

NEW FRONTIERS

A.A. of the Niagara Frontier

November 2017

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



Motives are the Seeds of Action

In my early days of sobriety my wife came home from an Alanon meeting all excited about what they had talked about. Apparently, they were discussing their Forth Step inventories and she explained that when taking her 6TH step, it was important that she examine her motives, before making decisions. How interesting and profound that statement was, at the time, and it has come up many, many times since that initial conversation. Since almost everything we do, begins with what we think, that statement has been a big part of what I believe our goals are supposed to be when we are in the process of cleaning up the wreckage of the past. It also implies that we should examine our motives, for what we do, from this day forward, and be sure that they conform to the spirit of the principles that are suggested in the AA program.



This kind of thinking was foreign to me before John Barleycorn got his grip, but when the alcohol took its toll and I was circling the drain, I was forced to decide what I was going to do with the rest of my life. It became very important to learn and understand what the causes of my failures were, in the past, and what I could do to correct them. Like most of us, we have measured our successes and failures based on things we have accomplished, by the things we owned, and where we lived. It made little difference how we acquired those things. How different my thinking is today, compared to how it was back then. I no longer base my success on material possessions. As the old country song says, "one rich man in ten with a satisfied mind." This, to me, does not mean that we must take a vow of poverty. To me, this means that if I am honest with myself and that my motives are pure and unselfish, I can be content at any economic level. My motives make it so.

I was doing a little research to find the definition of the word happiness and discovered that it is often described as "a by product of right living and not an end in itself" Happiness is not a goal, but it is the result of living right. A friend once shared at a meeting that, satisfying his wants will never make a person happy. Another person shared that she had read something that described it like this: "happiness is like a butterfly, the more you chase it, the farther away it gets, but when you stand still, it will land on your shoulder". If my motive is to create happiness, it's probably not going to happen. These subtle little gems of wisdom are revealed to me daily and they slowly become a part of my mental make-up.

As I look back on my life I realize that I can never recall being truly happy until I learned and understood this concept. As long as my motives, for what I did, were of a selfish nature or, to get the approval of others, I was not getting the results that I was seeking. When I started doing deeds that are based on unselfish motives and doing it without fanfare, the byproduct landed on my shoulder. Yes, I stopped chasing happiness and started living right, as best I understood it to be, and I receive more than my share of happiness. Taking Steps 6 and 7, to me is the beginning of a new adventure in making right decisions and it will be a very long process of recognizing my motives and being completely honest with me about them. Once I discover the proper motive, I must ask for the strength to carry out what I perceive to be the proper action.

Examining my motives has made me look deeper at many of the subtle little differences in the words we use and their causes and effects and, for my purposes, I find that my defects of character, cause my shortcomings, and when I understand my defect, my shortcoming (faulty behavior) can be corrected. When I understand the problem, the troubles can be corrected. These ideas may be hard to grasp in the beginning but if I hadn't started looking deeper into my motives, I may never have resolved the deeper issues. These days, Unselfish Motives are the seeds that all of my thoughts and actions stem from, and that is as simple as it gets.

I Think Before I Do.

By Rick R.: The Courier; October 2017



Tuning in to Our Higher Power

I had heard the last half of the Eleventh Step many times in meetings: ". . . praying only for knowledge of His will for us and the power to carry that out," yet I often wondered just how one can learn about God's will.

One day during an Eleventh Step meeting someone spoke of "tuning in" to God's will through regular periods of prayer and meditation. A picture of the TV set at home flashed across my mind. I saw myself twisting the knob to change channels, and with this came a new approach (for me) to this part of the Eleventh Step.

When I want to pick up the picture from a television station, I don't start by asking the station engineer to tune the signal to the place on the dial where my TV is set. Instead, I turn the knob at home to find the channel that carries that broadcast signal. In other words, I adjust to the station's setting instead of expecting it to comply with mine. Might not the same thing be true for the signals that come from my Higher Power?

Viewed this way the entire purpose of prayer and meditation becomes that of focusing on God's will for me instead of asking for this or that according to my will at the moment. Instead of expecting my Higher Power to change things to suit me (the equivalent of asking a TV station to move its signal to the channel where my dial is set), I need to focus my daily period of quiet meditation on creating a condition within myself that opens me up to, and accepts, God's will for me. The first step in seeking God's will is that of becoming receptive to it!

Since that day when the image of the TV set came to mind I've felt so much more in tune with the entire purpose of the Eleventh Step. The act of focusing on God's will--as we are told to do in the second part of the Step--increases my success with the first portion that deals with improving my conscious contact with God as I understand him.

The "Twelve and Twelve" tells us that when we catch a glimpse of God's will for us, and focus on the real and eternal things of life such as love and truth, we are no longer deeply disturbed by many smaller things that surround us in our daily affairs. Tuning in to a Higher Power truly leads to greater serenity--and to a much richer way of life!

George B., Alexandria, VA

With permission, AA Grapevine, November, 1993

November Is Gratitude Month

Gratitude is always in order, but many groups have designated November as a particular time to give thanks to the A.A. program. It has been that way since the 1940s, when the General Service Board held small "gratitude dinners," which were replaced in the 1960s by larger "gratitude" lunch-eons. These were ended in 1968 because they were deemed too expensive.

In 1956 and 1957, there were floor actions at the annual General Service Conferences recommending that Thanksgiving week in those years be designated A.A. Gratitude Week." ***Acceptance may be the answer to all our problems, but gratitude has to be a close second.***

As many in A.A. have discovered, gratitude is a sure cure for self-pity. And can you be resentful at the same time that you're grateful? Some in recovery will coax their thinking onto spiritual lines with gratitude lists.

So, Where'd My Buck Go ?

Some of the smaller size AA groups barely collect enough money to pay the rent and buy the coffee. God bless them! The bigger size AA groups tend to collect a lot of money and can even afford an occasional sheet cake. God bless them too! So, there are many different size groups with different financial situations.

For the most part though, I have found that the AA groups around here seem to be fairly well attended and in pretty good shape. And, when the basket is passed, the AA's who are able throw in a buck or two. The collection baskets usually appear healthy enough to cover expenses and then send *something* to AA Central Office / Corrections / Treatment. Unfortunately, it looks like that's not what always happens.

The "Group Contributions" report published in the *New Frontiers* shows that some of these well attended AA groups have given \$0.00, Zilch, Zip, Nada, Nothing !!!

So, where'd my buck go ?

Jim L.; All is Well Group, West Seneca

archives



November 2017 New Frontiers AA History article time by yours truly again this month (next month a real writer, as I believe prayers got answered – thanks to you ALL for the help in that regard)!!!

So, as AA has taught me the most important part of my recovery is my ability to ask for help, I decided to just GO TO THE SOURCE and ask “Did anything interesting happen in AA in November?” of an archives member and as usual got the EGO blast that often comes out of left field. The dear gentleman opens his mouth and says something about hitting the internet and I of course open my mouth with “Okay, okay, I’ll get on the web but was hoping for a head start, since this is due in the morning.” Which is when he did as my beloved sponsor does in reminding me that NO, I actually do not know what he was about to say – so I listened, and here’s my take on his ‘suggestion’:

Twenty years ago the readers of THIS newsletter got their “November 1997 New Frontiers” with some funky scary font and a box right on the front enclosing “Recipe For Recovery - no half measures, please” that is thought-provoking. The “Start with a generous helping of acceptance.” and “Add abstinence and marinate.” tickle me but by far, my favorite part is about adding “Tolerance to taste (Patience may be used as a substitute).” To see the whole recipe, my dear friends, go to <http://www.buffalooany.org/newsletter.htm> and slide down to November 1997. You’ll be so glad you did – check out the “An Old-Timer Remembers” article on page 4 will touch your heart – as “Joe H.” of the “Giving Group” intended.

And if anyone knows what “Screeners” are (page 10 in center of page) which has something to do Treatment Facilities Committee – there’s a statement about “We have now received 23 postcards back from the screeners.” which has me baffled. Hit me at ARCHIVES@AREA50WNY.ORG if you know. Maybe I should call Jesse S. who for now is the chair of Buffalo’s Treatment Facility Committee. Nah, too late, not a good idea.

Anyway, on to the reason for this article – something of interest that happened in November of 1997.

So I prayed, and other than noting that Iron Horse, North Buffalo, University Men's, Thruway Group, EyeOpener, Renaissance Group, Fireside, Williamsville and Acceptance Group were strong groups rather than meetings even way back then, I wasn’t finding a topic other than how people vote with their feet, until it hit me – on page 2 in a message from an AA member about requesting cards and letters for his friend who was lonely and would soon be celebrating 28 years of sobriety. He stated that Jesse S. tried to make us believe he was a grizzly bear but “for those of us who really knew him he was just a teddy bear with a warm heart.” who now needed some contact, having found out all about loneliness.

I’m about 95% certain that this “Jesse” is the man of “PITY POT” fame that I’ve heard about since coming to the rooms in January of 2008. Many told me about an AA character who would talk to many whining newcomers (as I sure was then) about having a pity pot for them – and retrieving from his car a toilet seat with nails driven up through it. Bed of nails took on a whole new dimension for me. Do you know of someone who actually saw this PITY POT – or KNEW JESSE? If you do, please email me or let Terry know so I can contact you! We have very little information about this gentleman – but who would personally remember him?

Hope to see you soon wearing your sobriety!

Yours in the Spirit of AA, Lila M., Area 50 Archives Committee Chair

Step Eleven: Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry it out.

Share your Experience, Strength and Hope

Please submit your announcements by the **12th**
for next month’s issue

Articles can be submitted at any time

e-mail address: buffalooa@hotmail.com

or mail to:

**Buffalo Central Office
17 Gierlach Street
Sloan, New York 14212**

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: quotations from “Alcoholics Anonymous”, “Twelve Steps and Twelve Traditions” and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Articles reprinted with permission of A.A. Grapevine, Inc. are subject to Grapevine copyright.)

Heard @ a Meeting

"When one door of happiness closes, another opens;
but often we look so long at the closed door
that we do not see
the one which has been opened for us.

~Helen Keller

IN MEMORIAM Things We Can Not Change

To all of our members who have lost family and loved ones

Bill W. ~ Depth & Weight Group
Blue-eyed Paul. D.

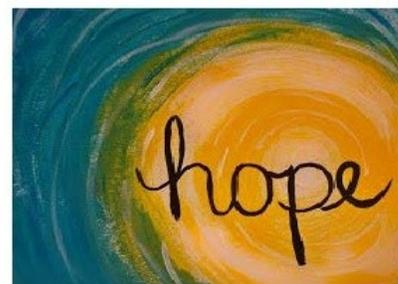
Our thoughts and prayers are with you

NOVEMBER ANNIVERSARIES

Alexander	
Liz K.	31y
Acceptance/Welcome	
Brian M.	5y
Anthony L.	7y
Sue H.	23y
Amherst Snyder	
Micheal W.	6m
Mike L.	4y
Linda D.	10y
Sr. Mark	36y
Awareness	
Barb D.	35y
By The Wayside	
Herb	10y
Dave C.	22y
Coldsprings	
Maxie E.	7y
Blaine H.	27y
Andrew G.	28y
Stanley B.	34y
Courage	
Susan S.	28y
Patty K.	34y
Derby	
Andrew M.	3m
Joshua A.	3m
Pat I.	28y
John M.	39y
Easy Does It	
Lotus C.	3m
Kedra W.	6m
Jeff W.	5y
Steve B.	10y
Elizabeth G.	16y
Carey A.	18y
Suzanne E.	22y
Eyeopener	
Jen W.	3y
Jim C.	7y
Mike C.	11y
Deb M.	11y
Bernie A.	16y
Jay W.	17y
Cathleen D.	26y
Patty K.	34y
Eyeopener South	
Stan K.	6m
Jason M.	1y
Kevin B.	1y
Michele V.	1y
Christie H.	2y
Briam W.	2y
Steve	2y
Nancy M.	4y
Golden Slipper	
Wayne H.	18y
Andrea H.	32y
Helping Hand	
Chris E.	19y

Holland	
Keith J.	4y
Chris P.	29y
Mike S.	33y
Holland	
Rich W.	2y
Keith J.	4y
Mike S.	33y
How It Works	
Phil L.	2y
Trevor S.	2y
Skip	3y
Joe Z.	8y
Jerry S.	44y
Ironhorse	
Tom M.	5y
John W.	5y
Tom McC.	5y
Mike Z.	10y
Mike N.	24y
John S.	35y
Kensington	
Paula Z.	4y
Terese R.	11y
Lakeshore	
Gary P.	1y
Marc L.	16y
Mike M.	19y
Lockport #1	
Brian C.	1y
Marching Forth	
Jim L.	4y
New Life	
Mark	27y
Orchard Park Step	
Jason C.	2y
Gretchen D.	2y
Questions & Answers	
Cheryl M.	6m
Ted	6m
Darren G.	1y
Linda H.	34y
Renaissance	
Robin D.	9m
Nancy O.	9m
Tom M.	5y
Sue M.	31y
Mary K	34y
Remember When	
David G.	2y
Irving S.	5y
Alfonso	18y
Kenny C.	44y

Rise & Shine	
Carlos M.	2y
Tim L.	2y
Michael S.	3y
Joseph O.	3y
Robyn W.	3y
Katie S.	3y
Amanda M.	7y
Peter Z.	9y
Jeff F.	9y
Kim M.	10y
Torrie L.	12y
Terry M.	16y
Michael R.	23y
Mary Lou Z.	39y
Sheridan	
Daniel L.	1y
Brad M.	3y
Dave C.	37y
Spiritual Progress	
Kristin R.	2y
Carol M.	7y
Beth V.	9y
Sally Ann C.	32y
Step Action	
Margaret N.	3m
Dennis T.	1y
Ellen C.	2y
Sunday Morning Breakfast	
Jan C.	26y
The Grove	
Tyler V.	1y
Kyle T.	1y
Loren H.	2y
Cory W.	2y
Dan L.	2y
Mike F.	2y
Jeff D.	3y
Bob N.	6y
Chris E.	18y
Tri County	
Jon L.	10y
Mike Mc.	11y
Matty	12y
Turning Point	
John G.	33y
Williamsville	
James R.	3y
Tom W.	4y



Group Anniversaries

4th Step Stumbers; 21y
 Amherst Snyder; 57y
 Any Lengths; 23y
 Blasdell; 50y
 Easy Does It; 27y
 Eyeopener; 34y
 Keep it Simple Sister; 28y
 Lockveiw; 30y
 Lower River; 28y
 McKinley Winners; 38y
 Chapter V; 28y
 Stepping Stones Gowanda; 29y
 Sunday AM Breakfast; 28y
 Turning Point; 33y
 Twin Cities; 74y
 Women's Westside; 28y

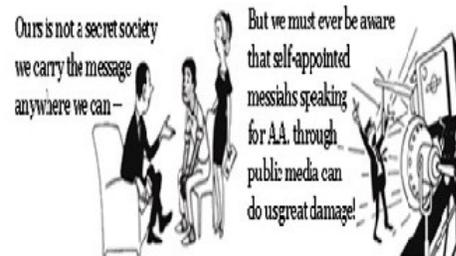
Please remember to
 have the anniversaries
 submitted by
 the 12th

END OF BUSINESS DAY 4:30 PM
 of the month
 previous



The Eleventh Tradition

*Our public relations policy is based on attraction, rather than promotion;
 we need always maintain personal anonymity at the level of press, radio and films*



**Powerless
 Not Helpless**

PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED :-)

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM

17 GIERLACH STREET
SLOAN, NEW YORK 14212
Fax: 853-0389
buffaloaa@hotmail.com

Real-Time schedule? Check your website: www.buffaloany.org

November 2017

IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.

MEETING CHANGES

- **Marilla Group Needs Support.** Friday's 8PM, Marilla United Methodist Church, S-1910 Two Rod Road and West, Marilla 14105.
- **New Group: The North Collins Group,** Monday's, 8 PM, First Congregational Church, 10385 Main St., North Collins 14111. Open Meeting.
- **Somerset Group** Friday's 10:3 am in Appleton; **NO LONGER MEETS.**
- **East Amherst Tradition** start time has **changed to 6:30 PM.** Monday's, Horizon Health, 6495 Transit Rd, Suite 800, East Amherst 14051.
- **North Java Monday** has Changed it's start time to **8:00 PM.** Holy Family Parish, 4316 Rt 98, North Java 14113.
- All Groups that meet at **St. Kolbe Center** (Reflections; Wed. & Thur. Nite Stepper:Thur.); 176 Clark St., Bflo East 14212: **NO LONGER MEET.**
- **Lockport Ladies Group** has **moved;** VFW Post 2535, 112 Caledonia St., Lockport 14094. Saturday 10AM.
- **Dawn Of Hope Group; No Longer Meets.** Fellowship of Gods Word Church, TUESDAY & THURSDAY, 7:30 PM, 116 Broad St. @ Seymour, Tonawanda (City), 14150.
- **E. Amherst Traditions Group** is **changing their start time to 6:30 PM in Sept.** Horizon Health, Monday's, 6495 Transit Rd, Suite 800.

SERVICE OPPORTUNITIES: COMMITTEE MEETINGS

~Nov. 5, **Committee Meeting that meet prior to Central Committee 5:30 PM**

St. Andrew's Church Parish, (Corner of Crocker & Reiman) 34 Francis Ave, Sloan, 14212,

Steering Committee (5:30 PM) in CO

Public Information Committee meeting

Treatment Facilities Committee

Corrections Committee

Nightwatch Committee

Envelope System (6:30 PM)

Followed By Central Committee 7:00 PM: (Hosted by Sobriety Men's Group)

Nov. 13, Archives Committee Meeting; 2nd MONDAY 6:30PM. Buffalo Central Office, Work night's; 4th Monday's.

~ Nov. 11, GSA Area 50, 12:00 NOON, Niagara Falls Memorial Hospital (Hosted by NF Intergroup)

~ Nov 15, **GSA District 16 (Southtowns) Meeting.** 7:00 PM(3rd Monday), at 2063 Southcreek Rd., Eden 14057.

COMING EVENTS

~ Nov. 3-5, **76th Buffalo Fall Convention**. Millennium Hotel, 2040 Walden Ave, Cheektowaga 14225. Flyers & info are out and on the website: www.buffaloaaany.org.

~ Dec. 1, **Corrections Connection Day of Sharing**, Presented by Area 47 & 50. Wende Correctional Facility, Quality of Work Life Building, 3040 Wende Rd., Alden 14004. Join for a day of sharing between AA members and state prison staff sharing about the role of AA in prison. No clearance required, event is held outside the jail. Lunch will be provided. Must RSVP to Paul W.: please leave a message for him at Rochester Central Office; 585-232-6720 or raacog@frontiernet.net

~ Dec. 31, **Tri-County Group Annual New Years Eve Party**. St. Joseph's RC Church, 67 East Main St., Gowanda. Door's open at 7:30, Speaker at 8:30 food and fellowship & music, 9:30-12. Please bring a dish to share. For more Info call Percy; 532-1410.

Yours in the Fellowship of the Spirit...Terry B.... Executive Secretary

11th STEP: "Sought through prayer and meditation to improve our conscious contact with God as we understood him, praying only for knowledge of His will for us and the power to carry that out."

11th TRADITION: "Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films."

11th CONCEPT: The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious con-

Motion to Change By-Laws; Presented by Jesse S.: Vote November 5

To create the Education and Participation Committee which will be a permanent standing committee falling under the same guidelines as all current standing committees. The specific responsibilities of this committee, to be added to Article IV of the Buffalo Central Committee Articles of Incorporation are as follows:

Education and Participation Committee

1. The purpose of this committee is to foster and encourage group participation in the Buffalo Area Central Committee and to provide training to facilitate participation.
2. The Education and Participation Committee shall consist of not less than three members of A.A.
3. Officers shall be elected internally and shall meet such sobriety requirements as the committee may specify. The chairperson shall be elected by the committee for a term of two (2) years.
4. The duties and responsibilities of the Education and Participation Committee are:
 - A-To foster participation and membership in the Intergroup.
 - B-To welcome new members of the Voting Body of the Central Committee (§2.02b), and to provide them with information regarding the structure and operations of the Central Committee.
 - C-To establish and conduct educational and informational sessions for group secretaries and treasurers, Central Committee Representatives, and others as appropriate.

Background Information:

The Education & Participation committee is responsible for fostering and encouraging group participation at the Buffalo Area Central Committee. This is done by providing training to new Central Committee Representatives, putting on workshops for the fellowship about various A.A. related topics, and reaching out and educating groups about what the Central Committee does and why we need volunteers.

There is an active "E&P" committee at the Rochester Area Intergroup that has been in existence for 5+ years and has been effective at increasing participation in Rochester area service committees per current and past Rochester E&P committee members. This committee would address ongoing concerns that have been voiced at Buffalo Central Committee regarding participation at this level.

What types of service work can A.A. members do at the Education & Participation committee?

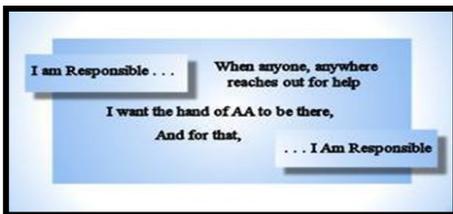
At the Education & Participation Committee, A.A. members learn the ins and outs of the Rochester Area Intergroup so they can visit groups and encourage them to participate, learn to put on local workshops (including selecting topics, finding speakers, promoting, and throwing the event), and provide information to new intergroup reps as well as homegroups. Homegroup information sessions range from secretary and treasurer training to how to run a group conscience or group inventory.

https://www.rochester-ny-aa.org/pdf_files/education_participation_pdfs/IR_Pamphlet_Updated_Version_121815.pdf

Orientation:

"The Education and Participation will hold orientation (greet new IRs, give them packets, let them know where to sign in, and answer questions) for all new IR's"

Central Committee Minutes October 1st, 2017



The meeting was opened at 7 o'clock by the committee's chair Zach F, with the responsibility statement and the serenity prayer. Next, we heard some readings. Patrick read the preamble, David read the Purpose of central committee, and Lila read the traditions. After the readings Hannah came up and gave a great talk on tradition 10. Come out next month to hear Jesse S tell us about tradition 11. A Motion to accept last month's meeting minutes was made by Harvey and seconded by all.

There were 28 groups represented and there were 55 people present at the meeting.

The Groups break down as follows by zones: Zone 1 – Main and High, The Beginning of Recovery. Zone 2 – Depth and Weight, how it Works, North Buffalo, Questions and Answers, Renaissance, Position of Neutrality, Step Action group, Three Legacies. Zone 3 – Abbott Men's Discussion, Buffalo, Iron Horse, Matt Talbot, The Herd. Zone 4 – Orchard Park step, Tuesday Men's Discussion. Zone 5 – Lock City, Lockport Ladies. Zone 6 – Derby Group, Going to any Length, Lakeshore. Zone 7 – Fresh start. Zone 8 – Amherst Snyder, fire-side, High noon, High view, Step it up.

Committee Reports

Envelope System - The envelope committee met on Sunday October 1st, 2017. In attendance were Diane d and Pat G.

1. The envelope system was established to allow individual AA members to directly contribute money to Buffalo central office to help with operating expenses and ensure that central office can continue to carry the message.
2. Please take back to your homegroup this suggestion. When a member has an anniversary of sobriety suggest that they use the envelope system purple brochure as a way of giving back. For example, if you have 16 years sobriety you could give \$16 in a one-time payment or \$16 monthly for a year.
3. Our committee continues to inform AA groups about the financial needs of central office and how to use the envelope system to help. We do so during business meetings or at announcement times during regular meetings.
4. Please help the envelope system by stocking the purple brochures on your literature rack. They are available at central office.
5. Our next committee meeting is Sunday at 6:30 November 5th prior to the central committee meeting at that location.
6. As always, we are looking for volunteers to join us.

Yours in service pat g

Steering Committee – 7 people in attendance, Zones 1,4,7 still currently need a representative. There were a lot of topics discussed, and they closed with the lord's prayer. - Alan D

Treatment - The envelope committee met on Sunday October 1st 2017. In attendance were Diane d and Pat G.

1. The envelope system was established to allow individual AA members to directly contribute money to Buffalo central office to help with operating expenses and ensure that central office can continue to carry the message.
2. Please take back to your homegroup this suggestion. When a member has an anniversary of sobriety suggest that they use the envelope system purple brochure as a way of giving back. For example if you have 16 years sobriety you could give \$16 in a one-time payment or \$16 monthly for a year.
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Yours in service pat g

Corrections – last month we received flyers for the corrections connection day that is going to be held on Dec 1st, 2017 from 8am-4pm. They will be on the intergroup website soon and, I will have some for you to bring back to your groups next month. We also spent 885 on books and pamphlets last month for the prisoners. Also sue and another volunteer went into Lakeview Shock for women's prisoners. We haven't had meetings in a women's part of the prisons in the last 3 years, since I've been a part of this committee so this is exciting. Please remind your groups to go onto the intergroups website for the state and county applications. Mail them to Central Office so we can get these new and old meetings stronger and stronger. - Shannon S

Central office - TOTAL CALL'S INCLUDING AFTER-HOURS; AA Call's: 344, 12-STEP:138, ALANON: 2, VISITORS: 232, VOLUNTEERS:2 volunteers Email's:452, Website Hit's; 94,788 / of them 10,241 Unique Visitors, Total number of visits: 19,482. Number of forms received to add to our 12th Step List: 0.

GROUPS WE NEED CONTACTS FROM ARE: HUDSON & WADSWORTH-7, DESIRE-6 & WOMEN IN SOBRIETY-5

We spent 2 days with Karen S. trying to add a donate button to our website. In the current program (Expressions Web) after several phone calls it will NOT be possible to do, if we want to know who is contributing. There is no way to have a field to show the Group name, only the contributors name :(Have one last hope out there that Karen is waiting to hear back from, but it's a long shot :() Over the next year we may (with help) try to convert our current website over to WordPress, that does have the plug-ins to do what we'd like done.

Yesterday GSR area met with the 4 intergroups in area 50.

The 2017-B schedules are in :)

On Wednesday morning I will be driving to this year's Central Office Intergroup Seminar. Volunteers are scheduled for the office.

Yours in the fellowship of the Spirit... Terry B.

(Central Committee Minutes Continued...)

Night watch – Night watch commitments are being covered each month by different groups around the area. New groups Have shown interest in participating and will be manning the phone lines in the upcoming months. We will visit the Derby group this month to inform them more about Night watch. Thank you to everyone who has and will be participating. – Raeann F
PIC/CPC – There were 4 people in attendance. If you would like some of the pamphlets of information for your Doctors please get in touch with me and I will be happy to supply you with the packets. Getting We are now working on Getting AA Literature to out-patient facilities in the area. We are also establishing contact with Buffalo Erie County Public Libraries to supply them with literature. – Randy

Accessibility – We will have our next meeting in Dunkirk, NY during the break at the Oct 14th GSA meeting. Well Take this time to introduce the new Accessibility Chair, what projects we are working on. We will also set goals for the next 2 years. If you are interested in joining or have ideas of what we could do please plan on attending.

Buffalo Fall Convention Report – The 2017 BFC will be held on November 3-5, 2017 at the Millennium Hotel. 2040 Walden Ave, Buffalo, NY 14225. The Cut off to book a hotel room at the reduced rate is 10/04/2017. So far, we are at about 360 registered. We will be using the square again this year for credit cards. If any groups would like to donate baked goods and or money for the hospitality room please contact me. The ceramic mugs and stainless-steel mugs are done. The Hoodies and Crewneck sweatshirts will be done this week. We will also be selling baseball hats this year with only the key on them. Our final meeting will be a walk through at the Millennium tentatively set for 10/23/2017 at 6pm. Many committees have asked for a table for the weekend they all have been accommodated thus far. If anybody else would like one please contact me and I will forward your info to Christen. Entertainment will be a DJ both Friday and Saturday. Dicobe media will be doing the recording and selling cd's again this year. Lastly, I'd like to say the Millennium Hotel has been Phenomenal to work with!!! If Anybody has any suggestions good, bad or indifferent please contact me at 7168666612. Thank you for the opportunity to serve Alcoholics Anonymous! Your 2017 BFC chair – David G

GSA Liaison – No Report. Next assembly meets Oct 14th 12 noon, Dunkirk NY First Presbyterian church, 4th and Eagle St.

Archives - Thank you so much for the honor and privilege of serving all of you groups for this past month and for all the times in my recovery where service work has brought me back to sanity and away from my millions of insane thoughts. Trying to help with saving our history has given me six incredible years of sobriety and growth away from my way of thinking and toward a real life. Dealing with others on committees has changed so much in me I cannot begin to list the lessons that I'd never have gotten without this committee and their open minded acceptance of this drunk. My thanks to all of the Western New York Alcoholics Anonymous fellowship for helping my Higher Power change me.

We of the archives committee have reported to 4 of the 4 intergroups this past month thanks to Wally's help! We held our last Monday evening monthly archives meeting – which are now on the third Saturday of each month at 10pm in the Buffalo Central Committee offices. Tom attended the Buffalo Fall Committee and I attended the Niagara Falls Spring Convention committee planning meetings. We continue to have worknights on the 2nd and 4th Monday evenings each month at six-thirty in the archives office.

We displayed at the NYPenn Day of Sharing, and just last week had two Buffalo group anniversary displays on Tuesday at Orchard Park Step group and then Wednesday at the Blvd Womens Group!

Since archives is an autonomous committee receiving no funds from no unorganized parts of AA, though we are part of the Area General Service structure, the thanks goes directly to you groups and individuals who have donated to archives for affording me the privilege of attending this past weekend's National Archives Workshop in Winnipeg, Manitoba, Canada! Hearing about ways around the world that AA is changing the world - and in particular how remote communities are handled - which can be due to barriers of location or language like the Polish speaking community in Chicago, the isolated workers on the oil rigs in the Gulf of Mexico and the far flung isolated alcoholics in the wilds of North America's ice covered lands - have made me look at our own area differently. Do we have sets of alcoholics completely un-noticed right here in our local fellowship? Does complacency allow us to pretend they don't exist?

The massive loads of concepts brought back from there have given me ideas to utilize in our area to reach out to our primary purpose – which since just re-elected for a second 2 year term, I've got two more years to try out! You'll be hearing about these ideas and hopefully it will result in some assistance from whoever God decides to tap into action to assist in the archives committee goals we've been working toward for years!

If anyone knows of someone interested in our history that may have one hour per month available – please let them know that their assistance could prove more valuable than they realize – and that I'd love to contact them about different help needed by our committee! Don't hesitate to reach out to me by phone or by email at ARCHIVES@AREA50WNY.ORG for details!

An Open House is being discussed by the members of the committee – more details are upcoming on that event which will probably be in the spring!

We'd love to display the archives at your group anniversary or special event - remember we appreciate a 30 days advance notice so transportation can be set up! Your PRIMARY PURPOSE efforts may be assisted by this sharing the history of AA at YOUR MEETING more than you can know.

And the usual reminder to all AA members of these 8 counties of Western New York – throw NOTHING group-related away without considering your unborn alcoholics to come, which is the purpose we work hard at keeping our area documented accurately and the reason for the existence of this ARCHIVES Committee.

Yours in service, Lila M., your grateful Area 50 Archives Committee Chair

Old Business

Motion made – For the Buffalo Intergroup of AA to write a letter of support for the Buffalo Bid for the Empire State Conference of Young People in AA for 2018

The Representative that made this motion was not here to discuss or answer any questions so a proposition to table this motion indefinitely was brought up by our chair and no one was opposed.

New Business

Motion made by Harvey – We send a representative to the group “Positions of Neutrality” to attend the meeting and clarify if there is a violation of our traditions and report back next month. That motion is seconded. After slight discussion that motion was withdrawn, and steering committee was given this task since it was in the scope of their job details.

Motion to close was made by indie and seconded by all

Cash Flow Statement	Jun-17	Jul-17	Aug-17	Sep-17
Beg Bal Cash on hand	19,005.17	19,775.34	19,644.07	21,521.59
Contributions				
Groups	5,531.48	3,952.39	5,690.84	4,872.62
Joint Meeting	68.52	53.00	83.00	77.00
Envelope System	928.66	976.66	638.66	967.66
New Frontiers Subs	40.00	-	80.00	10.00
Literature/Medallions/Pins	4,001.95	1,240.70	4,311.00	4,353.28
Literature Sales Tax	255.45	100.20	294.74	265.23
Literature Postage	31.71	3.95	47.77	14.31
Sales+/-		31.35	462.80	(51.03)
Archives Room Rent:	10.00	-		300.00
Committee Meetings	24.00	-	30.00	18.00
(Aug)Security Deposit Return		42.93	753.04	
Transfer from PR				
GSA Hosting 3/2017				
"Gratitude Month" (NOV)				
Conventions/Day of Sharing				
Monthly Income	10,891.77	6,401.18	12,391.85	10,827.07
Expenses				
Building Rent/Utilities	1,496.50	1,000.00	1,000.00	1,000.00
Central Com. Rent	35.00	35.00	35.00	35.00
Payroll Gross	4,236.93	2,824.62	2,994.20	2,909.36
Employment Taxes	324.12	216.08	229.04	222.56
Unemployment Surchar	56.40	(5.96)	(6.81)	(6.06)
NYS Sales Tax	773.73			693.10
Insurance				
State Ins Fund(Travelers)				
Health	623.30	623.30	623.30	623.30
D&O Insurance				
Liability		28.12		
Postage	921.47	3.92	5.39	640.98
Phone/internet	138.21	622.18		135.61
Accounting				
Paychex	217.98	83.71	218.13	145.42
Advt				
Dex Media	184.60		369.20	184.60
website				
Local Edge				187.00
Literature Expenses				
Grapevine				
World Services Inc			2,549.20	1,610.15
Hazeldon			420.95	
Printers				
Medallions			407.34	351.69
Office Supplies	879.19	851.89	777.96	165.67
Phone & Network wiring				
Copies/ service contract	161.00	161.00	161.00	161.00
Copier Lease				
Bank Fee's including credit ca	73.17	88.59	80.44	100.46
Moving Expenses			649.99	
GSA Host				
Convention				
CO Seminar				
Monthly Expenses	10,121.60	6,532.45	10,514.33	9,159.84
Monthly Income (Loss)	770.17	(131.27)	1,877.52	1,667.23
End Balance	19,775.34	19,644.07	21,521.59	23,188.82
Petty Cash	3,000.00	3,000.00	3,000.00	3,000.00
Total Balance	22,775.34	22,644.07	24,521.59	26,188.82
PRUDENT RESERVE	23,144.94	23,145.33	23,145.72	23,146.10
Assets: Literature& Medallions	12,402.60	13,572.86	11,812.99	10,875.51
Literature Receivable (outstanding)	457.84	766.11	572.05	157.24
Removed from Stock				
Corrections Facilities	1,770.60	1,912.60	2,017.27	2,101.02
Contributions	265.00	107.67	125.00	30.00
Bank Fee's	3.00	3.00	3.00	3.00
Expenses	120.00		38.25	885.00
Balance	1,912.60	2,017.27	2,101.02	1,243.02
Treatment Facilities	532.88	622.88	768.88	1,113.88
Contributions	653.00	149.00	348.00	219.00
Expenses	560.00			
Bank Fee's	3.00	3.00	3.00	3.00
Balance	622.88	768.88	1,113.88	1,329.88

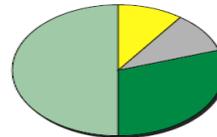
YTD: 2017

47,606.67
600.08
7,884.01
367.00
34,798.56
2,269.66
270.82
536.75
590.00
182.00
820.97
-
3,561.32
99,492.84

Intergroup wants to express our appreciation for those groups and individuals who have made generous financial contributions, and give a **special thank you** to all the members who have volunteered their time this year to help the sick and suffering alcoholic.

Examples of Group Contributions to A.A. Service Entities

Distribution of funds from groups that support four service entities



10% to district
10% to area committee
30% to G.S.O.
50% to intergroup or central office

50% to Intergroup or Central Office
30% to G.S.O.

10% to WNY Area 50 committee

10% to district

(No district account; suggest GSA, Treatment, Corrections or Archives)

A Declaration of Unity

This we owe to A.A.'s future:
To place our common welfare first;
To keep our fellowship united.
For on A.A. unity depend our lives,



Concept XL: The trustees should always have the best possible committees, corporate service directors, executives, staffs, and consultants. Composition, qualifications, induction procedures, and rights and duties will always be matters of serious concern.

- Do we understand how the roles of nontrustee directors and nontrustee appointed committee members help serve and strengthen the committee system?
- How do we encourage our special paid workers to exercise their traditional "Right of Participation"?
- Do we practice rotation in all our service positions?

New Frontiers ~ November 2017

GROUP CONTRIBUTIONS 2017

Zones	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
			0.00				0.00
5	7 Clans		0.00		0.00		0.00
5	12 Steps/12 Traditions	125.00	345.00		0.00		0.00
1	4th Step Stumblers/F.U.N.		20.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
5	5th Tradition (Youngstown)		0.00		0.00		0.00
2	AA BREAKFAST		0.00		0.00		0.00
4	A Day At A Time		200.00		0.00		0.00
3	Abbott Corners		0.00		0.00		0.00
3	Abbott Men's		145.00		0.00		180.00
2	Acceptance/Welcome		200.00		0.00		0.00
8	Achievement		125.00		0.00		125.00
4	Action		320.00		15.00		15.00
2	Age Doesn't Matter		0.00		0.00		0.00
5	Albion Grapevine		0.00		0.00		0.00
5	Albion New Beginnings		0.00		0.00		0.00
3	Alexander		200.00		0.00		0.00
	All Is Well	100.00	700.00		0.00		0.00
8	Amherst Snyder		357.08		0.00		0.00
6	Amsdell Step		200.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	80.00	420.00		20.00		20.00
4	Arcade		0.00		0.00		0.00
	Archives	50.00	50.00		0.00		0.00
6	As Bill Sees It		350.00		0.00		0.00
8	Attitude Adjustment(Williamsville)		100.00		50.00		50.00
5	Attitude Adjustment(NF)		0.00		0.00		0.00
6	Attraction	50.00	400.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
7	Beginning In Sobriety II		75.00		0.00		25.00
8	Beginning's Women		200.00		0.00		0.00
5	Big Book Lockport		0.00		0.00		0.00
6	Big Book Study		50.00		0.00		0.00
3	Blasdell		0.00		0.00		0.00
3	Blasdell Saturday		150.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		0.00		0.00		0.00
2	Boulevard Women	25.00	100.00		0.00		0.00
2	Brass		10.00		0.00		0.00
7	Buffalo Group		0.00		0.00		0.00
3	Buffalo Creek		140.00		0.00		0.00
3	By the Wayside	120.00	210.00		15.00		15.00
6	Carry the Message		50.00		0.00		0.00
7	Casting		0.00		0.00		0.00
	Castile		0.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake- Up Call		565.00		0.00		0.00
3	Caz Manor	100.00	100.00		0.00		0.00
3	Caz Manor Sunday		125.00		0.00		0.00
7	Central City Café		175.00		0.00		0.00
6	Changing Our Way's	425.00	525.00		0.00	85.00	85.00
2	Chapter IX		0.00		0.00		0.00
3	Cheektowaga	75.00	800.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		105.00		0.00		0.00
1	Commitment	125.00	415.00		0.00		0.00
	Contemporary Women		2.00		0.00		0.00
1	Complanters		0.00		0.00		0.00
3	Courage		0.00		0.00		0.00
2	Daily Reflections		375.00		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
2	Dawn of Hope		260.00		0.00		0.00
2	Depth & Weight		135.00		0.00		60.00
6	Derby		566.00		0.00		0.00
6	Derby Lunch		75.00		0.00		0.00
6	Desire		0.00		0.00		0.00
2	Desperate		0.00		0.00		0.00
1	Downtown Men's		0.00		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
6	Early Bird Step		0.00		0.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst		704.85		0.00		0.00
8	East Amherst Traditions		204.00		0.00		0.00
4	East Aurora		200.00		0.00		0.00
2	Easy Does It	100.00	420.00	30.00	250.00	30.00	320.00
6	Eden	75.00	140.00		0.00		0.00
4	Ellicottville	25.00	100.00		0.00		0.00
6	Everybody's		103.00		0.00		0.00
1	Express		1326.00		0.00		0.00
8	Eyeopener	410.40	3515.71		0.00		0.00
4	Eyeopener South		1801.50		720.60		0.00
8	Fireside PM		0.00		0.00		0.00
8	Fireside		1061.49		0.00		0.00
5	First Step (NF)	100.00	150.00		0.00		0.00
	Forestville In The Solution		25.00		0.00		0.00
6	Forestville Sunday Serenity	150.00	150.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom		400.00		0.00		0.00
7	Fresh Start		225.00		0.00		0.00
1	Friday Night Lights		0.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS 2017

Zones	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		SEPT	YEAR	SEPT	YEAR	SEPT	YEAR
3	Gardenville		275.00		0.00		0.00
8	Georgetown		0.00		0.00		0.00
	Getting Better		185.00		0.00		0.00
6	Gettin With It		60.00		0.00		0.00
1	Giving		0.00		0.00		0.00
6	Go to Any Length	400.00	850.00		0.00		0.00
5	Golden Slipper		300.00		0.00		0.00
2	Grace Point		0.00		0.00		0.00
2	Grand		0.00		0.00		0.00
2	Grand II Joy of Living		150.00		0.00		0.00
2	Grateful		0.00		0.00		0.00
6	Hamburg		0.00		0.00		0.00
8	H.A.N.D.		0.00		0.00		0.00
7	Harmony		0.00		0.00		0.00
4	Helping Hand		100.00		0.00		0.00
8	High Noon		700.00		0.00		100.00
8	High View	150.00	350.00		0.00		0.00
4	Hillbilly		200.00		0.00		200.00
1	H.I.P.		0.00		0.00		0.00
6	Holiday Village		500.00		0.00		0.00
4	Holland	200.00	450.00		0.00		0.00
6	Honest Solutions		0.00		0.00		0.00
2	Honesty		0.00		0.00		0.00
	Hope's Horizon		196.00		0.00		0.00
2	How It Works/Men's	75.00	750.00		0.00		0.00
1	HUDSON & WADSWORTH		0.00		0.00		0.00
	I Am Responsible	21.75	257.25		0.00		0.00
3	IF HE WERE SOUGHT		0.00		0.00		0.00
	Independence (NF)		0.00		0.00		0.00
3	Inspiration		0.00		0.00		0.00
5	Intoxicated on Life		0.00		0.00		0.00
3	Ironhorse	52.00	852.05		7.00	4.00	43.00
8	IT	50.00	50.00		0.00		0.00
3	Just For Today/ Cheektowaga		50.00		0.00		0.00
5	Just For Today/ Albion		0.00		0.00		0.00
4	Keep It Simple Sister		50.00		0.00		0.00
2	Keep On Coming		0.00		0.00		0.00
2	Kenmore		0.00		0.00		0.00
8	Kensington		40.00		0.00		0.00
6	Lakeshore	100.00	1550.00		0.00		250.00
6	Lakeview		300.00		0.00		0.00
3	Lancaster Dailey Reprieve		100.00		0.00		0.00
	Lasalle		0.00		0.00		0.00
	Lawyer's		200.00		0.00		0.00
5	LeWPort		150.00		0.00		0.00
2	Liberty Women		75.00		0.00		0.00
4	Life Today		17.00		0.00		0.00
8	Lighten UP		350.00		35.00		35.00
1	Living Clean		0.00		0.00		0.00
2	Living in the Solution		0.00		0.00		0.00
	Living Sober		0.00		0.00		0.00
5	Lock City		100.00		0.00		0.00
5	Lockport #1		200.00		0.00		100.00
5	Lockport Discussion		0.00		0.00		0.00
5	Lockport Ladies		200.00		0.00		0.00
5	Lockport Tuesday		0.00		0.00		0.00
5	Lockview		200.00		0.00		0.00
7	Love		90.00		10.00		0.00
7	Lovejoy		0.00		0.00		0.00
5	Lower River		100.00		0.00		0.00
1	Main and High		40.00		80.00		0.00
4	Main Street	100.00	100.00		0.00		0.00
8	Maple		0.00		0.00		0.00
3	Marching Forth		150.00		0.00		0.00
4	Marilla	45.00	370.00		0.00		0.00
3	Matt Talbot		441.00		0.00		60.00
6	McKinley Winners		0.00		0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		0.00		0.00		0.00
5	Medina New Life		0.00		0.00		0.00
8	Mercy		0.00		0.00		0.00
3	Mid-day		50.00		0.00		0.00
8	Midnight Discussion		0.00		0.00		0.00
2	Morning After		800.00		0.00		0.00
3	New Beginnings/St. Vincent		20.00		0.00		0.00
5	Newfane Living Sober	25.00	25.00		0.00		0.00
5	New Freedom		0.00		0.00		0.00
5	New International		20.00		0.00		0.00
3	New Life	153.00	454.00		0.00		0.00
5	New Outlook		0.00		0.00		0.00
1	New Westside		0.00		0.00		0.00
	Niagara Falls Convention		0.00		0.00		0.00
	Niagara Intergroup		0.00		0.00		0.00
5	Niagara Frontier Men's Disc.		292.00		0.00		0.00
2	North Buffalo	98.00	882.00		0.00		0.00

17 Gierlach Street
Sloan, NY 14212
buffalaaa@hotmail.com

RETURN SERVICE REQUESTED

NON-PROFIT ORG.
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PERMIT # 53
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**Have The New Frontier's delivered
To your home every month**



NAME: _____

ADDRESS: _____

CITY: _____ **STATE:** _____ **ZIP** _____

Suggested Contributions for SUBSCRIPTIONS;
MAKE CHECKS PAYABLE TO: BUFFALO CENTRAL OFFICE, 17 GIERLACH ST.,
SLOAN, NY 14212

1	copy	\$10.00	20 copies	\$60.00
2	copies	13.00	30 copies	80.00
5	copies	24.00	40 copies	100.00
10	copies	40.00		
15	copies	50.00		