

NEW FRONTIERS

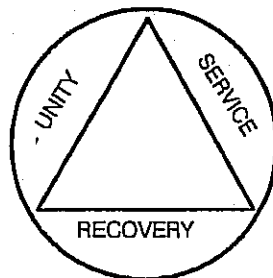
A CENTRAL COMMITTEE JOURNAL FOR ALL A.A. MEMBERS
OF WESTERN NEW YORK AND THE NIAGARA FRONTIER

STEP 10

**“CONTINUED TO TAKE PERSONAL
INVENTORY AND WHEN WE WERE
WRONG PROMPTLY ADMITTED IT.”**

“As we glance down the debit side of the day’s ledger, we should carefully examine our motives in each thought or act that appears to be wrong. In most cases our motives won’t be hard to see and understand. When prideful, angry, jealous, anxious, or fearful, we acted accordingly, and that was that. Here we need only recognize that we did act or think badly, try to visualize how we might have done better, and resolve with God’s help to carry these lessons over into tomorrow, making, of course, any amends still neglected.”

12 & 12, p. 94



How well do you remember your first meeting—or the meeting that was there when you really, really, REALLY needed it? I remember the feeling of warmth and security, (you know, the demons are kept at bay, just for that hour.) The people in that room loved me for what I was, and did not make any judgments. I was grateful that the meeting was there; and sometimes I felt it was there just for me. I found out that help was just a phone call away. I feel a very real richness in my life today, knowing that a hand outstretched in friendship, a willing ear, and a meeting are just around the corner. I am happy you were there, I felt that "I am responsible" was taken seriously.

I write this because there are alcoholics who don't have that option. Many places need sober AA'ers to carry the message of hope. Remember those meetings that were there for you? Well, if we abandon the correction facilities, then those suffering alcoholics go without a meeting. They can not go around the corner for a meeting. For them, it's once a week or nothing, and most of the time, and without volunteers, it's nothing. We need AA'ers who will carry the message, that there is a better way of life. Sobriety is not a dream, it is a reality to be shared by all who want it.

What we don't need are the Mickey Mouser's who spout service, but only perform it when it does not inconvenience them! But for the Grace of God. Think about it.

We have Spanish meetings, with no Spanish speaking facilitators. There are many ways of performing service in Corrections, some do not even require you to go into the facility. We need people to make the first contact when someone is released who contacted us through "Bridging-the-Gap." The "Bridging-the-Gap" program is a state-wide service provided by Alcoholics Anonymous to help inmates interested in attending AA meetings upon their release. It is a method of introducing former inmates to AA on the outside, first by letter contact, then upon release, volunteers escort people to AA meetings and introduce the newcomer to our AA community.

If you speak a second language, volunteer to interpret for the newcomer who does not speak English.

Please contact the Correctional Committee, if you are interested, at 858-3818. And if you have read all of this, there is one more thing — there is serenity in service. Thank you.

Yours in A.A.,
Cindy N.
GSA Correctional Chair



The New Frontiers is published monthly by the Central Office of Western New York. We are self-supporting by your subscriptions. The New Frontiers presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Art and articles reprinted with permission of A.A. Grapevine, Inc. are subject to the GRAPEVINE copyright.)

John H., We Care, Editor

ON SERVICE WORK

By doing service work we learn to love and accept others and ourselves as we are. All issues that are unresolved come up, and we can become aware of them. Thorny issues may die for lack of fear, grandiosity, dramatization and focus. Our responsibility is to attract several people to take over services when delegated ones may not be available, and--to take over when others move on.

This requires teaching them the procedures and working with them. By doing this, we find out how little or how much we really know. Sometimes this can be quite disturbing--even humiliating. We pray for guidance and the power to carry out these self-appointed responsibilities. We can accept ourselves as a channel through which a Higher Power expresses love and humility which prevails and infects other persons that we are in contact with. We pass that on without being aware or taking any credit for the happiness that evolves from "being responsible" in service.

EDITOR

WHEN I "CAME" TO THE STEP AT THE DOOR TO AA.

I have been thinking lately of the often used AA phrase, "came, came to, came to believe." I have always associated this saying with Steps One and Two of the program. Then I wondered how the "came" fits into Step One. For me, "came" really fits better into Step Zero, the step at the door to A.A. When I think of what went on before taking this physical step through the A.A. door, it seems a miracle to me.

I was in about the same state as all potential A.A.s--I could not stop drinking. The alcohol addiction was what I did, and my life centered around it. It was a vicious circle; I drank because I hurt, and I hurt because I drank. How can anyone, alone, get off this self-destructive merry-go-round? The answer for me was that it was impossible without help from a Higher Power, who I did not or could not acknowledge at the time.

Somehow He got through to me, gave me a kick off the downward elevator, and I "came" to A.A. When He kicked me off the elevator, He gave me the ability to listen to complete strangers, and the power to do what they told me. How odd! Here were two more miracles. By listening

and taking action, I was acting the opposite of my nature, and it worked. By listening and doing, I slowly began to believe that this program just might work for me. I had "come to."

After more time listening to others, taking action, and completely tearing down my previous belief system because it did not work for me, I began to believe the group was a Power greater than myself. In fact, I knew it was, because my first sponsor told me so. He said that when I thought of taking a drink, I should first think of what the group would do. The group would not take the drink, and neither would I.

More time passed, with lots of meetings, coffee after, and listening. I "came to believe" that there is a Higher Power and that He would help me. I knew He would, because, when I looked back, I could see His presence in my life even when there was only one set of footprints. Now I see His presence in my life everywhere, and in everyone.

What a life A.A. is---it only gets better!

Dick N.
Warsaw, New York

NO MAN IS A COMPLETE FAILURE IN LIFE UNTIL HE STARTS PUTTING THE BLAME ON SOMEONE ELSE.

-1996 BUFFALO FALL CONVENTION THE HAND OF A. A.

Your Convention Committee:

Chairperson	Cindy H., Beginning Women's	Literature	Mary Lou Z., Kenmore
Co-Chairperson	Larry S., Cold Spring	Publicity	Jay H., North Buffalo
Treasurer	Joan G., Twin Cities II	Entertainment	Carol M., But For The Grace Of God
Registration	David K., Journey	Refreshments	Linda Z., Common Problem
Secretary	Martha H., North Buffalo	Banquet	Carolyn C., A Vision For You
Program	Rich S., Cheektowaga	Maintenance	Don H., Amherst Snyder
Greeters	Lisa S., Acceptance	Hospitality	Cookie L., Beginning Women's

Friday, October 18

- 2:00 P.M. REGISTRATION OPENS
Hospitality Rooms
1st floor A & B (non-smoking)
2nd floor E (smoking)
- 4:00 P.M. CONVENTION WELCOME
Rooms IV & V
Jim K., New Westside
EARLY BIRD SPEAKERS
Moderator: Tom H., Powerless
Speaker: Sue H., But For The Grace of God
- 6:00 P.M. "HITTING BOTTOM"
Rooms IV & V
Moderator: Dennis K., Highview
Panelists: Dave F., Highview
Gene H., Amherst Snyder
Don B., But For The Grace Of God
- 6:00 PM - 11:00 P.M.
VIDEO-A-THON
Room to be announced
- 8:00 P.M. OPEN AA MEETING
Grand Ballroom
CONVENTION OPENS
Chairperson: Cindy H., Beginning Women's
Moderator: Rich S., Cheektowaga
Speaker: Michael M., Evans, Georgia
- 10:00 P.M. - 2:00 A.M.
DANCE - Grand Ballroom
- 10:00 P.M. SWIM PARTY
- 10:00 P.M. - 2:00 A.M.
TALK-A-THON
1st floor Salon B

Saturday, October 19

- 7:30 A.M. Hospitality Room Re-opens
Registration Re-opens

Saturday (continued)

- 8:30 A.M. "HOW I FOUND A. A."
Room IV
Moderator: Bill L., Living Sober
Panelists: Lynn W., Living Sober
Paul S., Living Sober
Walter S., Living Sober
- 8:30 A.M. "AN EASIER SOFTER WAY"
Room V
Moderator: Dick S., Cheektowaga
Panelists: Irv P., Cheektowaga
others to be announced
- 9:45 A.M. "THE END OF LONELINESS"
Room IV
Moderator: Blane H., Cold Spring
Panelists: Kevin S., Cold Spring
Sara S., Bidwell
- 9:45 A.M. "SHARING RECOVERY"
Room V
Moderator: Lucille K., Acceptance
Panelists: Mary Beth C., Acceptance
Patricia W., Acceptance
James L., Sheridan
- 11:00 A.M. "THE FAMILY AFTERWARDS"
Room IV
Moderator: Tom, Fri. Afternoon Downtown
Panelists: Micky, Tues. Night Wmsv.
Kathy, Tues. Night Wmsv.
- 11:00 A.M. "ONE DAY AT A TIME"
Room V
Moderator: Rose Marie C., Allentown, PA
Panelists: Tina B., Allentown, PA
Renee R., Allentown, PA
Nadine B., Allentown, PA
- 12:15 P.M. "A NEW FREEDOM"
Room IV
Moderator: Robin D., St. Catherines, Ontario
Panelists: The Market Group

Saturday (continued)

- 1:45 P.M. "OPEN SPEAKER MEETING"
Room IV & V
Moderator: Larry S., Cold Spring
Speaker: Lorenzo R., Rochester, NY
- 3:30 P.M. "I AM RESPONSIBLE & ACCOUNTABLE"
Room IV
Moderator: Bill W., Cleveland, OH
Panelists: Pat B., Cleveland, OH
Fred B., Cleveland, OH
Don C., Cleveland, OH
- 3:30 P.M. "OLD TIMERS" Panel
Room V
Moderator: Jim M., North Buffalo
Panelists: Annie S., Cold Spring
Vern G., Cold Spring
Jim R., Serenity
- 6:00 P.M. DOOR OPEN FOR BANQUET
6:30 P.M. DINNER
7:45 P.M. Committee Appreciation:
Cindy H., Beginning Women's
Countdown: George F
- 8:15 P.M. SPEAKER:
Earl H., Los Angeles, CA
(video monitors for speaker in
Salons A, B, C, & D 2nd floor)
- 10:00 P.M. - 2:00 A.M.
Dance - Grand Ballroom
Swim Party
Talk-A-Thon (1st floor Salon B)

Sunday, October 20

- 9:00 A.M. "SURRENDER AND ACCEPTANCE"
Room IV
Moderator: Mary R., Beginning Women's
Panelists: Al C., Silver Creek, Friendship
Hilda H., Sun. Morn. Breakfast
- 9:00 A.M. "THE REWARD IS GREAT!"
Room V
Moderator: Griff N., Inner City
Panelists: Celand P., Little Valley
Ann P., Little Valley
Quent R., Inner City
- 10:30 A.M. "OPEN MEETING"
Moderator: Cindy H., Beginning Women's
Speaker: Polly P., Cypress, CA
- 11:30 A.M. Cindy H. Introduces
1997 Chairperson:
Larry S., Cold Spring

WE HOPE TO SEE EVERYONE AT THE 55TH BUFFALO AA FALL CONVENTION TO BE HELD AT THE MARRIOTT HOTEL, 1340 MILLERSPORT HIGHWAY, AMHERST, NEW YORK ON OCTOBER 18, 19, & 20.

IT'S OUR SINCERE HOPE THAT THE ABOVE LIST OF PROGRAMS WILL ASSIST YOU IN PLANNING YOUR PERSONAL SCHEDULE.

P.S. - THERE ARE STILL TABLES AVAILABLE FOR THE BANQUET ON A FIRST COME FIRST SERVE BASIS. REMEMBER, GROUP CONTRIBUTIONS FOR THE COFFEE FUND ARE DESPERATELY NEEDED.

**Respectfully submitted
Jay H., North Buffalo Group
Publicity Chair**

A.A. CONVENTION "Why Do I Have To Pay?"

One reason for having a Convention is that it is a natural thing to do. Almost any association likes to take time out now and then to observe some phase of its development. But in A.A., such an event is far more than a routine cause for celebration. A convention or workshop is an advantageous opportunity to share the AA experience in a broader way.

One of the most common misconceptions of AA conventions and workshops is that they are regular AA meetings and since, "There are no dues or fees for AA membership....", there should be no dues or fees for AA members to attend them.

Conventions and workshops are special events, not regular AA meetings. These events require months of planning, the appointment of various committees, polished speakers, volunteer greeters, and yes, a great deal of money to be successful.

Most conventions are held in large hotels. These hotels charge the sponsoring AA entity to use their facilities, such as conference rooms, dining rooms, hospitality rooms etc. Along with

these charges, the hotels require AA to purchase coffee from their kitchen, and we all know how much coffee alcoholics drink! The cost of coffee alone is between \$4,000 and \$5,000 dollars! These are basic and necessary expenses.

Other expenses include AA literature, the printing of flyers and programs, as well as telephone and postal expenses and other essential supplies. If the convention is a large one, (as Buffalo usually is), the costs could be enormous.

The goal for any planning committee of an event of such magnitude is to break even; however in the past, AA conventions have realized a profit. Registration cost is usually nominal to attend the Convention, as compared to a day or weekend's worth of entertainment elsewhere. Attendance is voluntary and as responsible AA members we "pay our own way."

Adapted from the 1996 West East
Penn State Convention Flyer
Submitted by Jay H., North Bflo. Group
Publicity Chair.

THE SUBSTANCE OF WHAT WE RECEIVE

"Practically every AA member declares that no satisfaction has been deeper and no joy greater than in a Twelfth Step well done. To watch the eyes of men and women open with wonder as they move from darkness into light, to see their lives quickly fill with new purpose and meaning, to see whole families reassembled, to see the alcoholic outcast received back into his community in full citizenship, and above all to watch these people awaken to the presence of a loving God in their lives---these things are the substance of what we receive as we carry A.A.'s message to the next alcoholic."

Twelve Steps and Twelve Traditions, page 110

KEEPING IT SIMPLE

To keep it simple, to give of my time as well as myself, to be tolerant, patient, kind and understanding to all who ask for help, whether the "Miracle" occurs in their lives or not, and to live and let live.

I must remember this is a "We" program, not a "Me" program, and I must never forget the guidance I had early in my journey of recovery.

The sacrifices Dr. Bob and Bill W. made to insure the success of Alcoholics Anonymous are the same sacrifices people I met early in recovery made to show me the program worked. They are the same sacrifices I have to make to insure the future of Alcoholics Anonymous. For that I am responsible!

Sharon J.
Group unknown

PEOPLE DON'T COME INTO AA BECAUSE THEY'RE HAVING A WONDERFUL LIFE.

The trouble with the Second Step is that it claims we will be restored to "sanity." Hell, I was as sane as the next guy. It was those guys on the Lower Terrace (or Bowery), in several layers of clothing, drinking cheap wine out of a paper bag.

But, I was far from crazy and I was drinking with the elite in the Delaware Avenue clubs, dressed in a tie and making passes at show girls. I was very cool and fulfilling life-long ambitions.

But, what about the Buffalo General story? Shortly after Korea, Jim and I had encountered a 'phantom' car while working the Lake Shore Road. We tipped to the right, hit a culvert and demolished Jim's '52 Plymouth Convertible.

In the process, Jim met the splintering steering wheel and received several severe facial lacerations. My face hit the dash board, spreading my nose the width of my face. Since it was not the first time my septum had been deviated, a doctor recommended rhinoplasty and it became scheduled at Buffalo General.

The Friday before the Sunday check-in time, Jim, Tom and I went to a Moscow Mile (vodka, ginger-beer and limes) party at Tiger's cottage at Crystal Beach. There must have been a hundred people drinking this volatile cocktail from a tub in the bathroom.

Saturday afternoon, there was a sky-rocket battle, inside and outside of the large Canadian cottage and the Ontario Provincial Police gave us a stern warning. The next call would promote visits to the Fort Erie slammer. The following morning there were holes in the plaster walls that you could walk through.

After sweating our way through the 12 o'clock mass, I encouraged Tommy to drive me to Buffalo General for the 2:00 p.m. admission. Jim was in the middle when we arrived on High Street and since I had passed out half way to the Peace Bridge, just kind of nudged me on to the front lawn of the hospital.

The next thing I knew, someone was wheeling me to a room in a wheel chair. I came to in the morning on a gurney, headed for surgery with a class A hangover and a thirst that wouldn't quit. A nurse approached, hit me with a shot of sodium pentathol whereupon I went into an alcohol-induced seizure and began to bounce off walls.

They had to put me in a recovery room for two days before surgery could be done.

But that's not insane, is it? The Big Book suggests that it is the repetition of insane acts. Looks like I may qualify.

Jack R.
Southgate

OCTOBER 2 BIRTHDAYS

ACTION Dar G. Mary A.	8 yrs. 9 yrs.	EYEOPENER(Cont.) Karen N. Becky M. Matt K. Steve B. Bob M. Charlie P. Jane B. Tim G. Paul H. Rev. Tom M.	3 yrs. 3 yrs. 4 yrs. 4 yrs. 5 yrs. 6 yrs. 8 yrs. 9 yrs. 11 yrs. 18 yrs.	MATT TALBOT Diane B. Dan B. Barry Mic. Joe M. Ray K. Alan H. Patrice M. Richard K. Joe S. Fay E. Carrle C. Valorie R. Eric B. Doris H.	6 mos. 6 mos. 6 mos. 2 yrs. 3 yrs. 4 yrs. 5 yrs. 5 yrs. 6 yrs. 6 yrs. 7 yrs. 7 yrs. 13 yrs. 16 yrs.	NORTH BUFFALO (Cont.) Eileen H. Raye S. Joe O'G. Dewelle L. Nathan M. Carrle C. Randy S. Joe B. Liz H. John N. Connie C. Martin L.	4 yrs. 5 yrs. 6 yrs. 6 yrs. 7 yrs. 7 yrs. 8 yrs. 8 yrs. 12 yrs. 15 yrs. 15 yrs. 21 yrs.	SUNDAY MORN. BREAKFAST Helen S.	15 yrs.	THRUWAY Randy D. Barry Mic. Kelly O'G. Bruce B. Sean McD. Shelley G. Dorothy T. Dave T. Alma B. Al R. Paul M. Bob T. Peter R. Bert A. Nicholas Z. Mona N. Gary W. Helen S. Helen S. Barry S. Marilyn J. Chuck L. Bud G. Bill P.	6 mos. 9 mos. 4 yrs. 5 yrs. 5 yrs. 6 yrs. 7 yrs. 8 yrs. 8 yrs. 9 yrs. 9 yrs. 10 yrs. 10 yrs. 11 yrs. 11 yrs. 12 yrs. 14 yrs. 15 yrs. 15 yrs. 15 yrs. 15 yrs. 16 yrs. 26 yrs.	ANY LENGTHS DeAnn D. Dick K.	9 mos. 5 yrs.	HAPPY HOUR Hennella K. John H. Lirvette C. Elizabeth T. Angel S. David O. Carol C. James E. Stephen R. Becky W. Johnnie L. Barbara C. Teddy O. Margaret K.	3 mos. 3 mos. 3 mos. 6 mos. 6 mos. 6 mos. 1 yr. 1 yr. 1 yr. 1 yr. 3 yrs. 4 yrs. 6 yrs. 6 yrs. 8 yrs.	WEDNESDAY Sean W. Robert G. Cheryl B. Vionnie D. Diedra C. Dennis V. Joanna L. Allonso Willly S. Steve G. George W. Jim C. Lisa B. Lauren J. Mark W. Jack R. Brian H. Rick C. Tony O. Cheryl C. Bob G. Tom M. Eric D. Larry S. Jerry M.	3 mos. 3 mos. 3 mos. 6 mos. 6 mos. 6 mos. 6 mos. 6 mos. 9 mos. 9 mos. 9 mos. 9 mos. 9 mos. 1 yr. 1 yr. 1 yr. 1 yr. 2 yrs. 3 yrs. 3 yrs. 3 yrs. 5 yrs. 6 yrs. 6 yrs. 8 yrs.	FRIDAY Eileen H. Raye S. Joe O'G. Dewelle L. Nathan M. Carrle C. Randy S. Joe B. Liz H. John N. Connie C. Martin L.	4 yrs. 5 yrs. 6 yrs. 6 yrs. 7 yrs. 7 yrs. 8 yrs. 8 yrs. 12 yrs. 15 yrs. 15 yrs. 21 yrs.	WE CARE Tom S. Paul K.	3 mos. 12 yrs.	REMEMBER NOVEMBER ANNIVERSARIES MUST BE IN THE CENTRAL OFFICE NO LATER THAN OCTOBER 10, 1996.
AMHERST/STANDYDER Gilbert H. Ismael E. Randi W. Joanne K. Bill M. Mona A. Mark S. Larry N. Steve P. Mark N. Joe S. Wendy H. Greg S. Machale P. Jelf H. Dave Z. Eric D. Joanne P. Valerie R. Kevin N. Paul B. George F. Jim M. Lisa S. Ellen S. Dave R. Beverly S. Kirk B.	3 mos. 3 mos. 3 mos. 6 mos. 6 mos. 9 mos. 9 mos. 1 yr. 1 yr. 1 yr. 2 yrs. 3 yrs. 3 yrs. 3 yrs. 5 yrs. 6 yrs. 7 yrs. 7 yrs. 8 yrs. 8 yrs. 9 yrs. 10 yrs. 10 yrs. 13 yrs. 14 yrs. 14 yrs. 25 yrs. 26 yrs.	FRESH START Sylvia W.	2 yrs.	MONDAY NIGHT BIDWELL Sean W. Robert G. Cheryl B. Vionnie D. Diedra C. Dennis V. Joanna L. Allonso Willly S. Steve G. George W. Jim C. Lisa B. Lauren J. Mark W. Jack R. Brian H. Rick C. Tony O. Cheryl C. Bob G. Tom M. Eric D. Larry S. Jerry M.	3 mos. 3 mos. 3 mos. 6 mos. 6 mos. 6 mos. 6 mos. 6 mos. 9 mos. 9 mos. 9 mos. 9 mos. 9 mos. 1 yr. 1 yr. 1 yr. 1 yr. 2 yrs. 3 yrs. 3 yrs. 3 yrs. 5 yrs. 6 yrs. 6 yrs. 8 yrs.	RISE & SHINE Kevin F. Schandra S. Lornie Teresa W. Lihelle S. Brandy B. There B. Jean D. Wayne W. Dennis D. Charlette F. Carrlie C. Joe R. Elijah W. John L.	3 mos. 3 mos. 3 mos. 6 mos. 6 mos. 6 mos. 6 mos. 6 mos. 6 mos. 9 mos. 9 mos. 9 mos. 9 mos. 9 mos. 3 yrs. 4 yrs.	SUNDAY MORN. BREAKFAST Sean G. Dave McIn. Shelley B. Stephan G. Eddie K.	9 mos. 2 yrs. 4 yrs. 6 yrs. 9 yrs.	WEDNESDAY Sean W. Robert G. Cheryl B. Vionnie D. Diedra C. Dennis V. Joanna L. Allonso Willly S. Steve G. George W. Jim C. Lisa B. Lauren J. Mark W. Jack R. Brian H. Rick C. Tony O. Cheryl C. Bob G. Tom M. Eric D. Larry S. Jerry M.	3 mos. 3 mos. 3 mos. 6 mos. 6 mos. 6 mos. 6 mos. 6 mos. 9 mos. 9 mos. 9 mos. 9 mos. 9 mos. 1 yr. 1 yr. 1 yr. 1 yr. 2 yrs. 3 yrs. 3 yrs. 3 yrs. 5 yrs. 6 yrs. 6 yrs. 8 yrs.	THURSDAY Randy D. Barry Mic. Kelly O'G. Bruce B. Sean McD. Shelley G. Dorothy T. Dave T. Alma B. Al R. Paul M. Bob T. Peter R. Bert A. Nicholas Z. Mona N. Gary W. Helen S. Helen S. Barry S. Marilyn J. Chuck L. Bud G. Bill P.	6 mos. 9 mos. 4 yrs. 5 yrs. 5 yrs. 6 yrs. 7 yrs. 8 yrs. 8 yrs. 9 yrs. 9 yrs. 10 yrs. 10 yrs. 11 yrs. 11 yrs. 12 yrs. 14 yrs. 15 yrs. 15 yrs. 15 yrs. 15 yrs. 16 yrs. 26 yrs.	FRIDAY Eileen H. Raye S. Joe O'G. Dewelle L. Nathan M. Carrle C. Randy S. Joe B. Liz H. John N. Connie C. Martin L.	4 yrs. 5 yrs. 6 yrs. 6 yrs. 7 yrs. 7 yrs. 8 yrs. 8 yrs. 12 yrs. 15 yrs. 15 yrs. 21 yrs.	WE CARE Tom S. Paul K.	3 mos. 12 yrs.	REMEMBER NOVEMBER ANNIVERSARIES MUST BE IN THE CENTRAL OFFICE NO LATER THAN OCTOBER 10, 1996.				
COLD SPRINGS Wanda I. Robert R. Anthony H. Juanita T. Andrew G. Major A. Stanley B. Lena S. Annie S.	3 mos. 3 mos. 1 yr. 3 yrs. 7 yrs. 11 yrs. 13 yrs. 23 yrs. 24 yrs.	HAPPY HOUR Hennella K. John H. Lirvette C. Elizabeth T. Angel S. David O. Carol C. James E. Stephen R. Becky W. Johnnie L. Barbara C. Teddy O. Margaret K.	3 mos. 3 mos. 3 mos. 6 mos. 6 mos. 6 mos. 1 yr. 1 yr. 1 yr. 1 yr. 3 yrs. 4 yrs. 6 yrs. 6 yrs. 8 yrs.	MONDAY NIGHT BIDWELL Sean W. Robert G. Cheryl B. Vionnie D. Diedra C. Dennis V. Joanna L. Allonso Willly S. Steve G. George W. Jim C. Lisa B. Lauren J. Mark W. Jack R. Brian H. Rick C. Tony O. Cheryl C. Bob G. Tom M. Eric D. Larry S. Jerry M.	3 mos. 3 mos. 3 mos. 6 mos. 6 mos. 6 mos. 6 mos. 6 mos. 9 mos. 9 mos. 9 mos. 9 mos. 9 mos. 1 yr. 1 yr. 1 yr. 1 yr. 2 yrs. 3 yrs. 3 yrs. 3 yrs. 5 yrs. 6 yrs. 6 yrs. 8 yrs.	RISE & SHINE Kevin F. Schandra S. Lornie Teresa W. Lihelle S. Brandy B. There B. Jean D. Wayne W. Dennis D. Charlette F. Carrlie C. Joe R. Elijah W. John L.	3 mos. 3 mos. 3 mos. 6 mos. 6 mos. 6 mos. 6 mos. 6 mos. 6 mos. 9 mos. 9 mos. 9 mos. 9 mos. 9 mos. 3 yrs. 4 yrs.	SUNDAY MORN. BREAKFAST Sean G. Dave McIn. Shelley B. Stephan G. Eddie K.	9 mos. 2 yrs. 4 yrs. 6 yrs. 9 yrs.	WEDNESDAY Sean W. Robert G. Cheryl B. Vionnie D. Diedra C. Dennis V. Joanna L. Allonso Willly S. Steve G. George W. Jim C. Lisa B. Lauren J. Mark W. Jack R. Brian H. Rick C. Tony O. Cheryl C. Bob G. Tom M. Eric D. Larry S. Jerry M.	3 mos. 3 mos. 3 mos. 6 mos. 6 mos. 6 mos. 6 mos. 6 mos. 9 mos. 9 mos. 9 mos. 9 mos. 9 mos. 1 yr. 1 yr. 1 yr. 1 yr. 2 yrs. 3 yrs. 3 yrs. 3 yrs. 5 yrs. 6 yrs. 6 yrs. 8 yrs.	THURSDAY Randy D. Barry Mic. Kelly O'G. Bruce B. Sean McD. Shelley G. Dorothy T. Dave T. Alma B. Al R. Paul M. Bob T. Peter R. Bert A. Nicholas Z. Mona N. Gary W. Helen S. Helen S. Barry S. Marilyn J. Chuck L. Bud G. Bill P.	6 mos. 9 mos. 4 yrs. 5 yrs. 5 yrs. 6 yrs. 7 yrs. 8 yrs. 8 yrs. 9 yrs. 9 yrs. 10 yrs. 10 yrs. 11 yrs. 11 yrs. 12 yrs. 14 yrs. 15 yrs. 15 yrs. 15 yrs. 15 yrs. 16 yrs. 26 yrs.	FRIDAY Eileen H. Raye S. Joe O'G. Dewelle L. Nathan M. Carrle C. Randy S. Joe B. Liz H. John N. Connie C. Martin L.	4 yrs. 5 yrs. 6 yrs. 6 yrs. 7 yrs. 7 yrs. 8 yrs. 8 yrs. 12 yrs. 15 yrs. 15 yrs. 21 yrs.	WE CARE Tom S. Paul K.	3 mos. 12 yrs.	REMEMBER NOVEMBER ANNIVERSARIES MUST BE IN THE CENTRAL OFFICE NO LATER THAN OCTOBER 10, 1996.				
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THE AA MEMBER WITH THE LONGEST SOBRIETY IS THE ONE WHO GOT UP EARLIEST THIS MORNING.

**BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
295 MAIN STREET
ROOM 845 ELLICOTT SQUARE BUILDING
BUFFALO, NEW YORK 14203
853-0388**

OCTOBER 1996

NEW MEETINGS:

The TONAWANDA Group in last months bulletin is a Tuesday night meeting. It meets at 6:00PM, Community Baptist Church, 1225 Brighton. It is a non-smoking, open discussion meeting.

MEETING CHANGES:

TUESDAY - RESTORED TO SANITY - 1:00PM - Salvation Army - 1PM - no longer meets.

TUESDAY AND THURSDAY - VIP - 1:00PM at the Veteran's Hospital on Bailey Avenue will no longer meet.

TUESDAY AND THURSDAY - T.N.T - 6:00PM - is moving back to its' original location in room 409 of the Bretschger Hall - Building B-400. This is on the Campus of ECC in Williamsville on Youngs Road.

MONDAY AND FRIDAY - HARMONY - 10AM - as of the First Friday in October, they will be meeting at the Salvation Army, Westminster St (Behind the Rate-Aid at Bailey and Kensington)

SUNDAY AND MONDAY - NORTH JAVA - meetings are now NON-SMOKING.

WEDNESDAY - VARYSEBURG - 8:30PM - Community Church, 2442 Main Street will be a "Literature Study Group" not just the 12 & 12.

PLEASE NOTE:

TUESDAY - BEGINNING IN SOBRIETY I - 1:00PM - Centennial Church, 127 Doat Street needs a person to be responsible for the meeting or it will have to close. If interested call the office at 853-0388.

MONDAY - BY THE BOOK - 8:00PM - Amity Club, 340 Military Road has joined with the MOD/LIVING IN THE SOLUTION Group which now meets also on Tuesday at 8:30PM, Wednesday at 8:00PM and Friday at 8:30PM. Monday it is a "12 & 12" Book Study. New home group members are welcome!!

THURSDAY - AMHERST TREE OF LIFE - 8:00PM - Benderson Bldg, Amherst Jewish Community Center, 2640 North Forest Road, Getzville - is in need of support.

COMING EVENTS:

OCTOBER 6 - SUNDAY - CENTRAL COMMITTEE MEETING, 80 GOODRICH, BFLO. - 7PM
Considering nominees for 1997 Committees. Nominations will be in November. Be there if you want to know what officers are needed, what are the qualifications and the duties of each office.

OCTOBER 18, 19, 20, 1996 - 55TH BUFFALO FALL CONVENTION.
BUFFALO MARRIOTT HOTEL, 1340 MILLERSPORT HWY., AMHERST NY.
REGISTRATION: \$10.00 REGISTRATION WITH BANQUET \$35.00

"AN EVENT NOT TO BE MISSED!!!"

OCTOBER 25 - FRIDAY - the SILVERCREEK FRIENDSHIP Group will be celebrating its' 26th Anniversary at 8:30PM; First United Church of Christ, 31 Main Street. Roast beef on weck will be served. Please bring a dish to share.

OCTOBER 26 - SATURDAY - ETERNAL VIGILANCE - will be holding their ANNUAL HALLOWEEN DANCE. Prizes for best costume! Pizza and wings! \$5.00 donation at the door. Our Lady of Sacred Heart Church, S3148 Abbott Road near Lake Avenue in Orchard Park from 8:30PM to 12:30AM.

OCTOBER 31 - THURSDAY - DISCOVERY will be celebrating their two year group anniversary at the Church of Christ, 350 Kenmore at Englewood. The meeting will start at 7PM for this meeting only. It will be a party with a speaker. Please bring a dish to share.

NOVEMBER 3 - SUNDAY - CENTRAL COMMITTEE MEETING, 80 GOODRICH, BFLO. - 7PM
There will be nominations for officers of the 1997 Central Committee.

NOVEMBER 28 - THURSDAY - INSPIRATION - will be having special Thanksgiving Meeting at 10AM. St Barnabus School on 2099 George Urban Blvd. California Style meeting with food to follow.

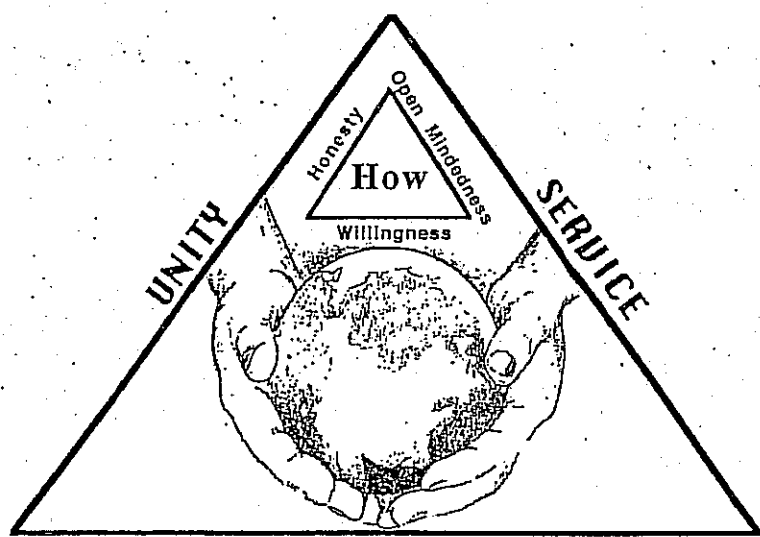
10th MONTH - 10th STEP "CONTINUED TO TAKE PERSONAL INVENTORY AND WHEN WE WERE WRONG PROMPTLY ADMITTED IT."

10TH MONTH - 10TH TRADITION "ALCOHOLICS ANONYMOUS HAS NO OPINION ON OUTSIDE ISSUES; HENCE THEW A.A. NAME OUGHT NEVER BE DRAWN INTO PUBLIC CONTROVERSAHY."

YOURS IN THE SPIRIT OF A.A

Delphine
EXECUTIVE SECRETARY

"The Hand of AA"



For more detailed information please write to:
55th Buffalo Fall Convention
PO Box 127
Niagara Square Station
Buffalo, N.Y. 14202

Or Call:
Registration Chairman: David K.
(716) 882-1630

RECOVERY
Central Committee of the Niagara Frontier
Presents

The 55th Buffalo AA Fall Convention

Friday, Saturday & Sunday
October 18, 19 & 20, 1996

Buffalo Marriott Hotel
1340 Millersport Hwy.
Amherst, N.Y. 14226

AL-ANON • PANELS • FELLOWSHIP • DANCES • ALATEEN



SHARING FROM BEHIND THE WALLS

A.A. General Service Office, Box 459, Grand Central Station, New York, NY 10163

Summer 1996

Dear A.A. Friends,

Welcome to the first issue of the *Sharing from Behind the Walls* newsletter. The following excerpts are from fellow alcoholics on the "inside" who have written to G.S.O. sharing their A.A. experience, strength and hope.

Now, let's open our meeting with a moment of silence, followed by the A.A. Preamble: "Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

"The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety."*

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.. FEW WORDS FROM "OUTSIDE" A.A.s

"You sent me the name of someone in New York state and asked me to write to him. I wrote to him over a month ago. I have not received a reply. Would you please send me another name. I know how important our Twelfth Step work is and I enjoy writing to men who are locked up. It is one of the tools that I use to keep me sober. I myself found A.A. in prison almost 20 years ago. And it hasn't been necessary for me to return to prison since I was released in 1979."—John T., Outside Correspondent, Pacific region

"Hello. It's been a long time since I have written, but I have been very busy since my release. I was released Jan. 11, and my life on the outside has been wonderful. Thanks to you people in A.A. I have found a new way of life. I have an apartment now, and steady work. I am very grateful for your love for me when no one cared. I have met many, many new friends today and I have a sponsor, and am working the Steps. Life has just been wonderful. Well, I thought I would write to you and tell you thank you very, very much again."—Alan S., formerly on the "inside," Pacific region

SHARING FROM BEHIND THE WALLS

"I am presently incarcerated and only on Step Four. I do not see what I could have written at any time in my life that would be of any value in any A.A. literature, but in the spirit of Tradition Five and the Twelfth Step, and not being able to say 'no' in the program, I say use anything I say or write for A.A. I just received another letter from my program 'pen pal' you hooked me up with. He is exactly what I needed, by-the-book, a straightforward oldtimer (sobriety that is). With just six months

left on my sentence, after spending most of my adult life in these places, I need all the straight forward advice and direction I can get."—Terry P., Southwest region

"This Sunday will be my 29th birthday, and instead of sitting in jail feeling sorry for myself I will be reading the Big Book and reflecting upon the many people in my life I can thank for the support they have given my A.A. program and my life."—Lawrence A., Southwest region

"I am learning a whole lot from the Big Book and I know I'm going to need to attend A.A. meetings when I get out. I am going to be living in [another part of] Florida—country all the way. I cannot find where any A.A. meetings are close to us. Can you help? I got your address out of the Big Book, I hope you can hook me up with an A.A. group nearby so when I do get out I can go immediately! My family doesn't understand how important recovery is. It is my life! I am going to see if there is a sponsor willing to pick me up at the bus station, take me to a meeting, then home. Or I'll call my family to come and get me from A.A. I know I'll die if I don't pursue my recovery at every moment in my life. Thank you so much for your time and God bless y'all."—Regina S., Southeast region

"I'm now serving a 20-year prison term. Since I've been in prison I've been able to attend meetings and to do a lot of introspection, in which I've been able to implement changes, and I credit it to my Higher Power and Him intervening in my life. For if I kept going the way I was, I would have wound up dead somewhere, so I count my many blessings daily and I appreciate A.A. for always being there for me."—Chris K., Pacific region

"I would like to thank you so much for setting me up with Mike S. from the Corrections Correspondence Service. He has been a big help in keeping me working my program every day. I have told others, here in our program of A.A. at the prison, what a great program this is and soon you will start to get a whole lot of people from here in A.A. The same way I started, they will be asking for someone to correspond with in the program. I hope they have the luck I had."—Martin B., East Central region

"Thank you so much for your prompt response to my request for correspondence. No one ever told me that getting sober was going to come without work. 'Go to any lengths' is what is said. I could sum up what it was like for me while drinking in a few short sentences. (a) Blackout City; (b) Real unpleasant; (c) Toxic; (d) Marital warfare, etc. Now mix that with 20 years of drug use, and you will have my story. With all the time I am left to think here, I see just how lucky I am to have made it this far. A great deal of my friends are now dead. This disease is too often deadly. But today I want to live, and live happy, joyous and free. I talk a real good program; it is working one that I have trouble with. Most of the time I am in a much better mood. I have a strange but great sense of humor. I often think at times it is the only sense I have."—Michael G., Northeast region

"I thought people in there [A.A.] were crazy, but after about three or four meetings I began to catch on to what was happening. I realized I was an alcoholic and I wanted to overcome that addiction, so I kept coming to the meetings and they have really

helped me out a lot. It gave me a new outlook on life, and I can say one thing—I'm glad that I found A.A., because it really changed my life for the better. Now I find myself talking to other people about A.A. I look back over my life and I think, where would I have gone if God hadn't brought me to A.A.?"—Robert K., Southeast region

"I wanted to drop you a few lines to thank you for taking the time to write, as well as sending the literature. Since I have been on the A.A. board here at the institution I have been doing my best to up-grade our current literature availability. I've ordered several/various pamphlets and books, and am proud to say that our literature is finally getting where it should be. The members of our Just for Today meeting are very grateful for people like you who take time out to help us. I thank you, we thank you. I have been to a number of A.A. meetings in the past but never surrendered. I am very happy to say that I've been without a drink for 18 months now and a member of our Just for Today meeting here for about 13 months. *It does work, if you work it!*"—Michael B., Northeast region

"I received your pamphlet 'It Sure Beats Sitting in a Cell' from a class I attended here in jail. One of the suggestions it made was to write to you for support from other A.A. members. It being the holidays and all, I find myself feeling lonely, and instead of feeling sorry for myself I'm trying to focus on more positive things that will help me in my recovery. I want to stay sober more than anything and I never want to end up in jail again. I guess I'm longing for some positive words from another who has the Twelve Steps really working for them."—Lisa S., Pacific region

"Before I came here I started to go back to A.A. and totally surrender and be honest with myself. I took a sponsor who had helped me before. I've been going to the A.A. meetings here and I am slowly getting involved. But I find it hard to talk in front of groups. At the last meeting I read How it Works at the beginning. That was a big step for me. If anyone would have time to correspond with me and share the A.A. message I would like that a lot, because I am trying to build up a good support group. Thank you for listening. Writing this made me feel better."—Sean K., Pacific region

"Please be advised that I have been in touch with your office in the past and was told that my name was being forwarded to an A.A. member for them to correspond with me. I am really serious about having an outside person to correspond with and share the A.A. concepts and the ongoing process of A.A. recovery. I hope that this time someone gets in touch with me and that we can start sharing the Steps and I can better come to an understanding of Alcoholics Anonymous and deal with my daily life problems in a way that will work."—John B., Northeast region

"Please put me on the waiting list. Time is all I have. We have an Alcoholics Anonymous meeting here. The input I get in there is not enough, I don't have someone that I can really talk to. The meetings are great, don't get me wrong, I just want to open up to someone, and work the program. I work the Steps, but it isn't the same as sharing with someone. I would like to write to someone, with my alcohol problem, or like a pen-pal, to help me pull through this time."—Manuel M., Southwest region

"I was given this address to send a request to correspond with an A.A. member on the 'outside.' I'm a member of Alcoholics Anonymous and have been for a number of years (I had this high fall off the wagon though). I'd really like to correspond

with someone from the program. I've got this idea that I can prepare myself for the onslaught of urges to drink when I get out. That won't be until October 22, 2002, but no sense waiting for the last minute."—Randy S., Pacific region

"Hi, allow me also to take the Tenth Step. My last letter was practically a diatribe. My temper is not the primary reason why I am in here, but it is a shortcoming I must ask God to help me with. I guess that through all the positivity people usually commend me for I still do lose my head. Please excuse me for representing this prisoner who is supposed to be in recovery, the way I did. I mailed with a twinge of anger because I am so used to being disregarded. After abated anger, the possibility that perhaps you made a mistake (or a mistake was made) set in. I felt the hopelessness of not properly expressing myself, for the letter was already in the mailbox. Nevertheless, I thank you sincerely and truly beg your pardon."—Edward P., Northeast region

"I was wondering if you could help me find someone that has the same problem I have that I could write to. Someone I could use as a pen-pal sponsor. I hate the way I'm living and I know A.A. is my last hope. My drinking has caused me to lose my family, friends, and freedom. And I don't want to lose my life. What I'm looking to get out of A.A. is to be happy. I'm so tired of being miserable."—Ben C., East Central region

"My name is Danny and I'm 20 years old and presently incarcerated. First of all I'm writing because I'm interested in attending A.A. meetings when released. I've been going to meetings for eight weeks now and met a lot of sincere people who come in from outside to bring us their message. I'm on my Fourth Step. I would like some advise on how to take a good inventory. I've been drinking for five years and every time I drink I get in trouble with the law. I want to live a better life—sober, so to speak."—Daniel F., Northeast region

"I am presently incarcerated and I am curious and in need of the Corrections Correspondence Service. I think I believe myself to be alcoholic. I am 23 years old and I've been drinking since I was nine. As a result, I've been in and out of jails and institutions, and almost died once. This will be my third conviction doing state time and I really would like to use this time to learn how to apply A.A. to my life."—Freddie B., Northeast region

CORRECTIONS CORRESPONDENCE SERVICE (CCS)

If you are interested in corresponding with an outside A.A. member please write to the Correctional Facilities Desk at G.S.O., Box 459, Grand Central Station, New York, NY 10163.

PRERELEASE CONTACT

If you write to G.S.O. within three to six months of your release date, we could try to arrange for someone to write to you just prior to your release. This would give you a chance to have an A.A. contact in your home community to help with your transition from A.A. on the "inside" to "outside" A.A.

We look forward to hearing from you.

Joanne McC, Co-Chairperson opened the meeting at 7PM with a moment of silence followed with the Serenity Prayer. Gary S from Matt Talbot read the Preamble. Lisa Y of North Buffalo read the Purpose of the Central Committee and the Traditions were read by Pat M of the Rainbow Group.

Motion to dispense with the reading of the minutes was made by John H of the We Care Group and seconded by Janice O of ODAT. The minutes were accepted as presented in a motion by Jim, Ridge and second by Dave P, The Journey.

26 GROUPS ATTENDED - DISTRICT #1 - Delaware, Giving, ODAT, Sunrise Court, The Journey - DISTRICT#2 - Discovery, MOD/Living in the Solution, North Buffalo, We Admitted/Morning After, WHY - DISTRICT#3 - Abbott Men's, Iron Horse, Rainbow, Ridge, Urdan, We Care - DISTRICT#4 - Action DISTRICT#5 - DISTRICT#6 - DISTRICT# 7 - Decisions, Choices, Changes, Faith, Inner City, Lovejoy, Spirit of Hope - DISTRICT#8 - Amherst Snyder, Renewal - DISTRICT#9 - Everybody's - DISTRICT#10

COMMITTEE REPORTS:

ENVELOPE SYSTEM - Mel L of Renewal

	<u>1995</u>	<u>1996</u>
September Receipts	\$490.00	\$722.00
Average monthly receipts <i>last 3</i>	434.33	582.33

STEERING COMMITTEE - Janice O, ODAT

Joanne McC called the Steering Committee to order at 6:15PM Present were Rick S, District#8, Dick L, District#9, Janice O, District#1, Gary S, Central Committee Treasurer, Delphine H, Executive Secretary, and Pat M, District #3.

FALL CONVENTION CO-CHAIR for '97 from District#8. Letters have been sent to all groups in the District. To date no one has responded.

Next month there will be nominations for Central Committee officers; Co-chairperson, Financial Chairman and Recording Secretary Nominations will be in November and elections in December. In January of '97 all new officers will assume duties. There will be a need to appoint a new Envelope System Chairman for February.

SCREENERS - Lisa Y said she would report to Central Committee October 6th.

CENTRAL OFFICE FINANCES - The situation is deemed a crisis. Contributions are down as well as book sales. Expenses are increasing. A emergency meeting of the Steering Committee is being called for October 8th at the Central Office at 5:30PM to draw up a letter to go out to the groups to make them more aware of the situation.

Meeting ended with the "Our Father" at 6:55PM.

FINANCIAL REPORT - Gary S, Matt Talbot - read attached

TREATMENT FACILITIES COMMITTEE - Bob K, Southgate

We are still waiting an information from May Day House.

I did confront Delphine an the misinformation in the October Bulletin. The one O'clock meetings at the Veteran's Hospital on Bailey Avenue are TFC meetings and will not be closed. Their are still meeting.

The Treatment Facilities Committee meets on the third Friday of the month at 7:00PM, St Simon's, 200 Cazenovia Street.

SCREENERS - Lisa Y, North Buffalo

Adam B is unable to attend.

Lisa Y will continue as chair until the position is filled..

The Screener's List is being updated this month (October) Call Lisa - 833-6083 - if you're interested in being a screener.

CORRECTIONAL FACILITIES COMMITTEE - Ron E - Common Problem

Buffalo Correctional - starting to implement "Bridging the Gap".

CENTRAL OFFICE - Delphine H, Executive Secretary

AA Information	387	12 Step	3
PIC	5	Literature requests	32
CPC	4	Referred to other agency	10
Al Anon	23	Referred from other agency	26
Ala Teen		<i>CENTRAL OFFICE</i>	
ACOA	7	Outgoing Calls	9
<i>ANSWERING SERVICE</i>		Mailing cost	\$228.00
Incoming Calls 573	outgoing 124	Visitors	75

NEW FRONTIER - John H, We Care, Editor

Ron E, Powerless, will be replaced by David W, Giving Group, as assistant to the editor. Many thanks to Ron for his help in the past. David W has volunteered his services and the Staff of the "New Frontiers" is eager to work with him.

55TH FALL CONVENTION - none

COURTESY REPORTS - GSA - Cindy N, Sunrise Court

General Services Correctional Facility Report - Cindy N:

Ongoing discussion concerning the Gowanda DWI program and their request for AA support.

I attended the 2nd Annual Correction Connection held at the Auburn Correctional Facility. This was a mini workshop held by CNY Area with attendance of approximately 117. This workshop ws to bring the inside c orrection workers and the outside AA volunteers together to better understand one another. Speakers included the Commissioner of NYS DOCS from Albany; William Williford, Director of ASAT, NYC DOCS; Archivist George form Central New York; GSO_NY Doug Richardson; NYS DOCS Superintendent Hans Walker; Deputy Logan from Willard; Ed W Delegate; Bob H Bridging the Gap Coordinator and a Security Officer.

A revised Spanish Bridging the Gap form has been distributed, this one is a 'generic' Spanish which has been developed to be reable by: Hispanics, Mexicans, Cubans, Puerto Ricans, basically most any Latino will be able to understand it.

RECAP:

OLD BUSINESS:

Steering Committee - Bob K of Southgate asked about the emergency meeting. Answer- Purpose is to send out a letter to groups explaining the dire financial situation. Mel L pointed out that this months' expenses included the cost of the schedules and did not include, in its receipts the amount the Envelope system took in. Griff N, Inner City, stated he was more concerned about the lack of Fall Convention reports.

Delphine stated that if contributions persist at the current level we will run out of prudent reserve at best in two years.

Mel L - "what about the Fall Convention contributing \$5000 last year?" Delphine stated that despite the monies received from the Conventions every year we have needed to take money out of the Prudent Reserve. In the last six years, only two of those years we took in more than than our expenses. We have never been able to replace any monies taken from Prudent Reserve.

Richard of Iron Horse, made mention that attendance at Central Committee has been poor during the summer. Does this crisis occur annually? Delphine - no - low attendance is not relevant to receipts and disbursements when you consider the entire years financial picture.

John H, We Care - The prudent balance will not run the Central Office for two months. We cannot depend on the Fall Convention. We have not have not had a Convention report in three months.

FALL CONVENTION; Lisa Y made a motion that Cindy H, Fall Convention Chairperson be asked to attend the Emergency Meeting of the Steering Committee on Tuesday October the 8th at 5:30PM in the Central Office. Griff N, Inner City second the motion. John H, We Care, amended the motion to read "demand" Cindy H attend. Motion including the amendment was second by Griff N and passed.

Motion to adjourn was made and seconded. Meeting was adjourned with the Lord's Prayer

Lisa Y

Acting Central Committee Secretary

pg 1			Correctional Facilities		Treatment Facilities	
GROUP	OCT '96	Accum.	OCT '96	Accum.	OCT '96	Accum.
12 Step - Holiday Village						
1st Step						
3rd Step						
6th Step						
A Day At A Time						
A Vision for You						
Abbott Mens Discussion		30.00		30.00		30.00
Accept/Welcom		250.00				
Achievement						
Action	35.00	75.00				
Age Doesn't Matter		100.00				
Albion						
Alexander						
All Women						
Amherst Tree of Life		115.00				
Amherst Snyder	150.00	1025.57				
Amsdell Lakeshore						
Any Age		20.00				
Any Length	20.00	135.00		30.00		35.00
Anybody's Group	50.00	75.00				
Arcade						
As Bill Sees It		20.00				
Attitude Adjustment						
Attraction		200.00				
Awakening						
Beginner's Table						
Beginning in Sobriety I						
Beginning in Sobriety II						
Beginnings-Women's						
Better Days (Bilingual)						
Bidwell						
Bidwell Monday Disc						
Big Book - Lockport						
Big Book Study (Thursday Night)						
Big Book Workshop		10.00				
Blasdell						
Blasdell Monday Nite						
Boulevard Women's		90.00				
Brass	100.00	100.00				
Broadway-Bailey		25.00				
Brocton Discussion		50.00				
But for the Grace of God		286.00		5.00		5.00
By The Book-Bu	50.00	50.00				
Campus (Buffalo State College)						
Casting		75.00		10.00		10.00

pg 2			Correctional Facilities		Treatment Facilities	
GROUP	OCT '96	Accum.	OCT '96	Accum.	OCT '96	Accum.
Catherdral Park	36.50	216.50				
Caz Manor	100.00	154.50	25.00	25.00	25.00	25.00
Cazenovia		99.50		49.75		49.75
Central Park						
Central Park II						
Chapter IX		80.00		80.00		80.00
Cheektowaga	150.00	400.00				
Chevy #1	100.00	100.00				
Clarence Men's Disc II		50.00				
Clarence Men's Disc		150.00				
Cold Springs						
Common Problem						
Community Center						
Cornplanters Again						
Courage						
Decision, Choices, Changes						
Delaware Discussion						
Derby		75.00				
Desire						
DeVeaux Discussion						
Discovery						
Downtown Discussion						
Downtown Men's Discussion		50.00				
Dunkirk						
Early Bird	50.00	50.00				
Earlybird - Saturday						
Easier Softer Way						
East Amherst						
East Aurora		100.00		4.50		10.00
Easy Does It	10.00	100.00		35.00		45.00
Eden-North Collins		120.00				
Ellicott		75.00				
Ellicottville						
Emergency						
Eternal Vigilance		100.00				
Everybody's	40.00	110.00		50.00		50.00
Eye Opener		1344.41				
F U N.						
Faith		15.00				
Faith In Action						
Father Baker		375.00		150.00		150.00
Fellowship in the Spirit						
Fireside	219.02	1880.05		100.00	25.00	250.00

pg 3			Correctional Facilities		Treatment Facilities	
GROUP	OCT '96	Accum.	OCT '96	Accum.	OCT '96	Accum.
Fireside PM						
First Things First		225.00				
Fredonia Disc						
Freedom	25.00	275.00		25.00		25.00
Fresh Start						
Friday Nite Disc						
Friday Step Beginners						
Friendly						
Friendship						
Friendship Fireside						
Frontier		110.00				50.00
Gardenville		50.00				
Gay, Lesbian, Sober & Proud						
Getting Better		10.00				
Giving		45.00				
Go to Any Length						
Golden Slipper		200.00		35.00		
Good Life						
Grand		15.00				
Grand II Joy Of Living		100.00				
Grateful						
Guiding Light						
H.A.N.D.		110.00				10.00
H.O.W.						
Half & Half	100.00	100.00				
Hamburg						
Hamburg Big Book						
Handicappers Sat. Nite						
Happy Hour						
Harmony	10.00	10.00				
Helping Hand	20.00	120.00				
High Noon						
High View		150.00	35.00	35.00		35.00
Higher Powered						
Hill Billy		240.00		75.00		75.00
Hold On						
Holiday Village	600.00	1435.00		45.00		20.00
Honest Desire						
Honesty	30.00	300.00	10.00	100.00		
Hope - Big Book Study						
How It Works		210.00		105.00		35.00
Humbly Willing						
Ignatia						
Independence	100.00	100.00				
In the Solution						

pg 4			Correctional Facilities		Treatment Facilities	
GROUP	OCT '96	Accum.	OCT '96	Accum.	OCT '96	Accum.
Inner City						
Inspiration						
Intoxicated on Life						
Iron Horse	107.00	418.00	11.00	322.00	11.00	322.00
IT						
It's About Time						
Just for Today						
Keep It Simple S	30.00	45.00				
Keep on Comin'						
Kenmore						
Kensington		40.00				
Ladies Night						
Lake Shore		180.00				
Lake View		48.00				
Let Go & Let God		35.00				
Lew-port		15.25				
Liberty Women's		55.00				
Life Today		50.00				
Lighten Up	90.00	390.00				
Live and Let Live						
Living in the Solution						
Living Sober						
Lock City						
Lockport #1						
Lockport Discussion						
Lockport Ladies						
Lockview	48.00	96.00		39.65		
Lodge		15.00				
Lovejoy		140.00				
Lower River		50.00				
Lunch Bunch						
Main Street						
Marilla		200.00				
Matt Talbot	40.00	360.00				
Mc Kinley Winners						
Medina New Life						
Medina-Big Book Meeting						
Mercy						
Mid-day						
Midnight						
Miracle						
MOD/Living in U	25.00	80.00				
Morning After						
New Awakening						
New Beginnings		25.00				

pg 5			Correctional Facilities		Treatment Facilities	
GROUP	OCT '96	Accum.	OCT '96	Accum.	OCT '96	Accum.
New Frontier		30.00				
New Frontier Womens						
New Life	10.00	70.00	5.00	35.00		
New Life - New Beginning		25.00				
New Westside		25.00	31.00	31.00		
Niagara Frontier Men's						
Nite People						
North Buffalo		1200.00		250.00		300.00
North Java-Monday						
North Java-Sunday						
ODAT		100.00		100.00		100.00
Open Arms						
Open Mind						
Opportunity						
Orchard Park Step		75.00				
Page 30						
Pass It On	25.00	65.00				
Patchin						
Pathway to Peace		5.00				25.00
Pendleton-Chapter V						
Perry						
Pioneer						
Positively Living II						
Positively Living III						
Powerless						
Primary Purpose						
Progress		50.00				
Purpose		135.00				
Rainbow	25.00	125.00		50.00		50.00
Ray of Hope	25.00	85.00				
Remember When	20.00	20.00	5.00	5.00	5.00	5.00
Renaissance I		200.00				
Renewal		150.00		25.00		25.00
Ridge		125.00		25.00		25.00
Ripley's "Believe It Or Not"						
Rise & Shine	60.00	310.00	20.00	100.00		20.00
Rochester Meeting		50.00				
Rur-al is Plural						
Sally						
Salvation Army						
Saratoga						
Saturday Night Alive						
Saturday Night Disc						

pg 6			Correctional Facilities		Treatment Facilities	
GROUP	OCT '96	Accum.	OCT '96	Accum.	OCT '96	Accum.
Searching for Serenity		75.00				
Second Chance						
Seneca 12 & 12						
Serenity		300.00				
Serenity Circle	10.00	70.00				
Serenity Trail						
Sheridan	20.00	180.00				
Silver Creek Friendship						
Sober Trail						
Sober Winners						
Sobriety Men's Disc						
Sobriety on Saturday Night						
Somerset						
South Buffalo	30.00	220.00	30.00	220.00	30.00	220.00
South Town		15.00				
South Town Women's						
Southgate	30.00	120.00				
Southwestern		140.00		20.00		
Spirit of H.O.P.E.						
Spiritual Progress(women's)						
Springville		180.00				
Springville Saturday Afternoon		80.85				
St. Barnabas		120.00		50.00		50.00
St. Mark's		180.00				
Starting Over	10.00	25.00	10.00	10.00	10.00	10.00
Step						
Stepping Stones	40.00	40.00				
Suburban						
Sunday Morning Bkft.		300.00		150.00		100.00
Sun night St Mary's		50.00				
Sunday Nites						
Sunday Third						
Sunrise Court	100.00	650.00		100.00		100.00
SUNY-Amherst Campus						
Surrender & Hope		75.00				
Survivors		200.00				
TnT		100.00				
T.P.H.						
TGIF						
Thankful		65.00				
The Journey		232.00				
The Pax Group		25.00		25.00		25.00
The Present						
The Way						
Thruway	450.00	1350.00	20.00	100.00	20.00	100.00
Thursday Afternoon Disc		400.00				

pg7			Correctional Facilities		Treatment Facilities	
GROUP	OCT '96	Accum.	OCT '96	Accum.	OCT '96	Accum.
Today						
Today's Woman		43.89				
Trail's End	10.00	35.00				
Tri-County	10.00	60.00				
Tri-Step Beginners						
Try Again		23.00				
Tuesday Men's		50.00				
Tuesday Women's Disc		45.00				
Turning Point		20.00				
Twin Cities		175.00				
Twin Cities II						
Unity		60.00				
University		1100.00				120.00
Urban		70.00				
V.I.P.						
Valley		70.00		25.00		50.00
Varysburg		15.00				
Veterans						
Victory						
Vision of Hope (women's)						
Wake Up Call	13.60	171.45				
We Admitted						
We Are Not Saints						
We Care		240.00		80.00		160.00
We Choose Life						
We Need You						
Wehrle		10.00				
Welcome Home						
West Seneca Sat. Nite						
Westfield						
Westminster				25.00		
WHY		120.00		20.00		20.00
Williamsville	100.00	650.00		25.00		25.00
Willing To Grow		122.50				
Wilson						
Wilson Smith Un Alumni		25.00				
Women's Westside Disc.						
Working						
You'll Never Walk Alone						
Youngstown						
James K				53.00		
45 Grps contrib	3324.12	25467.47	202.00	2874.90	126.00	2841.75
Last Month		22143.35		2672.90		2715.75
This month		3324.12		202.00		126.00
Total year to date		25467.47		2874.90		2841.75