

NEW FRONTIERS

A.A. of the Niagara Frontier

March 2019

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



God As We Understood Him

I have come to believe that I need to know God from my deep innermost self and not from my ever-inquiring alcoholic mind.



Very few of today's two-million-plus AA members claim to possess a satisfying scientific definition of God. However, there exists undeniable evidence that God's power has released countless of its members from alcoholic obsession.

Steps Three and Eleven contain the phrase, "*God, as we understood Him.*" When I was new, I found this insert both challenging and confusing; consequently, I soon found myself delving into books on theology, theosophy, Philosophy, and other mystical readings—but to no avail. I soon realized that I was no further along understanding God than when I started. Months of studying left me without any satisfying logical or scientific definition—what to do? After all, am I not supposed to "*understand God?*" If not, perhaps my sobriety would be in jeopardy! Confusing times!

But then, I came across a watershed idea from Bill W's Oxford mentor, Reverend Sam Shoemaker who wrote: "*Step Two is not theological; it is evidential!*" Of course, I could plainly see the evidence of God's work by simply observing numerous members around AA tables with many years sobriety; they all claimed that contact with God, or a "*Higher Power,*" was keeping them sober. It was evidential!

I had been barking up the wrong tree! I no longer need search for a logical definition of God, but I still needed to improve my conscious contact with God. Step Eleven convinced me that I could begin to know God through prayer and meditation—then there would be no need of a logical or scientific understanding of Him.

I have come to believe that I need to contact (know) God from my deep innermost self (heart) and not from my ever-inquiring alcoholic mind. I had been searching for God from the wrong place all along! After all, doesn't the Big Book speak of the "*Great Reality deep within?*" (p. 55). So, in conclusion, "*The better I understand God, the less I know God.*"

Source – By Bob S., Richmond, IN



Another Look at Step 3

I was surprised to find that A.A. refers to step 3 as the most important step in our recovery process. I was shown this where it says that the *"...other Steps of the A.A. program can be practiced with success only when Step Three is given a determined and persistent trial."* (Pg. 40 Twelve & Twelve). Since A.A. makes such a bold statement about step 3, I thought it may be helpful for me to take another look at the 3rd step decision and the 3rd step practice that the A.A. literature is describing. Could I have missed something? Just what is this decision we make? Just what is the suggested practice?

The 3rd Step Decision: I found that A.A. describes the decision where it states *"...we decided that hereafter in this drama of life, God was going to be our Director. He is the Principal; we are His agents. He is the Father, and we are His children. Most good ideas are simple, and this concept was the keystone of the new and triumphant arch through which we passed to freedom."* (Big Book Pg. 62)

Wow, I had never considered looking at my identity in this way! Perhaps all my self loathing or old ideas prevented me from considering it. As I was willing for these to be set aside it became clear to me that A.A. is suggesting we adopt a spiritual concept of who we are. All of the sudden it hit me. "Caterpillar becomes Butterfly". Other lines in the book began to rush up to support this decision to enter a new state of consciousness. *There often seems no way of entirely getting rid of self without His aid".* (Big Book Pg. 62) A.A. suggests we are *"intelligent agents, spearheads of God's ever advancing Creation."* (Big Book Pg. 49) I ceased fighting these simple ideas. But this didn't seem to be enough. How could I gain the experiences I needed to stay spiritual? How do I live this way?

The 3rd Step Practice: I was at a step table shortly after. They used the Twelve and Twelve. I sat down during the 'meeting before the meeting' and took another look at step 3. With my 3rd step decision in place the solution jumped out from the book *"...it is really easy to begin the practice of Step Three. In all times of emotional disturbance or indecision, we can pause, ask for quiet, and in the stillness simply say: 'God grant me the serenity to accept the things I cannot change...'"* (Twelve & Twelve Pg. 40 -41)

Serenity! That's what I needed. That's what I was chasing all along in the first drink. Once I had a taste I knew that serenity is the drink of sobriety. As I put my faithful decision to work with the 3rd step practice I found that there was no shortage of disturbing things to use it on throughout the day! Anytime I found a person, place, thing or circumstance unacceptable to me, I paused, quieted my emotions, and in the stillness, asked for and received serenity. The more I focused on what serenity is and what it means, the easier it was to recognize and feel it. The more I shared my 3rd step experiences, the more I kept having them! As my experiences of peace added up I began to develop a quiet awareness which I now equate as the awakened spirit. Caterpillar becomes butterfly! Finally, freedom from the bondage of the self became more than just a hopeful line in the book; it was now my new state of mind- *"...granted a gift which amounts to a new state of consciousness and being."* (Twelve & Twelve Pg. 107)

With this spirit-self cemented in place I was able to finally practice the other steps with success, the first step of which was step 4. *"When the spiritual malady is overcome, we straighten out mentally and physically."* (Big Book pg. 64) Sometimes I imagine a butterfly coming down from its flight, picking up a pencil and taking an inventory of what it was like when it could only be a caterpillar. Then flying off to a variety of places; willing to amend its part when its life was rooted in ground-centeredness. I now know, thanks to A.A. literature, that quality sobriety became available to me through the spiritual decision and spiritual practice of step 3. It was worth taking another look. *"You will find release from care, boredom and worry. Your imagination will be fired. Life will mean something at last. The most satisfactory years of your existence lie ahead."* (Big Book Pg. 152)



The First Meeting for London, England: They may have barely dared to hope—the dozen or so alcoholics who walked into Room 202 of the Dorchester Hotel, at a maybe-rainy end of March in 1947. They had, on the one hand, years of drinking no matter what, being unable to stop, even if it threatened death, even when it led to London prisons again and again—even when it had left their lives bombed to rubble like this city after the air war with the Nazis. They had that horror that they lived in, that they were dying in—then they had what might have seemed like nonsense, this new thing to try called Alcoholics Anonymous. A story reprinted from America in the British Reader's Digest, a few other success stories, and a plan to do something in the Dorchester Hotel—a place more than one of them might have been thrown out of—was not a lot to hang a life on. But they were there. One was drunk, maybe all were brimming with fear, but they were there.

They may have been welcomed into the room by Grace O, the American alcoholic who'd come from New York, with the contacts the General Service Office had provided her. It's possible that she had walked right into GSO's space there at 30 Vesey Street, and been handed the addresses by a kind secretary named Ruth. Or, if Ruth had her hands full with the stacks of mail and other alcoholics looking for help, maybe Bill, tall and trailing cigarette smoke, had helped her. Maybe he had talked with her about these new things for AA—the 12 Traditions. Maybe she had left with another copy of this book Alcoholics Anonymous—and had brought it across the ocean to the hotel, and it laid there, bright red and yellow, louder than any other colors in the room. And maybe she started the meeting like a few alcoholics had started to do in another hotel room, in Los Angeles a few years before—opening those thick pages to "How It Works," and reading out loud.

It's possible that a man who was new to most of them introduced himself as "Canadian Bob, Alcoholic." He might have read a prayer from a card, one that a few of them knew and the rest could try to follow along: "God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference." Maybe he also mentioned that another Bob, a doctor in Akron Ohio, had been sober over 10 years by then. 10 years—could anybody, alcoholic or not, go that long without drinking?! But maybe his belief in what he said, and the hope in his own eyes, reached some of them. And they stayed, in their chairs, or seated on the floor.

Part of the meeting was to talk about having more meetings. Since the next ones were held in Bob's house, we can guess that was decided there, in the Dorchester. Maybe some of them felt something—a little glimmer of that spirit. Something may have told them they were home, they had found it. They had no way of knowing that the meetings would spread, and spread, and grow, and grow, and work—alcoholics from there in London and elsewhere would come in with little or no hope, but would give it a try, and find that it worked, spectacularly, one day at a time, for the rest of their lives. Some would meet Bill and Lois when they came overseas, like parents visiting their kids. Some might go to Akron, and get their hands swallowed and warmed up in Dr. Bob's handshakes. Some might help pave the way for alcoholics who are staying sober this instant there in the UK, and beyond. Whether their meeting ended with a prayer or not, something had happened.

When they walked out of the Dorchester, maybe most of them felt something they'd never felt before—a feeling they couldn't put into words. But it was good, even great, in a way alcohol had never given them. Could it be that sitting with these other alcoholics, all sober, with some sharing and prayer, did that? The white, curved wall and long windows of the hotel, the cars there on the street, even the ruins of the war—like the one they'd fought and lost with this disease—maybe seemed like they'd never seen it before, and it was good, and they belonged in the world, or could. Because they were staying sober—that day, with more hope for tomorrow than they'd ever known.

Written by Chad P. and submitted by Lila M. for the General Service Area 50 Archives Committee

3rd STEP:

"Made a decision to turn our will and our lives over to the care of God as we understood him."

Share your Experience, Strength and Hope

Please submit your announcements by the **12th**
for next month's issue

Articles can be submitted at any time

e-mail address: buffaloaa@hotmail.com

or mail to:
Buffalo Central Office
17 Gierlach Street
Sloan, New York 14212

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: quotations from "Alcoholics Anonymous", "Twelve Steps and Twelve Traditions" and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc. are subject to Grapevine copyright.)

Heard @ a Meeting

The Word "Alcohol" Is Said To Come From
The Arabic Term "Al-Khul" Which Means
"BODY-EATING SPIRIT"

IN MEMORIAM Things We Can Not Change

To all of our members who have lost family and loved ones
Sean M.: 4 y.~ Go To Any Length & South Buffalo;
(died on same day as Bill W..)
Kathy S. :25 yrs ~ Dunkirk Monday Night
Karaoke Steve

MARCH ANNIVERSARIES

Acceptance/Welcome

Norm W. 2y
 Roxanne E. 8y
 Rich B. 9y
 David K. 31y
 Tom Mac. 34y

Alexander

Jerry M. 21y

All Is Well

Laura B. 1y
 Mary L. 2y
 Jim G. 15y

Amherst/Snyder

Aaron T. 2y
 Jim E. 7y
 Elle B. 10y
 Bob M. 15y

Any Lengths

Chris B. 3m
 Ric S. 9m

Big-Book Lockport

Joe D. 4y

Cold Springs

Dorothy S. 24y
 Albert C. 28y

Daily Reflections

Pat L. 24y

Derby

Peter C. 4y
 Brian B. 8y
 Tony M. 9y
 Cathy S. 34y

Easy Does It

Eric A. 4y
 Mark C. 4y
 Suzan E. 5y
 Diane B. 5y
 Peter M. 9y
 Heather A. 13y
 Lin D. 19y
 Gina L. 26y
 Jim S. 31y

Eyeopener

Stan W. 2y
 Eileen B. 3y
 Joanne R. 3y
 Brigitte 3y
 Troy G. 3y
 Paul L. 3y
 Joe S. 3y
 Mike H. 4y
 Lynn K. 8y
 Dan S. 8y
 Tom S. 9y
 Russ A. 14y
 Jim H. 15y
 Anthony R. 16y
 Fred P. 24y
 Tom M. 31y
 Terry M. 42y
 Lorne M. 54y
 Ray O. 44y

Eyeopener South

Alan P. 6m
 Alden H. 1y
 Aaron M. 2y
 Michael W. 3y
 JulieAnn K. 3y
 Bob O. 5y
 Ralph B. 25y
 Martha K. 28y

Fireside

Shannon S. 3m
 Suzy P. 3m
 Karen M. 9m
 Alex M. 1y
 Kelly G. 1y
 Sandy L. 1y
 Tom D. 3y
 Susan Y. 3y
 Tom S. 5y
 Kristin C. 13y
 Joan G. 20y

First Step (NF)

Robert M. 11y
 Jerome K. 13y

Fresh Start

Steven B. 14y

Golden Slipper

Joe D. 1y
 Will S. 1y
 Cookie B. 7y
 Lou S. 8y
 Mike R. 12y
 Anthony R. 17y

Harmony

Linda A 11y
 Greg P 12y
 Vivian J 20y
 Tina W 30y

Helping Hand

Dan B. 8y

How It Works

Ed R. 7y
 Rich B. 9y
 Steve J. 11y
 Tom M. 21y

Ironhorse

Kurt S. 3y
 Chris T. 8y
 Peter M. 9y
 John D. 12y
 Kathy R. 14y
 Ann D. 28y

Just For Today

Dan S. 28y

Kensington

Ron B. 6y
 Peaches R. 38y

Lewport

Jeff E. 6y
 Bill B. 8y

Lockport Ladies

Mandy W. 5y
 Judy H. 11y

Marching Forth

Ellen H. 9y
 Kay G. 33y

Marilla

Frank H. 33y
 Ross 35y

North Buffalo

Garrot A. 2y
 Michael N. 2y
 Pat N. 3y
 Sharon T. 4y
 Perry C. 16y
 Harvey S. 31y
 Joan K. 36y

Questions & Answers

Jennifer K. 7y

Remember When

Sonya J. 7y
 Rhonda S. 8y
 Darnella J. 8y
 Charles T. 10y
 Steve S. 11y
 Greg P. 12y

Renaissance

Diane D. 6y
 Mary K. 18y
 Eddie L. 28y
 Bob M. 32y

Rise & Shine

Mark G. 3m
 Stevie S. 6m
 Alan L. 9m
 Andrew S. 2y
 Kevin R. 14y
 Sean M. 17y
 Bernie D. 17y

Sheridan

Pat S. 12y
 Jim M. 20y
 Sheri B. 24y
 Jim E. 50y

Sunday Morning B.

Anne K. 3m
 Jason P. 6m
 Dave R. 31y

Swormsville

Aidan 6y
 Judy H. 11y
 Joan O. 20y
 Bill M. 31y

The Grove

Daniel W. 1y
 Sal V. 1y
 Bill Y. 2y
 Kate B. 2y
 Stephanie S. 2y
 Terry W. 3y
 Mark O. 4y
 uornia w. 8y
 Paul G. 10y
 Pat L. 24y
 Ginny K. 28y

Tri County

Carmen M. 6y
Thruway
 Keith D. 5y
 Debby K. 5y
 Jim S. 31y
 Ray O. 44y

Williamsville

Chuck P. 5y
 Dean C. 16y
 Shirley 28y

GROUPS CELEBRATING

A Day At A Time: 36y
All Is Well: 3y
Attitude Adjustment: 35y
Big Book/Spiritual Studies:15y
Bodhisattva: 19y
Clarence Men's Discussion: 39y
Dunkirk Monday Nite: 70y
Eden: 4y
Forestville Serenity: 35y
Friday Night Lights: 5y
Grand II Joy Of Living: 32y
Holland; 24y
Just For Today/Albion: 21y
Keep On Comin': 21y
Lake View: 38y
Lockport#1: 72y
Marching Forth: 4y
Medina Big Book: 22y
Medina New Life: 31y
Renaissance: 30y
Rise & Shine; 27y
Rochester Meeting: 26y
Rural Is Plural: 26y
Serenity: 56y
Set Aside:21y
Sheridan: 45y
Sober Saturday: 20y
Sober Trail: 42y
Southgate: 42y
Steps 1,2 &3: 19y
Surrender & Hope:27y
The Absolutes: 5y
The Grove:9y
Thruway: 46y
Two Good Guy's Big Book: 4y
Unity: 45y

Please remember to have the anniversaries submitted by the 12th

END OF BUSINESS DAY 4:00 PM of the month



Concept III

To insure effective leadership, we should endow each element of A.A.—the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional "Right of Decision."



PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:00 PM

17 GIERLACH STREET
SLOAN, NEW YORK 14212
Fax: 853-0389
buffalooa@hotmail.com

Real-Time schedule? Check your website: www.buffaloany.org

March 2019

IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.

MEETING CHANGES

- **Open Arms Group: No Longer Meets**
- **First Step Group NF**, Friday's 8PM, **Has moved** to Holy Trinity Church Hall, 1439 Falls St., Niagara Falls.
- **Caz Manor has moved** to South Park United Methodist, 2291 South Park Ave., Bflo South 14220. **Now meets M-W-F**. Also is **changing their name** to "A Vision For You".
- **Boulevard Women's Group Needs Support**. Wed. 9:30 AM, 1570 Niagara Falls Boulevard, Tonawanda, 14150
- **Pride Group: No Longer Meets**
- **Both Silvercreek Friendship & Forestville Sunday Serenity Still Meet**.
- **Awareness** group has **changed its start time to 10:00 AM**, Sat. @ Genesis Center, 2161 Seneca St., Bflo South, 14220
- **Alexander Group** has **changed their start time to 7:30PM**
- **Fireside PM group** will meet at **7 PM**, no longer 7:30 PM
- **NEW GROUP: LOW BOTTOM GROUP**, Tuesday's 8 PM, Open Meeting. Never Alone (Emergency Pizza) 1866 Seneca St., Buffalo South, 14210.

SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

Mar. 3, Committee Meeting that meet prior to Central Committee 5:30 PM

St. Andrew's Church Parish, 111 Crocker & Reiman, Sloan, 14212,

Steering Committee (5:30 PM)

Public Information Committee meeting

Treatment Facilities Committee

Corrections Committee

Education & Participation

Nightwatch Committee

Envelope System (6:30 PM)

Followed By Central Committee 7:00 PM:

(Hosted by Depth & Weight Group)

~ Mar. 4, Convention Committee Planning Meeting, St. Andrew's Church Parish, 111 Crocker & Reiman, Sloan, 14212

~ Mar. 26 Internet Presence Committee Meeting. Central Office, 7:00 PM, 17 Gierlach St., Sloan 14212.

COMING EVENTS

- ~ Mar 9, **All Is Well Group** is celebrating it's 3rd Anniversary. Speaker Treats, Archives, Wiener Wagon Lunch. 1645 Southwestern Blvd, West Seneca 14224.
- ~ Mar. 22-24, **11th Annual Cataract City Convention**. Sheraton at the Falls, 300 Third St., NF 14303. Registration only; \$20, Registration w/ Banquet: \$55. Flyer on website.
- ~ Mar. 25, **Dunkirk Monday Night Group 70th Anniversary**. Pot Luck Dinner at 7 pm, Pulled Pork provided. Please bring a dish to share. 8 pm, Speaker. First United Methodist Church of Dunkirk, 6th and Washington St.'s, Dunkirk 14048.
- ~ **Lockport #1- 72nd Group Anniversary. Christ Episcopal Church**, 7145 Fieldcrest Dr. Lockport 14094. Speaker at 8 pm followed by food and fellowship.
- ~ Apr. 6, **District 16 Day of Sharing**, 3 panels: Treatment, Corrections & PIC. 12- 3:30. Lunch supplied. Wesleyan Southtown Campus, 2063 South Creek Rd (GPS: 2063 Shadagee Rd., Eden) 14057.
- ~ Apr. 26-28, **Women of AA Annual Spring Spiritual Weekend at Stella Niagara** - Lewiston. Meals and fun provided - see Information and Flyer on website www.buffaloaa.org/upcomingevents.htm
- ~ May 4, **Area 50 Archives Breakfast**, New Location; Leonard VFW Post 6251, 2450 Walden Ave., Buffalo, 14225. Limited quantity of tickets available soon, more information to follow.
- ~ May 14 – **Boulevard Helping Hands Anniversary Brunch**
Oven Baked Omelet's, Eggs, Home fries, Sausage, French toast casserole....
Coffee, Tea, Juice... Basket Auction (donations welcome) & 50/50 !!
Come help us celebrate! Wheatfield Community Center: 2800 Church Rd (off Ward Rd) Cost: Requesting \$3 donation.
- ~ Jul 13, **Main & High Day of Sharing**, "Love & Service". 9:30- 3:30PM. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo (across from Anchor Bar) Registration; \$7.00, 50/50, Hot Meal & Refreshments. CD's available.
- ~ Oct. 25-27, **78th Buffalo Fall Convention**. Millennium Hotel, 2040 Walden Ave, Cheektowaga 14225. Flyers & info will be posted when

We Now Have a Donate Button on our Website!!!

3rd STEP: "Made a decision to turn our will and our lives over to the care of God as we understood him."
 3rd TRADITION: "The only requirement for A.A. membership is a desire to stop drinking."
 3rd CONCEPT: To insure effective leadership, we should endow each element of A.A.- the conference, the General Service Board and its service corporations, staff, committees, and executives- with a traditional "Right of Decision."

General Service Assembly

- ~ Apr. 13 , **GSA Area 50**, 12 Noon,
- ~ Mar. 11 & 25 **2nd & 4th MONDAY** , 6:30PM. Buffalo Central Office, **Archives Work night's**.
- ~ Mar. 16, **Archives Committee Meeting**:(3rd Saturday)10 Am @ Buffalo Central Office, 17 Gierlach St, Sloan 14212. WORKNIGHTS; 2nd & 4th Monday's, 7pm.
- ~ Mar. 27, **GSA District 16 (Southtown's) Meeting**. 7:00 PM(4th Wednesday), at 2063 Southcreek Rd., Eden 14057.
- ~ Mar. 31; **GSA District 8 Meeting**, 5:00 PM, Brothers of Mercy 4240 Ransom Rd., Clarence.. Use Rear entrance.

**ARE YOU A NEW REP FOR
CENTRAL COMMITTEE
THERE IS A NEW
PRESENTATION ORIENTATION
FOR YOUR FIRST MEETING
PLEASE COME AT 6:15 PM
BEFORE
CENTRAL COMMITTEE
1ST SUNDAY OF THE MONTH**



Come get involved in the NEW Internet Presence Committee



Every last Tuesday of the month at the Buffalo Central Office
7:00 PM
17 Gierlach St.
Sloan 14212

**No
Tech knowledge
Needed**

Envelope System "personally helping to ensure AA for the future"

"Every A.A. wants to make sure of his survival from alcoholism, and his spiritual well-being afterward. This is just as it should be. He also wants to do what he can for the survival and well-being of his fellow alcoholics. Therefore he is bound to have a vital interest in the permanence and well-being of A.A. itself."

Bill W., *Language of the Heart*, p. 166
originally published in the April 1958 Grapevine
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Central Committee Minutes February 10th, 2019

The meeting was opened at 7 PM by our committee chair Raeanne F. Everybody then joined in with the responsibility statement and after a moment of silence the meeting started the serenity prayer. The AA preamble, the purpose of central committee and the 12 traditions were all read. A motion to accept last month's minutes was made and seconded. After the readings, Angela spoke on Tradition 2. Come on out to join us next month to hear Jesse speak on Tradition 3.

33 groups were represented

Groups in attendance break down by zones as follows. **Zone 1**- Buffalo, Room to Grow **Zone 2** – Acceptance, Brass, Depth & Weight, Chapter IX, Easy Does It, North Buffalo, Three Legacies, Welcome Group **Zone 3** – All Is Well, Cayuga Wake Up Call, Matt Talbot, Ridge, Southgate, Try Again, Tuesday Women's Discussion, Valley **Zone 4** –Tuesday Men's Discussion **Zone 5**- Big Book Lockport, Kitchen Table, Lockport #1 Group, Lockport Ladies, **Zone 6** – Derby Group, Lakeshore, Sobriety Men's Discussion **Zone 7** – Fresh Start, Lovejoy **Zone 8** – Amherst Snyder, Eyeopener, Fireside, Lighten Up, Williamsville.

Committee reports

Envelope System- January 2019 income: \$1,962.66. There are no new members. Currently 41 members, down from 67 members in 2018. All we can do is to continue visiting meetings and inform through the new frontiers. It is one part of the financial landscape of our self support system.

Dianne D

Steering committee - All 7 of 8 zones were represented with the exception of zone 8, we are in need of a zone rep for 8. There were no reports of consequence from the zone reps. We did discuss new groups. There was a 20 min heated discussion regarding the printing cost. We have decided to table the discussion until next month based on several factors.

-Sue

Financial – See detailed report within this publication

Treatment – 12 in attendance. Restocked Big Book soft covers with stories which will be obtained upon patient request. We are also planning to get schedules to Stutzman- ECMC-291-Elm-Salvation Army- and as well as pamphlets- brochures. We had no missed commitments. We encourage you're group, if you don't have a treatment rep, please send one.

Corrections – verbal report given

Central office - verbal report given

Night watch – verbal report given

PIC/CPC – Public information met today at 5:30pm. 6 people were in attendance. We have two wellness fair invites march 6th at Buffalo Academy Visual and Performing Arts H.S. March 20th at Williamsville East H.S and we have committed to attend both. Pamphlets and how to contact AA flyers are going into Dunlop Tires. PI/CPC day of sharing hosted by district 4 will be held on April 12th at St. Andrews Church. Terry mailed schedules to Buffalo public library. Next meeting will be held on 3/3 at 5:30. If you have any questions or concerns please email buffalopicpc@gmail.com

Education/Participation –

The Education and Participation met today at 5:30 pm. This past month, we visited seven groups to inform them of the services available to them and encourage them to send a representative to Intergroup. This coming month, we will be finalizing service-related PowerPoint video presentations for possible addition to the Buffalo AA website.

We also offer a new Intergroup Representative (IR) Orientation beginning at 6:15 right before Central Committee each month. Today, we had four people in attendance for the orientation. If you are a new IR or would like more information about what we do at Intergroup, please join us next month!

If you are interested in carrying the message of service to AAs throughout the Buffalo region, come to our next committee meeting on Sunday, March 3rd at 5:30 pm or e-mail us at buffaloepc@gmail.com.

Yours in service,
Hannah W.

Internet Presence Committee- verbal report given

Buffalo AA Fall Convention 2019 –

Met January 8th for a kickoff meeting and convention theme and colors were discussed. There is one committee chair position available: Merchandise, which must be filled ASAP. Please see me if you are interested. Our next meeting is tomorrow February 11th at 6pm. My phone number is 716-870-6771. More information concerning our planning progress will be given at next months central office monthly meeting.

(Continued next page)

(Central Committee Minutes Continued...)

Archives -

Thank you for my recovery and the opportunity to be of service. The Archives Committee reported to 3 of the 4 Intergroups in January, had one monthly meeting, attended General Service Assembly and General Service Area Committee, attended NY-Penn Intergroups Day of Sharing for one day of the two there in Olean, and hit two District Day of Sharing's. No donations this past month. Have upcoming displays at Lakeshore Group Feb 25, West Seneca's All Is Well group March 9th. March's 22-24 dates will see us at Spring Convention called Cataract City Convention in front of the casino in Niagara Falls with the full display including the full realm of movies.

To Anyone with a phone who understands backing things up: Remind folks to PLEASE always send their mtg mins to archives for backup (call it off site backup, as it may be better understood that way). That applies to groups, committees, whatever bunches of alcoholics are meeting in these 8 counties of WNY. I've not done well at this task and am severely frustrated by having SO MUCH info missed. Tell them we'll be their external backup unit!!!!

Need a secretary badly for the 3rd Saturday of the once per month monthly archives meeting. Just to do minutes, I'll distribute - someone who can spell would be great! Lastly, prayers for Pat M. please as she's a kinda crucial part of archives. She's home but not able to get around so she's needing prayers. THANK YOU!!!!

Accessibility -

General Service Liaison -

GSA met on January 26 2019 at 10 am until 230pm

District 4 gave a presentation on pi CPC work

They are hosting an event in their district on April 20. More information to follow

There was a building the districts presentation about education and service to the districts.

The delegate Chuck B. Gave a report that he will be sending the agenda items and supporting documentation as soon as he receives it. He will need assistance from groups and districts to read all the information.

Jeff B. gave a Liaison report for Buffalo intergroup.

James c gave an area 50 financial report.

They have \$19418 and are planning on spending a lot on 12 step work in our area. The area plans on having a \$13000 ending balance at year end. They also have a \$6000 prudent reserve.

Service committees met during lunch.

Keynote speaker John K. Spoke for one hour.

The area voted to pay for DCM's to get a stipend to attend Neraasa.

Neraasa is February 22-24, 2019 in Hunt Valley, MD.

Next GSA is April 13, 2019 at 10am. Location will follow.

Talks are going on to have GSA and intergroup chairs meet at end of March. More information to follow.

Old Business:

Steering committee addressing January motion regarding printing costs. Recommendation to follow.

New business:

"Motion to include Low Bottom Group in schedule"

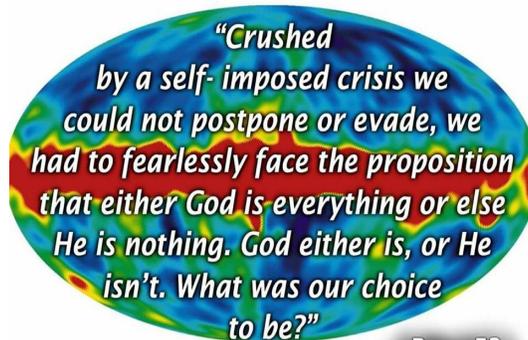
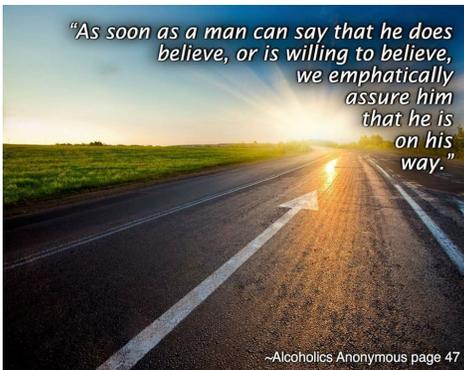
24 in favor

8 opposed

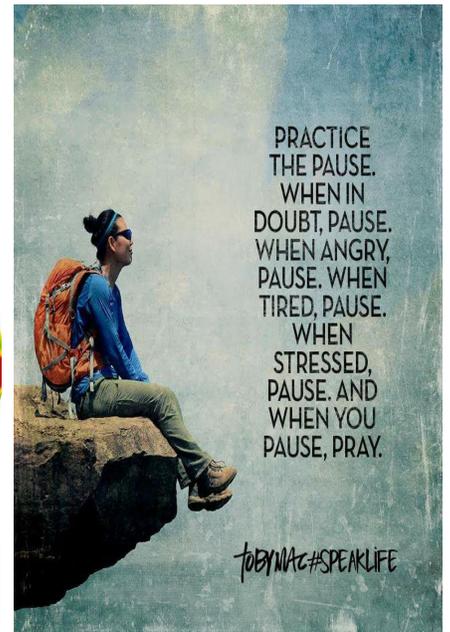
MOTION PASSES

Motion to Close

2ND



~Page 53,
Alcoholics
Anonymous



2019

Cash Flow Statement		Jan-19
Beg Bal Cash on hand		28,013.06
Contributions		
Groups		5,396.72
Central Committee 7th tradition		90.00
Envelope System		1,962.66
New Frontiers Subs		-
Literature/Medallions/Pins		4,792.50
Literature Sales Tax		330.79
Literature Postage		40.38
Sales+/-		-
Archives Room Rent:		300.00
Committee Meetings		5.00
Misc		-
Transfer from PR		-
Conventions/Day of Sharing		6,275.00
Monthly Income	19,193.05	
Expenses		
Building Rent/Utilities	1,000.00	1,000.00
Central Com. Rent	35.00	35.00
Payroll Gross	3,054.82	3,054.82
Employment Taxes	261.20	261.20
Unemployment Surchar	(7.08)	(7.08)
NYS Sales Tax		-
Insurance		-
State Ins Fund(Travelers)		-
Health	945.43	945.43
D&O Insurance	1,080.00	1,080.00
Liability		-
Postage	169.95	169.95
Phone/internet	141.00	141.00
Accounting		-
Paychex	164.21	164.21
Advt		-
Dex YP	137.15	137.15
website		-
Local Edge		-
Literature Expenses		-
Grapevine		-
World Services Inc	2,948.40	2,948.40
Hazeldon		-
Printers	500.66	500.66
Medallions	184.00	184.00
Office Supplies	198.66	198.66
		-
Copies/ service contract	161.00	161.00
Copier Lease	129.00	129.00
Bank Fee's including credit c	78.65	78.65
		-
GSA Host		-
Prudent Reserve		-
Workshop		-
Monthly Expenses	11,182.05	
Monthly Income (Loss)	8,011.00	
End Balance	36,024.06	
Petty Cash	3,000.00	
Total Balance	39,024.06	
PRUDENT RESERVE	28,153.27	
Assets: Literature& Medallions	15,890.77	
Literature Receivable:(outstanding)	664.27	
Removed from Stock		
Corrections Facilities	2,577.95	
Contributions	235.00	
Bank Fee's	3.00	
Expenses		
Balance	2,809.95	
Treatment Facilities	1,745.95	
Contributions	318.00	
Expenses	6.30	
Bank Fee's	3.00	
Balance	2,054.65	

YTD: 2019

5,396.72

90.00

1,962.66

-

4,792.50

330.79

40.38

-

300.00

5.00

-

-

6,275.00

19,193.05

1,000.00

35.00

3,054.82

261.20

(7.08)

-

-

945.43

1,080.00

-

169.95

141.00

-

164.21

-

137.15

-

-

-

2,948.40

-

500.66

184.00

198.66

-

161.00

129.00

78.65

-

-

-

-

11,182.05

8,011.00

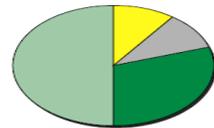
Intergroup wants to express our appreciation for those groups and individuals who have made generous financial contributions, and give a special thank you to all the members who have volunteered their time this year to help the sick and suffering alcoholic.

Bill W. wrote of Intergroup Offices, "Though not costly, these agencies are absolutely essential to our continued expansion—to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that A.A. must everywhere function in full strength—and that, under our Tradition of self-support, we are all going to foot the bill."

"Self-Support: Where Money and Spirituality Mix" pamphlet

Examples of Group Contributions to A.A. Service Entities

Distribution of funds from groups that support four service entities



10% to district
10% to area committee
30% to G.S.O.
50% to intergroup or central office

50% to Intergroup or Central Office

"We commenced to make many fast friends and a fellowship has grown up among us of which it is a wonderful thing to feel a part of."
-Bill W.

Concept III: To insure effective leadership, we should endow each element of A.A. —the Conference, the General Service Board and its service corporations, staffs, committees, and executives—with a traditional "Right of Decision."

- Do we understand what is meant by the "Right of Decision"?
- Do we grant it at all levels of service or do we "instruct"?
- Do we trust our trusted servants ?

There are two types of people to watch in AA; those who make it, and those who don't.

Alkiespeak- Dr. Bob S.

Spirituality and Money

"While the work of the group treasurer often involves many details, it is important to remember that the money the treasurer oversees serves a spiritual purpose: it enables each group to fulfill its primary purpose of carrying the A.A. message to the alcoholic who still suffers. This is the fundamental work of A.A. and to continue it the group must keep its doors open. The group treasurer is an important part of this Twelfth Step work."

New Frontiers ~ March 2019

GROUP CONTRIBUTIONS 2019

Zona	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		JAN	YEAR	JAN	YEAR	JAN	YEAR
5	7 Clan		0.00		0.00		0.00
5	12 Steps/12 Traditions		0.00		0.00		0.00
1	4th Step Stumblers/F.U.N.		0.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
5	5th Tradition (Youngstown)		0.00		0.00		0.00
4	A Day At A Time		0.00		0.00		0.00
3	Abbott Corners		0.00		0.00		0.00
3	Abbott Men's		0.00		0.00		0.00
2	Acceptance/Welcomer		0.00		0.00		0.00
8	Achievement		0.00		0.00		0.00
4	Action		0.00		0.00		0.00
2	Age Doesn't Matter		0.00		0.00		0.00
5	AKRON AWARENESS		0.00		0.00		0.00
5	ALBION NEW BEGINNINGS		0.00		0.00		0.00
5	Albion Sunday Grapevine		0.00		0.00		0.00
3	Alexander		0.00		0.00		0.00
	All Is Well		0.00		0.00		0.00
8	Amherst Snyder		0.00		0.00		0.00
6	Amsdell Step	150.00	150.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	30.00	30.00		0.00		0.00
4	Arcade/ Yorkshire		0.00		0.00		0.00
6	As Bill Sees It		0.00		0.00		0.00
8	Attitude Adjustment(Williamsville)		0.00		0.00		0.00
6	Attraction		0.00		0.00		0.00
3	A VISION FOR YOU		0.00		0.00		0.00
3	Awareness		0.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
1	BEACON OF HOPE		0.00		0.00		0.00
7	Beginning In Sobriety II		0.00		0.00		0.00
8	Beginning's Women	100.00	100.00		0.00		0.00
5	Big Book Lockport		0.00		0.00		0.00
6	Big Book Study		0.00		0.00		0.00
3	Blasdell		0.00		0.00		0.00
3	Blasdell Saturday		0.00		0.00		0.00
3	Blasdell Monday		0.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women		0.00		0.00		0.00
2	Brass		0.00		0.00		0.00
7	Buffalo Group		0.00		0.00		0.00
3	Buffalo Creek	84.00	84.00		0.00		0.00
3	By the Wayside	220.00	220.00		0.00		0.00
3	By the Book		0.00		0.00		0.00
6	Carry the Message		0.00		0.00		0.00
7	Casting		0.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake- Up Call		0.00		0.00		0.00
3	Caz Manor Sunday		0.00		0.00		0.00
7	Central City Café'		0.00		0.00		0.00
2	Central Park		0.00		0.00		0.00
6	Changing Our Way's		0.00		0.00		0.00
2	Chapter IX	150.00	150.00	25.00	25.00	25.00	25.00
3	Cheektowaga	55.00	55.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		0.00		0.00		0.00
1	Commitment	60.00	60.00		0.00		0.00
	Contemporary Women		0.00		0.00		0.00
1	Cornplanters		0.00		0.00		0.00
3	Courage		0.00		0.00		0.00
	Daily Reflections		0.00		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
2	Depth & Weight	90.00	90.00		0.00	90.00	90.00
6	Derby		0.00		0.00		0.00
6	Desire		0.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
6	Early Bird Step		0.00		0.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst		0.00		0.00		0.00
8	East Amherst Traditions		0.00		0.00		0.00
4	East Aurora		0.00		0.00		0.00
2	Easy Does It		0.00		0.00		0.00
6	Eden		0.00		0.00		0.00
4	Ellicottville	25.00	25.00		0.00		0.00
6	Everybody's		0.00		0.00		0.00
1	Express		0.00		0.00		0.00
8	Eyeopener	513.13	513.13		0.00		0.00
4	Eyeopener South		0.00		0.00		0.00
8	Fireside		0.00		0.00		0.00
8	Fireside PM		0.00		0.00		0.00
5	First Step (NF)		0.00		0.00		0.00
	Forestville In The Solution		0.00		0.00		0.00
6	Forestville Sunday Serenity		0.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom		0.00		0.00		0.00
7	Fresh Start		0.00		0.00		0.00
1	Friday Night Lights		0.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS 2019

Zona	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		JAN	YEAR	JAN	YEAR	JAN	YEAR
3	Gardenville	350.00	350.00		0.00		0.00
1	GAY & BI MEN LIVING SOBER		0.00		0.00		0.00
8	Georgetown	50.00	50.00		0.00		0.00
	Getting Better		0.00		0.00		0.00
6	Gettin With It		0.00		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length	300.00	300.00		0.00		0.00
5	Golden Slipper		0.00		0.00		0.00
2	Grand		0.00		0.00		0.00
2	Grand II Joy of Living	50.00	50.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
8	H.A.N.D.		0.00		0.00		0.00
1	HAPPY HOUR		0.00		0.00		0.00
7	Harmony	16.00	16.00		0.00		0.00
4	Helping Hand		0.00		0.00		0.00
8	High Noon		0.00		0.00		0.00
8	High View		0.00		0.00		0.00
4	Hillbilly		0.00		0.00		0.00
1	H.I.P.		0.00		0.00		0.00
6	Holiday Village		0.00		0.00		0.00
4	Holland	100.00	100.00		0.00		0.00
2	Honesty		0.00		0.00		0.00
	Hope's Horizon		0.00		0.00		0.00
2	How It Works/Men's		0.00		0.00		0.00
	I Am Responsible	34.25	34.25		0.00		0.00
3	IF HE WERE SOUGHT		0.00		0.00		0.00
	Independence (NF)		0.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		0.00		0.00		0.00
3	Ironhorse	101.00	101.00		0.00	8.00	8.00
8	IT		0.00		0.00		0.00
3	Just For Today/ Cheektowaga		0.00		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
4	Keep It Simple Sister	75.00	75.00		0.00		0.00
2	Keep IT Comin'		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
2	KEYS OF THE KINGDOM		0.00		0.00		0.00
5	KITCHEN TABLE AA		0.00		0.00		0.00
6	Lakeshore		0.00		0.00		0.00
6	Lakeview		0.00		0.00		0.00
3	Lancaster Dailey Reprieve		0.00		0.00		0.00
5	Lasalle		0.00		0.00		0.00
	Lawyer's		0.00		0.00		0.00
5	LewPort		0.00		0.00		0.00
2	Liberty Women	50.00	50.00		0.00		0.00
4	Life Today		0.00		0.00		0.00
8	Lighten UP		0.00		0.00		0.00
2	LIGHTHOUSE		0.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
	Living Sober		0.00		0.00		0.00
5	Lock City		0.00		0.00		0.00
5	Lockport #1		0.00		0.00		0.00
5	Lockport Discussion	100.00	100.00		0.00		0.00
5	Lockport Ladies	125.00	125.00		0.00		0.00
5	Lockport Tuesday		0.00		0.00		0.00
5	Lockview		0.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy		0.00		0.00		0.00
3	LOW BOTTOM		0.00		0.00		0.00
5	Lower River		0.00		0.00		0.00
5	LUNCH BUNCH ALBION		0.00		0.00		0.00
1	Main and High	20.00	20.00		0.00		0.00
4	Main Street		0.00		0.00		0.00
8	Maple		0.00		0.00		0.00
3	Marching Forth		0.00		0.00		0.00
4	Marilla	40.00	40.00		0.00		0.00
3	Matt Talbot	180.00	180.00		0.00	60.00	60.00
6	McKinley Winners	36.00	36.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
8	MEDINA STEP WORK/BIG BOOK	50.00	50.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day		0.00		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
2	Morning After		0.00		0.00		0.00
3	New Beginnings/St. Vincent		0.00		0.00		0.00
5	Newfane Living Sober		0.00		0.00		0.00
5	New Freedom		0.00		0.00		0.00
3	New Life	38.50	38.50		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		0.00		0.00		0.00

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buffalaaa@hotmail.com

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