

NEW FRONTIERS

MAY 2006

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

MAY TOPICS OF DISCUSSION

STEP 5:

"Admitted to God, to ourselves, and to another human being the exact nature of our wrongs."

Why take the 5th step? ... "The best reason first: If we skip this vital step we may not overcome drinking." (page 72, Alcoholics Anonymous)

"Most of us would declare that without a fearless admission of our defects to another human being we could not stay sober." (page 56- 12 x 12)

"Time after time newcomers have tried to keep to themselves certain facts about their lives...Almost invariable they got drunk" (page 72, Alcoholics Anonymous)

"But they had not learned enough of humility, fearlessness and honesty, in the sense we find it necessary, until they told someone else all their life story." (page 73, Alcoholics Anonymous)

"...we still suffered the old pangs of anxious apartness." (page 56, 12x12)

Fifth Step Promises: (All from page 77, Alcoholics Anonymous)

"We can look the world in the eye."

"We can be alone at perfect peace and ease."

"Our fears fall from us."

"We begin to feel the nearness of our Creator."

"...we begin to have a spiritual experience."

"The feeling that the drink problem has disappeared will often come strongly."

"...we are on the Broad Highway walking hand in hand with the Spirit of the Universe."

"Another great dividend we may expect from confiding our defects to another human being is humility —..." (page 58, 12x12)

Tradition 5 (Long Form):

"Each Alcoholics Anonymous group ought to be a spiritual entity *having but one primary purpose*— that of carrying its message to the alcoholic who still suffers."

"Shoemaker, stick to thy last!"... better to do one thing supremely well than many badly." (page 150, 12x12)

- Are we trying to be all things to all people???
- Are we paying lavish attention to problems outside the scope of our primary purpose???

- Is our message clear and concise or is it convoluted through by the use of "therapy" language???
- Are we gravely mistaken by advising persons about problems that are better discussed with a physician or a lawyer?
- How does my group carry the message???
- What is our message???

"Sarcastically he asked, 'How much does your scheme cost?'

I was thankful I could tell him 'Nothing at all.'

His next question: 'What are you getting out of it?' ...'My own sobriety and a mighty happy life.' "

"That's absolutely all there is to it. There's no angle." (page 152, 12x12)

"My sponsor sold me one idea, and that was sobriety. At the time, I couldn't have bought anything else." (page 154, 12x12)

The message of Alcoholic's Anonymous as this writer sees it is: "The direct result of the process of taking the twelve steps will result in a spiritual experience sufficient enough to bring about the condition of permanent sobriety. To become happily and purposefully whole".

Concept 5:

Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

"Whenever a civilization or society perishes,
there is ALWAYS one condition present.
They forgot where they came from."

Carl Sandburg

When the world pushes you to your knees, you're in the perfect position to pray. (Submitted by Debbi C., Victory Group)

Old Preamble 1940 AA

We gathered here because we are faced with the fact that we are powerless over alcohol and unable to do anything about it without the help of a Power greater than ourselves.

We feel that each person's religious views, if any, are his own affair. The simple purpose of the program of Alcoholics Anonymous is to show what may be done to enlist the aid of a Power greater than ourselves regardless of what our individual conception of that Power may be.

In order to form a habit of depending upon and referring all we do to that Power, we must at first apply ourselves with some diligence. By often repeating these acts, they become habitual and the help rendered becomes natural to us.

We have all come to know that as alcoholics we are suffering from a serious illness for which medicine has no cure.

Our condition may be the result of an allergy which makes

us different from other people. It has never been by any treatment with which we are familiar, permanently cured. The only relief we have to offer is absolute abstinence, the second meaning of A.A.

There are no dues or fees. The only requirement for membership is a desire to stop drinking. Each member squares his debt by helping others to recover.

An Alcoholic Anonymous is an alcoholic who through application and adherence to the A.A. program has forsworn the use of any and all alcoholic beverage in any form.

The moment he takes so much as one drop of beer, wine, spirits or any other alcoholic beverage he automatically loses all status as a member of Alcoholic Anonymous.

A.A. is not interested in sobering up drunks who are not sincere in their desire to remain sober for all time. Not being reformers, we offer our experience only to those who want it.

We have a way out on which we can absolutely agree and on which we can join in harmonious action. Rarely have we seen a person fail who has thoroughly followed our program. Those who do not recover are people who will not or simply cannot give themselves to this simple program. Now you may like this program or you may not, but the fact remains, it works. It is our only chance to recover.

There is a vast amount of fun in the A.A. fellowship. Some people might be shocked at our seeming worldliness and levity but just underneath there lies a deadly earnestness and a full realization that we must put first things first and with each of us the first thing is our alcoholic problem. To drink is to die. Faith must work twenty-four hours a day in and through us or we perish.

In order to set our tone for this meeting I ask that we bow our heads in a few moments of silent prayer and meditation. I wish to remind you that whatever is said at this meeting expresses our own individual opinion as of today and as of up to this moment.

We do not speak for A.A. as a whole and you are free to agree or disagree as you see fit, in fact, it is suggested that you pay no attention to anything which might not be reconciled with what is in the A.A. Big Book.

If you don't have a Big Book, it's time you bought you one. Read it, study it, live with it, loan it, scatter it, and then learn from it what it means to be an A.A.

St. Patrick's Day Dance...A Big Success

On March 11, Wehrle Group offered a laid back evening out, complimented by a great speaker (Brian W.), music by Vinnie- One Day At A Time, and a superb dinner by Shawn S. and Glen B.

Our speaker Brian W. gave a lead that was useful in helping the next sick and suffering alcoholic and reminding the rest of us just how the fellowship of A.A. really works. He talked of the importance of a "tough" sponsor- one who really cares and is not concerned with "our feeling" getting hurt. How important to do the steps in order of 1-12, whether we "feel" we need them or not. Also about how unimportant we are, our selfishness, and get out there and give freely what was given to us. Providing your time, giving the sick suffering alcoholic a ride to a meeting, have long talks- event 3 a.m., whatever it takes to help someone not pick up that 1st drink. Then following through showing them how you worked the 12 steps and 12 traditions and how they changed your life.

Finally, I am blessed to have Brian help me stay sober many years ago. Quite a few people would not deal with me because I was so emotionally unbalanced, but not Brian. He made a group of drunks get together, welcomed them and provided an opportunity to have a good time. For those like me who were afraid, he just dragged us along him, being that great power of example. To teach someone to take that fear and turn it into faith.

Vinny, One Day At A Time, latently performed music of all eras. He was easily able to please most everyone. Dancing to music from Frank Sinatra, jitterbug for those more limber and even the Electric Slide for those hopping. Yes, our vintage crowd sincerely enjoyed the opportunity to dance closely with their partner. Glancing into their eyes, creating new memories, while remembering the old ones. So for those looking for a relaxing evening out were able to use their dancing moves, none of whom seemed to have lost their rhythmic steps to sweep their partner gently across the floor. I am looking forward to watching them next year.

Our dinner was superbly prepared by "Chef's" Shawn S. and Glen B. Everyone enjoyed Shawn's "special recipe" for chicken. It was a beautiful banquet table with hot food continuously!! Many inquired who catered this meal; my response was a very talented member of A.A., early in recovery. Both men showed by power of example giving freely their time and talents. Personally, I hope they will be willing next year to do the same.

Many group members and other dedicated A.A. members made this dance a night to remember. I wish to personally thank each and every one of them. They know who they are...THANK YOU!!!

An event like this takes many hours of planning, organizing, and executing. All of us who helped, met people we did not know, making new friends. We learned to make committee decisions, a valuable lesson in life. That no one is the "boss", compromising takes great patience- seeing someone else's opinion, that yours is not the only one, while working together for a decision all will accept A.A. provides all will accept A.A. provides all these lessons of life and many more. We learn in A.A., we use in everyday living. We need to learn how using God given talents doing service for A.A. the jails, institution, special needs committee, picnics, conventions, and many other service opportunities teach us how to deal with life's responsibilities and give back to A.A. what was freely given to us.

Why not contact your group, sponsor or Central Committee to see where you can help out and use those God given talents? If we all do our part, the workload would not be the same people tirelessly giving their time, talent and money. Come out and get out of your comfort zone, trust God and meet your new friends in A.A. Possibly long time friends who have learned patience, tolerance and lessons beyond your wildest dreams and willing to show you how to get it.

Again, I would like to graciously thank everyone who so dedicatedly helped with the dance. Also those patrons who came out to support and had a good time. We- as the first word in the 1st Step- need each other to make our lives be transformed spiritually, physically, and mentally. So I hope you'll pray and consider where your God- given talents may be used and act on it.

Donna E. Wehrle Group

IN MEMORIAM

Things We Can Not Change

Let's remember all who passed on in our prayers.

Purposeful spiritual exercises

(designed to take us out of ourselves):

- Love your wife/husband.
- Get a job.
- Be a good and productive employee.
- Mow the lawn.
- Wear your seat belt. Whether you agree with it and especially if you do not.
- Take someone to a meeting who wouldn't be able to get there otherwise.
- Visit the sick.
- Attend meetings and contribute with donations of your time and your money.
- Make coffee at your group whether you drink it or not.
- Stop whining and start doing. "Action is the magic word"

Share your Experience, Strength and Hope.

Please submit your articles by the 12th for next months issue.

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681 SENECA STREET
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Buffalo, New York 14210

or
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The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your SUBSCRIPTIONS and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

The Buffalo Central Office is Located at 681 Seneca St, Buffalo, New York 14210. Telephone # (716) 853-0388. Hours of Operation are Monday through Friday from 9AM to 12:30PM and from 2PM to 4:30PM.

MAY ANNIVERSARIES

Alexander
 Lee Ann B. 2Y
Courage Group
 Kathy W. 3y
 John C. 9y
 Erika F. 19y
Amherst Snyder
 Don L. 1y
 Ann Marie 1y
 William G. 1y
 Kathleen K. 2y
 Chris F. 4y
 Joe S. 4y
 Karen W. 6y
 Mark C. 6y
 Leroy J. 6y
 Roger A. 7y
 Michelle S. 7y
 Jeannie F. 11y
 Rick S. 12y
 Gretchen L. 15y
 Don B. 20y
 Mary Elan M. 21y
 Dick M. 23y
 Betty C. 25y
 Virginia O. 52y
Cold Springs
 Lemezo B. 9y
Eyeopener
 Mike L. 2y
 Mark C. 3y
 Robert G. 3y
 Robert G. 3y
 Linda K. 4y
 Peter S. 4y
 Joan K. 5y
 Karen M. 5y
 Frank C. 5y
 Judee F. 6y
 Carolyn W. 6y
 Judee F. 7y
 Jack M. 7y
 Kathy K. 8y
 Jim C. 8y
 Debbie S. 9y
 Joanne C. 9y
 Barry R. 10y
 Tom B. 11y
 Cindy D. 11y
 Sue S. 11y
 Barb F. 12y
 Mark H. 12y
 Barbara W. 12y
 Michelle S. 14y
 Terrence L. 17y
 Doug P. 17y
 Ivan 21y
 Bill K. 21y
 Dennis L. 21y
 Dianne C. 23y
 Jim L. 24y
Fireside
 Jill J. 9y
 Mark P. 21y

Fresh Start
 Sandra B. 2y
Giving
 Mike T. 10y
Holland
 Don S. 16y
Gahada Gon #1
 Ace F. 3y
 Jack N. 7y
How It Works
 Chuck K. 1y
 David Z. 1y
 Dudley G. 1y
 Mike H. 1y
 Dan S. 2y
 Mike H. 5y
 Don McH. 24y
 Dan G. 27y
 Dave Pf. 27y
Ironhorse
 Cindy B. 2y
 Bill R. 13y
 Dave C. 14y
 Helen B. 24y
Kensington
 Ron W. 29y
Living Sober
 Joe Z. 2y
 Jim M. 2y
 Lauel K. 10y
 Barbara C. 27y
LoveJoy
 Glen B. 6m
 Kevin S. 4y
 Jim R. 16y
Main & High
 Winston F. 14y
North Buffalo
 Kevin S. 3m
 Megan M. 3m
 John L. 6m
 Eric V. 6m
 Joseph V. 6m
 James S. 6m
 Patrick K. 6m
 Emmett C. 6m
 Colleen 1y
 Tom L. 1y
 Tom M. 1y
 Karen M. 1y
 Donald D. 2y
 Jeff H. 3y
 Brenda S. 3y
 Gary S. 3y
 Keith C. 4y
 Mike H. 5y
 Becky S. 5y
 Amanda P. 6y
 Peter L. 6y
 Liz S. 14y
 Terry A. 23y
 David P. 27y
 Melvin R. 30y

Rise & Shine
 Terence W. 3m
 Howard P. 6m
 Phil F. 6m
 Junius B. 9m
 Latasha R. 9m
 Rusty C. 1y
 Ana M. 5y
 Katherine 5y
 Ron W. 6y
 Jack M. 7y
 Bill P. 8y
 Faith T. 8y
 Vicky W. 10y
 Bob O. 11y
 Willie D. 16y
 Willie G. 17y
Remember
When
 Derrick J. 2y
 Anthony M. 4y
 Alicia W. 5y
 Renee R. 8y
 Deborah T. 9y
 Sonia C. 11y
 Michel D. 12y
 Jerry C. 13y
 Arthur E. 16y
 Chris B. 17y
Thruway
 Mike B. 12y
 Sue M. 15y
 George L. 22y
 MaryEllen S. 26y
Sobriety On
the Canal
 Sandy Z. 2y
 Gino N. 28y
Sun. Morning Br.
 Gene W. 6m
 Alex S. 5y
Valley
 Ray R. 2y
 Kevin S. 4y



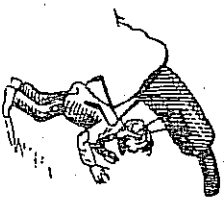
Group Anniversaries

BOULEVARD HELPING HAND
 CARRYING THE MESSAGE
 COMMON BOND
 FAITH
 FIRESIDE
 GAHA:DAGON#1
 HAPPY HOUR II
 HIGH VIEW
 HOLIDAY VILLAGE
 JUST FOR TODAY
 LIBERTY WOMEN
 LIVING SOBER
 LOCKPORT #1 GROUP
 MIDNIGHT DISCUSSION
 MORNING AFTER
 REEDEEMERS
 REMEMBER WHEN
 SEARCHING FOR SERENITY
 SOBRIETY MEN'S DISC.
 SOUTH BUFFALO
 SOUTHTOWN WOMEN'S
 SPRINGVILLE WED. NOON
 T.G.I.F.
 THURSDAY NIGHT STEPPERS
 UNIVERSITY MEN'S DISC.
 WHY
 YOU'LL NEVER WALK ALONE

Please remember to
 have the anniversaries
 submitted by
 the **12th**
 of the month
 previous



sunday **monday** **tuesday** **wednesday** **thursday** **friday** **saturday**



1 **MAY DAY**
1941: First Wisconsin AA meeting is held in a Milwaukee hotel.

2
Steering Committee, 6 PM, Central Office, 681 Seneca Street.
1941: Jacksonville, FL, newspaper reports the start of a new AA group.

3
1943: *Democrat Chronicle* in Rochester, New York, reports first annual AA dinner at Seneca with 60 attending.

4
1946: Marty M. explained Alcoholics Anonymous and the Nat'l. Committee for Education on Alcoholism on the "We the People" radio show.

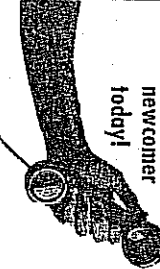
5
1940: *Washington DC Sunday Star* reports formation of first AA group in the nation's capital.

6
Boulevard Helping Hand
8th Annl: 2800 Church Rd
NT: 10:00 AM,
Jamestown 61st Anniversary
Holiday Inn, 150 West 4th
1946: Long form of 12 Traditions published in AA *Grapevine* for the first time.

7 **Central Committee Meeting, 7 pm, Corrections Committee Meeting, 6:00 PM, New Frontiers Committee Meeting, 6:00 PM, Buffalo Central Office, 681 Seneca General Service Assembly, 1 PM, Hamburg Town Hall, 5099 South Park Ave., Hamburg.**


8 **Special Needs Committee, 6:30 PM, The Kentworth Church of Christ Church, 45 Dalton St., Kenmore.**
1943: Akron, Ohio, AA group has 8th anniversary with 500 present and sober.

9
*1951: Al-Anon was founded by Lois W. and Anne B.

10 **Give your phone number to a new comer today!**


11
1936: From the Mayflower Hotel, Bill W. calls Walter Tunks who refers him to Henrietta Sierling who introduces Bill to Dr. Bob.

12
1935: Bill W. and Dr. Bob meet for the first time in Akron, Ohio, at the home of Henrietta Sierling.

13
SPONSORS: have one... use one... be one...


14 **MOTHERS' DAY**
Carry The Message Group 1st Anniversary, Trinity Episcopal Church, 261 East Main St., Hamburg.
1948: Long Beach, California, Central Office is opened.

15 **Treatment Facilities Committee, 6 PM, Buffalo Central Office, 681 Seneca**
1961: Bill W.'s mother, Dr. Emily Strabell, died.

16 **朋**
The symbol for FRIENDS as rendered in Chinese calligraphy.

17
1942: *The Journal-Herald* in Dayton, Ohio, runs a huge story on AA with photos of members in Halloween masks to protect their anonymity.

18 **65th Buffalo Fall Convention Meeting, Thursday, 6:00 PM @ Holy Trinity Lutheran Church, 1080 Main Street, Buffalo.**
*1938: Bill W. and other AAs started writing the Big Book.

19
2000: Dr. Paul D. dies. He was the "Doctor, Alcoholic, Addict" story in the Big Book, third edition.

20 **ARMED FORCES DAY**

21
*1946: The AA *Grapevine* announces "The one-man group in Vermillion, Ohio, is doing fine."

22
1948: Atlantic City Group celebrates its second anniversary with Dr. C. Nelson Davis of St. Luke's Hospital from Philly, PA, and other AAs speaking.

23
30 **Hidview Group Anniversary, St. Aloysius School, 157 Cleveland Dr., Cheektowaga, 8 PM**

24
I'm not going to drink today and if you stick with me, maybe you won't either.

25
CPC meeting, Kentworth Church of Christ, 45 Dalton Dr., Tonawanda

26
Archives Committee Meeting, 9 am, Buffalo Central Office, 681 Seneca
East Area Convention of Young People in Alcoholics Anonymous (YACAPAA) Adam's Mark Hotel, Buffalo

27
*1948: AA *Grapevine* reports \$2,000 sent to the General Service Headquarters of AA in New York, asking "...for a bottle of ...Alcoholics Anonymous."

28
1974: The first World Service meeting of AA outside America is held in London.

29 **MEMORIAL DAY**
1980: *Dr. Bob and the Good Old-Timers*, an AAMS biography of our co-founder and a history of early Midwest AA, is published.

30 **Hidview Group Anniversary, St. Aloysius School, 157 Cleveland Dr., Cheektowaga, 8 PM**

31
"Your telephone may ring at any time of the day or night."
—The Big Book

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MAY 2006

MEETING CHANGES:

NEW MEETING: Threshing Floor, basement of Salvation Army ARC, 1080 Military Rd., Kenmore.
Tuesday's at 8PM.

Freedom Group is changing its time to 8 PM followed at 9 PM by a Family Afterwards Meeting. Saturday, St. Amelia's School Cafeteria, 2999 Eggert Rd.

Principles Before Personalities Group, Thursday's at noon, Springville, is **moving** to 37 North Buffalo Street. Entrance is on Franklin.

COMING EVENTS:

~ May 2, **Steering Committee**, 6 PM, Central Office, 681 Seneca Street.

~ May 6, **Boulevard Helping Hands 8th Anniversary**; 2800 Church Rd. (off Ward Rd.), North Tonawanda. 10:00 Am, Speaker, 50/50, Brunch. Please bring a dish to pass. Come help us celebrate. Info, call Keith S. 693-6217.

~ May 6, **Jamestown 61st Anniversary**, Saturday, Holiday Inn. 150 West 4th Street, \$15 Basic Registration Fee includes Speakers/ Panels & Dance, Banquet + Registration: \$35. Make checks payable and mail to: Jamestown Anniversary, PO Box 533, Jamestown, NY 14701. The day starts at 9:30 am, goes till??

~ May 7, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca Street (Hosted by Lakeshore).

~ May 7, **Corrections Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street (lower).

~ May 7, **New Frontiers Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street (lower).

~ May 7, **General Service Assembly**, 1 PM., Hamburg Town Hall, 5999 South Park Ave., Hamburg. (Hosted by Lovejoy)

~ May 8, **Special Needs Committee**, 6:30 PM, The Kenilworth Church of Christ Church, 45 Dalton St., Kenmore.

~ May 14, **Carry The Message Group 1st Anniversary**, Trinity Episcopal Church, 261 East Main St., Hamburg. Speaker followed by an eating meeting. Please bring a dish to pass.

~ May 18, **65th Buffalo Fall Convention Meeting**, Thursday, 6:00 PM @ Holy Trinity Lutheran Church, 1080 Main Street, Buffalo.

~ May 15, **Treatment Facilities Committee**, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street.

~ May 26, **Archives Committee Meeting**, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca Street (lower).

~ May 25, **CPC** will meet on the **last Thursday** of every month at Kenilworth Church of Christ located at 45 Dalton Dr., Tonawanda, NY 14223.

~ May 26-28, 2006, **East Area Convention of Young People in Alcoholics Anonymous (EACYPAA)** Adam's Mark Hotel, Downtown Buffalo, For Info Call Jay M. (716) 812-2489, Deric McH. (716) 983-7102, Jen T. (716) 523-5554, or e-mail at EACYPAABuffalo@hotmail.com, Pre Registration before May 4-\$20, after \$28.

~ May 30, **Highview Group Anniversary**, St. Aloysius School, 157 Cleveland Dr., Cheektowaga, 8 PM, Speaker at 8 PM. Bring a dish if you wish.

~ JUNE 23-25, **AA MEN'S SPIRITUAL WEEKEND**, STELLA MARIS RENEWAL CENTER, SKANEATELES NY 13152 (17 MI WEST SYRACUSE)

OPEN AA MEN'S (BY AA MEN FOR AA MEN) CONTACT: JOHN T 315 8944035

E MAIL: STELLAMEN62306@AOL.COM, WEB: STELLAMARISRETREAT.ORG

THIS AA MEN'S WEEKEND IS NOT AFFILIATED WITH RETREAT CENTER

~ June 27, Springville Tuesday Night Group Anniversary Annual AA PICNIC, St Paul's Episcopal Church, 591 East Main, Springville. Speaker at 8:00 PM. Please Bring a Dish to Pass

~ July 14-16, **"A Simple Reliance" AA Men's Spiritual Weekend**. Speakers, Meetings, Fellowship, Great Food, Campfire. Registration Fee \$120, \$25 Deposit, flyers included or @ Central Office.

~ July 15, **9th Anniversary, Main & High Group Day Of Sharing**, Saturday, 9:30 AM- 3:15 PM. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo. Panels & Speaker - 50/50 - Hot Meal - Refreshments - Registration \$6.00.

~ July 28-30, **AA New York STATE CONVENTION**, Clarion Riverside Hotel, Rochester, hosted by CNY Area 47. **"SPONSORSHIP, SERVICE & SELF SUPPORT IN A CHANGING WORLD"**. Registration: \$20, Banquet + Registration: \$45. Flyer available at Central Office.

~ Aug. 25-27, **NYS Informational Workshop**, flyers at Central Office.

~ Sept. 15, Wehrle Group is sponsoring a Cruise Night on the Miss Buffalo II. Speaker (Lucille K.) followed by dancing w/ "One Day At A Time". Tickets before August 1st will be \$24, after, \$27. Beverage & snacks provided. If interested contact Donna E., 873-4427 or Jim R., 491-8301.

~ OCT. 20-22, **65th.BUFFALO FALL CONVENTION**: Buffalo Convention Center (on Franklin St. between Court & Chippewa Streets) Registration: \$18, Registration & Banquet: \$48. Web site: www.2006BuffaloFallConvention.com, Registration Chair; Zenny Z. (716) 283-6508

5th STEP: "Admitted to God, to ourselves, and another human being the exact nature of our wrongs."

5th TRADITION: " Each group has but one primary purpose—to carry its message to the alcoholic who still suffers."

5th CONCEPT; Throughout our structure, a traditional Right of Appeal" ought to prevail, so that the minority opinion will be heard and personal grievances receive careful consideration.

PLEASE SUPPORT THE ENVELOPE SYSTEM

Buffalo Central Committee Minutes April 2, 2006

Frank M., Committee Chair, opened the meeting at 7:00 PM, with a moment of silence, the Serenity Prayer and the Preamble. Kim C., Father Baker Group, read The Purpose of the Central Committee. Bob, Friday Nite East Aurora Group, read the Traditions. Motion to dispense with the reading of last months' minutes by Bill O, Valley Group, seconded by John C., Complanters Again Group. Motion passed.

24 Groups were represented: **Dist. 1:** Complanters Again, Main and High, Sunday Niter's; **Dist. 2:** North Buffalo; **Dist. 3:** Abbott Men's Disc., Father Baker, Iron Horse, New Life, Sunday Morning Breakfast, Thursday Afternoon Disc., Valley, Victory; **Dist. 4:** Rural Is Plural, Springville Tuesday Night; **Dist. 5:** Lockport #1; **Dist. 6:** Amsdell Lakeshore, Lakeshore, Serenity On The Lake; **Dist. 7:** Fresh Start, Lovejoy, Spirit of Hope, Solidarity; **Dist. 8:** Amherst Snyder, Williamsville.

COMMITTEE REPORTS:

ENVELOPE SYSTEM: No representative present

STEERING COMMITTEE: Bob H., Committee Chair: Meeting of 3/28/06: Districts represented 3,5,6,8. Also attending Exec Secretary, Central Committee Co-Chair. Next meeting 5/2/06. Exec Secretary advised that she would be on vacation 4/17 and 5/26 and will be working with volunteers to ensure office coverage. Exec Secretary plans to attend Central Office Seminar in Akron, OH 9/28 – 10/1/06. Anticipated cost in range of \$500 - \$600. Lewiston Church contacted Exec Secretary that church is available for meetings. Contact her for information. Recommendation inclusions in schedule: Early Bird Step Meeting, Dunkirk, Sunday at 6:00 p.m. and Solidarity at the Central Office Sunday at 1:00 p.m. Representative from Dist. 3 reported the church hosting South Buffalo, Abbott Men's and other groups is closing at end of June. Groups are looking for new meeting places. Steering Committee still requires a representative from Dist. 1 (West Side of Buffalo).

FINANCIAL REPORT: Executive Secretary, Terry B. gave the Financial Report.

TREATMENT: Patti S, Going To Any Lengths Group: 1) All meetings are covered; The committee would like to thank the women of North Buffalo Group for facilitating a meeting at Lighthouse and the Tri County group will now host the meeting at Tri County Hospital; 2) changes to the schedule were submitted to the Exec Sec; 3) revised suggested 12th Step Format used at Treatment Meetings will include notice to clients to provide phone number so they can be reached after leaving treatment; 4) A de-listed group wished to participate in treatment meetings and I explained that our Committee is part of Central Committee and respects and adheres to their group conscience. 5) New York strongly suggests that our Committee write guidelines since our Central Office is not incorporated. Incorporation protects the Office from financial repercussions but in addition New York recommends that an indemnification clause be added to the Articles to protect Committee Chairs, Convention Chairs and Officers and the Steering committee.

CORRECTIONS: Bob, Committee Chair: We continue to put together a list of meetings and what is being covered. Gowanda Facility Monday 7-8 – Big book Study, Tuesday 7-8 – 12/12 Study, Wednesday 7-9 – open meeting, Friday 8-10 – Inmate meeting. Collins II – Tuesday, 6-7. Collins is desperate for outside AA support. If anyone is interested, contact Jim G. He also provided information about acquiring ID cards if you have previously visited the facilities. You can schedule an appointment – ID facility is open between 7:30 a.m. and 2:00 p.m. Monday – Friday. Each facility requires separate ID cards and they now require a TB test done before going to any facility for a second time.

SCREENERS: No representative present.

CENTRAL OFFICE: AA INFO: 296; 12-STEP: 11; ALANON: 10; PIC: 3; VISITORS: 112; VOLUNTEERS: 21
Central Office seminar will be 9/28 – 10/1 in Akron, Ohio. Estimated cost between \$500 and \$600 depending on the cost of gas at that time. I will be taking vacation days on 4/17 and 5/26. New schedules are in.

Yours in the fellowship of the Spirit

Terry B., Exec Secretary

NEW FRONTIERS: Shawn C., Editor: Organizational meeting @6:00 p.m. before Central Committee meeting. Send articles before the 1st of the month if possible. The completed newsletter must be in for printing by the 12th of the month. Subscriptions are available in quantities. Individual copies are made for this meeting as a courtesy. There are costs associated with the publications.

PIC: Mike M., Committee Chair: The PIC worked on the following this month: 1) we continue to look for new members interested in doing service work; 2) this month the PIC will start holding monthly meetings for committee members and others interested in joining; 3) one member resigned. We had no new service calls. The PIC attended the Dept of Veteran Affairs Social Community Resource Fair – member in attendance was Mike M. The PIC provided pamphlets and literature about AA. This service call was very successful and informational to all who attended.

CONVENTION COMMITTEE: Winston F., Chairperson: 1) letters of gratitude were sent out to all speakers for their acceptance of our invitation for them to speak; 2) Hotel cut off date is 9/20/06 for the special rate of \$89.00 per night; 3) parking for hotel customers is \$15 for the weekend with in and out privileges, make sure you renew your receipt with the attendant every time you leave at the AUGS PURGER Ramp located at Pearl and Huron Sts. (kitty corner from the Hyatt). Others: Friday \$4 at the same ramp and Saturday free at the Fernbach ramp behind the mall; 4) Flyers with registration will be out on April 21st; 5) our box rental of \$81 was donated by a member; 6) Convention Fund donations should be sent to: 2006 Buffalo Fall Convention, P.O. Box 237, Tonawanda, NY 14151.

COURTESY REPORTS:

ARCHIVES: Tom B., Archive Committee: Our committee continues to meet the 4th Saturday of every month at the Central Office at 9:00 a.m. Our displays last month were at the Three Legacies Group, Lockport #1 and Southgate Group anniversaries. Our displays this month are the NY-PENN inter-group Day of Learning at St. John's Church School in Olean. We are also attending the Hamilton and District's 8th Annual Archives Breakfast, Sunday 4/23. We will have a full Archive display at the WNY GSA Spring Convention 4/28 - 4/30 at the Millennium Hotel on Walden Ave in Cheektowaga. If your group would like the Area Archives at your group event, please contact us preferably with a 30 day notice.

GSA: John C., Chair: The convention is 4/28 - 4/30 - Adult registration is \$15, after April 15th - \$20; dinner is \$25; breakfast is \$15; dance is \$5 per night. Next meeting at Millennium Airport Hotel 4/5/06 at 7:00 p.m. Next GSA meeting is 4/9/06 at 1:00 p.m. at Hamburg Town Hall.

AREA 50 PIC: John C. gave report. He said that there is a very nice article in Box 459. It portrays the area in a very positive light.

RECAP: None

OLD BUSINESS: At the request of Terry B. Ex. Secretary, Roger R. Attorney at Law, made a presentation on the possibility of incorporating "AA on the Niagara Frontier." His Presentation described the benefits of incorporation, and the necessity of incorporation. He added that Rochester NY and Baltimore MD, have had great success with incorporating their Inter-Group Offices. Roger stated his work on the incorporation process would be Pro-Bono but the Central Office would be responsible for the recording fee of \$400.00 to \$500.00 required for filing the document. Roger also suggested that an Ad-Hoc Committee, with no more than 5 members be formed to assist him in the process. After several Questions from Committee Members. A motion was made by Patty S. Treatment Chair, To Incorporate the Central Office and AA on the Niagara Frontier. Debbie C victory group seconded the motion. After the questions on the motion, Frank M. Central Committee Chairman called for a roll call vote, 24 members attending voted, 14 yes, 9 no and 1 abstain. The Motion was passed.

NEW BUSINESS: Two new groups asked to be included in AA Meeting Schedule. The two Groups have completed their probationary period. The Early Bird Step Group in Dunkirk NY, and The Solidarity Group in Buffalo. Bob H. Williamsville motioned to accept the two groups in the AA schedule, seconded by John H. Sunday Morn. breakfast group, no questions on the motion, motion passed.

Formation of the Ad-Hoc committee to assist attorney Roger R. was tabled to the May meeting. Will be the first order of business in Old Business.

Motion by Patti S., Going to Any Lengths Group to send Exec. Secretary to Akron, OH for Central Office Seminar, seconded by Lori H., Springville Tuesday Nite. Motion passed.

Motion to adjourn by Patty S. Going to Any Lengths Group, seconded by Lori Springville Tues Nite Group. Meeting adjourned at 8:15 p.m. with The Lord's Prayer.

Minutes respectfully submitted by:

Recording Secretary, John H., Sunday Morning Breakfast.

Income Statement	31-Jan-06	2/29/2006	31-Mar-06
Beg Bal Cash on hand	17,175.07	17,017.03	11,133.52
Contributions			
Groups	3,048.73	3,750.09	4,550.05
Joint Meeting	51.00	29.05	48.86
Envelope System	1,309.00	304.00	520.00
New Frontiers Subs	20.00	33.00	30.00
Literature	4,697.45	2,744.30	3,426.10
Literature Postage	59.26	51.15	209.10
Archives Room Rent		100.00	50.00
Meetings at CO	163.20	164.33	172.15
Mail/Misc.	25.00	25.00	50.00
US Treasury			669.75
"Gratitude Month" (NOV)	58.00		
Conventions/Day of Sharing			
Monthly Income	9,431.64	7,200.92	9,726.01
Expenses			
Office Rent	768.47	768.47	772.29
Electric	90.00	90.00	-
Payroll			
Salaries - gross	2,240.84	2,240.84	2,801.05
Federal Withholding	(363.40)	(363.40)	(363.40)
NYS Withholdings	(123.16)	(123.16)	(123.16)
Disability Insurance	(2.40)	(2.40)	(2.40)
Payroll Tax Deposits			
Federal	496.64	735.75	588.60
State	222.51	106.42	
Insurance			
State Ins Fund		314.45	
Health	304.00	304.00	304.00
Liability	1,233.75		
Postage	394.00	336.76	546.22
Phone	105.02	105.04	105.04
Accounting			
Advt			
PIC Lit.			
Talking Phone Book			
Verizon	106.95	108.70	108.70
website			
white directory		464.40	
Yellow Pages	297.00		
Literature Expenses			
Grapevine		35.00	142.50
World Services Inc	2,770.28	1,425.10	2,321.62
Hazeldon			592.14
"In All Our Affairs"			
Printers			
Office Supplies	307.62	156.54	422.28
Answering service	124.43	121.47	128.00
Minolta leasing (copier)	260.45	260.45	260.45
Minolta Copies			
CD		6,000.00	
Seminar			203.00
Depreciation	100.00	100.00	100.00
Monthly Expenses	9,333.00	13,184.43	8,906.93
Monthly Income (Loss)	98.64	(5,983.51)	819.08
Depreciation add back (non-cash)	100.00	100.00	100.00
End Bal Cash on hand	17,017.03	11,133.52	20,140.48
CD	PRUDENT	8,190.48	8,190.48
CD#2	RESERVE	6,000.00	6,018.09
Literature Assets:	10,292.85	9,401.00	8,731.30
Literature Receivable:(outstanding)	652.00	410.60	636.95
Corrections Facilites	3,465.62	3,343.15	3,572.53
Donations	336.53	270.33	91.00
Expenses	459.00	40.95	126.00
Balance	3,343.15	3,572.53	3,537.53
Treatment Facillites	2,537.42	1,271.99	1,463.32
Donation	241.78	245.33	126.00
Expenses	625.00		
AT & T Bridging The Gap	29.21		78.62
AAA Abott Answering Service	53.00	54.00	49.50
Literature	800.00		
Balance	1,271.99	1,463.32	1,461.20

Lets Ask Bill...

A - We sometimes congratulate ourselves on the Traditions as though they were a list of virtues singular to us. Actually, they are a codification of the lessons of our past experience during the early days of A.A.

These Traditions are not fixed absolutely. There may be room for improvement. However, they should not be lightly cast aside, since they bear on our unity, survival and growth under Gods grace."

We are entering a new era of growth with vast forces tearing at the world. The problems and difficulties of the future may be greater than those we have already survived. Still, there is a love among us that passeth all understanding and that will sustain us through all the trials that lie ahead, no matter how formidable." (Transcribed from tape, GSC, 1968)

GROUP CONTRIBUTIONS

2006

GROUP	CENTRAL	CORRECTIONS	TREATMENT
at Named"	0.00	0.00	0.00
OLV Women's	0.00	0.00	0.00
One Day At A Time	200.00	200.00	0.00
Open Arms	50.00	0.00	0.00
Open Mind	0.00	0.00	0.00
Orchard Park Step	30.00	0.00	0.00
Pass It On	0.00	0.00	0.00
Patchin	0.00	0.00	0.00
Pathway to Peace	0.00	0.00	0.00
Pendleton Chapter Five	0.00	0.00	0.00
Phonentx	0.00	0.00	0.00
Positively Living/Ret.	300.00	600.00	0.00
Powerless	25.00	25.00	0.00
Pride	20.00	0.00	0.00
Primary Purpose	10.00	0.00	0.00
Principles Bef. Personalities	0.00	0.00	0.00
Progress	0.00	0.00	0.00
Purpose/Tonawanda	0.00	0.00	0.00
Questions & Answers	20.00	20.00	0.00
Rainbow	25.00	25.00	0.00
Ray of Hope	180.00	0.00	0.00
Reco... Women In the BB.	0.00	0.00	0.00
Recovery Near the Gardens	0.00	0.00	0.00
Redeemers	0.00	0.00	0.00
Reflections	0.00	0.00	0.00
Reflections on Recovery	0.00	0.00	0.00
Remember When	0.00	0.00	0.00
Renewal	0.00	0.00	0.00
Ride Sober	0.00	0.00	0.00
Ridge	0.00	0.00	0.00
Rise and Shine	0.00	0.00	0.00
Rochester	0.00	0.00	0.00
Roland	0.00	0.00	0.00
Rural Is Plurat	0.00	0.00	0.00
Sally	0.00	0.00	0.00
Saratoga	0.00	0.00	0.00
Sat. Night In Recovery	0.00	0.00	0.00
Sat. Nite Sober	0.00	0.00	0.00
Sat. Midnights	0.00	0.00	0.00
Searching For Serenity	100.00	100.00	0.00
Second Chance	0.00	0.00	0.00
Serenity	20.00	0.00	0.00
Serenity Circle	0.00	0.00	0.00
Serenity In the Park	0.00	0.00	0.00
Serenity on the Lake	0.00	0.00	0.00
Serenity Shack Nocners	0.00	0.00	0.00
Serenity Trails	0.00	0.00	0.00
Selaside	0.00	0.00	0.00
Sheildan	40.00	140.00	0.00
Silvercreek Friendship	5.00	0.00	0.00
Sober and Proud	0.00	0.00	0.00
Sober Saturday	0.00	0.00	0.00
Sober Trails	0.00	0.00	0.00
Sober Winners	0.00	0.00	0.00
Sobriety Comes First	0.00	0.00	0.00
Sobriety for Women	0.00	0.00	0.00
Sobriety Men's Disc.	73.34	73.33	33.33
Sobriety On The Canal	20.00	0.00	0.00
Sobriety on a Sat. Night	0.00	0.00	0.00
Sobriety on the Lake	0.00	0.00	0.00
Solidarity	0.00	0.00	0.00
Somerset	0.00	0.00	0.00
South Buffalo	0.00	0.00	0.00
South Town	0.00	0.00	0.00
Southgate	30.00	0.00	0.00
Southtown Women's	0.00	0.00	0.00
Southwestern	0.00	0.00	0.00
Spirit of Hope	100.00	0.00	0.00
Spiritual Progress	0.00	0.00	0.00
Springville Sat Afternoon	0.00	0.00	0.00
Springville Tues. Night	0.00	0.00	0.00
Springville Wed. Noon	0.00	0.00	0.00
Springville New Life	40.00	0.00	0.00
St. Barnabas	0.00	0.00	0.00
St. Mark's	0.00	0.00	0.00
Starting Over	28.50	176.75	0.00
Staying Alive	0.00	0.00	0.00
Step Work	0.00	0.00	0.00
Stepping Stones/Gov.	0.00	0.00	0.00
Stepping Stones/Wil.	0.00	0.00	0.00
Suburban	0.00	0.00	0.00
Sunday Afternoon Ascension	0.00	0.00	0.00
Sunday Morning Breakfast	200.00	600.00	0.00
Sunday @ 8:00	0.00	0.00	0.00
Sunday Nilers	0.00	0.00	0.00
Sunday Third Group	0.00	0.00	0.00
Sunrise Court	100.00	200.00	10.00
SUNY Amherst Campus	0.00	0.00	0.00
Surrender and Hope	100.00	0.00	25.00
Survivors	0.00	0.00	0.00
SIF	0.00	0.00	0.00
Thankful	220.00	0.00	0.00
The Book Meeting	0.00	0.00	0.00
The Road Less Traveled	0.00	0.00	0.00
Three Legacies	106.78	106.78	106.78
Those Too	0.00	0.00	0.00
Thruway	150.00	450.00	20.00
Thurs. Nite Sleepers	0.00	0.00	0.00
Thursday PM Discussion	0.00	0.00	0.00
Today	0.00	0.00	0.00

GROUP	CENTRAL	CORRECTIONS	TREATMENT
1 Today's Woman	50.00	50.00	0.00
2 Trail Blazers	0.00	0.00	0.00
6 Tri County	60.00	60.00	60.00
6 Tri-Slep Beginners	0.00	0.00	0.00
3 Try Again	0.00	0.00	0.00
4 Tuesday Men's AM	50.00	0.00	0.00
Tuesday Women	0.00	0.00	0.00
2 Turning Point	0.00	0.00	0.00
5 Twin Cities	0.00	0.00	0.00
2 Unity	0.00	0.00	0.00
2 University Men's Disc.	0.00	0.00	0.00
3 Valley	0.00	0.00	0.00
1 Varieties of Spiritual Exper.	0.00	0.00	0.00
4 Varysburg	0.00	0.00	0.00
3 Victory	0.00	0.00	0.00
1 Victory Women's	0.00	0.00	0.00
1 Wake Up Call	0.00	0.00	0.00
7 We Are Not Saints	0.00	0.00	0.00
3 We Care	0.00	0.00	0.00
1 We Choose Life	0.00	0.00	0.00
7 We Don't Know	0.00	0.00	0.00
2 Wehrle	40.00	60.00	0.00
2 Welcome/ Acceptance	0.00	0.00	0.00
6 Westfield	40.00	0.00	0.00
1 Westminster	0.00	0.00	0.00
2 Why	0.00	0.00	0.00
3 Williamsville	0.00	0.00	0.00
5 Willing To Grow	0.00	0.00	0.00
5 Wilson Group	43.30	30.00	0.00
6 Wilson Smith Alumni	0.00	0.00	0.00
5 Women In Sobriety	0.00	0.00	0.00
1 Women's West Side	0.00	0.00	0.00
1 Working	0.00	0.00	0.00
1 You'll Never Walk Alone	0.00	0.00	0.00
6 Young at Heart	0.00	0.00	0.00
5 Youngstown	0.00	0.00	0.00
Attica	0.00	0.00	0.00
Anonymous	100.00	0.00	0.00
Frank & Marjorie P.	46.00	0.00	0.00
John H.	25.00	0.00	0.00
Della R.	19.95	19.95	0.00
Don K.	2.05	2.05	0.00
TOTALS	11348.67	91.00	697.86
		126.00	613.11

ATTENDED CENTRAL COMMITTEE



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