

# NEW FRONTIERS

A.A. of the Niagara Frontier

May 2018

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



**Early in the “Mushrooming” Period  
Formed officially in 1942;  
Buffalo Central Office Of The Niagara Frontier  
Is Now...  
76 years old**

1935: (May) Bill & Dr. Bob first met

1938: (May) Alcoholic Foundation (To become AA GSO) was formed

1939: (April) Big Book of Alcoholics Anonymous was released and we took our name.

1941: (March) Saturday Evening Post article came out

1941: (April 8) AA started in the Buffalo area

**1942: (May) Buffalo Central Office was OPENED.**

1944: (June) AA Grapevine was established

1946: The Twelve Traditions Of A.A. first formulated and published.

1950: (July) First International Convention was held. 100,000 recovered alcoholics worldwide.

1950: (November) Dr. Bob dies.

1951: (April) First General Service Conference meets.





## Q. What services does Central Office provide?



**Buffalo Central Committee has an office which was established and is maintained by A.A. groups in the area. The office provides services to over 300 groups/ week in our area. The Executive Secretary is paid to keep the office open—all—Supports 12th step work.**

Some of the services provided by the office are:

- Answers telephone calls from alcoholics, family members and members of A.A. fellowship as well as those in the helping professions.
- Publishes an accurate, up-to-date list of A.A. meetings
- Sells, packages and ships GSO and A.A. Grapevine literature as well as anniversary pins & medallions.
- Supports 12-step Committees in their efforts and is the contact for many prisons/institutions/schools/health fairs, etc.
- Supports Intergroup's Special Events such as the Annual Convention in the Fall .
- Prepares flyers, reports, calendars for the A.A. fellowship and at the Reps meetings
- Keeps accurate records of contributions and thanks each group individually.
- Creates, publishes our monthly newsletter 'New Frontiers'.
- Provides housing, and displays for our area 50, WNY, GSA Archives.
- Maintains group histories and information
- Maintains an active volunteer staff for answering the telephone or helping the office staff.
- Updates Website and on-line schedule
- Greets visitors daily.

## HOW DID YOU FIND A.A.?

How did you first hear about Alcoholics Anonymous? If you lived in the Buffalo / Niagara Frontier Area, most likely the Area Central Committee/Office was involved.

### Did you call on the phone?



If you called during the day, the office staff or one of our phone volunteers answered the phone. If you called after office hours, the answering attendant service contacts the Nightwatch Volunteer. They have people set up to answer your call. All of these people in service are intergroup volunteers.

Buffalo Central Office phone number was in the telephone book...or on a website.

Also, the Public Information Committee they also are responsible for running Public Service Announcements and their members attend Health Fairs where our brochures are available. They also go to area schools and talk to students about AA.

### Did your doctor or your minister/priest or a judge suggest A.A.?

If so, the C.P.C. (Cooperation with the Professional Community) Committee probably helped you. This committee operates with volunteers. Their mission is to inform the professionals in our area about A.A.

### Did you attend A.A. meetings while you were in detox, rehab or a mental institution in the five counties?

If so, more than likely Buffalo Central Committee was involved. The Treatment Facilities Committee organizes A.A. meetings in the area institutions every week.

### Did you hear the A.A. message while you were incarcerated in one of our local prisons?

If so, Buffalo Central Committee Corrections Committee was responsible for taking meetings behind the walls. We have commitments at area prisons every week. It is by taking a meeting into these facilities that many who cannot otherwise get to a meeting will be granted that same privilege as you have.





If, this month 79 years ago, in 1949, you were taking a trip from America to Great Britain and fearful of travelling to Scotland, and you'd written to Bill Wilson and the others in New York just in case, you might have gotten a wonderful surprise: just that month, not one but two Scottish groups had registered with GSO. You could travel up north and be pretty sure of having meetings to go home to.

One was in Glasgow. You could head into that industrial city, address in hand, and find that first Glaswegian meeting. The building might have been easier to locate than the meeting room itself. St. Enoch Hotel was then located in the square of the same name, St. Enoch, and rose four or more stories above maybe most of the surrounding buildings, looking like a fortress but more approachable--there was security, because there was help with sobriety, through those doors. And inside, you might find the AA members by the laughter or the look--a little out of place there in that hotel, but the right ones for you, to sit right down and fit right in.

Next stop: Edinburgh. The meeting there might not be as easy to find, but you might have a contact from the Glasgow meeting--someone there may have even put you in touch with Phillip D., who brought AA back with him from the States (he might have called them "the Colonies") to Scotland. If someone in your path had called him Sir Phillip, you might have found out he was a knight; far more important, he was another sober drunk, who could lead you to the meeting. Like the other one, it would probably have been growing by May, so there may have been more than just you two. If downtown, it might have sat in view of the spectacular castle--a great backdrop for this marvelous miracle taking place.

There might have been official meeting times, but you might have also found, in either city or in Perth where Scottish AA had started in 1948, what a member there said about when they got together: "Just as often as we are needed."

(Sources for this article: AA Comes of Age, the history timeline at [aa.org](http://aa.org), article in the UK's Daily Mail, et al)

By Chad P.

## 5th STEP:

"Admitted to God, to ourselves, and another human being the exact nature of our wrongs."

## Share your Experience, Strength and Hope

Please submit your announcements by the **12th**  
for next month's issue  
Articles can be submitted at any time

**e-mail address: buffaloaa@hotmail.com**

or mail to:  
**Buffalo Central Office**  
17 Gierlach Street  
Sloan, New York 14212

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: quotations from "Alcoholics Anonymous", "Twelve Steps and Twelve Traditions" and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc. are subject to Grapevine copyright.)

## Heard @ a Meeting

**There's only one way to believe.  
Your way.**

## IN MEMORIAM Things We Can Not Change

*To all of our members who have lost family and loved ones*

*Jamie S. ~ 15 years ~ Dunkirk Monday*

*Saint (Bill) S. 47 years, 7-Clans Group*

*Dale V. As Bill See's It*

*Our thoughts and prayers are with you*

# MAY ANNIVERSARIES

## Acceptance/Welcome

Kevin 1y  
 Dan C. 3y  
 Mike F. 5y  
 Erika F. 31y  
 Betty C. 37y

## Alexander

Matt S. 12y

## All Is Well

Jim L. 15y  
 Jill N. 21y

## Any Lengths

Rob H. 9m  
 Jeremy O. 2y  
 Brandon K. 2y

## Easy Does It

Lotus 9m  
 Russ B. 9m  
 Kedra W. 1y  
 Aidan C. 3y  
 Angela M. 6y  
 Sean B. 14y  
 Liz S. 25y  
 Catherine P. 34y

## Eyeopener

Michael M. 1y  
 Mayra W. 1y  
 Adair A. 2y  
 Gina P. 2y  
 Phil G. 3y  
 Jeff C. 3y  
 Tom L. 4y  
 Ken R. 5y  
 Tom S. 8y  
 Lou T. 9y  
 Laurel D. 10y  
 Judi S. 13y  
 Larry J. 15y  
 Karen M. 17y  
 Kathy M. 20y  
 Bob M. 31y

## Eyeopener South

Matthew S. 6m  
 Jonathon K. 6m  
 Joseph D. 6m  
 Stan K. 1y  
 Todd K. 2y  
 Scott R. 2y  
 Frank P. 2y  
 MaryAnn K. 3y

## Fireside

Chris R. 3m  
 Al F. 6m  
 Alex P. 6m  
 Karen M. 6m  
 Olivia C. 9m  
 Mark P. 33y

## Golden Slipper

Loretta G. 2y

## Holland

Kasiey K. 1y

## How It Works

Jason L. 2y  
 Bill Q. 3y  
 Jim S. 4y  
 Steve W. 6y  
 Nort L. 6y  
 Nadav W. 8y  
 Brian D. 19y  
 Douglas K. 30y

## Ironhorse

Jessica L. 1y  
 Matt M. 3y  
 Peter K. 12y  
 Bill R. 25y

## Just For Today

Mary E. 38y

## Lockport #1

Gerry J. 49y

## Main & High

Gerold W. 4y  
 Winston F. 26y

## Marching Forth

Dave D. 35y

## New Life

Jiggs 29y  
 Roger 30y

## North Buffalo

Amanda D. 1y  
 Don M. 1y  
 Justin B. 2y  
 Chris M. 4y  
 Fran B. 4y  
 Andrew D. 4y  
 Bob B. 7y  
 Crystal R. 7y  
 Maureen M. 14y  
 Peter L. 18y  
 Marie W. 21y  
 Jane C. 29y  
 Dave P. 39y

## Orchard Park Step

Emily C. 3m  
 Al A. 3m  
 Sarah B. 1y  
 Aleks M. 6y  
 Mike G. 29y

## Purpose

Dan C. 3y  
 Patti S. 21y

## Questions & Answers

Maggie 6m

## Remember

### When

Myrle P. 2y  
 Sarah O. 27y  
 Arthur E. 27y  
 Ivan O. 35y

### Renaissance

Chris D. 2y  
 Patrick m. 2y  
 Eric C. 3y  
 Gary H. 3y  
 Mike K. 36y

### Rise & Shine

Tiffany H. 6y  
 James K. 9y  
 Cathy W. 12y  
 Jack M. 19y  
 Bill P. 20y  
 Ivan O. 36y

### Serenity

Mike F. 5y  
 Patti S. 11y

### Sheridan

Falena C. 12y

### Sunday Morning

Ryan R. 6m  
 Lucy D. 6m  
 Brianna B. 2y

### Swormsville

Barb F. 24y

### The Grove

Lucile L. 1y  
 Laurie R. 1y  
 Ben T. 1y  
 Crissy K. 1y  
 David B. 1y  
 Jason Q. 1y  
 Victor S. 1y  
 Allison S. 2y  
 Elaine K. 2y  
 Shon S. 2y  
 Tyrone S. 3y  
 Jim S. 4y  
 Antoinette I. 19y  
 Jack M. 19y

### Tri-County

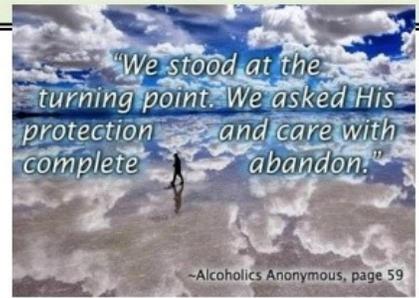
Ron C. 8y  
 Don S. 29y

### Thruway

Brainard B. 5y  
 Mary Ellen S. 38y

### Williamsville

John G. 3m  
 Julie 5y  
 Al McC. 47y



*"We stood at the turning point. We asked His protection and care with complete abandon."*

-Alcoholics Anonymous, page 59

## Group Anniversaries

### Buffalo Central Office; 76y

BOULEVARD HELPING HAND: 21y  
 CARRYING THE MESSAGE: 13y  
 FIRESIDE: 38y  
 FIRST STEP (NF): 47y  
 HIGH VIEW: 32y  
 HOLIDAY VILLAGE: 25y  
 JUST FOR TODAY: 19y  
 LIBERTY WOMEN: 31y  
 LIVING SOBER: 50y  
 MIDNIGHT DISCUSSION: 17y  
 MORNING AFTER: 39y  
 REMEMBER WHEN: 55y  
 SEARCHING FOR SERENITY: 29y  
 SOBRIETY MEN'S DISC.: 42y  
 SOUTH BUFFALO: 73y  
 SPRINGVILLE WED. NOON: 22y  
 T.G.I.F.: 29y  
 T'nT: 11y  
 UNIVERSITY MEN'S DISC.: 49y  
 WE: 11y  
 WHY: 44y

**Please remember to**  
 have the anniversaries  
 submitted by  
 the **12th**  
**END OF BUSINESS DAY**  
**4:30 PM**  
 of the month  
 previous



*"The tremendous fact for every one of us is that we have discovered a common solution. We have a way out on which we can absolutely agree, and upon which we can join in brotherly and harmonious action."*

-Alcoholics Anonymous page 17

**PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)**

**BUFFALO CENTRAL OFFICE**  
**ALCOHOLICS ANONYMOUS**  
**(716) 853-0388**  
**9:00 AM- 12:30PM, 2:00 PM- 4:00 PM**

**17 GIERLACH STREET**  
**SLOAN, NEW YORK 14212**  
**Fax: 853-0389**  
**buffalooa@hotmail.com**

*Real-Time schedule? Check your website: [www.buffaloany.org](http://www.buffaloany.org)*

## May 2018

**IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

### MEETING CHANGES

- **Step It Up group is changing it's start time** to 12:30 PM. St. Stephen-Bethlehem Church, 750 Wehrle Dr., Cheektowaga. Effective June 6, 2018
- **New Group: Happy Hour**, Mon-Fri. 6:00 PM. Nickel City Clubhouse, 371 Delaware, Bflo West 14282. Open Discussion.
- **Grateful (New) Group on Friday, No Longer Meets.** Wed & Sun Do meet.
- **Sunday In Cattaraugus has moved** to 17 South St. Cattaraugus 14719.
- **Step 1,2 &3, (Wed) Now starts @ 10am**, Horizon Health Center, 637 Davison Rd, Lockport 14094
- **12&12, (Fri.) Now starts @ 10am**, Horizon Health Center, 637 Davison Rd, Lockport 14094
- **South Town Group**, Tuesday's 8 PM, **NO LONGER MEETS.** Grace Lutheran Church, Cazenovia @ N. Legion Dr., Bflo South 14220
- **North Evan's Men's Group time** was incorrect in the printed schedule., They meet at 9:30am, Saturday's. The Wesleyan Southtown Campus, 2063 South Creek Rd (GPS: 2063 Shadagee Rd., Eden,) North Evans)14057 @ Rt 20.
- **New Group: Lighthouse; Tues. 7:30 PM**, Grove St. Christian Church, 85 Grove St., Tonawanda 14150. Open Discussion. WC.
- **New Group; The Keys of The Kingdom;** (Women's) Wed. 6:30 PM. Presbyterian Church, 1822 Huth Rd., Grand Island 14072. No longer Babysitting.

### SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

~ May 6; **Committee Meeting that meet prior to Central Committee 5:30 PM**  
**St. Andrew's Church Parish School: 111 Crocker & Reiman, Sloan, 14212,**  
**Steering Committee (5:30 PM) in CO**  
**Public Information Committee meeting**  
**Treatment Facilities Committee**  
**Corrections Committee**  
**Education & Participation**  
**Nightwatch Committee**  
**Envelope System (6:30 PM)**  
**Followed By **Central Committee 7:00 PM:****  
**(Hosted by Sobriety Men's )**

~ May 7, **Convention Committee Meeting**, 6:00PM, St. Andrew's Church School : 111 Crocker & Reiman, Sloan, 14212,

# COMING EVENTS

- ~ Apr 28, **Sober Jam II**, The Hope Center, 781 Maple Rd., Amherst. Doors open @ 5 PM Speaker at 6 PM, Music from 7PM. Giant 50/50. Please bring a dish to pass.
- ~May 5, **8th Annual Area 50 Archives Breakfast**; Infant of Prague, 921 Cleveland Ave, Cheektowaga 14225. Doors open @ 9am, breakfast starts at 10 sharp! Tickets can be found at these sellers homegroups: Lovejoy Group, Lockport #1, Thruway Group, Depth & Weight, Williamsville Group, North Buffalo Group, Lake Shore Group, Ironhorse, Beginners Group (NF), Allegany Lifeline, Winners Circle, Morganville, Grove Street, Daily Reflections, Sisters & Brothers and many more! NO TIX SOLD AT DOOR so get them while they are available.
- ~ May 5, **Boulevard Helping Hands is celebrating their 21<sup>st</sup> group anniversary**. Doors open 9 AM/ 10 AM Speaker followed by a free brunch. Small basket auction & 50/50 will be available in the spirit of the 7<sup>th</sup> tradition. Come help us celebrate! 2800 Church Rd (off Ward Rd), N. Tonawanda (Wheatfield)
- ~May 6, **Point of No Return**, Seasonal Meeting **will resume**. 8:00 AM Lasalle Waterfront Park, 6611 Buffalo Ave, Niagara Falls, NY 14304.
- ~ May 11-13, **Women of AA Annual Spring Spiritual Weekend** at Christ the King Seminary, 711 Knox Rd., East Aurora. Information & Flyer on website.
- ~ July 14, **Main & High Day of Sharing**, "Pass It On". 9:30- 3:45PM. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo (across from Anchor Bar) Registration; \$6.00, Alateen \$6. 50/50, Hot Meal & Refreshments.
- ~ May 11-13, **Men's Spring Spiritual Weekend** at Christ the King Seminary, 711 Knox Rd., East Aurora. Information & Flyer on website.
- ~ Jun 28, **Questions and Answers** will celebrate their **15th year group anniversary**. 6pm free buffet. (Bring a dish to share if you can). 7pm speaker St martin-in-the-fields Church 2587 Baseline Road Grand Island
- ~ Sep 28-30, **Tri-State Assembly**. Bellinger Hall Retreat & Conference Center, Chautauqua, NY 14722. Flyer is available on the website
- ~ Nov. 2-4, **77th Buffalo Fall Convention**. Millennium Hotel, 2040 Walden Ave, Cheektowaga 14225. Flyers & info will be posted when they become available.

5th STEP: "Admitted to God, to ourselves, and another human being the exact nature of our wrongs."  
 5th TRADITION: " Each group has but one primary purpose—to carry its message to the alcoholic who still suffers."  
 5<sup>th</sup> CONCEPT; throughout our structure, a traditional "Right of Appeal" ought to prevail, so that the minority opinion will be heard and personal grievances receive careful consideration.

# General Service Assembly

- ~ Jun 2, **GSA Area 50**, Topic: Pre-Conference Report. 12 Noon. Central North First Trinity Church, 1570 Niagara Falls Blvd, Tonawanda 14150. (Hosted by District 4)
- ~May 14 & 28, **2nd & 4th MONDAY** 6:30PM. Buffalo Central Office, **Archives Work night's**.
- ~May 19, **Archives Committee Meeting**; (3rd Saturday) 10 Am @ Buffalo Central Office, 17 Gierlach St., Sloan 14212. WORKNIGHTS; 2nd & 4th Monday's, 7pm.
- ~May 23, **GSA District 16 (Southtown's) Meeting**. 7:00 PM( 4th Wednesday), at 2063 Southcreek Rd., Eden 14057.

## A Message For You!!!

At a time when groups are struggling just to pay their own expenses of rent, coffee, liability insurance, ect; it is getting harder & harder to support all of AA and the services beyond a group meeting.

If each member would consider a monthly contribution through the Envelope System of just \$10+/- month, it could make a big impact.

The dollar of 70 years ago just don't do it anymore. We want a Cadillac and pay for a bicycle

What could change? We could see our literature costs decrease. Our ability to serve the intergroup area more affectively. Our ability to carry the Message to others would increase. At one time besides our Executive Secretary, we also had a paid part time staff employee. Being in a place of financial inability in 1998, we have tried to fill that gap with volunteers. This has not been very affective. A few years back, a billboard was proposed to help carry our message, but was not financially possible at the time.

Imagine with God's Grace and all of the fellowship pitching in the possibilities!!!

Imagine if we all polled together in unity; we could get back to a free schedule!!!

Will You do your part??? Will you join in supporting our local Central Office???

Would you miss just \$10 a month??? It's EASY as ever with Credit/Debit card options.

Just fill out the form (Purple Brochure) and send it on into the Buffalo Central Office.

## Our 7<sup>th</sup> Tradition: A Perspective

Item	THEN	NOW
VW Beetle	\$1,465.00	\$19,000.00+
Gas	25¢/gal.	\$3.65 /gal.
Jeans	\$4.50	\$75.00
LAME BUTTZ	Smokes 30¢	Smokes \$5.50
Soda Pop	Soda 15¢	Soda \$1.75

AA BASKET \$1.00

**This doesn't add up.**  
 You can do something about it!

Printed as an informational service by Western County Intergroup

# Central Committee Minutes April 8th, 2018

NO MINUTES WERE SUBMITTED AT DEADLINE TIME :(

## "I didn't know what I didn't know"

When I came to AA in 1982, I was young and didn't know what I didn't know. I was headstrong and thought I knew more than those who came before me, especially when it came to problems other than Alcohol. I didn't care much about the traditions at that point in my recovery. I had the idea that I would outlive those old timers and then we would do things my way in AA.

When I introduced myself at meetings back then, I would say I'm Kurt and I'm a cross addicted alcoholic or I'm a poly addict. I heard all the jokes about being addicted to girls named Polly and addicted to Crosses. I refused to listen to what they really trying to tell me or to give in to the pressure to conform. I thought I was such a rebel and loved flaunting my uniqueness. I could have very well ended up Terminally unique.

Then came the night that a man named Don C. came up and put his hand on my back. Don was a small man who always had a cigar in his hand. He always seemed to have a smile and a gentle way about himself. If you didn't know who he really was, you would have thought he was a week man.

Because of Don's small stature, in World War II he was a gunner in the bubble of a B17 Bomber. This was the most dangerous job on that plane. Those fellas were the primary targets of enemy fighters, because those gunners were the greatest threat to them.

This man had no fear or hesitation about sharing his concerns with scruffy looking 5'11" 250 pound 17 year old know it all.

His hand on my back had stopped me dead in my tracks. Don very gently said to me, "You can call yourself anything you want here in the rooms and we can't really stop you. But one thing you should consider is that each time you do that, you distance your self from those around you. Not a physical separation, but an emotional one. You are making yourself different from your fellows. The problem with this is that there will come a day when you will need us. And if you continue to to distance yourself you will create a chasm that will be impossible for either of us to reach across. And that may cost you your recovery and maybe even your life."

Don didn't yell at me or tell me about how I was

being disrespectful to the traditions or those came before me. In love he showed me what the personal consequences of my behavior might be. They say there are two way to move someone forward in AA. One is with a good swift kick in the pants and the other is with a pat on the back. I have needed both in my recovery, but that night his gentle hand on my back changed my life.

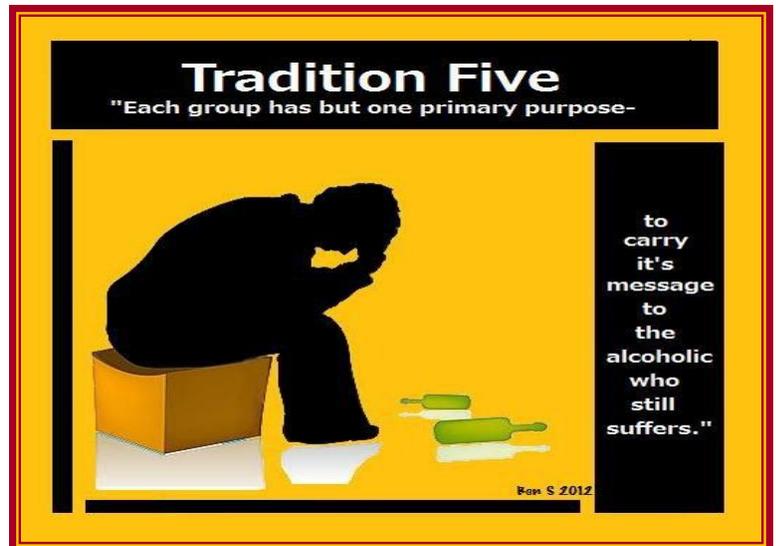
This issue was really settled back in an A.A. Grapevine, Inc., February 1958 article written by Bill Wilson. It later was developed into an A.A. conference approved brochure called Problems other than Alcohol. Well worth the read. We each must protect A.A.'s primary purpose and traditions, so that A.A. will be here for generations to come.

My home group has even incorporated part of it in our opening readings...

Sobriety — freedom from alcohol — through the teaching and practice of the Twelve Steps is the sole purpose of an A.A. group. Groups have repeatedly tried other activities, and they have always failed. It has also been learned that there is no possible way to make non-alcoholics into A.A. members. We have to confine our membership to alcoholics, and we have to confine our A.A. groups to a single purpose. If we don't stick to these principles, we shall almost surely collapse. And if we collapse, we cannot help anyone.

From that day until this one, I have proudly only introduced myself as Kurt...alcoholic.

Kurt K. from Golden Slipper.



## **The Path to Emotional Sobriety**

Recently I attended a meeting where the topic was: "What is emotional sobriety and when do I know I have achieved it?" Some people argued that chemical sobriety is the goal – that emotional sobriety comes in time. Others proclaimed that emotional sobriety is something to be worked on; something to be actively pursued. I tend to agree with the second opinion. I think my emotional sobriety requires work, and that it is a direct reflection of my spiritual fitness and the status of my relationship with my higher power. But that meeting prompted me to do some soul-searching: "Am I emotionally sober? If not, how did I relapse?"

Admittedly, I struggle with maintaining a spiritual connection with my higher power when my life seems to "get hard." When things are going well, I have no problem speaking a word of thanks. This dilemma probably has something to do with my religious upbringing or the events in my life prior to joining AA that made me develop a mighty distrust in God. That's a topic for another time. Regardless, I can look back and see that I've experienced incredible, positive changes, as confirmed by the observations of those close to me in the fellowship.

Since coming to AA in 2006, the hard times in my life always seem to coexist with a weakening of my spiritual health. In the beginning, I jumped into the program with full vigor. I worked the steps with a sponsor, built a community of sober men around me and took on service commitments. Then life started happening again. The pink cloud burst and all of the problems I had been avoiding through drinking and all of my other "habits" came roaring back with a vengeance. My wife was still angry, my boss fired me and my family and friends still didn't trust me. I thought often "I am sober... why won't these people get off my back?"

Feelings of distrust and fear gradually crept back and I stopped working my program. I still went to meetings on occasion and called my sponsor once in a blue moon, but I really thought I could manage my sobriety on my own. That only led to a life that was totally unmanageable and insane, and eventually to thoughts of suicide, a psych hospital and admission to an extended treatment program here in Prescott. I haven't been drunk since April 3, 2006 but my life had become even more unmanageable than it was when I drank every day. In a nutshell, I stopped depending on my higher power and trusted only in myself. Talk about self will run riot!! Worst of all, I fell out of being in fellowship with my brothers in recovery. I stopped working with others.

In 1958, Bill W. published an article in the "Grapevine" entitled *The Next Frontier: Emotional Sobriety*. In it, he speaks about how his "unhealthy dependencies" led him to emotional instability. He writes: "My basic flaw had always been dependence - almost absolute dependence - on people or circumstances to supply me with prestige, security, and the like. Failing to get these things according to my perfectionist dreams and specifications, I had fought for them. And when defeat came, so did my depression." Bill goes on to report that in his experience, work with another alcoholic as well as service to the fellowship is almost a guarantee that we can be free of the "depressions" he experienced. "Plainly, I could not avail myself of God's love until I was able to offer it back to Him by loving others as He would have me. And I couldn't possibly do that so long as I was victimized by false dependencies."

Brother Lawrence, a humble French monk in the 15th century wrote that the way to practice of God is to perform one single act of service that does not end. What has become abundantly clear in my life today is that work with others in the program is equally important as going to meetings and maintaining my prayer life.

Like Brother Lawrence, I can practice simple acts of a humble nature to be of service to others and experience the presence of my higher power in my life. Simply greeting people at the door of a meeting or taking a call from someone who is struggling gives me the opportunity to pass along to others what has been so freely given to me. I don't need to perform big or grandiose acts in order to experience emotional sobriety. Cleaning coffee cups after a meeting is enough.

Tim K. ; Conscious Contact, Prescott, AZ Newsletter; October 2017

# 2017

# 2018

Cash Flow Statement	Jan-17	Feb-17	Mar-17
<b>Reg Bal Cash on hand</b>	<b>11,967.00</b>	<b>17,903.68</b>	<b>20,985.05</b>
<b>Contributions</b>			
Groups	5,811.55	6,511.86	6,461.77
Joint Meeting	50.00	56.56	84.00
Envelope System	1,415.56	506.83	1,035.66
New Frontiers Subs	23.00	50.00	57.00
Literature/Medallions/Pins	3,880.99	4,706.60	5,043.20
Literature Sales Tax	300.51	295.74	284.38
Literature Postage	49.66	37.56	35.04
Sales+/-	(2.07)		59.11
Archives Room Rent			
Com. Meetings	8.00	39.00	30.00
Mall/Misc.	25.00		
Tax Returns			
Transfer from PR			
GSA Hosting 3/2017			5.00
"Gratitude Month" (NOV)			
Conventions/Day of Sharing	3,561.32		
<b>Monthly Income</b>	<b>15,123.52</b>	<b>12,204.15</b>	<b>13,095.16</b>
<b>Expenses</b>			
Building Rent/Utilities	1,489.41	1,489.41	1,489.41
St.Michaels Rent	35.00	35.00	35.00
Payroll Gross	2,824.62	2,824.62	2,824.62
Employment Taxes	264.10	264.10	252.80
Unemployment Surchar	(2.40)	(2.40)	(2.40)
NYS Sales Tax			878.80
Insurance			
State Ins Fund(Travelers)		312.00	
Health	623.30	625.39	625.39
D&O Insurance	1,080.00		
Liability	856.00		
Postage	371.57	206.51	241.96
Phone/Internet	138.63	137.97	137.97
Accounting			1,175.00
Paychex	224.52	119.56	119.56
Advt			
Talking Phone Book			
Dex Media website	182.80	184.10	184.10
Local Edge			291.60
Yellow Pages			
Literature Expenses			
Grapevine			40.00
World Services Inc		2,300.60	1,751.60
Hazeldon	618.24		
Printers			
Medallions	222.23	304.64	136.06
Petty Cash			
Office Supplies	50.30	76.13	221.98
Copier leasing	(209.00)		
Copies/ service contract	161.00	161.00	161.00
Bank Fee's including credit ca	256.52	84.15	87.38
literature returns reimbursement			
GSA Host			
Convention			
CO Seminar			
<b>Monthly Expenses</b>	<b>9,186.84</b>	<b>9,122.78</b>	<b>10,651.83</b>
<b>Monthly Income (Loss)</b>	<b>5,936.68</b>	<b>3,081.37</b>	<b>2,443.33</b>
<b>End Balance</b>	<b>17,903.68</b>	<b>20,985.05</b>	<b>23,428.38</b>
<b>Petty Cash</b>	<b>3,000.00</b>	<b>3,000.00</b>	<b>3,000.00</b>
<b>Total Balance</b>	<b>20,903.68</b>	<b>23,985.05</b>	<b>26,428.38</b>
<b>PRUDENT RESERVE</b>	<b>23,143.04</b>	<b>23,143.40</b>	<b>23,143.79</b>
Assets: Literature & Medallions	13,544.02	11,046.99	11,396.82
Literature Receivable (outstanding)	722.62	581.35	121.48
Removed from Stock	286.30		
<b>Corrections Facilities</b>	<b>2,260.75</b>	<b>2,767.15</b>	<b>2,476.65</b>
Contributions	509.40	60.00	90.00
Bank Fee's	3.00	3.00	3.00
Expenses		347.50	573.50
<b>Balance</b>	<b>2,767.15</b>	<b>2,476.65</b>	<b>1,990.15</b>
<b>Treatment Facilities</b>	<b>541.60</b>	<b>443.60</b>	<b>535.88</b>
Contributions	185.00	375.28	252.00
Expenses	280.00	280.00	280.00
Bank Fee's	3.00	3.00	3.00
<b>Balance</b>	<b>443.60</b>	<b>535.88</b>	<b>504.88</b>

YTD: 2017

**18,785.18**  
190.56  
2,958.05  
130.00  
13,630.79  
880.63  
122.26  
57.04  
77.00  
25.00  
3,561.32  
**40,422.83**

Cash Flow Statement	Jan-18	Feb-18	Mar-18
<b>Reg Bal Cash on hand</b>	<b>24,125.19</b>	<b>26,240.64</b>	<b>18,559.37</b>
<b>Contributions</b>			
Groups	6,610.45	3,717.11	4,182.57
Central Committee 7th tradition	86.00	80.66	91.00
Envelope System	1,779.66	1,395.66	820.66
New Frontiers Subs	64.00		78.00
Literature/Medallions/Pins	4,504.75	2,559.88	3,215.96
Literature Sales Tax	276.27	221.09	204.13
Literature Postage	24.17	10.47	3.95
Sales+/-	288.33	(6.36)	46.99
Archives Room Rent:	300.00		
Committee Meetings	24.00	26.00	22.00
Misc(Aug)Security Deposit Return			
Transfer from PR			
"Gratitude Month" (NOV)			
Conventions/Day of Sharing			
<b>Monthly Income</b>	<b>13,957.63</b>	<b>8,004.51</b>	<b>8,665.26</b>
<b>Expenses</b>			
Building Rent/Utilities	1,000.00	1,000.00	1,000.00
Central Com. Rent	35.00	35.00	35.00
Payroll Gross	2,909.36	2,909.36	2,909.36
Employment Taxes	260.38	260.38	254.56
Unemployment Surchar	(6.06)	(6.06)	(6.06)
NYS Sales Tax	278.27		713.30
Insurance			
State Ins Fund(Travelers)		309.00	
Health	612.63	612.63	612.63
D&O Insurance	1,080.00		
Liability		841.98	
Postage	174.74	404.50	241.50
Phone/Internet	137.17	137.17	137.19
Accounting			1,200.00
Paychex	258.19	145.46	145.46
Advt			
Dex YP website	372.70	186.35	187.65
Local Edge			561.00
Literature Expenses			
Grapevine	577.35	1,094.70	
World Services Inc	3,021.67	1,300.00	589.48
Hazeldon			
Printers			
Medallions	187.00	334.62	10.15
Office Supplies	257.66	521.33	401.15
Copies/ service contract	161.00	161.00	161.00
Copier Lease	129.00	129.00	129.00
Bank Fee's including credit ca	266.12	109.36	82.79
GSA Host	130.00	200.00	(300.00)
Prudent Reserve		5,000.00	
CO Seminar			
<b>Monthly Expenses</b>	<b>11,842.18</b>	<b>15,685.78</b>	<b>9,065.16</b>
<b>Monthly Income (Loss)</b>	<b>2,115.45</b>	<b>(7,681.27)</b>	<b>(399.90)</b>
<b>End Balance</b>	<b>26,240.64</b>	<b>18,559.37</b>	<b>18,159.47</b>
<b>Petty Cash</b>	<b>3,000.00</b>	<b>3,000.00</b>	<b>3,000.00</b>
<b>Total Balance</b>	<b>29,240.64</b>	<b>21,559.37</b>	<b>21,159.47</b>
<b>PRUDENT RESERVE</b>	<b>23,147.65</b>	<b>28,148.07</b>	<b>28,148.55</b>
Assets: Literature & Medallions	15,339.87	16,457.24	14,575.03
Literature Receivable (outstanding)	433.49	245.90	600.04
Removed from Stock	167.12		
<b>Corrections Facilities</b>	<b>1,375.02</b>	<b>1,406.02</b>	<b>1,512.02</b>
Contributions	354.00	109.00	130.00
Bank Fee's	3.00	3.00	3.00
Expenses	320.00		280.00
<b>Balance</b>	<b>1,406.02</b>	<b>1,512.02</b>	<b>1,359.02</b>
<b>Treatment Facilities</b>	<b>1,145.45</b>	<b>1,043.45</b>	<b>1,150.45</b>
Contributions	181.00	110.00	211.00
Expenses	280.00		
Bank Fee's	3.00	3.00	3.00
<b>Balance</b>	<b>1,043.45</b>	<b>1,150.45</b>	<b>1,358.45</b>

YTD: 2018

**14,510.13**  
257.66  
3,995.98  
142.00  
10,280.59  
701.49  
38.59  
328.96  
300.00  
72.00  
-  
-  
-  
**30,627.40**

3,000.00  
105.00  
8,728.08  
775.32  
(18.18)  
991.57  
309.00  
1,837.89  
1,080.00  
841.98  
820.74  
411.53  
1,200.00  
549.11  
746.70  
-  
561.00  
1,672.05  
4,911.15  
-  
-  
531.77  
1,180.14  
-  
483.00  
387.00  
458.27  
649.99  
30.00  
5,000.00  
**36,593.12**  
**(5,965.72)**

**28,961.45**  
**11,461.38**

**Group Contributions are DOWN 23% from 2017**

*New Frontiers ~ May 2018*

GROUP CONTRIBUTIONS 2018							
Zones	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		MAR	YEAR	MAR	YEAR	MAR	YEAR
5	7 Clans		0.00		0.00		0.00
5	12 Steps/12 Traditions		170.00		0.00		0.00
1	4th Step Stumblers/F.U.N.		0.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
5	5th Tradition (Youngstown)		0.00		0.00		0.00
4	A Day At A Time		0.00		0.00		0.00
3	Abbott Corners		0.00		0.00		0.00
3	Abbott Men's		0.00		0.00		0.00
2	Acceptance/Welcome		0.00		0.00		0.00
8	Achievement	75.00	75.00	75.00	75.00	75.00	75.00
4	Action		0.00		0.00		0.00
2	Age Doesn't Matter		0.00		0.00		0.00
5	Albion Grapevine		0.00		0.00		0.00
5	Albion New Beginnings		0.00		0.00		0.00
3	Alexander		0.00		0.00		0.00
	All Is Well		250.00		0.00		0.00
8	Amherst Snyder		138.47		0.00		0.00
6	Amsdell Step		0.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	30.00	170.00		0.00		0.00
4	Arcade		200.00		50.00		0.00
6	As Bill Sees It		0.00		0.00		0.00
8	Attitude Adjustment(Williamsville)		100.00		0.00		0.00
6	Attraction		100.00		0.00		0.00
	Awareness		5.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
7	Beginning In Sobriety II		0.00		0.00		0.00
8	Beginning's Women		0.00		0.00		0.00
5	Big Book Lockport		0.00		0.00		0.00
6	Big Book Study		0.00		0.00		0.00
3	Blasdell		0.00		0.00		0.00
3	Blasdell Saturday	60.00	60.00		0.00		0.00
3	Blasdell Monday		0.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women		0.00		0.00		0.00
2	Brass		0.00		0.00		0.00
7	Buffalo Group		0.00		0.00		0.00
3	Buffalo Creek		0.00		0.00		0.00
3	By the Wayside		0.00		0.00		0.00
3	By the Book		79.00		0.00		0.00
6	Carry the Message		50.00		0.00		0.00
7	Casting		0.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake- Up Call		220.00		0.00		0.00
3	Caz Manor		0.00		0.00		0.00
3	Caz Manor Sunday		0.00		0.00		0.00
7	Central City Café		122.00		0.00		0.00
6	Changing Our Way's		0.00		0.00		0.00
2	Chapter IX		100.00		25.00		25.00
3	Cheektowaga		50.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		0.00		0.00		0.00
1	Commitment		0.00		0.00		0.00
	Contemporary Women		0.00		0.00		0.00
1	Complanters		0.00		0.00		0.00
3	Courage		0.00		0.00		0.00
	Daily Reflections	427.00	427.00	25.00	25.00	25.00	25.00
2	Daily Reprieve		0.00		0.00		0.00
2	Dawn of Hope		0.00		0.00		0.00
2	Depth & Weight		0.00		0.00		0.00
6	Derby	170.00	170.00		0.00		0.00
6	Desire		0.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
6	Early Bird Step		0.00		0.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst		25.00		25.00		25.00
8	East Amherst Traditions		0.00		0.00		0.00
4	East Aurora		450.00		0.00		0.00
2	Easy Does It	30.00	90.00	30.00	60.00	30.00	60.00
6	Eden		75.00		0.00		0.00
4	Ellicottville		0.00		0.00		0.00
6	Everybody's		75.00		0.00		0.00
1	Express		0.00		0.00		0.00
8	Eyeopener		709.81		0.00		0.00
4	Eyeopener South		385.00		154.00		0.00
8	Fireside		53.89		0.00		0.00
8	Fireside PM		0.00		0.00		0.00
5	First Step (NF)		108.14		0.00		0.00
	Forestville In The Solution		0.00		0.00		0.00
6	Forestville Sunday Serenity		0.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom		0.00		0.00		0.00
7	Fresh Start		100.00		0.00		0.00
1	Friday Night Lights		385.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS 2018							
Zones	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		MAR	YEAR	MAR	YEAR	MAR	YEAR
3	Gardenville		440.00		0.00		0.00
8	Georgetown		0.00		0.00		0.00
	Getting Better		0.00		0.00		0.00
6	Gettin With It		40.00		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		400.00		0.00		0.00
5	Golden Slipper	158.00	158.00		0.00		0.00
2	Grand		0.00		0.00		0.00
2	Grand II Joy of Living		0.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
8	H.A.N.D.		0.00		0.00		0.00
7	Harmony		51.00		0.00		0.00
4	Helping Hand		50.00		25.00		50.00
8	High Noon		0.00		0.00		0.00
8	High View	150.00	150.00		0.00		0.00
4	Hillbilly		0.00		0.00		0.00
1	H.I.P.		0.00		0.00		0.00
6	Holiday Village	500.00	500.00		0.00		0.00
4	Holland		0.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty		0.00		0.00		0.00
	Hope's Horizon		220.00		0.00		0.00
2	How It Works/Men's	75.00	225.00		0.00		0.00
	I Am Responsible	28.50	66.70		0.00		0.00
3	IF HE WERE SOUGHT		75.00		0.00		0.00
	Independence (NF)		0.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		0.00		0.00		0.00
3	Ironhorse	81.00	224.05	4.00	6.00		17.00
8	IT		0.00		0.00		0.00
3	Just For Today/ Cheektowaga	50.00	50.00		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
4	Keep It Simple Sister		0.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
6	Lakeshore	450.00	450.00		0.00		0.00
6	Lakeview	75.00	75.00		0.00		0.00
3	Lancaster Dailey Reprieve		0.00		0.00		0.00
	Lasalle		0.00		0.00		0.00
	Lawyer's		0.00		0.00		0.00
5	LewPort		50.00		0.00		0.00
2	Liberty Women		0.00		0.00		0.00
4	Life Today		0.00		0.00		0.00
8	Lighten UP		0.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
	Living Sober		0.00		0.00		0.00
5	Lock City	75.00	75.00	0.00	75.00		75.00
5	Lockport #1		0.00		0.00		0.00
5	Lockport Discussion		500.00		0.00		0.00
5	Lockport Ladies		0.00		0.00		0.00
5	Lockport Tuesday		0.00		0.00		0.00
5	Lockview		0.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy		0.00		0.00		0.00
5	Lower River		0.00		0.00		0.00
1	Main and High		25.00		0.00		0.00
4	Main Street		0.00		0.00		0.00
8	Maple		0.00		0.00		0.00
3	Marching Forth	34.00	114.00		0.00		0.00
4	Marilla	30.00	130.00		0.00		0.00
3	Matt Talbot		0.00		0.00		0.00
6	McKinley Winners		0.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		0.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day		50.00		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
	More Friends Of Bill W.		118.00		0.00		0.00
2	Morning After	300.00	300.00		0.00		0.00
3	New Beginnings/St. Vincent		0.00		0.00		0.00
5	Newfane Living Sober		0.00		0.00		0.00
5	New Freedom		0.00		0.00		0.00
3	New Life	38.50	115.50		0.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		97.50		0.00		0.00

GROUP CONTRIBUTIONS 2018

Zones	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		MARCH	YEAR	MARCH	YEAR	YEAR	YEAR
2	North Buffalo	98.00	294.00		0.00		0.00
6	North Evans Men's		50.00		0.00		0.00
4	North Java Monday	300.00	300.00		0.00		0.00
4	North Java Sunday		0.00		0.00		0.00
1	One Day At A Time		0.00		0.00		0.00
5	Open Arms		0.00		0.00		0.00
4	Orchard Park Step		0.00		0.00		0.00
8	Our Meeting @ the VA		0.00		0.00		0.00
2	Page 33		0.00		0.00		0.00
3	PERSEVERANCE		55.00		0.00		0.00
5	Point of No Return		0.00		0.00		0.00
2	POSITION OF NEUTRALITY		0.00		0.00		0.00
1	Pride		0.00		0.00		0.00
1	Primary Purpose		0.00		0.00		0.00
4	Principles Bef. Personalities		0.00		0.00		0.00
2	Purpose/Tonawanda		0.00		0.00		0.00
2	Questions & Answers	50.00	50.00		0.00		0.00
6	Quitting Time		0.00		0.00		0.00
4	Ray of Hope		0.00		0.00		0.00
3	Recovery Near the Gardens		10.00		0.00		0.00
1	Reflections		0.00		0.00		0.00
7	Remember When		0.00		0.00		0.00
1	Renaissance		0.00		0.00		0.00
3	Renaissance Women		0.00		0.00		0.00
8	Renewal		0.00		0.00		0.00
3	Ridge		0.00		0.00		0.00
1	Rise and Shine		0.00		0.00		0.00
7	Rochester		0.00		0.00		0.00
4	Rural is Plural		0.00		0.00		0.00
2	Sally		0.00		0.00		0.00
8	Saratoga		0.00		0.00		0.00
2	Saturday 12 & 12		0.00		0.00		0.00
8	Saturday Night Alive		0.00		0.00		0.00
8	Sat. Nite Sober		0.00		0.00		0.00
2	Searching For Serenity		0.00		0.00		0.00
7	Second Chance		0.00		0.00		0.00
7	Serendipity	10.00	10.00		0.00		0.00
2	Serenity		0.00		0.00		0.00
6	Serenity on the Lake		0.00		0.00		0.00
6	Serenity Trails		0.00		0.00		0.00
1	Setaside		195.30		0.00		0.00
2	Sheridan		175.00		0.00		0.00
6	Silvercreek Friendship		100.00		0.00		0.00
5	Simplicity		0.00		0.00		0.00
5	Sister's & Brother's		0.00		0.00		0.00
3	Sober Saturday		50.00		0.00		0.00
6	Sober Trails		34.93		0.00		0.00
2	Sober Train	140.00	140.00		0.00		0.00
5	Sober Winners		50.00		0.00		0.00
6	Sobriety Men's Disc.		100.00		0.00		0.00
5	Sobriety On The Canal	60.00	60.00		0.00		0.00
5	Sobriety on a Sat. Night		0.00		0.00		0.00
5	Sobriety on the Lake		0.00		0.00		0.00
8	Sobriety Sisters		41.65		0.00		0.00
3	South Buffalo		0.00		0.00		0.00
3	South Town		0.00		0.00		0.00
3	Southgate		30.00		0.00		0.00
4	Southwestern		0.00		0.00		0.00
2	Spiritual Progress	30.00	50.00		0.00		0.00
4	Springville Sat. Afternoon		0.00		0.00		0.00
4	Springville Tues. Night		0.00		0.00		0.00
4	Springville Wed. Noon		10.00		0.00		0.00
4	Springville New Life		0.00		0.00		0.00
3	Sprout into Sobriety		100.00		0.00		0.00
8	St. Barnabas		0.00		0.00		0.00
4	St. Mark's		0.00		0.00		0.00
3	Starting Over/By The Book		72.00		0.00		0.00
2	Step Action Group		292.11		0.00		0.00
8	Step it Up (Wehrle)		0.00		0.00		0.00
5	Steps 1, 2 & 3		135.00		0.00		0.00
6	Sunday @ 8:00		0.00		0.00		0.00
5	Sunday Grapevine		0.00		0.00		0.00
1	Sunday's Best		0.00		0.00		0.00
6	Sunday in Cattarugas		98.00		0.00		0.00
3	Sunday Morning Breakfast	100.00	200.00		0.00		0.00
1	Sunrise Court		190.00		0.00		0.00
8	SUNY Amherst Campus		104.00		0.00		0.00
2	Surrender and Hope		0.00		0.00		0.00
8	TGIF		0.00		0.00		0.00
4	Thankful		0.00		0.00		0.00
7	The Absoluties		0.00		0.00		0.00
1	The Beginnings Of Recovery		0.00		0.00		0.00
6	The Derby Lunch		0.00		0.00		0.00
2	The Grove		100.00		100.00		100.00
3	The Herd		75.00		0.00		0.00
1	The Journey		0.00		0.00		0.00
2	The New Group		0.00		0.00		0.00
8	The Noon Meeting		0.00		0.00		0.00
6	THE NORTH COLLINS		0.00		0.00		0.00
4	THE YORKSHIRE		0.00		0.00		0.00
2	Three Legacies	17.57	61.08		0.00		0.00
3	Thruway		0.00		0.00		0.00

GROUP CONTRIBUTIONS 2018

Zones	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		MARCH	YEAR	MARCH	YEAR	YEAR	YEAR
8	TnT	180.00	180.00		0.00		0.00
5	Today		50.00		0.00		0.00
6	Tri County		0.00		0.00		0.00
3	Try Again		150.00		30.00		30.00
4	Tuesday Men's AM		0.00		0.00		0.00
3	Tuesday Women's		0.00		0.00		0.00
2	Turning Point		0.00		0.00		0.00
5	Twin Cities	100.00	100.00		0.00		0.00
6	TWO PONDS	15.00	35.00		0.00		0.00
8	Unity		0.00		0.00		0.00
2	University Men's Disc.		0.00		0.00		0.00
3	Valley		0.00		0.00		0.00
3	Victory		0.00		0.00		0.00
3	Victory Women's		0.00		0.00		0.00
	VIP		0.00		0.00		0.00
1	Wake Up Call	145.00	145.00		0.00		0.00
6	WE( Women's Experience)	100.00	100.00		0.00		0.00
2	WE BELIEVE		0.00		0.00		0.00
3	We Care		450.00		0.00		0.00
	Westfield		0.00		0.00		0.00
1	Westminster		0.00		0.00		0.00
1	What's Going On		0.00		0.00		0.00
2	Why		0.00		0.00		0.00
8	Williamsville		0.00		0.00		0.00
6	Willing To Grow		0.00		0.00		0.00
5	Wilson Group		0.00		0.00		0.00
6	Wilson Smith Alumni		0.00		0.00		0.00
8	Women Making the Effort		150.00		20.00		20.00
1	Women's West Side		0.00		0.00		0.00
1	Working		0.00		0.00		0.00
5	Youngstown		0.00		0.00		0.00
	Anonymous		150.00		0.00		0.00
	Bill H.		20.00		0.00		0.00
	Mary M.		10.00		0.00		0.00
	Donna F.		25.00		0.00		0.00
	Sally Ann S.		19.00		0.00		0.00
	<b>TOTALS</b>	<b>4182.57</b>	<b>14510.13</b>	<b>130.00</b>	<b>593.00</b>	<b>211.00</b>	<b>502.00</b>

**Tradition Five: Each group has but one primary purpose - to carry its message to the alcoholic who still suffers.**

- Do I insist that there are only a few right ways of doing things in AA?
- Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?
- Am I willing to explain firmly to a new-comer the limitations of AA help, even if he gets mad at me for not giving him a loan?
- Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?
- Am I willing to twelfth-step the next new-comer without regard to who or what is in it for me?
- Do I help my group in every way I can to fulfill our primary purpose?
- Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help them and to learn from them?

17 Gierlach Street  
Sloan, NY 14212  
buffalaaa@hotmail.com

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Suggested Contributions for SUBSCRIPTIONS;  
MAKE CHECKS PAYABLE TO: BUFFALO CENTRAL OFFICE, 17 GIERLACH ST.,  
SLOAN, NY 14212

1	copy	\$10.00	20 copies	\$60.00
2	copies	13.00	30 copies	80.00
5	copies	24.00	40 copies	100.00
10	copies	40.00		
15	copies	50.00		