

NEW FRONTIERS

MARCH 2010

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

THE STEPS OF A.A. - AN INTERPRETATION Written by Clarence H. Snyder, January 1972

(Clarence got sober in 1938, was sponsored by Dr. Bob, & started AA group #3 in Cleveland.)

Alcoholics Anonymous is not a "booze cure" or a psychological means of controlling one's excessive or obsessive drinking. A.A. is a program, a life changing program, and, in a great part, we owe our inception as a fellowship to our origin in the Oxford Group movement during the mid 1930's. The Oxford Group was designed as a Life Changing program- and we in A.A. have for our own uses and affiliation, modified their program, chiefly by designing our twelve step program in a manner that the alcoholic who feels he needs and wants a change from what they are experiencing, can comfortably accept and apply the program and thereby change their life. To do so, requires certain attitudes, willingness, and acts on our parts. We have simplified the program, in the feeling that any alcoholic with an alcohol problem, can live a life free of the obsession to drink. Our program of the twelve steps is really accepted in four distinct phases, as follows:

- 1) Need (admission)
- 2) Surrender (submission)
- 3) Restitution
- 4) Construction and Maintenance

Phase #1 - Is covered in Step 1- "We admitted we were powerless over alcohol, that our lives had become unmanageable" - this step points out phase 1- or our own need - there is a need for a change!

Phase #2 - Includes the 2nd through the 7th steps which constitutes the phase of submission.

Step#2 - "We came to believe that a power greater than ourselves could restore us to sanity." Since we could not manage our own lives, of ourselves, we found ourselves to be powerless over alcohol; we were encouraged by the power of example of someone or some others to believe that a power greater than ourselves could restore us to sanity. In this step, we have the "proof of the pudding" before we are asked to eat it!! Others tell us of their experiences and share their deepest feelings with us and those members are alcoholics such as we are, and there they stand, sober, clean-eyed, useful, confident and with a certain radiance we envy and really want for ourselves. So, we **WANT** to believe it! Of course, some persons could conceivably be a bit more startled at first by the reference to "being restored to sanity," but most of us finally conclude that in hearing of some of the experiences our new friends had during their drinking careers were anything but the actions of a rational person, and when we reflect upon our own actions and deeds prior to our own introduction to A.A., it is not difficult to recognize that we too, were pretty well out in left field also! In fact, most of us are happy in the feeling that we were not really responsible for many of our past unpleasant and embarrassing situations and frankly, this step does much to relieve our feelings of guilt and self-condemnation.

Step #3 - "We made a decision to turn our **will and** our **lives** over to the care of God..."

Now here is the step which separates the men from the boys (or the women from the girls) - this is the step which tells the story as to whether we are going to be **in** A.A., or **around** A.A. Yes, we can attend meetings, visit the clubs, attend the social functions, but, unless we really take step #3, we are continuing to make up our own program. Since our entire program is based upon dependence upon God and our lives are to be directed by Him! So, here we are, making a **decision, which** in itself is quite an accomplishment for the alcoholic, since they are one of the most indecisive creatures in society, due to their incapacity to manage their own life due to their obsession- But- to make a decision to turn our life and our will over to the care of God- this creature in the far blue yonder, whom we have little acquaintance with and probably much fear of, this is really asking very, very much of an alcoholic! Rest assured, that if they are not ready, if they have not reached their "bottom" or extremity, and if they are not really "hurting more than they ever have," they are not about to take step #3. So - they go pretty much on their own as usual, except that they do have the advantage of better company than they had been associating with and this in time, could really foul up any type of drinking life they may

have in the future! Another important feature enters here, in that they **know** now that there is a way out of their dilemma and this is bound to "work" on them as time goes on, if they have any pride at all in themselves! At this point - their biggest problem is to overcome **FEAR** and "Let go and let God."

Step #4 - "Made a searching and fearless **Moral** inventory of ourselves." This is a step which should be taken with the assistance of a sponsor, or counselor who is well experienced in this changed life - due to the capacity of the alcoholic to find justification for about anything - a sponsor can bring up through sharing - many various moral weaknesses which need attention in their life and can smooth the way for the alcoholic to examine them in a frank fashion. The next step suggests that someone is helping with step #4 - since it reads as follows:

Step #5 - "Admitted to God, to ourselves, and to **another human being**, the exact **NATURE** of our wrongs." We put ourselves on record and leave no options nor reservations! Note that it states, **NATURE** of our wrongs- not the wrongs themselves! We are not required to narrate details of our many indiscretions. Many of them we don't even remember, nor are conscious of. This is not a laundry for dirty linen; this is recognition of character defects which need elimination or adjustments!

Step #6 - "Were **entirely** ready to have God remove **ALL** these defects of character."

This step allows for no reservations. The alcoholic, being an extremist must go the whole route. We are not a bit ready, or about to be ready, but **entirely** ready to have God, not us, remove **ALL** these defects of character, (the interesting ones as well as the more damnable ones!).

Step #7 - "Humbly asked Him to remove our shortcomings."

We tried to make no deal, as we did in the past when situations would overwhelm us. It was common to say- "Dear God, get me out of this mess and I will be a good boy (or girl), I will not do thus and such, etc., etc., etc.,...." **NONE OF THAT!** We humbly asked Him to remove our shortcomings. The Good Book assures us that anything we ask believing, we shall receive!

Step #8 - Begins our phase #3- that of restitution. So now we have admission in Step #1, Submission, Steps #2 through #7. Now for the Restitution in Steps #8 and #9.

Step #8 - "Made a list of **all persons** we had harmed and **became willing** to make **amends to them all**. Steps 8 and 9 should also be taken with the assistance of a knowledgeable sponsor or a counselor, since in our present state of impatience with almost complete lack of judgment; we could conceivably cause much harm in executing this phase of the program. Most of us probably have persons on that list whom we just do not want to have any contact with. The step states plainly - **ALL** persons we had harmed! Obviously some of these persons are not available, having passed on, or disappeared etc., so we must ask God to handle those details. But step #9 states - "Made direct amends **Whenever Possible** except when to do so would injure them or others." We cannot and should not try to clear our slate or conscience at the expense of any others. This phase is very important and it eliminates the possibility of carrying over some details into our new life that could consciously come back to haunt or harm us in our new life. We are going into a new life, and we should "Let the dead bury the dead." Now that we have taken 9 steps !!! We have concluded 3 phases of our program. These 9 steps we have accomplished - so - **FORGET THEM!!!** They have required action and you have taken the action, so there is no need of repeating it! There are only two occasions when one must refer back to the first nine steps, #1- is in the event that the person "resigns and resumes," obviously they must start all over again! The other occasion when we may refer to the first nine steps is when we are trying to explain them to a new member and helping them with them. So, now we have our last phase, that of **Construction** - Steps 10-11- and 12. With these steps, we construct our life, these are our living steps. We no longer must be concerned with 12 steps- **ONLY 3 STEPS!!** How simple, how wonderful!!

Step #10 - "Continued to take **personal** inventory, and when we were wrong, promptly admitted it."

This step has absolutely no connection with step #4. Note, in step #4, it calls for a searching and fearless **Moral** inventory. This step calls for a **personal** inventory. This step is our daily check on ourselves. This is our check on the small and large and otherwise details of my life **TODAY**. My simple way of handling step 10 may help someone, since I find that it is most adequate for me, and I prefer to keep things simple and uncomplicated. At night, after I am in bed, my day is over; I find this is one of my most important prayer times. I think about my day, what have I done, whom I have been with, what has transpired. Sometimes I find that I am not proud of something I have done today, and I owe someone an apology, I do not permit these things to go unattended. I have found that it is not the so-called "big" things which seriously affect the alcoholic in their new life, but the "little" things. They can go on and on and add up and become a real burden and eventually have drastic effects upon our new life. This is the reason for step 10, keep things "cleaned up," keep the walk swept! Maintain a good healthy attitude.

Step #11 - "Sought through Prayer and Meditation, to improve our conscious contact with God, praying **only** for knowledge of His will for us and the power to carry that out." This is a great step, first, because it brings us into a prayer life. Back in step #3, we made a decision to turn our life and will over to the care of God. In step #11, we receive our orders!!

Let us break this step down and discover how it is both simple and profound. We are seeking something, seeking to improve our conscious contact with God. What does that mean? To me it means He is not in the far blue yonder, beyond reach, but right here, close where I can talk to Him and listen to Him (the Bible states that He is closer than hands and feet, and that is most close!). So, I am seeking to make this contact through Prayer and Meditation. What does this mean? To me, Prayer is talking to God, and Meditation is listening to Him! The good Lord endowed us with one mouth and two ears, which should suggest something to us!! We are enjoined- "Be Still" - and that is how we should be while listening! The answers surely will come if we but listen. Now, the step tells us what to pray for. "Only for knowledge of His will for us and the power to carry that out." Since we submitted ourselves and turned our will and life over to the care of God in phase #2- now we ask for His orders and strength to carry them out. We are promised that He will never expect anything from us that He won't give us the power to execute. Now then, do you see any place in the step thus far to suggest we pray for sobriety? Of course not, and it is absolutely unnecessary - you **HAVE** sobriety. Thank Him for it - but it is pointless to pray for what you already have. The 11th step states very plainly **how to pray** and **what to pray for!!**

Step #12 - We have experienced 11 steps and something has happened to us. In fact, something happened at the end of step 9! Step 12 states very plainly - "Having had a Spiritual Experience as **the** result of these steps, we tried to carry this message to other Alcoholics and to practice these principles in **ALL** of our affairs."

What is a Spiritual Experience? That is the changed life we have been referring to. That is the change that comes to a person who has turned their will over to the care of God and continues to try and improve themselves, mentally, morally and spiritually. It states that we try to carry this message (not the alcoholic) to alcoholics. We practice these principles of love and service in all our affairs. Not just in A.A. meetings and associations, at home, at business, everywhere!

What a blessing this fellowship is. What a great opportunity to love and be loved. Why cheat yourself? We have the prescription, the means of getting well, staying well, growing and best of all, **SERVING**. Come on in, the water's fine!! Friends are wonderful, the fellowship is distinct and GOD IS GREAT!!

[This was transcribed from Clarence's handwritten copy.]



"We are *not* a glum lot. We are *not*. WE ... ARE ... NOT!" — Brent G., Gut Level Group, Springville, CA

Dear Bill W,

St. Patrick's Day is coming again. It's a big deal with my friends and family. Once they get going, they're going to want me to drink with them. I don't want to drink, but at the same time I don't want to be a wet blanket for anyone else who's celebrating. How can I handle times like this?

— An Anonymous Drunk

“Let your friends know they are not to change their habits on your account. At a proper time and place explain to all your friends why alcohol disagrees with you. If you do this thoroughly, few people will ask you to drink. While you were drinking, you were withdrawing from life little by little. Now you are getting back into the social life of this world. Don't start to withdraw again just because your friends drink liquor.”

Alcoholics Anonymous, p. 102, reprinted by permission of A.A. World Services, Inc.

The Third Step Prayer *from page 63 of the Big Book of Alcoholics Anonymous*

God, I offer myself to Thee—
To build with me
and to do with me as Thou wilt.
Relieve me of the bondage of self,
that I may better do Thy will.
Take away my difficulties,
that victory over them may bear witness
to those I would help of Thy Power,
Thy Love, and Thy Way of life.
May I do Thy will always!

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WARRANTY THREE

None of the Conference members shall ever be placed in a position of unqualified authority over any of the others.

AA Service Manual page 68

Tradition Three Contemplation Questions

Tradition Three: The only requirement for A.A. membership is a desire to stop drinking.

1. In my mind, do I prejudge some new AA members as losers?
2. Is there some kind of alcoholic whom I privately do not want in my AA group?
3. Do I set myself up as a judge of whether a newcomer is sincere or phony?
4. Do I let language, religion (or the lack of it), race, education, age, or other such things interfere with my carrying the message?
5. Am I over impressed by a celebrity? By a doctor, a clergyman, an ex-convict? Or can I just treat this new member simply and naturally as one more sick human, like the rest of us?
6. When someone turns up at AA, needing information or help (even if he can't ask for it aloud), does it really matter to me what he does for a living? Where he lives? What his domestic arrangements are? Whether he has been to AA before? What his other problems are?

—Originally published in the *AA Grapevine*

The Twelve Concepts: Concept Three

As a traditional means of creating and maintaining a clearly defined working relation between the groups, the Conference, the A.A. General Service Board and its several service corporations, staffs, committees and executives, and of thus insuring their effective leadership, it is here suggested that we endow each of these elements of world service with a traditional "Right of Decision."

The "Right of Decision" means that we choose Delegates, Group Service Representatives and other Trusted Servants whom we trust to make good decisions in the meetings where they represent us. Of course, whenever possible they will want to inform and consult with us whom they represent before decisions are made. Also, we should expect thorough reporting on actions taken, and make an effort to understand these.

It's a common misunderstanding in A.A. that our representatives are to be directly instructed by our groups or assemblies on how to vote. Instead, we are to choose some one we trust to make a good decision, once they've heard and considered all of the arguments for and against any question.

Summarized from *The A.A. Service Manual*, and the pamphlet, *The Twelve Concepts for World Service, Illustrated*

On the 3rd Tradition

"Our membership ought to include all who suffer alcoholism. Hence we may refuse none who wish to recover. Nor ought A.A. membership ever depend upon money or conformity. Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group, provided that, as a group, they have no other affiliation."

This is a sweeping statement indeed; it takes in a lot of territory. Some people might think it too idealistic to be practical. It tells every alcoholic in the world that he may become, and remain, a member of Alcoholics Anonymous *so long as he says so*. In short, Alcoholics Anonymous has no membership rule. Why is this so? Our answer is simple and practical. Even in self protection, we do not wish to erect the slightest barrier between ourselves and the brother alcoholic who still suffers. We know that society has been demanding that he conform to its laws and conventions. But the essence of his alcoholic malady is the fact that he has been unable or unwilling to conform either to the laws of man or God. If he is anything, the sick alcoholic is a rebellious nonconformist. How well we understand that; every member of Alcoholics Anonymous was once a rebel himself. Hence we cannot offer to meet him at any half-way mark. We must enter the dark cave where he is and show him that we understand. We realize that he is altogether too weak and confused to jump hurdles. If we raise obstacles, he might stay away and perish. He might be denied his priceless opportunity. So when he asks, "Are there any conditions?" we joyfully reply, "No, not a one." When skeptically he comes back saying, "But certainly there must be things that I have to do and believe," we quickly answer, "In Alcoholics Anonymous there are no *musts*." Cynically, perhaps, he then inquires, "What is this all going to cost me?" We are able to laugh and say, "Nothing at all, there are no fees and dues." Thus, in a brief hour, is our friend disarmed of his suspicion and rebellion. His eyes begin to open on a new world of friendship and understanding. Bankrupt idealist that he has been,

his ideal is no longer a dream. After years of lonely search it now stands revealed. The reality of Alcoholics Anonymous bursts upon him. For Alcoholics Anonymous is saying, "We have something priceless to give, if only you will receive." That is all. But to our new friend, it is everything. Without more ado, he becomes one of us.

Our membership tradition does contain, however, one vitally important qualification. That qualification relates to the use of our name, Alcoholics Anonymous. We believe that any two or three alcoholics gathered together for sobriety may call themselves an A.A. group provided that, as a group, they have no other affiliation. Here our purpose is clear and unequivocal. For obvious reasons we wish the name Alcoholics Anonymous to be used only in connection with straight A.A. activities. One can think of no A.A. member who would like, for example, to see the formation of "dry" A.A. groups, "wet" A.A. groups, Republican A.A. groups, Communist A.A. groups. Few, if any, would wish our groups to be designated by religious denominations. We cannot lend the A.A. name, **even indirectly** to other activities, however worthy. If we do so we shall become hopelessly compromised and divided. We think that A.A. should offer its experience to the whole world for whatever use can be made of it. But not its name. Nothing could be more certain.

Let us of A.A. therefore resolve that we shall always be inclusive, and never exclusive, offering all we have to all men save our title. May all barriers be thus leveled, may our unity thus be preserved. And may God grant us a long life --and a useful one!

Bill W

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IN MEMORIAM

**Things We Can Not Change
Jane K; Keep it Simple Sister
Mark R; The Journey Group**

To all our members who have lost family & loved ones our prayers are with you.

Share your Experience, Strength and Hope

Please submit your announcements by the **12th** for next month's issue.
Articles can be submitted at any time.

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The Washingtonians ~ Who were they and what happened to them?

The Washingtonian movement (Washingtonians, Washingtonian Temperance Society or Washingtonian Total Abstinence Society) was a 19th century fellowship founded on April 2, 1840 by six hard drinkers (William Mitchell, David Hoss, Charles Anderson, George Steer, Bill M'Curdy, and Tom Campbell) at Chase's Tavern on Liberty Street in Baltimore, Maryland. The idea was that by relying on each other, sharing their alcoholic experiences and relying upon divine help, they could keep each other sober. Total abstinence from alcohol was their goal. The group taught sobriety and preceded Alcoholics Anonymous by 100 years. Members sought out other "drunkards" (the term alcoholic had not yet been created), told them their experiences with alcohol abuse and how the Society had helped them achieve sobriety. With the passage of time the Society became a prohibitionist organization in that it promoted the legal and mandatory prohibition of alcoholic beverages.

The Washingtonians differed from the temperance movement in that they focused on the individual alcoholic rather than on society's greater relationship with liquor. In the mid-1800s, a temperance movement was in full sway across the United States and temperance workers advanced their anti-alcohol views on every front. Public temperance meetings were frequent and the main thread was prohibition of alcohol and pledges of sobriety to be made by the individual.

Concurrent with this movement, a loose network of facilities both public and private offered treatment to drunkards. Referred to as inebriate asylums and reformatory homes, they included the New York State Inebriate Asylum, The Inebriate Home of Long Island, N.Y., the Home for Incurables in San Francisco, the Franklin Reformatory Home in Philadelphia and the Washingtonian Homes which opened in Boston and Chicago in 1857.

Washingtonians at their peak numbered in the tens of thousands, possibly as high as 300,000. However, in the space of just a few years, this society all but disappeared because they became fragmented in their primary purpose, becoming involved with all manner of controversial social reforms including prohibition, sectarian religion, politics and abolition of slavery. It is believed that Abraham Lincoln attended one of the great revivals, presumably not for treatment, but out of interest in various issues being discussed.

The Washingtonians drifted away from their initial purpose of helping the individual alcoholic, and disagreements, infighting, and controversies over prohibition eventually destroyed the group. The Washingtonians became so thoroughly extinct that, some 50 years later in 1935 Bill S. and Bob joined together in forming Alcoholics Anonymous, neither of them had ever heard of the Washingtonians. In the late 1940s through 1950, AA formed and enacted its Twelve Traditions, principles which guide the AA groups from such pitfalls as befell the Washingtonians. The lesson learned from the demise of the Washingtonians was that AA needed to avoid outside, controversial, non-AA issues, thus establishing a tradition of Singleness of Purpose.

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MARCH ANNIVERSARIES



GROUPS CELEBRATING

A Day At A Time: 27y
 Attitude Adjustment: 26y
 Big Book/Spiritual Studies: 6y
 Bodhisattva: 10y
 Clarence Men's Discussion: 30y
 Dunkirk Monday Nite: 61y
 Early Bird South: 6y
 First Things First: 37y
 Forestville Serenity: 25y
 Grand II Joy Of Living: 23y
 Higher Powered: 17y
 Holland 15y
 Honest Solutions: 7y
 Just For Today/Albion: 12y
 Keep On Comin': 12y
 Lake View: 29y
 Lockport#1: 63y
 Medina Big Book: 14y
 Medina New Life: 22y
 Miracles Happen: 6y
 Steps 1,2 & 3: 10y
 Powerless: 17y
 Reflections On Recovery: 6y
 Renaissance I: 21y
 Ride Sober: 7y
 Rise & Shine; 18y
 Rochester Meeting: 17y
 Rural Is Plural: 17y
 Serenity: 47y
 Set Aside: 12y
 Sheridan: 36y
 Sober Saturday: 11y
 Sober Trail: 33y
 Southgate: 33y
 Stayin' Alive: 14y
 Surrender & Hope: 18y
 The Book Meeting: 14y
 Thruway: 37y
 Unity: 36y

*Please remember to
 have the anniversaries
 submitted by
 the **12th**
 of the month
 previous*



As Bill See's It

Tom M. 5y
 Carrie H. 23y

Alexander

Bill S. 1y
 Jerry M. 12y



Amherst/Snyder

Linasay H. 3m
 Joshua T. 3m
 Joshua T. 2y
 Bob M. 6y
 JoEllen H. 7y
 Patty C. 10y
 Bob S. 12y

Big Book Lockport

Jason R. 3y

Casting

Gary C. 8y
 Albert McC. 23y
 Cecil M. 32y
 Bob P. 33y
 Kenny C. 37y
 Eddie J. 40y

Cold Springs

Ray H. 5y
 Elvester McR. 34y

Courage

Karen S. 13y
 Martha K. 19y

Eyeopener

Pete F. 1y
 Garth A. 1y
 Linda H. 1y
 Dan O. 1y
 Lisa P. 2y
 Brian R. 2y
 Jeremeah 2y
 Jim H. 6y
 Anthony 8y
 John S. 12y
 Fred P. 15y
 Marian P. 26y
 Les T. 30y
 Ray O 35y



Fireside

Sue A. 2y
 Sue M. 5y
 Mike W. 5y
 Joan G. 11y

Giving

Joey G. 3m

Golden Slipper

Bill S. 4y
 John B. 5y
 Mark S. 5y

H.A.N.D.

Tom K. 2y

Holiday Village

Tom Z. 30y

How It Works

Tom L. 5y
 George Kr. 6y
 Rick A. 6y
 Anthony R. 8y
 Paul B. 8y
 Jim H. 8y
 Joe C. 10y
 Tom M. 12y
 Tom C. 12y
 Mike B. 14y
 Ralph B. 16y
 Dave S. 16y
 Tom O. 17y
 Joe Van V. 18y
 Walter W. 19y
 George Ki. 20y
 Lou M. 28y
 John P. 30y

Ironhorse

Tracy C. 5y
 Janis E. 17y
 Ann D. 19y



Kensington

Peaches 28y

Lakeshore

Ron T. 2y
 Jim G. 6y

Lighten-Up

Al P. 3y
 Carol 3y
 Jim H. 6y
 Rich B. 7y
 JoEllen H. 7y
 Teresa P. 10y
 MaryBeth P. 18y

Living in the Solution

Bob K. 20y

Lockview
 Jennifer B. 1y
 Chris B. 1y
 Kaitlyn C. 1y
 Jennie P. 1y
 Mike R. 3y
 Terry H. 4y
 David N. 5y
 Billy S. 5y
 Sheilla B. 6y
 James L. 6y

Lovejoy

Robert H. 3m
 Debbie P. 6y
 Kim E. 9y
 Charlie 11y

Marilla

J. Frank H. 24y



North Buffalo

Josh T. 3m
 Jamey D. 3m
 John M. 1y
 Charles M. 1y
 Chris G. 1y
 Chris K. 1y
 Chris R. 1y
 James S. 1y
 Harold M 2y
 Jeff D. 2y
 Kathleen 2y
 Maggie M. 2y
 Megan C. 3y
 Robyn C. 3y
 Rob P. 4y
 Diane D. 4y
 Tom L. 5y
 Perry C. 8y
 Tom T. 9y
 Ellen H. 13y
 Ken S. 13y
 Harvey S. 22y
 Peter B. 23y
 Joan K. 23y

Principles

BeforePers

Lori D. 3y
 Joe S. 7y

Orchard

Jeff Z. 4y
 Debi C. 10y

Rise & Shine

Charmaine 2y
 Bernie D. 8y



Sheridan

Sheri B. 15y
 Jim E. 41y

Spiritual

Colleen B. 4y
 Laurie M. 7y
 Sue L. 10y

Sunday's @ 8

Dalton M. 3y
 Gary S. 20y

Surrender

& Hope
 Ray C. 6m

Thruway

Tom K. 2y
 Ray O 35y

Turning Point

Dave S. 10y

We Care

Brian D. 14y
 Bill L. 15y
 Judy T. 20y



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>“First of all, we had to quit playing God.” -BB p62</p>	<p>1 Famous Saturday Evening Post AA article 1941.</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5 Alcoholism is cancer of the soul.</p>	<p>6 69th Buffalo Fall Convention Meeting, 12 NOON Buffalo Central Office, 681 Seneca St</p> <p>Staying Alive Group is hosting a Spring Dance at St. Mark's Episcopal Church, corner of Payne & Tremont, N. Tonawanda. Doors open at 6:00 pm,</p>
<p>7 General Service Assembly, 12 Noon. Hamburg Town Hall, 5999 South Park Ave., Hamburg.</p> <p>Steering Committee, 5 PM Central Committee Meeting, 7 pm, Corrections Committee Meeting, 6:00 PM, Buffalo Central Office, 681 Seneca</p>	<p>8 Treatment Facilities Committee, 6 PM, Buffalo Central Office, 681 Seneca</p>	<p>9</p>	<p>10</p>	<p>11 Staying on the first 3 Steps is a decision NOT to work Step 4</p>	<p>12</p>	<p>13</p>
<p>14 Daylight Savings Time</p>	<p>15 GSA, Area 50, District 11 Business Meeting, 5 p.m. - 6 p.m., Contact Maureen M., 716-310-5885 for more info.</p>	<p>16 Public Information Committee meeting, 6 PM Buffalo Central Office, 681 Seneca</p> <p>An Introduction To the 12 Steps Workshop. To acquaint members with the 12 Steps in 5- 1-hour sessions, 4-5PM. @ Caz Manner Group, 486 N. Legion Drive, South Buffalo.</p>	<p>17</p>	<p>18</p>	<p>19</p>	<p>20 “Spring into Sobriety”, District 4 Day of Sharing. St. Paul's Episcopal Church, 591 East Main St. (Rt. 39), Springville, NY 14141. 9 AM- 3 PM. Registration opens @ 8:30 AM. Registration \$5. Bring a dish to pass.</p>
<p>21 Ebby T., Bill's sponsor, died sober 1966.</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>25 “Spiritus Contra Spiritum” Dr. Carl Jung</p>	<p>26</p>	<p>27 Archives Committee Meeting, 9 am, Cataract City Convention, Days Inn at the Falls, 443 Main St., Niagara Falls, NY. Registration Only: \$15, Registration + Dinner \$40.</p>
<p>28 Serenity Groups 47th Anniversary Breakfast, Holiday Inn, 1881 Niagara Falls Blvd., Amherst 9:00 am-Doors open., Breakfast @ 9:30, 11am-speaker. \$13.00. PRE-SALE tickets only. For more info: call Patti S. 773-3689</p>	<p>29 Dunkirk Monday Nite will be celebrating its 51st Group Anniversary. Dinner at 7 PM, Roast Beef provided, please bring a dish to pass, Speaker at 8 PM. 50/50 Raffle & Door Prizes. All are welcome. United Methodist Church, 45th St.</p>	<p>30 Passover</p>	<p>31</p>			

PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM
Schedule on line at: www.ny-aa.org &
www.buffaloaany.org

681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210
Fax: 853-0389
www.buffaloaany.org
buffalooa@hotmail.com

MARCH 2010

MEETING CHANGES

- In the **2010 Schedule** pages 16 & 17 are the same. The replacement & correct **page 17 is available as an insert** at the Central Office. Sorry ☹
- The Tuesday "**Acceptance**" and Friday "**Welcome**" groups located at Church of Nativity-1530 Colvin Blvd. Near Sheridan Dr. in Kenmore @ 10:00 a.m. has **babysitting** for all the parents and child caregivers who need meetings.
- **New Meeting, Transitions**, Transitional Services, 389 Elmwood Ave, Buffalo, Rec Room. Tuesday's 5-PM. Closed Meeting.
- **Just For Today Group/Cheektowaga** will restart @ Infant Of Prague Church, 921 Cleveland Drive. Saturday, 10-AM.
- **Positively Living Group**, Tues, Wed & Thurs, 12:30 PM, St. Clares, 193 Elk St. Buffalo, **No Longer Meets.**
- **Ray Of Hope** Group, Tuesday's, 1 PM in East Aurora, Immanuel Lutheran Church, Pine @ East Fillmore, **NEEDS SUPPORT.**
- **New Meeting; Hope's Horizon**, Horizon Health Facility, 1370 Niagara Falls Blvd @ Brighton, Tonawanda. 2nd Floor. Open meeting, Saturday's 10 AM.
- **New Meeting: Happy Faces**; Tuesday & Friday; Only, 1:30 PM, Faith Temple C.L.G., 461 Rhode Island St., Buffalo, 14213. Open Discussion.
- **IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

COMING EVENTS

- ~ Mar 6, **69th Buffalo Fall Convention Meeting**, Saturday, 12 NOON Buffalo Central Office, 681 Seneca Street All are welcome
- ~ Mar 6, **Staying Alive Group is hosting a Spring Dance** at St. Mark's Episcopal Church, corner of Payne & Tremont (61 Payne Ave), North Tonawanda. Doors open at 6:00 pm, speaker Barry L. gives his lead at 7:00. Music/DJ, dancing, fellowship from 8:00 pm till midnight. Enjoy pizza & wings; bring a dish if you wish. Raffles for prizes and 50/50s during the evening. No children under 12 please. Cost is only \$8.00 at the door.
- ~ Mar 7, **Steering Committee**, SUNDAY 5 PM, Central Office, 681 Seneca
- ~ Mar 7, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office, (hosted by Sunday Morning Breakfast)
- ~ Mar 7, **Corrections Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street
- ~ Mar 7, **General Service Assembly**, 12 Noon. Hamburg Town Hall, 5999 South Park Ave., Hamburg.

- ~ March 8, **Treatment Facilities Committee**, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street.
- ~ Mar 16. **An Introduction To the 12 Steps Workshop**. To acquaint members with the 12 Steps in 5- 1-hour sessions.4-5PM. @ Caz Manner Group, 486 N. Legion Drive, South Buffalo. Sponsored by Helping Hand, Southwestern & 12 Step Groups. And questions please call (Bob) 479-8888 or (Ginny) 649-0801.
- ~ Mar 15, **GSA, Area 50, District 11 Business Meeting**, Monday, 5 p.m. – 6 p.m., location to be determined. Contact Maureen M., 716-310-5885 for more info.
- ~ Mar 16, **Public Information Committee meeting**, Tuesday, Anyone interested in helping the community understand who we are, what we do, and what we are not to do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 6 PM.
- ~ Mar 17, **Werhle Group is hosting a St. Patrick's Day Dinner**. Wednesday; Polish Villa II, 1085 Harlem near Clinton in Buffalo. Doors open at 6:00 pm, dinner at 6:30 pm. The speaker; Sue H. from the Acceptance Group. Cost for dinner is \$20.00. The Family Style Dinner includes corned beef and breaded pork chops, sides, beverage and dessert. 100 tickets are available and must be purchased by March 10th. No tickets available at the door. Call Donna at 833-4045 or Beverly at 580-3516
- ~ Mar 20, **"Spring into Sobriety", District 4 Day of Sharing**, St. Paul's Episcopal Church, 591 East Main St. (Rt. 39), Springville, NY 14141. 9 AM- 3 PM. Registration opens @ 8:30 AM. Registration \$5. Pre-Sale tickets will be available. Bring a dish to pass. Contributions gratefully accepted. Please join us in Unity ☺
- ~ March 26-28, **Cataract City Convention**, Days Inn at the Falls, 443 Main St., Niagara Falls, NY. Registration Only: \$15, Registration +Dinner \$40. Commemorative Mug, add \$5. For more info. Call; Joanne Z. 284-5806 or Amber T. 285-6378.
- ~ Mar 27, **Archives Committee Meeting**, SATURDAY, 9 am, Might meet @ convention
- ~ Mar 28, **Serenity Groups 47th Anniversary Breakfast**, Holiday Inn, 1881 Niagara Falls Blvd., Amherst. 9:00 am-Doors open, Breakfast @ 9:30, 11am- speaker. \$13.00. **PRE-SALE tickets only**. For more info: call Patti S. 773-3689
- ~ Mar 29, **Dunkirk Monday Nite** will be celebrating its **61st Group Anniversary**. Dinner at 7 PM, Roast Beef provided, please bring a dish to pass, Speaker at 8 PM. 50/50 Raffle & Door Prizes. All are welcome. United Methodist Church, 15- 6th Street @ Washington. For directions call Gregg B. 366-7638.
- ~ May 14-16, **Women's Spring Spiritual Retreat** -will be at Stella Niagara. Registration forms will be mailed to all groups with March Central office announcements. Focus is on the 12 steps -speakers, groups, guided meditation, spiritual advisors -along with loads of food & fun. Cost is \$145 US dollars - includes: 3 day/ 2-night stay, meals & coffee. Contact person: Marilyn S. 799-4094
- ~ Oct 29-31, **69th. BUFFALO FALL CONVENTION**: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst.

3rd STEP: "Made a decision to turn our will and our lives over to the care of God as we understood him."

3rd TRADITION: "The only requirement for A.A. membership is a desire to stop drinking."

3rd CONCEPT: To insure effective leadership, we should endow each element of A.A.- the conference, the General Service Board and its service corporations, staff, committees, and executives- with a traditional "Right of Decision."

PLEASE SUPPORT THE ENVELOPE SYSTEM...

Yours in the Fellowship of the Spirit...Terry B..... Executive Secretary

Buffalo Central Committee Minutes
January 31, 2010

Cindy Orchard Park Step Committee Chair opened the meeting at 7:02 PM with a moment of silence and the Serenity Prayer. Kathy Lakeshore Group read the Preamble, Sloan Serenity on Lake Group read the Purpose of the Central Committee and Roosevelt Fresh Start Group read the Twelve Traditions. It was moved by Jack Lockport #1 and seconded by Tina Amherst Snyder Group to accept the January minutes as written by acting Recording Secretary We Group.

New Groups were greeted and 20 groups were represented: Dist #1: Dist #2: North Buffalo, Sober Train, Step Action; Dist #3: Abbott Men's Discussion, Courage, OLV Women's; Dist #4: Orchard Park Step; Dist #5: Big Book Lockport, Lower River; Dist #6: Carrying the Message, Derby, Go To Any Lengths, Lakeshore, Serenity on The Lake; Dist #7: Fresh Start, Solidarity; Dist #8: Eyeopener, Maple Men's, Williamsville, Women Making the Effort.

COMMITTEE REPORTS

- **ENVELOPE SYSTEM:** Tina gave verbal report said \$1105.00 in Envelope System.
- **STEERING COMMITTEE:** Chris Dist #1 rep reported that the Co-Chair, Secretary, Financial Chair and all Steering Committee Reps Dist 1-8 were present at meeting. Dave from Dist #4 requested \$200.00 in seed money for the upcoming day of sharing on March 20th. The request was voted on by the group and passed. Pete from Dist #6 questioned the high balance of funds in the Corrections Treasury. Pete believes the money should be spent. The next Steering Committee meeting will be on March 7th. Jake J 3 Legacies also clarified issue on phone systems. We are not changing our system at the moment just looking into if we should change our answering system.
- **FINANCIAL REPORT:** It was reported that all cd's from prudent reserve are now in one savings account earning interest. \$20,735.95. Literature/Medallion inventory is now reported at cost vs. previously reported at retail \$16,836.12. Printing expenses \$2142.00 is 2010 schedules. Group contributions and envelope system contributions were up in January and Fall Convention proceeds were received.
- **TREATMENT:** Brian gave verbal report.
- **CORRECTIONS:** Milt reported that meetings for Alden are covered for Feb & March. Still looking for home groups to volunteer. We need volunteers for the work release at Wende which is every Tuesday. We have been covering meetings at Collins. Milt says Thank You! Corrections is in need of volunteers for committee. We would like to thank home groups for donations. Corrections will be reviewing literature and will be providing this to our facilities.
- **SCREENERS:** Jeanmarie reported that she is still in need of A LOT of help. If you know anyone who needs service work and can get to meetings please have them contact Central Office. Just ask people if they would like to join our 12 step call list and fill out form. Either mail it or bring it to Central Office.
- **CENTRAL OFFICE:** AAINFO: 171, 12-Step, ALANON:2, PIC:1, VISITORS: 154, VOLUNTEERS:4. Groups we are in need of contacts from are, It- Dist #8
- **NEW FRONTIERS:** no report
- **PIC:** Patrick reported that PIC is currently sending out letters to select area high schools to offer them our services to a greater extent than the health fairs. PIC in

need of Spanish speaking member to assist in our upcoming high school health fairs. PIC has two additional health fairs scheduled. One at the Central Library in downtown Buffalo and one at the Howard Lewis Center. The Rochester power point presentation we received is currently being reworked to suit our needs and the committee plans on doing a mock presentation at our next business meeting in preparation for our upcoming presentation in March at ECMC. We are in need of volunteers. Please join us the third Tuesday of each month at 6pm at the Central Office.

- **PAST CONVENTION:** Frank reported that total registration was 850. Pre-Registration banquet 432, at the door banquet registration was 52. Bringing banquet total to 484. Pre-registration convention 70, registration at door 296. Bringing registration of convention to 366. Total coffee 115 gallons. Paid the Marriott \$31,969.50. The check book was given back to the Central Office with \$2,000.00 seed money and a check for \$517.86 made out to Central Office. If the Convention would have broke even I would have called it a success, but we are \$517.86 more than a success. Frank would like to thank everyone for allowing him the opportunity to chair our past convention.
- **CURRENT CONVENTION:** Anne reported that the Buffalo Fall Convention Dates are set for Oct. 29, 30, and 31st. Contract signed for Buffalo Marriott and all prices remained the same as 2009. 1st meeting is Feb 6th (Saturday) at noon at Central Office. Meetings will be held every 1st Saturday of the month at noon at Central Office. Most positions filled, still looking for volunteers to fill the slots. Terry will be changing Bank Account over to new treasurer this week. Hopefully she is feeling better.
- **GSA LIASON:** Frank reported that the last meeting of GSA was January 10, 2010. Sue L. and Deric M. ran for the position of secretary vacated by Teresa G. and Sue L. of Spiritual Progress Group was elected. Don B. was elected as PIC chair. Positions that remain open are corrections and TFC chair. The 19th annual N.E.R.A.A.S.A. conference will take place in Niagara Falls on Feb. 26-28 2010. GSA next meeting will take place on Sunday March 7th, 2010 at noon at Hamburg Town Hall.
- **CPC:** no report
- **ARCHIVES:** no report
- **OLD BUSINESS:** Motion was made to form AD-HOC committee to look into new phone systems. In Favor-12, Opposed-4, 1 abstention, adopted. AD-HOC committee chair for phone systems is Troy Abbott Men's Discussion.
- **NEW BUSINESS:** Frank made motion that Central Office pay for Chair, Co-Chair and Recording Secretary to go to N.E.R.A.A.S.A. In Favor-12, Opposed-1 No abstentions, adopted.
- **ANNOUNCEMENTS:** Relevant issues for next meeting is to vote on Happy Face's Group.

It was moved by Tina Amherst Snyder Group and seconded by Kathy Lakeshore that we adjourn; adopted. Meeting closed with The Lord's Prayer at 7:42 PM.

NEXT MEETING MARCH 7TH 2010

Respectfully submitted by MaryKate B. Recording Secretary Three Legacies Group

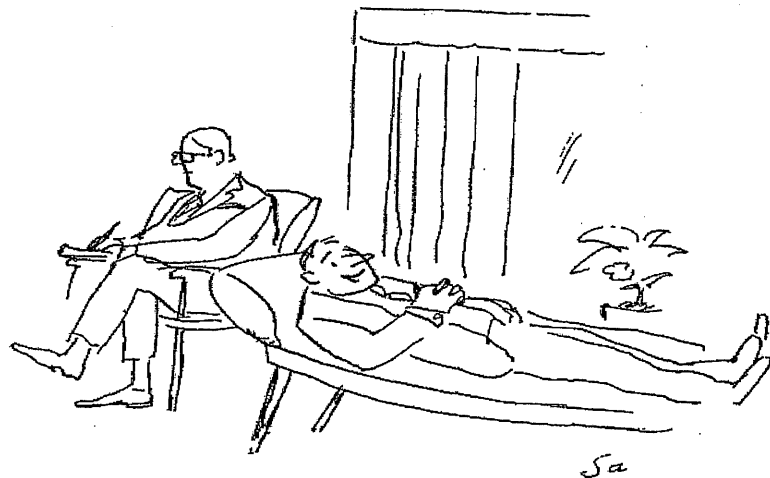
*If you can't help
another alcoholic,
at least don't hurt him.*

Income Statement		Jan-10	
Beg Bal Cash on hand		15,011.78	
Contributions			
	Groups	7,825.62	7,825.62
	Joint Meeting	38.00	38.00
	Envelope System	1,105.00	1,105.00
	New Frontiers Subs	99.00	99.00
	Literature/Medallions/Pins	4,544.98	4,544.98
	Literature Sales Tax	303.32	
	Literature Postage		-
	Archives Room Rent	50.00	50.00
	Meetings at CO	20.00	20.00
	Mail/Misc.		-
	US Treasury		-
	"Gratitude Month" (NOV)		-
	Conventions/Day of Sharing	517.86	517.86
Monthly Income		14,503.78	14,503.78
Expenses			
	Office Rent	873.22	873.22
	Electric	90.00	90.00
	Payroll		
	Salaries - gross	2,520.40	2,520.40
	Federal Withholdings	106.12	106.12
	NYS Withholdings	(104.00)	(104.00)
	Disability Insurance	(2.40)	(2.40)
	Payroll Tax Deposits		
	Federal	917.23	917.23
	State	478.67	478.67
	Insurance		
	State Ins Fund		-
	Health	354.00	354.00
	Liability	1,220.13	1,220.13
	Postage	479.96	479.96
	Phone	167.88	167.88
	Accounting		-
	Advt		-
	Talking Phone Book		-
	Verizon; Idearc Media website	155.80	155.80
	white directory		-
	Yellow Pages		-
	Literature Expenses		
	Grapevine		-
	World Services Inc	1,697.40	1,697.40
	Hazeldon	822.00	822.00
	Printers	2,142.00	2,142.00
	Medallions		-
	PINS		-
	Office Supplies	86.92	86.92
	Answering service	177.05	177.05
	Minolta leasing (copier)	223.00	223.00
	Minolta Copies/ service contract	130.00	130.00
	PIC	227.00	227.00
	Seed \$\$		-
	Seminar		-
	Depreciation	100.00	100.00
Monthly Expenses		12,862.38	12,862.38
Monthly Income (Loss)		1,641.40	\$1,641.40
	Depreciation add back(non-cash)	100.00	100.00
End Bal Cash on hand		16,553.18	
CD	PRUDENT		
CD	RESERVE	20,735.96	
Assets: Literature & Medallions		16,836.12	
Literature Receivable:(outstanding)		2,980.21	
Corrections Facilites		2,591.67	
Contributions		389.90	389.90
Expenses		503.75	
Balance		2,477.82	389.90
Treatment Facilities		1,105.88	
Contributions		386.90	386.90
Expenses			-
AT & T Bridging The Gap			-
AAA Abott Answering Service			-
Balance		1,492.78	386.90

What is a Central Office?

A central office (or Intergroup) is an A.A service office that involves partnership among groups in a community – just as A.A groups themselves are partnerships of individuals. A central office is established to carry out certain functions common to all the groups – functions which are best handled by a centralized office – and it is usually maintained, supervised, and supported by these groups in their general interest. It exists to aid the groups in their common purpose of carrying the A.A message to the alcoholic who still suffers.

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A.A Guidelines
Central or Intergroup Offices,
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A.A World Services, Inc.



"I have this sense of impending hapiness."

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GROUP CONTRIBUTIONS

GROUP CONTRIBUTIONS

GROUP	CENTRAL	CORRECTIONS	TREATMENT
One Day At A Time	0.00	0.00	0.00
On The Cliffs	0.00	0.00	0.00
Open Arms	0.00	0.00	0.00
Open Mind	0.00	0.00	0.00
Orchard Park Step	352.00	352.00	0.00
Our Meeting @ the VA	0.00	0.00	0.00
Patchin	0.00	0.00	0.00
Pathway to Peace	0.00	0.00	0.00
Pendleton Chapter Five	0.00	0.00	0.00
Point of No Return	0.00	0.00	0.00
Powerless	0.00	0.00	0.00
Pride	130.20	130.20	0.00
Primary Purpose	0.00	0.00	0.00
Principles Bef. Personalities	80.00	80.00	0.00
Progress	0.00	0.00	0.00
Purpose/Tonawanda	0.00	0.00	0.00
Questions & Answers	0.00	0.00	0.00
Ray of Hope	0.00	0.00	0.00
Rec. Women in the BB.	0.00	0.00	0.00
Recovery Near the Gardens	0.00	0.00	0.00
Redeemers	0.00	0.00	0.00
Reflections	0.00	0.00	0.00
Reflections on Recovery	0.00	0.00	0.00
Remember When	25.00	25.00	0.00
Renaissance	0.00	0.00	0.00
Renewal	0.00	0.00	0.00
Ridge	0.00	0.00	0.00
Rise and Shine	0.00	0.00	0.00
Rochester	0.00	0.00	0.00
Roland	0.00	0.00	0.00
Rural is Plural	0.00	0.00	0.00
Sally	0.00	0.00	0.00
Saratoga	0.00	0.00	0.00
Saturday 12 & 12	0.00	0.00	0.00
Sat. Nite Sober	0.00	0.00	0.00
Second Chance	0.00	0.00	0.00
Serenity	0.00	0.00	0.00
Serenity Circle	0.00	0.00	0.00
Serenity on the Lake	0.00	0.00	0.00
Serenity Shack Nooners	0.00	0.00	0.00
Serenity Trails	0.00	0.00	0.00
Setaside	300.00	300.00	0.00
Sheridan	0.00	0.00	0.00
Silvercreek Friendship	0.00	0.00	0.00
Sober Saturday	0.00	0.00	0.00
Sober Trails	0.00	0.00	0.00
Sober Train	0.00	0.00	0.00
Sober Winners	80.00	80.00	0.00
Sobriety for Women	0.00	0.00	0.00
Sobriety Men's Disc.	0.00	0.00	0.00
Sobriety On The Canal	0.00	0.00	0.00
Sobriety on a Sat. Night	0.00	0.00	0.00
Sobriety on the Lake	0.00	0.00	0.00
Solidarity	41.00	41.00	0.00
Somerset	0.00	0.00	0.00
South Buffalo	0.00	0.00	0.00
South Town	0.00	0.00	0.00
Southgate	0.00	0.00	0.00
Southwestern	0.00	0.00	0.00
Spirit of Hope	0.00	0.00	0.00
Spiritual Progress	130.00	130.00	0.00
Springville Sat. Afternoon	0.00	0.00	0.00
Springville Tues. Night	0.00	0.00	0.00
Springville Wed. Noon	25.00	25.00	0.00
Springville New Life	0.00	0.00	0.00
St. Barnabas	0.00	0.00	0.00
St. Mark's	0.00	0.00	0.00
Starting Over	0.00	0.00	0.00
Staying Alive	0.00	0.00	0.00
STAYING SOBER	0.00	0.00	0.00
Step Action Group	0.00	0.00	0.00
Stepping Stones/Gow.	0.00	0.00	0.00
Stepping Stones/Will.	0.00	0.00	0.00
Steps 1, 2 & 3	0.00	0.00	0.00
Sunday in Cattaraugus	0.00	0.00	0.00
Sunday Morning Breakfast	200.00	200.00	0.00
Sunday @ 8:00	0.00	0.00	0.00
Sunday's Best	0.00	0.00	0.00
Sunrise Court	100.00	100.00	0.00
SUNY Amherst Campus	0.00	0.00	0.00
Surrender and Hope	0.00	0.00	0.00
TFC-12 Step Call	0.00	0.00	0.00
TGIF	0.00	0.00	0.00
Thankful	0.00	0.00	0.00
THE DERBY LUNCH GROUP	0.00	0.00	0.00
Three Legacies	0.00	0.00	0.00
Thruway	1000.00	1000.00	0.00
Thurs. Nite Steppers	0.00	0.00	100.00
T'nT	0.00	0.00	0.00
Today	0.00	0.00	0.00

GROUP	CENTRAL	CORRECTIONS	TREATMENT
Today's Woman	0.00	0.00	0.00
Tri County	0.00	0.00	0.00
Tri-Step Beginners	0.00	0.00	0.00
Try Again	200.00	200.00	10 10.00 10 10.00
Tuesday Men's AM	0.00	0.00	0.00
Tuesday Women's	0.00	0.00	0.00
Turning Point	0.00	0.00	0.00
Twin Cities	0.00	0.00	0.00
Unity	0.00	0.00	0.00
University Men's Disc.	0.00	0.00	0.00
Valley	0.00	0.00	0.00
Victory	0.00	0.00	0.00
Victory Women's	0.00	0.00	0.00
Wake Up Call	0.00	0.00	0.00
WE(Women's Experience)	0.00	0.00	0.00
We Are Not Saints	0.00	0.00	0.00
We Care	0.00	0.00	0.00
We Don't Know	104.10	104.10	0.00
Wehrle	0.00	0.00	0.00
Westfield	0.00	0.00	0.00
Westminster	0.00	0.00	0.00
Why	0.00	0.00	0.00
Williamsville	0.00	0.00	0.00
Willing To Grow	0.00	0.00	0.00
Wilson Group	9.14	9.14	0.00
Wilson Smith Alumni	0.00	0.00	0.00
Women In Sobriety	0.00	0.00	0.00
Women Making the Effort	0.00	0.00	0.00
Women's West Side	0.00	0.00	0.00
Working	0.00	0.00	0.00
Young at Heart	0.00	0.00	0.00
Youngstown	0.00	0.00	0.00
Bowl in the New Year	80.00	80.00	0.00
TOTALS	7825.62	7825.62	389.90 389.90 386.90 386.90

ATTENDED CENTRAL COMMITTEE



"Fr'en' o' mine went in there once an' nobody's seen him since!"

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Suggested Contributions for SUBSCRIPTIONS;

**MAKE CHECKS PAYABLE TO: BUFFALO CENTRAL OFFICE, 681 SENECA ST.,
BUFFALO, NY 14210**

1 Copy	\$10	20 Copies	\$57
2 Copies	\$13	30 Copies	\$75
5 Copies	\$24	40 Copies	\$95
10 Copies	\$33	50 Copies	\$120
15 Copies	\$43	60 Copies	\$135