

NEW FRONTIERS

A.A. of the Niagara Frontier

MAY 2013

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER

We request that this newsletter be kept within the Fellowship to ensure anonymity



Second Moment of Silence ~ GROUPS SERIES ~ Part 7

I sat at a table a few months ago, and when we started getting off-topic, one of the elder statesmen sitting at the table chimed in and politely mentioned we were taking a detour. He was right. Since a majority of our meetings in WNY are discussion meetings, I started to think about how tables are run and what makes a good discussion table.

Sometimes common sense appears to be left in the parking lot. Someone offers Step Six as a topic, for example. The 3rd person to share brings up something going on in their life that has nothing to do with Step Six. That becomes the topic for the balance of the discussion. I'm not saying that the change in focus isn't appropriate in a particular situation, but what about the others that sat there to discuss Step Six? Some then wonder why after a few weeks there are less people sitting at that table or more people frequently checking their smart phones.

Table moderators used to pick a topic, foster discussion about that topic and gently <G> correct when needed. Being a moderator goes with "being a member of A.A.", as you are qualified after some experience working this program.

They also made sure that egos didn't take over, or that someone who consciously or unconsciously decides they need to give a mini-lead did not take up half the time available. That is probably the hardest decision a moderator will make. "Do I cut the person off, or it is in their/our best interest to let them continue?" I still don't have a good answer for that question. How about the "I'll close with this ...", and 7 minutes later the person finally stifles themselves.

When it is your turn to say "I'll take the table," assume your Higher Power signs on to join you in that task. When you believe that and ask for His help, moderating a table isn't difficult.

You should have a topic in your head about what to discuss before the introductions start. If you don't, plan on having an aimless table. If you can't think of one, or you have too many choices in your mind, follow the Step Eleven guide in the Big Book. Ask God for help, and relax. An idea will come or someone will offer a topic after the introductions. After presenting the topic, it might be a good idea to say that if anyone has something they need to share with that group now, they are free to do so. Try it a few times and see if it works.

Let's not let reverse pride or self-flagellant thoughts tell us we're not good enough or qualified to manage a table, pick a topic, let someone know the table isn't dedicated to their case alone or that the table isn't there for an extended venting. There are other AA members there, and the ones hurting bad who sit in silence have to be considered, especially if their silence is because a couple of people decided to talk too long and the moderator did not intervene.

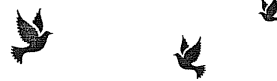
"Choose your own moderator" — sometimes that is a cop-out. A few groups actually get people to moderate tables before the meeting starts. The tables which don't have to spend minutes deciding on a moderator have more time for sharing. Someday, someone will come up to me or any meeting chairman and volunteer to moderate a table. Pick me up off the floor if it happens <G>.

To have a good discussion, you need to have an answer to this question: "What is the purpose of a discussion table at an A.A. meeting?" Have you ever thought about it? If I had to sum it up in a few words, I'd use the words "Learn, Teach & Test".

Tables are where we share our experience, strength & hope in working our Program of Recovery (the



(Continued on page 2)



(Continued from page 1)

Fellowship part is before & after the tables). We do this by telling what it was like, what happened & what it is like now. We present the truth; we also ask for help. We don't talk about what we think unless we back it up with our related experience. We don't use a table as a place to "vent" or try and turn a table into a personal therapy/counseling session. The tables are where we "Learn" about how to stay sober when we are new, as well as where we "Teach" by sharing experience in our new way of living without drinking.

The Test is to test our knowledge, and I'll use an example here: Have you ever known a bit about a particular topic, but got all mixed up when you tried to share some of your knowledge/experience at a table? If yes, it probably wasn't caused by nervousness.

I've found there are 3 levels of "learning/knowledge". I don't know if there are more or less medically, but these three seem to be my experience. First is reading or hearing. You get the concept in your head. You know something, but you don't know it well or understand it just yet. Second is writing it — writing about the particular topic, like this article is. Your knowledge and maybe experience has increased from the first one. Third is verbal, which is to be able to describe something verbally to another person, whether it is one on one, at a table, or giving a lead.

So, the Test is for us to self-check our understanding about a given topic. Because the only way to find out is by talking, we don't restrict who shares at a table to those who "completely understand" a topic. Tables should be the safest place for an A.A. member to do this, and overwhelmingly in our area they are. We do take a personal risk in verbally describing a concept at a table because we usually discover we don't know as much or know a topic as well as we thought we did <G>. Those are the times where after sharing I say to myself "did I make any sense whatsoever? I have more to learn!" That's when we grow!

The default topic at beginners or discussion tables seems to be, "Is anyone having a problem today," the first Three Steps or something similar. In real life I think each one of us is having some type of problem on a daily basis. Because of that, the "topic" generally boils down to "Who wants to be the table topic?" That's one reason why no one is chomping at the bit to bring up something to discuss. I've proved this more than a few times by bringing up a hypothetical situation or a few sentences out of the Big Book for a topic, reinforcing the "hypothetical" part. Give it 5-10 minutes, and those sharing will be talking to me, thinking I have that problem or situation in my life at that moment. That's right out of the undergraduate course titled, "Scare Beginners 101."

Those default topics shouldn't happen repetitively. Everyone that has attended meetings for at least 6 months should know by now that it is rare for someone to sit at a table with a topic ready, which is why we have that 'second or shy moment of silence'. I'm sure some of that is, "I'll defer my topic if someone is really hurting now."

Home group members should moderate tables at their group meetings. This works fine except when there are 3 tables and only 4 or so home group members that regularly attend. No, I won't go there today ... ! Should someone with only a couple of months moderate a table? As a general rule, the answer is no. Our whole program is based on shared experience practicing the A.A. principles — the key word is EXPERIENCE.

The best tables are ones where ONE PERSON takes on the responsibility for leading a particular table, on a particular topic, on a regular basis. Whether it be reading from one of the books, or a progressive step table, and so on. If you attend one of those meetings/tables a few times, you know what to expect. The initial BS of getting a moderator and deciding what to talk about is eliminated. Sharing has added depth. People stay sober and grow.

The easiest way to keep a table focused is to say something when it starts. Some thoughts to help you decide what, if anything, you would say when the table starts: Here's what we're going to discuss. If you have something else, we will add it at the end of the table if there is time, or I/we will talk to you about it after the meeting. Please make your point or share your experience on the topic first. If you don't have experience to share on that topic (let's say a person with 10 days and the topic is Step 10), it is OK to PASS. Don't decide to talk about whatever pops in your head, regardless of if somehow it can be linked to the topic (given enough time, any topic can be linked to another). Always remember love and tolerance should guide any comments you make as moderator.

Also consider that first and foremost, we are ALCOHOLICS Anonymous. Discussions should deal with alcoholism. People with other problems ... well, there's a variety of opinions on why they are there and if they should share, which is determined by "group" conscience, not "table" conscience. I've found that if we stick to principles, I can talk to and listen to someone who is maybe an addict or an alcoholic/addict.

Last, if you don't like the way a table was run, tell a home group member, or if it is at your own home group, bring it up at your business meeting. Don't decide to inform the entire meeting after the meeting, whoever is in the bathroom or who sits at the next table you attend. Don't call Central Office. The group decides how they run their meetings, assuming they don't ignore the Traditions.

~ Chip R ~ Lighten Up ~ Central Committee Chair ~

archives

a collection of documents
such as letters, official papers, photographs, or recorded material,
kept for their historical interest



This Month in A.A.

May 1

1940 - Rollie H., Cleveland Indians, anonymity break occurred

1941 - First Wisconsin A.A. meeting was held in hotel in Milwaukee

May 2

1943 - New Orleans Times reported founding of the first Louisiana A.A. group with a dozen members

May 3

1941 - Democrat Chronicle in Rochester, NY, reported first annual A.A. dinner at Seneca hotel with 60 attending

May 4

1940 - Sunday Star reported founding of first A.A. group in Washington, DC.

May 6

1939 - Clarence S. of Cleveland told Dr. Bob, his sponsor, he would not be back to Oxford Group meetings in Akron and would start an "A.A." meeting in Cleveland

May 7

1956 - The first English A.A. Convention was held in Cheltenham, England

May 8

1943 - Akron A.A. Group celebrates 8th anniversary with 500 present and sober

1971 - Bill W. was buried in private ceremony, in East Dorset, Vermont — Dr. Jack Norris gave the eulogy

May 10

1939 - Clarence S. announced to the Akron Oxford Group members that the Cleveland members were starting a meeting in Cleveland and calling it Alcoholics Anonymous

May 11

1935 - Bill W. called Walter Tunks from the Mayflower Hotel, and was referred to Henrietta Seiberling who set up a meeting with Dr. Bob

May 12

1935 - Mother's Day, Bill and Dr. Bob met for the first time, at the home of Henrietta Seiberling

May 17

1942 - Dayton Journal Herald published pictures of A.A. members wearing masks to protect their anonymity

May 18

1939 - The first group to call itself A. A. meets in Cleveland, OH

1950 - Dr. Bob told Bill W. "I reckon we ought to be buried like other folks" - he wanted no memorial

Other significant events in May for which we do not have a specific date:

1938 - Bill W. and other A.A.'s began writing the Big Book

1942 - Richmond W., author of "Twenty-Four Hours a Day," had his last drink

1946 - Long form of 12 Traditions was published in A.A. Grapevine for the first time

1946 - The A.A. Grapevine announced, "A.A. has 6,000 members in 180 groups"

1948 - The A.A. Grapevine reported \$2.00 was sent to the General Service headquarters of A.A. in New York, asking for "a bottle of Alcoholics Anonymous"

1951 - Al-Anon was founded by Lois W. and Anne B.

1962 - The A. A. Grapevine published the first "Victor E." cartoon

Thanks to Billy C. and Nancy O. for this list, used by permission.

TAKE A STEP BACK



An A.A. works at not letting emotions take over

I've been thinking a lot about something a friend in my home group told me a couple of weeks ago. I hadn't seen or chatted with Finn in a while, so we were catching up briefly outside after the meeting. I commented that he looked like he was doing well, looked happy and all that.

He replied, "My sponsor told me once that how I feel doesn't necessarily have anything to do with reality."

Then Finn just stood there and smiled at me. I had to really think about that one, and I even asked him to repeat it, because it flew right over my head the first time.

He explained that whether he's feeling down or crappy or even on top of the world, it doesn't necessarily reflect how he's really doing; thus, it's not necessarily connected to reality.

I went home thinking about that one for quite a bit, and had a pretty big realization about feelings and emotions and how they don't have to control me.

It's something my sponsor and I have been working on for a couple of years now. Like many things in Alcoholics Anonymous, growth comes at the expense of pain and suffering or even just weathering "uncomfortable" things.

Sometimes emotions and feelings can be uncomfortable, and affect us so much we think we have to act out because of them. This isn't the case, if I comprehend what Finn was trying to convey to me.

When I first came to my home group a few years ago, I was taken by the meeting the very first night. I tried for

weeks to figure out why I liked that meeting so much more than many of the other ones I attended.

Then one night, a couple of my sponsees and I went for coffee after the meeting. It had been a night where all three of us were called on to share. While talking, we discovered that one of the reasons we liked the meeting so much was because it was very uncomfortable for us to get up in front of the group to share our experience, strength and hope. Our meeting is a large men's group that meets in a pretty small room, and we always stand up in front of the room when we share.

The chance of not coming up with anything of substance to say, or saying something that might elicit heckling or laughter is kind of uncomfortable, but after I share I always feel like I "did" something good for my recovery, if you will.

Now, going back to what my friend Finn said to me that night: If I'm having a day where I feel really crappy, or lonely or ticked off, it doesn't necessarily mean I'm not doing well.

I've been sober for a while now. I'm sponsoring guys, and some of them are doing the Steps, calling me, staying sober and getting their lives back. I'm making amends to the people I've hurt and to myself.

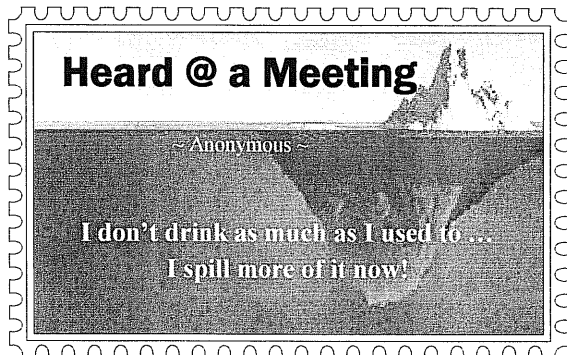
All of these examples tell me that in reality, I'm actually doing pretty well, even though I don't always feel the greatest. I should focus on the reality when the emotions rear up and make me take notice.

What's worked for me these last couple of weeks since that chat with my friend is to step back and take a look at my emotions and see if they really reflect the reality of my life. Usually, they don't.

I sure appreciated the two-minute chat my friend and I had outside that meeting a couple Friday nights ago. I wasn't feeling too hot that night, but reality tells me I was still doing well and doing the right things to help me continue to grow in this program.

~ BERNARDO ~ Portland, Ore. ~

~ With permission ~ A.A. Grapevine ~ October 2009 ~ Vol. 0 No. 0 ~



~ Thanks, Cheryl H ~



Our Third Legacy: The Twelve Concepts for World Service

How Bill W. explained the spiritual principles that undergird A.A.'s structure and how the parts work together.

As A.A. grew up, it began with the groups — first only a few, then hundreds and then thousands. Very early an Alcoholic Foundation, later renamed The General Service Board, was formed to be responsible for our affairs. And with Dr. Bob's death and Bill W's facing up to his own mortality, a General Service Conference assumed the leadership. Meanwhile, a tiny publishing operation and service office had grown in size and importance to the Fellowship, and a monthly journal, the *A.A. Grapevine*, was being published. Which of these entities was supposed to do what? What was their relationship? Who was in charge? What were their responsibilities — and what were their rights? Bill recognized this need and [in 1962] set down his concepts of the “why” of the whole structure, the lessons to be drawn from experience, the relationships and, above all, the spiritual principles.

~ Reprinted with permission from ~
 ~ *The Twelve Concepts for World Service*
 (illustrated) ~
 ~ A.A. World Services, Inc. ~ © 1986 ~

Concept V

Throughout our world service structure, a traditional “Right of Appeal” ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.

In the light of the principle of the “Right of Appeal”, all minorities—whether in our staffs, committees, corporate boards or among the Trustees—should be *encouraged* to file minority reports whenever they feel a majority to be in considerable error. And when a minority considers an issue to be such a grave one that a mistaken decision could seriously affect A.A. as a whole, it should then charge itself with the actual *duty* of presenting a minority report to the Conference.

In granting this traditional “Right of Appeal”, we recognize that minorities frequently can be right; that even when they are partly or wholly in error they still perform a most valuable service when, by asserting their “Right of Appeal”, they compel a thorough-going debate on important issues. The well-heard minority, therefore, is our chief protection against an uninformed, misinformed, hasty or angry majority.

The traditional “Right of Appeal” should also permit any person in our service structure, whether paid or unpaid, to petition for the redress of a personal grievance, carrying his complaint, if he so desires, directly to the General Service Board. He or she should be able to do this without prejudice or fear of reprisal. Though in practice this will be a seldom exercised right, its very existence will always tend to restrain those in authority from unjust uses of their power. Surely our workers should cheerfully accept the necessary direction and disciplines that go with their jobs, but all of them should nevertheless feel that they need not silently endure unnecessary and unfair personal domination.

Concerning both “Appeal” and “Petition”, I am glad to say that in A.A.'s world services these valuable practices and rights have always been put to good use. Therefore I am committing them to writing only by way of helping to confirm and enlarge their future applications.

The *Rights of “Appeal” and “Petition”* of course aim at the total problem of protecting and making the best possible use of minority feeling and opinion. This has always been, and still is, a central problem of all free governments and democratic societies. In Alcoholics Anonymous individual freedom is of enormous importance.

For instance, any alcoholic is a member of A.A. the moment he says so; we cannot take away his right to belong. Neither can we force our members to believe anything or pay anything. Ours is indeed a large charter of minority privileges and liberties.

When we look at our world services, we find that here we have also gone to great lengths in our trust of minority groups. Under Tradition Two, the *group conscience* is the final authority for A.A. world service, and it will always remain so respecting all the larger issues that confront us. Nevertheless the A.A. groups have recognized that for world service purposes the “group conscience of A.A.” *as a totality* has certain limitations. It cannot act directly in many service matters, because it cannot be sufficiently informed about the problems in hand. It is also true that during a time of great disturbance the group conscience is not always the best possible guide because, temporarily, such an upset may prevent it from functioning efficiently or wisely. When, therefore, the group conscience cannot or should not act directly, *who does act for it?*

The second part of Tradition Two provides us with the answer when it describes A.A. leaders as “trusted servants”. These servants must always be in readiness to do for the groups what the groups obviously cannot or should not do for themselves. Consequently the servants are bound to use their own information and judgment, sometimes to the point of disagreeing with uninformed or biased group opinion.

Thus it will be seen that in world service operations A.A. often trusts a small but truly qualified minority—the hundred-odd members of its General Service Conference—to act as A.A.'s group conscience in most of our service affairs. Like other free societies, we have to trust our servants, knowing that in the unusual event that they should fail their responsibilities, we shall still have ample opportunity to recall and replace them.

We believe that the spirit of democracy in our Fellowship and in our world service structure will always survive, despite the counter forces which will no doubt continue to beat upon us. Fortunately we are not obliged to maintain a government that enforces conformity by inflicting punishments. We need to maintain only a structure of service that holds aloft our Traditions, that forms and executes our policies thereunder, and so steadily carries our message to those who suffer.

Hence we believe that we shall never be subjected to the tyranny of either the majority or the minority, provided we carefully define the relations between them and forthwith tread the path of world service in the spirit of our Twelve Steps, our Twelve Traditions, and our Conference Charter—in which I trust that we shall one day inscribe these traditional Rights of “Appeal” and “Petition”.

~ Adapted with permission ~ *The Twelve Concepts for World Service* ~

««««« **adverybody's column** »»»»»



Don't forget that the *New Frontiers* is still the biggest table around ~ there is always room for one more ~ share your news, opinions, problems, solutions, failures and victories ~ we're all here to identify, not compare ~ and to learn how to do it better!

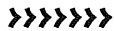


Sponsors ~ How about taking your sponsees to a Central Committee meeting, or Corrections, Treatment or PIC meetings ~ introduce them, stay with them, and you all can see what goes on and how easy it is to become part of the solution.

Please let us know how things are going in your group ~ a sort of informal group inventory ~ you do not have to identify your group (or yourself, if you'd rather not)! Just send a note or an email via Central Office.



~ Thank you for all of your good wishes and prayers ~ they are very much appreciated ~



We're looking at the Twelve Concepts for World Service this year ~ having touched on the Steps and Traditions last year. This is unfamiliar territory for many of us, myself included. Written by Bill W. in 1962, they detail the "how" and "why" of A.A.'s World Service structure ~ which becomes necessarily complicated when you realize that the "home groups" (all over the world) have been determined to be the most important people in Alcoholics Anonymous.

Save the Date 

Iron Horse Annual Family Picnic
Saturday — May 25th, 2013
Memorial Weekend
Chestnut Ridge Park

Laughter

We aren't a glum lot.
If newcomers could see no joy or fun in our existence,
They wouldn't want it.
So we think cheerfulness and laughter make for usefulness.
Outsiders are sometimes shocked
when we burst into merriment
over a seemingly tragic experience out of the past.
But why shouldn't we laugh?
We have recovered,
and have been given the power to help others.

~ *"Alcoholics Anonymous"* ~ p. 132 ~

5th Step ~ Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

5th Tradition ~ Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

5th Concept ~ Throughout our structure, a traditional “Right of Appeal” ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

IN MEMORIAM

Things We Can Not Change

~ Joseph O ~ Acceptance/Welcome ~ 33 yrs ~

~ Laurie G ~ Going to Any Lengths ~ 20+ yrs ~

To all of our members who have lost family and loved ones ~
Our thoughts and prayers are with you



F1, F2, F3, F4, F5, F6, F7, F8, F9, F10,
F11 and F12 walk into a bar
and the bartender says,
“Sorry, we don’t cater for functions here!”

A termite walks into a bar
and asks,
“Is the bar tender here?”

~ The Messenger ~ August 2012 ~
~ Middle Tennessee Central Office Intergroup ~

Share your Experience, Strength and Hope

Please submit your announcements by the 12th
for next month’s issue

Articles can be submitted at any time

e-mail address: buffaloA.A.@hotmail.com

or mail to

**Buffalo Central Office
681 Seneca St (lower)
Buffalo, New York 14210**

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: quotations from “Alcoholics Anonymous”, “Twelve Steps and Twelve Traditions” and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc. are subject to Grapevine copyright.)

COMING SOON

The Buffalo Central Committee is starting up a new phone answering service known as NIGHTWATCH. Where members of AA will be able to answer calls coming into central office directly after 4:30pm. For more information or interest on how you or your group can get involved please contact: nightwatchbuffalo@gmail.com or call Jason D. at 716-289-8960

“I am responsible. When anyone, anywhere, reaches out for help, I want the hand of AA always to be there. And for that: I am responsible.”

NIGHTWATCH!

please contact nightwatchbuffalo@gmail.com or call Jason D. at 289-8960 for more information or to get involved!

PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED

*BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM
Schedule on line at: www.buffaloaany.org*

*681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210
Fax: 853-0389
www.buffaloaany.org
buffalooa@hotmail.com*

MAY 2013

MEETING CHANGES

- ~**New Group: Friday Nite Early Call**, South Park United Methodist Church, 73 Ashton, South Buffalo, 14220. Friday's 7:30 PM. Closed Meeting.
 - ~**Hamburg Early Bird**; All Saints Luthuran Church, Hamburg, 6:30 AM: **NO LONGER MEETS.**
 - ~**Starting Over & By the Book Group** have changed their start time to **6:30 PM.** Tuesday & Thursdays. Kalieda Health Center, 5087 Broadway, Depew.
 - ~**Express Group** has changed its meeting room. Now meet in Room 1102 of the Liberty Building. Wednesdays at 12 Noon.
 - ~**New Group, Hudson & Wadsworth**; Friends Of The Nightpeople, 394 Hudson @ Wadsworth, Buffalo, 14203. Sunday, Thursday & Saturday's at 5:30 PM. Open Discussion.
 - ~**New Group, Positively Living**; 2nd floor of the Rectory, 193 Elk St. Buffalo, 14206. Monday's 12 Noon. Closed Meeting.
 - ~**New Group, Serenity Sister's**, Horizon's Health, 6495 Transit Rd, Suite 800, East Amherst, 14051. Closed Women's Discussion. Thursday's; 6:30 PM.
 - ~**Re-Opened; Those Too**, Sunday's, 1:00 PM. at Amity Club, 340 Military Rd., Buffalo N West, 14207. Open Discussion.
 - ~**New Group: The Herd**; Horizon Health Bldg, 2563 Union Rd, Suite 800, Cheektowaga, NY 14227. Friday's, 11:30AM. Open Discussion.
 - ~**Re-Opened; Abbott Corners Group**, Wednesday's Noon, Lakeshore Behavioral Health, 3176 Abbott Rd. Bldg A., Orchard Park, 14127.
- IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

COMING EVENTS

- ~ April 20, **WNY Area 50- 3rd Annual Archives Breakfast," History Lights The Way"**. \$10. Doors open at 9AM, Breakfast at 10AM, Speaker at 11AM. Infant of Prague Henesey Hall, 921 Cleveland Drive, Cheektowaga, NY. For more info contact via email; Wally E.; waaly1985@aol.com or Tom B.: Tombat44@aol.com, Phone 895-8461. <http://www.area50wny.org>, archives@area50wny.org

- ~ May 5, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office (Hosted by Three Leagacies Group)
- ~ May 7, "**Nightwatch" Committee Meeting**, Tuesday, 6 PM , Central Office, 681 Seneca
- ~ May 14, **Archives Committee Meeting**, Tuesday, 7 pm, Buffalo Central Office, 681 Seneca Street
- ~ May 11, **Blvd Helping Hands 16th Anniversary Breakfast**. Doors open at 9 AM, Speaker at 10am and Food at 11. Wheatfield Senior Citizen Bldg., 2800 Church Road(off Ward Rd), N Tonawanda 14120.
- ~ May 13, **Public Information Committee meeting**, Monday, Anyone interested in helping the community understand who we are, what we do, and what we are not to do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 6 PM.
- ~ May 20, **Treatment Facilities Committee**, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street. Please if you or your group are taking a meeting into a treatment facility , could you please send a rep to this meeting
- ~ May 16, **72nd Buffalo Fall Convention Planning Meeting**, Thursday, 6:00 PM, Buffalo Central Office, 681 Seneca Street.
- ~ May 18, **Women In Recovery** will Host the **Post Conference Workshop** Area 50 WNYGSA, we will meet at 245 Elmwood , Buffalo. 10am-4:30Pm.
- ~ May 19, **Corrections Committee Meeting**, 3rd-SUNDAY, 7:00 PM, Buffalo Central Office, 681 Seneca .
- ~ Jul 14, **Carrying The Message- "Acceptance"**, 15th Anniversary, sponsored by **Main & High** group. 9:30 am-3:45 pm, Holy Trinity Lutheran Church, 1080 Main Street (across from Wendy's). Panels & Speakers, 50/50, Hot Lunch, Refreshments. Registration: \$6, Alateen: \$5.
- ~ Oct 25, 26 & 27 , **72nd. BUFFALO FALL CONVENTION**

5th STEP: "Admitted to God, to ourselves, and another human being the exact nature of our wrongs."

5th TRADITION: " Each group has but one primary purpose—to carry its message to the alcoholic who still suffers."

5th CONCEPT; throughout our structure, a traditional Right of Appeal" ought to prevail, so that the minority opinion will be heard and personal grievances receive careful consideration.

PLEASE SUPPORT THE ENVELOPE SYSTEM...

Yours in the Fellowship of the Spirit...Terry Executive Secretary

MAY ANNIVERSARIES

Alexander

Matt S. 7y
Amherst Snyder
 JJ C. 6m
 Valerie G. 8m
 Henry S. 6m
 Ashlee S. 1y
 Falena C. 7y
 Ted M. 7y
 Don L. 8y
 Terry B. 11y
 Betty C. 32y

Any Lengths

John S. 3y
 Al S. 12y
 Dave 17y

Blvd Helping Hand

Ben C. 14y
 Mark P. 28y

Blvd Woman's

Megan H. 6m
 Stacie K. 6m

Cold Springs

Lernezio B. 16y

Courage

Louise F. 6m
 Benjamin G. 9m
 Jeff C. 4y
 John C. 16y

Eyeopener

Rob M. 2y
 Inez 2y
 Steve G. 4y
 Louis T. 4y
 Christine G. 5y
 Judy 8y
 Mark H. 10y
 Peter S. 11y
 Jim K. 11y
 Frank C. 12y
 Karen M. 12y
 Christine S. 15y
 Amy C. 20y
 Ivan 30y
 Nick M. 30y

Golden Slipper

Anthony A 4y

Helping Hand

Johnny J. 13y

How It Works

Chuck K. 8y
 David Z. 8y
 Dudley G. 8y
 Mike H. 8y
 Dan S. 9y
 Mike H. 12y
 Don McH. 31y
 Dave Pf. 33y
 Dan G. 34y

Ironhorse

Cheryl Z 6y
 Peter K 6y
 Mike M 7y
 Bill R. 19y
 Dave C. 20y

Iron Horse

Mark D 1y
 Paul G 5y
 Pete K 7y
 Billy R 19y
 Dave C 21y
 Helen B 31y

Just For Today(Cheek)

Greg 9m

Kensington

Ron W. 36y

Lakeshore

Sydney B. 1y
 Cheryl H. 4y
 Milt B. 7y

Lockport #1

Steve C. 2y

Main & High

Winston F. 21y

Matt Talbot

David B. 11y
 Katheen M. 15y

North Buffalo

Bill P. 6m
 Steve W. 1y
 Timothy W. 1y
 Greg k. 1y
 Ryan P. 1y
 Aubryn M. 1y
 Crystal 2y
 Mary W. 2y
 Liz S. 21y
 David P. 34y

Orchard Park Step

Ben G. 4y
 Jim L. 10y
 Bob M. 26y

Rise & Shine

Mark B. 3m
 William M. 9m
 Ronita J. 9m
 Tina O. 1y
 Tiffany H. 1y
 Karen R. 1y
 Fahim A. 2y
 Kevin O. 2y
 James K. 4y
 Cathy W. 7y
 Lily M. 7y
 Jack M. 14y
 Bill P. 15y
 Ivan O. 31y

Remember

When

Alicia W. 12y
 Sonia C. 18y
 Jerry C. 20y
 Arthur E. 23y
 Ivan O. 31y

Renaissance

Tina S 3m
 Kevin O 2y
 Mike K 31y
 Barbara C 34y

Serenity

Robin B. 4y
 Patti S. 16y
 Harold S. 17y
 Russ W. 25y

Simplicity

Jerry J. 44y

Spiritual Progress

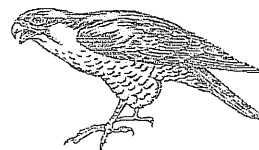
Mary V. 3y
 Mary Z. 11y

Surrender & Hope

Saf A. 13y

WE-Women's

Sally 3m
 Dawn B. 3m
 LouAnn 6m
 Denise 1y



Group Anniversaries

BOULEVARD HELPING HAND: 16y
 CARRYING THE MESSAGE: 8y
 COMMON BOND: 13y
 FIRESIDE: 33y
 HIGH VIEW: 27y
 HOLIDAY VILLAGE: 20y
 JUST FOR TODAY: 14y
 LIBERTY WOMEN: 26y
 LIVING SOBER: 45y
 MIDNIGHT DISCUSSION: 13y
 MORNING AFTER: 34y
 REEDEEMERS: 10y
 REMEMBER WHEN: 50y
 SEARCHING FOR SERENITY: 24y
 SOBRIETY MEN'S DISC.: 37y
 SOUTH BUFFALO: 68y
 SPRINGVILLE WED. NOON: 17y
 T.G.I.F.: 24y
 THURSDAY NIGHT STEPPERS: 20y
 T'nT: 6y
 UNIVERSITY MEN'S DISC.: 44y
 WE: 6y
 WHY: 39y

Please remember to have the anniversaries submitted by the 12th END OF BUSINESS DAY 4:30 of the month previous



BUFFALO CENTRAL COMMITTEE MINUTES

April 7th, 2013

Chip R. Chair opened the meeting at 7:00 PM with a moment of silence and the Serenity Prayer. Ed (Giving) read the Preamble, Tina (Amherst Snyder) read the Purpose of Central Committee, Debbie (Orchard Park Step) read the Twelve Traditions. It was moved by Alan (Brass) and seconded by Dave (Derby) to accept the March minutes. Refreshments were provided by the Carry the Message group (next month they will be provided by the Three Legacies group). New groups were greeted and 21 groups were represented: Zone #1: . Zone #2: Acceptance, Brass, North Buffalo, Questions & Answers, Step Action, Three Legacies, Elmwood Group, Kenmore Big Book Study. Zone # 3: Abbott Men's Disc., Courage, South Buffalo, Thruway. Zone #4: . Zone #5: Simplicity. Zone #6: As Bill Sees It, Carrying the Message, Derby, Go to Any Lengths, Lakeshore, WE. Zone #7: . Zone #8: Amherst Snyder, Midnight Discussion.

COMMITTEE REPORTS:

•**ENVELOPE SYSTEM:** No Report.

•**STEERING COMMITTEE-** Executive Secretary – Terry will be off on April 19th – Chip will fill in. 6 Groups are in need of contact. Financial – noted checkbook balances and prudent reserve balance. Zones – 1- no report, 2-no report, 3-absent, 4-no report, 5-open, 6-absent, 7-no report, 8-helped start a new group, approached Horizon's groups for contributions (no overhead). New business - none.

•**FINANCIAL REPORT:** Income – There was an increase in Group Contributions, Envelope System and Sales in March. Total monies received were \$9,074.28.

Expense – Totaled \$9,025.56, of which was higher due to a 3 pay period month and the payment of the sales tax. This was offset by low literature expenses. The Nightwatch software was purchased in February at a cost of \$281.60. Our current checking balance for Central Office is \$14,481.03 and our Prudent Reserve is \$23,111.66. The slight increase in Prudent Reserve is interest.

Accounts Receivable – The accounts receivable total is \$647.50 no group over 90 days and one over 60 days. The majority is current with two over 30 days, one has already paid.

Corrections – Contributions of \$212.95 and expenses of \$80.00 resulting in a checking balance of \$1,367.12.

Treatment – Contributions of \$160.00 and expense of \$3.00 resulting in a checking balance of \$2,801.46.

Yours in AA, Sue B.

•**TREATMENT:** I would like to thank those members and home groups which have been supporting the treatment meetings. Books and literature have been supplied to the meetings. The committee needs support. We need members to come to treatment committee meetings on the 3rd Monday of month at Central Office 6pm. If you have a complaint about treatment meetings please come to the treatment committee and help us carry the message.

•**CORRECTIONS:** On the 24th of March at 6:00pm we had a meeting of 4 for the Prison Committee. The list of names for the holding center is still a short list. We have about 8 names. We could use some help there. Also we are looking for homegroups to commit whole months to the holding center like we do for Alden. Also our list for Wende is very small. There are a number of people who need to redo orientation. Gowanda is going ok but some of the guys getting burned out need a fill in on the 15th of April for Gowanda. I am going into Wende April 11th at 9:00 am, if anyone would like to be orientated. I'd like to thank all the groups for their generosity.

Respectfully submitted, Matt D.

Please contact me: day time – (716) 777-2245, night – (716) 602-3648

•**CENTRAL OFFICE:** OFFICE REPORT

AAINFO: 251, 12-STEP:2, ALANON:3, VISITORS:129, VOLUNTEERS: 2

GROUPS WE ARE IN NEED OF CONTACTS FROM ARE: GAHADA GO-6,A New Life-1, Central City Cafe-7, Alden New Life-3, Spirit of Hope-7, VIP-2.

I plan on taking a vacation day on Friday April 19th.

Yours in the fellowship of the Spirit... Terry B.

•**NEW FRONTIERS:** Please send in your articles.

•**PIC:** No Report.

•**NIGHT WATCH:** No Report.

• **CONVENTION:** No Report.

• **GSA LIAISON:** There was no meeting this month. They will be discussing their budget at the next meeting. It is important that all groups send their GSRs to the meeting on May 5th at 12:00pm at the Hamburg Town Hall, so that your group has a say to what's happening in you General Assembly Area 50.

Yours in Service, Pat M. GSA Liaison.

• **ARCHIVES:** We thank you for the honor and privilege of serving you this past month. We reported to the Area Assembly March 3rd, the four intergroups in Area 50, and attended convention meetings of the Cataract Convention and the Buffalo Fall Convention. We continue to have work nights each Tuesday at 7 pm at Buffalo Central Office.

We have had displays at the 45th Anniversary of the Thruway Group on March 4th; at the District Six Day of Sharing on March 16th; and at the 5th Cataract Convention March 22nd - 24th. We also participated at the District Six Day of Sharing with a panel about the History of Service.

We have upcoming displays April 5th at the 66th Anniversary of the Lockport # 1 Group; April 16th at the 55th Anniversary of the Lew-Port Group; and May 11th at the anniversary of the Boulevard Helping Hands Group. As always we look forward to an invitation to your anniversary meeting, Day of Sharing or other special event with a suggested thirty day advance notification.

Our 3rd Annual Archives Breakfast is quickly approaching on Saturday April 20th. It will be held at Henesey Hall at Infant of Prague, 921 Cleveland Drive, Cheektowaga. The doors will open at 9 am, with breakfast at 10 am, and the speaker at 11 am. Our speaker will be Gene O., from the First Step Group in Niagara Falls. Gene came into the program at age 21 in 1948 and found lasting sobriety in 1960. He has incredible memories of the beginnings of the program in our area. Please get your tickets early.

We have received contributions this past month from the Thruway Group, Winner's Circle Group, Courage Group, NY-Penn Intergroup, and the Lakeshore Group. We are an autonomous committee and depend upon your support for our existence. We thank you for your continued support.

I had an interesting experience this past weekend. On Saturday, I attended the Serenity Group in St. Catharines, On. It was an anniversary meeting and my friend Ian was celebrating 34 years and was accompanied by his sponsee Ralph Z. The speaker was long winded and Ralph left before he was through to make sure he was home for the noon meal. Ralph was a Panel 22 delegate from Area 50 and celebrated being on this earth 95 years March 31st. He is an active member of the group and attends the Traditions table regularly. He still attends 3-4 meetings a week and regales me with his experience in early AA whenever I see him.

Yours in service,

Wally E., Area 50 Archives Chair

• **AD HOC:** No Report.

• **RECAP:**

• **OLD BUSINESS:**

Proposal for change to Bylaws to include the purpose and the term/election of the GSA Liaison.

• **NEW BUSINESS:**

Vote for proposal to change Bylaws to include the purpose of the term/election of the GSA Liaison carried with 16 yes votes and 0 no votes.

Chip (chair) created an ad-hoc 12 step committee.

NEXT MEETING: May 5th, 2013 at 7pm.

It was moved by Pete (Sobriety Men's Discussion) and seconded by Alan (Brass) that we adjourn; adopted. Meeting closed with the Lord's Prayer at 8:02 p.m.

Respectfully submitted Nadav W., Recording Secretary, How It Works.

Cash Flow Statement				YTD
	Jan-13	Feb-13	Mar-13	
Beq Bal Cash on hand	20,103.15	16,520.55	14,432.31	
Contributions				
Groups	5,461.11	2,170.02	3,775.95	11,407.08
Joint Meeting	35.00	25.00	46.77	106.77
Envelope System	1,692.00	135.00	419.00	2,246.00
New Frontiers Subs	13.00	43.00	33.00	89.00
Literature/Medallions/Pins	4,443.20	3,829.02	4,375.35	12,647.57
Literature Sales Tax	331.59	269.96	319.40	920.95
Literature Postage	23.33	7.90	50.22	81.45
Sales+/-	17.57			17.57
Archives Room Rent				-
Com. Meetings at CO	18.00	8.00	22.41	48.41
Mail/Misc. -refund from Verizon			32.18	32.18
Tax Returns				-
Transfer from PR				-
Income Transfer to Corrections/Treatment		456.00		-
"Gratitude Month" (NOV)				-
Conventions/Day of Sharing				-
Monthly Income	12,034.80	6,943.90	9,074.28	28,052.98
Expenses				
Office Rent	892.23	892.23	892.23	2,676.69
Electric	90.00	90.00	90.00	270.00
Payroll Gross	2,571.40	2,571.40	3,857.10	8,999.90
Employment Taxes	235.26	235.26	345.40	815.92
Unemployment Surcharge				-
Payroll Tax Deposits				-
Federal				-
State				-
NYS Sales Tax			809.88	809.88
Insurance				
State Ins Fund(Travelers)	(2.40)	306.60	(3.60)	300.60
Health	686.03	686.03	686.03	2,058.09
Liability	1,241.26			1,241.26
Postage	593.25	170.26	289.08	1,052.59
Phone/internet	212.85	125.48	125.48	463.81
Accounting				-
Paychex	157.13	74.22	137.17	368.52
Advt				
Talking Phone Book				-
Super Media website	165.15		332.30	497.45
Local Edge	313.20	660.00		973.20
Yellow Pages				-
Literature Expenses				
Grapevine				-
World Services Inc	4,069.60	1,656.40	861.60	6,587.60
Hazeldon	538.09			538.09
Printers	1,507.50	500.00		2,007.50
Medallions	224.76	232.96		457.72
PINS				-
Petty Cash				-
Office Supplies	503.44	281.60	52.69	837.73
Answering service	163.05	176.70	177.20	516.95
Copier leasing	209.00	209.00	209.00	627.00
Copies/ service contract	161.00	161.00	161.00	483.00
PIC				-
Bank Fee's	3.00	3.00	3.00	9.00
literature returns reimbursement				-
Seed \$\$	626.60			626.60
Seminar				-
Transfer to Corrections/Treatment	456.00			456.00
Monthly Expenses	15,617.40	9,032.14	9,025.56	33,675.10
Monthly Income (Loss)	(3,582.60)	(2,088.24)	48.72	(5,622.12)
End Balance	16,520.55	14,432.31	14,481.03	
Petty Cash	3,000.00	2,992.27	3,000.00	
Total Balance	19,520.55	17,424.58	17,481.03	
PRUDENT RESERVE	23,108.83	23,110.68	23,111.66	
Assets: Literature & Medallions	14,850.01	14,640.11	12,922.31	
Literature Receivable:(outstanding)	640.51	1,075.75	647.50	
PIC Removed from Stock				
Corrections Facilites	1,512.31	1,414.76	1,234.26	
Contributions	626.70	62.50	212.95	
Bank Fee's	3.00	3.00	3.00	
Expenses	721.25	240.00	77.00	
Balance	1,414.76	1,234.26	1,367.21	
Treatment Facilities	2,792.46	3,127.46	2,644.46	
Contributions	338.00		160.00	
Expenses		480.00		
Bank Fee's	3.00	3.00	3.00	
Balance	3,127.46	2,644.46	2,801.46	

GROUP CONTRIBUTIONS

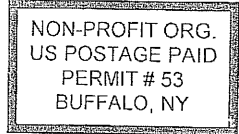
GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	MARCH	YEAR	MARCH	YEAR	MARCH	YEAR
11:45		0.00		0.00		0.00
12 Steps/12 Traditions		50.00		0.00		0.00
4th Step Stumblers/F.U.N.		0.00		0.00		0.00
6th Step		0.00		0.00		0.00
A Day At A Time		0.00		0.00		0.00
Abbott Corners		0.00		0.00		0.00
Abbott Men's		0.00		0.00		0.00
Acceptance/Welcome		100.00		0.00		0.00
Achievement	100.00	100.00	100.00	100.00	100.00	100.00
Action		0.00		0.00		0.00
Age Doesn't Matter		0.00		0.00		0.00
Akron Awareness		0.00		0.00		0.00
Albion Grapevine	20.00	20.00		0.00		0.00
Alexander		0.00		0.00		0.00
Amherst/ Snyder		113.77		0.00		0.00
Amsdell Lakeshore		100.00		0.00		0.00
Angola Early Bird	25.00	25.00		0.00		0.00
Any Age		0.00		0.00		0.00
Any Length		105.00		0.00		0.00
Arcade		40.00		0.00		0.00
As Bill Sees It		104.00		104.00		0.00
Attica		0.00		0.00		0.00
Attitude Adjustment(Williamsville)		0.00		0.00		0.00
Attitude Adjustment(NF)		0.00		0.00		0.00
Attraction		34.00		0.00		0.00
Backdoor		0.00		0.00		0.00
Back To Basics		0.00		0.00		0.00
Beginners Group (NF)		0.00		0.00		0.00
Beginning In Sobriety II		0.00		0.00		0.00
Beginning's Women		25.00		0.00		0.00
Big Book Lockport		0.00		0.00		0.00
BB Spiritual Studies		0.00		0.00		0.00
Big Book Study	40.00	80.00		0.00		0.00
Biasdell		0.00		0.00		0.00
Biasdell Monday Night		0.00		0.00		0.00
Biasdell Saturday		40.00		0.00		0.00
Bodhisattva		0.00		0.00		0.00
Boulevard Helping Hand	50.00	50.00		0.00		0.00
Boulevard Women		0.00		0.00		0.00
Brass		0.00		0.00		0.00
Building Hope		0.00		0.00		0.00
By The Book		0.00		0.00		0.00
By the Wayside	50.00	50.00		0.00		0.00
Carry the Message		150.00		0.00		0.00
Casting		0.00		0.00		0.00
Cathedral Park		0.00		0.00		0.00
Cayuga Wake- Up Call		0.00		0.00		0.00
Caz Manor		0.00		0.00		0.00
Central City Cafe'		50.00		0.00		0.00
Chapter IX		0.00		0.00		0.00
Cheektowaga		100.00		0.00		0.00
Changing Our Ways		0.00		0.00		0.00
Clarence Men's		0.00		0.00		0.00
Clarence Men's II		0.00		0.00		0.00
Cold Spring		0.00		0.00		0.00
Common Bond		0.00		0.00		0.00
Common Solution		0.00		0.00		0.00
Commitment		0.00		0.00		0.00
Cornplanters	10.00	16.07		0.00		0.00
Courage	75.00	125.00		0.00		0.00
Daily Reflections		0.00		0.00		0.00
Daily Reprieve		0.00		0.00		0.00
Dawn of Hope		25.00		0.00		0.00
Derby		100.00		0.00		0.00
Derby Lunch		0.00		0.00		0.00
Desire		0.00		0.00		0.00
Desperate		0.00		0.00		0.00
Downtown Men's	9.12	9.12		0.00		0.00
Dunlark Monday Night		0.00		0.00		0.00
Early Bird South		0.00		0.00		0.00
Early Rising Obliging		0.00		0.00		0.00
East Amherst		0.00		0.00		0.00
East Amherst Traditions	60.00	81.72		0.00		0.00
East Aurora		0.00		0.00		0.00
Easy Does It	80.00	120.00	60.00	90.00	60.00	90.00
Ellicottville		100.00		0.00		0.00
Elmwood		20.00		0.00		0.00
Everybody's		0.00		0.00		0.00
Express		0.00		0.00		0.00
Eyeopener	347.91	540.35		0.00		0.00
Eyeopener South	118.00	118.00	29.00	29.00		0.00
Feelings		0.00		0.00		0.00
Fireside PM		336.27		0.00		0.00
Fireside		0.00		0.00		0.00
First Things First		0.00		0.00		0.00
Forestville Sunday Serenity		0.00		0.00		0.00
Fredonia Discussion		0.00		0.00		0.00
Freedom		0.00		0.00		0.00
Fresh Start		0.00		0.00		0.00
Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	MARCH	YEAR	MARCH	YEAR	MARCH	YEAR
2 Friends of Bill W		0.00		25.00		0.00
1 Frontier(New)	2.77	33.48		0.00		0.00
3 Gardenville		110.00		0.00		0.00
8 Georgetown		0.00		0.00		0.00
2 Getting Better		0.00		0.00		0.00
6 Getin With It	98.55	148.55		0.00		0.00
1 Giving		0.00		0.00		0.00
6 Go to Any Length		228.01		228.00		228.00
5 Golden Slipper		100.00		0.00		0.00
2 Grand		0.00		0.00		0.00
2 Grand II Joy of Living		0.00		0.00		0.00
2 Grateful		0.00		0.00		0.00
3 H.O.W.		10.00		0.00		0.00
6 Hamburg		0.00		0.00		0.00
6 Hamburg Early Bird		0.00		0.00		0.00
8 Hand		0.00		0.00		0.00
7 Harmony	21.00	21.00		0.00		0.00
3 Helping Hand	25.00	50.00		0.00		0.00
8 High Noon		0.00		0.00		0.00
8 High View		0.00		0.00		0.00
7 Higher Power		0.00		0.00		0.00
4 Hillbilly		0.00		0.00		0.00
6 Holiday Village	200.00	300.00		0.00		0.00
4 Holland		0.00		0.00		0.00
6 Honest Solutions		0.00		0.00		0.00
2 Honesty	50.00	50.00		0.00		0.00
Hope's Horizon		0.00		0.00		0.00
2 How It Works/Men's	75.00	175.00		0.00		0.00
3 Inspiration		3.30		0.00		0.00
5 Intoxicated on Life		0.00		0.00		0.00
3 Ironhorse	113.17	458.04	18.95	72.12		0.00
8 IT		0.00		0.00		0.00
1 Journey		0.00		0.00		0.00
3 Just For Today/ Cheektowaga	50.00	50.00		0.00		0.00
5 Just For Today/ Albion		0.00		0.00		0.00
4 Keep It Simple Sister		0.00		0.00		0.00
2 Keep On Coming		0.00		0.00		0.00
2 Kenmore		0.00		0.00		0.00
8 Kensington		0.00		0.00		0.00
6 Lake Shore	300.00	300.00		0.00		0.00
6 Lakeview		75.00		0.00		0.00
3 Lancaster Dailey Reprieve	192.47	192.47		0.00		0.00
Lawyer's		0.00		0.00		0.00
5 LewPort		0.00		0.00		0.00
2 Liberty Women		75.00		0.00		0.00
4 Life Today		25.00		0.00		0.00
8 Lighten UP		240.00		0.00		0.00
1 Living Clean		0.00		0.00		0.00
2 Living in the Solution		0.00		0.00		0.00
2 Living Sober		0.00		0.00		0.00
5 Lock City		0.00		0.00		0.00
5 Lockport #1		0.00		0.00		0.00
5 Lockport Discussion		80.00		0.00		0.00
5 Lockport Ladies		0.00		0.00		0.00
5 Lockport Tuesday	40.00	90.00		0.00		0.00
5 Lockview		0.00		0.00		0.00
7 Love		0.00		0.00		0.00
7 Lovejoy		25.00		0.00		0.00
5 Lower River		0.00		0.00		0.00
1 Main and High		15.00		0.00		0.00
4 Main Street	200.00	200.00		0.00		0.00
8 Maple		0.00		0.00		0.00
4 Marilla	100.00	150.00		0.00		0.00
3 Matt Tallbot		28.33		0.00		0.00
6 McKinley Winners		0.00		0.00		0.00
5 MEDINA STEP WORK/BIG BOOK		0.00		0.00		0.00
5 Medina New Life		0.00		0.00		0.00
8 Mercy		0.00		0.00		0.00
3 Mid-day		65.00		0.00		0.00
8 Midnight Discussion		205.00		0.00		0.00
5 Miracle Happen		0.00		0.00		0.00
5 Monday Big Book		0.00		0.00		0.00
2 Morning After	100.00	200.00		0.00		0.00
7 New Awakening		0.00		0.00		0.00
3 New Beginnings/St. Vincent	35.00	105.00		0.00		0.00
5 Newlana Living Sober		0.00		0.00		0.00
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