

NEW FRONTIERS

CLASSIC GRAPEVINE

QUALITY OF SOBRIETY
B.B., Fort Lauderdale, Fla.
August 1967

Just as noone can tell a person whether or not he is an alcoholic, noone can tell you about the quality of your sobriety except yourself.

It seems lately in working with new members of the program (and some not so new), that while they recognize quality of sobriety they just will not exert themselves to make the effort to acquire it.

It seems that they are half-happy! When their attitudes and thinking are out of kilter, they admit that while vacationing for five weeks they just never didget to a meeting or make any AA contact whatsoever. Or they drag to one meeting a week (if nothing interferes) trying desperately to maintain the shaky sobriety they have, not because they want to attend, but because they are scared not to.

If you suggest that they read a chapter a day in the Big Book, they meekly tell you they have loaned their book to someone.

My sponsor and many old timers taught me that quality was just as important as quantity.

You don't have to be half-happy! Alcoholism takes no vacation! No matter where you travel there are meetings available.

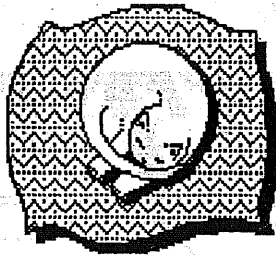
Sobriety is much more than staying dry. It is daily living (to the best of our ability) of this program according to the principles set down to guide us. It is giving of yourself to Twelfth Step work, participating in meetings and doing all you can in gratitude.

When you see a happy, contented, sober alcoholic, one whose quality you admire you will see an active, contributing, working member of this program. Try it!!

**THE ART OF THANKSGIVING
IS THANKS-LIVING!**

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Helen's Corner ...



In 1986 I bought a car. It is now 1989 and I have not read the manual. There are a few things on this car that have remained a mystery to me, one of which is the operation of the high beams. Luckily, I haven't been in a position to have to turn them on yet, so I haven't reached the point where all else fails. But, if the day comes through no fault of my own, but by circumstances beyond my control I feel I will be reading the manual.

How many times have you heard this question - "How do you do the 4th Step?" This is a dead giveaway the person hasn't read the Big Book. The directions are plainly written in a chapter not accidentally entitled "How It Works".

If 'willingness is the key' as it states in the 12 and 12, the next question is - **what is willingness?** It's the ability to act or respond promptly by choice and without reluctance. I would add to the end of that sentence - to the will of God. My problem is not knowing whether it's my will or God's will. It certainly would make life a lot easier if God would send telegrams - a God Gram. There are times my reluctance to act can be labeled resistance to decide. God forbid I should make a mistake. My fear of making decisions is definitely a shortcoming. Luckily, Step 6 comes to my rescue - "Were entirely ready to have God remove all these defects of character."

This step doesn't ask me to do anything but make myself ready mentally, emotionally, physically and spiritually to have God remove my defects of character in Step 7. Step 6 asks me to become willing and open-minded.

In closing I would like to remind everyone that on June 10 we say a prayer of thanks for AA. On this day we will be celebrating its founding 54 years ago.

CHRISTMAS VIGIL

We know it's half a year away, but did you know that plans are already underway for the annual Christmas Vigil.

A certain question has arisen recently.

WHAT IS AND WHAT DO MEMBERS WANT AS THE CHRISTMAS VIGIL?

We, as your committee, are now asking for your group conscience opinion on this subject.

Please, bring this subject up at your next group business meeting and have your group submit in writing the summary of your thoughts. Please send to Central Office c/o the Christmas Vigil.

The Committee would like to use these submission in our formulation of this year's Vigil.

We realize that we can't please everyone, but by the Grace of God it will be what everyone needs.

Submitted by
the 1989 Christmas Vigil Committee.

ARE WE REALLY WILLING TO CHANGE?

by R.B., Manhattan, New York
Grapevine -- December 1980.

The first step was a cinch for me. I had run out of options, and the results of my drinking had been devastating; so self-debate about drinking simply didn't exist. I knew I couldn't drink safely. I did the First Step at the moment I entered the hospital for detoxification, and I have never questioned it since.

It then took several weeks to get to the Second Step, but it became apparent that I hadn't stopped drinking on my own. A Higher Power had obviously intervened, so the Third Step was understandable and necessary.

My sponsor pushed, shoved and tugged; and I eventually did the Fourth and Fifth Steps. From that point onward, I made immense progress. Even the Ninth Step was faced with resolution and courage. I made the appropriate amends and experienced the feeling of liberation that my sponsor had promised. The other Steps were the logical extension of the program for me. I became active in Twelfth Step work and enjoyed the rewards.

Still something was missing. There remained lingering feelings of vague discontent. The personality flaws I had uncovered in doing the Fourth and Fifth Steps had diminished - but were still there. And they started up the same old process that produced feelings I had when drinking - impatience, irascibility, quick temper and an unforgiving attitude toward others. I didn't like the way I felt, so I had dinner with my sponsor and discussed the situation frankly with him.

He gave me one of his knowing smiles, but said nothing. "Well," I demanded, "what's your solution to this problem?"

"You really think you've done all the Steps, don't you?" he asked. I assured him, somewhat indignantly, that I had. Hadn't I done the Fourth and Fifth Step with him? Had he not seen my Twelfth Step activity with his own eyes? Wasn't he aware of how faithfully - in my mind - I was doing the Tenth Step?

"All very true," he said, "But what about the Sixth Step?"

That came like a bolt from the blue. Of course, I was willing to change and have my Higher Power remove my defects of character, wasn't I? ... Was I?

If I was sincerely willing to change, why did I remain so much the same? I realized that I had been paying lip service to the Sixth Step. Compared to most of the other Steps, the Sixth is apparently simple. I believed this, because no overt action was required. There is none of the dramatic confrontation that exists when we do the Ninth Step, nor is there the feeling of accomplishment that comes from the Twelfth. The Sixth is not dramatic. There are no enthusiastic witnesses to rush up and shake one's hand. It's a rather solitary affair and hence seems simple.

The Sixth Step means facing ourselves, and that is more often more difficult than being honest with another person. I have found it difficult to lie to others but still easy to lie to myself. When I say, all too swiftly, "Of course I'm willing to Change," I now ask myself "Really? Who's kidding who?" The fact that I am now questioning my willingness to change has increased my ability to be increasingly honest. I simply don't take the process as lightly as I did before. I can't learn anything unless I'm sincerely willing to learn. Nor will making myself promises to change have significance until the willingness factor is developed.

My sponsor intervened again with a few of his pointed questions. "You played football in college, didn't you?" he asked knowing full well that I had. He reminded me that I had told him I absolutely hated the practice, "getting those lumps and bruises for no good reason." And he also reminded me how I had said I loved the actual game, especially the applause when I did something very well.

"You know, no one gets all excited about the practice. It has no flash to it. It's the game that counts. But a good game performance required hard practice. And the Sixth Step can be compared with football practice. If you're going to continue to make progress in the program and with the other eleven Steps, you have to really work on the Sixth Step. Don't stand around on one foot waiting for applause. There won't be any. But you'll play a far better game."

What my sponsor told me carries an important moral lesson. It's one I'm working diligently to learn, because I now - finally - see the true value of the Sixth Step.

I CAN'T, HE CAN, LET HIM.



MEETINGS,
MEETINGS,
MEETINGS.

NEW MEETINGS:

FRIDAY 6:00 - PM - NEW MEETING -
Star Program Bldg., Community Room,
4512 Main St, Snyder, NY. NON-SMOK-
ING Come name the group.

TUESDAY - FRIDAY - 1:00 PM - BEGIN-
NING IN SOBRIETY - Centennial
Church, 127 Doat Street, NON-SMOK-
ING Use side entrance into basement.

SATURDAY - 8:00 PM - MARINA - will
meet again at the shelter at the Miss
Buffalo Landing. BRING YOUR OWN
COFFEE!

SUNDAY - 8:30 PM - HILBERT COLLEGE
GROUP - 5200 South Park Avenue,
Hamburg, NY. Open discussion - open
speaker the last meeting of the month.

SUNDAY - 2:00-4:00 PM - KEEP ON
COMIN' - Faith United Presbyterian
Church on Elmwood and Homewood
Avenues, 2 blocks north of Sheridan
Drive on Elmwood. NON-SMOKING.
Closed Discussion.

WEDNESDAY - 8:30 PM - SPIRITUAL
PROGRESS - Varysburg Community
Ch., 2442 Main St., Varysburg, NY,
Open Disc-O Speaker last week of
month. NON-SMOKING. starts June
21st.

NEEDS SUPPORT

NEVER TOO LATE - 7:30 PM - Thursday
- Erie County Home & Infirmary. This
is not an Institutional Meeting.

MAINVIEW MANOR - 10:00 AM - Wed-
nesday - 2703 Main St. at Amherst.

MEETING CHANGES

GOLDEN SLIPPER - 9:30 AM - Sunday - has
moved to the Kenan-James Bldg., Lock-
port Memorial Hospital, 521 East Ave.,
Lockport, NY.

NEW DIRECTION - 6:00 PM - Friday - will
no longer meet.

SERENDIPITY - 8:00 PM - Monday - has
moved to Pullman Universalist Church,
So. Main & Park Streets, Albion, NY.

STROZZI - NOON - WEDNESDAY - has
moved to the M & S (Medical - Surgical)
Building in the TLN Room (Buffalo Psyc.
Ctr.) Elmwood Avenue entrance.

TRINITY MONDAY NIGHT - 8:00 PM - is an
Open Disc meeting the last week of the
month

~~DOWNTOWN MEN'S DISC - 8:30 PM -~~
~~TUESDAY - will move to St. Joseph's~~
Cathedral Social Room So. Franklin, use
Lower Terrace Street entrance.

NEW FRONTIER - 1:00 PM - SATURDAY -
is now NON-SMOKING

EASIER SOFTER WAY Group -6:45 PM -
Monday - has moved to 210 Franklin St.
at Huron.

FIRESIDE - 10:30 AM - SATURDAY-SUN-
DAY - because of a building policy the will
be no children allowed on the premises
during meeting time. All are CLOSED
DISCUSSION MEETING

11TH STEP - 10:00 AM - TUESDAY - will no
longer meet.

REMEMBER

CENTRAL COMMITTEE MEETING
SUNDAYS - June 4, and July 2.,
7:00 PM. at 80 Goodrich Street
behind Buffalo General.



COMING EVENTS

JUNE 2 - FRIDAY - SOUTH BUFFALO will celebrate its 44th group Anniversary at 9:00 PM. Speaker, food, music and dancing. Bring a dish, if you wish. Come help us celebrate.

JUNE 9 - FRIDAY - 2nd Annual "Spring into Summer Dance". Doors open at 7:00 PM. Buffet at 7:30-8:30 PM, Dancing from 9:00 PM till 1:00 AM. Giant 50/50. Bring a dish if you wish. CAZENOVIA GROUP, St. Simon's, 200 Cazenovia St., So. Buffalo. Donation : \$4.00

JUNE 12 - MONDAY- NORTH JAVA GROUP will celebrate it's FIRST ANNIVERSARY with a Roast beef & Chicken Buffet Dinner at 7:30 PM -speaker following - Pete W. of Kitchner, Ont. Donation \$6.00. Tickets available from members of the group. NO TICKETS AT DOOR.

JUNE 16 - FRIDAY - TGIF GROUP ANNIVERSARY PARTY Lloyd.E. will be the speaker followed by a delicious buffet. Everyone is welcome. Bring a dish if you can to Our Lady of Peace Church (the small red building), 10946 Main Street, Clarence, NY.

JUNE 17 - TUESDAY - SPRINGVILLE GROUP will celebrate it's 22nd group anniversary with a picnic at the Firemen's Grounds in Springville off Nason Boulevard. The picnic begins at 2:00 PM with aspeaker at 6:00 PM. Bring a dish if you wish. (The regular Tuesday night meeting will be held as usual.) See flyer.

JUNE 18 - SUNDAY - SUNRISE COURT - 35th Anniversary Breakfast at the Hilton on the Waterfront. Donation \$8.00 NO tickets at door. Meeting as usual, breakfast at 11:30 AM.



COMING EVENTS

JUNE 25 - SUNDAY - WHY GROUP at Delaware and Hazeltine, Kenmore Presbyterian Church, is celebrating their 15th Anniversary with an eating meeting and speaker on this Sunday at 8:30 PM.

JUNE 25 - SUNDAY - FIRESIDE'S 9th Group Anniversary will be celebrated with an open speaker meeting. Brunch is optional for a \$5.00 donation - advance donations are required.

JUNE 27 - TUESDAY - HIGHVIEW GROUP will celebrate its' 3rd Anniversary with an open speaker meeting, 8:00 Pm at St. Aloyisus School, 157 Cleveland Drive, Cheektowaga, NY Speaker-Frank D, Amherst-Snyder Grp. Refreshments will follow. Come help us celebrate.

JUNE 29 - THURSDAY - LET GO AND LET GOD GROUP will be celebrating their second Anniversary, with a buffet following the speaker. This group meets at 8:30 PM, Deaconess Hospital, 1001 Humboldt Pkwy.

JULY 1 - SATURDAY - NEW FRONTIER'S 5TH ANNUAL BANQUET DINNER DANCE commemorating A.A. 54 Years of service. St. Gerard's Lyceum, 2535 Bailey Ave. at Delavan. Doors open at 5:00 PM. Donation \$8.00.

JULY 14,15,16TH - 24TH NEW YORK STATE CONVENTION, Ramada Renaissance Hotel, 4243 Genesee Street, Buffalo, NY 14225.

AUGUST 25, 26, 27 - THIRTY-SIXTH TRI-STATE ASSEMBLY Chautauqua Institute, Chautauqua, NY.

OCTOBER 20, 21, 22 - BUFFALO FALL CONVENTION - BUFFALO HILTON

6TH MONTH

6TH STEP - *"Were entirely ready to have God remove all these defects of character."*

7TH TRADITION - *"An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose."*

PLEASE SUPPORT THE ENVELOPE SYSTEM.

DREAMS

BY SHADOWS
AKA, Jerry McA,
New Frontier Group

SLOWLY COMES THE
SILENCE
AS DARKNESS FILLS MY
EYES

TO DREAM A FLIGHT OF
FANCY
ILLUSIONS IN MY MIND

MY HEART IT SOARS
AND DANCES
FEET NEVER TOUCH THE
GROUND

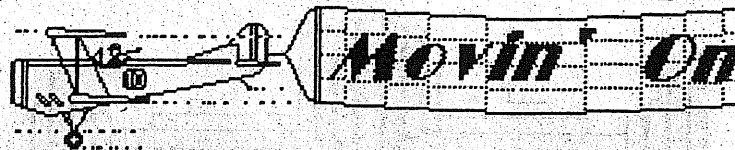
I GLIDE ABOVE THE
RAINBOWS
BY FEAR NO LONGER
BOUND

MY DREAM SO REAL
AND VIVID
MY EMOTIONS RUNNING
FREE

DESPAIR IS FAR BELOW
NOW
NEW LIFE HERE INSIDE
OF ME

THE SUNLIGHT COMES,
THE DREAM IS GONE
NEW DAYS SO BRIGHT
AND BOLD

AWAKE I NOW CAN
REALIZE
DREAMS WITHIN AS YET
UNTOLD



EYE OPENER

Tom C. 6yr.
Bill W. 3yr.
David M. 3yr.
MaryAnn H. 3yr.
Jan M. 2yr.
John S. 1yr.
Mike N. 9m.
John H. 9m.
Earl H. 9m.
Simon G. 9m.
Brad R. 6m.
Rob M. 6m.
Michael H. 6m.
Mary W. 3m.
John V. 3m.
Gus S. 3m.
Laurie M. 3m.

THRUWAY

Norbert E. 13yr.
Paul G. 11yr.
Beth O. 9yr.
Colleen M. 8yr.
Rosemarie B. 6yr.
Dave R. 6yr.
Donna F. 6yr.
Don H. 4yr.
Tom L. 4yr.
Tom S. 4yr.
Mike F. 3yr.
Al L. 3yr.
Debra S. 2yr.
James R. 2yr.
Ralph J. 3m.

ELLICOTT

Bobby C. 1yr.

NORTH JAVA

Joel H. 1yr.
Fran E. 6m.
Deidre McM. 6m.

WED. LUNCH

MAY
Esther L. 9yr.
Maria B. 3yr.
Charles T. 2yr.
Morris T. 3m.

JUNE

Thomas B. 5yr.
Leonard G. 1yr.
Christine W. 1yr.
Robin G. 3m.
Gary P. 3m.
Jeanette S. 3m.

HAPPY HOUR

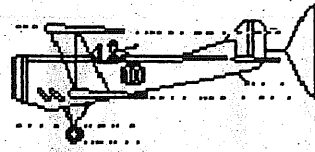
Tom B. 5yr.
JoJo G. 4yr.
Phil M. 4yr.
Charles H. 3yr.
Kinsey 3yr.
Cecilio W. 3yr.
Ross C. 2yr.
John R. 2yr.
Lisa S. 2yr.
Reginald S. 2yr.
Ortiz H. 2yr.
Lorne JP 1yr.
Kevin C. 1yr.
Theresa W. 1yr.
Valerie J. 9m.
Joshua F. 9m.
Edward C. 9m.
Vincent M. 6m.
Duncan B. 6m.
Ricky B. 6m.
Blah A. 6m.
Dave K. 6m.
Edgar D. 6m.
Michael C. 3m.
Bill W. 3m.

SOUTH BUFFALO

Ruth H. 15yr.
Blanche M. 13yr.
Elmer E. 12yr.
Linda P. 6yr.
James V. 5yr.
Rick W. 2yr.
Chris L. 2yr.
Steven G. 2yr.
Mike N. 1yr.
Jeffery F. 6m.
CarrieAnne F. 6m.
Michael H. 3m.
Rita A. 3m.
Mike R. 3m.

COLD SPRINGS

Bob M. 34yr.
Mary M. 12yr.
Pat H. 8yr.
Tina M. 6yr.
Jessie S. 5yr.
Donald W. 3yr.
James W. 3yr.
Earl C. 2m.
William G. 1yr.
Trina W. 6m.
William C. 6m.



Movin' On In Sobriety

INSINGTON

MAY
 John T. 18yr.
 Ron W. 12yr.
 George I. 8yr.
 Joanne B. 1yr.
 Kevin C. 3m.
 Jim H. 3m.
 Neil C. 3m.

JUNE
 Jerry M. 5yr.
 Tom K. 1yr.
 Jeff L. 1yr.
 Erlene 6m.

ANY AGE

Jack G. 17yr.
 Bob V. 16yr.
 Bob Y. 9yr.
 Tom C. 6yr.
 Rick R. 5yr.
 Nancy B. 4yr.
 Delois Y. 3yr.
 Yvonne H. 3yr.
 Connie M. 3yr.
 Tom S. 3yr.
 Anna N. 2yr.
 Ginger K. 1yr.
 Phil W. 1yr.
 Lori H. 1yr.
 Brad R. 6m.

WOMEN'S

WESTSIDE DISC.
 Cookie L. 4yr.
 Linda C. 3yr.
 Sandy Q. 3yr.
 Karen M. 2yr.
 Sandy M. 1yr.
 Tina F. 1yr.
 Christine W. 1yr.
 Blaire D. 6m.
 Jeanette S. 6m.
 Erlene R. 6m.
 Tara A. 6m.
 Edna P. 3m.
 Diane F. 3m.

LAKESHORE

Tom B. 17yr.
 Ian G. 2yr.

MAINVIEW

John L. 3m.

WE CARE

MAY
 Tim K. 6m.
 Bryan D. 3m.
 Arlene N. 3m.

JUNE
 Bob M. 3yr.
 James McC. 2yr.
 Bill G. 3m.

FREEDOM
 Joe C. 27yr.
 Martha G. 6yr.
 Dick H. 2yr.
 Lee C. 6m.
 Joe McK. 6m.
 Dudley D. 9m.
 Sandy P. 9m.

NORTH BUFFALO

Robert G. 13yr.
 Albert C. 8yr.
 S. Marie K. 7yr.
 Peter M. 7yr.
 Marc C. 6yr.
 James S. 5yr.
 Sharon W. 4yr.
 Earl C. 2yr.
 Dave B. 1yr.
 Don N. 1yr.
 Debra C. 1yr.
 Terri L. 1yr.
 Sue G. 6m.
 Michael S. 6m.
 Perry C. 6m.
 Stephen M. 6m.
 Edward S. 3m.
 Frank C. 3m.
 Victor C. 3m.

CAZENOVIA

Steve G. 2yr.
 Norm H. 2yr.
 Fran C. 9m.
 Tom C. 9m.
 Jim D. 9m.
 Steve P. 9m.
 Katrina C. 3m.
 Megan R. 3m.
 Tim R. 3m.
 Larry L. 3m.

BIDWELL

Dan D. 3m.

SHERIDAN/ HONESTY

John G. 17yr.
 Robert J. 16yr.
 Sharon McC. 13yr.
 Pat T. 12yr.
 Marge M. 10yr.
 Martha G. 7yr.
 Robin T. 4yr.
 Susan B. 2yr.
 Marge B. 2yr.
 Tina N. 2yr.
 John D. 6m.
 Gregg F. 3m.
 Darlyne T. 3m.
 Greg W. 3m.

FIRESIDE

Sonny C. 17yr.
 John W. 14yr.
 Harold E. 14yr.
 Betty S. 10yr.
 MaryAnne C. 10yr.
 Don B. 9yr.
 Donna B. 9yr.
 Jim C. 9yr.
 Sheila D. 9yr.
 Shirley D. 9yr.
 Bill O. 9yr.
 Colleen M. 8yr.
 Leonard N. 7yr.
 Pat O. 6yr.
 Gary D. 5yr.
 Terry C. 5yr.
 Cookie L. 4yr.
 Tom L. 4yr.
 Tom S. 4yr.
 Frank T. 4yr.
 Pat W. 3yr.
 David A. 3yr.
 Bob B. 3yr.
 Sandi B. 3yr.
 Dave M. 3yr.
 Jack S. 2yr.
 Ken K. 2yr.
 Art M. 2yr.
 Mike R. 2yr.
 Lenny K. 1yr.
 Mike W. 1yr.
 Sean K. 9m.
 John N. 9m.
 Ward B. 6m.
 Dave K. 6m.
 Steve M. 6m.
 Robert P. 6m.

LET GO & LET GOD

Harriet G. 6yr.
 Marcus G. 3yr.
 John D. 3yr.
 John McB. 2yr.
 Mae W. 2yr.
 Henry M. 2yr.
 Garth G. 2yr.
 Vivian H. 2yr.
 Gilbert M. 1yr.
 William L. 1yr.
 John B. 9m.
 Earl P. 9m.
 Dawn H. 6m.

GIVING

Harriet G. 6yr.
 JoJo G. 4yr.
 Tina F. 1yr.
 Teresa S. 6m.

WHY

Bob J. 16yr.
 Dave K. 12yr.
 Ruth C. 5yr.
 Larry D. 4yr.
 David D. 9m.
 Julie S. 6m.
 Bill W. 3m.

NEW ZION

Sandy K. 10yr.
 Barbara W. 6yr.
 Brian R. 9m.
 Phil W. 6m.
 Madeline M. 3m.

WE ADMITTED

Andy L. 1yr.
 Nancy R. 6m.
 Al K. 6m.

CHEEKTOWAGA

Reggie N. 6yr.
 Kevin O. 3yr.
 Ron S. 2yr.
 Geri M. 2yr.
 Harold H. 9m.
 Craig S. 9m.
 Daniel M. 6m.
 Don W. 6m.
 Jeanette S. 3m.
 Charles B. 3m.
 Donna B. 3m.

AA CENTRAL OFFICE

845 Ellicott Square Bldg
295 Main Street
Buffalo, New York 14203

(716)853-0388

Executive Secretary - Delphine H.
Clerical - Helen B. and Barbara H.

Our Co-Founders



Dr. Bob
1879-1950



Bill W.
1895-1971

CENTRAL COMMITTEE

Chairman - Larry B.
Recording Secretary - Lue S.
Financial Secretary - Roger P.

Central Committee meets on the **first Sunday of every month** at 7:00 PM at the COMMUNITY HEALTH CENTER, 80 Goodrich Street (behind Buffalo General Hospital). **OPEN TO ALL AA MEMBERS.**

SUB-COMMITTEES OF THE CENTRAL COMMITTEE

Correctional Facilities - Martha C.
Treatment Facilities - Dan M.
Buffalo Fall Convention - Lloyd E.
Screeners - Lynn C.
New Frontiers - Larry B.
Editorial - Helen S. and Don H.
Envelope System - Roger P.

AA MEMBERS are encouraged to share the fellowship by volunteering for any of these committees. Call the Central Office at **853-0388**.

REMEMBER: WE ARE RESPONSIBLE.

STEERING COMMITTEE

DISTRICT 1 - Central Buffalo : Jack C.
2 - Northwest Buffalo : Sue G.
3 - South Buffalo :
4 - Southtowns : Gary H.

DISTRICT 5 - Northern Tier : Paul H.
6 - Southern Tier :
7 - Northeast Buffalo : Carol R.
8 - Eastern Tier : Bernie

WESTERN NEW YORK GENERAL SERVICE meets the last Sunday of February, June, September and November. Meetings are held at the ORCHARD PARK MUNICIPAL BUILDING at 2:00 PM. June meeting will be in Jamestown. **EVERYONE IS WELCOME TO ATTEND THE 650 MEETINGS.**

The **NEW FRONTIERS** is your AA newsletter. Our purpose is to present personal stories and subjects directly related to the recovery from alcoholism. For inclusion in the next issue, material must reach the Central Office by **June 15th** for inclusion in the July issue. Your artwork, poems, articles etc. are also welcome.

NEXT MONTH'S THEME : Step 7 - Humility

The **NEW FRONTIERS** will be mailed to you monthly for a yearly cost of \$6.00.

To subscribe EITHER 1) call the Central Office at 853-0388

OR 2) fill out this form (please print)
and send to the Central Office.

Make checks or money orders payable in
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NAME _____ ADDRESS _____

CITY _____ STATE _____ ZIP _____

c/o Alcoholics Anonymous
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Buffalo, NY 14203-2545