

NEW FRONTIERS

May 2004

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF
WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

traditions with a small 't'

Found this on www.suffolkny-aa.org Questions on AA.

Q. A woman wrote: "I am a member of another Fellowship. I went to my first AA meeting and I was told, 'You need to get women's phone numbers. The men talk to the men and the women talk to the women.' I was shocked. My other fellowship seems much more caring. If I was dying of cancer would they refuse me treatment because I am female?"

Please keep in mind that the explanation I give you is mine and not that of AA.

In AA, we have 12 Steps, which are a suggested way of learning to live with ourselves, and we have 12 Traditions, which are a suggested way of learning to live with each other. In addition to the Traditions with a capital "T", there are what you might call traditions with a small "t", you might think of the latter as AA's "folk wisdom". Men with men and women with women is a small "t" tradition. The reasons for it have nothing to do with sexism and very much to do with 68 years of hard experience.

First many women, especially young ones, are extremely vulnerable when they come to AA. They are easy targets for a certain type of predatory male. These women can be easily taken in by a man who "takes them under his wing", and "teaches them about the program", and "listens to their problems", and so on. This is called "13th Stepping". The reverse happens as well, although predatory females seem to be rarer than their male counterparts; but they do exist.

Second, newcomers generally need to concentrate on themselves and their recovery. If the opportunity arises for sex to rear its lovely head, it will, and the newcomers trip blithely off, immersed in each other and their relationship, usually to the detriment of their sobriety. We alcoholics are great for escaping; if we can't escape into a bottle, do you imagine that we won't try to escape into romance?

Thirdly, let us suppose that you called some of those men in the group you visited. Your motives are pure as the snow, as are theirs; but you don't know what reasons for suspicion these men may have given their wives in their drinking days. Who knows what trouble may have caused? Why risk it?

Those are some of the reasons for that "tradition". You are not being denied "treatment", but, for their sake and yours, many people will have a very strong suggestion about who you should get treated by. You are, of course, free to ignore this and any advice you receive in AA, but you can't expect people who may have reasons to follow the advice to join you in ignoring it. You will be happy to know that this advice is mostly for the protection of the newcomer. After a while (with some exceptions), the sexes mix in AA pretty much as they do everywhere else in human society and all the same problems arise that arise everywhere else the sexes mix; but by then we hope we've grown up enough to deal with them without drinking.

Sobriety comes first.

Open Letter to the Niagara Frontier Fellowship of Alcoholics Anonymous:

I, for the most part, have kept my mouth shut during the recent "flap" between the Treatment Facility Committee's classic, textbook 12th Step call work @ ECMC, Central Office & the AA fellowship as a whole. The reason for this is two-fold:

1. My mouth has always gotten me into trouble &
2. All my life, because of my thinking & behavior, I have been labeled "The Black Sheep" (rogue).

I have absolutely no aspiration or intention of becoming such an entity in AA. HOWEVER that there is even a hint of controversy on this subject is beyond me. This is how AA began (*Pass It On; the Bill Wilson Story & How The AA Message Reached The World*). This is how it is suggested we find others to help (*Alcoholics Anonymous* Pg. 89). This is how we get, maintain, & stay sober (Step 12). This is our primary purpose personified (Tradition 5). This is what a whole chapter in our "Big Book" is all about (Chapter 7).

I am not a psychologist so I don't know if what is happening, the vote of March 7, 2004, the controversy, the reluctance to embrace & all the negativity in general, are based in fear, unwillingness to serve or help another suffering alcoholic, pride or just ignorance!

What I am aware of is that none of the above is good or in the AA spirit of recovery. This is not how we work together to recover & help others to achieve sobriety. Also the ECMC volunteer program is receiving 3 or 4 times more calls than Central Office does on a daily, weekly, and monthly basis. WHY CAN'T WE GET THE HELP WE NEED TO HELP OTHERS? ALCOHOLIC PEOPLE ARE DYING!

Tom C. ~ Main & High Group ~ TFC Chair

The AA Grapevine Digital Archive

In June 2004, coinciding with the sixtieth anniversary of the magazine, the new AA Grapevine Digital Archive will be up and running, and you'll be able to go online and access every Grapevine article and letter ever published (all 12,000 of them), including the 150 articles Bill W. wrote for the magazine. FREE UNLIMITED ACCESS for ALL for the entire month of June 2004.

With the AA Grapevine Digital Archive's search engine, you'll be able to locate not just an individual article but a group of articles related by topic. Just type in a key word, such as "meditation" or "anonymity," and you'll have a wealth of articles on the subject at your fingertips. You'll be able to find articles by departments, such as Around AA or Ham On Wry, as well as by author, geographic location, or issue. If you just want to browse, you'll be able to scroll through topics to see what the Fellowship and its friends have had to say about spirituality, twelfth-stepping, or the Concepts.

The subscription process will begin July 1, 2004. Starting then, you will be able to subscribe to the AA Grapevine Digital Archive in the following ways:

1. Thirty-day access - \$2.00
2. One-year access for Grapevine subscribers - \$10.00 (until October 31, 2004 only, a special introductory rate is available for current and new Grapevine subscribers - \$5.00 for one-year access).
3. One-year access for non-Grapevine subscribers - \$15.00

You must go online to subscribe, and you'll be able to link directly to the Digital Archive from the Home Page: <http://www.aagrapevine.org>

The Courage To Change

My name is Darlene W. and I am an alcoholic. I have been in and around AA in this area for approximately 4 ½ to 5 ½ years. I have lost my dignity, self-respect, self-worth, my God, my children, a man I love dearly, friends, other family members, many material things and now my freedom again. All due to my behaviors as a direct result from drinking and drugging. Sound like an awful life? Well it is!

I am writing from our local Buffalo Holding Center! You see even though I've been around the program, I was not applying it to my every day life. Sure some days I would, sometimes for a while. I would gain 2, 3 even 8 months dry time only to use again. When I first started here in AA. I had 22 months sober and was living life on life's terms for the most part I feel where I went wrong was *Honesty, Open-mindedness and Willingness*. Which is what our whole program is based on! All the dignity, self-respect etc. that I had I only had through God's grace and AA, before I lost it again! Just so you know, my story also includes drugs, but today I can and will respect the fellowship of AA. Being "around" AA wasn't enough for me because only my mind or some of it anyway was here. My heart couldn't get with it. For me they must be synchronized. I would hear only the suggestions I wanted to hear because "that won't work for me, I'm not like you." (terminal uniqueness!) No I certainly am and was not like you, I was far worse off! In the past 5 ½ yrs. I have gained through God's grace and AA many beautiful and loving relationships. Some on a more personal level others through fellowship. I've either damaged, hurt or ruined them all, including my children and family through self-will run riot! I couldn't see this at the time. Today it is very clear to me. My sorrow and remorse are almost too much to bear. The pain and sorrow and suffering I have caused others has come back on me ten-fold. Which brings me to my knees and also *Honesty, Open-mindedness and Willingness plus Gratitude* for the program of Alcoholics Anonymous today. In the past I had accepted only the things that were easy to change and ignored the one I couldn't ... ME! I would tell family and fellowship only some of the sick secrets I had. I gave them only some of me. Because I was afraid if they really knew me they wouldn't like me! They told me "We are as sick as the secrets we keep" I kept them anyway!

I also have come to believe we are more alike than different! Untreated (if you will) grief, shame, remorse and secrets had continued to hurt other hearts lives and families (including mine!) and placed me where I am today. I don't know yet how long I will be incarcerated and today I am willing to accept that. Well, on most days! God's will – not mine. God has shown me in the past that His will and plans are far greater than mine. I could go on saying, 'I should have' ... or 'you could have' ... or 'if only' ... but that would serve me no purpose today. I truly feel I have gone down the scale or ladder all the way, and then some, but I'm hoping my experience will help someone not to have to hurt this bad! I know remembering will help me. *Honesty, open-mindedness and willingness* are what I lacked in the past. Fortunately I did hear and apply some of AA's principals or suggestions in my life, which is another reason I share this experience. It's been a long hard road of bad behaviors and not near over for me. The behaviors are over but the road hasn't ended.

I'm very grateful and happy to be sober today, no matter what the circumstances. So if your anything like me or new in the program take & use this God given program of AA to the best of your ability. Ask for help, don't let pride stand in your way! Don't be afraid to talk about self! (Remember we are more alike than different!) The stories may be different, but the feelings are the same. Say a prayer, go to a meeting, grab onto someone with years of experience to guide you through and take the guidance. Don't drink or use TODAY!

One night of relapse has brought me to my knees ... finally. I don't ever have to feel this way again. I hope this has helped someone. I know it's helped me! I pray I will be given forgiveness from God and all the people I've hurt. Today my heart & mind are synchronized with God, AA and recovery. Today I feel I have a chance. Today I am honestly grateful for what little sobriety I have, God, and this program of AA. Thanks to all in my life over the past 5 years. Love Hope & Faith in the Fellowship.

Darlene W. - Buffalo

Guidance

When I meditated on the word "guidance", I kept seeing "dance" at the end of the word. I remember reading that doing God's will is a lot like dancing. When two people try to lead, nothing feels right. The movement doesn't flow with the music, and everything is quite uncomfortable and jerky. When one person relaxes and lets the other lead, both bodies begin to flow with the music. One gives gentle cues, perhaps with a nudge to the back or by pressing lightly in one direction or another. It's as if two become one body, moving beautifully. The dance takes surrender, willingness, and attentiveness from one person and gentle guidance and skill from the other.

My eyes drew back to the word "guidance," when I saw "G" I thought of God, followed by "u" and "I" dance. "God, you and I dance." This statement is what guidance means to me. As I lowered my head, I became willing to trust that I would get guidance about my life. Once again, I became willing to let God lead.

Author Unknown

A Living Sermon

I'd rather see a sermon
Than hear one any day
I'd rather one should walk with me,
Than merely show me the way.

All lectures you deliver may be
Very wise and true,
But I'd rather get my lesson
By observing what you do.

I can soon learn how to do it,
If you let me see it done.
I can watch your hands in action,
But your tongue too fast may run.

Though I might not understand
You, and the fine advice you give,
There is no misunderstanding,
How you act and how you live.

AA won't keep you from going to hell, nor is it a ticket to heaven. But it will keep you sober enough for you to make up your mind which way you want to go!

Submitted by O2 Tom

Service Beyond the Homegroup

Hello! My name is Tom and I'm an Alcoholic. I also have the privilege of serving as your area Archivist, and with your help I'll be able to pick up where our past Archivists left off. If I do half as good a job as they did we'll do well in collecting and preserving our area history of A.A.

Our committee consists of our Chairman-Frank M., Treasurer-Kim E., Past Delegate-JoAnn Mc., Nancy H., and Marty L. We are always looking for new committee members, so come on down to our committee meeting, and get involved.

From the A.A. Guidelines G.S.O.

PURPOSE: *Whenever a society or civilization perishes there is always one condition present; they forgot where they came from.* CARL SANDBURG

Like any other A.A. service, the primary purpose of those involved in archival work is to carry the message of ALCOHOLICS ANONYMOUS. Archives service work is more than mere custodial activity; it is the means by which we collect, preserve and share the rich and meaningful heritage of our fellowship. It is by the collection and sharing of these important historical elements that our collective gratitude for Alcoholics Anonymous is deepened. One of our Co-founders Bill W. urges Archives are needed "So that myth doesn't prevail over fact"

We continue to meet at The Maryvale Presbyterian Church 425 Maryvale Dr. Check the 4th. Sat. of every month at 9:00 a.m. before the Courage Group regular meeting. Service starts at the Homegroup it doesn't end there.

Yours in Service, Tom B. Archivist -- WNYGSA (Area 50)

Step Five ~ Admitted to God, to ourselves and to another human being the exact nature of our wrongs.

If we skip this vital step, we may not overcome drinking. We must be entirely honest with somebody if we expect to live long or happily in this world. ...We search our acquaintance for a close-mouthed, understanding friend.

We pocket our pride and go to it, illuminating every twist of character, every dark cranny of the past. Once we have taken this step, withholding nothing, we are delighted. We can look the world in the eye. We can be alone at perfect peace and ease. Our fears fall from us. We begin to feel the nearness of our Creator. We may have had certain spiritual beliefs, but now we begin to have a spiritual experience. The feeling that the drink problem has disappeared will often come strongly. We feel we are on a Broad Highway, walking hand in hand with the Spirit of the Universe.

Alcoholics Anonymous Chapter 6

Somehow, being alone with God doesn't seem as embarrassing as facing up to another person. Until we actually sit down and talk aloud about what we have so long hidden, our willingness to clean house is still largely theoretical. When we are honest with another person, it confirms that we have been honest with ourselves and with God.

12 & 12 p. 60

"We reacted more strongly to frustrations than normal people. By reliving these episodes and discussing them in strict confidence with somebody else, we can reduce their size and therefore their potency on the unconscious."

As Bill Sees It p. 111

Tradition Five ~ Each group has but one primary purpose – to carry its message to the alcoholic who still suffers.

Better to do one thing well than many badly. The life of our Fellowship depends on this principle. The ability of each AA to identify himself with and bring recovery to the newcomer is a gift from God ... passing on this gift to others is our one aim. Sobriety can't be kept unless it is given away.

12 & 12 p 10

.... Firmly bound by obligation are the members of Alcoholics Anonymous, who have demonstrated that they can help problem drinkers as others seldom can. The unique ability of each AA to identify himself with, and bring recovery to the newcomer in no way depends upon his learning, eloquence, or any special individual skills. The only thing that matters is that he is an alcoholic who has found a key to sobriety. These legacies of suffering and of recovery are easily passed among alcoholics, one to the other. This is our gift from God, and its bestowal upon others like us is the one aim that today animates AA's all around the globe.

It is the great paradox of AA that we know we can seldom keep the precious gift of sobriety unless we give it away. For us, if we neglect those who are still sick, there is unremitting danger to our own lives and sanity. Under these compulsions of self-preservation, duty, and love, it is not strange that our Society has concluded that it has but one high mission – to carry the AA message to those who don't know there's a way out.

12 & 12 p.150-151

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388

845 ELLICOTT SQUARE
295 MAIN STREET
BUFFALO, NEW YORK 14203

Schedule on line at ny-aa.org

buffalooa@hotmail.com

MAY 2004

MEETING CHANGES;

NEW MEETING: Kenilworth, Thursday's, 8:00 PM, Kenilworth United Church of Christ, 45 Dalton Rd., Tonawanda, Closed Meeting.

LET GO & LET GOD, Thursday's, 8:30 PM, 416 Louisiana Street, **Needs Support**.

NEW MEETING: REFLECTIONS ON RECOVERY, Thursday's, 8 PM, Lockport Memorial Hospital, Kenan- James Building, 521 East Ave, Lockport. Open Discussion.

NEW MEETING: STAY IN THE DAY, Tuesday's, 4:30 PM, Friendship House, 264 Ridge Rd., Lackawanna, Open Meeting.

NEW MEETING: EARLY BIRD'S MEN'S, Monday's, 7 AM, Episcopal Church, corner of Main & Maple. East Aurora. Closed Meeting.

COLD SPRINGS, HAS MOVED to The Friends Of the Elderly Center, 118 East Utica, Buffalo East, Open Meeting, Monday's 8 PM.

PATHWAY'S to PEACE, 376 Dewitt, Monday thru Friday's **No Longer Meets. New Group** has started at this facility every Sunday, 8PM, Open Discussion, Speaker the last Sunday of the month.

Primary Purpose, Monday thru Saturday @ 12:30 PM, 1280 Main Street, Buffalo, **NO LONGER MEETS**.

MIRACLES HAPPEN-Wednesday's at 10:00 AM, A.C.N. Building, 66 Mead Street, N. Tonawanda. Open Meeting.

NEW MEETING: Big Book/Spiritual Studies Group, Albion. Monday's & Thursday's at 8 PM. First Presbyterian Church, 29 East Bank St. Open Meeting, Handicap Accessible.

The Redeemer Group will be celebrating its **1st Anniversary** at the Redeemers Church, Falconer & Thompson Streets, North Tonawanda on Sunday May 5th @2 PM. Please come down and share with us. After the Anniversary the group will **recess for the summer** and start again the 1st Sunday of September.

REMINDER; Main & High meets at 7 PM, Tuesday's at the Salvation Army, 960 Main St. Buffalo, Rear Entrance.

PLEASE NOTE

- **DEAD LINE DATES HAVE CHANGED TO THE 12TH OF EACH MONTH** FOR ALL PUBLICATIONS, this is to insure the group mailings are received in a timely manner. Thank-you.
- **MOBILE MEETING- ARE YOU, OR SOMEONE YOU KNOW, HOMEBOUND OR CONFINED IN A NURSING HOME AND UNABLE TO GET TO A MEETING? IF SO, AND YOU WANT A MEETING BROUGHT TO YOU, CALL CENTRAL OFFICE AND LEAVE YOUR NAME AND NUMBER, SOMEONE WILL GET IN TOUCH WITH YOU TO MAKE THE NECESSARY ARRANGEMENTS.**

Service Opportunities:

- ~ May 2, Central Committee Meeting, 7 pm, 651 Washington Street, St. Michael's Parish. (Hosted by Action).
- ~ May 2, Corrections Committee Meeting, 6:00 PM, 651 Washington Street, St. Michael's Parish.
- ~ May 16, General Service Assembly, 1 PM., Hamburg Town Hall, 5999 South Park Ave., Hamburg. (Hosted by Lovejoy Group)
- ~ May 18, Treatment Facilities Committee, 9 PM, after the Ironhorse Group, St. Paul's United Church, 49 Indian Church Rd., South Buffalo.
- ~ May 27, New Frontiers Committee, 7:00 PM. St. Michaels Parish Center, Electric And Warsaw, Lackawanna, before the Victory meeting.
- ~ May 27, 63rd Buffalo Fall Convention Meeting, 2nd Meeting, Thursday, 7:00 PM @. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo.
- ~ May 22, Archives Committee Meeting, 9 am, Maryvale Presbyterian Church, 425 Maryvale Dr., Cheektowaga.

COMING EVENTS

- ~ May 8, Boulevard Helping Hands 7th Anniversary; 2800 Church Rd. (off Ward Rd.), North Tonawanda. 10:00 Am, Brunch, Speaker, 50/50. Please bring a dish to pass. Come help us celebrate.
- ~ May 8, Jamestown 59th Anniversary, Saturday, Holiday Inn. \$15 Basic Registration Fee includes Speakers/ Panels & Dance, Banquet Registration: \$25. Make checks payable and mail to: Jamestown Anniversary, PO Box 533, Jamestown, NY 14701. The day starts at 9:30 am, goes till??
- ~ May 29, Wed., Living Sober 36th Group Anniversary, Open Speaker Meeting 8:30 PM, Kenmore Methodist Church, Corner of Landers & Delaware Rd., Kenmore. Please come help us celebrate.
- ~ July 23-25, AA New York STATE CONVENTION, Buffalo- Amherst Holiday Inn, hosted by Area 50, WNY. "Our Singleness of Purpose". Registration: \$15, Banquet: \$25. Flyer available at Central Office.
- ~ July 31, 7th Anniversary, Main & High Group Day Of Sharing, Saturday, 9:00 AM- 3:30 PM. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo. Panels & Speaker - 50/50 - Hot Meal - Refreshments - Registration \$6.00.
- ~ August 6-8, 25th ANNUAL NY STATE INFORMATIONAL WORKSHOP, Daemen College, 4380 Main Street, Buffalo. Rooms available, Registration \$15. Flyer available at Central Office.
- ~ Nov. 5, 6 & 7, 63rd BUFFALO FALL CONVENTION: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst. Registration: \$20, Registration & Banquet: \$45. For information call, Registration Chair: John C. or Email: johnjczermerys@adelphia.net or Convention Chair: Jim R. (716) 491-8301. Coffee donations may be sent to: P. O. Box 747 Station C., Buffalo, NY 14209.

5th STEP: "Admitted to God, to ourselves, and another human being the exact nature of our wrongs."

5th TRADITION: "Each group has but one primary purpose—to carry its message to the alcoholic who still suffers."

5th CONCEPT; Throughout our structure, a traditional Right of Appeal" ought to prevail, so that the minority opinion will be heard and personal grievances receive careful consideration.

PLEASE SUPPORT THE ENVELOPE SYSTEM

... Yours in the Fellowship of the Spirit...

...Terry Bateman... Executive Secretary

We thirst for a clear conscious. We crave a clean slate. We yearn for a fresh start. We pray for a hand that will enter the dark cavern of our world and "Do for us what we cannot do for ourselves."

By the grace and Mercy of my Higher Power I was led through the doors of the fellowship and the above was fulfilled, One Day at a Time.

JMB in WNY

Heard at a meeting:

Not everyone in AA who blows their horn is a trumpeter.

Do not let any prejudice you may have against spiritual terms deter you from honestly asking yourself what they might mean to you.

Don't let the gifts of AA take you away from AA.

Life isn't fair, life isn't just, life is just what it is.

The chains of alcohol are too light to be felt until they are too strong to be broken.

RULE 62

When I get to my wit's end, I find that God lives there.

If your Big Book is in good shape chances are you are not.

What you learn after you knew it all is what counts.

Sometimes my mind is like concrete, thoroughly mixed up and permanently set.

Blessed are the flexible, they shall not be bent out of shape.

IN MEMORIAM Things We Can Not Change

Gunther I. ~ Sober Winners Group ~ 2 years

Let's remember him and all the others who passed on in our prayers.

Share your Experience, Strength and Hope.

Please submit your articles by the 12th for next months issue.

Central Office
845 Ellicott Square Building
295 Main Street
Buffalo, New York 14203-2412

or

E-Mail address: buffalooa@hotmail.com

New Frontiers committee meets the 3rd Thursday of every month - 7:00pm - St Michaels, corner of Warsaw & Electric in Lackawanna.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exception: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

Income Statement	31-Jan-04	29-Feb-04	31-Mar-04
Beg Bal Cash on hand	5,399.50	4,981.86	6,125.56
Contributions			
Groups	3,704.15	3,910.51	4,104.22
Joint Meeting	84.70	47.45	51.50
Envelope System	1,322.00	459.00	327.00
New Frontiers Subs	23.00	85.00	74.00
Literature	2,941.19	3,523.16	3,479.42
Mail/Misc.			29.00
Conventions/Day of Sharing			533.53
Monthly Income	10,055.01	10,025.12	10,596.57
Expenses			
Office Rent	636.00	636.00	636.00
Meeting Room Rent	35.00	35.00	35.00
Payroll			
Salaries (Net)	1,896.16	1,896.16	2,120.20
Federal Withholdings	588.60	588.60	735.75
NYS Withholdings	365.81		
Insurance			
State Ins Fund		286.79	
Health	304.00	304.00	304.00
Liability	947.84		
Postage	253.78	238.45	564.48
Phone	102.04	115.84	109.10
Accounting			
Advt			
PIC Lit.			
Talking Phone Book			
Verizon	75.25	75.25	75.25
website			
white directory			
Yellow Pages		296.00	
Literature Expenses			
Grapevine			347.50
World Services Inc	2,223.92	1,971.28	1,333.95
Hazelton	522.72		668.56
"ln All Our Affairs"	176.40		
Printers			
Office Supplies	105.51	189.60	86.59
Answering service	104.03	101.97	107.06
Minolta leasing (copier)	260.45	260.45	260.45
Minolta Copies	60.67	71.73	
Crystal Rock (water)	14.50	14.50	14.50
computer			987.00
Bank Charges			
Monthly Expenses	7,417.58	7,500.22	7,666.60
Monthly Income (loss)	2,637.43	2,524.90	2,929.97
End of Month Contributions	1,367.06	1,513.56	1,568.05
Literature Assets:	5,369.04	3,696.32	4,801.95
Literature Receivable:(outstanding)	1,434.08	1,081.27	519.33
Corrections Facilties	1,532.95	1,248.30	1,074.80
Donations	208.60	270.25	233.85
Expenses	491.25	443.75	488.75
Bank Charges			
Balance	1,245.00	1,070.00	681.90
Treatment Facilties	1,131.85	825.16	832.99
Donation	256.60	177.25	243.85
Expenses			
AT & T Bridging The Gap	43.29	60.92	32.21
AAA About Answering Service	36.50	48.50	39.75
Literature	483.50	60.00	32.95
Bank Charges			
Balance	985.16	706.99	517.99

Note* Postage was 28.71+ Neopost (machine rental) was- 535.77

Release

from: "He Lived Only to Drink"

"I genuinely believed that I was different until much later, when I had what I now know to be my first spiritual awakening: that I was an alcoholic and I didn't have to drink! I also learned that alcoholism, as an equal opportunity illness, does not discriminate - is not restricted to race, creed, or geography. At last I was released from the bondage of my uniqueness."

© 2001, Alcoholics Anonymous, page 450

Beginning

from: "Freedom from Bondage"

"A.A. taught me that WILLINGNESS TO BELIEVE was enough for a beginning. It's been true in my case, nor could I quarrel with 'restore us to sanity,' for my actions drunk or sober, before A.A., were not those of a sane person. My desire to be honest with myself made it necessary for me to realize that my thinking was irrational.... I've been benefited from a dictionary definition I found that reads: 'Rationalization is giving a socially acceptable reason for socially unacceptable behavior, and socially unacceptable behavior is a form of insanity.'"

© 2001, Alcoholics Anonymous, page 550

GROUP CONTRIBUTIONS

GROUP	CENTRAL				CORRECTIONS				TREATMENT			
	JAN	FEB	MARCH	YEAR	JAN	FEB	MARCH	YEAR	JAN	FEB	MARCH	YEAR
11:45				0.00				0.00				0.00
12 Five				0.00				0.00				0.00
1st thru 3rd Street				0.00				0.00				0.00
8th St				0.00				0.00				0.00
A Day At A Time				0.00				0.00				0.00
Adult Men's	80.00		85.00	165.00	80.00		85.00	165.00	80.00		85.00	165.00
Accordance/Walkers				0.00				0.00				0.00
Achievement	150.00			150.00				0.00				0.00
Action				0.00		25.00		25.00		25.00		25.00
After Midnight				0.00				0.00				0.00
Ang Casert's Matter			75.00	75.00				0.00				0.00
Alexander			100.00	100.00				0.00				0.00
Amherst/ Boyer		159.48	119.82	279.30				0.00				0.00
Arnold Lakeshore	20.00	20.00	20.00	60.00				0.00				0.00
Arv Age				0.00				0.00				0.00
Arv Length	30.00		30.00	60.00				0.00				0.00
Anybody's				0.00				0.00				0.00
As For Sam J				0.00				0.00				0.00
Attitude Adjustment			50.00	50.00				0.00				0.00
Attraction		200.00		200.00				0.00				0.00
Backdoor				0.00				0.00				0.00
Backpacking In Sobriety II				0.00				0.00				0.00
Backpacking's Whorren	35.00			35.00				0.00				0.00
Bedford Monday			225.00	225.00				0.00				0.00
Big Book Lockport				0.00				0.00				0.00
Big Book Study			30.00	30.00				0.00				0.00
Big Book Workshop				0.00				0.00				0.00
Biscuit				0.00				0.00				0.00
Biscuit Monday Night				0.00				0.00				0.00
Bookshelves		150.00		150.00				0.00				0.00
Boulevard Helping Hand				0.00				0.00				0.00
Boulevard Women				0.00				0.00				0.00
Brass		50.00		50.00				0.00				0.00
Brecht AA				0.00				0.00				0.00
Brownbaggers				0.00				0.00				0.00
Buffalo Group			3.00	3.00				0.00				0.00
But For The Grace of God				0.00				0.00				0.00
By The Book				0.00				0.00				0.00
Caring				0.00				0.00				0.00
Cathedral Park	33.35			33.35	15.00			15.00	15.00			15.00
Chap Manor		50.00	30.00	80.00		25.00		25.00		25.00		25.00
Cherokee				0.00				0.00				0.00
Central Park				0.00				0.00				0.00
Cherry II				0.00				0.00				0.00
Chickadees				0.00				0.00				0.00
Chew #1				0.00				0.00				0.00
Cherene Mar's				0.00				0.00				0.00
Cherene Mar's II				0.00				0.00				0.00
Chill Spring				0.00				0.00				0.00
Common Bond				0.00				0.00				0.00
Common Problem				0.00				0.00				0.00
Commitment				0.00				0.00				0.00
Community Center				0.00				0.00				0.00
Conclusions				0.00				0.00				0.00
Courage		100.00		100.00		50.00		50.00		50.00		50.00
ArCADE				0.00				0.00				0.00
Crossroads		74.00		74.00				0.00				0.00
Cross Talk Big Book		30.00		30.00		10.00		10.00				10.00
Daily Reflections		50.00	150.00	200.00				0.00				0.00
Daily Reflections				0.00				0.00				0.00
DeWesin Discussion				0.00				0.00				0.00
Derby				0.00				0.00				0.00
Debra				0.00				0.00				0.00
Downer Mar's				0.00				0.00				0.00
Dunkin Monday Night				0.00				0.00				0.00
Early Bird				0.00				0.00				0.00
Early Morning Chit-chat				0.00				0.00				0.00
East Hiller Way				0.00				0.00				0.00
East Amherst				0.00				0.00				0.00
East Aurora	50.00			50.00				0.00				0.00
Easy Does It	25.00	25.00	50.00	100.00				0.00				0.00
Elbert				0.00				0.00				0.00
Elkville				0.00				0.00				0.00
Emergency				0.00				0.00				0.00
Eternal Wellness				0.00				0.00				0.00
Everybody's				0.00				0.00				0.00
Express			322.00	322.00				0.00				0.00
Eyesore	100.00		164.00	264.00				0.00				0.00
F.H.M.				0.00				0.00				0.00
Faith				0.00				0.00				0.00
Father Father	100.00		100.00	200.00				0.00				0.00
Fedora				0.00				0.00				0.00
Ferds			308.00	308.00		37.50		37.50		37.50		37.50
Find Things First				0.00				0.00				0.00
Frederic Discussion				0.00				0.00				0.00
Frederic Friday Noon				0.00				0.00				0.00
Freedom		100.00		100.00				0.00				0.00
Fresh Start			5.00	5.00		5.00		5.00		5.00		5.00
Frisky				0.00				0.00				0.00
Frontier (New)			140.00	140.00				0.00				0.00
GAHADA GCH				0.00				0.00				0.00
Gardenville	100.00			100.00				0.00				0.00
Georgetown				0.00				0.00				0.00
Getting Better				0.00				0.00				0.00
Gifts				0.00				0.00				0.00
Go In Any Length				0.00				0.00				0.00
Goblin Gopher			100.00	100.00				0.00				0.00
Good				0.00				0.00				0.00
Grand Ill Joy of Living				0.00				0.00				0.00
Gratid				0.00				0.00				0.00
Grading Light				0.00				0.00				0.00
H.C.W.		15.00		15.00				0.00				0.00
Hamburg				0.00				0.00				0.00
Hand				0.00				0.00				0.00
Handicappers				0.00				0.00				0.00
Happy Hour				0.00				0.00				0.00
Hammer			50.00	50.00		50.00		50.00				50.00
Helping Hand			20.00	20.00				0.00				0.00
High Noon	70.00		70.00	210.00				0.00				0.00
High View				0.00				0.00				0.00
Higher Power				0.00				0.00				0.00
Jimmy				0.00				0.00				0.00

GROUP CONTRIBUTIONS

GROUP	CO			CORRECTIONS				TREATMENT				
	150.00		37.00	107.00	50.00		60.00	50.00			50.00	
Sober Saturday				0.00			0.00				0.00	
Sober Trail				0.00			0.00				0.00	
Sober Winners				0.00			0.00				0.00	
Sobriety Comes First				0.00			0.00				0.00	
Sobriety for Women				0.00			0.00				0.00	
Sobriety Men's Disc.	33.00		33.00		33.00		33.00				0.00	
Sobriety On The Canal				0.00			0.00				0.00	
Sobriety on a Sat. Night				0.00			0.00				0.00	
Sobriety on the Lake				0.00			0.00				0.00	
Emerson				0.00			0.00				0.00	
South Buffalo				0.00			0.00				0.00	
South Town				0.00			0.00				0.00	
Steingate	30.00		60.00	60.00			0.00				0.00	
Southtown Women's				0.00			0.00				0.00	
Southwestern				0.00			0.00				0.00	
Spk of Hope				0.00			0.00				0.00	
Spk of Progress	60.00			60.00			0.00				0.00	
Springville Sat. Afternoon		60.00		60.00			0.00				0.00	
Springville Tues. Night				0.00			0.00				0.00	
Springville Wed. Noon				0.00			0.00				0.00	
Springville New Life				0.00			0.00				0.00	
St. Barnabas				0.00			0.00				0.00	
St. Mark's				0.00			0.00				0.00	
Staying Over	38.00		83.40	122.20			0.00				0.00	
Staying Alive				0.00			0.00				0.00	
Step Work				0.00			0.00				0.00	
Stepping Stones/Crow.				0.00			0.00				0.00	
Stepping Stones/AVL	25.00			25.00			0.00				0.00	
Suburban	10.00	10.00	10.00	30.00			0.00				0.00	
Sunday Afternoon Ascension				0.00			0.00				0.00	
Sunday Morning Breakfast	200.00		200.00	400.00	25.00		25.00	60.00	25.00		25.00	
Sunday @ 8:00				0.00			0.00				0.00	
Sunday @ 8:30				0.00			0.00				0.00	
Sunday @ 9:00				0.00			0.00				0.00	
Sunday Third Group				0.00			0.00				0.00	
Sunday Court				0.00			0.00				0.00	
SUNY Amherst Campus				0.00			0.00				0.00	
Survivor and Hope	100.00	75.00		175.00			0.00				0.00	
Survivors				0.00			0.00				0.00	
TCAF				0.00			0.00				0.00	
Thankful			50.00	50.00			0.00				0.00	
The Book Meeting				0.00			0.00				0.00	
Three Legales	15.00	5.75	8.15	28.90		5.75	8.15	13.90	5.75	8.15	13.90	
Three Ties	5.00	5.00	5.00	15.00			0.00				0.00	
Thursday	100.00	200.00	125.00	425.00	20.00	20.00	20.00	60.00	20.00	20.00	20.00	
Thurs. Nite Steppers				0.00			0.00				0.00	
Thursday PM Discussion		200.00		200.00			0.00				0.00	
Today				0.00			0.00				0.00	
Today's Women				0.00			0.00				0.00	
Tri County		210.00		210.00			0.00				0.00	
Tri-Step Beginners				0.00			0.00				0.00	
Try Again				0.00			0.00				0.00	
Tuesday Men's AM	50.00		50.00	100.00			0.00				0.00	
Tuesday Women	20.00	20.00	20.00	60.00	10.00	10.00	10.00	30.00	10.00	10.00	10.00	
Turning Point				0.00			0.00				0.00	
Twin Cities				0.00			0.00				0.00	
Unity				0.00			0.00				0.00	
University Men's Disc.	600.00		102.50	702.50			0.00	50.00			50.00	
Valley				0.00			0.00				0.00	
Valley of Spiritual Encour.				0.00			0.00				0.00	
Versburg				0.00			0.00				0.00	
Victory				0.00			0.00				0.00	
Wake Up Call				0.00			0.00				0.00	
We Are Not Rabbits				0.00			0.00				0.00	
We Care		30.00		30.00		10.00	10.00		20.00		20.00	
We Choose Life				0.00			0.00				0.00	
We're		30.00		30.00			0.00				0.00	
Welcome				0.00			0.00				0.00	
Westfield				0.00			0.00				0.00	
Westminster				0.00			0.00				0.00	
Why				0.00			0.00				0.00	
Williamsville	200.00			200.00			0.00				0.00	
Wilson Td Group	100.00		120.00	220.00			0.00				0.00	
Wilson Group				0.00			0.00				0.00	
Wilson Driv'g Abroad				0.00			0.00				0.00	
Women's West Side				0.00			0.00				0.00	
Working	260.00			260.00			0.00				0.00	
You're Never Walk Alone				0.00			0.00				0.00	
Young at Heart				0.00			0.00				0.00	
Youngstown				0.00			0.00				0.00	
Yonkers	40.00			40.00			0.00				0.00	
Frank B.	130.00			130.00			0.00				0.00	
Anonymous				0.00			0.00				0.00	
Amesbury		30.00		30.00			0.00				0.00	
Banck L.		100.00		100.00			0.00				0.00	
John H.			50.00	50.00			0.00				0.00	
Kathleen			5.00	5.00			0.00				0.00	
Ernie C.			5.00	5.00			0.00				0.00	
Peter D.			8.25	8.25			0.00				0.00	
Mike J.	50.00			50.00			0.00				0.00	
Paul H.	100.00			100.00			0.00				0.00	
Ed O'D	22.50			22.50			0.00				0.00	
James N.		5.00		5.00			0.00				0.00	
TOTALS	3704.15	3916.81	4104.22	11718.88	206.80	270.25	233.85	1710.70	1258.89	477.25	243.85	7677.70

Buffalo Central Committee

April 4, 2004

John, Committee Chair, opened the meeting at 7:00 PM, with a moment of silence and the Serenity Prayer. He continued on with the reading the Preamble. Brendan, Abbott Men's Discussion Group read The Purpose of the Central Committee. Donna, Courage Group, read the Traditions. Motion to dispense with reading of last months minutes, motion by John H. Steering Committee Rep. second, Charmaine, Amherst Snyder Group.

One new Central Committee Representative- Bob, Eye Opener Group.

Charmaine discussed the 3rd Tradition.

36 Groups Attended: District # 1 Cornplanters Again, Downtown Men's, Main and High, New West Side, Sunday Niter's, Sunrise Court, Those Too. District #2 Early Bird, North Buffalo, Three Legacies, Ride Sober. District #3 Representative, Abbott Men's Disc., Blasdell Mon. Night, Cazenovia, Courage, Father Baker, New Life, Rainbow, Ridge, South Town, Southgate, Sunday Morning Breakfast, The Book Meeting, Victory.

District #4 Action, Holland, Patchin, Springville Tues. Night, Springville Wed. Noon, Springville Sat. Afternoon. District #5 Lockport #1 District #6 Amsdell Lakeshore, Go to Any Lengths, Lakeshore District #7 Buffalo, Coldspring, Let Go and Let God, Lovejoy, Spirit of Hope, District #8 Eye Opener.

COMMITTEE REPORTS

ENVELOPE SYSTEM: Brendan, Abbott Men's Disc. Verbal report.

STEERING COMMITTEE : Pete, Dist. #5 Exec. Sec. Reports computer up and going. New Schedules sent to the printers next week. Discussed taxes-all in account. Adhoc committee for the Bflo Fall Conv. (prior chairs) Discussed recommendation of 30 days ext. for move to Tri Main Bldg. Frank M. other possibility the Larkin Building. Lee will investigate other options. He has a report to give. N.B.-Advertisement showing Big Book. John H wrote letter to Renaissance House. Ad is off the air. Frank M concerned with recording of min. and length of time spent on Traditions. Must be kept to 5 min. as originally voted on by Steering Committee when adopted.

FINANCIAL REPORT:

FEBRUARY FINANCIAL REPORT 2004

Income								Expenses							
February 2003	February 2004	Variance	% Change	YTD 2003	YTD 2004	Variance	% Change	February 2003	February 2004	Variance	% Change	YTD 2003	YTD 2004	Variance	% Change
Avp.	Actual			Avp.	Actual			Avp.	Actual			Avp.	Actual		
\$7,481.00	\$8,025.00	\$564.00	7.56%	\$14,622.00	\$18,060.00	\$3,156.00	7.76%	\$7,669.00	\$8,581.00	(\$1,168.00)	-13.67%	\$15,078.00	\$18,355.00	(\$623.00)	-4.06%

Narrative 1.) February increase attributed to increased Rentals sales.

Narrative 1.) Annual premium for the State Insurance Fund 2003 \$254.00 2004 \$287.00
 2.) Postage expenses dropped \$502.00 year to date
 3.) Answering Service dropped \$860.00 year to date

Summary Although total income is approximately the same as 2003, the Central Office continues to be affected because there is zero reserve funds. If for example, income did not meet expenses in just one month, the Central Office would make a contingency plan to no longer function in the capacity that it does now. Central Office provides one of the greatest vehicles for service; carrying the message to the sick and suffering in and out of AA. Terry Bateman, your Executive Secretary, has the direct impact on expenses which she has taken great steps to reduce, the income is the responsibility of the groups so please support the office.

Thank you for allowing me to serve.
 Respectfully,
 Paul S. (Going To Any Lengths Group)

TREATMENT: Tom, Main & High-Tues, 3/23/04 All meetings are currently covered. Lockport Mem. Hospital (No longer reg.) Lighthouse-Lakeshore (suspended temporarily) TFC-Information are being filled for the State & Fall Conventions. BTG call 2 for March. There were a few however most of those wanted either just to talk or information. Treatment Facility Committee meets the 3rd Tuesday of the month. Anyone wishing to be involved please call, Winston Fritz, 833-9747.

CORRECTIONS: Andrew, 3 Legacies. Flyer: 3 hours (a month) isn't a lot to ask...for AA saving our lives. Please call...Andrew K 652-6294, Jim K. 821-0713, Gary S. 597-7120, Bob G. 743-0645

SCREENERS: No report.

CENTRAL OFFICE: Terry AA INFO: 229, 12-STEP: 6, ALANON: 14, VISITORS: 35, VOLUNTEERS: 2. The office operating expenses are still below a monthly average. The good news is that word is getting out and contributions are on the increase. There has been a positive response to the Envelope System article, we hope the word continues to be spread about the Envelope System participation as it was for the members that came before us. There is a correction to the financial report that was mailed, you can see that the wrong number was carried over as the beginning balance for corrections, that number should be \$1,532.95, creating a final balance of \$1,248.30. This will be corrected for the next mailing. The office was also beset with a major setback; the computer is completely down. After being looked at by 2 Computer Tec's, the conclusion was with its age and the nature of the problem and the cost of repairs it is better to replace. All the Central Office Files are saved and when the new computer arrives will be downloaded. I am making due with basic files for our mailing being worked on at home in the evenings. Please be patient with any change of information at this time. It is all being kept track of, just a little slower.

PIC : No report

NEW FRONTIERS: Debi, Thanks to all who contributed this month. We hope you like the new format. Saves us a bundle on postage. Remember to have your submission in by the 12th of each month for the following month's issue

2004 CONVENTION: No report

AD-HOC COMMITTEE: Lee, Eye Opener Group. Verbal report

COURTESY REPORTS

ARCHIVES: Frank M. Archives Chair: Our March committee meeting was held at the AA Day of Sharing in Hamburg, where we also had our display. We would like to thank the groups in Dist. 6 for their contribution to the Archives. We also displayed at Southgate's 27th Anniversary. Upcoming display's will be May 8, Boulevard Helping Hands Anniversary, July 23-25 NY State Convention, July 31 Main and High Group Day of Sharing. August 6-8 Annual NY State Informational Work shop. I would also like to recommend and have General Service consider sending our new Archivist, Tom Bator to an Archive Work shop to help him learn preservation and managing the Archives which is usually held in the early fall.

GSA: John, need PI and Grapevine chairpersons. If anyone is interested come to GSA meeting 5-16-04. CPC contacted Fair about Health Bldg. \$1,000.00 or \$350.00 for tent, due to Grandstand conversion. Need for groups or individuals for meetings in prison. Registrars report-handed out 23 packets to get info. to send to NYC.

OLD BUSINESS: John, Steering Committee Motion to allow ALHOC Committee 30 days to find new place or to secure Tri Main Center and/or negotiate a lease in June with the Ellicott Square. Diane, Wilson Group made the Motion to accept the Motion from the Steering Committee. Voted on and accepted.

NEW BUSINESS: Joanne from the Women's International Convention Thanked everyone for their support and was giving \$1,000.00 check to Treatment and one to Correction. \$12,000.00 check was given to Central Office. Pat, Rainbow Group, motioned that the Central Office check go into CD's to get interest. This motion-dispensed. Patti, Financial Secretary, motioned to put all \$12,000.00 into a reserve to use accordingly. Discussion continued with amendments. The final Motion voted on is "that the money given to Central Office \$10,000 would go into rolling CDs, continuous roll over, reviewed every 6 months and \$2,000.00 would be used for operating expenses." Voted on and passed.

7th Tradition.

Motion to close: Annette, Sunday Morning Breakfast Group, second Lee.

Thank you for this opportunity to serve AA. Kim E. Southtown Group.

Host group for May-Action Group, For June- Going To Ant Lengths Group.

MAY ANNIVERSARIES

Courage Group

Dave P. 3m
James B. 3m
John C. 7y

Amherst Snyder

Joe F. 3m
Rick F. 3m
Duane D. 3m
Katie G. 3m
Jennifer T. 6m
Tom R. 6m
Patricia S. 6m
Cindy M. 9m
Joey C. 1y

Laura G. 1y
Chris F. 2y
Joe S. 2y

Karen W. 4y
Mark C. 4y
Roger A. 5y

Michelle S. 5y
Rick S. 10y
Gretchen L. 13y

Eva H. 13y
Don B. 18y
Mary Elan M. 19y

Dick M. 21y
Betty C. 23y
Dick M. 25y

Virginia O. 50y

Fireside

Mary D. 6m
Dan K. 6m
Peter P. 1y

Jill J. 7y
John L. 7y
Mark P. 19y

Giving

Melissa M. 1y
Mike T. 8y

Holland

Cheryl M. 9m
Tom W. 2y

Ironhorse

David H. 6m
Brian O. 6m
Pat D. 1y
Paul A. 2y
Bill R. 11y
Helen B. 22y

Lakeshore

Tom C. 2y

Living Sober

Laue K. 8y
Barbara C. 25y

LoveJoy

TYS. 6m
Michelle G. 6m
Lisa G. 6m
Andrew S. 6m
Joshua R. 6m
Dave M. 9m
Guy M. 9m
Jerry S. 1y
Mary H. 2y
Jim R. 14y

Main & High

Winston F. 12y

Positively

Living

Bill C. 9m
Johnny J. 2y
Curtios H. 25y

Rise & Shine

Alexis J. 3m
Stephanie J. 6m
Allen E. 9m
Kim S. 9m

Colleen D. 9m
Carl F. 1y
Dimples 1y

Denise 2y
Ana M. 3y
Katherine G. 3y

Jack M. 5y
Bill P. 6y
Faith T. 6y

Vicky W. 8y
Bob O. 9y
Willie D. 14y

Willie G. 15y

Remember When

When

Robert W. 1y
Edward W. 2y
John A. 2y
Toyolene M. 2y
Jose R. 2y
Robert A. 2y
Anthony M. 2y
Willie F. 2y
John L. 3y

Alicia W. 3y
Deborah F. 3y
Jeffery B. 3y
Bobby B. 4y

Dorothea A. 4y
Lawrence P. 5y
Renee R. 6y

Harold T. 6y
Deborah T. 7y
Sonia C. 8y

Linda O. 10y
Cassandra 10y
Michel C. 10y

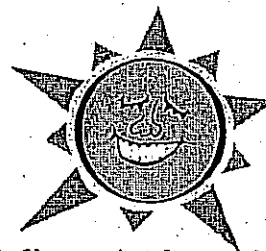
Jerry C. 11y
Arthur E. 13y
Chris B. 15y

Thruway

Don F. 5y
Mike B. 10y
Sue M. 13y

George L. 20y
MaryElen S. 24y

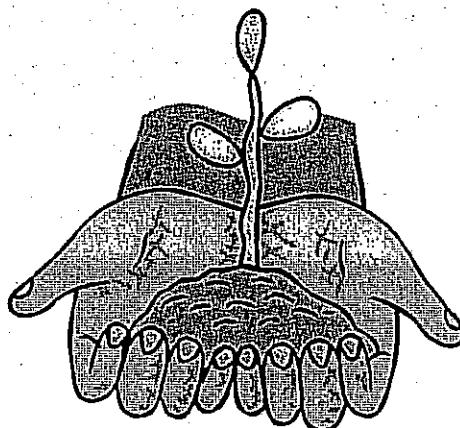
Sun. Morning Br.
Alex S. 3y
Andrea B. 3y
Don F. 5y



Group Anniversaries

AFTER MIDNIGHT
BOULEVARD HELPING HAND
COMMON BOND
FAITH
FIRESIDE
HIGH VIEW
HOLIDAY VILLAGE
JUST FOR TODAY
LIBERTY WOMEN
LIVING SOBER
LOCKPORT #1 GROUP
MORNING AFTER
REMEMBER WHEN
SEARCHING FOR SERENITY
SOBRIETY MEN'S DISC.
SOUTH BUFFALO
SOUTHTOWN WOMEN'S
SPRINGVILLE WED. NOON
T.G.I.F.
UNIVERSITY MEN'S DISC.
WHY
YOU'LL NEVER WALK ALONE

Please remember to
have the anniversaries
submitted by
the 12th
of the month
previous



A.A. of the Niagara Frontier
 845 Ellicott Square Building
 295 Main Street
 Buffalo, NY 14203-2412

Non Profit
 Organization
 U.S. Postage
 PAID
 Buffalo, NY
 Permit No. 53

Interested in receiving the NEW FRONTIERS?

Mail to the

Central Office:

845 Ellicott Square Building

295 Main Street

Buffalo, New York 14203-2412

NAME: _____

ADDRESS: _____

Enclosed is a check or money order made payable to
 the "New Frontiers" for \$ _____ for _____

Central Office earmarked

copies.

Annual Subscription:

1 Copy	\$10	20 Copies	\$57
2 Copies	\$13	30 Copies	\$75
5 Copies	\$24	40 Copies	\$95
10 Copies	\$33	50 Copies	\$120
15 Copies	\$43	60 Copies	\$135



TIME TO CHANGE?

Renewal

New Subscription

Address Change*

Remove Name