

# NEW FRONTIERS

**November 2007**

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER  
We request that this newsletter be kept within the Fellowship to insure anonymity.

*STAND FOR SOMETHING OR YOU WILL FALL FOR ANYTHING!!!*

## **A Leisurely Lunch**

For nearly four years, my concept of intergroup had been that it was a place to buy literature, chips, and bumper stickers. I had heard AAs speak occasionally of doing volunteer work at the intergroup office, but I was unable to imagine what had to be done other than putting prices on items to be sold. Recently, God provided me with an opportunity to see intergroup from the inside. Information on one meeting had been omitted from the meeting schedule and needed to be inserted by stamping the information on the appropriate page. No problem--Guylene, Patricia, and Wes could easily get the stamping done during their spare time while waiting for AAs to come in and buy literature, chips, and stickers. Why not? Isn't this about the only thing they have to do, anyway? Wrong! You see, I was guilty of concept prior to involvement. I happened to be there to pick up some literature when Guylene mentioned the need for some volunteer help in correcting the schedules and I did what my Marine Corps first sergeant told me I should never do (and my AA sponsor told me I should always do): I volunteered.

On the first day of stamping duty, Lori T. (another volunteer from our group) and I showed up bright and early at the intergroup office full of eagerness and energy. No problem--with five of us stamping, we could have the job finished by mid-afternoon. Well, four of us, anyway. One of the regulars was out with the flu. Well, really there were three of us. Guylene had to call some of the institutions, which order by mail, but which had also overlooked the mails in remitting payment for materials received. So Guylene put on her "bill collector" hat and hit the phones. That left three of us to stamp about 15,000 or 20,000 schedules.

We had no more than started emptying the first case of 600 books when an open line rang and Wes was taken away from stamping duty by a Twelfth Step call. Another line rang and Guylene took off her "bill collector" hat to take it. She wrote up a purchase order for literature to be picked up during the lunch hour (that is, the caller's lunch hour). This "lunch hour" is a real laugh. Have you ever tried to eat between phone calls, while a new shipment of literature was arriving, while waiting on people buying literature, while visitors were arriving to pass the time of day? These regular intergroup employees are extremely lucky. God provides them with numerous opportunities for spiritual growth and recitations of the Serenity Prayer. By this time, the two of us had finished stamping two cases of schedules and asked Wes to get some more from the storeroom. I pictured the storeroom as something like a large closet with several shelves where

literature, chips, and stickers were stored. Wrong!! Late in the afternoon, Guylene took me back to the "store room," which in reality is a spacious warehouse. There were not several shelves of literature, chips, and stickers, but many, many shelves and racks full of these materials. All were neatly stored and categorized, and on the shelf in front of each type of material was an inventory record, showing monthly inflow, outflow, amount on-hand, and reorder dates. Who maintains the inventory data, stocks incoming material, restocks the shelves, writes the price on each individual piece of material, counts and packages twenty of each, and gets them to the proper place? When our group rep comes in to pick up chips, we get nice neat packages of twenty each, but they are delivered to intergroup in loose bulk of several thousand. Who does the counting and bagging? Why, of course, Guylene, Patricia, and Wes do this on their leisurely lunch hour in their spare time between bill collecting, waiting on customers, helping drunks on the phones, and being kind to AA and non-AA visitors passing the time of day. But let's get back to the morning's activities. And there are plenty of them. Another call comes in and Guylene interrupts the call she's on to ask the "stamper," Lori, to talk to a drunk who wants help. Lori stops stamping and starts Stepping. Then, through the front door comes an old AA friend of mine, Bill C., who at the time was the alternate chairman of the Southeast Texas area of AA. Bill and I chat for a few minutes until Guylene gets free from the phone and she can help Bill. Bill is putting together the Southeast Texas AA Conference to be held in Houston. He needs intergroup's help in obtaining updated information on area groups for the purpose of mailing out fliers for the conference. You may ask, as I did, why in the world would anyone be working on a conference, which won't be held for nine months? Folks, that's another story and I won't get into it here, but I will say that on this day I found out what it means to "get involved." In addition to his full-time regular job, Bill attends weekend AA conferences around the state in order to stay informed, puts together conferences and workshops such as the Traditions workshop which he and Helen M., the area delegate, conducted at our group, and speaks at many AA speaker meetings. Guylene finds time to point Bill in the direction of the information he needs and provides him with a place to work. And, miraculously, he is able to get some of his work done, in between helping out with telephone calls, that is. But back to the morning's activities. I'm stamping, Lori's stamping and Stepping, Bill's verifying and Stepping, Guylene is bill collecting and Stepping, and Wes is filling purchase orders which are to be picked up during the leisurely lunch hour. And now, in walk two AAs with a question. They are happy that Bill, the alternate area chairman is here. Maybe he can help to answer their simple question. You see, someone in their group wants to know if intergroup is really a part of AA and why their group should support intergroup. Folks, I'll let you answer that one, yourselves.

Another call comes in and I get a chance to Twelfth Step someone. It's a lady AA from New York calling from Shreveport, Louisiana and she's going to be in Houston over the weekend and can we tell here where she can find some AA meetings, dances, and other activities. I give her the information and go back to stamping. Guylene and Bill are explaining to the two AAs that intergroup really is a part of AA and that without the help of volunteer

services and without financial support from the area's clubs and groups, there would be no place for Guylene, Patricia, and Wes to spend their leisurely lunch hour. So far today, there has been no time for Guylene to deal with looking for a larger place for these intergroup activities. But that's okay because you don't really need a lot of space if all you do is sell literature, chips, and stickers. And you don't need very much space for the bimonthly meetings of intergroup delegates and Board members. Heck, there are only about thirty-five delegates and twelve Board members and they should all fit into the work area where the stamping and Stepping goes on. It's a big room, about 8 by 12 feet, containing a table and some chairs. Why, heck, let's see--if they will stand shoulder to shoulder and back to chest, and keep their hands where they belong--they should all fit. Sure, plenty of room. After all, AAs are used to suffering. After that day and two additional days at intergroup, my concept of what goes on down there sure has changed! Intergroup now is more to me than literature, chips, and stickers. It is sharing and caring. My AA program now means much more to me than making meetings, studying the Big Book, and working the Steps. My personal program of Recovery has been expanded to include voluntary Service and the realization that Unity of the Houston area groups is focused where intergroup is located. Is intergroup really a part of AA? Should our group give financial support to intergroup? If you can't answer these questions by now, I suggest you pick up your phone and dial intergroup and volunteer your services.

Ed E. ~ Houston, Texas

## **Freedom From Alcohol**

Somewhat over thirty-four years ago, I came to the Fellowship of Alcoholics Anonymous. I was sick, hurting, angry, and afraid. I remember so well the first meetings, and how I had to sit on my hands trying to control the shaking--how these people came to me, put their hands on my shoulder, and said, "Don't worry, it's going to be all right." Then they took me aside and said, "We know something you don't know because we have been through it, but if you will do the things we say and accept our help, you will never find it necessary to take another drink." Then they sat me down and talked about themselves and got me to tell a little bit about me. As we sat and talked back and forth, I soon found that I was the same as them, had been through the same things, been in the same places, hurt myself and others the same way. I thought, "My God, I'm never going to need another drink," and to this date that has proven to be true.

I am grateful that my sponsor was a person who was very well versed in the content of the Big Book and a man who firmly believed in the duties of a sponsor. What this man passed on to me was an understanding of the requirements of sobriety, not the cork in the bottle type we hear so much about, but the real sobriety that comes from practicing the program as it appears in the Big Book--the program that formed the basis of sobriety for our early members and worked so very well for so many years in the Fellowship.

Today, however, such is not always the case. Many times new members are simply left to float aimlessly around the meetings, without ever really finding out about the true nature of their illness and more importantly, about

recovery. They aren't given the opportunity to share in the program as it really is and they aren't given the essential tools for change necessary for permanent sobriety. The problem is further aggravated by the infiltration into meetings of material from programs dealing with non-addictive problems-- programs dealing with child abuse, codependency, and other hang ups. These programs have absolutely nothing to do with sobriety, and as a matter of fact often go in a direction away from the principles of the Twelve Steps. Is it any wonder many of the newcomers are confused, particularly when these things are being brought in by members with some degree of sobriety who should know better?

So where does the problem lie? The Big Book hasn't changed. The program in the Big Book hasn't changed. What has changed is that the message being transmitted at many meetings doesn't accurately reflect the principles of our primary purpose and the message we are asked to carry in our Twelfth Step, the message of having had a spiritual awakening as the result of working the Steps.

All right then, what is the solution? There isn't any sense running from pillar to post, ranting and raving about how AA is going to hell in a hand-basket, because all that happens is the creation of a lot of doubt and unrest. But there are things that can be done. As an individual I can't control many of the things that are changing but I can help ensure that if there are changes, they will be positive. For example, in a garden we remove or control undesirable weeds; in my personal sobriety, I remove the things that have been blocking me; and in my home group, by means of group inventory, I do something about the things that cause problems.

At the group level, this might mean: 1) ensuring that the message being presented today is as good as the message that was here when we first needed it; 2) seeing to it that everyone coming through the door is given the chance to hear firsthand exactly what it is all about from persons with quality sobriety; and 3) making it known that a group is not interested in all this outside gobble-de-gook that has nothing to do with sobriety.

We can't be all things to all people, so let's do the thing we do best and that is carry the message of recovery from alcohol. By being knowledgeable about our singleness of purpose, we can do much to help our group and AA as a whole. We can avoid the pitfalls that caused the demise of several other well-intentioned entities that started off with the aim of helping alcoholics, but failed because they drifted from their primary purpose.

It would be beneficial for everyone to realize that AA can only last as long as it remains "a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism." Perhaps the following from a piece of AA literature would help as well: "Sobriety--freedom from alcohol--through the teaching and practice of the Twelve Steps, is the sole purpose of an AA group." Pinky H. - London, Ontario

# **OUR LITERATURE IS SOLD AT COST!!!**

The primary purpose of our Central Office is to keep the doors open and the phones on for the alcoholic in need, as well as serve the community area groups. Traditionally, here as well as across the USA & Canada, the cost of literature is determined by group contributions.

In 2006 the cost to run our Central Office was \$106,000 dollars. Yet, our income from groups and individuals was only \$50,119 dollars. The difference is made up with literature sales. So, it is at cost- **THE COST IT TAKES TO KEEP OUR DOORS OPEN FOR THE ALCOHOLIC IN NEED.** This is the way it is done all across the country. Even in NY-General Service Office, the cost of their literature is paramount to the services to the groups of A.A.

As most of you well know, our office went through some trying times awhile back. We still do NOT have our 6-month prudent reserve as recommended by GSO World Service. We have though made great strides toward stability and currently have about a 2-month prudent reserve.

On our current financial report, we show in the right hand column, our current year to date figures. Currently we are in the "RED" by over \$2000 when you subtract Expenses from Income. This includes the current literature sales.

As of late our literature pricing has been under scrutiny. **This has been undermining our unity, as well as our primary purpose. As stated in our GSO Guidelines on Central Offices, "Sometimes, however, central office ventures have bogged down in disputes over money, authority, and like matters— thus becoming less effective in carrying the A.A. message."**

**This is the reason for this article. To explain the Big Picture. The cost to keep our doors open.**

Any good business person knows there is more to the wholesale cost of an item. There's shipping costs, cost to have ample storage, cost to have someone to maintain inventories, costs to have someone fill those orders, cost of office equipment to ring up orders & print invoices, cost for packaging material to ship orders by mail. Then we have absorbed costs. We have a Public Information Committee, whose literature is supplied to carry our message to schools, health fairs, ect. There is the cost of daily requests for schedules to be sent, that's the cost of the schedule as well as postage and envelopes. All ways to front line our primary purpose. **So when literature is purchased from our Central office, not only are you helping our doors to stay open for future generation, you are also helping to carry the message to the newcomer in need now.**

We have sought council from AA all across the country. We have cut our expenses with just postage and the answering service by over \$6,000 per year. AA is about living in solutions, not living in the problem. We welcome your solutions.

Have we as a fellowship, lost our gratitude? We hear we want to buy a Big Book for \$5/ yet our grandchildren won't have an office to get help from. Be realistic, when was the last time you seen anyone, in need of a Big Book, go without??? On the outside world, when was the last time you went into any bookstore and found anything for less than \$10. As our group contributions go up- our literature costs, come down. We determine the cost...the cost to keep our office operating.

*"Self-support begins with me, because I am part of us — the group. We pay our rent and utility bills; buy coffee, snacks and A.A. literature. We support our central office, our area committee, and our General Service Office. If it were not for those entities, many new people would never discover the miracles of A.A."*

According to Bill, "The answer is simple enough. Every single A.A. service is designed to make more and better Twelfth Step work possible, whether it be a group meeting place, a central or intergroup office . . . or the world service Headquarters . . ." "Though not costly, these service agencies are absolutely essential to our continued expansion— to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that A.A. must everywhere function in full strength — and that, under our Tradition of self-support, we are all going to foot the bill." ~Self-Support: Where Money and Spirituality Mix

Terry B.  
Executive Secretary

## **Emotional Sobriety**

Excerpts from "You Can't Make Me Angry – Dr. Paul O. (Deceased)"

-For physical sobriety, we had to give up drinking, and for emotional sobriety, we have to give up blaming others. No longer can we say, "You made me angry!" Instead, we must accept personal responsibility for our emotional state. This much responsibility may seem extreme, yet in fact it is a great freedom. Henceforth, no person or situation can upset us if we don't give them or it permission to do so. What could be a greater freedom than that?

-Emotional maturity is like serenity. The first time I felt serene, I wondered what was happening, but I liked the feeling and wanted more. The more I got, the more I wanted. Serenity is addictive."  
-I can't prove it's true, but I choose to believe people treat me the way I've taught them to treat me. This creates a big responsibility for me. It means that if I don't like the way someone is treating me, I can alter their behavior by first changing my own. I can have a positive influence on the situation. Since I have, by my behavior, taught them to treat me the way they are treating me, I can often, by changing my behavior, teach them to treat me differently. If I want them to change, I must change first. It is a basic psychological teaching that if we want to change the way we feel, we must first change the way we act.

-All of this is what makes "victimhood" so popular. As victims, we aren't responsible for our lives. We blame someone else. However, this statement is true for me, and it's true for every one else: My life is my responsibility. The circumstances of my life don't determine the quality of my life; the quality of my life is determined by my reaction to circumstances.

-As we grow in the program, we realize that assigning blame is not only a waste of time; it is a serious impediment to emotional independence and peace of mind. It really doesn't matter who is to blame. That's not the important question. The important question is who will be the first to take a leadership role in recovery? Who will be the first to surrender, to call a truce, to bring joy and love back into the relationship?

-Instead of competing to see who will win the argument, let the spirit of competition determine who will be the first to give in, the first to accept the fact of the situation and change it. In a very important sense, the first to surrender wins.

-Our emotional distress often arises from our expectations of others—either expecting too much and not getting it, or expecting too little and getting it.

And one more time I realize that if I want to change my feelings, I must first change my actions and my thinking—mine, not theirs. I cannot let their behavior be more important to me than my emotional sobriety, my serenity. No matter how much I love them, no matter how much I care about them, no matter how important their welfare is to me, I must watch my priorities. I must value my serenity ahead of their behavior.

IN MEMORIAM

**Things We Can Not Change**

Let's remember all the others who passed on in our prayers.

**Share your Experience, Strength and Hope.**

Please submit your articles by the 12<sup>th</sup> for next months issue.

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or

E-Mail address: [buffalooa@hotmail.com](mailto:buffalooa@hotmail.com)

# NOVEMBER ANNIVERSARIES

## Amherst/Snyder

Adam P. 3m  
 Tim G. 1y  
 Ruby A. 1y  
 Andrew B. 2y  
 Dan G. 2y  
 Bill W. 2y  
 Shawn S. 2y  
 Jennifer T. 4y  
 David M. 6y  
 Julia V. 7y  
 Susan M. 17y  
 David W. 18y  
 Sister Mark 26y

## Big Book Lockport

Vanessa S. 6m

## Coldspring

Neal V. 9y  
 Blaine H. 18y

## Courage

Chris B. 5y  
 Patty K. 24y

## Fireside

Sharon P. 8y  
 Dick D. 17y

## Fresh Start

Johnnie L. 20y

## Holland

Josh H. 3y  
 Mike S. 23y

## How It Works Men's

Karl R. 3y  
 Ira C. 4y  
 Gary J. 10y  
 Dave W. 18y  
 Leon S. 23y  
 Jerry S. 34y

## Ironhorse

Mike W. 14y  
 Wally C. 17y

## Kenmore

Johnathon Q. 7y  
 Paul H. 21y  
 Kay S. 52y

## Kensington

Terese R. 1y

## Lakeshore

Paul C. 1y  
 Marc L. 6y  
 Mike M. 9y

## Lakeview

Doug B. 5y  
 Dave S. 8y

## Lighten-Up

Michelle M. 2y  
 Katie S. 12y  
 Maria D. 17y  
 Bill G. 21y

## Living Sober

Chris B. 4y  
 Bruce C. 7y  
 Jeffery R. 12y  
 Paul S. 22y

## Lockport #1

Jack Y. 8y  
 Sally W. 24y

## LoveJoy

Jeff W. 6m

## North Buffalo

Ann L. 2y  
 Kathleen M. 3y  
 Pam 5y  
 Jay H. 14y

## Main & High

John J. 14y

## Rise & Shine

Thomas L. 3m  
 Derrick D. 6m  
 George S. 9m  
 Kenny P. 9m  
 Tyra L. 9m  
 Tom L. 1y  
 Neil L. 1y  
 Torrie L. 2y  
 Stephanie J. 4y  
 Terry M. 6y  
 Debra K. 6y  
 Leon W. 8y  
 James T. 10y  
 Willie B. 11y  
 Ben W. 11y  
 Greg W. 13y  
 Michael R. 13y  
 Darlene T. 13y  
 Greg J. 15y  
 Michael W. 21y  
 Shawn M. 21y  
 Linda H. 24y  
 Mary Lou Z. 29y

## Thruway

Tom H. 6y  
 Rich M. 15y  
 Suzanne M. 17y  
 Tom H. 18y  
 Jim K. 18y

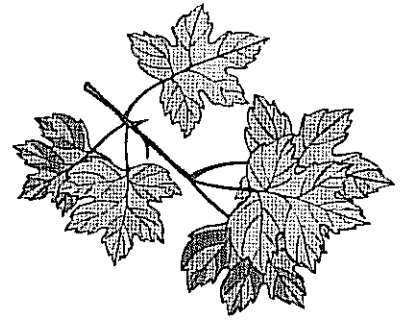
## Spirit of Hope

Jim R. 17y  
 Charles L. 18y  
Sun. Morning Br.  
 Gene W. 2y  
 Jan C. 16y

## Surrender & Hope

Ray C. 2y  
Valley

Tim R. 9m  
 Mike B. 9m  
 Michael K. 1y



## *Group Anniversaries*

4th Step Stumbers; 11y  
 Amherst Snyder; 47y  
 Any Lengths; 13y  
 Blasdell; 40y  
 Easy Does It; 17y  
 Eyeopener; 24y  
 Happy Hour; 20y  
 JC Big Book; 8y  
 Keep it Simple Sister; 18y  
 Lockveiw; 20y  
 Lower River; 18y  
 McKinley Winners; 28y  
 Chapter V; 18y  
 Reflections; 4y  
 Stepping Stones Gowanda; 19y  
 Sunday AM Breakfast; 18y  
 Sunday Niters; 26y  
 Turning Point; 23y  
 Twin Cities; 64y  
 Women's Westside; 18y

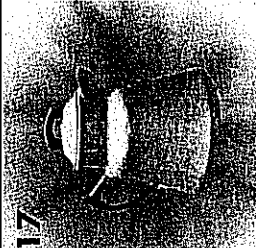
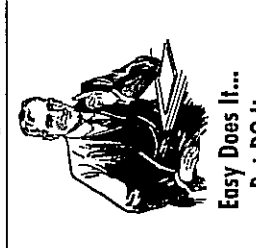
## N. F. Policy:

*Anniversaries must  
 be submitted by  
 the 12th  
 of the  
 month previous*



**sunday      monday      tuesday      wednesday      thursday      friday      saturday**

**BUFFALO CENTRAL OFFICE**  
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<p><b>4</b> DAYLIGHT SAVING TIME ENDS                  Central Committee Meeting, 7 pm, Buffalo Central Office, 681 Seneca St                  Corrections Committee Meeting, 6:00 PM, Buffalo Central Office, 681 Seneca St</p>	<p><b>5</b> Special Needs Committee, 6:30 PM, The Kenilworth Church of Christ Church, 45 Dalton St., Kenmore.</p> <p><b>Did you ask God to keep you sober today?</b></p>	<p><b>6</b> ELECTION DAY</p> <p>1940: The first AA group meeting in San Diego is held in an apartment at 3229 Adams Ave.</p>	<p><b>7</b></p> <p><b>14</b> Website Committee Meeting, 7:30 PM, Kenmore Methodist Church, 32 Landers Rd., Kenmore.</p> <p>Public Information Committee meeting, Buffalo Central Office, 7 PM.</p> <p><b>Easy Does It... But DO It.</b></p>	<p><b>8</b></p> <p>*1936: Fitz M. leaves Towns Hospital to become New York's AA #3. Bill D. and Hank P. are the other two.</p>	<p><b>9</b> DIWALI</p> <p>*1975: General Service Board officially opens the GSO AA Archives with a ribbon cutting.</p>	<p><b>10</b></p> <p>*1946: An AA intergroup Office demands accounting of all Alcoholic Foundation money.</p>
<p><b>11</b> VETERANS DAY                  General Service Assembly, 1 PM, Hamburg Town Hall, 5999 South Park Ave., Hamburg</p> <p>1939: Bill and Lois W. visit Cleveland AA founder Clarence S.</p>	<p><b>12</b> VETERANS DAY (OBSERVED)</p>	<p><b>13</b></p> <p>1939: New York AAs urge Bill W. to stay on as a Fellowship leader and not hunt for a job, despite money problems.</p>	<p><b>14</b> Website Committee Meeting, 7:30 PM, Kenmore Methodist Church, 32 Landers Rd., Kenmore.</p> <p>Public Information Committee meeting, Buffalo Central Office, 7 PM.</p> <p><b>Easy Does It... But DO It.</b></p>	<p><b>15</b></p> <p>1955: First appearance of AA on TV. <i>One Day at a Time</i> appeared on ABC Tuesday at 9:30 p.m. on the Cavalcade Theater, starring James Daly.</p>	<p><b>16</b></p> <p>1950: Dr. Bob, AA co-founder, dies of cancer.</p>	<p><b>17</b></p> 
<p><b>18</b></p> <p>*1940: The first AA group in Minneapolis is formed.</p>	<p><b>19</b> Treatment Facilities Committee, 6 PM, Buffalo Central Office, 681 Seneca St.</p> <p>*1934: Ebby T. surrenders his life to God at the Calvary Episcopal Church Mission run by Sam Shoemaker.</p>	<p><b>20</b></p> <p>1941: Fresno, Calif., Bee reports 28 newcomers asking for help in the local group's first week.</p>	<p><b>21</b></p> <p>1939: First West Coast AA meeting in San Francisco.</p>	<p><b>22</b> THANKSGIVING</p> <p>*1963: Lois W. attends Desert Roundup AA Convention in California. Her days as a motorcycle "hobo" won her an honorary membership in the AA Motorcycle Club.</p>	<p><b>23</b> Archives Committee Meeting, 9 am, Buffalo Central Office, 681 Seneca</p> <p>1942: Dr. Harry Emerson Fosdick is speaker at Manhattan AA group's eighth anniversary dinner. He gave the first positive review of the Big Book.</p>	<p><b>24</b></p>
<p><b>25</b></p> <p>*1966: The Big Book is published in paperback.</p>	<p><b>26</b></p> <p>1895: Bill W. is born in East Dorset, Vt.</p>	<p><b>27</b></p> <p>1939: <i>Cleveland Plain Dealer</i> runs first of a series of articles on AA. Cleveland soon has more AAs than any other U.S. city.</p>	<p><b>28</b></p> <p><b>"We claim spiritual progress rather than spiritual perfection."</b>                  —The Big Book</p>	<p><b>29</b></p> <p>1941: Columbus, Ohio, press reports 25 active members in the local Friday night AA group.</p>	<p><b>30</b></p> <p>*1943: 800 NY AAs celebrate their ninth anniversary, with guest speaker Dr. Norman Vincent Peale.</p>	<p><b>31</b></p>  <p><b>Easy Does It... But DO It.</b></p>

\* OCCURRED SOME TIME DURING THIS MONTH \*\* OCCURRED SOME TIME DURING THE YEAR



**PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)**

*BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
(716) 853-0388  
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM  
Schedule on line at: [www.ny-aa.org](http://www.ny-aa.org) &  
[www.Buffaloaany.org](http://www.Buffaloaany.org)*

*681 SENECA STREET (Lower)  
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**NOVEMBER 2007**

**MEETING CHANGES:**

- **Community Center**, Friday, 8PM, Friends of the Elderly Center, Buffalo, **No Longer Meets.**
- **New Women's Meeting** in Hamburg, **WE (Women's Meeting)**, Thursday's @ 7:15 PM, Southern Erie Clinical Services, 4390 Quinby Dr. Closed Meeting.
- **New Group; T'NT**, Tues. & Thurs., 6 PM, Ascension Lutheran Church, Snyder, 4640 Main St. Open Discussion.
- **Recovery Near The Garden**, Wednesday's @ 6 PM, 682 Ridge Rd, Lackawanna, **Needs Support.**
- **New Meeting; Hamburg Early Birds**, All Saints Lutheran Church, 6065 South Park. Wednesday's @ 6:30 AM. Open Discussion.
- **Last Day's Fellowship** has **changed their starting time to Friday's @ 7:30 PM.** Wind Ministries Motor Club, Coffee House/ Bailey at Clinton.
- **New Meeting** in Lockport; **Monday Night Big Book Workshop**, United Methodist Church of Christ, 98 East Ave. 8 PM- 9:30 PM. Open Discussion.
- **New Meeting** in Fredonia; **On The Cliffs**, Wednesday's at 11am. 117-119 Cushing St. Open Discussion.
- **Keep It Simple Sister Group** has changed the last week of the month from an open meeting to a closed meeting. Step table meeting starting in Oct. Thursday's at Immanuel Lutheran Church, corner of Pine and Fillmore in East Aurora.
- **Lockport Nooner Group, NO LONGER MEETS**, Monday-Friday, 178 S. Transit St., 12 Noon.
- **WE DON'T KNOW MEETING** @ Buffalo Central Office has added Saturday's at 2:00 PM. 681 Seneca St. Buffalo, closed meeting.

**Buffalo Central Committee Minutes**  
**October 2007**

Mark S. Committee Chair opened the meeting at 7:03 pm with a moment of silence and the Serenity Prayer. Mark S., read the Preamble, Co - Chair Jay H., North Buffalo Group read the Purpose of the Central Committee. Mary read the Twelve Traditions. A motion was made to accept the minutes with corrections by John H. Sunday Morning Breakfast Group seconded by John C. Courage Group. Motion passed. The corrections are Wally E. from the Lockport # 1 Group submitted a report regarding Literature Sales.

23 Groups were represented: Dist.1: Journey, Pride; Dist.2: Grand II Joy of Living, Living Sober, Three Legacies; Dist.3: Courage, Iron Horse, New Life, Sunday Morning Breakfast, Try Again; Dist. 4: A Day At A Time, Dist.5: Lockport # 1; Dist.6: Carrying The Message, Go To Any Lengths, Lakeshore, Serenity On The Lake; Wilson Smith Univ. Alumni; Dist.7: Fresh Start, Solidarity; Dist. 8: Amherst Snyder, Eyeopener; Wehrle, Women Making The Effort.

**COMMITTEE REPORTS:**

**ENVELOPE SYSTEM:** No Report

**STEERING COMMITTEE:** Report given by Tim from the Journey Group. The Committee met Oct. 2<sup>nd</sup>. Those in attendance were Office Sec. Terry B., Financial Chair, Central Committee Chair Mark S., Co – Chair Jay H., Districts 1,3,4,5,6,7,8. Dist 2 was not in attendance nor was there an alternate present. **Exec. Sec. Report:** Dist.1,2,7,8 will be up for election in December. Dist.1 and 2 can re-run for Steering Comm. because they started mid-term. Going to Seminar in Oklahoma City this weekend for Central Office Seminar. **Financial Report:** It is noted that Terry is going to the Seminar on her own time, and she has requested Monday off using her own personal time. **Dist. Reports:** 1, Day of Sharing being planned, more to come. 3. Loss of Day of Sharing, proceeds donated to Central Office. 4. Nothing to report. 5. Step study group looking to join from this Dist. Soon. 6. Two new meetings soon to be joining, South Park at 6:30 am, and Thursday evening women's meeting at Quinby Drive. 7. Community Center, 8pm no longer meets. 8. Nothing to report. **Inc.** Nothing to report. **New Business:** Terry is going to Seminar, Tom is only back up, and may be unavailable. Discussed urgent need for volunteers at Central Office. We would like for all Group Reps. to take it back to your Groups and all are welcome. Meeting ended at 6:43 with the Our Father. Respectfully submitted, Cindy Reiner District 4 Steering Comm. Rep.

**FINANCIAL REPORT:** No Report

**TREATMENT:** 1.) Report given by George W. from the Wilson Smith Univ. Alumni Group. 1.) Meetings are covered. 2.) Vote was unanimous to accept Central Comm. offer transferring Bridge the Gap phone number to be included with CC answering service. TFC Buffalo has notified the other three Districts and they extend their gratitude that the program has been kept and to the Buffalo Central Office Sec. for the future forwarding of calls. Meeting formats within the facilities will be updated. 3.) TFC October meeting has changed from the third Monday, the 15<sup>th</sup> to the fourth Monday the 22<sup>nd</sup> due to the Chair being out of town. Active Comm. members have been notified by e – mail or called. 4.) Meeting rotation continues. 5.) I addressed the concern of the other members that did not show at ECMC reiterated to them that if they cannot make their meeting then please call a fellow member to cover. I have also contacted the hospital and spoke with the doctor in charge. There were only two meetings missed of which after the September meeting I was made aware of the second one. The second meeting missed was because the person incorrectly counted the number of weeks in the month and actually showed up on the 5<sup>th</sup> Sunday rather than the 4<sup>th</sup>. ECMC has assured me that it never even considered giving room 981 to another 12 Step program. ECMC cooperates with all programs and has the immense respect for A.A, N.A, SOS, and other 12Step Fellowships. He has a manager keeping track so he asked that A.A. speak directly to him rather than patients. Thank you for bringing this to the TFC Comm. Respectfully submitted, Patti S. As Bill Sees It

**CORRECTIONS:** No Report

Income Statement	July-07	August-07	Sep-07
Beg Bal Cash on hand	11,821.79	12,547.00	14,286.94
<b>Contributions</b>			
Groups	4,395.85	6,405.75	3,593.55
Joint Meeting	61.50	43.99	46.00
Envelope System	352.00	283.00	540.00
New Frontiers Subs	120.00	105.00	77.00
Literature/Medallions/Pins	3,628.55	2,589.25	2,666.80
Literature Postage	52.55	64.72	43.45
Archives Room Rent	50.00	50.00	50.00
Meetings at CO	9.00	22.00	33.00
Mail/Misc. Copier Buyout		25.00	
US Treasury			
Reconcille			
"Gratitude Month" (NOV)			
Conventions/Day of Sharing			25.00
<b>Monthly Income</b>	<b>8,669.45</b>	<b>9,588.71</b>	<b>7,074.80</b>
<b>Expenses</b>			
Office Rent	855.49	855.49	855.49
Electric	90.00	90.00	90.00
Payroll			
Salaries - gross	2,423.48	2,423.48	3,029.35
Federal Withholdings	(397.40)	(397.40)	(496.75)
NYS Withholdings	(96.00)	(96.00)	(120.00)
Disability Insurance	(2.40)	(2.40)	(3.00)
Payroll Tax Deposits			
Federal	768.67	728.50	655.00
State	385.72		
Insurance			
State Ins Fund			
Health	354.00	354.00	354.00
Liability			
Postage	49.94	349.43	46.91
Phone	137.77	215.46	134.33
Accounting			
Advt			
PIC Lit.			
Talking Phone Book			
Verizon	135.45	135.45	135.45
website			
white directory			
Yellow Pages	399.95		
Literature Expenses			
Grapevine		274.50	
World Services Inc	862.40	1,283.15	2,015.60
Hazeldon	600.81	411.11	
"In All Our Affairs"			
Printers			1,838.00
Medallions			
PINS			
Office Supplies	387.21	452.13	265.45
Answering service	156.00	138.87	161.98
Minolta leasing (copier)	702.15	468.00	245.00
Minolta Copies/ service contract	130.00	130.00	130.00
CD			
Day of Sharing Seed Money			
Seminar		35.00	
Depreciation	100.00	100.00	100.00
<b>Monthly Expenses</b>	<b>8,044.24</b>	<b>7,948.77</b>	<b>9,236.81</b>
<b>Monthly Income (Loss)</b>	<b>625.21</b>	<b>1,639.94</b>	<b>(2,162.01)</b>
Depreciation add back(non-cash)	100.00	100.00	100.00
<b>End Bal Cash on hand</b>	<b>12,547.00</b>	<b>14,286.94</b>	<b>12,224.93</b>
CD	PRUDENT		
	8,634.48	8,656.56	8,678.69
CD#2	RESERVE		
	6,322.59	6,339.77	6,357.00
Assets: Literature & Medallions	19,888.10	14,213.15	16,625.25
Literature Receivable:(outstanding)	978.65	1,781.55	2,138.05
<b>Corrections Facilites</b>	<b>1,725.56</b>	<b>1,078.81</b>	<b>1,287.31</b>
Contributions	172.00	208.50	281.80
Expenses	818.75		578.50
<b>Balance</b>	<b>1,078.81</b>	<b>1,287.31</b>	<b>990.61</b>
<b>Treatment Facilities</b>	<b>1,245.98</b>	<b>895.14</b>	<b>989.11</b>
Contributions	172.00	217.05	329.30
Expenses			
AT & T Bridging The Gap	59.09	49.33	
AAA Abott Answering Service	63.75	73.75	65.60
Literature	400.00		400.00
<b>Balance</b>	<b>895.14</b>	<b>989.11</b>	<b>852.81</b>

**YTD**

**40,058.88**

476.81

4,767.00

596.00

26,966.05

499.21

450.00

209.00

5,741.35

35.80

602.00

**80,402.10**

7,377.63

810.00

23,170.03

(3,516.63)

(915.20)

(23.40)

5,314.51

1,218.34

321.52

3,186.00

1,245.79

2,766.18

1,300.31

1,950.00

1,211.05

100.00

475.20

799.90

909.34

14,877.18

2,135.34

3,659.50

1,693.00

1,052.25

2,904.35

1,383.08

4,521.15

1,170.00

200.00

507.58

1,200.00

**83,004.00**

**(\$2,601.90)**

1,200.00

**(1,675.15)**

**1,897.83**

340.84

593.70

1,400.00

**2,334.54**

**(436.71)**

**"Think"**  
 "The significant problems we face today cannot be solved at the same level of thinking  
 in which we created them."

*Albert Einstein*

BTG  
934.58

GROUP CONTRIBUTIONS

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
	11:45		180.00		0.00		0.00
	12 Step		0.00		0.00		0.00
	12 Steps/12 Traditions		30.00		0.00		0.00
	4th Step Stumblers		0.00		0.00		0.00
	6th Step		15.00		0.00		0.00
4	A Day At A Time		0.00		0.00		0.00
3	Abbott Men's	65.00	350.00	65.00	350.00	65.00	350.00
2	Acceptance/Welcomer		100.00		0.00		0.00
	Achievement		0.00		0.00		0.00
4	Action		100.00		0.00		0.00
2	Age Doesn't Matter	50.55	50.55		0.00		0.00
3	Alexander		100.00		0.00		0.00
3	Amherst/ Snyder		1073.35		0.00		0.00
8	Amsdell Lakeshore	20.00	100.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	30.00	270.00	10.00	90.00	10.00	80.00
4	Arcade		20.00		0.00		0.00
4	As Bill Sees It		125.00		0.00		0.00
8	Attitude Adjustment		100.00		50.00		50.00
8	Attraction		200.00		0.00		0.00
8	Backdoor		0.00		0.00		0.00
8	Back To Basics		0.00		0.00		0.00
7	Beginning In Sobriety II	100.00	448.25		0.00		0.00
8	Beginning's Women		0.00		0.00		0.00
1	Bidwell Monday		150.00		0.00		0.00
8	Big Book Lockport	50.00	150.00		0.00		0.00
8	BB Spiritual Awakening		0.00		0.00		0.00
8	Big Book Study		50.00		0.00		0.00
8	Big Book Workshop		0.00		0.00		0.00
3	Blasdel		0.00		0.00		0.00
3	Blasdel Monday Night		60.00		0.00		0.00
1	Bochisatya		0.00		0.00		0.00
5	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women		0.00		0.00		0.00
2	Brass		50.00		0.00		0.00
3	By The Book		0.00		0.00		0.00
2	Came To Believe		0.00		0.00		0.00
8	Carry the Message	50.00	221.00		59.50		59.50
7	Casting	100.00	350.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake-Up Call		370.35		0.00		0.00
3	Caz Manor	25.00	250.00		0.00		0.00
7	Central Park		0.00		0.00		0.00
2	Chapter IX		120.00		100.00		100.00
3	Cheeklowaga	100.00	500.00		0.00		0.00
2	Chevy #1		0.00		0.00		0.00
8	Clarence Men's		50.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		0.00		0.00		0.00
2	Common Bond		0.00		0.00		0.00
2	Common Solution		0.00		0.00		0.00
1	Commitment		432.00		0.00		0.00
7	Community Center		0.00		0.00		0.00
4	Constant Vigilance(Varysburg)		5.00		0.00		0.00
1	Complanters		0.00		0.00		0.00
3	Courage		125.00		0.00		0.00
3	Crossroads		0.00		0.00		0.00
3	Cross Talk Big Book		0.00		0.00		0.00
2	Daily Reflections		180.00		0.00		0.00
2	Daily Reprive		0.00		0.00		0.00
8	Derby	40.00	40.00		0.00		0.00
6	Desire		272.00		0.00		0.00
2	Desperate		0.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
8	Dunkirk Monday Night		0.00		0.00		0.00
2	Early Bird		0.00		0.00		0.00
8	Early Bird Step		0.00		0.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst		100.00		0.00		0.00
4	East Aurora	100.00	350.00		0.00		0.00
2	Easy Does It		175.00		0.00		0.00
7	Ellicott		66.00		0.00		0.00
4	Ellicottville		0.00		0.00		0.00
1	Emergency		0.00		0.00		0.00
8	Everybody's		0.00		0.00		0.00
1	Express		310.00		0.00		0.00
8	Eyeopener	130.00	1199.43		0.00		0.00
4	Eyeopener South		1205.00		31.25		31.25
1	F.U.N.		0.00		0.00		0.00
1	Faith		0.00		0.00		0.00
3	Father Baker		100.00		0.00		0.00
2	Feelings		50.00		0.00		0.00
8	Fireside		713.24		50.00		50.00
8	First Things First		200.00		0.00		0.00
8	Forestville Sunday Serenity		0.00		0.00		0.00
8	Fredonia Discussion		0.00		0.00		0.00
2	Freedom		300.00		0.00		0.00
7	Fresh Start		60.00		0.00		0.00
8	Friendly		25.36		0.00		0.00

GROUP CONTRIBUTIONS

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
1	Frontier(New)		1000.00		0.00		0.00
8	GAHA: DAGOH #1		0.00		0.00		0.00
	Gahada Gon( Good Shepard)		0.00		0.00		0.00
3	Gardenville	20.00	20.00	10.00	20.00	10.00	20.00
8	Georgetown		0.00		0.00		0.00
2	Getting Better		0.00		0.00		0.00
1	Giving		8.60		0.00		0.00
8	Go To Any Length	200.00	937.00	20.00	68.00	20.00	45.00
5	Golden Slipper		109.60		0.00		0.00
2	Grand		100.00		0.00		0.00
2	Grand II Joy of Living		160.00		0.00		0.00
2	Grateful		50.00		0.00		0.00
3	H.O.W.		0.00		0.00		0.00
8	Hamburg		209.00		0.00		0.00
8	Hand		0.00		0.00		0.00
2	Handicappers		0.00		0.00		0.00
2	Happy Hour		0.00		0.00		0.00
1	Happy Hour II		0.00		0.00		0.00
7	Harmony		300.00		0.00		0.00
3	Helping Hand	25.00	125.00		0.00		0.00
8	High Noon		350.00		0.00		0.00
8	High View		300.00		0.00		0.00
7	Higher Power		75.00		0.00		0.00
4	Hillbilly		150.00		25.00		25.00
8	Holiday Village	200.00	2000.00	25.00	75.00		0.00
4	Holland		0.00		0.00		0.00
8	Honest Solutions		0.00		0.00		0.00
2	Honesty	30.00	90.00		0.00		0.00
	Hope Big Book Study		0.00		0.00		0.00
2	How It Works/Men's		75.00		900.00		0.00
7	Inner City	100.00	100.00		0.00		0.00
3	Inspiratron		0.00		0.00		0.00
5	Intoxicated on Life		0.00		0.00		0.00
3	Ironhorse	258.00	1424.10	26.00	143.40	26.00	143.40
8	IT		0.00		0.00		0.00
5	Johnson Creek Big Book		120.00		0.00		0.00
1	Journey		40.00		40.00		40.00
2	Just Do It		0.00		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
3	Just For Today/Cheek		300.00		0.00		0.00
4	Keep It Simple Sister		15.00		10.00		10.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmare		0.00		0.00		0.00
8	Kensington		25.00		0.00		0.00
8	Ladies Nite Sober		0.00		0.00		0.00
8	Lake Shore		500.00		50.00		50.00
8	Lakeview		175.00		0.00		0.00
7	Last Days Fellowship		0.00		0.00		0.00
	Lawyers		750.00		0.00		0.00
5	LawPort		0.00		0.00		0.00
2	Liberty Women		135.00		0.00		0.00
4	Life Today		25.00		0.00		0.00
8	Lighten UP		660.00		0.00		0.00
	Live and Let Live		0.00		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
2	Living Sober		150.00		0.00		0.00
5	Lock City	20.00	80.00		0.00		0.00
5	Lockport #1		420.00		0.00		0.00
	Lockport (no name)		0.00		0.00		0.00
5	Lockport Discussion		0.00		0.00		0.00
5	Lockport Ladies	60.00	135.00		0.00		0.00
4	Lockport Nooners		0.00		0.00		0.00
5	Lockport Tuesday		200.00		0.00		0.00
5	Lockview	360.00	860.00	60.00	110.00	60.00	110.00
8	Lock To This Day		0.00		0.00		0.00
7	Love		0.00		0.00		0.00
7	Lovejoy	50.00	150.00		10.00		10.00
5	Lower River		0.00		0.00		0.00
5	Lunch Bunch Albion		0.00		0.00		0.00
1	Main and High		50.00		5.00		0.00
4	Main Street		0.00		0.00		0.00
8	Maple Men's		50.00		0.00		0.00
4	Marilla		30.00		0.00		0.00
3	Matt Talbot		25.00		0.00		0.00
8	McKinley Winners		0.00		0.00		0.00
8	Medina Big Book		0.00		0.00		0.00
8	Medina New Life		90.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day		121.50		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
5	Miracle Happen		0.00		0.00		0.00
2	Morning After		400.00		0.00		0.00
7	New Awakening		0.00		0.00		0.00
	New Freedom (Niagara Falls)		70.00		0.00		0.00
3	New Beginnings/St. Vincent		25.00		0.00		0.00
3	New Life	30.00	66.00		0.00		0.00
5	New Outlook		0.00		0.00		0.00
	Niagara Intergroup		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		65.00		0.00		0.00
1	No Human Power		0.00		0.00		0.00
2	North Buffalo	200.00	800.00	50.00	225.00	50.00	225.00
4	North Java Monday		0.00		0.00		0.00
4	North Java Sunday		0.00		0.00		0.00



Interested in receiving the New Frontiers?

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

Enclosed is a check or money order made payable to the AA Central Office earmarked the "New Frontiers" for \$ \_\_\_\_\_ for \_\_\_\_\_ copies.

Rates:

1	copy	\$10.00	20 copies	\$57.00
2	copies	13.00	30 copies	75.00
5	copies	24.00	40 copies	95.00
10	copies	33.00	50 copies	120.00
15	copies	43.00	60 copies	135.00

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681 Seneca St.(lower)  
Buffalo, New York 14210

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BUFFALO CENTRAL OFFICE  
681 SENECA STREET (LOWER)  
BUFFALO, NY 14210