

NEW FRONTIERS

October 2004

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER
We request that this newsletter be kept within the Fellowship to insure anonymity.

TWENTY TRUTHS TO REMEMBER

submitted by Carol Ann ~Holland Group

1. Faith is the ability to not panic.
2. If you worry, you didn't pray. If you pray, don't worry.
3. As a child of God, Prayer is like calling home every day.
4. Blessed are the flexible, for they shall not be bent out of shape.
5. When we get tangled up in our problems, be still. God wants us to be still, So He can untangle the knot.
6. Do the math. Count your blessings.
7. God wants spiritual fruit not religious nuts.
8. Dear God: I have a problem. It's me.
9. Silence is often misinterpreted but never misquoted.
10. Laugh every day; it's like inner jogging.
11. The most important things in your home are the people.
12. Growing old is inevitable; growing up is optional.
13. There is no key to happiness. The door is always open.
14. A grudge is a heavy thing to carry.
15. He who dies with the most toys is still dead.
16. We do not remember days but moments. Life moves too fast, so enjoy your precious moments.
17. Nothing is real to you until you experience it, otherwise it's just hearsay.
18. It is all right to sit on your pity pot every now and again. Just be sure to flush when you are done.
19. Surviving and living your life successfully requires courage. The goals and dreams you're seeking require courage and risk-taking. Learn from the turtle; it only makes progress when it sticks out its neck.
20. Be more concerned with your character than your reputation. Your character is what you really are. While your reputation is merely what others think you are.

~Author Unknown~

Step Ten ~ Continued to take personal inventory and when we were wrong promptly admitted it.

I'm Not Wr--!

If it weren't for working the Steps on a daily basis, I don't think I could live life on life's terms. The one Step that has made a dramatic impact on my life is Step Ten. I am one of those alcoholics who has a hard time admitting that she is wr--. I even have trouble saying or typing the word. I know I'm not alone. Anyway, I used to hate this Step.

I had a particularly bad relationship with my older daughter. We screamed at each other a lot. I kept doing or saying mean, hateful things. Then I'd talk to my sponsor and snivel and whine about making amends. I hated to make amends to that kid. I'd rather scrub toilets with a toothbrush than make amends to her. When I did, she'd look at me with that MTV look (the one that says "If I cared at all, I'd hate you") and say, "It's about time." She was nasty and hateful and mean and spiteful.
Quack, quack, quack.

I'd try to justify my behavior to my sponsor, so I wouldn't have to make amends. One day, my sponsor suggested that if I hated making amends so much, maybe I could try not to do the things I had to make amends for--i.e., why didn't I change my behavior? What a concept! She suggested that I practice restraint of tongue and pen.

I took my sponsor's suggestions. I worked really hard at changing my behavior. I knew it wouldn't change anything because my daughter was still mean, hateful, and spiteful, but at least I wouldn't have to make amends to her.

Well, as you've probably guessed, a remarkable thing occurred: not only did I not have to make amends, but she became less mean, less spiteful, less hateful. In fact, she started being nice. It even occurred to me that maybe it wasn't all her fault that we didn't get along. Whoa, Nelly!

Today, my daughter and I have a wonderful relationship. She talks to me about her life, her loves, her problems. I owe this relationship to the Tenth Step. If I hadn't hated making amends so much, I might not have been willing to change my behavior.

I have found similar results in all of my relationships. Over the years, I have tried to keep my behavior below amends level because I hate making amends. As a result, I act differently. And as a result of that, people respond differently. It's amazing.

Tradition Ten ~ Alcoholics Anonymous has no opinion on outside issues; hence the AA name ought never be drawn into public controversy.

Long form: No A.A. group or member should ever, in such a way as to implicate A.A., express any opinion on outside controversial issues – particularly those of politics, alcohol reform, or sectarian religion. The Alcoholics Anonymous groups oppose no one. Concerning such matters they can express no views whatever.

Guidelines from: "Assuring the future"

"Bill [W.] knew his fellow alcoholics well; he knew that no self-respecting drunk, sober or otherwise, would willingly submit to a body of 'law' - much too authoritarian!

"The name 'Traditions,' however, would come a bit later. At first, he dubbed them 'Twelve Points to Assure Our Future,' because he saw them as guidelines necessary to the survival, unity, and effectiveness of the Fellowship. Under that title, they were first published in the April 1946 issue of the *Grapevine*."

© 1984, 'PASS IT ON'...The story of Bill Wilson and how the A.A. message reached the world, page 306

***From "Women Alcoholics Have a Tougher Fight"
in the May 1945 Grapevine***

Many of us found it almost impossibly difficult to take the first steps, to admit that we were what we had considered that shameful thing, an alcoholic. What would people say? . . . We'd been away from reality so long — we'd twisted and turned so adroitly in our speech, our actions, and in our very thoughts — could we come back? And if we tried, would they let us? Would we be acceptable? . . .

In AA groups where there are already a few women members, some of these early doubts can be quickly resolved. Those who dared to take the plunge early and alone into this seeming man's world, found themselves not in icy waters, but in a warm fellowship. They in turn can take the newcomer's hand and lead her into a world where there is real equality — where all are alcoholics together, acceptable to their own admission of that fact. They can help her to feel no longer alone, a marked creature to be hidden and shunned, but a wanted and needed part of a vital, living society of her own kind.

Marty M., New York



International Convention Alcoholics Anonymous Toronto June 30-July 3, 2005 "I AM RESPONSIBLE"

August 2004/Agosto 2004/Août 2004

Come join A.A.s - and Al-Anons - from around the world, who will meet in the extraordinary Canadian city of Toronto at the International Convention to celebrate A.A.'s 70th birthday. The dates are June 30 - July 3, 2005 and the theme is "I Am Responsible." Please follow directions carefully when completing the Registration form. This form may be duplicated as needed. Once registered, you will receive a confirmation number and a Hotel/Housing Reservation Form in the mail. Allow a minimum of 2-3 weeks for receipt of your confirmation number and housing information (your badge will be mailed later). Those who wish hotel accommodations complete and mail the Hotel/Housing Reservation Form included with the Convention confirmation number. Completed Hotel/Housing Reservation Forms will be processed randomly by lottery on November 15, 2004. Thousands of completed forms will be returned simultaneously, please be patient. Your hotel/housing assignment information will be forwarded to you within six weeks of the November 15, 2004 lottery or as quickly as possible for hotel/housing forms received after November 15th. If a member is concerned about their eligibility to enter Canada, related information can be found on the G.S.O. A.A. Web Site at www.aa.org; the Canadian Immigration Web Site www.cic.gc.ca or by calling a Canadian Consulate. See you in Toronto!

TO EACH HIS OWN

by David C. - Akron Intergroup News

One of my all-time favorite stories was told a couple of years ago by a gentleman who came down from Cleveland in a blizzard to speak at the St. Vincent Group. He said that when he was new in sobriety he could not believe how good everything was going in his life. His job was great, his home life was unbelievably pleasant and he seemed to be floating on a cloud. He was, however, troubled by how much pain and misfortune his sponsor seemed to be enduring. He did not understand the apparent injustice of it all. Here his sponsor had more sobriety than anyone else around. He was a wise old man who worked with a great many new guys, helping them all trudge that road of happy destiny, yet personally he seemed to be going through a living hell. If anyone deserved some grace, it was he.

So, one night on the way home from a meeting, he decided to talk to his sponsor about it. As he was driving along (his sponsor's car had recently died), he was expounding on his own personal and, admittedly, undeserved good fortune and comparing it to what he felt was the unfair hand that his mentor seemed to have been dealt. He confessed a bit of embarrassment about it all and told the old-timer that it just did not seem fair. Then he sat there waiting to hear some good old AA wisdom. The old guy just sat quietly staring out the side window. After a long silence, he turned his head and said, "Maybe God just thinks you're a wuss."

What sublime dignity. What a great message that old boy is passing on. There is no way to figure out why some of us seem to be on a cake walk while others are bombarded on all sides with misfortune, temptation, disappointment and woe. Is it karma or just "the fickle finger of fate?" One thing I know is that the greatest people I have met are those that have endured, more so than those that have accomplished.

Then too, the degree of difficulty (or ease) that any individual may be having in recovery is in no way a reflection of their moral fiber or spiritual evolution. There are as many roads of recovery as there are roads into oblivion. We each have our own history. We each have our own miracles and, hopefully, our own happy destinies. Life's circumstances are nothing more than the playing fields on which each of us individually competes, not against each other, but against the disease.

Alcoholism is an equal opportunity destroyer. Recovery is equally opportune. I've often wondered what that old-timer may have been thinking as he stared out his window. I imagine him recalling his own personal "honeymoon." He could as easily have said, "This too shall pass!" But why rain on the young man's parade. I'm quite sure that he saw no injustice in his sponsee's good fortune as compared to his own. His fortune was simply of a more mature goodness.

Heard at a meeting:

The most important word in the Steps is the first one... "WE"

The world ain't gonna kiss my butt just because I'm getting sober.

If you don't hear what you need to hear, say what you need to hear.

Change only happens when the pain of holding on is greater than the fear of letting go.

If you can't love everybody today, at least try not to hurt anybody.

Always tell the truth and you won't have so much to remember...EDIIII

RULE 62

If you can't be kind at least have the decency to be vague.

If you worry about what might be and wonder what might have been, you will miss what is

The highest rank in AA is sober. (Kenne A.)

When you're home by yourself you're behind enemy lines.

If you share your pain you cut it in half, if you don't you double it.

The main value of Lying has yet to be discovered.

One definition of a High Bottom Drunk: one who sleeps only behind Cadillac billboards.

Grapevine May 1956 Volume 12 Issue 12

IN MEMORIAM

Things We Can Not Change

David P. ~ Highview Group ~ 8 years

Let's remember him and all the others who passed on in our prayers.

Share your Experience, Strength and Hope.

Please submit your articles by the 12th for next months issue.

Buffalo Central Office
681 SENECA STREET
BUILDING 1-H (LOWER)
Buffalo, New York 14210

or

E-Mail address: buffalooa@hotmail.com

New Frontiers committee meets the 3rd Thursday of every month - 7:00pm - St Michaels, corner of Warsaw & Electric in Lackawanna.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

Keep Our Coffee Free

Without your help history will repeat itself at the 63rd Buffalo Fall Convention.

For those who remember, three years ago when the Fall Convention was held at the Buffalo Convention Center, free coffee was not included in the price of renting the facility.

Those who attended had to purchase coffee from the various food vendors. Sadly, this year only 30% of what is needed has been raised for the coffee fund.

Our Seventh Tradition states: "We are self supporting through our own contributions." Please make your home group and members of A.A. aware of this need.

To donate to the coffee fund please mail checks or money orders payable to:

Buffalo Fall Convention Coffee Fund
P.O. Box 747
Buffalo, NY 14209

Thank-you

Norm C. Harmony Group Coffee Chair

Central Committee of the Niagara Frontier
Presents

The 63rd Buffalo Fall Convention

Friday, Saturday, & Sunday, Nov. 5, 6, 7, 2004

Buffalo Marriott Hotel

LET GO & LET GOD

Your Program

* Friday, Nov. 5, 2004

- 2:00 PM Registration - opens - Lobby
Hospitality rooms open - A, C
Archives Display opens - B
- 4:00 PM Early Bird Speaker - MAIN
Speaker: George H. - Buffalo
- 6:00 PM Panel: LACK of Power
- 6:00 PM Panel: CONSEQUENCES
- 7:00 PM Opening Ceremonies
Speaker: TIM T. - Brookpark, OH
- 10:00 PM DANCE - MAIN Ballroom
- 10:00 PM AA TALK-A-thon - Salon A

* Saturday, Nov. 6, 2004

- 8:00 AM Registration - opens
Hospitality opens
- 9:00 AM Panel: Step 2 (room 4)
- 9:00 AM Panel: Step 3 (room 5)
- 10:00 AM Archives Display opens
- 10:15 AM Panel: bargaining with God (4)
- 10:15 AM Panel: dependence of God (5)
- 11:45 AM AA ANON MAIN Ballroom
Speaker: Joyce C. - Mogdore, OH

* rooms subject to change

* Saturday, Nov. 6, 2004

- 1:00 PM AA Afternoon MAIN Ballroom
Speaker: Bob C. Mogdore, OH
- 2:30 PM Panel: humbly asked ^{old} timer
- 2:30 PM Panel: were entirely ready
- 5:30 PM Seating begins for banquet
- 6:15 PM Banquet Served
- 8:00 PM Chairperson's Remarks
Committee Recognition
Countdown
- Speaker: Bill B. Rochester, N
- 8:00 PM Alt. Speaker: Linda S.
- 10:00 PM Banquet Dance
- 10:00 PM AA TALK-A-thon

* Sunday, Nov. 7, 2004

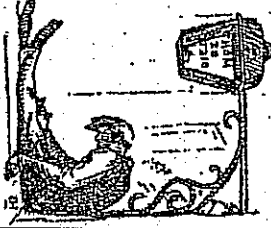
- 8:00 AM Hospitality opens
- 9:00 AM Panel: God could & would
- 10:30 AM Sunday Meeting
Speaker: Delilah F. Cleveland
- 11:45 AM Closing Remarks -
Jim R. 2004 chairperson
introduces 2005 chairperson
Charmaine D.

BUFFALO CENTRAL AA OFFICE

681 SENECA STREET (LOWER)

BUFFALO, NY 14210

1 First the man takes a drink...
Then the drink takes a drink...
Then the drink takes the man...
Chinese proverb
2000 B.C.



2 Matt Talbot Group is hosting a TRADITION DAY, 10:00 AM- 3:30 St. John's Lutheran Church, 67 Litchfield.
Sick and tired of being sick and tired? Get with AA.

3 Central Committee Meeting, 7 pm, Corrections Meeting, 6 PM, Buffalo Central Office, 681 Seneca Street

4 1943 - Fitz M., New York's AA #3, dies after suffering from cancer.

5 * Oct. 1951 - The Lasker Award was given to AA by The American Public Health Assoc. in San Francisco.

6 1969 - New York Times reports the death of Dr. Harry Emerson Fosdick, minister who wrote one of the first favorable reviews of the Big Book.

7 1937 - Bill and Lois W. leave by automobile for Akron, Ohio.

8 1988 - An informal Quaker style memorial service is held for Lois W. at Stepping Stones with 50 family members and friends present.

9 * Oct. 1937 - AA meeting held weakly at Bill and W.'s home at 182 Clinton Brooklyn, the first New AA group.

10 11 COLUMBUS DAY (OBSERVED) Treatment Committee, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street.

11 1970 - Lois W. reads Bill's last message in New York.

12 1943 - Des Moines Iowa Register reports AA from Chicago AA group's 3rd anniversary with 500 attending.

13 1939 - Bill W. gets his drivers license.

14 New Frontiers Committee, 7:00 PM, St. Michaels Parish Center, Electric And Warsaw, Lackawanna, 63rd Buffalo Fall Convention Meeting, Thursday, 7:00 PM @ Holy Trinity Lutheran Church, 1080 Main Street, Buffalo.

15 1904 - Marty M. is born in Chicago. She was founder of Natl. Comite. For Education on Alcoholism, author of best-selling book A Primer on Alcoholism and early AA member.

16 Did you fall off the wagon? TTY AA there ways help getting up.

17 1988 - Lois W. is buried next to Bill W.

18 * Oct. 1942 - Chicago Herald-American wrote on Chicago AA group's 3rd anniversary with 500 attending.

19 1943 - Des Moines Iowa Register reports AA from Chicago AA group.

20 1941 - White Plains, NY, Reporter-Dispatch writes on Eastview AA's work in Westchester Prison.

21 Silver Creek Friendship Group Anniversary, Friday @ 8:30 PM, Speaker followed by an eating meeting.

22 1963 - E. M. Jellinek, alcoholism researcher, educator, and long-time friend of AA, dies.

23 Archives Committee Meeting, 9 am, Buffalo Central Office, 681 Seneca Street (lower).

24 1935 - Ebby T., Bill W.'s boyhood friend who introduced him to the Oxford Group, moves in with him and Lois.

25 * Oct. 1947 - Birmingham, Ala. Service Guild or "Wives' Group", supporters of AA have their 1st meeting.

26 POOR ME... POOR ME... POUR ME ANOTHER DRINK

27 1941 - White Plains, NY, Reporter-Dispatch writes on Eastview AA's work in Westchester Prison.

28 1994 - The Natl. Council on Alcoholism has its 50th anniversary in Wash., D.C.

29 Another divorce, a DUI, my children want nothing to do with me, my house was foreclosed on ... this is not my fault.

30 * Oct. 1958 - Playhouse TV aired "The Days of and Roses."

31 HALLOWEEN DAYLIGHT SAVINGS

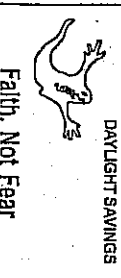
1942 - Los Angeles Times reports California has 14 AA groups.

1943 - Denver Rocky Mountain News reports AA group opens their meeting with two minutes of silent prayer and meditation.

* Oct. 1945 Des Moines, Iowa has second anniversary with 500 in attendance.

* Oct. 1945 - Savannah, Ga. Group is formed.

1994 - The Natl. Council on Alcoholism has its 50th anniversary in Wash., D.C.



Faith, Not Fear

BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS
(716) 853-0388
9:00 AM- 4:30 PM
Schedule on line at ny-aa.org

681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210
Fax: 853-0389

buffalooa@hotmail.com

OCTOBER 2004

MEETING CHANGES;

EVERYBODY'S GROUP, Wednesday's at L.K. Painter Center, Rt. 39 in Collins **WILL CLOSE** October 31st, unless someone is willing to help with this meeting.

GAHADA GON, on Tuesday's & Thursday's has changed to a **CLOSED** meeting. 12698 Southwestern Blvd in Irving.

TUESDAY WOMEN'S DISCUSSION will no longer meet at OLV Hospital. It has changed to WEDNESDAY WOMEN'S DISCUSSION and meet at OLV Basilica at 7:30 PM.

SUNDAY THIRD has changed it's name to SUNDAY GRAPEVINE starting Sept. 5. 1st United Methodist Church, Rt. 20 in Sheridan. 8:00 PM, Closed meeting, open speaker the 3rd Sunday.

BODHISATTVA Thursday's has moved to Lafayette Presbyterian Church at 8:00 PM. Parking lot entrance, upstairs.

NO HUMAN POWER, Wednesday's at 12 Noon. Cleveland Heights Church 4774 Union Rd., Cheektowaga. Open

Page 69, Sunday's at 7:30 PM. Cleveland Heights Church, 4774 Union Rd., Cheektowaga. Closed MEN'S group.

PRIDE, Monday at 8 PM, OD, Gay & Lesbian. Pride Center of WNY, 18 Trinity Place, Buffalo.

NEW MEETINGS AT CENTRAL OFFICE: 681 Seneca Street, Buffalo

- LUNCHTIME CENTRAL; Tuesday's & Thursday's at 12:15 PM and
- THURSDAY EVENING BIG BOOK, will start at 7:00 PM until 9:00 PM break in middle.

Service Opportunities:

- ~ Oct. 3, Central Committee Meeting, 7 pm, Buffalo Central Office, 681 Seneca Street (lower), (Hosted by Sunday Morning Breakfast).
- ~ Oct. 3, Corrections Committee Meeting, 6:00 PM, Buffalo Central Office, 681 Seneca Street (lower).
- ~ Oct. 11, Treatment Facilities Committee, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street.
- ~ Oct. 21, New Frontiers Committee, 7:00 PM. St. Michaels Parish Center, Electric And Warsaw, Lackawanna, before the Victory meeting.
- ~ Oct. 22, 63rd Buffalo Fall Convention Meeting, Thursday, 7:00 PM @. Holy Trinity Lutheran Church, 1080 Main Street, Buffalo.
- ~ Oct. 23, Archives Committee Meeting, 9 am, Buffalo Central Office, 681 Seneca Street (lower).

COMING EVENTS

- ~Oct. 1-3, 18th Annual Women In AA Fall Spiritual Weekend, St. Columbian Retreat House, Derby. \$42 non-refundable deposit, balance of \$60 (cash) upon arrival. Flyers available at Central Office.
- ~ Oct. 2, Matt Talbot Group is hosting a TRADITION'S DAY. 10:00 AM- 3:30 PM. St. John's Lutheran Church, 67 Litchfield. 50/50 Drawing, eats, coffee, bring a dish to pass if you would like.
- ~ Oct. 22- 24, AA Men's Spiritual Retreat, Sponsored by University Men's Group, Stella Niagara Renewal Center. For information call Guy H. 871-0644 or John K. 694-7929.
- ~ Oct. 22, Silver Creek Friendship Group Anniversary, Friday @ 8:30 PM. Speaker followed by an eating meeting. Please bring a dish to share. Everyone is welcome.
- ~ Nov. 5,6 &7, 63rd.BUFFALO FALL CONVENTION: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst. Registration: \$20, Registration & Banquet: \$45. For information call, Registration Chair: John C. or Email: johnjczermerys@adelphia.net or Convention Chair: Jim R. (716) 491-8301. Coffee donations may be sent to: P. O. Box 747 Station C., Buffalo, NY 14209.
- ~Nov. 13, "Keep Coming Back", Day of Sharing, Lockport United Church of Christ, 98 East Avenue (route 31) near Washburn, Lockport, NY. Registration: 9:30 AM, Donation: \$4.00. Panel, Speaker, 50/50, Basket raffle & a surprise for all. Please join us for a day of fun, food & fellowship! A dish to pass & a basket for the raffle will be gratefully appreciated.
- ~Nov. 13, A Day in the Spirit of the Twelve Steps, Sponsored by the Ilion Friendly Group, Auriesville Shrine, Auriesville, NY. Seating limited. Speaker will be Father Richard "Dick" H. from the Kensington Group, Buffalo. For more information call Buffalo Central Office.

10th STEP: "Continued to take personal inventory and when we were wrong promptly admitted it."

10th TRADITION: "Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be draw into public controversy."

10th CONCEPT; Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined.

PLEASE SUPPORT THE ENVELOPE SYSTEM

... *Yours in the Fellowship of the Spirit...*

Terry Bateman....

Executive Secretary

GROUP CONTRIBUTIONS

Income Statement	30-Jun-04	31-Jul-04	31-Aug-04
Reg Bal Cash on hand	16,019.22	5,256.11	3,572.25
Contributions			
Groups	2,958.28	4,395.59	3,574.13
Joint Meeting	51.50	32.00	30.25
Envelope System	696.00	670.00	312.00
New Frontiers Subs		91.00	83.00
Literature	2,465.83	2,659.09	5,069.95
Archives Room Rent			75.00
Meetings at CO			
Mail/Misc.		335.00	25.00
Conventions/Day of Sharing			
Monthly Income	16,171.59	18,182.68	19,169.33
Expenses			
Office Rent	636.00	1,508.08	753.04
Electric			101.49
Meeting Room Rent	35.00		
Payroll			
Salaries (Net)	1,666.16	2,120.20	2,120.20
Federal Withholdings	588.59	735.75	735.75
NYS Withholdings		365.81	
Insurance			
State Ins Fund	48.38		
Health	304.00	304.00	304.00
Liability			
Postage	51.26	48.07	449.82
Phone	104.55	280.31	124.74
Accounting	2,000.00		
Advt			
PIC Lit.			
Talking Phone Book			
Verizon	176.00	88.00	88.00
website			
white directory			
Yellow Pages			
Literature Expenses			
Grapevine		185.00	
World Services Inc	2,641.96	1,745.80	3,164.60
Hazardon		524.70	366.88
"In All Our Affairs"			
Printers			
Office Supplies	291.57	912.40	110.47
Answering service	100.78	105.98	108.09
Minolta leasing (copier)	260.45	260.45	260.45
Minolta Copies		56.29	
Crystal Rock (water)		16.95	
Seminar			50.00
DBA Telecommunication		632.75	
computer			
CD	8,000.00		
Monthly Expenses	16,934.70	19,866.54	18,737.54
Monthly Income (Loss)	(10,763.11)	(1,683.86)	431.80
CD	8,000.00	8,000.00	8,000.00
End Bal Cash on hand	5,256.11	3,572.25	4,004.05
Literature Assets:		3,957.75	6,110.42
Literature Receivable (outstanding)	519.69	1,159.84	1,202.39
Corrections Facilities	1,369.59	1,591.05	1,278.65
Donations	221.48	210.10	107.73
Expenses		522.50	1,067.50
Bank Charges			
Balance	1,591.05	1,278.65	318.95
Treatment Facilities	721.80	846.26	922.33
Donation	191.48	177.10	117.73
Expenses			
AT & T Bridging The Gap	28.50	30.03	68.94
AAA About Answering Service	38.50	31.00	39.75
Literature		40.00	775.00
Bank Charges			
Balance	846.26	922.33	158.37

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	AUGUST	YEAR	AUGUST	YEAR	AUGUST	YEAR
11:45		0.00		0.00		0.00
12 Step		0.00		0.00		0.00
4th Step Stumblers		0.00		0.00		0.00
8th Step		0.00		0.00		0.00
A Day At A Time		0.00		0.00		0.00
Abbot Merle		235.00		285.00		285.00
Acceptance/Welcome	300.00	700.00		0.00		0.00
Achievement		200.00		0.00		0.00
Action		60.00		60.00		60.00
After Midnight		0.00		0.00		0.00
Age Doesn't Matter		75.00		0.00		0.00
Alexander		200.00		0.00		0.00
Amherst Snyder	100.00	727.17		0.00		0.00
Amulet Lashara	20.00	160.00		0.00		0.00
Any Age		0.00		0.00		0.00
Any Length	30.00	210.00		0.00		0.00
Anybody's		0.00		0.00		0.00
As We Bess II		25.00		0.00		0.00
Attitude Adjustment		100.00		25.00		25.00
Attraction		400.00		0.00		0.00
Backdoor		0.00		0.00		0.00
Beginning In Sobriety II		0.00		0.00		0.00
Beginning's Women		35.00		0.00		0.00
Bible Monday		225.00		0.00		0.00
Big Book Lockout		100.00		0.00		0.00
Big Spiritual Awakening		5.00		0.00		0.00
Big Book Study		150.00		0.00		0.00
Big Book Workshop		70.00		0.00		0.00
Biscuits		0.00		0.00		0.00
Biscuits Monday Night	20.00	80.00	10.00	10.00	10.00	10.00
Bodhisattva		160.00		0.00		0.00
Bokehward Healing Hand		0.00		0.00		0.00
Bokehward Women		125.00		0.00		0.00
Bress	25.00	75.00		0.00		0.00
Brooklyn AA		0.00		0.00		0.00
Brooklyn's Women		0.00		0.00		0.00
Buffalo Group		5.00		0.00		0.00
But For The Grace of God		180.00		0.00		0.00
By The Book		0.00		0.00		0.00
Casting		40.00		13.00		13.00
Cathedral Park		33.35		15.00		15.00
Cax Manor	32.00	172.00		25.00		25.00
Cocaine		0.00		0.00		0.00
Central Park		0.00		0.00		0.00
Chapter IX		0.00		0.00		0.00
Chickmanga	100.00	200.00		0.00		0.00
Chevy #1		0.00		0.00		0.00
Clarence Merle		0.00		0.00		0.00
Clarence Merle II		0.00		0.00		0.00
Gold Spring		0.00		0.00		0.00
Common Bond		0.00		0.00		0.00
Common Problems		0.00		0.00		0.00
Common Solution		30.00		0.00		0.00
Commitment		0.00		0.00		0.00
Community Center		0.00		0.00		0.00
Companions		0.00		0.00		0.00
Course		100.00		64.75		50.00
Arcade		0.00		0.00		0.00
Crossroads		162.00		0.00		0.00
Cross Talk By Book	20.00	110.00	10.00	40.00		0.00
Daily Reflections		300.00		0.00		0.00
Daily Respite		0.00		0.00		0.00
DeVaux Discussion		0.00		0.00		0.00
Derby		150.00		0.00		0.00
Desire		0.00		0.00		0.00
Downtown Men's		0.00		0.00		0.00
Durkin's Monday Night	30.00	30.00		0.00		0.00
Early Bird		0.00		0.00		0.00
Early Rising Clubbing		0.00		0.00		0.00
Escher Solter Way		0.00		0.00		0.00
East Amherst	200.00	200.00		0.00		0.00
East Aurora	150.00	300.00		0.00		0.00
Easy Does It		300.00		0.00		0.00
EB&C		0.00		0.00		0.00
Elkville		0.00		0.00		0.00
Emergency		0.00		0.00		0.00
Eternal Vigilance		0.00		0.00		0.00
Everybody's		150.00		0.00		0.00
Express		322.00		0.00		0.00
Eyepinner	75.00	450.00		0.00		0.00
F.U.H.		25.00		0.00		0.00
Falls		0.00		0.00		0.00
Father Baker		475.00		0.00		0.00
Festivals		0.00		0.00		0.00
Freddie		306.00		37.50		37.50
First Things First		0.00		0.00		0.00
Frederick Discussion		0.00		0.00		0.00
Frederick Friday Noon		0.00		0.00		0.00
Freedom		250.00		0.00		0.00
Fresh Start		42.00		11.00		12.00
Friendly		15.00		0.00		0.00
Frontier (New)		340.00		0.00		0.00
GAHADA GCH		0.00		0.00		0.00
Gardenville		150.00		25.00		25.00
Georgetown	200.00	400.00		0.00		0.00
Getting Better		0.00		0.00		0.00
Going		60.00		0.00		0.00
Go In Any Length		50.00		60.00		60.00
Golden Skipper		100.00		0.00		0.00
Grand		52.00		0.00		0.00
Grand II Joy of Living	100.00	100.00		0.00		0.00
Grainfield		50.00		0.00		0.00
Growing Light		0.00		0.00		0.00
H.O.W.		15.00		0.00		0.00
Hamburg		50.00		0.00		0.00
Hand		0.00		0.00		0.00

Buffalo Central Committee
September 12, 2004

John, Committee Chair opened the meeting at 7:04pm with a moment of silence, the Serenity Prayer and the Preamble. Reggie, Fresh Start Group, read The Purpose of the Central Committee. Pat, Rainbow Group read the Traditions. Motion to dispense with reading of last months' minutes, motion by John, Sunday Morning Group, seconded by Bill O, Valley Group.

One new representative from 3 Legacies. 26 Groups were represented: District#1 Complanter's Again, Sunday Niter's, Those Too District # 2 Living Sober, North Buffalo, Three Legacies. District #3 Abbott Men's Disc., Blasdell Monday Night, Father Baker, Rainbow, Southtown, Sunday Morning Breakfast, Thruway, Valley, Victory. District #4 Action, Patchin, District #5 Big Book Lockport, Lockport #1, Wilson. District # 6 Amsdell Lakeshore, Go To Any Lengths, Lakeshore. District # 7 Fresh Start, Lovejoy, Spirit of Hope.

COMMITTEE REPORTS:

ENVELOPE SYSTEM: No Report

STEERING COMMITTEE : Will states District 5 Representative resigned. Need next year's Co-Chair for Fall Convention from District 1(10 years required) if no one stands, the next district chooses. Parking Tags are available so as not to have to pay parking fee in lot at Central Office. Steering Committee investigating possibility or irregularities with the Buffalo Group regarding Caz Manor and violation of Traditions. Will contact Caz Manor for clarification. Suggest "secure lockbox" for 7th Tradition collected by meetings held at Central Office. Meetings at Central Office will have key, (that is stamped "do not duplicate" on it) sign in and sign out procedure for "trusted servant" for meetings that are located at Central Office. District 1-any St. John Grace meetings maybe relocating due to large rent increases. Vote coming up for several Committees and District Reps.. Central Office October 3rd meeting, Terry will be out of town for AA Secretary's Conference. Big Book (2hr) meeting 7pm-9pm Thursdays will be meeting. Starting October 5th Tuesday and Thursday Lunchtime 12:15pm meetings will start. 7th Tradition beyond expenses will go to the Central Office. Archives and Treatment Committees will move to Central Office. AA sign is up, bill not yet received. John: No response from Renaissance House on past letter, but have had no ongoing problems regarding AA literature in advertising. Patty: spoke with meeting members that had a NA speaker. Continued problems with Alcoholics Victorious in Southtowns.

FINANCIAL REPORT:

Income							
August 2003	August 2004	Variance	% Change	YTD 2003	YTD 2004	Variance	% Change
Avg.	Actual			Avg.	Actual		
\$7,481.00	\$9,189.33	\$1,708.33	22.80%	\$59,888.00	\$84,205.19	\$24,317.19	7.57%

Narrative
1.) Archives Rent Income is a new line item.
2.) Literature sales for August was increased approx 80% from last seven months.

Expense							
August 2003	August 2004	Variance	% Change	YTD 2003	YTD 2004	Variance	% Change
Avg.	Actual			Avg.	Actual		
\$7,889.00	\$8,737.53	\$748.53	9.37%	\$93,912.00	\$64,542.66	\$29,369.34	0.88%

Narrative
1.) Electric expense is a newly added line item since electric is not included in the monthly rent expense.
2.) St. Michael's rent expense elimination reduces expenses by \$35.00/month.
3.) \$50.00 expenditure for the Executive Secretary to attend a conference in Colorado.
4.) Literature purchases in August increased 42%

Thank you for allowing me to serve,
Respectfully,
Patil S. Going To any Lengths Group

TREATMENT: Andrew reports: We are currently looking for individuals who are interested in getting more involved in the jails. I have personally slipped in my own "first hand" experience at meetings and would like to take some time off from the world and go to the Wendy Facility, get an ID badge, and orientation to go into the facility on a more regular basis. If anyone is interested in going to this call me Andrew Krainik at 652-6294 or Donna Wolanczyk at 937-4000 or Bob L. 876-1932

CORRECTIONS: Gary, no report.
SCREENERS: No report.

CENTRAL OFFICE:

AA INFO: 287, 12-STEP: 9, ALANON: 15, VISITORS: 65, VOLUNTEERS: 8

The sign is up, I hope you all agree that it looks great. All is running well. We have a Thursday evening meeting starting at the office, as well as a Tues. & Thursday 12:15 meeting. Beyond expenses (coffee) all monies from these meetings will come directly to the Central Office as income. Treatment Committee has moved their meetings to the second Monday of the month at 6PM. Here at the Central Office. We strongly encourage all committee meetings to meet here at the office.

Yours in the Fellowship of the Spirit... Terry Bateman... Executive Secretary

PIC : Jake, 3 Legacies, no report

NEW FRONTIER: Debi states articles needed-Please share your experience, strength and hope. AA is strong in Buffalo, it would be nice to have local authors.

2004 CONVENTION: Jim, Spirit of Hope, October 28, 2004 7:00pm Marriott, 1340 Millersport Hwy, Amherst 14221. Coffee Fund at 25% NEED SUPPORT. Cups and shirts ordered. Things are going well. Meals selected for dinner. There will be a 50/50(?) this year. Meeting September 30, 1080 Main St at 7:00pm

AD-HOC COMMITTEE: No report

COURTESY REPORTS:

ARCHIVES: Frank- Archive chair, reports we are now moved into our new location here at Central Office. Our displays in August were NY State Informational Workshop and 3 Legacies Group Anniversary. Our next displays will be Lockport's Day of Sharing, Action Group Anniversary and Matt Talbot Group Tradition Day. Also our next Archive Committee meeting will be held on October 2, 2004 at 9:00am at the Matt Talbot Group Tradition Day, St. John's Lutheran Church, 67 Litchfield, Depew, NY. Starting on October 23, 2004 and every 4th Saturday of the month. We will meet at Central Office at 9:00am.

GSA: Walt gave a Delegates Report.

RECAP: Steering Committee: Scott questions the Caz Manor incident. John response that the Steering Committee will check into it. Discussion. Kathy, North Buffalo motions to break the Buffalo Group's tie with AA and take them out of the AA schedule due to breaking of several AA Traditions. Al, Lakeshore 2nds. Vote is taken, 20 yes, 3 opposed and 3 abstentions. Minority opinion is given by several reps and another vote is taken with 19 yes, 3 opposed and 4 abstentions. Passed.

Old Business: Joanne, Action Group questioned whether we received a report from Mark about the meetings in question from last month. Mark did not attend this meeting and did not leave a report.

New Business: John, Sunday Morning Breakfast motions that Buffalo Group be blacked out of the schedules. Kim, Southtown, 2nds. 22 yes, 1 opposed and 3 abstentions. Passed. Walt, the Delegate would like his telephone number taken out of the schedule also. Mary, Grapevine Chair brought fliers for online site. She suggests that members bring old Grapevines to their meetings to share. Kim, Recording Secretary reminds groups that the coffeemakers for October is Sunday Morning Breakfast and November is Three Legacies.

Motion to adjourn: John, Sunday Morning Breakfast, Bill O., Valley Group 2nd.

Thank you for giving me this opportunity to serve AA, Kim E.

OCTOBER ANNIVERSARIES

AMHERST SNYDER

Chris T 6M
 David M 6M
 Steve K 6M
 Brandy N 9M
 Lee D 9M
 Daniel F 9M
 Dave S 9M
 Kevin K 1Y
 Anthony S 1Y
 Jon O 3Y
 Dave P 3Y
 Audrey B 5Y
 Don F 5Y
 Rick G 5Y
 Judy O 6Y
 Gary B 10Y
 Suzie F 10Y
 Machele 11Y
 Don N 12Y
 Valerie R 15Y
 Kevin N 16Y
 George F 17Y
 Jim M 17Y
 Ellen S 22Y
 Beverly S 33Y

Cold Springs
 Juanita D. 11y
 Andrew P. 15y
 Stanley B. 21y
 Lena S. 31y

Courage
 Marion D. 6y
 Justin G. 13y
 Paul K. 20y

Fireside
 Tom F. 11y
 Joe K. 17y

Giving
 Dale M. 3m
 Eddie B. 3m
 Eli M. 1y
 Eric B. 11y

Holland
 Paul Sz. 16y

Lakeshore
 Leslie P. 6Y

Living Sober

Nick G. 7y
 Joe S. 9y
 Robin C. 11y
 Tony B. 14y
 Sue D. 15y
 Valerie R. 15y

LoveJoy
 Don B. 3m
 Josh R. 6m
 Mike L. 9m
 Chuck Y. 1y
 John H. 1y
 Eddie T. 1y
 Ken H. 2y
 Tom L. 12y

North Buffalo
 Marck C. 3m
 Reg R. 6m
 Pam C. 6m
 Daniel C. 1y
 Jim C. 1y
 Tim B. 1y
 Tammy C. 1y
 Mike W. 1y
 George H. 2y
 Burt H. 4y
 Jerry C. 4y
 Ted J. 5y
 Steve A. 5y
 Khristian B. 7y
 Tony O. 11y
 Develle L. 14y

Rise & Shine

Sandra L. 6m
 Kenneth T. 9m
 Theresa B 9m
 Rene O 1y
 Kevin M. 1y
 Patrick W. 2y
 Linda F. 2y
 Sonya O. 2y
 Willie F. 2y
 Elizabeth D. 3y
 Joyce P. 4y
 Shawn S. 5y
 Carol W. 5y
 Pamela C. 6y
 Carter 14y
 Kim S. 15y
 Michael C. 26y

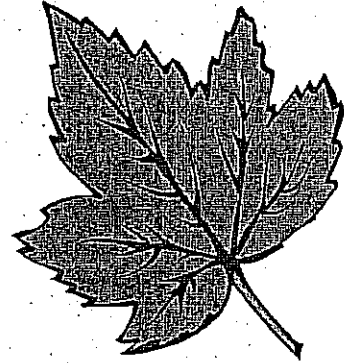
Thruway
 Maria L. 6m
 Michael K. 6m
 Chris R. 6m
 Thomas Z. 1y
 Jim R 3y
 Michelle D. 11y
 Helen S. 23y
 Bud G. 24y

Sun. Morning Br.
 Tony O. 11y
 Eddie K. 17y
 Helen S. 23y

Victory
 Paul R. 14y

Wehrle
 Donna E. 17y

Women's Westside
 Pat C. 9m
 Connie W. 3y



Group Anniversaries

Hamburg
 Amsdell-Lakeshore
 Silver Creek Friendship
 Patchin
 Lighten-Up
 St. Mark's
 Wehrle
 Rainbow
 Open Mind
 Ridge
 Bidwell Monday
 Fredonia Friday Noon

N. F. Policy:
*Anniversaries must
 be submitted by
 the 12th
 of the
 month previous*



~~A.A. of the Niagara Frontier~~
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