

NEW FRONTIERS

July 2009

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept **within the Fellowship** to insure anonymity.

For those who belong to a home group and are involved in its operations, this will be familiar territory.

If you do not belong to a home group, or belong to one but not involved doing SOMETHING at that group, you are missing a HUUUUU-GA part of how our program works. Many have walked in our program, did not get involved, and have a story to tell about how it got worse. Don't become a casualty - join one and get in the game!

The following articles except Loved Into Sobriety are all selected from the book titled "The Home Group: Heartbeat of AA" published by The AA Grapevine Inc., ©1993, All Rights Reserved. I don't see that book in many places, but it does a fine job of laying out the details about home groups, from the experience of those who walked the path before us.

Editor

A Spoke in the Wheel

Originally published March 1989.

One Tuesday night a lonely confused woman named "Sara" walks through the doors of Alcoholics Anonymous. Sara feels alienated and depressed, feelings she has had most of her life. She is completely demoralized and knows she will never be accepted or feel loved by anyone again. But through all this despair she doesn't want to die. So cautiously she slips in and sits in the far right chair in the very back row. She doesn't raise her hand as a newcomer because she is too paranoid. She is too afraid they will see her and *know* and then she will be rejected one more time. So every Tuesday night she comes back and quietly sneaks into that chair in the back row because she doesn't want to die and she has no place else to go.

And then one night she is called on and she tries to speak but

cries instead. Or maybe one night someone notices her and walks up to her to welcome her. She is given a schedule of meetings and a list of AA phone numbers. She learns she is not alone, but she is still terrified. She learns about establishing a home group and makes the Tuesday night meeting her home group. A woman talks about the things she wants in her life, about how she wants to be and sound and look, and that woman becomes her sponsor.

Now when Sara walks through the door of Alcoholics Anonymous, people come up to her and say, "How are you doing, Sara?" and they mean it. She begins to feel the terror leaving. She is coffeemaker and they need her and now she sits in the front row. She is still scared at some other meetings, but now she has one that she can relax in. She feels a part of something for the first time in her life. Sara smiles now

and looks over her family with love as she begins the meeting--she is now the secretary. She sees a lonely woman sneak quietly past everyone and sit down in the very last row on the far right-hand chair--she sees herself two years ago. She walks over and tells the woman she is home and can begin to belong now.

A year later Sara is the general service representative (GSR) for the Tuesday night meeting and then becomes district committee member (DCM) and continues to give back what she has received by carrying the message that she heard in her home group on Tuesday nights.

That is why home groups are so very important to Alcoholics Anonymous. This is where people begin. This is where the spark of service work is first ignited. This is where the AA member begins to learn about the *how* of Alcoholics Anonymous. By selecting a home

group, the newcomer begins to feel like he belongs somewhere. He begins to know people and let people know him. He feels safe in this meeting because he knows everyone's story and where they came from. He gets to watch people come and go, so he can actually see what works and what doesn't work. He develops close friendships and when the sea gets rough, he has people who can see the swelling waves.

The home group is where the AA member takes his first tiny step into making the support system of Alcoholics Anonymous work. This may be by just putting one dollar in the basket every week and knowing where it is going, or by washing coffee cups. By going to the same meeting every week, the AA member hears where the money is going, what the "central office" is, what a coordinator and a GSR do.

This gives him a chance to participate in service work. If he did not have a committed home group where he was allowed to vote on issues in AA, he might never listen to anything the GSR or coordinator says to the group. Hence, by getting a home group, the AA member accepts the responsibility of participating in the whole system, thereby keeping the wheels of Alcoholics Anonymous rolling.

Home groups become the spokes in the big wheel of Alcoholics Anonymous. The wheel, according to the Seventh Tradition, cannot be moved by any outside contributions. Therefore, by each group being responsible to all AA services, this wheel can roll along and touch those Lone members who do not have the luxury of an AA meeting with coffee, donuts, hugs, and people sharing their experience, strength, and hope. It can rumble

along and carry literature and experience, strength, and hope to institutions, treatment facilities, new groups, and all AA groups.

By home groups contributing to all AA services, Alcoholics Anonymous will continue to touch more and more families, men and women each year. Through this kind of support in your home groups, one Tuesday night a lonely alcoholic will not walk up the stairs to Alcoholics Anonymous and find the door barred shut. Through this kind of support one day more and more Sara's will come tiptoeing through the doors of Alcoholics Anonymous and get on that giant wheel that keeps so many of us clean and sober and free.

G.H.
San Diego, California

Why Have a Home Group?

Originally published September 1986.

In a recent letter to a member of the Fellowship, a member of the General Service Office staff referred to the home group as the heartbeat of AA. That made a big impression on me, and I believe that just as surely as we are aware of, sensitive to, and in need of our own heartbeat, each of us needs a home group.

It all began in the home group, didn't it? Not all of us readily identified that mysterious group of people who were trying to help us get sober as our home group. In fact, I am painfully aware that the commitment to become a part of anything escapes many in the early stages of recovery.

Most members of the Fellowship will never have the rewarding experience of attending a General Service Conference. Only a few are even touched by our area assemblies, state and national conventions, and other functions which bring members together from many home groups. Even the district functions might be attended by only a small portion of the membership of the groups involved. To many, their AA is only the home group. If this is so, what should the home group be to the member, and why should a member have a home group?

When we took those first faltering steps to recovery, many of us would have stumbled and fallen once again if we had to make what was to be a miraculous change by ourselves. In my case, the first rays of hope came from those sometimes loving, sometimes cantankerous old geezers who sat around the table in my hometown. A long time before I believed, or even heard, what they told me, I began thinking there might be a chance simply because I thought if they could do it, so could I.

The first slogans I heard came from them. Later, when I heard the same things from speakers at a convention, I thought it was so wise; but it was months before I realized that I first heard those thoughts from the fat little guy who I thought was so windy and who eventually became my sponsor. In fact, after I got into service work, I thought I needed to go to conventions, assemblies, and forums to get my batteries recharged because things were so dull and routine in my home group.

Now I know that it's not the wonderful people I've met from throughout these great lands who have helped keep me sober most of the time, but those wonderful people sitting around the table in my hometown who loved me when I could not love, who waited for me to

quit lying, who tolerated me when I would be part of nothing, and who never asked me to leave when I was obnoxious. *Because of their love and patience, I was able finally to get outside of myself and make some sort of commitment to the group.*

It seems to me that, in the beginning, a home group is all most of us can possibly handle. It's where we first find a sponsor, where someone first sees that we get a Big Book, where we first see the Steps on the wall, where we learn again to pray, and where we first begin to recover. (Remember the heartbeat?) But most of all, because of the trust that develops through the meetings of a home group, it is where we might first begin to care about someone else so that we might eventually begin to love again, both in AA and among our friends and family.

It is where we first learn to take responsibility so that we might eventually take responsibility for our lives. In my case, that began with the simple chore of cleaning out ashtrays. (How wise that they knew I could do no more!) It was there we learned to do Twelfth Step work so that we could eventually pass on to others what was so freely given to us, thereby assuring the very

future and survival of the Fellowship. It was there we first learned about the rest of the Fellowship, and someone began answering the questions about all the mysteries of what makes the whole thing work.

Oh yes, the home group is the heartbeat of the Fellowship. There are many reasons why the Fellowship needs these wonderful groups, and there are many reasons why the groups need each and every member running through their life veins. But most important, we need our home groups. That's where it all began, and it's where it will all end for us. Yes, all of us have also had the job of burying some of those people who passed the recovery program on to each of us.

With this week at the Conference, this phase of my service to the Fellowship, of paying back a small measure of my gratitude, begins to wind down. What will I do now? If I am very, very lucky, those who are doing such a marvelous job of serving the Fellowship in my home group might, just might, allow me to make coffee next week and maybe even talk to a drunk.

R.B.
Neosho, Missouri

The Only Help We Have to Offer

Fifth Tradition - Each group has but one primary purpose—
to carry its message to the alcoholic who still suffers.

Originally published May 1990.

I drank for a long time and couldn't stop. I tried everything. One day, in the midst of planning to take a trip, I called AA. I told the woman who answered the phone that I was an alcoholic going on a trip and I needed a ride. I was afraid to drive to the bus station because I was too drunk, and I couldn't call my parents because they were mad at me about my drinking. The woman told me politely that AA wasn't a taxi service and to call back when I wanted to stop drinking.

I did call back and two wonderful women came to my house. They said and did all the right things and I found myself at my first meeting.

At meetings, I began to hear the message of recovery. But I became distracted when I noticed the abundance of single men at

HELP WANTED!!!!

The position of ARCHIVIST is open.

The Archivist is responsible for the archives collection of W.N.Y. Area 50 GSA.

Interested persons should apply to the Archives committee. Cite such attributes such as archival experience, interest in A.A. history, organizational and computer skills. The applicant should have at least 5 years of sobriety. The applicant should have adequate time available to spend recording, conserving and preserving the archival collection.

The applicant should be available to attend conventions, group anniversaries, workshops and days of sharing where there will be an archival display. There should be a willingness to attend the National Archives Workshop and other learning experiences.

Applications should be sent to
**WNY Area 50 Archives, c/o
Buffalo Central Office, 681
Seneca St. (Lower), Buffalo NY**

every meeting. "This must be the answer," I thought. "I'll find a man to take care of me." So I pursued that avenue of "recovery" for a time until I became convinced that it wasn't working. Again I returned to AA, this time to listen to the real message of recovery. And I heard it.

Without exception, everyone who had anything I wanted talked about having developed a relationship with a power greater than himself as the result of taking the Twelve Steps. The Big Book quotes Dr. Silkworth as saying, "The message which can interest and hold these alcoholic people must have depth and weight." That's what recovery through the Twelve Steps had for me.

I needed a job. I told people at meetings that it would be easier for me to stay sober if I had a job (and a husband and some friends). They

told me that my job was to stay sober. God would take care of the other things when I was ready.

I found a home group because somebody told me I should. I was there at the once-a-week meeting. Soon I discovered that the members met other days at each other's homes and sometimes went places together. I thought this might be the social life that had long eluded me. What a surprise to find out that these gatherings in their homes were group business meetings and studies of the Traditions. Their excursions were visits to small AA groups in outlying communities where they shared their experience, strength, and hope. When they went out for coffee or meals after meetings, the primary topic of discussion was Alcoholics Anonymous. Recovery, unity, service, and the Twelve Steps seemed to intrude into everything we did together! I ended up learning many valuable social skills by hanging around with these people, but social growth was never our purpose in getting together.

When my home group elected me to represent them at the local central committee, I learned about another part of our Fellowship. This committee, in addition to providing a twenty-four-hour answering service, meeting directories, public

information, and a forum for discussion of group problems, had a social committee with its own bank account and fun-filled calendar. But to my surprise, as social as their activities were, they always featured AA meetings and speakers, and whether decorating a hall, mopping a floor, or carving a turkey, they always talked about recovery through the Twelve Steps and carrying the AA message to the alcoholic who suffered among us or who hadn't found us yet.

The man who encouraged my participation in general service tried to attract me by describing the wonderful assemblies I'd attend out of town and all the new friends I'd make. He was right, but once again I found that what held us together at those assemblies was our focus on service to Alcoholics Anonymous and how to better carry the AA message to the still suffering alcoholic.

One day while taking calls for our local AA answering service, I got a call from a woman who wanted someone from AA to come see her drunken neighbor who hadn't cleaned her house in ages. "You've got to get someone out here to clean up her house. Don't you people try to help drunks?" I was reminded of my first call to AA looking for a taxi service. Now I know through experience that we're not simply

here to "help." The primary purpose of an AA group is to carry the AA message of recovery to the alcoholic who still suffers. The only help we have to offer is the AA program of recovery. We don't offer taxi service, housekeeping, assertiveness training, marriage counseling, jobs, money, mates, or any of the dozens of other services and solutions that each of us thought would solve our problems.

If Alcoholics Anonymous had provided me with a social life, a job, and a husband, I'd have had no reason to place my reliance upon God. ***If they had done anything other than carry the message of recovery, I might have missed it. Thank God that's all AA does.***

Each of us, having had a spiritual awakening as the result of the Twelve Steps, tries to carry this message to the alcoholic who wants it. This is how I stay sober. And if you keep coming back, you don't have to drink again either, if you don't want to.

B.M.
Eureka, California

Enjoying Anonymity

Originally published January 1992.

I had never been to an AA meeting before, but the counselor had said that it would start at 8 o'clock. It was now 7:55. Other people were going in and walking up the stairs.

Well, I thought, if I didn't like it I could always get up and leave; they can't make me stay. Nobody says I have to go, anyway. Okay. Up the stairs I go.

It's a large room with tables down the center, some theater seats by the windows, a coffee urn in the corner. The whole place smelled of smoke. Not wanting to be obtrusive, I took a seat in the corner.

The person seemingly in charge sat at the head of the table. Behind him hung the portraits of two men. They began in a businesslike manner with a moment of silence followed by a prayer and the reading of several

lengthy statements called the Steps and Traditions.

What was said sounded familiar to me, stories and problems that happened to me or to someone I knew. It felt good to be with people who understood the circumstances that I was experiencing. They were open and honest about their troubles and conflicts. Toward the end the guy at the head of the table read a statement about anonymity: "Who

you see here, what you hear here, when you leave here, let it stay here."

It would be some time before I would understand the meaning of that phrase. On the one hand it said mind your own business, what a person shares with the group is not to be discussed outside the meeting. If he's having a problem with his boss and I know who the boss is, what was said should remain confidential. It would dawn on me in time that people are relieved of the burdens of guilt, anger, resentment, self-pity and other emotional baggage by speaking out and talking about the things that troubled them so. That was a key to the success of the program. Those who were concerned about how their story sounded to others or who wanted to look better than they were feeling were not making much headway in recovery. They were becoming actors who said what others wanted to hear.

At first I thought everyone was ashamed to be here, because that's how I felt. Soon I recognized an old

neighbor of mine, whom I hadn't seen in years. I didn't know whether I should hide from him or walk up and say hello. Later I found that he had several years in the program and he became my first sponsor. It was not apparent to me that admitting that I was alcoholic and accepting it as a fact of life were two very different things. After acceptance, the shame melted into the new interest that I soon took in my recovery, knowing that at last I was working in the right direction. With acceptance of my disease of alcoholism came a full-fledged effort to work all aspects of the recovery program. I began to attend the Step study groups and really put them to practice.

Recovery took on a familiar pattern. The people who were sincere about staying sober showed up regularly for meetings, set up the tables and chairs, got out the books and literature. They were greeting the newcomers and making them feel welcome. They participated when called upon and listened intently while

others spoke of their experience. They set an example by helping and lending a hand when needed.

Last names and job titles had nothing to do with recovery. What mattered was what was shared at the table and the conduct in this small room. The ones who beat the drum the loudest are just trying to attract attention to themselves. The ones who have got the serenity do not need to bring attention to themselves for they are content just being themselves. Humility is a personal achievement, it cannot be given away. It comes in glimmers and grows like an ice crystal. It is fragile, too, thus requiring constant care and protection.

Maintaining anonymity insures that the focus of our efforts is on the program and not the personalities.

Fred E.
Seattle, Washington

Loved Into Sobriety

Originally published November, 1997

I came into the Fellowship when I was sixteen

An especially bad episode scared me enough that I asked to be sent to treatment. After I was released, my

Committees looking for help: CORRECTIONS – currently only 2 people on the committee. They are looking for others to join the committee, and for some groups to STEP UP and take one meeting per month at a corrections facility. PIC: Looking for volunteers to help, now has 3 or 4 events scheduled. If you are interested, contact Central Office, and Terry will get the message to the right people.

and haven't had a drink since. That was in 1986. In that time I've literally grown up in AA. I've experienced many growing pains; but sobriety has given me a wonderful life, and I'm grateful for this gift that so freely has been given to me. I was fortunate enough to get sober in an area that could be tolerant to such a young, immature person. I love my home group as a family.

Before I came into AA, I was living on the street with whoever would take me in and I was drinking as much as I could. My drinking started in the morning and continued throughout the day. I used everyone around me and had many dangerous experiences. I didn't see myself living to the age of eighteen so I had no plans past the immediate present.

home group saved me. I found the most loving, accepting group of people. They had a sparkle in their eye and they laughed all of the time. I couldn't remember the last time that I had really laughed. The other members may have had their doubts about my sincerity and requirement for membership but after they heard me talk they changed their mind.

My group back then was mostly men and mostly over the age of thirty. I felt different because of the age difference but these members never told me to leave. They treated me like any other newcomer. I was always waiting for the angle or for someone to hit on me and it never happened. I was genuinely loved into sobriety. I related to the sharing in the meetings even though I hadn't lost a job, a husband, or kids, because

we shared the same pain and hole in the gut due to our drinking.

I had to experience the same growing pains as any other adolescent. Just because I was sober did not make me exempt from mistakes and I made many. I didn't always do what was suggested because I was a teenager and most teens think they know everything. But my mistakes were valuable and shaped my character and my life. I'm grateful that I was allowed to make those mistakes with very little criticism. The mistakes were a part of my growing up; they needed to be made. People in my group watched me screw up but didn't hold me back and shared with me their mistakes. They taught me the Steps and told me in a loving manner if I seemed to be straying too far. They celebrated my joys with me and cried with me when the choices I made were bad.

Consequently, I grew up. I married, had children, went to college, found a job, then went back for more school. Every step of the way my group was with me as they watched me struggle with life issues.

From my experiences, I would say that sobriety is about living. My group is in no way my whole life but I attend three meetings a week and volunteer my time when needed. I've seen young people hide in the

Fellowship and I find this unfortunate. We've been given such a marvelous gift, so young, that we should live our lives with the same principles outside AA as well. We may live a long life, God willing, and society can benefit from our sober abilities. I am an active member of AA, but I don't hide in AA rooms. I am out there experiencing life.

I have heard some members wishing they had gotten sober at my age, but I don't think they realize what this means. I have grown up and been very aware of my mistakes. Some mistakes even sober are embarrassing due to youthful impulsiveness and I've had to experience them straight and with no excuses. Young people in AA are likely to make more mistakes only because of their age; we should try to help them by sharing our experience, strength, and hope. I'm not complaining but explaining so that others can better understand what it's like to grow from a child to an adult in sobriety.

T.F.
Boone, Iowa
November 1997 issue

©1997 by The AA Grapevine Inc. All Rights Reserved.

IN MEMORIAM
Things We Can Not Change

To all our members who have lost family & loved ones our prayers are with you.

Share your Experience, Strength and Hope

Please submit your announcements by the 12th for next months issue.

Articles can be submitted at any time.

Buffalo Central Office

681 Seneca St (Lower)
Buffalo, New York 14210

E-Mail Addresses

Announcements & Anniversaries:
.....buffalooa@hotmail.com
Articles Only: newfrontiers@roadrunner.com

New Frontiers Committee Members: Chip R., Mike K., Chuck D., Gene O., Suzette W., Don B.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc., are subject to the GRAPEVINE copyright.)

JULY ANNIVERSARIES

Alexander

Michelle F. 6y
Don O. 16y
Sue A. 18y
Carl T. 23y

Amherst/Snyder

Sam T. 2y
Janet M. 6y
Rick S. 15y
Dave P. 15y
Kevin M. 15y
Todd S. 19y
Tina D. 20y
Holly M. 20y
Guy M. 22y
Bob L. 24y
Charmaine D. 26y
Rich H. 28y
Don H. 37y

As Bill See's It

Dale V. 14y
Hilda H. 27y

Big Book Lockport

Tom H. 1y

Carry The Message

Randy H. 6y

Courage Group

Cheryl K. 8y
Barbara J. 14y
Jerry F. 18y
Mary M. 18y
Donna P. 30y

Easy Does It

Tom E. 9y
Laurie J. 15y
Barbara M. 24y
Harriett G. 26y

Fireside

Megan H. 8y
Elaine C. 16y

Freedom

Dennis Z. 21y

Fresh Start

Ron D. 22y

Gardenville

Bob J. 6y
Linda H. 23y

Golden Slipper

Doug B. 2y
Tito 19y
Bob B. 22y

Ironhorse

Katie R. 3m
Margarette A. 4y
Sue C. 19y
Steve K. 23y

Kensington

Jo Jo G. 24y
Dick H. 30y

Lakeshore

Jim N. 2y
Charles H. 42y

Lighten Up

Dave S. 4y
George K. 6y
Rick B. 7y
Sue H. 7y
Leslie S. 12y

Lockport #1

Dan S. 3y
Mike S. 4y

Lovejoy

Cathy S. 3y

North Buffalo

Greta E. 4y
Diane D. 4y
Mary Jo K. 4y
David W. 4y
Reggie R. 5y
Karen R. 25y
Buzz K. 53y

Orchard Park Step

Craig B. 3y
Amanda T. 4y
Bernie B. 15y
Dana N. 23y

Rise & Shine

Sue A. 6m
Peter Z. 9m
Jeff F. 9m
Amanda S. 9m
Kim M. 1y
Joe R. 2y
Matt G. 2y
Raymond S. 2y
Edith S. 4y
Polly B. 5y
Mike V. 5y
Mike M. 6y
Matt G. 6y
Shawn Y. 7y
Vicky Y. 13y
Jack G. 16y
Kim C. 22y

Thruway

John S. 2y

Springville Tues.

Lori H. 9y

John M. 20y

Sober Winners

John M. 7y

Sunday AM

Breakfast

Norm B. 9y
Steve G. 20y

Surrender & Hope

Cindy S. 2y
Don K. 13y

Valley

Mike S. 3y
Jess K. 5y
O2 Tom G. 28y
Shelley M. 28y

We

Shannon 3m
Cindy P. 3m
Roli 3m
Sandy 9m
Jen 9m
Annie 1y
Renae S. 1y
Denise 1y

"Pass It On"



Bill W.

Group Anniversaries

Alexander; 27y
Big Book Lockport; 28y
Blasdel Monday Nite; 19y
Brass; 47y
Courage; 32y
Ellicottville; 28y
Feelings; 23y
Freedom; 24y
Giving; 25y
Hillbilly; 62y
How it Works/Men's; 16y
Inspiration; 41y
Positively Living II; 28y
Willing to Grow; 19y
Women Making The Effort; 4



"TRUDGE THE ROAD
TO
HAPPY DESTINY"



PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)

*BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM
Schedule on line at: www.ny-aa.org &
www.buffaloaany.org*

*681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210
Fax: 853-0389
www.buffaloaany.org
buffalooa@hotmail.com*

JUNE 2009

MEETING CHANGES :

- **Johnson Creek Big Book**, is moving on Aug. 5 to; Heartland Bible Church, 8110 West Ave in Gasport. Wednesday's , 8 PM.
- **Orchard Park Step Group** meets at 7:30 PM Tuesdays at St. John's Lutheran Church and will be starting a Big Book table the first week of July. Please bring your big book.
- **Sober Saturday Group** will be moving in July to Good Shepherd Church, 187 Southside Pkwy, South Buffalo. Saturdays, 8 PM.
- **Rise & Shine Group** is asking all past and present members of this home group to please make contact with the group with your name, sobriety date and phone number, so we may update our home group member list. We ask that this be done prior to the date of September 1st, 2009, or you will be dropped from the anniversary list. This action is taking place so that we are able to give accurate count to AA World Services. Thank You. Rise & Shine group conscience.
- **Women's Step Action Group**, Thursday's @ 6PM, St. Martin in the Field Church, 2587 Baseline Rd., Grand Island, is closed for the summer. Will resume in the fall.
- **NEEDS SUPPORT: Ray Of Hope Group**, Immanuel Lutheran Church, East Aurora, Tuesday's, 1:00 PM.
- **East Aurora Group**; 1st Wed. of the month sponsoring a **step of the month table**. St. Matthias Episcopal Church, 375 Main St @ Maple. 8 PM.
- **NEEDS SUPPORT: Central City Café' Group** meets @ 1:00 PM on Monday's at Durham Memorial Outreach Center, 200 E. Eagle St @ Michigan Ave, Buffalo. At present it has 0 members!!!
- **B.S.C. Group** that meets Thursday's 12:15 PM @ Buffalo State College, Caudell Hall, Rm 219, Iroquois Dr., Buffalo; has **changed it's name** to "**Staying Sober**".
- **NEW GROUP: Lunch on Lafayette**, St. John's Grace, 50 Colonial Circle, Buffalo (west) Wednesday's; 12 Noon, Open Discussion.
- **IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

COMING EVENTS

~ **Special Needs Committee**, meets before "As Bill See's It Group", 6:30 PM, Hamburg Presbyterian Church, 117 Main St., Hamburg

- ~ July 8, East Aurora Group, will be celebrating its 39th Group Anniversary with an eating meeting & speaker. Bring a desert or side dish to share if you wish ☺
- ~ July 11, 11th Anniversary, Main & High & Spirit of Hope Groups Day Of Sharing, Saturday, 9:30 AM- 3:15 PM. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo. Panels & Speaker - 50/50 - Hot Meal – Refreshments - Registration \$7.00.
- ~ July 12, Steering Committee, SUNDAY 5 PM, Central Office, 681 Seneca Street.
- ~ July 12, Central Committee Meeting, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca St. (hosted by Group).
- ~ July 12 Corrections Committee Meeting, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street
- ~ June 15, Treatment Facilities Committee, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street.
- ~ July 17-19, “ The Age of Miracles” AA Men’s Spiritual Weekend. Speakers, Meetings, Fellowship, Great Food, Campfire. Registration Fee \$140, \$25 Deposit, if you have any special needs or questions, contact: Scott N.: 563-3366.
- ~ July 21, Public Information Committee meeting, Tuesday, Anyone interested in helping the community understand who we are, what we do, and what we are not do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 6 PM.
- ~ July 24-26, 41st NY State Convention, Grand Island Holiday Inn, 100 Whitehaven Rd., Grand Island. Registration; \$20,with Banquet; \$45. Flyers available @ Central Office. For more info call Ted Z; (716) 998-2587 or Barbara W.; (716) 990-2820.
- ~ July 25, Archives Committee Meeting, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca Street (lower). Think this is moved to the State Convention ☺
- ~ August 1, 68th Buffalo Fall Convention Meeting, Saturday, 12 NOON Buffalo Central Office, 681 Seneca Street All are welcome.
- ~August 2, Tri County Annual Picnic- Sunday; 12:00 Noon. Speakers @ 2 PM & 6 PM. Fun, food and fellowship. Games for kids. Hot Dogs, hamburgers, coffee, pop provided. Please bring a dish to share& a guest. Bring your entire family for a day of fun & fellowship. Located at the Firemen’s Park on Sandhill Rd. (Rt. 62), across from the VFW in Gowanda.
- ~Oct 2 - Oct 4, Women's Fall Spiritual Weekend Retreat -St Columban Center/ Derby, NY. Speakers, groups, advisors, food, endless coffee & lots of sober fun!! More info to follow. Contact: Marilyn S. 957-3702/ 799-4094.
- ~ Nov. 6-8, 68th. BUFFALO FALL CONVENTION: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst. Move info to come☺

7th STEP: “Humbly asked Him to remove our shortcomings.”

7th TRADITION: “Every A.A. group ought to be fully self-supporting, declining outside contributions.”

7th CONCEPT; The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

PLEASE SUPPORT THE ENVELOPE SYSTEM...

Yours in the Fellowship of the Spirit...Terry B.... Executive Secretary

Buffalo Central Committee Minutes June 7, 2009

Joli B. Lakeshore Group Committee Chair opened the meeting at 7:00 PM with a moment of silence and the Serenity Prayer. Rodney Lockport #1 Group read the Preamble, David Orchard Park Step Group read the Purpose of the Central Committee, and Vernon Solidarity Group read the Twelve Traditions. It was moved by David Orchard Park Step Group, and seconded by Vernon Solidarity Group to accept the May minutes as corrected and written by Cathy S. Lovejoy Group; adopted.

New Groups were greeted and 27 groups were represented: Dist #1 Main And High; Dist #2 Grand II Joy Of Living, North Buffalo, Three Legacies, Turning Point; Dist #3 Courage, Iron Horse, New Life, Sunday Morning Breakfast, Thruway; Dist #4: Action; Dist #5: Lockport #1, Lockview; Dist #6: As Bill Sees It, Derby, Lakeshore, Serenity On The Lake, Wilson Smith Univ. Alumni, Women's Experience; Dist #7: Fresh Start, Solidarity; Dist #8: Amherst Snyder, Eyeopener, Midnight Discussion, Wehrle, Williamsville, Women Making The Effort.

COMMITTEE REPORTS

- **ENVELOPE SYSTEM**: no report.
- **STEERING COMMITTEE**: Shawn C. gave the report. After the Executive Secretary's review, there were no recommendations this year. The meeting of 6/7/09 had all present with the exception of Dist. 2 rep and Dist 1 remains open. 1) Discussion of the inefficiency of the current computer system. 2) Creating a financial analysis of New York General Service Office's price increases and how they reflect on our literature prices. 3) Dist 7 celebration cookout 8/1/09 9 AM – 5 PM LaSalle Shelter #5. 4) Request presence of Envelope System Chair for Central Committee meeting. 5) Incorporation status discussed.
- **FINANCIAL REPORT**: Mark S. reported that group donations are above average.
- **TREATMENT**: George W. Wilson Smith Group read the report. 1) New Meetings: Both Renaissance house and City Mission have not set up times to meet with the TFC Chair and volunteers to discuss the possibility of a new meeting. Will take a wait and see attitude, and be prepared when approached. 2) **Next TFC Committee Meeting June 15th 6 PM Central Office**. Agenda items include: a) any groups looking to rotate out? b) do we look to have one meeting at Kaz Manor monthly be TFC? Again the main benefit of this is the Central Committee supported materials. c) any groups looking to volunteer? d) announce Chair Position eligible for rotation as of 01/01/10. Anyone looking to take over can be voted on at the Sept 2009 meeting. e) hand out of materials f) look to expand cooperation with Area Treatment Committee. 3) Quality Assurance: we have had a month of meetings commitments kept. 4) Materials: more Little Big Books purchased, and will be distributed to the sites this month.
- **CORRECTIONS**: Milt reported that this committee needs support. Alden is in need of home group support; September is not covered. Gowanda is progressing.
- **SCREENERS**: Jeanmarie C. Orchard Park Step reported that they have been asked to have a panel at this year's convention. Don B. the past Chairperson, Jeanmarie and Mike G the Co-Chair will be speaking. They will explain exactly that the committee does. In the past, the committee has only had a table with information, so they feel very privileged to have this opportunity.
- **CENTRAL OFFICE**: Terry B. reported AA INFO 192; 12 Step 1; ALANON 2; VISITORS 120; VOLUNTEERS 16. Vacation days are June 26 & July 3. **GROUPS IN NEED OF CONTACTS ARE: BIG BOOK, SPIRITUAL STUDIES – 5, F.U.N. – 1, FREEDOM – 2, IT – 8, LIVING CLEAN – 1, MAPLE MEN'S – 8, NEW OUTLOOK – 5, O.D.A.T. – 1, RECOVERING WOMEN & THE BIG BOOK – 7, TUESDAY WOMEN'S – 3, VIP, WOMEN ON THE RISE - 5.** All those that are marked in the last schedule and are not heard from ASAP, will be eliminated from the next schedule to insure accuracy in our schedule. Just a reminder we do not send mailings to the church or facility. We need an actual contact person to mail to, as well as a current phone number. On the next note, she was very excited to tell us that she has been taught this past week and completed the schedule updates on the website. Terry would like to thank Art B. from the Eyeopener Group, as our websites (both ours and GSA), he has been working full time to teach us how to make changes. There is still a lot to learn, but we can now rest assured that the schedule and our ability to carry the message online is current. At the bottom of each page is dated for the last days of updates to reflect accuracy upon that date.

- **NEW FRONTIERS**: Chip R. the Editor, reported that the July issue will be devoted to Home Groups, their purpose and the importance of belonging to one. Most of the articles published in that issue are reproductions from the AA Grapevine. Planned topics are sponsorship, and the issue closest to the fall convention. He will entertain any ideas with regard to topics for New Frontiers (newfrontiers@roadrunner.com).
- **PIC**: : Patrick K. Chair North Buffalo Group reported that libraries are still being serviced. The committee is in need of volunteers, had completed their first health fair 5/21, the Vietnam Veterans Stand Down, and has 3 more health fairs scheduled: CertainTeed Corporation 6/17, ECMC church health fair 6/27 and WNY Coalition for the Homeless at the Buffalo Convention Center mid July. Next meeting is 6/16 6 PM at Central Office.
- **CURRENT CONVENTION**: Frank M. Committee Chair reported that the committee's last meeting was May 30. Pete E. brought in a rough draft of the flyers and all information was finalized and should be ready for distribution this week. Charles L. has our program complete and is in need of a Power Point projector and screen for the Friday Nov 6th presentation. You may contact him at 716-207-4448 for more info. Due to the members of the committee being out of town, on vacation and other events, the June 27th meeting is cancelled. Also due to the NYS convention on 7/24 through 26th on Grand Island, their July meeting has been changed to 8/1/09, same time, same place.
- **AD HOC COMMITTEE**:
 - **INTERGOUPOU FORMAT**: Joli, Central Committee Chair to be calling Randy
- **GSA LIASON**: Jack P. Lockport #1 reported the GSA held their meeting today at Hamburg Town Hall. Points of interest: 1) website is up and running (area50wny.org); Don L webmaster introduced Art S who will serve as website advisor; much work has been done and is continuing. 2) NYS convention coming July 24 – 26 at the Holiday Inn Grand Island. 3) The delegate Cheryl A gave her report from the conference in New York. Next meeting is 9/13/09 Noon Hamburg Town Hall.
- **ARCHIVES**: Marty Area 50 Chair Downtown Men's Disc reported that their committee treasurer Janet N has recently suffered a heart attack and is convalescing at home, and our prayers are for her speedy recovery. First of all, we still need an Archivist! Joanne has drawn up a basic "job description" as part of our committee guidelines, based on the Archivist Workbook and what we have learned at the National Archivist Workshop. We would also like to print this in the New Frontiers. The committee displayed this morning at the Sunday Morning Breakfast Group and upcoming displays are: Open Channel Niagara Falls 6/29 8 PM, Main & High Day Of Sharing 7/11 9 AM – 3 PM, NYS convention 7/24 – 26. If you wish to have the traveling display at your group, and cannot reach the committee by phone, you can email the committee at area50wny.org website.
- **RECAP**: requirements for Alden Corrections support issue and women's correction facilities were discussed.
- **OLD BUSINESS**: Steering Committee Rep. Dist 1 is still vacant on that committee. Joli B stepped down from the nomination as Co-Chair for the 2010 Convention, required from Dist #6, and the nomination of Mark S Lakeshore Group, was voted by acclamation unanimously to be the 2010 convention Co-Chair.
- **NEW BUSINESS**: Tom Turning Point Group read a procedure drawn up for future price increases in literature cost. MOTION READS; INSTITUTE A PROCEEDURE TO BE FOLLOWED WHEN PRICING FOR LITERATURE AT THE CENTRAL OFFICE WOULD CHANGE. SUCH PROCEEDURE WOULD REQUIRE THE EXECUTIVE SECRETARY TO MEET WITH THE FINANCIAL CHAIRPERSON, WHOM TOGETHER WOULD FORMULATE A RATE CHANGE. THE RATE CHANGE WOULD THEN BE WITH THE STEERING COMMITTEE,WHICH WOULD THEN MAKE A RECOMMENDATION TO THE CENTRAL COMMITTEE.SUCH RECOMMENDATION WOULD ONLY BE ENACTED AFTER RATIFICATION(BY VOTE) BY THE CENTRAL COMMITTEE BODY. Mark S read Article 6 procedures currently. It was moved by Tom Turning Point Group and seconded by Jack Lockport #1 to adopt these this new procedures. Much lively discussion ensued, and it was tabled to the July meeting and to be voted on then by Home Group Reps only. AA guidelines from the General Service Office for the Central Office and Steering Committee was referenced. John Courage Group announced that Box 459 is now on line. Due to the Fourth Of July holiday, the next Central Committee meeting will be Sunday July 12, 2009 at 7 PM Central Office.
- **ANNOUNCEMENTS**: Joli B. Committee Chair thanked Thruway Group for the refreshments and July's meeting will be provided by the Fresh Start Group.

It was moved by Vernon Solidarity Group and seconded by Constance Fresh Start Group that we adjourn; adopted. Meeting closed with The Lord's Prayer at 8:12 PM.

Respectfully submitted by Cathy S. Recording Secretary Lovejoy Group

Income Statement		Jan-09	Feb-09	Mar-09	Apr-09	May-09	YTD
Beg Bal Cash on hand		12,649.08	12,678.44	12,402.73	11,611.08	12,486.98	
Contributions							
	Groups	6,187.76	4,149.25	3,985.81	5,117.35	5,682.49	25,122.66
	Joint Meeting	57.00	55.00	62.35	59.00	58.70	292.05
	Envelope System	1,235.00	322.00	214.00	700.00	243.00	2,714.00
	New Frontiers Subs	33.00	40.00	10.00	20.00	85.00	188.00
	Literature/Medallions/Pins	2,750.50	3,050.75	5,463.85	4,030.85	3,347.30	18,643.25
	Literature Postage	57.48	41.50	156.59	53.86	35.90	345.33
	Archives Room Rent	50.00	50.00	50.00	50.00	50.00	250.00
	Meetings at CO	17.00	53.00	19.50	21.00	28.00	138.50
	Mail/Misc.						
	US Treasury						
	Reconcile						
	"Gratitude Month" (NOV)						
	Conventions/Day of Sharing						
Monthly Income		10,387.74	7,761.50	9,962.10	10,052.06	9,530.39	47,693.79
Expenses							
	Office Rent	869.94	869.94	873.22	873.22	876.50	4,362.82
	Electric	90.00	90.00	90.00	90.00	90.00	450.00
	Payroll						
	Salaries - gross	3,150.50	2,520.40	2,520.40	2,520.40	3,150.50	13,862.20
	Federal Withholdings	(523.35)	(418.68)	(418.68)	(418.68)	(523.35)	(2,302.74)
	NYS Withholdings	(130.00)	(104.00)	(104.00)	(104.00)	(130.00)	(572.00)
	Disability Insurance	(3.00)	(2.40)	(2.40)	(2.40)	(3.00)	(13.20)
	Payroll Tax Deposits						
	Federal	792.97	582.80	582.80	792.97	764.33	3,515.87
	State	428.10			428.10		856.20
	Insurance						
	State Ins Fund			278.76			278.76
	Health	354.00	354.00	354.00	354.00	354.00	1,770.00
	Liability	1,187.08					1,187.08
	Postage	566.44	382.12	285.28	529.61	49.05	1,812.50
	Phone	166.63	161.56	164.46	164.76	165.04	822.45
	Accounting						
	Advt						
	Talking Phone Book						
	Verizon; Idearc Media website	143.10	147.10	151.10	147.10	147.10	735.50
	white directory		529.20				529.20
	Yellow Pages						
	Literature Expenses						
	Grapevine		518.80			496.95	1,015.75
	World Services Inc	2,496.50	960.48	2,351.30	2,413.40	2,411.60	10,633.28
	Hazeldon		418.02		418.02		836.04
	Printers			2,139.00			2,139.00
	Medallions				184.58		184.58
	PINS						
	Office Supplies	25.94	275.02	439.29	159.67	524.17	1,424.09
	Answering service	190.53	175.85	191.07	206.41	180.47	944.33
	Minolta leasing (copier)	223.00	223.00	223.00	223.00	223.00	1,115.00
	Minolta Copies/ service contract	130.00	130.00	130.00	130.00	130.00	650.00
	PIC		24.00	305.15	66.00	71.00	466.15
	Convention/Day of Sharing Seed \$						
	Seminar						
	Depreciation	100.00	100.00	100.00	100.00	100.00	500.00
Monthly Expenses		10,258.38	7,937.21	10,653.75	9,276.16	9,077.36	47,202.86
Monthly Income (Loss)		129.36	(175.71)	(691.65)	775.90	453.03	\$490.93
	Depreciation add back (non-cash)	100.00	100.00	100.00	100.00	100.00	500.00
End Bal Cash on hand		12,678.44	12,402.73	11,611.08	12,486.98	13,040.01	
	CD	PRUDENT					
		\$8,999.85	9,022.47	9,042.96	9,065.70	9,087.75	
	CD#2	RESERVE	6,534.87	6,541.65	6,547.21	6,552.59	
Assets: Literature & Medallions		15,806.95	15,377.20	14,708.25	16,134.15	14,904.40	
Literature Receivable: (outstanding)		1,121.90	2,279.09	583.95	642.05	1,255.90	
Corrections Facilites		2,029.38	1,925.91	2,102.10	2,211.20	2,606.20	
	Contributions	187.53	337.44	214.10	395.00	300.00	1,434.07
	Expenses	291.00	161.25	105.00		831.08	1,388.33
	Balance	1,925.91	2,102.10	2,211.20	2,606.20	2,075.12	45.74
Treatment Facilities		1,718.00	1,961.53	2,100.89	2,274.99	1,661.99	
	Contributions	243.53	139.36	174.10	387.00	280.00	1,223.99
	Expenses					28.78	28.78
	AT & T Bridging The Gap						
	AAA Abott Answering Service						
	Literature				1,000.00		1,000.00
	Balance	1,961.53	2,100.89	2,274.99	1,661.99	1,913.21	1,028.78
							195.21

The little reed, bending to the force of the wind, soon stood upright again when the storm had passed over.

-Aesop

GROUP CONTRIBUTIONS

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		MAY	YEAR	MAY	YEAR	MAY	YEAR
6	11.45		0.00		0.00		0.00
6	12 Step		0.00		0.00		0.00
5	12 Steps/12 Traditions	100.00			0.00		0.00
1	4th Step Stumblers		0.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
4	A Day At A Time		0.00		0.00		0.00
3	Abbott Men's	125.00	290.00	125.00	290.00	125.00	290.00
2	Acceptance/Welcoming Achievement		0.00		0.00		0.00
4	Ⓢ Action	60.00	60.00	20.00	20.00	20.00	20.00
2	Age Doesn't Matter		0.00		0.00		0.00
8	Akron Awareness		0.00		0.00		0.00
5	Albion		0.00		0.00		0.00
3	Alexander		100.00		0.00		0.00
8	Ⓢ Amhers/ Snyder	123.41	413.91		0.00		0.00
6	Amsdell Lakeshore	20.00	145.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	35.00	165.00	15.00	65.00	15.00	65.00
4	Arcade		100.00		0.00		0.00
6	Ⓢ As Bill Sees It		180.00		0.00		0.00
4	Attica		0.00		0.00		0.00
4	Attica Big Book		0.00		0.00		0.00
6	Attitude Adjustment		0.00		0.00		0.00
6	Attraction		100.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
8	Back To Basics		0.00		0.00		0.00
	Back To Basics Office		0.00		0.00		0.00
7	Beginning In Sobriety II	50.00	50.00		0.00		0.00
8	Beginning's Women		0.00		0.00		0.00
5	Big Book Lockport		100.00		12.00		0.00
6	BB Spiritual Awakening		0.00		0.00		0.00
6	Big Book Study	30	30.00		0.00		0.00
3	Blasdel		0.00		0.00		0.00
3	Blasdel Monday Night		50.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women		0.00		0.00		0.00
2	Brass		0.00		0.00		0.00
1	B.S.C.		10.00		0.00		0.00
	Buffalo		1.00		0.00		0.00
3	By The Book		0.00		0.00		0.00
6	Carry the Message		366.21		0.00		0.00
7	Casting	35.00	35.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake-Up Call	300.00	600.50		0.00		0.00
3	Caz Manor	10.00	278.31		0.00		0.00
2	Chapter IX		0.00		0.00		0.00
3	Cheektowaga		300.00		0.00		0.00
2	Chevy #1		0.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		0.00		0.00		0.00
2	Common Bond		0.00		0.00		0.00
1	Commitment		200.00		0.00		0.00
4	Constant Vigilance(Varysburg)		0.00		0.00		0.00
1	Complanters		0.00		0.00		0.00
3	Ⓢ Courage		75.00		0.00		0.00
2	Daily Reflections		50.00		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
6	Ⓢ Derby	40.00	170.00		0.00		0.00
6	Desire	50.00	235.00		0.00		0.00
2	Desperate		0.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
6	Dunkirk Monday Night		100.00		0.00		0.00
2	Early Bird		0.00		0.00		0.00
6	Early Bird Step		0.00		100.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst		0.00		0.00		0.00
4	East Aurora	100.00	200.00		0.00		0.00
2	Easy Does It	25.00	200.00	25.00	125.00	25.00	125.00
4	Ellicottville		0.00		0.00		0.00
1	Emergency		0.00		0.00		0.00
6	Everybody's		100.00		0.00		0.00
1	Express		483.00		0.00		0.00
8	Ⓢ Eyeopener	106.58	355.76		0.00		0.00
4	Eyeopener South	75.00	250.00		0.00		0.00
1	F.U.N.		0.00		0.00		0.00
1	Faith		0.00		0.00		0.00
3	Father Baker		0.00		0.00		0.00
2	Feelings		0.00		0.00		0.00
8	Fireside PM		200.00		0.00		0.00
8	Fireside	237.00	736.50		0.00		0.00
6	First Things First		390.00		0.00		0.00
6	Forestville Sunday Serenity		0.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom		350.00		100.00		100.00
7	Ⓢ Fresh Start	30.00	90.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		MAY	YEAR	MAY	YEAR	MAY	YEAR
1	Frontier(New)		600.00		0.00		0.00
6	GAHA: DAGOH #1		0.00		0.00		0.00
3	Gardenville		0.00		0.00		0.00
8	Georgetown		0.00		0.00		0.00
2	Getting Better		0.00		0.00		0.00
	Getting With It		83.95		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		265.00		25.00		25.00
5	Golden Slipper		100.00		0.00		0.00
2	Grand		75.00		0.00		0.00
2	Ⓢ Grand II Joy of Living		67.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
3	H.O.W.		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
6	Hamburg Early Bird	100.00	100.00		0.00		0.00
8	Hand		0.00		0.00		0.00
2	Handicappers		0.00		0.00		0.00
1	Happy Hour II		0.00		0.00		0.00
7	Harmony	100.00	200.00		0.00		0.00
3	Helping Hand	25.00	100.00		0.00		0.00
8	High Noon		150.00		0.00		0.00
8	High View		150.00		0.00		0.00
7	Higher Power		50.00		0.00		0.00
4	Hillbilly		0.00		0.00		0.00
6	Holiday Village		825.00		100.00		25.00
4	Holland		0.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty		406.00		0.00		0.00
2	How It Works/Men's		300.00		0.00		0.00
3	Inspiration		47.00		0.00		0.00
5	Intoxicated on Life		135.00		0.00		0.00
3	Ⓢ Ironhorse		774.45		77.25		77.24
8	IT		0.00		0.00		0.00
5	Johnson Creek Big Book		0.00		0.00		0.00
1	Journey		0.00		0.00		0.00
5	Just For Today/ Albion		20.00		0.00		0.00
3	Just For Today/Cheek	200.00	200.00		0.00		0.00
4	Keep It Simple Sister	30.00	60.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
6	Ⓢ Lake Shore	100.00	250.00	40.00	40.00		0.00
6	Lakeview		100.00		0.00		0.00
7	Last Days Fellowship		0.00		0.00		0.00
	Lawyers		360.00		0.00		0.00
5	LewPort		10.00		0.00		0.00
2	Liberty Women		0.00		0.00		0.00
4	Life Today		0.00		0.00		0.00
8	Lighten UP	180.00	300.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
2	Living Sober		0.00		0.00		0.00
5	Lock City	50.00	90.00		0.00		0.00
5	Ⓢ Lockport #1		250.00		25.00		25.00
5	Lockport Discussion		50.00		0.00		0.00
5	Lockport Ladies		100.00		0.00		0.00
5	Lockport Tuesday	50.00	100.00		0.00		0.00
5	Ⓢ Lockview		180.00		30.00		30.00
6	Look To This Day		0.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy		50.00		50.00		50.00
5	Lower River		0.00		0.00		0.00
5	Lunch Bunch Albion		0.00		0.00		0.00
1	Ⓢ Main and High		10.00		5.00		0.00
4	Main Street		225.00		0.00		0.00
8	Maple Men's	25.00	25.00		0.00		0.00
4	Marilla	30.00	113.00		0.00		0.00
3	Matt Talbot	25.00	125.00		0.00		56.00
6	McKinley Winners		0.60		0.00		0.00
5	MEDINA STEP WORKBIG BOOK		30.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day		109.55		0.00		0.00
8	Ⓢ Midnight Discussion	25.00	85.00		0.00		0.00
5	Miracle Happen		0.00		0.00		0.00
	Mobile		10.00		0.00		0.00
	Monday CO	48.00	229.29		0.00		0.00
5	Monday Big Book		0.00		0.00		0.00
2	Morning After		200.00		0.00		0.00
7	New Awakening		0.00		0.00		0.00
	New Freedom (Niagara Falls)	25.00	25.00		0.00		0.00
3	New Beginnings/St. Vincent	25.00	50.00		0.00		0.00
	New Hope		25.00		0.00		0.00
3	Ⓢ New Life		0.00		0.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		50.00		0.00		0.00
2	Ⓢ North Buffalo	200.00	400.00	50.00	100.00	50.00	100.00
4	North Java Monday		0.00		0.00		0.00
4	North Java Sunday		0.00		0.00		0.00

RETURN SERVICE REQUESTED

*A.A. on the Niagara Frontier
681 Seneca St. (Lower)
Buffalo, NY 14210
buffalooa@hotmail.com*

NON-PROFIT ORG.
US POSTAGE PAID
PERMIT # 53
BUFFALO, NY

We're on the Web!
Buffalooany.org

**Have The New Frontier's delivered
To your home every month**



NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP** _____

ANNUAL SUBSCRIPTIONS;

**MAKE CHECKS PAYABLE TO: BUFFALO CENTRAL OFFICE, 681 SENECA ST.,
BUFFALO, NY 14210**

1 Copy	\$10	20 Copies	\$57
2 Copies	\$13	30 Copies	\$75
5 Copies	\$24	40 Copies	\$95
10 Copies	\$33	50 Copies	\$120