

NEW FRONTIERS

JUNE 2010

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

HOW AN OLD TIMER GREET'S A NEWCOMER

His name is Bill. He has wild hair, wears a T-shirt with holes in it, jeans, and no shoes. This was literally his wardrobe for the past four years of life. He is brilliant, kind of profound and very, very bright. He became an alcoholic while attending college. Things have only gone downhill since.

Across the street from the campus is a well-dressed, very conservative A.A. club. They want to develop a meeting for the students but are not sure how to go about it.

One day Bill decides to go there. He walks in with no shoes, dirty jeans and T-shirt and wild hair.

The meeting has already started and so Bill starts looking around the room for a seat. The room is completely packed and he can't find a seat.

By now, the well dressed people are really looking a bit uncomfortable, but no one says anything.

Bill gets closer and closer and closer to the front of the room, and when he realizes there are no seats, he just squats down right on the carpet.

By now the people are really uptight, and the tension in the air is thick. About this time, the evening's speaker realizes that from way at the back of the meeting, an "old timer" is slowly making his way toward Bill.

Now the "old timer" is in his eighties, and has silver-gray hair, and a three-piece suit. A spiritual man, very elegant, dignified and courtly.

He walks with a cane and, as he starts walking toward this boy. Everyone is saying to themselves that you can't blame him for what he's going to do. How can you expect a man of his age and of his background to understand some college kid on the floor?

It takes a long time for the man to reach the boy. The meeting is utterly silent except for the clicking of the old man's cane. All eyes are focused on him. You can't even hear anyone breathing. The speaker can't even continue the meeting until the "old timer" does what he has to do.

And now they see this elderly man drop his cane on the floor. With great difficulty, he lowers himself and sits down next to Bill and welcomes him so he doesn't feel outcast and alone.

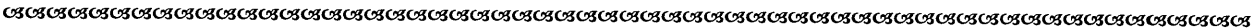
Everyone chokes up with emotion. When the speaker gains control, he says, "What I'm about to say, you will never remember. What you have just seen, you will never forget." "Be careful how you live. You may be the only Big Book some people will ever read".

Santa Barbara, "Messenger"-June-2007

(egg pals)

When I got to Step Six I asked my sponsor just what they meant by "defects of character". He directed me to the Big Book and the 12 and 12. In the Big Book It says that willingness to have defects removed is indispensable, and that we need to ask our Higher Power to help us. That still did not answer the question for me, so I turned to the 12 and 12. The first thing I read there was that "This is the Step that separates the men from the boys." Now we were getting somewhere. It went on to state that we were all born with instincts, and that was good, but that in the alcoholic they often went awry. Okay, I may have been a little over the top a time or two, but what were my defects? My sponsor then sighed and introduced me to "egg pals". He said if I could remember the letters that comprised egg pals I could remember the defects or shortcomings that were holding me back. Because those letters stood for envy, greed, gluttony, pride, anger, lust, and sloth. He also pointed out that if I were anything like him I should actually put pride first on the list because it was the one that created the most havoc for him personally, but that way of arranging the letters (egg pals) made it easier to remember. He suggested that I look up the definitions of the words in the dictionary and when I truly understood what they meant, and then I could begin looking at how they had been operational in my life. We had already discussed pride to some degree, and he gave me some examples of how the other character defects, like lust, sloth, and the rest, had impacted his life. He was good in that way, that he usually used himself as the example and allowed me to draw my own conclusions about myself. The last thing he did was to inform me that if I could see how these defects were present in me and had been holding me back, then I could begin "this lifetime job" of working on them. He also said that if I ever found that they had all been removed, I could begin looking around for some new defects of character. Well, it has only been 22 years now but I am still involved in working on the same ones. And I am grateful for a program that helps me in my efforts. I am also grateful for the direction I received in how to begin the process.

Tim; Santa Barbara; "The Messenger", June 2005



**So you're telling me I really can stop drinking
One day at a time is the way to keep thinking
But you don't know my unique needs
Each little problem leaves me a flower choked by weeds
Remember first things first and trust your higher power!**

**Since taking these lessons to heart
Each sober day has become a fresh start
Realizing finally I'm not in control
Enables me to accept grace in my soul
No longer picking up drink after drink
In facing joy and sorrow to fellow AAs I link
Together we can weather any storm that comes our way
Yes, we're given the gift of inner peace in each sober day.**

Diane B.; East Aurora Group

On the 6th Step

"Were entirely ready to have God remove all these defects of character."

This step is most important because here we are ready for God (as we understand Him) to walk along with us and guide us as we seek to improve our character and eliminate the defects which contributed to our alcoholic problem.

With God's help we'll now apologize quickly when we are curt to others. We'll overcome our resentments. We'll become humble and remember it's our own character we want to improve, not the character of others. We'll remember that as we aren't perfect we haven't any particular right to be critical toward others.

We'll ask quickly for help each time we are aware of wrong thinking and whenever we begin to feel sorry for ourselves. When we wish to judge others, we'll remember that not so long ago we were in no position to judge anyone.

Resentments, our biggest stumbling block, can be dropped right here. Resentments against those who love us and tried to help us; resentments against the boss, against our fellow-worker, and all the million other little and big resentments must be turned over to a higher power.

At a later date, as our character becomes sound, we'll find that these resentments disappear.

We must ask God to help us understand others.

It takes a continued program of doing and thinking our best each day to lead us ahead, out into the open, where we can join the company of our fellow men.

The same help we seek in dealing with our alcoholic problem must be used to overcome our other defects. Knowing our problem is in God's hands will give us serenity and peace of mind.

In other words, we will turn our will over to God, asking that His will be done, and we'll work on our defects one by one as they make themselves known to us.

**Mark H., Buffalo, New York
*A.A. Grapevine, April 1945***

Warranty Six

"That though the Conference may act for the service of Alcoholics Anonymous, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous which it serves, the Conference itself will always remain democratic in action and in spirit."

The AA Service Manual page 74

A Possibility for a 6th Step Prayer

Dear God,
I am ready for Your help in removing from me the defects of character which I now realize are an obstacle to my recovery. Help me to continue being honest with myself and guide me toward spiritual and mental health. I pray for the strength to complete the task.. Amen

TRADITION SIX

An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose

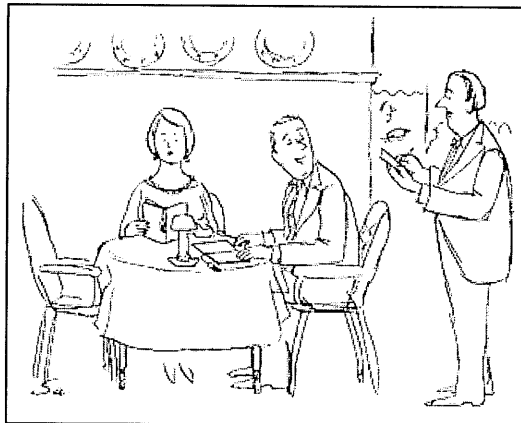
1. Should my fellow group members and I raise money to endow several AA beds in our local hospital?
2. Is it good for a group to lease a small building?
3. Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?
4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is requires to carry the message to them, shouldn't we have these facilities?

—Originally published in the *AA Grapevine*

CONCEPT SIX

On behalf of A.A. as a whole, our General Service Conference has the principal responsibility for the maintenance of our world services, and it traditionally has the final decision respecting large matters of general policy and finance. But the Conference also recognizes that the chief initiative and the active responsibility in most of these matters should be exercised primarily by the Trustee members of the Conference when they act among themselves as the General Service Board of Alcoholics Anonymous.

With permission of A.A. World Services, Inc.



"Actually, I would like a drink, but I have to be somewhere by July."

IN MEMORIAM
Things We Can Not Change
Christopher P.
 To all our members who have lost family & loved ones our prayers are with you.

Share your Experience, Strength and Hope

Please submit your announcements by the **12th** for next month's issue.
 Articles can be submitted at any time.

Buffalo Central Office

681 Seneca St (Lower)
 Buffalo, New York 14210

E-Mail Address...
buffalooa@hotmail.com

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc., are subject to the GRAPEVINE copyright.)

CONFERENCE-APPROVED LITERATURE

The term "Conference-Approved" describes written or audiovisual material approved by the Conference for publication by G.S.O. (General Service Office). This process assures that everything in such literature is in accord with A.A. principles. Conference- Approved material always deals with the recovery program of Alcoholics Anonymous or with information about A.A. Fellowship.

...It does not imply Conference disapproval of other material about A.A. A great deal of literature helpful to alcoholics is published by others, and A.A. does not try to tell any individual members what he or she may or may not read.

Conference Approval assures us that a piece of literature represents solid A.A. experience. Any Conference- Approved booklet or pamphlet goes through a lengthy and painstaking process, during which a variety of A.A.'s from all over the U.S. and Canada read and express opinions at every stage of production.

Not All "A.A. Literature" Is Conference-Approved

Intergroup/ Central Offices do write and distribute pamphlets or booklets that are not Conference- Approved.

If such pieces meet the needs of the local membership, they may be legitimately classified as "A.A. Literature." There is no conflict between A.A. World Services, Inc (A.A.W.S.- publishers of Conference- Approved literature), and Intergroup/Central Offices- rather they complement each other. The Conference does not **disapprove** of such material...

Source: Service Material from General Service Office, F-29, Rev. 6/18/03

A Shocking Awakening

WHO WOULD have imagined that, after I had taken Steps One through Five and worked on most of the others, Step Six would become the cliff-hanger?

After nearly a year's sobriety, I was doing fair at managing my life with the help of my Higher Power, one day at a time. I was gaining a bit of self-confidence and even caught slight whiffs of self-respect.

There was one area of my life that remained in its original granite-like state. It was my negative, pessimistic, and resentful attitude. Despite my sobriety, I remained bitter, irritable, impatient, and sometimes downright arrogant. I viewed myself with extremely low self-esteem, because of my rotten personality.

I began to doubt and question the effectiveness of my Higher Power. Why didn't He remove all these defects from my character? How could anyone stand me, when I couldn't stand myself?

Ultimately, out of sheer desperation, I began to set a time aside daily for working Step Eleven. I did it by myself, because, at the time, I was still too proud to ask for help. It was a long process, and there were moments when I just wanted to give up. As I worked to improve my conscious contact with God, as I understood Him, I came to the startling awareness that I did not understand Him at all! What a shocking awakening that was, but an extremely essential and uplifting one for me.

I began an immediate and in-depth review of my road to recovery. In the days and weeks that followed, I jumped around the Twelve Steps like a man on a pogo stick, considering each of them, but always working Step Eleven, hoping that, with the help of my Higher Power, I'd discover what it was about the Steps that I had misinterpreted.

Considered in that light, Step Three turned out to be the one I had stumbled over, instead of working through. I had made a decision to turn my life and will over to God, but I had not acted upon that decision. Therefore, it was not a decision at all, but merely a mental agreement that I had made with myself.

Consequently, whenever I attempted Step Six, it was fruitless. I was not "entirely ready." In order for my Higher Power to remove my defects of character, I would have to allow Him to do so. I would have to act.

It became plain to me then. He had given me legs, but I must do the walking. He had given me ears and eyes, but I must do the listening and looking. He had given me a mind, but I must do the thinking. He had placed the power at my disposal with which to overcome my defects of character, but I must grasp that power and apply it to my life situations--and that is what I immediately began doing.

Now, two years later, and still sober, I still have many character defects and, without a doubt, always will have. But I allow my Higher Power to make up the difference between my imperfections and His perfection, because I, as a human being, cannot attain such a goal.

To conclude: The key for me was not to be entirely ready for my Higher Power to change me, but to be entirely ready to use His limitless power to change the things that I could, and to be entirely ready to accept the things that I wanted to change, but could not.

G. H.
Thomaston, Maine
AA Digital Grapevine

JUNE ANNIVERSARIES

Alexander

Dale B. 1y
Sam F. 17y

Amherst/Snyder

Robert w. 6m
Linamay H. 6m
Edward J. 3y
Marty P. 15y
Dave L. 21y
Whitey D. 27y

Cold Springs

Christina F. 16y
Arnold S. 19y
James W. 24y

Courage Group

Mary Anne K. 3y
Ruby B. 20y
Peter F. 22y
Roger H. 26y
Donna F. 27y
Bill O. C. 30y

Eyeopener

Lynda 2y
Cy 2y
Gary B. 2y
Patty 2y
Julie 3y
Jim G. 4y
Bob D. 8y
Mike T. 13y
Iron John 14y
Barry R. 14y
Peter M 15y
Bernie B. 16y
Ralph 20y
Rudy B. 20y
Mike W. 23y
Mike S. 23y
Big Rich S. 26y
Tim 34y

Fireside

Carrol 9m
Sue D. 2y
Michelle F. 3y
Tarrie K. 11y
John S. 22y

Freedom

Jim S. 5y
Don W. 14y
Liza W. 15y

Giving

Bridget C. 1y

Golden Slipper

Lou S. 1y
Ray W. 2y
Marie C. 17y
Jim S. 36y

H.A.N.D.

Al K. 16y

Ironhorse

Mark McB. 10y
Dorothy K. 13y

Kensington

Jeffry L. 22y

Lakeshore

Leslie P. 4y
Tom B. 38y

Living In Solution

Tbor 3m
Seth 6m
Leroy K. 2y
Linda S. 1y
Paul N. 1y

Lighten-Up

Doyle A. 3y
Sue R. 5y
Amy L. 12y
Bernie B. 16y
Roger H. 21y

Lockport #1

James D. 1y
Ken T. 2y
Jerry M. 4y
Bill S. 5y
Bobbie L. 21y

LoveJoy

Gary G. 3m
Kenny J. 6m
Crissie C. 9m
Pedro O. 2y

Main & High

Erie E. 2y
Eddie J. 3y
Kesm B 6y

N. Buffalo

Randy L. 6m
Robyn W. 6m
Darryl T. 6m
Jay C. 6m
Joshua T 6m
Jamey D. 6m
Samuel H. 1y
Jennifer R. 4y
Wayne T. 9y
Jim G. 19y
Peter M. 28y

Orchard Park Step

Lorraine N. 6m
Larry N. 1y
Karen G. 1y
Bernie B. 16y
Gerry S. 21y

Rise & Shine

Kathy J. 2y
Sharon Z. 2y
Max 3y
Wanda W. 4y
Jonathon D. 5y
Joe A. 13y
Walter C. 17y
Bob C. 24y

Rise & Shine

Sandy B 1y
Dennis E. 13y
Vergil 13y

Sheridan

Robert C. 11y
Liza N. 15y

South Buffalo

Bob T. 6y
Nelson G. 18y

Thruway

Cheryl P. 4y

Serenity on the Lake

Greg C. 23y

Sober Winners

Bill S. 4y
Christine D. 6y

Sun. Morning Br.

Cookie L. 25y

Surrender & Hope

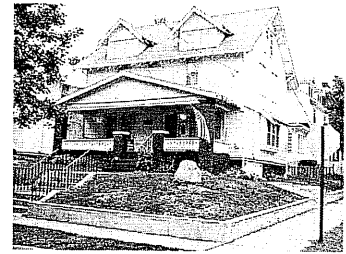
April I. 3m
Tina F. 22y
Mike F. 24y

Valley

Tom L. 6y
Kathleen S. 20y
Bill O'D 25y

Werhle

Andrea P. 34y



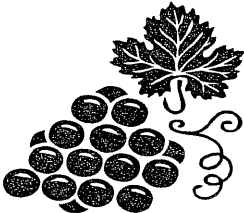

Group Anniversaries

Any Age: 32y
Beginnings Women's: 24y
Downtown Men's: 34y
Guiding Light: 17y
Helping Hand: 35y
High Noon: 15y
Kenmore: 43y
Lockport Tuesday PM
Lovejoy: 26y
Matt Talbot
Mercy: 23y
No. Java Morning After
No. Java Mon.: 23y
No. Java Sun.: 23y
On the Cliffs: 3y
Questions & Answers: 7y
Serenity Shack Nooners: 6y
Spirit of Hope: 26y
Spiritual Progress: 21y
Springville Tues Night: 43y
Starting Over (pm)
Sunrise Court: 56y
Victory: 21y

Please remember to
have the anniversaries
submitted by
the **12th**
END OF BUSINESS DAY 4:30 PM
of the month

previous



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><i>First issue of the Grapevine published June 1944.</i></p>						<p>5 69th Buffalo Fall Convention Meeting, 12 NOON Buffalo Central Office, 681 Seneca Street.</p>
<p>6 Steering Committee, 4 PM Central Committee Meeting, 7 PM Corrections Committee Meeting, 6:00 PM, Buffalo Central Office, 681 Seneca</p>	<p>7 First Women's AA Group: Cleveland, OH June ?, 1941</p>	<p>8</p>	<p>9</p>	<p>10 A.A. Founded</p> 	<p>11</p>	<p>12 Steps 6 & 7 are the great humility steps</p>
<p>13 General Service Assembly, 12 Noon, Hamburg Town Hall, 5999 South Park Ave., Hamburg</p>	<p>14 Flag Day</p>	<p>15 Public Information Committee meeting, Buffalo Central Office, 6 PM.</p>	<p>16</p>	<p>17</p>	<p>18 Which character defect are you going to keep ?</p>	<p>19</p>
<p>20 Father's Day</p>	<p>21 Treatment Facilities Committee, 6 PM, Buffalo Central Office, 681 Seneca Street. GSA Area 50, District 11 Business Meeting, 5 p.m. - 6 p.m. Niagara Branch Library, 280 Porter Ave, Buffalo, Contact Maurern M., 716-310-5885 for more info.</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>25</p>	<p>26 Archives Committee Meeting, 9 am, Buffalo Central Office. Easy Does It Group is having a picnic, at Lincoln Park, shelter 2. The meeting will be held at the park, starting at 10:00, and will be followed by food, fellowship and fun.</p>
<p>27</p>	<p>28 1941 Late June, first group directory 42 groups</p>	<p>29 Springville Tuesday Night Group Anniversary, Annual Picnic. Opens at 7:00 pm, speaker meeting will begin at 8:00pm. Please bring a dish to pass. St. Paul's Episcopal Church, 591 East Main Street, Springville.</p>	<p>30 Serenity Prayer first used by Ruth Hock 1941</p>			

PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)

*BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM
Schedule on line at: www.ny-aa.org &
www.buffaloaany.org*

*681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210
Fax: 853-0389
www.buffaloaany.org
buffalooa@hotmail.com*

JUNE 2010

MEETING CHANGES

- **New Group**; By the Wayside; Tuesday's at 6:30 PM, South Park United Methodist Church, 2291 south Park @ Ashton. Buffalo South. Open Meeting.
- **New Group; Newfane Living Sober**, Newfane United Methodist Church, 2699 Main St., Closed meeting, **Saturday @ 3:00 PM**, Open the last Saturday of the month.
- **Constant Vigilance**, Tuesdays, 8 PM, Has **Moved** to 75 Main St, Attica.
- **New Group**, Wednesday, 8 pm, **Common Solution**, Native American Community Services, 1005 Grant St. Buffalo
- **Handicappers Group**, Saturday's, St. John The Baptist Church, Kenmore, **NO LONGER MEETS.**
- **New Group; Elmwood Group**, Daily, 9am, 1pm & 4pm. Sobriety Emporium, 2590 Elmwood, Kenmore (near Kinsey). Open Meeting.
- **New Group; Building Hope**; Friday 12 Noon, Open Meeting, Horizon Health Service Clinic, 3297 Bailey Ave, Buffalo (near LaSalle)
- In the **2010 Schedule** pages 16 & 17 are the same. The replacement & correct **page 17 is available as an insert** at the Central Office. Sorry ☹
- **New Group: Friends of Bill W.**; Monday, Tuesday & Thursday- 6 PM, Saturday-7:30 PM. Grove St. Christian Church, 85 Grove St., Tonawanda, NY 14150.
- **Marilla Group**, Friday's, **Needs Support**. Marilla Methodist Church, S-1910 Two Rod Rd. @ West .
- **Dunkirk Monday Night** Group is **Moving** to Presbyterian Church, corner of 4th & Eagle St's. Lark St. Entrance.
- **IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

COMING EVENTS

- ~ Jun 5, **69th Buffalo Fall Convention Meeting**, Saturday, 12 NOON Buffalo Central Office, 681 Seneca Street .
- ~ Jun 6, **Steering Committee**, SUNDAY 5 PM, Central Office, 681 Seneca
- ~ Jun 6, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office, (hosted by Turning Point Group)
- ~ Jun 6, **Corrections Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca

- ~ Jun 13, **General Service Assembly**, 12 Noon. Hamburg Town Hall, 5999 South Park Ave., Hamburg
- ~ Jun 15, **Public Information Committee meeting**, Tuesday, Anyone interested in helping the community understand who we are, what we do, and what we are not to do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 6 PM.
- ~ Jun 21, **Treatment Facilities Committee**, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street. Please if you or your group are taking a meeting into a treatment facility, could you please send a rep to this meeting (3rd Monday, odd # month's).
- ~ Jun 21, **GSA, Area 50, District 11 Business Meeting**, Monday, 5 p.m. – 6 p.m. Niagara Branch Library, 280 Porter Ave, Buffalo. Contact Maureen M., 716-310-5885 for more info.
- ~ Jun 26,, **Archives Committee Meeting**, SATURDAY, 9 am, Buffalo Central Office. ~ June 26, **Easy Does It Group is having a picnic**, at Lincoln Park, shelter 2. The meeting will be held at the park, starting at 10:00, and will be followed by food, fellowship and fun. Friends and family are welcome. The group will provide burgers, hot dogs, sausage and beverages. There is no charge. Bring a dish if you wish.
- ~ Jun 29, , **Springville Tuesday Night Group Anniversary**, Annual Picnic. Opens at 7:00 pm, speaker meeting will begin at 8:00pm. Please bring a dish to pass. St. Paul's Episcopal Church, 591 East Main Street, Springville,
- ~ July 10, **Carrying The Message- "A Vision For You" Day of Sharing**, 12th Anniversary, sponsored by Main & High and spirit of Hope groups. 9:30 am-3:15 pm, Holy Trinity Lutheran Church, 1080 Main Street (across from Wendy's). Panels & Speakers, 50/50, Hot Lunch, Refreshments. Registration: \$7, Alateen: Reg. \$5.
- ~ July 16-18, **Discover the Common Solution**, Speakers, Meetings, Fellowship, Great Food, Campfire. Registration Fee \$125, \$25 Deposit, if you have any special needs or questions, contact: Scott N.: 563-3366.
- ~ Oct 29-31, **69th. BUFFALO FALL CONVENTION**: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst.

6th STEP: "Were entirely ready to have God remove all these defects of character."

6th TRADITION: "An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose."

6th CONCEPT; The Conference recognizes that chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

PLEASE SUPPORT THE ENVELOPE SYSTEM..

Yours in the Fellowship of the Spirit...Terry B..... Executive Secretary

Buffalo Central Committee Minutes May 2, 2010

Cindy Orchard Park Step Committee Chair opened the meeting at 7:01 PM with a moment of silence and the Serenity Prayer. Ted 4th Step Stumblers Group read the Preamble, Doug Buffalo Group read the Purpose of the Central Committee and Brian Sober Train read the Twelve Traditions. It was moved by John Sunday AM Breakfast and seconded by Tracy Iron Horse Group to accept the April minutes as written by MaryKate Three Legacies Recording Secretary. New Groups were greeted and 27 groups were represented: Dist #1: 4th Step Stumblers/Fun, Main and High; Dist #2: North Buffalo, Sober Train, Step Action, Three Legacies; Dist #3: Abbott Men's Disc, Any Lengths, Courage, Iron Horse, Sunday Morning Breakfast, Thruway; Dist #4: Action; Dist #5: Big Book Lockport; Dist #6: Amsdell Lakeshore, As Bill Sees It, Carrying the Message, WE; Dist #7: Fresh Start, Lovejoy, Thursday Night Steppers, Reflections; Dist #8: Amherst Snyder, Eyeopener, High Noon, Williamsville, Women Making the Effort.

COMMITTEE REPORTS

- **ENVELOPE SYSTEM:** Jennifer reported that \$314.00 brought in by Envelope System.
- **STEERING COMMITTEE:** It was reported that the Chair, Co-Chair, Financial Chair, Executive Secretary and Steering Committee District Reps 1, 2, 3, 5 and 8 were present. Districts 4, 6 and 7 were absent. Dist #3 rep reported issues within his district.
- **FINANCIAL REPORT:** Rick reported that unsold literature on loan to Niagara Falls Convention was returned and this lowered the accounts receivable for literature approximately \$1,000. There is still past due amounts from groups of \$1200.00. Group donations continue to exceed \$5K increasing operating cash to \$23K up to \$8K from Jan 1st of \$15K.
- **TREATMENT REPORT:** Brian reported that the next meeting is Monday May 17, 2010 at 6 PM. Groups and individuals AA's are welcome. Meetings are the 3rd Monday of odd months at 6 PM. Groups and members are encouraged to donate grapevines. If you'd like to donate please contact Brian at 361-5378.
- **CORRECTIONS:** Milt reported that they are updating the Gowanda list, with help from the corrections facility. They are eliminating volunteers from the list who have not attended in the past 2 years. We will also be contacting the members who are marked occasional and asked them to finish the process to become regulars. Attended an AA meeting on Friday April 30 with Jim at Wende Correctional Facility. The inmates were surprised to see someone. They really appreciated it and asked for some literature. We know that they hold meetings on Friday and that they are now covered. I would like to thank the individuals who have been going in for the past five years. There are only 3 members doing this. I attended the AA meeting for the work release program on Tuesday April 27. We are trying to coordinate a schedule. Milt, Jim and another member are approved. The other member has been going every Tuesday for the past couple of months. We could really use help. We are always look for volunteers for our committee and to take meetings into the prisons. I would like to thank members for their contributions. Also, anyone who has old grapevines please bring them to the Central Office so we can bring them to the prisons.
- **SCREENERS:** No report.
- **CENTRAL OFFICE:** AA Info: 177, 12-Step: 3, Alanon: 2, PIC: 0, Visitors: 133, Volunteers: 17. Groups we are in need of from are, Powerless Dist #7, Beginning Women Dist #8 and Look to this Day Dist #6. At the end of the

Month I will be having minor surgery, I will be taking May 24-28 off sick. As I previously stated, known vacation days this year are August 26, 27, 30, 31 and September 1, 2, 3 and 8, also July 5th.

- NEW FRONTIERS:** No report.
- PIC:** Patrick reported that PIC will be doing a presentation on May 3rd at Buffalo State College to the Alcohol Problems Class. Recent health fairs have been going well. We have three upcoming the first is May 20 at Dr. Charles Drew Center, June 5 at Buffalo School Central Registration and June 11 at Downtown Buffalo Central Library. We are contacting the Buffalo News to try and run a regular ad in the newspaper. We are in the process of drafting a letter to be used in the courts for judicial informing of AA. We are always looking for volunteers we meet the third Tuesday of the month at 6:30 PM at Central Office.
- CURRENT CONVENTION:** John reported that the 69th Fall Convention Committee had 5 meetings so far with the latest being Saturday, May 1, 2010 at 12 at the Central Office. The convention will be held October 29-31, 2010 at the Marriot Hotel. Our theme is "Together We Can" and our colors will be navy blue and lime green. Lanyards will be used for name tags instead of the usual "pin on" tags. All committees are in place and working. Flyers will be out as soon as possible with prices, meal choices and registration forms. Box 4-5-9 and the Grapevine have been notified and will have the convention information printed in the appropriate issues.
- AD HOC COMMITTEE:** No report
- GSA LIASON:** In need of GSA Liason.
- ARCHIVES:** Marty reported that the only display was the Boulevard Helping Hands 13th Anniversary. It went well. We have added some information on "What is Conference Approved Literature" to the traveling display, after the debate over the Hazeldon books. As stated last month, our copies were printed before Hazeldon bought the copyright. We are adding padding to the frame portfolios seems to work much better, thanks Jake. Also, the display I requested was to read the original manuscript of "How it Works", it got a few laughs. Our next display will be at the Main and High 12th Day of Sharing July 10th. As always the traveling display is available for any AA function on at least 30 days notice. Finally I'd like to thank Thruway and Lovejoy Group for their contributions.
- OLD BUSINESS:** "Meeting in a Pocket" went to print, it will take about a month. It will be sold for \$.75 cents. Still in need of GSA Liason.
- NEW BUSINESS:** Motion was made to move \$3,252 from general checking account to Prudent Reserve to bring the balance closer to our \$24,000 budget. Motion was tabled.
It was moved by John Sunday Morning Breakfast and seconded by Kim Lovejoy Group that we adjourn; adopted. Meeting closed with the Lord's Prayer at 7:32 PM.

NEXT MEETING JUNE 6TH 2010

Respectfully submitted by MaryKate B. Recording Secretary Three Legacies Group

Income Statement	Jan-10	Feb-10	Mar-10	Apr-10
Beg Bal Cash on hand	15,011.78	17,123.31	21,250.89	23,078.47
Contributions				
Groups	7,825.62	5,259.84	5,357.50	5,580.35
Joint Meeting	38.00	41.37	60.00	65.85
Envelope System	1,105.00	572.00	242.00	314.00
New Frontiers Subs	99.00	93.00	67.00	20.00
Literature/Medallions/Pins	4,544.98	5,247.60	5,100.80	4,791.05
Literature Sales Tax	303.32	297.58	366.65	346.17
Literature Postage		8.34	5.03	
Archives Room Rent	50.00	50.00	50.00	50.00
Meetings at CO	20.00	34.00	41.00	47.00
Mail/Misc.		55.00		
US Treasury				
"Gratitude Month" (NOV)		54.00		
Conventions/Day of Sharing	517.86	40.00	424.00	
Monthly Income	14,503.78	11,752.73	11,713.98	11,214.42
Expenses				
Office Rent	873.22	873.22	873.22	873.22
Electric	90.00	90.00	90.00	90.00
Payroll				
Salaries - gross	2,520.40	2,520.40	2,520.40	3,150.50
Federal Withholdings	(454.72)	(454.72)	(454.72)	(567.79)
NYS Withholdings	(112.69)	(112.96)	(112.96)	(138.96)
Disability Insurance	(3.00)	(3.00)	(2.40)	(3.60)
Payroll Tax Deposits				
Federal	917.23	611.44	648.10	785.09
State	478.67			467.42
NYS Sales Tax			795.15	
Insurance				
State Ins Fund		301.56		
Health	354.00	354.00	354.00	354.00
Liability	1,220.13			
Postage	479.96	509.99	210.57	331.83
Phone	167.88	158.32	164.87	137.18
Accounting				
Advt				
Talking Phone Book				
Verizon; Idearc Media website	155.80	155.80	158.80	157.30
white directory			540.00	
Yellow Pages				
Literature Expenses				
Grapevine		400.00		398.60
World Services Inc	1,697.40	277.87	3,100.24	2,447.50
Hazeldon	822.00	452.00	240.72	
Printers	2,142.00			
Medallions				84.97
PINS				
Office Supplies	86.92	502.65	8.45	73.99
Answering service	177.05	175.58	167.96	169.33
Minolta leasing (copier)	223.00	223.00	223.00	223.00
Minolta Copies/ service contract	130.00	130.00	161.00	161.00
PIC	227.00			
Seed \$\$		200.00		
Seminar		60.00		420.75
Depreciation	100.00	100.00	100.00	100.00
Monthly Expenses	12,292.25	7,525.15	9,786.40	9,715.33
Monthly Income (Loss)	2,211.53	4,227.58	1,927.58	1,499.09
Depreciation add back (non-cash)	100.00	100.00	100.00	100.00
End Bal Cash on hand	17,123.31	21,250.89	23,078.47	24,677.56
PRUDENT RESERVE	20,735.96	20,739.55	20,743.53	20,747.93
Assets: Literature & Medallions	16,836.12	14,238.75	13,542.69	15,859.73
Literature Receivable (outstanding)	2,980.21	2,913.35	2,233.24	1,210.70
Corrections Facilites	2,591.67	2,477.82	1,834.52	1,980.60
Contributions	389.90	139.20	337.10	217.50
Expenses	503.75	782.50	191.02	602.75
Balance	2,477.82	1,834.52	1,980.60	1,595.35
Treatment Facilities	1,105.88	1,492.78	1,583.98	1,921.08
Contributions	386.90	91.20	337.10	242.50
Expenses			240.00	
AT & T Bridging The Gap				
AAA Abott Answering Service				
Balance	1,492.78	1,583.98	1,921.08	2,163.58

YTD

24,023.31

205.22
2,233.00
279.00
19,684.43
1,313.72
13.37
200.00
142.00
55.00
-
54.00
981.86
49,184.91

3,492.88
360.00
10,711.70
(1,931.95)
(477.57)
(12.00)
2,961.86
946.09
795.15

301.56
1,416.00
1,220.13
1,532.35
628.25
-
627.70
-
540.00
-

798.60
7,523.01
1,514.72
2,142.00
84.97
-
672.01
689.92
892.00
582.00
227.00
-

200.00
480.75
400.00
39,319.13

\$9,865.78
400.00

+
1,083.70
2,080.02
(996.32)

1,057.70
240.00

-
240.00
817.70

"I salute the light within your eyes where the whole universe dwells. For when you are at that center within you and I am at that place within me, we shall be one."

GROUP CONTRIBUTIONS

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		APRIL	YEAR	APRIL	YEAR	APRIL	YEAR
	11:45	60.00	60.00		0.00		0.00
	12 Step		0.00		0.00		0.00
	12 Steps/12 Traditions		50.00		0.00		0.00
	4th Step Stumblers/F.U.N.		0.00		0.00		0.00
	6th Step		0.00		0.00		0.00
	A Day At A Time		0.00		0.00		0.00
	Abbott Men's		300.00		100.00		100.00
	Acceptance/Welcome		0.00		0.00		0.00
	Achievement		0.00		0.00		0.00
	Action		50.00		25.00		25.00
	Age Doesn't Matter		0.00		0.00		0.00
	Akron Awareness		0.00		0.00		0.00
	Alexander		0.00		0.00		0.00
	Amherst/ Snyder		450.00		0.00		0.00
	Amsdell Lakeshore	25.00	150.00		0.00		0.00
	Any Age		0.00		0.00		0.00
	Any Length	35.00	170.00	15.00	45.00	15.00	45.00
	Arcade		0.00		0.00		0.00
	As Bill Sees It		130.00		63.00		0.00
	Attitude Adjustment		0.00		0.00		0.00
	Attraction		200.00		0.00		0.00
	Backdoor		0.00		0.00		0.00
	Back To Basics		60.00		0.00		0.00
	Beginners Group (NF)		20.00		0.00		0.00
	Beginning In Sobriety II		0.00		0.00		0.00
	Beginning's Women		150.00		75.00		75.00
	Big Book Lockport	50.00	150.00		0.00		0.00
	BB Spiritual Studies		0.00		0.00		0.00
	Big Book Study		30.00		0.00		0.00
	Blasdel		0.00		0.00		0.00
	Blasdel Monday Night		0.00		0.00		0.00
	Bodhisattva		0.00		0.00		0.00
	Boulevard Helping Hand		0.00		0.00		0.00
	Boulevard Women		0.00		0.00		0.00
	Brass		0.00		0.00		0.00
	By The Book		0.00		0.00		0.00
	Carry the Message		0.00		0.00		0.00
	Casting		0.00		0.00		0.00
	Cathedral Park		0.00		0.00		0.00
	Cayuga Wake- Up Call	300.00	450.00		15.00		0.00
	Caz Manor	85.00	160.00		0.00		0.00
	Central City Café		0.00		0.00		0.00
	Chapter IX		0.00		0.00		0.00
	Cheektowaga		200.00		0.00		0.00
	Clarence Men's		0.00		0.00		0.00
	Clarence Men's II		0.00		0.00		0.00
	Cold Spring		0.00		0.00		0.00
	Common Bond		0.00		0.00		0.00
	Commitment	100.00	100.00		0.00		0.00
	Constant Vigilance(Varysburg)		0.00		0.00		0.00
	Complanters		0.00		0.00		0.00
	Courage		100.00		0.00		0.00
	Daily Reflections		0.00		0.00		0.00
	Daily Reprieve	100.00	100.00		0.00		0.00
	Dawn of Hope	25.00	25.00		0.00		0.00
	Derby		180.00		0.00		0.00
	Derby Lunch		0.00		0.00		0.00
	Desire	50.00	150.00		0.00		0.00
	Desperate		0.00		0.00		0.00
	Downtown Men's		0.00		0.00		0.00
	Dunkirk Monday Night		0.00		0.00		0.00
	Eagle Street		0.00		0.00		0.00
	Early Bird South		93.42		0.00		0.00
	Early Bird Step		0.00		0.00		0.00
	Early Rising Obliging		0.00		0.00		0.00
	East Amherst		0.00		0.00		0.00
	East Aurora		300.00		0.00		0.00
	Easy Does It	130.00	220.00	30.00	120.00	30.00	120.00
	Ellicottville		25.00		0.00		0.00
	Everybody's		0.00		0.00		0.00
	Express		14.00		0.00		0.00
	Eyeopener	140.50	579.64		0.00		0.00
	Eyeopener South	50.00	150.00	25.00	25.00		0.00
	Father Baker		0.00		0.00		0.00
	Feelings		0.00		0.00		0.00
	Fireside PM		0.00		0.00		0.00
	Fireside	192.00	384.00		0.00		0.00
	First Things First	100.00	250.00		0.00		0.00
	Forestville Sunday Serenity		0.00		0.00		0.00
	Fredonia Discussion		0.00		0.00		0.00
	Freedom		250.00		0.00		0.00
	Fresh Start	45.00	45.00		0.00		0.00
	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS

	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
1	Frontier(New)	125.62	1687.17		0.00		0.00
3	Gardenville		220.00		0.00		0.00
8	Georgetown		0.00		0.00		0.00
2	Getting Better		0.00		0.00		0.00
6	Getting With It	23.00	23.00		0.00		0.00
7	Gifted		0.00		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		405.00		27.00		27.00
5	Golden Slipper		0.00		0.00		0.00
2	Grand	70.00	70.00		0.00		0.00
2	Grand II Joy of Living		0.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
3	H.O.V.	50.00	50.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
6	Hamburg Early Bird		0.00		0.00		0.00
8	Hand		0.00		0.00		0.00
2	Handicappers	150.00	150.00		0.00		0.00
1	Happy Faces		0.00		0.00		0.00
7	Harmony		0.00		0.00		0.00
3	Helping Hand		50.00		0.00		0.00
8	High Noon		450.00		0.00		0.00
8	High View		150.00		0.00		0.00
7	Higher Power		0.00		0.00		0.00
4	Hillbilly		360.00		0.00		0.00
6	Holiday Village	225.00	875.00	25.00	75.00	25.00	50.00
4	Holland		50.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty	50.00	80.00		0.00		0.00
2	How It Works/Men's		0.00		0.00		0.00
7	Humbolt		0.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		0.00		0.00		0.00
3	Ironhorse		562.00		56.20		56.20
8	IT		0.00		0.00		0.00
5	Johnson Creek Big Book		0.00		0.00		0.00
1	Journey		0.00		0.00		0.00
3	Just For Today/ Cheektowaga		100.00		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
4	Keep It Simple Sister		30.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore	50.00	50.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
8	Lake Shore	100.00	200.00		0.00		0.00
6	Lakeview		75.00		0.00		0.00
3	Lancaster Dalley Reprieve		113.25		0.00		0.00
	Lawyers		0.00		0.00		0.00
5	LewPort		0.00		0.00		0.00
2	Liberty Women	60.00	60.00		0.00		0.00
4	Life Today		25.00		0.00		0.00
8	Lighten UP	120.00	180.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
2	Living Sober		0.00		0.00		0.00
5	Lock City	100.00	100.00		0.00		0.00
5	Lockport #1	250.00	250.00	25.00	25.00	25.00	25.00
5	Lockport Discussion		50.00		0.00		0.00
5	Lockport Ladies		50.00		0.00		0.00
5	Lockport Tuesday		100.00		48.00		0.00
5	Lockview		736.00		112.00		112.00
8	Look To This Day		0.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy	25.00	25.00		0.00		0.00
5	Lower River		0.00		0.00		0.00
1	Main and High		11.84		0.00		0.00
4	Main Street		180.00		0.00		0.00
8	Maple Men's		0.00		0.00		0.00
4	Manila	30.00	60.00		0.00		0.00
3	Matt Talbot	60.00	240.00		0.00		0.00
6	McKinley Winners		30.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		0.00		0.00		0.00
5	Medina New Life		30.00		0.00		0.00
8	Mercy	100.00	100.00		0.00		0.00
3	Mid-day		80.00		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
5	Miracle Happen		0.00		0.00		0.00
7	Monday CO	10.00	67.00		0.00		0.00
5	Monday Big Book		0.00		0.00		0.00
2	Morning After		0.00		0.00		0.00
7	New Awakening		0.00		0.00		0.00
3	New Beginnings/St. Vincent	30.00	30.00		0.00		0.00
	New Freedom		25.00		0.00		0.00
	New Hope	25.00	25.00		0.00		0.00
3	New Life		100.00		0.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		50.00		0.00		0.00
2	North Buffalo		400.00		100.00		100.00
4	North Java Monday		0.00		0.00		0.00
4	North Java Sunday		0.00		0.00		0.00</

RETURN SERVICE REQUESTED

NON-PROFIT ORG.
US POSTAGE PAID
PERMIT # 53
BUFFALO, NY

*A.A. on the Niagara Frontier
681 Seneca St. (Lower)
Buffalo, NY 14210
buffalooa@hotmail.com*

We're on the Web!
Buffalooany.org

**Have The New Frontier's delivered
To your home every month**



NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP** _____

ANNUAL SUBSCRIPTIONS;

**MAKE CHECKS PAYABLE TO: BUFFALO CENTRAL OFFICE, 681 SENECA ST.,
BUFFALO, NY 14210**

1 Copy	\$10	20 Copies	\$57
2 Copies	\$13	30 Copies	\$75
5 Copies	\$24	40 Copies	\$95
10 Copies	\$33	50 Copies	\$120