

NEW FRONTIERS

CLASSIC GRAPEVINE

STEPS TO AWARENESS

T.J. Houston, Texas
July 1981

Before I came into AA, I answered to about ten different nicknames. I had as many names as I had roles and masks. But I had no identity. I was whoever you wanted me to be.

When I quit drinking, my very soul cried out to be known, to be together, whole, unified, under one name. And gradually, through working the Steps and with the loving guidance of the Fellowship, I began to know myself. It was like groping around a darkened room, bumping into half-familiar pieces of furniture, seeking and searching for orientation.

The 1st Step gave me my first step in identity. I had always looked outside myself for my name and for the answer to all my needs. I looked to people, places and things; and, of course, to booze. Ironically, the alcohol I used to find the answers gave me the first step in identity - I am an alcoholic.

I had no trouble trying God. I was grateful that a Higher Power would help me. So, with Steps 2 and 3 clutched to my heart, I went on to 4 and 5. It was there that the door of self-awareness opened wider. I took my 5th Step with a wise and kind counselor, and he looked at the fragmented pieces I brought him, and we pieced together at least an outline.

I have many defects still, but I have a better idea of how I can stay away from that first drink and stay comfortable. And as I make amends, I can see mirrored in faces, the acceptance that I had to first grant myself.

Step 10, taking a daily inventory, is valuable, too, in my search for identity. I take a positive, clarifying inventory now. What have I done or left undone that reinforces the clues to who lives under the skin? I am learning to recognize, then accept and then trust my feelings.

Probably, the biggest help to me in identity comes from Step 11. When I get quiet, am still and try for conscious contact with God, amazing insights float into my mind. Both knowledge of God and love seem to grow with self-understanding.

I used to think identity was static, a fixed thing. But by carrying the message to other alcoholics and trying to practice these principles in all my affairs, I see changes are chances, we get a new one each day.

First, people in the program influenced me by believing in me. Then came trust and belief in the self that I am. And last comes responsibility for myself as a person - a worthwhile person.

AA has helped me to do something unexpected - it has helped me give birth to me.

Volume 3
BASIC PRINCIPLES

Number 5

May 1989

STEP 5 - Integrity



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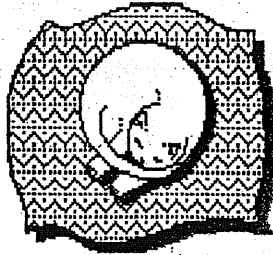


Anniversaries

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"Admitted to God, to ourselves and to another human being..."

Helen's Corner ...



The longer I'm sober the more I realize that living sober takes more than just not drinking. The saying "The person I was will drink again", motivates me to want to change. The principles and the people of AA challenge me to take a look at the ways I live my life. The question of the month is, "Am I a person of integrity?" Before I could answer this question I needed to open my dictionary to find out what having integrity means. Integrity= strict personal honesty and independence; completeness; unity. This certainly fits what we must do in the 5th Step when we reveal our innermost selves with God, ourselves, and another person. Fear of our secrets and what others will think about us if we share are our greatest enemies. Guess what - God already knows but loves us anyway.

Let me describe what waiting feels like to me. Picture yourself in Kansas, it's a hot humid summer day at about 2 in the afternoon. You're sitting on a piece of luggage alongside a railroad track of a one room station. There are no other buildings or people around for as far as the eye can see, only wheat rippling in a gentle breeze. You are sitting there waiting for the train to come, afraid to roam around because you might miss the train. So you sit and wait. This how it feels for me when I'm stuck in fear refusing to share.

**GOD GRANT ME THE SERENITY TO
ACCEPT THE THINGS I CANNOT
CHANGE.**

**THE COURAGE TO CHANGE THE THE
THINGS I CAN.**

**AND THE WISDOM TO KNOW THE
DIFFERENCE.**

I was greatly saddened by the death of John (Page 30) K. on April 3. Just last October he shared his story with us as the Saturday morning speaker at the Convention. He was a man of integrity- honest, sincere and upright. He not only talked the talk, but he walked the walk. I always knew whatever he told me came from his heart. I respected and trusted John without any reservation. Page 30 is a statement of what a person of integrity knows about himself. No one just acceptance of what is. As a tribute to John please read the following slowly, then think about it.

"Most of us have been unwilling to admit we were real alcoholics. No person likes to think he is bodily and mentally different from his fellows. Therefore, it is not surprising that our drinking careers have been characterized by countless attempts to prove we could drink like other people. The idea that somehow, someday he will control and enjoy his drinking is the great obsession of every abnormal drinker. The persistence of this illusion is astonishing. Many pursue it into the gates of insanity or death.

We learned that we had to fully concede to our innermost selves that we were alcoholics. This is the first step in recovery. The delusion that we are like other people, or presently may be, has to be smashed.

We alcoholics are men and women who have lost the ability to control our drinking. We know that no real alcoholic ever recovers control. All of us felt at times we were regaining control, but such intervals -usually brief- were inevitably followed by still less control, which led in time to pitiful and incomprehensible demoralization. We are convinced a man that alcoholics of our type are in the grip of a progressive illness. Over any considerable period we get worse, never better."

"HAPPINESS IS WANTING WHAT YOU GET."

Anonymous, August, 1967

AA found me on my ninth wedding anniversary, 1200 miles away from my wife and two daughters, sick, lonely and about as miserable as a human being can get. I hadn't seen them in several months, since I made my wife drive me to the airport and put me (pour me) on my plane to "freedom".

I was a ready candidate for AA at the end. I identified readily when members spoke of jails, mental institutions, D.T.'s and skid row. At 31, I had experienced them all.

After three months in AA, during which time my wife and I corresponded regularly, she decided that sober I was still an SOB and she was really going to get a divorce. This tore me apart. Wasn't I really trying? And since she was so far away, how could she know? Again I had a choice - to drink and return to my living hell or to stick around and see what opened. I stuck around and my sponsors told me **it would get better**. I would find my place in life. I didn't really believe them, but I had no choice. I couldn't go back to the jug.

Thirteen months of sobriety and my final decree came in the mail - accompanied by an announcement of my wife's remarriage two days earlier. What a shock. Now there was no chance of regaining the past. Why me, God? Hadn't I been doing a good job? Again came my sponsors' assurance that I would find my happiness.

Being emotionally immature, I fell in and out of love like a yo-yo but each hurt strengthened me a little in my search.

Finally, in complete despair, I pleaded to God, "Can't there be anyone in the world that I can give this love to?" The answer came again from my sponsors, **"Stay sober and see what happens."** So I quit fighting this as I had quit fighting alcohol.

Within two weeks after I gave up the chase, I met my present wife. After a reasonable courtship, we were married and to this date have lived "happily ever after."

I found my happiness within myself and sobriety. When I became happy with sobriety, everything fell into place. Again the words of my sponsors: **"Happiness is not getting everything you want; it's wanting everything you get."**

AA, USA (HOW IT WORKS)

A year has passed since I moved to Buffalo from Augusta, Ga. I wouldn't say it's been a difficult year, but anytime you move to a new location there's an adjustment period.

Before I left Georgia I selected a person's name and number from the directory. As soon as I contacted my selection, I knew I would like and feel comfortable with this person.

He picked me up and took me to his home group. The hardest part for me was to stick my hand out to the new people I would meet.

I'm over that now and I've been welcomed by all of the group. Now as a member of that same group I was taken to, I feel a part. There's probably more I could do, and I'm working on it.

I miss the south and all the people down there. But if I can't be in Augusta, there's nowhere I'd rather be than right here in Buffalo.

Not a day passes that I don't thank God for AA and people like the the ones I've met here. Thanks for being here.

John R. Amherst Snyder



ANNOUNCEMENTS

MEETINGS, MEETINGS, MEETINGS.

NEW MEETINGS:

SUNDAY 1:00 PM - HIGH NOON - Metropolitan Community Church, 370 S. Elmwood Avenue, Buffalo. Smoke-free Closed Discussion for gay men and women. Last Sunday of the month, there will be a Big Book Table.

THURSDAY 7:00 PM - EXPERIENCE, STRENGTH AND HOPE - Salvation Army, 1080 Military Rd., Kenmore. Non-smoking Open Speaker meeting.

NEEDS SUPPORT:

WE ADMITTED - 10:00 AM WEDNESDAY - Broad Street Baptist Church, 116 Broad St., Tonawanda. Baby-sitter available.

RENEWAL - 7:30 PM SUNDAY - Diocesan Renewal Center, Strickler Road, Clarence Center.

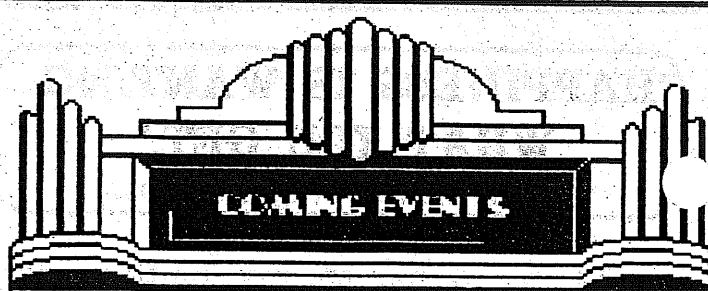
CHEVY #1 - 8:30 PM FRIDAY - Chevy Plant, River Road, Tonawanda. Please come and help keep this meeting alive.

EARLYBIRD - 10:00 AM - WEDNESDAY - United Methodist Church, Ontario and Tonawanda Streets, Buffalo.

On Monday, May 1st, SERENITY IN THE PARK will start meeting at the Rose Garden, in Delaware Park at 7:00 PM.

REMEMBER

CENTRAL COMMITTEE MEETING SUNDAYS - May 7 and June 4, 7:00 PM. at 80 Goodrich Street behind Buffalo General.



COMING EVENTS

MAY 9 - WEDNESDAY - NEW ZION - 8:00 PM for this meeting only, they will meet in the Jewish Center, Delaware and Summer, Buffalo.

MAY 13 - SATURDAY - BIDWELL group will celebrate its 40th Anniversary with an eating meeting at 8:00 PM, at St. John-Grace Episcopal Ch., 496 Lafayette Avenue at Bidwell. Lloyd E. is the guest speaker. Come and join our celebration. Bring a dish, if you wish.

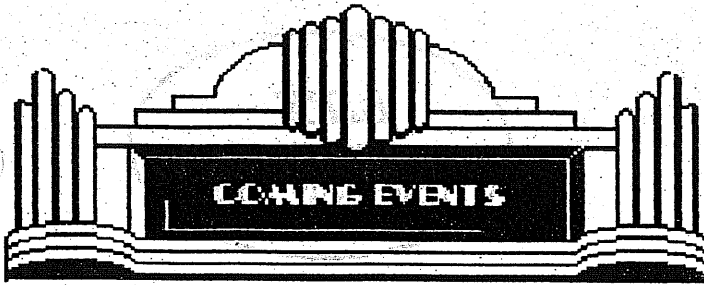
MAY 13 - SATURDAY - FREEDOM group will hold its 3rd Annual Spring Dance at St. Amella's School, 2999 Eggert Road, Tonawanda. Buffet: 7:00 P.M., Speaker: 8:00 P.M. Jim O'K, Waterloo, Ontario, Dancing: 9:00 P.M. - 1:00 A.M. Donation: \$6.00. Only 200 tickets will be available. There will be no regularly scheduled meeting this evening.

MAY 16 - TUESDAY - PERRY DISCUSSION group will celebrate its 3rd Anniversary with an eating, open speaker meeting at 12:15 NOON at 341 Perry Street, Buffalo. Guest Speaker is Frank L., Amherst Snyder group.

MAY 19 - FRIDAY - LIBERTY WOMENS' group is celebrating their 2nd Anniversary with an special open meeting. Guest Speaker, cake and coffee. Come, help us celebrate at the Church of the Advent, 54 Delaware Road, Kenmore at 8:00 P.M.

MAY 20 - SATURDAY - COMMON PROBLEMS 3rd Annual 50-60's Dance. Queen of Heaven Church Hall, 839 Mill Rd, West Seneca. Donation: \$6.00. Dancing from 8:00 PM till ? Dance Contest, Door Prizes, raffle, 50/50, food, refreshments.

MAY 24 - WEDNESDAY - LIVING SOBER group cordially extends an invitation to everyone to help them celebrate their 21st Anniversary. Maureen H., Bidwell Monday Discussion group, is the Guest Speaker. This evening will include refreshments and excellent fellowship. See you at the Kenmore Methodist Church, 150 Delaware Road at Landers Road, Kenmore at 8:30 PM.



THE WALK
 by SHADOWS
 (AKE, Jerry Mc, New Frontier)

MAY 27 - SATURDAY - REMEMBER WHEN group's 26th Anniversary and individual anniversaries will be celebrated at 11:00 AM at 291 Elm Street. Please come and share with us, bring a dish to help, if you can.

MAY 28 - SUNDAY - IRON HORSE group's Annual Picnic will be held at Chestnut Ridge Park, McKenna Shelter from 12 NOON to 7:00 PM. Games, food, softball. Come and share with us. Bring a dish, if you wish.

MAY 29 - MONDAY - CATHEDRAL PARK will not be meeting.

MAY 29 - MONDAY - The Central Office will be closed

JUNE 2 - FRIDAY - SOUTH BUFFALO will celebrate its 44th group Anniversary at 8:00 PM. Speaker, food, music, dancing. Bring a dish, if you wish. Come, help us celebrate!

JUNE 9 - FRIDAY - 2nd Annual "Spring Into Summer Dance". Doors open at 7:00 P.M., Buffet: 7:30 PM-8:30 PM, Dancing: 9:00 PM-1:00 AM Grant 50/50. Bring a dish, if you wish. CAZENOVIA Group, St. Simons Ch., 200 Cazenovia St., South Buffalo. Donation: \$4.00 per person

JUNE 25 - SUNDAY - FIRESIDE'S 9th Group Anniversary will be celebrated with an open speaker meeting. Brunch donation will be \$5.00 - advance reservation required.

AN OPINION

ALCOHOLICS ANONYMOUS is a group of MEN and WOMEN - NOT CHILDREN - who share the common problem of Alcoholism. Babies and other children belong at home not at meetings, not only disrupting the meetings, but also the buildings we rent. If it is not possible for a group to set up a supervised nursery during a meeting, then OUR COMMON WELFARE should come first and children should be permanently removed from any meeting as soon as they become disruptive. Our recovery depends on it.

ANONYMOUS

FROM THE GATES OF HELL I HAVE
 COME
 TO WALK MY PATH NOW CLEAR
 I LEAVE THE WRECKAGE OF MY
 PAST BEHIND
 FOR THE PAST I NO LONGER FEAR
 AS I TAKE EACH STEP TOWARDS
 THE LIGHT
 MY HEART IT WANTS TO RACE
 I MUST SLOW DOWN WALK DAY BY
 DAY
 I MUST KEEP AN EVEN PACE
 SO AS I WALK BEFORE YOU ALL
 FOR ALL THE WORLD TO SEE
 I REMOVE MY MASK, MY LIES, MY
 FEAR
 THE TRUTH WILL SET ME FREE
 BUT BEFORE I WALKED I HAD TO
 CRAWL
 FOR ALL THIS FACT IS TRUE
 AND BY THE GRACE OF GOD SOMEDAY
 I'LL WALK
 HAND IN HAND WITH ALL OF YOU

SOBRIETY THE DISEASE

by U.B., Santa Ana, Calif.
Grapevine May 1976

Sobriety is the strangest disease known to mankind. It is contagious. Its incubation period is ninety days. It is transmitted by alcoholics. Those who carry the disease make no attempt to prevent infection of another human being. It is a disease that respects no persons. Those of all nationalities, creeds and colors are afflicted. Sober alcoholics are from all walks of life, though all are former drunks.

Strange things happen after the ninety-day incubation period, when the poor soul indeed develops conspicuous symptoms of sobriety. An afflicted man or woman has been known to infect as many as twenty people in a single week. Sobriety is a progressive disease and it can remain until death. Winos have been known to acquire it at age fifty-two while lying in the gutter at death's door, then die from heart trouble at eighty-four.

Every person who is exposed to a sober alcoholic does not acquire the disease, but those who are exposed for ninety consecutive days to rooms filled with sober alcoholics have the greatest chance of being afflicted.

I came down with the disease four years, three months and eight days ago. During the twenty years preceding my infection, I was a social drinker who always drank like a gentleman. I acquired three wives and missed a lot of breakfasts. Since my affliction with this contagious disease, I have had one wife and have never missed breakfast. I love my wife and I love breakfast.

I find great joy in infecting others with my disease. By giving it to others, I don't get rid of it, but I feel better. Those I infect have to "keep coming back", so that they in turn can infect some other poor soul and thus feel better themselves. The disease seems to flourish in this never-ending chain, but I have never known a happier group of sick people. I know you aren't going to believe this, but they seem to enjoy their disease.

LIFE

by Dorothy I.,
Inner City Group

LIFE IS LIKE AN ONION
YOU HAVE TO PEEL IT ON LAYER AT A
TIME,
AND SOMETIMES YOU CRY.

LIFE IS A CHALLENGE - MEET IT

LIFE IS A GIFT - ACCEPT IT

LIFE IS AN ADVENTURE - DARE IT

LIFE IS SORROW - OVERCOME IT

LIFE IS TRAGEDY - FACE IT

LIFE IS A DUTY - PERFORM IT

LIFE IS A GAME - PLAY IT

LIFE IS A HISTORY - UNFOLD IT

LIFE IS A SONG - SING IT

LIFE IS AN OPPORTUNITY - TAKE IT

LIFE IS A JOURNEY - COMPLETE IT

LIFE IS BEAUTY - PRAISE IT

LIFE IS A STRUGGLE - FIGHT IT

LIFE IS A GOAL - ACHIEVE IT

LIFE IS A PUZZLE - SOLVE IT





Movin' On In Sobriety

HY

Eugene N. 11 yr.
 Ellen W. 11 yr.
 Jeff B. 6 yr.
 Sue G. 5 yr.
 Harold G. 4 yr.
 John W. 2 yr.
 Joe K. 1 yr.
 Ella T. 9 m.
 Mike C. 9 m.
 Lisa S. 6 m.

BRASS

Esther L. 9 yr.
 Darlene 7 yr.
 Harry 3 yr.
 Joe K. 1 yr.

WE CARE

APRIL
 Elmer M. 9 yr.
 Brian M. 1 yr.
 MAY
 Arlene N. 3 m.

CAZENOVIA

Tim R. 3 yr.
 Joe S. 1 yr.
 Jim H. 6 m.
 Bill S. 3 m.

CHAPTER IX

Sue G. 5 yr.
 Pat C. 1 yr.
 JoeK. 1 yr.
 Mark S. 9 m.
 Mike C. 9 m.
 Paul 9 m.
 Jess 9 m.
 Mark P. 3 m.
 Tom M. 3 m.

HONESTY/ SHERIDAN

John T. 17 yr.
 Lynn C. 14 yr.
 Tom B. 10 yr.
 John D. 4 yr.
 James S. 3 yr.
 Joe K. 1 yr.
 Doni B. 1 yr.

NORTH JAVA

Cynthia R. 9 m.
 Les G. 3 m.
 Hal H. 3 m.
 Robert B. 3 m.
 Bonnie S. 3 m.

BIDWELL

Joseph V. 3 yr.
 Robert D. 3 yr.
 Barbara H. 1 yr.
 Charles S. 9 m.
 John F. 9 m.
 Michael P. 9 m.

FRESH START

Donald H. 24 yr.
 Wilbur M. 9 yr.

ANY AGE

APRIL
 Tom S. 19 yr.
 Phil G. 12 yr.
 Bill B. 9 yr.
 Ellen B. 8 yr.
 Mark S. 4 yr.
 CarmellaK 3 yr.
 Tom W. 2 yr.
 Dave W. 2 yr.
 Greg K. 1 yr.
 Gene B. 1 yr.
 LouAnned. 1 yr.

WOMEN'S WESTSIDE

DISC.
 Kathy Z. 3 yr.
 Sandra P. 2 yr.
 Barb R. 1 yr.
 Janice O. 9 m.
 Laura M. 9 m.

LAKESHORE

Ken B. 2 yr.

CHEEKTOWAGA

Gene N. 11 yr.
 Van M. 1 yr.
 Kevin B. 1 yr.
 ShawnMcC 9 m.
 Joe T. 9 m.
 Tim O'S. 3 m.

HAPPY HOUR

Cheri L. 6 yr.
 Mike C. 3 yr.
 Daniel C. 3 yr.
 Marcus G. 3 yr.
 Rich S. 3 yr.
 Linda D. 2 yr.
 Frank G. 2 yr.
 Lorenzo R. 1 yr.
 Gary M. 1 yr.
 CatherineS1 yr.
 Iris C. 9 m.
 Fran R. 9 m.
 NarcellusL 6 m.
 Chris B. 6 m.
 Mark R. 6 m.
 Willie G. 6 m.

LOVEJOY

Patty L. 9 m.
 Fran R. 9 m.
 Karen Z. 3 m.
 Beth B. 3 m.
 Sandra D. 3 m.

SERENITY

Aggie K. 17 yr.
 Betty C. 8 yr.
 Jean G. 7 yr.
 Kristina H. 3 yr.
 Joe K. 1 yr.
 Ed B. Jr. 3 m.

NORTH BUFFALO

Dick W. 22 yr.
 Mel R. 12 yr.
 Tom B. 10 yr.
 David P. 10 yr.
 Roger P. 8 yr.
 Carol R. 7 yr.
 Kristina H. 3 yr.
 Kate M. 1 yr.
 Dennis G. 1 yr.
 Michael K. 6 m.
 Susan B. 6 m.
 John B. 6 m.
 Dennis M. 3 m.
 Rachel B. 3 m.

FREEDOM

John G. 6 yr.
 Larry B. 4 yr.
 Glen N. 3 yr.
 Lee C. 6 m.

LOVEJOY

APRIL
 MaryAnnK 13yr.
 Frank L. 10 yr.
 Nancy D.J. 3 m.
 Jackie J. 3 m.
 MAY
 Linda S. 3 yr.
 Mark C. 1 yr.
 John 3 m.

GIVING

Lynne C. 8 yr.
 Beth B. 3 m.

THRUWAY

MaryEllenS9 yr.
 Judy T. 9 yr.
 Ross D. 6 yr.
 Brian J. 5 yr.
 George L. 5 yr.
 Mark G. 4 yr.
 Diane Z. 4 yr.
 Joann C. 3 yr.
 Wesley M. 2 yr.
 Lee M. 2 yr.
 Mildred M. 1 yr.
 Debra S. 1 yr.
 Diane L. 1 yr.
 William S. 1 yr.
 J.R. 1 yr.

IRONHORSE

Jim W. 10 yr.
 Madeline B. 9 yr.
 Helen McC. 7 yr.
 Kevin C. 5 yr.
 Terry F. 5 yr.
 Norm M. 3 yr.
 Dave H. 3 yr.
 Ron K. 3 yr.
 Tom J. 2 yr.
 Sue C. 2 yr.
 Joe S. 1 yr.
 Carl K. 1 yr.
 Chuck F. 9 m.
 Pat B. 6 m.
 Joe P. 6 m.

KENSINGTON

John T. 18 yr.
 Ron W. 12 yr.
 George I. 8 yr.
 Joanne B. 1 yr.
 Derrick 3 m.

HARMONY

APRIL
 Gerald H. 2 yr.
 Harold M. 1 yr.
 James S. 6 m.
 MAY
 Esther L. 9 yr.
 John S. 3 yr.
 Marcia B. 3 yr.
 William S. 3 yr.
 Charles T. 2 yr.
 James S. 9 m.
 George Mc. 6 m.

COLD SPRINGS

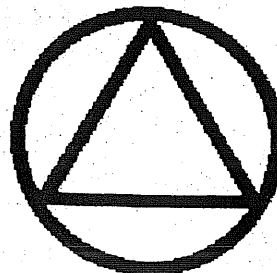
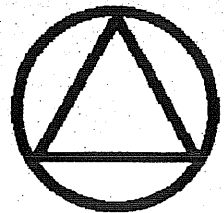
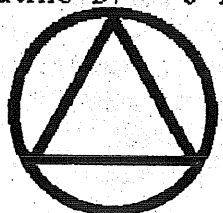
Lynn C. 8 yr.
 Kevin F. 3 yr.
 Ray H. 1 yr.
 Roy O. 1 yr.
 NarcellasL. 6 m.
 Willie G. 6 m.
 Willie R. 6 m.
 Richard B. 6 m.

SOUTH BUFFALO

Don B. 20 yr.
 Rita E. 15 yr.
 Joe W. 9 yr.
 Donna C. 9 yr.
 MargaretG. 6 yr.
 Harold C. 4 yr.
 Jack Mc. 3 yr.
 ShirleyMc 3 yr.
 Jim O. 9 m.
 Chris P. 6 m.
 Kathie D. 3 m.

DERBY

Bill M. 9 m.
 Jim S. 6 m.



AA CENTRAL OFFICE

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295 Main Street
Buffalo, New York 14203

(716)853-0388

Executive Secretary - Delphine H.
Clerical - Helen B. and Barbara H.

Our Co-Founders



Dr. Bob
1879-1950



Bill W.
1895-1971

CENTRAL COMMITTEE

Chairman - Larry B.
Recording Secretary - Lue S.
Financial Secretary - Roger P.

Central Committee meets on the **first Sunday of every month**
at 7:00 PM at the COMMUNITY HEALTH CENTER, 80 Goodrich Street
(behind Buffalo General Hospital). **OPEN TO ALL AA MEMBERS.**

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Treatment Facilities - Dan M.
Buffalo Fall Convention - Lloyd E.
Screeners - Lynn C.
New Frontiers - Larry B.
Editorial - Helen S. and Don H.
Envelope System - Roger P.

AA MEMBERS are encouraged to share the fellowship by volunteering
for any of these committees. Call the Central Office at **853-0388**.

REMEMBER: WE ARE RESPONSIBLE.

STEERING COMMITTEE

DISTRICT 1 - Central Buffalo : Jack C.
2 - Northwest Buffalo : Sue G.
3 - South Buffalo :
4 - Southtowns : Gary H.

DISTRICT 5 - Northern Tier : Paul H.
6 - Southern Tier :
7 - Northeast Buffalo : Carol R.
8 - Eastern Tier : Bernie

WESTERN NEW YORK GENERAL SERVICE meets the last Sunday of February, June, September and November.
Meetings are held at the ORCHARD PARK MUNICIPAL BUILDING at 2:00 PM. June meeting will be in Jamestown.
EVERYONE IS WELCOME TO ATTEND THE GSO MEETINGS.

The **NEW FRONTIERS** is your AA newsletter. Our purpose is to present personal stories and subjects directly
related to the recovery from alcoholism. For inclusion in the next issue, material must reach the Central Office
by **May 15th** for inclusion in the June issue. Your artwork, poems, articles etc. are also welcome.

NEXT MONTH'S THEME : Step 6 - Willingness

The **NEW FRONTIERS** will be mailed to you monthly for a yearly cost of \$6.00.

To subscribe EITHER 1) call the Central Office at 853-0388

OR 2) fill out this form (please print)
and send to the Central Office.

Make checks or money orders payable in
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