

NEW FRONTIERS

A.A. of the Niagara Frontier

September 2013

THE CENTRAL COMMITTEE NEWSLETTER FOR ALL A.A. MEMBERS OF WESTERN NEW YORK AND THE NIAGARA FRONTIER

We request that this newsletter be kept within the Fellowship to ensure anonymity



WHAT'S THE DIFFERENCE

You and I have for years had difficulty with accepting and admitting there is something wrong in our lives. We can't put our fingers on it completely, but we have an idea what's happening to us and why our lives are in turmoil. There is never any "peace".

We deny that it is alcohol based problems, and very blatantly defend ourselves for the way we act. We go to great lengths to hang on to our right to run our lives as we deem correct. Yet we apologize (sometimes) for our decisions that have harmed others! Or suffer some kind of remorse in the mornings! Go figure!

We know there is something wrong, because we feel it inside. You know, that uneasy feeling we have when things aren't just right. There are things going on in our lives that are distracting us from doing the things we want to do. Always trying to fix existing problems and circumstances that are distracting us from having things "our way"!

All we want is for everyone to leave us alone and let us make our own decisions!! Be it right or wrong (how could that be) we want control of our lives as we perceive they should be!

I must stop this thinking here....and ask this Where is the mentality for these decisions that we keep making? Of doing the same things over and over that cause pain and suffering to ourselves and others?

What makes us put a "bandage" on these situations that arise and try to put it behind us, never really fixing it, but ignoring the problem as if it went away!? Just to repeat it!

Over and over we continue to go around and around on this merry-go-round, never seeing the solution?!

How is it though in other situations we can deal with them and eliminate them completely? In everyday life, we have done things wrong, possibly hurting others, or ourselves, but we can deal with them and correct them to never return?

For example: when we were young, throwing gas on a

fire was exciting to watch...until someone burned their face and arms and lost their hair!! Did we STOP then? Of course we did..How stupid!!

Or, we went swimming were we were not supposed to...having a ball...until one of us didn't come back! Did we stop that and figure it wasn't such a good idea!?!? Never to do that again!!

Last one: when I was young, I put my fingers on the hot stove while my mother was cooking and busy, burning my finger tips!! I made a wise decision at that instant not to do that again!!

BUT WHY?? WHY...do we alcoholics continue to do things that are bad decisions and not "pick-up" on it?? Why do we make our lives miserable and are never willing to surrender?!

MEET OUR NEMESIS ALCOHOL!!! Yes Sir; it's that simple! Add some alcohol to us and we immediately become Kings and Queens of life!!

Know everything, can't do anything wrong, and hate everyone who thinks differently! We are in complete CONTROL of our lives and gear our thoughts and actions accordingly!!!! Look out people, I HAVE ARRIVED!!

Such a cunning and baffling liquid! Quenches all our desires! We are now much bigger, wiser, and stronger than everyone!! This disease is powerful! We have it, and let it govern what we say and do!

We slowly start off by choosing to drink all we want, even after the hangover and the puking. Then we choose to do it over again! Not learning a thing.

We progress into fighting with others, sometimes friends, sometimes family, maybe even spouses!!

Then there is our boss, can't he just leave me alone? So what if I missed a few days, doesn't everyone?

Do you feel the fire burning you yet? Of course not! The disease says we're OK! RE-MEMBER??

(Continued on page 2)



Cunning, baffling, and powerful. It pulls the “wool” over our eye’s and keeps saying to us” that’s ok, let’s get “high” and things will work out! We still can’t see it.

We are different from others, we have this adverse reaction to alcohol and it makes us make stupid decisions. We are different...we can’t have it in our system. We cannot think clearly! But yet DENIAL keeps us from getting better!

Those feelings I mentioned earlier, inside, in our gut, ever so small, are there and we feel them. We just need to stop drowning them with alcohol!!

We are really exceptional people when we get away from the booze. We are a close nit family, and will try to help anyone in need, be it in A.A. or outside. We can and will step up IF WE ARE SOBER!!

There is the difference as I see it. Look at it in your life, it is not “rocket science”!! Eliminate the alcohol and we can and will make the right decisions and improve ours and others lives around us!

We will become someone that others would like to be around. We become people who are proud of their accomplishments. Others will look up to us and try to be similar! We will be that person that our loved ones WANT to hug!!

Don’t know about you, but this alcoholic is grateful SOMEONE SHOWED HIM THE DIFFERENCE!!!!

Eternally, Carl S.; Lewport group

Older Members

I’m 76 years old and came to AA July 16, 1972. My Sponsor was with me for 29 years. On one occasion my Sponsor heard me complain about a member speaking too long at a meeting. He told me he needed to talk and I should work on my patience. When I was angry he assured me it was coming from inside me. The important thing I learned was to always look inside myself when bad feelings surfaced.

Several of my older friends stopped coming to meetings. When I asked why, they said they didn’t like what some people were saying at meetings. Sometimes their anger prompted them to leave the meeting rather than stay for the ending.

I’m sure my Sponsor would tell them the same things he told me. He would tell me to take home information I needed and leave the rest. He always reminded me that anger comes from within. I heard two older members say they have become angry, lonely and needed help from the group. They both are feeling better since they returned to meetings. All members will suffer from their own behavior and not from other people who are different from them.

Don H. ~~~ Williamsville Group

On Cultivating Tolerance

I have observed, after 42 years sober in AA, that those who follow the Alcoholics Anonymous program with the greatest earnestness and zeal not only maintain sobriety but often acquire finer characteristics and attitudes as well. One of these is tolerance. Tolerance expresses itself in a variety of ways: in kindness and consideration toward the man or woman who is just beginning the march along the spiritual path; in the understanding of those who perhaps have been less fortunate in educational advantages; and in sympathy toward those whose religious ideas may seem to be at great variance with our own.

I am reminded in this connection of the picture of a hug with its *radiating spokes*. We all start at the outer circumference and approach our destination by one of many routes. To say that *one spoke* approaches our destination by one of many routes. To say that *one spoke* is much better than all the other spokes is true only in the sense of it’s being best suited to you as an individual. Human nature is

such that without some degree of tolerance, each one of us might be inclined to believe that we have found the best or perhaps the shortest spoke. Without some tolerance, we might tend to become a bit smug or superior—which, of course, is not helpful to the person we are trying to help and might be quite painful or obnoxious to others. No one of us wishes to do anything that might act as a deterrent to the advancement of another—and a patronizing attitude can readily slow up this process.

Tolerance furnishes, as a by-product, a greater freedom from the tendency to cling to preconceived ideas and stubbornly adhered-to opinions. In other words, it often promotes an open-mindedness that is vastly important—is, in fact, a prerequisite to the successful termination of any line of search, whether it be scientific or spiritual.

These, then, are a few of the reasons why an attempt to acquire tolerance should be made by each one of us.

Respectfully Anonymous ~ A Spoke



From the Archives: The Birth of an A.A. Group

On a Tuesday night in September, six alcoholics gathered in a room in Chicago. They were there to start an A.A. group. None of them had ever done it before. They weren't born leaders, or even born joiners. They had a disease that had always driven them apart from other people, but now they needed other people to survive. We might not recognize what happened as an A.A. meeting the way we know it now—they were more of a "huddle for mutual encouragement." Maybe they shared about trouble they were having staying sober, and what they did that was keeping them sober through any kind of trouble. Probably, they closed with the Lord's Prayer. No matter what happened there, it worked. It worked because they weren't trying to do it alone ("Formula for an A.A. Meeting in Chicago," silkworth.net). At least one of those first members, Earl T., had spent a long time trying to go it alone, and almost died because of it. He had been a salesman before he sobered up, and always told himself that he had to drink because of his job, but no one was around for most of his drinking. He was all alone when he had to sneak out in his pajamas to get a drink, because his wife had taken his clothes to try to keep him home. For binge after binge, he had no one around until his father would arrive, each time, to get him out of trouble. Even when he first got sober, he did what came naturally in trying to help other drunks—going to them by himself, and offering his solution. It didn't work. He had to change ("He Sold Himself Short," *Alcoholics Anonymous*).

One day, he got a call to go and talk to an alcoholic in trouble, like he had before. He talked to this man, a fellow salesman probably named Dick R., until he realized something. He didn't have what it took, on his own, to offer the necessary help. Everything he had to offer came from his time in Akron, with Dr. Bob and other first members of A.A. So he sent Dick there to live with a family and start the program. It worked. When Dick came back, he and Earl started meeting nearly every day, sharing their support with each other until they were joined by a third alcoholic, probably Ken A., who had just moved to Chicago. They were starting to find a fellowship where they were, helping each other as much as they could. They were learning to rely on the higher power of the A.A. fellowship. They were nearly ready to form a group ("History of the Chicago Group of Alcoholics Anonymous," Hindsfoot Foundation).

They got ready once they had three more members who were dedicated to staying sober. One of them was Sylvia K., who had done what Dick R. did—gone to Akron to learn the original A.A. program. There, she learned the power of belonging to the group, losing the terrible aloneness that she had carried through her life before sobriety. She discovered that a sober member of the A.A. fellowship could take life more lightly, could laugh at himself or herself. That was impossible in isolation, playing God, but not in this wonderful fellowship. We don't know how she or anyone looked through that first meeting, but, probably, she was smiling. Probably, they all were, at least inside ("Keys to the Kingdom," *Alcoholics Anonymous*).

The Chicago A.A. group didn't grow overnight. Bill W., in a letter to Earl, reminded him to go slowly, building on a core of a few members instead of trying to go out and save everyone (*Dr. Bob and the Good Old Timers*). But they did grow, in great ways—Chicago was the first city to have a central office (Chicago AA Archives). And Earl learned enough lessons about the fellowship, and the power of unity, that he was later able to help Bill with the 12 Traditions, suggesting that they be put in a short form like the steps. He learned what so many of us have since then—that we can do what I can't. ~Chad

Share your Experience, Strength and Hope

Please submit your announcements by the 12th
for next month's issue

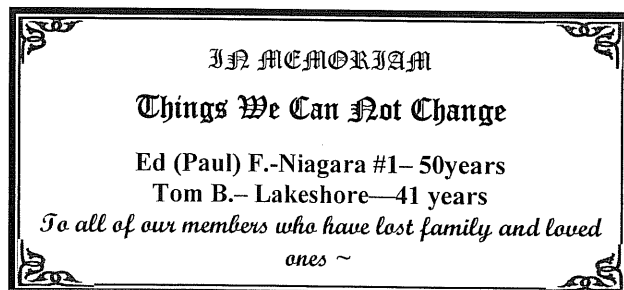
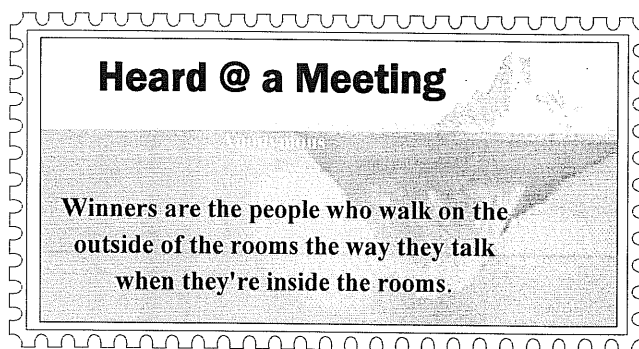
Articles can be submitted at any time

e-mail address: buffaloA.A.@hotmail.com

or mail to

**Buffalo Central Office
681 Seneca St (lower)
Buffalo, New York 14210**

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PLEASE READ AT YOUR MEETING...HELP KEEP EVERYONE INFORMED:-)

*BUFFALO CENTRAL OFFICE
ALCOHOLICS ANONYMOUS*

(716) 853-0388

9:00 AM- 12:30PM, 2:00 PM- 4:30 PM

Schedule on line at: www.buffaloaany.org

*681 SENECA STREET (Lower)
BUFFALO, NEW YORK 14210*

Fax: 853-0389

www.buffaloaany.org

buffalooa@hotmail.com

SEPTEMBER 2013

MEETING CHANGES

- **Sobriety On The Canal** will now be starting at 5:45 PM, Sunday's at the Methodist Church, 65 Main St. @ Tremont, N. Tonawanda, 14120.
- **Positively Living**, No Longer Meets, Monday, 12:30 PM, 193 Elk St, Buffalo.
- I hear Bodhisattva has moved, but was supplied no information.
- **Sunday's Best** has temporarily moved; Now meet at St. John's Grace, 51 Colonial Circle, Buffalo West, 14222
- **Main & High Group**, Thursday's, has changed its time & location. Now meets at 5:30 PM, Stuyvesant Apt Community Room, 245 Elmwood Ave, Buffalo, NY 14222. Closed on Holiday's. You can get to the parking lot from 191 North St. or Elmwood Ave. Entrance in Back.
- **Three Legacies** Group will now have a **Speaker Meeting the last Monday of the Month**. 8 PM, 45 Dalton, N. Buffalo, 14217.
- **Lovejoy Group** has changed their starting time to 7PM. Friday's, Closed Meeting. Immanuel Lutheran Church, 1084 E. Lovejoy, Buffalo, 14212.
- **New Group; It's In The Book, (Women's)**, Wednesday's 10:00 AM, Closed Meeting, Leonard Post Jr. VFW Post, 2450 Walden Ave, Cheektowaga, NY 14043.
- **Beginnings Women's Group** has moved to St. Luke's Lutheran Church, 900 Maryvale Drive, Cheektowaga, NY 14225, effective August 5th) Monday's, 7PM.
- **ODAT Group, NO LONGER MEETS**, Tuesday's, Lafayette Presbyterian Church, 592 Lafayette Ave. Buffalo.
- **Love & Tolerance Group, NO LONGER MEETS**, Saturday's Amity Club.
- **IF YOUR GROUP IS NOT MEETING, PLEASE INFORM THE CENTRAL OFFICE. THIS ALSO INCLUDES THOSE MEETING DAYS WHEN YOUR SITE IS CLOSED FOR A HOLIDAY.**

COMING EVENTS

- ~Aug. 31 - Sept. 2, **60th Annual Tri - State Assembly**, Labor Day Weekend. Bellinger Hall Retreat, Chautauqua Institution, Chautauqua, NY. Free parking and no gate pass. For more information call Helen S. (716) 693 - 6543 after 7 PM Mon. through Fri. Or Email- maxter003@roadrunner.com
- ~ Sept 3, "**Nightwatch**" **Committee Meeting**, Tuesday, 6 PM , Central Office, 681 Seneca St.
- ~ Set 8, **Central Committee Meeting**, SUNDAY, 7 pm, Buffalo Central Office (Hosted by Derby Group)
- ~ Sept 10, **Archives Committee Meeting**, Tuesday, 7 pm, Buffalo Central Office, 681 Seneca Street
- ~ Sept 10, **Public Information Committee meeting**, Monday, Anyone interested in helping the community understand who we are, what we do, and what we are not to do, PLEASE come out and get involved. Help keep A.A. around for your children. Buffalo Central Office, 6 PM.
- ~ Sept 15, **Corrections Committee Meeting**, 3rd-SUNDAY, 7:00 PM, Buffalo Central Office, 681 Seneca Street.
- ~ Sept 19, **72nd Buffalo Fall Convention Planning Meeting**, Thursday, 6:00 PM, Buffalo Central Office, 681 Seneca Street.
- ~ Sept 22, **Action Group 45th Anniversary**. 10:30 AM. Speaker (Speaker has 50 yrs) with food to follow. Bring a dish if you wish. Orchard Park Village Hall, 4295 S. Buffalo St.
- ~ Sept 23, **Treatment Facilities Committee**, MONDAY, 6 PM, Buffalo Central Office, 681 Seneca Street. Please if you or your group are taking a meeting into a treatment facility , could you please send a rep to this meeting
- ~ Sept 25, **Women in Recovery** invites you to our 3rd Anniversary, yes ! all are Welcome to our Open Speaker Meeting /Group Anniversary. Wednesday at 6pm 1021 Main, Buffalo 14222, near North and Goodrich
- ~ Oct 4-6, **FALL SPIRITUAL WOMEN'S RETREAT**: Saint Columban Center (Derby, NY). Speakers, groups, spiritual advisors & lots of food, fun & fellowship. Cost: \$145 (inc. meals & lodging). Contact person: Marilyn 799-4094.
- ~ Oct 25, 26 & 27 , **72nd. BUFFALO FALL CONVENTION** Adam's Mark Hotel. 120 Church St, Buffalo, 14202. Info & flyers on the website; www.buffaloaany.org (under Events)

9th STEP: "Made direct amends to such people wherever possible, except when to do so would injure them or others."

9th TRADITION: "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

9th CONCEPT; Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

PLEASE SUPPORT THE ENVELOPE SYSTEM...

Yours in the Fellowship of the Spirit...Terry Executive Secretary

SEPTEMBER ANNIVERSARIES

Alexander

Bob M. 3y
 Jim S. 4y
 John R. 5y
 Mark C. 6y

Amherst/Snyder

Doc E. 3m
 Megan L. 1y
 Mark H. 2y
 Nicole M. 3y
 David Z. 13y
 Dan J. 37y

Any Lengths

Mike G. 13y

Beginning - Women's

Linda G. 3m
 Carla L. 2y

Bldv Helping Hand

David G 10y
 Dawn H. 27y

Bldv Women's

Kathy G. 3m
 Susan D. 9m
 Sue G. 1y

Coldspring

Carmen J. 23y

Eyeopener

John N. 2y
 Lisa S. 2y
 Dan B. 2y
 Mike R. 4y
 Dana 4y
 Amy 5y
 Jimmy 5y
 Marilyn 11y
 David F. 13y
 Jim K. 16y
 Kari Li 20y
 Steve B. 22y
 Bob A. 26y

Eyeopener South

Greg W. 3m
 Joe G. 3m
 Dave M. 3m
 Donna C. 3m
 Kipp M. 3m
 Todd K. 3m
 Susan M. 3m
 CJ A. 6m
 Naomi T. 1y
 John T. 2y
 Bob D. 2y
 Wendy A. 5y
 Rick W. 23y

Holiday Village

Jerry F 2y
 Beaver 2y
 Sue 6y

Fireside

Carol 4y
 Sue S 7y
 Jill P. 8y
 John S. 21y
 Wilson Z. 41y

Fresh Start

Reggie 17y
 Margaret 35y

Golden Slipper

Jim S. 6y
 Bob A. 26y

H.A.N.D.

Dennis S. 6y

Helping Hand

Andy Z. 2y
 Francis 23y

Holland

Jim F. 50y

Just For Today

Dennis S. 6y
 Russ Q. 42y

Lakeshore

Tom W. 1y
 Ron B. 4y
 Bob D. 4y
 John H. 33y
 Dan J. 37y

LoveJoy

Harry P. 28y

Main & High

Larry A. 6y
 Neil D. 6y

Matt Talbot

Paul R. 4y
 Mike G. 4y
 Brayton M. 18y
 Julie D. 25y

North Buffalo

Scott K. 3m
 Kevin J 6m
 Justin B 6m
 Matt M. 6m
 Chuck B. 6m
 Kevin C. 1y
 Eddie B. 1y
 David R. 2y
 Megan T. 2y
 Jamie J. 3y
 Mike B. 5y
 Rob P. 5y
 Micheal O. 15y
 Ian S. 22y
 Tony R. 24y
 Dave H. 25y

Orchard Park Step

Ashley S. 6m

Remember When

Wendy A. 5y
 Randy H. 13y

Annette L. 19y

Renaissance

Nancy O. 3m
 Todd S. 9m
 John L. 2y

Chere R. 4y

Serenity

Paul R. 4y

Sheridan

Chere' R. 4y
 Betsy E. 13y

Dan M. 23y

Jean M. 28y

Butch H. 33y

Spiritual Progress

Helene 3y

TGIF

Chris K. 11y

We-Women's

Debbie 5y

Thruway

Paul P. 4y

Tiffany G. 5y

Leo 25y

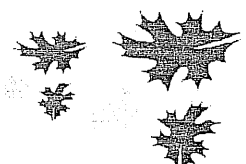
Williamsville

Keith L. 21y

Chris R. 28y

Women In Recovery

Saleemah L. 10y



Group Anniversaries

11:45 Noon; 15y
 Acceptance; 38y
 Action; 44y
 Arcade; 20y
 Boulevard Women's; 46y
 Cathedral Park; 24y
 Complanters; 40y
 Easier Softer Way; 20y
 Fireside PM; 31y
 Fredonia Discussion; 42y
 Fresh Start; 30y
 Frontier; 46y
 Golden Slipper; 39y
 H.A.N.D.; 31y
 Honesty; 39y
 Iron Horse
 North Buffalo; 72y
 Orchard Park Step; 25y
 Renewal; 41y
 Step Work; 23y
 Sobriety For Women; 13y
 South Town; 29y
 The Journey; 21y
 Today's Women; 18y
 Women In Recovery; 3y

Please remember to
 have the anniversaries

submitted by
 the 12th

END OF BUSINESS DAY 4:30

of the month

previous



BUFFALO CENTRAL COMMITTEE MINUTES
August 4th, 2013

Chip R. Chair opened the meeting at 7:01 PM with a moment of silence and the Serenity Prayer. Inger (Williamsville group) read the Preamble, Tony (Lakeshore group) read the Purpose of Central Committee, Ed (Giving group) read the Twelve Traditions. It was moved by Alan (Brass) and seconded by Debbie (Orchard Park Step) to accept the July minutes. Refreshments were provided by the Step Action group (next month they will be provided by the Derby group). New groups were greeted and 32 groups were represented: Zone #1: Downtown men's. Zone #2: Brass, Kenmore Book Study, North Buffalo, Questions & Answers, Sober Train, Step Action, Three Legacies. Zone #3: Abbott Men's Disc., Courage, South Buffalo, Thruway, Try Again. Zone #4: Action group, Orchard Park Step. Zone #5: Lockport #1, Simplicity. Zone #6: As Bill Sees It, Carrying the Message, Changing our way's, Derby, Going to Any Lengths, Lakeshore, WE-women's. Zone #7: Fresh Start, Lovejoy. Zone #8: Achievement, Amherst Snyder, Beginnings-women's, Eyeopener, High View, Lighten-up, Williamsville.

COMMITTEE REPORTS:

•**ENVELOPE SYSTEM:** No Report.

•**STEERING COMMITTEE-** Executive secretary update: groups need contact #, corrections committee chair quit. New Business: meeting here 6pm. "Welcome Packet". Evaluation of executive secretary: overall good rating, recommend 2% raise. Working on welcome packet – to welcome new groups, help them with their AA responsibilities.

Next meeting: September 8th, 2013.

•**FINANCIAL REPORT:** Income - We received \$7,653 in income this month, both group contributions and the envelope system decreased. Eight groups who had not previously given this year, now contributed. The envelope system has seen its first credit card donations come in.

Expense - Our expenses for the month totaled \$7,177. There were no unusual expenses this month, next month will see a bill for labor and materials to diagnosis and repair the Central Office's mother board.

Our current checking balance for Central Office is \$14,215.65 and our Prudent Reserve is \$23,115.12.

Accounts Receivable - The accounts receivable total is \$650.13 all current with one group having a small credit.

Corrections - Contributions of \$114.32 and expenses of \$23.50 resulting in a checking balance of \$1,229.81.

Treatment - Contributions of \$85.00 and expenses of \$12.99 resulting in a checking balance of \$1,994.47.

Yours in AA,

Sue B.

Financial Secretary

•**TREATMENT:** No report.

•**CORRECTIONS:** No report.

•**CENTRAL OFFICE:**

TOTAL CALL'S INCLUDING AFTER-HOURS:

AA INFO: 325, 12-STEP: 29, ALANON: 2, VISITORS: 81, VOLUNTEERS: 2

GROUPS WE ARE IN NEED OF CONTACTS FROM ARE: A NEW LIFE-1, KISS-4, NEW

AWAKENINGS-7, RENAISSANCE-2, SOBRIETY ON THE CANAL-5, SPIRIT OF HOPE-7, UNITY-8, VIP-2

As previously reported,

1) I will be taking vacation days on Aug. 8 & 9

2) Next meeting of Steering & Central Committee will be on Sept. 8th due to holiday weekend.

3) This past month we had to replace the motherboard in the computer. Come to find out for that model HP it is a common problem ... all is good now ☺

Yours in the fellowship of the Spirit... Terry B.

•**NEW FRONTIERS:** Verbal Report.

•**PI/CPC:** Verbal Report.

•**NIGHTWATCH:** The Nightwatch program is going into its 2nd month of operation. I would like to thank The Lakeshore group for taking the July commitment and The Three Legacies group for taking the August commitment. The volunteers that have been taking the calls have all told me how amazing of an experience it

has been. I will be in contact with the other groups that have voted to take a Nightwatch commitment in the next couple of weeks to take slots in the coming months.

• **CONVENTION:**

- 1) Nothing new to report
- 2) Akron, Ohio, AA groups have already reserved 2 tables and paid for them
- 3) Get your group reservations in order to be close to the head table (first come, first served)
- 4) Next convention meeting is at central office on August 15, Thursday, at 6pm.

Respectfully Submitted, Alan D.

• **GSA LIAISON:** At the meeting on July 14, 2013, a group asked for a number to Nightwatch. They said there was a problem with Nightwatch there was no one to answer the phone on June 20th and 21st, they had to take them to a meeting. A Finance Committee Chair voted in Chuck. Their PIC is having trouble reaching the PIC in Intergroups. It is important that all groups send their GSRs to this meeting at 12:00pm at the Hamburg Town Hall on September 8th. At that meeting they will be having elections. Be sure to send your Rep's to that meeting so that your group has a say to what's happening at the General Assembly Area 50 meeting.

Yours in Service, Pat M.

• **ARCHIVES:** We thank you for the honor and privilege of serving you this past month. We attended or reported to the four Intergroups in Area 50 during July. We also attended the planning meetings of the Buffalo Fall Convention and the Cataract Convention. We had two displays in July, at the Main-High Day of Sharing and at 45th anniversary of the New International Group in Niagara Falls.

We continue to gather Tuesday evenings at Buffalo Central Office for work nights. We continue to sort, file and digitize meeting minutes. In the spirit of unity, many of us traveled the last Friday of July to the Alleghany Lifeline meeting to attend three anniversaries, including a 32 year for a past delegate. To top the evening off, the current Panel 62 delegate gave the lead.

We have upcoming displays at the Action Group in Orchard Park on September 22nd; at Women in Recovery in Buffalo on September 25th; and at the NY-Penn Day of Learning in Olean on October 5th. We will also have a full display at the Buffalo Fall Convention October 25th-27th.

Our July business meeting was held after the first speaker at the Main-High Day of Sharing. The August meeting will be held at Buffalo Central Office on August 10th at 10 am. We anticipate a concise meeting so that some of us can leave by 11 am to attend the Wellsville picnic in Scio. Our September meeting will be held at Buffalo Central Office September 21st at 10 am. The previous weekend is the National Archives Workshop in Springfield, Illinois.

We had donations in July from the Point of No Return, Main-High Group, Iron Horse Group, and Everybody's Meeting. We are an autonomous committee and depend upon group support and special events to continue our work. Please send contributions to Area 50 Archives, c/o Buffalo Central Office, 681 Seneca Street, Buffalo, NY 14210.

We thank you for your continued support.

Yours in Service,

Wally E., Area 50 Archives Chair

• **AD HOC:** The committee has 4 active members. Currently the committee is developing a questionnaire that is going to be circulated to the groups to gain info from the groups and solicit participation from the different Zones. No date or structure have been determined.

In service, Derek H.

• **RECAP:**

• **OLD BUSINESS:** No old business

• **NEW BUSINESS:**

- Steering committee recommended that the Executive Secretary, Terry, gets a 2% raise in pay. The vote passed with the results: 28 groups voted yes, 2 voted no, 1 abstained.
- Becca from The Three Legacies group was appointed editor of the New Frontiers by Chip, chair.

NEXT MEETING: June 2nd, 2013 at 7pm.

It was moved by John (Courage) and seconded by Alan (Brass) that we adjourn; adopted. Meeting closed with the Lord's Prayer at 8:04 p.m.

Respectfully submitted Nadav W., Recording Secretary, How It Works.

Cash Flow Statement	May-13	Jun-13	Jul-13
Beg Bal Cash on hand	17,796.70	15,938.79	13,740.25
Contributions			
Groups	2,920.64	4,929.28	4,284.93
Joint Meeting	52.15	67.00	48.25
Envelope System	127.00	895.00	455.00
New Frontiers Subs	20.00	56.00	44.00
Literature/Medallions/Pins	2,490.35	3,356.65	2,526.44
Literature Sales Tax	203.85	205.30	200.91
Literature Postage	3.95	9.35	23.71
Sales+/-		(11.97)	52.45
Archives Room Rent:May-Aug	240.00		240.00
Com. Meetings at CO	20.00	19.17	17.00
Mail/Misc.	50.00	25.00	
Tax Returns			
Transfer from PR			
Income Transfer to Corrections/Treatment			
"Gratitude Month" (NOV)			
Conventions/Day of Sharing			
Monthly Income	6,127.94	9,550.78	7,652.69
Expenses			
Office Rent	859.54	959.54	999.54
Electric	90.00	90.00	90.00
Payroll Gross	2,571.40	2,571.40	2,571.40
Employment Taxes	196.70	196.70	196.70
Unemployment Surcharge			12.75
NYS Sales Tax		659.85	
Insurance			
State Ins Fund(Travelers)	(2.40)	57.60	(2.40)
Health	686.03	686.03	686.03
Liability			
Postage	300.66	286.44	398.35
Phone/Internet	125.49	125.55	94.67
Accounting	1,600.00		
Paychex	105.00	105.00	114.95
Advl			
Talking Phone Book			
Super Media website	166.15	166.15	167.15
Local Edge	143.00		
Yellow Pages			
Literature Expenses			
Grapevine			
World Services Inc		2,170.60	1,377.80
Hazeldon	523.60		
Printers		2,076.65	
Medallions		286.94	
PINS			
Petty Cash			
Office Supplies	30.00	442.36	49.89
Answering service	162.70	454.75	
Copier leasing	209.00	209.00	209.00
Copies/ service contract	161.00	161.00	161.00
PIC			
Bank Fee's including credit cards fee's	57.98	43.76	50.46
literature returns reimbursement			
Seed \$\$			626.60
Seminar			
Transfer to Corrections/Treatment			456.00
Monthly Expenses	7,985.85	11,749.32	7,177.29
Monthly Income (Loss)	(1,857.91)	(2,198.54)	475.40
End Balance	15,938.79	13,740.25	14,215.65
Petty Cash	3,000.00	3,000.00	3,000.00
Total Balance	18,938.79	16,740.25	17,215.65
PRUDENT RESERVE	23,112.61	23,114.54	23,115.12
Assets: Literature & Medallions	11,317.82	13,425.62	13,096.43
Literature Receivable:(outstanding)	131.32	669.51	650.13
PIC Removed from Stock			
Corrections Facilites	1,440.01	1,475.59	1,138.99
Contributions	106.58	342.40	114.32
Bank Fee's	3.00	3.00	3.00
Expenses	68.00	676.00	20.50
Balance	1,475.59	1,138.99	1,229.81
Treatment Facilities	2,333.46	2,355.46	1,922.46
Contributions	25.00	50.00	85.00
Expenses		480.00	
Bank Fee's	3.00	3.00	12.99
Balance	2,355.46	1,922.46	1,994.47

YTD
29,315.34
324.17
4,420.00
219.00
24,346.66
1,778.61
163.74
58.05
240.00
123.58
178.99

61,624.14

6,414.12
630.00

19,285.50
1,602.72
12.75
1,469.73

351.00
4,802.21
1,241.26
2,248.60
935.14
1,600.00
803.48

1,163.05
1,116.20

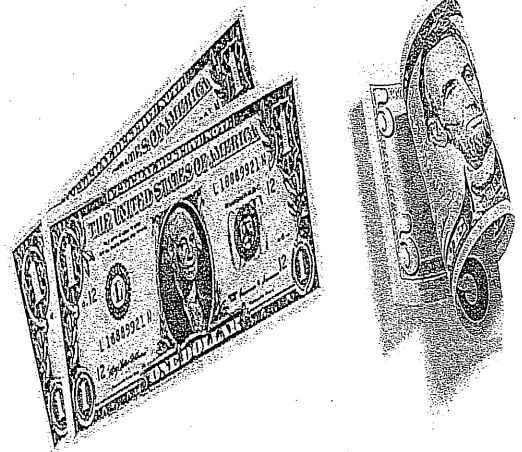
11,442.00
1,061.69

4,084.15
744.66

1,359.98
1,306.60
1,463.00
1,127.00

164.20
626.60
456.00
67,511.64
(5,887.50)

A buck in the basket? Maybe it's time for a raise. We have not paid serious attention to inflation in AA. \$1.00 today would have been worth \$0.23 in 1975. Please consider the many ways our groups reach out to bring the message of AA to alcoholics through this meeting and the WNY Area.



**There are no dues or fees in AA. AA is here for anyone who reaches out for help. The program is given freely to anyone who wants to stop drinking, including the times when he or she may not be able to contribute financially.

ARCHIVES Committee is missing the following from Past Fall Conventions:

- 2001-Flyer
- 1989-Flyer
- 1987- Flyer
- 1984- Flyer
- 1983-Flyer
- 1979-Flyer
- 1979- Program & Flyer
- 1978-Program & Flyer
- 1976- Flyer
- 1975- Flyer
- 1968-1974- Program

Early Year
~*~ All Donations Appreciated :)
Thank- You

GROUP CONTRIBUTIONS

DISTRICT	GROUP	CENTRAL		CORRECTIONS		TREATMENT	
		JULY	YEAR	JULY	YEAR	JULY	YEAR
6	11:45		0.00		0.00		0.00
5	12 Steps/12 Traditions		110.00		0.00		0.00
1	4th Step Stumblers/F.U.N.		0.00		0.00		0.00
5	6th Step		0.00		0.00		0.00
4	A Day At A Time		180.00		0.00		0.00
3	Abbott Corners		0.00		0.00		0.00
3	Abbott Men's		0.00		0.00		0.00
2	Acceptance/Welcome	100.00	200.00		0.00		0.00
8	Achievement		100.00	100.00		100.00	
4	Action	50.00	50.00		0.00		0.00
2	Age Doesn't Matter		0.00		0.00		0.00
8	Akron Awareness		0.00		0.00		0.00
5	Albion Grapevine		20.00		0.00		0.00
3	Alexander		0.00		0.00		0.00
8	Amherst/ Snyder	163.08	453.04		0.00		0.00
6	Amsdell Lakeshore		100.00		0.00		0.00
	Angola Early Bird		25.00		0.00		0.00
2	Any Age		0.00		0.00		0.00
3	Any Length	35.00	245.00	10.00		25.00	
4	Arcade		40.00		0.00		0.00
6	As Bill Sees It		104.00	104.00		0.00	
	Attica		0.00		0.00		0.00
8	Attitude Adjustment(Williamsville)		50.00	25.00		25.00	
5	Attitude Adjustment(NF)		0.00		0.00		0.00
6	Attraction		68.00		0.00		0.00
6	Backdoor		0.00		0.00		0.00
8	Back To Basics		0.00		0.00		0.00
5	Beginners Group (NF)		0.00		0.00		0.00
7	Beginning In Sobriety II		0.00		0.00		0.00
8	Beginning's Women		25.00		0.00		0.00
5	Big Book Lockport		0.00		0.00		0.00
5	BB Spiritual Studies		0.00		0.00		0.00
6	Big Book Study	30.00	110.00		0.00		0.00
3	Blasdell		0.00		0.00		0.00
3	Blasdell Monday Night		0.00		0.00		0.00
	Blasdell Saturday	41.00	81.00		0.00		0.00
1	Bodhisattva		0.00		0.00		0.00
5	Boulevard Helping Hand		50.00		0.00		0.00
2	Boulevard Women		50.00		0.00		0.00
2	Brass	10.00	33.00		0.00		0.00
	Building Hope		0.00		0.00		0.00
3	By The Book		0.00		0.00		0.00
3	By the Wayside		50.00		0.00		0.00
6	Carry the Message		150.00		0.00		0.00
	Castile		50.00		0.00		0.00
7	CASTING		0.00		0.00		0.00
1	Cathedral Park		0.00		0.00		0.00
8	Cayuga Wake- Up Call		200.00		0.00		0.00
3	Caz Manor		200.00		0.00		0.00
7	Central City Cafe'		100.00		0.00		0.00
2	Chapter IX		0.00		0.00		0.00
3	Cheektowaga	175.00	600.00		0.00		0.00
6	Changing Our Way's		0.00		0.00		0.00
8	Clarence Men's		0.00		0.00		0.00
8	Clarence Men's II		0.00		0.00		0.00
7	Cold Spring		0.00		0.00		0.00
2	Common Bond		0.00		0.00		0.00
2	Common Solution		0.00		0.00		0.00
1	Commitment		0.00		0.00		0.00
1	Complanters		46.89		0.00		0.00
3	Courage		195.00		0.00		0.00
2	Daily Reflections		100.00		0.00		0.00
2	Daily Reprieve		0.00		0.00		0.00
2	Dawn of Hope	50.00	75.00		0.00		0.00
6	Derby		250.00		0.00		0.00
6	Derby Lunch		0.00		0.00		0.00
6	Desire	500.00	500.00		0.00		0.00
2	Desperate		0.00		0.00		0.00
1	Downtown Men's		65.65		0.00		0.00
6	Dunkirk Monday Night		0.00		0.00		0.00
4	Early Bird South		0.00		0.00		0.00
5	Early Rising Obliging		0.00		0.00		0.00
8	East Amherst		0.00		0.00		0.00
	East Amherst Traditions		141.72		0.00		0.00
4	East Aurora		300.00		0.00		0.00
2	Easy Does It	80.00	400.00	60.00	150.00	60.00	150.00
4	Ellicottville		100.00		0.00		0.00
2	Elmwood	30.00	70.00		0.00		0.00
6	Everybody's	100.00	100.00		0.00		0.00
1	Express		0.00		0.00		0.00
8	Eyeopener	160.63	1242.20		0.00		0.00
4	Eyeopener South		449.00		161.40		0.00
2	Feelings		0.00		0.00		0.00
8	Fireside PM		336.27		0.00		0.00
8	Fireside	300.00	504.21		0.00		0.00
5	First Things First	100.00	200.00		0.00		0.00
5	Forestville Sunday Serenity		0.00		0.00		0.00
6	Fredonia Discussion		0.00		0.00		0.00
2	Freedom		400.00		0.00		0.00
7	Fresh Start	30.00	30.00		0.00		0.00
5	Friendly		0.00		0.00		0.00

GROUP CONTRIBUTIONS

GROUP	CENTRAL		CORRECTIONS		TREATMENT	
	JULY	YEAR	JULY	YEAR	JULY	YEAR
2	Friends of Bill W.	25.00	50.00	25.00		0.00
1	Frontier(New)		65.59	0.00		0.00
3	Gardenville		110.00	0.00		0.00
8	Georgetown		300.00	0.00		0.00
2	Getting Better		0.00	0.00		0.00
5	Gettin With It		148.55	0.00		0.00
1	Giving		0.00	0.00		0.00
6	Go to Any Length		228.01	228.00		228.00
5	Golden Slipper		250.00	0.00		0.00
2	Grand		0.00	0.00		0.00
2	Grand II Joy of Living		50.00	0.00		0.00
2	Grateful		0.00	0.00		0.00
3	H.O.W.		10.00	0.00		0.00
6	Hamburg		0.00	0.00		0.00
6	Hamburg Early Bird		0.00	0.00		0.00
8	Hand		0.00	0.00		0.00
7	Harmony		70.00	0.00		0.00
3	Helping Hand	25.00	125.00	0.00		0.00
8	High Noon		50.00	0.00		0.00
8	High View		150.00	0.00		0.00
7	Higher Power		0.00	0.00		0.00
4	Hillbilly		0.00	0.00		0.00
	H.I.P.	15.00	15.00	0.00		0.00
6	Holiday Village		900.00	0.00		0.00
4	Holland		0.00	0.00		0.00
6	Honest Solutions		0.00	0.00		0.00
2	Honesty		50.00	0.00		0.00
	Hope's Horizon		100.00	0.00		0.00
2	How It Works/Men's		325.00	0.00		0.00
3	Inspiration		3.30	0.00		0.00
5	Intoxicated on Life		0.00	0.00		0.00
3	Ironhorse	387.52	1022.97	54.32	158.02	0.00
8	IT		0.00	0.00		0.00
1	Journey		0.00	0.00		0.00
3	Just For Today/ Cheektowaga		50.00	0.00		0.00
5	Just For Today/ Albion		0.00	0.00		0.00
4	Keep It Simple Sister		0.00	0.00		0.00
2	Keep On Coming		0.00	0.00		0.00
2	Kenmore		0.00	0.00		0.00
8	Kensington		50.00	0.00		0.00
6	Lake Shore		700.00	0.00		0.00
6	Lakeview		150.00	0.00		0.00
3	Lancaster Dailey Reprieve		192.47	0.00		0.00
	Lawyer's		0.00	0.00		0.00
5	LewPort		20.00	0.00		0.00
2	Liberty Women		115.00	0.00		0.00
4	Life Today		45.00	0.00		0.00
8	Lighten UP		240.00	0.00		0.00
1	Living Clean		0.00	0.00		0.00
2	Living in the Solution		0.00	0.00		0.00
2	Living Sober		50.00	25.00		0.00
5	Lock City		0.00	0.00		0.00
5	Lockport #1		240.00	0.00		0.00
5	Lockport Discussion		80.00	0.00		0.00
5	Lockport Ladies		100.00	0.00		0.00
5	Lockport Tuesday		90.00	0.00		0.00
5	Lockview		200.00	0.00		0.00
7	Love		0.00	0.00		0.00
7	Lovejoy		50.00	0.00		0.00
5	Lower River		0.00	0.00		0.00
1	Main and High		45.00	0.00		0.00
4	Main Street		300.00	0.00		0.00
8	Maple		0.00	0.00		0.00
4	Manila	50.00	300.00	0.00		0.00
3	Matt Talbot	25.00	55.59	0.00		0.00
6	McKinley Winners		0.00	0.00		0.00
5	MEDINA STEP WORK/BIG BOOK		0.00	0.00		0.00
5	Medina New Life		0.00	0.00		0.00
8	Mercy		0.00	0.00		0.00
3	Mid-day	51.13	166.13	0.00		0.00
8	Midnight Discussion		205.00	0.00		0.00
5	Miracle Happen		0.00	0.00		0.00
5	Monday Big Book		0.00	0.00		0.00
2	Morning After	150.00	500.00	0.00		0.00
7	New Awakening		0.00	0.00		0.00
3	New Beginnings/St. Vincent		140.00	0.00		0.00
5	Newfane Living Sober		0.00	0.00		0.00
5	New International		0.00	0.00		0.00
3	New Life		40.00	0.00		10.00
5	New Outlook		0.00	0.00		0.00
1	New Westside		30.00	0.00		0.00
5	Niagara Frontier Men's Disc.	57.50	93.50	0.00		0.00
2	North Buffalo	200.00	600.00	0.00		0.00

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Buffalo, NY 14210

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PERMIT # 53
BUFFALO, NY

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