

NEW FRONTIERS

"The Best is Yet To Come"

48th Buffalo Fall Convention



Dear Friends,
In a few short weeks, the opening session of the 1989 Buffalo Fall Convention will be underway. We will be gathering to share our experience, strength and hope that we might live one day at a time free from alcohol. Indeed, when we are able to do this, the **BEST IS YET TO COME.**

First, I must thank all of those individuals and groups that have contributed to the planning of this years convention. The program that has been planned will carry the message needed to realize our common goal. At the center of the program is an "Old Timers" panel that surely will demonstrate that one day at a time, everything has a purpose and a reason. Don't miss this panel.

The Buffalo Fall Convention has always been known for the hospitality that it extends to both our local groups and to our visitors from out of town. I would like to urge all groups, that have not already made a contribution to our hospitality fund, that they consider doing so as soon as possible.

As we near the weekend of October 20, 21, 22, the excitement that I feel as I anticipate being a part of the gathering of our fellowship reminds me of how well off we all really are. I look forward to seeing all of you there.

In service,
Your Friend,
Lloyd E.
Convention Chairperson

Volume 3 No. 10
October 89
BASIC PRINCIPLES: STEP 10
Perseverance

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CONVENTION ISSUE

"Continued to take personal inventory and when we were wrong promptly admitted it"

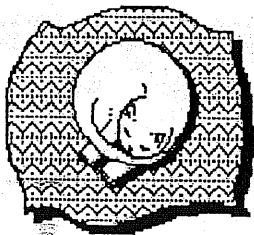
SUBMISSIONS

We were asked at the Central Committee meeting to print the Topics for the Coming issues of this paper for the next few months. Here they are:

- November: Awareness of God
- December: Service

We hope that this will spur each of you to think about writing an article or some other demonstration of your thoughts on the Steps.

Helen's Corner ...



The first word of the 10th Step - continued, is a good explanation of what it takes to remain sober. Trying daily to practice the steps is the thread that connects one day of sobriety to the next.

AA tells me to keep it simple by living only one day at a time. I know from experience, the days I follow this advice, I have a good day. Today, I find I no longer beat myself up for not being perfect and chalk it up to being human. Rome wasn't built in a day, but brick by brick. I need to remember that progress is my goal not perfection.

It certainly would be easy to lead a sober lifestyle if we only worked, lived and associated with AA people. But, this isn't possible for most of us. A question I asked myself was: "How can I keep in contact with AA when I'm not at a meeting or with AA people?" Luckily, AA has provided tools to answer my need in the form of books, booklets, and pamphlets. Taking a few minutes every so often to read or reflect reminds me who and what I am - a recovering alcoholic. These few minutes help me to refocus my thoughts. I also carry a small notebook in which I have written prayers, sentences, slogans, etc. Anything that has meaning to my sobriety.

In keeping with this month's theme I would like to share with you something I have written in my notebook as a reminder to myself: "Just for today I will live only these 24 hours. I will cherish this day as if it were my last. One day at a time I can accept whatever is; I can let go and let God; I can accept the idea that things happen for a reason. I will not regret the past, but learn from it. Today I will not worry about the future. All things are possible with God. I trust God to inspire and guide me.

Yours in the Spirit of AA
Helen

Do Not Ask by Brenda Short

*Do Not Ask to Have Your
Life's Load Lightened, But
For The Courage To Endure.*

*Do Not Ask For Fulfillment
In Your Life, But For Pa-
tience to Accept Frustration.*

*Do Not Ask For Perfection
In All You Do, But For
Wisdom Not To Repeat
Mistakes.*

*And Finally, Do Not Ask
For More, Before Saying
"Thank You" For What You
Have Received.*

VOLUNTEER'S WANTED

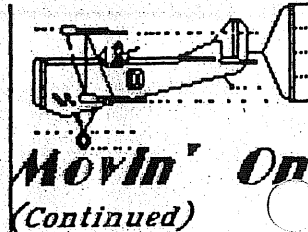
Does your group have volunteers on the 12th Step Call List or is someone in Your group available as a Screener who takes calls after the Central Office is closed for the day.

If so why not fill in those who are willing on the lines provided below with name, phone number and when and what you can be available to do and send to Central Office. THANK YOU FOR BEING RESPONSIBLE.



The Best is Yet To Come

OUR FRIENDS:



AL-ANON & ALATEEN
FRIDAY, OCTOBER 20

6:00 - 7:00 PM

Early Bird Panel
Topic: "Keep Coming,
It Gets Better"

Panel: Claire S.
Arlene R.
Phyllis M.

8:15 - 9:15 PM

Alanon Group Sharing
Belevedere/Palo Alto Room
Topic: "The Best is Yet to Come"
Alateen Group discussion
Michigan Room

Topic: "The Best is Yet to Come"
Moderator: Rich D., Lockport

9:30 PM - ???

TALKATHON

Topic: "Progress in the Program"
Moderator: Terri J., Cheektowaga
Michigan Room

9:30 PM - ???

Record Hop and Pool Party

SATURDAY, OCTOBER 21

9:15 - 10:30 AM

Adult Children's Panel
Topic: "Freedom From the Past"
Panel: Carol B.
Joan L.
Anne P.

Belvedere/Palo Alto Rooms

Lockport Group Panel
Topic: "Growing in Alateen"
Panel: Rich D. Skipper D.

10:30 - 12:00 PM

Lewiston Group (Alateen)
Topic: "Just For You"
Speaker: Ande

10:45 - 12:00PM

Men's Panel
Topic: "Feelings"
Panel: Doug D. Larry P.

12:00 - 1:45 PM

LUNCH TIME

1:30 - 2:15 PM

Alateen Workshop
Topic: Group Discussion for
Alateens & Sponsors

1:45 - 3:00 PM

Speaker Meeting
Topic: "The Best Is Yet
To Come"

Speaker: Brenda M.,
Toronto, Canada

2:15 - 3:15 PM

Speaker Meeting
Topic: "The Slogans"
Speakers: Randy & Carrie

3:30 - 4:30 PM

Open Meeting - All Welcome
Buffalo Pre-Alateen
Topic: "Focusing on Myself"
Speakers: Several members
of the Pre-Alateen
Group will share.
Belevedere/Palo Alto Room

4:45 - 6:00 PM

Open Discussion Meeting
Topic: "Need A Meeting"
Michigan Room
All are Welcome

9:30 Pm - ???

TALKATHON

Topic: "Why I Came/Why I Stay"
Moderator: Becky S.
Michigan Room

SUNDAY, OCTOBER 22

8:45 - 9:45 AM

Breakfast Meeting
Joint Alanon/Alateen
Topic: "Twelve Steps Of Recovery"
Belevedere/Palo Alto Rooms

10:00 - 11:00 AM

Spiritual Panel
Topic: "Awakening to a
Higher Power"
Speakers: Joanne P.
Christina D.
Cathy S.

Speaker Meeting (ACOA)
Topic: "Trusting in a
Higher Power"
Speaker: Anne W.

11:30 - 12:00 PM

Convention Closing
Moderator: Terri J.
Chairperson, Alanon
1990 Fall Convention

THRUWAY

Bill P.	19yr.
Bud G.	9yr.
Nelson N.	9yr.
Helen S.	8yr.
Barry S.	8yr.
Marilyn S.	8yr.
Gary W.	7yr.
Mona N.	5yr.
Nicholas Z.	4yr.
Bob T.	3yr.
Peter R.	3yr.
Bert A.	3yr.
Al R.	2yr.
MaryEllen	C.2yr.
Paul M.	2yr.
Dave T.	1yr.
Sue S.	9mo.
Connie R.	6mo.
Gary S.	6mo.

One Day at a Time

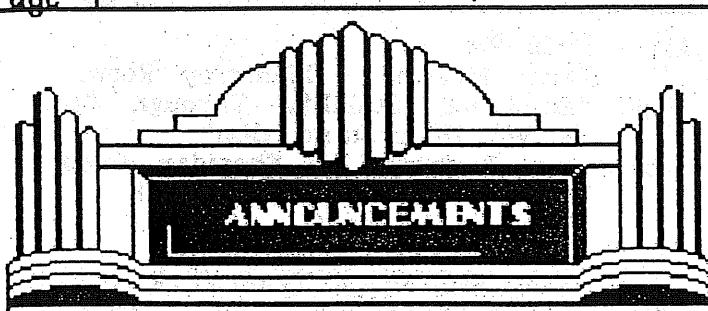
First Things First

Remember When

I Am Responsible

Keep It Simple

Easy Does It



ANNOUNCEMENTS

**MEETINGS,
MEETINGS,
MEETINGS.**

NEW MEETINGS:

PARKSIDE GROUP - SUNDAY - 8:00 PM - Open Discussion - Church of the Transfiguration, 266 Tacoma Ave. at Parkside Ave.

SUNDAY BREAKFAST GROUP - First meeting is November 5 at the Carriage House, 3000 Genesee Street, Cheektowaga. Dutch treat breakfast at 10:00 AM. Open Speaker meeting at 11:00 AM.

PLEASE NOTE:

LIGHTEN UP - FRIDAY - 6:00 PM - Star Program Bldg., 4512 Main St., Snyder, NEEDS SUPPORT.

GRATEFUL GROUP - WEDNESDAY - is updating their membership list and sobriety dates. Please attend a meeting this month or contact Don L. at 773-1887 if you wish to remain a member or join our small but enthusiastic group.

MEETING CHANGES:

THRUWAY MEETINGS - TUESDAY, MONDAY, & FRIDAY - Infant of Prague Ch - 921 Cleveland Drive are now all NON-SMOKING MEETINGS by Church order.

STROZZI - WEDNESDAY - 12:00 NOON - No longer meets.

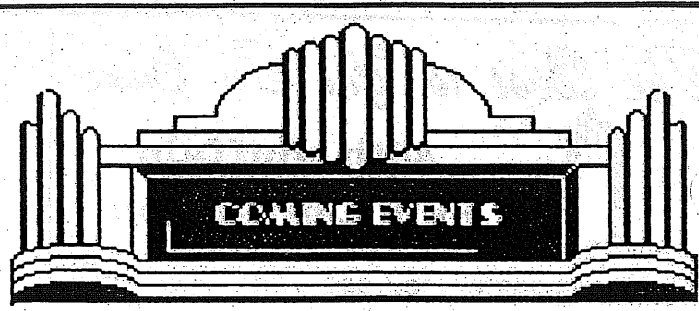
KENMORE - THURSDAY - 8:00 PM - 257 Deerpark, will have an Open Discussion meeting the first week of the month.

COLD SPRINGS - MONDAY - 8:00 PM - is a NON-SMOKING meeting that has moved to 1490 Jefferson near East Ferry.

WELCOME HOME - SATURDAY - 8:00 PM - has moved to the Lockport Savings Bank Community Room, 56 East Avenue, Lockport, NY. TIME CHANGE - now meets at 6:00 PM.

LET GO AND LET GOD - THURSDAY - 8:30 PM - has moved to 416 Louisiana. Go to the rear of the building to the new Auditorium in the Perry Complex. This meeting is still NON-SMOKING.

HIGH NOON - SUNDAY - has a time change to 2:00



COMING EVENTS

OCTOBER 7 - SATURDAY - SATURDAY NIGHT DISCUSSION GROUP is having a dance at 340 Military at Hertel. 8:00 PM to 1:00 AM, Buffet at 10:00 PM, Sound system, door prizes, fun for all. Drawing for a 12 speed bike. \$4.00-single \$7.00-couples.

OCTOBER 26 - THURSDAY - HAMBURG GROUP - will be celebrating its' 28th Anniversary. This will be a Roast Beef Eating Meeting. Bring a dish if you wish. Guest Speaker and a lot of good A.A.

OCTOBER 27 - FRIDAY - FRIENDSHIP GROUP will be celebrating its 20th Anniversary at 8:30 PM at the First United Church of Christ in Silver Creek. Beef on Weck, cake and ice cream will be served. Bring a dish to share. Guest Speaker. Come help us celebrate.



OCTOBER 20, 21, 22 - BUFFALO FALL CONVENTION - BUFFALO HILTON

NOVEMBER 3 - FRIDAY - TWIN CITIES - will be celebrating its' 46th Anniversary at Dom Polski Hall, 576 Oliver Street, No. Tonawanda. Dinner at 7:00 PM. Speaker at 8:00 PM. Dancing from 9:00 PM to 1:00 AM to the "Sound Waves Unlimited". Tickets are \$5.00 per person. Come and help us celebrate. There will be no scheduled meeting at 33 Spruce St on this date only.

DECEMBER 24 - SUNDAY - CHRISTMAS VIGIL - Holy Cross School 341 7th Street. Send monetary contributions to the Central Office.

DECEMBER 31 - SUNDAY - NEW ZION'S 4TH ANNUAL NEW YEARS GALA DINNER & DANCE Advance tickets are \$12.00 each - see group members.

REMEMBER

CENTRAL COMMITTEE MEETING
SUNDAYS - Oct 1 and Nov 5, 7:00 PM. at 80 Goodrich Street behind Buffalo General.
Don't forget Nominations for NEW 1990 Offices of Chairperson and Recording Secretary will be held in NOVEMBER.

CLASSIC GRAPEVINE

"MY NAME IS LLOYD"

by Lloyd E., Syracuse, NY
January, 1969

My name is Lloyd, and I have the disease of alcoholism. A few twenty-four hours ago, a Power much greater than anything I have ever known allowed me to walk away from my 'skid row'.

For many years, I blamed my alcoholic drinking on my American Indian heritage. But it became obvious to me that my drinking was progressing toward my total destruction - and that I was not becoming more Indian. Consequently, I reasoned, the symptoms of my alcoholism could no longer be blamed on my heritage. It had to be something else. (I thought for a while that I might be becoming Irish.)

It took many heartaches, instant and constant fear, a feeling of total hopelessness, absolute loss of self-respect, an awareness of my self propelled degradation, and last, but not least, a complete breakdown of any spiritual inhibitions, before I totally surrendered to my ex-friend John Barleycorn. In my "mind" the inevitable was merely a matter of time. One of the three tragedies was imminent - death, jail or a mental institution. This I accepted as fact.

It was on this day that I received what I call a gift from God, as I understood Him. I walked from my "skid row" with one feeble thought: "If I am to live, I must stop drinking." I am positive that this thought was not generated within myself.

It was not long after this that I was talking to my first AA sponsor and attending meetings. Much to my amazement, I found myself dry for a few twenty four hours, with a desire not to start again. It was not an easy beginning. In fact, I found myself for the first time with a choice between the living hell of drinking and (as I saw it then) the living hell of not drinking. It was through the grace of God that I chose the latter of these two hells.

It must have taken me three months to get the spiritual message that was being fought for people like me at the meetings. It was simply, "If you want, take my hand and walk with me, one day at a time, into a new way of life." This was the message that got through my wine-soaked mind.

Once I had grasped the idea, I was allowed to recapture an incident in my younger life on an Indian reservation in upper New York State. I would share this with my friends in AA and anyone else it might help.

One winter day, my father and I set out to cut the trees necessary for logs to burn in our old iron stove to keep our home warm. It had snowed heavily the night before, and the snow drifted. Being around eight years old, I was having quite a time walking through the drifts. Then I found myself stepping in my father's footprints, and the journey became much easier. I recall remarking to my father, "Look, Dad, I'm walking in you footsteps."

He turned and smiled. Realizing my inability to keep pace alone, he said, "So you are, but why don't you take my hand and walk up here beside me?" I took my father's hand, and with his strength and understanding we made our trip to the timberline with ease. At the time, this incident did not have much meaning, but as I look back on it now, it has tremendous meaning.

Twenty years later, I found myself trying to follow in the footsteps of a group of people who were headed where I apparently wanted to go. Again by myself, like a small child, I did not have the ability to keep up the pace. Again the smile and the offer of the hand were there for me to take. No questions asked. The people of AA came through loud and clear: "Lloyd, if you choose, take our hands and walk up here beside us." I took the hand and held on for dear life.

Today I feel that I am part of that hand offered. I know that I still depend upon all those other hands, and I must offer mine to someone who is trying to follow in our paths.

I make one plea to the relatively new person on the program. When the snow gets deep and the going is tough, ask God, as you understand Him, for the courage to ask for the hand of AA. I know it will be there, because I still have to ask for that hand quite often myself.

The Best is Yet To Come



48th Buffalo Fall Convention

FRIDAY: OCTOBER 20, 1989

3:00 PM Registration Opens
Grand Foyer

3:00 PM Hospitality Rooms Open
AA Room 346
Alanon Room 212
AA & Alanon Non-Smoking Room 312

6:00 PM Grand Ballroom
Early Bird 'Beginners Panel'
Moderator: Jim M.,
Iron Horse Group
Panel: Scotty S.
Toni H.
Dan O.
Kathy H.

7:30 PM Convention Opening:
Grand Ballroom
Lloyd E., Convention Chairman
You'll Never Walk Alone Group

8:00 PM Opening Speaker: Grand Ballroom
Moderator: Elizabeth G., Cold Springs
Speaker: Joyce F., Pittsburg

9:00 PM Record Hop: Coronado Room
Sound System (Corky)

Pool Party: Swimming Pool

Talkathon: Huron Room
Chairman: Irv P., Cheektowaga Group

SATURDAY, OCTOBER 21

7:00 AM Serenity Workout - Health Club
Maureen H., Bidwell Mon. Disc.

8:30 AM REGISTRATION OPENS, Grand Foyer

9:00 - 10:30 AM
Panel Meeting - Monterey Room
Topic: "12 Steps - The Road to Recovery"
Moderator: Shawn C.,
Abbott Men's Discussion
Panel: Dennis W. Tom G.
Don W. Mike C.

Panel Meeting - Coronado Room
Topic: "12 Traditions-Unity of the Meetings"
Moderator: Herman J., Southgate
Panel: Tim J. Kevin S.
Don W. Jack B.

Panel Meeting - Newport Room
Topic: "Alcoholism and the Family"
Moderator: Frank T., South Buffalo
Panel: Lucy K. Dan P. Barbara S.

TALKATHON - Huron Room

11:00 AM - 12:30 PM
Panel Meeting - Monterey Room
Topic: "Emotional Stability Through God,
As We Understand Him"
Moderator: Barbara S., Sheridan Group
Panel: Marsha W. Carol R.
Martha C. Cindy P.

Panel Meeting - Newport Room
Topic: "Daily Maintenance with the Slogans"
Moderator: Herman F., Cleveland Ohio
Panel: Mary McP. Martina S.

12:30 PM - 1:30 PM LUNCH BREAK

1:30 PM - 3:00 PM
Old Timers Panel - Grand Ballroom
Topic: "There's a Reason for Everything"
Moderator: Early D., Cold Springs
All Old Timers are Invited to Participate

3:15 PM - 4:30 PM
Speaker Meeting - Grand Ballroom
AA and Al-Anon
Moderator: Lynn B.
Panel: Mary G. Leo G.
Michelle M. Dan M.

6:30 PM BANQUET DOORS OPEN
Grand Ballroom
7:00 PM Dinner

8:00 PM Banquet Speaker
Moderator: Joe H., Giving Group
Speaker: Keith L., Fayetteville, N.C.

9:00 PM TALKATHON - Huron Room

9:30 PM Dance - Grand Ballroom
Music - "The Moving Music Machine"

9:30 PM Dance - Atrium
Music - (Corky)

SUNDAY, OCTOBER 22

7:00 AM Serenity Workout - Health Club
Maureen H., Bidwell Mon. Disc.

9:00 AM - 10:30 AM
Spititual Panel - Grand Ballroom
Topic: "Maintenance of Our Spiritual Condition"
Moderator: Bill T., Miracle Group
Panel: Tim M. Frank M. Dieter N.

11:00 AM Speaker Meeting - Grand Ballroom
Moderator: Linda H., Giving Group
Speaker: Bill C., Kirkville Group
Kirkville, N.Y.

12:00 PM Convention Closing - Grand Ballroom
Moderator: Lloyd E., 1989 Convention Chairman
Introduction of the 1990 Buffalo Fall Convention
Chairman, Joe H., Giving Group

THANKS FOR COMING!!

Movin' On In Sobriety

<p><u>BRASS</u> Diane 7yr. Paul 4yr. Mike 1yr. Willie 1yr.</p> <p><u>SOUTH BUFFALO</u> Gordon C. 29yr. Harry D. 28yr. Albert L. 9yr. Ron P. 9yr. MaryAnn C. 7yr. Kathy M. 4yr. George F. 2yr. Timothy O. 2yr. Bob C. 1yr. Jim W. 1yr. Michael C. 9mo. Mike C. 9mo. Lela C. 9mo. Walter E. 6mo. George L. 6mo. Terry Y. 6mo. John H. 3mo.</p> <p><u>KJ KINGTON</u> SEPTEMBER Norma F. 6yr. Pam S. 3yr. Kevin N. 1yr. Erlene 9mo. OCTOBER Judy D. 3yr. SavannahW. 3yr. Patty S. 1yr. Paul B. 1yr.</p> <p><u>GIVING</u> SEPTEMBER Sharon P. 4yr. Mark O. 9mo. Teresa S. 9mo. JeannetteS. 6mo. OCTOBER Ra W. 6yr. Larry S. 1yr. Sherrie P. 9mo. Lorelei K. 6mo.</p> <p><u>KENMORE</u> Maureen G. 2yr. Bryan McK. 2yr. Patti C. 1yr. Rose L. 1yr. Mike M. 6mo. Eddie A. 3mo. Colette R. 3mo.</p> <p><u>HARMONY</u> Bill S. 1yr.</p>	<p><u>FREEDOM</u> Kay S. 35yr. Walley M. 26yr. Rick M. 5yr. Sandy P. 1yr.</p> <p><u>LOVEJOY</u> Joyce A. 6yr. Harry P. 4yr. John H. 4yr. Ed W. 3yr. Chuck J. 2yr. Bob G. 2yr. Geri H. 2yr. Mike B. 9mo. Dave K. 9mo. Jeff F. 9mo. Bruce P. 6mo. Bob E. 6mo. Charles D. 6mo. Mike S. 6mo.</p> <p><u>FIRESIDE</u> Bernie S. 11yr. Doris B. 10yr. Mary M. 10yr. Eric B. 7yr. Jim B. 7yr. Diane D. 7yr. Ross G. 7yr. Nancy H. 7yr. Fran B. 6yr. Bert A. 3yr. Mary Ellen C. 2yr. Bill C. 2yr. Amy H. 2yr. Charles M. 2yr. Joe K. 2yr. Alma B. 1yr. Bill H. 1yr. James W. 1yr. Sue C. 9mo. Fran M. 9mo. Paul P. 9mo. Day W. Jr. 9mo. June A. 6mo. Don S. 6mo. Gary S. 6mo. Holly B. 3mo.</p> <p><u>SHERIDAN/HONESTY</u> Kay S. 35yr. WallyMcP. 26yr. Helen S. 8yr. Greg L. 8yr. Jim T. 5yr. Paul H. 4yr. Joe C. 1yr.</p>	<p><u>GRATEFUL</u> Jim Q. 10yr. Doris Mc. 10yr. Liz G. 9yr. Helen S. 8yr. Tim L. 3yr. Darlene G. 1yr. Mark L. 9mo. Karen W. 9mo. Tony B. 9mo. Robert W. 3mo.</p> <p><u>IRON HORSE</u> SEPTEMBER Dan O. 4yr. Marcy M. 3yr. Linda J. 3yr. Alan P. 3yr. Bruce G. 2yr. Steve C. 1yr. Max B. 1yr. Jerry C. 1yr. John F. 9mo. Matt Mc 6mo. Larry H. 3mo. OCTOBER Jim S. 10yr. Debbie M. 5yr. Steve A. 5yr. Pat S. 4yr. Tom H. 2yr. Dennis S. 1yr. Katie H. 9mo. Greg H. 6mo. Kathy H. 6mo. Jim P. 6mo.</p> <p><u>NEW ZION</u> Dave F. 6yr. Mike McC. 2yr. Michael B. 1yr. Jim M. 1yr. Paul S. 9mo. Joe V. 6mo.</p> <p><u>EYEOPENER</u> Paul H. 4yr. Jeff W. 1yr. Mark S. 1yr. Hal H. 9mo. Joanne McC. 9mo. Lisa M. 9mo. Dick F. 6mo. Frank S. 6mo. Jim L. 6mo. Linda F. 6mo. Ralph M. 6mo. Sandy M. 6mo. Ellen H. 3mo. John M. 3mo. Tom T. 3mo.</p>	<p><u>WOMEN'S WESTSIDE</u> Ellen F. 3yr. Alison W. 3yr. SavannahW. 3yr. DawnMarie E. 2yr. Patty S. 1yr. Laura A. 9mo. Kathy M. 9mo. Kimberly K. 6mo. Alice O. 6mo. Rebecca W. 3mo. MaryAliceH. 3mo. Karen K. 3mo. Sandra P. 3mo.</p> <p><u>CHEEKTOWAGA</u> Richard S. 28yr. Marcia L. 6yr. Frank S. 3yr. Ronald D. 3yr. Joseph S. 1yr. Mike O. 9mo. Earl S. 9mo. Vince L. 9mo. Leon D. 9mo. John B. 9mo. Peter A. 9mo. Chris F. 9mo. David M. 9mo. Anthony J. 6mo. Ralph J. 6mo. Darlene W. 6mo. Jim V. 6mo. Lenny D. 6mo. Dennis F. 3mo.</p> <p><u>COLD SPRINGS</u> Ozzie S. 17yr. Lezza S. 16yr. Alvin E. 9yr. Stanley B. 6yr. James M. 4yr. Sandra H. 3yr. Willie R. 1yr. Gregory J. 1yr. Anthony H. 6mo. Ed H. 3mo.</p> <p><u>NORTH JAVA</u> Fran S. 9mo. Bonnie S. 9mo. Robert B. 9mo. Hal H. 9mo. Les G. 9mo. Joe M. 6mo.</p> <p><u>BIDWELL</u> David S. 10yr. Rud S. 4yr.</p>	<p><u>NORTH BUFFALO</u> Norma F. 6yr. John E. 6yr. Russell P. 3yr. Kassie C. 2yr. Kurt M. 2yr. Monique 1yr. Robert K. 1yr. Dan R. 1yr. David H. 1yr. Liz L. 1yr. Jim C. 1yr. Victor C. 6mo. Frank C. 6mo. Edward S. 6mo. Kevin C. 3mo. Tom C. 3mo. Rita O. 3mo.</p> <p><u>HAPPY HOUR</u> Alison H. 3yr. Jewel W. 2yr. Anthony L. 2yr. Calvin B. 1yr. Bernie B. 1yr. Christine F. 9mo. Eugene E. 9mo. Blain L. 6mo. Tom P. 6mo. Ruben B. 6mo. Shirley F. 6mo. Larry S. 3mo. Joseph B. 3mo. Greg W. 3mo. Edward C. 3mo.</p> <p><u>CHAPTER IX</u> Bill G. 5yr. Jim K. 3yr. Bernie H. 3yr. Eileen T. 2yr. Bob W. 2yr. Jack S. 2yr. Karen P. 2yr. Bryan McK. 2yr. Dave D. 1yr. Paul C. 1yr.</p> <p><u>GRAND</u> Bob B. 11yr. Helen S. 8yr. Mary S. 4yr.</p> <p><u>LET GO & LET GOD</u> Jewel W. 2yr. John B. 1yr. Earl P. 1yr. Richard A. 1yr. Ralph W. 9mo.</p>
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AA CENTRAL OFFICE

845 Ellicott Square Bldg
295 Main Street
Buffalo, New York 14203

(716)853-0388

Executive Secretary - Delphine H.
Clerical - Helen B.

Our Co-Founders



Dr. Bob
1879-1950



Bill W.
1895-1971

CENTRAL COMMITTEE

Chairman - Larry B.
Recording Secretary - Lue S.
Financial Secretary - Roger P.

Central Committee meets on the **first Sunday of every month**
at 7:00 PM at the COMMUNITY HEALTH CENTER, 80 Goodrich Street
(behind Buffalo General Hospital). **OPEN TO ALL AA MEMBERS.**

SUB-COMMITTEES OF THE CENTRAL COMMITTEE

Correctional Facilities - Martha C.
Treatment Facilities - Dan M.
Buffalo Fall Convention - Lloyd E.
Screeners - Lynn C.
New Frontiers - Larry B.
Editorial - Helen S. and Don H.
Envelope System - Roger P.

AA MEMBERS are encouraged to share the fellowship by volunteering
for any of these committees. Call the Central Office at **853-0388**.

REMEMBER: WE ARE RESPONSIBLE.

STEERING COMMITTEE

DISTRICT 1 - Central Buffalo : Jack C.
2 - Northwest Buffalo : Sue G.
3 - South Buffalo : Gigi P.
4 - Southtowns : Gary H.

DISTRICT 5 - Northern Tier : Paul H.
6 - Southern Tier : Dick L.
7 - Northeast Buffalo : Carol R.
8 - Eastern Tier : Bernie A.

WESTERN NEW YORK GENERAL SERVICE meets the last Sunday of February, June, September and November.
Meetings are held at the ORCHARD PARK MUNICIPAL BUILDING at 2:00 PM. June meeting will be in Jamestown.
EVERYONE IS WELCOME TO ATTEND THE GSO MEETINGS.

The **NEW FRONTIERS** is your AA newsletter. Our purpose is to present personal stories and subjects directly
related to the recovery from alcoholism. For inclusion in the next issue, material must reach the Central Office
by **October 15th** for inclusion in the November issue. Your artwork, poems, articles etc. are also welcome.

NEXT MONTH'S THEME : Step 11 - Awareness of God

The **NEW FRONTIERS** will be mailed to you monthly for a yearly cost of \$6.00.

To subscribe EITHER 1) call the Central Office at 853-0388

OR 2) fill out this form (please print)
and send to the Central Office.

Make checks or money orders payable in
American funds to : **NEW FRONTIERS**

NAME _____ ADDRESS _____
CITY _____ STATE _____ ZIP _____
c/o Alcoholics Anonymous
845 Ellicott Square Bldg.
295 Main Street
Buffalo, NY 14203-2545

Chairman, Larry B. opened the meeting with a moment of silence, followed by the Serenity Prayer. The Preamble, Purpose of Central Committee, and the Twelve Traditions were read. Corrections to minutes of September 4, 1989 were:

1. BUFFALO FALL CONVENTION - There will be sound music instead of live music.

It was moved by Bob H., and seconded by Griff N.. to accept the minutes as read and corrected.

54 GROUPS WERE REPRESENTED:

ABBOTT MENS DISC	FRESH START	NEW LIFE
AGE DOESN'T MATTER	GIVING	NEW WESTSIDE
AMHERST SNYDER	HAPPY HOUR	NORTH BUFFALO
AS BILL SEES IT	HARMONY	OPEN MIND
ATTITUDE ADJUSTMENT	HIGH NOON	PERRY
BIDWELL	HIGH VIEW	RUSH HALL
B.M.D.BIDWELL MONDAY	HUMBLY WILLING	SECURITY
BRASS	IGNATIA	SHERIDAN
BY THE BOOK	IRON HORSE	SOUTHGATE
CASTING	KENMORE	SUNDAY NITERS
COLD SPRINGS	KENSINGTON DISC	SUNRISE COURT
COMMON PROBLEM	LAKEVIEW	TREE OF LIFE
DELAWARE DISCUSSION	LET GO & LET GOD	TUESDAY WOMENS DISC
E.C.M.C.	LIVE & LET LIVE	UNIVERSITY MENS
EARLY START	LIVING SOBER	URBAN
EAST AURORA	LOVEJOY	WEDNESDAY LUNCH
ELLCOTT	McKINLEY WINNERS	WESTMINSTER
FIRESIDE	MORNING AFTER	WHY

The Chairman called for the various reports:

ENVELOPE SYSTEM:

Roger P.

	1988	1989		
SEPTEMBER	\$ 490.00	\$ 433.00	\$ 57.00 (11.6%)	DECREASE
YEAR TO DATE	\$6,636.00	\$5,899.00	\$737.00 (11.1%)	DECREASE

STEERING COMMITTEE MEETING SEPTEMBER 26, 1989 -Delphine H.

The meeting began at 6:04 PM. Present were Larry B., Sue G., Bernie A., Gary H., and Delphine H.

Bernie reported on the Treatment Facility Workshop. It is asked that Central Committee okay the paying of the \$15.00 fee for the professional guest speakers from the Treatment Facility Fund.

It was noted that only two people responded to the article in the New Frontier for participation in committee.

Roger P. has requested that he be replaced as the Envelope System Chairman

At the November Central Committee Meeting we will be accepting nominations for 1990's Central Committee Chairman and Secretary.

The meeting adjourned at approximately 7:30 PM.

FINANCIAL REPORT:

Roger P. (See Attached)

TREATMENT CENTERS:

Dan M.

A concise Treatment Facility Workshop report was made by Don H. (on file)

CORRECTIONAL FACILITIES: Toni H.

We are planning to publish the list of all Correctional Facility meetings in the November NEW FRONTIER.

We will be putting a schedule of Correctional Facility meetings out at all meetings.

We will be giving a Correctional Facility meeting schedule to the General Service Assembly. All coordinators and outside sponsors will be given a schedule.

There will be an "Open House" meeting at Attica, the Beacon group, on the first Wednesday of October - 10/4/89. We of the Correctional Facility will be announcing this at all meetings.

There is a new facility opening - Lakeview shock incarceration facility. We are in the planning stages with them about starting the meetings there. We are going to try to have a meeting between the volunteers in Lakeview, and the volunteers from Buffalo to share our experience with them.

We are discussing starting a quarterly Correctional Facilities Committee Newsletter. We, also, are discussing the possibility of have a Day of Sharing/Workshop on Treatment and Correctional facilities. We will be discussing this further at our next meeting.

SCREENERS REPORT: Lynn C.

Appreciation to Larry B. for article in NEW FRONTIERS for Screeners and Twelve Step people. I ask group reps to take it back to their groups for volunteers. Send lists to me or Central Office. If information is needed I can be reached at home - 884-4082, work - 885-5516 in an emergency. I have an answering machine and will return your calls. I will be at the office two days this week, working with Delphine and Helen.

CENTRAL OFFICE

Delphine H.

A.A. INFORMATION

838

PIC

2

12 STEP

10

CPC

LITERATURE REQUESTS

76

ALANON

73

REFERRAL TO OTHER AGENCIES

21

ALATEEN

1

REFERRAL FROM OTHER AGENCIES

38

ACOA

31

McCALLS SERVICE GROUP

CENTRAL OFFICE

OUTGOING CALLS

112

OUTGOING CALLS

112

INCOMING CALLS

529

OUTGOING MAIL

\$215.45

VISITORS

185

NEW FRONTIERS:

Larry B

The October newsletter is the Buffalo Fall Convention issue, including a full schedule of activities. Please note the call for volunteers for the 12 steppers and screeners. All submissions will be greatly appreciated.

BUFFALO FALL CONVENTION: Lloyd E.

The program has been finalized and it is at the printer. Registration opens at 3:00 p.m., on Friday, October 20th. At the center of the Convention is an "Old Timers" panel on Saturday at 1:30 p.m. "The Miracles of the Old Timers" will be moderated by Early D. of the Cold Springs group.

As of Friday, September 29th, there were five tables remaining in the Grand Ballroom for the Banquet. The Hilton reported that 81 of the 100 rooms set aside for the convention have been reserved.

The Hospitality Room is still in the same area as last year. Therefore, I am requesting that Central Committee members urge their home groups to make a contribution. As you may have heard, we had a bit of a problem with the Convention registration. However, at the last committee meeting that was taken care of, and all is well hand. The committee is looking forward to a great convention, and we want to thank all of the groups, and individuals who have assisted in the planning.

CHRISTMAS VIGIL: Helene R.

Minutes of meeting on September 8, 1989

1. Decision made for the first announcement in October bulletin, NEW FRONTIERS; flyers in November.
2. Parking in McDonalds at Niagara and Maryland, and Tops on Niagara, between Maryland and Hudson and Rite Aid. NO Parking on church grounds, due to Masses.
3. Volunteers will be required for various duties: 1) Decoration 2) Setup 3) Kitchen 4) Cleanup 5) Transportation. There will be two Committee Meetings at 80 Goodrich - October 13th & 27th. All are welcome, Representatives are asked to start sending in donations.

COURTESY REPORTS:

G.S.A. - GENERAL SERVICE ASSEMBLY: Elizabeth G.

Election Results:	Delegate:	Elvester McR.	Alternate Delegate:	Chuck M.
	Chairperson:	Sharon D'L	Secretary:	Lucy L.
	Treasurer:	Janet N.	P.I.C.:	Marcia W.
	C.P.C.:	Bernie A.	Grapevine Chair:	Kevin F.

The next meeting will be at 2:00 P.M. on October 29th at the 511 Club in Jamestown.

P.I.C. - PUBLIC INFORMATION COMMITTEE:

Marcia W. is new chairperson, but hasn't taken office yet.

C.P.C. - COOPERATION WITH THE PROFESSIONAL COMMUNITY:

Bernie A. is new chairman, but hasn't taken office yet. He is soliciting volunteers for his committee.

RE-CAP

ENVELOPE SYSTEM: Bob H. requested a brief explanation of system. Roger P. did the honors.

OLD BUSINESS: None.

NEW BUSINESS:

1. Treatment Centers- Dan M. resigned as chairman. He introduced and recommended that Guy S. succeed him. Larry B. tabled the appointment for one month.
 2. It was moved by Ralph K. and seconded by Les McC. to pay the \$15.00 registration fee for the professional panel of the Workshop.
- It was motioned by Lynn C., and seconded by Bernie A. to close the meeting. The meeting was closed with the Lord's Prayer.

Respectfully Submitted,

Lue Summers,
Recording Secretary
Cold Springs Group

Treatment Center Account		Financial Statement	602-089-5	SEPT. 25, '89 -OCT. 25, '89	
		This Month	Check Number	Expenses	Accum Totals
Abbott Men's Disc					20.00
Amherst-Snyder		10.00			20.00
Beginnings					50.00
Bidwell Monday Discussion					50.00
Broadway Bailey					35.00
Chapter IX					25.00
Cold Springs					25.00
Community Center					25.00
Cornplanters Again					10.00
Courage					100.00
Delaware Disc					10.00
East Aurora		10.00			85.00
Eternal Vigilance					20.00
Father Baker		25.00			55.00
Fireside		25.00			205.00
Hill Billy					60.00
Lakeshore		5.00			20.00
Let Go & Let God					60.00
New Beginnings					30.00
New Zion					75.00
Pass It On					15.00
Patchin					25.00
Remember When					10.00
Rush Manor					100.00
South Buffalo		5.00			65.00
Spirit of Hope		5.00			5.00
Sunday Niters					35.00
TGIF		50.00			75.00
Turning Point					50.00
University Mens		20.00			200.00
We Admitted					15.00
We Care		20.00			120.00
Why					70.00
Seminar		675.00			675.00
Treatment Facility Workshop		850.00			2440.00
	Central Office - lit - ECMC		110	50.00	
	Robert Haefner - cgt's - ECMC		111	50.00	
	Sheraton Bflo Airport- Seminar		112	672.76	
		EXPENSES		772.26	
RE-CAP					
Balance Pr Chec	book 9/25/89		404.18		
Add Receipts	9/25/89-10/25/89		850.00		1254.18
Deduct Expense	9/25/89 -10/25/89				-772.26
Balance Pr Chec	book 10/25/89				481.92
	Operating credit for 10/25/89			77.74	

CORRECTIONAL FACILITIES FINANCIAL STATEMENT *484-185-5 SEPT. 25, '89 - OCT. 25, '89				
		THIS MONTH		ACCUM TOTALS
ABBOTT MEN'S DISC				20.00
AMHERST-SNYDER		15.00		30.00
BROADWAY BAILEY				35.00
CHAPTER IX		25.00		95.00
CORNPLANTERS AGAIN				10.00
COURAGE				100.00
DELAWARE DISC				10.00
EAST AURORA		20.00		30.00
ETERNAL VIGILANCE				20.00
FATHER BAKER		25.00		55.00
FIRESIDE				50.00
GRAND		25.00		25.00
HAND				60.00
HILL BILLY				60.00
HONESTY				80.00
IRON HORSE				15.00
LAKESHORE		5.00		20.00
LAKE VIEW				60.00
LET GO & LET GOD				60.00
LIVING SOBER		5.00		5.00
MC KINLEY WINNERS				60.00
NEW BEGINNINGS				30.00
NEW ZION				75.00
NO BUFFALO		10.00		90.00
PASS IT ON				15.00
PATCHIN				25.00
REMEMBER WHEN				10.00
RUSH MANOR		190.00		490.00
SHERIDAN		10.00		100.00
SO. BUFFALO		5.00		45.00
SPIRIT OF HOPE		5.00		5.00
STEP				20.00
SUNDAY NITERS		15.00		50.00
TUESDAY WOMENS DISC		10.00		20.00
TURNING POINT				50.00
WE ADMITTED				20.00
WE CARE		10.00		80.00
WHY				90.00
WORKING				50.00
		375.00		2165.00
EXPENSES				
	CENTRAL OFFICE-LIT-Attica	406	160.00	
RE-CAP		EXPENSES	160.00	
BALANCE PR CHECKBOOK 9/25/89			-(34.18)	
ADD RECEIPTS 9/25/88 - 10/25/89			375.00	340.82
DEDUCT EXPENSES	9/25/89-10/25/89			-160.00
BALANCE 10/25/89				180.82

Central Committee Account Financial Statement #504-771-7 SEPT 25, '89 - OCT 25, '89				
43 Groups Contributed				2292.00
Joint Meeting	(expenses 7.04)			23.16
New Frontiers Subscription				36.00
Envelope System				851.00
Literature				3011.50
Miscellaneous	Convention Lit	288.60		
	Mary Ellen	10.00		
	Vigil	50.00		
	Printing	22.50		371.10
		Total Receipts		6584.76
DISBURSEMENTS				
	*10 Ellicott Square Court Corp - mth rt			431.00
	Community Mental Health Center - mth rt			35.00
	Helen J. Brady			107.44
	Delphine A. Hoy			281.00
	Delphine A. Hoy	re-embursement, The Paper Shop		210.11
	Roger Pratt-Envelope System Stamps			50.00
	Deer Park Spring Water, Inc.			28.64
	The Buffalo News-mth bl			250.80
	Helen J. Brady			107.44
	Delphine A. Hoy			281.00
	A.A. World Svc., Inc. -literature			1260.08
	Pitney-Bowes-meter rental			59.25
	Helen J. Brady			107.44
	Delphine A. Hoy			281.00
	M & T Bank - fed. withhold tax			636.80
	New York Telephone-mth bl			119.17
	Helen J. Brady			107.44
	Delphine A. Hoy			281.00
	N.Y.S. Unemployment Ins			5.40
	McLean Service Group - Mth bl			142.65
	A.A. World Svc., Inc-lit			509.34
	Petty Cash			50.00
			Disbursements	5342.00
RE-CAP				
Balance Pr Checkbook 9/25/89			10528.69	
Add Receipts 9/25/89 - 10/25/89			6584.76	17113.45
Deduct Expenses 9/25/89 - 10/25/89				-5342.00
Balance Pr Checkbook 9/25/89 - 10/25/89				11771.45
	Operating credit for 10/25/89		1242.76	
	M&T Savings Accounts			19336.27
	M&T Checking Accounts			11771.45
	Total Monetary Assets			31107.72
	Projected Prudent Reserve-1yr.			-36000.00
	Reserve debit			- 4892.28

GROUP		Common Hour		Living		
1st Step		40.00				
11th Step		47.50	Common Problem		236.55	Golden Slipper 400.00
1st. Things 1st.		45.00	Common Problems at VA			Good Life
3rd Step			Community Center		75.00	Grand
6th Step			Complanters Again		110.00	Grand II Joy Of Living 60.00 120.00
A Day At A Time	90.00	240.00	Courage	90.00	465.00	Grateful 75.00
A Helping Hand		22.50	Delaware Discussion		245.00	H.A.N.D 245.00
Abbott Mens at VA			Derby		255.00	Half & Half
Abbott Mens Discussion		60.00	Desire		85.00	Hamburg 175.00
Acceptance		375.00	DeVeaux Discussion		25.00	Handicappers Sat. Nite 50.00
Achievement		210.00	Downtown Discussion		60.00	Happy Hour 140.00
Action		50.00	Downtown Men's Disc.		45.00	Harmony 30.00
Active Achievement			Dunkirk		20.00	High View
Age Doesn't Matter			E.C.M.C.			Hill Billy 480.00
Albion			Early Beginnings		25.00	Honesty 270.00
All Women			Early Bird			Humbly Willing
Amherst Snyder		500.00	Early Start			Ignatia 10.00 30.00
Amherst Tree of Life		60.00	Easier Softer Way			Inner City 160.00
Amsdell Lakeshore			East Amherst			Inspiration 100.00
Any Age		25.00	East Aurora	35.00	350.00	Iron Horse 95.00
Arcade			East Aurora		25.00	
Latitude Adjustment			Eden-North Collins		240.00	Kenmore 100.00
Attraction		205.00	Ellicott	25.00	215.00	Kensington 20.00 120.00
Beginner's Table			Ellicottville			Ladies Night
Beginnings			Emergency			Lakeshore 20.00 110.00
Bidwell		70.00	Eternal Vigilance		115.00	Lakeview 60.00
Bidwell Monday Disc.	50.00	50.00	Everybody's		40.00	Lazy Bee Ranch
Big Book			Eye Opener	75.00	200.00	Let Go & Let God 25.00 175.00
Blasdell						Lew-port 20.00
Boulevard Women's		60.00	Father Baker	50.00	140.00	Liberty Women's 52.00
Brass		60.00	Feelings			Live and Let Live 325.00
Broadway-Bailey		90.00	Fireside	240.00	2595.00	Living Sober 25.00 250.00
Brocton Discussion		30.00	Fireside PM		101.00	Lock City 100.00
Came to Believe		212.00	Ford	150.00	450.00	Lockport #1
Campus			Fredonia Bkft. Meeting			Lockport Discussion
Casting		100.00	Fredonia Discussion			Lockport Ladies
Cathedral Park	10.00	90.00	Freedom	25.00	225.00	Lockview 200.00
Caz Manor		50.00	Fresh Start			Lovejoy 20.00
Cazenovia	50.00	160.00	Friday Nite Disc.			Main View Manor 45.00
Central Park			Friendly		275.00	Marilla
Chapter IX	25.00	125.00	Friendship Fireside			Matt Talbot 15.00 135.00
Chapter V						
Cheeklowaga		120.00	Frontier		100.00	
evy #1						Mc Kinley Winners 80.00
Clarence Men's Dis		180.00	Gardenville	100.00	300.00	Medina
Cold Springs	25.00	150.00	Getting it Together			Medina Sunday

Mercy		60.00	Saturday Night Disc		20.00	University Men's	150.00	1500.00
Mid-day			Saturday Night Alive			Urban	120.00	180.00
Mid-Erie AA Grp.		4.00	Saturday Nite Live	20.00	20.00	V.I.P.		
Midnite			Second Chance			Valley		
Miracle			Security			Veteran's Hospital		
MOD			Serendipity			Victory		
Monday Nite			Serenity		100.00	We Admitted		50.00
Morning After			Sheridan	30.00	300.00	We Are Not Saints		
NDH-Tonawanda Forge			Silver Creek			We Care	30.00	230.00
Never Too Late			Sober Trail			We Choose Life		
New Awakening						We Need You		
New Beginnings		50.00	Sobriety Men's Disc			Wed. Lunchtime		144.65
New Direction			Somerset			Welcome		
New Frontier		100.00	South Buffalo	25.00	225.00	Welcome Home	200.00	200.00
New Frontier Womans		25.00	South Town		240.00	West Seneca Sat. Nite	50.00	500.00
New Life		40.00	Southgate		18.00	West Valley		
New Westside			Southwestern		80.00	Westfield		120.00
New Zion		500.00	Spirit of H.O.P.E.	10.00	40.00	Westminster		
Niagara Frontier Men's		20.00	Springville		90.00	WHY		260.00
North Buffalo	80.00	800.00	Springville-no smoking		5.00	Williamsville	50.00	184.00
North Java			St. Barnabus		160.00	Wilson		
One Day at a Time (ODAT)			Step		40.00	Women's Westside Disc.		150.00
Open Arms			Stepping Stones		60.00	Working		
Open Mind	30.00	110.00	Strozzi			You'll Never Walk Alone		
Pass It On		40.00	Sunday Niters	20.00	160.00	Youngstown		30.00
Patchin		100.00	Sunday Third		15.00	Native American		22.21
Peaceful			Sunrise Court		50.00	We Have A Dream	20.00	20.00
Perry		50.00	SUNY - Amherst Campus		50.00	43 GRPS CONTRI.	2292.00	27662.91
Positively Living			Surburban	50.00	50.00			
Positively Living II			Swinging Door		50.00	LAST MONTH		25370.91
Primary Purpose			T'n'T			43 GROUPS		2292.00
Progress		600.00	TGIF		150.00	ACCUM TOTAL		27662.91
Purpose	102.00	289.00	Thankful		181.00			
Rainbow	20.00	100.00	The Way		170.00			
Ray of Hope		210.00	Thru-way		2220.00			
Remember When		50.00	Thursday Afternoon Disc.					
Renewal			Thursday Nonsmoking					
Rush Hall	25.00	250.00	Today					
			Tri-County					
Rush Manor	10.00	160.00	Trinity Monday Night		425.00			
S. S. Sobriety		98.50	Tuesday Men's Disc.					
Salamanca			Tuesday Women's Disc.	10.00	30.00			
Salamanca Freedom			Turning Point		50.00			
Sally Group			Twin Cities	25.00	275.00			
Salvation Army			United Brotherhood					
Saratoga		200.00	Unity		280.00			