

NEW FRONTIERS

IN A.A. - NOVEMBER IS GRATITUDE MONTH

FOR MANY DECADES NOW, WE IN THE FELLOWSHIP HAVE FORMALLY CARVED OUT FROM THE CALENDAR THE MONTH OF NOVEMBER AS A TIME TO EXPRESS OUR COLLECTIVE GRATITUDE FOR OUR INDIVIDUAL SOBRIETY. INTERESTINGLY, NO ONE IS EXACTLY SURE WHY THAT MONTH WAS ORIGINALLY CHOSEN, THOUGH ITS CONNECTION WITH THANKSGIVING SEEMS OBVIOUS. A.A. COFOUNDER, BILL W., THOUGHT FOR A WHILE THAT HIS SOBRIETY HAD BEGUN IN NOVEMBER, BUT LATER CALCULATIONS ESTABLISHED THE DATE OF HIS NEW BEGINNINGS AS DECEMBER 11.

MISTY ORIGINS NOTWITHSTANDING, GRATITUDE MONTH HAS, SINCE THE 1940'S, BEEN NOVEMBER AND OUR SHARED THANKFULNESS OVER THE YEARS HAS TAKEN MANY FORMS AND WILL CONTINUE TO DO SO AS OUR MEMBERSHIP WIDENS.

Reprinted from the October 1994 Box 4-5-9.

SERVICE IS GRATITUDE IN ACTION



STEP 11

SOUGHT THROUGH PRAYER AND MEDITATION
TO IMPROVE OUR CONSCIOUS CONTACT WITH GOD

AS WE UNDERSTAND HIM,

PRAYING ONLY FOR KNOWLEDGE OF HIS WILL
FOR US AND THE POWER TO CARRY THAT OUT.

The New Frontiers would like to express it's appreciation to Ron S., Powerless Group, for his unselfish assistance in publishing our newsletter. His many commitments to service prevent him from continuing. I am happy to announce that Dave W., Giving Group, has volunteered his services. Welcome aboard, Dave!

MY MEDALLION

taken from "The 12 Step Prayer Book"

I always carry my medallion,
A simple reminder to me
Of the fact that I'm in recovery
No matter where I may be.

This little chip is not magic
Nor is it a good luck charm.
It isn't supposed to protect me
From every possible harm.

It's not meant for comparison,
Or for all the world to see,
It's simply an understanding
Between my Higher Power and me.

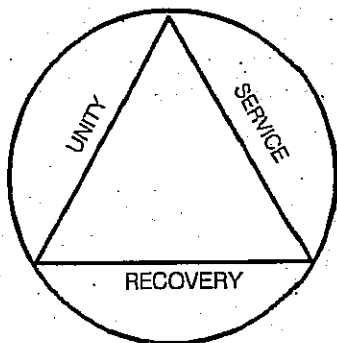
Whenever I doubt the cost
I paid for recovery,
I look at my medallion
To remember what used to be.

It reminds me to be thankful
For my blessings day by day,
And to practice the principles
In all I do and say.

It's also a daily reminder
Of the peace and comfort I share
With all who work the Program
And show they really care.

So I carry my medallion
To remind no one but me
That the Promises will unfold
If I let God work for me.

Submitted by Helen S.
in gratitude for another
year of sobriety.

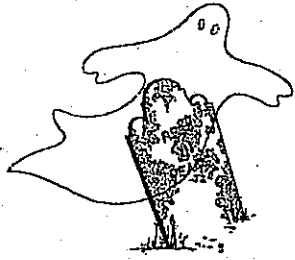


The New Frontiers is published monthly by the Central Office of Western New York. We are self-supporting by your subscriptions. The New Frontiers presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Art and articles reprinted with permission of A.A. Grapevine, Inc. are subject to the GRAPEVINE copyright.)

John H., We Care, Editor

Dave W., Giving, Assistant to the Editor

"I AM YOUR DISEASE!"



I hate meetings. I hate Higher Power. I hate anyone who has a Program. To all who come in contact with me, I wish you death and I wish you suffering.

Allow me to introduce myself. I am the disease of alcoholism. I am cunning, baffling and powerful, that's me!

I have killed millions, and I am pleased. I love to catch you with the element of surprise. I love pretending I am your friend and lover. I have given you comfort, have I not? Wasn't I there when you were lonely? When you wanted to die, didn't you call me? Wasn't I always there? I love when I make you so numb you can neither hurt nor cry -- you can't feel anything at all. This is true glory.

I gave you instant gratification. I've always been there for you. When things were going right in your life, you invited me. You said you didn't deserve these good things, and I was the only one who would agree with you.

Together we were able to destroy all things good in your life and all I asked of you was long term suffering.

People don't take me seriously. They take strokes seriously, heart attacks seriously, even diabetes they take seriously. Fools that they are, they don't know that without my help these things would not be made possible. I am such a hated disease, and yet I do not come uninvited.

So many have chosen me over reality, peace, and serenity. More than you hate me, I hate all of you who have a 12 Step Program. Your program, your meetings, your Higher Power, all weaken me and don't allow me to function in the manner I am accustomed to.

Now I must lie here quietly. You don't see me, but I am growing bigger than ever. When you allow me to control you, I live. When you live, I can't. But I am here.... and until we meet again, if we meet again- I wish you continued death and suffering.

The above article was seen in the Stepping Stone newsletter
The Family Foundation School
Hancock, N.Y.

PAIN IS INEVITABLE, SUFFERING IS OPTIONAL.

CRIMINAL ADDICT RECOVERING

Hi, I'm a grateful recovering alcoholic/addict. My clean date is 2/12/96. All credit is to my Higher Power, who I choose to call God. Without Him, my sobriety would not be possible.

I have as many horror stories as most alcoholic/addicts. Physical and verbal abuse, many legal problems, being homeless, losing custody of my children, but the most devastating loss was my self-worth, self-esteem and self-respect.

My recovery began at E.C.M.C. for detox, then 90 days at Horizon Village rehab. Then I was on my own dealing with all the responsibilities that a productive member of society has. Living as a human being, being a mother, a sister, a daughter, a wife, a friend and most importantly, a spiritual believer.

With the help of E.C.M.C. out-patient clinic, A.A. and N.A., a good sponsor and the support of my family, my recovery is well on it's way.

I have a lot of gratitude, even for the 45 days I lost because of an old crime I committed. I praise God I'm doing my time the AA way. These 8 months verses my 20 years of using, have been a lot of hard work, but worth every bit of it.

Thank you AA for not forgetting us here in jail.

Karen S.
"Hip to be there"

THE IMPORTANCE OF OUR STORY

So many of us are confused when we hear talk about preserving the history of Alcoholics Anonymous. We are taught in A.A. to live in the moment, one day at a time. Yesterday is gone, why is our history important today?

A.A. is considered to be the most significant spiritual and social movement of the 20th century. There is an ever increasing interest in our story. Being a visionary, Bill W. saw the historical significance of this movement and the importance of keeping the record straight. "We are trying to build extensive records which will be of value to a future historian. It is highly important that there be no substantial distortion. We want to keep on enlarging on this idea for the sake of the full length history to come." He commissioned his secretary, Neil Wing, to the task of collecting the papers and documents. She often speaks of rummaging through the wastepaper baskets at the end of each day looking for archival materials.

In A.A. we are asked to tell our personal story; what it was like, what happened, and what we are like today. Preserving our history helps us tell our collective story. We are taught to carry the message and pass it on. When we record our history, we preserve it for the still suffering alcoholic and we fulfill our primary purpose. Today the grandchildren of many of the early pioneers of this program sit in the meetings that their grandparents helped establish.

It was not that long ago that we could all sit in a meeting where an early member of this fellowship was present. Today the original old-timers are no longer with us to tell their wonderful stories and share their wisdom, strength, experience and hope. Now we must rely on what we remember and what we have preserved of their efforts. It is now our turn to "Pass it on."

Our Big Book is a wonderful history book. If we take a closer look at where our steps, slogans, concepts and traditions began, we gain a much deeper understanding of the spiritual principles behind each one and how they evolved. Our programs are enriched and our gratitude grows deeper as we observe a string of coincidences and miracles.

We can no longer hear the live voices of Dr. Bob and Anne, Bill W. and Lois, or stop in the ward for a visit with Sister Ignatia, but we can still feel a chill when we see an artifact from that special period in time and we know something has touched our hearts. The fellowship has a need to learn of its roots, as is experienced by the increasing pilgrimage so many of us make to Akron each year.

To fully understand the importance of preserving our history we need to consider the alternative. Are we prepared for the distortion that will occur if we don't have records of what happened? Are we content to sit back while our history is sold to hungry collectors for outrageous prices and taken from the area? It has been painful to watch so much get lost, thrown away, destroyed or sold.

Carl Sandburg once said that a society that does not take good care of its history is destined to repeat its mistakes. I don't want that to happen to us. For us to where we came from is to die. The past is our guide to the future. It is a record of what works and maybe more importantly, what we learned from what doesn't work. It is our road map back to a time when it worked, should we ever lose our way.

Let our focus not be on building a monument to any of the personalities that were obedient instruments of God's will, but let us look at all the pieces woven together in one story, the story of God's love for his children.

Gail L.
Akron Intergroup News, November 1994
Submitted by Bill C. W.N.Y. Archivist

THE ELEVENTH STEP

In the maintenance and growth of a spiritual experience over the years, Step Eleven has a number of distinctions uniquely its own. For one thing, it's the longest. All of the other Twelve Steps together contain, as I count them, exactly 200 words, an average of a little over sixteen per step. Number Eleven contains 32, almost twice the median length. It is a devout step- candidly, forthrightly, inescapably so, not mincing matters. Here for the first time we encounter the word prayer, and the word meditation. If you want to improve your conscious contact with God, it said pray, and meditate.

Meditate...what did that mean? I read up on the subject. Whatever else it meant, the authorities seemed to agree that you had to get alone, by yourself, and you had to be quiet. Really alone, and really quiet. Quiet not just in the ears, but deep in the body, deep in the mind, a very deep, still, soul-quiet. Somebody once said that muddy water, if allowed to be still long enough, eventually became clear, and it's the same way with a muddied mind and soul. The turmoil simmers down, if one can wait long enough, put aside distractions with sufficient resolution, really want to be quiet and listen. Then, sometimes, if God chooses, there can be a conscious

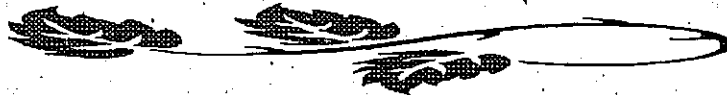
contact. A spark can pass. After that we can know a little better what meditation is, and how very hard it is to be really quiet. Getting re-oriented in the true spiritual dimension was very much like that.

All the evidence - sanity, sobriety, harmony, humility, service - pointed unmistakably to the fact that the God orientation was the only possible right one. Out of eternity had come a new voice and a new hope. I can see, when I have the proper spiritual orientation, the great sweep of the story, all one story, the same conscious contact, from back in the plains 9,000 years ago, to the drunk in the hospital in 1935.

That's what Step Eleven means to me, and of course keeps me going to A.A. meetings to maintain my orientation. What I had learned during my "first lesson" in Step Eleven ends here.

In the final phrase of the step—"the power to carry that out" - I go back through the inventory steps, and work up again to the crucial Step Eleven, and again ask for power to carry God's will for me into the immediate situation!

Barry C.
Group unknown



THE LUCKY KEY



Have you ever tried, for several moments, to unlock a door, and then find, to your disgust that you have the wrong key?

We waste a lot of time in life trying to open doors with the wrong keys. Most people want to open the door which leads to happiness, and they try first one key and then another. They try the money key and the popularity key. They try the indulgence key and the alcoholic key. But the door doesn't open.

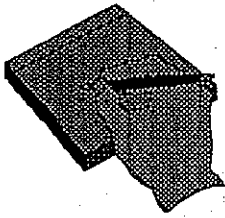
What are the right keys, the keys that really open the doors to contentment, happiness, satisfaction and health and one of control? There can be, no doubt that the key which opens the door to popularity is thoughtfulness.

Knowledge is a wonderful key, but there is a greater one yet. This greatest key of all is the key of faith. All men can have it, and having it, they enter into the eternal and walk there-in.

Sammy K., Attica Beacon Group
submitted by Tom McM., Chapter IX

A LETTER TO THE EDITOR...

Dear John, (I always wanted to write that.)



I have always enjoyed the "New Frontiers." I remember looking forward to reading it ever since I came to this fellowship, in fact just a short while before you did, (5 1/2 yrs.) I used to read the New Frontiers before I read the "Big Book" and before I even heard of the "Grapevine." It was special to me because I could identify with people in my home-town that were recovering, and it seemed very warm and personal.

I guess I could go on but I would like to get to the point. I realize that I have never talked to you about this, nor am I at the office to see how much work and preparation go into the "New Frontiers." (and I'm sure it's plenty). So I am only going to relate my observances to you as seen through my own limited perception.

I have noticed that the number of articles from local members have severely declined as of late. And I often heard your pleas for help in this area at central committee meetings.

What I have observed is just this. The time that the local articles stopped coming in seems to coincide with the time that the deadline for articles & Anniversaries was moved back from the 15th, to the 10th. Does that sound right to you? I Dunno.

Does the lack of local articles make it harder for you and your staff to come up with material? It seems if this is true more of the burden would be on you guys just to come up with reprints and old articles, than if it just came to you in the mail. Of course you would then have a shorter time to re-write and edit & print, but would one burden offset the other?

I realize I have no idea why the deadline was changed or if this precipitated the problem. (maybe no-one writes or cares anymore.)

I just had to share that opinion with you as it has been on my mind for quite sometime. I'm not much of a writer but I suppose I could give it a try. I will shortly.

John, thanks for listening and please don't take this as a criticism. I do really appreciate you keeping this thing alive, and if I can help or if you just want to talk or respond you have my phone # or I will see you at "central committee."

Sincerely,
Dave P. The Journey Group.
GOD BLESS!!!

Dear Dave;

Thank you for your interest and concern in the publishing of our area newsletter, the New Frontiers. I have received a few "Dear John" letters myself (but of a much different nature than yours). Let me address your concerns with the least amount of confusion. For approximately 25 years the New Frontiers has been published, by a variety of editors who have had established deadlines; some written, some assumed. Every Editor must have a specified deadline or cut off date for articles & anniversaries; otherwise the publication process would be in complete chaos, and could not meet it's publication date.

Your observation that the change in deadlines from the 15th of the month to the 10th, has little to do with the amount of local articles received. If a member of AA has an article to share, he or she should simply sit down and write it and, when it's finished, send it to the Central Office, forget the date. When it is received, it will be published in the appropriate edition. As for anniversaries, each group has a recording secretary, (or should have one) and they know the anniversaries by the first group meeting of each month when they are announced. It is his or her duty to inform the Central Office, in writing by the 10th, if they wish to have these anniversaries published in the New Frontiers. This holds true for meeting changes and announcements as well.

Let me explain, as briefly as I can, the publishing process. I pick up all material for publication on the 10th of each month. If the 10th falls on a weekend I wait until the following Monday. I then take the material home to begin the layout process. The articles are sorted, the anniversaries are placed in alphabetical order and the New Frontiers comes to life. I then begin to edit all articles for clarity and length, the content of any article is never changed. I simply check for misspelled words, an omitted period or comma or capitalization. I never re-write anyone's article, I just inspect them for errors, and punctuation to avoid any embarrassment to the writer. The only exception to that rule is a letter to the editor. I want his or her opinion or comments to be exactly as written, undiluted and to the point. As I stated in my first publication, "I welcome any criticism or suggestions on how to improve the New Frontiers." That criteria still holds true today, 14 months later. After the articles are finished they are then transferred to my computer; the necessary graphics are added to enhance the article, and the publication is then printed on a laser printer, for a richer print. This process usually takes 10 days to 2 weeks. The publication is then taken down to the Central Office and the copying process begins. 2,800 copies are printed to make 700 New Frontiers. Then they are folded by machine and collated by hand with the announcements. Then the mailing process begins; subscribers' copies are folded to envelope size, stamped and mailed. Groups ordering several copies are packaged and mailed. 360 copies are sorted into packets of 6 each for the Central Committee. The minutes of the previous meeting are added to the packets, as are other pertinent flyers. The minutes and the announcements are done by our executive secretary. The office process is done on the last week of the month to insure that the New Frontiers are ready for the Central Committee meeting, and the mailings are received in a timely fashion.

I use my home computer because it has many more features than the Central Office computer. Also, the executive secretary is busy doing treasury reports, donations, the minutes, and many other jobs necessary to operate the Central Office. I fail to see where the difference of 5 days on the deadline could make any difference. The problem is, as it always has been, PEOPLE DON'T WRITE. The reason remains a secret to me. I hope I have answered your questions to your satisfaction, and I appreciate your offer to help. I will be anxiously awaiting your article. Although my appointed duties might seem like a lot of work, they are a labor of love for my God given gift of sobriety.

With best regards,
John H., Editor

AN ATTITUDE OF GRATITUDE

The old idea which makes me very unhappy is the attitude of ingratitude. It's such a sniveling, petty character defect! It's a defect of inertia because, if I don't put dynamic gratitude into practice and plunge into action, then I just slip into sluggish ingratitude. From there I pass on to active ingratitude. You know, complaining, whining, griping and so on.

So this is gratitude month and, for my sake, it's a good thing we think about the attitude of gratitude during November. I'm even grateful that every (well, almost every) meeting we're going to attend this month will use gratitude for a topic of discussion. By the end of the month I'll have some awareness of the things for which I should be grateful:

- I was able to contact my God today, and for that I am grateful.
- I didn't have to take a drink today, and for that I am grateful.

- I didn't have to stay behind locked bedroom doors, locked cell doors of a closed and cowering mind today, and for that I am grateful.
- My family is close to me and they are happy and healthy, and for that I am grateful.
- No hangover today, no gagging or vomiting today, and I'm grateful.
- I have my health, freedom, happiness, a living program, friends and hope and for all of these I am grateful.
- God has given me much, much more than I need of His temporal gifts, and for these I am grateful.

I used to say, "Why me, God, why am I an alcoholic?" Now I say, "Why me, God, why am I so blessed?"

Kay B., Seminole Group
from 'The Intergrouper'
Central Florida, November 1977



EXPERIENCING GRATITUDE

In the ten years that I have been sober, AA service work has given me the belief that serving in AA has many rewards, greater than my comprehension will allow. Some of these rewards are easy for me to identify and others are not. For instance; being in recovery has given me the capacity to care about the things I do in life. I do not have time to be bored as long as I'm serving, nor does that feeling of self-centeredness permeate my thoughts that I am solving my problems thrash around in my brain. I can also lead a very interesting life filled with conversation, controversy, and yes occasional resentments.

Negative as some of this sounds, there is also a positive side to them. I have experienced the joy of developing new friendships, the experience of dealing with situations that used to baffle me, and that I can be a part of--instead of being alone. These are just a few of the rewards I have received and I am certain that more are coming.

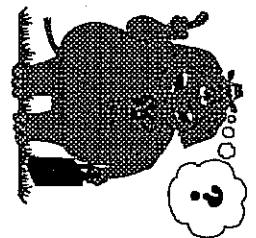
I believe that in service I also began to understand humility and spirituality as part of my life. Every day I come closer to my Higher Power, and the people in AA. These are some of the things that make service work for me all the more important. It has also been a way for me to show my gratitude to AA and my Higher power for giving my life back to me.

A POWER GREATER THAN OURSELVES, ONCE AGAIN, IS THE SOLUTION.

A Grateful Recovering Alcoholic

NOVEMBER BIRTHDAYS

<p>AMHERST/SNYDER</p> <p>Keith C. 6 mos. Rick L. 9 mos. Mark W. 1 yr. Kathleen W. 5 yrs. Rick G. 6 yrs. David W. 7 yrs. Mike P. 8 yrs. Pat V. 13 yrs. Tish R. 14 yrs. Sister Mark 15 yrs. Janie A. 16 yrs. Bus R. 40 yrs.</p>	<p>GIVING (CONT.)</p> <p>Rudy T. 4 yrs. Linda H. 13 yrs.</p> <p>HONESTY</p> <p>David C. 16 yrs.</p> <p>IRONHORSE</p> <p>Henry H. 3 mos. Jim H. 3 mos. Cornelius L. 6 mos. Chris K. 6 mos. Adrian C. 9 mos. Kevin W. 1 yr. Phil D. 1 yr. Cindy G. 2 yrs. Mike N. 2 yrs. Bob C. 7 yrs. John S. 14 yrs.</p> <p>LET GO & LET GOD</p> <p>Angie S. 2 yrs.</p> <p>MOD/LIVING IN SOLUTION</p> <p>Michael W. 6 mos. Dave V. 9 mos. Chuck L. 15 yrs.</p> <p>NORTH BUFFALO</p> <p>Pat L. 3 mos. Jim F. 3 mos. Larry D. 3 mos. John B. 1 yr. Hedy V. 1 yr. Brett S. 1 yr. Jay H. 3 yrs. Kathleen F. 5 yrs. Leslie C. 7 yrs. Sharon V. 7 yrs. Kathy S. 8 yrs. Bill G. 17 yrs.</p> <p>PASS IT ON</p> <p>Robert E., Jr. 6 mos. Thomas P. 9 mos. Tod Z. 2 yrs. Peter M. 3 yrs. Roy M. 9 yrs. Ed. P. 12 yrs.</p>	<p>POWERLESS</p> <p>Jim H. 9 mos. Linda S. 4 yrs. Jim R. 6 yrs. Tom H. 7 yrs.</p> <p>RENEWAL</p> <p>Ray M. 3 yrs. Mike E. 12 yrs. Kurt R. 15 yrs. Judy T. 17 yrs.</p> <p>RISE & SHINE</p> <p>Randy B. 3 mos. Robert S. 3 mos. Vicky W. 6 mos. Karen W. 6 mos. Rose A. 6 mos. Dorthea A. 6 mos. Celia D. 9 mos. Wayne W. 9 mos. Pat C. 9 mos. Mark M. 9 mos. Darlene T. 2 yrs. Michael R. 2 yrs. Greg W. 2 yrs. Linda S. 4 yrs. Greg J. 4 yrs.</p> <p>SHERIDAN</p> <p>Vinny B. 3 mos. Sylvia M. 3 mos. Andrea R. 3 mos. Linda W. 3 mos. Sam V. 6 mos. Nathan C. 9 mos. Joe T. 1 yr. Chris C. 2 yrs. Chndy G. 2 yrs. Bob W. 8 yrs. Dave C. 16 yrs.</p> <p>SPIRIT OF HOPE</p> <p>Lester S. 1 yr. Phil B. 1 yr. Wanda K. 3 yrs. Linda S. 4 yrs. Danny C. 4 yrs. Ed C. 5 yrs. Jim R. 6 yrs.</p>	<p>SPIRIT OF HOPE (CONT)</p> <p>Charles L. 7 yrs.</p> <p>STARTING OVER</p> <p>Dave W. 1 yr.</p> <p>SUNDAY MORN. BREAKFAST</p> <p>Dave P. 3 mos. Lynn M. 6 mos. Vickie W. 6 mos. Mark M. 6 mos. Karen S. 9 mos. Carol W. 1 yr. Daryl C. 1 yr. Darlene B. 2 yrs. Chris G. 2 yrs. Dawn L. 3 yrs. Rich M. 4 yrs. Jan C. 5 yrs. Ed P. 12 yrs.</p> <p>THRUWAY</p> <p>Kevin B. 6 mos. Mark M. 6 mos. Joe W. 9 mos. Dennis W. 1 yr. Marge K. 1 yr. Gerald S. 2 yrs. Joe K. 3 yrs. Dawn L. 3 yrs. Dawn M. 3 yrs. Eileen V. 3 yrs. Nancy M. 4 yrs. Rich M. 4 yrs. Maggie M. 6 yrs. Dick D. 6 yrs. Penny K. 7 yrs. Jim M. 7 yrs. Kathy H. 7 yrs. Jane B. 8 yrs. Susan K. 10 yrs. Jim B. 11 yrs. Dick F. 15 yrs. Bob P. 16 yrs.</p> <p>WE CARE</p> <p>Kathy H. 7 yrs. Shirley McC. 15 yrs. Jim R. 16 yrs.</p>	
<p>ANY LENGTHS</p> <p>Michael B. 3 mos. Joe K. 1 yr. Artie G. 1 yr. Dave J. 2 yrs. Kevin L. 2 yrs.</p>	<p>COLD SPRINGS</p> <p>Herman J. 6 mos. Tina Mc. 4 yrs. Blane H. 6 yrs. Ralph P. 16 yrs.</p>	<p>ELLICOTT</p> <p>Doris J. 3 yrs. Jimmy J. 5 yrs.</p>	<p>FIRESIDE</p> <p>Lil B. 3 mos. Mike B. 6 mos. Rick J. 9 mos. Ann H. 1 yr. Hans K. 1 yr. Sharon N. 1 yr. Phil B. 2 yrs. Skip B. 3 yrs. Brian S. 4 yrs. Eric B. 4 yrs. Kathy O. 5 yrs. Dick D. 6 yrs. Dave B. 9 yrs.</p>	<p>GIVING</p> <p>Lorne G. 6 mos. Mike T. 6 mos. George F. 1 yr. Eric B. 3 yrs.</p>



**REMEMBER
DECEMBER
ANNIVERSARIES
MUST BE IN THE
CENTRAL OFFICE
IN WRITING,
NO LATER THAN
NOVEMBER 10, 1996.**

**DID YOUR GROUP
SUPPORT THE
CENTRAL OFFICE
THIS MONTH?**

**BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
295 MAIN STREET
ROOM 845 ELLICOTT SQUARE BUILDING
BUFFALO, NEW YORK 14203
853-0388**

MEETING CHANGES:

TONAWANDA - listed last month is on TUESDAY.

TUESDAY AND THURSDAY - VIP - 1:00PM at the Veteran's Hospital on Bailey Avenue will ***STILL BE MEETING***.

WEDNESDAY - IGNATIA - will no longer meet

PLEASE NOTE:

TREATMENT FACILITY MEETING - 3RD FRIDAY OF THE MONTH at 7PM, St Simon's, 200 Cazenovia.

COMING EVENTS:

NOVEMBER 3 - SUNDAY - CENTRAL COMMITTEE MEETING, 80 GOODRICH, BELO. - 7PM
There will be nominations for officers of the 1997 Central Committee.

NOVEMBER 28 - THURSDAY - INSPIRATION - will be having a special Thanksgiving Meeting at 10AM, St Barnabus School on 2099 George Urban Blvd. California Style meeting with food to follow.

DECEMBER 1 - SUNDAY - CENTRAL COMMITTEE MEETING, 80 GOODRICH, BELO - 7PM
Elections for Central Committee officers will be held.

DECEMBER 21 - SATURDAY - REMEMBER WHEN Group, 291 Elm Street at 12 noon will be having a Christmas Party. Donations of salads, food and money would be gratefully appreciated. Please send money contribution to the Central Office by December 7th.

DECEMBER 31 - TUESDAY - GOWANDA AREA GROUPS - Invite one and all to the New Years' Eve Get together in a safe and sober haven. *Free free free*. From 7PM to 1AM at St Joseph's Church Basement. Speaker at 8PM. Music - Dancing - Games - Food!! Please bring a dish to share.

DECEMBER 31 - TUESDAY - 2ND ANNUAL NEW YEAR'S EVE CELEBRATION - Plymouth Congregational Church, 98 East Avenue in Lockport. \$10 in advance (only 200 tickets to be sold) \$12 at the door. Doors open: 6PM Eats: 7PM Speaker: Lloyd E 8PM DJ Music 9PM to 1AM. Raffles, door prizes, hats, noise makers!!
Call: Sally 439-9428, Bev 434-8149, Fay 542-3347, Jeff 556-0947 (beeper)

MAY 23RD THRU MAY 25TH, 1997 CAZENOVIA GROUP is having its' 1st SPIRITUAL WEEKEND at Camp Lakeland in Franklinville, Cost will be \$60.00. This will include food and lodging. The agenda for the weekend will be the first 164 pages of the Big Book of Alcoholics Anonymous. The group is having a fund raiser - 50/25/25 Split - Drawing will be December 6th.

11th MONTH - 11th STEP "SOUGHT THROUGH PRAYER AND MEDITATION TO IMPROVE OUR CONSCIOUS CONTACT WITH GOD AS WE UNDERSTOOD HIM, PRAYING ONLY FOR KNOWLEDGE OF HIS WILL FOR US AND THE POWER TO CARRY THAT OUT."

11TH MONTH - 11TH TRADITION "OUR PUBLIC RELATIONS POLICY IS BASED ON ATTRACTION RATHER THAN PROMOTION; WE NEED ALWAYS MAINTAIN PERSONAL ANONYMITY AT THE LEVEL OF PRESS, RADIO, AND FILMS."

YOURS IN THE SPIRIT OF A.A.

Delphine EXECUTIVE SECRETARY

Tina F, Chairperson opened the meeting at 7PM with a moment of silence followed with the Serenity Prayer. Mel L from Renewal read the Preamble. Lisa Y of North Buffalo read the Purpose of the Central Committee and the Traditions were read by Tony B of the Sunday Niters' Group.

Motion to dispense with the reading of the minutes was made by Tony B of Sunday Niters, seconded by John H of We Care. Mel L, Renewal, stated that the Envelope System statement was not complete. It should read Average monthly receipts (per month) for the previous 3 months. Motion was made by Paul of Any Lengths, to accept the minutes as corrected, and second by Brad B of Sunday Morning Bkft.

34 GROUPS ATTENDED - DISTRICT #1 - Delaware, Giving, ODAT, Serenity Circle, Sunrise Court, The Journey - DISTRICT#2 - Acceptance/Welcome, But for the Grace of God, Discovery, MOD/Living in the Solution, North Buffalo, We Admitted/Morning After, WHY - DISTRICT#3 - Abbott Men's, Any Length, Iron Horse, Rainbow, Ridge, Southgate, Sunday Morning Bkft, Urdan, Victory, We Care, West Seneca Saturday Nite - DISTRICT#4 - Action DISTRICT#5- DISTRICT#6 - DISTRICT# 7 - Cold Springs, Inner City, Lovejoy, Remember When- DISTRICT#8 - Amherst Snyder, Renewal - DISTRICT#9 - Everybody's - DISTRICT#10

COMMITTEE REPORTS:

ENVELOPE SYSTEM - Mel L of Renewal

	<u>1995</u>	<u>1996</u>
OCTOBER Receipts	\$600.00	\$270.00
Average monthly receipts (per month) for the previous 3 months	520.00	504.67

STEERING COMMITTEE - Janice O, ODAT

Tina F called the Steering Committee to order at 6:30PM with the Serenity Prayer. Present were Rick S, District#8, Dick L, District#9, Janice O, District#1, Lisa S, District# 2, Pat M, District #3. Gary S, Central Committee Treasurer, and Delphine H, Executive Secretary.

No volunteers or nominations for Co-Chairman for the 1997 Fall Convention had been received.

No nominations or volunteers for Central Committee office openings-- Co-chairman, Financial Chairman and Recording Secretary

CENTRAL OFFICE FINANCIAL SITUATION - Ways to inform groups and their members of contributions vs costs, what is a prudent reserve, cutting costs at the Central Office, using the Newsletter to carry the message and teach AA members.

Reviewed contributions of groups that are represented regularly at Central Committee meetings. Some of these groups contribute little or none. What's up with that ? ? ?

Meeting ended with the "Our Father" at 6:55PM.

FINANCIAL REPORT - Gary S, Matt Talbot - read attached

TREATMENT FACILITIES COMMITTEE - Bob K, Southgate

Cindy N from Corrections and I attended the Area 45, 1996 Inter-Area Conference in Sewall, New Jersey, on Saturday, October 26 and received information on getting groups involved in treatment and correction and other service areas.

Mike B, TFC Chairman for GSA, and I went to Hopevale on October 30th to speak with Ann McInerney MS, the supervisor of Social Services there. She said she would like to have us back in there except she would have to talk to the Director who was not in. They were trying to get in touch with Southern Erie Clinic and another outside source. Hopevale is for women only and they don't want to be put in the schedule.

On the behalf of the TFC and myself I would like to thank the Fall Convention Committee for giving us a table so we could get other people involved in service.

Abbott Men's Group asked to take the Renaissance House on Harlem Road on Sunday at 7:00PM.

The Treatment Facilities Committee meets on the third Friday of the month at 7:00PM, St Simon's, 200 Cazenovia Street.

SCREENERS - Lisa Y, North Buffalo

Adam B has a person in mind for Co-chair. Both will attend the December's Central Committee meeting.

Screeners List is still being updated. Interested ? Call Lisa 833-6083.

CORRECTIONAL FACILITIES COMMITTEE - Ron E - Common Problem

Everything is going along fine.

CENTRAL OFFICE - Delphine H, Executive Secretary

AA Information	492	12 Step	5
PIC	1	Literature requests	56
CPC		Referred to other agency	20
Al Anon	35	Referred from other agency	10
Ala Teen		<i>CENTRAL OFFICE</i>	
ACOA	10	Outgoing Calls	69
<i>ANSWERING SERVICE</i>		Mailing cost	\$188.00
Incoming Calls 488	outgoing 93	Visitors	106

NEW FRONTIER - John H, We Care, Editor

The staff of the New Frontier is planning an innovative format for the 1997 year. We will be highlighting the holidays and seasons each month. If anyone has an article for any particular holiday or season relating to their sobriety, please send it in and we will be sure to publish it in the appropriate edition.

55TH FALL CONVENTION - Cindy H - '96 Fall Convention Chairperson
Cindy apologized for not attending last month's meeting.

Informal report: About 1600 registrations - 575 banquets. There will be approximately \$2000 in assets will be turned to the Central Committee

Final meeting will be at St Michael's Episcopal Church at Huntley and Burke Drive on Tuesday, December 3rd at 7:00PM.

COURTESY REPORTS - GSA - Cindy N, Sunrise Court

General Services Correctional Facility Report - Cindy N:

On October 26th, I attended Area 45's CF/CF Inter-Area Conference in Sewall, New Jersey. Attendance had gotten to 121 by 4PM with more expected for the supper and evening speaker. Areas 12, 29, 44, 45, 49, 51, 53, 59 and 60 were represented. This area's Central Committee Treatment Chairman, Bob K also attended.

It appeared that the hunt for volunteers was universal. Each area had a chance to display what they were doing in the field. Ideas that we have not implemented in WNY and might give thought to are:

* Ask groups to send representatives for Treatment and Correctional, much like a Central Committee rep or GSR.

* Have drop boxes at our convention for used Big Books, 12 & 12's Grapevines, and advertise in advance that such boxes will be available at the convention.

* I also was able to pick up the "Behind the Walls" Newsletter in Spanish, which I will have copied and distributed.

* An observation made --- Treatment w/insurance changes and such is going out. Twelve-stepping will come back.

Correction will be working with Treatment, regarding a table at the Spring Convention similar to the Fall Convention Treatment table. Any suggestions would be helpful. Volunteers will be needed to man it through out the weekend.

We will also ask to have a drop box for books at the convention and a notice regarding such in the flyer that goes out about the convention.

RECAP:

Steering Committee - Poor communication about Central Committee's finances. Where were the letters sent? "To each Group!" Tony B, Sunday Neters stated that the letter should be put in the "New Frontiers." John said this is fine and to give him a copy of the letter.

Lisa Y, North Buffalo, made the suggestion that Steering Committee divide up the list of groups by finance and attendance records. Elizabeth of Delaware Discussion, recommended they come to the groups to deal with the problem.

Financial: Dave P, The Journey, said a member of his group asked to find out why the petty cash is always entered as \$50. "That's what is used each month."

Corrections: John H, stated he visited Attica and was told by the inmates that they had not received a newsletter in over a year. 50 copies get printed - where do they go? Cindy N said, "Thank you!, now they will get them."

Central Office: Rick, Amherst-Snyder, asked that the report be repeated.

Convention Report: Cindy H - "Could Larry S approach someone to be considered as his co-chairman?" Chairperson, Tina responded, "Yes, he may ask the person and make a recommendation." Barry from West Seneca Saturday Nite group asked where St Michael's is. (Eggert Road and Kensington Avenue)

OLD BUSINESS:

Dick L, Everybody's group, stated that we should charge \$.60 for each schedule. Tony B asked if we could rebid the printing? Tina responded that we we're trying for the next printing. Brad B from Sunday Morning Breakfast Group stated that the group usually gives schedules to people who can't afford them. Dick L. Everbody's, made a motion to up the schedule price to \$.60 with a second by John H of We Care. Discussion - Bob asked that we wait till the next schedules comes out. Mike said to raise them \$.10 not \$.05. Tom H, Powerless said \$.05 would not be enough to cover cost. Delphine mention less cost would mean less quality, cheaper paper for example. Tony B said we should look at all the solutions. Motion: Lisa Y, North Buffalo, made a motion to table the issue. Second by Grif N, Inner City. Vote taken - 16 infavor, 8 opposed to table. Motion tabled.

Elizabeth told us of the death of Jerome Davis. Services on Tuesday from 7-9PM and funeral at 11:30AM Wednesday at the Tried Stone Baptist Church, Humboldt and Woodlawn.

NEW BUSINESS:

NOMINATIONS FOR CENTRAL COMMITTEE OFFICERS:

CO-CHAIRMAN : Richard F of Iron Horse, nominated John H of We Care. The nomination was seconded by Dave W from the Giving Group.

TREASURER: No nominations

RECORDING SECRETARY: No nominations

Nominations for co-chairman is closed, John H accepts, however, nominations or suggestions for the other offices remains open till next month

Motion to adjourn was made by John H, We Care and seconded by Paul of Any Lengths.. Meeting was adjourned with the Lord's Prayer

Lisa Y

Acting Central Committee Secretary

CENTRAL COMMITTEE		#504-771-7	10/25/96-11/25/96		
RECEIPTS					
	Groups Contributed			4440.86	
	Joint Meeting			42.10	
	New Frontiers subscriptions			14.00	
	Envelope System				
	Literature			2029.75	
	Miscellaneous:			145.00	
			Total Receipt	6671.71	
	# 10 Ellicott Court Corporation	rent		598.00	
	Community Mental Health Center	rent		35.00	
	David F Williamsons	UPS chgs		15.30	
	World Service Inc	books		680.00	
	Vermont Pure Spring Inc			20.95	
	World Services Inc	books		754.00	
	Secrephone			190.97	
	Hazelden	24 Hr bks		521.25	
	M & T Bank	Fed WithholdTax		593.60	
	AT & T			5.34	
	Pitney Bowes	mtr rtl		64.65	
	NYNEX			188.28	
	Images Office Equipment	Ship chg		3.90	
	Larry Smith Office	computer serviced		102.00	
	The Paper Shop			195.90	
	World Services Inc	Big Bks		928.24	
	Salaries			1783.68	
	cash			50.00	
	Bank Charges			76.18	
		Disbursements		6807.24	
	Balance pr checkbook	10/25/96		1615.64	
	Add Receipts	9/25/96-10/25/96		6671.71	
				8287.35	
	Deduct expenses	9/25/96-10/25/96		-6807.24	
	Balance per checkbook	10/25/96		1480.11	
	Operating debit for 11/25/96		(-135.53.)		
	MONEY MARKET		4673.14	10853.54	savings
	CERT OF DEPOSI		6180.40	1480.11	checking
			10853.54	12333.65	

66

RE-CAP		10/25/96-11/25/96	
CORRECTIONAL FACILITIES ACCOUNT #484-185-4			
EXPENSES		CHECK #	
Central Office	Gowanda	1150	62.00
Central Office	Wende	1151	373.65
			435.65
Balance pr checkbook 10/25/96			332.60
Add Receipts 10/25/96-11/25/96			219.55
			552.15
Deduct expenses 10/25/96-11/25/96			-435.65
Balance per checkbook 11/25/96			116.50
Operating debit for 11/25/96		(-216.10)	
TREATMENT FACILITIES ACCOUNT #602-089-5			
EXPENSES		CHECK #	
Central Office	VA	338	155.50
Central Office	ECMC	339	41.00
			196.50
Balance per checkbook 10/25/96			642.87
Add receipts 10/25/96-11/25/96			241.00
			883.87
Deduct expenses 10/25/96-11/25/96			-196.50
Balance per checkbook 11/25/96			687.37
Operating credit for 11/25/96		44.50	

Pg 1		Correctional Facilities		Treatment Facilities		
GROUP	NOV '96	Accum.	NOV '96	Accum.	NOV '96	Accum.
12 Step - Holiday Village						
1st Step						
3rd Step						
6th Step						
A Day At A Time						
A Vision for You						
Abbott Mens Dis	15.00	45.00	15.00	45.00	15.00	45.00
Accept/Welcom	150.00	400.00				
Achievement	100.00	100.00				
Action		75.00				
Age Doesn't Matter		100.00				
Albion						
Alexander						
All Women						
Amherst Tree of Life		115.00				
Amherst Snyder		1025.57				
Amsdell Lakeshore						
Any Age		20.00				
Any Length		135.00		30.00		35.00
Anybody's Group	70.00	145.00				
Arcade						
As Bill Sees It		20.00				
Attitude Adjustment						
Attraction	100.00	300.00				
Awakening						
Beginner's Table						
Beginning in Sobriety I						
Beginning in Sobriety II						
Beginnings-Won	100.00	100.00	50.00	50.00	50.00	50.00
Better Days (Bilingual)						
Bidwell						
Bidwell Monday Disc						
Big Book - Lockport						
Big Book Study (Thursday Night)						
Big Book Workshop		10.00				
Blasdell						
Blasdell Monday Nite						
Boulevard Women's		90.00				
Brass		100.00				
Broadway-Bailev		25.00				
Brocton Discussion		50.00				
But for the Grac	75.00	361.00		5.00		5.00
By The Book-Buffalo		50.00				
Campus (Buffalo State College)						
Casting		75.00		10.00		10.00

pg 2		Correctional Facilities			Treatment Facilities	
GROUP	NOV '96	Accum.	NOV '96	Accum.	NOV '96	Accum.
Catherdal Park	22.00	238.50				
Caz Manor		154.50		25.00		25.00
Cazenovia		99.50		49.75		49.75
Central Park						
Central Park II						
Chapter IX	40.00	120.00	40.00	120.00	40.00	120.00
Cheektowaga		400.00				
Chevy #1		100.00				
Clarence Men's Disc II		50.00				
Clarence Men's Disc		150.00				
Cold Springs						
Common Probler	100.00	100.00				
Community Center						
Cornplanters Again						
Courage						
Decision. Choices. Changes						
Delaware Discussion						
Derby		75.00				
Desire						
DeVeaux Discussion						
Discovery						
Downtown Discussion						
Downtown Men's Discussion		50.00				
Dunkirk	20.00	20.00				
Early BIRD		50.00				
Earlybird - Saturday						
Easier Softer Way						
East Amherst						
East Aurora	25.00	125.00		4.50		10.00
Easy Does It	20.00	120.00	10.00	45.00	10.00	55
Eden-North Collins		120.00				
Ellicott	25.00	100.00				
Ellicottville						
Emergency						
Eternal Vigilance		100.00				
Everybody's	20.00	130.00		50.00		50.00
Eye Opener	264.17	1608.58				
F.U.N	50.00	50.00				
Faith		15.00				
Faith In Action						
Father Baker		375.00		150.00		150.00
Fellowship in the Spirit						
Fireside	91.39	1971.44		100.00	25.00	275.00

pg 3			Correctional Facilities		Treatment Facilities	
GROUP	NOV '96	Accum.	NOV '96	Accum.	NOV '96	Accum.
Fireside PM						
First Things Fir	50.00	275.00				
Freedom Disc						
Freedom	25.00	300.00		25.00		25.00
Fresh Start						
Friday Nite Disc						
Friday Step Beginners						
Friendly						
Friendship						
Friendship Fireside						
Frontier		110.00				50.00
Gardenville	50.00	100.00				
Gay, Lesbian, Sober & Proud						
Getting Better		10.00				
Giving		45.00				
Go to Any Length						
Golden Slipper		200.00		35.00		
Good Life						
Grand		15.00				
Grand II Joy Of Living		100.00				
Grateful						
Guiding Light						
H.A.N.D.	160.00	270.00				10.00
H.O.W.						
Half & Half		100.00				
Hamburg						
Hamburg Big Book						
Handicappers Sat. Nite						
Happy Hour						
Harmony		10.00				
Helping Hand		120.00				
High Noon						
High View		150.00		35.00		35.00
Higher Powered						
Hill Billy		240.00		75.00		75.00
Hold On						
Holiday Village	150.00	1585.00		45.00		20.00
Honest Desire	30.00	30.00				
Honesty	30.00	330.00	10.00	110.00		
Hope - Big Book Study						
How It Works	140.00	350.00		105.00		35.00
Humbly Willing						
Independence		100.00				
In the Solution						

pg 4			Correctional Facilities		Treatment Facilities	
GROUP	NOV '96	Accum.	NOV '96	Accum.	NOV '96	Accum.
Inner City						
Inspiration						
Intoxicated on L	30.00	30.00				
Iron Horse	109.00	527.00	11.00	333.00	11.00	333.00
IT						
It's About Time						
Just for Today						
Keep It Simple Sister		45.00				
Keep on Comin'						
Kenmore						
Kensington		40.00				
Ladies Night						
Lake Shore		180.00				
Lake View		48.00				
Let Go & Let God		35.00				
Lew-port		15.25				
Liberty Women's	5.00	60.00				
Life Today		50.00				
Lighten Up		390.00				
Live and Let Live						
Living in the Solution						
Living Sober						
Lock City						
Lockport # 1						
Lockport Discussion						
Lockport Ladies						
Lockview	48.00	144.00	13.55	53.20		
Lodge		15.00				
Lovejoy	70.00	210.00				
Lower River		50.00				
Lunch Bunch						
Main Street						
Marilla	50.00	250.00				
Matt Talbot	40.00	400.00				
Mc Kinley Winne	150.00	150.00				
Medina New Life						
Medina-Big Book Meeting						
Mercy						
Mid-day						
Midnight						
Miracle						
MOD/Living in th	50.00	130.00				
Morning After						
New Awakening						
New Beginnings		25.00				

pg 5			Correctional Facilities		Treatment Facilities	
GROUP	NOV '96	Accum.	NOV '96	Accum.	NOV '96	Accum.
New Frontier		30.00				
New Frontier Womens						
New Life		70.00		35.00		
New Life - New Beginning		25.00				
New Westside		25.00		31.00		
Niagara Frontier Men's						
Nite People						
North Buffalo		1200.00		250.00		300.00
North Java-Monday						
North Java-Sunday						
ODAT		100.00		100.00		100.00
Open Arms						
Open Mind						
Opportunity						
Orchard Park St	25.00	100.00				
Page 30						
Pass It On		65.00				
Patchin						
Pathway to Peace		5.00				25.00
Pendleton-Chapter V						
Perry						
Pioneer						
Positively Living	200.00	200.00				
Positively Living III						
Powerless	50.00	50.00				
Primary Purpose						
Progress		50.00				
Purpose	80.00	215.00				
Rainbow	50.00	175.00		50.00		50.00
Ray of Hope	15.00	100.00				
Remember When		20.00		5.00		5.00
Renaissance I		200.00				
Renewal		150.00		25.00		25.00
Ridge		125.00		25.00		25.00
Ripley's "Believe It Or Not"						
Rise & Shine		310.00		100.00		20.00
Rochester Meeting		50.00				
Rur-al is Plural						
Sally						
Salvation Army						
Saratoga						
Saturday Night Alive						
Saturday Night Disc						

pg 6		Correctional Facilities		Treatment Facilities		
GROUP	NOV '96	Accum.	NOV '96	Accum.	NOV '96	Accum.
Searching for Serenity		75.00				
Second Chance						
Seneca 12 & 12						
Serenity	60.00	360.00				
Serenity Circle	10.00	80.00				
Serenity Trail						
Sheridan	20.00	200.00				
Silver Creek Friendship						
Sober Trail						
Sober Winners						
Sobriety Men's Disc						
Sobriety on Saturday Night						
Somerset						
South Buffalo	30.00	250.00	30.00	250.00	30.00	250.00
South Town	15.00	30.00				
South Town Women's						
Southgate		120.00				
Southwestern		140.00		20.00		
Spirit of H.O.P.E.						
Spiritual Progr	25.00	25.00				
Springville		180.00				
Springville Saturday Afternoon		80.85				
St. Barnabas	200.00	320.00		50.00		50.00
St Mark's		180.00				
Starting Over	50.00	75.00		10.00		10.00
Step						
Stepping Stones	40.00	80.00				
Suburban	50.00	50.00				
Sunday Morning Bkft.		300.00		150.00		100.00
Sun night St Mary's		50.00				
Sunday Niters						
Sunday Third						
Sunrise Court	100.00	650.00		100.00		100.00
SUNY-Amherst Campus						
Surrender & Hope		75.00				
Survivors		200.00				
TnT		100.00				
T.P.H.						
TGIF	40.00	40.00				
Thankful	35.00	100.00				
The Journey		232.00				
The Pax Group		25.00		25.00		25.00
The Present						
The Way						
Thruway	300.00	1650.00	20.00	120.00	20.00	120.00
Thursday Aftern	100.00	500.00				

pg7			Correctional Facilities		Treatment Facilities	
GROUP	NOV '96	Accum.	NOV '96	Accum.	NOV '96	Accum.
Today						
Today's Woman		43.89				
Trail's End		35.00				
Tri-County	35.00	95.00				
Tri-Step Beginners						
Try Again		23.00				
Tuesday Men's		50.00				
Tuesday Women's Disc		45.00				
Turning Point		20.00				
Twin Cities		175.00				
Twin Cities II						
Unity	70.00	130.00				
University		1100.00				120.00
Urban		70.00				
V.I.P.						
Valley		70.00		25.00		50.00
Varysburg	20.00	35.00				
Veterans						
Victory						
Vision of Hope (women's)						
Wake Up Call	21.30	192.75				
We Admitted						
We Are Not Saints						
We Care	60.00	300.00	20.00	100.00	40.00	200.00
We Choose Life						
We Need You						
Wehrle	10.00	20.00				
Welcome Home						
West Seneca Sat. Nite						
Westfield						
Westminster				25.00		
WHY	120.00	240.00		20.00		20.00
Williamsville	100.00	750.00		25.00		25.00
Willing To Grow		122.50				
Wilson						
Wilson Smith Un	25.00	50.00				
Tammy M	10.00	10.00				
Women's Westside Disc.						
Working						
You'll Never Walk Alone						
Youngstown						
James K				53.00		
Grps contribute	4440.86	29908.33	219.55	3094.45	241.00	3082.75
Last Month		25467.47		2874.90		2841.75
This month		4440.86		219.55		241.00
Total year to date		29908.33		3094.45		3082.75



**BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
295 MAIN STREET
ROOM 845 ELLICOTT SQUARE BUILDING
BUFFALO, NEW YORK 14203
853-0388**

NOVEMBER 1995

ANY ARTICLES, ANNIVERSARIES OR ANNOUNCEMENTS MUST BE IN BY THE 10TH OF THE MONTH PRECEDING THE MONTH YOU WISH THE ARTICLE TO APPEAR.

MEETING CHANGES:

SATURDAY - GETTING BETTER - BryLin Hospital, 1263 Delaware Av, room 450
This meeting now starts at 1:30PM.

THURSDAY - DISCOVERY - will be an OPEN meeting the last Thursday of the month. Church of Christ, 350 Kenmore Avenue at Englewood at 8PM.

SATURDAY - BLISSEFULLY SOBER - is not meeting till further notice.

MONDAY & WEDNESDAY - HAPPY HOUR - 5:00PM - Holy Cross School at Niagara at Maryland will be having a SPANISH SPEAKING MEETING.

SATURDAY - S.S. SOBRIETY - 10AM - C - Newman Ctr, Temple St Fredonia - has still been meeting.

WEDNESDAY - RENISSANCE I & THURSDAY - RENAISSANCE II - MONDAY - SPIRITUAL PROGRESS will not be meeting at the clinic in the Video Factory Plaza, 2625 Delaware Avenue. We date we do not have new meeting locations or if the groups will continue. (ALL meetings at the clinic must relocate)

NEW MEETINGS:

TUESDAY - TODAY'S WOMAN - 7:00PM - closed women's meeting at the Georgetown Plaza, 5225 Sheridan Drive, Williamsville. Non-smoking and Wheelchair accessible.

SATURDAY - THE PAX GROUP - 1:30PM - Stepping Stones, 920 Harlem Road, West Seneca. It is non-smoking and wheelchair accessible. This is a Big Book and Step meeting.

TUESDAY - RESTORED TO SANITY - 1PM - Salvation Army, Grant Street. This is a revision of the old meeting.

PLEASE NOTE:

MONDAY through FRIDAY - HOLIDAY VILLAGE - is updating their membership. If you belong to the Holiday Group please call Bob at 648-7052 or Howard at 627-2922.

SATURDAY - SUBURBAN - is updating their membership file. Please contact the group is you wish to remain an active member.

ARCHIVES - Our General Service Archivist, Bill C of the Thruway Group, is looking for artifacts to add to our collection. Anyone who has material that they feel might be appropriate please give Bill a call at 897-2558. If you wish to send anything the address is 107 Brinkman, Buffalo, NY, 14211

COMMITTEE MEETINGS: ANYONE WELCOME

TREATMENT FACILITIES COMMITTEE - 3RD FRIDAY of the month - 7:30PM - St. Simon's, 200 Cazenovia.

CORRECTIONAL FACILITIES COMMITTEE - SUNDAY preceding the Central Committee Meeting at 80 Goodrich - 5:30PM

SCREENERS COMMITTEE & 12 STEPPERS COMMITTEE - 3rd Tuesday of each month. 1071 Ellicott Square Bldg - 6:00PM

COMING EVENTS:

NOVEMBER 5 - SUNDAY - CENTRAL COMMITTEE MEETING - COMMUNITY MENTAL HEALTH CENTER - 80 GOODRICH, BUFFALO. We will be nominating officers for the 1996 Central Committee (Chairman, co-chairman and secretary) as well as representatives from District #1, Buffalo West, District#8, Northeast Erie County and District#10, Genesee and Wyoming County.

NOVEMBER 11 - SATURDAY - INNER CITY will be celebrating the Group 27th Anniversary at the Jesse Nash Health Center, 608 William at 8PM. There will be a speaker with buffet to follow.

NOVEMBER 11 - SATURDAY - THE WAY - FIRST THINGS FIRST - HAMBURG BIG BOOK GROUPS will jointly hold a 14th Anniversary Celebration for The Way Group at the Trinity Episcopal Church, 261 East Main Street in Hamburg. Dinner will be at 7PM with a speaker to follow. Come join us in the sharing. If you so wish bring a dish.

NOVEMBER 11 - SATURDAY - THURSDAY NIGHT BIG BOOK STUDY & CHEVY#1 GROUPS are sponsoring their 5th ANNUAL 4TH STEP WORKSHOP at the U.A.W. Local#774, 2939 Niagara Street near Vulcan in the Town of Tonawanda. \$4 donation at the door or by mail, for workshop materials and refreshments.

NOVEMBER 13 - MONDAY - VETERAN'S DAY - OFFICE CLOSED

NOVEMBER 18 - SATURDAY - HAPPY HOUR will be having a DAY OF SHARING. THEME: "AN ATTITUDE OF GRATITUDE" It will start at 1PM until Midnight. The location is Holy Cross Church Hall, 341 7th Street and Maryland off Niagara.

NOVEMBER 23 - THURSDAY - HAPPY THANKSGIVING - OFFICE CLOSED

DECEMBER 2 - SATURDAY - GIVING will meet in the Student Center across from Madonna Hall.

DECEMBER 3 - SUNDAY - CENTRAL COMMITTEE MEETING - COMMUNITY MENTAL HEALTH CENTER - 80 GOODRICH, BUFFALO. We will be voting officers for the 1996 Central Committee (Chairman, co-chairman and secretary) as well as representatives from District #1, Buffalo West, District#8, Northeast Erie County and District#10, Genesee and Wyoming County.

DECEMBER 31 - SUNDAY - ARCADE will be having their ANNUAL NEW YEAR'S EVE PARTY - watch for more details next month.

11TH MONTH - 11TH STEP " SOUGHT THROUGH PRAYER AND MEDITATION TO IMPROVE OUR CONSCIOUS CONTACT WITH GOD AS WE UNDERSTOOD HIM, PRAYING ONLY FOR KNOWLEDGE OF HIS WILL FOR US AND THE POWER TO CARRY THAT OUT. "

11TH MONTH - 11TH TRADITION " OUR PUBLIC RELATIONS POLICY IS BASED ON ATTRACTION RATHER THAN PROMOTION; WE NEED ALWAYS MAINTAIN PERSONAL ANONYMITY AT THE LEVEL OF PRESS, RADIO, AND FILMS. "

YOURS IN THE SPIRIT OF A.A.

Delphine