

NEW FRONTIERS

March 2000

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF
WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

We Are Miracles

Through a day at a time, 12 steps, 12 traditions and the fellowship of AA, I have a daily reprieve from my disease of alcoholism for one more day. Hi, my name is Linda, and I am an alcoholic. Learning to apply the steps in my life a day at a time, I have recovered from a helpless, hopeless state of mind.

Living life on life's terms is not an easy job, but getting involved in service has brought many solutions and opened many doors. I have learned how to love others and myself unconditionally. To sincerely care, understand and be responsible. Before being delivered into the fellowship of AA I had no real concept of these attributes, nor was I concerned about having them.

Today after 7 years of continuous sobriety many ups and downs, through deaths and graduations, I am still convinced that being of service to others has given me the ability through the Grace of a Loving God and some wonderful people to take the mess I once was and share a message of hope.

So, if you are new, you are a miracle, grab the tool bag for it is light and may you go from a mess to a message of HOPE.

In the Spirit of Recovery, Service and Unity
Linda S., Harmony Group

The Miracle of Alcoholics Anonymous

Today I write this article as a testimony to the grace of God and the power of AA in my life. Just a little over six months ago I was in a seemingly hopeless state of mind and body, drinking more each day without relief in sight. Before I came to AA, I thought I was just a heavy drinker in need of some control over my binge drinking, not realizing I was suffering from the alcoholic delusion I could control and enjoy my drinking like other people.

Back in July of 1998 I attended two AA meetings just to maintain my job at the time and keep the peace at home; however since I did not listen or relate and identify with the stories I quickly convinced myself I was not an alcoholic and shortly thereafter began my journey back to hell in full throttle, thanks to my higher power whom I choose to call a God who allowed me a second chance at recovery where I started to listen to the stories and see myself. Next, I got a sponsor and joined a home group where I got active making coffee; assisting in the setup and disassemble of a meeting; talking with other members in and out of my home group and driving members to and from meetings and even speaking at meetings when asked. These services helped me maintain my sobriety for a period of two months; but the miracle happened for me when I applied the twelve steps and twelve traditions into my life on a daily basis, before I knew it I was practicing these principles in all my affairs.

Living life one day at a time without a drink, suddenly I intuitively knew how to handle situations, which used to baffle me and the promises started being fulfilled in my life one after the other. I began to see how God was doing for me what I could not do for myself, by giving me the gifts of peace in my heart, mind and my home, acceptance about the things I could not change and a newfound courage to face life without self pity and self seeking. The wisdom of AA not only taught me how not to drink but how to be a benefit to another human being whether alcoholic or not and how to strive spiritually as a human being to reach my full potential. In closing, I never knew what it meant to be happy joyous and free thanks to God and AA's 12 and 12 and the fellowship today

o! If this is a sample of what to expect when I tap into the resources available in the fellowship, I know I have to keep on coming back. AA works! God bless and thanks for letting me share.

Norman C., Text Book Alcoholic

TREATMENT FACILITY COMMITTEE

Here it is the second month of the new millennium and a lot of good and wonderful things have been taking place in the Treatment Facilities Committee.

We now have a new T.F.C. chairman, Pete F. of the Courage group, as Richard F. rotated out after fulfilling his two-year commitment. Pete F. has been the T.F.C. Co-chair for the two years and has been actively involved with the T.F.C. for quite some time. John G. of the South Buffalo group will serve as his co-chair.

Richard F. of the Iron Horse group is now the General Service Assembly Treatment Facilities Coordinator. Richard replaced Bob K. of the South Gate group after Bob rotated out after serving his two-year commitment. Bob K. will be missed in T.F.C. he is now the G.S.A. chairman for our area (area 50).

Our temporary contract program, Bridging the Gap, is now in place. We have a list of about 40 people who have volunteered to be temporary contacts in the Buffalo area. We have sent out letters to the staff of all the facilities where we have meetings and have received positive feedback from those facilities. Also we now have an 800-phone number along with a local phone number with an answering service to take care of all inquiries for B.T.G. Don B. of the Courage group is our B.T.G. coordinator.

We are always looking for people that would to get involved as temporary contacts, and/or chair a T.F.C. meeting. Groups are encouraged to send group representatives to our T.F.C. meeting, which, is on the 3rd Tuesday of every month at St. Paul's United Church, 49 Indian Church Rd. (Iron Horse group) at 6:30 p.m. A well-informed group conscience helps us better serve the still sick and suffering alcoholic.

Treatment Facility Committee (TFC)

Just Tell The Truth

Working with the Treatment Facilities Committee has been the way my sponsor got me involved in service work from the very beginning of my sobriety, which began a little over a year ago. He came to me when I was four months sober and told me I was giving a lead at ECMC. At first I thought it was great! I'd tell all those rehabs what it's like getting sober, and I'd tell them how it works! Then I came to, and told him he was crazy. that I didn't have anything to tell anyone.

At first I went through false pride, then I went through false humility. Well, it forced me to take a good look at my past (my 'story') for the first time, and try to make some sense out of it all. I couldn't do it. I'd heard leads before. Mine wasn't going to be as interesting, my bottom wasn't so low, I didn't see anything funny about any of it, and I certainly couldn't stand in front of those people and recommend that they get sober because the first four months of sobriety were so much fun, life is great, and just 'don't drink, go to meetings and say a prayer.' (Say a prayer to Whom, about what?)

What that first time giving a lead at a Treatment Facility did was exactly what my sponsor wanted it to do: it put me at four months sobriety, exactly where I was; not at four days, four years, but four months. After all, if you're going to live one day at a time, you'd better pick the right day, today,

While I was getting myself together a week before the day of my lead I mentioned to an old-timer that I was giving a talk at a conference in about 5 months, one that happened to be a non-A.A. event. He misunderstood what I meant and thought I was going to speak to A.A.s and said simply. 'What's the problem, just tell the truth.' A year later I still have to hear that; but at least it's easier to know when I'm not telling the truth. So, was it a coincidence that I was told exactly what I needed to hear in order to prepare for the lead? 'We think not!'

I started writing down my past, the parts I could remember, because I thought it would help me prepare to tell the truth. I got to the part about my ex-wife and threw it all away because I couldn't tell the truth about that yet. I made a short outline of things I wanted to remember to say. my first sip of beer as a child, my first drunk, a few pukes here and there, how I got to A.A., and then...what? What it's like now? I didn't have a clue at four months. Just tell the truth. I'll never know who's listening or who will hear exactly what they need to hear. It's not up to me to plan that. I can't anyway. Just tell the truth.

The lead lasted about 25 minutes because I talked slowly and then it was over. I don't know if I helped anybody that day. I know I helped me, and so did my sponsor, and so did that old-timer; and I'll be forever grateful to the both of them. I learned I was only four months sober when I was four months sober! I learned I had to tell the truth, and that's not the nature of my thinking. I learned I am not responsible in any way for anyone

else's sobriety, because I don't know what I said, I certainly don't know what they heard, and I don't know why some people get sober and others don't. That's not my job. My job is to stay sober myself, and trying to help others by sharing my experience, strength and hope at a Treatment Facility (as little as there was at the time, and still is) is part of the way I've learned to do just that.

Don B., TFC/BTG Coordinator

F.Y.I. From Your Delegate

Trusting Our Future To AA Principles is the theme of the 50th General Service Conference in New York City, April 30 – May 6, 2000. The conference agenda is now finalized and I will present it at the Pre-Conference Assembly on April 8th, in Jamestown's Holiday Inn, at Western New York General Service Spring Convention at 10:30 am. I've already passed on to the area service committees C.P.C., T.F.C., P.I.C., C.F.C., & Grapevine all agenda items that pertain to their respective service responsibilities for their reflection, group conscience and committee comments. I hope they will attend and participate at the questions/answers section of the presentation. This invitation is extended to all AA members and groups in Area 50 (Western New York). Due to the time constraints this year, this will probably be the lone presentation of the 50th General Service conference Agenda Items. I hope you plan to be there to share your experience, strength and hope with me. This kind of assembly can insure AA always will be alive and strong the still suffering alcoholic. Send your GSRs, group contacts, and if your home group is without one find out why, or seek to be elected to the position. The group without a GSR is a group with out a tie to AA. as a whole. The missing link so to say. Lets give back to AA what was so freely given to us!!

I have been informed that the new literature Book Jackets/Covers Designs are on schedule. You will be seeing a lot of AA literature with a new face this next year. Also new/revised Literature now available to the fellowship are: AA "Service Manual/12 Concepts for World Service" (BM-31) at \$1.55 Spanish – French Translation also will be available after: February 2000; Large Print "AA Service Manuals 12 Concepts for World Service-Limited numbers printed for visually impaired at no charge (#F-99); and Treatment Facilities Kits (M-40) including the soft-covered workbook. All Workbooks in binder form are being replaced. The Workbooks will be called KITS for all service committees. All of these will be available between now and the end of April 2000.

Other language literature available now are: Croatia Big Book (SER-2) \$5.60. - Greek Big Book (SGR-1) \$5.60 - Greek 12 &: 12 (SGR-2) \$5.00, Romanian Living Sober (SM-39) \$2.50. Slovenian. "Questions & Answers on Sponsorship" (SLV-15) \$0.15, Ukrainian "This is AA" (SUK-8) \$0.15, Also the Romanian Big Book & Czech 12 &: 12 will be ready by April 2000.

All literature distribution is being moved from Kansas City to a facility in Tennessee at the present time. If you have any difficulty with delivery while this move is ongoing call Alta at 1-212-870-3312, option #3 or GSO switchboard 212-870-3400 (ext. 4714) 9:00 am - 4:45pm.

As you: can see World Service's is still using the 7th Tradition Funds wisely and diligently. There is still much to be done! Please make sure your group contributions being sent to Central Office. local intergroups, WNYGSA Area 50 and GSO New York on a monthly basis if only a limited amount, its OK. We must try to make sure the still suffering alcoholic is able to get out message of recovery. Remember we have the solution to this seemingly helpless state of mind and body.

Hope to see you at the next General Service Area Assembly on March 12, 2000 at The Town of Hamburg Town Hall at 1:00 PM.

Mike Barnes, Lodge Group
Delegate

Step Three
Made a Decision To Turn Our Will and Our Lives
Over to Care of God as We Understood Him.

I walked through the doors of Alcoholics Anonymous and said, "Here I am, everyone can go home now, I am here. I found God and I am going to be alright." I have no money, no car, or family, how is God going to do for me that I could not do for myself. Having no belief in God, how could I say there was none? Having said I only came here to stop drinking. I heard that all I had to do was be willing, at that time it wasn't sinking in yet. They told me to keep coming back and to wait for the miracle to happen, it didn't sink in yet. Kneel down in the morning and at night and pray for someone else, it hadn't sunk in yet. Don't drink. Night after night, I did that for nine months, I didn't take a drink, I helped other alcoholics, told you at meetings that I did what you what you told me to do and it worked, I didn't drink; but it didn't sink in yet. When my father passed on, he still put me first. Then he had a peace I never knew. Then when I made that decision to turn my will over to the care of God as I understood him for me as long as I put God and other people before me, help another person, go to meetings, talk to a sponsor, do these things daily, I didn't have to live as I had anymore. I have no desire to take a drink on a daily basis. I am not God. I do know it works and He has done for me what I could not do for myself. For anyone new, my life is better today, nearly losing it to alcohol, I now understand what you people have been trying to tell me, it sank in!

Carl K., Downtown Men's

Faith: The spiritual concept of the 3rd Step

Step 3: Made a decision to turn our will and our lives over to the care of God as we understood Him.

Being guided along the path of recovery with hope of a new life of freedom and happiness. The next principle in my progression forward is the learning of faith. Faith in a power greater than myself, which I call God, and in the program of Alcoholics Anonymous. I had to accept that I'm not in charge and that I shall let God take care of life, not me. To believe in that great unseen force that the world follows tells that I have no power over life itself. Letting go of that strange illusion that once possessed me to think I had had to be smashed. This didn't mean that I did nothing. I still had to try and find out what God's will was for me. I do this with prayer and taking instructions. People in A.A. were not going to lie to me about how to stay sober. Faith in them and others started to come back to me slowly over a period of time, as long as I surrender to stop fighting a day at a time. Things will turn out for the better if I let go and let God. Eventually this guidance will become a conscience way of looking at life one day at a time. As long as I work the steps, go to a meeting, say a prayer and most importantly don't drink'. Things will be Okay. Just for today.

Essays on the Third Tradition

The only requirement for membership is a desire to stop drinking

Why is having a desire to stop drinking the only requirement for AA? Surely, there are other things that are helpful: like a desire to help others stay sober, a desire to change old habits, and a desire to learn new ways of dealing with old problems. yet the founders of this organization decided that the only requirement was a "desire to stop drinking." Even those of us who are constitutionally incapable of being honest with ourselves, can still have a basic desire to stop drinking and therefore meet the requirements of AA.

In addition, this membership requirement is unique. No one can be on the merit roll in school just because they have a desire to get good grades! They must surely prove it. And yet no one is asked to prove anything here, just admit that they have a desire to stop drinking.

It is amazing to think that the only requirement for membership is based on a desire. Webster's dictionary defines desire as a "conscious impulse toward something that promises enjoyment or satisfaction in its attainment." It can surely be said that the attainment of stopping drinking brings much satisfaction.

Drinking seemed to increase our pain, unmanageability, and fears. So to stop drinking, means a chance at

decreasing those things. There are many suggestions made in this program...get a sponsor, join a home group, get involved, go to meetings. But simply stated, the only requirement is a desire to stop drinking..

Marie S., Powerless

The Twelve Concepts for World Service

Concept III: "To ensure effective leadership, we should endow each element of A.A.- the Conference, the General Service Board and its service corporations, staffs, committees and executives- with a traditional *Right of Decision* .

(Short Form adopted by General Service in 1974.)

In this description of "Right of Decision", Bill W. explains that within the realm of the 2nd Tradition as "trusted servants" IS the prevailing attitude of how the service structure of A.A. works at all levels of the structure. This attitude must prevail in order for World Service to function properly and efficiently. The basic principle of the concept is stating that Delegates to the Conference may have a prior instruction from their area members, but any decision that is made is their call based upon their judgment. The right to have the position involves a capacity to use their best judgment based upon advisement and information offered. As long as there is no abuse or misconception of his or her duties. The Chartered model offers a "checks and balances" system to ensure that the proper decisions are being made and implemented.

Arnie J. Sunrise Court

SOUND MINDS AND BODIES

When I first came into recovery, my health wasn't in the best condition. I needed physical and psychological help. I've heard in many A.A. groups that A.A. can "cure" all; that we don't need to rely medication or therapy. It has been my experience that there are times some of us must seek professional help. Our physical health, our mental and emotional health, is important to take care of, especially in early recovery. Maintaining it is a must.

"God has abundantly supplied this world with fine doctors, psychologists, and practitioners of various inds." Big book, pg. 133. In my experience, I sought help time and time again. It wasn't until I was in an outpatient alcoholism clinic that I met my doctor. He was familiar with the disease of alcoholism and other addictions I became his patient because I was comfortable with him. That's important. It's also a good idea to establish a health history and to monitor health regularly. Your doctor should be careful with prescribing medication when needed, although it is our responsibility to tell our doctors that we are alcoholic.

Referrals may be necessary to other providers, such as psychiatrists or therapists. I encourage people to "...not hesitate to take your health problems to such persons. Most of them give freely of themselves, that their fellows may enjoy sound minds and bodies." Big book, pg. 133. We ought to take our health as seriously as we take our recovery in A.A. We are not doctors. We are a fellowship of men and women who help each other recover from the disease of alcoholism."

"...we should never belittle a good doctor or psychiatrist; their services are often indispensable in treating a newcomer, and in following his case afterward." Big book, pg. 133.

Maggie T., Caz Group

FAITH WITHOUT WORKS IS DEAD

Our journey in A.A. involves simple actions that demonstrate our ability to grow as individuals. One way to see the growth and belief in a "plan of action" that works is to humbly give of ourselves to others. Helping our fellow men and women feel meshed in the "Plan" can be richly rewarding. Preparing coffee, setting up tables, giving leads, comforting a newcomer gives us a sense of community. It lets us bond with each other. To believe in how the principles of A.A. work, is to reinforce our belief with action. Don't just stand there!! Do Something!!

Bob D., Ironhorse Group

The Center Cannot Hold

"The center cannot hold...." That was a line I remember from school that described my life when I was drinking ... the blackouts, the dented fenders, the strangers I woke with after another night out; the u-turn at three in the morning in front of a parked police car on Elmwood Avenue, the night in jail as I looked up and saw my neck tie and belt - setting on a table outside my cell, and the phone call to a lawyer asking him to defend my "constitutional right" not to be tested for the alcohol level in my blood; the constant lies to my wife, the inevitable pleas for forgiveness, or the phone calls to my kids telling them I wasn't able to make one their birthdays; and the inevitable excuses of the flu when I called into work "sick" on Monday and Friday. It was almost fourteen years before I began to really realize that my "center" couldn't "hold," that my life, as the Twelve and Twelve puts it, was "a self-enclosed prison." It took an even longer time before my "center" began to come back again during the number of twenty-four hours that I have been in the program. It wasn't an easy center to reconstruct; I was the "rugged individualist" who didn't need any authority figure, institution, or group telling me how I should live my life. I was soon to find out that in AA, there were no shamans speaking from a pulpit; that addiction and "alcoholic thinking" were constants in the lives of those in recovery; that I was not "unique." I was, as the saying goes, "one among equals." I have never experienced the kind of serenity, or that feeling that I am connected to humanity in any other group or institution as I have in AA. It has not been an easy "surrender," but it has given me the peace that only an unbroken "center" could give to someone who finally accepted his alcoholism and has learned to live a serene, responsible, and contented life without alcohol in a program that "works."

John M. Harmony

WHAT A.A. MEANS TO ME

A smile and friendly hand-clasp
instead of frowns and stares;
a feeling of belonging,
an answer to our prayers.
Days of joy and sweetness
instead of misery.

Communion with my Higher Power,
that's what A.A. means to me.
Love and true devotion
in my wife and children's eyes;

a home that rings with laughter
instead of groans and sighs.
To see The Promises come true,
to stand up straight and free;
to have the benefits and grace
of sweet sobriety.
Believing that a life well-lived
will shine eternally.
A life lived fully, day by day,
that's what A.A. means to me.

By Gene O.
Niagara Falls, N.Y.

From Behind the Walls

Dear Friends of Bill,

As the Chairman of a prison group, one of the greatest experiences I have is to see the face of a new member as he gradually learns the all-important difference between "shaky abstinence" and true sobriety. Many of our members are living proof that real sobriety is obtainable "behind the fence". It's no easier here than it is on the "outside" but even in here, we see that "God is doing for us what we could not do for ourselves.

Thank you once again for an outstanding publication.

The Reformers Group

Fellowship Announcements

IN MEMORIAM

Mabel H. of the Westminster Group
John Y. of the Inner City Group
Ernie S. of Everybody's Group
Bob J. of the Remember When Group

The Serenity Group is celebrating their 37th Anniversary on April 18th at the Holiday Inn, 1881 Niagara Falls Boulevard in Amherst. Breakfast and a speaker. Tickets are \$8.00. No tickets will be sold at the door.

The Thruway Group will be celebrating their 21th Anniversary at the Infant of Prague Church on Monday, March 21st, 2000. Speaker and food.

The Ellicott Group will be celebrating their 20th group anniversary on Wednesday, March 29th at 608 Williams Street at 8 pm, speaker and coffee. All are welcome.

To those who are presently on the Screener or 12- Step list or to those who would like to become involved with helping someone in need of help with an alcohol problem contact John B. (Screeners Chairman) at 549- 7068. Or Central Office at 853-0388.

Congratulations to our newly elected district representatives on the Central Committee as of January 2nd, 2000. District #2, Jay H. (North Buffalo), District #3, Mike D. (Blasdell), District #5, Jerry J. (Golden Slipper), District #9, Tom O. (Rural is Plural). Congrats to newly selected committee chairmen; Pete F. (Courage) Treatment Facility Committee, Bill L. (We Care) Corrections Facility Committee, John B. (Lakeshore) Screeners Committee.



Hope

Still smarting from alcohol's
brutal whack
The weight of the world
lay heavy upon my back.
Still bewildered, staggered
and confused.
A flickering light from behind
the help of A.A.
Grasping firmly to shake
my weakening dismay.

Someone says,
"There is another way."
their voice does say.
"Don't drink, just for today!"
So I'll believe these words
and the subtle signs.
The darkness shall pass.
"one day at a time."

Arnie J.

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ANNIVERSARIES

Acceptance

Tom G. 6 m
Pat L. 5 y
Tom M. 15 y
Rosina L. 15 y

Amherst/Snyder

Haley D. 3 m
Leah N. 3 m
Scott P. 6 m
Jeff G. 6 m
Wesley B. 1 y
Dennis G. 2 y
Jon O. 2 y
Bob S. 2 y
Donna S. 3 y
Mike E. 4 y
Jennifer H. 4 y
Gina L. 7 y
Kenneth L. 7 y
Alan H. 9 y
Ron F. 10 y
Andrew C. 13 y
Lydia G. 14 y
Nancy J. 23 y

Cold Springs

Vivian S. 1 y
Ron T. 2 y
Kenny B. 7 y
Al C., Jr. 9 y
Willie H. 21 y
Elvestor McR. 24 y
Vernon G. 38 y

Courage

Bob J. 5 y
Martha S. 9 y
James S. 9 y

Ellicott

Robert R. 3 y

Fireside

Frank O. 6 m
Pam C. 9 m
Joan C. 1 y
Bob S. 1 y
Sam V. 1 y
Peter M. 4 y
David P. 4 y
Steven W. 4 y
Sandy M. 6 y
Ed P. 6 y

Dorothy T. 10 y
Sophia K. 11 y
Nancy R. 12 y
Frank H. 14 y
Mike S. 14 y
Peaches 18 y

H.A.N.D.

Joe S. 9 y

Honesty

Marcia W. 21 y

Giving

Gregory H. 7 y
Joe H. 26 y
Emma L. 36 y

Grand

Mary K. 6 m

Journey

Belinda 6 m
Mike C. 6 m
Salli 9 m
Daryl L. 9 m
Roxanne W. 2 y
John D. 2 y
Peter D. 3 y
Linda D. 3 y
Ginny K. 10 y
Dick L. 10 y

Kensington

Neil C. 1 y
Peaches 18 y

Main & High

Denise B. 6 m
Mae B. 6 m
Eva J. 9 m
Tina W. 11 y

Matt Talbot

Randy K. 6 m
Paul W. 1 y
Eric K. 2 y
Dick A. 2 y
John F. 10 y
Darlyne S. 11 y
Larry T. 25 y

MOD/Living in the

Solution

John M. 2 y
Gary K. 4 y

Eddie L. 9 y

North Buffalo

Lynn S. 3 m
Terry T. 3 m
Michael W. 3 m
Lynn W. 3 m
Aaron S. 3 m
Jeff N. 6 m
Dave P. 6 m
John K. 6 m
Kevin P. 6 m
Becky S. 2 y
Ken S. 3 y
Wesley K. 3 y
Bob M. 3 y
Gina L. 7 y
Burt P. 11 y
Harvey S. 12 y
Peter B. 13 y
Marcia W. 21 y

Reformers

Kieth D. 2 y

Remember When

Charles Z. 3 m
Nate D. 6 m
Bobby B. 9 m
Sandy F. 1 y
Sandy B. 1 y
Constance F. 1 y
Joseph P. 2 y
Kevin H. 5 y
David W. 6 y
Roosevelt M. 7 y
Ava P. 10 y
Portia J. 12 y

Ridge

Tom T. 6 m
Luanne 9 m
Al G. 1 y
Bob M. 1 y
Joel F. 3 y
Kevin R. 3 y
Karen S. 3 y
Jim K. 6 y

Sheridan

Robert C. 3 m
Carl D. 6 m
Norm C. 9 m
Michael S. 9 m
Sam V. 1 y

Lauri J. 1 y
Joanne K. 1 y
Roxanne W. 2 y
Jeff S. 3 y
Neal L. 4 y
Mike K. 4 y
Sheri B. 5 y
Dave M. 6 y
Mike B. 13 y
Terri P. 15 y

Sunday Morning

Breakfast

Lisa B. 6 m
Mary Ann H. 6 m
Lance B. 9 m
Suzie D. 9 m
Kevin D. 2 y
Mark O. 3 y
Becky B. 3 y
Elizabeth T. 9 y

The Book Meeting

Mark C. 13 y
Mike B. 20 y
Jane Marie B. 24 y

Thruway

Bruce D. 3 m
Barry McQ. 6 m
Mary H. 9 m
Mike C. 9 m
John R. 1 y
Josh S. 1 y
Annmary B. 2 y
Rosalie P. 5 y
Gloria B. 7 y
Elvira W. 14 y
Ray O. 25 y

Victory

Paul K. 3 m

We Care

Harry G. 3 m
Rich L. 6 m
Karen D. 1 y
Kim C. 7 y
Larry B. 10 y
Bill R. 18 y

Group

A Day At A Time
Brocton Disc.

Clarence Men's
Dunkirk Mon. N
First Things First
Grand II
Higher Powered
Just for Today
(Albion)
Keep on Comin'
Kensington
Medina Big Book
Medina New Life
Perry
Powerless
Renaissance I
Rochester
Rural is Plural
Serenity
Set Aside
Sheridan
Sober Saturday
Sober Trail
Southgate
Stayin' Alive
Sunday Third
Surrender & Hope
The Book Meeting
Thruway
Unity
N. F. Polcy.
Anniversaries must b
submitted by the 10th
of the month previous

ANNIVERSARIES

Acceptance

Tom G. 6 m
Pat L. 5 y
Tom M. 15 y
Rosina L. 15 y

Amherst/Snyder

Haley D. 3 m
Leah N. 3 m
Scott P. 6 m
Jeff G. 6 m
Wesley B. 1 y
Dennis G. 2 y
Jon O. 2 y
Bob S. 2 y
Donna S. 3 y
Mike E. 4 y
Jennifer H. 4 y
Gina L. 7 y
Kenneth L. 7 y
Alan H. 9 y
Ron F. 10 y
Andrew C. 13 y
Lydia G. 14 y
Nancy J. 23 y

Cold Springs

Vivian S. 1 y
Ron T. 2 y
Kenny B. 7 y
Al C., Jr. 9 y
Willie H. 21 y
Elvestor McR. 24 y
Vernon G. 38 y

Courage

Bob J. 5 y
Martha S. 9 y
James S. 9 y

Ellicott

Robert R. 3 y

Fireside

Frank O. 6 m
Pam C. 9 m
Joan C. 1 y
Bob S. 1 y
Sam V. 1 y
Peter M. 4 y
David P. 4 y
Steven W. 4 y
Sandy M. 6 y
Ed P. 6 y

Dorothy T. 10 y
Sophia K. 11 y
Nancy R. 12 y
Frank H. 14 y
Mike S. 14 y
Peaches 18 y

H.A.N.D.

Joe S. 9 y

Honesty

Marcia W. 21 y

Giving

Gregory H. 7 y
Joe H. 26 y
Emma L. 36 y

Grand

Mary K. 6 m

Journey

Belinda 6 m
Mike C. 6 m
Salli 9 m
Daryl L. 9 m
Roxanne W. 2 y
John D. 2 y
Peter D. 3 y
Linda D. 3 y
Ginny K. 10 y
Dick L. 10 y

Kensington

Neil C. 1 y
Peaches 18 y

Main & High

Denise B. 6 m
Mae B. 6 m
Eva J. 9 m
Tina W. 11 y

Matt Talbot

Randy K. 6 m
Paul W. 1 y
Eric K. 2 y
Dick A. 2 y
John F. 10 y
Darlyne S. 11 y
Larry T. 25 y

MOD/Living in the Solution

John M. 2 y
Gary K. 4 y

Eddie L. 9 y

North Buffalo

Lynn S. 3 m
Terry T. 3 m
Michael W. 3 m
Lynn W. 3 m
Aaron S. 3 m
Jeff N. 6 m
Dave P. 6 m
John K. 6 m
Kevin P. 6 m
Becky S. 2 y
Ken S. 3 y
Wesley K. 3 y
Bob M. 3 y
Gina L. 7 y
Burt P. 11 y
Harvey S. 12 y
Peter B. 13 y
Marcia W. 21 y

Reformers

Kieth D. 2 y

Remember When

Charles Z. 3 m
Nate D. 6 m
Bobby B. 9 m
Sandy F. 1 y
Sandy B. 1 y
Constance F. 1 y
Joseph P. 2 y
Kevin H. 5 y
David W. 6 y
Roosevelt M. 7 y
Ava P. 10 y
Portia J. 12 y

Ridge

Tom T. 6 m
Luanne 9 m
Al G. 1 y
Bob M. 1 y
Joel F. 3 y
Kevin R. 3 y
Karen S. 3 y
Jim K. 6 y

Sheridan

Robert C. 3 m
Carl D. 6 m
Norm C. 9 m
Michael S. 9 m
Sam V. 1 y

Lauri J. 1 y
Joanne K. 1 y
Roxanne W. 2 y
Jeff S. 3 y
Neal L. 4 y
Mike K. 4 y
Sheri B. 5 y
Dave M. 6 y
Mike B. 13 y
Terri P. 15 y

Sunday Morning

Breakfast

Lisa B. 6 m
Mary Ann H. 6 m
Lance B. 9 m
Suzie D. 9 m
Kevin D. 2 y
Mark O. 3 y
Becky B. 3 y
Elizabeth T. 9 y

The Book Meeting

Mark C. 13 y
Mike B. 20 y
Jane Marie B. 24 y

Thruway

Bruce D. 3 m
Barry McQ. 6 m
Mary H. 9 m
Mike C. 9 m
John R. 1 y
Josh S. 1 y
Annmary B. 2 y
Rosalie P. 5 y
Gloria B. 7 y
Elvira W. 14 y
Ray O. 25 y

Victory

Paul K. 3 m

We Care

Harry G. 3 m
Rich L. 6 m
Karen D. 1 y
Kim C. 7 y
Larry B. 10 y
Bill R. 18 y

Group

A Day At A Time
Brocton Disc.

Clarence Men's
Dunkirk Mon. N.
First Things First
Grand II
Higher Powered
Just for Today
(Albion)
Keep on Comin'
Kensington
Medina Big Book
Medina New Life
Perry
Powerless
Renaissance I
Rochester
Rural is Plural
Serenity
Set Aside
Sheridan
Sober Saturday
Sober Trail
Southgate
Stayin' Alive
Sunday Third
Surrender & Hope
The Book Meeting
Thruway
Unity
N. F. Policy:
Anniversaries must b
submitted by the 10th
of the month previous

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
(716) 853-0389 FAX

845 ELLICOTT SQUARE
295 MAIN STREET
BUFFALO, NEW YORK 14203

MARCH 2000

**NOTE: ALL COMMITTEE MEETINGS OF ALCOHOLICS ANONYMOUS
ARE OPEN TO ANYONE IN THE FELLOWSHIP.**

PLEASE NOTE

DECISIONS, CHOICES, AND CHANGES no longer meets.

HAPPY HOUR has moved to 340 Military Road (Amity Club), Friday nights, 5:30-6:30 pm

HUMBLY WILLING No longer meets.

MATT TALBOT Starting March 7th will meet on Tuesdays at 8 pm for the season of Lent.

PRIMARY PURPOSE 12 N, Tuesdays, St. Mary's Episcopal Church, Center Street, Gowanda, would enjoy having you come and share your experience, strength and hope.

TFC-12 STEP CALL – Renaissance House, 920 Harlem Road, West Seneca, Sunday at 7:00 pm, no longer meets.

ATTENTION THURSDAY – SUNDAY MEETINGS. If you would like your homegroup to be listed for available meetings during the Fall Convention and you are convenient to the Millersport Marriot, please forward to the Central Office directions on how to get there from the hotel.

COMING EVENTS

- ~ Members of the **Mod/Living in the Solution** group are presenting alcohol related movies on the 1st and 3rd Wednesdays of the month at 8 pm; also *Charlie and Joe* "Big Book Study tapes" every Thursday at 8 pm; discussions will follow all meetings.
- ~ Mar. 4, **Amity Club** members are sponsoring their 21st Anniversary Dance; speaker at 7 dance 8-1; \$5 donation. This is a **Bring A Dish** event. All welcome.
- ~ Mar. 4, Sat., members of the **Tri County Group** are celebrating the group's 41st anniversary with an eating meeting. Doors open at 7; Speaker at 8; dinner and fellowship at 9. St. Joseph's Church basement, East Main Street, Gowanda.
- ~ Mar. 5, Sunday, **CENTRAL COMMITTEE MEETING**, St. Michael's Church Hall, 7 pm, 651 Washington Street.
- ~ Mar. 5, Sunday, **Correctional Facility Committee**, St. Michael's Church Hall, 6 pm, 651 Washington Street.
- ~ Mar. 11, Sat., **New Frontier Committee**, Central Office, 845 Ellicott Square, 10 am.
- ~ Mar. 11, **Coop.w/Prof.Community**, Maryvale Pres. Church, 425 Maryvale Dr. 9 am.
- ~ Mar. 12, Sun., **GSA Spring Convention Planning Meeting**, Hamburg Town Hall, S6100 South Park Avenue, Hamburg, 11:30 am.
- ~ Mar. 12, Sun., **General Service Assembly**, Hamburg Town Hall, S6100 South Park Avenue, Hamburg, 1:00 pm.
- ~ Mar. 18, Sat., **NYS Informational Workshop** planning committee meeting, 10 am. Ellicott Square conference room 117, 295 Main Street.

- ~ Mar.18, Sat., **Public Information Committee Meeting**, Church of the Holy Communion, S5381 Old Lake Shore Road/Route 5, 10 am.
- ~ Mar. 19, Sun., **FALL CONVENTION** planning committee, 1 pm, Millersport Marriott.
- ~ Mar. 20, Mon., members of the **Dunkirk Monday Nite** will be celebrating their group's 51st anniversary with a speaker meeting, followed by dinner, please bring a dish to share, First United Methodist Church, 6th and Washington, 7 pm.
- ~ Mar. 21, Tues., **Treatment Facility Committee**, St. Paul's, 49 Indian Ch., 6:30 pm.
- ~ Mar. 27. Mon., members of the **Thruway Group** will be celebrating their group's 27th anniversary with a speaker meeting followed by cake and sweets. Don't be shy, bring your own personal favorite sweet along to share, 10 am, Infant of Prague School, 921 Cleveland Drive.
- ~ Mar. 27. Mon., please come help the members of the **Wilson Group** celebrate their group's anniversary. Food at 7 pm (Bring a Dish if you wish); Speaker at 8 pm. Enjoy the spring weather with a little drive, St. John's, Lake Street (Rte 425), Wilson.
- ~ Mar. 29, Wed., members of the **Ellicott Group** will be celebrating their 20th year group anniversary at 608 William Street, 8 pm, with a speaker, cake and coffee all are welcome.
- ~ Apr. 1, Sat. the members of the Springville area are inviting spring in with a speaker at 7:30; dance at 8:30, bring a dish; \$5 presale, \$6 at the door.
- ~ Apr.2, Sunday, **CENTRAL COMMITTEE MEETING**, St. Michael's Church Hall, 7 pm, 651 Washington Street.
- ~ Apr. 2, Sunday, **Correctional Facility Committee**, St. Michael's Church Hall, 6 pm, 651 Washington Street.
- ~ Apr. 7-9, **GSA Spring Convention**, Jamestown, New York
- ~ Apr. 8, Sat., **Coop.w/Prof.Community**, Maryvale Pres. Church, 425 Maryvale Dr. 9 am.
- ~ Apr. 8, Sun., **General Service Assembly**, Hamburg Town Hall, S6100 South Park Avenue, Hamburg, 1:00 pm.
- ~ Apr. 15, Sat., **New Frontier Committee**, Central Office, 845 Ellicott Square, 10 am.
- ~ Apr. 15, Sat., **NYS Informational Workshop** planning committee meeting, 10 am. Ellicott Square conference room 117, 295 Main Street.
- ~ Apr. 15, Sat., **Public Information Committee Meeting**, Church of the Holy Communion, S5381 Old Lake Shore Road/Route 5, 10 am.
- ~ Apr. 16, Sun., **FALL CONVENTION** planning committee, 1 pm, Millersport Marriott.
- ~ April 16, Sun., members of the **Serenity Group** request your presence to help them celebrate the group's 37th anniversary with breakfast and speaker at the Holiday Inn, 1881 Niagara Falls Blvd., Amherst, 9:30 am; \$8 tickets; sorry - no tickets at door.
- ~ Apr. 18, Tues., **Treatment Facility Committee**, St. Paul's, 49 Indian Ch., 6:30 pm.
- ~ June 29 - July 2, 2000, **International Convention**, Minneapolis, Minnesota.
- ~ August 4-6, **NYS Informational Workshop**, UB's Amherst Campus.

BUFFALO CENTRAL COMMITTEE

Minutes of Meeting , March 5, 2000

Dick L., Chairperson, opened the meeting at 7:08PM with a moment of silence followed by the Serenity Prayer. Tony read the Preamble; Arnie of Sunrise Court read the Purpose of the Central Committee, and Charles L. of Spirit of Hope, read the twelve traditions.

The minutes of the Feb 6,2000 meeting were read and a motion to dispense was made by Guy H. of University Men's Group and it was seconded by Jay H. of North Buffalo.

Bob K. noted corrections from last month's minutes; The Treatment and Corrections committees for General Service have Coordinators not Chairpeople, and the Public Information committee has a Chairperson. Thank You Bob.

GROUPS IN ATTENDANCE: District #1 - Downtown Men's Discussion, Journey, Miracle, Serenity Circle, Sunday Nighters, Sunrise Court; District #2 - Age Doesn't Matter, Chapter IX, How It Works-Men's Disc., Kenmore, North Buffalo, University Men's; District #3 - Abbott Men's Disc., Cheektowaga, Iron Horse, Victory, We care; District #4 - Hamburg, Lakeshore; District #5 - Grand, Just For Today, Niagara Frontier Men's; District #6 - Dunkirk; District #7 - Lovejoy, Pass It On, Spirit of Hope; District #8 - Amherst Snyder, Kensington; District #9 - Anybody's, Rural is Plural; District #10 - No One Attended.

COMMITTEE REPORTS:

1) **ENVELOPE SYSTEM:** Darlene W., Ridge Group reported that \$981 was received for the month of Feb.

	<u>2000</u>	<u>2000ytd</u>	<u>1999</u>	<u>1999ytd</u>	<u>1998</u>	<u>1998ytd</u>
January	\$1319	\$1319	\$1540	\$1540	\$1795	\$1795
February	981	2300	337	1877	580	2375
March			469	2346	592	2967
April			538	2884	540	3507
May			572	3456	388	3895
June			263	3719	134	4029
July			783	4502	772	4801
August			282	4784	540	5341
September			527	5311	373	5714
October			375	5686	356	6070
November			154	5840	817	6887
December			418	6258	341	7228
TOTAL	\$2300	\$2300	\$6258	\$6258	\$7258	\$7258

2) **Steering Committee:** Bob reported, no written report was submitted. The following topics were discussed: Chairpersons for Convention are being looked for in District #3, nominations will have to be in by May 31, 2000, and will be reviewed at the June meeting. A Day of Learning in May was also discussed. Coffee donations are being asked for to keep the price of the Convention down.

3) **Financial Report:** Jim B., Ridge Group, Financial Secretary, reported that the beginning checkbook balance was \$1,551.04. Total revenue was \$8482.80. There were disbursements of \$7,796.08, leaving a closing balance of \$2,237.76. The full financial report with all details is available in writing attached to the minutes.

CENTRAL OFFICE: Cindy N., Sunrise Court, Executive Secretary. The central office received the following number of calls, visitors, and requests for information:

VA Information	514
PIC	3
CPC	0
Al Anon	7
Ala Teen	1
ACOA	4
12 Step	5
Literature Requests	49
Fax In	3
Fax Out	9

<u>Mail</u>	
Pieces	693
Total Mail Cost	\$419.24
<u>Answering Service</u>	
Incoming Calls	190
Outgoing Calls	40
Visitors	178
Volunteers	104

Only the groups that donate money will be put into the report to save on paper.

AD-HOC REPORTS

1999 FALL CONVENTION, Final report next month due to late money coming in.

2000 FALL CONVENTION, Charles L. Chairman (voice mail # 470-7363), 1st meeting Feb. 20th 1:00 PM. Marriott Hotel, second meeting March 19th

COURTESY REPORTS

General Service Assembly: Bob K. Area 50 Chairman reported that all three open positions have been filled. Congratulations to: Rich F., Iron Horse -TFC Chairman, Terry B., Lakeshore, PIC Chairman, and Tim T., International, CPC Chairman. Please inform all group GSRs to report to the next meeting, (March 12,2000 Hamburg Town Hall) to square away registration issues. A lot of mail is being sent back, correcting this problem would mean a more well informed home group. The next Spring Convention is being held at the Holiday Inn in Jamestown, April 7,8,9 2000.

Public Information Committee: Terry B. Lakeshore reports that the PIC meeting will be held the 3rd Saturday of the month at the Church of Holy Communion (where Lakeshore meets). Also she has an appointment set up for March 2nd at Action Human Resources.

Cooperation with the Professional Griff N., Sunrise Court reports that CPC will meet Sat. March 2nd at 9:00 am where the Courage group meets. Also, TV and radio public service announcements were approved so start listening for those.

RECAP- Questions on the cost of our checking were asked Jim B. stated that our present account was cheaper than the one with "free" checking. Cindy also stated that we have free checking for one of our accounts but all accounts must be maintained at a certain level to achieve the greatest savings. This is not always possible. Keith of the Courage group asked about the inventory in the Central Office report, Cindy said that in the short time at the end of the month there isn't always the manpower to inventory everything, however it will be added to the report if it desired. Someone asked what a "bequest" was and Jim said it was when someone dies and leaves money to someone or thing.

OLD BUSINESS: Tabled until next month.

NEW BUSINESS: None.

Motion to adjourn made by Charles L., second by approved by all. Meeting closed at 8:09 pm with the Lord's Prayer

Respectfully submitted
 Mark S. Lakeshore Group
 Recording Secretary

GROUP CONTRIBUTIONS FOR THE MONTH OF MARCH 2000

GROUP		Accum.		Accum.		Accum.
Abbott Men	50.00	90.00	50.00	90.00	50.00	90.00
ation		40.00				
Amherst/Snyder	71.00	158.00				
Amsdell/Lakeshore	25.00	50.00				
Any Length	30.00	90.00				
Anybody's Group		40.00				
Attitude Adjustment		100.00				
Attraction	100.00	100.00				
Bidwell Monday Nite	50.00	50.00	50.00	50.00	50.00	50.00
Blasdell Monday Nite		40.00				
Boulevard Women	75.00	150.00				
Brass		30.00				
But For The Grace of God		35.00				
Came To Believe		14.75				
Cathedral Park	10.00	27.95	5.00	5.00	5.00	5.00
Caz	53.00	57.00				
Cheektowaga		100.00		50.00		
Courage	200.00	200.00	20.00	20.00	20.00	20.00
Crossroads	108.50	217.50				
Daily Reflections	30.00	30.00				
East Aurora	100.00	100.00				
Easy Does It		25.00				
Ellicott	50.00	50.00	10.00	10.00	10.00	10.00
Everybody's		40.00				
Express		176.00				
Eyeopener	180.00	200.00				
Father Baker	200.00	300.00				
Fireside	210.20	511.20				50.00
First Things First	20.00	120.00				
Fredonia Discussion		60.00				
Freedom	25.00	75.00				
Georgetown	200.00	400.00				
Getting Better		7.00				
Giving				50.00		
Grand Group		20.00				
Grand II Joy of Living		100.00				
H.A.N.D		120.00				
Handicappers		150.00				100.00
Harmony		75.00				
Helping Hand		40.00				
High Noon		50.00				
Holiday Village	200.00	200.00				
olland		90.00				
Honesty	30.00	90.00	10.00	30.00		
Intoxicated on Life		20.00		10.00		10.00




GROUP CONTRIBUTIONS FOR THE MONTH OF MARCH 2000

GROUP		Accum.		Accum.		Accum.
Ironhorse	50.00	191.50		14.15		14.15
Irney		80.00				
Keep It Simple, Sister		75.00				
Kensington Discussion		40.00				
Lake Shore	25.00	50.00		66.00	25.00	50.00
Lakeview	25.00	25.00				
Let Go and Let God	25.00	50.00				
Lighten Up		140.00				
Lovejoy	60.00	60.00	10.00	10.00	30.00	30.00
Main & High		10.00				
Marilla	25.00	75.00				
Matt Talbot	50.00	100.00				
Medina New Life		20.00				
Mod/Living In The Solution	700.00	700.00				
New Outlook/Albion		40.00				
Niagara Frontier Men's		150.00				
North Buffalo	100.00	300.00	25.00	75.00	25.00	75.00
North Java Groups		80.00				
One Day At A Time		275.00				
Perry Discussion	40.00	40.00				
Pioneer	60.00	60.00				
Positively Living/Linwood		40.00				
Positively Living/Renaissance I	500.00	500.00				
Purpose		100.00				
Rainbow		25.00				25.00
Ray of Hope		50.00				
Reformers (Prison)			10.00	10.00		
Remember		35.00				
Renewal	100.00	100.00				
Ridge		152.00	6.11	6.11		
Rochester Group		100.00				
Rural Is Plural		50.00		5.00		5.00
Searching for Serenity		150.00				
Serenity	80.65	180.65				
Serenity Circle	6.00	21.00	2.00	2.00	2.00	2.00
Serenity Trail		27.50				
Sheridan	40.00	60.00				
Sober Saturday		24.60				
Southgate				20.08		
Southtown Women's		15.00				
Spirit of Hope	6.00	10.00	2.00	5.00	2.00	5.00
Spiritual Progress		50.00				
Starting Over		51.40				
Stepping Stones	60.00	100.00				
Suburban	50.00	70.00				

GROUP CONTRIBUTIONS FOR THE MONTH OF MARCH 2000

GROUP		Accum.		Accum.		Accum.
Sunday Third/Sheridan		25.00				
Rise Court			2.50	6.25		
Surrender & Hope		100.00				
Thankful	50.00	50.00				
Thruway	200.00	750.00	20.00	60.00	20.00	60.00
Thursday Afternoon Discussion		100.00				
Trail's End	20.00	20.00				
TriCounty/Gowanda	10.00	55.00				
Tuesday Men's Discussion		40.00				
Tuesday Women		20.00				
Unity	100.00	220.00				
University Men's Discussion		125.00				
Valley		30.00				
Varieties of Spiritual Experience	49.00	49.00				
Victory	15.00	15.00	15.00	15.00	15.00	15.00
Wake Up Call		36.00				
We Care	30.00	90.00	10.00	30.00	20.00	60.00
Wehrle		25.00				
Westminster		50.00				
Why	90.00	90.00	15.00	15.00	15.00	15.00
Willing to Grow		100.00				
Wilson Smith University Alumni		60.00				
Wick's Tees		10.00				
Pink Can				64.41		
Memoriam BK			20.00	20.00		
Anonymous	20.00	20.00				
Back To Basics/Canada	10.00	10.00				
Perry Wed. Night Meeting		20.00				
Group Contribution Total	\$4,614.35	\$11,223.05	\$282.61	\$739.00	\$ 289.00	691.15
52 Groups Contributing						

D M H O M A T O O

Beginning Balance 2/26/00			\$2,242.76
RECEIPTS			
52 Groups Contributed	\$4,614.35		
Joint Meeting 3/5/00	44.41		
New Frontier Subscriptions	7.00		
Envelope System	169.00		
Literature	3,019.34		
Miscellaneous Money In	30.00	\$7,884.10	\$10,126.86
EXPENSES:			
#10 Ellicott Court Corporation <i>Office Rent</i>	\$636.00		
St. Michael's Parish <i>Meeting Room Rent</i>	35.00		
Salaries	1,661.84		
Charter One/Federal Withholding	572.80		
Health Insurance	272.76		
Secrephone (Answering Service)	98.30		
Minolta Leasing/Copier	187.00		
Image Toner and Quarterly Copy Charge	235.22		
Bell Atlantic	214.53		
Vermont Pure Springs	53.20		
World Services, Inc.	1,983.45		
Office Depot	51.54		
Williamson UPS	39.41		
Postage	430.00		
Bank Charge	5.00	(\$5,840.05)	
Assets			
Balance 3/25/00			\$4,286.81
Money Market 2/26/00	\$1,100.60		
Interest Credit	1.72		
Balance 3/25/00			1,102.32
Certificate of Deposit			
Balance 3/25/00			8,000.00
Outstanding Invoices			1,995.16
TOTAL CENTRAL OFFICE			\$15,384.29
			
Correctional Facilities 2/26/00	\$278.14		
Donations 2/26/00 - 3/25/00	282.61		
Expenses		268.05	
Bank Charge		4.20	
Balance 3/25/00			\$288.50
			
Treatment Facilities 2/26/00	\$156.41		
Donations 2/26/00- 3/25/00	289.00	\$445.41	
Expenses			
AT&T	15.53		
AAA Ans. Ser.	105.30		
Lit Spring Con	42.20		
Sheehan	130.00		
Bank Charge	4.20		
		(\$297.23)	
Balance 3/25/00			\$148.18
			

I declare this statement to be true subject to review. James Brumbaugh, Financial Secretary.