

# NEW FRONTIERS

September 2002

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF  
WESTERN NEW YORK AND THE NIAGARA FRONTIER  
We request that this newsletter be kept within the Fellowship to insure anonymity.

## *Plastic Sobriety*

*Fake it till you make it* ~ overused and misunderstood. What the slogan is meant to imply is if you are craving alcohol, don't drink; pretend you're wanting to not drink more than drink. So often I hear it suggested for behavior. This is a dangerous suggestion for a struggling, recovering member because it implies that dishonesty is acceptable. Quite frankly, it's used when we just don't know what else to do and need a quick fix to get us through an uncomfortable moment. The drawback comes when we continue to use it for every uncomfortable moment. Think about it, mentally sit down and think about the people in your home group. Can you see the members that sit around and fake it versus the ones who look fear in the face and are brave enough to fail?

Failure in AA is needed. We need to learn how to face fear honestly and base action on real life experiences, not on a faked procedure. I can't tell you how many people I've known with over ten years in the program who have been slapped in the face by life. The ones brave enough to take honest action with honest behavior usually fare pretty well. The ones with what I call 'Plastic Sobriety' (where they have been pretending good behavior) don't fare as well. Let's face it; we are not a dumb lot. We figure out pretty quickly how to manipulate good behavior. We all know what to say and what not to say in a meeting to make ourselves look good in front of our fellows.

Bottom line, face your fears, be brave enough to be honest with yourself, God and others. Good behavior comes with time; you don't have to fake it. When you stop drinking, you stop getting DUIs. When you stop telling lies, you become worthy of trust. When you stop manipulating people, they want to be in your life. The principles in AA are based upon action and choice. Honestly, being human, I can tell you we all make mistakes; we don't have to be perfect. We just need to make an honest effort to work these steps based on the principles set out for us by AA. If you fake it, you'll be a fake. If you make an honest effort to find God's will in each given moment, you will succeed. Success can only be seen through hindsight. I can see all the mistakes I've made in an honest effort to stay sober, and I have learned through every action – good and bad – how to remain sober and, more importantly, how to maintain a relationship with God. He remains the Power that guides us toward peace.

Valerie T – Hillsboro Road Group – Nashville TN

# The Truth Set Me Free

When I was told that I had an allergy to alcohol, I tried every possible way to drink like a gentleman and prove you people wrong.

However, I just couldn't drink the allergy away, no matter how hard I tried. I always drank a lot more than I intended, and the results were the same; blackouts, vomiting, horror, misery, despair, and no relief until I could get another drink. I lost all control of my consumption of alcohol.

In the end, I just prayed for the courage to accept myself for who and what I am. And then, by a power much greater than me, I accepted that I need to leave alcohol to those that can handle it responsibly - and that what those people do is none of my business. It was time to start living in the truth. And the truth is that I'm simply allergic to alcohol in any form.

After fully accepting this, and then receiving the spirit of God into my life, I began a one-day-at-a-time sober way of life. I now can see that I'm no different than my neighbor, or anybody that lives down the street. I'm not special because I don't drink. In fact, I've met thousands of people in regular society who don't drink, and who wouldn't give two cents for a drink.

The joy I found in being sober and living under God's command has continued to grow as the years go by, and I continue to seek God's will first in all matters. This saves a lot of trouble and needless problems. This is total, absolute freedom, and I receive it as a gift. Thanks.

Paul C. ~ AA Member in WNY

## *Heard at a meeting:*

- When I work my program hard - my life goes easy.  
When I work my program easy - my life goes hard.
- You didn't *lose* the wife, the house, the family, or the bank account - you *gave* them away!
- My sobriety is a gift from God. AA & the 12 steps allow me to keep it, One Day at a Time.

## **RULE 62**

- A.S.A.P. ~ Always Say A Prayer.
- Serenity is not a calmer sea ~ it's building a stronger boat.
- Work like you don't need the money, love like you've never been hurt, and dance like no one is watching.
- I have trouble getting a grip on letting go.

## Money ~ Why should I have to give and give oh so much?

We have no dues or fees! Some of us take the saying to the extreme. When I came into AA it was suggested I donate a dollar, which wasn't a big deal since on a normal evening out the cost would be \$20.00 or more. This one-dollar was cheap and I started paying my bills and even putting a little in a savings account. It's been many a 24 hours since giving up my old life for this new one and I've started donating a little bit more. I'm not saying everyone should give more but our expenses (GSO, GSA, Central Office, Treatment, Prisons, CPC, coffee, sugar, creamer, milk, cookies, pins, medallions, cups, napkins, rent, literature, stamps etc.) have a way of adding up. As I see it many of us didn't know the kind of outlay of donated money that helps keep the doors of AA open. We, as a group, don't always see behind the scenes, we take for granted that it happens magically. But it takes all the members of AA to keep this thing called Alcoholics Anonymous alive and well for the next generation of AA's and for that I am responsible.

Barry R. ~ Victory Group

## Turning It Over

I recently found this prayer and thought I would share it with you. It reminds me of a third step prayer. Tom G. ~ Open Mind & Victory Groups

Take and receive, O Lord, all my liberty, my memory, my understanding, and my will. All that I have, all that I am, You have given me, and I give it all back to You to be governed according to your will.

All I ask is Your grace and Your love. With these I am rich enough and I do not ask for anything else.

## THE TWELVE STEPS

*"As finally expressed and offered, they (the Twelve Steps) are simple in language, plain in meaning. They are also workable by any person having a sincere desire to obtain and keep sobriety. The results are the proof. Their simplicity and workability are such that no special interpretations, and certainly no reservations, have ever been necessary. And it has become increasingly clear that the degree of harmonious living which we achieve is in direct ratio to our earnest attempt to follow them literally under divine guidance to the best of our ability."*

Dr. Bob Smith  
Grapevine, Sept., 1948

## *I AM RESPONSIBLE* (Part One)

Thanks to the grace of God and Alcoholics Anonymous, the blessing of over 29 years of continuous sobriety has been bestowed upon me.

Maybe 10 years or so ago there lived a member of our fellowship, Frank R. One of Franks' favorite expressions was "let there be peace on earth and let it begin with me." That quotation expresses the sentiment of my feelings about the slogan "I am responsible."

Until some of the principles of recovery were instilled into me, living a sober, sane, responsible life on an ongoing basis eluded me. In other words, recovery had to begin with me.

Like a lot of us, my 20-20 hindsight works well. Looking back on getting sober and maintaining sobriety, it seems that the process of ongoing recovery can be broken down into four areas:

- Discovery
- Inventory
- Restitution
- Continuing practice.

It took over 20 years of alcoholic drinking, starting in teen years and progressing, and attendance at a hell of a lot of AA meetings for 2 straight months before I discovered that I was indeed an alcoholic and that I really and truly did want to get better (well).

My drunk-a-log is not unique. It included the consumption of a multitude of types of booze – Southern Comfort manhattans to cheap wine with oceans and oceans of beer thrown in. The capability to lie to cover up my drinking was developed right from the start. Abdication of responsibilities – marriage, family, job, was developed early in my drinking career. Yet deep down I did not want that to be that way and was unable to comprehend what the problem was.

Looking back now it is fairly easy for me to understand what happened. That's known as 20-20 hindsight. The alcoholic drinking, starting in my teen years, put my emotional and spiritual development "on hold" for some 20 years. In other words, I did not start to grow up until I was in my late thirties. That came about after taking the quick tour of AA, doing research to verify my inability to engage in controlled drinking, then was given the privilege and blessing of being allowed to return to AA after about 6 months – 1 year return to the booze.

My return to AA meetings was characterized by an obnoxious "know it all" attitude. My position at that time was that I wanted to stop drinking, but was certainly not an alcoholic. Thankfully, my belief in God (or if you prefer "Higher Power") was still in place, but definitely with sick, myopic vision in the minds' eye. Of course I was sick, so sick that I did not know that I was sick and did not know that I did not know that I was sick. After regular attendance at AA meetings at a pace of 4, 5, 6 or 7 or more meetings a week for about two months, my moment of truth happened. With a bit of gratitude, I can look back now and report that I was then able, with other AA members, to take the first step: "We admitted we were powerless over alcohol – that our lives had become unmanageable."

During the "quick tour" introduction to AA the first time around and during those 2 months or so of daily attendance at AA meetings the experience of witnessing people get better and staying that way eventually began to sink in. I could see and hear recovery taking place in others with my own eyes and ears. Hence, the second step was acquired and taken, not by reading or studying, but by sharing the experience of fellow sufferers.

The foregoing is what I refer to as the 'discovery' phase of recovery. (to be continued)

Respectfully submitted by a member of AA in Western New York

*STEP NINE ~ Made direct amends to such people wherever possible, except when to do so would injure them or others.*

Early on at meetings I remember hearing the promises read. I liked to hear them because they gave me hope. In those first few months hope was paramount to my sticking around. No one pointed out to me (until much later) that *The Promises* are in the 9<sup>th</sup> Step! If they did I wasn't listening, not much penetrated the fog early on. My sponsor pointed out to me that if I expected *The Promises* to come true in my life I had to do the first 8 steps then I would 'be amazed before I was halfway through' the 9<sup>th</sup> Step! Today, I get renewed hope whenever they are read at meetings. I need to remember it says 'they will always materialize **if we work for them.**'

Debi C. ~ Victory Group

Step Nine emphatically cautions us against misusing the truth when it states "except when to do so would injure them or others." Because it points up the fact that the truth can be used to injure as well as to heal, this valuable principle certainly has a wide-ranging application to the problem of developing integrity.

Bill W. ~ Grapevine, August 1961

The readiness to take the full consequences of our past acts, and to take responsibility for the well-being of others at the same time, is the very spirit of Step Nine.

As Bill Sees It ~ P. 145

In making amends, it is seldom wise to approach an individual who still smarts from our injustice to him, and announce that we have gone religious. This might be called leading with the chin. Why lay ourselves open to being branded fanatics or religious bores? If we do this, we may kill a future opportunity to carry a beneficial message.

But the man who hears our amends is sure to be impressed with our sincere desire to set right a wrong. He is going to be more interested in a demonstration of good will than in talk of spiritual discoveries.

Alcoholics Anonymous, P 77

Only one consideration should qualify our desire for a complete disclosure of the damage we have done. That will arise where a full revelation would seriously harm the one to whom we are making amends. Or – quite as important – other people. It does not lighten our burden when we recklessly make the crosses of others heavier.

12 & 12 P. 86

In making amends, we should be sensible, tactful, considerate, and humble without being servile or scraping. As God's people, we stand on our feet; we don't crawl before anyone.

Alcoholics Anonymous, P. 83

*TRADITION NINE ~ AA, as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve.*

Scanning this puzzler, people say, "What do they mean, no organization?" ... no membership rules? ... (who will) discipline members and enforce obedience to necessary rules and regulations? ... (who will) give authority to some of their members to impose obedience upon the rest and to punish or expel offenders? Power to direct or govern is the essence of organization everywhere.

... we can hear a churchman exclaim, "They are making disobedience a virtue!" He is joined by a psychiatrist who says, "Defiant brats! They won't grow up and conform to social usage!" The man in the street says, "I don't understand it. They must be nuts!" But all of these observers have overlooked something unique in Alcoholics Anonymous. Unless each AA member follows to the best of his ability our suggested Twelve Steps to recovery, he almost certainly signs his own death warrant. His drunkenness and dissolution are not penalties inflicted by people in authority; they result from his personal disobedience to spiritual principles.

The same stern threat applies to the group itself. Unless there is approximate conformity to AA's 12 Traditions, the group, too can deteriorate and die. So we of AA do obey spiritual principles, first because we must, and ultimately because we love the kind of life such obedience brings. Great suffering and great love are AA's disciplinarians; we need no others.

\*\*\*\*\*

Interested in receiving the New Frontiers?

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Enclosed is a check or money order made payable to the AA Central Office earmarked the "New Frontiers" for \$ \_\_\_\_\_ for \_\_\_\_\_ copies.

**Rates:**

1	Copy	\$10.00	20 Copies	\$57.00
2	Copies	13.00	30 Copies	75.00
5	Copies	24.00	40 Copies	95.00
10	Copies	33.00	50 Copies	120.00
15	Copies	43.00	60 Copies	135.00

Mail to the Central Office:

845 Ellicott Square Building  
 295 Main Street  
 Buffalo, New York 14203-2412

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Lookin' back in front of me - in the mirror's a grin  
Through the eyes of love I see I'm really lookin' at a friend  
We've all had our problems - that's the way life is  
My heart goes out to others - who are there to make amends

SRV

## *These Are My Wishes for You*

*May you find serenity and tranquility in a world you may not always understand. May the pain you have known and the conflict you have experienced give you the strength to walk through life facing each new situation with courage and optimism. Always know that there are those whose love and understanding will always be there, even when you feel most alone. May you discover enough goodness in others to believe in a world of peace. May a kind word, a reassuring touch, and a warm smile be yours every day of your life, and may you give these gifts as well as receive them. Remember the sunshine when the storm seems unending. Teach love to those who know hate, and let that love embrace you as you go into the world.*

Submitted by Bill R. - Gardenville Group

### IN MEMORIAM Things We Can Not Change

To all our members who have lost family or loved ones, our prayers are with you.

Let's remember them and all the others who passed on in our prayers

## Share your Experience, Strength and Hope.

Please submit your articles to Central Office by the 15<sup>th</sup> for next months issue.

E-Mail address: [buffalooa@hotmail.com](mailto:buffalooa@hotmail.com)

*New Frontiers* committee meets the 3<sup>rd</sup> Thursday of every month - 7:00pm - St Michaels, corner of Warsaw & Electric in Lackawanna.

The Central Office of Western New York publishes the *New Frontiers* monthly. We are supported by your subscriptions and Central Office donations. The *New Frontiers* presents the experience and opinions of members of Alcoholics Anonymous on the disease of Alcoholism. The staff reserves the right to edit any article for clarity and length. Articles will not be returned. Opinions expressed here are not those of Alcoholics Anonymous as a whole, nor does publication of any article imply the endorsement by the Central Office of Western New York or Alcoholics Anonymous. (Exceptions: Quotations from ALCOHOLICS ANONYMOUS, TWELVE STEPS AND TWELVE TRADITIONS and other AA books and pamphlets are reprinted with permission of AA World Services, Inc. Articles reprinted with permission of AA Grapevine, Inc. Are subject to the GRAPEVINE copyright.)

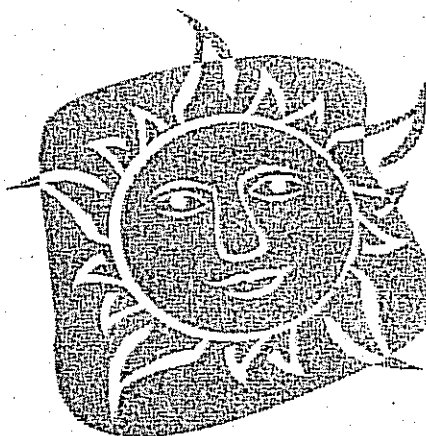
# SEPTEMBER ANNIVERSARIES

## ACCEPTANCE

<u>SUE T.</u>	1Y
TOM L.	1Y
GARY K.	1Y
TOM G.	3Y
LISA S.	12Y
JIM G.	14Y
MARGARET M.	27
<u>Amherst/Snyder</u>	
Dana A.	3m
Kelly K.	6m
Mark D.	6m
Amy E.	1y
Joann P.	1y
Barry G.	1y
Krystyna T.	1y
Michael R.	1y
Janie' M.	1y
Jay W.	2y
Mitchell B.	2y
Scott P.	3y
Jeff G.	3y
Butch C.	4y
Annette I.	8y
Adolph I.	12y
Mareen M.	12y
Harry B.	14y
Ken C.	15y
Rhonda H.	16y
Dennis K.	17y
Nancy F.	17y
Toni F.	18y
John N.	18y
Jack S.	25y
Dan J.	26y
George D.	30y
Russell Q.	31y
<u>Community Center</u>	
Annette M.	8y
Elizabeth G.	30y
<u>Courage Group</u>	
MARIA L.	3m
JOE H.	6m
JOHN W.	1y

## Fresh Start

Reggie G.	6m
Tina C.	2y
Margarette H	24y
<u>Fireside</u>	
Margie J.	9m
Margie Z.	9m
Collette H.	2y
Scott P.	2y
Keith L.	10y
Chris R.	17y
<u>Journey</u>	
Daryl L.	2Y
Laura H.	2Y
Matthew W.	4Y
Tut R.	11y
Joe R.	24y
<u>Kensington</u>	
Norma F.	19y
<u>LoveJoy</u>	
Billie Lynn	3m
Jeff H.	9m
-Darren C.	1y
Laura L.	8y
Gen H.	15y
<u>North Buffalo</u>	
Don B.	2y
Margie M.	2y
Sandy L.	2y
Karen P.	3y
Jeff N.	3y
John K.	3y
Norma F.	19y
Bill L.	22y
<u>Main &amp; High</u>	
Lisa S.	3m
<u>Remember When</u>	
Kennedy T.	3m
Toyelene	3m
Latosha	6m
Brain B.	9m
Melvin W.	9m
Kim S.	12y



## Thruway

Michael K.	3m
Dennis W.	9m
Ray O.	9m
John R.	4y
<u>Sun. Morning Br.</u>	
Leo M.	14y
Dan J.	26y
<u>Victory</u>	
Joe J.	9m
Paul K.	9m
Kenny G.	6y
Richard W.	15y
<u>We Care</u>	
Rich L.	3y
Michelle K.	6y
Jack R.	20y
<u>Welcome</u>	
Tom G.	4y
Althea	13y
Phil	14y
Don S.	24y

## Group Anniversaries

Iron Horse  
 Acceptance  
 Frontier  
 Honesty  
 North Buffalo  
 Action  
 Fredonia Discussion  
 Renewal  
 Fireside PM  
 H.A.N.D.  
 Fresh Start  
 South Town  
 Orchard Park Step  
 Cathedral Park  
 Step Work  
 Easier Softer Way  
 Main Street  
 Today's Women  
 Lunchtime  
 New Outlook  
 Complanters  
 Crosstalk Big Book  
 Boulevard Women's  
 Freedom Now

### *N. F. Policy:*

*Anniversaries must  
 be submitted by  
 the 15th  
 of the  
 month previous*





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## SEPTEMBER 2002

### PLEASE NOTE

- **MOBILE MEETING- ARE YOU, OR SOMEONE YOU KNOW, HOMEBOUND OR CONFINED IN A NURSING HOME AND UNABLE TO GET TO A MEETING? IF SO, AND YOU WANT A MEETING BROUGHT TO YOU, CALL CENTRAL OFFICE AND LEAVE YOUR NAME AND NUMBER, SOMEONE WILL GET IN TOUCH WITH YOU TO MAKE THE NECESSARY ARRANGEMENTS.**
- **LABOR DAY WEEKEND, CENTRAL COMMITTEE WILL NOT MEET. IT WILL MEET THE FOLLOWING SUNDAY, SEPTEMBER 8<sup>TH</sup>.**
- **The Daily Reflection Flip Calendar is being offered at a discount price (\$5.00) until supplied are gone. They have been discontinued in New York.**
- **In order to reduce size of this bulletin, Meeting Changes and New Meeting will be carried for 2 months. Events will be limited to those events in that month's bulletin, unless there is a pre-registration.**

### MEETING CHANGES:

AFTER MIDNIGHT: Friday & Saturday night, All Saints Church, 781 Maple, East Amherst. NO LONGER MEETS.

BUFFALO NEWS GROUP: Tuesday's at 7:30 AM, NO LONGER MEETS

CAME TO BELIEVE: Monday's at 8:00 at Alden BryLyn, is no longer allowing people from the outside.

CASTING GROUP: 608 William St, 1 PM Sunday's, has changed to an open speakers meeting.

JUST FOR TODAY: Saturday's at 10:00 am, Mother of Divine Grace, 120 Old Maryvale Drive, Cheektowaga, STILL MEETS

LADIES NIGHT: Wednesday's in Dunkirk, NO LONGER MEETS.

LUNCHTIME MEETING, Tuesday's, 80 Goodrich, NO LONGER MEETS.

### NEW MEETINGS:

PHOENIX GROUP: Thursday's at 12 Noon, Open Discussion, William Seneca Building, Route 438, Irving, Basement Cafeteria. Non-Smoking.

### COMING EVENTS

- ~ Sept. &, "I Don't Know" Group Dance. Speaker from 7 - 8, Dance from 8 -?. Bring a dish to pass. \$3.00 at the door. Music by Radar's Sound Machine. St. Francis Church, 175 East Street. (Corner of Amherst St.)
- ~ Sept. 8, Central Committee Meeting, 7 pm, 651 Washington Street, St. Michael's Parish. (Hosted by Father Baker).
- ~ Sept. 8, Corrections Committee Meeting, 6:00 PM, 651 Washington Street, St. Michael's Parish.
- ~ Sept. 8, 9<sup>th</sup> Annual Holiday Village A.A. Picnic, 12 Noon- 7 PM, Glen Meadows Park (off Sunset Dr.) in the Village of Hamburg. Speaker at 4 PM. Flyers in the office.
- ~ Sept. 14, CPC Meeting, 10:00 am, Bacon memorial Presbyterian Church, 166-59<sup>th</sup> St., Niagara Falls.

**BUFFALO CENTRAL COMMITTEE  
SEPTEMBER 09, 2002 MEETING**

The meeting was opened at 7:00PM by our Chairman Scott T. with a moment of silence and Serenity Prayer. Scott read the Preamble; the Purpose of Central Committee was read by Parker, and the Traditions were read by Frank; Passion group. Scott asked if there were any new Representatives, six were present. John H. motioned that the reading of the minutes be dispensed with, Lee M. seconded the motion.

**38 GROUPS ATTENDED:** District #1: Downtown Men's, Easier Softer Way, Main and High, Open Mind, Sunrise Court, Those, Too. District #2: Early Bird, North Buffalo. District #3: Abbots Men's Discussion, Cazenovia, Courage, Father Baker, Gardenville, Rainbow Group, Ridge, Roland Group, Southgate, Sunday Morning Breakfast, Thruway, Victory. District #4: Action Group, Holland, Lakeshore, Patchin. District #5: Johnson Creek Big Book Study, Lockport #1, and Wilson. District #6: None. District #7: Buffalo Group, Coldspring, Community Center, Crosstalk Big Book, Ellicott, Higher Powered, Inner City, Lovejoy. District #8: Amherst Snyder, Renewal. District #9: Springville Tuesday Night & District # 10: None.

**COMMITTEE REPORTS:**

**ENVELOPE SYSTEM:** Karen S. reported that the contribution for May was \$523.00 giving a YTD total of \$5626.00 and she asks that we continue to encourage our Groups to contribute to this fund.

**STEERING COMMITTEE:** John reported that next regular Central Committee Meeting the Steering Committee will make a full presentation of ideas for our consideration in reference to the redistricting plan. He encourages all Group Representatives to attend this meeting. Map of the areas will be available to review.

**FINANCIAL REPORT:** Joanne McC. submitted this report for July – August 2002. She stated that the income was greater than the expenses but not as much as the month before – due to increased literature purchases from World Services.

**TREATMENT FACILITIES COMMITTEE:** Winston F. gave this report. All meetings are covered except V.A.M/C. Sunday 7:00 PM. If you are able to fill this slot, please contact Winston for particulars.

**CORRECTIONS COMMITTEE:** No Report

**SCREENERS COMMITTEE:** Dave reported that there would be call service to monitor calls made to Central Office after regular office hours. This will cover nights and Weekends and allow stats to be kept on usage and need. Please check with Dave for WWW address.

**CENTRAL OFFICE:** "SEPTEMBER OFFICE REPORT: AA INFO: 235; ALANON: 22; 12 STEP: 4; PIC/CPC: 3; VISITORS: 39; VOLUNTEERS: 7.

The Central Office Conference is September 27 – 29. I have someone to replace me in the office on the 27<sup>th</sup>. I am in the process of comprising a list of people that if I am sick, or can't make it in to the office, can fill in temporarily. If you are available during the daytime hours, and are willing to step up to the plate if called, I'd love to add your name to the list. This will be given to the chairperson of Central Committee. Beyond that, the office is running well. Yours in the fellowship of the Spirit, Terry Bateman

**NEW FRONTIER:** Submissions have picked up. Somewhat more would be nice. Debi has been taking extra copies of previous issues to meetings in outlying areas in hopes of increasing subscriptions. Asking that Central Committee Reps talk up the need for articles and that they also be E – mailed to Central Office. Respectfully Submitted, New Frontiers Committee.

**61<sup>st</sup> BUFFALO FALL CONVENTION 2002:** Chairperson Pat M. gave this report. Registrations are starting to come in slowly, they should start picking up now that Labor Day is over and the kids are back to school. A reminder from the registrations committee, when you send in your registration include names with their choice of meal. Please send in your coffee donations now. This money will also help defray the cost of those who are financially unable to meet the regular cost of the Convention. I will be meeting with the Marriot to arrange the details about the convention.

**ARCHIVES COMMITTEE:** Frank M. reported. The Archives committee met at its regular time and place in August. Our last display was at the "We Care" Group on August 29<sup>th</sup>, and our next display will be at the "Action " Groups Anniversary September 22, 2002

**PIC COMMITTEE:** No Report submitted although they did meet in August.

**Informational Dates for Convention October 17<sup>th</sup>, 18<sup>th</sup>, and 19<sup>th</sup>.**

**Feasibility Study concerning moving Central Office is ongoing and the Ad-hoc committee will make their presentation at the next meeting. The move would not occur for approx. 2 years. Please make sure all Rep's are present.**

Recap: Liz G. objected to the thought of moving the Central Office to an outlying area. Scott T. reminded us that the decision is not immediate and that we should give due consideration to the Committees report before making any decision.

Redistricting would decrease the number from 10 to 8. The two inactive districts would be absorbed, no eliminated.

The Group was thanked for the Seventh Tradition; Motion to close meeting at 7:28 by Lee M., and seconded by John H. Motion carried. Meeting was closed with Prayer.

Income Statement		15-Jul-02	15-Aug-02	15-Sep-02
Beg Bal Cash on hand		16,381.67	17,949.79	18,435.94
Contributions				
	Groups	3,400.62	3,718.21	3,611.40
	Joint Meeting	52.75	52.40	59.50
	Envelope System	842.00	523.00	256.00
	New Frontiers Subs	17.00	36.00	23.00
	Literature	2,362.53	3,630.32	2,657.37
	Misc.		25.00	1,023.86
Monthly Income		6,674.90	7,984.93	7,631.13
Expenses				
	Office Rent	636.00	636.00	636.00
	Meeting Room Rent	35.00	35.00	35.00
	Payroll			
	Salaries (Net)	1,605.60	1,662.92	2,078.65
	Federal Withholdings	398.76	414.12	517.65
	NYS Withholdings	296.41		
	Insurance			
	State Ins Fund			
	Health	304.00	304.00	304.00
	Liability			
	Postage		600.00	
	Phone	89.97	93.85	101.78
	Accounting			975.00
	Advt			
	PIC Lit.		35.00	9.10
	Talking Phone Book		193.80	
	Verizon	70.75	70.75	70.75
	website			
	white directory			
	Yellow Pages			
	Literature Expenses			
	Grapevine			
	World Services Inc	868.11	1,980.02	1,203.94
	Hazeldon		708.13	
	Printers			
	Office Supplies	216.43	184.59	
	Answering service	379.50	367.10	530.65
	Minolta leasing (copier)	187.00	187.00	187.00
	Minolta Copies			177.09
	Crystal Rock (water)	14.50	14.50	14.50
	Bank Charges	4.75	12.00	8.00
Monthly Expenses		5,106.78	7,498.78	6,849.11
Monthly Income (Loss)		1,568.12	486.15	782.02
End Bal Cash on hand		17,949.79	18,435.94	19,217.96
Literature Assets:		5,111.44	5,499.02	4,660.07
Literature Receivable:(outstanding)		364.15	385.45	577.81
Corrections Facilites		1,343.95	1,307.90	1,155.90
Donations		366.45	200.00	288.00
Expenses		390.50	340.00	
Bank Charges		12.00	12.00	12.00
Balance		1,307.90	1,155.90	1,431.90
Treatment Facilities		1,098.03	1,276.24	1,322.99
Donation		368.00	160.00	453.00
Expenses		105.00	20.00	
AT & T Bridging The Gap		36.44	37.50	39.71
AAA Abbott Answering Service		36.35	43.75	32.25
Literature				497.50
Bank Charges		12.00	12.00	12.00
Balance		1,276.24	1,322.99	1,194.53

⊕	ATTENDED C.C.	CO	Cummulative	Treatment	Cummulative	Corrections	Cummulative	⊕	ATTENDED C.C.	CO	Cummulative	Treatment	Cummulative	Corrections	Cummulative
									Dunkirk Monday Night		255.00				
	11:45								⊕ Early Bird						
	12 Step								Easier Solter Way						
	4th Step Stumblers								East Amherst		50.00				
	6th Step								East Aurora		200.00				
	A Day At A Time								Easy Does It						
	A Little Bit of Everything														
	A New Freedom		117.00						⊕ Ellicott		105.00		20.00		20.00
	A Strong Desire								Ellicottville						
⊕	Abbott Men's	60.00	315.00	60.00	315.00	60.00	315.00		Emergency						
	Acceptance/Welcom	200.00	1375.00		50.00		50.00		Eternal Vigilance	50.00	100.00			10.00	10.00
	Achievement		500.00						Everybody's		120.00				
⊕	Action		230.00		35.00		35.00		Express		250.00				
	After Midnight								Eyepener		1198.20				
	Age Doesn't Matter		50.00						F.U.N.						
	Alexander		100.00						Falth						
⊕	Amherst/ Snyder		757.28						Father Baker	100.00	515.00				
	Amsdell Lakeshore	15.00	160.00						Feelings		125.00				
	Another Chance								Fireside		975.00		175.00		
	Any Age		115.00						Fireside PM						
	Any Length		285.00						First Things First						
	Anybody's	20.00	140.00						Fredonia Discussion		160.00				
	As Bit Sees It								Fredonia Friday Noon						
	Attitude Adjustment	100.00	220.00						Freedom		200.00				
	AW Group								Freedom Now						
	Attraction	100.00	500.00						⊕ Fresh Start		20.00				
	Beginner's Table								Friendly		150.00				
	Beginning In Sobriety II		25.00						Frontier(New)		470.00				
	Beginning's Women								⊕ Gardenville		200.00				
	Bidwell Monday		175.00		175.00		175.00		Georgetown		400.00				
	Big Book Lockport	100.00	125.00						Getting Better	10.00	41.00				
	Big Book Study		60.00						Giving						
	Big Book Workshop		100.00						Going to Any Length		400.00				
	Blasdel								Golden Slipper		600.00				
	Blasdel Monday Night		85.00						Grand		100.00				
	Bodhisattva								Grand II Joy of Living						
	Boulevard Helping Hand								Grateful						
	Boulevard Women		275.00						Guiding Light						
	Brass		60.00						H.O.W.						
	Broadway Bailey								Half and Half						
	Brocton AA								Hamburg		50.00				
	Brownbaggers								Hand						
⊕	Buffalo Group	1.00	13.00						Handcappers		300.00				
	But For the Grace of God		130.00						Happy Hour						
	By The Book								Harmony		325.00		125.00		
	Came To Believe		129.50						Helping Hand	20.00	150.00				
	Casting	53.00	206.00	20.00	40.00	20.00	40.00		High Noon		100.00				
	Cathedral Park		178.65		70.00		70.00		High View						
	Caz Mancr		20.00						⊕ Higher Power		45.00		30.00		15.00
⊕	Cazenovia	80.00	328.00	40.00	164.00	40.00	164.00		Hibity		250.00		50.00		50.00
	Central Park								Holiday Village		975.00				
⊕	Chapter IX		120.00		120.00		120.00		⊕ Holland		150.00				
	Cheektowaga		50.00						Honesty		60.00				20.00
	Chevy #1								Horizon		70.00		35.00		
	Clarence Men's								Hope Big Book Study						
	Clarence Men's II								How It Works		472.00				
⊕	Cold Spring	15.00	90.00						How It Works/Men's						
	Common Bond								Humboldt Riley						
⊕	Common Problem								⊕ Inner City						
⊕	Community Center		50.00						Inspiration		150.00				
	Complanters								Intoxicated on Life		75.00		100.00		100.00
⊕	Courage	50.00	370.00	15.00	196.75	15.00	206.75		⊕ Ironhorse	27.00	231.50	11.00	103.50	11.00	101.50
	Arcade	100.00	100.00						IT		25.00				
	Crossroads		99.00						Jamestown Groups						
	Cross Talk Big Book		50.00						Johnson Creek Big Book		80.00		5.00		5.00
	Daily Reflections		120.00						Journey		156.00				
	Daily Reprieve								Just Do It						
	DeVeaux Discussion								Just For Today/ Abion						
	Derby		150.00						Just For Today/Check						
	Desire								⊕ Keep It Simple Sister		150.00				
	Downtown Men's		38.00						Keep On Coming						
									Kermore		109.20				

	CO	Cumulative	Treatment	Cumulative	Corrections	Cumulative		CO	Cumulative	Treatment	Cumulative	Corrections	Cumulative
Kensington							⊕ Renewal						
Ladies Night							⊕ Ridge	250.00					
⊕ Lake Shore					3.60	14.05	Ridge/Pink Can						
Lakeview	100.00	175.00					Rise and Shine	70.00		20.00			10.00
Last Days Fellowship							Rochester	100.00	200.00				
LewPort							Roland						
Let Go and Let God		50.00					Rural's Plural						
Liberty Women		125.00					Saty						
Life Today		200.00					Saraloga						
Lighten UP		687.50					Searching For Serenity	100.00	300.00				
Live and Let Live							Second Chance						
Living in the Solution		50.00		25.00		25.00	Serenity	100.00					
⊕ Living Sober		80.00					Serenity Circle	70.00					
Lock City		150.00					Serenity on the Lake						
⊕ Lockport #1		500.00		75.00		75.00	Serenity Trails						
Lockport Discussion							Selasidé	300.00					
Lockport Ladies		50.00					Sheridan	20.00	200.00				
Lockview	200.00	600.00		50.00		50.00	Silvercreek Friendship						
Look To This Day							Sober and Proud	40.00					
Love		100.00					Sober Saturday	225.00					
Lovejoy		190.00					Sober Trail						
Lower River							Sober Winners	20.00	140.00				
Lunch Time							Sobriety for Women						
⊕ Main and High	10.00	60.00		35.00		25.00	Sobriety Men's Disc.						
Main Street							Sobriety On The Canal	40.00					
Marilla		155.00					Sobriety on a Sat. Night	25.00	25.00				
Matt Talbot		350.00					Sobriety on the Lake						
Mayville Uplown Group	103.00	103.00					Somerset						
Medina Grapevine							South Buffalo						
McKinley Winners		200.00					⊕ South Town	200.00					
Medina Big Book							⊕ Southgate	30.00	30.00				
Medina New Life	60.00	150.00					Southtown Women's	166.00					
Mercy		25.00					Southwestern	241.00					
Mid-day		183.00					⊕ Spirit of Hope	100.00	300.00				
Miracle							Spiritual Progress	150.00					
Morning After							Springville Sat. Afternoon						
Monday Morning Lockport							⊕ Springville Tues. Night						
⊕ New Awakening		50.00					Springville Wed. Noon	20.00					
New Freedom							St. Barnabas						
New Beginnings/St. Vincent							⊕ St. Mark's	100.00	100.00				
⊕ New Life	10.00	30.00					Starting Over	208.40		35.00			35.00
New Outlook							Staying Alive						
Niagara Intergroup							Step Work						
New Westside							Stepping Stones/Gov.	250.00					
Niagara Frontier Men's Disc.		75.00					Stepping Stones/W.I.I.	61.00	61.00				
Nightshift							Suburban	10.00	100.00				
⊕ North Buffalo		900.00		225.00		225.00	Sunday Afternoon Ascension						
North Java Monday							⊕ Sunday Morning Breakfast	300.00	1050.00	100.00	150.00	100.00	150.00
North Java Morning After							Sunday Niters	10.00					
North Java Sunday							Sunday Third Group	45.00					
One Day At A Time							⊕ Sunrise Court						
Open Arms		75.00				75.00	SUNY Amherst Campus						
Open Mind							Surrender and Hope	75.00	275.00	25.00	25.00		
Orchard Park Step		198.50					Survivors						
P.B.P. Big Book Study							T.P.H.						
Pass It On							TGIF						
⊕ Patchin		325.00					Thankful						
Pathway to Peace							The Book Meeting	47.90					
Pendleton Chapter Five							The Moonshiners						
Perry Discussion		56.00		10.00		10.00	There's A Solution	53.00	53.00				
Pink Can							⊕ Three Legacies	30.00		20.00			20.00
Pioneer							Those Too	5.00	70.00				
Positively Living		2000.00					⊕ Thruway	200.00	1997.00	20.00	200.00	20.00	200.00
Powerless		25.00					Thursday PM Discussion	5	450.00				
Primary Purpose	50.00	250.00					Today						
Principles Bef. Personalities		100.00					Today's Woman	10.00					
Progress							Tri County	102.50	192.50		10.00		
Purpose/Tonawanda		290.00					Tri-Step Beginners						
⊕ Rainbow		125.00	10.00	25.00	10.00	25.00	⊕ Try Again	200.00		100.00			
Ray of Hope	35.00	245.00					Tuesday Men's AM	250.00					
Recovery Near the Gardens	15.00	60.00					Tuesday Women	150.00		60.00			60.00
⊕ Remember When		175.00					Turning Point	50.00					

	CO	Cumulative	Treatment	Cumulative	Corrections	Cumulative
Twin Cities		200.00				
Unity		100.00				
University Men's Disc.		150.00		100.00		
Valley		155.00	25.00	50.00	25.00	50.00
Varieties of Spiritual Exper.		30.00				
Varysburg	5.00	15.00				
⊕ Victory		175.00		75.00		75.00
Wake Up Cal						
We Are Not Saints						
We Care		270.00	20.00	180.00	10.00	80.00
We Choose Life						
⊕ Wehrle		70.00				
⊕ Welcome						
Westfield						
Westminster						
Why						
Williamsville		870.00				
Willing To Grow		400.00				
⊕ Wilson Group	25.00	125.00			25.00	125.00
Wilson Smith Alumni		100.00				
Women on the Rise						
Women's West Side		150.00				
Working						
You'll Never Walk Alone						
Youngstown						
Dale M.		4.80				
60 Fall Convention		14.00				
A.D.D.		30.00				
TFC Printing & Folding		15.00				
Leo K.		21.00				
Misc.		42.00				
Nancy H.		13.00				
Lucile D.		100.00				
M & H Breakfast Com.		25.00		25.00		25.00
Thomas F.		100.00				
Thomas C.		4.00				
Jay		1.25				
Jimerson		25.00				
Terry B.		9.72				
Anon#1		20.00				
Anon#2		20.00				
Anon#3		5.00				
Anon#4	50.00	50.00				
<b>TOTAL</b>	<b>2715.50</b>	<b>39,358.90</b>	<b>346.00</b>	<b>4,304.25</b>	<b>346.00</b>	<b>2,846.70</b>

⊕ ATTENDED CENTRAL COMMITTEE

Income Statement		15-Jul-02	15-Aug-02	15-Sep-02	15-Oct-02
Beq Bal Cash on hand		16,381.67	17,949.79	18,435.94	19,217.96
Contributions					
	Groups	3,400.62	3,718.21	3,611.40	3,115.50
	Joint Meeting	52.75	52.40	59.50	75.45
	Envelope System	842.00	523.00	256.00	478.00
	New Frontiers Subs	17.00	36.00	23.00	53.00
	Literature	2,362.53	3,630.32	2,657.37	2,827.27
	Misc.		25.00	1,023.86	
Monthly Income		6,674.90	7,984.93	7,631.13	6,549.22
Expenses					
	Office Rent	636.00	636.00	636.00	636.00
	Meeting Room Rent	35.00	35.00	35.00	35.00
	Payroll				
	Salaries (Net)	1,605.60	1,662.92	2,078.65	1,662.92
	Federal Withholdings	398.76	414.12	517.65	414.12
	NYS Withholdings	296.41			309.04
	Insurance				
	State Ins Fund				
	Health	304.00	304.00	304.00	304.00
	Liability				
	Postage		600.00		71.23
	Phone	89.97	93.85	101.78	80.03
	Accounting			975.00	
	Advt				
	PIC Lit.		35.00	9.10	
	Talking Phone Book		193.80		
	Verizon	70.75	70.75	70.75	70.75
	website				100.00
	white directory				
	Yellow Pages				288.00
	Literature Expenses:				
	Grapevine				323.30
	World Services Inc	868.11	1,980.02	1,203.94	3,107.06
	Hazeldon		708.13		1,025.52
	Printers				
	Office Supplies	216.43	184.59		542.89
	Answering service	379.50	367.10	530.65	511.20
	Minolta leasing (copier)	187.00	187.00	187.00	187.00
	Minolta Copies			177.09	
	Crystal Rock (water)	14.50	14.50	14.50	14.50
	Bank Charges	4.75	12.00	8.00	8.75
Monthly Expenses		5,106.78	7,498.78	6,849.11	9,691.31
Monthly Income (Loss)		1,568.12	486.15	782.02	(3,142.09)
End Bal Cash on hand		17,949.79	18,435.94	19,217.96	16,075.87
Literature Assets:		5,111.44	5,499.02	4,660.07	6,847.51
Literature Receivable:(outstanding)		364.15	385.45	577.81	734.71
Corrections.Facillites		1,343.95	1,307.90	1,155.90	1,431.90
Donations		366.45	200.00	288.00	339.60
Expenses		390.50	340.00		244.20
Bank Charges		12.00	12.00	12.00	12.00
Balance		1,307.90	1,155.90	1,431.90	1,515.30
Treatment Facilities		1,098.03	1,276.24	1,322.99	1,194.53
Donation		368.00	160.00	453.00	276.00
Expenses		105.00	20.00		
AT & T Bridging The Gap		36.44	37.50	39.71	33.74
AAA Abott Answering Service		36.35	43.75	32.25	32.50
Literature				497.50	230.00
Bank Charges		12.00	12.00	12.00	12.00
Balance		1,276.24	1,322.99	1,194.53	1,162.29