

NEW FRONTIERS

November 2009 - Happy Thanksgiving!

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER

We request that this newsletter be kept within the Fellowship to insure anonymity.

The Greatest Gift of All

THE GREATEST GIFT that can come to anybody is a spiritual awakening. Without doubt this would be the certain verdict of every well-recovered alcoholic in AA's entire fellowship.

So, then, what is this "spiritual awakening" this "transforming experience"? How can we receive it and what does it do?

To begin with, a spiritual awakening is our means of finding sobriety. And to us of AA sobriety means life itself. We know that a spiritual experience is the key to survival from alcoholism and that for most of us it is the only key. We must awake or we die.

So we do awake, and we are sober. Then what? Is sobriety all that we are to expect of a spiritual awakening? Again, the voice of AA speaks up. No, sobriety is only a bare beginning, it is only the first gift of the first awakening. If more gifts are to be received, our awakening has to go on. And if it does go on, we find that bit by bit we can discard the old life--the one that did not work--for a new life that can and does work under any conditions whatever. Regardless of worldly success or failure, regardless of pain or joy, regardless of sickness or health or even of death itself, a new life of endless possibilities can be lived if we are willing to continue our awakening.

Soon after he entered AA, a certain newcomer approached me and he said, "I'm sober and it's mighty near a miracle. I admitted that I was licked, came to a few meetings, began to get honest with myself and my sponsor. Then that awful urge for a drink suddenly left me. There's been no more booze fighting; the desire for alcohol has simply evaporated and I can't yet understand just why or

just how. Here in AA the folks are wonderful. They care and they understand. It's a brand new world to me.

"But," continued Mr. Newcomer, "I'm still plumb puzzled. I don't see just how this God-business fits into practical living. And when they talk about a 'new life for an old one,' I can't take it all in. Sure enough I'm sober, and that's new. But now that I've gone ex-grog, what's the matter with trying to live my old life? That was okay, until the liquor got me. I was going places, on the way to make my pile. Things weren't too bad at home, either, until the little woman yelled she'd had enough of me, and left. All I need is sobriety, and AA can keep on giving me that. Now I can go about my business. I'm sure I can make a better job of it this time."

Four years later, I ran across that same "newcomer." "Well Joe," said I, "Have you made your pile yet, and did your wife come back?" With a half-smile, Joe looked at me steadily and replied, "No, Bill, nothing of the kind happened. For a whole year I had the devil of a time. How I stayed sober was more of a miracle than getting sober in the first place. I had to make that pile and get her back or else I was going to be miserable. And miserable I certainly was. But little by little, I woke up to the possibility that God hadn't put me on earth for the express purpose of getting all the money, prestige, and romance that I could lay my hands on. I finally had to face the fact that I would have to settle for less, a lot less. And if I couldn't accept this, I'd probably get drunk again.

"So I quit giving lip service to AA's Serenity Prayer and really began to use it. Over and over I kept saying, 'God grant me the serenity to accept

the things I cannot change, courage to change the things I can, and wisdom to know the difference.'

"As I slowly learned acceptance, my pain subsided. I began to wake up and look around. I began to see that my modest job was a means of living, and of serving society. The bigger and the better job could no longer be my chief aim. Then I looked at AA. What had I done for the fellowship that had saved my life? Mighty little, I had to confess. So I began to go to meetings with a very different attitude. I quit my envy of financially well-heeled AAs and listened closely to what they said. I learned that their money was no longer a symbol of prestige; it was a trust for the best use to which it could be put. They also showed me that the temptations of riches could sometimes be worse than the pains of poverty. I also found that there was *no such thing* as an 'unfortunate' AA--that is, if he were a real member. If sick, he was, by fine example, an inspiration to those both sick and well. If poor in pocket, he could often be rich in spirit, an eager worker and servant of our society.

"So I began to understand 'the kind of giving that has no price tag on it.' I threw myself into AA; I joined a church, and threw myself into it. I really began to 'carry the message.' The last three years have been the best in my life. This is because I have really tried to awaken and to grow, and God has helped me to do just that.

"I now see that awakening and growing is something that never need stop and that growing pains are never to be feared, provided I am willing to learn the truth about myself from them.

"The other day an old time AA gave me an example which I'll never forget. Jack is a real old timer. In fact, he started AA in my town. I used to envy him because he was a millionaire.

"They told me he was in our local hospital, deathly sick, and about to die. In a way, I hated to go there, it would be so sad. When I walked into the room it was filled with AAs all in a gay mood. They were gay because Jack was gay. He was telling funny drinking stories, now and then wiping away the blood that ran down his chin from a cancerous mouth. He sat upright, his legs and bare feet hanging from the edge of the bed. A nurse came in, demonstrating, begging him to lie down. Waving her away, he said, 'If I lie down flat on this bed, I

might die now. And that would be too bad, because I want to go to our AA State Convention next week.'

"We saw that this was no bravado; he really meant it.

"A little later Jack again spoke of death. He said that he'd had a wonderful life. Whiskey had brought him great pain but, as a result, AA had given him great joy. With his 'awakening' in AA had come the utter conviction, indeed the sure knowledge, that 'in my Father's House there are many Mansions.' Everybody there could to Jack, death was but a fresh awakening. He never did get to the AA convention.

"But Jack knew, and we know, that this didn't really matter for Jack was in full possession of 'the greatest gift of all.'

Bill W.

Copyright ©1957 AA Grapevine, Dec 1957

Twelve-Step Opportunity **For Home Groups**

Central Office and the Treatment Facilities Committee have received a request for a once a month speaker format meeting at two group-home facilities: The Ivy House (men only, on Broadway in Sloan) and the Casa Di Vita (women only, on Albany Street in Buffalo).

The commitment would be for your home group to provide an A.A. speaker and run the meeting. This is a great way to give something back to A.A. by bringing our experience, strength and hope to individuals in a group home environment.

If your group decides it would like to get involved and bring a meeting to one of these facilities, please contact George W., Treatment & Facilities Committee Chairman, at 716-983-5505.

Should We Revise The Lord's Prayer?

There is a world of difference between "Lead us not into temptation" and "Let us not fall when tempted"

AS a newspaperman, some years ago I interviewed a retired three-star general who, as a layman, was proposing to high authorities in his church that a certain phrase in the Lord's Prayer be changed. Instead of saying "Lead us not into temptation," he argued, we ought to say "Let us not fall when tempted."

The general thought it was unsoldierly, among other things, to ask the Lord to keep temptation out of our path. What we need from our Higher Power is the strength to withstand temptation when it arises, to be victorious when we are put to the test. That's the Army way, he said.

So far as I know, the general didn't get anywhere with his idea. English-speaking Christians are still asking, in the most cherished of all prayers, that the Lord "lead us not into temptation."

The subject dropped from my mind, too, until I came into AA, a weary veteran of my own losing battle with temptation. As with many new members, I began to *think* about the Lord's Prayer instead of just mumbling it.

Temptation. The word reminds me of a Sunday school drawing: a devil, complete with horns and tail and fiendish leer, lurking behind a tree, ready to pounce on an innocent wayfarer. It would be easy to turn and run from an apparition like that.

How different is the temptation that dogs the heels of an alcoholic, a devil so subtle and cunning he doesn't have to hide behind trees. His appearance is so commonplace, his approach so stealthy, his touch so gentle, that we are stuck on the points of his pitchfork before we have time to get our money on the bar.

As a devout drinker I had been like the character in Oscar Wilde's play: I could resist anything except temptation. My first months in AA were like being on ice skates for the first time--one pratfall after another. Despite what I heard at meetings I was still operating on my old formula that the only way to overcome temptation was to yield to it.

Who can describe how the spiritual side of the AA program unfolds itself; how faith is born at the moment

of deepest despair? I was frightened, lost, desperate. I was groping in the dark when suddenly I found a switch and a light went on. I began staying sober.

Is temptation out of my path? Not on your life. But I am reacting to temptation in a different way. A curious non-alcoholic will ask, "But if people around you are drinking, aren't you tempted?" Yes, I'm tempted to go home, or to find some clear-headed individual to talk to.

Temptation isn't that simple. It doesn't show its hand in such obvious forms as the smell of whiskey or the letters B-A-R flashing in neon or a kind voice saying, "Won't you have a drink?" Instead, we carry it with us like a latent virus, and almost any circumstance can give it the nourishment it needs.

Only when I realized this--that temptation was not something I could consciously avoid, that it was as inescapable as death and taxes--was I able to make progress. Only then did I come to know my enemy. For me, the way of sobriety lies not in searching for a path unobstructed by temptation, but in summoning the faith and strength to resist temptation, in holding firmly to the principle that, come hell or high water, I don't have to take that first drink.

The Serenity Prayer, the Twelve Steps, the assistance and companionship of my fellow alcoholics in AA, are the sources of that faith and strength. The Lord's Prayer, too, of course. I recite "Lead us not into temptation" along with everyone else, but I mentally ad lib the general's words, "Let us not fall when tempted."

Bill W. has told us that it was in a hotel lobby in Akron that he experienced a serious temptation to visit the bar. Instead, he went to a phone booth and made the call which brought him to Dr. Bob and led eventually to the founding of AA. He, thank God, did not fall then when tempted.

Author's note: When the Latin phrase, "Et ne nos inducas in tentationem" was translated into French the meaning was changed to "Let us not fall when tempted"; it was from the French version that the General got his idea.

R.Z. Council Bluffs, Iowa
Copyright ©1962 AA Grapevine April 1962

Echos, Silence, Patience, Grace

I couldn't tell you why I felt the way I did. I was broken inside. Darkness was closing in, day after day. The madness swirling around inside my mind piecing things together, trying to make some sense out of life. I was losing my mind.

I was losing my faith, falling from grace, and did not know where I belonged. It wasn't enough to be lonely or sorry. I could not help me. I couldn't fake another hollow smile.

My brain, raving on its own, told me there was a surefire solution just within my reach - alcohol.

I can't drink, alcohol weakens me. I can drink, because I want to. The battle was on. I might break down and withdraw into myself, but after taking a few sips of alcohol comes peace, ease, and numbness. I watched myself make the same mistakes again. I used the excuse of going off by myself to enjoy my own company. There was nobody to consult, follow, lead, and compromise with. God help me, I need You.

There was a real world around me, but I seldom saw it. The only sound I heard was the echo of my footsteps in the empty darkness. As the darkness grows, as the light diminishes, all feeling also goes. Hope is gone, there is no meaning in life. As I drank, I was convinced that I was dead, emotionally. The feeling of worthlessness progressed. Death seemed logical and convincing - I had nothing on my side beyond the fact that I was still alive.

Bizarre thoughts, yes - but they were as real to me as the pen I'm writing with. I didn't realize how sick I was. I thought my life had its ups and downs like everyone else's, though the downs were increasing. As I sunk deeper into myself, another spirit woke up - insanity. The more I drank, the more insane I became.

I began drinking when I was eighteen years old, and drank for the next 20 years. In the past, I was

drinking to get drunk, surrounding myself with friends that supported my addiction. I drank because I hit a defining moment in where my life was a mess, I felt I had lost control of it, and constantly felt depressed. I had to try something to make my life better - why did I pick alcohol? My drinking progressed, my life didn't get any easier. The worst decision I made was to do nothing. I wanted someone and at the same time didn't want someone to "rescue me" from this pain. The

alcohol seemed to anesthetize that pain. I allowed the negative thoughts to take over.

The last 3 years of my drinking I began to hate myself. Every day seemed just a little harder to live. Depression regularly entered my mind, unannounced and certainly uninvited. It became so intense and constant that it interfered with my ability to function, let alone enjoy a day. It would not go away - it was just there. From wake up to bed time, I was miserable and

Your General Service Assembly

The General Service Assembly (GSA) is your voice to the General Service Conference, which guides A.A. worldwide. How we carry the message to the still-suffering alcoholic is their main purpose.

We are Area 50 (Western New York) of the GSA, and our area serves eight counties. This area is then divided up into 22 Districts, which contain four different Intergroups or Central Offices.

The local GSA representatives meet seven times a year, 6 are at the Hamburg Town Hall on the 2nd Sunday of the months of January, March, April, June, and October. The August meeting is usually held at a different location each year.

The primary purpose of each GSA representative is to give our Area Delegate an informed Area conscience. The Delegate then speaks for our Area 50 at the annual nationwide conference.

The GSA has an annual New York State convention and separate Informational Workshop. Our area hosts the convention every 5th year, and the workshop every 4th year.

We also participate in the North East Regional A.A. Service Assembly (NERASSA), which we are hosting. This is a fantastic service event that covers all service positions and conference related items. Mark your calendar, it will be held at the Niagara Falls Conference Center February 26-28, 2010.

Registration forms can be obtained at the Buffalo Central Office or online at <nerassa.org>. Our next few GSA meetings will focus on preparing our Delegate for the next General Service Conference. Please join us and have your voice heard - this is the place where groups over a wider area than an Intergroup or Central Office share their ideas about carrying the message. You can also check out our website: <area50wny.org>

Yours in service,
John C.

seemingly incapable of any kind of joy and happiness. My feelings, thoughts and reactions to others and myself became uncontrollable. Chaotic thoughts whirled about and became the norm. Not saying no, not saying what I mean, not being in touch with what I need and want, not living my life - my perfect definition of unmanageability.

My mind said alcohol will remove the pain and allow me to forget, and I began using it just for that. It was my way to cope with my mistakes and faults. I developed a mental, emotional and physical illness from not dealing with my mind. I didn't realize the more alcohol I consumed the worse I became. I was tired of feeling afraid and confused and believed that relief from depression was to drink. There was no escape and I ended up going places I never imagined. I'd go, mentally. Darkness, Depression, and Despair were the three doors I could choose from for where my mind would go next. I waited for death to overtake me, but it wouldn't just yet. I saw relationships, responsibilities and hope, which at one time gave me some pride, scattered useless everywhere I looked.

I had to do something about my self-medication predicament, not because someone was on my back, but because I needed to line up the truth of the matter. I need to be serious about making any changes in my life, and to deal with the truth in order to be healthy. No matter how much I drank, I knew one day I was going to quit; I just didn't know when. I became immune to the numbness when I took a drink, it became part of me. I started praying one day and waiting for a reward from heaven, maybe I did not know that there is a reward each day being alive and living my own life. I am responsible for myself and I can stop the pain. I am not the victim.

By the grace of God, the answer did come, the solution to my problem. I heard the words, "If you fall, I will catch you." I didn't realize what works depends on me asking for help. I had to admit to myself, only through being beaten down by my own misery, which the word "alcoholic" applied to me. I have accepted it completely.

I came to a place one day, an organization called Alcoholics Anonymous, where a man was sharing his experience, strength & hope. This man said something that hit me - "A.A. will be the answer at the end of the light. A.A. will be there for you. In the burning of uncertainty, A.A. will be your solid ground. A.A. will hold the balance, if I can't look down. If it takes my whole life, A.A. won't break, A.A. will not bend, it will be worth it in the end." He was no longer talking about A.A., he was talking about God and me. My pain, my struggles, the fears I have hidden, even from myself. I thanked God for that man, a man that had the courage to admit his faults, a man with humility.

I need both God and A.A. in my life. When the stars have all burned out, God will still be burning brightly. Cast me gently, into the morning, for the night has been unkind. Take me to the place - A.A. - to wash my mind of memories, to choose to fight. I needed sobriety. I've got to be free, free to face the life that is ahead of me. Some days are sad and others are happy. I will try to be the best I can. God, I will try to carry on and to do my part. I wasn't only on my way to living happily ever after, but on my way to recovery.

At A.A. they say, "progress not perfection." That is the root of one day at a time for me. I believe a power greater than myself chose me to recover, not just with my drinking, but other aspects of my life. It is up to me to decide whether it is easier to face reality one day at a time than live like I was. I began looking at life that way,

and before long my journey in sobriety began. With each passing day, I think less and less about my past life and more about how normal and wonderful my life is today. The future looks bright!

One of the strengths of A.A. is allowing me to develop trusting friendships with others - the fellowship part. Whatever this world can give me, good and bad, I know the hand of A.A. will always be there for me. I need you. I thank A.A. for showing me there is a road to recovery. Sunshine has re-entered my life. A.A. has given me the opportunity to break the silence and shame once and for all.

Today I have many supportive people that helped me see what I could not; a beautiful woman inside who was dying for many years. I am grateful, as I uncovered myself and believe that I have something to offer this world that nobody else has - my experience. The future will show me the results.

From the black cloud of despair, I transformed into a new life. It is a gift so insightful that I am very grateful for my new beginning. It is a loving God, family, friends, and A.A. who has given me inner peace and emotional stability.

Anything I learned about life, I learned from people in A.A., young and old. I have learned to take life one day at a time, keep it simple, and enjoy life. I have stopped blaming others and stopped playing the victim. I have to take full responsibility for my actions. I am accountable. I received some clarity and understanding, which brings me to a positive experience of who I am. As long as I try, with all my heart and soul, to pass along to others what has been given to me, I know there are even better days ahead.

Suzette W.
Any Lengths Group

Miscellaneous stuff:

Screeners Committee: Now down to a committee of ONE. She needs help! The next task is to update our 12-step call list for our area, as well as get others to volunteer to be a part of real live 12-step work. The benefits to your program will be far greater than the time you spend on a 12-step call! It's not that hard to sign up, and the chance of you getting called is low to begin with. I helped 2 people sign up at a day of sharing this weekend - and getting a tooth pulled 4 days earlier was much more difficult <g>. Screeners, which we have enough of, are the people who take the incoming call, then are responsible to find someone to actually go out and do the 12-step call. If you are interested in assisting here, please call Central Office and let Terry know!

IN MEMORIAM
Things We Can Not Change

To all our members who have lost family & loved ones our prayers are with you.

Share your Experience, Strength and Hope
Please submit your announcements by the 12th for next months issue.
Articles can be submitted at any time.

Buffalo Central Office

681 Seneca St (Lower)
Buffalo, New York 14210

E-Mail Address...

buffalooa@hotmail.com

New Frontiers Committee Members: Chip R., Mike K., Chuck D., Gene O., Suzette W., Don B.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc., are subject to the GRAPEVINE copyright.)



DILBERT

By Scott Adams

NOVEMBER ANNIVERSARIES

Alexander

Lisa S. 3y

Amherst/Snyder

Ruby A. 3y

Jennifer T. 6y

David M. 8y

Susan M. 19y

David W. 20y

Sister Mark 28y

Big Book- Lockport

Martin H. 1y

Coldspring

Neal V. 11y

Blaine H. 20y

Courage

Chris B. 7y

Patty K. 26y

Easy does It

Steve B. 2y

Carey A. 10y

Mary K. 26y

Fireside

Julie S. 2y

Sharon P. 10y

Dick D. 19y

Freedom

Wayne H. 2y

Fresh Start

Johnnie L. 22y

Giving

John M. 2y

Mike D. 2y

Mike M. 2y

Tim S. 4y

Daniel R. 5y

Billy R. 21y

Golden Slipper

Yvette T. 8y

Holland

Josh H. 5y

Mike S. 25y

How It Works Men's

Karl R. 5y

Ira C. 6y

Gary J. 12y

Dave W. 20y

Leon S. 25y

Jerry S. 36y

Ironhorse

Mike Z. 2y

Margaret A. 3y

Mike N. 16y

John S. 27y

Kenmore

Jonathon Q. 9y

Paul H. 23y

Kay S. 54y

Kensington

Terese R. 3y

Lakeshore

Marc L. 8y

Mike M. 11y

Lakeview

Doug B. 7y

Dave S. 10y

Lighten-Up

Michelle M. 4y

Katie S. 14y

Maria D. 19y

Bill G. 23y

Living in

the Solution

John P. 2y

Lockport #1

Sally W. 26y

North Buffalo

Ann L. 4y

Kathleen M. 5y

Pam. 7y

Jay H. 16y

Main & High

John J. 16y

Remember When

Perry M. 8y

Noemi B. 9y

Rise & Shine

Toshowatra. 3m

Peter Z. 1y

Jeff F. 1y

Kim M. 2y

Tim L. 2y

Anthony P. 2y

Jason H. 2y

Bill L. 2y

Tom L. 3y

Neil L. 3y

Torrie L. 4y

Terry M. 8y

Michael R. 15y

Greg J. 17y

Mary Lou Z. 31y

Thruway

Rich M. 17y

Tom H. 19y

Turning Point

John G. 25y

Sheridan

Tina 3m

Brian 4y

Suzette W. 6y

Tim D. 13y

Jim C. 25y

Dave C. 29y

Spingville Tuesday

Dave H. 36y

Spirit of Hope

Jim R. 19y

Charles L. 20y

Spiritual Progress

Beth Ann. 1y

Sally Ann 24y

Sun. Morning Br.

Janice C. 18y

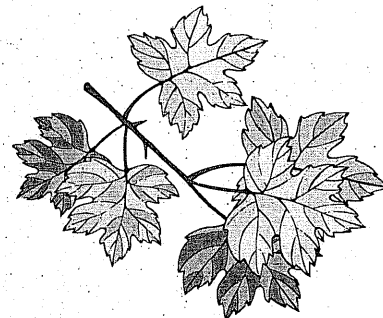
Surrender & Hope

Shawn Mck 23y

Midge S. 39y

Valley

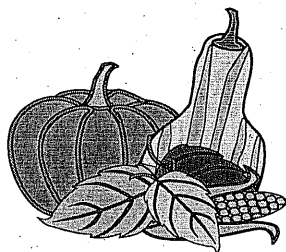
Michael K. 3y





Group Anniversaries

4th Step Stumbers; 13y
Amherst Snyder; 49y
Any Lengths; 15y
Blasdell; 42y
Easy Does It; 19y
Eyeopener; 26y
JC Big Book; 10y
Keep it Simple Sister; 20y
Lockveiw; 22y
Lower River; 20y
McKinley Winners; 30y
Chapter V; 20y
Reflections; 6y
Stepping Stones Gowand;
Sunday AM Breakfast; 21y
Sunday Niters; 28y
Turning Point; 25y
Twin Cities; 66y
Women's Westside; 20y

N. F. Policy:
*Anniversaries must
 be submitted by
 the 12th*
 of the
 month previous



sunday	monday	tuesday	wednesday	thursday	friday	saturday
<p>1</p> <p>Steering Committee, 5 PM, Central Office, 681 Seneca Street.</p> <p>Central Com. Meeting, 7 pm, Buffalo Central Office</p> <p>Corrections Com. Meeting, 6:00 PM, Buffalo Central Office</p>	<p>2</p> 	<p>3</p> <p>Are you willing to let God take away your garbage?</p>	<p>4</p> <p>VETERANS DAY</p>	<p>5</p> <p>Did you ask God to keep you sober today?</p>	<p>6</p> <p>68th. <u>BUFFALO FALL CONVENTION</u>: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst.</p>	<p>7</p> <p>DAYLIGHT SAVING ENDS</p> <p>1940: The first AA group meeting in San Diego is held in an apartment at 3229 Adams Ave.</p>
<p>8</p> <p>General Service Assembly, 12 Noon.</p> <p>Hamburg Town Hall, 5999 South Park Ave., Hamburg.</p> <p>*1936: Fitz W. leaves Towns Hospital to become New York's AA #3. Bill D. and Hank P. are the other two.</p>	<p>9</p> <p>*1975: General Service Board officially opens the GSO AA Archives with a ribbon cutting.</p>	<p>10</p> <p>*1946: An AA intergroup Office demands accounting of all Alcoholic Foundation money.</p>	<p>11</p> <p>1939: Bill and Lois W. visit Cleveland AA founder Clarence S.</p>	<p>12</p>	<p>13</p> <p>1939: New York AAs urge Bill W. to stay on as a Fellowship leader and not hunt for a job, despite money problems.</p>	<p>14</p> <p>GSA, Area 50, District 11 Day of Sharing, 5 PM-7:30 PM. Church of the Good Shepherd, 96 Jewett Pkwy, Buffalo.</p>
<p>15</p> <p>1955: First appearance of AA on TV. <i>One Day at a Time</i> appeared on ABC Tuesday at 9:30 p.m. on the Cavalcade Theater, starring James Daly.</p>	<p>16</p> <p>GSA, Area 50, District 11 Business Meeting, 5 p.m.-6 p.m.</p> <p>An Introduction To the 12 Steps Workshop, 7:30-8:30 PM. Buffalo Central Office, 681 Seneca St.</p>	<p>17</p> <p>PG meeting, Buffalo Central Office, 6 PM.</p>	<p>18</p> <p>*1940: The first AA group in Minneapolis is formed.</p>	<p>19</p> <p>*1934: Ebby T. surrenders his life to God at the Calvary Episcopal Church Mission run by Sam Shoemaker.</p>	<p>20</p> <p>1941: Fresno, Calif., <i>Dee</i> reports 28 newcomers asking for help in the local group's first week.</p>	<p>21</p> <p>1939: First West Coast AA meeting in San Francisco.</p>
<p>22</p> <p>*1963: Lois W. attends Desert Roundup AA Convention in California. Her days as a motorcycle "nobo" won her an honorary membership in the AA Motorcycle Club.</p>	<p>23</p> <p>An Introduction To the 12 Steps Workshop, 7:30-8:30 PM. Buffalo Central Office, 681 Seneca St.</p>	<p>24</p> <p>1942: Dr. Harry Emerson Fosdick is speaker at Manhattan AA group's eighth anniversary dinner. He gave the first positive review of the Big Book.</p>	<p>25</p> <p>*1966: The Big Book is published in paperback.</p>	<p>26</p> <p>THANKSGIVING</p> <p>1895: Bill W. is born in East Dorset, Vt.</p>	<p>27</p> <p>1939: <i>Cleveland Plain Dealer</i> runs first of a series of articles on AA. Cleveland soon has more AAs than any other U.S. city.</p>	<p>28</p> <p>Archives Com. Meeting, 9 am. Buffalo Central Office, 681 Seneca St.</p> <p>"We claim spiritual progress rather than spiritual perfection." —The Big Book</p>
<p>29</p> <p>1941: Columbus, Ohio, press reports 25 active members in the local Friday night AA group.</p>	<p>30</p> <p>An Introduction To the 12 Steps Workshop, 7:30-8:30 PM. Buffalo Central Office, 681 Seneca St.</p> <p>*1943: 800 N. Y. AAs celebrate their ninth anniversary, with guest speaker Dr. Norman Vincent Peale.</p>		 <p>Easy Does It... But DO It.</p>			

* OCCURRED SOME TIME DURING THIS MONTH ** OCCURRED SOME TIME DURING THE YEAR

PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)

*BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM
Schedule on line at: www.ny-aa.org &
www.buffaloaany.org*

*681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210
Fax: 853-0389
www.buffaloaany.org
buffalooa@hotmail.com*

NOVEMBER 2009

MEETING CHANGES:

- **St. Marks Group**, Saturday's 8 PM, Episcopal Church, 6596 E. Quaker Rd./ Rt.20A, Orchard Park, **NEEDS SUPPORT.**
- **NO LONGER MEETS: Just For Today Group-** Saturday, 10 Am, Mother of Divine Grace Church, 120 Old Maryvale Drive, Cheektowaga.
- **Fun Group & 4th Step Stumbler's, have moved & merged.** Now meet on Sunday's 7 PM, at Our Lady of Hope (formally Annunciation Church) Parish Hall. Corner of Lafayette & Grant. Buffalo West. Book Study Discussion.
- **NO LONGER MEETS: Gahada:Goh**, Tuesday, Thursday & Sunday. 12698 Southwestern Blvd, Irving.
- **New Group, Eagle St. Group**, Wednesday's @ 8:30 PM. Christian Worship Center, 101 Eagle St. Fredonia.
- **New Group, Our Meeting @ the VA**, Sunday's @ 8PM, Veterans Hospital 10th floor RM 1002, 3495 Bailey Ave, Buffalo.
- **Last Day's Fellowship Group, has changed its name to Gifted**, Friday's at & 7:30 PM, Wind Ministries Motor Club, Coffee House- 1526 Clinton at Bailey.
- **Principals Before Personalities Group has moved back** to 591 East Main St. in Springville. Thursdays @ Noon.
- **Feelings Group is in need of new members** if it is to keep going. Wednesday's @ 7:30 PM, 1st Presbyterian Church, 149 Broad St., Tonawanda.
- **Central City Café' Meeting**, Monday's @ 1 PM, Needs Support. 200 E. Eagle Street @ Michigan, Buffalo.
- **Sunday Niters Group, NO LONGER MEETS**, Sunday @ St. John's Grace Episcopal Church, 51 Colonial Circle. 8 PM.
- **IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

COMING EVENTS

~ Nov 1, **Steering Committee**, SUNDAY 5 PM, Central Office, 681 Seneca Street.

- ~ Nov 1, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca St. (hosted by Lakeshore Group).
- ~ Nov 1, **Corrections Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street
- ~ Nov. 6-8, **68th. BUFFALO FALL CONVENTION:** Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst. Flyer available at CO ☺
- ~ Nov 8, **General Service Assembly**, 12 Noon. Hamburg Town Hall, 5999 South Park Ave., Hamburg.
- ~ Nov 14, **GSA, Area 50, Distinct 11 Day of Sharing**. Saturday, 5 PM-7:30 PM. Church of the Good Shepherd, 96 Jewett Pkwy, Buffalo, NY (same place N. Buffalo Group Meets). Information about A.A. service beyond the home group; Skit, Speaker, Panel, Food & Fellowship.
- ~ November 16, (Monday) (and every 3rd Monday) **GSA, Area 50, District 11 Business Meeting**, 5 p.m. – 6 p.m., location to be determined. contact Maureen M., 716-310-5885 for more info.
- ~ Nov 16,23,30 & Dec 7 &14th. **An Introduction To the 12 Steps Workshop**. To acquaint members with the 12 Steps in 5- 1 hour sessions.7:30- 8:30 PM. Buffalo Central Office, 681 Seneca St., Buffalo Sponsored by Helping Hand, Holiday Village, Southwestern & 12 Step Groups. And questions please call445-8674. Come and listen as presenters take us all through the 12 steps using the actual writings & guidance contained in the Big Book. This is considered by many as an essential workshop for newcomers and a great refresher for people with time in the program. This informative workshop provides history as well as specific details which will help us incorporate them into our daily lives. Please plan on attending.
- ~ Nov 17, **Public Information Committee meeting**, Tuesday, Anyone interested in helping the community understand who we are, what we do, and what we are not do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 6 PM.
- ~ Nov 28, **Archives Committee Meeting**, SATURDAY, 9 am, Buffalo Central Office, 681 Seneca Street (lower). Think this is moved to the State Convention ☺
- ~ Dec. 24, **Main & High Groups Annual Christmas Vigil**. Moot Center, 292 High St., Buffalo. Doors open at 3 PM, Dinner at 6 PM, Santa- 7PM.Open Mic & Speaker. Please bring a dish to share. For Contact info please call the Central Office.

11th STEP: “Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out.”

11th TRADITION: “Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.”

11th CONCEPT; The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

Buffalo Central Committee Minutes October 4, 2009

Joli B. Lakeshore Group Committee Chair opened the meeting at 7:02 PM with a moment of silence and the Serenity Prayer. Joli Lakeshore Group read the Preamble, Cindy Orchard Park Step Group read the Purpose of the Central Committee, and Jack of Lockport #1 Group read the Twelve Traditions. It was moved by David Orchard Park Step Group, and seconded by Gregg Dunkirk Mon Night Group to accept the September minutes as written by Cathy S. Lovejoy Group.

New Groups were greeted and 22 groups were represented: Dist #1 Journey; Dist #2 Grand II Joy Of Living, North Buffalo, 3 Legacies, Step Action; Dist #3 Courage, Thruway; Dist #4 Action; Dist #5: Lockport #1, Lockview; Dist #6: Derby, Dunkirk Mon Night, Lakeshore, Serenity On The Lake, Sobriety Men's' Disc, Wilson Smith Univ. Alumni; Dist #7: Lovejoy, Solidarity, Spirit Of Hope; Dist #8: Amherst Snyder, Eye-opener, Williamsville.

COMMITTEE REPORTS

- **ENVELOPE SYSTEM**: no report
- **STEERING COMMITTEE**: Tina Amherst Snyder Group reported that the Co-Chair, Exec. Secretary and Group Reps from Dist 4, 6, 7, & 8 were present. Financial Chair, and Dist 2, 3 & 5 were absent with no alternate present. There was no quorum. Dist 6 wished to thank the Central Committee for the Day of Sharing 'seed' money, the date of which is 10/10/09 at St. John Bosco in Sheridan, NY 9 AM-4 PM. Dist 1 still in need of a representative.
- **FINANCIAL REPORT**: Terry B reported that year to date, we are in the black.
- **TREATMENT**: George W. Chair Wilson Smith reported: Next TFC meeting Monday 12/21/09.
- 1. TFC Committee met Mon 9/21 Central office 6 PM. and this was discussed and acted upon:
 - ✓ We will be adding a men's open speaker one Friday a month at the ADDS Men's Ivy house. Easy Does It Group will be handling this.
 - ✓ We will be adding a women's open speaker one Friday a month at the ADDS Women's Casa Di Vita House. WE Group will be handling this.
 - ✓ We are open to increasing 1 meeting a month to 2 meetings.
 - ✓ With this in mind, there is opportunity for 2 groups to handle assist at this, 1 men, 1 women. The men's facility is on Broadway in Sloan, and the women's is on Buffalo West, Albany St.
 - ✓ Frontier Group Tuesdays at Stutzman is being handled by The TFC Committee. The meetings are covered by home groups Iron Horse, Father Baker, Wilson Smith and University Men's. We start using TFC Format for meetings this month.
- 2. Expect us to start meeting our budget for supplies, and asking for more funding as there are many new recovering people being serviced by our committee.
- 3. Meetings available for home groups.
 - There is an opening for 1st Sunday ECMC 3:45 PM
 - There is an opening for 5th Tuesday Stutzman 8 PM.
 - ADDS Ivy and Casa Di Vita as mentioned above, both 7:30 PM Fridays
- 4. Meetings were staffed and attended this month.
- 5. Materials in reserve were distributed to Abbott Men's for the VA Hospital.
- **CORRECTIONS**: Milt gave the report. Meetings for Alden Correction Facility have commitments for Oct, Nov, Dec and Jan. Still looking for home groups to volunteer. Corrections will have a table at the fall convention, and looking for volunteers to staff; please contact Dan M or Milt B (990-2717). Still need volunteers for Gowanda & Wende facilities. You can either be a onetime speaker or bring in a meeting.
- **SCREENERS**: Jeanmarie C. Orchard Park Step Committee Chair is looking for help to build our 12 Step call list and a Co-Chair. Anyone interested call the Central Office and come to the next committee meeting. There will be a panel at the fall convention. Please come to hear what the committee is all about.
- **CENTRAL OFFICE**: AAINFO: 133, 12 STEP: 6, ALANON: 4, VISITORS: 112, VOLUNTEERS: 21.
 - ❖ GROUPS WE ARE IN NEED OF CONTACTS FROM ARE: GEORGETOWN-3, LIVING CLEAN-1, LOOK TO THIS DAY-6, LUNCH BUNCH ALBION-5, NEW OUTLOOK-5, RECOVERING WOMEN & THE BIG BOOK-7, TUESDAY WOMEN'S-3, WOMEN ON THE RISE-5.
- **NEW FRONTIERS**: Chip R. the Editor present, but no report.
- **PIC**: Patrick K. Chair North Buffalo Group reported that they have a presentation/health fair on 11/14/09 at Buffalo Alternative High School. They are in the process of contacting Williamsville, Kenmore West & East, Hamburg and Amherst high schools. The committee had a call from Time Warner for their workplace health fair and will be arranging that shortly. Volunteers are needed for this committee.

- **CURRENT CONVENTION**: Frank M. Committee Chair reported that they have approximately 150 reservations, and 10/24 is the cut off; room deadline is 10/16 and be sure to identify yourself as "Bill W's friend". He encouraged all to attend.
- **GSA LIASON**: Jack P. Lockport #1 had no report. Next meeting is 10/11/09, and his term is up for nomination in Nov, no sobriety requirements and is lasts one year.
- **CPC**: no report
- **ARCHIVES**: Pat M from Thruway Group thanked the groups who have donated to Area 50 Archives. Anyone interested in joining Archives, and has a love of history, the next meeting is the 4th Saturday of the month at 9 AM Central Office. If a group would like to have the traveling display, a 30 day written notice is required at the web site. Displays will be at the Day of Sharing in Allegany, NY, Buffalo fall convention and McKinley Winners 30th anniversary.
- **OLD BUSINESS**: District 1 Steering Committee rep is still needed.
- **NEW BUSINESS**: It was moved by Pete District 6 Steering Committee rep and seconded by David Orchard Park Step Group that \$1500 be spent on updating Central Office's computer system; 17 yes, zero no, 1 abstention; adopted. Art from the Eye-opener Group relayed that the hardware must be updated to handle the work load and to accommodate a future link with all intergroups nationally. The old computer will still be utilized by Central Office.
- **ANNOUNCEMENTS**: Nominations will be done at the November meeting for all the positions whose terms are up in December. Qualifications for each position were read. Again mention was made of the Dist. 6 Day of Sharing.
- Joli B. Lakeshore Group Committee Chair thanked the Courage Group for this month's refreshments and November's to be provided by Lakeshore Group.

It was moved by Vernon Solidarity Group and seconded by Terry Sobriety On The Lake that we adjourn; adopted. Meeting closed with The Lord's Prayer at 7:45 PM.

Respectfully submitted by Cathy S. Recording Secretary Lovejoy Group

Income Statement		Jul-09	Aug-09	Sep-09
Beg Bal Cash on hand		14,955.49	15,851.51	16,732.30
Contributions				
	Groups	6,457.19	4,684.78	4,317.60
	Joint Meeting	60.75	67.50	68.27
	Envelope System		1,197.00	157.00
	New Frontiers Subs	84.00	10.00	50.00
	Literature/Medallions/Pins	3,163.40	2,669.20	3,885.55
	Literature Postage	48.15	44.80	93.96
	Archives Room Rent	50.00	50.00	50.00
	Meetings at CO	26.00	89.00	55.00
	Mail/Misc.	75.00		
	US Treasury			
	Reconcile			
	"Gratitude-Month" (NOV)			25.00
	Conventions/Day of Sharing			
Monthly Income		9,964.49	8,812.28	8,702.38
Expenses				
	Office Rent	873.22	873.22	873.22
	Electric	90.00	90.00	90.00
	Payroll			
	Salaries - gross	3,150.50	2,520.40	2,520.40
	Federal Withholdings	(523.35)	(418.68)	(418.68)
	NYS Withholdings	(130.00)	(104.00)	(104.00)
	Disability Insurance	(3.00)	(2.40)	(2.40)
	Payroll Tax Deposits			
	Federal	945.22	611.48	611.42
	State	444.18		
	Insurance			
	State Ins Fund			
	Health	354.00	354.00	354.00
	Liability			
	Postage	583.18	47.37	351.77
	Phone	164.96	165.49	143.68
	Accounting	1,970.00		
	Advt			
	Talking Phone Book			
	Verizon; Idearc Media website	147.10	154.60	150.85
	white directory			
	Yellow Pages			
	Literature Expenses			
	Grapevine			420.00
	World Services Inc	385.20	463.92	2,740.00
	Hazeldon			
	Printers		1,776.00	85.00
	Medallions		205.80	
	PINS			
	Office Supplies	42.05	330.38	
	Answering service	177.21	185.91	181.09
	Minolta leasing (copier)	223.00	223.00	223.00
	Minolta Copies/ service contract	130.00	130.00	130.00
	PIC	45.00		37.75
	Incorporation		325.00	
	Seed \$\$			200.00
	Seminar			
	Depreciation	100.00	100.00	100.00
Monthly Expenses		9,168.47	8,031.49	8,687.10
Monthly Income (Loss)		796.02	780.79	15.28
	Depreciation add back(non-cash)	100.00	100.00	100.00
End Bal Cash on hand		15,851.51	16,732.30	16,847.58
	CD	PRUDENT	9,118.09	9,125.83
	CD#2	RESERVE	6,563.55	6,569.12
				6,574.70
	Assets: Literature& Medallions	21,817.95	21,388.60	20,291.25
	Literature Receiveable:(outstanding)	783.40	966.50	1,562.68
Corrections Facilites		1,854.28	2,285.47	2,535.62
	Contributions	690.85	274.15	258.23
	Expenses	259.66	24.00	60.00
Balance		2,285.47	2,535.62	2,733.85
Treatment Facilites		37.89	623.73	767.88
	Contributions	585.84	244.15	225.00
	Expenses			
	AT & T Bridging The Gap			
	AAA Abbott Answering Service			
	Literature		100.00	
Balance		623.73	767.88	992.88

YTD

45,967.05

553.57
4,390.00
398.00
35,102.05
565.59
450.00
366.35
75.00

87,892.61

7,855.70
810.00
24,573.90
(4,082.13)
(1,014.00)
(23.40)

6,189.83
1,316.76
278.76
3,186.00
1,187.08
2,839.05
1,461.36
1,970.00

1,335.15
529.20

1,953.20
19,031.20
1,566.46

4,000.00
390.38

1,801.22
1,662.49
2,007.00
1,170.00
548.90

325.00
25.00
900.00

83,994.11

\$3,898.50
900.00

+

2,911.46

2,206.99

704.47

2,498.14

82.76

3,140.50

3,223.26

(725.12)

PLEASE SUPPORT THE ENVELOPE SYSTEM...

GROUP CONTRIBUTIONS

GROUP CONTRIBUTIONS

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
6	11:45		50.00		0.00		0.00
6	12 Step		0.00		0.00		0.00
5	12 Steps/12 Traditions		225.00		0.00		0.00
1	4th Step Stumblers		0.00		0.00		0.00
6	6th Step		0.00		0.00		0.00
4	A Day At A Time	120.00	120.00		0.00		0.00
3	Abbott Men's	70.00	505.00	70.00	505.00	70.00	505.00
2	Acceptance/Welcome		0.00		0.00		0.00
8	Achievement		0.00		0.00		0.00
4	Ⓢ Action		60.00		20.00		20.00
2	Age Doesn't Matter		50.00		25.00		25.00
8	Akron Awareness		0.00		0.00		0.00
5	Alblon		0.00		0.00		0.00
3	Alexander		100.00		0.00		0.00
8	Ⓢ Amherst/ Snyder		558.41		0.00		0.00
6	Amsdell Lakeshore	151.00	396.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	35.00	305.00	15.00	125.00	15.00	125.00
4	Arcade		100.00		0.00		0.00
6	As Bill Sees It	41.25	341.25		0.00		0.00
4	Attica		0.00		0.00		0.00
4	Attica Big Book		0.00		0.00		0.00
8	Attitude Adjustment		50.00		25.00		25.00
8	Attraction		300.00		0.00		0.00
8	Backdoor		0.00		0.00		0.00
8	Back To Basics		0.00		0.00		0.00
7	Beginning In Sobriety II		50.00		0.00		0.00
8	Beginning's Women		150.00		75.00		75.00
5	Big Book Lockport		175.00		12.00		0.00
6	BB Spiritual Awakening		0.00		0.00		0.00
6	Big Book Study	30.00	60.00		0.00		0.00
3	Blasdell		0.00		0.00		0.00
3	Blasdell Monday Night		50.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women		0.00		0.00		0.00
2	Brass		0.00		0.00		0.00
1	B.S.C.-STAYING-SOBER		20.00		0.00		0.00
1	Buffalo		1.00		0.00		0.00
3	By The Book	50.00	50.00	15.00	15.00		0.00
6	Carry the Message	150.00	606.21		0.00		0.00
7	Casting		35.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake-Up Call		600.50		0.00		0.00
3	Gaz Manor		332.31		0.00		0.00
2	Central City Café	20.00	20.00		0.00		0.00
2	Chapter IX		220.00		120.00		120.00
3	Cheektowaga		600.00		0.00		0.00
2	Chevy #1		0.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		0.00		0.00		0.00
2	Common Bond		0.00		0.00		0.00
1	Commitment		200.00		0.00		0.00
4	Constant Vigilance(Varysburg)		0.00		0.00		0.00
1	Complainers		0.00		0.00		0.00
3	Ⓢ Courage	175.00	250.00		0.00		0.00
2	Daily Reflections		100.00		0.00		0.00
2	Daily Reprieve		93.25		0.00		0.00
6	Ⓢ Derby	50.00	300.00		0.00		0.00
6	Derby Lunch		26.00		0.00		0.00
6	Desire	150.00	560.00		0.00		0.00
2	Desperate		0.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
8	Ⓢ Dunkirk Monday Night	50.00	150.00		0.00		0.00
2	Early Bird		0.00		0.00		0.00
8	Early Bird Step		0.00		100.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst		0.00		0.00		0.00
4	East Aurora		350.00		0.00		0.00
2	Easy Does It	30.00	320.00	30.00	245.00	30.00	245.00
4	Ellicottville		0.00		0.00		0.00
1	Emergency		0.00		0.00		0.00
6	Everybody's		100.00		0.00		0.00
1	Express		483.00		0.00		0.00
8	Ⓢ Eyeopener		897.62		0.00		0.00
4	Eyeopener South		450.00		75.00		0.00
1	F.U.N.		0.00		0.00		0.00
1	Faith		0.00		0.00		0.00
3	Father Baker		0.00		0.00		0.00
2	Feelings		0.00		0.00		0.00
8	Fireside PM	400.00	1052.00		0.00		0.00
8	Fireside	285.00	1395.01		0.00		0.00
6	First Things First	150.00	540.00		0.00		0.00
8	Forestville Sunday Serenity		0.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom		850.00		100.00		100.00
7	Fresh Start		120.00		0.00		0.00
6	Friendly		0.00		0.00		0.00

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
1	Frontier(New)	65.95	1269.65		0.00		0.00
6	GAHA: DAGOH #1		0.00		0.00		0.00
3	Gardenville		0.00		0.00		0.00
8	Georgetown		0.00		0.00		0.00
2	Getting Better		0.00		0.00		0.00
1	Getting With It		83.95		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length		794.31		60.29		60.29
5	Golden Slipper		300.00		0.00		0.00
2	Grand		75.00		0.00		0.00
2	Ⓢ Grand II Joy of Living		147.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
3	H.O.W.		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
6	Hamburg Early Bird		100.00		0.00		0.00
8	Hand		80.00		0.00		20.00
2	Handicappers		0.00		0.00		0.00
1	Happy Hour II		0.00		0.00		0.00
7	Harmony		200.00		0.00		0.00
3	Helping Hand	25.00	175.00		0.00		0.00
8	High Noon		492.50		0.00		0.00
8	High View		300.00		0.00		0.00
7	Higher Power		50.00		0.00		0.00
4	Hillbilly		0.00		0.00		0.00
6	Holiday Village	200.00	1825.00	25.00	175.00		75.00
4	Holland		50.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty		436.00		0.00		0.00
2	How It Works/Men's	100.00	700.00		0.00		0.00
3	Inspiration		47.00		0.00		0.00
5	Intoxicated on Life		135.00		0.00		0.00
3	Ironhorse		1213.10		121.12		121.10
8	IT		0.00		0.00		0.00
5	Johnson Creek Big Book		0.00		0.00		0.00
1	Ⓢ Journey		0.00		0.00		0.00
5	Just For Today/ Albion		20.00		0.00		0.00
3	Just For Today/Cheek		200.00		0.00		0.00
4	Keep It Simple Sister		110.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		0.00		0.00		0.00
6	Ⓢ Lake Shore	100.00	550.00		40.00		0.00
6	Lakeview		200.00		0.00		0.00
7	Last Days Fellowship		0.00		0.00		0.00
1	Lawyers		360.00		0.00		0.00
5	LewPort		10.00		0.00		0.00
2	Liberty Women		50.00		0.00		0.00
4	Life Today	20.00	50.00		0.00		0.00
8	Lighten UP	120.00	422.85		0.00		0.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
2	Living Sober		0.00		0.00		0.00
5	Lock City		190.00		0.00		0.00
6	Ⓢ Lockport #1		550.00		55.00		55.00
5	Lockport Discussion		50.00		0.00		0.00
5	Lockport Ladies		100.00		0.00		0.00
5	Lockport Tuesday	60.00	210.00		50.00		0.00
5	Ⓢ Lockview	360.00	540.00	60.00	90.00	60.00	90.00
6	Look To This Day		0.00		0.00		0.00
7	Love	20.00	20.00		0.00		0.00
7	Ⓢ Lovejoy		150.00		100.00		100.00
5	Lower River		0.00		0.00		0.00
5	Lunch Bunch Albion		0.00		0.00		0.00
1	Main and High	6.00	41.00		5.00		0.00
4	Main Street		405.00		0.00		0.00
8	Maple Men's		25.00		0.00		0.00
4	Manila	50.00	208.00		0.00		0.00
3	Matt Talbot	60.00	330.00		0.00		56.00
6	McKinley Winners		0.60		0.00		0.00
5	MEDINA STEP WORK/IG BOOK		50.00		0.00		0.00
5	Medina New Life		30.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day		151.05		0.00		0.00
8	Midnight Discussion		100.00		0.00		0.00
5	Miracle Happen		0.00		0.00		0.00
1	Mobile		15.00		0.00		0.00
1	Monday CO	51.30	354.59		0.00		0.00
5	Monday Big Book		0.00		0.00		0.00
2	Morning After	100.00	400.00		0.00		0.00
7	New Awakening		0.00		0.00		0.00
1	New Freedom (Niagara Falls)		25.00		0.00		0.00
3	New Beginnings/St. Vincent		50.00		0.00		0.00
1	New Hope		55.00		0.00		0.00
3	New Life		0.00		0.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		143.00		0.00		0.00
2	Ⓢ North Buffalo		800.00		200.00		200.00
4	North Java Monday		0.00		0.00		0.00
4	North Java Sunday		0.00		0.00		0.00

GROUP CONTRIBUTIONS

	GROUP	CENTRAL	CORRECTIONS	TREATMENT
5	"Not Yet Named"	0.00	0.00	0.00
1	One Day At A Time	0.00	0.00	0.00
8	On The Cliffs	0.00	0.00	0.00
5	Open Arms	290.00	0.00	0.00
1	Open Mind	0.00	0.00	0.00
	Opportunity	0.00	0.00	0.00
4	Orchard Park Step	811.00	50.00	50.00
7	Pass It On	0.00	0.00	0.00
4	Patchin	0.00	0.00	0.00
1	Pathway to Peace	0.00	0.00	0.00
5	Pendleton Chapter Five	0.00	0.00	0.00
5	Point of No Return	0.00	0.00	0.00
1	Positively Living/Ret./Guiding Light	1000.00	0.00	0.00
7	Powerless	100.00	0.00	0.00
1	Pride	0.00	0.00	0.00
1	Primary Purpose	0.00	0.00	0.00
4	Principles-Bef. Personalities	13.00	97.00	0.00
4	Progress	0.00	0.00	0.00
2	Purpose/Tonawanda	0.00	0.00	0.00
2	Questions & Answers	50.00	151.00	0.00
4	Ray of Hope	0.00	0.00	0.00
1	Reco. Women in the BB	0.00	0.00	0.00
3	Recovery Near the Gardens	40.50	0.00	0.00
2	Redeemers	30.00	0.00	0.00
1	Reflections	0.00	0.00	0.00
5	Reflections on Recovery	0.00	0.00	0.00
7	Remember When	25.00	25.00	0.00
8	Renewal	0.00	0.00	0.00
2	Ride Sober	0.00	0.00	0.00
3	Ridge	128.00	0.00	0.00
	Rigorous Honesty	1.75	0.00	0.00
1	Rise and Shine	20.00	100.00	0.00
7	Rochester	0.00	0.00	0.00
3	Roland	0.00	0.00	0.00
4	Rural is Plural	0.00	0.00	0.00
2	Sally	0.00	0.00	0.00
8	Saratoga	0.00	0.00	0.00
7	Sat. Night in Recovery	0.00	0.00	0.00
16	Sat. Nite Sober	25.00	0.00	0.00
2	Searching For Serenity	300.00	150.00	150.00
7	Second Chance	0.00	0.00	0.00
1	Serenity	600.00	0.00	0.00
1	Serenity Circle	0.00	0.00	0.00
8	Serenity on the Lake	0.00	100.00	0.00
2	Serenity Shack Nooners	10.00	0.00	0.00
6	Serenity Trails	0.00	0.00	0.00
1	Setaside	500.00	0.00	0.00
2	Sheridan	60.00	120.00	0.00
6	Silvercreek Friendship	25.00	0.00	0.00
1	Sober and Proud	0.00	0.00	0.00
3	Sober Saturday	250.00	0.00	0.00
6	Sober Trails	60.00	0.00	0.00
2	Sober Train	0.00	0.00	0.00
5	Sober Winners	40.00	0.00	0.00
5	Sobriety Comes First	0.00	0.00	0.00
3	Sobriety for Women	0.00	0.00	0.00
8	Sobriety Men's Disc.	175.00	343.00	0.00
6	Sobriety On The Canal	0.00	0.00	0.00
5	Sobriety on a Sat. Night	0.00	0.00	0.00
5	Sobriety on the Lake	0.00	0.00	0.00
7	Solidarity	47.00	482.30	0.00
5	Somerset	0.00	0.00	0.00
3	South Buffalo	850.00	0.00	0.00
3	South Town	415.00	0.00	0.00
	Southtown Earlybird	20.00	0.00	0.00
3	Southgate	0.00	0.00	0.00
4	Southwestern	140.00	0.00	0.00
7	Spirit of Hope	50.00	25.00	0.00
2	Spiritual Progress	40.00	180.00	0.00
4	Springville Sat Afternoon	60.00	0.00	0.00
4	Springville Tues. Night	300.00	0.00	0.00
4	Springville Wed. Noon	145.00	0.00	0.00
4	Springville New Life	30.00	0.00	0.00
8	St. Barnabas	0.00	0.00	0.00
4	St. Mark's	0.00	0.00	0.00
3	Starting Over	500.00	0.00	0.00
2	Staying Alive	10.00	0.00	0.00
2	Step Action Group	629.05	0.00	0.00
8	Stepping Stones/Gov.	0.00	0.00	0.00
8	Stepping Stones/Will.	25.00	100.00	0.00
	Steps 1, 2 & 3	125.00	0.00	0.00
1	Sunday Afternoon Ascension	0.00	0.00	0.00
6	Sunday in Cattaraugus	60.00	0.00	0.00
3	Sunday Morning Breakfast	750.00	0.00	0.00
6	Sunday @ 8:00	25.00	0.00	0.00
1	Sunday Niters	0.00	0.00	0.00
	Sunday Third Group	0.00	0.00	0.00
1	Sunrise Court	300.00	10.00	10.00
8	SUNY Amherst Campus	44.00	0.00	0.00
2	Surrender and Hope	50.00	350.00	75.00
2	TFC-12 Step Call	0.00	0.00	0.00
8	TGIF	0.00	0.00	0.00
4	Thankful	40.00	0.00	0.00
2	Three Legacies	0.00	0.00	0.00
1	Those Too	0.00	0.00	0.00
3	Thruway	26.12	601.12	80.00
7	Thurs. Nite Steppers	0.00	0.00	0.00
	Thursday Big Book	0.00	0.00	0.00
3	Thursday PM Discussion	0.00	0.00	0.00
8	TnT	360.00	0.00	0.00
6	Today	0.00	0.00	0.00

GROUP CONTRIBUTIONS

	GROUP	CENTRAL	CORRECTIONS	TREATMENT
8	Today's Woman	0.00	0.00	0.00
8	Tri County	240.00	0.00	0.00
8	Tri-Step Beginners	25.00	0.00	0.00
3	Try Again	200.00	490.00	10.00
4	Tuesday Men's AM	200.00	0.00	0.00
3	Tuesday Women's	0.00	0.00	0.00
2	Turning Point	0.00	0.00	0.00
5	Twin Cities	100.00	0.00	0.00
8	Unity	0.00	0.00	0.00
2	University Men's Disc.	426.50	50.75	25.00
3	Valley	450.00	0.00	0.00
3	Victory	125.00	0.00	0.00
3	Victory Women's	20.00	0.00	0.00
1	Wake Up Call	75.00	0.00	0.00
6	WE (Women's Experience)	0.00	0.00	0.00
7	We Are Not Saints	0.00	0.00	0.00
3	We Care	0.00	0.00	0.00
7	We Don't Know	69.75	445.90	0.00
8	Wehrie	0.00	0.00	0.00
8	Westfield	0.00	0.00	0.00
1	Westminster	0.00	0.00	0.00
2	Why	0.00	0.00	0.00
8	Williamsville	50.00	0.00	0.00
8	Willing To Grow	439.50	0.00	0.00
5	Wilson Group	13.23	77.27	13.23
6	Wilson Smith Alumni	100.00	0.00	0.00
5	Women In Sobriety	0.00	0.00	0.00
7	Women Making the Effort	170.00	170.00	20.00
1	Women's West Side	0.00	0.00	0.00
1	Working	200.00	0.00	0.00
8	Young at Heart	0.00	0.00	0.00
5	Youngstown	0.00	0.00	0.00
	Terry B.	200.00	0.00	0.00
	Fireman Phil	50.00	0.00	0.00
	Marge P.	52.00	0.00	0.00
	John F.	50.00	0.00	0.00
	Elliott L.	25.00	0.00	0.00
	Kristin K.	25.00	0.00	0.00
	Aurora House	200.00	0.00	0.00
	Marie G.	80.00	0.00	0.00
	Art	2.00	0.00	0.00
	Camille I.	250.00	0.00	0.00
	Thomas F.	25.00	25.00	0.00
	Richard J.	5.00	5.00	0.00
	Hoot	8.00	8.00	0.00
		0.00	0.00	0.00
	TOTALS	4317.60	46027.05	258.23
			2886.46	225.00
				2447.39

ATTENDED CENTRAL COMMITTEE



RETURN SERVICE REQUESTED

*A.A. on the Niagara Frontier
681 Seneca St. (Lower)
Buffalo, NY 14210
buffalooa@hotmail.com*

NON-PROFIT ORG.
US POSTAGE PAID
PERMIT # 53
BUFFALO, NY

We're on the Web!
Buffalooany.org

**Have The New Frontier's delivered
To your home every month**



NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP** _____

ANNUAL SUBSCRIPTIONS;

**MAKE CHECKS PAYABLE TO: BUFFALO CENTRAL OFFICE, 681 SENECA ST.,
BUFFALO, NY 14210**

1 Copy	\$10	20 Copies	\$57
2 Copies	\$13	30 Copies	\$75
5 Copies	\$24	40 Copies	\$95
10 Copies	\$33	50 Copies	\$120