

# NEW FRONTIERS

October 2008

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER  
We request that this newsletter be kept within the Fellowship to insure anonymity.

Come and see Joe, Kate, John, Peter, Ralph, Les, Judy, Amy, Heather,  
Paul, George, Rodney, Ruth, Brian, Ashley, Phil, Steve, Vinnie, Don,  
Jim, John, John, Dan, Adrian, Kerri, Sam, Bob, Ryan, Camille,  
John, John, John, Shannon, Thomas, Sheri, Mary Anne,  
Jane, Michael, Laura,  
Zoe, Jill, Gil-  
ligan, Victoria,  
reen, Ken, Joyce, Perry, Dawn, Jim

Kristi, Anthony, Jordan, Wendy, Barry, Ann, Ma,  
Fred, Erick, Elaine, Harry, Boyd,  
n, David, Malcolm, Leo,  
ne, Alan.

Cheryl, L., Glas, Paul, Gene, Jerry, Art, J.,  
Hugo, David, Judy, Rachel, George, Matt, Dan, Alicia, J., M,  
Geoff, Teresa, Stanley, Valerie, Kevin, Mark, Kandra, Cindy, Lucille, M,  
Nancy, S., Valente, is, Ch., Fern, Leroy, Keith,  
any,  
Linda,  
ck, T,  
ginia,  
Patricia.

we want to see YOU there fool! Panels; Spee,  
non: Al-Anon; Fellowship; Music & Dancing; Twelve Steps in action

## Principle: The Value of an Apology

One of the first thoughts that went through my mind in the early sobriety days was how many times I apologized - well, said "I was sorry" - and then repeated the same action I apologized for. Was it hundreds of times? It was a lot.

How does apologizing become valuable? I've said it so many times that the words "I'm sorry" became worthless. I certainly could not expect anyone to believe me.

What is an apology, anyway? Is it just saying I'm sorry? Is it making amends (like our Steps Eight and Nine), which is more like paying someone back for trouble I caused?

Consider our society today. The last time someone cut you off driving - did they apologize? Did they communicate using sign language instead?

How many people do you know that will try and put blame on others, so it's 'not their fault', & therefore never have to apologize? Do you have a boss who never makes a mistake? Maybe a spouse? People sue others these days because they were "wronged", whether purposely or not.

I looked up a few words to get us on the same page with definitions. First, the word apology: "An acknowledgement of some fault, injury, insult, etc., with an expression of regret and a plea for pardon."

The next word is amend: "To make better; improve; to remove

the faults of; to correct; to change or revise."

I also looked up remorse: "A strong feeling of guilt and regret over a wrong one has done."

Guilt means "an awareness of or responsibility for having done wrong or committed a crime, accompanied by feelings of shame and regret."

The last word, is sorry: "full of sorrow, pity, or sympathy; feeling or expressing regret for an action that has upset or inconvenienced somebody."

For the language connoisseurs (I'm NOT), also notice that "sorry and remorse" have *feelings* as part of their definition. Apology and remorse are nouns, usually for people, places, or things. Amend is a verb - which usually implies action. Sorry is an adjective, which describes a noun. So "sorry" is how you feel about something you need to *apologize* for or have *remorse* for, and the way you do it (the action part) is the *amend*.

Another way of looking at it is "how do we get rid of the guilt, shame, and remorse" that weigh us down? Make an amend.

Are you like me? I said I was sorry for my behavior while I was drinking, during my drinking and now sober. It was true - I really felt sorry about some of my actions. And, sorry is just a feeling. Sorry was the perfect word, because I wasn't ready to change my life, let alone admit that alcohol was the problem.

Fr. Ralph: "Apology is for *weaklings and cowards*. Such was the motto in the drinking days of the alcoholic, or even before his drinking days. In fact there was never anything to apologize for. Wasn't everybody else wrong; and were not we always right?"

"In A.A., we learn that it is necessary to be diligent in our mental hygiene; that apology, when apology is in order, is a necessary part of mental keeping house; that to omit such MIGHT, just MIGHT cause serious drink cravings even on the level of the subconscious. It has happened!"

So what happens when we make an apology, or basically tell someone else we have remorse regarding one of our actions? What is in it, or what is the value, to me, and to another person?

First, we simply admit we are capable of making mistakes. If I'm perfect (HA!), I'd never have to apologize. Coupled with that, I find I can't read other's minds, no matter how hard I try. That means I could be doing something I think is helpful, while in fact it may be hurtful.

We do not expect others to be perfect, either. We are a work in process, and so are our fellow A.A. members, as well as everyone else on the planet. I'm not perfect, so why should I expect perfection is others.

Is apologizing something we are normally inclined to do? How many times can we think of in the past when we should have said something, but re-

mained silent. "They will understand," we said to ourselves. "They are a fellow A.A. member so they know what it is like," and a hundred other excuses we used. It seems to me that I stopped saying I was sorry and started making apologies after learning how to do it from other A.A. members.

Last, making an apology will show others that we are genuinely concerned with their welfare, and not just a selfish person playing "it's all about me." Everyone has been on the receiving end of a true apology. Isn't that feeling just weird, maybe because it happens so rarely?

Fr. Ralph has a good story to close with: "John Doe hadn't had a drink for six years in A.A. He suddenly one day got a terrific craving for one. And in spite of all he could do and no matter how much or how often he "talked it out" with other members, it still remained – day in

and day out, hour in and hour out, minute in and minute out. Frantically and frightened he kept seeking advice. Then one day an A.A. came up with the question:

"Was there by chance anything or anyone that you deliberately *LEFT OUT OF YOUR MAKING AMENDS?* Was there anyone to whom you *WILLFULLY REFUSED TO APOLOGIZE?*"

"John thought hard. Suddenly he stammered, 'Yes, it was my brother-in-law, the so-and-so, *BUT HE WAS TO BLAME!* And even as late as two weeks ago he wrote me a snooty letter! Why, that...hey...two weeks ago, why that was the day this thing began!'

"His friend looked straight at him, grinned, and said 'Well, what are we waiting for? Where does this brother-in-law live?'

"It was a long trip. John took a plane. He went to his brother-in-law's office. He apologized asking no corners. And to this day he has had no further craving for a drink. This is a true story! 'When wrong, promptly admitted it...'

"Made *DIRECT* amends..."

Did you catch that – 'took a plane'? This was back in the 50', when it wasn't cheap to hop a plane. It adds definition to the phrase 'any lengths'. How about you? How do you describe 'any lengths'?

Chip R.  
Grand II Group

Sources: "The Golden Book Of Principles", by A Member of Alcoholics Anonymous, ©1954 The SMT Guild p. 17; "Encarta® World English Dictionary" (on line) © 1999 Microsoft Corporation; "Webster's New World Dictionary" © 1986.

### AURA

He said he'd been to the Golden Gate,  
And that he'd seen the Land of Haight.

The bridge of love, the gate so golden,  
Above the skies, true love beholden.

The love above the gilded sky,  
The beauty soars, the chosen, why?

Why do we choose the powers above,  
My dear, we're looking for long lost love.

We find it in the sky and earth,  
Reclaim yourself, your love, your worth.

--Wendy W., Eye Opener Group

## TO LIVE AND LET LIVE IS HARD

A.A. slogans can help us to think positively and grow spiritually if we apply them. "Live and Let Live" is difficult for many of us. That is because our members embrace so many different personalities, races, religions, lifestyles and habits.

We're all different but we're all in the same boat. And we all have the same last name: "Alcoholic." That is our common bond.

You or I may not like the way a person looks, dresses or behaves because he or she is "different" from us. A self-centered person may think that his or her way is the best way or, God forbid, the *only* way. You know, that person says "Everybody is out of step but me."

If we can keep an open mind and be teachable, A.A. can help us to evolve from that unhealthy state and recognize "different strokes for different folks."

I learned years ago that first impressions could be deceiving. Individuals who

turned me off at our first encounter became some of my dearest friends. The mannerisms that at first annoyed me gradually made me love them for their individuality and uniqueness. "A.A. has a wrench to fit every nut."

Some A.A.s, by their own admission, are engaged in lifestyles and activities that contradict my upbringing and beliefs. I try not to be judgmental. That is between them and their Higher Power. I do know that, "*There is no pillow as soft as a clear conscience.*" A.A. Steps and Traditions teach us the upward way. We have a choice.

I don't just want to "tolerate" a person. I want to love him or her spiritually. When we say the Lord's Prayer, watch out for the kicker. When we ask God to "forgive us...as we forgive." Say it like you mean it.

Peace be with you.

Gene O.  
First Step Group, Niagara Falls, NY

It's convention time again; no boredom to be found there. I know what I'm like, and sometimes I need more than the dance, which is why I'm glad they have a Talk-A-Thon.

What's a Talk-A-Thon? It is a large open discussion meeting, "California" style. Someone speaks for "whatever" length of time, then another speaks, and still another, and so on. It is an "endless meeting" of sorts.

There will be a Talk-A-Thon both Friday and Saturday nights, starting around 10:00 pm. They end when they end, which may be closer to sunrise than you think.

We are looking for moderators for the Talk-A-Thons, who will moderate a 90 minute or so time period. If you are interested, please contact me, Les (Eye Opener Group), at 912-8825, and leave a message if I don't answer the phone.

I invite all of you to stop by our Talk-A-Thon. You may be pleasantly surprised at the story you hear. You may also have a chance to give back to others - some of those in the room may be new to A.A.

## **MIKESpace.AA – View from the young and sober**

### **Life as a Series of Habits and Routines**

As a young person I'm supposed to be adventurous -- willing to go new places and try new things (have no fear). I suppose that I am open to this idea. The actual "how often I do it" is open to question.

The young are out to conquer and trail blaze. Our culture is selling as conventional wisdom that older generations are stuck in their ways. Indeed, my experience has shown me that daily routines are quite fixed for the majority of my more advanced (in years, that is) family members and acquaintances. Repetition and routine remain, because they are successful. This assumes that the repeated behaviors (or habits) are beneficial.

My nature as an alcoholic contributes to what causes me to repeat the same actions again and again, regardless of the inevitable unsuccessful outcomes. Have you ever heard "do the same thing and expecting different results?" I am glad to return to this space. It is familiar. I've continued to be a standard bearer for procrastination.

This year my summer habit has been to over-work and under-sleep for a day or two. That is followed by a day of oversleeping and accomplishing little while scrambling in attempts to feed myself, shower, and make it to work or live up to my other responsibilities.

I've been attending about 3 or 4 meetings every two weeks. I've gotten out of the habit of regular bedside prayer twice daily. I am most fortunate to still be among the sober today.

Commitment to my home group, contact with my sponsor and a few other sober alcoholics has been my connection to what provides the life I now have. Habits and routine of course have an equally positive effect on my life, now that they are not of the destructive nature. I am used to dealing with life sober now. Not drinking each day has ceased to be a struggle. It has not been sexy, nor always fun. My life is down right boring much of the time. Mentally I'm trying to catch up to where my body is physically.

The myths about the carefree nature of youth do not interest me today. My choice is to pursue a stable, decent life - which I'm told leads to becoming happy, joyous and free!

Michael K.  
The Valley Group

**Ham on Wry**

SAME SEASON, DIFFERENT SOUSE: Returning to his stadium seat, beers in hand, a football fan leaned over and asked a woman seated on the aisle, "Did I step on your feet when I went out?"

"Yes, you did," she smiled, ready to accept his apology.

"Good," exclaimed the drunk as he squeezed past her, "now I know this is the right row."

A.A. Grapevine  
July 1988 issue

IN MEMORIAM

**Things We Can Not Change**

Mickey G. 29 years- Sunday Morning Breakfast Group  
Nancy S.

To all our members who have lost family & loved ones our prayers are with you.

**Share your Experience, Strength and Hope.**

Please submit your announcements by the 12<sup>th</sup> for next months issue. Articles should be submitted by the 8<sup>th</sup> of the month for the next month's issue, space permitting.

Buffalo Central Office  
681 SENECA STREET  
(LOWER)  
Buffalo, New York 14210

Or

E-Mail address: [buffalooa@hotmail.com](mailto:buffalooa@hotmail.com) for announcements  
and [newfrontiers@roadrunner.com](mailto:newfrontiers@roadrunner.com) for articles

New Frontiers Committee Members: Chip R., Mike K., Chuck D., Gene O., Tom C., Don B.

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# OCTOBER ANNIVERSARIES

## Alexander

Chris H. 5y  
Joseph T. 17y

## Amherst Snyder

Mary Beth D. 6m  
Gina P. 6m  
Alan B. 6m  
Adam P. 1y  
Jennifer B. 3y  
Anne H. 3y  
Ron M. 3y  
Mark B. 4y  
Carol G. 4y  
Dave P. 7y  
Judy O. 10y  
Gary B. 14y  
Kevin N. 20y  
George F. 21y  
Jim M. 22y  
Beverly S. 37y

## Any Lengths

Rich M. 5y  
Paul C. 10y  
Mark S. 10y  
Joe M. 14y  
Dick K. 17y

## Cold Springs

Juanita D. 15y  
Andrew P. 19y  
Stanley B. 25y  
Lena S. 34y

## Courage

Marion D. 10y  
Justin G. 17y  
Paul K. 24y

## Easy Does It

Kirsten A. 3m  
Barbara H. 6m  
Jerome G. 5y  
John M. 23y

## Fireside

Jennifer P. 1y  
Tim D. 2y  
Mike A. 2y  
Dan R. 3y  
Cary S. 5y  
Tom F. 14y  
Joe K. 21y  
Bill P. 29y

## Freedom

Shelly H. 2y  
Bert S. 3y

## Fresh Start

Cheryl C. 15y

## Giving

Eric B. 15y

## Golden Slipper

Chris 1y

## Holland

Paul Sz. 20y

## Ironhorse

Kurt S. 9m  
Suzie F. 14y  
Valerie R. 19y

## Lakeshore

Gary P. 4y

## Lighten-Up

Jeanie P. 3y  
Christine G. 4y  
Melanie H. 5y  
Cary S. 5y  
Jack H. 14y  
Peter L. 14y

## Living in the

### Solution

Nancy H. 13y

### Living Sober

Nick G. 11y  
Joe S. 13y  
Robin C. 15y  
Tony B. 7=8y  
Sue D. 19y  
Valerie R. 19y

### Lockport#1

Sonja D. 6y  
Jim Y. 19y

### Lockport Ladies

Donna 3y  
Lisa S. 25y

### Loveloxy

Suzanne T. 6m  
Mike L. 9m

### North Buffalo

James S. 3y  
Joe V. 3y  
Patrick K. 3y

John L. 3y

Emmett C. 3y

Eric V. 3y

Dragica 4y

Pamela P. 5y

Burt H. 8y

Jerry C. 8y

Jebb T. 8y

Tod J. 9y

John J. 21y

### Orchard Park Step

Jim A. 3m

Ben 3m

Eric M. 3y

### Principles Before

### Personalities

Deb S. 1y

## Rise & Shine

Tocara H. 3m

Kim M. 3m

Alexis 6m

Greg C. 9m

Raymond S. 9m

Peter Z. 9m

April P. 9m

Calisha M. 1y

Charlana M. 4y

Chris S. 4y

Kevin M. 5y

Orlando H. 5y

Michele M. 6y

Patrick W. 6y

Linda F. 6y

Sonya O. 6y

Willie F. 6y

Elizabeth D. 7y

Connie C. 7y

Shawn S. 9y

Carol W. 9y

Carter 18y

Kim S. 19y

Charlie H. 21y

### Sheridan

Jean McG. 1y

Jeff L. 1y

Mike D. 3y

Bert S. 3y

Alex S. 6y

Gary B. 14y

Mike R. 20y

Paul H. 23y

### Spiritual Progress

MeMi 1y

Antoinette #y

Anne 11y

### Sun. Morning Br.

Valerie R. 19y

### Surrender & Hope

Paul H. 23y

### Thruway

Mary H. 6m

Mary S. 2y

Don B. 2y

Maggie M. 4y

Jim R. 7y

Michelle D. 15y

Helen S. 27y

Bud G. 28y

### Valley

Bob M. 10y

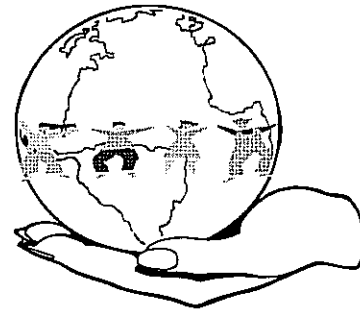
Al S. 28y

### Victory

Paul R. 18y

### Wehrle

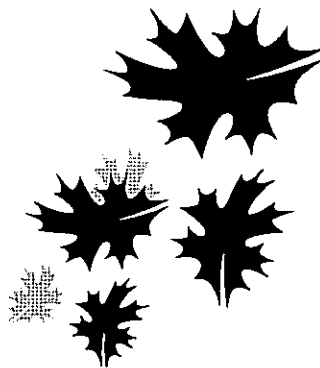
Donna E. 21y





## **Group Anniversaries**

Amsdell-Lakeshore; 43y  
Early Bird Step; 3y  
Hamburg; 47y  
Lighten-Up; 19y  
Lockport Nooners; 3y  
Maple Men's; 2y  
Open Mind; 31y  
Patchin; 32y  
Ridge; 11y  
Silver Creek Friendship; 39y  
Spingville New Life; 5y  
St. Mark's; 19y  
We Don't Know; 4y  
Wehrle; 16y

N. F. Policy:  
*Anniversaries must be submitted by the 12th of the month previous*



**sunday**      **monday**      **tuesday**      **wednesday**      **thursday**      **friday**      **saturday**

|  |  |   |   |   |
|--|--|---|---|---|
| <p><b>Central Office</b><br/>681 SENECA STREET<br/><b>LOWER</b><br/>Buffalo, NY 14210<br/>(716) 853-0388</p>   | <p><b>1</b></p> <p>1941: First New Haven, Conn., AA group is formed.</p>   | <p><b>2</b> EID-AL-FITR</p> <p>*1947: Birmingham, Ala., Service Guild or "Wives' Group," supporters of AA, has its first meeting.</p>   | <p><b>3</b></p> <p>22nd Annual Women In AA Fall Spiritual Weekend, St. Columbian Retreat House, Derby.</p> <p>1945: <i>The AA Grapevine</i> is adopted as the national publication of AA with 3,000 subscribers.</p>                                | <p><b>4</b></p> <p>1943: Fitz M., New York's AA #3, dies after suffering from cancer.</p>   |
| <p><b>5</b></p> <p><b>Central Committee Meeting, 7 pm, Buffalo Central Office, Corrections Committee Meeting, 6:00 PM, Buffalo Central Office, 681 Seneca</b></p>  | <p><b>7</b></p> <p>1937: Bill and Lois W. leave by automobile for Akron, Ohio.</p>   | <p><b>9</b> YOM KIPPUR</p> <p>*1958: Playhouse 90 TV airs <i>The Days of Wine and Roses</i>.</p>  | <p><b>10</b></p> <p>1970: Lois W. reads Bill's last message in New York.</p> <p>1988: Lois W. is buried next to Bill W.</p>   | <p><b>11</b></p> <p><b>It's a pity we can't forget our troubles the way we forget our blessings.</b></p> <p>*1945: Savannah, Ga., group is formed.</p>  |
| <p><b>12</b></p> <p><b>General Service Assembly, 1 PM., Hamburg Town Hall, 5999 South Park Ave., Hamburg.</b></p> <p>1943: <i>Des Moines Register</i> reports AA from Chicago visited to organize an AA group.</p> | <p><b>13</b> COLUMBUS DAY</p>  | <p><b>15</b></p> <p>1904: Marty M. is born in Chicago. She was founder of the National Committee for Education on Alcoholism, author of best-selling book <i>A Primer on Alcoholism</i>, and early AA member.</p> | <p><b>16</b></p> <p>*1949: NY area's first female AA member, Florence R. drinks again. She does not recover and later commits suicide.</p>  | <p><b>17</b></p> <p>*1951: The Lasker Award is given to AA by the American Public Health Association in San Francisco.</p>  |
| <p><b>19</b></p> <p><b>"We of ALCOHOLICS ANONYMOUS..."</b><br/>—The first of four words in <i>The Big Book</i>, first ed.</p>  | <p><b>14</b> SUKKOT</p>                     | <p><b>16</b></p> <p>*1949: NY area's first female AA member, Florence R. drinks again. She does not recover and later commits suicide.</p>  | <p><b>17</b></p> <p>1935: Ebby T., Bill W.'s boyhood friend who introduced him to the Oxford Group, moves in with him and Lois.</p>   | <p><b>18</b></p> <p><b>A.A. of Jamestown 63rd Anniversary, Radisson Inn, 150 West 4<sup>th</sup> St.,</b></p>   |
| <p><b>26</b></p> <p>*1937: AA meetings are held weekly at Bill and Lois W.'s home at 182 Clinton St., Brooklyn; it is the first New York AA group.</p>   | <p><b>20</b></p> <p>1941: White Plains, N.Y., <i>Reporter-Dispatch</i> writes on Eastview AA's work in Westchester Prison.</p> | <p><b>21</b></p> <p>1939: <i>Cleveland Plain Dealer</i> publishes series on AA by Elrick B. Davis, which sparks "mass-produced" sobriety in the Ohio area.</p>  | <p><b>22</b></p> <p>1963: E.M. Jellinek, alcoholism researcher, educator, and long-time friend of AA, dies.</p>   | <p><b>23</b></p> <p><b>"Is it possible that all the religious people I have known are wrong?"</b><br/>—<i>The Big Book</i></p>  |
| <p><b>27</b></p> <p><b>Elevators not working? Use the Steps.</b></p>   | <p><b>28</b> DIWALI</p> <p>1994: The National Council on Alcoholism has its 50th anniversary in Washington, D.C.</p>           | <p><b>29</b></p> <p>*1942: <i>Chicago Herald-American</i> writes on Chicago AA group's third anniversary, which 500 attend.</p>   | <p><b>24</b></p>  <p><b>Silver Creek Friendship Group Anniversary, Friday @ 8:30 PM. Speaker followed by an eating meeting. Please bring a dish to share.</b></p> | <p><b>24</b></p> <p><b>Easy Does It Group is sponsoring a Halloween Dance, Parkside Lutheran Church, Corner of Depew and Wallace Sts. Speaker at 7PM, dance to follow. Costumes are welcome. Bring a dish if you wish. Tickets are \$6 in advance or at the door.</b></p> |
| <p><b>29</b></p> <p>*1942: <i>Chicago Herald-American</i> writes on Chicago AA group's third anniversary, which 500 attend.</p>  | <p><b>30</b></p> <p>1942: <i>Los Angeles Times</i> reports California has 14 AA groups.</p>                                    | <p><b>30</b></p> <p>1942: <i>Los Angeles Times</i> reports California has 14 AA groups.</p>   | <p><b>31</b> 67th BUFFALO FALL CONVENTION: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst.</p> <p><b>Sunday Ascension is sponsoring a Halloween Party, 7-10 PM, doors open @ 6.55 in advance, \$6 at the door.</b></p>                       | <p><b>31</b></p> <p><b>"Perhaps we have committed a criminal offense which might land us in jail..."</b><br/>—<i>The Big Book</i></p>   |

\* OCCURRED SOME TIME DURING THIS MONTH \*\* OCCURRED SOME TIME DURING THE YEAR



**PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)**

*BUFFALO CENTRAL OFFICE  
ALCOHOLICS ANONYMOUS  
(716) 853-0388  
9:00 AM- 12:30PM, 2:00 PM- 4:30 PM  
Schedule on line at: [www.ny-aa.org](http://www.ny-aa.org) &  
[www.Buffaloaany.org](http://www.Buffaloaany.org)*

*681 SENECA STREET (Lower)  
BUFFALO, NEW YORK 14210  
Fax: 853-0389  
[www.buffaloaany.org](http://www.buffaloaany.org)  
[buffalooa@hotmail.com](mailto:buffalooa@hotmail.com)*

**OCTOBER 2008**

**MEETING CHANGES:**

- IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.
- IF YOUR GROUP IS NOT RECEIVING THE BULLETIN, PLEASE CALL THE CENTRAL OFFICE TO UPDATE THE GROUP CONTACTS. THANK-YOU.
- **New Group: Akron Awareness**, Saturday's, 8 PM, Dee Wright Community Center, Corner of Church @ John St., Akron.
- **New Meeting; Suburban (High Hopes)**, Brighten Community Baptist Church, 1225 Brighten Rd. @ Parkside, Tonawanda, 14150. Wed. 6 PM & Sat. 8 PM. Open Discussion.
- **New Group: SOBER TRAIN (Young Peoples)**, Saturday's, 7 PM. Central Park United Methodist Church, 216 Beard Ave, Buffalo, North. Open Meeting.
- **Kensington Group has moved** to Christ United Methodist Church, 350 Saratoga Rd. @ Harlem, Cheektowaga. Tuesday's, 7:45 PM.

**COMING EVENTS**

- ~ Aug. 20, **Special Needs Committee**, before "As Bill See's It Group", 6:30 PM, Hamburg Presbyterian Church, 117 Main St., Hamburg
- ~ Sept 30, **Steering Committee**, 6 PM, Central Office, 681 Seneca Street.
- ~ Oct 5, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office, 681 Seneca Street. (Hosted by Solidarity)
- ~ Oct 5, **Corrections Committee Meeting**, SUNDAY, 6:00 PM, Buffalo Central Office, 681 Seneca Street (lower).
- ~ Sept 17, **Public Information Committee meeting**, Wednesday, Buffalo Central Office, 7 PM.

- ~Oct.3-5, **22nd Annual Women In AA Fall Spiritual Weekend**, St. Columbian Retreat House, Derby. Speakers, groups, advisors, bonfire, beautiful surroundings, food, fun & endless coffee. \$125; 3days, 2 nights + meals & coffee. More Info contact: Marilyn S.: 799-4094.
- ~ Oct. 12, **General Service Assembly**, 1 PM., Hamburg Town Hall, 5999 South Park Ave., Hamburg.
- ~ Oct 18, **A.A. of Jamestown 63rd Anniversary**, Saturday, Radisson Inn, 150 West 4<sup>th</sup> St., 4 Speakers, Panels, Banquet, Fellowship & Dance. Registration, \$10, Registration + Banquet, \$30. Banquet Registrations by Oct. 6<sup>th</sup>. For more info call; Cliff W. 720-5232, Bruce Y. 487-1343.
- ~ Oct. 24, **Silver Creek Friendship Group Anniversary**, Friday @ 8:30 PM. Speaker followed by an eating meeting. Please bring a dish to share. Everyone is welcome.
- ~ Oct. 25, **Easy Does It Group is sponsoring a Halloween Dance**. Parkside Lutheran Church, Corner of Depew and Wallace Sts. Speaker at 7PM, dance to follow. Costumes are welcome. Bring a dish if you wish. Tickets are \$5 in advance or at the door.
- ~ Oct. 31- Nov. 2, **67th. BUFFALO FALL CONVENTION**: Buffalo Marriott Hotel, 1340 Millersport Hwy. Amherst.
- ~ Oct 31, **Sunday Ascension is sponsoring a Halloween Party**. 7- 10 PM, doors open @ 6. \$5 in advance, \$6 at the door. Speaker, food, music & prizes for best costume.
- ~ Nov 8, **16<sup>th</sup> Annual 4<sup>th</sup> Step Workshop** sponsored by " Living in the Solution" Group. 10am- 4pm. Amity Club, 340 Military Rd. (corner of Hertel). \$5 donation (to cover the cost of workshop & food) Limited seating, Flyer enclosed.

**10th STEP: "Continued to take personal inventory and when we were wrong promptly admitted it."**

**10th TRADITION: "Alcoholics Anonymous has no opinion on outside issues; hence the A.A. name ought never be draw into public controversy."**

**10<sup>th</sup> CONCEPT; Every service responsibility should be matched by an equal service authority, with the scope of such authority well defined**

**PLEASE SUPPORT THE ENVELOPE SYSTEM**

*... Yours in the Fellowship of the Spirit...*

*Terry B.... Executive Secretary*

## Buffalo Central Committee Minutes

September 7, 2008

Jay H., Committee Chair, opened the meeting at 7:00 pm with a moment of silence and the Serenity Prayer. Constance W., Fresh Start Group, read the Preamble; Peggy K., from Women Making The Effort Group read the Purpose of the Central Committee. Kim S., from Living Sober Group read the Twelve Traditions. A motion was made to accept August's minutes as written by John H., from Sunday Morning Breakfast Group; seconded by Mark from Lakeshore Group.

31 Groups were represented: Dist. #1: Journey, Main and High, Rise and Shine; Dist.#2: Grand II Joy of Living, Living Sober, North Buffalo, Survivors, Step Action; Dist.#3: Abbott Men's Disc., Courage, Ironhorse, Sunday Morning Breakfast, Thruway, Try Again; Dist.#4: Hillbilly, Orchard Park Step; Dist.#5: Big Book Lockport, Lockport #1, Lockview; Dist.#6: Amsdell Lakeshore, Carrying The Message, Go To Any Lengths, Lakeshore; Dist.#7: Fresh Start, Lovejoy, Spirit of Hope; Dist.#8: Amherst Snyder, Midnight Discussion, Wehrle, Williamsville, Women Making the Effort,

### COMMITTEE REPORTS

**ENVELOPE SYSTEM:** No report.

**STEERING COMMITTEE:** Sharon C., Dist. #3: Present: Financial Chair, Co-Chair, Dist. 2 – 7; Dist. 5 report spreading news of the fall convention. Old business: Dist. 8 representative is needed. New business: 1) steering committee recommends an ad-hoc committee be formed to look into possible alternate to Central Office – intergroup format; 2) Bob H., Co-chair has submitted his resignation effective 9/9/08.

**FINANCIAL REPORT:** Mark, Lakeshore Group read report.

**TREATMENT:** No report.

**CORRECTIONS:** No report.

**SCREENERS:** We are preparing for 2009 and our theme will be connecting sponsorship and 12-Step work. Sponsorship and responsibility, sponsorship and unity, sponsorship and communication. These are the things that are lacking in the fellowship of Alcoholics Anonymous today. We will be going to groups and talking about what was read and this will take up most of 2009. If not we will add on when that time comes.  
Don B. and Jeanmarie C.

**CENTRAL OFFICE:** AA INFO: 178; 12-STEP: 2; ALANON: 4; PIC:1; VISITORS: 85; VOLUNTEERS: 16  
The new schedule is now available. I will be out of the office from Sept 24 – 29, participating in the exchange nationwide of our experience, strength and hop at the Central Office Intergroup Seminar. We have new neighbors. A reminder to everyone that uses the office in the off-hours to make sure the back door is both closed and locked. When the building personnel were working next door, they found our back door on a Sunday evening unlocked. Also, we have to this point had a set electric bill, shared with our neighbors. The building is planning on separating meters. At that time we will be paying whatever the meter tracks as our usage. Our greatest strength in AA is our unity. I would like to thank those that came forward to help out at the office during my vacation. Although, I understand, there were a couple of snags, I thank you for putting in your time, showing positive action. So often all I can see is the 1% of what is wrong, rather than focus on the 99% of what is right. With God's help I pray to have a more balanced perspective. That being said, I would like to apologize to this body for being so sensitive last month.

Yours in the fellowship of the Spirit  
Terry B., Executive Secretary

**NEW FRONTIER:** Report by Chip, Committee Chair: Next issue to promote Fall Convention; the value of apology – principle; to live and let live.

**PIC:** No report.

**PAST CONVENTION:** No report.

**CURRENT CONVENTION:** no written report. Reminder to people who volunteered for the Hospitality staff to remember their commitments.

**AD-HOC COMMITTEES:**

**INCORPORATION:** Terry B. reported on letter from the attorney.

**WEBSITE:** No report.

**GSA LIAISON:** No report.

**CPC:** No report.

**ARCHIVES:** Tom B., Archivist: We meet in the Central Office the 4<sup>th</sup> Saturday of every month unless notified like this month we will be meeting a week earlier on the 20<sup>th</sup> due to an all Archives committee meeting in Hamilton, Ontario. Everything is set for our National Archives Workshop Sept. 11 – 12 at the Days Inn in Niagara Falls, NY. Our last meeting will be this coming Tuesday. Please come and attend we are always looking for help. We would like to thank the North Buffalo group for their donation. Also thanks to the New Frontiers for front page coverage of upcoming workshop. Next display is Action Group anniversary on September 28 at 9:00 AM

**RECAP:** Treatment: Tracy, Ironhorse Group stated that ECMC need coverage and locker locks being tampered with. Next meeting, 3<sup>rd</sup> Monday in September 6 p.m. at Central Office. Central Office: Donna, Wherle Group asked if new schedules are being printed. Terry answered yes. Incorporation: Shawn C., asked what progress had been made in incorporation process. Three years have passed with no end in sight. Current convention: Jack, Lockport #1, Greeters Chair asked for volunteers.

**OLD BUSINESS:** None

**NEW BUSINESS:** District 1 and District 8 need representatives. Joli, Lakeshore Group appointed Co-Chair of Central Committee due to resignation of Bob H., Williamsville. Tom B., Archivist, motioned for a \$200 donation from Central Office for the National Archives Workshop. Donna, Wherle group seconded motion. Discussion followed; Shawn C. stated that we are in no financial condition to donate anything to any committee. A vote was taken, motion passed unanimously. Patti S., Going to Any Lengths, mentioned that protocol should be observed at all Central Committee meetings and all questions should be answered respectfully. Shawn C., Abbott Men's, motioned a deadline for incorporation to be January 1, 2009. Patti S., seconded. Motion passed. Shawn C., Abbott Men's, motioned an ad-hoc committee be formed to look into possible alternate to Central Office in an intergroup format – all volunteer. Seconded by Patti S. Motion was tabled by John H., Sunday Morning Breakfast Group.

Motion to adjourn by Cindy, seconded by Constance, Fresh Start Group. Meeting adjourned at 7:45 pm with The Lord's Prayer.

Minutes respectfully submitted by: Recording Secretary, John H., Sunday Morning Breakfast.

| Income Statement                    |                                   | May-08           | Jun-08            | Jul-08          | Aug-08          |                     |
|-------------------------------------|-----------------------------------|------------------|-------------------|-----------------|-----------------|---------------------|
| <b>Beg Bal Cash on hand</b>         |                                   | <b>8,586.61</b>  | <b>10,908.60</b>  | <b>8,833.60</b> | <b>9,198.75</b> |                     |
| <b>Contributions</b>                |                                   |                  |                   |                 |                 |                     |
|                                     | Groups                            | 4,438.45         | 4,863.26          | 4,194.18        | 2,823.93        | <b>32,782.74</b>    |
|                                     | Joint Meeting                     | 58.00            | 56.00             | 45.00           | 55.00           | 493.25              |
|                                     | Envelope System                   | 468.00           | 172.00            | 54.00           | 405.00          | 4,390.00            |
|                                     | New Frontiers Subs                | 56.00            | 20.00             | 54.00           | 30.00           | 380.00              |
|                                     | Literature/Medallions/Pins        | 3,556.70         | 1,871.80          | 2,974.45        | 2,084.35        | 24,337.14           |
|                                     | Literature Postage                | 69.44            | 32.74             | 84.37           | 56.31           | 456.47              |
|                                     | Archives Room Rent                | 50.00            | 50.00             | 50.00           | 50.00           | 450.00              |
|                                     | Meetings at CO                    | 48.50            | 45.85             | 51.00           | 35.00           | 380.47              |
|                                     | Mail/Misc.                        |                  |                   |                 | 25.00           | 25.00               |
|                                     | US Treasury                       |                  |                   |                 |                 | 96.32               |
|                                     | Reconcille                        |                  |                   |                 |                 |                     |
|                                     | "Gratitude Month" (NOV)           |                  |                   |                 |                 |                     |
|                                     | Conventions/Day of Sharing        |                  |                   | 157.09          |                 | 233.62              |
| <b>Monthly Income</b>               |                                   | <b>8,745.09</b>  | <b>7,111.45</b>   | <b>8,244.09</b> | <b>5,574.59</b> | <b>64,025.01</b>    |
| <b>Expenses</b>                     |                                   |                  |                   |                 |                 |                     |
|                                     | Office Rent                       | 869.94           | 869.94            | 869.94          | 869.94          | 6,939.61            |
|                                     | Electric                          | 90.00            | 90.00             | 90.00           | 90.00           | 720.00              |
|                                     | Payroll                           |                  |                   |                 |                 |                     |
|                                     | Salaries - gross                  | 3,029.35         | 2,423.48          | 2,520.40        | 2,520.40        | 20,793.42           |
|                                     | Federal Withholdings              | (496.75)         | (397.40)          | (418.68)        | (418.68)        | (3,420.46)          |
|                                     | NYS Withholdings                  | (120.00)         | (96.00)           | (104.00)        | (104.00)        | (832.00)            |
|                                     | Disability Insurance              | (3.00)           | (2.40)            | (2.40)          | (2.40)          | (20.40)             |
|                                     | Payroll Tax Deposits              |                  |                   |                 |                 |                     |
|                                     | Federal                           | 728.50           | 582.80            | 582.80          | 811.48          | 5,233.39            |
|                                     | State                             |                  |                   | 398.64          |                 | 1,195.92            |
|                                     | Insurance                         |                  |                   |                 |                 |                     |
|                                     | State Ins Fund                    |                  |                   |                 |                 | 289.52              |
|                                     | Health                            | 354.00           | 354.00            | 354.00          | 354.00          | 2,832.00            |
|                                     | Liability                         |                  |                   |                 |                 | 1,161.99            |
|                                     | Postage                           | 49.47            | 48.86             | 701.82          | 49.87           | 2,205.59            |
|                                     | Phone                             | 111.22           | 171.47            | 166.88          | 166.83          | 1,119.01            |
|                                     | Accounting                        |                  | 1,965.00          |                 |                 | 1,965.00            |
|                                     | Advt                              |                  |                   |                 |                 |                     |
|                                     | PIC Lit.                          |                  |                   |                 |                 |                     |
|                                     | Talking Phone Book                |                  |                   |                 |                 |                     |
|                                     | Verizon; Idearc Media website     | 137.50           | 137.50            | 140.85          | 140.85          | 1,107.55            |
|                                     | white directory                   |                  |                   |                 |                 | 507.60              |
|                                     | Yellow Pages                      | 399.99           |                   |                 |                 | 399.99              |
|                                     | Literature Expenses               |                  |                   |                 |                 |                     |
|                                     | Grapevine                         |                  |                   |                 |                 | 324.00              |
|                                     | World Services Inc                |                  | 2,252.30          |                 | 464.01          | 8,399.67            |
|                                     | Hazeldon                          | 411.11           |                   | 609.48          |                 | 2,052.92            |
|                                     | "In All Our Affairs"              |                  |                   |                 |                 |                     |
|                                     | Printers                          |                  |                   |                 |                 | 1,980.00            |
|                                     | Medallions                        |                  |                   |                 | 286.36          | 593.82              |
|                                     | PINS                              |                  |                   |                 |                 | 316.50              |
|                                     | Office Supplies                   | 123.16           |                   | 84.93           | 33.13           | 1,245.46            |
|                                     | Answering service                 | 140.51           | 188.90            | 153.28          | 161.44          | 1,292.52            |
|                                     | Minolta leasing (copier)          | 468.00           | 468.00            | 1,595.00        | 223.00          | 4,403.00            |
|                                     | Minolta Copies/ service contract  | 130.00           | 130.00            | 130.00          | 130.00          | 1,040.00            |
|                                     | CD                                |                  |                   |                 |                 |                     |
|                                     | Convention/Day of Sharing Seed \$ |                  |                   | 6.00            |                 | 1,204.20            |
|                                     | Seminar                           |                  |                   |                 |                 | 923.31              |
|                                     | Depreciation                      | 100.00           | 100.00            | 100.00          | 100.00          | 800.00              |
| <b>Monthly Expenses</b>             |                                   | <b>6,523.00</b>  | <b>9,286.45</b>   | <b>7,978.94</b> | <b>5,676.23</b> | <b>66,773.13</b>    |
| <b>Monthly Income (Loss)</b>        |                                   | <b>2,222.09</b>  | <b>(2,175.00)</b> | <b>265.15</b>   | <b>(101.64)</b> | <b>(\$2,748.12)</b> |
|                                     | Depreciation add back(non-cash)   | 100.00           | 100.00            | 100.00          | 100.00          | 800.00              |
| <b>End Bal Cash on hand</b>         |                                   | <b>10,908.60</b> | <b>8,833.60</b>   | <b>9,198.75</b> | <b>9,197.11</b> |                     |
|                                     | CD PRUDENT                        | 6,466.37         | 6,474.53          | 6,482.43        | 6,490.61        |                     |
|                                     | CD#2 RESERVE                      | 8,896.52         | 8,927.95          | 8,937.04        | 8,946.46        |                     |
| Assets: Literature & Medallions     |                                   | 17,043.95        | 15,013.25         | 15,197.40       | 14,076.30       |                     |
| Literature Receivable:(outstanding) |                                   | 425.00           | 786.32            | 953.91          | 575.44          |                     |
| <b>Corrections Facillites</b>       |                                   | <b>1,440.19</b>  | <b>1,414.19</b>   | <b>1,792.34</b> | <b>1,672.46</b> |                     |
|                                     | Contributions                     | 265.00           | 378.15            | 190.00          | 171.18          | 1,935.50            |
|                                     | Expenses                          | 291.00           |                   | 309.88          | 150.00          | 1,317.38            |
| <b>Balance</b>                      |                                   | <b>1,414.19</b>  | <b>1,792.34</b>   | <b>1,672.46</b> | <b>1,693.64</b> | <b>618.12</b>       |
| <b>Treatment Facilities</b>         |                                   | <b>2,025.31</b>  | <b>2,265.31</b>   | <b>2,437.42</b> | <b>2,627.42</b> |                     |
|                                     | Contributions                     | 240.00           | 405.66            | 190.00          | 146.18          | 1,887.84            |
|                                     | Expenses                          |                  | 233.55            |                 |                 | 233.55              |
| AT & T Bridging The Gap             |                                   |                  |                   |                 |                 | -                   |
| AAA Abolt Answering Service         |                                   |                  |                   |                 |                 | -                   |
|                                     | Literature                        |                  |                   |                 |                 | 300.00              |
| <b>Balance</b>                      |                                   | <b>2,265.31</b>  | <b>2,437.42</b>   | <b>2,627.42</b> | <b>2,773.60</b> | <b>533.55</b>       |
|                                     |                                   |                  |                   |                 |                 | <b>1,354.29</b>     |

**YTD**

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GROUP CONTRIBUTIONS

| GROUP                                | CENTRAL       | CORRECTIONS | TREATMENT   |
|--------------------------------------|---------------|-------------|-------------|
| "Not Yet Named"                      | 100.00        | 0.00        | 0.00        |
| One Day At A Time                    | 0.00          | 0.00        | 0.00        |
| On The Cliffs                        | 0.00          | 0.00        | 0.00        |
| Open Arms                            | 200.00        | 0.00        | 0.00        |
| Open Mind                            | 0.00          | 0.00        | 0.00        |
| Opportunity                          | 50.00         | 0.00        | 0.00        |
| Orchard Park Step                    | 594.60        | 75.00       | 75.00       |
| Pass It On                           | 0.00          | 0.00        | 0.00        |
| Patchin                              | 0.00          | 0.00        | 0.00        |
| Pathway To Peace                     | 0.00          | 0.00        | 0.00        |
| Pendleton Chapter Five               | 0.00          | 0.00        | 0.00        |
| Point of No Return                   | 0.00          | 0.00        | 0.00        |
| Positively Living/Ret./Guiding Light | 1100.00       | 0.00        | 0.00        |
| Powerless                            | 45.00         | 0.00        | 0.00        |
| Pride                                | 40.00         | 5.00        | 5.00        |
| Primary Purpose                      | 0.00          | 0.00        | 0.00        |
| Principles Bef. Personalities        | 10.00 55.00   | 0.00        | 0.00        |
| Progress                             | 0.00          | 0.00        | 0.00        |
| Purpose/Tonawanda                    | 400.00        | 0.00        | 0.00        |
| Questions & Answers                  | 70.00         | 0.00        | 0.00        |
| Rainbow                              | 0.00          | 0.00        | 0.00        |
| Ray of Hope                          | 20.00 80.00   | 0.00        | 0.00        |
| Reco. Women in the BB.               | 0.00          | 0.00        | 0.00        |
| Recovery Near the Gardens            | 10.00         | 0.00        | 0.00        |
| Redeemers                            | 30.00         | 0.00        | 0.00        |
| Reflections                          | 0.00          | 0.00        | 0.00        |
| Reflections on Recovery              | 0.00          | 0.00        | 0.00        |
| Remember When                        | 15.00         | 0.00        | 0.00        |
| Renewal                              | 0.00          | 0.00        | 0.00        |
| Ride Sober                           | 0.00          | 0.00        | 0.00        |
| Ridge                                | 40.00         | 20.00       | 20.00       |
| Rise and Shine                       | 20.00 70.10   | 0.00        | 0.00        |
| Rochester                            | 0.00          | 0.00        | 0.00        |
| Roland                               | 0.00          | 0.00        | 0.00        |
| Rural is Plural                      | 0.00          | 0.00        | 0.00        |
| Sally                                | 0.00          | 0.00        | 0.00        |
| Saratoga                             | 0.00          | 0.00        | 0.00        |
| Sat. Night in Recovery               | 0.00          | 0.00        | 0.00        |
| Sat. Nite Sober                      | 0.00          | 0.00        | 0.00        |
| Sat. Midnights                       | 0.00          | 0.00        | 0.00        |
| Searching For Serenity               | 0.00          | 0.00        | 0.00        |
| Second Chance                        | 0.00          | 0.00        | 0.00        |
| Serenity                             | 450.00        | 0.00        | 0.00        |
| Serenity Circle                      | 0.00          | 0.00        | 0.00        |
| Serenity in the Park                 | 0.00          | 0.00        | 0.00        |
| Serenity on the Lake                 | 70.00         | 0.00        | 0.00        |
| Serenity Shack Nooners               | 0.00          | 0.00        | 0.00        |
| Serenity Trails                      | 0.00          | 0.00        | 0.00        |
| Setaside                             | 0.00          | 0.00        | 0.00        |
| Sheridan                             | 40.00         | 0.00        | 0.00        |
| Silvercreek Friendship               | 30.00         | 0.00        | 0.00        |
| Sober and Proud                      | 0.00          | 0.00        | 0.00        |
| Sober Saturday                       | 160.00 250.00 | 20.00 50.00 | 20.00 50.00 |
| Sober Trails                         | 40.00         | 0.00        | 0.00        |
| Sober Winners                        | 0.00          | 0.00        | 0.00        |
| Sobriety Comes First                 | 0.00          | 0.00        | 0.00        |
| Sobriety for Women                   | 0.00          | 0.00        | 0.00        |
| Sobriety Men's Disc.                 | 85.00         | 85.00       | 85.00       |
| Sobriety On The Canal                | 100.00        | 0.00        | 0.00        |
| Sobriety on a Sat. Night             | 40.00         | 0.00        | 0.00        |
| Sobriety on the Lake                 | 0.00          | 0.00        | 0.00        |
| Soldierly                            | 39.55 435.79  | 0.00        | 0.00        |
| Somerset                             | 0.00          | 0.00        | 0.00        |
| South Buffalo                        | 600.00        | 0.00        | 0.00        |
| South Town                           | 285.00        | 0.00        | 0.00        |
| Southgate                            | 0.00          | 0.00        | 0.00        |
| Southwestern                         | 130.00        | 0.00        | 0.00        |
| Spirit of Hope                       | 100.00        | 0.00        | 0.00        |
| Spiritual Progress                   | 165.00        | 0.00        | 0.00        |
| Springville Sat. Afternoon           | 78.00         | 0.00        | 0.00        |
| Springville Tues. Night              | 120.00        | 0.00        | 0.00        |
| Springville Wed. Noon                | 15.00 85.00   | 0.00        | 0.00        |
| Springville New Life                 | 20.00         | 0.00        | 0.00        |
| St. Barnabas                         | 0.00          | 0.00        | 0.00        |
| St. Mark's                           | 0.00          | 0.00        | 0.00        |
| Starting Over                        | 100.00 500.00 | 0.00        | 0.00        |
| Staying Alive                        | 0.00          | 0.00        | 0.00        |
| Step Action Group                    | 600.00        | 0.00        | 0.00        |
| Step Work                            | 30.00         | 0.00        | 0.00        |
| Stepping Stones/Gov.                 | 0.00          | 0.00        | 0.00        |
| Stepping Stones/Wil.                 | 0.00          | 0.00        | 0.00        |
| Sunday Afternoon Ascension           | 0.00          | 0.00        | 0.00        |
| Sunday in Cattaraugus                | 0.00          | 0.00        | 0.00        |
| Sunday Morning Breakfast             | 550.00        | 0.00        | 0.00        |
| Sunday @ 8:00                        | 0.00          | 0.00        | 0.00        |
| Sunday Niters                        | 0.00          | 0.00        | 0.00        |
| Sunday Third Group                   | 0.00          | 0.00        | 0.00        |
| Sunrise Court                        | 445.00        | 100.00      | 100.00      |
| SUNY Amherst Campus                  | 35.85         | 0.00        | 0.00        |
| Surrender and Hope                   | 260.00        | 70.00       | 70.00       |
| Survivors                            | 0.00          | 0.00        | 0.00        |
| TFC-12 Step Call                     | 0.00          | 0.00        | 0.00        |
| TGIF                                 | 0.00          | 0.00        | 0.00        |
| Thankful                             | 15.00 40.00   | 0.00        | 0.00        |
| The Book Meeting                     | 0.00          | 0.00        | 0.00        |
| Three Legacies                       | 58.19         | 7.63        | 7.63        |
| Those Too                            | 0.00          | 0.00        | 0.00        |
| Thruway                              | 325.00        | 0.00        | 80.00       |
| Thurs. Nite Sleepers                 | 0.00          | 0.00        | 0.00        |
| Thursday Big Book                    | 384.00        | 0.00        | 0.00        |
| Thursday PM Discussion               | 100.00        | 0.00        | 0.00        |
| TnT                                  | 180.00        | 0.00        | 0.00        |
| Today                                | 0.00          | 0.00        | 0.00        |

| GROUP                   | CENTRAL      | CORRECTIONS | TREATMENT                    |
|-------------------------|--------------|-------------|------------------------------|
| Today's Woman           | 10.00        | 10.00       | 0.00                         |
| Tri County              | 72.00        | 36.00       | 12.00                        |
| Tri-Step Beginners      | 0.00         | 0.00        | 0.00                         |
| Try Again               | 280.00       | 20.00       | 20.00                        |
| Tuesday Men's AM        | 50.00        | 0.00        | 0.00                         |
| Tuesday Women's         | 100.00       | 100.00      | 100.00                       |
| Turning Point           | 100.00       | 25.00       | 25.00                        |
| Twin Cities             | 100.00       | 0.00        | 0.00                         |
| Unity                   | 0.00         | 0.00        | 0.00                         |
| University Men's Disc.  | 0.00         | 0.00        | 0.00                         |
| Valley                  | 300.00       | 0.00        | 0.00                         |
| Victory                 | 100.00       | 0.00        | 0.00                         |
| Victory Women's         | 50.00        | 0.00        | 0.00                         |
| Wake Up Call            | 25.00        | 0.00        | 0.00                         |
| WE                      | 56.00        | 4.00        | 4.00                         |
| We Are Not Saints       | 0.00         | 0.00        | 0.00                         |
| We Care                 | 150.00       | 50.00       | 100.00                       |
| We Don't Know           | 40.00 788.98 | 0.00        | 0.00                         |
| Wehrle                  | 60.00        | 0.00        | 0.00                         |
| Westfield               | 0.00         | 0.00        | 0.00                         |
| Westminster             | 0.00         | 0.00        | 0.00                         |
| Why                     | 0.00         | 0.00        | 0.00                         |
| Williamsville           | 75.00        | 0.00        | 0.00                         |
| Willing To Grow         | 400.00       | 400.00      | 0.00                         |
| Wilson Group            | 5.45 77.95   | 17.49       | 0.00                         |
| Wilson Smith Alumni     | 150.00       | 0.00        | 0.00                         |
| Women In Sobriety       | 0.00         | 0.00        | 0.00                         |
| Women Making the Effort | 158.00       | 15.50       | 15.50                        |
| Women's Step Action     | 0.00         | 0.00        | 0.00                         |
| Women's West Side       | 0.00         | 0.00        | 0.00                         |
| Working                 | 0.00         | 0.00        | 0.00                         |
| Young at Heart          | 0.00         | 0.00        | 0.00                         |
| Youngstown              | 0.00         | 0.00        | 0.00                         |
| Anonymous               | 100.00       | 0.00        | 0.00                         |
| Frank & Margie P.       | 50.00        | 0.00        | 0.00                         |
| Gary K.                 | 62.00        | 0.00        | 0.00                         |
| John F. H.              | 22.00        | 0.00        | 0.00                         |
| Edward O'D.             | 80.00        | 0.00        | 0.00                         |
| Henrietta W.            | 50.00        | 0.00        | 0.00                         |
| Fran I.                 | 150.00       | 0.00        | 0.00                         |
| Arthur                  | 100.00       | 0.00        | 0.00                         |
| Martha M.               | 50.00 50.00  | 0.00        | 0.00                         |
|                         |              | 0.00        | 0.00                         |
|                         |              | 0.00        | 0.00                         |
|                         |              | 0.00        | 0.00                         |
| TOTALS                  | 2823.93      | 32782.74    | 171.18 1935.50 146.18 1867.8 |

ATTENDED CENTRAL COMMITTEE



IF MY FAMILY, MY BOSS, MY CHURCH AND ALL OF THE POLITICIANS, WOULD LEAVE ME ALONE, I WOULD QUIT DRINKING

Bob W. Cattaraugus, PA

A. A. on the Niagara Frontier

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# 67th Buffalo Fall Convention

October 31 thru November 2, 2008

Friday, Saturday and Sunday

## FRIDAY WORKSHOP

"Steps, Traditions  
and Concepts"  
6:00 p.m.

## ALKATHONS

Friday and Saturday

## DANCES

Friday and  
Saturday Nights  
(Halloween costumes  
optional Friday)

## REGISTRATION OPENS

1:00 p.m. Friday  
8:00 a.m. Saturday

## EARLY BIRD SPEAKER

4:30 p.m. Friday

## ARCHIVES DISPLAY

## OLD TIMERS PANEL

12:45 p.m.  
Saturday



Living our  
VISION  
Speakers

Cheryl A., Jamestown, NY

Leo G., Hamburg, NY

Stoney J., Jamestown, NY

Lou G., Myrtle Beach, SC

Barry L., Cassadaga, NY

Steve P., Diane P. and Steve P., Erie, PA

(Alcoholics Anonymous, Alanon and Alateen))

## Marriott Buffalo/Niagara

1340 Millersport Highway, Amherst, NY

Accommodations available

(See back of this flyer for convention and hotel rates)

## Donations

Any individual or group wishing to make a donation to the convention for coffee, hospitality or scholarships, contact John C., (716) 308-0591. You may specify what the donation is for. Please mail donations to John P.O. Box 191, Station C, Buffalo, NY 14209.

## Registration Badges

are required to attend all functions (panels, speakers, banquet, alkathons and dances).

Dance tickets may be purchased for \$5.00 per night.

**NO EXCEPTIONS**

# November 2nd, 2008: Nominations For The Following Positions

## **Co-Chair Person for Central Committee**

## **Recording Secretary and**

## **Steering Committee Representatives for districts 1, 4, 5, 6 & 8**

The Requirements for each position are as Follows:

### **Section 1a. Co-CHAIRPERSON**

The Chairperson shall be elected by a simple majority vote of the Central Committee representatives present and voting at the meeting designated for the election of officers. Qualifications for Chairperson shall be that he or she be a member of Alcoholics Anonymous having a minimum of five (5) continuous years of sobriety immediately preceding the date of the election. The Co- Chairperson shall hold office for one (1) year. Upon conclusion of the CO-Chairperson's year in service, that officer shall move into the office of Chairperson in the month of January.

### **Section 1b. RECORDING SECRETARY**

The Recording Secretary shall be elected by a simple majority vote of the Central Committee representatives present and voting at the meeting designated for the election of officers. Qualifications for Recording Secretary shall be that he or she be a member of Alcoholics Anonymous having a minimum of two (2) years of continuous sobriety immediately preceding the date of the election. The Recording Secretary shall hold office for one (1) year but may be eligible for re-election.

### **Section 2 RECORDING SECRETARY**

1. It shall be the duty of the Recording Secretary to transmit to the Central Committee all resolutions or other communications pertaining to the business of the Central Committee.
2. The minutes of all meetings of the Central Committee shall be noted, transcribed and reported by the Recording Secretary.

### **Section 1. STEERING COMMITTEE**

This committee shall be composed of eight (8) members. Each member shall represent a designated number of groups based upon geographic boundaries as drawn by the Chairperson of the Central Committee with the advice and consent of the Central Committee.

#### **Section 1a.**

Qualifications for membership shall be that he or she be a member of Alcoholics Anonymous having a minimum of three (3) continuous years of sobriety preceding the date of election. these members should be elected from their own districts.

#### **Section 1b.**

The term of office for each member shall be two (2) calendar years from the date of the member's election. Members can be re-elected at a later date. Nominations for membership on this committee are to be made at the Central Committee meetings held in the months of January, March, July and November. Elections are to be held at the Central Committee meetings in the months of February, April, August and December. Elected members are to assume office immediately. Whenever vacancies occur on the Committee for any reason, such unexpired term or terms shall be filled by a qualified member of AA named by the Steering Committee and subject to the approval of the Central Committee. Upon fulfillment of this unexpired term, the appointee shall be eligible for election to the Steering Committee.

#### **Section 2a.**

The Steering Committee's primary purpose is to oversee AA matters where the individual groups' action may affect either groups in the area or AA as a whole. It also follows through with any recommendations made by the Central Committee and make suggestions and recommendations to the Central Committee.

### **ALSO: Committee Positions Up for Nominations:**

### **Public Information Chairperson**

### **Screeners Chairperson**

**Elections On December 7, 2008**

# 16<sup>th</sup> ANNUAL 4<sup>th</sup> STEP WORKSHOP

Sponsored by: Living In The Solution  
“Get to know a friend, do a 4<sup>th</sup> Step today”

**When:** Sat. Nov. 8, 2008

**Time:** 10:00am- 4pm

**Registration:** By mail, email or at the door

**Where:** The Amity Club 340 Military Road, Buffalo, N.Y. 14207  
(corner of Military and Hertel)

**Donations:** \$5.00 (To cover the cost of workshop and food)

**Workshop Panel:** A FRIEND OF BILL WILSON will share on the things to look for in your resentment, fear and sex conduct inventories. Joe and Charlie tapes will also be used. There will be a ½ hour break for coffee and refreshments.

Join us and learn first- hand from the winners how and why they took the 4<sup>th</sup> step and how it changed their lives. This workshop will guide you through the writing of a 4<sup>th</sup> step according to the directions found in the book of Alcoholics Anonymous (page 63-71). At registration, you will receive a packet containing helpful materials and sample inventory worksheets that will guide you in completing the writing of your 4<sup>th</sup> step. Our members will help you write your inventory. You do not have to share what you write. We strongly recommend you ask your sponsor to join you in this important workshop.

**Please bring two pencils and a notebook**

**NOTE: Smoking permitted only during break.**

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Seating is Limited to 40 People. To Reserve seating complete this form.

[livinginthesolutiongroup@yahoo.com](mailto:livinginthesolutiongroup@yahoo.com) or

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