601 Sweeney NT. 3 PM Friday- 12 Noon Sunday.</p>	<p>29</p> <p>Women's Westside Discussion Group is celebrating its 20th group anniversary with a picnic/eating meeting, begins at 6:00 followed by a speaker at 7:30. "We pocket our pride..." —The Big Book</p>	<p>28</p> <p>1956: First AA Convention begins in Cleveland, Ohio, with Twelve Traditions being adopted and Dr. Bob's Farewell talk.</p>	<p>27</p>	<p>26</p>	<p>25</p>	<p>24</p>

* OCCURRED SOME TIME DURING THE MONTH ** OCCURRED SOME TIME DURING THE YEAR

*BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 4:30 PM*

Schedule on line at ny-aa.org

*681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210
Fax: 853-0389*

buffalooa@hotmail.com

JULY 2005

MEETING CHANGES:

NEW MEETING; Morning Meditation, Monday & Friday, 8:00 AM. 71 Adam St., City of Tonawanda. St. Francis Community Outreach Building (Behind Chapel). Open Meeting. No Smoking on the Church grounds.

NEW MEETING; Happy Hour Too, Holy Cross Church, 341 7th Street Buffalo Westside. 5 PM, Monday- Friday. Open Discussion.

Serenity Circle on Tuesday's has moved to First Presbyterian Church, 1 Symphony Circle at a **New Time** of 8:00 PM.

Emergency Group on Thursday's has moved to First Presbyterian Church, 1 Symphony Circle at a **New Time** of 8:00 PM.

Cazenovia Group, Thursday's, 8 PM at Harvest House, 1782 Seneca St. South Buffalo, is **CLOSING** at the end of June.

NEW GROUP; We Are People 2; Wednesday's at 7:30 PM. Pride Center, 18 Trinity Place, Buffalo.

NEW MEETING; Victory Women's, Wednesday's at 7:30 PM. Our Lady of Victory, Basement, Lackawanna. Closed women's.

Varieties of Spiritual Experience & Miracle groups are joining on Thursday nights starting June 1st. Trinity Parish Hall, 371 Delaware. 8:00 PM

Service Opportunities:

~ July 10, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca Street (Hosted by Cornplanters).

~ July 10, **Corrections Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street (lower).

~ July 21, **64th Buffalo Fall Convention Meeting**, Thursday, 7:00 PM @. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo. E-mail address 2005BuffaloFallConvention@gmail.com. Website: please send comments/suggestions): <http://mysite.verizon.net/vzeeivob/>

~ July 18, **Treatment Facilities Committee**, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street.

~ July 21, **New Frontiers Committee**, THURSDAY, 7:00 PM. St. Michaels Parish Center, Electric And Warsaw, Lackawanna, before the Victory meeting.

~ July 23, Archives Committee Meeting, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca Street (lower).

COMING EVENTS:

- ~ July 15-17, AA Men's Spiritual Weekend. St. Columban Center, Speakers, Meetings, Fellowship, Great Food, Campfire. Registration Fee \$120, \$25 Deposit, flyers included or @ Central Office
- ~ July 16, 8th Anniversary, Main & High Group Day Of Sharing, Saturday, 9:00 AM- 3:30 PM. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo. Panels & Speaker - 50/50 - Hot Meal - Refreshments - Registration \$7.00.
- ~ July 29, Women's Westside Discussion Group is celebrating its 20th group anniversary with a picnic/-eating meeting. The picnic will begin at 6:00, followed by a speaker at 7:30. Come help us celebrate!
- ~ July 29-31, Any Age Annual Campout: speakers, sharing and fellowship. \$15 for the weekend. Bring a dish to pass, hot dogs, hamburgers, pop and coffee will be provided. Don Miller Park, 1601 Sweeney NT. 3 PM Friday- 12 Noon Sunday.
- ~ August 7, Tri County Annual Picnic- Sunday from 10:00 Am until the last person leaves. Fun, food and fellowship. Games for kids. Two speakers Hot Dogs, hamburgers, coffee, pop, ect. Provided, please bring a dish to share. This is an open event, so please bring the family. Located at the Firemen's Park on Sandhill Rd. (Rt. 62), across from the VFW in Gowanda. For directions, please call 716-532-1202 (Sheldon R.)
- ~ August 13, Fresh Start 1st Annual Barbeque at LaSalle Park (The Waterfront). Shelter #2 &3. 11:00AM until dusk. Hot Dogs/ Hamburgers Please bring a dish...if you wish.
- ~ Sept. 2-4, 52nd Annual Tri-State Assembly Chautauqua, NY. More information to come!!
- ~ Nov. 4-6, 64th BUFFALO FALL CONVENTION: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst. Registration: \$20, Banquet: \$33. For more information check their website: 2005BuffaloFallConvention@gmail.com

THE FAIR IS COMING TO TOWN (FREE TICKETS)

The Erie County Fair is fast approaching. We need your help. This year our AA booth is in a new location. We will be in a large tent, next to the Agri-Center; with other non-profit groups.

As in the past we will need 6 people per day. There are three shifts of 2 people in each. The shifts are 10 Am-2 Pm, 2 PM-6 PM, and 6 PM-10 PM. Retired people and any members that have mornings off are very much needed for the first two shifts.

Please grab a friend and join us as we trudge the road to happy destiny to the Erie County Fair.

Please call Sally Ann @ 884-0962-to sign up. Thank you.

7th STEP: "Humbly asked Him to remove our shortcomings."

7th TRADITION: "Every A.A. group ought to be fully self-supporting, declining outside contributions."

7th CONCEPT; The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

PLEASE SUPPORT THE ENVELOPE SYSTEM

... Yours in the Fellowship of the Spirit...

Terry Bateman.... Executive Secretary

Buffalo Central Committee Meeting
JUNE 2005

Gary J., Three Legacies Group, Committee Chair opened the meeting at 7:00 PM, with a moment of silence, the Serenity Prayer and the Preamble. Mark H., Sheridan Group, read The Purpose of the Central Committee. Josh R., Lovejoy Group, read the Traditions. Motion to dispense with the reading of last months' minutes by John H., Sunday Morning Breakfast, seconded by Joe S., Living Sober. Motion passed.

28 Groups were represented: **District 1:** Cornplanters Again, Main and High, Sunday Niter's; **District 2:** Living Sober, Sheridan, Spiritual Progress, Three Legacies; **District 3:** Abbott Men's Disc, Blasdell Monday Night, Father Baker, Iron Horse, Sunday Morning Breakfast, Thurs Afternoon Disc., Valley, Victory; **District 4:** Action; **District 5:** no representatives present; **District 6:** Amsdell Lakeshore, Go To Any Lengths, Lakeshore; **District 7:** Fresh Start, Lovejoy, Spirit of Hope, Community Center; **District 8:** Amherst Snyder, Williamsville, Eye Opener.

COMMITTEE REPORTS:

ENVELOPE SYSTEM: No representative present.

STEERING COMMITTEE: District 2 discussed Serenity Shack problems. The Serenity Shack at 75 Main Street operates as a commercial store front that provides meeting space and possibly other services to 12 Step Meetings. 12 Step Meetings pay rent to the lease holder. The lease holder can set rules and uses for his property. The lease holder is not bound by AA Traditions. It is up to the 12 Step Meetings as to whether they want to meet at 75 Main Street. **District 6,** As Bill Sees It Group had complaint about "Alcoholics Victorious" members disrupting meetings. District rep went to the meeting and there were no subsequent complaints.

FINANCIAL REPORT:

Income

April 2004	April 2005	Variance	% Change	YTD 2004	YTD 2005	Variance	% Change
Avg	Actual			Avg	Actual		
\$7,565.00	\$7,926.63	\$361.63	4.78%	\$30,260.00	\$31,760.56	\$1,500.56	4.96%

Narrative: None

Expenses

April 2004	April 2005	Variance	% Change	YTD 2004	YTD 2005	Variance	% Change
Avg	Actual			Avg	Actual		
\$7,586.00	\$5,103.82	(\$2,482.18)	-32.72%	\$30,344.00	\$28,932.82	(\$1,411.18)	-4.88%

Narrative:

Lower dollar purchases made to World Services:
Postage expense was reduced.

Summary: The 2004 taxes were filed and completed by the auditor. The income reported on the taxes matched the Executive Secretary's report to the groups.

There was a discrepancy in expenses which turned out to be a recording error.

I spoke with the auditor and it was agreed the FICA and Medicare taxes are not being recorded on the income statement. We agreed and asked the Executive Secretary to report gross wages with all deductions listed. The auditor also requested that a line item be entered for depreciation. Depreciation is the worth of equipment, furniture, etc.

Thank you for allowing me to serve.

Respectfully, Patti S., Going To Any Lengths Group

TREATMENT: Tom C., Chairman: Old Business: All meetings temporarily covered. GSA Report: remains steady at 6 – 8 per month. New Business: Chairman, Tom, stated that there used to be a requirement of all *New Volunteers* before chairing meetings MUST attend TFC meeting to get format and schedule – due to recent non-compliance, we will strictly enforce this procedure. A motion made that only members affiliated with Central Committee will be allowed to represent TFC at TFC sponsored meetings. Motion seconded and

passed. Reviewed letter to all detox units in our area offering 12 Step calls. Tabled discussion until next meeting so that more members have a chance to review.

CORRECTIONS: No representative present

SCREENERS: No representative present.

CENTRAL OFFICE: AA INFO: 241, 12-STEP: 6, ALANON: 10. PIC: 0, VISITORS: 55, VOLUNTEERS: 11.
I am taking vacation days on June 29, 30, and July 1. Reminder, as of July 1, all books with the exception of the Big Book will be going up \$1.00. The new financial report reflects the financial chairpersons request to have gross wages broke out, as well as depreciation cost as per our taxes. In the words of our accountant, there was no error in the old financial reporting system, just another way of classification. Our account also want to make it clear he is not an auditor, he is a Certified Public Accountant (there is a difference). The next meeting will be on July 10. We will not meet on the holiday weekend.
Yours in the fellowship of the Spirit, Terry B., Executive Secretary

PIC: No representative present.

NEW FRONTIERS: Debbie C., New Frontiers Editor, is asking for articles and wants to thank everyone who sent in articles.

CONVENTION COMMITTEE: Charmaine D., Chair, encouraged everyone to register and encouraged all those non-registered guests who plan to attend the dance to give a donation. Convention group conscience decided to leave the flyer as it is with no phone numbers. No meeting in July; looking for Greeters and people to work in Hospitality. Next meeting June 16, 2005.

COURTESY REPORTS:

ARCHIVES: Archivist, Tom B., asked representatives to go back to their home groups for pictures of their meeting place for area archives. No people photos please; literature tables, podium, etc.
Our past display was at Jamestown 60th Anniversary of AA at the Holiday Inn on May 6 – 8, 2005. The Boulevard Helping Hands Group requested our presence at their anniversary but due to our commitment in Jamestown, we were not able to display. Our upcoming display will be June 26, 11:00 am at the Sunday Morning Breakfast for an old-timers panel; July 16 at 9:00 am Main and High Day of Sharing; August 25 at 8:00 pm Three Legacies Anniversary; August 30, Iron Horse Anniversary. Our next Archive meeting will be on Saturday, June 25 at 9:00 am in the Central Office. Frank M., Chair

GSA: Sally Ann C., Spiritual Progress Group, has paid for the table at Erie County Fair but is still trying to move to the Health Building. About 66 volunteers will be needed. We need your help to carry the message.

RECAP: Convention: Terry B., asked for phone contact number from flyer. Convention Chair, Charmaine D., stated flyers will remain as printed.

OLD BUSINESS: Convention Co-Chair – 2006 Buffalo Fall Convention – letter received from Gary B., Sheridan Group, District 2, stating his past experience being involved in convention work, his sobriety date is October 1994, and is qualified to be co-chair. A motion was made to elect Gary B., as Co-Chair 2006 Buffalo Fall Convention. Motion was seconded and was voted by acclamation to award 2006 Co-Chair to Gary B., Sheridan Group.

NEW BUSINESS: JoAnn C., Action Group, suggested that a letter be sent to Renaissance House in regards to their clients on television and in newspapers advertising as members of AA. The letter should include our Anonymity Statement.

Terry B., Executive Secretary, asked for a replacement for PIC committee because of non-attendance at central committee and unavailability for contact.

Motion to adjourn by Deb C., Victory Group, seconded by John H., Sunday Morning Breakfast Group. Motion passed. Meeting adjourned at 7:30 PM with The Lord's Prayer.

Minutes respectfully submitted by:
Recording Secretary, John H., Sunday Morning Breakfast.

Income Statement	31-Jan-05	2/29/2005	31-Mar-05	30-Apr-04	31-May-04
Beg Bal Cash on hand	3,997.86	4,981.86	6,394.11	7,048.74	9,447.52
Contributions					
Groups	4,241.86	3,539.40	4,638.87	3,947.21	4,029.84
Joint Meeting	42.05	25.70	37.31	35.30	41.51
Envelope System	617.00	674.00	392.00	610.00	327.00
New Frontiers Subs	106.00	20.00	118.00	30.00	13.00
Literature	1,678.57	3,193.57	3,810.75	2,970.12	3,516.37
Archives Room Rent	50.00	50.00	50.00	50.00	50.00
Meetings at CO	150.00	228.50	171.00	217.00	142.50
Mail/Misc.				25.00	31.51
"Gratitude Month" (NOV)					
Conventions/Day of Sharing	1,190.89			42.00	
Monthly Income	8,076.37	7,731.17	9,217.93	7,926.63	8,151.73
Expenses					
Office Rent	753.04	753.04	768.47	768.47	768.47
Electric	90.00	90.00	90.00	90.00	90.00
Payroll					
Salaries - gross	2,196.92	2,196.92	2,196.92	2,746.15	2,196.92
Federal Withholdings	(418.76)	(418.76)	(418.76)	(523.45)	(418.76)
NYS Withholdings	(79.60)	(79.60)	(79.60)	(99.50)	(79.60)
Disability Insurance	(2.40)	(2.40)	(2.40)	(3.00)	(2.40)
Payroll Tax Deposits					
Federal	588.60	735.75	441.45	588.60	735.75
State	365.81			336.96	
Insurance					
State Ins Fund			301.56		
Health	304.00	304.00	304.00	304.00	304.00
Liability	973.73				
Postage	248.83	561.61	452.69	53.09	53.81
Phone	104.98	137.01	127.89	158.26	105.02
Accounting					1,875.00
Advt					
PIC Lit					
Talking Phone Book			428.40		
Verizon	98.50	98.50	107.00	102.75	102.75
website					
white directory					
Yellow Pages			298.00		
Literature Expenses					
Grapevine		434.80	35.00		235.00
World Services Inc	1,028.85	1,021.00	2,519.52	173.60	3,668.70
Hazeldon			553.30	388.45	
"In All Our Affairs"					
Printers	2,232.50				
Office Supplies		112.02	181.41	66.00	214.92
Answering service	118.29	114.58		117.02	120.70
Minolta leasing (copier)	260.45	280.45	260.45	260.45	260.45
Minolta Copies	80.30				
Seminar					
Depreciation	100.00	100.00	100.00	100.00	100.00
Monthly Expenses	9,045.04	6,418.92	8,663.30	5,627.85	10,530.73
Monthly Income/(Loss)	(968.67)	1,312.25	554.63	2,298.78	(2,379.00)
Depreciation add back (non-cash)	100.00	100.00	100.00	100.00	100.00
End Bal Cash on hand	4,981.86	6,394.11	7,048.74	9,447.52	7,168.52
CD	8,039.22	8,039.22	8,039.22	8,039.22	8,088.78
Literature Assets:	9,350.98	7,382.40	7,145.65	6,230.35	7,854.20
Literature Receivable:(outstanding)	1,938.24	1,487.14	1,044.35	771.27	750.75
Corrections Facilites	835.45	988.72	1,013.72	877.72	1,100.39
Donations	153.27	121.12	414.00	237.67	389.65
Expenses		98.12	550.00	15.00	
Balance	988.72	1,013.72	877.72	1,100.39	1,490.04
Treatment Facilities	385.79	473.41	501.79	833.09	853.72
Donation	178.27	108.12	459.00	212.67	354.65
Expenses					
AT & T Bridging The Gap	35.15	38.24	27.70	32.04	30.66
AAA About Answering Service	42.00	41.50		46.00	40.00
Literature	13.50			214.00	
Balance	473.41	501.79	933.09	853.72	1,147.71

GROUP CONTRIBUTIONS

GROUP CONTRIBUTIONS

GROUP	CENTRAL	CORRECTIONS	TREATMENT
Pendleton Chapter Five	0.00	0.00	0.00
Phoenix	0.00	0.00	0.00
Positively Living/Ren.	500.00	1000.00	0.00
Powerless	0.00	0.00	0.00
Pride	30.00	0.00	0.00
Primary Purpose	0.00	0.00	0.00
Principles Bef. Personalities	0.00	0.00	0.00
Progress	0.00	0.00	0.00
Purpose/Tonawanda	200.00	200.00	0.00
Questions & Answers	25.00	0.00	0.00
Rainbow	25.00	75.00	0.00
Ray of Hope	290.00	0.00	0.00
Reco., Women in the BB.	0.00	0.00	0.00
Recovery Near the Gardens	10.00	0.00	0.00
Redeemers	30.00	30.00	0.00
Remember When	0.00	0.00	0.00
Renewal	0.00	0.00	0.00
Ride Sober	0.00	0.00	0.00
Ridge	100.00	50.00	50.00
Rise and Shine	0.00	0.00	0.00
Rochester	50.00	0.00	0.00
Rural is Plural	0.00	0.00	0.00
Sally	0.00	0.00	0.00
Saratoga	25.00	0.00	0.00
Sat. Night In Recovery	0.00	0.00	0.00
Sat. Nite Sober	0.00	0.00	0.00
Sat. Midnights	0.00	0.00	0.00
Searching For Serenity	200.00	0.00	0.00
Second Chance	0.00	0.00	0.00
Serenity	50.00	50.00	0.00
Serenity Circle	15.00	0.00	0.00
Serily in the Park	0.00	0.00	0.00
Serenity on the Lake	0.00	0.00	0.00
Serenity Shack	0.00	0.00	0.00
Serenity Trails	0.00	0.00	0.00
Setaside	300.00	50.00	50.00
Sheridan	77.00	117.00	0.00
Silvercreek Friendship	0.00	0.00	0.00
Sober and Proud	40.00	0.00	0.00
Sober Saturday	100.00	150.00	0.00
Sober Trail	0.00	0.00	0.00
Sober Winners	120.00	0.00	0.00
Sobriety Comes First	0.00	0.00	0.00
Sobriety for Women	0.00	0.00	0.00
Sobriety Men's Disc.	0.00	0.00	0.00
Sobriety On The Canal	30.00	0.00	0.00
Sobriety on a Sat. Night	0.00	0.00	0.00
Sobriety on the Lake	0.00	0.00	0.00
Somerset	0.00	0.00	0.00
South Buffalo	0.00	0.00	0.00
South Town	50.00	50.00	50.00
Southgate	50.00	0.00	0.00
Southtown Women's	0.00	0.00	0.00
Southwestern	30.00	60.00	50.00
Spirit of Hope	0.00	140.00	0.00
Spiritual Progress	60.00	0.00	0.00
Springville Sat. Afternoon	0.00	0.00	0.00
Springville Tues. Night	60.00	0.00	0.00
Springville Wed. Noon	0.00	0.00	0.00
Springville New Life	0.00	0.00	0.00
St. Barnabas	0.00	0.00	0.00
St. Mark's	0.00	0.00	0.00
Starting Over	250.00	0.00	0.00
Staying Alive	0.00	0.00	0.00
Step Work	0.00	0.00	0.00
Stepping Stones/Gow.	0.00	0.00	0.00
Stepping Stones/Wil.	0.00	0.00	0.00
Suburban	0.00	0.00	0.00
Sunday Afternoon Ascension	0.00	0.00	0.00
Sunday Morning Breakfast	200.00	800.00	0.00
Sunday @ 8:00	0.00	0.00	0.00
Sunday Nilers	25.00	0.00	0.00
Sunday Third Group	0.00	0.00	0.00
Sunrise Court	250.00	20.00	20.00
SUNY Amherst Campus	0.00	0.00	0.00
Surrender and Hope	100.00	0.00	0.00
Survivors	0.00	0.00	0.00
TGIF	0.00	0.00	0.00
Thankful	135.00	0.00	0.00
The Book Meeting	60.00	0.00	0.00
Three Legacies	10.89	85.81	10.89
Those Too	5.00	25.00	0.00
Thruway	150.00	725.00	20.00
Thurs. Nite Steppers	0.00	0.00	0.00
Thursday PM Discussion	200.00	0.00	0.00
Today	0.00	0.00	0.00
Today's Woman	30.00	0.00	0.00
Tri County	0.00	0.00	0.00
Tri-Step Beginners	0.00	0.00	0.00
Try Again	100.00	100.00	10.00
Tuesday Men's AM	50.00	150.00	0.00
Tuesday Women	10.00	0.00	0.00
Turning Point	0.00	0.00	0.00
Twin Cities	0.00	0.00	0.00
Unity	0.00	0.00	0.00
University Men's Disc.	263.00	855.00	0.00
Valley	175.00	0.00	0.00
Varieties of Spiritual Exper.	0.00	0.00	0.00
Varysburg	5.00	5.00	0.00
Victory	125.00	0.00	0.00
Wake Up Call	0.00	0.00	0.00
We Are Not Saints	0.00	0.00	0.00
We Care	120.00	20.00	40.00
We Choose Life	0.00	0.00	0.00
Wehrla	0.00	0.00	0.00
Welcome	0.00	0.00	0.00
Westfield	0.00	0.00	0.00
Westminster	0.00	0.00	0.00
Why	0.00	0.00	0.00
Williamsville	360.00	0.00	0.00
Willing To Grow	0.00	0.00	0.00
Wilson Group	4.30	0.00	0.00
Wilson Smith Alumni	0.00	0.00	0.00
Women In Sobriety	0.00	0.00	0.00
Women's West Side	0.00	0.00	0.00
Working	0.00	0.00	0.00
You'll Never Walk Alone	0.00	0.00	0.00
Young at Heart	0.00	0.00	0.00
Youngstown	0.00	0.00	0.00
Attica	0.00	0.00	0.00
Anonymous	100.00	0.00	0.00
Genesee/Wyoming Intergroup	30.00	0.00	0.00
Lee M.	20.00	0.00	0.00
Richard G.	10.00	0.00	0.00
Gunther P.	50.00	0.00	0.00
Mary W.	5.00	0.00	0.00
David P.	300.00	300.00	0.00
TOTALS	4029.84	20397.18	389.65

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University Men's Disc.	263.00	855.00	0.00
Valley	175.00	0.00	0.00
Varieties of Spiritual Exper.	0.00	0.00	0.00
Varysburg	5.00	5.00	0.00
Victory	125.00	0.00	0.00
Wake Up Call	0.00	0.00	0.00
We Are Not Saints	0.00	0.00	0.00
We Care	120.00	20.00	40.00
We Choose Life	0.00	0.00	0.00
Wehrla	0.00	0.00	0.00
Welcome	0.00	0.00	0.00
Westfield	0.00	0.00	0.00
Westminster	0.00	0.00	0.00
Why	0.00	0.00	0.00
Williamsville	360.00	0.00	0.00
Willing To Grow	0.00	0.00	0.00
Wilson Group	4.30	0.00	0.00
Wilson Smith Alumni	0.00	0.00	0.00
Women In Sobriety	0.00	0.00	0.00
Women's West Side	0.00	0.00	0.00
Working	0.00	0.00	0.00
You'll Never Walk Alone	0.00	0.00	0.00
Young at Heart	0.00	0.00	0.00
Youngstown	0.00	0.00	0.00
Attica	0.00	0.00	0.00
Anonymous	100.00	0.00	0.00
Genesee/Wyoming Intergroup	30.00	0.00	0.00
Lee M.	20.00	0.00	0.00
Richard G.	10.00	0.00	0.00
Gunther P.	50.00	0.00	0.00
Mary W.	5.00	0.00	0.00
David P.	300.00	300.00	0.00
TOTALS	4029.84	20397.18	389.65

ATTENDED CENTRAL COMMITTEE

There are **MUSTS** in the Big Book

"But we **MUST** be careful not to drift into worry, remorse or morbid reflection, for that would diminish our usefulness to others."

-Big Book, Chapter 6, "Into Action", page 86



~~AA of the Niagara Frontier~~
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