

# NEW FRONTIERS

A.A. of the Niagara Frontier

June 2015

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



## Patience, Tolerance, Understanding, and Love

As my sponsor and I were going through the Big Book together a light hit me. We were in the chapter: To Wives; and the further along we went I recognized a pattern that ran like a thread throughout the book to this point. This common thread always came back to the spiritual principles of patience, tolerance, understanding, and love repeated and built into it the book in many different ways. Even the Doctor's Opinion had its share of patience and understanding. And as we went further, these specific spiritual principles were actually in black and white. Their demonstrations of them were in black and white, so, it's IN THE BOOK.

What do these principles really mean and how do they operate within relationships, all relationships? They apply whether this relationship is with oneself, personal relations, and/or in our society at large. Reviewing these, it's clear they are keys to harmony and peace both within and without, with all of Life, regardless of circumstances. Cultivation of these principles takes the Steps, dedication, perseverance, and probably most important and the most burdensome of all—practice, practice, practice. Ugh! Let's look at each of these through one man's lens.

Patience loosely defined is bearing pain or trials without complaint. What???? No complaint? Where would be my comfort, my sympathy, empathy for my plight? Where would be the numerous hugs and words of encouragement to go forward? Patience in the above definition is to not continuously complain about the nature of our struggle, inner or outer. It says more to share and receive the support I need to make it through; however, it is against the principle to kvetch and moan (read: continuous and ongoing) about the hardship whether physical, mental, emotional, and/or spiritual context. Habitual complaining leads, and I know this from personal experience, to a largely negative outlook on life in all its shapes, colors, and sizes. The constant pessimistic run on of diarrhea of the brain is a sickness in and of itself. The neurobiologists also say this sets up disturbances within our physical systems poisoning our very bodies by the toxicity we use in self-talk or complaining. And more noticeably, we drain ourselves and others. Obviously, this is an extreme but it is in our -IC symptoms and to some degree reinforced by the culture in which we live. Remedy: STOP! I now pay attention to the thoughts in my head, language I use, and the way I treat others and I AM AN OTHER. So, as awareness grows through Steps 10 and 11, if your experience is similar to mine, you catch this black trend and say "Stop!" Just chop it. End. And then move in another direction. Persistence does amazing things when practiced long enough; even though I fall short, it is just less often.

Tolerance loosely defined is the deviation from a standard. Like the irregular Pi formula, it just is. The only mathematical formula that never, ever repeats itself. Mega computers have calculated this formula to possibly billions of digits and there's no rhyme, reason or

pattern. It just goes on and on much like the circle of unity in the human family. Same physical makeup but each unique. NO, not terminally unique. Unique in the sense as no two snowflakes are alike. While each is individual, each is also water, frozen, reflects light, and melts under the right conditions. Simpler to say tolerance is to put up with the differences, recognizing the similarities while appreciating the differing colors, shapes, sizes, and dimensions of each other. It is about acceptance of people, place, or situation as they are. "Live & Live Let" is the active slogan. My responsibility is my sobriety, recovery, attitudes, perspectives and actions. Now, me letting live is leaving the same facets above to you and detaching from all those choices you make unless true harm is done. True tolerance creates a oneness within ourselves and aspects that make up our personality. These are both our defects and the healthy traits/gifts which is the essential condition of both beast AND angel of which we are made. In group or social dynamics can we bring this oneness, this tolerance towards someone of a different race, sex, sexual orientation, religious affiliation or tradition? Or, as sometimes with me, do one or more of these categories fill you with prejudice, bias, judgment, criticism, or fault finding feeding our overblown ego and pride being "better than or less than." By this statement we have lost touch with the principle of tolerance.

For example, the "Lord's Prayer." So Christian in origin it can be anathema to practitioners of other traditions such as Buddhist, Judaists, Hindi, or those like me those who have no specific tradition but do have an all-inclusive HP nonetheless. I found it distasteful to say this prayer imagining some father-god looking down sending punishment and temptation my way. I stopped saying it praying my own prayers while secretly burning that we were repeating a prayer that held so many in bondage for so long and I felt out of place. I was intolerant out of ignorance and misunderstanding. As I looked closer, many found comfort and strength and faith in this prayer. Who was I, and I had to look at my often touted saying, "No one had a right to say what truth was and what was lie." As I looked closer at what this heritage brought prayer meant to me today, I realized it was my Higher Power in Source's aspect as the Divine Masculine raising consciousness, leading me on the path to forgiveness of errors, and asking for continued protection from life's diversions from my conscious contact with my HP. My personal interpretation was set and bias towards others ended. Can your measure of tolerance accept my essence of truth as I say the "Lord's Prayer" in this light or will you cast me as heretic? Many of our alcoholic brother and sisters are not so lucky and might have the same experience of exclusion. Watch, be aware, remember inclusive, never exclusive. Welcome all as best any of us are able to at any given time.

~Continued Page 2~



~ Conti... **Patience, Tolerance, Understanding, and Love**

Understanding loosely defined means to grasp the meaning of a subject. Subject as in the object of observation or in relation to it. One alkie talking to another alkie understands like no other can. Or as we complete our 4<sup>th</sup> Step to the best of our ability that leads to a greater understanding of ourselves. In practicing the 10<sup>th</sup> Step we grow in awareness and understanding of where our defects control our choices requiring prayer and correction or the opposite, where healthy traits and qualities are enabling us to grow into better people. Both of these are in keeping with the principle of understanding. Another example is learning the history of a people often shedding light followed by understanding of why their culture is like it is or where the antagonism really started. Other examples are learning about an affliction and its effects on us leading to a greater understanding of how best to manage symptoms. And what about the friend who is seemingly isolating; only later, when they share, do you realize they needed solitude to recoup and ground themselves thus leading to understanding what may have seemed to be a slight. In this example, you may be able to identify with the struggle from one of your own shedding light on how you, or me, may have affected others causing misunderstanding. This principle is about Truth from knowledge and its proper use to serve a higher purpose.

And finally, Love. The greatest form of human aspiration. Love can be erotic; can be for humanity and the world; towards family and friends; or for oneself as one is; and lastly and most importantly for God. It is the highest vibration we are capable of here on this planet: it heals, is a cool wind on a hot day, the diffuser of animosity and hatred, the dispeller of fear and more. It is the collection of the first three principles leading to compassion for ourselves, others, and society. It is the closest to God, we, as human beings, can come to understanding the Divine. Love nurtures, comforts, bonds a family, both blood and friends, in healthy ties. Love always seeks to give from a place of selflessness. Most importantly, it is there that we can find true rest while here on this planet.

As I wrote, I was aware of just how far I've come, both in the practical sense of what I wrote and in the beliefs I spouted here, yet at the same time just how much more practice is needed. I've experienced all four at various levels and the peace from practicing and being well, there are no words. I'm sure you understand and experience what I mean. One day at a time, away from the first drink, No Matter What! Otherwise, this is all a hill of beans. Peace and Light.

Paul G. - Amherst-Snyder

**"To be vital, faith must be accompanied by self sacrifice and unselfish, constructive action." p93**

**GRAPEVINE** Quote of the Day

January 17, 2011

*"When we AAs look to the future, we must always ask ourselves if the spirit which now binds us together in our common cause will always be stronger than those personal ambitions and desires which tend to drive us apart ... Though the individual AA is under no human coercion, is at almost perfect personal liberty, we have, nevertheless, achieved a wonderful unity on vital essentials. For example, the Twelve Steps of our AA program are not crammed down anybody's throat. They are not sustained by any human authority. Yet we powerfully unite around them because the truth they contain has saved our lives, has opened the door to a new world."*



AA Co-Founder, Bill W., September 1945  
From: "Rules' Dangerous but Unity Vital"  
The Language of the Heart

**Living Step # 6**

***"Were entirely ready to have God remove all these defects of character."***

After sharing all of our guilt and resentments at step five, we now move on to step six. This is where we now humble ourselves to God and sincerely ask him to remove our defects of character. Also, to continue to give us the strength to stay sober and the ability to live a life that reflects honesty, caring and the will to improve our personal character.

By being willing to clean house, we are opening the door for God to guide our lives, one day at a time, through prayer and meditation, so that we don't repeat the errors of our past.

Many of us have been apprehensive about the results of taking this step, wondering if this action will work for us as it has for many thousands of Alcoholics in recovery. If we ask, God will certainly forgive our derelictions of the past, but it is up to us to be willing to work for progress. Remember that we seek progress, not perfection. Recovery in AA is a journey in life and not a destination.

(See Pg. 63 "Twelve steps & twelve traditions")



## **From the Archives: The Start of Our Meeting in Print**

June of 1944 brought a new development for AA that, like so many of them, had a much larger impact than anyone could have seen at the time. It came in the form of a plain white newsletter, tabloid-formatted, with the heading and the articles all in black ink on it—just a few pages, for a few articles. It had a small circulation, too: one copy for each of 300 AA groups, and one for every member known to be overseas in the war. It started from just that, and from the work of six members in New York—the *AA Grapevine* (aagrapevine.org, “History of the AA Grapevine”).

For being just a few pages long, that first issue covered a lot of territory. Bill W. contributed two pieces: one related to the chapter “A Vision for You” in the Big Book, and another one on the New York Central Office. Other pieces about New York AA included one on its growth in Brooklyn, and minutes from the Central Committee meeting. But there were also reports on alcoholism treatment developments in Connecticut, Michigan, and at sea with the Navy. Along with those news items came suggestions for occupying a sober mind and life: dealing with feelings, reading, and even writing letters to the *Grapevine* (*AA Grapevine* June 1944, aagrapevine.org digital archives). Already, it had the makings of what it’s now called: our “meeting in print.”

Since then, our magazine has helped some wonderful changes happen in AA. Bill W., though not one of the six who started it, came to use it as “one of his most important vehicles for communication with the membership” (*Pass It On*). He contributed 100 articles, including the ones that introduced our Twelve Traditions (conversation with Mel B.). From a certain point, the *Grapevine* began to embody some of the Twelve Traditions by observing our primary purpose, by avoiding outside issues, and by not offering endorsements of any kind—book reviews no longer appear in it (conversation with Mel B.). And from its pages came something now read at many meetings: the AA Preamble (conversation with Wally E.). Many other gifts have come from it along the way.

From the start, our newsletter has helped members carry the message, and it has worked. Bill wrote in *Twelve Steps and Twelve Traditions* that those AA members enlisted overseas had even more success in staying sober than AA’s back at home. Don P. pointed out that it also gives members a way to talk to our trusted servants in New York about the fellowship as a whole, helping keep AA truly democratic. It’s not just our meeting in print; it’s our voice in print.

~ Chad P.



### **6th STEP**

**“Were entirely ready to have God remove all these defects of character.”**

### **Share your Experience, Strength and Hope**

Please submit your announcements by the **12th**

for next month’s issue

Articles can be submitted at any time

**e-mail address: buffaloaa@hotmail.com**

or mail to:

**Buffalo Central Office  
681 Seneca St (lower)  
Buffalo, New York 14210**

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: quotations from “Alcoholics Anonymous”, “Twelve Steps and Twelve Traditions” and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc. are subject to Grapevine copyright.)



New Frontiers ~ June 2015  
**JUNE ANNIVERSARIES**

**Acceptance/Welcome**

Linda C. 4y  
Lisa W. 20y  
Jim M. 36y  
Joan D. 36y  
Mary Jo B. 44y

**Alexander**

Dale B. 6y  
Jose O. 12y  
Sam F. 22y  
Jamie A. 28y

**Amherst/Snyder**

Fred H. 2y  
Doc C. 2y  
Jen R. 5y  
Edward J. 8y  
Marty P. 20y  
Roger H. 26y  
Dave L. 27y  
Whitey D. 32y

**Boulevard Women**

Eileen S. 1y  
Donna F. 32y

**Cold Springs**

Christina A. 21y  
Mona W. 25y  
James W. 29y

**Courage Group**

Rudy B. 25y  
John S. 26y  
Roger H. 31y  
Donna F. 32y

**Eyeopener**

Peter M. 2y  
Christin P. 4y  
Amy L. 4y  
Cathy N. 4y  
Carolyn K. 4y  
Pete 5y  
Jeannie S. 6y  
Christie 7y  
Lynda 7y  
Gary B. 7y  
Julie M. 8y  
Jim G. 9y  
Bob D. 13y  
Mike T. 18y  
Iron John 19y  
Peter M. 20y  
Bernie B. 21y  
Ralph 25y  
Rudy B. 25y  
Mike W. 28y  
Mike S. 28y  
Rich S. 31y  
Lynda G. 32y  
Tim 39y

**Eyeopener South**

Nancy D. 6m  
Kipp M. 2y  
Charlie H. 8y  
Alan H. 35y

**First Step**

Paul L. 6y

**Fireside**

Robin 1y  
Sue D. 7y  
Michelle R. 8y  
Amy C. 15y  
Tarrie K. 16y  
John B. 19y  
Judy C. 25y  
John S. 26y

**Golden Slipper**

Scott W. 4y  
Jim W. 5y  
Ray W. 7y  
Marie C. 22y  
Dave B. 24y  
Jim S. 41y

**H.A.N.D.**

Sarah K. 9m  
Al K. 21y

**Harmony**

Joe S. 3y  
James G. 4y  
Brianna J. 5y  
Jose R. 5y  
Bertha O. 5y  
Deliah W. 8y  
Tony C. 8y  
Wanda W. 9y  
Virgil D. 18y  
Archie O. 28y

**Helping Hand**

Diane S. 21y

**Holiday Village**

Jake L. 3m  
Susie B. 3m  
Darlene T. 6m  
David O. 6m  
Norm 9m  
Kristen S. 9m  
Linda 1y  
Donna G. 1y  
Jeff P. 30y

**Ironhorse**

Patrick R. 1y  
Leo G. 3y  
Dan Z. 4y

**Kensington**

Jeffrey L. 27y

**Lakeshore**

Charles R. 1y

**Lockview**

Tricia M. 1y  
Karl S. 2y  
Lynette F. 3y  
Angel 10y  
Dave N. 22y  
Tim C. 25y

**Lockport Tuesday**

Amber B. 2y

**N. Buffalo**

Robert Z. 3y  
Cathy N. 4y  
Heather Z. 4y  
Michelle D. 4y  
David M. 4y  
Bennie W. 4y  
Karen P. 4y  
Chuck S. 5y  
Steven W. 5y  
Jennifer R. 9y  
Wayne T. 14y  
Bernie B. 21y  
Tom C. 32y  
Peter M. 33y

**Renaissance**

Fred I. 5y  
Bob S. 6y  
Evelyn L. 6y  
Jean P. 7y  
Jennifer R. 9y  
Neal M. 12y  
Wayne T. 14y  
John J. 34y

**Rise & Shine**

Steve B. 6m  
Magiro M.Ra 6m  
Andy S. 9m  
Kaitlyn Mc 1y  
Lisa N. 2y  
Anne K. 3y  
Bill S. 3y  
Kim D. 5y  
Kathy J. 7y  
Sharon Z. 7y  
Wanda W. 9y  
Johnathan D 10y  
Joe A. 18y  
Bob O. 19y  
Walter C. 22y

**Sheridan**

Rachel 4y

**Sun. Morning Br.**

Cookie L. 29y

**Valley**

Tom L. 11y  
Kathleen S. 25y  
Bill O'D 30y

**Thruway**

Bob F. 1y  
Megan 2y  
Donna F. 32y

**Victory Women's**

Theresa 5y  
Alice 28y

**Williamsville**

Sandra W. 18y  
Roger H. 26y  
Sally M. 27y  
Bob H. 33y  
Bob F. 40y



**Group Anniversaries**

**Any Age: 37y**  
**Beginnings Women's: 29y**  
**Downtown Men's: 39y**  
**Guiding Light: 22y**  
**Helping Hand: 40y**  
**High Noon: 20y**  
**Kenmore: 48y**  
**Lockport Tuesday PM**  
**Lovejoy: 31y**  
**Matt Talbot**  
**Mercy: 28y**  
**On the Cliffs: 7y**  
**Questions & Answers: 12y**  
**Spiritual Progress: 26y**  
**Springville Tues Night: 48y**  
**Starting Over (pm)**  
**Sunrise Court: 61y**  
**Victory: 26y**

Please remember to  
have the anniversaries  
submitted by  
the **12th**  
END OF BUSINESS DAY 4:30 PM  
of the month

previous



**PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)**

**BUFFALO CENTRAL OFFICE**  
**ALCOHOLICS ANONYMOUS**  
**(716) 853-0388**  
**9:00 AM- 12:30PM, 2:00 PM- 4:30 PM**

**681 SENECA STREET (Lower)**  
**BUFFALO, NEW YORK 14210**  
**Fax: 853-0389**  
**buffalooa@hotmail.com**

**Real-Time schedule? Check your website: [www.buffalooany.org](http://www.buffalooany.org)**

## **June 2015**

### **MEETING CHANGES**

- **New Group; What's Going On;** The Pride Center, 200 South Elmwood, Buffalo, 14210. Open Discussion meeting, Wednesday's, 1PM.
- **Dunkirk Monday Group** will now be an Open Discussion, Open Speaker the last Monday of the month. Presbyterian Church, Lark St., Dunkirk 14048.
- **New Group; Step Action II;** Thursday's at 6:30PM. Clubhouse, 344 Walnut St., Lockport, 14094. Closed Meeting.
- **Lighten-Up Group** has expanded to include **Saturday Night** at 6PM. The Hope Center, 781 Maple, Amherst 14221.
- **Point of No Return** (Seasonal Meeting) due to construction will now meet at **LaSalle Waterfront Park;** Robert Moses @ the brink of the falls. Bring a chair and beverage, Niagara Falls, NY 14304
- **Blasdell Saturday Night** has changed its start time to **7:00 PM**. Lutheran Church, 66 Arthur @ Salisbury.
- **Mustard Seed II,** Thursday Women's group is now an **Open Speaker Meeting on the last Thursday** of the month. 7:30 PM, 1025 Borden Rd., Depew 14043.
- **New Group: Marching Forth,** Wednesday, 7 PM, St. Aidan's Episcopal Church, 13021 West Main St., Alden 14004.
- **New Group: Contemporary Women LBT & Friends,** Tuesday, 6:30 PM, Evergreen Health Services, 206 S. Elmwood Ave., Buffalo 14201
- **New Group: Joe & Charlie Big Book,** Wednesday, 7PM, 1st Baptist Church, Albion 14411, corner of Beaver & Liberty.
- **Starting Over Group,** Thursday Noon will no longer meet. Other Times remain. Kalida Health Center, 5087 Broadway, Depew 14043.
- **Saturday Night Alive** has moved to The Well, 995 Dodge Rd., Getzville NY 14068. Saturday's at 6PM.
- **New Group: Eden Mtg.** Sunday's 7:30 PM. St. John's Community Church, 2871 East Church St.(corner of Woodside), Eden 14057

**IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

### **SERVICE OPPORTUNITIES: COMMITTEE MEETINGS**

- ~ Jun 7, **Central Committee Meeting, SUNDAY,** 7 PM, Buffalo Central Office (Hosted by Lockport#1).
- ~ Jun 7, **Steering Committee, SUNDAY,** 5:30 PM, Buffalo Central Office
- ~ Jun 7, **General Service Assembly, SUNDAY,** 12 Noon., Hamburg Town Hall, 5999 South Park Ave., Hamburg 14075.
- ~ Jun 8, **Public Information Committee meeting, 2nd-MONDAY,** Anyone interested in helping the community understand who we are, what we do, and what do not, PLEASE come out and get involved. Help keep A.A. around for your children. 6 PM, Buffalo Central Office.
- ~ Jun 10, **2015 Convention Committee Meeting, 2nd WEDNESDAY,** 6 PM, Buffalo Central Office.
- ~ Jun 13, **Archives Committee Meeting, 2nd SATURDAY,** 10 AM, Buffalo Central Office, 681 Seneca Street.
- ~ Jun 15, **Treatment Facilities Committee, 3rd-MONDAY,** 6 PM, Buffalo Central Office, 681 Seneca Street. Please, if you or your group is taking a meeting into a treatment facility, could you please send a rep to this meeting?
- ~ Jun 21, **Corrections Committee Meeting, 3rd-SUNDAY,** 6:00 PM, Buffalo Central Office, 681 Seneca St.
- ~ Jun 21, **Special Needs Committee Meeting, 3rd-SUNDAY,** 3:30PM, Buffalo Central Office, 681 Seneca St.

# COMING EVENTS

- ~ Jun 20, Women of AA Spiritual Day of Sharing (Mini Retreat), St Columban Center, Derby. 9 am-11 pm. Can't afford or can't commit an entire weekend but want the retreat experience? We have everything! Speakers, indoor/outdoor groups, activities, spiritual advisors, meditation, a late night bonfire... Something for all: newcomer, old timer, just coming back. Do it all or just be a sponge & soak in the serenity of the surroundings. Enjoy all or any part of the day!!! **Cost \$49** includes: Pastries during registration, Lunch - hotdogs & potluck- bring a dish to share, dinner also included. Unlimited coffee and tea. Service Scholarships available on a first come basis. Registration forms in April New Frontiers, on Buffalo AA website (under events), call 799-4094/ or email: [retreatnewsaa@gmail.com](mailto:retreatnewsaa@gmail.com).
- ~ Jul 10-12, Men's Retreat; "A Spiritual Life is not a Theory", St. Columbian Center, Derby. Speakers, Meetings, Food, Accommodations, Fellowship, Prayer, Sharing, Awesome Conversations! Registration Fee: \$140.00. Registration Forms are on the website under "Events"; [www.buffaloaany.org](http://www.buffaloaany.org).
- ~ Jul 11, Carrying the Message- "The Beginning of True Kinship with Man and God" 17th Anniversary Day of Sharing, sponsored by Main & High group. 9:30 am-3:45 pm, Holy Trinity Lutheran Church, 1080 Main Street (across from Wendy's). Panels, speakers, 50/50, hot lunch and refreshments. Registration: \$6, Alateen: \$5.
- ~ Sep 24-27, 19th Annual AA Archives Workshop; coming to Independence, Ohio (by Cleveland/Akron). Registration only \$35 for weekend! Vehicles leaving Buffalo/Niagara Falls area [for Saturday attendance only] will be happening! THIS WORKSHOP RARELY EVER GETS THIS CLOSE so please let everyone you know with a passion for this fellowship! You may never know who is listening so read this clearly to engage our newcomers in this incredible process that's changed millions of our lives.  
Flyer can be found at [www.aanationalarchivesworkshop.com/2015/pdf/flyer.pdf](http://www.aanationalarchivesworkshop.com/2015/pdf/flyer.pdf)
- ~ Oct 2, 3 & 4, 74th. BUFFALO FALL CONVENTION Adam's Mark Hotel. 120 Church St, Buffalo, 14202. Info & flyers coming soon on the website; [www.buffaloaany.org](http://www.buffaloaany.org) (under Events)
- ~ Nov 6, 7 & 8 - Women in AA Annual Fall Spiritual Weekend at St. Columban Center, Derby. Come for a weekend to share sobriety with fellow recovering AA women...through speakers, small groups, spiritual advisors and meditation. Registration will begin mid-September. For questions call Pat G. 716-998-2677

6th STEP: "Were entirely ready to have God remove all these defects of character."

6th TRADITION: "An A.A. group ought never endorse, finance or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose."

6<sup>th</sup> CONCEPT; The Conference recognizes that chief initiative and active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

## PLEASE SUPPORT THE ENVELOPE SYSTEM

*Yours in the Fellowship of the Spirit...Terry .... Executive Secretary*



### General Service Assembly

Our Delegate, Frank M., returned from the General Service Conference in New York, on April 25. Unfortunately probably before this report is published, the June 7 General Service Assembly will take place, and he will give his report. After that, our next Assembly is August 9. It will be a regular meeting in Hamburg, and as always anyone who is interested is more than welcome to attend. I hope you have a wonderful summer, sprinkled with lots of great meetings!

*Yours in service -Sally Ann C; Area 50 WNY GSA Chair/Panel 64 Alternate Delegate*

*New Frontiers ~ June 2015*

**Central Committee May3rd, 2015**  
**Prepared by: Sean Cahill, Step Action Group**

Diane (chair) opened the meeting at 7pm with the reading of the "responsibility statement" and a moment of silence followed the Serenity Prayer. Christian read the AA Preamble, Nadav (How it Works) read the "Purpose of Central Committee" Paul () read the Twelve Traditions. Motion to accepted last minutes was brought by Dennis (How it Works) 2<sup>nd</sup> by Tina (Step Action)

**Committee Reports:**

**Envelope System:** (Chip read Sue's, report)

We received \$432 in donations this month. There were no new donors. There were 17 donations this month, 12 are monthly and 7 of which are credit card donors. Just \$7 dollars a month, will keep the office running smoothly and helping provide needed services. I would like to see our monthly donors double by the end of the year. Please help me by spreading this message back to your home groups. You can reach me by calling me at 716 341-7020 after 5 PM.

Please keep in mind this is a tax-deductible donation and it helps support the Central Office which in turn supports you.

**Finance:** (Chip, Chair)

**Total Income:** \$9,417. Literature sales were \$4,863, the highest month of this year. Group contributions were below average at \$3,558. **Total Expenses:** \$9,982. Expenses for the most part were regular, the lowest monthly total this year. **Monthly Net:** Negative \$566 for April. The year to date is a negative \$5,989, more than the last two years. **Checking Account:** balance is \$23,979.96. **Petty Cash:** balance is \$3,000. **Prudent Reserve:** balance is up with interest at \$28,133.19. **Inventory:** balance of \$13,469.67. Product purchases for the month were \$2,962. **Corrections Committee:** Current Balance is \$1,986.10. Contributions were \$30 & expenses were the bank fee of \$3. **Group Accounts Receivable:** balance of \$502.16 is from eight groups. Five groups are current to 30 days with \$221 owed; three groups are over 30 days with \$282 owed. One group has been informed they're approaching the "proverbial line in the sand." **Other:** The first four months of this year are similar to most businesses in our area, reflecting the effects of living in an Igloo for 4 months straight. Chip R, Financial Chairman

**Steering Committee:** (Debi, Chair)

Steering Committee - Zones 1, 4 and 7 are still open. East Side, West Side & South East (OP & EA) – all open. Steering Committee recommends sending Terry to Central Office Seminar in September. Approximate cost \$1,000.

**Treatment:** (Nadav, Chair)- ECMC TFC report 5/3/15

The Treatment Facility Committee met April 20<sup>th</sup>, there were 12 people in attendance and 7 home groups were represented. The co-chair from the Niagara Falls Intergroup Treatment Facility was also in attendance. We meet the third Monday of every month right here at central office at 6PM. The next three meetings are 5/18, 6/15 and 7/20. If you would like to get involved or your group participates in treatment, please consider showing your support and attending the TFC meeting.

We recently were asked to chair the H.O.W. group AA meeting at Renaissance House, and added that responsibility. For now we are having a speaker meeting but would like groups to participate. The meeting is at 8pm on Wednesdays in West Seneca. If your group would like to participate, that would be greatly appreciated. Unfortunately we also recently disbanded the Spanish speaking AA meeting at Lakeshore Behavioral because of lack of participation both by AA's and clients from the facility.

**Corrections:** (Paul, Chair)-The corrections committee meets at central office at 6pm, the third Sunday of the month. Six people attended the last meeting, and we are in need of support. Any group wishing to learn more about corrections may contact central office and request that a committee member give a brief, informative lecture at their meeting.

Please leave a contact number so we can schedule a date and time to meet with your group.

**Central Office:** (Terry, Executive Secretary)

TOTAL CALLS INCLUDING AFTER HOURS;

AA Calls: 332, 12-STEP: 15, ALANON: 9, VISITORS: 111, VOLUNTEERS: 4

GROUPS WE ARE IN NEED OF CONTACTS FROM ARE; Cathedral Park-1, Giving-1

Yours in the fellowship of the Spirit... Terry B.

**New Frontiers:** No Report

**PIC:** (Ashley on behalf of chair)

No written report was provided.

**Night Watch:**

No member was present.

**Current Convention:** (Alan, Chair)-Convention is being held at the Adams Mark Hotel in Buffalo on Cot. 2-4<sup>th</sup> 2015. Flyers are now available. The latest convention meeting was at AA Central Office on Wednesday April 8<sup>th</sup> at 6pm (the second Wednesday) New people came to the meeting and now have service jobs. May 13<sup>th</sup> is the next convention at Central Office at 6pm (off street parking is available) All are welcome to attend. If your AA group wants to sit close to the speaker at our dinner, please get your table reservations in soon! Scholarship donations may be made to help people that might miss our sober event. Thank you for allowing me to serve in AA spirit.

**GSA Liaison:** (Not Present)

The Area 50 General Service Assembly met today, April 12th, to give our area's conscience about the items on the agenda for the 2015 General Service Conference in New York this month. The event was held at the Hope Center. Past delegates moderated tables set up to discuss different agenda items. GSR's and other AA members rotated around to several tables to help provide their group's conscience to our area's delegate so that he can effectively serve Area 50 at the conference. If your group was not able to attend and you would like to have a voice in Alcoholics Anonymous, then you can reach our delegate Frank M by email at [FrankArea50@gmail.com](mailto:FrankArea50@gmail.com). The pre-conference workshop seemed to be very productive and well received. Thank you to everyone who attended and helped set it up. The next assembly will be held on June 9th at the Hamburg Town Hall. We will receive a post conference report from our Delegate at the Assembly.

Zach F. (Three Legacies Group)

**Archives:** (Lila, Chair)

We have attended and/or reported to all four intergroups within Area 50. We participated in a NY-Penn Intergroup Day of Learning planning meeting in Olean on Easter Sunday and the planning meeting of the Buffalo Fall Convention. We had weekly work nights on Wednesdays. At our April meeting we went over details for the breakfast and tested the patience of our new archives secretary. Other than the breakfast, the only April display was at the 68th Anniversary display at the Lockport#1 Group on Friday April 10th. Then 4 committee members attended the Hamilton Breakfast on Sunday morning, then 3 committee members participated in the Workshop for General Services in the afternoon and then followed up with 4 of us at the Buffalo Central Office last month. Please note we show a power point presentation of area 50 home group pictures. If your group is not included,

## *New Frontiers ~ June 2015*

please drop off some pictures or send them digitally to archives@area50wny.org. Much thanks to Iron Horse group's picture contribution of some beautiful bright shots of their efforts to reach out to our primary purpose. The full display was put out for the 5th Annual Archive Breakfast, along with a few Pass-It-On plants, prizes, memorial mention, and a sobriety countdown after our wonderful speaker, Maire O. from the Toronto Archives Committee combining her personal story with AA history. With some 200 guests in attendance, a good time was had by all. We'll be displaying at the Main and High Day of Sharing on July 11, 2015 & Oct 2-4 Buffalo Fall Convention. We had donations in April from an anonymous person, Iron Horse, Caz Manor & Thur Night Men's Discussion. We are a financially autonomous committee. Our resources come from group contributions and special events. We receive NO funding from ANY unorganized part of AA for ANYTHING. We rely upon your group and/or individual support to fund our archival work, pay rent for the repository, and participate in archival activities. Note that no funds are used to get members to events and each member pays their own way into events except out of area issues – donations are used ONLY for rent and archival efforts as approved by the entire committee and are protected by the standard AA method of a multi-signature checking account. Please send any contributions to: Area 50 Archives Committee, c/o Buffalo Central Office, 681 Seneca Street, Buffalo, NY 14210. We thank you for your continuing support. We welcome your invitation for an archives display for your group anniversary or special event with a suggested 30 day minimum advanced notification. Sharing the historical items donated regarding the area AA activities is crucial and may tag the interest of our primary purpose at YOUR MEETING. And reminder to all 8 counties of Western New York – throw NOTHING group-related away without considering your archives committee and the unborn alcoholics to come.

**Special Needs:** (Not Present)

**Ad Hoc:** (Derek, Chair) No report is available and is still being worked on (by the extremely overworked Sean C who is doing the best he can and wishes everyone would get off his back!) Derek would like to explore the possibility of distributing pdf copies of the report to Committee members via email.

### **RECAP:**

**Finance-** Pat (Thruway Group) questioned why the oral report gave an amount as \$0.19 while it showed \$0.39 on the hard copy. Chip apologized profusely for his error and begged forgiveness which was eventually granted.

**Steering-** Asked what Zones are open they are 1, 4, and 7—No one present from those zones sought to stand for Steering Committee.

**Treatment-** Joan () asked what is being sought of groups to help with the HOW meeting.

Nadav (Chair) said that the HOW is disbanded and they are seeking groups to take a week per month to bring in the speaker. Terri (Executive Secretary) stated that previously AA would bring meetings into hospitals but not treatment facilities because if you bring a meeting into one facility it has to be brought into them all. Nadav pointed out that there can be confusion about what constitutes a treatment facility, there is one Detox in WNY and that is ECMC. The restraining variable which determines what Treatment can do is group participation. He also pointed out that while there is a great meeting at the Salvation Army, that is not a treatment facility nor is it a detox. He stated that guidance should and must come from Central Committee as to what their charter should be moving forward into the future.

Teri (Executive Secretary) asked if the Spanish speaking meeting which was just dissolved was on the meeting schedule or not. Nadav stated it was strictly a treatment facility meeting and not in the schedule.

(Derek, Step Action) asked what meetings are in need of home group support, and that is too broad a conversation to discuss now, but there are several.

(Joe, Lake shore) asked if a list of open commitments can be listed on the website, Nadav thought that would be a great idea.

(Tina, Step Action) commented that Stepping Stones is the women's meeting at Renaissance house and she wanted to clarify that they are seeking men to attend the meeting. Nadav stated that it would be up to the home group to decide.

### **PIC**

(Chip) asked how many people show up; Ashley said the answer is 6

### **Convention**

(Teri, Exec Sec) stated that Larkinville will be holding their concert series on Wednesdays and there will be a \$5 charge for parking with no exceptions, so any committees holding their meetings then will have to adjust.

### **Ad Hoc**

(Debi, Iron Horse) asked about putting a pdf on the website, in the past they would physically mail to each group. Then asked about whom Derek wants to email them to, Derek stated would be just emailed to any group reps of Central Committee. It was generally agreed upon to put a pdf on the website.

(Holly, OP Step) brought up the idea of circulating a spreadsheet to hold all the email addresses for the group reps to Central Committee

### **Old Business**

Dave (Tuesday Men's Discussion) Stood for Co-Chair of 2016 Buffalo Fall Convention. There was no vote and the chair determined unilaterally to appoint him as Co-Chair as requested.

### **Announcements**

Chair announced that this would be a time available for editorial commenting, though what this means remains vague.

Debi (Iron Horse) repeated last week's announcement that Iron Horse would be having their picnic and no basket money will be used.

GSA Post conference event will be in June.

Nadav (How It Works) stated that the Inventory should be followed up by another committee to take action based on the findings of the initial inventory.

Chip provided the opinion that there are some groups in WNY and some meetings and there are definite differences between the two. He suggested we begin planting the seeds at other meetings to raise the consciousness of WNY as to intergroup level service and participation. He feels that 10-15 more groups would make a serious difference around here.

Diane (Chair) spoke about her experience working with PIC to take a library commitment in bringing literature to a specific library.

John (Twin Cities) continued the conversation of participation in CC, and stated that he is working to bring in new groups.

Hollie (OP Step) asked what Steering committee requirements are; no one had a concise answer other than 3 years of sobriety.

Joan brought motion to close, Christian 2<sup>nd</sup>

Cash Flow Statement	Jan-15	Feb-15	Mar-15	
<b>Beg Bal Cash on hand</b>	<b>29,968.90</b>	<b>28,377.63</b>	<b>24,727.59</b>	
<b>Contributions</b>				
Groups	5,078.47	3,263.35	4,250.09	12,591.91
Joint Meeting	53.00	25.95	43.00	121.95
Envelope System	1,304.00	547.00	720.00	2,571.00
New Frontiers Subs	67.00	10.00	78.00	155.00
Literature/Medallions/Pins	3,155.96	3,130.33	4,347.57	10,633.86
Literature Sales Tax	151.56	194.87	207.38	553.81
Literature Postage	7.90	6.79	22.81	37.50
Sales+/-	(31.36)	4.18	5.51	(21.67)
Archives Room Rent:				
Com. Meetings at CO	15.00	16.50	18.25	49.75
Mail/Misc.		25.00	35.00	60.00
Tax Returns				
Transfer from PR				
Income Transfer to Corrections/Treatment				
"Gratitude Month" (NOV)				
Conventions/Day of Sharing				
<b>Monthly Income</b>	<b>9,801.53</b>	<b>7,223.97</b>	<b>9,727.61</b>	<b>26,753.11</b>
<b>Expenses</b>				
Building Rent/Utilities	1,209.41	1,209.41	1,209.41	3,628.23
Payroll Gross	3,953.52	2,635.68	2,635.68	9,224.88
Employment Taxes	385.50	257.00	257.00	899.50
Unemployment Surcharge				
NYS Sales Tax (ANNUAL)			2,713.45	2,713.45
Insurance				
State Ins Fund (Travelers)	(3.60)	(2.40)	306.60	300.60
Health	824.42	590.42	590.42	2,005.26
D&O Insurance		1,045.00		
Liability	1,111.96			1,111.96
Postage	369.95	521.47	286.64	1,178.06
Phone/Internet	141.68	123.80	123.51	388.99
Accounting				
Paychex	188.70	67.00	67.00	322.70
Advt				
Talking Phone Book				
Dex Media	172.00		346.00	518.00
website				
Local Edge		291.60		291.60
Yellow Pages				
Literature Expenses				
Grapevine			358.44	358.44
World Services Inc	1,617.80	1,127.60		2,745.40
Hazeldon	615.30			615.30
Printers		2,104.50		2,104.50
Medallions	220.65		589.23	809.88
Petty Cash				
Office Supplies	18.37	272.73	130.45	421.55
Copier leasing	209.00	209.00	209.00	627.00
Copies/ service contract	161.00	161.00	161.00	483.00
Bank Fee's including credit cards fee's	197.14	60.20	55.53	312.87
literature returns reimbursement				
Seed \$\$\$		200.00		200.00
CO Seminar				
Transfer to Prudent Reserve				
Transfer to Corrections/Treatment				
<b>Monthly Expenses</b>	<b>11,392.80</b>	<b>10,874.01</b>	<b>10,039.36</b>	<b>32,306.17</b>
<b>Monthly Income (Loss)</b>	<b>(1,591.27)</b>	<b>(3,650.04)</b>	<b>(311.75)</b>	<b>(5,553.06)</b>
<b>End Balance</b>	<b>28,377.63</b>	<b>24,727.59</b>	<b>24,415.84</b>	
<b>Petty Cash</b>	<b>3,000.00</b>	<b>3,000.00</b>	<b>3,000.00</b>	
<b>Total Balance</b>	<b>31,377.63</b>	<b>27,727.59</b>	<b>27,415.84</b>	
<b>PRUDENT RESERVE</b>	<b>28,131.33</b>	<b>28,131.98</b>	<b>28,132.70</b>	
Assets: Literature& Medallions	14,007.53	15,624.88	13,660.87	
Literature Receivable (outstanding)	980.95	522.12	606.53	
PIC - Removed from Stock				
<b>Corrections Facilities</b>	<b>2,830.45</b>	<b>2,938.25</b>	<b>2,320.75</b>	
Contributions	390.80	40.00	126.80	
Bank Fee's	3.00	3.00	3.00	
Expenses	280.00	654.50	10.00	
<b>Balance</b>	<b>2,938.25</b>	<b>2,320.75</b>	<b>2,434.55</b>	
<b>Treatment Facilities</b>	<b>2,685.30</b>	<b>2,675.30</b>	<b>2,712.30</b>	
Contributions	273.00	40.00	95.00	
Expenses	280.00		845.20	
Bank Fee's	3.00	3.00	3.00	
<b>Balance</b>	<b>2,675.30</b>	<b>2,712.30</b>	<b>1,959.10</b>	

YTD: 2015

**Intergroup wants to express our appreciation** for those groups and individuals who have made generous financial contributions, and give a **special thank you** to all the members who have volunteered their time this year to help the

**CPI Inflation Calculator**

**CPI Inflation Calculator**

\$ 1.00

\$ 1.00

in 1942

in 1972

Has the same buying power as:

Has the same buying power as:

\$14.40

\$5.62

in 2015

in 2015

Calculate

**Servicing 140 Meetings**



**Now Servicing 350+ groups**

**Service**

The Higher Power needed workers on earth to help alcoholics.

We do not see the same problems that God sees. My sponsor was sent to me so I can get ready to serve others. I was so sick and would be a poor servant. The Higher Power used my sponsor to help me venture through the 12 Steps. God and the sponsor knew where I was going. I did not. Reaching the 12 Step introduced me to my new work. My job was to remain ready to serve when the Higher Power needed me. Like a good soldier I needed to be physically, mentally and spiritually ready to serve others. 12 Step work can be draining at times. I needed rest time. During this time I would build my strength so I'm ready for the next job.

My Higher Power was smart enough to know a good worker needs rest and service time. Higher Power looks for those who will take care of themselves and be willing to serve others when we are asked too.

Donald H.: Williamsville Group



New Frontiers ~ June 2015

GROUP CONTRIBUTIONS 2015

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		APRIL	YEAR	APRIL	YEAR	APRIL	YEAR
5	7 Clans	10.00	20.00		0.00		0.00
5	12 Steps/12 Traditions		0.00		0.00		0.00
1	4th Step Stumblers/F.U.N.		0.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
5	5th Tradition (Youngstown)		0.00		0.00		0.00
2	AA BREAKFAST		0.00		0.00		0.00
6	A ANONYMOUS		50.00		0.00		0.00
4	A Day At A Time		0.00		0.00		0.00
6	A VISION FOR YOU		0.00		0.00		0.00
3	Abbott Corners		100.00		0.00		0.00
3	Abbott Men's		90.00		0.00		0.00
2	Acceptance/Welcoming		0.00		0.00		0.00
8	Achievement		0.00		0.00		0.00
4	Action		0.00		0.00		0.00
2	Age Doesn't Matter		0.00		0.00		0.00
8	Akron Awareness		0.00		0.00		0.00
5	Albion Grapevine		15.00		0.00		0.00
5	Albion New Beginnings		15.00		0.00		0.00
3	Alexander		0.00		0.00		0.00
8	Amherst/ Snyder		43.50		0.00		0.00
6	Armsdell Lakeshore		0.00		0.00		0.00
6	Angola Early Bird		25.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	30.00	120.00		0.00		0.00
4	Arcade		0.00		0.00		0.00
6	As Bill Sees It		0.00		0.00		0.00
8	Attitude Adjustment(Williamsville)		50.00		25.00		25.00
5	Attitude Adjustment(NF)		0.00		0.00		0.00
6	Attraction	34.00	118.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
7	Beginning In Sobriety II		0.00		0.00		0.00
8	Beginning's Women		0.00		0.00		0.00
5	Big Book Lockport		0.00		0.00		0.00
6	Big Book Study		45.00		0.00		0.00
3	Blasdel		0.00		0.00		0.00
3	Blasdel Monday Night		0.00		0.00		0.00
3	Blasdel Saturday	25.00	45.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
6	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women		0.00		0.00		0.00
2	Brass		20.00		0.00		0.00
1	Building Hope		0.00		0.00		0.00
7	Buffalo Group		0.00		0.00		0.00
3	Buffalo Creek		120.00		0.00		0.00
3	By the Wayside		100.00		0.00		0.00
6	Carry the Message		0.00		0.00		0.00
7	Casting		0.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake- Up Call		0.00		0.00		0.00
3	Caz Manor		200.00		200.00		200.00
7	Central City Cafe'		50.00		0.00		0.00
2	Chapter IX	50.00	50.00		0.00		0.00
3	Cheektowaga		125.00		0.00		0.00
6	Changing Our Way's		50.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		0.00		0.00		0.00
2	Common Bond		0.00		0.00		0.00
1	Common Solution		0.00		0.00		0.00
1	Commitment	200.00	200.00		0.00		0.00
1	Complanters		0.00		0.00		0.00
3	Courage		0.00		0.00		0.00
2	Daily Reflections		190.00		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
2	Dawn of Hope		25.00		0.00		0.00
6	Derby		120.00		0.00		0.00
6	Desire		0.00		0.00		0.00
2	Desperate		0.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
6	Early Bird Step		0.00		0.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst		0.00		0.00		0.00
8	East Amherst Traditions		120.00		0.00		0.00
4	East Aurora		0.00		0.00		0.00
2	Easy Does It	30.00	120.00	30.00	120.00	30.00	120.00
4	Ellicottville		25.00		0.00		0.00
2	Elmwood		0.00		0.00		0.00
6	Everybody's		50.00		0.00		0.00
1	Express		0.00		0.00		0.00
8	Eyeopener	228.02	800.41		0.00		0.00
4	Eyeopener South		249.00		99.60		0.00
2	Feelings		0.00		0.00		0.00
8	Fireside PM		300.00		0.00		0.00
8	Fireside		0.00		0.00		0.00
5	First Step (NF)		0.00		0.00		0.00
6	Forestville Sunday Serenity		0.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom		0.00		0.00		0.00
7	Fresh Start		90.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS 2015

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		APRIL	YEAR	APRIL	YEAR	APRIL	YEAR
2	Friends of Bill W.	30	30.00		0.00		0.00
3	Gardenville		412.50		0.00		0.00
8	Georgetown		0.00		0.00		0.00
2	Getting Better		0.00		0.00		0.00
6	Gettin With It		20.00		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		1100.00		0.00		0.00
5	Golden Slipper		0.00		0.00		0.00
2	Grace Point		0.00		0.00		0.00
2	Grand		0.00		0.00		0.00
2	Grand II Joy of Living		50.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
3	H.O.W.		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
8	H.A.N.D.		0.00		0.00		0.00
7	Harmony		16.50		0.00		0.00
4	Helping Hand	25.00	75.00		0.00		0.00
8	High Noon		0.00		0.00		0.00
8	High View		150.00		0.00		0.00
4	Hillbilly		40.00		0.00		0.00
1	H.I.P.		0.00		0.00		0.00
6	Holiday Village		283.00		23.00		23.00
4	Holland		0.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty		0.00		0.00		0.00
1	Hope's Horizon		100.00		0.00		0.00
2	How It Works/Men's	40.00	280.00		0.00		0.00
1	HUDSON & WADSWORTH		0.00		0.00		0.00
3	IF HE WERE SOUGHT		0.00		0.00		0.00
1	Independence (NF)		55.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		40.00		40.00		40.00
3	Ironhorse	178.00	422.00		0.00		0.00
8	IT		0.00		0.00		0.00
2	Just Do It		0.00		0.00		0.00
3	Just For Today/ Cheektowaga	50.00	50.00		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
4	Keep It Simple Sister		0.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington	50.00	50.00		0.00		0.00
6	Lake Shore		300.00		0.00		0.00
6	Lakeview		75.00		0.00		0.00
3	Lancaster Dailey Reprieve		0.00		0.00		0.00
1	Lawyer's		0.00		0.00		0.00
5	LewPort		0.00		0.00		0.00
2	Liberty Women		75.00		0.00		0.00
4	Life Today		15.00		0.00		0.00
8	Lighten UP		0.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
5	Lock City		0.00		0.00		0.00
5	Lockport #1		300.00		0.00		0.00
5	Lockport Discussion		0.00		0.00		0.00
5	Lockport Ladies		100.00		0.00		0.00
5	Lockport Tuesday		0.00		0.00		0.00
5	Lockview	200.00	200.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy		0.00		0.00		0.00
5	Lower River		0.00		0.00		0.00
1	Main and High		20.00		0.00		0.00
4	Main Street		0.00		0.00		0.00
8	Maple		0.00		0.00		0.00
4	Manilla	30.00	150.00		0.00		0.00
3	Matt Talbot		326.25		0.00		0.00
6	McKinley Winners		25.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		0.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day	50.00	50.00		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
2	Morning After	250.00	250.00		0.00		0.00
3	New Beginnings/St. Vincent		0.00		0.00		0.00
5	Newfane Living Sober		25.00		0.00		0.00
5	New International		0.00		0.00		0.00
3	New Life		25.00		25.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		42.00		0.00		0.00
2	North Buffalo	100.00	400.00		0.00		0.00



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