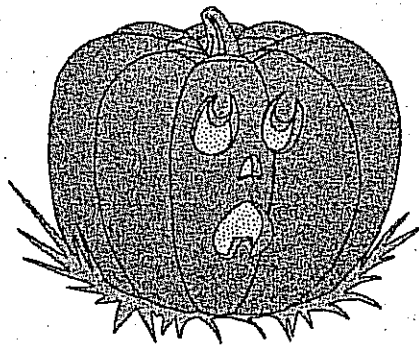
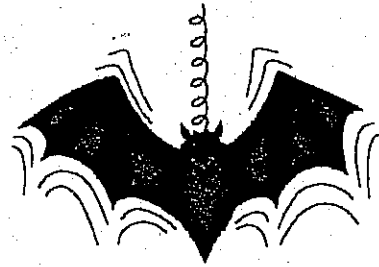
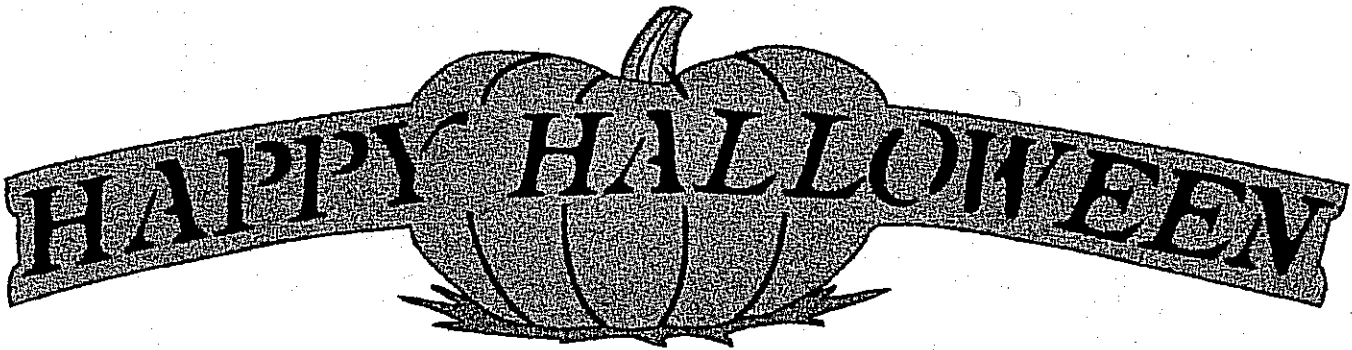


# NEW FRONTIERS

A CENTRAL COMMITTEE JOURNAL FOR ALL A.A. MEMBERS  
OF WESTERN NEW YORK AND THE NIAGARA FRONTIER



**YOU CAN'T GET MUGGED IN A DARK ALLEY  
IF YOU DON'T WALK IN DARK ALLEYS.**

## JUST FOR TODAY.....

**Just for Today** I will try to live through this day only, and not tackle my whole life problem at once. I can do something for twelve hours that would appall me if I felt that I had to keep it up for a lifetime.

**Just for Today** I will adjust myself to what is, and not try to adjust everything to my own desires. I will take my "luck" as it comes, and fit myself to it.

**Just for Today** I will have a program. I may not follow it exactly, but I will have it. I will save myself from two pests: hurry and indecision.

**Just for Today** I will exercise my soul in three ways: 1.) I will do somebody a

good turn and not get found out -- if anybody knows of it, it will not count; 2.) I will do at least two things I don't want to do -- just for exercise; and 3.) I will not show anyone that my feelings are hurt -- they may be hurt, but today I will not show it.

**Just for Today** I will be agreeable. I will look as well as I can, dress becomingly, talk low, be courteous, criticize not one bit, not find fault with anything and not try to improve or regulate anybody except myself.

Author Unknown

**HAVE YOU REGISTERED FOR THE FALL CONVENTION, YET?**

## AN EFFECTIVE SOLVENT

Alcohol is a product of amazing versatility:

It will remove stains from designer clothes. It will also remove the clothes off your back. If it is used in sufficient quantity, alcohol will remove furniture from the home, rugs from the floor, food from the table, lining from the stomach, vision from the eyes and judgment from the mind. Alcohol will remove good reputations, good jobs, good friends, happiness from children's hearts, sanity, freedom, spouses, relationships.

Mans ability to adjust and live with his fellow man.

And even life itself. As a remover of things, alcohol has no equal.

Author Unknown  
Submitted by Mark S.  
Pass It On Group

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The New Frontiers is published monthly by the Central Office of Western New York. We are self-supporting by your subscriptions and Central Office donations. The New Frontiers presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other A.A. books and pamphlets are reprinted with permission of A.A. World Services, Inc. Art and articles reprinted with permission of A.A. Grapevine, Inc. are subject to the GRAPEVINE copyright.)

John H., We Care, Editor   Dave W., Giving, Assistant Editor   Cindy N., Sunrise Court, Staff Reporter



## "EXPERIENCE, STRENGTH AND HOPE"

By Cindy N. Staff Reporter

### ANOTHER ONE BITES THE DUST

*"...if each of us stays active in our 'Home Group,' emptying ashtrays, making coffee, rotating onto steering committees, opening and closing up buildings, taking the Steps and following the Traditions- our 'Home Group' will not only survive, it will be there for days, months and years to come, offering all of us the loving, joyful and free life that A.A., has to give, not only for us, but to all who follow us in this life of giving." Service Manual, P. S49.*

You say you belong to a Home Group, so what do you do for it? Thursday Night Bidwell, which was one of the oldest groups in the Buffalo area, has died! When this group began, ladies wore gloves, men wore suits, real coffee cups with saucers were used, and home-made cookies were served. Discussions actually centered on sobriety, and what could be done for the sick and suffering alcoholic. There was singleness of purpose. *If we do not stick to these principles, we shall almost surely collapse. And if we collapse, we cannot help anyone.* \* Lack of funds, lack of love of Home Group and general apathy crippled this group. These symptoms, seem to be prevalent in other groups, and very contagious in our area. What have you done for your Home Group recently? Please stop waiting for someone else to do it. When was the last time your Group did a Group Inventory?

When your group chairperson asks if there is anyone here for their first meeting, does your group do nothing more than applaud the newcomer? The newcomer is exactly why we are here. Does anyone take him or her aside after the meeting? Is your group attractive enough to come back to? Does the newcomer really welcomed? Along with attending to the immediate needs of the newcomer, an idea that has caught on in other areas, is the beginner

package. What's that? Well, it's a little package of AA literature ( i.e., A Newcomer Asks, Is AA For You....Me, This is AA, How It Works, etc., and a schedule.)

Staying sober is much more than just not taking a drink, it is saying "Please in the AM, and Thank You in the PM," Faith without works is dead. It is a misnomer, and just as much a con as when you were out there drinking. Just skimming by is not going to make it. When was just a little, good enough, when we were drinking?

In reading the minutes from the 47th Annual Meeting of the General Service Conference, one can find some pretty profound stuff, such as:....*asking God, with no strings attached, for the strength and guidance to get through it. He did, and led me to AA. He did not do that directly. Rather, He provided me with a variety of " spiritual" people who brought me here and led me down the path of recovery. ...I put the word spiritual in quotation marks for a reason, that being I had no idea what it meant....I do recall someone, at some crucial point, stating " religion is studying the words and spirituality is putting it to work." Bingo! Spiritual meant doing the work, and that is what people here were doing. They were doing the work. I got sober not by studying the Big Book, but by doing the Big Book, and I stayed sober by doing the work. Spirituality is work.*" Think about it, what are you doing for your sobriety, and the good of AA today? Don't forget the Fall Convention, November 21,22, 23. Marriott Hotel Buffalo, N.Y. Also NERC October 17-19, Kiamesha Lake, N.Y. (\*Bill W.)

**HAVE YOU REGISTERED FOR THE FALL CONVENTION YET?**

## TWO OUNCES A DAY

After a little sobriety, some of the craziness of my drinking days gets to be funny. It feels good to laugh about it, but it's bittersweet humor with an edge of pathos, and lunacy not far below the surface. When someone bristles at the word "insanity" in Step Two, I remember that I did, too-- and I think of this episode.

A few months before I stopped drinking, I took my first physical in years. I took a bunch of tests, and my liver put some bad numbers on the board.

"Did I drink?" the doctor asked.

"Some", I said.

He said he wanted me to limit myself, to two ounces a day, or risk serious damage to my liver.

"Would that be a problem?"

"No problem", I said.

I didn't want to blow out my liver, but I didn't want to give up martinis, either. So I tiptoed up the edge of the limit the doctor had set. Each day I took my bottle of gin and my measuring cup and poured precisely two ounces for my single, skimpy martini. I felt deprived, of course, but kept it up for a week.

Then I got to thinking. The doctor said two ounces of alcohol, and this gin was only eighty proof -- just forty percent alcohol--so I was shortchanging myself. I did the math. To

get two ounces of **real alcohol**, I'd have to drink five ounces of gin!

So I measured out the more generous serving for another week or so, but still felt cramped. I was a busy guy, after all, and didn't have time to fool with measuring cups. What the doctor **really** meant, I decided, was to limit myself to two drinks a day. So I forgot about the measuring cup and made myself two martinis a day -- in a glass the size of a goldfish bowl.

Of course, even that discipline soon was abandoned.

My mental gyrations made perfect sense at the time, but a little sobriety made me see the bizarre episode for what it was: A doctor told me that I faced serious health problems because I was drinking too much, and I responded by playing games.

If he told me that chocolate bars were causing a life-threatening problem, I wouldn't merely have cut back; I would have quit, that day, because chocolate bars weren't that important to me. And that's the insanity: Alcohol had become important enough to me to die for.

G.S. Royal Oak, Mich.  
Reprinted from the Grapevine  
July, 1993

**IT'S FALL CONVENTION TIME. HAVE YOU REGISTERED YET?**

## DON'T GET LEFT OUT

Banquet tickets for the 56th Buffalo AA Fall Convention are selling quickly. If you would like to attend or your group would like to reserve an entire table, fill out the registration form on page 7 and mail it as soon as possible. For your own protection, do not send cash through the mail. Most of the tables accommodate ten people, however, this year we have a limited number of tables for 12 people. If you have any questions, do not hesitate to call the registration chairman, John H. at 668-0848.

If you have never been to a convention before, come join us. It's an experience you'll never forget!

John H., Registration Chair

## PINK CANS

What is it? The pink can is for donations to the Correctional Facility Committee to buy literature to go into a Correctional Facility. This has been a rousing success in the past. Once again the CFC is requesting groups to bring the pink can back out. How about leaving it next to the coffee pot? Every dime counts. The people behind the walls need our support.

ThankYou  
Cindy N.

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**To: The Buffalo Outside Speakers / Visitors**  
**From: Leonard F., Chairman, Attica Beacon Group**



As chairman of the Attica Beacon Group, I would like to extend my deepest thanks to those of you who took the time to help us and visit us here at the Attica Beacon Group. Sharing your Experience, Strength and hope with us gives us hope for the future. If by sharing your hopes with our group helps to save one soul in here, then your life shall have meaning, and you have carried the Message. So many of us feel abandoned by our loved ones in this depressing atmosphere. Your smiles and happy faces tell us there is another way. Those of us in the Attica Group will be forever grateful to all of you. I encourage you all to keep coming and support us in our search for sobriety. We will always welcome you.

I was a member of this group for many years before becoming the Chairman, you have given me the strength I needed to stand on my own two feet, and know that AA is waiting for me with a new life when I am released in a few months.

It's been a long, rough ride in this uncommon stockade, but the Books and other Literature you have given us, help us to see that there is hope.

Don't ever get discouraged and forget us in here, we need your help. We missed some of you at this years picnic, but we understand. Your prayers and your support are much needed by the men in here. Those of us in prison know that there is a new life waiting for us on the outside. What I love about AA is, that I can give back what was so freely given to me.

Thank you

---

## AA VOLUNTEERS WELCOME

Do you have an extra hour a month you can spare? Please consider joining the Correctional Facility Committee. We meet at 5:30 Pm every first Sunday of the Month, 80 Goodrich, Buffalo, N.Y. Come and find out what you can do. You don't have to go into a Facility.

We will be happy to come to your Home Group and tell your group what we are all about. Contact can be made through the Central Office. Speaking of contact, how about

corresponding with an inmate? Or perhaps be his or her first contact out of prison? Please consider this very important form of service. If you're interested, please call 883- 5079.

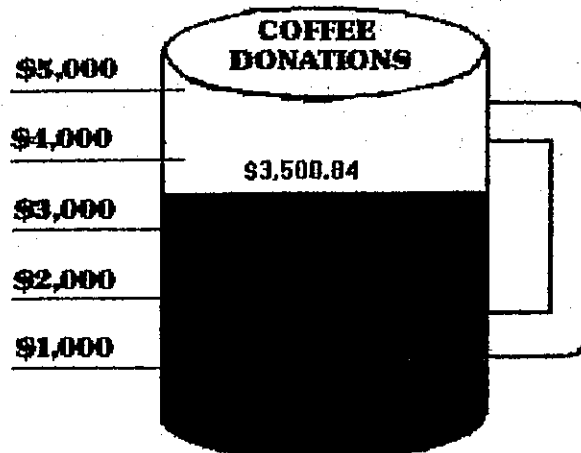
Last, but not least, please bring any AA materiel you are willing to part with, to the Central Committee for pick up and distribution to the prisons.

Thank you,  
Cindy N.

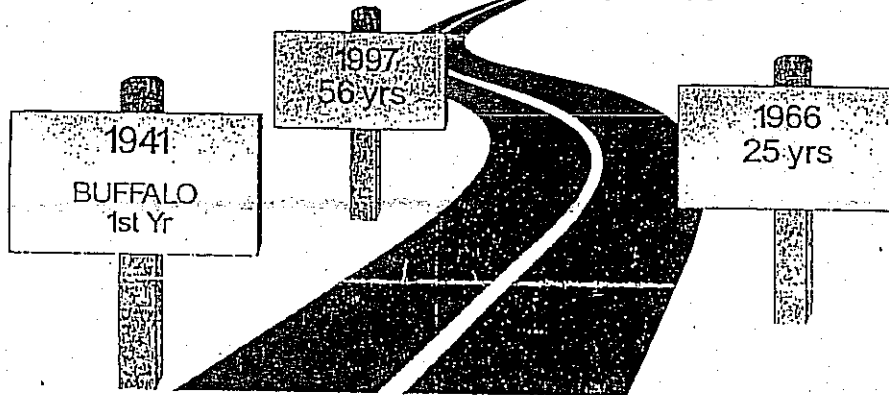
## 56th BUFFALO FALL CONVENTION - COFFEE DONATIONS

The following is a list of donations received as of September 28, 1997. Did you or your group donate? A great idea for personal donations would be to donate one dollar for every year of sobriety that you have! We really need to fill the cup! Please help.

A Friend	Fireside Group	Marie G.	Sunrise Court Group (1st donation)
AA Friend Bob K.	First Things First	Marilla Group	Sunrise Court Group (2nd donation)
Amherst-Snyder (1st donation)	Fred G.	New Frontier Group	Sunrise Court Group (3rd donation)
Amherst/Snyder (2nd donation)	Freedom Group	Niagara Falls Big Book	Sunrise Court Group (4th donation)
Anonymous	Gardenville Group	Niagara Intergroup	Sunrise Court Group (5th donation)
Any Lengths Group (2nd donation)	Golden Slipper	Norman H., Sr.	Sunrise Court Group (6th donation)
Any Lengths Group (1st donation)	Grand Group	North Buffalo Group	Sun. Mom. Breakfast (1st donation)
Bidwell Monday Night Discussion	Harmony	November 15, 1989	Sun. Mom. Breakfast (2nd donation)
C & D & L	Higher Power	Orchard Park Step	Sun. Mom. Breakfast (3rd donation)
Chapter 9 Group	Highview Group	Powerless Group	Thruway Group
Charles & Doris L.	Hillbilly Group	P. French	Try Again Group
Cheektowaga (1st donation)	How It Works	Rainbow Group (1st donation)	Tuesday Night Big Book Group
Cheektowaga (2nd donation)	H.A.N.D (1st donation)	Rainbow Group (2nd donation)	Tuesday ODAT Group
Cheektowaga (3rd donation)	H.A.N.D (2nd donation)	Rainbow Group (3rd donation)	Tuesday Woman's Discussion
Cindy N. & Grif N.	Inspiration Group	Ray of Hope Group	Tues. Men's Discussion
Cold Spring	Inspiration Group	RGH	T.G.I.F. Group
Courage Group	Jeanne M.	Richard S.	Unity Group
Dan S.	Joanne & Kenneth C.	Ridge Group	University Discussion
Derby Group (1st donation)	Journey Group (1st donation)	Robert H. W.	Varysburg
Derby Group (2nd donation)	Journey Group (2nd donation)	Roger H.	We Care Group (1st donation)
Don K.	Kensington Group	Saratoga Group	We Care Group (2nd donation)
Ellicott Group	Lakeshore Group (1st donation)	Sober Winners	Wed. Night Speakers
Everybody's Group	Lakeshore Group (2nd donation)	Sober & Proud Group	Wherle Group (1st donation)
Father Baker Group (1st donation)	Living Sober Group	Southwestern Group	Wherle Group (2nd donation)
Father Baker Group (2nd donation)	Lovejoy Group	Spirit of Hope	Williamsville Group



# ALCOHOLICS ANONYMOUS "THE JOURNEY"



"JOIN US ON THE HIGH ROAD TO A NEW FREEDOM"

Speakers Will Include:

Liz B., Hollis, NY      Corky B., 7 Clan Group      Reggie A., Bellevue, NE  
Burns B., Louisville, KY      Paulie G., Rochester, NY

Central Committee of the Niagara Frontier  
*PRESENTS*

## The 56th Buffalo AA Fall Convention

Friday, Saturday & Sunday

November 21, 22 & 23, 1997

Al-Anon - Panels - Fellowship - Dances - Alateen

Buffalo Marriott Hotel  
1340 Millersport Hwy.  
Amherst, NY 14226

For Hotel Reservations call the Buffalo Marriott Hotel  
Phone 1-800-334-4040 (716) 689-6900  
Cut-Off Date for Reservations is 10/31/97

Registration Hospitality Rooms Open Friday..... 2:00 PM  
Early Bird Speaker ..... 4:00 PM  
*Admission to Dances included with Registration*

	AA / Al-Anon	Alateen
Registration	\$12.00	\$5.00
Registration Banquet	\$38.00	\$30.00

For more detailed information please write to:  
56<sup>th</sup> Buffalo Fall Convention  
PO Box 522  
Amherst, NY 14226-0522

Or Call: Registration Chairman.  
John H. (716) 668-0848

### Registration & Banquet (U.S. FUNDS)

Name: \_\_\_\_\_ AA /AL-Anon = \$38.00 x \_\_\_\_\_ = \_\_\_\_\_  
Address: \_\_\_\_\_ Alateen = \$30.00 x \_\_\_\_\_ = \_\_\_\_\_  
Phone: ( ) \_\_\_\_\_ Guest = \$38.00 x \_\_\_\_\_ = \_\_\_\_\_  
( ) Banquet Table of Ten (10) \_\_\_\_\_ TOTAL = \_\_\_\_\_  
( ) Special Diet \_\_\_\_\_

( ) YES...I would like to volunteer.

### Registration only (U.S. FUNDS)

AA/Al-Anon = \$12.00 x \_\_\_\_\_ = \_\_\_\_\_  
Alateen = \$ 5.00 x \_\_\_\_\_ = \_\_\_\_\_  
TOTAL = \_\_\_\_\_

Dances will be \$6 per event for all unregistered guests on Friday and Saturday

For Registration make checks payable to:  
56<sup>th</sup> Buffalo Fall Convention  
PO Box 522  
Amherst, NY 14226-0522

For Contributions to Coffee Fund make checks payable to  
56<sup>th</sup> Buffalo Fall Convention  
PO Box 1364  
Buffalo, NY 14215

Please include a self-addressed, stamped envelope for return of your tickets.

# OCTOBER ANNIVERSARIES

## AMHERST/SNYDER

Doug C. 6 mos.  
 Bill R. 6 mos.  
 Ena R. 6 mos.  
 Chris P. 9 mos.  
 Mary O. 9 mos.  
 John McG. 1 yr.  
 Carl H. 1 yr.  
 Mark N. 2 yrs.  
 Joe S. 2 yrs.  
 Wendy H. 2 yrs.  
 Greg S. 3 yrs.  
 Machele P. 4 yrs.  
 Jeff H. 4 yrs.  
 Eric D. 7 yrs.  
 Joann DP. 8 yrs.  
 Kevin N. 9 yrs.  
 George F. 10 yrs.  
 Jim M. 11 yrs.  
 Lisa S. 14 yrs.  
 Ellen S. 15 yrs.  
 Bev S. 26 yrs.  
 Kirk B. 27 yrs.

## ANY LENGTHS

Mike S. 3 mos.  
 Paul K. 9 mos.  
 Dick K. 6 yrs.

## COLD SPRING

Anthony H. 6 mos.  
 Evander R. 9 mos.  
 Larry T. 1 yr.  
 Jerome G. 1 yr.  
 Juanita T. 4 yrs.  
 Tina M. 5 yrs.  
 Andrew G. 8 yrs.  
 Stanley B. 14 yrs.  
 Gena S. 24 yrs.  
 Annie S. 25 yrs.

## EYEOPENER

Karen A. 3 mos.  
 Camile H. 3 mos.  
 Eva T. 3 mos.  
 Barb G. 3 mos.  
 Tom B. 3 mos.  
 Chuck T. 3 mos.  
 Hope H. 6 mos.  
 Michael W. 6 mos.  
 Kathy R. 6 mos.  
 Tom P. 6 mos.  
 Ron H. 6 mos.  
 Peter K. 9 mos.  
 Chris G. 1 yr.  
 Bill K. 1 yr.  
 Kevin D. 1 yr.  
 Braelynn M. 2 yrs.  
 Carol P. 3 yrs.  
 Walter A. 3 yrs.  
 Tom W. 3 yrs.  
 Sam P. 3 yrs.  
 Bill B. 4 yrs.  
 Karen 4 yrs.  
 Matt K. 5 yrs.  
 Steve B. 5 yrs.  
 Charlie P. 7 yrs.  
 Jane B. 9 yrs.  
 Paul H. 12 yrs.

## GIVING

Kevin S. 9 mos.  
 Eric B. 4 yrs.  
 Joane DP. 8 yrs.

## HAND

Jenine B. 6 mos.  
 Bill S. 1 yr.  
 Michelle D. 4 yrs.  
 Don N. 5 yrs.  
 Eddie K. 10 yrs.

## HIGHER POWER

Yvonne S. 2 yrs.  
 Francine R. 3 yrs.

## HONESTY

Paul H. 12 yrs.  
 Helen S. 16 yrs.

## IRONHORSE

Justin L. 3 mos.  
 Dave B. 3 mos.  
 Mike B. 6 mos.  
 Tom W. 6 mos.  
 Nicholas S. 9 mos.  
 Al O. 9 mos.  
 Jayme L. 1 yr.  
 Mark H. 1 yr.  
 Ryan M. 1 yr.  
 Jeanette L. 3 yrs.  
 Bob S. 4 yrs.  
 Efen A. 7 yrs.  
 Jack D. 11 yrs.

## LET GO & LET GOD

Frank R. 8 yrs.

## MATT TALBOT

Dick K. 6 yrs.

## MON. NIGHT BIDWELL

Charmaine W. 6 mos.  
 Mikki C. 6 mos.  
 Dennise L. 9 mos.  
 Sandra Y. 1 yr.  
 Tony O. 4 yrs.  
 Bob G. 4 yrs.

## MOD/LIVING IN SOLUTION

Sue D. 2 mos.  
 Donna C. 2 mos.  
 George 3 mos.  
 Clare S. 3 mos.  
 Steve T. 1 yr.  
 Tommy C. 10 yrs.  
 Chuck L. 16 yrs.

## NORTH BUFFALO

Luther W. 3 mos.  
 Matt B. 6 mos.  
 John M. 3 yrs.  
 Bill I. 3 yrs.  
 Sue Q. 3 yrs.  
 Mickey V. 4 yrs.  
 Fred S. 4 yrs.  
 Eileen H. 5 yrs.  
 Raye S. 6 yrs.  
 Sean M. 6 yrs.  
 Peter W. 6 yrs.

## NORTH BUFFALO(CONT.)

Joe O'G. 7 yrs.  
 Develle L. 7 yrs.  
 Randy S. 9 yrs.  
 John N. 16 yrs.  
 Connie C. 16 yrs.  
 Martin L. 22 yrs.

## REFORMERS

### COLLINS CORRECTIONAL

Don G. 6 mos.  
 Tim (Inky) M. 3 yrs.  
 Robin C. 4 yrs.

## REMEMBER WHEN

Danille D. 1 yr.  
 Annette L. 3 yrs.  
 Conrad H. 6 yrs.  
 Clarence H. 6 yrs.  
 Yvonne D. 10 yrs.

## RISE & SHINE

Angel B. 6 mos.  
 Ted J. 6 mos.  
 Charles F. 6 mos.  
 Calvin J. 9 mos.  
 Paul F. 9 mos.  
 Tonya E. 1 yr.  
 Carrie S. 1 yr.  
 Pam C. 2 yrs.  
 John G. 3 yrs.  
 Ricky H. 3 yrs.  
 Elijah 4 yrs.  
 Josh 4 yrs.  
 John L. 5 yrs.

## SHERIDAN

John L. 9 mos.  
 John N. 9 mos.  
 Bridget L. 1 yr.  
 John M. 1 yr.  
 Donna G. 3 yrs.  
 David H. 3 yrs.  
 Loretta B. 3 yrs.  
 Tim H. 7 yrs.  
 Brian D. 7 yrs.  
 Paul H. 12 yrs.  
 Patty B. 12 yrs.  
 Greg L. 16 yrs.  
 Martin L. 25 yrs.  
 Kay S. 43 yrs.

## SUN. MORN. BREAKFAST

Kathy K. 3 mos.  
 Joe B. 6 mos.  
 Mark O. 6 mos.  
 Mark C. 9 mos.  
 Amy H. 9 mos.  
 Michael G. 1 yr.  
 Stephen B. 5 yrs.  
 Shelley G. 7 yrs.  
 Eddie K. 10 yrs.  
 Helen S. 16 yrs.

## THRUWAY

Cathy S. 3 mos.  
 Alan F. 6 mos.  
 Stacy G. 9 mos.  
 Carole A. 9 mos.  
 Ruth K. 9 mos.

## THRUWAY (CONT.)

Colleen D. 1 yr.  
 Kelly O'C. 5 yrs.  
 Don N. 5 yrs.  
 Sean Mc Q. 6 yrs.  
 Bruce B. 6 yrs.  
 Shelly G. 7 yrs.  
 Dorothy T. 8 yrs.  
 Alma B. 9 yrs.  
 Dave T. 9 yrs.  
 Paul M. 10 yrs.  
 Al R. 10 yrs.  
 Peter R. 11 yrs.  
 Bob T. 11 yrs.  
 Nicholas Z. 12 yrs.  
 Bert A. 12 yrs.  
 Mona N. 13 yrs.  
 Gary W. 15 yrs.  
 Chuck L. 15 yrs.  
 Barry S. 16 yrs.  
 Marilyn J. 16 yrs.  
 Helen S. 16 yrs.  
 Bud G. 17 yrs.  
 Bill P. 27 yrs.

## WE CARE

Paul K. 13 yrs.

## WILLIAMSVILLE

Bob H. 3 mos.  
 Doug C. 6 mos.  
 Jim K. 6 mos.  
 John McF. 1 yr.  
 Judy H. 6 yrs.  
 Al A. 7 yrs.  
 Eric D. 7 yrs.  
 Rosie M. 16 yrs.  
 Chuck M. 21 yrs.  
 Carl A. 25 yrs.

**NOVEMBER 1997  
 ANNIVERSARIES MUST BE  
 IN THE CENTRAL OFFICE,  
 IN WRITING,  
 NO LATER THAN  
 OCTOBER 10, 1997**

**PLEASE REMEMBER TO  
 INCLUDE YOUR GROUP  
 NAME WHEN SENDING IN  
 YOUR ANNIVERSARY  
 LIST.**



**BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
295 MAIN STREET  
ROOM 845 ELLICOTT SQUARE BUILDING  
BUFFALO, NEW YORK 14203  
853-0388**

OCTOBER 1997

**THE OFFICE NEEDS YOUR HELP!!!!** NEW SCHEDULES ARE OUT AS OF AUGUST '97. WHAT I AM ASKING EACH OF YOU TO DO IS TO FIND YOUR GROUP LISTING AND MAKE SURE IT IS CORRECT.

THE NEXT THING IS TO MAKE SURE YOUR HOME GROUP IS RECEIVING A MONTHLY MAILING FROM THE CENTRAL OFFICE. IF A GROUP DOES NOT READ THE BULLETIN, ASK WHY, PERHAPS THEY ARE NOT RECEIVING ONE. CALL THE OFFICE, 853-0388, FOR ANY CORRECTIONS, ADDITIONS, ETC. THANK YOU!

**NEW MEETINGS:**

SUNDAY - FREEDOM - 6:00PM - 3515 Roszyk Hill Road, also known as School Street in Machias, New York. This is a closed meeting.

**MEETING CHANGES OR CORRECTIONS:**

THURSDAY - HIGHER POWER Group on page 29, should read HIGHER POWERED.

SATURDAY - EXPERIENCE, STRENGTH & HOPE in Ashford Hollow is a PM meeting.

pg. 42

SATURDAY - SOBRIETY ON A SATURDAY NIGHT - now meets at Reflections Outpatient Center, 144 Main Street, Lockport - 7pm, closed, non-smoking and wheelchair accessible.

WEDNESDAY - RAINBOW - is now NON-SMOKING.

TUESDAY - TUESDAY MEN'S - is not wheelchair accessible.

TUESDAY - ORCHARD PARK STEP - just a reminder - meeting time is 7:30pm.

**PLEASE NOTE**

TUESDAY - BEGINNINGS IN SOBRIETY I - this 1PM meeting needs a Chairperson and support or it will have to close. The beginners it attracts need guidance. It meets at the Centennial Church, 127 Doat Street near Bailey and Genesee.

MONDAY THRU FRIDAY - HOLIDAY VILLAGE - 12:30 noon is updating it's membership list. Contact Jake C at 648-8807 if you still would like to remain a member of the group.

AMHERST-SNYDER - is updating its' membership over the next three months. If you are currently a member and would like to remain a member please notify the membership Chairpersons (Machele P or Mary O) or any member of the Amherst-Snyder Group. Also, please let Machele or Mary know if you have changed your address, phone number or sobriety date so that the membership card can be updated.

TREATMENT FACILITIES COMMITTEE - (TFC) meets on the third Friday of the month at St Simon's, 200 Cazenovia at 7:30PM.

PUBLIC INFORMATION COMMITTEE - (PIC) meets the first Thursday of the month at St Simon's, 200 Cazenovia a 7:30PM.

**COMING EVENTS**

OCTOBER 3 - EPIDAY - REMEMBER WHEN Group is sponsoring a DANCE to be held at the C.A.O. Building, 735 Humboldt Parkway at East Ferry. It is being held to help raise funds for the ANNUAL CHRISTMAS VIGIL. Tickets are \$3.50 at the door or \$3.00 in advance from any member of the group at 291 Elm Street, Saturday at 11AM

OCTOBER 4 - SATURDAY - OPEN MIND Group is celebrating its 20TH ANNIVERSARY with a Dinner and Dance at the Unitarian Church Hall, 695 Elmwood Avenue. Dinner at 6:30PM. Speaker at 8:00PM. Dancing at 9:30PM. Tickets are \$7 Dance only - \$4. For advance sale - call 497-0822

OCTOBER 5 - SUNDAY - CENTRAL COMMITTEE - 80 GOODRICH - 7:00PM

OCTOBER 24 - FRIDAY - SILVERCREEK FRIENDSHIP Group will celebrate their Anniversary with a speaker meeting, followed by an eating meeting, 8:30pm. Please bring a dish to share. Everyone is welcome!

OCTOBER 25 - SATURDAY - GSA DAY OF LEARNING - Immanuel Lutheran Church, Pine at North Fillmore in East Aurora. Registration starts at 8AM, program from 9am to 5pm. Bring a dish to share and you will receive \$1.00 off the regular registration fee of \$3.00.

OCTOBER 25 - SATURDAY - ETERNAL VIGILANCE will hold its' ANNUAL HALLOWEEN/ANNIVERSARY PARTY at 8:30PM at Our Lady of the Sacred Heart Church Hall at 3148 Abbott Road in Orchard Park. Donation: \$5 00

OCTOBER 30 - THURSDAY - HAMBURG - is celebrating there Anniversary with a special meeting starting with a roast beef dinner at 7:00PM followed with a guest speaker, John H. of We Care. Please bring a dish to share adding your touch to the meal. See you there.

NOVEMBER 2 - SUNDAY - CENTRAL COMMITTEE - 80 GOODRICH - 7:00PM

**THE 56TH BUFFALO FALL CONVENTION**

**NOVEMBER 21, 22, & 23 1997**

Buffalo Marriott Hotel, 1340 Millersport Hwy

**BE AWARE THAT TABLES ARE BE SOLD TO GROUPS. IF YOU HOPE TO GO TO THE BANQUET DON'T PUT OFF GETTING YOUR RESERVATIONS!!!!**

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10TH MONTH - 10TH STEP "CONTINUED TO TAKE PERSONAL INVENTORY AND WHEN WE WERE WRONG PROMPTLY ADMITTED IT."

10TH MONTH - 10TH TRADITION "ALCOHOLICS ANONYMOUS HAS NO OUTSIDE OPINION ON OUTSIDE ISSUES; HENCE THE A.A. NAME OUGHT NVER BE DRAWN INTO PUBLIC CONTROVERSY."

YOURS IN THE SPIRIT OF A.A.

DELPHINE

EXECUTIVE SECRETARY

**SUPPORT THE ENVELOPE SYSTEM**

AS AN INDIVIDUAL MEMBER, SUPPORT YOUR CENTRAL OFFICE BY DONATING TO IT DIRECTLY THROUGH THE **ENVELOPE SYSTEM**. IF YOU DO NOT KNOW HOW IT WORKS CALL THE OFFICE AT 853-0388

Joanne McC, Chairperson opened the meeting at 7:00PM with a moment of silence followed with the Serenity Prayer. Mitch D of the Urban group read the Preamble. Barry R from Victory read the Purpose of the Central Committee and the Traditions were read by Richard F, Iron Horse. Linda Z, Common Problem is acting secretary for this meeting.

Motion to dispense with the reading of the minutes was made by Richard F, Iron Horse seconded by John H, We Care.

**24. GROUPS ATTENDED** - DISTRICT #1 - Sunrise Court, The Journey  
DISTRICT #2 - MOD/Living in the Solution DISTRICT#3 - Abbott Men's,  
 Cheektowaga, Iron Horse, New Life, Rainbow, Ridge, Southgate, Urban, Victory,  
 We Care DISTRICTS#4, Action, Lake Shore DISTRICT#5.#6 - DISTRICT# 7 - Cold  
 Springs , Lovejoy, Spirit of Hope - DISTRICT #8 - Amherst-Snyder, Common  
 Problem, Fireside, Renewal, Saratoga - DISTRICT #9 - Everybody's DISTRICT #10

### COMMITTEE REPORTS:

#### ENVELOPE SYSTEM - Cindy N of Sunrise Court

	<u>1997</u>	<u>1996</u>		<u>1997</u>	<u>1996</u>
January	920.00	692.00	June	521.00	477.60
February	670.00	652.00	July	463.00	503.00
March	335.00	825.00	August	598.00	522.00
April	799.00	374.00	September	545.00	722.00
May	976.00	588.00	Year to date	\$5,786.00	\$5,355.60

#### STEERING COMMITTEE - Pat M - Rainbow

Meeting opened at 5:30PM by Dick L with the Serenity Prayer. Present were Joanne McC, Chairperson, John H, Central Committee Co-Chairperson, Rick S, District#8, Dick L, District #9, Pat M, District #3, Joe F, District #4 & Delphine, Executive Secretary.

1. Intergroup Seminar, Columbus Ohio, October 23 - 26. Approximate cost would be \$700 - transportation and room for Delphine to attend. Motion was made by Joanne McC to fund Delphine to go. Motion second. Passed.

2. Ad Hoc Committee for future Fall Conventions. John H stated that they will be checking into the Holiday Inn on Grand Island, the Sheraton on Walden, Raddison on Genesee, and the Buffalo Convention Center. They will be looking for a different place and better prices with better facilities.

3. Letter to District Groups who do not participate in Steering or Central Committee. Responses were received from Oakfield, Medina & Dunkirk.

4. Nominations for 1998 officers of Central Committee will take place in November. We will need nominations for co-chairperson, secretary and District Steering Committee Representatives.

5. Dick L from District #9 was nominated for Co-chairperson for the 1998 Fall Convention. Voted and approved.

The meeting was closed at 6:55pm with the Lord's Prayer.

FINANCIAL REPORT - Delphine - read attached

**TREATMENT FACILITIES COMMITTEE** - Bob K, Southgate

We could not meet the on the third Friday at St Simon's because the person who had the key for the church was not available. We did have a quick meeting outside and we decided to order several of the new Treatment Facility Workbooks for people on the Committee.

Please go back to you Home Groups and let them know that we are in need of people to chair one meeting a month at one facilities. You can contact me at 825-7343

**SCREENERS** - Jim K, Powerless

Postcards were inclosed in the last mailing to the screeners asking them to sign the card and return it with their signature and any changes. To date 18 out of 32 have been returned.

The Screening list will be up dated as we go along.

**CORRECTIONAL FACILITIES COMMITTEE** - Jim B - Ridge Grp

Meeting was held on October 5th at 5:40pm. Present were Jim B, chairman, Cindy N, GSA Chairperson, Jim K Charles L and others attending their first CFC meeting

*Buffalo Work Release:* Working out well

*Erie County Correctional Facility for Women:* new chair person

*Gowanda:* had their anniversary meeting last month. The D.W.I. Program had a C.P.C. visit on the 3rd.

*Collins I* is experiencing difficulty with gate clearance for speakers.

*Brocton:* had 4 meetings in September. Future meetings will be on a week to week basis.

*Wende:* - Going well.

*Niagara Women:* - new chairperson. Covered well.

*GSA Day of Learning / East Aurora* - C.F.C. informational table plus a panel at 1:00pm.

*Spring Convention* - C.F.C. will take a slot in the hospitality room. Meeting closed at 6:00pm with the Lord's Prayer.

**CENTRAL OFFICE** - Delphine H.

SEPTEMBER '97

AA Information	493	12 Step	2
PIC	4	Literature requests	42
CPC		Referred to other agency	36
Al Anon	23	Referred from other agency	4
Ala Teen	3	<i>CENTRAL OFFICE</i>	
ACOA	7	Outgoing Calls	61
<i>ANSWERING SERVICE</i>		Mailing cost	\$ 247.00 (552pieces)
Incoming Calls 503 outgoing 115		Visitors	93

**NEW FRONTIER** - John H, We Care

November is Gratitude month. The "New Frontier" is looking for artiles with a Gratitude theme. Care to tell us how grateful you are for your gift of sobriety?

**56TH FALL CONVENTION** - John H, Registration Chairperson

Banquet is half sold out. Get your reservations in. (51 tables of 10 10 tables of 10)

pg 7			Correctional Facilities		Treatment Facilities	
GROUP	OCTOBER '97	Accum.	OCTOBER '97	Accum.	OCTOBER '97	Accum.
Trail's End		25.00				
Tri-County	20.00	125.00				
Tri-Step Beginners		100.00				
Try Again		50.00		12.50		12.50
Tuesday Men's Disc		60.00				
Tuesday Women's Disc.		50.00				
Turning Point		56.35				
Twin Cities		150.00				
Twin Cities II		135.00				
Unity		160.00				
University	120.00	1080.00			10.00	90.00
Urban		60.00				
V.I.P.		90.00				
Valley		85.00				
Varysburg		30.00				
Veterans						
Victory		90.00		40.00		40.00
Vision of Hope (women's)						
Wake Up Call	33.90	87.90				
We Admitted						
We Are Not Saints						
We Care	30.00	300.00	10.00	100.00	20.00	200.00
We Choose Life						
Wehrle		40.00				
Welcome Home						
Westfield						
Westminster						
WHY		40.00				
Williamsville	100.00	900.00				
Willing To Grow		450.00				
Wilson		50.00				
Wilson Smith University Alumni		50.00				
Women's Westside Disc.		100.00				
Working						
You'll Never Walk Alone						
Youngstown		20.00				
<b>54 Grps contri</b>	<b>3362.56</b>	<b>35429.69</b>	<b>276.50</b>	<b>3056.00</b>	<b>235.50</b>	<b>2415.00</b>
		<b>-3362.56</b>		<b>-276.50</b>		<b>-235.50</b>
<b>Total as of 10/25/97</b>		<b>32067.13</b>		<b>2779.50</b>		<b>2179.50</b>

RE-CAP		9/25/97-10/25/97			
<b>CORRECTIONAL FACILITIES ACCOUNT *484-185-4</b>					
<b>EXPENSES</b>		<b>CHECK #</b>			
Central Office	Attica	1168	170.95		
Central Office	Collins	1169	19.50		
			<b>190.45</b>		
Balance pr checkbook	9/25/97			159.30	
Add Receipts	9/25/97-10/25/97			276.50	
				435.80	
Deduct expenses	9/25/97-10/25/97			-190.45	
Balance per checkbook	10/25/97			245.35	
Operating credit for	10/25/97	86.05			
<b>TREATMENT FACILITIES ACCOUNT *602-089-5</b>					
<b>EXPENSES</b>		<b>CHECK #</b>			
Central Office	phamplets / TFC	361	49.33		
		362	206.00		
		363	212.65		
			<b>467.98</b>		
Balance per checkbook	9/25/97			349.48	
Add receipts	9/25/97- 10/25/97			235.50	
				584.98	
Deduct expenses	9/25/97-10/25/97			-467.98	
Balance per checkbook	10/25/97			117.00	
Operating debit for	10/25/97	(-232.48)			

pg 1						
GROUP	CORRECTIONAL FACILITIES		TREATMENT FACILITIES			
	OCTOBER '97	Accum.	OCTOBER '97	Accum.	OCTOBER '97	Accum.
12 Step - Holiday Village						
12 Step - Medina						
3rd Step						
4th Step Stumblers						
6th Step						
AA Lunchtime						
A Day At A Time						
A Vision for You						
Abbott Mens Discussi	25.00	115.00	25.00	115.00	25.00	115.00
Acceptance/Welcom	100.00	901.00	10.00	30.00	10.00	30.00
Achievement		100.00				
Action		100.00				
Age Doesn't Matter	200.00	400.00				
Albion		12.00				
Alexander						
Amherst Snyder		821.00				
Amsdell Lakeshore		50.00				
Any Age		500.00				
Any Length	30.00	520.00		15.00		15.00
Anybody's Group						
Arcade						
As Bill Sees It		20.00				
Attitude Adjustment						
Attraction	60.00	230.00				
Awakening						
Beginner's Table						
Beginning In Sobriety I						
Beginning in Sobriety II						
Beginnings-Women's		75.00				
Better Days (Bilingual)						
Bidwell Monday Disc		75.00		25.00		25.00
Big Book - Lockport						
Big Book Workshop						
Blasdell						
Blasdell Monday Nite						
Boulevard Women's	75.00	250.00				
Brass		200.00				
Broadway-Bailey		15.00				
Brocton Discussion		75.00				
But for the Grace of God		125.00				
Came To Believe						

pg 2			Correctional Facilities		Treatment Facilities	
GROUP	OCTOBER '97	Accum.	OCTOBER '97	Accum.	OCTOBER '97	Accum.
Cassadaga	50.00	50.00				
Casting		100.00				
Cathedral Park	6.00	121.30				
Caz Manor				25.00		25.00
Cazenovia	25.00	180.00				
Central Park						
Chapter IX				40.00		40.00
Cheektowaga		350.00		110.00		
Chevy #1		200.00				
Clarence Men's Disc II						
Clarence Men's Discsion		400.00				
Cold Springs	25.00	225.00	10.00	22.00		
Common Problem		50.00				
Community Center						
Cornplanters Again						
Courage		260.00		110.00		10.00
Crossroads		40.00				
Decision, Choices, Changes						
Delaware Discussion	20.00	20.00				
Derby		130.00				
Design For Living						
Desire						
DeVeaux Discussion						
Discovery		48.00				
Downtown Men's Discussion		50.00				
Dunkirk	10.00	65.00				
Early Bird						
Easier Softer Way						
East Amherst						
East Aurora		80.00				
Easy Does It	25.00	130.00		5.00		5.00
Eden-North Collins		100.00				
Ellicott	25.00	115.00				
Ellicottville						
Emergency						
Eternal Vigilance		300.00				
Everybody's		140.00				
Express		234.00				
Eye Opener	290.40	843.25	25.00	75.00	25.00	75.00
F.U.N.						
Faith						
Faith in Action						
Father Baker	40.00	494.00	10.00	178.00	10.00	178.00
Feelings						



pg 3			Correctional Facilities		Treatment Facilities	
GROUP	OCTOBER '97	Accum.	OCTOBER '97	Accum.	OCTOBER '97	Accum.
Fireside	159.26	1358.64		100.00	25.00	225.00
Fireside P.M.						
First Things First	50.00	275.00				
Fredonia Discussion						
Freedom		275.00				
Fresh Start						
Friendly		25.00				
Friendship						
Frontier		100.00				
Gardenville		50.00				
Gay, Lesbian, Sober & Proud		30.00				
Getting Better	10.00	40.00	10.00	10.00	10.00	10.00
Giving		70.00				
Go to Any Length		170.00				
Golden Slipper		100.00				
Good Life		31.00				
Grand	15.00	90.00				
Grand II Joy Of Living		175.00				
Grateful						
Guiding Light						
H.A.N.D.		520.00				
H.O.W.						
Half & Half	50.00	100.00				
Hamburg						
Hamburg Literature Study Group						
Handicappers Sat. Nite						
Happy Hour						
Harmony		30.00		10.00		10.00
Helping Hand		60.00				
High Noon						
High View		40.00				15.00
Higher Powered						
Hill Billy		120.00		15.00		15.00
Hold On						
Holiday Village		900.00				
Holland						
Honest Desire						
Honesty		270.00		80.00		
Hope - Big Book Study						
Horizon Sunset						
How It Works		308.00				
Humbly Willing						
In the Solution						
Inner City						

pg 4		Correctional Facilities		Treatment Facilities		
GROUP	OCTOBER '97	Accum.	OCTOBER '97	Accum.	OCTOBER '97	Accum.
Inspiration		50.00				
Intoxicated on Life						
Iron Horse	197.00	636.50	20.00	84.00	19.00	83.00
1st Step						
IT		25.00				
It's About Time		31.50				
Just for Today		50.00				
Keep It Simple, Sister		110.00				
Keep on Comin'						
Kenmore		375.00		75.00		75.00
Kensington		75.00				
Lake Shore		115.00		500.00		55.00
Lake View						
Let Go & Let God	20.00	40.00				
Leunam Women's AA						
Lew-port 5						
Liberty Women's		300.00				
Life Today	108.00	108.00				
Lighten Up		480.00				
Live and Let Live		50.00				
Living Sober	20.00	100.00				
Lock City						
Lockport #1						
Lockport Discussion	40.00	40.00				
Lockport Ladies		100.00				
Lockview		180.00				
Lovejoy	50.00	250.00				
Lower River						
Main Street						
Marilla	25.00	150.00				
Matt Talbot		275.00				
Mc Kinley Winners	100.00	200.00				
Medina New Life						
Mercy						
Mid-day						
Midnight						
Miracle						
MOD/Living in the So	100.00	1115.00		20.00		20.00
Morning After						
New Awakening						
New Beginnings		25.00				
New Frontier		120.00				
New Frontier Womens						
New Life						

pg 5 GROUP			Correctional Facilities		Treatment Facilities	
	OCTOBER '97	Accum.	OCTOBER '97	Accum.	OCTOBER '97	Accum.
New Life - New Beginning		50.00				
New Westside		50.00	15.00	48.00		
Niagara Frontier Men	40.00	100.00				
North Buffalo		1300.00		250.00		250.00
North Java		40.00				
One Day at a Time CC	63.00	438.00	31.50	81.50	31.50	131.50
Open Arms						
Open Mind	100.00	100.00		10.00		
Opportunity						
Orchard Park Step		150.00				
Pass It On						
Patchin		100.00				
Pathway to Peace						
Pendleton-Chapter V						
Perry	25.00	25.00				
Pioneer		25.00				
Positively Living III						
Powerless	50.00	50.00		20.00		
Primary Purpose						
Progress		20.00				
Purpose		100.00				
Rainbow		85.00		25.00		25.00
Ray of Hope	25.00	105.00				
Remember When		25.00				
Renaissance/Post LivII		1500.00				
Renewal		150.00		10.00		10.00
Ridge		445.00		55.00		30.00
Ripley's "Believe It Or Not"						
Rise & Shine		90.00				
Rochester Meeting						
Rur-al is Plural	25.00	85.00				
Sally						
Salvation Army						
Saratoga	50.00	338.00				
Saturday Night Alive						
Saturday Night Disc						
Searching for Serenity		45.00				
Second Chance						
Seneca 12 & 12		25.00				
Serenity						

Pg 6		Correctional Facilities		Treatment Facilities		
GROUP	OCTOBER '97	Accum.	OCTOBER '97	Accum.	OCTOBER '97	Accum.
Serenity Circle	10.00	35.00				
Serenity Trail						
Sheridan	170.00	250.00	10.00	10.00		
Silver Creek Friendship		50.00				
Sober Trail						
Sober Winners	25.00	75.00				
Sobriety Men's Disc		35.00				
Sobriety on the Lake		20.00				
South Buffalo	30.00	300.00	30.00	300.00	30.00	300.00
South Town		40.00				
South Town Women's		55.00		10.00		10.00
Southgate	10.00	80.00	10.00	20.00	10.00	20.00
Southwestern		180.00		20.00		20.00
Spirit of H.O.P.E.						
Spiritual Progress-women's		200.00				
Springville						
Springville Saturday Afternoon		60.00				
Springville Wed Noon						
St. Barnabas	100.00	200.00		50.00		50.00
St. Mark's	120.00	300.00				
Starting Over	10.00	80.00	10.00	50.00	10.00	50.00
Step						
Stepping Stones		84.00				
Stepping Stones-Tri County		320.00				
Suburban		25.00				
Sunday Morning Bkfl.	150.00	450.00	50.00	150.00		50.00
Sunday Nites						
Sunday Third						
Sunrise Court		251.25				
SUNY-Amherst Campus						
Surrender & Hope		45.00				
Survivors	75.00	125.00				
TnT		288.00		50.00		
T.P.H.						
TGIF		200.00				
Thankful	30.00	220.00				
The Book Meeting		63.00				
The Journey						
The Present		25.00				
There's A Solution						
Thruway		1450.00		100.00		100.00
Thursday Afternoon Disc		450.00				
Today						
Today's Woman						
Tonawanda						

FALL CONVENTION AD HOC COMMITTEE - John H - Chairperson

COURTESY REPORTS -

GSA ELECTIONS: Delegate - Marcia W	Alternate - Scott T
Chairperson - Linda W	Secretary - none to date
Treasurer - Mike B	Archivist - John Mc
PIC - Glen P	CPC - none to date
Corrections - Cindy N	Treatment - Bob K

GENERAL SERVICE ASSEMBLY - Cindy N on Corrections

Wrote further letters to 3 interested inmates who want to participate in the Bridging the Gap program and sent them on to the Niagara Falls contact; sent schedules to 2 other inmates requesting Bridging the Gap program information.

Received a call regarding situation at Wende; talked with volunteer supervisor who in turn spoke with counselors. They saw no problem.

Attended 3rd Annual Corrections Connection in Auburn, New York. Brought the Wende situation up at this meeting. The NYSDOCS supervisors were unaware of some practices and are going to look into it. Credit card idea for all facilities.

Communications are opening up with the NY-PENN Corrections Committee. October 1 was their semi-annual meeting and all is reportedly going well. Was able to share avenues of receiving literature for the facilities.

We will have a table with a literature drop box at the GSA Fall Day of Learning; and we will also have a panel.

Spring Convention - here we will also have a table, panel and a box for literature and are discussing the possibility of the CFC taking a timeslot for hospitality.

RECAP - none

OLD BUSINESS: none

NEW BUSINESS:

A motion by John H, We Care and second by Bob K, Southgate, for Delphine to go to the Intergroup Seminar in Columbus, Ohio. Passed.

Next month will be nominations for secretary and co-chair for 1998 Central Committee

Jim B, who makes coffee for Central Committee, made mention that the coffee pot was missing.

Elvester McR stated that he was rude last month and wanted to make amends.

Meeting adjourned with the Lord's Prayer after a motion made by Dick L, Everybody's, and second by John H, We Care.

Yours in AA,

Linda Z, Acting Secretary

CENTRAL COMMITTEE		*504-771-7	9/25/97 - 10/25/97		
RECEIPTS					
54 Groups contributed				3362.56	
Joint Meeting	expenses			32.86	
New Frontiers subscriptions				42.00	
Envelope System				442.00	
Literature				3068.57	
Miscellaneous	Anonymous	100.00			
	In Memory Bob U	165.00		265.00	
			Total Receipt	7212.99	7212.99
					-3068.57
					4144.42
					Receipts without literature
*10 Ellicott Court Corporation	rent			598.00	
Community Mental Health Center	rent			35.00	
Vermont Pure Spring Inc				20.95	
Bob K	New Jersey Wksp			85.00	
*10 Ellicott Court Corporation	'96 utilities			82.28	
David F Williamson Co Inc	UPS chg			26.80	
M & T Bank	Fed Withhold Tax			627.28	
Secrephone/Mediphone	Ans service			157.24	
US Postal Service	mtr refl			300.00	
World Services Inc	phamplets/pocket bg bks			825.90	825.90
Hazelden	Little Red Bk			104.25	104.25
NYS Income Tax				388.70	
Bell Atlantic	24 Hr Bks			194.59	
Salary				2296.55	
cash				50.00	
Bank Charges				78.57	
		Disbursements		5871.11	930.15
				-930.15	literature
				4940.96	office expenses
Balance pr checkbook	9/25/97		2753.60		
Add Receipts	9/25/97-10/25/97		7212.99		
			9966.59		
Deduct expenses	9/25/97-10/25/97		-5871.11		
Balance per checkbook	10/25/97		4095.48		
Operating credit for 10/25/97		1341.88			
MONEY MARKET		4781.11	1106.16	11097.76	savings
CERT OF DEPOSIT		6325.05	4095.48	2753.60	checking
		11106.16	15,201.64	13850.76	

15,201.64