

NEW FRONTIERS

A.A. of the Niagara Frontier

May 2015

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



You Cannot Be Happy — And Ungrateful

— *Ed B, IG News Editor from 1954 - 1972*

Reprinted from: The Akron IG News November 1969

Men and women throughout the world are constantly seeking happiness. Even the United States Constitution guarantees us the right to “life, liberty and the pursuit of happiness”; with emphasis on the “pursuit of happiness.”

But men pursue happiness in many different ways and in many strange places. Some men look for pleasure in the bottom of a whiskey bottle, while others look for relaxation in a pillbox. Others pursue happiness with such haste and passion that they don't recognize it when they see it — the faster they follow it, the swifter it flies away from them. Almost everything promises pleasure from a distance, but when we reach it, either we fall short of it or it falls short of our expectations and we find it hard to say which one is the greatest disappointment.

Some people fail in their search for happiness because they really do not know what they are looking for. They think of happiness as a continual feeling of exultation and they think that they can buy it in saloons or drug stores. So, they pay exorbitant prices for a short-term lease from responsibility and call it happiness. They don't know that happiness is the absence of grief — it is a combination of joy and sorrow, of laughter and tears, of glad situations and sad farewells.

These fundamental adverse brief moments are helpful in building character. Yet, some men stop short of their goal and rest in any contentment of the moment. When a man stops short of the goal and waits for happiness to be delivered to him, his character deteriorates.



We, in AA, have a full reservoir of friends to draw from every time fear and frustration overtakes us. We also have a large spiritual and moral bank account to get the greatest measure of happiness that is allotted to any man or woman in this life. Why are some members of AA not receiving this promised bliss? Perhaps, it is because they concentrate too much on what they don't have. Unhappiness does not come from discontent with what a person has, but from discontent with what his neighbor has. Happiness is driven out when envy comes in.

No man or woman was put on this world and guaranteed a full life of continuous happiness. However, we can blend the bitter with the sweet and sprinkle it with love and compassion to make life more pleasant for ourselves and for those we come in daily contact with.

There are three types of people in this world and in AA — the child type who tries to make AA the eternal giver without any reciprocity; the adolescent, who refuses to take any active part in AA and takes his sobriety without any sense of gratitude, and the adult type who shows his gratitude with action and loyalty.

The danger of an ungrateful person is that he cannot find happiness in anything. He spoils his life by allowing his thoughts to center too much on his own problems.

The cure for his unhappy condition is not found in his selfishness but in the liberation of his frozen attitudes and fixed expectations.



Mr. SponsorPant's Guide to Hearing a Fifth Step

The instructions in the Big Book suggest that after doing their 5th Step a person goes home (or someplace quiet) and sits for an hour(ish) and reviews the step work that they've done so far, to make certain they've been thorough and to check and be sure they haven't skipped anything or held anything back. So before a sponsee and I even get together to do the 5th I like to make sure they know about that quiet "after" time and they've made space in their day for that.

Then, when we meet to do the 5th -- before they start to read their inventory -- I like to show them the place in the book (pgs. 75-76) that describes this "sitting quietly" process, so they know where to find it themselves if they have any questions after they've gone home (or whatever quiet place they've chosen). And this is where I explain taking the 6th and 7th Steps.

Before even one word is read I like to remind people that whatever they read to me will always stay between us, and that goes for however long I may or may not be their sponsor -- in other words, my commitment to keeping confidential information safe is not contingent upon the label of sponsor.

The role of the person listening to a 5th Step is neither to endorse nor to condemn. The role is to listen. To witness. And so, I listen. Carefully. While they read I will occasionally chime in with a thought, or to ask for clarification, or even to share a similar experience that I've had. (As the Big Book suggests the person listening may do.) And I think, as you listen, it's an important part of the sponsor (or inventory listener's) role to help people be clear with the "my part" of the inventory -- the 4th column.

As mentioned above, the 5th Step flows gracefully right into the 6th and 7th. Part of my job in helping someone do their 5th is to help them understand how to do that so they can then follow through and do 6 and 7 on their own.

And if you are ready to have God help you change, then it is time to ask God, as you understand God, to change you, that is, to pray the 7th Step Prayer, found on pg. 76 of the Big Book. Finally, there's this from "Working With Others" which is Chapter 7 in the book "Alcoholics Anonymous":

"To be vital, faith must be accompanied by self-sacrifice and unselfish, constructive action."

If you do all of the above when listening to someone read their inventory you'll be as wiped out as they are -- believe me. But this is a program of action; we work out our own spiritual solutions "on the altruistic plane." And being witness to someone's inventory is one of the most constructive actions you can perform.

[Taken from the Mr.Sponsorpants.com website.]



"You ought to know you can't scare an alcoholic!"

Reprinted with permission from the Grapevine — April 1969

Step 5

This Step, in retrospect, of course, is the easiest of all Twelve Steps. I mean, how difficult is it? READ IT! It is really the only one of the Steps that tells us EXACTLY what to do. It says that we tell God, ourselves, and another human being the exact nature of our wrongs. And ... it's not like we have to do any further writing or research. We already have that list of "the exact nature of our wrongs . . ." it's that Fourth Step that we have just written. So, why do we make it out to be something HUGE? I'm sure that there are hundreds of excuses.

The first time I did a Fifth Step, it seemed like it would be the ultimate in confessions. Being a recovering catholic, I am well-acquainted with the old "Forgive me father, for I have sinned . . ." routine. And that's pretty much what I expected this to be. The only difference was . . . I was sitting at my sponsor's kitchen table drinking coffee with her, and feeling so comfortable in her presence. I had worked with this woman long enough and had shared enough of my life with her before actually doing a written inventory and Fifth Step that I knew she was not passing judgment on me for anything I did. I sat there, and read the whole thing to her. She knitted and nodded her head that whole time. Occasionally she would mumble something like "oh yes", or "uh-huh", but not once did she give me the evil eye or raise an eyebrow in shock. As I went through it, I began to realize that if she could hear all of the horrible things I had done in life and not get thoroughly disgusted with me . . . then maybe I didn't have to be so ashamed and full of guilt over what I had done.

When it was over, she took my hands in hers, and asked me: "Have you been as honest today as you are capable of being?" I told her that I had been. She smiled and told me that it was just another example of God's love for me that I now loved myself enough to throw off the chains of my self-hatred and alcoholism and live a life free from the bondage of self. And that has been my experience with the Fifth Step, over and over. Every time in the last eight years that I have felt the need to write an inventory and then share with that same wonderful woman. I have felt the freedom of being relieved of the bondage of self. The Fifth Step is what allows me to walk in the world, in my own personal brand of dignity.

-- Anna, G., Scottsdale, AZ, from *The Last Drop*



From the Archives: Two World-Changing Days in May Chad P.

On the second Saturday in May, in 1934, Bill W. stood in the lobby of Akron's Mayflower Hotel, far away from home and almost out of options. He had taken his last drink a few months before, surrendered to a Power greater than himself during a spiritual experience, tried to save other alcoholics by spreading the word of what happened to him, then headed here from New York City to start back down the track to success in business, like he'd tried to do before alcohol nearly killed him.

But it hadn't worked out that way. The Akron-based company he was fighting for had gotten taken over by others, and the men who'd been there working with him had all given up, leaving town, leaving him. The bar caught his eye, and he got ready to go in. Then it came back to him: he needed to help other alcoholics, not out of nobility, but because it kept him sober. The phone on the wall didn't look bright or inviting—it was a black box, with dark wood paneling around it, and a plain list, in black and white, of helpful numbers hung beside it. But he fished out nickels and made calls until he got Henrietta Seiberling on the phone. That might mean death to his career—the Seiberlings were big in business.

She answered like she'd been waiting for his call. Could he come over? When he did, he didn't cross that enormous lawn to the main mansion, but came into the gate house, where she lived. Her husband, Seiberling son and heir, had split up with her, but his parents liked her too much to let her go completely, so they'd given her that building to live in (conversation with Mel B). Bill had to leave and then come back the next day—this doctor was too drunk to make it on Saturday.

When Bob finally did show up at that gate house, late that Sunday afternoon, he didn't enter like someone ready to be saved. He brought his wife, Anne, their son Bob, and the announcement, right up front, that he had very little time. But he found, like Bill had the week before, that he could no longer hide his alcoholism behind his career. Not only had the first wrecked the second, but this man he'd never met before was telling him, a doctor, about the illness, alcoholism, that he could not save himself from. But this man didn't lecture him, or preach at him. He didn't share like an expert; he shared experience. They had been to the same kind of hell, and now they both had a way out. They talked for several hours. When they left, they had a new hope, based on the same power that Alcoholics Anonymous, which they would go on to co-found, still rests on: one drunk talking to another drunk.



5th STEP

"Admitted to God, to ourselves, and another human being the exact nature of our wrongs."

Share your Experience, Strength and Hope

Please submit your announcements by the **12th**
for next month's issue
Articles can be submitted at any time

e-mail address: buffalooa@hotmail.com

or mail to:
**Buffalo Central Office
681 Seneca St (lower)
Buffalo, New York 14210**

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: quotations from "Alcoholics Anonymous", "Twelve Steps and Twelve Traditions" and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc. are subject to Grapevine copyright.)

Heard @ a Meeting

**"You cannot change
what you will not
acknowledge"**

IN MEMORIAM

Things We Can Not Change

*To all of our members who have lost family and loved ones
Boston Joe- 20+~ Boulevard Helping Hand
Lucy L.~ 32y, 7 Clans
Our thoughts and prayers are with you*

MAY ANNIVERSARIES

Acceptance/Welcome

Sue 3m
 Christtine G. 1y
 Sue V. 2y
 Mike F. 2y
 Tom M. 10y
 Paul M. 18y
 Jan S. 28y
 Erika F. 28y
 Barb C. 36y

Alexander

Matt S. 9y

Amherst Snyder

Ashlee S. 3y
 Falena C. 9y
 Ted M. 9y
 Don L. 10y
 Terry B. 13y
 Betty C. 33y

Any Lengths

John S. 5y
 Al S. 14y
 Dave 19y

Blvd Helping Hand

Ben C. 16y
 Mark P. 30y

Blvd Woman's

Lynn C. 3y
 Anne O. 28y
 Gloria G. 28y

Cold Springs

Lernez B. 17y

Courage

Mike S. 3m
 Jeff C. 6y
 John C. 18y

Daily Reflections

Peter M. 1y

Eyeopener

Steve G. 6y
 Louis T. 6y
 Christine G. 6y
 Judy 9y
 Mark H. 12y
 Peter S. 13y
 Frank C. 14y
 Karen M. 14y
 Christine S. 17y
 Barry R. 19y
 Amy O. 22y
 Ivan 32y
 Nick M. 32y

Eyeopener South

JP K. 6m
 Chuck K. 10y
 MaryAnn H. 16y

Fireside

Kelly 4y
 Jack M. 16y
 Jill J. 18y
 Mark P. 30y

Fresh Start

Sandra B. 10y

Friends Of Bill W.

Nick B. 1y

Golden Slipper

Brandon S. 1y

Harmony

Robert G. 3m
 Natalie G. 6m
 Alicia W. 14y
 Jim L. 30y

Holiday Village

Will F. 9m
 Cary H. 9m
 Terry 9m
 Mary Z. 3y
 Barbara C. 3y
 Rob S. 10y

How It Works

Chuck K. 10y
 David Z. 10y
 Dudley G. 10y
 Mike H. 10y
 Dan S. 11y
 Mike H. 14y
 Don McH. 33y
 Dave Pf. 35y
 Dan G. 36y

Independence

Ed. B.

Ironhorse

Mike W. 3m
 Paul Z 7y
 Mike S. 7y
 Peter K. 9y
 Bill R. 22y

Kensington

Jack M. 3y
 Ron W. 38y

Lakeshore

Caleb B. 2y
 Cheryl H. 6y

Lockport #1

Adam B. 1y
 Jerry J. 46y

Lockview

Ed K. 1y
 Tyrone S. 1y
 Mary A. 2y
 Bobby S. 5y
 Jeanine F. 20y

Main & High

Gerold W. 1y
 Winston F. 23y

North Buffalo

Steve W. 3y
 Timothy W. 3y
 Greg k. 3y
 Ryan P. 3y
 Aubryn M. 3y
 Crystal 4y
 Mary W. 4y
 Liz S. 23y
 David P. 36y

Orchard Park Step

Ben G. 6y
 Jim L. 12y
 Bob M. 28y

Rise & Shine

Tiffany H. 3y
 Karen R. 3y
 James K. 6y
 Cathy W. 9y
 Lily M. 9y
 Jack M. 16y
 Bill P. 17y
 Ivan O. 33y

Remember

When

Odell K. 3y
 Robert G. 3y
 Arthur H. 5y
 Freda N. 5y
 Sonya B. 18y
 Sonya C. 20y
 Jerry C. 22y
 Arthur E. 25y
 Ivan O. 33y

Renaissance

Nancy O. 6m
 Josh O. 4y
 Kevin O 4y
 Mike K 36y
 Barbara C 36y

Serenity

Russo W. 2y
 Patti S. 18y
 Russ W. 27y

Spiritual Progress

Mary V. 5y
 Mary Z. 13y

Thruway

Mary Ellen S. 35y

WE-Women's

Karen B. 4y

Williamsville

Julie 2y
 Inger 3y



Group Anniversaries

BOULEVARD HELPING HAND: 18y

CARRYING THE MESSAGE: 10y

COMMON BOND: 15y

FIRESIDE: 35y

FIRST STEP (NF): 44y

HIGH VIEW: 29y

HOLIDAY VILLAGE: 22y

JUST FOR TODAY: 16y

LIBERTY WOMEN: 28y

LIVING SOBER: 47y

MIDNIGHT DISCUSSION: 14y

MORNING AFTER: 36y

REMEMBER WHEN: 52y

SEARCHING FOR SERENITY: 26y

SOBRIETY MEN'S DISC.: 39y

SOUTH BUFFALO: 70y

SPRINGVILLE WED. NOON: 19y

T.G.I.F.: 26y

THURSDAY NIGHT STEPPERS: 22y

T'nT: 8y

UNIVERSITY MEN'S DISC.: 46y

WE: 8y

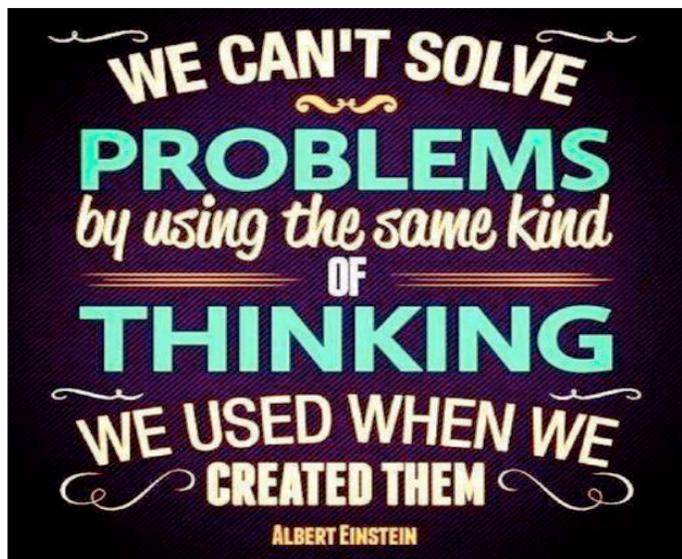
WHY: 41y

Please remember to have the anniversaries submitted by the 12th

END OF BUSINESS DAY 4:30

of the month

previous



PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM

681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210
Fax: 853-0389
buffalooaa@hotmail.com

Real-Time schedule? check your website: www.buffalooany.org

MAY 2015

MEETING CHANGES

- **Mustard Seed II**, Thursday Women's group is now an **Open Speaker Meeting on the last** Thursday of the month. 7:30 PM, 1025 Borden Rd., Depew 14043.
- **New Group: Marching Forth**, Wednesday, 7 PM, St. Aiadan's Episcopal Church, 13021 West Main St., Alden 14004.
- **New Group: Contemporary Women LBT & Friends**, Tuesday, 6:30 PM, Evergreen Health Services, 206 S. Elmwood Ave., Buffalo 14201
- **New Group: Joe & Charlie Big Book**, Wednesday, 7PM, 1st Baptist Church, Albion 14411, corner of Beaver & Liberty.
- **Starting Over Group**, Thursday Noon will no longer meet. Other Times remain. Kalida Health Center, 5087 Broadway, Depew 14043.
- **Saturday Night Alive** has moved to The Well, 995 Dodge Rd., Getzville NY 14068. Saturday's at 6PM.
- **Open Mind Group**; Needs Support or it will close. Gay & Lesbian. Unitarian Universalist Church, Wednesdays, 8:00PM, 695 Elmwood @ W. Ferry.
- **New Group: Eden Mtg.** Sunday's 7:30 PM. St. John's Community Church, 2871 East Church St.(corner of Woodside), Eden 14057
- **Intoxicated On Life Group is now an "Open" Meeting.** Wed; 3:30 PM. Alcoholism Council of Niagara County, 41 Main Street, Lockview Plaza, Lockport, 14094.
- **Sunday's @ 8 (Sunday) and Tri-Step Beginners (Tuesday) Groups are both moving to:** Westminster Hall, behind Presbyterian Church, 19 W 4th St @ Lark, Dunkirk 14048.
- **Buffalo Group now meets daily 8 PM.** Parkside Lutheran Church, 2 Wallace Ave., Buffalo 14214.
- **Coldsprings Group** moved to St. Mariah Church, 400 Northampton St. Buffalo (East). Parking available.8:00 PM.
- **Friendly Group Moved** (Wednesday's 8pm). VFW Post (back door), 112 Caledonia Street, Lockport 14094
- **Beginnings Woman's** Group **changed both their meeting time and place.** It now meets Monday's at 7:00 PM at St. Stephens-Bethlehem Church, 750 Wehrle Drive, Cheektowaga, 14225

IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.

SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

- ~ May 3, **Central Committee Meeting, SUNDAY, 7 PM**, Buffalo Central Office (Hosted by Main & High).
- ~ May 3, **Steering Committee; SUNDAY, 5:30 PM**, Buffalo Central Office
- ~ May 11, **Public Information Committee meeting, 2nd-MONDAY**, Anyone interested in helping the community understand who we are, what we do, and what do not, PLEASE come out and get involved. Help keep A.A. around for your children. 6 PM, Buffalo Central Office.
- ~ May 13, **2015 Convention Committee Meeting, 2nd WEDNESDAY, 6 PM**, Buffalo Central Office.
- ~ May 9, **Archives Committee Meeting; 2nd SATURDAY, 10 AM**, Buffalo Central Office, 681 Seneca Street.
- ~ May 17, **Corrections Committee Meeting, 3rd-SUNDAY, 6:00 PM**, Buffalo Central Office, 681 Seneca St.
- ~ May 17, **Special Needs Committee Meeting, 3rd-SUNDAY, 3:30PM**, Buffalo Central Office, 681 Seneca St.
- ~ May 19, **Treatment Facilities Committee, 3rd-MONDAY, 6 PM**, Buffalo Central Office, 681 Seneca Street.
Please, if you or your group is taking a meeting into a treatment facility, could you please send a rep to this meeting?
- ~ Jun 7, **General Service Assembly, SUNDAY, 12 Noon.**, Hamburg Town Hall, 5999 South Park Ave., Hamburg14075.

COMING EVENTS

- ~ May 9, **Bldv Helping Hands 18th Anniversary Breakfast**, honoring "Boston Joe". Speaker, WNY Archives will be present. Saturday; 10 AM, Wheatfield Senior Citizen Bldg., N Tonawanda 14120.
- ~ May 30, **Ironhorse Annual Family Picnic** - Starts at 11:00 am. **Speaker @ 1:00 pm** Chestnut Ridge Park - McKinnon shelter, please bring a dish to pass. Games, food, fun and fellowship for the whole family.
- ~ Jun 20, **Women of AA Spiritual Day of Sharing (Mini Retreat), St Columban Center, Derby. 9 am-11 pm**. Can't afford or can't commit an entire weekend but want the retreat experience? We have everything! Speakers, indoor/outdoor groups, activities, spiritual advisors, meditation, a late night bonfire... Something for all: newcomer, old timer, just coming back. Do it all or just be a sponge & soak in the serenity of the surroundings. Enjoy all or any part of the day!!! **Cost \$49** includes: Pastries during registration, Lunch - hotdogs & potluck- bring a dish to share, dinner also included. Unlimited coffee and tea. Service Scholarships available on a first come basis. Registration forms in April New Frontiers, on Buffalo AA website (under events), call 799-4094/ or email: retreatnewsaa@gmail.com.
- ~ Jul 11, **Carrying the Message- "The Beginning of True Kinship with Man and God"** 17th Anniversary Day of Sharing, sponsored by Main & High group.9:30 am-3:45 pm, Holy Trinity Lutheran Church, 1080 Main Street (across from Wendy's). Panels & Speakers, 50/50, Hot Lunch and refreshments. Registration: \$6, Alateen: \$5.
- ~ Sep 24-27, **19th Annual AA Archives Workshop**; coming to Independence, Ohio (by Cleveland/Akron). Registration only \$35 for weekend! Vehicles leaving Buffalo/Niagara Falls area [for Saturday attendance only] will be happening! THIS WORKSHOP RARELY EVER GETS THIS CLOSE so please let everyone you know with a passion for this fellowship! You may never know who is listening so read this clearly to engage our newcomers in this incredible process that's changed millions of our lives.
Flyer can be found at www.aanationalarchivesworkshop.com/2015/pdf/flyer.pdf
- ~ Oct 2, 3 & 4, **74th. BUFFALO FALL CONVENTION** Adam's Mark Hotel. 120 Church St, Buffalo, 14202. Info & flyers coming soon on the website; www.buffaloaany.org (under Events)

5th STEP: "Admitted to God, to ourselves, and another human being the exact nature of our wrongs."

5th TRADITION: " Each group has but one primary purpose—to carry its message to the alcoholic who still suffers."

5th CONCEPT; throughout our structure, a traditional "Right of Appeal" ought to prevail, so that the minority opinion will be heard and personal grievances receive careful consideration.

PLEASE SUPPORT THE ENVELOPE SYSTEM

Yours in the Fellowship of the Spirit...Terry Executive Secretary



Central Committee April 12, 2015
Prepared by: Sean Cahill, Step Action Group

Open:

Diane (chair) opened the meeting at 7pm with a moment of silence followed by the serenity prayer. The Preamble was read by Ellen C (HIP), the 12 traditions were read by Tina (Step Action), "What is the Central Committee was read by John (Courage). New meeting reps were: Willy (Friends of Bill W), and Tina (Step Action). Groups in attendance were; Zone 1: HIP, Main and High, Zone 2: Acceptance, Brass, Friends of Bill W., How it Works, North Buffalo, Questions & Answers, Renaissance, Sober Train, Step Action, Three Legacies
Zone 3: Abbott men's Discussion, Cheektowaga, Courage, Iron Horse, Matt Talbot, Thruway, Tuesday Women's Discussion, Zone 4: None, Zone 5: Lockport #1 Group, Zone 6: Carrying the Message, Derby Group, Lakeshore, Zone 7: None, Zone 8: Eye Opener, Williamsville, Total in Attendance: 25

Committee Reports:

Envelope System (Sue B) We received \$720 in donations this month. There were no new donors. There were 13 donations this month, 7 of which are monthly credit card donors.

The inventory workshop at the end of March was productive for me. I was given the opportunity to discuss the envelope system, which many people in attendance did not know existed or the purpose.

As a result of this discussion I was approached by someone who was willing to take this message to the North-towns. Also, I would like to thank Chuck B. for sharing his opinion on the importance of this system.

Please keep in mind this is a tax-deductible donation and it helps support the Central Office which in turn supports you

Financial (Sue B in lieu of Chip) March Financial Chairman's Report: Total Income: \$9,728. Literature sales were \$4,348. Group contributions were average at \$4,250. Total Expenses: \$10,039. Expenses for the most part were regular. We did show an expense of \$2,713 for the annual NY Sales Tax payment. This is not actually an "expense" but actually payment of taxes collected "on their behalf"; because the collection is shown as income, we show the transfer as an expense. The State Insurance Fund is the same as last year, an annual payment. Monthly Net: Negative \$312, year to date a negative \$5,553, more than last year but expected. Checking Account: balance is \$24,415.84. Petty Cash: balance is \$3,000. Prudent Reserve: balance is up with interest at \$28,132.70 Inventory: balance of \$13,660.87, at the lower end of our normal inventory level. Corrections Committee: Current Balance is \$2,434.55. Contributions were \$126.80 and expenses were \$13. Treatment Committee: Current Balance is \$1,959.10. Contributions were \$95 & expenses were \$845. Expenses reflect book purchases and the approved motion from the last Central Committee meeting. Group Accounts Receivable: balance of \$606.53. Six groups are on the list, two have small credit balances. Two are within 30 days at \$410.80, one is at over 60 at \$81.93 and one is over 90 days at \$114.17. Both groups over 60 days have been contacted and payment arrangements have been made. Other: Thank you to our past Financial Chairman, Sue B., for presenting my report for this meeting ... again.

Steering Committee (Debbie) -- Steering Committee - Zones 1, 4 and 7 are still open. East Side, West Side & South East (OP & EA) - all open. Steering Committee recommends sending Terry to Central Office Seminar in September. Approximate cost \$1,000.

Treatment (Nadav) Things are going well with Treatment and we can always use more help. If you or your group would like to carry the message please call me at (716) 867-0560. We meet the third Monday of the month at 6pm at Central Office. Last month we met at the Central Committee inventory and a lot of constructive questions and suggestions were brought up. This is an exciting time to participate in service and we need your help! If you have never participated in service outside of your home group before, this is a great opportunity to learn and get some new experiences. I'd like to thank all of those that help with Treatment in the Buffalo area.

Corrections (Paul W) —The corrections committee will be attending the third parole orientation this Wednesday at 5:30. Any groups looking to sign up to make a one month commitment per year to send a member to an AA meeting at Alden jail Wednesdays at 7pm, please do so through Central Office. The next corrections committee meeting will be held Sunday April 19th at 6pm at Central Office.

Central Office (Terry B) TOTAL CALL'S INCLUDING AFTER-HOURS ;AA Calls: 342, 12-STEP: 12, ALANON: 15,VISITORS: 124, VOLUNTEERS:3. GROUPS WE ARE IN NEED OFCONTACTS FROM ARE; NONE!!!!

Beyond the added maps to every group in our schedule, many changes to the website have been done. I have added an AAWS video to the "Home page", as well as videos and pamphlets to the "Alcoholism" page, adding much needed color and depth. I have re-created all the PDF's on the "Forms" page, now having the ability to create PDF's from files instead of from black & white scans from the copier, this allows much added color and clarity. I added the monthly "Bulletin" to the "Events" page to have a quick reference to coming events and group changes. More forms have been added to the "Forms" page, it now includes; Colorized flyer for Grapevine Reps, A Treatment Presentation, GSO/GSA Group Information Update Form, as well as a GSO/GSA New Group form. The registrar for Area 50 (our area) has requested that when a group moves, or changes time or any other changes to please fill out the form and send to the address on the form. Same with New Groups, please fill out the form to register with World Services. He is trying to update our entire group's current info for the upcoming directory. The Fraudulent charge on our Petty Cash Account of \$237.32 Plus a \$7.11 Foreign fee equaling \$244.43 total, have been returned by the bank. Next month's Steering & Central Committee Meetings will be a week later May 3rd.

New Frontiers (No Report)

PIC (Kristen) I gave a presentation at the intergroup inventory, it went well, a lot of people had questions. I now have the roster for which groups have which library commitments and which ones don't. You can see me for any additional information after this. We are reaching out to local police departments to see if we could be of any service in that area. We have an upcoming UB presentation on Monday, April 20th and a presentation to the rehab clients at ECMC Tuesday, April 4th at 6pm

Night Watch (No Report)

Current Convention (Alan) GSA (Jesse in lieu of Zach) -- The Area 50 General Service Assembly met today, April 12th, to give our area's conscience about the items on the agenda for the 2015 General Service Conference in New York this month. The event was held at the Hope Center. Past delegates moderated tables set up to discuss different agenda items. GSR's and other AA members rotated around to several tables to help provide their group's conscience to our area's delegate so that he can effectively serve Area 50 at the conference. If your group was not

New Frontiers ~ May 2015

able to attend and you would like to have a voice in Alcoholics Anonymous, then you can reach our delegate Frank M by email at FrankArea50@gmail.com. The pre-conference workshop seemed to be very productive and well received. Thank you to everyone who attended and helped set it up. The next assembly will be held on June 9th at the Hamburg Town Hall. We will receive a post conference report from our Delegate at the Assembly.

Archives (Lila) We thank you for the honor and privilege of serving you this past month. We have attended and/or reported to all four intergroups within Area 50. We have participated in the planning meetings of the Buffalo Fall Convention and the wrap-up meeting of the Cataract Convention reviewing suggestions and their beautiful event summary with multi-year comparison. We participated in a NY-Penn Intergroup Day of Learning planning meeting in Olean last weekend on Easter Sunday. We had weekly work nights on Wednesdays.

At our March meeting we had three new archives members step up to help, with one of the prior month's new members becoming the new archives Secretary. We GRATEFULLY welcome Cindy P. from the Questions and Answers group on Grand Island!

March displays included the Niagara Falls "Cataract City" Convention March 20-22 where the archives room collected over 150 signatures in the attendees book. Then a partial display at the Women's Spring Spiritual Retreat at Stella Niagara was on the same weekend as the display at West Seneca's Southgate Group on March 28th thanks to the willingness of this incredible committee.

Also, we participated in the 68th Anniversary display at the Lockport#1 Group on Friday April 10th. Four committee members attended the Hamilton Breakfast this morning, then three committee members participated in the Workshop for General Services also on today.

Please note we show a power point presentation of area 50 home group pictures. If your group is not included, please drop off some pictures or send them digitally to archives@area50wny.org.

The upcoming full display will be put out for the 5th Annual Archive Breakfast on April 25th, 2015, along with a few Pass-It-On plants, prizes, memorial mention, and a sobriety countdown after our wonderful speaker, Maire O. from the Toronto Archives Committee. Tickets are \$12 and are not available at the door, with leftovers and money collected next weekend. Local sellers are Pete M.(Ironhs) James C. & Jessie (3Legacies), Don K. (Any Age), David D. (Journey), Chuck B. (Step Action).

We'll also be displaying at the Main and High Day of Sharing on July 11, 2015 & Oct 2-4 Buffalo Fall Convention.

We had donations in March from the Cataract City Convention. We are a financially autonomous committee. Our resources come from group contributions and special events. We receive NO funding from ANY organized part of AA for ANYTHING. We rely upon your group and/or individual support to fund our archival work, pay rent for the repository, and participate in archival activities. Note that no funds are used to get members to events and each member pays their own way into events except out of area issues – donations are used ONLY for rent and archival efforts as approved by the entire committee and are protected by the standard AA method of a multi-signature checking account.

Please send any contributions to: Area 50 Archives Committee, c/o Buffalo Central Office, 681 Seneca Street, Buffalo, NY 14210. We thank you for your continuing support.

We welcome your invitation for an archives display for your group anniversary or special event with a suggested 30 day minimum advanced notification. Sharing the historical items donated regarding the area AA activities is crucial and may tag the interest of our primary purpose at YOUR MEETING. And reminder to all 8 counties of Western New York – throw NOTHING group-related away without considering your archives committee and the unborn alcoholics to come.

Special Needs (no report)

Ad Hoc (Derek)---- Further report and minutes will be provided by the June Central Committee meeting

Committee questions:

- Corrections—Diane (Chair) asked if the Alden meeting referenced in the report was for men, women, or both. Per Paul, this request is for men.
- Archives – Debbie (Iron Horse) asked to which address we send the home group pictures. Per Lila: archives@area50wny.org. Asked, once again, when is the breakfast? Again told that it is April 25th at 9am til 2pm
- Ad Hoc --- Pat pointed out that the report stated the event was March 25th but it was the 28th. Derek stated that it will be corrected to reflect the 28th. Debi state that a great job was done by all involved, to thunderous agreement. Jesse asked whether there will be an Ad Hoc report. After some discussion about whether the report would first be provided to Steering, it was stated that the report would be provided, unfiltered, to the Central Committee. Terry requested that a copy of the report be provided to Central Office, and Archives

Old Business: None

New Business

- By July we need a 2016 convention Co chair which is due to be a representative of Zone 4. If no one from zone 4 will stand, a representative will be chosen from Zone 5 and so on.
- Terry Requested \$1,000 be provided for her to attend a conference of AAWS/AAGV Central Office/Intergroup Seminar in Ft. Lauderdale FL in September. An immediate vote was requested and 2nd by Willy(Friends of Bill W) Prior to vote Jesse asked what exactly is AAWS/AAGV? Per Terry, this is a workshop for Executive Secretaries/ Office Managers to share best practices as well as moral support. The Vote passed 22 for, none against, and one abstention
- Next Month snacks are to be provided by Main & High, and most committee members hope they will be better than the snacks in April

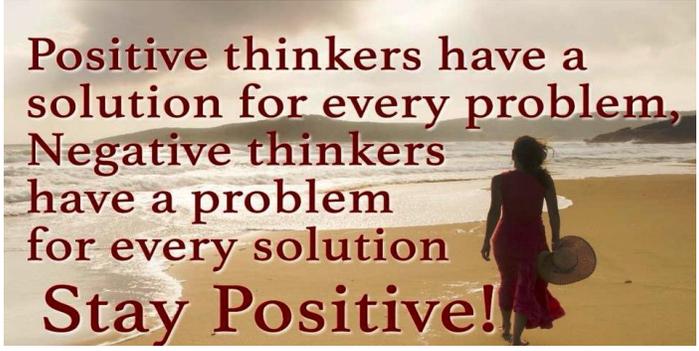
Announcements

- Debi announced the Iron Horse picnic will be on May 30th at Chestnut Ridge Park. She also stated that it is fully funded by home group members and none is taken from the 7th tradition basket
- Central Committee 7th tradition basket was \$48

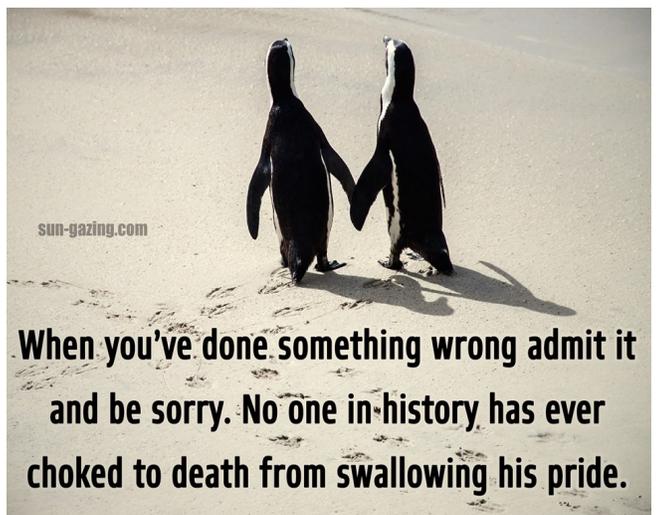
Motion to close brought by Debbie at 7:57 and seconded by Dennis (How it Works) at which time we closed with the Lords Prayer

Cash Flow Statement	Jan-15	Feb-15	Mar-15	YTD: 2015
Beg Bal Cash on hand	29,968.90	28,377.63	24,727.59	
Contributions				
Groups	5,078.47	3,263.35	4,250.09	12,591.91
Joint Meeting	53.00	25.95	43.00	121.95
Envelope System	1,304.00	547.00	720.00	2,571.00
New Frontiers Subs	67.00	10.00	78.00	155.00
Literature/Medallions/Pins	3,155.96	3,130.33	4,347.57	10,633.86
Literature Sales Tax	151.56	194.87	207.38	553.81
Literature Postage	7.90	6.79	22.81	37.50
Sales+/-	(31.36)	4.18	5.51	(21.67)
Archives Room Rent:				-
Com. Meetings at CO	15.00	16.50	18.25	49.75
Mail/Misc.		25.00	35.00	60.00
Tax Returns				-
Transfer from PR				-
Income Transfer to Corrections/Treatment				-
*"Gratitude Month" (NOV)				-
Conventions/Day of Sharing				-
Monthly Income	9,801.53	7,223.97	9,727.61	26,753.11
Expenses				
Building Rent/Utilities	1,209.41	1,209.41	1,209.41	3,628.23
Payroll Gross	3,953.52	2,635.68	2,635.68	9,224.88
Employment Taxes	385.50	257.00	257.00	899.50
Unemployment Surcharge				-
NYS Sales Tax (ANNUAL)			2,713.45	2,713.45
Insurance				
State Ins Fund (Travelers)	(3.60)	(2.40)	306.60	300.60
Health	824.42	590.42	590.42	2,005.26
D&O Insurance		1,045.00		1,111.96
Liability	1,111.96			1,178.06
Postage	369.95	521.47	286.64	388.99
Phone/Internet	141.68	123.80	123.51	-
Accounting				-
Paychex	188.70	67.00	67.00	322.70
Advt				-
Talking Phone Book				-
Dex Media	172.00		346.00	518.00
website				-
Local Edge		291.60		291.60
Yellow Pages				-
Literature Expenses				
Grapevine			358.44	2,745.40
World Services Inc	1,617.80	1,127.60		615.30
Hazeldon	615.30			2,104.50
Printers		2,104.50		809.88
Medallions	220.65		589.23	-
Petty Cash				-
Office Supplies	18.37	272.73	130.45	421.55
Copier leasing	209.00	209.00	209.00	627.00
Copies/ service contract	161.00	161.00	161.00	483.00
Bank Fee's including credit cards fee's	197.14	60.20	55.53	312.87
literature returns reimbursement				-
Seed \$\$\$		200.00		200.00
CO Seminar				-
Transfer to Prudent Reserve				-
Transfer to Corrections/Treatment				-
Monthly Expenses	11,392.80	10,874.01	10,039.36	32,306.17
Monthly Income (Loss)	(1,591.27)	(3,650.04)	(311.75)	(5,553.06)
End Balance	28,377.63	24,727.59	24,415.84	
Petty Cash	3,000.00	3,000.00	3,000.00	
Total Balance	31,377.63	27,727.59	27,415.84	
PRUDENT RESERVE	28,131.33	28,131.98	28,132.70	
Assets: Literature & Medallions	14,007.53	15,624.88	13,660.87	
Literature Receivable (outstanding)	980.95	522.12	606.53	
PIC - Removed from Stock				
Corrections Facilities	2,830.45	2,938.25	2,320.75	
Contributions	390.80	40.00	126.80	
Bank Fee's	3.00	3.00	3.00	
Expenses	280.00	654.50	10.00	
Balance	2,938.25	2,320.75	2,434.55	
Treatment Facilities	2,685.30	2,675.30	2,712.30	
Contributions	273.00	40.00	95.00	
Expenses	280.00		845.20	
Bank Fee's	3.00	3.00	3.00	
Balance	2,675.30	2,712.30	1,959.10	

Intergroup wants to express our appreciation for those groups and individuals who have made generous financial contributions, and give a **special thank you** to all the members who have volunteered their time this year to help the sick and suffering alcoholic.



Tenth Step Prayer
(Growth)
I pray, God,
that
You remove
my
selfishness,
dishonesty,
resentment and fear.



New Frontiers ~ May 2015

GROUP CONTRIBUTIONS 2015

GROUP CONTRIBUTIONS 2015

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		MARCH	YEAR	MARCH	YEAR	MARCH	YEAR
5	7 Clans	10.00	10.00		0.00		0.00
5	12 Steps/12 Traditions		0.00		0.00		0.00
1	4th Step Stumblers/F.U.N.		0.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
5	5th Tradition (Youngstown)		0.00		0.00		0.00
2	AA BREAKFAST		0.00		0.00		0.00
6	A ANONYMOUS	30.00	50.00		0.00		0.00
4	A Day At A Time		0.00		0.00		0.00
6	A VISION FOR YOU		0.00		0.00		0.00
3	Abbott Corners	100.00	100.00		0.00		0.00
3	Abbott Men's		90.00		0.00		0.00
2	Acceptance/Welcom		0.00		0.00		0.00
8	Achievement		0.00		0.00		0.00
4	Action		0.00		0.00		0.00
2	Age Doesn't Matter		0.00		0.00		0.00
8	Akron Awareness		0.00		0.00		0.00
5	Albion Grapevine	15.00	15.00		0.00		0.00
5	Albion New Beginnings		15.00		0.00		0.00
3	Alexander		0.00		0.00		0.00
8	Amherst/ Snyder		43.50		0.00		0.00
6	Amsdell Lakeshore		0.00		0.00		0.00
6	Angola Early Bird	25.00	25.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	30.00	90.00		0.00		0.00
4	Arcade		0.00		0.00		0.00
6	As Bill Sees It		0.00		0.00		0.00
8	Attitude Adjustment(Williamsville)	50.00	50.00	25.00	25.00	25.00	25.00
5	Attitude Adjustment(NF)		0.00		0.00		0.00
6	Attraction	34.00	84.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
7	Beginning In Sobriety II		0.00		0.00		0.00
8	Beginning's Women		0.00		0.00		0.00
5	Big Book Lockport		0.00		0.00		0.00
6	Big Book Study		45.00		0.00		0.00
3	Blasdell		0.00		0.00		0.00
3	Blasdell Monday Night		0.00		0.00		0.00
3	Blasdell Saturday		20.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women		0.00		0.00		0.00
2	Brass		20.00		0.00		0.00
	Building Hope		0.00		0.00		0.00
7	Buffalo Group		0.00		0.00		0.00
3	Buffalo Creek	40.00	120.00		0.00		0.00
3	By the Wayside	50.00	100.00		0.00		0.00
6	Carry the Message		0.00		0.00		0.00
7	Casting		0.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake-Up Call		0.00		0.00		0.00
3	Caz Manor		200.00		200.00		200.00
7	Central City Café'	50.00	50.00		0.00		0.00
2	Chapter IX		0.00		0.00		0.00
3	Cheektowaga		125.00		0.00		0.00
6	Changing Our Way's		50.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		0.00		0.00		0.00
2	Common Bond		0.00		0.00		0.00
	Common Solution		0.00		0.00		0.00
1	Commitment		0.00		0.00		0.00
1	Complanters		0.00		0.00		0.00
3	Courage		0.00		0.00		0.00
2	Daily Reflections		190.00		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
2	Dawn of Hope		25.00		0.00		0.00
6	Derby	120.00	120.00		0.00		0.00
6	Desire		0.00		0.00		0.00
2	Desperate		0.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
6	Early Bird Step		0.00		0.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst		0.00		0.00		0.00
8	East Amherst Traditions	120.00	120.00		0.00		0.00
4	East Aurora		0.00		0.00		0.00
2	Easy Does It	30.00	90.00	30.00	90.00	30.00	90.00
4	Ellicottville	25.00	25.00		0.00		0.00
2	Elmwood		0.00		0.00		0.00
6	Everybody's		50.00		0.00		0.00
1	Express		0.00		0.00		0.00
8	Eyeopener	252.17	572.39		0.00		0.00
4	Eyeopener South	79.50	249.00	31.80	99.60		0.00
2	Feelings		0.00		0.00		0.00
8	Fireside PM	300.00	300.00		0.00		0.00
8	Fireside		0.00		0.00		0.00
5	First Step (NF)		0.00		0.00		0.00
6	Forestville Sunday Serenity		0.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom		0.00		0.00		0.00
7	Fresh Start	45.00	90.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		MARCH	YEAR	MARCH	YEAR	MARCH	YEAR
2	Friends of Bill W.		0.00		0.00		0.00
3	Gardenville		412.50		0.00		0.00
8	Georgetown		0.00		0.00		0.00
2	Getting Better		0.00		0.00		0.00
6	Gettin With It		20.00		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length	600.00	1100.00		0.00		0.00
5	Golden Slipper		0.00		0.00		0.00
2	Grace Point		0.00		0.00		0.00
2	Grand		0.00		0.00		0.00
2	Grand II Joy of Living	50.00	50.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
3	H.O.W.		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
8	H.A.N.D.		0.00		0.00		0.00
7	Harmony	16.50	16.50		0.00		0.00
4	Helping Hand	25.00	50.00		0.00		0.00
8	High Noon		0.00		0.00		0.00
8	High View	150.00	150.00		0.00		0.00
4	Hillbilly		40.00		0.00		0.00
1	H.I.P.		0.00		0.00		0.00
6	Holiday Village		283.00		23.00		23.00
4	Holland		0.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty		0.00		0.00		0.00
	Hope's Horizon		100.00		0.00		0.00
2	How It Works/Men's	80.00	240.00		0.00		0.00
1	HUDSON & WADSWORTH		0.00		0.00		0.00
3	IF HE WERE SOUGHT		0.00		0.00		0.00
	Independence (NF)	55.00	55.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life	40.00	40.00	40.00	40.00	40.00	40.00
3	Ironhorse		244.00		0.00		0.00
8	IT		0.00		0.00		0.00
2	Just Do It		0.00		0.00		0.00
3	Just For Today/ Cheektowaga		0.00		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
4	Keep It Simple Sister		0.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
6	Lake Shore	300.00	300.00		0.00		0.00
6	Lakeview	75.00	75.00		0.00		0.00
3	Lancaster Dailey Reprieve		0.00		0.00		0.00
	Lawyer's		0.00		0.00		0.00
5	LewPort		0.00		0.00		0.00
2	Liberty Women	50.00	75.00		0.00		0.00
4	Life Today	15.00	15.00		0.00		0.00
8	Lighten UP		0.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
5	Lock City		0.00		0.00		0.00
5	Lockport #1		300.00		0.00		0.00
5	Lockport Discussion		0.00		0.00		0.00
5	Lockport Ladies		100.00		0.00		0.00
5	Lockport Tuesday		0.00		0.00		0.00
5	Lockview		0.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy		0.00		0.00		0.00
5	Lower River		0.00		0.00		0.00
1	Main and High		20.00		0.00		0.00
4	Main Street		0.00		0.00		0.00
8	Maple		0.00		0.00		0.00
4	Marilla	40.00	120.00		0.00		0.00
3	Matt Talbot	127.00	326.25		0.00		0.00
6	McKinley Winners		25.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		0.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day		0.00		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
2	Morning After		0.00		0.00		0.00
3	New Beginnings/St. Vincent		0.00		0.00		0.00
5	Newfane Living Sober	25.00	25.00		0.00		0.00
5	New International		0.00		0.00		0.00
3	New Life		25.00		25.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		42.00		0.00		0.00
2	North Buffalo	100.00	300.00		0.00		0.00

RETURN SERVICE REQUESTED

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Buffalo, NY 14210

NON-PROFIT ORG.
US POSTAGE PAID
PERMIT # 53
BUFFALO, NY

**Have The New Frontier's delivered
To your home every month**



NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP** _____

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